

# Compound MQA, a Caffeoylquinic Acid Derivative, Protects Against NMDA-Induced Neurotoxicity and Potential Mechanisms *In Vitro*

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## Keywords

Apoptosis; Caffeoylquinic acid; Excitotoxicity; Neuroprotection; *N*-methyl-*D*-aspartate (NMDA).

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## SUMMARY

**Aims:** Compound MQA (1,5-*O*-dicaffeoyl-3-*O*-[4-malic acid methyl ester]-quinic acid) is a natural derivative of caffeoylquinic acid isolated from *Arctium lappa* L. roots. However, we know little about the effects of MQA on the central nervous system. This study aims to investigate the neuroprotective effects and underlying mechanisms of MQA against the neurotoxicity of *N*-methyl-*D*-aspartate (NMDA). **Methods and Results:** Pretreatment with MQA attenuated the loss of cell viability after SH-SY5Y cells treated with 1 mM NMDA for 30 min by MTT assay. Hoechst 33342 and Annexin V-PI double staining showed that MQA inhibited NMDA-induced apoptosis. In addition to preventing Ca<sup>2+</sup> influx, the potential mechanisms are associated with increases in the Bcl-2/Bax ratio, attenuation of cytochrome *c* release, caspase-3, caspase-9 activities, and expressions. Also, MQA inhibited NMDA-induced phosphorylation of ERK1/2, p38, and JNK1/2. Furthermore, deactivation of CREB, AKT, and GSK-3 $\beta$ , upregulation of GluN2B-containing NMDA receptors (NMDARs), and downregulation of GluN2A-containing NMDARs were significantly reversed by MQA treatment. Computational docking simulation indicates that MQA possesses a well affinity for NMDARs. **Conclusion:** The protective effects of MQA against NMDA-induced cell injury may be mediated by blocking NMDARs. The potential mechanisms are related with mitochondrial apoptosis, ERK-CREB, AKT/GSK-3 $\beta$ , p38, and JNK1/2 pathway.

## Introduction

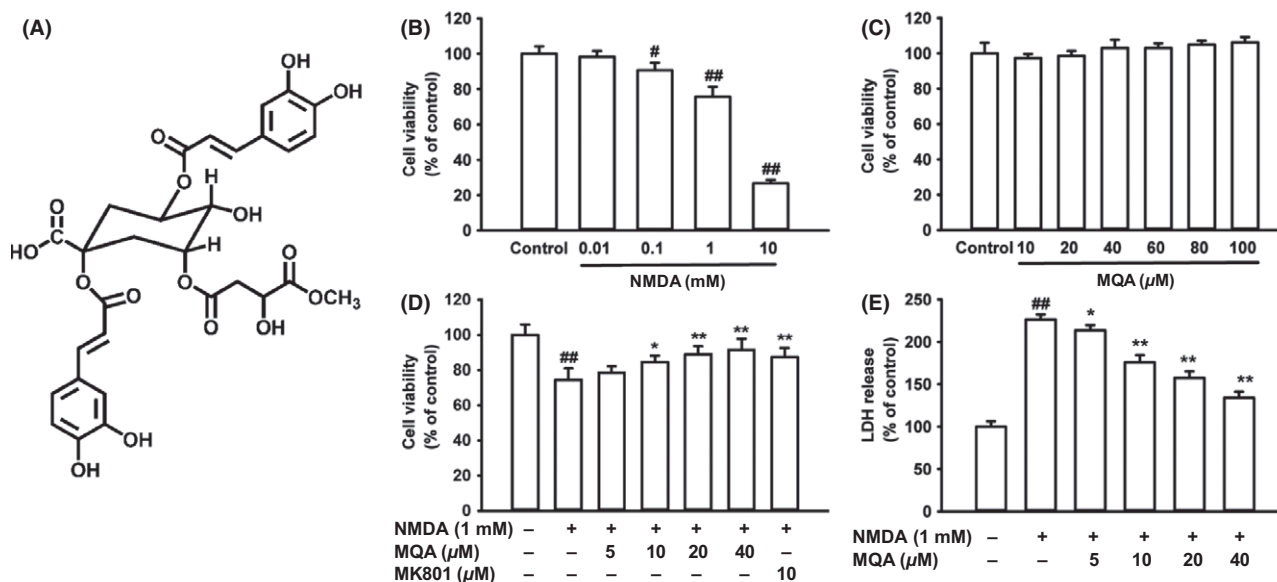
Glutamate is a primary excitatory neurotransmitter in the central nervous system (CNS) [1]. Excessive accumulation of glutamate and overactivation of its receptors are implicated in a number of CNS disorders, including hypoxia, cerebral ischemia, as well as Huntington's, Alzheimer's, and Parkinson's diseases [2,3]. Many studies have shown that the *N*-methyl-*D*-aspartate (NMDA) subtype of glutamate receptors is the major mediator of glutamate excitotoxicity [4]. Overactivation of NMDA receptors (NMDARs) can trigger high level of calcium influx, which activates many enzymes that damage cell structures leading to neuronal cell death [4].

NMDARs are heteromeric complexes, consisting of three types of subunits: GluN1, GluN2 (A, B, C, and D), and GluN3 (A and B) [5]. The functional NMDARs are composed of two GluN1 subunits and two GluN2 subunits. It has been observed that GluN2A and GluN2B play different roles in pathological conditions, while excitotoxicity was thought to be triggered by the selective activation of GluN2B-containing NMDARs [6]. Further, great consider-

ations have been given in the search for GluN2B antagonists because of the potential to cure a number of CNS diseases [7,8].

1,5-*O*-dicaffeoyl-3-*O*-(4-malic acid methyl ester)-quinic acid (MQA) is a natural caffeoylquinic acid derivative (Figure 1A) recently isolated from *Arctium lappa* L. roots by our group [9]. Caffeoylquinic acid derivatives possess a broad range of biological properties, including antioxidant, antibacterial, anticancer, and anti- $\alpha$ -glucosidase activities [10–12]. Previous study has demonstrated that caffeoylquinic acid derivatives inhibited A $\beta$ 42-induced toxicity in SH-SY5Y cells [13]. Moreover, caffeoylquinic acid derivatives significantly improved spatial learning memory by increasing the mRNA expression level of phosphoglycerate kinase-1 *in vivo* experiments [14]. However, there are no comprehensive reports on the effects of MQA against the neurotoxicity of NMDA.

