



# Understanding the perspectives of forkhead transcription factors in delayed wound healing

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## Abstract

Wound healing is a complex overlapping biological process that involves a sequence of events coordinated by various cells, proteins, growth factors, cytokines and signaling molecules. Recent evidence indicates that forkhead box O1 (FOXO1) transcription factors play an important role in organizing these events to stimulate wound healing. The ubiquitously expressed forkhead box, class O (FOXO) transcription factors act as cell signaling molecules in various transcriptional processes that are involved in diverse cellular activities, including cell death, cell differentiation, DNA repair, apoptosis, and oxidative stress in response to stimuli, and interact with numerous proteins. Due to the activation of FOXO targeted genes, FOXOs are involved in maintaining the balance between oxidative stress and antioxidants. In humans, different isoforms of FOXO namely FOXO1, FOXO3, FOXO4 and FOXO6 are present, however only FOXO1 and FOXO3 possess biological functions such as morphogenesis, maintenance and tissue regeneration. This might make FOXOs an important therapeutic target to enhance wound healing in diabetes, and to avoid over scarring. In spite of extensive literature, little is known regarding the role of FOXO and its relationship in wound healing. This review provides a summary of FOXO proteins and their biological role in wound healing and oxidative stress.

**Keywords** Diabetes · FOXO · FOXO1 · FOXO3 · Oxidative stress · Wound healing

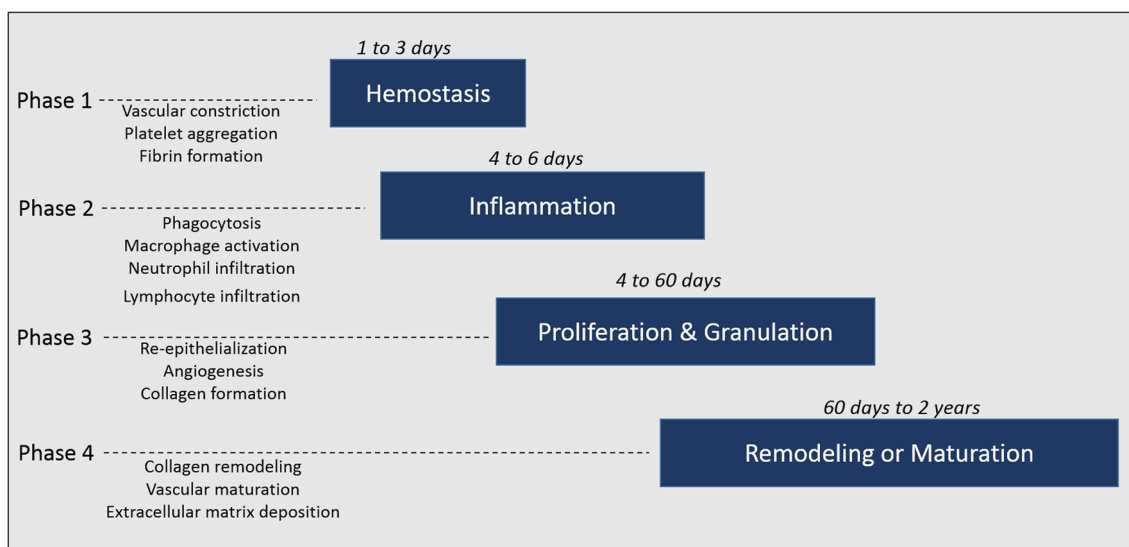
## Introduction

Skin plays a leading role in shielding the body against microbes, UV radiation, heat, and chemical damage. The quality and time taken for tissue repair relies on the metabolic status and cellular and immune responses at the wound site (Guo and Dipietro 2010). Wound healing or tissue repair consists of four overlapping phases: hemostasis, inflammation, proliferation, and remodeling (Fig. 1). Tissue repair mechanisms are immediately initiated following damage or disruption to skin integrity. Wound healing does not progress until hemostasis is completed, which is accompanied by vasoconstriction, platelet aggregation, fibrin deposition and blood clot formation (Shaw and Martin 2009). Throughout the inflammatory phase, several neutrophils rapidly migrate to the injured site to remove microbes, followed by the recruitment of macrophages.

A major function of the inflammatory phase is to recruit inflammatory cells to the wound site. These inflammatory cells destroy any invading pathogens and remove cellular debris and damaged matrix so that the healing process can proceed. Clinical signs of inflammation, such as heat and erythema, can be observed as early as 15 min following tissue injury. The inflammatory phase is primarily controlled by the sustained production of cytokines, which in turn regulates the activation/inactivation of genes liable for cellular migration and proliferation activities. Fibroblast cells induce an angiogenic response and formation of granulation tissue (Shibata et al. 2012). Restoration of the wounded epithelium begins almost instantly after wounding. During the proliferation phase re-epithelization is initiated by the migration of epithelial cells over the newly formed granulation tissue to cover the wound site. Finally, wounded tissue is remodeled, which includes the removal of excess extracellular matrix (ECM) by enzymatic proteolytic degradation at the scar site. Scar remodeling starts to dominate as the main healing response almost three weeks after tissue injury. The thin, disorganized collagen fibers that make up an immature scar are slowly substituted with thicker collagen fibers organized in an orientation paralleling skin stresses. Collagen synthesis is downregulated by various

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**Fig. 1** Phases of wound healing. When there is tissue injury, blood vessels are disrupted resulting in bleeding. Hemostasis is the first phase of the healing process. Platelets recruit essential pro-inflammatory cytokines which modulate most of the essential steps in wound healing.

cytokines such as interferon- $\gamma$  and tumor necrosis factor-alpha (TNF- $\alpha$ ). The role of matrix metalloproteinases (MMPs) is to degrade collagen fibers that are actively produced during the remodeling phase of wound healing (Martins et al. 2013).

