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# microRNA-497 inhibits invasion and metastasis of colorectal cancer cells by targeting vascular endothelial growth factor-A

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#### Abstract

Objectives: microRNAs (miRNAs), are non-coding RNAs that regulate gene expression, and are involved in tumour development. The aim of this study was to investigate microRNA-497 (miR-497) expression and its role in development of colorectal cancer (CRC).

Materials and methods: RT-PCR was performed to detect expression of miR-497 in CRC cell lines (HCT8, LOVO, Ls-174, HCT116 and HT29) and in clinical cancer specimens. To further understand its role, we restored expression of miR-497 in the HCT116 cell line by transfection with miR-497 mimics or inhibitors. Effects of miR-497 on cell proliferation, migration and invasion of targets were also determined both *in vitro* and *in vivo*.

Results: miR-497 expression decreased in 34 CRC tissues compared to non-tumour tissues and in tumour cell lines. Overexpression of miR-497 did not inhibit cancer cell growth but suppressed metastasis and invasion both *in vitro* and *in vivo*. Vascular endothelial growth factor-A (VEGF-A) was confirmed to be a target of miR-497. Furthermore, we found overexpression of miR-497 altered expression of key molecules of the VEGF-A/ERK/MMP-9 signalling pathway.

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Conclusions: Thus our results provide evidence that miR-497 might function as a metastasis suppressor in CRC. Targeting miR-497 may provide a strategy for blocking its metastasis.

#### Introduction

CRC is one of the most common causes of cancer death worldwide (1). Approximately half the patients with colorectal cancer (CRC) develop metastases during the course of the disease (2). Formation of metastases is a multistep process in which malignant cells disseminate from the primary tumour to colonize distant organs. This is a highly inefficient and complex process, which involves initial tumour cell invasion of the microenvironment, migration into the bloodstream, survival during migration and finally extravasation into distant organs. Subsequent steps, including proliferation, induction of angiogenesis and evasion of apoptotic death (3) are crucial for colonization of the secondary site.

Although invasion and migration have been acknowledged as the most lethal attributes of solid tumours, there is limited understanding of the underlying molecular mechanisms of these processes, and development of therapies targeting invasion and metastasis is slow. For these reasons, recent research efforts have been focused on novel therapeutic approaches to address cancer cell metastasis and invasion (4,5). More specifically, oligonucleotide therapies using small interfering RNAs (siRNAs), short hairpin RNAs (shRNAs), RNA aptamers and ribozymes have received considerable attention because of their potential to allow for specific targeted delivery of anti-tumour drugs, without significant toxicity or other systemic side effects (6–9). In this study, we focused on miRNA as a potential therapy for CRC.

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miRNAs are small, non-coding RNAs that regulate gene expression by inducing translational inhibition or direct degradation of target messenger RNAs (mRNAs), through base pairing, to partially complementary sites (10). Moreover, it has been shown that global miRNA expression profiles and expression profiles of specific miRNAs correlate with disease prognosis and clinical outcomes in cancer (11). miR-497 is one member of the miR-15/107 group, which is increasingly appreciated as serving key functions in humans. The miR-15/107 group regulates gene expression involved in cell division, metabolism, stress response and angiogenesis, which are also related to cancer (12–14).

However, the role of miR-497 in human malignancy is not yet clear. In this study, we confirmed the relationship between miR-497, a well-known tumour suppressor, and one of its targets, vascular endothelial growth factor-A (VEGF-A). Also, we provide evidence for inhibition of CRC cell invasion and metastasis by miR-497 and the role of the VEGF-A/ERK/MMP-9 signalling pathway in driving CRC metastasis.

#### Materials and methods

#### Reagents

All antibodies (anti-VEGF-A, anti-VEGFR2, anti-VEGFR3, anti-MMP-2, anti-MMP-9, anti-β-actin, anti-ERK and anti-phospho-ERk) were purchased from Santa Cruz Biotechnology (Dallas, TX, USA); they were used at concentrations recommended by the supplier. Dual luciferase reporter assay system and pGL3-Basic reporter vector were purchased from Promega Corporation (Madison, WI, USA). miRNA mimics, inhibitor and siRNA were purchased from Biomics Biotechnologies (Nantong, China). All other chemicals were from Sigma-Aldrich Corporation (St. Louis, MO, USA) unless otherwise stated.

