#### **JPPT | Clinical Investigation**

# **Population Pharmacokinetics of Vancomycin in the Pediatric Cardiac Surgical Population**

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**OBJECTIVE** Vancomycin is often used in the pediatric cardiac surgical population, but few pharmacokinetic data are available to guide dosing.

**METHODS** A retrospective, population pharmacokinetic study was performed for patients <19 years of age initiated on vancomycin after cardiac surgery in the cardiac intensive care unit from 2011–2016 in our institution. Patient data were summarized by using descriptive statistical methods, and population pharmacokinetic analysis was performed by using NONMEM. Simulation was performed to determine a dosing strategy that most frequently obtained an  $AUC_{0-24}$ :MIC (minimum inhibitory concentration) ratio of >400.

**RESULTS** A total of 261 patients (281 cardiac surgical procedures, cardiopulmonary bypass 82.3%) met inclusion criteria (60.1% male, median age 0.31 [IQR, 0.07–0.77] years). Vancomycin (14.5 ± 1.7 mg/kg/ dose) was administered at median postoperative day 9 (IQR, 4–14), with a mean serum concentration of 11.5 ± 5.5 mg/L at 8.9 ± 3.8 hours after a dose. Population pharmacokinetic analysis demonstrated that a 1-compartment proportional error model with allometrically scaled weight best fit the data, with creatinine clearance and postmenstrual age as significant covariates. Simulation identified that a dosing regimen of 20 mg/kg/dose every 8 hours was most likely to achieve an  $AUC_{0.24}$ :MIC ratio > 400 at a mean trough serum concentration of  $12.9 \pm 3.2$  mg/L.

**CONCLUSIONS** Vancomycin dosing in the postoperative pediatric cardiac surgical population should incorporate postmenstrual age and creatinine clearance. A vancomycin dose of 20 mg/kg every 8 hours is a reasonable empiric strategy.

**ABBREVIATIONS** CL, clearance; CPB, cardiopulmonary bypass; CrCL, creatinine clearance; CWRES, conditional weighted residuals; DV, dependent variable; G6P-DH, glucose-6-phosphate dehydrogenase; IIV, interindividual variability; IPRE, individual predicted; MIC, minimum inhibitory concentration; OFV, objective function value; PMA, postmenstrual age; PRED, population predicted; SCr, serum creatinine; UOP, urine output; VD, volume of distribution; WT, weight

**KEYWORDS** cardiac surgery; NONMEM; pediatrics; population pharmacokinetics; simulation; vancomycin

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## **Objective**

Vancomycin is a widely used glycopeptide antimicrobial for the treatment and prophylaxis of Gram-positive infections in children. Multiple pharmacokinetic studies have been performed with vancomycin in the general pediatric population and pediatric subpopulations, such as patients with malignancy or critical illness.<sup>1-6</sup> Each of these subpopulations has unique characteristics that could potentially alter the pharmacokinetics of vancomycin, resulting in suboptimal outcomes. Pediatric patients who have undergone a cardiac surgical procedure are known to have alterations in physiology, such as volume status and kidney function, that could potentially affect vancomycin disposition, as vancomycin is primarily excreted through glomerular filtration and 80% to 90% of the drug is recovered unchanged in the urine.<sup>7-10</sup>

After cardiac surgery patients are at a high risk for acute kidney injury for a multitude of reasons including low cardiac output syndrome, venous congestion, and impaired kidney perfusion.<sup>7</sup> The use of cardiopulmonary bypass induces an inflammatory state that alters vascular permeability and end-organ perfusion, further contributing to acute kidney injury.<sup>11</sup> Patients often receive large doses of diuretics in the postoperative period and subsequently can have rapid shifts in fluid status and changes in urine output.<sup>12</sup> Patients may also experience acute kidney injury due to nephrotoxin exposure in the postoperative period. Because vancomycin is a potential nephrotoxin, particularly in the setting of other nephrotoxic medications, a careful dosing strategy is necessary to optimize vancomycin concentrations while

**Figure 1.** Vancomycin serum concentrations versus time after a vancomycin dose.



avoiding toxicity.<sup>7</sup>

For these reasons, an analysis of the pharmacokinetics of vancomycin in the postoperative pediatric cardiac surgical population is warranted. Description of the pharmacokinetic parameters in this patient population and covariates that alter vancomycin pharmacokinetics can be used to develop empiric dosing regimens that achieve therapeutic endpoints while minimizing adverse events.