Numerous factors contribute to impaired and/or delayed healing, such as Diabetes mellitus (DM), whereby hyperglycemia results in cellular metabolic distress and elevated formation of advanced glycation end products (AGEs), and increased levels of inflammatory cytokines, MMPs and oxidative stress (Eming et al. 2014; Hameedalddeen et al. 2014). To date, several studies have focused on the molecular mechanisms linking the biological features of skin and tissue repair with age and/or metabolic-related diseases (Salathia et al. 2013; Serravallo et al. 2013). Figure 2 demonstrates the main cellular events involved in normal and delayed wound healing. The successful care and treatment of multiple diseases such as DM, cardiovascular diseases and cancer depends upon new therapeutic approaches. In this respect, forkhead box group O (FOXO) transcription factors have emerged as central targets as they can modulate various biological processes related to apoptosis, angiogenesis, cell proliferation, tumorigenesis and vascular cell longevity. In this review article, we provide a summary of FOXO proteins and their biological roles in wound healing and oxidative stress.

## FOXO protein family

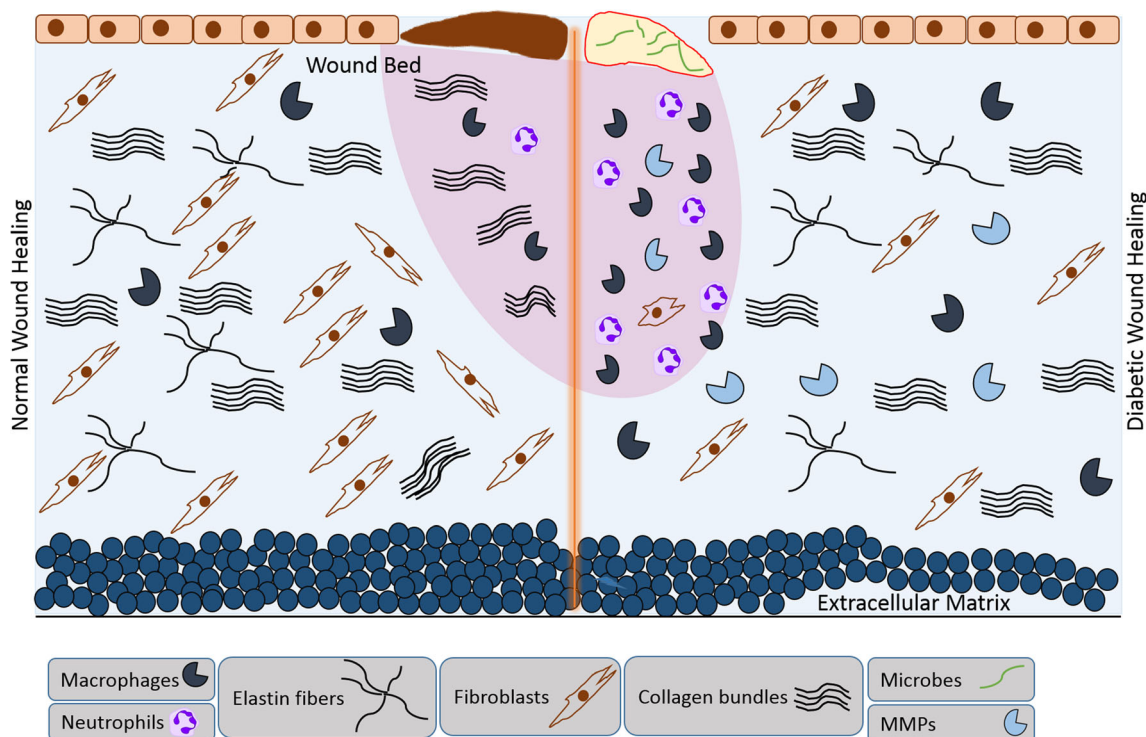
There are 39 members of the forkhead family that have been divided into 19 subgroups, forkhead box (FOX) A to S. FOX proteins contain a highly conserved 100-residue forkhead (FKH) DNA binding domain site. Subgroup O ('other'), or

Fibroblasts, keratinocytes, epithelial cells and endothelial cells proliferate and migrate towards the wound bed to deposit collagen and the extracellular matrix. Finally, matrix deposition results in wound closure and scar formation

FOXO, which was first identified in *Drosophila melanogaster*, has received the greatest amount of attention due to their diverse roles, including their role in reactive oxygen species (ROS) detoxification (Jacobs et al. 2003; Papanicolaou et al. 2008). FOXOs are formed due to protein mutations which are forkhead-like in appearance. FOXO transcription factors consist of four different proteins namely FOXO1, FOXO3, FOXO4, and FOXO6. These proteins differ in their ability to bind to different DNA-binding domains, which offers diverse biological properties (Barthel et al. 2005). The expression of mammalian FOXO1 and FOXO3 is found in most tissues, while FOXO4 is only found in muscle, kidney, and colorectal tissue, and FOXO6 is only found in the brain and liver (Van Der Vos and Coffey 2011).

## Regulation of FOXO

In the absence of external stimuli or suitable growth factors, FOXO proteins exhibit transcriptional activity inside the nucleus (Huang and Tindall 2007). Transcriptional function of FOXO is highly controlled by a complex array of post-translational modifications that either activate or inactivate FOXOs (Eric et al. 2013). Post-translational amendments may alter nuclear localization and DNA binding affinity. FOXOs hold four different functional motifs, including forkhead, nuclear localization, nuclear export, and transactivation domains (Eric et al. 2013). Many signaling pathways are involved in controlling FOXO protein nuclear translocation, and the treatment of cells with growth factors facilitates the entry of FOXO proteins into the cytoplasm (Huang and Tindall 2007; Essers et al. 2004). FOXOs activity



**Fig. 2** Schematic representation of the main cellular events involved in normal and delayed wound healing. Diabetic wounds are characterized by a lack of cell migration and proliferation and a paucity of granulation tissue, causing an absence of normal repair processes. High sugar levels increase the inflammatory response, including increased phagocytosis,

macrophages recruitment, contributing to biofilm formation and the accumulation of necrotic debris. Altered immune cell function, endothelial cell dysfunction and impaired neovascularization results in delayed wound healing

is regulated by phosphorylation, ubiquitylation and acetylation, and these processes each give rise to a distinct function (Urbanek and Klotz 2016). Figure 3 displays an overview of FOXO activation, deactivation and degradation.

