ORIGINAL ARTICLE



D-Serine Regulates Proliferation and Neuronal Differentiation of Neural Stem Cells from Postnatal Mouse Forebrain

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Keywords

Differentiation; D-Serine; Neural stem cell; N-methyl-D-aspartate; Proliferation.

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doi: 10.1111/j.1755-5949.2011.00276.x

SUMMARY

Background and purpose: D-Serine, the endogenous co-agonist of N-methyl-D-aspartate (NMDA) receptors, has been recognized as an important gliotransmitter in the mammalian brain. D-serine has been shown to prevent psychostimulant-induced decrease in hippocampal neurogenesis. However, the mechanism whereby D-serine regulates neurogenesis has not been fully characterized. Therefore, this study was designed to investigate the impacts of D-serine on the proliferation, migration, and differentiation of primary cultured neural stem cells (NSCs). Methods and results: Immunohistochemistry analysis revealed NSCs expressed D-serine as well as serine racemase (SR). Degradation of endogenous p-serine with p-amino acid oxidase (pAAO) significantly inhibited the proliferation and neuronal differentiation of NSCs, but failed to affect their radial migration. Reversely, addition of exogenous D-serine did not affect the proliferation and migration of NSCs, but promoted NSC differentiation into neurons. Furthermore, DAAO could suppress the amplitude of glutamate-induced Ca²⁺ transient, and thereby, inhibited the phosphorylation of glycogen synthase kinase 3β (GSK 3β), extracellular signal-regulated kinases1/2 (ERK1/2), and cAMP-responsive element-binding protein (CREB). Conclusions: Our findings demonstrate for the first time that NSCs can synthesize p-serine and, thereby, promote themselves proliferation and neuronal differentiation, which may afford a novel therapeutic strategy for the neurological disorders that require nerve cell replenishment, such as neurodegenerative diseases and stroke.

Introduction

D-Amino acids were initially thought to exist only in lower organisms, such as bacterium and invertebrate [1]. In recent years, they have been detected at higher levels in mammalian tissues, especially in the brain [2,3]. D-Aspartate was the first D-amino acid to be found in mammalian brain, and then Hashimoto et al. confirmed that another D-amino acid called D-serine was present in a significant amount in the brain [4]. D-Serine is present at very high levels in the rodent and human brain (0.27 μ mol/g), accounting for one-third of the L-serine [3]. Endogenous D-serine is synthesized from L-serine by serine racemase (SR) and is metabolized by the peroxisomal flavoprotein D-amino acid oxidase (DAAO), converting it into pyruvate [5]. In adult mammalian brain, the amounts of D-serine in cortex, hippocampus, striatum, and amygdaloid nucleus are larger than those in the other regions [6]. Recent data indicate that D-serine, serving as an endogenous ligand for the glycine site of N-methyl-D-aspartate (NMDA) receptors, is a major gliotransmitter in the central nervous system [6-8]. Increasing evidence has been focused on the roles of D-serine in NMDA receptor-mediated pathophysiological processes. The NMDA receptor is a major pharmacological target to prevent or decrease stroke damage, as its overactivation is a main culprit in the postischemic cell death that occurs after stroke [9]. Therefore, the prominent role of D-serine in NMDA receptor-mediated neurotoxicity has important pathological implications [10]. D-Serine has also been shown to be involved in pain sensation in spinal cord [11] and NMDA hypofunction-mediated schizophrenia [12]. In recent years, additional roles have been proposed for D-serine, such as regulation of chondrogenesis [13]. Furthermore, D-serine was reported to prevent a decrease in neurogenesis induced by psychostimulant phencyclidine (PCP) in the dentate gyrus (DG) by recuperating NMDA receptor function from chronic inhibition [14]. However, the precise mechanism of Dserine modulation of neurogenesis remains unknown.