#### **Methods**

The study was approved by the Baylor College of Medicine Institutional Review Board. A retrospective descriptive population pharmacokinetic study was designed and patients were identified by querying the hospital pharmacy system from 2011–2016. Patients were included in the study if they were <19 years of age, initiated on vancomycin therapy in the cardiac intensive care unit at our institution after a cardiac surgical procedure, and had 1 or more serum vancomycin concentrations sampled. Patients were excluded if they were undergoing any type of renal replacement therapy, including peritoneal dialysis for fluid mobilization, or mechanical circulatory support (including ventricular assist devices) or had vancomycin administered intraoperatively while undergoing cardiopulmonary bypass.

Data collection included patient date of birth, gestational age, weight, height, cardiac surgical procedure and date of surgical procedure, use of cardiopulmonary bypass (CPB), length of CPB in minutes, serum creatinine (SCr) values throughout the vancomycin course, urine output during the previous 12 hours, vancomycin dose, and vancomycin serum concentrations. Presence of delayed sternal closure in the intensive care unit was also noted. Patient data were collected for up to 30 days after the cardiac surgical procedure.

Vancomycin serum concentrations were collected in either a  $1 \times 0.6$  mL Amber Microtainer with Gel or 1 × 1 mL Red/Black Serum Separator Vacutainer. The vancomycin assay was performed by using the VIT-ROS Chemistry Products VANC Reagent in conjunction with the VITROS Chemistry Products Calibrator Kit 11 on the VITROS 5600 Integrated System (Ortho Clinical Diagnostics, Raritan, NJ). The assay is based on competition between vancomycin in the sample and vancomycin labeled with Glucose-6-phosphate dehydrogenase (G6P-DH) for antibody binding sites. Activity of G6P-DH decreases upon binding to the antibody; therefore, vancomycin concentration in the sample can be measured in terms of G6P-DH activity. The analytic measurement range was 5 to 50 mg/L. The coefficient of variation was <6%.

**Descriptive Analysis.** The patient population was described by using percentages, mean, standard deviation, median, and range, for normally and nonnormally distributed data, as appropriate. Postmenstrual age (PMA) was calculated in weeks. Creatinine clearance (CrCL) was calculated according to the bedside Schwartz equation.<sup>13</sup> Graphical representation of the initial data was also used. Statistical analyses were performed by using Stata IC v.12 (StataCorp, College Sta-



tion, TX) and Excel 2013 (Microsoft Corp, Redmond, WA).

**Pharmacokinetic Analysis***.* Population pharmacokinetic analysis was performed with NONMEM v.7.3 (Icon PLC, Dublin, Ireland) and PDx-Pop 5.1 (Icon PLC) by using first-order conditional estimation with interaction. The base model was developed through analysis of prior literature and visually evaluating graphs of serum concentrations of vancomycin after dosing (Figure 1). Interindividual variability was modeled exponentially.

Potentially significant covariates were plotted against pharmacokinetic parameters to initially evaluate suitability for inclusion in the model. Power, linear, and linear proportional models were evaluated with continuous covariates. Categorical covariates were modeled exponentially. Covariates were included in the base model if a reduction in the objective function value (OFV) was >3.84, signifying statistical significance (p < 0.05). After significant covariates were identified, a full model, containing all significant covariates, was developed. Individual covariates were then removed from the model and were then considered to be retained in the model if the OFV increased by >10.83, which has a significance level of p < 0.001.