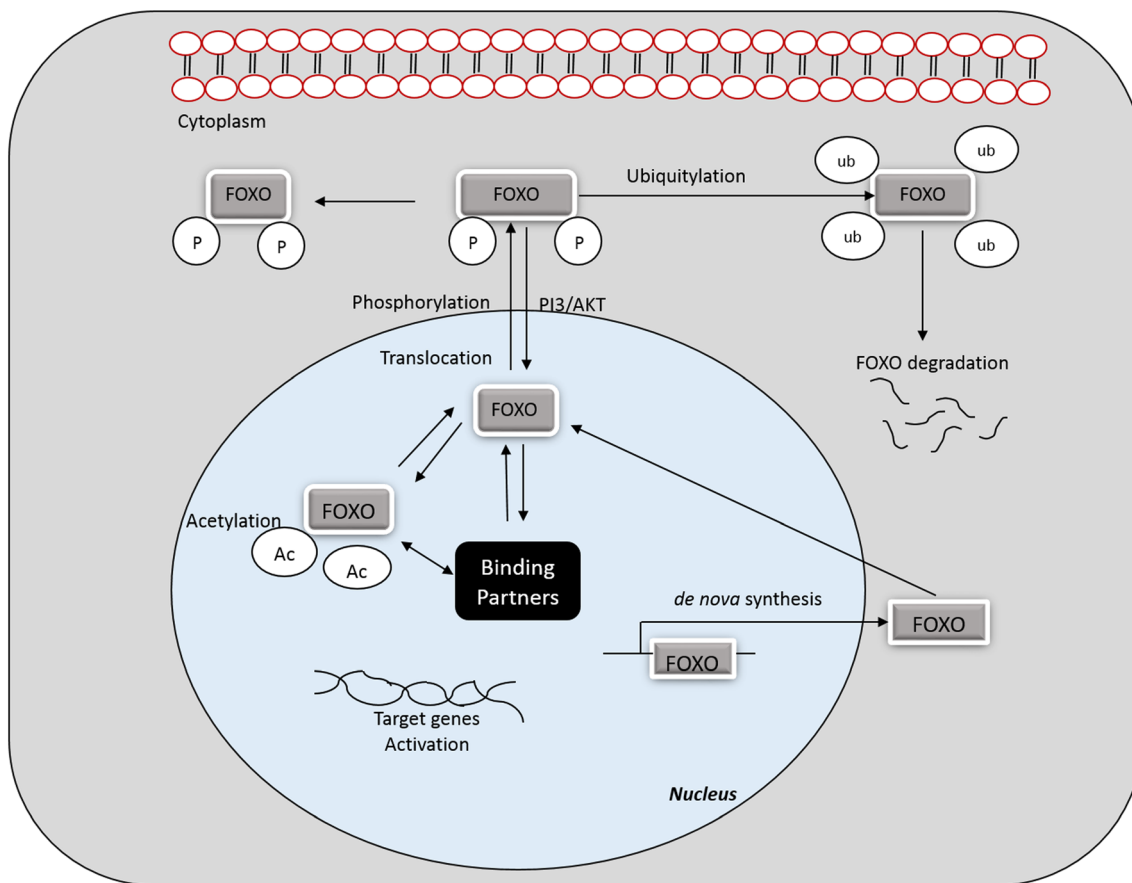
## Phosphorylation

Huang et al., found that in both in vitro and in vivo experiments phosphorylation of FOXO1 had taken place by CDK2, mostly at serine 249 (Huang et al. 2006). This phosphorylation site falls within the CDK phosphorylation sequence [(K/R)(S/T)PX(K/R)] and is also identified in CDK2 substrates. When FOXO1 phosphorylation is mediated by CDK2, it reduces FOXO1 transcriptional activity and inhibits PTEN-mediated FOXO1 activation (Huang et al. 2006). The dual-specificity of tyrosine-phosphorylated and regulated kinase (DYRK) phosphorylates FOXO1 at a novel phosphorylation site, serine 329 (Woods et al. 2001). Insulin signaling substrate 1 and 2 regulates the activity of FOXO1 and increases that accumulation of FOXO1 in the cytosol by AKT phosphorylation (Engelman 2009; Lima et al 2012). Under hyperglycemic conditions, an oxidative stress environment induces activation of the c-Jun N-terminal kinase (JNK) signaling pathway, which phosphorylates FOXO4 at threonine 447 and threonine 451 (Wang et al. 2005). In vitro, JNK activation leads to

phosphorylation at serine 184, which results in dissociation of FOXO3 from the 14–3–3 binding site in the cytoplasm, resulting in nuclear translocation of FOXO3 (Lehtinen et al. 2006). In FOXO6, the absence of a C-terminal AKT phosphorylation site stimulates the translocation of FOXO6 from the cytosol to the nucleus. The interaction between FOXO and DNA is interrupted during AKT mediated FOXO phosphorylation, and this effect is due to inhibition of the DNA binding domain. The DNA binding domain is usually positively charged, however when FOXO is phosphorylated at AKT/SKG sites (S256 for FOXO1) it donates negative ions that inactivates the DNA binding domain (Wang et al. 2014). Table 1 lists the phosphorylation sites of various kinase proteins in FOXO1, FOXO3 and FOXO4.

## Ubiquitylation

The Ubiquitin proteasome system plays a dual role in regulating FOXO proteins. Like many other proteins, FOXO undergoes proteasomal degradation through polyubiquitination reactions that is mediated by various enzymes such as ubiquitin E3 ligase, leading to FOXO degradation and inactivation. The use of proteasome inhibitors can prevent FOXO degradation and increase FOXO expression (Xie et al. 2012). In HepG2 cells, insulin treatment results in decreased levels of FOXO1 (Milan et al.



**Fig. 3** Overview of FOXO activation, deactivation and degradation. FOXO transcription factor activity is controlled by various reversible and irreversible mechanisms including phosphorylation, acetylation,

translocation and/or protein-protein interactions. These reactions are ubiquitin-dependent degradation or site-specific cleavage by proteases. Ub, ubiquitination; P, phosphorylation; Ac, acetylation

2015). Likewise, when chicken embryo fibroblasts are treated with platelet-derived growth factor (PDGF), reduced FOXO1 protein levels are detected. This can be overcome by using a proteasome inhibitor, namely lactacystin or PI3Kinase (Aoki et al. 2004). This proposes that FOXO1 degradation by proteasomes depends upon the activation of AKT signals.

