

Effects of bone morphogenetic protein-4 (BMP-4) on adipocyte differentiation from mouse adipose-derived stem cells

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Abstract

Objectives: As mesenchymal stem cells (MSCs) can be isolated easily from adipose tissues while retaining their self-renewal and multi-potential differentiation capacities, they hold promising possibilities for being applied extensively in tissue engineering. Bone morphogenetic protein (BMP) family members have been reported to provide instructive signals to MSCs for them to differentiate into several different cell lineages. The study described here aims to investigate whether BMP-4 could promote adipose-derived stem cell (ASC) differentiation into adipocytes under various concentrations.

Materials and methods: ASCs were isolated from mouse inguinal adipose pads and cultured *in vitro*. 10 ng/ml and 50 ng/ml BMP-4 were added to adipogenic media for 8 days. Oil red-O staining, reverse transcription/polymerase chain reaction and immunocytofluorescence staining were performed to examine differentiation of the ASCs.

Results: As indicated by increased expression of adipogenic and lipogenic genes (*PPAR- γ* , *APN* and *LPL*) and proteins, 50 ng/ml BMP-4 seemed to induce mASCs to differentiate into the adipo-lineage compared to 10 ng/ml BMP-4, and control groups. In addition, lipid droplets accumulated within the adipocytes under 50 ng/ml BMP-4 stimulation, as shown by oil red-O staining.

Conclusions: Our present study suggests that BMP-4, as an adipo-inducing factor, promoted adi-

pogenesis of ASCs at higher concentrations (50 ng/ml) and can perhaps be considered as a candidate for use in adipose tissue engineering.

Introduction

Mesenchymal stem cells (MSCs) as a group of multi-potential adult stem cells can be isolated from a variety of organs and tissues, including bone marrow, adipose tissue, muscular tissue, dermis, hair follicles and the periodontal ligament (1). Previous studies indicate that stem cells derived from adipose tissues may undergo self-renewal for several generations while maintaining their capacity to differentiate into different lineages of cells such as osteoblasts, chondrocytes, adipocytes and myoblasts, specially in the adipogenic differentiation process (2–5). Recently, studies concerning adipose stem cells (ASCs) have spurred further research to make use of potential therapeutic applications of ASCs in regenerative medicine (6,7). As they are easy to access, simple to isolate and expand *in vitro*, ASCs are a promising and abundant cell source for adipose tissue engineering to restore large-sized soft tissue defects resulting from trauma, tumour resection and congenital defects (8–10).

Bone morphogenetic proteins (BMPs), members of the transforming growth factor β family, are important regulators of various developmental processes including in heart, post-natal bone, cartilage and the central nervous system (11). Initially named for their ability to induce bone formation, BMP family members (such as BMP-2/4/7) play crucial roles in osteoblast differentiation and bone formation (12). Interestingly, BMPs may also provide instructive signals for MSCs to become committed to adipogenesis (13–15).

C3H10T1/2 cells, fibroblast-like stem cells established from 14- to 17-day-old embryos of the C3H mouse strain (16), when exposed to BMP-4, commit to becoming pre-adipocytes and undergo adipogenesis when further induced by adipogenic differentiation

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media, while adipogenesis of C3H10T1/2 MSCs was not observed, if BMP-4 signalling was blocked (13). BMP-2, similar to BMP-4, showed the potential to induce MSC adipocytic commitment, but at higher concentration (15). However, so far, the precise role of various BMPs in regulating stem-cell lineage commitment into various lineages, including osteogenesis versus adipogenesis, and underlying mechanistic pathways, have yet to be fully elucidated.

In our present study we have aimed to investigate effects of BMP-4 on ASCs, primarily isolated and cultured from mice. We compared (i) accumulation of lipid droplets; (ii) gene expression of adipogenic transcription factors and lipogenic genes after adipogenic induction; and (iii) PPAR- γ (peroxisome proliferator-activated receptor- γ) protein expression after adipogenic induction, to reveal its role in regulating adipose stem-cell lineage commitment towards adipogenesis under different concentrations, and its potential features for application in regenerative medicine and tissue engineering.