Scatter plots of dependent variables versus individual-predicted (IPRE) and population-predicted (PRED) vancomycin serum concentrations, as well as conditional weighted residuals (CWRES) versus predicted (PRED) concentrations and time after dose, were created to evaluate model goodness of fit and detect bias. Bootstrap simulations were performed (n = 1000) on the final model with calculation of 95% confidence intervals.

A simulation was run ( $n = 10,000$  replications) on the final model from a virtual patient, developed from median values of covariates to identify potential empiric dosing recommendations. Median values were chosen for a simulation, as this would be representative of patients undergoing cardiac surgery at our institution. Five different dosing regimens were evaluated: 10 mg/ kg/dose every 6 hours, 15 mg/kg/dose every 8 hours, 15 mg/kg/dose every 6 hours, 20 mg/kg/dose every 8 hours, and 20 mg/kg/dose every 8 hours. Samples in the simulation were drawn before the fourth dose for every 8-hour dosing, and before the fifth dose for every 6-hour dosing. An  $AUC_{0-24}$ :MIC (minimum inhibitory concentration) ratio was calculated as based on a *Staphylococcus aureus* MIC of 1. Dosing strategies were identified that obtained a high percentage of simulations that had an  $\mathsf{AUC}_{_{0-24}}$ :MIC ratio of >400 while maintaining trough serum concentrations of <15 mg/L.

## **Results**

**Demographics.** A total of 261 patients underwent 281 cardiac surgical procedures and met inclusion criteria (Tables 1 and 2). In total, most patients were younger than 1 year, 67 patients (25.7%) were >1 year of age, and 8 patients (3.1%) were ≥13 years of age. Patients received the following continuous infusion inotropic/ vasopressor medications while on vancomycin therapy: milrinone (58.6%), epinephrine (24.9%), vasopressin (14.5%), and calcium chloride (7.6%). Patients received a mean vancomycin dose of  $14.5 \pm 1.7$  mg/kg/dose. Serum concentrations below the limit of quantification (5 mg/L) were <10% of the total serum concentrations and were excluded from the analysis, resulting in 578 serum vancomycin concentrations analyzed. The mean serum concentration was  $11.5 \pm 5.5$  mg/L, which was drawn at a mean of  $8.9 \pm 3.8$  hours after a dose.

**Pharmacokinetic Modeling.** A 1-compartment proportional error model, using first-order conditional estimation with interaction, best fit the data. Weight with allometric scaling on clearance (CL) (0.75) and volume of distribution (VD) (1) was added to the model



*ALCAPA, Anomalous Left Coronary Artery to Pulmonary Artery; RV-PA, Right ventricular to Pulmonary Artery*

with a subsequent reduction in the OFV of -302.446. The model with allometrically scaled weight was used for further covariate analysis. Covariates were added to the model one at a time and were considered to have a significant effect on the model if the OFV was reduced by >3.84 (Table 3). After backwards elimination of covariates, the remaining covariates were CrCL and PMA on CL, and this model resulted in a difference in OFV from the full model of 24.524. Urine output over the previous 12 hours had a strong association with CL graphically but did not meet criteria during the backwards stepwise removal of covariates. The final model consisted of weight with allometric scaling on CL and VD, and PMA and CrCL on CL (Table 4). Diagnostic plots demonstrated good model fit with low bias (Figures 2 through 5). Bootstrap analysis of 1000 runs was performed and 99.8% of runs successfully minimized (Table 5).

Simulation was performed ( $n = 10,000$ ) on median

values obtained from the dataset for weight (4.025 kg), PMA (51.5 weeks), and SCr (0.32 mg/dL, CrCL 75 mL/min/1.73 m<sup>2</sup>) for a patient initiated on vancomycin at postoperative day 9 (the median postoperative day in the dataset). Samples were simulated to be drawn before the fourth dose for every 8-hour dosing, and before the fifth dose for every 6-hour dosing (Table 6). A dose of 20 mg/kg/dose every 8 hours had the highest attainment of an  $AUC_{0-24}$ :MIC ratio of >400 while maintaining the greatest percentage of patients who had a trough serum concentration < 15 mg/L. Clearance was estimated at 0.105  $\pm$  0.019 L/kg/hr, VD was 0.95  $\pm$ 0.25 L/kg, and mean estimated half-life was calculated at  $6.5 \pm 2.1$  hours.

