

Automatic Lumbar MRI Detection and Identification Based on Deep Learning

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Abstract

The aim of this research is to automatically detect lumbar vertebras in MRI images with bounding boxes and their classes, which can assist clinicians with diagnoses based on large amounts of MRI slices. Vertebras are highly semblable in appearance, leading to a challenging automatic recognition. A novel detection algorithm is proposed in this paper based on deep learning. We apply a similarity function to train the convolutional network for lumbar spine detection. Instead of distinguishing vertebras using annotated lumbar images, our method compares similarities between vertebras using a beforehand lumbar image. In the convolutional neural network, a contrast object will not update during frames, which allows a fast speed and saves memory. Due to its distinctive shape, S1 is firstly detected and a rough region around it is extracted for searching for L1–L5. The results are evaluated with accuracy, precision, mean, and standard deviation (STD). Finally, our detection algorithm achieves the accuracy of 98.6% and the precision of 98.9%. Most failed results are involved with wrong S1 locations or missed L5. The study demonstrates that a lumbar detection network supported by deep learning can be trained successfully without annotated MRI images. It can be believed that our detection method will assist clinicians to raise working efficiency.

Keywords Convolutional network · Deep learning · Lumbar detection · The similarity function

Introduction

Magnetic resonance imaging (MRI) is one of the main medical imaging methods to check lumbar diseases. Automatic vertebra detection and location will play an important role in medical image diagnoses, therapeutic schedule, and a followup check. For example, lumbar disc herniation usually results from the nerve damage generated by direct compression of the spinal canal [1]. Clinicians often diagnose lumbar disc herniation through physical signs in medical images, such as displacement and transformation [2]. A radiologist works redundantly to label every lumbar vertebra per patient for further diagnoses. Automatic vertebra detection can assist clinicians with etiological diagnoses, such as scoliosis, lumbar canal stenosis, and vertebra degeneration. This will help radiologists recognize each lumbar spine and relieve from duplicate works to annotate each new medical image. However, it remains to be a challenging task to detect automatically in a lumbar image. Imaging mode and patient movement usually result in a high variance or shadow in the image. It is difficult to automatically label every vertebra because characteristics between vertebras are in high resemblance.

Researches have been conducted to make medical images easier to analyze. Several studies focus on special deformation or injury in spine images [3, 4], and other studies aim to automatically detect vertebras [5, 6]. In previous studies, methods with support vector machine, classification forests, and other feature extraction algorithm showed great performance. Since Hilton et al. [7] proposed deep learning in 2006, deep learning has a rapid development in the medical image area. Most recent researches require either fully segmented training data or annotated vertebras in the form of bounding boxes and vertebra positions. For example, Masudur et al. [8] used fully segmented images to train the convolutional neural network to segment cervical or lumbar vertebras. Kim et al. [9] and Oktay et al. [10] trained networks to detect lumbar vertebras on labeled images with bounding boxes and object positions. Han et al. [11] and Wang et al. [12] trained networks to analyze lumbar neural foraminal stenosis with fully segmented lumbar images. However, there exists no

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recognized lumbar dataset with segmented labels or bounding boxes. Most deep learning tasks of detecting and locating vertebras in medical images rely on an annotated dataset [13]. Making training datasets requires multiple manual works. Moreover, training dataset labeled by their team impacts somewhat on the accuracy of detection and location [14]. Regarding other network frameworks, we propose a new framework to detect MRI lumbar spine via a transfer learning method [15] without using annotated MRI training images.

This paper presents a convolutional neural network [16] with transfer learning to locate the lumbar spine from L1 to S1. The strength of our method is that it does not require annotated vertebra training images. Firstly, the detection network is trained on a recognized video dataset. It is trained to learn to compare the similarity between the contrast image and search images. We recognize the target position according to the high similarity value in the score map. Secondly, we fine-tune parameters when the network is tested on thousands of MRI images. We detect each lumbar image twice. Vertebra S1 is firstly detected and a region based on it is used to search for L1–L5. Thirdly, the contrast image will not update during detection. The experiment shows that our method can receive a better accuracy than others.