Materials and methods

Isolation and culture of mASCs

We used three-week-old Kunming mice from the West China Experimental Animal Center, following all International Guiding Principles for Animal Research (1985). For isolation of mASCs, inguinal adipose tissue was removed, successively cleaned in sterile phosphate buffered saline (PBS), penicillin–streptomycin and PBS. Specimens were then full incised and incubated with 0.075% type I collagenase (Sigma-Aldrich, St. Louis, MO, USA) in PBS for 60 min at 37 °C with vigorous agitation. After neutralization with serum collagenase, cells were released from adipose specimens then filtered and collected by centrifugation at 1200 *g* for 10 min. Finally, pellets were re-suspended and washed three times in medium and cells were seeded in tissue culture-treated flasks in basic medium (α -MEM plus 10% FBS and 1% penicillin–streptomycin). mASCs were maintained in a humidified atmosphere of 5% CO₂ at 37 °C and passaged 3 times prior to all assays.

Adipogenic induction and BMP-4 treatment

After culture and expansion in basic medium, third passage mASCs were trypsinized and reseeded into six-well plates at appropriate initial density; they were then cultured in basic medium for 2 days to reach confluence and adhere to the plates. All wells were then divided into three experimental groups: one control group and two BMP-4 groups, with at least three parallel wells in

each group. For the control group, medium was replaced with adipogenic induction medium containing α -MEM, 10% FBS, dexamethasone (1 μ M), insulin (10 μ M), indomethacin (200 μ M) and isobutyl-methylxanthine (0.5 mM) (Sigma-Aldrich). For BMP-4 groups, medium was replaced with adipogenic induction medium plus 10 or 50 ng/ml recombinant BMP-4 (PEPROTECH, INC, Rocky Hill, NJ, USA). Medium was replaced every 2 days. After being induced in adipogenic induction medium or in adipogenic induction medium plus BMP-4, for 3 or 8 days, cells were harvested for further studies.

Oil red-O staining

Accumulation of cytoplasmic lipid droplets in differentiated mASCs was assessed using oil red-O (ORO) staining. After 8 days adipogenic induction, cells were rinsed in phosphate buffered saline and fixed in 4% paraformaldehyde for 15 min at room temperature. After washing in PBS, cells were stained with 1% oil red O for 10 min, then washed several times in distilled water; stained cells were photographed using an Olympus IX 710 microscope (Olympus, Tokyo, Japan). After microscope observation, quantification of lipid accumulation was measured by ORO staining extraction assay. First, we added 400 μ l 100% isopropanol to each well, as extraction solution. Thereafter, after being gently mixed for 15 min, extracts were transferred to 96-well plates. Absorbance at 510 nm was then recorded using a Variskan Flash spectral scanning multimode reader (Thermo Scientific, Waltham, MA, USA).

Extraction of total RNA, RT-PCR and real-time PCR

After 3 or 8 days adipogenic induction, we assessed expression of PPAR- γ 1 (peroxisome proliferator activated receptor- γ 1), LPL (lipoprotein lipase) and APN (adiponectin) at transcriptional levels in mASCs, by extraction of total RNA, RT-PCR and real-time PCR. Total RNA was extracted from each sample by using Simply P total RNA extraction kit (BioFlux, Hangzhou, China) and in the order of 1 μ g total RNA was reverse transcribed into cDNA using a PrimeScript RT reagent kit with γ DNA Eraser (Takara Bio, Tokyo, Japan), according to the manufacturer's instructions. Total RNA and cDNA were examined using agarose electrophoresis, according to the protocol outlined in 'Molecular Cloning: A Laboratory Manual' (2001, 3rd edn). cDNA samples were amplified with primers using an RT-PCR kit (Tiangen, Beijing, China) to establish the standard curve of a specific certain gene. All primers displayed in Table 1 were designed from established GenBank sequences. For

Table 1. Primer sequences of target genes and GAPDH for real-time PCR assay

Gene (mouse)	Primer sequence (5'–3')
PPAR- γ 1	F: CCAACTTCGGAATCAGCTCT R: CAACCATTGGGTCAGCTCTT
Lipoproteinlipase	F: AGGGCTCTGCCTGAGTT R: AGAAATCTCGAAGGCTGGT
Adiponectin	F: GCAGAGATGGCACTCCTGGA R: CCCTTCAGTCTCTGCATTCC
GAPDH	F: GACGGCCGCATCTTCTGTGC R: TGCAAATGGCAGCCCTGGTGA

real-time PCR, expression of target genes in mASCs were quantified using SYBR Premix Ex TaqTM (Perfect Real Time) kit (Takara) carried out on an ABI 7300 system (ABI, Foster City, CA, USA). For each reaction, a melting curve was generated to test primer dimer formation and false priming. Relative quantification of mRNA levels was carried out by means of a double standard curve method; to assess PCR efficiency, amplification of GAPDH (D-glyceraldehyde-3-phosphate dehydrogenase) was used as control. Real-time PCR products were electrophoresed on 2% agarose gels, stained with ethidium bromide and photographed with Quantity One software (BIO-RAD, Hercules, CA, USA).