Previous studies have indicated that the expression of NMDARs was detectable in SH-SY5Y cells and this cell line is a useful model system for NMDARs studies *in vitro* [15–17]. Therefore, SH-SY5Y cells were applied to investigate the neuroprotective effects of MQA against NMDA-induced cytotoxicity in this study. The



**Figure 1** Effects of MQA on NMDA-induced cytotoxicity in SH-SY5Y cells. **(A)** Chemical structure of MQA. **(B)** Cytotoxic effects of NMDA on cell viability. **(C)** Effects of different concentrations of MQA on the cell viability. **(D)** Effects of MQA and MK801 on the cell viability in NMDA-treated cells. **(E)** Effects of MQA on LDH leakage after exposure to NMDA. SH-SY5Y cells were pretreated with different concentrations of MQA for 2 h prior to 1 mM NMDA for 30 min. Data were shown as means  $\pm$  SD ( $n = 3$ ). <sup>#</sup> $P < 0.05$  and <sup>##</sup> $P < 0.01$  versus the control group. <sup>\*</sup> $P < 0.05$  and <sup>\*\*</sup> $P < 0.01$  versus the NMDA-treated group.

finding that MQA inhibited NMDA-induced apoptosis and calcium influx prompted us to explore the intracellular pathways. Further, computational molecular docking was performed to simulate the possible molecular interactions between MQA and NMDARs.

## Materials and Methods

### Materials

MQA (purity > 98%) was isolated from *A. lappa* L. roots by our group. MQA was dissolved in DMSO and the final concentration of DMSO was <0.1% (v/v). 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), trypsin, and DMSO were purchased from Amresco (Solon, OH, USA). Fetal bovine serum and Dulbecco's modified Eagle's medium (DMEM) were obtained from Hyclone (Logan, UT, USA). The lactate dehydrogenase (LDH) assay kit was obtained from Nanjing Jiancheng Bioengineering Institute (Nanjing, China). Hoechst 33342, NMDA, and MK801 were purchased from Sigma-Chemical (St. Louis, MO, USA). The Annexin V/propidium iodide (PI) apoptosis assay kit was obtained from BD Pharmingen (San Jose, CA, USA). The fluo-3/AM, caspase-3, and caspase-9 activity kits were purchased from Beyotime (Haimen, China). The following antibodies were purchased from Cell Signaling Technology (Boston, MA, USA): phospho-ERK1/2 (Thr202/Tyr204), ERK1/2, phospho-JNK1/2 (Thr183/Tyr185), JNK1/2, phospho-p38 (Thr180/Tyr182), p38, p-CREB (Ser133), CREB, phospho-GSK-3 $\beta$  (Ser9), GSK-3 $\beta$ , phospho-AKT (Thr308), AKT, GluN2A, GluN2B. Antibodies against cytochrome *c*, Bcl-2, Bax, caspase-3, caspase-9,  $\beta$ -actin, and the secondary antibodies conjugated with horseradish perox-

idase (HRP) were all purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). All other chemicals and reagents were of analytical grade.

### Cell Culture and Treatment

Human neuroblastoma SH-SY5Y cells were cultured in DMEM supplemented with 10% (v/v) fetal bovine serum. The cells were incubated in a humidified atmosphere of 5% CO<sub>2</sub> at 37°C. The culture medium was routinely replaced every other day and subcultured once they reached 70–80% confluence.

SH-SY5Y cells were seeded in different culture plates at an appropriate density. After grown in the incubator for 24 h, cells were treated with different concentrations of MQA (20, 40  $\mu$ M/mL). After incubation for 2 h, the medium was changed to normal medium (control group) or with Mg<sup>2+</sup>-free Lock's buffer (154 mM NaCl, 5.6 mM KCl, 3.6 mM NaHCO<sub>3</sub>, 2.3 mM CaCl<sub>2</sub>, 5.6 mM glucose, 5 mM HEPES, PH 7.4) supplemented with NMDA (1 mM) for 30 min. Then, cells were returned to the normal culture medium for another 12 h.

### Cell Viability Assay

SH-SY5Y cells were seeded into 96-well culture plates at a density of  $1 \times 10^4$  cells/well. The cells were grown for 24 h, and the medium was replaced with Mg<sup>2+</sup>-free Lock's buffer that containing various concentrations of NMDA (final concentration, 0, 0.01, 0.1, 1, and 10 mM) for 30 min. For MQA-mediated protection assay, the cells were pretreated with MQA (0, 5, 10, 20, and 40  $\mu$ M) or MK801 (10  $\mu$ M) for 2 h. Then, the medium was removed and replaced with Mg<sup>2+</sup>-free Lock's buffer

that containing 1 mM NMDA for 30 min. At the end of these treatments, the culture medium was changed to normal medium containing 0.5 mg/mL MTT. After incubation for 4 h at 37°C, the medium was replaced by 150  $\mu$ L DMSO. Then, the optical density was read on a microplate reader (ELX 800; Bio-tek, Winooski, VT, USA) at 490 nm. Cell viability was presented as a percentage of the absorbance of untreated cultures.

### Measurement of LDH Release

SH-SY5Y cells were seeded into 96-well culture plates at a density of  $1 \times 10^4$  cells/well. At the end of treatment, the supernatant was collected and used for the assay of LDH activity. The LDH activity was measured by an assay kit according to the manufacturer's instructions. The absorbance of the samples was determined at 450 nm using a microplate reader.

### Hoechst 33342 Staining

SH-SY5Y cells were cultured in 6-well plates at a density of  $2 \times 10^5$  cells/well. The treated cells were washed with PBS solution twice, stained with Hoechst 33342 dye (10  $\mu$ g/mL) for 15 min [18]. After the treatment, the cells were visualized using a fluorescence microscope (IX71; Olympus, Tokyo, Japan).