In the adult mammalian brain, neurogenesis occurs mainly in the subventricular zone (SVZ) and the subgranular zone (SGZ) of DG in the hippocampus [15]. The new interneurons in the SVZ can migrate with each other in chains through the rostral migratory stream (RMS) to the olfactory bulb, and then differentiate into either granule neurons or periglomerular neurons. In the adult DG, new neurons are born in the SGZ and migrate to granular cell layer where they integrate into the preexisting neuronal circuits [16]. Adult neurogenesis includes proliferation, migration, survival, differentiation, and functional integration of neuronal progeny into neuronal circuits, all these processes are regulated precisely by cell microenvironment [16]. Thus, the factors that control proliferation, self-renewal, and differentiation of neural stem cells (NSCs) have received increasing interest. A plethora of developmental cues and physiological humoral factors have been shown to promote proliferation and maintenance of progenitor cells, such as Wnt, Sonic Hedgehog (Shh), membrane-associated Notch signaling, and cytokines [17]. The balance of self-renewal and differentiation of NSCs depends on the signals provided by the surrounding cells. Among those cells, astrocytes play a significant role in the adult neurogenesis by regulating the levels of multiple ions, neurotransmitters, hormones, and growth factors in the microenvironment for NSCs [16]. So far the NSCs have been regarded as a valuable source of cells used for transplantation to recover impairments in the nervous system [18]. The local environment may dictate the fate choice of transplanted NSCs. Nevertheless, our knowledge about the molecular mediators, especially the endogenous mediators, to regulate NSC proliferation, survival, migration, and differentiation is rather limited. So, a deep understanding of the molecular mechanism underlying the regulation of adult neurogenesis will help to find the novel target for drug development.

In this study, the effects of endogenous D-serine on the proliferation, migration, and differentiation of NSCs derived from the newborn mouse SVZ were investigated. We demonstrate for the first time that D-serine can regulate *in vitro* neurogenesis by modulating NMDA receptor-dependent calcium influx and related signaling pathways. These results suggest that D-serine is physiologically significant for NSC proliferation and for neuronal differentiation.

Materials and Methods

Animals

Male CD1 mice aged 2–3 months housed with free access to food and water in a room with an ambient temperature of $22 \pm 2^{\circ}C$ and a 12:12 h light/dark cycle. All experiments were carried out in strict accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals.

Cell Culture

Primary NSC cultures were generated as previously described [19]. Briefly, brains of newborn 1–3-day-old CD1 mice were microdissected to obtain the rostral periventricular region upon coronal sectioning. Tissues were finely minced and dissociated by trypsinization (0.125% (w/v) trypsin and 0.02% ethylenediaminetetraacetic acid (EDTA) in Ca²⁺- and Mg²⁺-free Hanks' balanced salt solution [BSS]) at 37°C for 10 min. After centrifugation, cells were carefully dissociated by passaging in fire-polished Pas-

teur pipettes and resuspended in serum-free medium consisting of Dulbecco's modified Eagle's medium (DMEM)/F12 (1:1) medium (Gibco, Grand Island, NY, USA), supplemented with 2% B27 (Gibco, Grand Island, NY, USA), epidermal growth factor (EGF; 20 ng/mL; Peprotech, Rocky Hill, NJ, USA; www.peprotech.com), and fibroblast growth factor (FGF)-2 (20 ng/mL; Peprotech). Cells were seeded onto 25-cm² T-flask and incubated at 37°C in 5% CO₂ atmosphere. The NSCs formed neurospheres after 7 days *in vitro*. Then the neurospheres were collected and gently mechanically dissociated. Dissociated cells were resuspended in serum-free medium and formed the secondary spheres after 7 days for the subsequent tests. The secondary sphere-forming cells processed the potential to grow infinitely, and the proportion of the cells positive for nestin, a marker for immature neural progenitors, remained stable throughout the course of cell culture [19].