Immunofluorescence staining of PPAR- γ and ph-PPAR- γ

mASCs were seeded on glass coverslips for immunofluorescence (IF) staining. After 3 days adipogenic induction, cells were washed three times in PBS and fixed in 4% cold paraformaldehyde for 20 min at room temperature. After washing in PBS, they were permeabilized with PBS/0.1% Triton X-100 and blocked in 1% bovine serum albumin and 1.5% normal goat serum at room temperature for 30 min. Coverslips were then incubated overnight at 4 °C in rabbit polyclonal antibody against PPAR- γ (1:100) (Abcam, Cambridge, UK) and rabbit polyclonal antibody against PPAR- γ with phosphoserine at residue 84 (1:100) (Santa Cruz Biotechnology, Santa Cruz, CA, USA). Then cells on coverslips were incubated at room temperature for 1 h with secondary antibodies conjugated to fluorescein isothiocyanate (Invitrogen, Carlsbad, CA, USA) to detect primary antibody binding. Nuclei were counterstained with DAPI (Molecular Probes, Eugene, OR, USA) for 5 min at room temperature. After washing in PBS, cells were examined by fluorescence microscopy using an Olympus IX 710 microscope (Olympus). Images were analysed using Image-Pro Plus 6.0.0.260. To evaluate PPAR- γ and ph-PPAR- γ concentrations, integral optical density (IOD) was measured.

Data analysis

All assays were repeated at least three times. ANOVA was used to analyse differences within groups, in all assays and to specify significant differences between experimental groups and controls, Dunnett *t*-test was conducted. To determine effectiveness of different BMP-4 concentrations, data were also analysed using the LSD *t*-test. In the figures, representative data are presented as Mean \pm standard deviation. *P* values <0.05 were considered statistically significant.

Results

BMP-4 promoted accumulation of lipid droplets

After 8 days adipogenic induction, oil red-O staining was performed to analyse accumulation of lipid droplets (Fig. 1a). At early stages, morphological differentiation of mASCs was observed. First, most cells attached to culture plate surfaces exhibited fibroblast-like spindle shapes, but subsequently were found to be more spherical. Later, we observed large numbers of small lipid droplets appearing in cells throughout the cytoplasm, so oil red-O staining was performed. Presence of positively stained adipocytes suggested that BMP-4 significantly promoted accumulation of lipid droplets (Fig. 1b). In 50 ng/ml BMP-4 groups, lipid droplets were significantly more numerous than in the control group; oil red-O spectrophotometer quantification was assessed for all groups (Fig. 1c). Lipid droplets in 50 ng/ml BMP-4 groups were significantly more concentrated than in controls, while there were no statistical differences between 10 ng/ml BMP-4 groups and the control group.

BMP-4 promoted PPAR- γ , APN and LPL transcription

After 3 days adipogenic induction, PPAR- γ 1 and APN mRNAs, and after 8 days, LPL and APN mRNA were detected using real-time PCR (Fig. 2). Results show that mRNA level of PPAR- γ 1 in 50 ng/ml BMP-4 groups was significantly higher than in the control group, but there was no statistically significant difference between the 10 ng/ml BMP-4 groups and the control group. Between 10 ng/ml BMP-4 and 50 ng/ml BMP-4 groups, there was also no statistically significant difference (Fig. 2a). Results of *LPL* gene coding transcription were similar to PPAR- γ 1, as *LPL* expression was evidently increased in 50 ng/ml BMP-4 groups compared to the control group. There was no statistically significant difference between 10 ng/ml BMP-4 groups and the control group or between the 50 ng/ml BMP-4 and 10 ng/ml BMP-4 groups (Fig. 2b). After 3 and 8 days adipogenic