### Flow Cytometry Analysis for Apoptosis

The apoptotic cells were measured by Annexin V-FITC and propidium iodide (PI) apoptosis assay kit, according to the manufacturer's instructions. Briefly, SH-SY5Y cells treated with NMDA and MQA were harvested, washed twice with cold PBS, and resuspended in binding buffer at the density of  $1 \times 10^6$  cells/mL. Subsequently, 100  $\mu$ L of the cells was incubated with 5  $\mu$ L FITC-Annexin V and 10  $\mu$ L PI for 15 min in the dark [19]. Then, 400  $\mu$ L of binding buffer was added after incubation and samples were analyzed by flow cytometry (FACScan; Becton Dickinson, San Jose, CA, USA).

### Measurement of Intracellular Calcium Concentration

The concentration of intracellular calcium was measured with Fluo-3/AM [20]. SH-SY5Y cells were cultured in 3.5-cm plates at a density of  $1 \times 10^5$  cells/plate for 24 h, and then incubated with 40  $\mu$ M MQA for 2 h. After the treatment, the supernatant was removed and cells were incubated with Fluo-3/AM (5  $\mu$ M) for 30 min. Then, cells were washed twice with Mg<sup>2+</sup>-free extracellular solution (140 mM NaCl, 3 mM KCl, 2 mM CaCl<sub>2</sub>, 10 mM HEPES, 10 mM glucose, pH was adjusted to 7.2–7.3 with NaOH). The cells were measured for fluorescence using a confocal laser scanning microscope (LEICA). Prior to exposure to NMDA, the dye-loaded cells were scanned for 1 min to obtain the basal level of intracellular Ca<sup>2+</sup>. Then, 1 mM NMDA was added to the cultures. Changes of Ca<sup>2+</sup> concentration were measured by the fluorescence intensities of the fluo-3/AM loaded cells for another 5 min. The results were expressed as the change ratio to the basal level.

### Caspase-3 and Caspase-9 Activities Assay

The activities of caspase-3 and caspase-9 were determined by caspase-3 and caspase-9 fluorometric assay kit, respectively. After the treatment, the cells were collected and centrifuged at 2800 g for 10 min at 4°C. The pellet was washed twice with cold PBS and lysed with lysis buffer. After the lysate was centrifuged at 9500 g for 10 min at 4°C, 20  $\mu$ L of the supernatant was added to 96-well plates. Then, the 10  $\mu$ L of peptide substrate for caspase-3 (Ac-DEVD-*p*NA) or caspase-9 (Ac-LEHD-*p*NA) and 70  $\mu$ L of reaction buffer was added to start the reaction. After incubation at 37°C for 1 h, the production of yellow *p*NA was measured at 405 nm.

### Western Blotting

After each treatment, SH-SY5Y cells were collected and then suspended in lysis buffer. Protein concentration was determined using a BCA Protein Assay Kit (Beyotime, Haimen, China). Protein was separated by 8–12% SDS polyacrylamide gel and then transferred to a PVDF membrane (Millipore Corporation, Billerica, MA, USA). After blocking the membrane with 5% nonfat milk in TBST, target proteins were incubated overnight with primary antibodies including Bcl-2 (1:600), Bax (1:600), caspase-3 (1:400), caspase-9 (1:800), cytochrome *c* (1:500), p-ERK1/2 and ERK1/2 (1:1000), p-JNK1/2 and JNK1/2 (1:1000), p-p38 and p38 (1:1000), p-AKT and AKT (1:800), p-GSK-3 $\beta$  and GSK-3 $\beta$  (1:1000), p-CREB and CREB (1:1000), GluN2A (1:800), GluN2B (1:1000),  $\beta$ -actin (1:500). After three washed with TBST for 10 min, membranes were incubated with HRP-conjugated secondary antibodies (1:5000) for 1 h at room temperature, followed by three TBST washes for 5 min. The blots were detected by an ECL detection kit and then analyzed by Image J program (NIMH, Bethesda, MD, USA).

### Computer Molecular Docking

The crystal structures of NMDARs (PDB ID: 3QEM) [21] from RCSB Protein Data Bank (<http://www.pdb.org/>) were used in the docking studies. Preparation of the protein for docking was performed with the Biopolymer module of Sybyl X. Water and ligands were removed from the crystal structures of the receptor, and hydrogen atoms were then added. CHARMM force field was applied to the protein as well as MQA to minimize energy. The binding site was defined by the co-complexed ligand (ifenprodil) in the crystal structure. Next, the docking process was performed using CDOCKER module of Discovery Studio 3.0 and the docking protocols were set up on the default setting. The conformation with the lowest CDOCKER interacting energy was selected as the most likely binding conformation. A 2D diagram was performed to show the interaction between MQA with the receptor using Analyze Complexes module.

### Statistical Analysis

Data were expressed as means  $\pm$  standard deviation (SD) of three independent experiments. Statistical significance was performed by analysis of variance (ANOVA) with the post hoc LSD test (SPSS 16.0, IBM, Armonk, NY, USA). *P* values <0.05 were used to denote as statistically significant.