Immunohistochemistry

After perfusion, brains were postfixed overnight in paraformaldehyde at 4°C. Paraffin-embedded brains were cut to 5 μ m sections on a standard microtome. These sections were then deparaffinized before staining for D-serine or SR. Dissociated NSCs were seeded on 24-well culture plates coated with poly-L-ornithine (100 µg/mL; Sigma-Aldrich, St. Louis, MO, USA) and laminin (5 µg/mL; Sigma-Aldrich, St. Louis, MO, USA). After adherence, NSCs were rinsed carefully with 0.1 M phosphate buffered saline (PBS) (pH 7.20) and fixed with 4% paraformaldehyde, followed by blocking with PBS containing 5% bovine serum albumin for 1 h. After blocking, cells or sections were incubated at 4°C overnight, with the primary rabbit anti-D-serine antibody (1:1500; Gemacbio, Cenon, France; www.gemacbio.com) or rabbit anti-SR antibody (1:500; Santa Cruz, Santa Cruz, CA, USA; www.scbt.com), and mouse anti-Nestin antibody (1:200; Chemicon, MAB353; www.millipore.com). After being washed, cells or sections were incubated by goat anti-rabbit F588 (1:800; Invitrogen, Carlsbad, CA, USA) and goat anti-mouse F488 (1:1000; Invitrogen) for 1 h at room temperature. At last, the cells and sections were stained with Hoechst 33342 (5 μ g/mL; Sigma-Aldrich). Specimens were observed under a confocal microscope (Nikon, Japan) for visualization and photography.

High-Performance Liquid Chromatography Analysis of D-Serine Levels in Culture Medium

Dissociated NSCs from neurospheres were seeded on coated 24well culture plates at a density of 100,000 cells/mL in DMEM/F12 supplemented with B27, EGF, and FGF-2. After confluence, the culture medium was replaced by 400 μ L/well BSS buffer (NaCl 140 mM, KCl 5 mM, CaCl₂ 2 mM, HEPES 20 mM, glycine 0.03 mM, glucose 3 mM). BSS buffer excellular medium (20 μ L) was taken after different incubation times. The levels of p-serine and glutamate were measured by high-performance liquid chromatography (HPLC) with fluorescent detection after precolumn derivatization with o-phtaldialdehyde (OPA) using the system of Shimadzu scientific instruments (Kyoto, Japan). The OPA reagent (10 μ L) was added to the sample (20 μ L), mixed, incubated for 1.5 min, and then injected into the column. The amino acid derivatives were separated using a reverse phase C18 column (Waters), a HPLC RF-10A fluorescence dector (Shimadzu Corp., Kyoto, Japan), and a liquid chromatography LC-10AD (Shimadzu Corp., Kyoto, Japan). The emission wavelength was set at 443 nm and the excitation wavelength at 334 nm. The mobile phase was 100% methanol (B) and 40 mM Na₂HPO4, 0.1 mM EDTA₂Na, and 0.2% Triethylamine in water (A); pH was adjusted to 6.2 with H₃PO₄. The flow rate was set at 0.9 mL/min.

Cell Proliferation Assays

Proliferation was determined using 5-bromodeoxyuridine (BrdU) incorporation [19]. The secondary spheres were collected and gently mechanically dissociated. Cells were plated on coated 24-well culture plates at a density of 10,000 cells/mL (1 mL per well). After culture for 24 h, the medium was replaced by fresh culture medium, and then treated with D-serine (1, 10, or 100 μ M), MK-801 (3, 10, or 30 µM), sodium benzoate (NaBZ 20 or 40 µM), or 0.1 U/mL DAAO, respectively, for 48 h. Cells were incubated for exactly 1 h with 10 μ M BrdU, and then fixed and washed. DNA was denatured by treating the cells with 2 N HCl at 4°C for 30 min, washed with 0.1 M sodium borate (pH 8.5) for 10 min, and rinsed three times with PBS. After being blocked for 1 h in PBST containing 5% BSA at room temperature, cells were incubated with primary mouse anti-BrdU antibody (1:15,000, Chemicon, MAB3510; www.millipore.com) for 24 h at 4°C followed by goat anti-mouse F488 antibody (1:1000, Invitrogen). Then, cell nuclei were stained with Hoechst 33342. The number of BrdU⁺ cells and total number of cell nuclei were counted in nine randomly selected fields at 400× with an Nikon Optical TE2000-S inverted microscope (Nikon, Japan).

NSC Migration Assay

The secondary neurospheres of similar diameter (about 200 μ m) were selected and plated on coated 24-well culture plates containing DMEM-F12, supplemented with 2% B27, but without FGF-2 and EGF. Then, they were incubated with D-serine, DAAO, or MK-801 for 48 h. Migration was quantified as the mean difference between the leading edge of radially migrating cells and the original neurosphere diameter by applying the measurement function in Image Pro Plus 5.1 (Media Cybernetics, Silver Spring, MD, USA).