Furthermore, AKT phosphorylation is required for the polyubiquitination of FOXO1 (Milan et al. 2015).

Monoubiquitination also plays a role in FOXO regulation and it increases FOXO nuclear localization and transcription activity. Nuclear relocalization of FOXO4 is stimulated by oxidative stress and subsequent transcription activation by

**Table 1** List of phosphorylation sites of various kinase proteins in FOXO1, FOXO3 and FOXO4

Substrates	Protein Kinase	Phosphorylation Site(s)
FOXO1	AKT	T <sup>24</sup> , S <sup>256</sup> , S <sup>319</sup>
	MST1	S <sup>212</sup>
	ERK/p38	S <sup>249</sup> , S <sup>287</sup> , S <sup>298</sup> , S <sup>329</sup> , S <sup>416</sup> , S <sup>418</sup> , S <sup>432</sup> , S <sup>470</sup> , T <sup>478</sup>
	AMPK	T <sup>182</sup> , S <sup>544</sup> , S <sup>579</sup> , S <sup>616</sup>
FOXO3	CDK1/2	S <sup>249</sup>
	AKT	T <sup>32</sup> , S <sup>253</sup> , S <sup>315</sup>
	MST1	S <sup>209</sup>
	ERK/p38	S <sup>284</sup> , S <sup>294</sup> , S <sup>325</sup> , S <sup>425</sup> , T <sup>487</sup>
FOXO4	AMPK	T <sup>179</sup> , S <sup>399</sup> , S <sup>413</sup> , S <sup>555</sup> , S <sup>588</sup> , S <sup>626</sup>
	IkK	S <sup>644</sup>
	AKT	T <sup>28</sup> , S <sup>193</sup> , S <sup>258</sup>
	MST1	S <sup>149</sup>
FOXO4	JNK	T <sup>447</sup> , T <sup>451</sup>
	ERK/p38	S <sup>226</sup> , S <sup>237</sup> , S <sup>268</sup> , T <sup>380</sup>
	AMPK	T <sup>119</sup>

the induction of monoubiquitination of FOXO4 at K199 and K211 (Calnan and Brunet 2008). An alternative mechanism includes the ROS induced formation of FOXO4 nuclear import receptor transportin-1 complex, which aids in nuclear localization (Putker et al. 2013).

### Acetylation

Like phosphorylation, acetylation is involved in regulating FOXO transcriptional activity and modulates their biological role. Acetylation reduces the DNA binding activity of FOXOs, whereas deacetylation improves binding (Lalmansingh et al. 2012a, b). The effect of acetylation is highly regulated by histone acetyltransferases (HATs) and deacetylases (HDACs). Acetylation of FOXO1 at K222, K245, K248, K262, K265, K274, and K294 was reported to control its DNA binding affinity and attenuate its transcriptional activity and sensitivity to AKT phosphorylation (Daitoku et al. 2011). In stressed conditions, FOXO3 is acetylated at K242, K259, K271, K290, and K569. Elevated FOXO3 acetylation results in the over expression of pro-apoptotic genes such as Bim, TRAIL, and FasL, whereas increased deacetylated forms of FOXO3 results in the increased expression of antioxidant and cytoprotective genes. FOXO4 transcriptional activity mainly depends on the deacetylation at K186, K189, and K408 by histone deacetylases (Wang et al. 2014).

The transactivation of downstream FOXO target genes is mediated by the binding of CREB binding protein (CBP) to its regulatory gene p300 (Lalmansingh et al. 2012a, b; Tikhanovich et al. 2013). CBP induces acetylation at two major residual sites (Lys242 and Lys245) located at the C-terminal region of the DNA binding domain, resulting in the decreased binding affinity and transcriptional activity of FOXO1. Cysteinethiol disulfide-dependent complexes reduces FOXO4 induced cell cycle arrest and enhances apoptosis (Dansen et al. 2009). These complexes are formed between FOXO4 and p300/CBP acetyltransferase due to increased ROS levels. Silent information regulator 2 is a NAD-dependent deacetylase of the sirtuin family, which responds to the availability of nutrients/energy and stress stimuli in cells. The binding of STIR1 to FOXOs catalyzes its deacetylation in an NAD-dependent manner, and increases its transactivation activity by regulating its DNA binding at specific target genes (Kobayashi et al. 2005).

### FOXOs interactions with protein partners

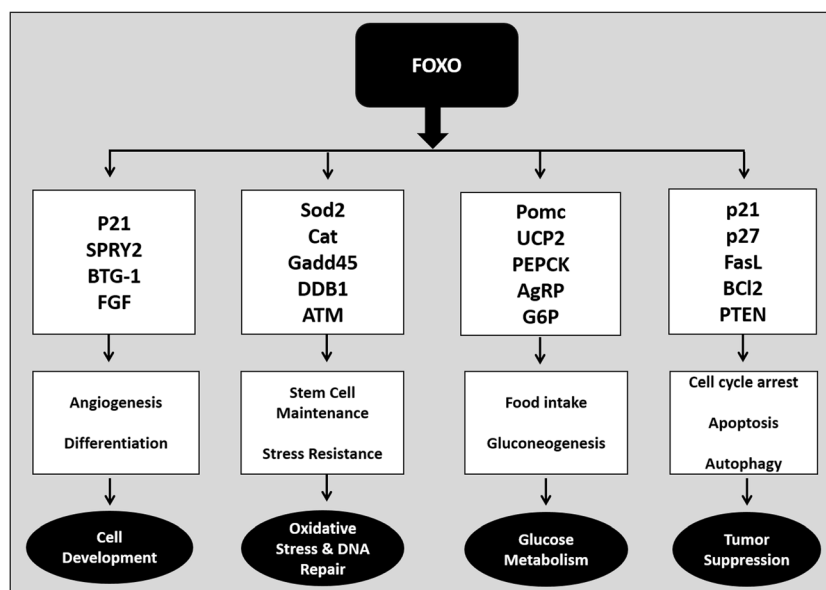
Most FOXOs associate with various protein partners to activate and/or inactivate different target genes. FOXO cellular activity mainly depends on transcriptional factors and its associated co-factors expressed in target cells. FOXOs have the ability to regulate the expression of certain target genes without directly attaching to a DNA domain site. This implies that