## Results

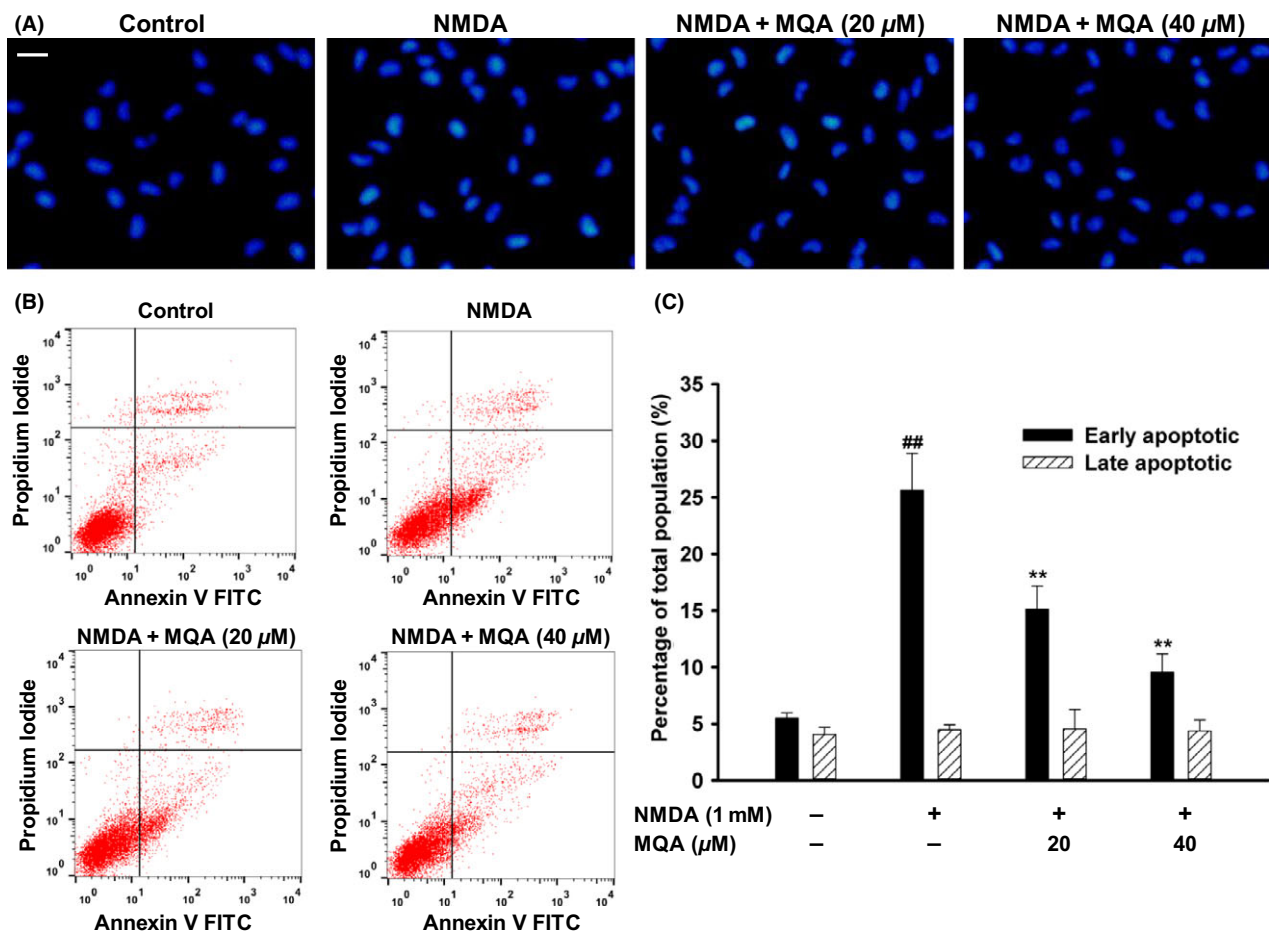
### Effects of MQA on NMDA-Induced Cytotoxicity in SH-SY5Y Cells

To determine whether MQA display neuroprotective effects, we firstly evaluated the effects of MQA on SH-SY5Y cells by MTT assay. Our results suggest that NMDA decreased cell viability in a dose-dependent manner (Figure 1B). The cells that exposed to 1 mM NMDA for 1 h showed a significant decrease in cell viability ( $75.66 \pm 5.61\%$ , compared with the control group). Therefore, 1 mM NMDA was used in the subsequent experiments. The presence of MQA alone (at 10–100  $\mu\text{M}$ ) caused no significant changes in the cell viability compared with the control (Figure 1C). Pretreatment with MQA at 10, 20, 40  $\mu\text{M}$  showed effective neuroprotection against NMDA-induced cell injury. The cell viability was remarkably increased to  $84.38 \pm 3.7\%$  ( $P < 0.05$  vs. NMDA alone),  $88.90 \pm 4.7\%$  ( $P < 0.01$  vs. NMDA alone), and  $91.46 \pm 6.24\%$  ( $P < 0.01$  vs. NMDA alone), respectively (Figure 1D). NMDA antagonist MK801 also attenuated the toxicity induced by NMDA (Figure 1D).

To further investigate the protective effects of MQA against NMDA-induced cytotoxicity, the LDH leakage was measured. Treatment with NMDA resulted in an increase of LDH leakage into the medium,  $226.32 \pm 5.75\%$  of the control value. However, pretreatment with MQA at the different concentration (10, 20, 40  $\mu\text{M}$ ) markedly reduced LDH leakage to  $175.58 \pm 8.6\%$ ,  $157.27 \pm 7.67\%$ , and  $134.06 \pm 7.25\%$ , respectively (Figure 1E).

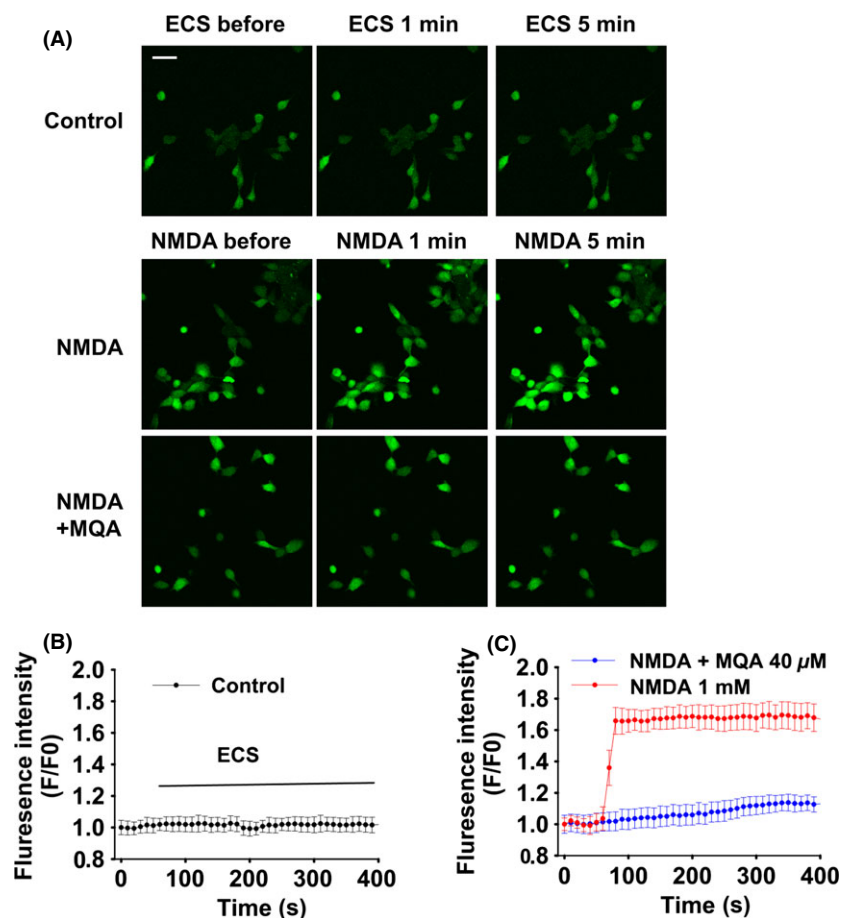
### Effects of MQA on NMDA-Induced Apoptosis in SH-SY5Y Cells