NSC Differentiation

Dissociated NSCs from neurospheres were seeded on coated 24well culture plates at a density of 10,000 cells per well in DMEM/F12, containing 2% B27 and 1% fetal cattle serum (FCS, Gibco). DAAO, D-serine, MK-801, and NaBZ were added in different groups. After 7 days of differentiation, cells were probed with antibodies against neuron-specific beta-3 tubulin (TUJ1; 1:1000; Chemicon), GFAP (1:400; ABCam, Cambridge, MA, USA; www.abcam.com). The percentages of TUJ1⁺ and GFAP⁺ were quantified by normalizing total TUJ1⁺ or GFAP⁺ cells to the total number of cell nuclei labeled with Hoechst 33342.

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Measurement of [Ca²⁺]

Neurospheres were plated on coated coverslips in DMEM/F12 with mitogens for 24 h. Then, cells were loaded for 30 min at 37°C with fluo-3 AM (5 μ M, Invitrogen). At the same time, cells were treated with 0.1 U/mL DAAO to exhaust the D-serine. Intracellular glutamate-induced Ca²⁺ transient were performed on cells bathed in imaging buffer comprising 140 mM NaCl, 3 mM KCl, 2 mM CaCl₂, 10 mM glucose, and 10 mM HEPES (pH 7.4). Through confocal series-scan imaging with a CCD camera (Orca-ER; Hamamatsu, Japan), fluo-3 fluorescence images were acquired continuously every 5 seconds for 5 min. At least three independent cultures of neurospheres from three different litters were used for analysis.

Western Blotting

Cells were collected and washed by ice-cold phosphate-buffered saline and lysed in homogenization buffer (composed of 50 mM Tris-HCl, 150 mM NaCl, 2 mM EDTA, 1 mM DTT, 1% Triton X-100, 2.5 mM sodium pyrophophate, 1 mM β -glycerol phosphate, 1 mM sodium vanadate, and 1 μ g/mL leupeptin; pH 7.5) supplemented with a protease inhibitor cocktail (Roche, Mannheim, Germany). Protein lysates were quantified by Bradford assays (Bio-Rad). Western blot analysis was performed by standard protocols using anti-CREB, anti-phospho-CREB (pCREB)-ser133 (Cell Signaling Technology, MA, USA), anti-p42/p44 MAPKs, antiactivated p42/p44 MAPKs (Cell Signaling Technology), antiphospho-Ser9-GSK3 β , and anti-GSK3 β (Cell Signaling Technology). Immunoreactive proteins were detected using HRPconjugated secondary antibodies and an ECL kit (Amersham Biosciences, NJ, USA), according to the manufacturer's instructions. The membranes were scanned and analyzed using an Omega 16ic Chemiluminescence Imaging System (Ultra-Lum, CA, USA). The amount of phosphorylated proteins was normalized on respective total protein to assess the actual change in the fraction of total protein that was phosphorylated (and thus activated).

Statistics

All values were expressed as means \pm SEM. The significance of the difference between control and samples treated with various drugs was determined by one-way ANOVA, followed by the *post hoc* least significant difference test. Differences were considered significant at *P* < 0.05.

Results

D-Serine Synthesis and Release from NSCs

To detect the localization of D-serine and SR in the brain, we carried out immunofluorescence double staining of D-serine or SR with NSC marker. As shown in Figure 1(A), nearly all of the NSCs labeled with Nestin were D-serine and SR positive. Furthermore, all primary cultured cells expressed nestin, the intermediate filament protein of undifferentiated neural cells (Figure 1B),



Figure 1 NSCs synthesize and release p-serine by themselves. (A) Colocalization of p-serine (arrowheads) and SR (arrows) with Nestin, a NSC marker, in adult mice SVZ. (B) Colocalization of p-serine and SR with Nestin in cultured NSCs. Scale bar = 50μ M. (C) The extracellular concentrations of p-serine and

glutamate measured by HPLC. The amount of D-serine in NSC medium was increased significantly during the incubation time from 0.5 to 8 h, while the content of glutamate had no significant change. n = 4. *P < 0.05 compared to the concentration at 0.5 h.