## **Discussion**

This is the largest analysis of vancomycin pharmacokinetics in the pediatric cardiac surgical population published to date. The estimates that have been de-



*Θ, estimate; AGEYRS, age in years; CL, clearance; CPB, cardiopulmonary bypass; CrCL, creatinine clearance; LN, natural log; M, male; OFV, objective function value; OPNSTR, open sternum; PMA, postmenstrual age (wk); POD, postoperative day; SCr, serum creatinine (mg/dL); UOP, urine output over the previous 12 hours (mL); VD, volume of distribution; WT, weight (kg)*

rived from this analysis are similar to other reports of vancomycin pharmacokinetics in the pediatric, neonatal, and pediatric cardiac intensive care population.14–17 Benefield et al<sup>18</sup> described the pharmacokinetics of vancomycin in the postoperative pediatric cardiac surgical population, using a non-parametric approach. The calculated values for CL (0.089  $\pm$  0.106 L/kg/hr) were slightly lower than our estimates, with higher estimates for VD (1.2  $\pm$  0.8 L/kg). These reported values, and our estimates, are higher than the values reported by Marlowe et al<sup>17</sup> of pediatric cardiology patients with a CL of 0.0513  $\pm$  0.14 L/kg/hr and a VD of 0.40  $\pm$  0.12 L/kg.<sup>17</sup> Variation in intraoperative and postoperative patient management strategies and patient acuity are likely to have resulted in the differences noted in estimates. Additionally, most of the patient population used for building the pharmacokinetic model was <1 year of

age. Extrapolation to older patients should occur with appropriate caution, particularly when dosing by body weight, using institutional norms for maximum single doses. Patient variability in the postoperative cardiac intensive care population can be great, and application of the results of these analyses should be tailored to individual patient care scenarios.

Postmenstrual age, as opposed to postnatal age, was a significant covariate for describing vancomycin CL. Development of renal maturation has been reported to be associated with PMA.<sup>19</sup> The use of PMA as a covariate has been previously reported in neonates,<sup>15</sup> and our analysis supports the effect that PMA has on vancomycin pharmacokinetics. The CL of vancomycin was demonstrated to occur in a sigmoidal pattern, with CL approaching 50% of the population value at approximately 50 weeks' PMA. Clinically, this demonstrates



*CL, clearance (L/hr); CrCL, creatinine clearance; IIV, interindividual variability; PMA, postmenstrual age (wk); VD, volume of distribution (L); WT, weight (kg)*





that vancomycin CL should be expected to be lower in patients with a lower PMA, independent of SCr, only approaching full CL values at ~100 weeks' PMA. Daily dose reductions, as characterized by extended dosing intervals, would be more likely in patients of low PMA. As most patients undergoing pediatric cardiac surgical

procedures are neonates and infants, PMA should be considered when prescribing vancomycin therapy in the pediatric cardiac surgical patient.

Kidney function, as characterized by CrCL, was a significant covariate for vancomycin CL in our analysis. This is expected, as prior publications have demon-

**Figure 3.** Dependent variables versus individual-predicted concentrations.





**Figure 4.** Conditional weighted residuals versus predicted values. There is no apparent bias.

strated similar results, and as vancomycin is primarily renally eliminated.6,14,17,20,21 As decreases in CrCL occur, it is important for clinicians to recognize that CL of vancomycin will also decrease, necessitating increases in dosing intervals and more frequent serum concentration monitoring. The simulation performed used a CrCL of 75 mL/min/1.73  $m^2$ , and values lower than this would be expected to have extended dosing intervals beyond every 8 hours. The incorporation of kidney function in vancomycin dosing in this patient population is particularly important in the pediatric cardiac surgical population. Though non-significant on the final