Hoechst 33342 staining was applied to investigate the neuroprotective effects of MQA. As shown in Figure 2A, after NMDA treatment, nuclear fragmentation and DNA condensation were presented. However, pretreatment with MQA inhibited these typical apoptotic characteristics. To further justify antiapoptotic effects of MQA, Annexin V and PI double staining were performed on these cells. The untreated cells showed very little early apoptosis ( $5.54 \pm 0.44\%$ ), whereas treatment of cells with 1 mM NMDA significantly increased the percentage of early apoptotic cells ( $25.63 \pm 3.25\%$ ). Pretreatment with MQA at 20 and 40  $\mu\text{M}$



**Figure 2** Effects of MQA on NMDA-induced apoptosis in SH-SY5Y cells. **(A)** Representative fluorescence images were obtained after Hoechst 33342 staining. Scale bar: 20  $\mu\text{m}$ . **(B)** Effects of MQA on NMDA-induced early and late apoptosis after AV-PI double staining. **(C)** The quantitative analysis of early and late apoptotic cells. <sup>##</sup> $P < 0.01$  versus the control group. <sup>\*\*</sup> $P < 0.01$  versus the NMDA-treated group.





**Figure 3** Effects of MQA on NMDA-induced  $\text{Ca}^{2+}$  overload. (A) Fluorescence images were obtained under the laser scanning microscope. SH-SY5Y cells were loaded with fluo-3, followed by exposure to NMDA for 5 min. Scale bar: 20  $\mu\text{m}$ . (B) Fluorescence intensity of the control group during detection time ( $n = 15$ ). (C) Fluorescence intensity of cells in NMDA-treated group (red), NMDA + MQA-treated group (blue) ( $n = 15$ ).

significantly decreased the percentage of cells undergoing early apoptosis to  $15.13 \pm 2.03\%$  and  $9.57 \pm 1.61\%$ , respectively (Figure 2B,C).

### Effects of MQA on NMDA-Induced $\text{Ca}^{2+}$ Overload

Considering that intracellular  $\text{Ca}^{2+}$  overload contributes to neuronal cells death following excessive activation of NMDARs, we focused on the effects of MQA on calcium influx. The fluorescence intensity represents cytoplasmic  $\text{Ca}^{2+}$  concentration. The  $\text{Ca}^{2+}$  concentration in control group was stable during our experiments (Figure 3A,B). One mM NMDA induced a fast elevation in  $\text{Ca}^{2+}$  concentration for the next 5 min (Figure 3A,C). However, the amplitude of  $\text{Ca}^{2+}$  concentration induced by NMDA exposure were significantly attenuated in the cells with pretreatment of MQA (Figure 3A,C).

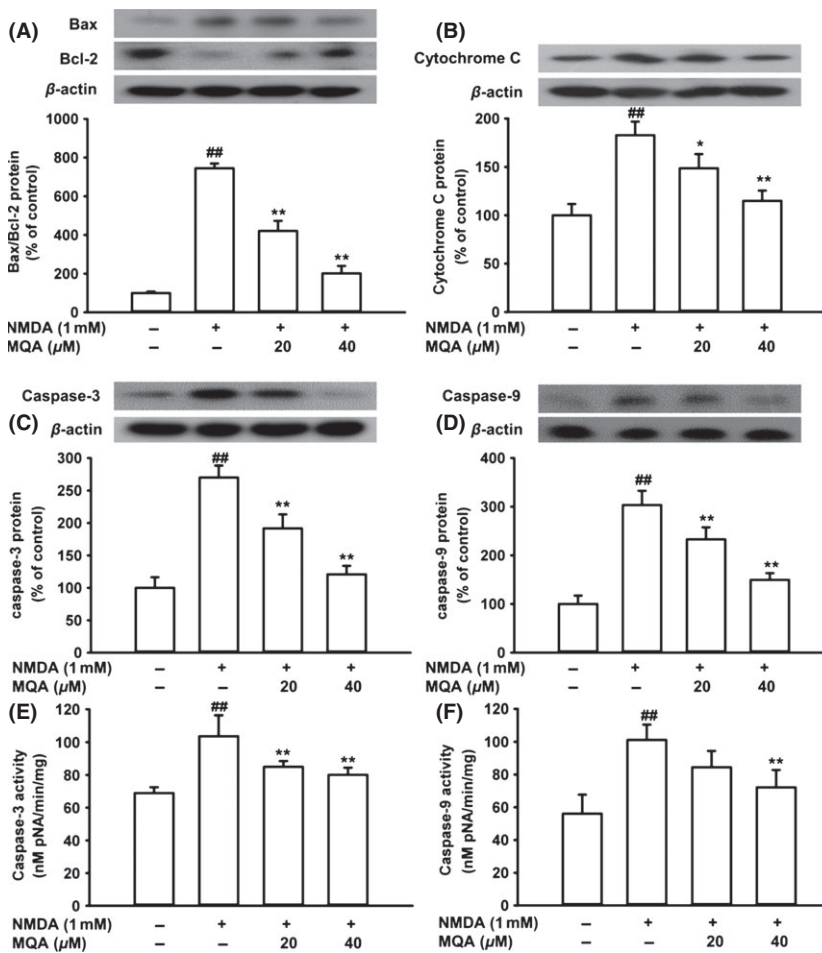
### Effects of MQA on Apoptosis-Related Proteins Expression

Western blot analysis showed that the ration of Bax/Bcl-2 ratio was significantly increased to  $744.93 \pm 24.67\%$  of the control group after exposure to NMDA. Meanwhile, cytochrome *c* release was markedly increased to  $182.73 \pm 14.17\%$  of the control. However, these changes were remarkably reversed by treatment of MQA (Figure 4A,B).