FOXO is involved in the regulation of a subset of target genes by creating contact with other transcription factors (Ramaswamy et al. 2002). However, to regulate downstream transcription activity, FOXOs also bind to other factors. For example, FOXO3 and Runx3 interact and bind concomitantly to the promoter of Bim to promote apoptosis. This binding stimulates increased expression of Bim and initiates apoptosis in mouse embryonic fibroblasts and gastric cancer cells (Yamamura et al. 2006). FOXO proteins have also been shown to interact with  $\beta$ -catenin. It has been suggested that  $\beta$ -catenin bound to FOXO1 reduces T-cell factor activity. Thus, FOXO1 competes with T-cell factor for  $\beta$ -catenin and impairs  $\beta$ -catenin to stimulate bone formation (Stadeli et al. 2006).

### Biological role of FOXO

Several studies in the last decade have confirmed the biological activity of FOXOs, and established the potential role of FOXO in regulating various cellular processes (Ho et al. 2008; Maiese 2015). The deletion of FOXOs has also given insight into their biological functions. Many researchers have observed that the deletion of FOXO1 in genetically modified mice is fatal leading to embryonic death due to incomplete vascular angiogenesis, whereas mice survived when FOXO3 or FOXO4 were deleted (Hosaka et al. 2004; Eijkelenboom and Burgering 2013; Dharaneeswaran et al. 2014). FOXO3 deletion is non-fatal, but affects lymph node proliferation and results in widespread tissue inflammation and reduced neural stem cell proliferation (Renault et al. 2009; Lam et al. 2013). FOXO4 deletion results in prolonged colitis, and FOXO6 deletion results in impaired memory consolidation (Salih et al. 2012). This highlights the significance of FOXO1, and it might be the most important FOXO factor.

Figure 4 reveals the biological role of FOXO family proteins. The biological role of FOXO1 is well established, and it possesses numerous biological properties. The diverse functions of FOXO1 have been investigated in various in vitro and in vivo experiments in different diseased models. FOXO1 controls cell cycle progression by upregulating cyclin-dependent kinase inhibitors such as p27 and p21, and down-regulating the cell cycle regulator cyclin D1 (Lee and Goldberg 2013; Zou et al. 2015). This function of FOXO1 was considered important in suppressing tumor conditions. FOXO1 regulates apoptosis and attenuates oxidative stress by upregulating various antioxidants like manganese superoxide dismutase (MnSOD), catalase, glutathione peroxidase, and glutathione-s-transferase (Dijkers et al. 2001; Storz 2011). FOXO1 protects cells against stress by regulating DNA damage response genes, growth arrest and the DNA-damage-inducible protein, GADD45 alpha (GADD45 $\alpha$ ) (Brunet et al. 2004). FOXO1 deletion can significantly increase



**Fig. 4** Biological role of FOXO family members, target gene activation and cellular functions. Various signaling pathways are involved in phosphorylation and activation/inactivation of FOXO. Once FOXO is stimulated it translocates to the nucleus which leads to the regulation of various downstream genes related to multiple cellular functions such as cell development, cell differentiation, survival, glucose metabolism, oxidative stress and tumor suppression. Note that this figure does not include all FOXO target genes. **p21**, cyclin-dependent kinase inhibitor 1A; **SPRY2**, sprout homolog 2, **BTG-1**, B-cell translocation gene 1; **FGF**,

fibroblast growth factor; **SOD2**, superoxide dismutase 2; **CAT**, catalase; **Gadd45**, growth arrest and DNA damage inducible protein 45, **DDB1**, DNA damage-binding protein 1, **ATM**, ATM serine/threonine kinase, **POMC**, pro-opiomelanocortin, **UCP2**, mitochondrial uncoupling protein 2; **PEPCK**, phosphoenolpyruvate carboxykinase; **G6P**, glucose-6-phosphatase; **p27**, cyclin-dependent kinase inhibitor 1B; **FasL**, Fas ligand; **Bcl2**, B-cell lymphoma 2 protein; **PTEN**, phosphatase and tensin homolog

oxidative stress. Growing evidence suggests that deletion of FOXO1 can inhibit cell proliferation in many types of tumor cells, including lung cancer cells (Siqueira et al. 2010; Ponugoti et al. 2012; Sangodkar et al. 2012).

Once FOXO1 is phosphorylated, it translocates to the cytoplasm and thereby its ability to bind to target regulatory elements is reduced (Kortylewski et al. 2003). In vivo studies using mice suggests that FOXO1 aggravates myotube fusion and myogenesis, and inhibits muscle cell differentiation (Gross et al. 2009; Hakuno et al. 2011). Lin and coworkers showed that in SIRT3 transgenic mice, FOXO1 deletion results in skeletal muscle mass reduction accompanied with impaired skeletal muscle function (Lin et al. 2014). Table 2 lists FOXO family members and their involvement in various biological functions.

## Role of FOXO in diabetic complications

DM is a metabolic disease that can affect any tissue, organ and mechanism of the body. Prolonged hyperglycemia, and a deficiency in insulin production or insulin resistance leads to various health problems such as diabetic retinopathy and delayed healing (Asmat et al. 2016). Increased oxidative stress and ROS are major players in the development of diabetic complications. Several lines of evidence proposes that

FOXO protein deletion or inactivation may promote cytoprotection during diabetes, and enhanced insulin secretion (OS et al. 2015). Diabetic complications can be associated with altered FOXO1 expression and its activity. FOXO1 plays a major role in regulating insulin response, and the liver is one of its critical sites of action. In the liver, FOXO1 expression leads to a unique mechanism of excessive glucose production, and increased lipid synthesis and secretion. FOXO1 is also required to maintain beta cell differentiation and regeneration in the pancreas. In endothelial cells, FOXOs intensely stimulate atherosclerosis by suppressing nitric oxide generation and increasing inflammatory responses.