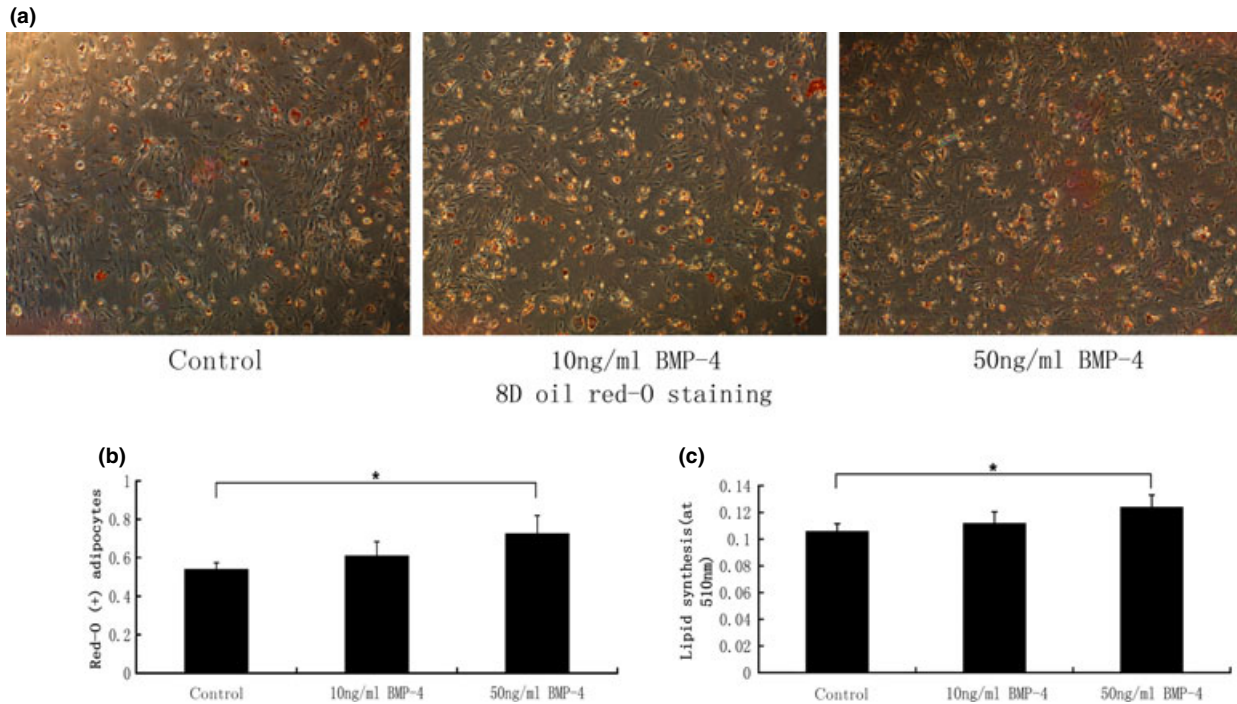


Figure 1. BMP-4 promoted lipid accumulation of ASCs. (a) After 8 days being induced by differentiation medium, oil red-O staining was performed to detect ASC adipogenic differentiation. (b) oil red-O positively stained adipocytes in each group suggesting that BMP-4 promoted the process of adipogenesis, as indicated by * ($P < 0.05$). (c) Oil red-O spectrophotometer quantification was carried out for each group. Data demonstrate that lipid accumulation in 50 ng/ml BMP-4 groups was significantly higher than that of the control group, as indicated by * ($P < 0.05$). Magnification $\times 40$.

induction, mRNA level of APN of 50 ng/ml BMP-4 groups was significantly higher than of 10 ng/ml BMP-4 groups and the control group, at each time point, and in 50 ng/ml BMP-4 groups, mRNA level of APN on day 8 was significantly higher than on day 3. However APN transcription in 10 ng/ml BMP-4 groups was not statistically significant compared to the control group at each time point (Fig. 2c). Results of PPAR- γ 1, APN and LPL transcription were confirmed by AGE (agarose gel electrophoresis) (Fig. 2d).