Also, treatment with 1 mM NMDA markedly caused the upregulation of caspase-3 to  $270.12 \pm 18.25\%$  of the control value. In contrast, after cells were pretreated with 20 and 40  $\mu\text{M}$  MQA, the upregulation of caspase-3 was significantly decreased to  $191.76 \pm 21.6\%$  and  $120.89 \pm 13.10\%$ , respectively. Similar results were observed in the expression of caspase-9 protein (Figure 4C,D). Further, after incubation of SH-SY5Y cells with 1 mM NMDA, the activity of caspase-3 was increased. On the other hand, MQA pretreatment significantly reduced the caspase-3 activity (Figure 4E). The caspase-9 activity showed the similar trend (Figure 4F). These data suggest that MQA inhibited NMDA-induced cell death by downregulating activities and expressions of caspase-3 and caspase-9 protein.

### Effects of MQA on the Expression of Phosphorylated ERK1/2, p38, JNK1/2, CREB, AKT, and GSK-3 $\beta$ Proteins

ERK1/2, p38, and JNK1/2 are the main members of the MAPK family. We investigated the effects of MQA on the expression levels of phospho-ERK1/2 (p-ERK1/2), phospho-p38 (p-p38), and phospho-JNK1/2 (p-JNK1/2) in SH-SY5Y cells in response to NMDA treatment. The time course results of p-ERK1/2, p-p38, and p-JNK1/2 expressions are shown in Figure 5. The expression of p-ERK1/2, p-p38, and p-JNK1/2 was increased, which peaked at 5, 10, 20 min, respectively. However, MQA pretreatment



**Figure 4** Effects of MQA on apoptosis-related protein expressions, caspase-3, and caspase-9 activities in NMDA-treated SH-SY5Y cells. Western blot analysis for the expression of (A) Bax and Bcl-2, (B) cytochrome c, (C) caspase-3, (D) caspase-9 proteins. (E) Caspase-3 activity in SH-SY5Y cell cultures. (F) Caspase-9 activity in SH-SY5Y cell cultures. Cells were pretreated with MQA (20 and 40  $\mu$ M) for 2 h prior to 1 mM NMDA for 30 min. Data are shown as means  $\pm$  SD (n = 3). <sup>##</sup> $P < 0.01$  versus the control group. <sup>\*</sup> $P < 0.05$  and <sup>\*\*</sup> $P < 0.01$  versus the H<sub>2</sub>O<sub>2</sub>-treated group.

significantly decreased the phosphorylation of ERK1/2, p38, and JNK1/2.

To further explore the underlying mechanisms of neuroprotection of MQA, phosphorylated CREB, AKT, and GSK-3 $\beta$  were measured by Western blotting. As shown in Figure 5, NMDA led to significant reductions of p-CREB, p-AKT, and p-GSK-3 $\beta$  at 5 min. However, MQA restored phosphorylation of CREB, Akt, and GSK-3 $\beta$  reduced by NMDA treatment.

### Effects of MQA on the Expression of GluN2A- and GluN2B-Containing NMDARs

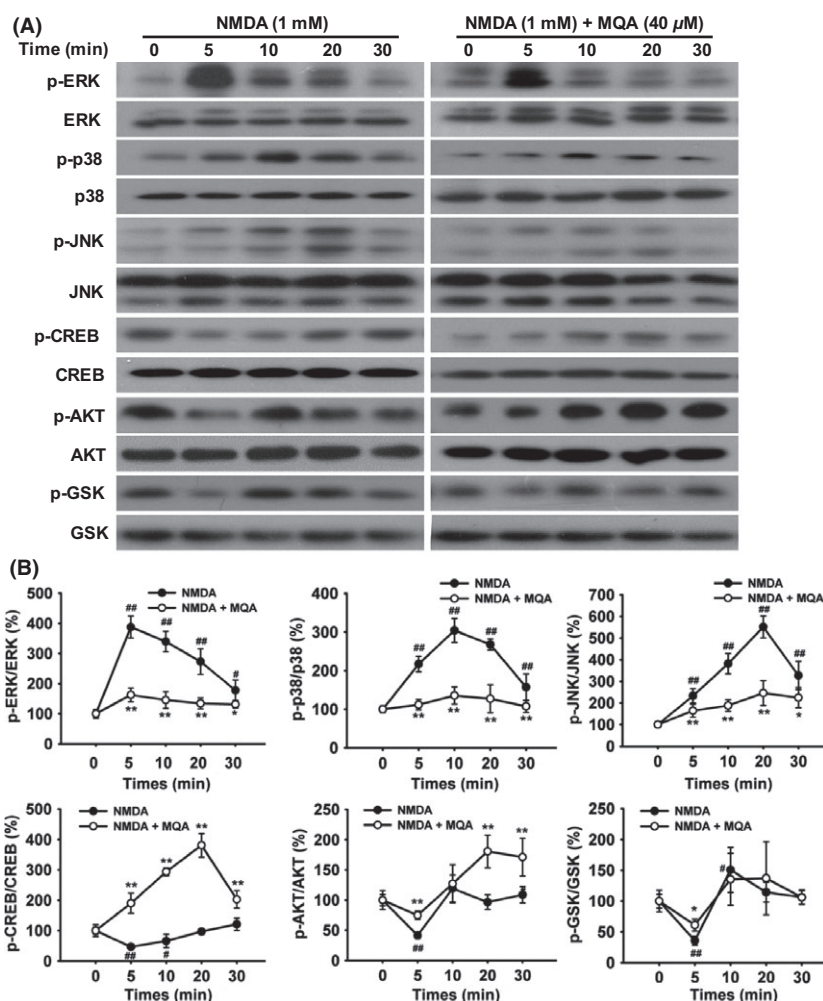
It has been observed that GluN2A- and GluN2B-containing NMDARs are involved in different intracellular cascades and play different roles in neuronal cells survival or death [22]. Therefore, we examined effects of MQA on the expression of NMDAR subtypes. Exposure to NMDA induced decreases in the expression of GluN2A and increases in the expression of GluN2B. In contrast, MQA pretreatment attenuated these trends (Figure 6A,B). Thus, downregulation of GluN2B and upregulation of GluN2A subtype are suggested to be partly contributing to the neuroprotective effects of MQA against NMDA-induced excitotoxicity.