The organization of this paper is scheduled as follows. The significance of our work and several successful medical image detections are arranged in the "Introduction" section. Convolutional neural network for detection and training details are introduced in the "Methods" section. Experiment results and evaluations tested on MRI dataset are arranged in the "Experimental Results" section. Finally, the discussion and conclusion are proposed in the "Discussion" and "Conclusion" sections.

Methods

A similarity function g(z, x) is proposed to compute the similarity between a contrast image *z* and a search image *x*. If two

Fig. 1 The whole framework of lumbar detection. The image with two bounding boxes is the contrast image provided in advance. Instructions in red indicate six target vertebras to be detected

images describe the same object, the function will return a high value, a low value otherwise. The z-crop out of a contrast image is labeled with a bounding box. The search image is one of the rest images where we search for L1-S1. The x-crop1 is centered at the previous target position. As shown in Fig. 1, we detect twice in the experiment, one for S1, another for L1-L5. In the first detection, an x-crop1 from a search image and the z-crop1 with a labeled S1 are inputted into the convolutional network. Another x-crop2 including S1 will generate immediately after S1 is found. In the second detection, a larger x-crop2 and a z-crop2 with another label are inputted to the same network to search for L1-L5. Figure 1 demonstrates the flow of lumbar detection of L1-S1. The contrast image with two bounding boxes is provided beforehand, acting as a reference for vertebra detection. Six detected vertebras are marked with rectangles. The x-crop1 and xcrop2 are 255×255 and 431×431 pixels. Z-crops both are 127×127 pixels. The specific layer's settings and training details of the detection network will be discussed in the "Convolutional Neural Architecture" section.

Convolutional Neural Architecture

Model: Framework Design

We both input the contrast image z and a search region x to the convolutional neural network, then obtain a score map which indicates the similarities between the corresponding sub-windows. To be more specific, Fig. 2 shows a straightforward relationship between a contrast image z and a search region x. The search region centered at the previous target is a rough and large region. The z-crop is cut out from the first frame with an annotated object position. The x-crop centers at the previous object position, combined with three scales. The z-crop is compared with three scaled x-crops. Since the object will not deviate too much between frames, we believe the object is still in the larger x-crop so we can find it. After inputting three same z-crops and three scaled x-crops into



Fig. 2 Convolutional neural network for detection. The z-crop is compared with 3 scaled xcrops. The outputs are 3 final score maps, where we search for the highest similarity value. The maximum pixel in red in the final score map indicates the most possible object position. The green pixel is the center of a search region



the network, we will receive three response map1 with $6 \times 6 \times 6$ 96 pixels and three response map2 with $22 \times 22 \times 96$ pixels. The smaller response map acts as a convolutional kernel to convolve the larger ones. The symbol * represents a convolution function between two response maps, affecting on the size of the output map. A red pixel in the real-value map is the maximum value position of three maps, which indicates the object position. The green pixel in the center is the previous object position. The experiment demonstrates that amplifying the real-value map with bicubic interpolation leads to a more accurate object position. The final score map is interpolated from 17×17 to 272×272 . According to the red pixel position in the final score map, we can calculate the target position in the search region. Layer settings for the detection convolutional neural network are provided in Fig. 3, including batch normalization layers and ReLU non-linear layers.

Our network has five convolutional layers and two maxpooling layers. Each convolutional layer is followed by a batch normalization layer and a non-linear activation layer excluding the final layer, conv5. The total stride of our network is 8, which will be used to compute the final target position in search images.

Convolutional layers extract high-level feature maps through parameter w. Assuming that $a_i^{(l)}$ represents the output of cell *i* in layer *l*, and $z_i^{(l)}$ represents the weighted sum of cell *i* in layer *l*, including bias cell, for the given weight parameters w_i and biases b_i , the function of convolutional layers can be written as:

$$z_i^{(l+1)} = \sum_{j=1}^l w_{ij}^{(l)} x_j + b_l^l$$
(1)

$$a_i^{(l)} = f\left(z_i^{(l)}\right) \tag{2}$$

where function f means a non-linear activation function. We use rectified linear units (ReLU) here in activation layers, which can be expressed as the following formula:

$$f(z) = max(0, z) \tag{3}$$

It extremely decreases the number of parameters in the network and increases the running speed. Compared with other non-linear activation functions such as sigmoid and tanh function, ReLU function requires lower calculation cost and less training time. Max-pooling layers down-sample the size of feature maps by a 3×3 neighboring window, which effectively avoids overfitting. More specific parameters and feature map sizes are listed in Table 1. The size of the convolutional kernels resembles that of Krizhevsky et al. [17]. Channel and