#### Patient samples

Thirty-four human colorectal carcinoma samples and corresponding non-malignant colon samples were collected during surgery at Putuo Hospital, Shanghai University of Traditional Chinese Medicine. Samples were immediately snap-frozen in liquid nitrogen and stored at  $-80\,^{\circ}\text{C}$ . Use of human tissues was approved by the Institutional Review Board of our hospital.

### Cell culture and plasmid construction

Human colorectal cancer cell lines used in this study were HCT116, HCT8, Ls174, LOVO and HT29. All

cells were purchased from Cell Bank of Type Culture Collection of Chinese Academy of Sciences (Shanghai, China) and cultured in Rosewell Park Memorial Institute (RPMI) 1640 medium (HCT116, HCT8, Ls174 and HT29) or F12k medium (LOVO), supplemented with 10% foetal bovine serum (FBS), penicillin (100 U/ml) and streptomycin(100 mg/ml) (Invitrogen Corporation, Carlsbad, CA, USA) at 37 °C and 5% CO2 in a humidified incubator. Luciferase reporter plasmid driven by a 1772-bp sequence from the human VEGF-A promoter was amplified from HCT116 complementary DNA. Primers used were 5'-CCCAAGCTTCTCACCAGG AAA GACTGAT-3' (forward) and 5'-CATGCCATGGAAC TCAAGTCCACAGCAGT-3' (reverse). Purified PCR product was cloned into the pGL3-Basic vector via XhoI and HindIII digestions (Takara Bio Inc., Dalian, China). Transfections were performed using Lipofectamine™ 2000 (Invitrogen Corporation) according to the manufacturer's instructions.

# RNA extraction and quantification

Total RNA was isolated from cells or tumours using Trizol (Invitrogen Corporation) according to the manufacturer's instructions. Reverse transcription was performed employing a One Step PrimeScript miRNA cDNA Synthesis Kit (Takara Bio Inc.). Real-time PCR (RT-PCR) was performed using SYBR1 Premix Ex TaqTMII (Takara Bio Inc.) and an iCycler thermal cycler (Bio-Rad, Hercules, CA, USA). Primer for miR-497 RT-PCR was 5'-CAGCAGCACACTGTGGTTTGT-3'. Quantitative normalization was performed based on expression levels of U6 RNA or of GAPDH for miR or mRNA detection respectively. Relative expression levels between samples were calculated using comparative delta CT (threshold cycle number) method  $(2^{-\Delta\Delta c})$  with a control sample as reference point (15).

#### Cell viability assays

Cells were seeded in 96-well plates,  $1 \times 10^3$  cells/well, in regular growth medium. Cell viability was measured daily for 7 days using the 3-(4, 5-dimethylthiazol-2-yl)-2, 5-biphenyl tetrazolium bromide (MTT) assay reagent.

# Cell motility assay

For cell motility assays,  $1 \times 10^5$  cells were seeded in 24-well plates and grown for 24 h. A linear wound was made by scraping a pipette tip across the confluent cell monolayer. Cells were rinsed with PBS and grown in RPMI-1640 medium supplemented with 10% FBS for an additional 48 h. Cell motility in

terms of wound closure was measured by photographing the cell monolayer at three randomly selected fields at the time of wound creation (time 0) and at 48 h later.

# Cell migration and invasion assay

Migratory and invasive potentials of cells of the lines were measured using 24-well Transwell inserts with a 6.5 mm polycarbonate membrane and 8.0 µm pores (Corning, New York, NY, USA). For Transwell migration assays,  $2.5 \times 10^4$  cells were plated in top chambers of wells lined with a non-coated membrane. For invasion assays, chamber inserts were coated with 200 mg/ ml of Matrigel<sup>™</sup> (BD Biosciences, Sparks, MD, USA) and dried overnight under sterile conditions, after which cells were plated in top chambers. In both assays, cells were plated in medium containing no serum, and medium supplemented with serum was used as chemoattractant in lower chambers. After incubation at 37 °C for 24 h, top chambers were wiped with cotton wool to remove non-migratory or non-invasive cells. Migratory cells on undersides of membranes were fixed in 100% methanol for 10 min, air-dried, stained using 0.1% crystal violet, and counted when viewed under a microscope (Ti-E; Nikon, Tokyo, Japan). Each experiment was performed in duplicate.