### Computational Molecular Docking Study

To further elucidate the molecular interaction mechanisms between MQA and NMDA receptor, we employed computational docking simulation. The most stable docking poses are shown in Figure 6C,D. In the MQA-NMDARs complex, MQA served as hydrogen bond donor to form three hydrogen bonds with Glu110 of GluN2B. In addition, MQA formed hydrogen bonds with Glu235 of GluN2B, Thr110, Ser132, Ile133, and Leu135 of GluN1. This model indicates that MQA has the potential to interact with active sites of NMDARs.

### Discussion

This study demonstrates that MQA attenuated the neuronal cell injury induced by NMDA, as suggested by the results from the MTT assay, flow cytometry analyses, and Western blot analysis. Our results indicate that the protective effects of MQA are associated with the suppression of apoptosis by inhibition of GluN2B-containing NMDARs. The current study demonstrates that MQA exerted significantly neuroprotective effects against NMDA-induced cytotoxicity and further influenced downstream of NMDARs.

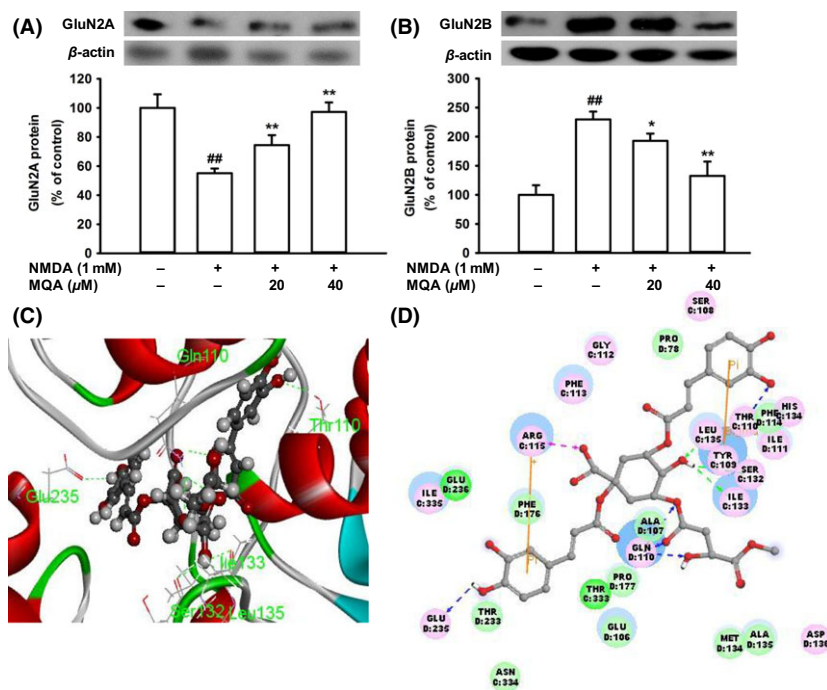


**Figure 5** Effects of MQA on the expression of MAPKs, CREB, AKT, and GSK-3 $\beta$  in NMDA-treated SH-SY5Y cells. **(A)** Time courses of phosphorylated ERK1/2, CREB, p38, JNK1/2, AKT, and GSK-3 $\beta$  proteins. **(B)** Quantitative analysis of phosphorylated ERK1/2, CREB, p38, JNK1/2, AKT, and GSK-3 $\beta$  levels. SH-SY5Y cells were pretreated with 40  $\mu$ M MQA for 2 h and then exposed to 1 mM NMDA for 5, 10, 20, and 30 min. # $P$  < 0.05 and ## $P$  < 0.01 versus the control group. \* $P$  < 0.05 and \*\* $P$  < 0.01 versus the NMDA-treated group.

In our experiment, the concentration of NMDA (1 mM) was consistent with Corasaniti's previous study [23]. The high concentration of NMDA (1 mM) seems common in SH-SY5Y cells. However, the EC<sub>50</sub> for NMDA is usually in the range of micromolar in primary cultured neurons. The difference may result from different composition of NMDARs. Previous study suggested that NMDARs might be mainly constituted of triheteromeric GluN1/2A/2B receptors in SH-SY5Y cells [17]. The hippocampal NMDARs largely consist of diheteromeric GluN1/2B and triheteromeric GluN1/2A/2B subtypes. GluN2B subtype seems contribute more than GluN2A subtype to NMDA-induced excitotoxicity [24]. The lower ratio of GluN2B may partly explain the lower sensitivity to NMDA in SH-SY5Y cells.

NMDAR-mediated signals are critical for the neuronal development, survival, and synaptic plasticity [4]. However, overactivation of NMDARs is a key step in glutamate-induced excitotoxic injury in CNS, resulting in Ca<sup>2+</sup> overload. Marked elevation in Ca<sup>2+</sup> triggers several downstream reactions, including oxidative stress, mitochondrial dysfunction, and nitrosative stress, leading to the subsequent initiation of apoptosis [25]. In this study, inhibition of Ca<sup>2+</sup> influx induced by NMDA contributes to neuroprotection of MQA.

Mitochondria-dependent apoptotic pathways are involved in NMDA-induced cytotoxicity [26]. Mitochondria take up substantial amounts of cytosolic Ca<sup>2+</sup> as a very efficient Ca<sup>2+</sup> buffer, leading to significant decreases in MMP [27]. Disruption of MMP causes imbalances between Bcl-2 and Bax. As a mitochondrial membrane-associated protein, Bcl-2 has been reported to inhibit Bax expression in mitochondria, and inhibit subsequent activation of the caspase-3 [28]. The pro-apoptotic protein Bax promotes cell apoptosis by translocating to the mitochondrial membrane and serves as one of the major causes of neurological disorders. Cell survival in the early phase of apoptosis depends mostly on the balance between the antiapoptotic protein Bcl-2 and pro-apoptotic protein Bax [29]. Moreover, increased mitochondrial permeability promotes the release of cytochrome *c* from the mitochondria, resulting in activation of caspase-9, and subsequent activation of caspase-3. Caspase-3 acts as one of the main apoptotic executors in the later phase of apoptosis, responsible for activating DNA fragmentation factor to cleave nuclear DNA, and eventually leads to cell death [30,31]. Furthermore, caspase-3 and caspase-9 activities were upregulated following exposure to NMDA. However, these effects were attenuated by MQA pretreatment. Therefore, our findings indicate that MQA rescued



**Figure 6** Effects of MQA on GluN2A and GluN2B expressions and molecular docking models of MQA with NMDARs. **(A)** Expression level of GluN2A protein. **(B)** Expression level of GluN2B protein. <sup>#</sup> $P < 0.05$  and <sup>##</sup> $P < 0.01$  versus the control group. <sup>\*</sup> $P < 0.05$  and <sup>\*\*</sup> $P < 0.01$  versus the NMDA-treated group. **(C)** Binding mode of MQA in the active site of NMDARs. The receptor was shown by ribbon, and MQA was shown by ball and stick style. **(D)** The two-dimensional diagram of interactions between MQA and NMDARs. Hydrogen bond interactions (dashed line), pi-pi interactions (yellow line), and electrostatic interactions (magenta line) are presented.