BMP-4 promoted PPAR- γ and ph-PPAR- γ protein expression

PPAR- γ is commonly referred to as the master regulator of adipogenesis; it is activated by cytoplasmic dephosphorylation. Dephosphorylated PPAR- γ moves into nuclei and functions as an intranuclear transcriptional factor. After 3 days adipogenic induction, immunofluorescence staining was performed with anti-PPAR- γ (Fig. 3a) and anti-ph-PPAR- γ (Fig. 4a) antibodies, respectively. To evaluate PPAR- γ and ph-PPAR- γ concentrations, integral optical density (IOD) was measured (Figs 3b,4b). We observed that PPAR- γ was condensed in nuclei, with significantly higher IOD in 50 ng/ml BMP-4 groups

($5.50 \pm 0.08\%$) than in the control group ($5.16 \pm 0.06\%$) and 10 ng/ml BMP-4 groups ($5.18 \pm 0.07\%$). ph-PPAR- γ expression was also higher in 50 ng/ml BMP-4 groups ($2.54 \pm 0.07\%$) than in the control group ($1.95 \pm 0.11\%$), and in 10 ng/ml BMP-4 groups ($2.23 \pm 0.16\%$). However PPAR- γ and ph-PPAR- γ IOD of 10 ng/ml BMP-4 groups were not statistically significantly different compared to the control group.

Discussion

Although adipocyte formation involves multiple steps, adipogenesis is typically described in the context of two major phases – determination and terminal differentiation. In the determination stage, multipotent MSCs become committed to the adipocyte lineage and lose their ability to differentiate into other cell lineages, while during the terminal differentiation process, fibroblastic pre-adipocytes are converted to spherical, mature adipocytes that can synthesize and transport lipids and secrete adipocyte-specific proteins (17).

In this study, we demonstrated that compared to the control group and 10 ng/ml concentration BMP-4, 50 ng/ml BMP-4 promoted ASCs to differentiate into adipocytes. As MSC lineage commitment is usually

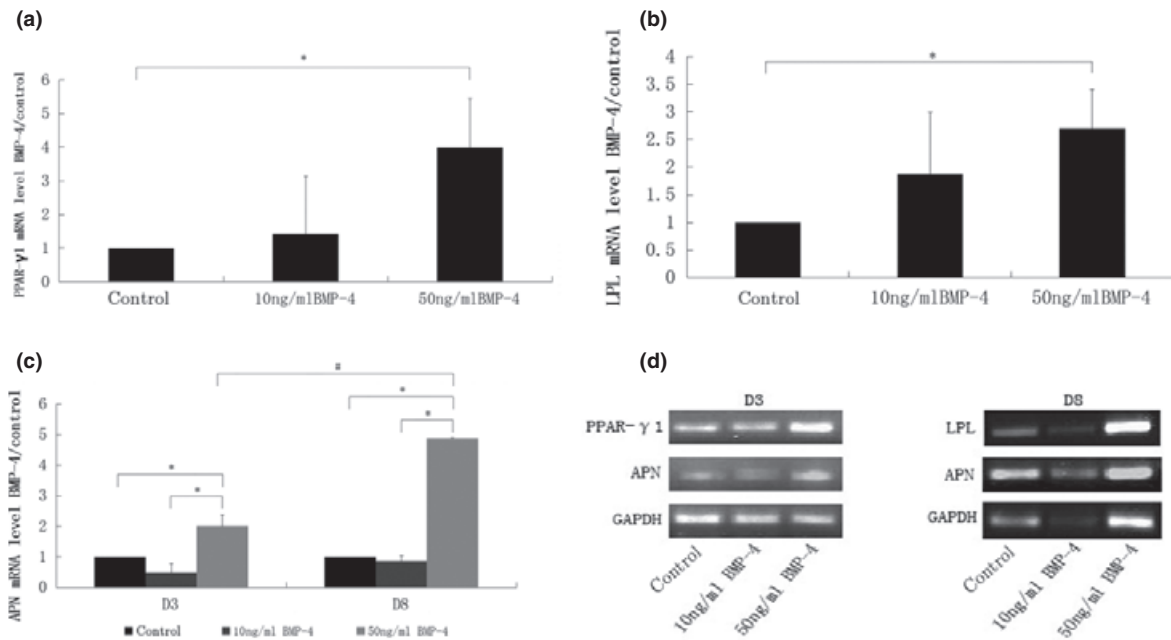


Figure 2. BMP-4 promoted adipogenic and lipogenic gene expression. In panel (a), at day 3 adipogenic induction, PPAR-γ1 expression was highly activated by 50 ng/ml BMP-4. Panel (b), similar trends seen for LPL expression after 8 days differential induction, as LPL expression was increased in 50 ng/ml BMP-4 groups compared to the control group. Panel (c), after 3 and 8 days adipogenic induction, mRNA levels of APN in the 50 ng/ml BMP-4 groups were significantly higher than in the 10 ng/ml BMP-4 groups and the control group at each time point. For 50 ng/ml BMP-4 groups, APN expression on day 8 was also obviously enhanced over that of day 3. *P* values <0.05 were considered statistically significant, as indicated by * and #, * for comparison in different groups on the same day and # for comparison in different groups between day 3 and day 8. Expression of PPAR-γ1, APN and LPL transcription were confirmed by AGE (agarose gel electrophoresis) in panel (d).