### Western blot analysis

Cell or tissue proteins were extracted and separated using SDS-PAGE electrophoresis, and western blot analyses were performed according to standard procedures as previously described (16). Western blotting of  $\beta$ -actin on the same membrane was used as a loading control.

## Luciferase reporter assay

Putative wild-type (WT) and mutated (Mut) targets of miR-497 in the VEGF-A 3'-untranslated (3'-UTR) region were cloned into pGL3-promoter vectors. Cells (2 × 10<sup>4</sup>) were co-transfected with 500 ng of either pGL3-VEGF-A 3'-UTR-WT, pGL3-VEGF-A 3'-UTR-Mut or pGL3-promoter vector constructs, together with either one of the miR-497 mimics, the miR-497 inhibitor or miR-67 mimics (control). Each sample was transfected with 50 ng of the pRL-SV40 plasmid expressing Renilla luciferase to monitor transfection efficiency. Luciferase activity assay was performed 24 h after transfection employing the dual luciferase reporter assay system. Relative luciferase activity was normalized with Renilla luciferase activity.

### Tumour xenografts

HCT116 cells were infected with lentiviral vector encoding firefly luciferase and miR-497 or control sequences, under puromycin (Invitrogen Corporation) selection, and called "HCT116-luc-miR-497" and "HCT116-luc-vector"; pooled clones were used for further experiments. Five male athymic nude mice were housed and manipulated according to protocols approved by the Shanghai Medical Experimental Animal Care Commission. For mouse,  $5 \times 10^6$  "HCT116-luc-vector" "HCT116-luc-miR-497" sub-cloned cells in 100 µl PBS were injected subcutaneously into left and right flanks respectively. Every 7 days post-inoculation, length and width of individual tumours from each mouse were measured with callipers, and volume (mm<sup>3</sup>) of each tumour was calculated according to the following formula: volume =  $0.5 \times \text{length} \times \text{width}^2$  (17).

#### In vivo metastasis assay

Male athymic nude mice were randomly divided into two groups ("HCT116-luc-control" and "HCT116-luc-miR-497"; five mice per group). Infected cells  $(1\times10^6)$  were injected intravenously into the tail vein. Tumour growth and metastasis were analysed *in situ* weekly after injection by luciferase imaging as previously described (18). All mice were euthanized 6 weeks after initial injection and lungs were excised to examine for possible metastases. These tissues were fixed embedded in paraffin wax, sectioned, and stained with haematoxylin and eosin (H&E). Immunohistochemistry was used to detect Ki67 expression in the lungs.

#### Statistical analysis

Independent Student's t-tests and analysis of variation (ANOVA) analyses were used to compare differences between groups. Correlation between mRNA expression of miR-497 and VEGF-A was measured using Pearson's  $\chi^2$  test, while statistical significance was determined employing the log rank test. Differences with P-values of less than 0.05 were considered to be statistically significant. Error bars represent standard error (SE) of the mean, unless otherwise indicated.

#### **Results**

Inverse correlation of miR-497 and VEGF-A expression in clinical CRC samples

Expression levels of miR-497 were examined by RT-PCR in 34 CRC samples and their corresponding

non-malignant colorectal tissue samples. miR-497 was found to be significantly under-expressed in 91% (31 of 34) of the CRC cases examined (Fig. 1a,b). To explore the function of miR-497 in CRC, we further investigated expression of VEGF-A, a potential target of miR-497, as predicted by the TargetScan software.

Comparison of VEGF-A mRNA expression levels between primary CRC tissue and corresponding non-malignant tissue revealed an increase of 100% (34 of 34) of the CRC cases examined (Fig. 1c,d). Correlation analysis in CRC tissues revealed negative correlation between miR-497 and VEGF-A expression (Fig. 1e).