Under fasting conditions, the lower production of insulin stimulates the activation of glucose-6-phosphatase (G6Pase) and phosphoenolpyruvate carboxykinases (PEPCK), which results in gluconeogenesis (a metabolic reaction in which glucose is generated from non-carbohydrate carbon substrates such as lactate, glycerol, and glucogenic amino acids). This metabolic reaction depends mostly on the crosstalk between AKT and FOXO1. Other than AKT induced FOXO1 phosphorylation, the activity of FOXO1 is also regulated by various processes such as the balance between acetylation and deacetylation, and deacetylation of FOXO1 by SIRT1. During physiological stress, increased levels of free radicals activates FOXO1 and overcomes the nuclear exclusion effect of AKT. It also promotes nuclear translocation and expression

**Table 2** List of FOXO family members and their involvement in various biological functions

FOXO members	Alternative names	Expression site	Activated targeted genes	Biological functions	References
FOXO1	FKHR	All tissues, predominant in muscle, liver, pancreas	IL-1B, IL-6, PGC1, G2-M cell cycle, SOD, MnSOD, GpX	Cell proliferation, Inflammation, Muscular atrophy, Apoptosis, Oxidative stress	Hsu et al. 2010; Van Der Vos and Coffier 2011; Brown et al. 2011
FOXO3	FKHRL1	All tissues, predominant in muscle, liver, pancreas	PGC1a, PEPCK, UCP2, neurogenin 3, Bim, PUMA, PTEN, TRAIL, Catalase, MnSOD, GADD45, ATM, P15, P27, G1-S & G2-M cell cycle, Bim, PUMA, PTEN, TRAIL	Metabolism, Cell differentiation, Apoptosis, Oxidative stress	Van Der Vos and Coffier 2011; Alikhani et al. 2010; Ponugoti et al. 2013
FOXO4	AFX1	Kidney, colorectal tissue	P15, P27, G1-S & G2-M cell cycle, Bim, PUMA, PTEN, TRAIL	Cell proliferation, Apoptosis	Rached et al. 2010; Alikhani et al. 2010
FOXO6	-	Brain, liver	Plxna4, PGC-1	Gluconeogenesis, Neuronal cell development	Kim et al. 2011; Paap et al. 2016

of FOXO1 target genes (G6Pase & PEPCK) involved in gluconeogenesis. SIRT1 controls nuclear shuttling and transcriptional activity of forkhead transcription factors. SIRT1 regulates FOXO1 activity either in a positive or a negative way, depending on the target gene or target cell type (Giannakou and Partridge 2004).

In DM, the increase in the expression and activity of FOXO1 directly induces apoptosis in pericytes and microvascular endothelial cells, thus resulting in diabetic retinopathy (Behl et al. 2009; Wang et al. 2014). In vivo experiments carried out in diabetic mice resulted in increased levels of FOXO1 mRNA levels and increased nuclear translocation (Wang et al. 2014). FOXO1 nuclear translocation is mediated by TNF- $\alpha$ , and in control experiments the deletion of FOXO1 by siRNA lowers the risk of retinal microvascular endothelial cell damage (Behl et al. 2009). Hyperglycemia-induced FOXO plays a significant role in the production of pro-inflammatory cytokines, further prolonging the inflammatory phase (Ponugoti et al. 2012). In in vitro diabetic experiments, the profiling of mRNA proposed that under hyperglycemic conditions FOXO1 induces the expression of CCL2 and CCL5, which activates endothelial cells; FOXO1 also increases mRNA levels of BCL2 and CASP3, which induces apoptosis. It also enhances mRNA expression of ITGA5 and ITGAV-M that regulates angiogenesis (Wolfgang and Fernandex-Marcos 2017). In diabetic retinopathy, in vitro elevation of TNF- $\alpha$  and AGEs activates FOXO1 transcription factor, thereby inducing apoptosis in pericytes (Alikhani et al. 2010).

ROS is produced in response to normal cellular metabolism, and is necessary in low quantities in physiological cellular processes; however, at higher concentrations it damages cellular structures such as lipids, nucleic acids, carbohydrates, and proteins, and modifies their functions (Birben et al. 2012). Oxidative stress is defined as an imbalance between oxidants and antioxidants. ROS is produced from molecular oxygen i.e., free radicals (molecules containing one or more unpaired electrons) and non-radicals (Birben et al. 2012). Some of the major free radicals produced that are of physiological significance include superoxide anions ( $O_2^{\cdot-}$ ), hydrogen peroxide ( $H_2O_2$ ), hydroxyl radicals ( $\cdot OH$ ), nitric oxide (NO) and peroxynitrite (ONOO $^-$ ). Typically, antioxidants are effective in impeding the harmful effects of oxidants; however, under certain conditions these systems can be inundated. Oxidative stress has been implicated in and contributes to numerous pathological conditions, including diabetes, non-healing ulcers, and delayed wound healing (Chong et al. 2005; Chong and Maiese 2007; Schafer and Werner 2008).

In normal wounds, lower levels of reactive species or free radicals are immediately scavenged by endogenous antioxidants present at the wound site (Slomka et al. 2008). In vitro studies using neuronal cells suggest that FOXO3, in conjunction with JNK, results in the modulation of apoptotic ligands, which in turn activates the Fas-mediated death pathway

leading to apoptosis. In normal physiological environments, FOXO1 increases mRNA levels of antioxidants, thereby attenuating apoptosis (Maiese et al. 2007). In vivo studies have shown that pancreatic  $\beta$ -cell damage can be protected through attenuation of oxidative stress by FOXO1 (Chong and Maiese 2007; Anastasiou et al. 2011). In normal healing, oxidative stress is reduced by FOXO1 that induces keratinocyte migration and prevents apoptosis (Anastasiou et al. 2011). In contradiction, higher levels of oxidative stress present in diabetic conditions induces cell death by the FOXO1 signaling pathway (Slomka et al. 2008). FOXOs detoxify superoxide radicals by increasing the levels of MnSOD in mitochondria. Like FOXO1, FOXO3 holds a pivotal role in protecting cells from death by apoptosis (Maiese et al. 2009).