indicating that these cells were NSCs. If SR physiologically forms p-serine, then this enzyme and its product should have similar localizations. Immunofluorescence analysis showed that the cultured NSCs expressed p-serine and its biosynthetic enzyme SR, suggesting that the cultured NSCs could synthesize p-serine. After 24-h incubation to permit attachment of cells to the plate, the culture medium was removed and carefully replaced with BSS buffer. Then 20 μ L of the supernatant was taken at different time points (0.5, 1, 2, 4, and 8 h) and was measured by HPLC. As shown in Figure 1(C), p-serine level increased time dependently while the extracellular glutamate level hadn't changed significantly. These results indicate that NSCs can synthesize and release p-serine. Cells cultured in BSS buffer for 8 h did not show any apoptotic changes in morphological features (data not shown).

D-Serine Maintains the Proliferation of NSCs

The effects of exogenous D-serine on NSC proliferation were firstly examined. Addition of D-serine (1, 10, or 100 μ M) failed to affect the proliferation of NSCs, whereas the incubation with DAAO (0.1 U/mL) exhausting D-serine could significantly suppress the multiplication rate of NSCs (26%) compared with control group (46%; Figure 2B). Moreover, the suppression of NSCs proliferation by DAAO could be attenuated by the pretreatment of the DAAO enzyme inhibitor, NaBZ (20 or 40 μ M) or supplement with

D-serine (1, 10, or 100 μ M; Figure 2D and F). To ascertain whether a NMDA receptor-dependent mechanism is involved in D-serine action, we further examined the effect of MK-801, a noncompetitive NMDA receptor antagonist, on NSC proliferation. Similar to DAAO, MK-801 could inhibit the proliferation of NSCs (Figure 2B). Preincubation with D-serine (100 μ M) alleviated MK-801-induced inhibition of NSC proliferation (Figure 2H). Furthermore, pretreatment with DAAO for 30 min followed by incubation with 1, 10, and 100 μ M D-serine for additional 48 h failed to change the proliferation of NSCs (Figure 2F).

D-Serine Fails to Influence NSC Migration

Neurospheres cultured on plates coated with poly-L-ornithine and laminin cell culture substrate can migrate outward radially after adhesion, which is used to determine the NSCs migration ability. As shown in Figure 3, D-serine, MK-801, or DAAO didn't alter the distance of NSCs migration significantly.

D-Serine Potentiates Neuronal Differentiation of NSCs

To investigate the role of D-serine in neuronal and astroglial differentiation of NSCs, the percentage of TUJ1⁺ and GFAP⁺ cells was quantified by normalizing total TUJ1⁺ and GFAP⁺ cells to



Figure 2 D-Serine (1, 10, or 100 μ M) could concentration dependently attenuate proliferation inhibition induced by continuous DAAO treatment. Exogenous D-serine had no significant influence on NSCs proliferation; nevertheless, DAAO could significantly restrain their proliferation. Blocking of the NMDA receptor by MK-801 could inhibit the proliferation of NSCs in a concentration dependent manner (**A** and **B**). The proliferation of NSCs couldn't be changed by the DAAO activity inhibitor sodium benzoate (NaBZ), while NaBZ alleviated DAAO-induced NSCs proliferation inhibition (**C** and **D**). n = 5.

the 3 μ M MK-801-treated group and # with DAAO-treated group. Scale bar = 100 μ M. Pretreatment with DAAO, followed by incubation with 1, 10, or 100 μ M p-serine didn't influence the NSCs proliferation (**E** and **F**). Preincubation with p-serine (100 μ M) alleviated the MK-801-induced inhibition of NSCs proliferation (G and H). n = 5. *P < 0.05 as compared with the control group, #P < 0.05 as compared with the DAAO-treated group and \$ with 10 μ M MK-801-treated group. Scale bar = 100 μ M. MK: MK-801. Con: continuous. Pre: previous.