Expression of miR-497 and VEGF-A in CRC cell lines

Expression levels of miR-497 and VEGF-A were examined by RT-PCR in CRC cell lines HCT8, LOVO, Ls-174, HCT116 and HT29. Normal human colorectal tissue was used as control. miR-497 was found to be significantly lower-expressed in these cell lines (Fig. 2a,b). Moreover, VEGF-A expression was significantly up-regulated in all these five CRC cell lines compared to the control tissues (Fig. 2c,d). All these results were similar as in the clinically obtained CRC samples.

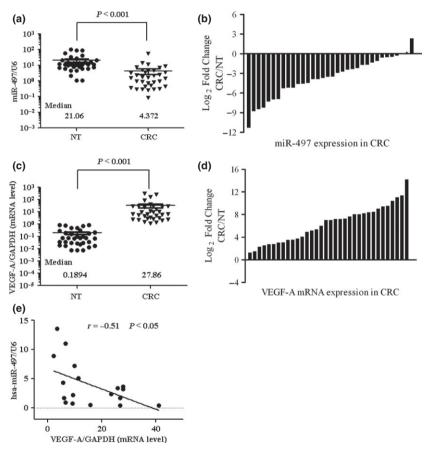


Figure 1. Inverse correlation of miR-497 and VEGF-A expression in clinical CRC samples. miR-497 and VEGF-A mRNA expression in 34 pairs of primary CRC samples and the corresponding non-malignant colorectal tissues (NT) (frozen samples). (a) miR-497 expression levels were calculated using miR-497/U6 expression ratio ( $2^{-\Delta ct}$ ). Median miR-497 expression levels in normal colorectal tissue (NT) and primary CRC were 21.06 and 4.372 respectively. miR-497 expression was significantly lower in primary CRC samples relative to the NT tissue expression levels (P < 0.001). (b) miR-497 expression levels in primary CRC samples relative to their corresponding NT tissue samples. Log<sub>2</sub> fold change was considered significant overexpression or down-regulation. miR-497 expression was found to be reduced in 91% (31 of 34) of the CRC cases examined. (c) VEGF-A mRNA expression levels were calculated as the VEGF-A/GAPDH expression ratio (i.e.  $2^{-\Delta ct}$ ). Median VEGF-A mRNA expression levels in normal colorectal tissue (NT) and primary CRC tissues were 0.1894 and 27.86 respectively. VEGF-A expression was significantly upregulated in primary CRC samples compared to corresponding NT tissue (P < 0.001). (d) VEGF-A mRNA expression levels in primary CRC samples relative to their corresponding NT tissue samples. Log<sub>2</sub> fold change was considered as significant overexpression. VEGF-A mRNA was found to be up-regulated in 100% (34 of 34) of the CRC cases examined. (e) A correlation analysis performed using Pearson's  $\chi^2$  test in 18 pairs of clinical CRC specimens suggests a negative correlation between the expression of miR-497 and VEGF-A.

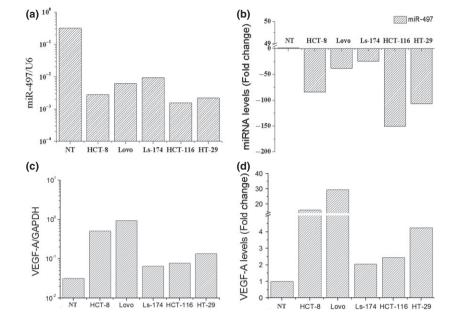


Figure 2. Expression of miR-497 and VEGF-A in CRC cell lines. Expression levels of miR-497 and VEGF-A were determined using quantitative RT-PCR and were normalized against an endogenous control (U6RNA) or GAPDH. Data were analysed using a  $\Delta\Delta$ ct approach and expressed as either corresponding ratio ( $2^{-\Delta ct}$ ) or fold change ( $2^{-\Delta c}$ ). (a,b) Down-regulation of miR-497 was observed in the HCT8, LOVO, Ls-174, HCT116 and HT29 cell lines. Normal human colorectal tissue was used as a control. (c,d) Expression of VEGF-A was significantly up-regulated in all these five CRC cell lines compared to control human colorectal tissues.