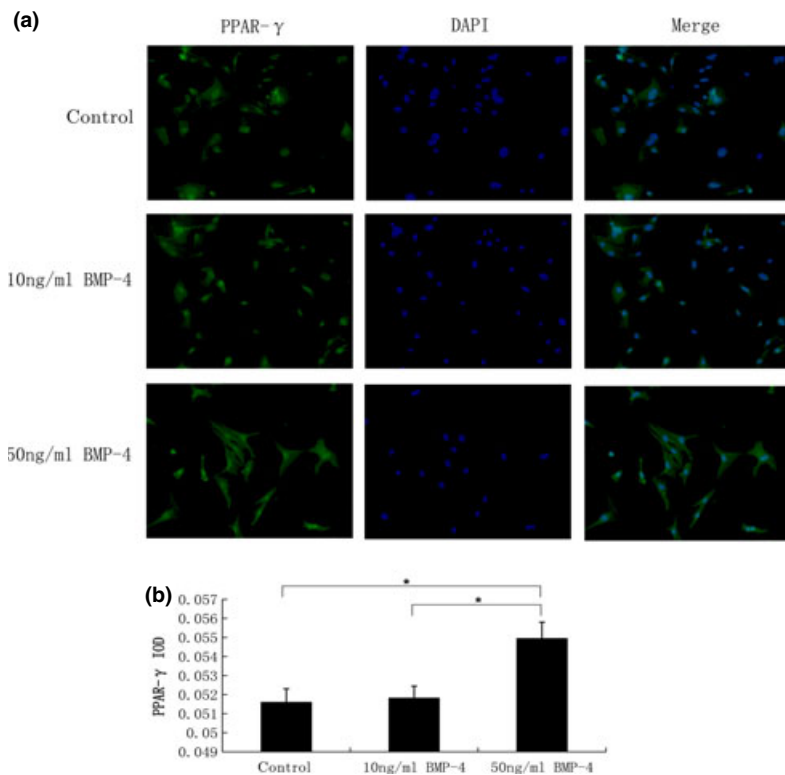


Figure 3. BMP-4 promoted PPAR-γ protein expression. (a) After 3 days adipogenic induction, immunofluorescence staining was performed with anti-PPAR-γ (green). Cell nuclei were counterstained with 4,6-diamidino-2-phenylindole (blue). (b) Integral optical density (IOD) was measured to evaluate PPAR-γ concentration. PPAR-γ was condensed in nuclei, with significantly higher IOD in 50 ng/ml BMP-4 groups than in the control group and 10 ng/ml BMP-4 groups. However, PPAR-γ IOD of the 10 ng/ml BMP-4 groups was not statistically significant compared to the control group. *P* values <0.05 were considered statistically significant, as indicated by *. Magnification ×100.