the total number of cell nuclei labeled with Hoechst 33342. After incubation with p-serine (1, 10, or 100 μ M) for 7 days, only 100 μ M p-serine significantly increased the neuronal differentiation of NSCs (16.5%) compared with control group (11.3%; Figure 4B). After incubation with pAAO (0.1 U/mL) for 7 days, the neuronal differentiation of NSCs remarkably decreased (6.8%). This effect could be alleviated by NaBZ (20 μ M; Figure 4E). Likewise, the NMDA receptor antagonist MK-801 inhibited the neuronal differentiation of NSCs. Furthermore, treatment of D-serine (100 μ M) could reverse the inhibition of neuronal differentiation triggered by DAAO and MK-801 (Figure 4E). However, the proportion of GFAP⁺ cells was not significantly different among these groups (Figure 4C and F), suggesting that D-serine, DAAO as well as MK-801 failed to affect astroglial differentiation of NSCs.



Figure 3 *In vitro* neurosphere migration assay. (**A**) SVZ neurospheres cultured on poly-L-ornithine and laminain-coated coverslips migrate outwards radially. Scale bar = 200 μ M. (**B**) p-Serine, pAAO, and MK-801 didn't influence the distance of radial migration of NSCs *in vitro*. n = 4.

DAAO Suppresses Glutamate-Induced Ca²⁺ Transient in NSCs

Extracellular Ca²⁺ can enter NSCs via ligand- and voltage-gated Ca²⁺ channels [20]. NMDA receptors are ligand-gated channels that upon activation are permeable for Ca²⁺. Glutamate, an excited amino acid, binds to the NMDA receptors on NSCs, then permits the influx of Na⁺ and Ca²⁺ and initiates the subsequent biochemical cascade events. The experiment results showed that 100 μ M glutamate could result in Ca²⁺ transient increase in NSCs and the peak amplitude (Δ F/F0) of glutamate -induced Ca²⁺ transient was 3.22 \pm 0.35 (n = 36 cells). After preincubation with pAAO for 30 min, the peak amplitude of glutamate-induced Ca²⁺ transient was significantly suppressed (0.97 \pm 0.13, n = 37 cells; Figure 5).

DAAO Inhibits Phosphorylation of ERK1/2, CREB, and GSK-3 β in NSCs

Extracellular signal-regulated kinases (ERK1/2) and cyclic AMPresponsive element binding protein (CREB) have been implicated in signaling pathways related to proliferation and differentiation of NSCs [21,22]. Thus, further study was to investigate the effect of DAAO on ERK1/2, CREB, and GSK-3 β phosphorylation. As shown in Figure 6, incubation with DAAO for 3 h significantly inhibited ERK1/2 phosphorylation in NSCs. After addition of DAAO up to 48 h, the phosphorylation of CREB and GSK-3 β was suppressed continuously and remarkably.

Discussion

D-Serine, the endogenous ligand for the glycine site of the NMDA receptor [23], is a major gliotransmitter in the central nervous system [5]. Deletion of SR alters NMDA receptor neurotransmission and long-term potentiation [7,24]. Repeated D-serine administration could decrease the PCP-induced impairment of NSC proliferation [14]. Furthermore, during early neuronal development, D-serine released from Bergmann glia seems to be essential in the migration of granule cells [25]. However, whether D-serine plays a critical role in regulating the fundamental properties of NSCs remains unknown. In this study, we showed that the primary-cultured forebrain NSCs could synthesize and release D-serine. Moreover, D-serine supported the proliferation and neuronal differentiation of NSCs, and could alleviate MK-801-induced



Figure 4 D-Serine potentiates neuronal differentiation of NSCs. (**A** and **B**) D-Serine (100 μ M) significantly promoted the neuronal differentiation of NSCs. Either DAAO (0.1 U/mL) or MK-801 (10 or 30 μ M) prevented the neuronal differentiation remarkably, whereas compared with control group, no significant effect on the differentiation was detected in the presence of NaBZ. n = 5. **P* < 0.05 as compared with the control group. Scale bar = 100 μ M. (**D** and **E**) D-Serine (100 μ M) or NaBZ (20 μ M) could alleviate DAAO-induced

prohibition of neuronal differentiation of NSCs. p-Serine (100 μ M) could also alleviate MK-801-induced inhibition of neuronal differentiation. n = 5. **P* < 0.05 as compared with the control group, #*P* < 0.05 as compared with the pAAO-treated group and \$ with 10 μ M MK-801-treated group. Scale bar = 100 μ M. (**C** and **F**) On the other hand, pAAO, p-serine, MK-801, and NaBZ had no influence on the proportion of GFAP⁺ cells.