#### VEGF-A as a direct and functional target of miR-497

miR-497 targets such as bcl2 and Cyclin D2 have been identified (19,20), and we investigated whether other miR-497 targets would be involved in regulating progression of CRC. Using TargetScan software (21), we identified VEGF-A to be a likely target of miR-497 due to presence of a putative miR-497 target site in its 3'UTR (Fig. 3a). We generated a series of luciferase reporter vectors containing full-length wild-type/mutant VEGF-A 3'UTR constructs (Fig. 3b). To identify functional targets, target site or its relevant mutant was cloned into an identical reporter vector and used in a luciferase reporter assay. miR-497 mimics, miR-497 inhibitors or a non-functional control miR-67 were cotransfected with the above-mentioned reporter vectors into the CRC cell line HCT116, to assess relative luciferase activity. Our results indicate that miR-497 targets and full-length wild-type VEGF-A 3'UTRs reduced relative luciferase activity only when miR-497 was present (Fig. 3c). These results demonstrate that VEGF-A mRNA is a specific target of miR-497 in HCT116 CRC cells.

# miR-497 did not affect cell and tumour growth

We further investigated whether overexpression of miR-497 could reduce invasiveness and migratory potential of CRC cells. First, we evaluated effects of miR-497 on proliferation of HCT116 cells *in vitro* and *in vivo* (Fig. 4). Results of these experiments indicate

that miR-497 had no significant implication for their proliferation.

### miR-497 inhibited invasion and migration of CRC cells

Using a wound healing assay, we found that ectopic expression of miR-497 reduced cell motility in miR-497 mimic treatment and VEGF-A silencing groups, compared to Mock and control groups (Fig. 5a); Figure 5b histogram shows this in detail. Invasive capability was significantly lower in mimic-treated groups compared to the control group (Fig. 5c, upper panel, 5d), suggesting that miR-497 seemed to regulate expression of molecules associated with invasion. Simultaneously, migratory potential was also significantly down-regulated in the mimic-administered groups compared to the control group (Fig. 5c bottom panel, 5d). Similar results were observed in both invasion and migration assays when cells were transiently transfected with VEGF-A siRNA (Fig. 5c,d). Collectively, these data suggest that miR-497, like VEGF-A, plays a role in silencing inhibition of CRC cell invasion and migration without affecting cell proliferation. These findings indicate that miR-497 participates in regulation of invasion and migration by directly regulating VEGF-A expression.

These experiments show that synthesis of MMP-9, VEGFR2 and VEGFR3 decreased by down-regulation of VEGF-A. In addition to lower VEGF-A expression induced by miR-497 or VEGF-A siRNA, we found down-regulation of MMP-9, VEGFR2 and VEGFR3 expression (Fig. 5e,f). In addition, we discovered changes

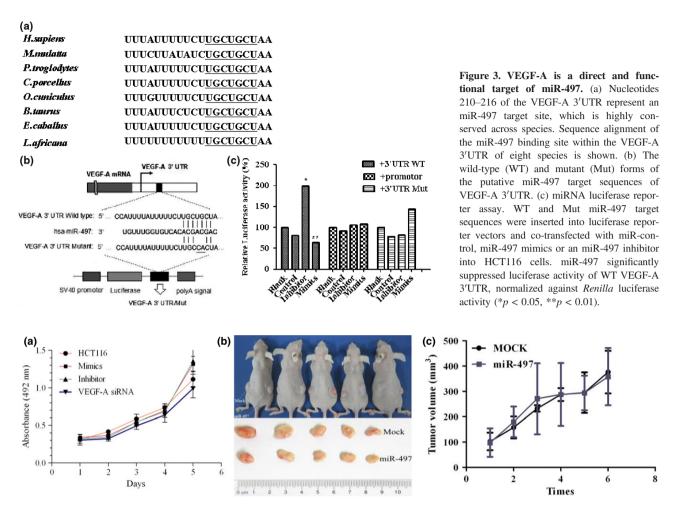


Figure 4. miR-497 did not affect cell and tumour growth. (a) Viability of cells transfected with miR-497 mimics, miR-497 inhibitors or VEGF-A siRNA. Results are shown as mean  $\pm$  S.E. of the optical density (OD). Triplicate independent experiments were performed and the results of one representative replicate are shown. (b) Primary tumour growth 4 weeks after subcutaneous injection in the two flanks of nude mice with stably transduced cells "HCT116-luc-control" (left) or "HCT116-luc-miR-497" (right). (c) Results are shown as tumour volume.

in protein expression levels of ERK1/2 and p-ERK1/2 to mirror those of VEGF-A/MMP-9 expression.