Fig. 3 A branch of the siamese convolutional neural network. The construction shows kernel parameters of each layer, which is viewed in different colors

 Table 1
 Architecture of the convolutional neural network except for batch normalization layers and ReLU non-linear layers

				Feature map size		
Layer	Support	Stride	Chan*Map	For z-crop 127 × 127 × 1	For x-crop 255 × 255 × 1	
Conv1	11×11	2	48×1	$59 \times 59 \times 48$	$123 \times 123 \times 48$	
Pool1	3×3	2		$29 \times 29 \times 48$	$61 \times 61 \times 48$	
Conv2	5×5	1	128×48	$25\times25\times128$	$57\times57\times128$	
Pool2	3×3	2		$12 \times 12 \times 128$	$28 \times 28 \times 128$	
Conv3	3×3	1	96×128	$10\times10\times96$	$26 \times 26 \times 96$	
Conv4	3×3	1	96×96	$8\times8\times96$	$24 \times 24 \times 96$	
Conv5	3×3	1	64×96	$6 \times 6 \times 64$	$22\times22\times64$	

map represent the number of output and input feature maps in convolutional layers.

Training Dataset

We train the network with the ImageNet Video dataset from the 2015 edition of the ImageNet Large Scale Visual Recognition Challenge (ILSVRC) [18]. All images were carefully annotated with a bounding box. In this paper, we ignore the object classes. The dataset contains 4417 videos of 30 categories, including millions of labeled frames. The massive size dataset can be successfully applied to object detection via deep learning.

Model: Train

Considering that MRI lumbar images are grayscale images, we extract the G channel of each training image. This change happens before the image inputting. The z-crop and x-crops are 127×127 and 255×255 pixels. The object position in the z-crop is depicted in advance. A real-value map will be obtained after a z-crop and an x-crop are inputted into the network. The ground truth labels of positive and negative pairs are described as + 1 and - 1. We employ the logistic regression loss to evaluate positive and negative pairs during training:

$$l(y, v) = log(1 + exp(-yv))$$
(4)

where $y \in \{+1, -1\}$ is a true label of training pairs and *v* is a valued score. This will generate a score map $v : \mathcal{M} \rightarrow \mathbb{R}$. The logistic regression loss can be written as:

$$\mathcal{L}(y,v) = \frac{1}{|M|} \sum_{u \in M} l(y_u, v_u)$$
(5)

To optimize the parameters *w* in the convolutional network, we adopt stochastic gradient descent (SGD) to the problem:

$$\operatorname{argmin}_{\theta} E_{(x,y,z)} L(y, f(z,x;w)) \tag{6}$$

In detail, we set z-crops at 127×127 and x-crop at 255×255 pixels. Target sizes in the original annotations are nonuniform. Thus, the scale of targets in video frames needs to be normalized. On this account, training crops need to be fixed with a scale s_z and contextual margin p_z . If the size of a bounding box is (w, h) and the fixed area is 127×127 , we can give the equation:

$$s_z(w+2p_z) \times s_z(h+2p_z) = 127^2$$
 (7)

where p_z is a quarter of the perimeter of a bounding box $p_{-z} = (w + h)/4$. We can also write it as

$$s_z = \frac{127}{\sqrt{(w + (w + h)/2) \times (h + (w + h)/2)}}$$
(8)

We can get a z-crop with a fixed size according to s_z and p_z .

Considering the size of an x-crop is about twice bigger than that of a z-crop, we need to add more contextual margin p_x to resize it. The size x can be computed as the following expressions:

$$z = \sqrt{(w + (w + h)/2) \times (h + (w + h)/2)}$$
(9)

$$p_x = 0.5 \times (255 - 127) / s_z \tag{10}$$

$$x = z + 2 \times p_x \tag{11}$$

After adding three scales $1.0375^{\{-1, 0, 1\}}$ to the G channel in a search region, we can get three scaled x-crops. The z-crop is compared with three x-crops.