inhibition of NSC proliferation. Our findings suggest that D-serine promotes neurogenesis through acting on NMDA receptor and subsequently regulating the Ca²⁺-related signaling pathways, including the phosphorylation of ERK1/2-CREB and GSK-3 β . This may allow us to translate this proproliferation and proneural differentiation effect into therapeutic interventions for neurodegenerative diseases.

NSCs are the progenitor cells in the brain, which are capable of continuous self-renewal and differentiation into neurons, astrocytes, and oligodendrocytes [17]. They are present not only during the embryonic development but also in the adult brain of all mammalian species. These cells hold great promise for neural repair after injury or disease [26]. Transplantation of stem cells or their derivatives, and mobilization of endogenous stem cells within the adult brain, have been proposed as future therapies for neurodegenerative diseases [27]. We confirmed that the NSCs expressed SR and D-serine. Furthermore, the amount of D-serine, instead of glutamate, in the medium of NSCs exhibited a time-dependent increase during the incubation. These results indicate that NSCs not only synthesize D-serine, but also release it into the extracellular environment to participate in the regulation of NSC function.

Our study showed that addition of exogenous D-serine failed to influence the proliferation of NSCs. However, proliferation of NSCs was significantly suppressed after DAAO was used to exhaust extracellular D-serine. DAAO is a FAD-containing enzyme that catalyzes oxidative deamination of D-amino acids yielding hydrogen peroxide and an imino acid. It almost inactive towards the corresponding L-isomer [28]. Thus, D-serine is essential to maintain basal proliferation of NSCs. Furthermore, D-serine could reverse the attenuation of NSCs proliferation by the NMDA receptor antagonist MK-801, suggesting that D-serine may regulate the proliferation of NSCs through acting on NMDA receptor. In the brain, the affinity of NMDA receptors for D-serine is at least as high as glycine [9]. Moreover, the glycine site at the NMDA receptor is saturated



Figure 5 Effect of DAAO on the Ca²⁺ transient induced by glutamate. Sequence of images recorded over 90 seconds from control and DAAO group NSCs loaded with fluo-3 AM following glutamate-induced depolarization (**A**). Fluo-3 fluorescence expressed as Δ F/F0; increased fluorescence indicates elevated [Ca²⁺]_i. There was a significant inhibition of peak amplitudes

in DAAO group compared with control group (**B**). Peak amplitudes of the glutamate-induced Ca²⁺ transient show a significant decrease by preincubation with DAAO (**C**). n = 3. **P* < 0.01 as compared with the control group. Scale bar = 50 μ M.



Figure 6 Effect of DAAO on CREB, ERK1/2, and GSK-3 β phosphorylation. After incubation with DAAO for 3 h, ERK1/2 phosphorylation significantly restrained (**B**). Six h after DAAO treatment, CREB phosphorylation (**A**) and GSK-3 β phosphorylation (**C**) remarkably decreased, and the suppression continued until 48 h. n = 4. *P < 0.05; **P < 0.01 as compared with the control group.

by D-serine [29]. NMDA-receptor levels on NSCs are relatively low [30,31]. Endogenous D-serine originated from NSCs sufficiently saturates glycine site at the NMDA receptor due to both autocrine and paracrine effects. Therefore, adding D-serine in culture media failed to affect the NSC proliferation, whereas exhausting D-serine could significantly suppress the proliferation. Our findings reveal that D-serine is responsible for NSC proliferation and regulates neurogenesis via acting on NMDA receptor.