# Overexpression of miR-497 inhibited invasion and migration of CRC cells in vivo

Figure 6a reveals successively reduced metastatic lesions in lungs of animals in the HCT116-luc-miR-497 group compared to HCT116-luc-control group 5 weeks after intravenous injection of HCT116 cells (P < 0.05). Figure 6b shows greater number of tumour foci in the lungs of HCT116-luc-control animals than in HCT116-luc-miR-497 mice. In Fig. 6c, H&E staining showed slight alveolar structural damage in HCT116-luc-miR-497 animals and more serious damage in HCT116-luc-controls. Ki67, a proliferating cell nuclear antigen that indicates cell proliferation was shown by immunohistochemistry

to be expressed in clusters in HCT116-luc-control group tissues, and sporadically expressed in HCT116-luc-miR-497 group tissues (Fig. 6d). These results demonstrate inhibition of metastasis and cell proliferation of colorectal cancer *in vivo* by miR-497.

# Discussion

miRNAs serve as master regulators of gene expression in a sequence-specific fashion. Those under-expressed in tumours may be tumour suppressors, but can participate in oncogene overexpression (22). miR-497 has been reported to be under-expressed in breast cancer (1.57-fold) (23), cervical squamous cell carcinoma (7.33-fold) and head and neck squamous cell carcinomas (2.63-fold) (24), suggesting a possible role for the molecule in tumour carcinogenesis. miRNAs can silence

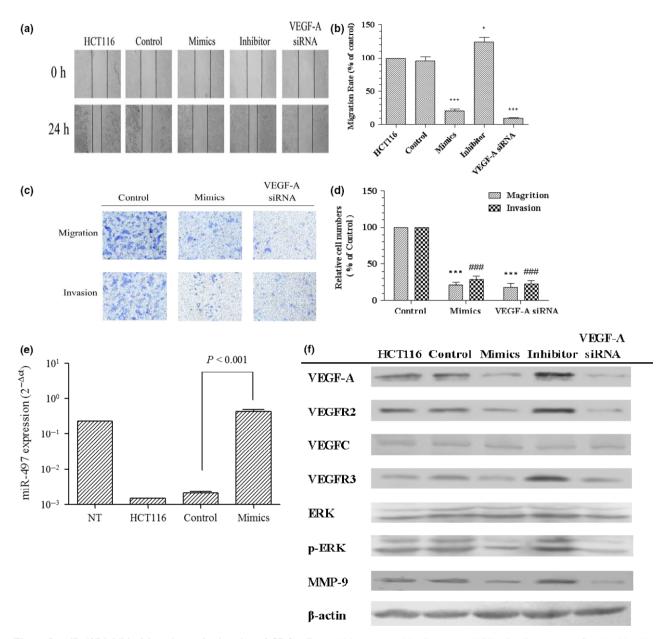


Figure 5. miR-497 inhibited invasion and migration of CRC cells. (a) Using a wound healing assay, HCT116 cells were transfected with miR-67 (control), miR-497 mimics, miR-497 inhibitor, VEGF-A siRNA or culture medium (HCT116). Cell motilities were assessed at 0 and 24 h following wound creation. (b) Migration rates are shown by histogram (\*p < 0.05, \*\*\*p < 0.001). (c,d) Invasion and migration assays show similar and significant inhibition of migration and invasiveness of HCT116 cells following treatment with miR-497 mimics or VEGF-A siRNA (\*\*\*p < 0.001). (e) miR-497 was up-regulated after transfection of HCT116 cells with miR-497. (f) Changes in expression of the VEGF-A, VEGFR2, VEGFR3, p-ERK and MMP-9 genes at the translational level. miR-497 overexpression significantly inhibits the expression of VEGF-A, p-ERK, MMP-9, VEGFR2 and VEGFR3 proteins, and this inhibition is comparable to that by VEGF-A siRNA.

post-transcription protein expression either by binding to complementary target messenger RNAs (thereby degrading these messengers), or by inhibiting the mRNA from being translated into protein. It is reported miR-497 has an important role in inhibiting IGF1-R expression and activation of PI3K/Akt signalling, and in suppressing proliferation, survival and invasive behaviour in human

colon cancer cells (14). Usually, it is not a one-to-one correspondence relationship between miRNAs and their target genes. An miRNA may correspond to multiple target genes and multiple miRNAs may correspond to the same target genes or different ones within the same family. Here we have presented other targets of miR-497 and mechanisms.