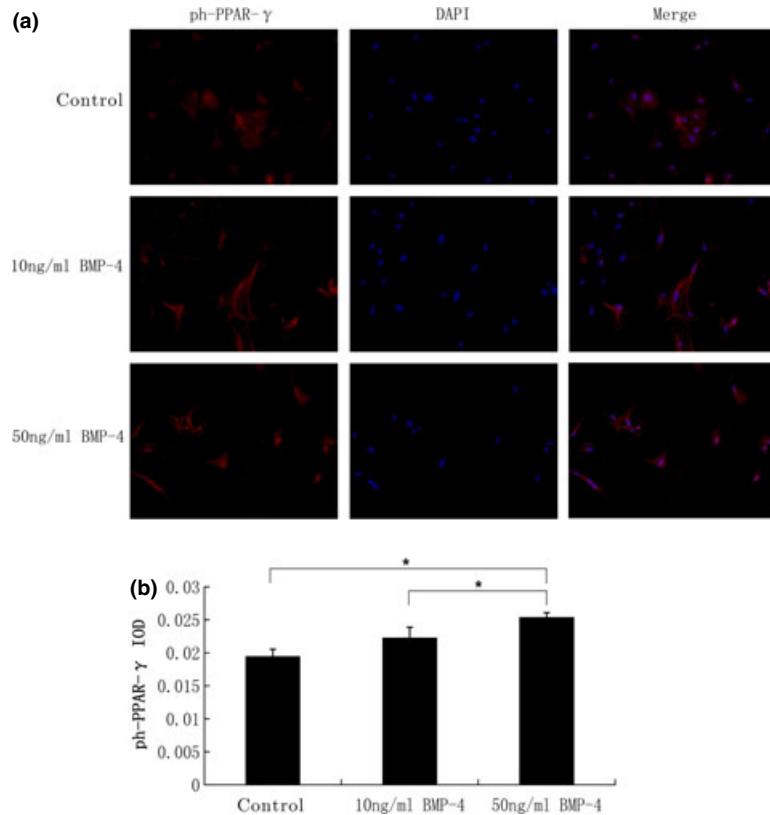


Figure 4. BMP-4 promoted ph-PPAR- γ protein expression. (a) After 3 days adipogenic induction, immunofluorescence staining was performed with anti-ph-PPAR- γ (red). Cell nuclei were counterstained with 4,6-diamidino-2-phenylindole (blue). (b) To evaluate ph-PPAR- γ concentration, integral optical density (IOD) was measured. ph-PPAR- γ was also expressed more highly in 50 ng/ml BMP-4 groups than in the control group and in the 10 ng/ml BMP-4 groups. However, ph-PPAR- γ IOD of 10 ng/ml BMP-4 groups was not statistically significant compared to the control group. *P* values <0.05 were considered statistically significant, as indicated by *. Magnification $\times 100$.

assessed by activation of defined transcription factors specific to that lineage, we detected gene expression of adipogenic transcription factors and terminal lipogenic genes. PPAR- γ predominately expressed in adipose tissue and the immune system (18), has been demonstrated to be a master regulator of adipogenesis, as all critical cell signalling pathways involved in adipogenesis converge on PPAR- γ , and most factors that stimulate adipogenesis ultimately exert their effect through its regulation (19,20). The critical role of PPAR- γ in cell differentiation has also been demonstrated in PPAR- γ knockout animals (21–23). Suppression of PPAR- γ function through RNA interference leads to cell differentiation towards osteoblasts rather than to adipocytes in multi-potential mesenchymal stem cells (24).

Several reports have indicated that expression of PPAR- γ is turned on early in adipogenesis, and it is commonly activated by dephosphorylation in the cytoplasm. Dephosphorylated PPAR- γ moves into nuclei and functions as an intranuclear transcriptional factor (25,26). In this study, we have shown that PPAR- γ gene expression was increased 3 days after adipose differential induction. Enhanced expression was more obvious in 50 ng/ml BMP-4 compared to 10 ng/ml BMP-4 group and the control group. To analyse the role of BMP-4 in activation of PPAR- γ in adipogenesis, active

forms of PPAR- γ (de-PPAR- γ) and ph-PPAR γ were assayed by immunofluorescence.

As the integral optical density (IOD) showed, both expression of PPAR- γ and ph-PPAR- γ markedly increased in 50 ng/ml BMP-4 groups compared to the control group. Meanwhile, de-PPAR- γ was seen to be condensed in nuclei, which may suggest that PPAR- γ was enormously activated directly or indirectly by 50 ng/ml BMP-4.

To detect terminal adipose differentiation in our three groups, specific adipocyte differentiation biomarkers were assessed as well. As indicated by our real-time PCR results, on day 8 after adipogenic induction, expressions of APN and LPL were significantly upregulated in the 50 ng/ml BMP-4 group compared to 10 ng/ml or control groups.

As shown by RT-PCR results, as early as 3 days after adipose induction, mASCs expressed enhanced levels of PPAR- γ , an essential transcription factor for pre-adipocyte commitment, and mASCs became mature lipid-laden adipocytes only 8 days after hormonal stimulation. Without BMP-4 pre-treatment, C3H10T1/2 adipogenesis usually takes around 14 days or more, as shown in one previous study (27). Activation of defined transcription factors is the crucial step for stem cell lineage commitment. Differentiation to pre-adipocytes is

initiated by C/EBP β , which activates PPAR- γ (28,29). PPAR- γ and C/EBP α form a positive transcriptional feedback loop orchestrating downstream adipocyte biology (30). Moreover, terminal differentiation of adipocytes is accompanied by lipid accumulation in cytoplasm. As shown by oil red-O staining, ASCs differentiated and gradually took on adipocyte morphological features as lipid droplets accumulated. After 5 days adipogenic differentiation, large numbers of small lipid droplets began to appear and stained positively with oil red-O until 8 days differential induction, especially in the 50 ng/ml BMP-4 group.