Model: Test

In our network, the z-crop will not update after finding a target position. Other image characteristics are not extracted in this study, such as histogram and optical flow. We only compare a contrast image with a larger search image to find the target position. The real-value map is a similarity metric of 17×17 pixels. As shown in Fig. 2, the real-value map is relatively coarse and vague. We found that the score map leads to a more accurate position when the similarity metric is amplified 16 times with bicubic interpolation to 272×272 . The maximum value of three score maps indicates the object position. Assuming that the coordinates of the maximum value are T(rmax, cmax), we can give the distance \overrightarrow{TC} from the maximum value position to the score map center *C*.

$$\overrightarrow{TC} = (rmax, cmax) - (272, 272)/2 \tag{12}$$

The search region and x-crop are centered at the previous object position. According to the total network stride 8 mentioned in the "Model: Framework" section and the interpolation size 16, we can calculate the relative position



Fig. 4 Lumbar detection results based on deep learning. Each lumbar vertebra is outlined with bounding boxes in **a**-**h** together with their classes. Successful locations are demonstrated in the first four examples

 $a{-}g,$ failed results in the h and k. $i{-}k$ show detection and labeled positions in MRI regions

displacement \overrightarrow{OT} from the previous target position to the current position. It can be written as:

$$\overrightarrow{OT} = O + \overrightarrow{TC} / 16 \times 8 \tag{13}$$

 Table 2
 Detection accuracy of the specific vertebra. Our method has a better accuracy in most vertebras

Accuracy (%)	L1	L2	L3	L4	L5	S1
Ours	99.0	99.2	99.0	98.9	98.5	98.6
Cai [19]	98.3	95.1	98.2	97.4	98.4	99.1

where O indicates the previous object position, also the center position of the x-crop. Finally, we can describe the current object position based on \overrightarrow{OT} in the search region.

Experimental Results

MRI Dataset

In this section, our MRI dataset contains 1318 healthy and unhealthy samples, about 2739 images, ranging from different age groups. The dataset comes from the Department of Orthopedics Traumatology of Hong Kong University. We use the sagittal lumbar spine acquired through the T2weighted sequence slices.

Experimental Setup

As mentioned above, x-crops are scaled to deal with dimension change in lumbar spines. We take advantages of the detection network twice here. S1 and another vertebra in the contrast image need to be labeled with rectangles. First, we detect S1 which is special and easy to be found. The z-crop1 with a labeled S1 are 127×127 pixels and the x-crop1 are 255×255 pixels. Immediately, after the S1 is found in the first detection, the x-crop2 containing several vertebras will be extracted. The size of 255×255 pixels is too small to detect L1–L5 in the network. Thus, the x-crop2 are 431×431 pixels. The z-crop2 with a labeled L3 still are 127×127 pixels. We will finally obtain a real-value map with the size of 39×39 pixels.

The second score map is resized to 624×624 by bicubic interpolation, where we can find five maximum values. According to positions of a maximum value in the first detection and five maximum values in the second detection, we can calculate positions of L1–S1 with Eq. 13. It should be noted that our detection network is to compare the similarity between a search image and a contrast image. If we just clear the maximum point in the second time, the next maximum value is probably beside it, leading to a wrong position. Several high-value points around the maximum value are possible to exceed that of the rest object positions. The foreseeable result is that two bounding boxes will find the same position. Therefore, a small rectangle centered at the maximum value need to be cleared once finding a maximum value. Only in this way can we find the rest maximum values around the target position found.

Results and Evaluation

Several detection and identification results are exhibited in Fig. 4. Six vertebra detection results are presented with bounding boxes in different colors. From top to end, they are called L1, L2, L3, L4, L5, and S1. Successful detections are presented in Fig. 4a–g, while failed ones are in Fig. 4h and k. Figure 4i–k shows corresponding positions of detection results and manually annotated centers. Detection positions in green "o" are the centers of bounding boxes. Manual annotations in yellow "x" are the annotated centers of vertebras together with spine canals. The result in Fig. 4k misses L5 and finds an extra vertebra.