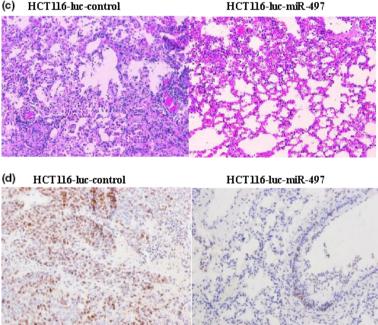


Figure 6. Overexpression of miR-497 inhibited tumourigenesis and metastasis of CRC cells in vivo. (a) Tumours derived from cells "HCT116-luc-control" or "HCT116-lucmiR-497" were injected intravenously via the tail vein. Tumour metastatic lesions in the mice were monitored by a live imaging system detecting the luciferase signal. (b) Representative lung tissues collected from "HCT116-luc-control" or "HCT116-luc-miR-497" groups are shown. Tumours were marked with yellow arrows. (c) Representative H&Estained sections of the lung tissues collected from "HCT116-luc-control" or "HCT116-lucmiR-497" groups are shown. (d) Representative immunohistochemistry sections of the lung tissues collected from "HCT116-luccontrol" or "HCT116-luc-miR-497" groups are shown.

In this study, miR-497 expression was 4.8-fold lower in CRC tissues compared to corresponding non-malignant tissues. Further investigation revealed a role for miR-497 in targeting VEGF-A, a function characteristic of tumour suppressors.

The cytokine VEGF-A is an angiogenic factor implicated in processes including organ development, wound healing, tissue regeneration, endothelial cell growth and vessel permeability (25). In some solid tumours, overexpression of VEGF-A is associated with increased angiogenesis, growth and/or metastasis (26–28). Researchers have also demonstrated that VEGF-A is not only a

promising therapeutic target but also seems to be a good prognostic factor for several cancers (29–32). Although various intracellular signalling pathways have been proposed to induce the biological activities of VEGF-A in endothelial cells, signalling events involved in cell migration and invasion in response to VEGF-A stimulation in CRC have not been fully understood.

In this study, we showed negative correlation between miR-497 and VEGF-A expression in CRC samples and the corresponding colorectal tissues. Studies with CRC cell lines showed similar results. In *in vitro* and *in vivo* experiments, we found invasion and metastasis of CRC

to be inhibited by up-regulation of miR-497 and subsequent VEGF-A targeting. We proceeded to investigate the underlying molecular mechanisms in this process. Previous reports have shown VEGF-A to be one of the most active factors in secretion of metalloproteinases (MMPs), particularly gelatinases A and B (MMP-2 and MMP-9) which hydrolyse collagens IV and V of vessel basal membranes (33). Ability to secrete these enzymes increases metastatic potential of malignant cells and correlates with adverse prognosis in several highly invasive cancers (34). Our findings revealed synthesis of MMP-9 but not of MMP-2 to be reduced with down-regulation of VEGF-A. Decreasing expression of VEGF-A by miR-497 or VEGF-A siRNA resulted in similar down-regulation of MMP-9, while MMP-2 expression did not change significantly. Furthermore, we found changes in protein expression levels of ERK1/2 and p-ERK1/2 to mirror the change in expression of VEGF-A/ MMP-9, as previously shown (35).

In conclusion, we have shown miR-497 to function as an inhibitory factor in metastasis of CRC, demonstrating this molecule's potential as a promising and novel therapeutic target. This study also revealed the miR-497/VEGF-A/ERK/MMP-9 pathway to be involved in metastasis of CRC.

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#### Conflict of interest

We declare that there is no conflict of interest regarding this study.

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