Previous studies have mainly focused on elucidating mechanisms of BMP-mediated osteogenic differentiation (31,32). While BMP signalling is critical to skeletal development and homeostasis by action on osteoblasts, evidence also exists for an adipogenic role of this signalling pathway. Recent findings indicate that BMP signalling plays important roles in determining commitment of MSCs to the adipocyte lineage. For example, forced commitment of C3H10T1/2 MSC line to a pre-adipocyte cell lineage (A33) using DNA methyltransferase inhibitor 5-azacytidine, results in elevated expression of BMP-4 (13,14). Functionally, this endogenous BMP-4 expression appears to be critical to further adipose differentiation, as BMP-4 antagonist noggin treatment inhibited adipocyte differentiation of A33 cells (13). Although differentiation induction media alone fail to stimulate adipogenesis of C3H10T1/2 stem cells, overexpression or application of exogenous BMP-4 promotes their commitment to the adipocyte lineage and subsequent adipocyte differentiation in response to adipose differentiation inducers (14,33,34).

As BMP family members can promote osteogenesis, adipogenesis or chondrogenesis, precise roles of BMPs in regulating stem cell lineage commitment into various lineages, has aroused interest to stimulate further research (35). It has been indicated that BMP treatment favouring MSC differentiation into a specific lineage, may depend on BMP ligands, BMP receptors (BMPRs) involved, concentration of BMP used and the origin of the stem cells. In bone marrow stromal cells, the predominant effect of BMPs, in particular BMP-2, is to promote osteogenic differentiation and to inhibit adipogenesis (14,33,34,36,37); however, for the pluripotent mesenchymal cell line C3H10T1/2, low concentrations of BMP-2 and BMP-7 induce adipogenic differentiation, whereas high concentrations promote differentiation towards chondrocyte and osteoblast (38,39). However, in embryonic stem cell-derived embryoid bodies, BMP-4 can promote adipogenesis (40).

These BMPs appear to have differential effects on adipogenesis which could be explained in part by the

fact that downstream events mediated by BMPs are highly dependent on type of receptor involved, and that this ultimately determines specificity of intracellular signals for adipogenic or osteoblastogenic differentiation. In general, activation of BMPR-IA is considered adipogenic and BMPR-IB osteoblastogenic; however, this is by no means exclusive (41). Thus, while interference with BMPR-IA function blocks adipogenesis in tissue culture, conditional disruption of BMPR-IA interferes with bone remodelling, in mice (42). Lineage-determinant effects of BMPs on MSC differentiation also appear to be highly sensitive to dose. For example, differentiation of C3H10T1/2 mouse embryonic stem cells into adipocytes occurs preferentially at lower concentrations of BMP-2, while osteoblast and chondrocyte differentiation is favoured at higher concentrations (43). A further study has suggested that while 50 or 100 ng/ml BMP-4 resulted in differentiation of 10T1/2 cells into adipocytes, lower level BMP-4 (10 ng/ml) was completely ineffective (34). Thus, a threshold of BMP-4 must be surmounted to induce adipocyte lineage commitment of 10T1/2 cells. This is consistent with our present results that when we stimulated primarily cultured mASCs with 10 ng/ml BMP-4, no evident lipid accumulation or adipogenic gene expression were found. However, at concentration of 50 ng/ml BMP-4, mASCs displayed obvious differentiation into adipose lineage as shown by morphological changes, increased adipogenic and lipogenic gene expressions and activated PPAR- γ expression.

In conclusion, we demonstrated that 50ng/ml other than 10ng/ml BMP-4 could promote adipogenesis of mouse Adipose-derived Stem Cells with adipogenic induction medium, via upregulating the gene and protein expressions of PPAR- γ . As an abundant resource and their easy isolation procedures, ASCs hold promising possibilities for application to adipose tissue engineering for soft tissue defect restoration.

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