A threshold is set to compare detection positions with labeled positions. Regions beyond the threshold are negative. If the absolute distance of those two positions is below the threshold, then it is a true positive (TP) sample, otherwise a false positive (FP) or false negative (FN) sample. Our detection results are evaluated with every location accuracy of L1–S1 in Table 2. False detection results are associated with wrong L5 or S1 position to a large degree. General evaluation indexes and comparative results are provided in Table 3. We define precision, specificity, sensitivity, and accuracy as follows:

1	precision =	TP/	(TP + FP))	1	4`)
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specificity = TN/(FP + TN) (15)

sensitivity = TP/(TP + FN) (16)

accuracy = (TP + TN)/(TP + TN + FP + FN)(17)

Error mean and standard deviation (STD) in Table 3 are calculated through the absolute distance of corresponding

Detection (%)	Precision	Specificity	Sensitivity	Accuracy	Mean	STD
Ours	98.9	94.1	98.9	98.6	3.4	7.5
Suzaini [20]	94.4	95.0	97.2	96.0	18.2	11.4
Cai [19]		92.1	93.8	98.1		
Kim [9]				97.6	7.36	8.29
Forsberg [14]	99.6		99.1	97.0		

Table 3Comparative resreported by other method

annotation and detection position pairs. Other reported results in Table 2 and Table 3 are tested on their dataset, while their evaluation indexes have a difference. Compared with other results, our method receives a better accuracy in most vertebras, and a high sensitivity (98.9%) and accuracy (98.6%). Our error mean and STD are much smaller than other methods. Although our network is not trained on annotated lumbar spine images, detection results in this paper show a better performance than some other methods.

In the experiment, we have 2739 lumbar MRI samples in total, 2701 samples detected correctly and 38 samples detected mistakenly. We receive a lower precision and sensitivity than Forsberg [14] in Table 3. However, Forsberg [14] tested their network on about 700 MRI images, far less than the number of ours. Positive results are successfully located and classified on six vertebral bodies. Most failed results are related to either a wrong S1 detection or a missed vertebra in MRI images. We identify lumbar spines according to bounding boxes. In some conditions, two bounding boxes will overlap partly on a vertebra. Hence, a displacement rectification is posed to it. However, mistaken recognition of S1 will result in a subjective failure, for example, if L5 or S2 is erroneously identified as S1.

Discussion

A novel detection method is presented in this paper based on deep learning. Firstly, the detection network is trained on an acknowledged video dataset instead of labeled MRI images. Secondly, we fine-tune the parameters when the network is tested on the MRI dataset. For example, we amplify the size of input images as well as the final score map. The similarity function will output six score values, according to which we can locate lumbar positions. Thirdly, the object feature remains unchanged in the first image. There is only one contrast image with two bounding boxes in vertebra detection. It guarantees that our method can run at a high speed.

Different from most detection methods of learning to distinguish between vertebras, our network learns to compare the similarity between vertebras. The characteristic merely concerned about is target position. The detection result is compared with that of Suzaini [20], Cai et al. [19], Kim [9], and Forsberg et al. [14]. They trained and tested their convolutional networks with their datasets. However, there exists no recognized annotated lumbar dataset. Forsberg et al. [14] trained on MRI dataset annotated by picture archiving and communication system (PACS). Cai et al. [19] trained with several hundreds of images. They distinguished vertebras based on annotations. Their performance is somewhat restricted by label precision. Our method reaches a quite or even better accuracy and performs a better precision. Most methods detect a vertebral body with a bounding box. In our method, both vertebral body and spine canal are included in the bounding box. Several lumbar diseases like lumbar intervertebral disc result from the compression of the spinal canal. Further image analysis with one or several vertebras can build on the detection result. However, our method cannot locate a quite precise position. We only can know where it is and what it is, rather than a specific size. In total, an accuracy of 98.6% is received from the detection network.

Conclusion

In this paper, we realize the possibility of lumbar detection based on the convolutional neural work. A similarity function is successfully applied to the detection task. Deep learning network in our work extracts lumbar spines instantly and efficiently. The network is successfully tested on more than two thousand patient cases. We can identify vertebras with stable locations and classifications in MRI slices. This method can assist clinicians with repetitive and basic work.

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