NSCs are multipotent stem cells, which can differentiate to neurons, astrocytes, and oligodendrocytes [32]. The differentiation of NSCs is influenced by multiple extracellular molecular regulators, such as ions, neurotransmitters, hormones, and extracellular matrix [33]. In this study, exhausting D-serine with DAAO remarkably inhibited the neuronal differentiation, while 100 μ M p-serine could promote the neuronal differentiation and alleviate MK-801-induced inhibition of neuronal differentiation. Therefore, we suppose that D-serine might promote neuronal differentiation by strengthening NMDA receptor-mediated pathways. NMDA receptor has been demonstrated to play an important role in the differentiation of NSCs [34]. NMDA receptor activation induces an immediate influx of Ca²⁺ into NSCs, then increases expression of NeuroD (a positive regulator of neuronal differentiation) by Ca²⁺/calmodulin-dependent protein kinase pathway, and ultimately promotes the neuronal differentiation of NSCs [20,35]. Furthermore, the NMDA receptors expressed on newborn neurons gradually increase as the differentiating neurons maturate during the differentiation of the NSCs [36]. We suppose that D-serine acts on the emerging NMDA receptors on neurons and makes them more mature, thereby promoting the neuronal differentiation of NSCs further. Simultaneously, our study showed that D-serine failed to alter glial differentiation and radial migration of NSCs.

The spatial and temporal pattern of Ca²⁺ influx is crucial for the regulation of several cellular physiological processes, such as cell growth and metabolism. Ca²⁺ signaling affects every aspect of a cell's life and death, including regulating self-renewal and fate specification of NSCs [37,38]. Alterations in the intracellular Ca²⁺ activities could induce embryonic stem cells to differentiate into neuronal phenotypes [39]. Therefore, the influence of p-serine on NSC differentiation as well as proliferation might be associated with the regulation of intracellular Ca²⁺ ([Ca²⁺]_i). Our study showed that 100 μ M glutamate induced an immediate influx of Ca²⁺ into NSCs, in accordance with a significant increase of the intracellular fluorescence intensity of the fluo-3 for Ca²⁺. And the peak amplitude of glutamate-induced Ca²⁺ transient was decreased by DAAO. These findings indicate that p-serine contributes to the neural differentiation via regulating Ca²⁺-related pathways.

Increased Ca^{2+} may activate ERK1/2, as in the astrocytes [40] and striatal neurons [41], which may initiate a cascade of events resulting in proliferation of NSCs. Therefore, we investigated whether ERK1/2 is a mediator in the signaling cascades initiated by p-serine. CREB lies at the center of a diverse array of intracellular signaling pathways and is a major transcriptional regulator of numerous functions. It has been demonstrated that activated CREB promotes proliferation of NSCs [42]. CREB phosphorylation is affected by many upstream protein kinases, such as ERK1/2, protein kinase A (PKA), and calmodulin-dependent protein kinase II/IV (CaMKII/IV) [43]. We found that the phosphorylation of CREB and its upstream protein kinase ERK1/2 was downregulated significantly after incubation with DAAO, indicating that ERK1/2-CREB participates in the regulation of NSC proliferation by D-serine. GSK-3 β is another important kinase to participate in the regulation of NSC proliferation [44]. Phosphorylation of GSK-3 β could stabilize β -catenin, which activates downstream transcription factors of lymphoid enhancer factor/T cell factor (LEF/TCF) family and cyclin D upregulation, promoting proliferation of NSCs eventually [44]. In this study, we found that exhausting D-serine resulted in a significant suppression of GSK-3 β phosphorylation, suggesting that maintenance of GSK- 3β phosphorylation is responsible for D-serine-mediated action on NSCs.

In conclusion, this study demonstrates for the first time that NSCs can biosynthesize and release D-serine that sustains the proliferation and promotes neuronal differentiation of NSCs by acting on NMDA receptor and regulating $[Ca^{2+}]i$, as well as the ERK1/2-CREB and GSK-3 β signaling pathways. Therefore, our findings not only reveal a novel physiological profile of D-serine as an endogenous regulator of neurogenesis, but also help to develop a novel therapeutic strategy for the neurological disorders that require nerve cell replenishment, such as neurodegenerative diseases and stroke.

Acknowledgments

This study was supported by grants from the National Key Basic Research Program of China (No.2009CB521906 and No.2011CB504100) and the National Natural Science Foundation of China (No.81030060 and No.30973517).

Conflict of Interest

The authors have no conflict of interest.

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