SH-SY5Y cells from NMDA-induced apoptosis possibly through inhibition of apoptosis-related proteins activation.

Stimulation of NMDA receptors by different agonists triggers various signaling cascades that regulate a diverse of neuronal functions. The ERK MAP kinase is one of such target that plays a critical role in promoting neuronal cell death in neurodegenerative disorders. Phosphorylation of ERK1/2 was increased following stroke and treatment with inhibitors that blocked phosphorylated ERK1/2 led to a significant decrease in infarct volume [32,33]. Activated ERK1/2 was also observed in the damaged brain tissue from a mice traumatic brain model, while pretreatment with the ERK inhibitor U0126 resulted in a marked reduction in cortical lesion [34]. In consistent with previous studies, phosphorylation of ERK1/2 was observed after exposure to NMDA. However, pretreatment with MQA attenuated this tendency in a dose-dependent manner. To further explore neuroprotective effects of MQA, we focused on CREB, one downstream target of ERK1/2 signaling. CREB is an important component of the survival pathway, responsible for regulating transcription of potential neuroprotective genes, including Bcl-2 and brain-derived neurotrophic factor [35–37]. Phosphorylation of CREB at serine 133 has been associated with cell survival and neuroprotection [36]. Pretreatment of MQA increased phosphorylation of CREB as compared with NMDA treatment. These results indicate that ERK-CREB signaling pathway is involved in the neuroprotection of MQA.

p38 and JNK1/2, another member of the MAPK family, are up-regulated following NMDA stimulation [38,39]. Thus, we studied the effect of MQA on phosphorylation of p38 and JNK1/2. A three-tiered kinase cascade is involved in regulating the activation of p38 and JNK1/2 [40]. The first member of this cascade is MAP kinase kinase kinase (MKKK family), which activates and phosphorylates MAP kinase kinase (MKK 3/6 for p38; MKK 4/7 for

JNK1/2) that in turn activates and phosphorylates p38 and JNK1/2 MAPKs [40,41]. Activation of p38 and JNK1/2 lead to neuronal death and contribute to various neurological conditions such as neurodegenerative disorders and cerebral ischemia. Consistent with the previous reports [38], our study suggested that NMDA caused activation of p38 and JNK1/2. Furthermore, our data showed that MQA inhibited the phosphorylation of p38 and JNK1/2. These results indicate that the protective effect of MQA on NMDA-induced cell injury was regulated via p38- and JNK1/2-dependent pathway.

Exposure of SH-SY5Y cells to NMDA led to a rapid deactivation of Akt kinase as monitored by Western blot. Although the mechanism of NMDA receptor deactivates Akt remains unclear, it is believed that calcium influx may be implicated. Activation of NMDARs increases the activity of protein phosphatases 1, which promotes de-phosphorylation of Akt [42]. Activated Akt promotes cell survival by phosphorylation of Ser473 and Thr308, whereas deactivated Akt participates in promoting cell death such as Bax, caspase-9, and GSK-3 $\beta$  [43,44]. In particular, Akt inactivates GSK-3 $\beta$  by phosphorylation of Ser9 [44]. Moreover, a selective inhibitor of GSK-3 $\beta$  has been reported to rescue SH-SY5Y cells from NMDA-induced cell injury [45]. Consequently, the finding that MQA is able to attenuate deactivation of Akt kinase and GSK-3 $\beta$  induced by NMDA suggests Akt/GSK-3 $\beta$  signaling pathway involved in neuroprotective effects of MQA.

Western blot indicates that GluN2A- and GluN2B-containing NMDARs participate in different roles in the neuroprotective effects of MQA. Activation of GluN2B-containing NMDA receptors promotes neuronal damage, mediating NMDARs-induced excitotoxicity [22,24]. In contrast, activation of either extra synaptic or synaptic GluN2A-containing NMDARs promotes neuronal survival and exerts protective action against either NMDAR-mediated or non-NMDAR-mediated neuronal injury [22]. In the



present study, the results showed that MQA reversed that upregulation of GluN2B and downregulation of GluN2A induced by NMDA, suggesting that the neuroprotection of MQA is likely to regulate a particular NMDAR subunit. However, we would further investigate subcellular localization of NMDAR subunits by immune-cytological studies to sustain this hypothesis in subsequent experiments. Molecular docking was performed to further illustrate the possible combination mode of MQA-NMDARs. Promisingly, the MQA moiety closely contacted with Gln110 and Glu235 of GluN2B to form four hydrogen bonds. In addition, there are at least other 25 active residues in the catalytic unit of NMDARs contributing to the stability of MQA-NMDARs complex, such as Glu106, Arg115, and Phe176. These active residues will be confirmed in our future research.

## Conclusion

In summary, to our knowledge, the present study is the first to show that MQA can provide protection against NMDA-induced

apoptotic cell death in SH-SY5Y cells. The result of Ca<sup>2+</sup> influx and molecular docking suggests that the protective effects of MQA may be mediated by blocking NMDARs. The potential mechanisms of its protective effects are associated with mitochondrial apoptosis, ERK-CREB, AKT/GSK-3 $\beta$ , P38, and JNK1/2 pathway. Therefore, MQA may be a potential neuroprotective compound for preventing and treating neurodegenerative disorders. Further works are required to elucidate explicit neuroprotective mechanisms *in vitro* and *in vivo* studies.

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## Conflict of Interest

The authors declare no conflict of interest.

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