**Figure 5.** Conditional weighted residuals versus time after dose. There is no apparent bias.





 $\omega_{r}$  interindividual error on CL;  $\omega_{2}$  interindividual error on VD; CL, clearance (L/hr); PMA, postmenstrual age; RSE%, relative standard error; VD, *volume of distribution (L)*

analysis, the impact of kidney function on vancomycin CL was also demonstrated with the graphical relationship between urine output and vancomycin CL. Acute kidney injury is common in patients undergoing CPB, even though CPB was non-significant as a covariate for vancomycin CL in our patient population.<sup>7,22</sup> The acute kidney injury caused by CPB in this population was likely reflected in the changes in SCr and CrCL in the postoperative period. The study inclusion/exclusion criteria have also likely minimized the effect of CPB as a covariate in our analysis. Peritoneal dialysis is a common strategy for managing fluid and removing inflammatory mediators in the immediate postoperative period in the youngest and often most critically ill patients who have undergone CPB; however, the dialysis would alter vancomycin CL, so these patients were excluded from the analysis.<sup>23,24</sup> The median postoperative day for vancomycin therapy was day 9, which would diminish the acute effects of CPB (such as acute kidney injury) that are more likely to occur earlier in the postoperative course.<sup>22</sup> This median postoperative day for vancomycin initiation likely reflects the identification of potential infectious illness, as patients have postoperative antimicrobial prophylaxis for the first 48 hours, and fever is a common adverse event associated with cardiopulmonary bypass. Overall, many factors could alter kidney function in the postoperative pediatric cardiac surgical patient and careful assessment of patient kidney function is necessary when selecting empiric vancomycin dosing regimens.

We simulated common dosing regimens to evaluate their ability to achieve an adequate  $AUC_{0-24}$ :MIC ratio for treatment of methicillin-resistant *S aureus* infections with an MIC of 1 mg/L and acceptable trough concentrations to minimize vancomycin exposure and prevent acute kidney injury. Our analysis generated a total daily dose of 60 mg/kg/day to achieve the goal AUC<sub>0–24</sub>:MIC ratio, which is similar to prior publications.<sup>16</sup> However, we would recommend an extended dosing interval, every 8 hours as opposed to every 6 hours, as based on the simulation result. The younger age group of the patient population (primarily infants and neonates) and the potential for diminished kidney function and decreased CL of vancomycin necessitate an extended dosing interval as compared with pediatric non-cardiac surgical patients. Maintaining as low a trough concentration as possible while still achieving a goal  $\mathsf{AUC}_{0-24}$ :MIC ratio should be considered in order to prevent acute kidney injury in this patient population. Vancomycin is associated with acute kidney injury in the general pediatric and pediatric cardiac surgical population, and minimizing exposure to vancomycin is a strategy to potentially prevent acute kidney injury in this population.<sup>25,26</sup>

The limitations associated with this investigation are those germane to retrospective reviews of data collected in the normal course of patient care. We excluded patients receiving renal replacement therapy, including



*MIC, minimum inhibitory concentration*

peritoneal dialysis, which are modalities commonly used in the postoperative pediatric cardiac surgical population.23,24 As mentioned previously, the median postoperative day for vancomycin therapy initiation was well beyond the time typically considered most critical for patients undergoing cardiopulmonary bypass during surgery, and this should be taken into account. Additionally, we did not capture a continuous infusion vasoactive/inotropic medication score, incorporating doses of these medications, which could further quantify patient acuity. Though urine output was not significant in our analysis, it is clear that urine output should be monitored closely in the pediatric cardiac surgical population in order to achieve therapeutic goals with vancomycin therapy. Individual patient disposition, institutional strategies for managing postoperative cardiac surgical patients, and goals of therapy should be taken into account when evaluating the clinical application of these analyses.

## **Conclusions**

Vancomycin pharmacokinetics in the pediatric cardiac surgical population is influenced by kidney function and PMA, and dosing should incorporate these variables. A vancomycin dose of 20 mg/kg/dose every 8 hours was identified as an empiric dosing strategy in this patient population.

#### **ARTICLE INFORMATION**

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