In vivo experiments demonstrate that FOXO3 elevates antioxidant levels such as MnSOD, catalase, and peroxiredoxin III, thereby protecting cells from oxidative damage (Lu et al. 2013). Among the FOXO isoforms, FOXO3 is predominantly expressed in neural stem cells and progenitor cells. FOXO3 regulated genes are mostly related to antioxidants that prevents neuron stem cells from oxidative stress (Anastasiou et al. 2011). The relationship between FOXO activation and cell death were first recognized when it was discovered that phosphorylation and inhibition of FOXO protein mediated by AKT (regulator protein) resulted in cell survival (Tang et al. 1999).

## Role of FOXO in wound healing

Transcription factors are important in coordinating events that are needed for wound healing. Restoration of damaged tissue requires stimulatory and inhibitory mediators. FOXO transcription factors (homeostatic factors) are involved in regulating wound healing and tissue regeneration, however their exact function is not fully understood (Roupe et al. 2014; Shaklai et al. 2015; Zhang et al. 2015). Mori et al., reported that in a murine skin injury model there is elevated mRNA expression and nuclear localization of FOXO1 and FOXO3. Initially, elevated levels of FOXO1 was observed predominantly in basal keratinocytes, however, a week later elevated FOXO1 levels were seen in endothelial cells, macrophages and fibroblasts (Mori et al. 2014).

Ponugoti et al., hypothesized that FOXO1 has a damaging effect on wound healing because of its ability to induce apoptosis in a biological system. Contrary to the actual hypothesis, they found that FOXO1 is required for keratinocyte mobilization and migration, and resulted in the upregulation of transforming growth factor-beta (TGF- $\beta$ 1) and its downstream targets such as integrin's and MMPs. Furthermore, they also found that upregulation of FOXO1 in keratinocytes in-turn reduces oxidative stress levels in order to maintain cell proliferation and migration. There is also prevention of cell death and increased nuclear localization of FOXO1 (Ponugoti

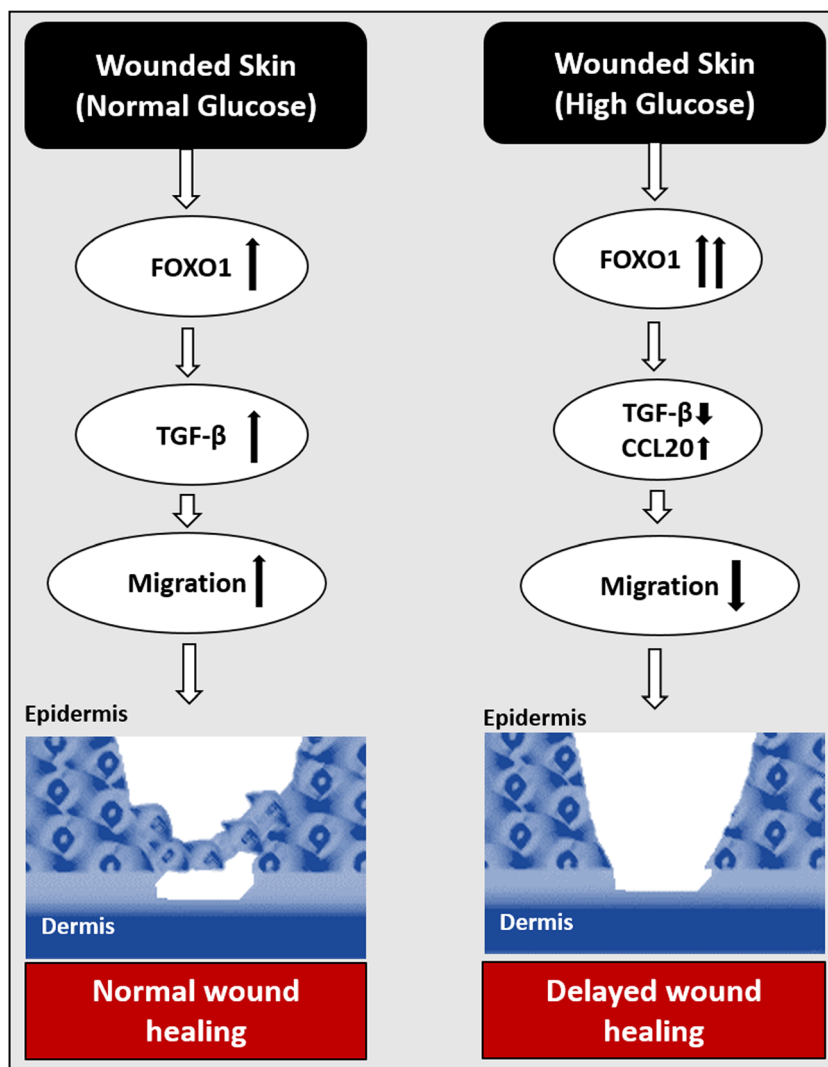
et al. 2013). Similarly, Xu et al., found that the deletion of FOXO1 in oral mucosa resulted in reduced TGF- $\beta$ 1 expression in keratinocytes, with reduced mucosal epithelial cell migration and impaired re-epithelialization. Therefore, in normal wounds, FOXO1 functions as an important transcription factor for wound healing (Xu et al. 2015). Figure 5 displays the possible mechanism of action of FOXO1 in normal and delayed wound healing.

Several lines of evidence suggests that FOXO1 and FOXO4 play several key roles during tissue repair. In normal wounds, typical levels of FOXO1 and FOXO4 are expressed in the epidermis, whereas in diabetic impaired wounds enhanced activation of FOXO1 and FOXO4 are observed, which induces apoptosis and delays the wound healing process (Roupe et al. 2010; Siqueira et al. 2010). Other studies have recently reported that scalp wound healing is impaired in FOXO1<sup>±</sup> genetic mice with reduced re-epithelialization (Ponugoti et al. 2013). In diabetic mice, the conditional deletion of FOXO1 has a positive effect, with enhanced wound closure as compared with normal wounds (Zhang et al. 2015; Xu et al. 2015). In order to determine the differential effect of FOXO1 under hyperglycemic conditions, mRNA profiling was carried out in diabetic mice. It was established that FOXO1 upregulates genes such as chemokine ligand 20 (CCL20), serpin peptidase inhibitor clade B2 (SERPINB2), and interleukin-36 $\gamma$  (IL-36 $\gamma$ ). Furthermore, in DM, unfavorable conditions such as hyperglycemia, AGEs and increased expression of TNF- $\alpha$  stimulates FOXO1 binding to the promoter site of these genes to increase their expression (Zhang et al. 2015). Elevated levels of CCL20, SERPINB2, and IL-36 $\gamma$  inhibits keratinocyte migration and reduces re-epithelialization, thereby a delay in healing is observed (Xu et al. 2015). Additionally, hyperglycemia induced AGE formation and increased levels of TNF- $\alpha$  disrupts FOXO1 interaction with TGF- $\beta$ 1, thus preventing FOXO1 from inducing TGF- $\beta$ 1 transcription. These studies reveal the negative side of TGF- $\beta$ 1 in the healing process, resulting in impaired healing (Zhang et al. 2015).

Moreover, increased nuclear translocalization of FOXO1 was observed in diabetic keratinocytes as compared to normal control keratinocytes (Ponugoti et al. 2013). Contradictory to this, other research groups found that in human and murine wound models, reduced levels of FOXO1 and FOXO3 gene expression were observed (Roupe et al. 2014). Another in vivo experiment demonstrated that FOXO deletion resulted in impaired TGF- $\beta$ 1-dependent keratinocyte migration and elevated apoptosis at the wound site, resulting in impaired healing. In FOXO1a<sup>±</sup> mice, partial deletion or inhibition of FOXO1 increased fibroblast growth factor 2 (FGF-2) expression, as well as adiponectin and Notch1 at the site of injury. On the other hand, reduced collagen fiber organization, and lower gene expression of type 1 collagen  $\alpha$ 1, and reduced levels of collagen type I and III were observed at the wound site as compared to wild-type mice (Mori et al. 2014).



**Fig. 5** Possible mechanism of action of FOXO1 in normal and delayed wound healing. Under normoglycaemic conditions, FOXO1 significantly increases TGF- $\beta$ , which actively promotes wound healing. This also leads to increased fibroblast and keratinocyte migration towards the wound bed, resulting in increased re-epithelialization and matrix deposition. However, in pathological conditions such as diabetes, hyperglycaemia stimulates FOXO1 to increase the production of inflammatory cytokines (CCL20), and the synthesis of TGF $\beta$  is blocked/interrupted. The increased expression of CCL20 and lower expression of TGF- $\beta$  affects keratinocyte migration and matrix deposition. Thus, affecting the healing process and leading to delayed wound healing



In human keloid scars, an alteration in FOXO1 activity has been identified, which gives rise to elevated levels of inflammatory and fibroblast cells, accompanied with an overgrowth of fibrotic tissue (Shaklai et al. 2015). Siqueria et al., found that as compared to non-diabetic mice, diabetic mice displayed higher levels of FOXO1 in the wound bed, and it was associated with elevated levels of TNF- $\alpha$  which induces inflammation, thereby increasing apoptosis in fibroblasts (Siqueira et al. 2010). Many researchers are trying to establish the cause for a switch between wound acceleration and impairment, which may be related to hyperglycemia-regulated FOXO1 (Shaklai et al. 2015).

It has been hypothesized that FOXO1 may have a negative effect on bone healing in DM. Several studies propose that the activation of FOXO1 might increase inflammatory cytokines and apoptosis, which damages cartilage in diabetic fracture conditions. In vitro, FOXO1 mediates TNF- $\alpha$  induced expression of pro-osteoclastogenic factors in chondrocytes (TNF- $\alpha$ , RANKL, M-CSF, IL-1 $\beta$ , and IL-6) and the chemokine CCL4,

which is linked to a burst of osteoclast activity and accelerated loss of cartilage in diabetic fractures (Alblowi et al. 2009). An in vitro study using chondrogenic cells showed that increased levels of FOXO1 stimulates TNF- $\alpha$  induced apoptosis, thereby upregulating pro-apoptotic genes and cell death (Kayal et al. 2010).

### Concluding remarks and future perspectives

Wound healing is a complex overlapping process that relies on various molecules and signaling pathways. FOXO activity is highly controlled by acetylation, phosphorylation and ubiquitylation, and once FOXO proteins are activated, they translocate to the nucleus and regulate the transcription of other genes. FOXO transcription factors are emerging as master signaling molecules that influence many physiological and pathological processes of wound healing. FOXO transcription proteins control

numerous biological functions such as inflammation, oxidative stress, apoptosis, cell proliferation, migration, stress resistance, and metabolism through regulation of multiple transcriptional targets. The control and balance in FOXO augments wound healing, and decreases oxidative stress and apoptosis. It would appear as if the transcription factors of FOXO serve as molecular controls, determining cellular fate in response to oxidative stress by either promoting cell survival, through the up-regulation of antioxidants, or promoting cellular death through the upregulation of pro-apoptotic genes. However, this exact mechanism remains unclear and further research is necessitated, and a further understanding of FOXOs role will provide the necessary insight to both basic and clinical science.

Hyperglycemia-induced free radicals and consequent elevated oxidative stress are chief contributors to the development and advancement of DM and associated complications. Diabetic wounds have decreased cellular proliferation and migration, and elevated levels of oxidative stress and apoptosis. It has been identified that FOXO transcription factors control the fate of many cells and plays a key role in diabetes-induced oxidative stress resistance and apoptosis. Targeting FOXO1 could be a potential treatment for patients with diabetes, which results in hyperglycemia-induced nuclear translocation of FOXO1, lower mRNA levels of FOXO1 target genes, and decreased inflammatory cells in the wound site. To date, FOXOs role in the healing of wounds is not fully established. On the positive side, increased levels of FOXOs following skin injury is essential to maintain a normal healing process by attenuating oxidative stress at the wound site. On the negative side, in pathological conditions like DM, an alteration in FOXO1 levels results in elevated levels of oxidative stress that hasten the wound and stimulate fibrotic tissue over growth that leads to keloid scars. Further clarification of the role and control of FOXO in diabetic wound healing may present new treatment targets.

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### Compliance with ethical standards

**Conflict of interests** The authors confirm that this article content has no conflict of interest.

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