

Clinical analysis of 21-gene relapse score test in hormone receptor-positive early-stage breast cancer

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Abstract. The 21-gene recurrence score (RS) predicts the prognosis of patients with estrogen receptor (ER)-positive, human epidermal growth factor receptor 2 (HER2)-negative early-stage breast cancer and the effectiveness of adding adjuvant chemotherapy on the basis of endocrine therapy to avoid excessive chemotherapy. The present study aimed to analyze clinicopathological characteristics and chemotherapeutic efficacy-related target genes with the 21-gene RS in hormone receptor-positive early-stage breast cancer in China. The prognostic value of chemotherapeutic efficacy-related target genes was also examined. In addition, this study investigated the postoperative adjuvant therapeutic decision-oriented role of 21-gene RS in hormone receptor-positive and lymph node-negative early-stage breast cancer. In the present retrospective study, 110 ER⁺/HER2⁻ early-stage breast cancer patients were tested with the 21-gene RS. The analyses of clinicopathological characteristics and chemotherapeutic efficacy-related target genes with the 21-gene RS were performed using the χ^2 test, the Wilcoxon rank-sum test and binary logistic regression. Kaplan-Meier survival plots were drawn in www.kmplot.com. Furthermore, the McNemar χ^2 test was used to compare the changes of treatment decisions before and after the 21-gene test. The median RS of 110 patients was 16 (range, 2-47), and patients were categorized as low (59.1%), intermediate (34.5%) or high risk (6.4%). The results revealed that higher body mass index, invasive ductal carcinoma type, higher histological grade, luminal B molecular type and higher thymidylate synthetase (*TYMS*) and DNA topoisomerase II α (*TOP2A*) gene expression levels were more likely to have a higher RS. Kaplan-Meier plots suggested that expression of *TYMS*, tubulin β 3 class III (*TUBB3*) and *TOP2A* genes was significantly associated with relapse-free survival for

ER⁺ breast cancer. Additionally, prior to 21-gene RS testing, 61 patients (55%) were recommended adjuvant chemotherapy and endocrine therapy; however, following 21-gene test, 32 patients (29%) were treated with only adjuvant endocrine therapy. *TYMS*, *TUBB3* and *TOP2A* gene expression may have prognostic value for ER⁺ breast cancer. In addition, 21-gene RS testing may aid to avoid excessive postoperative adjuvant chemotherapy.

Introduction

As the most prevalent cancer in women, breast cancer affects >1 million women worldwide and accounts for ~23% of all cases of cancer among women (1,2). In addition, the annual incidence of breast cancer in China was ~20,8000 cases in 2010, which accounted for 16.2% of all cancer cases in females (3). Breast cancer has become one of the main causes of death among young women in China (4). A multidisciplinary comprehensive treatment model has gradually been developed, including surgery, radiotherapy, chemotherapy and endocrine therapy (5). These treatments have improved the long-term survival of patients with breast cancer and reduced the rates of recurrence and metastasis (6). Nevertheless, chemotherapy has several side effects, and whether patients with low-risk early-stage breast cancer benefit from chemotherapy remains to be determined. Effective methods to accurately predict recurrence risk and simultaneously provide appropriate treatment to patients have not been established.

With the development of genomics (7), the treatment of breast cancer has stepped into a new era. The 21-gene recurrence score (RS) assay for patients with estrogen receptor (ER)-positive breast cancer has been demonstrated to be more accurate than clinicopathological indicators in predicting prognosis and metastasis (8-11). The 21-gene assay has already been recommended by the National Comprehensive Cancer Network (NCCN) and the American Society of Clinical Oncology for patients with early-stage breast cancer (12,13). Based on the results of National Surgical Adjuvant Breast and Bowel Project (NSABP) B-20 trials, a score <18 was categorized as low risk, a score between 18 and 30 was considered intermediate risk and a score \geq 31 was categorized as high risk (8,14,15). This test helps screen out patients with low recurrence risk, thereby avoiding excessive chemotherapy. In a previous study, 70 surgeons at the Israeli Cancer clinics

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selected 300 Israeli patients with breast cancer to perform 21-gene RS tests (16). The results demonstrated that age and tumor size had no correlation with the RS value. In addition, the NSABP B-20 and Southwest Oncology Group-8814 trials revealed that the RS predicted benefit from adjuvant chemotherapy in tumor-node-metastasis (TNM) node stage (N)0-3 patients (14,17).

The 21-gene RS detection was obtained from large datasets abroad, but lacked the validation of large samples in China. In addition, the clinicopathological characteristics included in previous studies were limited. To the best of our knowledge, there have been no studies regarding the relationship between RS assay and chemotherapeutic efficacy-related target genes. Therefore, the present study aimed to analyze clinicopathological characteristics and chemotherapeutic efficacy-related target genes with 21-gene RS in patients with hormone receptor-positive early-stage breast cancer in China. The changes of treatment decisions before and after the 21-gene RS test were compared, and the prognostic value of chemotherapeutic efficacy-related target genes was examined to aid in the evaluation of the guiding significance of the 21-gene RS in the diagnosis and treatment of patients with breast cancer in China and to aid in the discovery of new prognostic markers.

Materials and methods

Data and patients. A retrospective, single-center study was conducted at The First Affiliated Hospital of Xi'an Jiaotong University (Xi'an, China). The data from 110 patients with ER-positive, human epidermal growth factor receptor 2 (HER2)-negative, node-negative T1-3N0M0 breast cancer who were tested for the 21-gene RS and underwent surgical treatment between June 2013 and December 2016 were reviewed. Exclusion criteria were patients with T4 tumors, those having received neoadjuvant therapy or those with distant metastasis occurring at first diagnosis. The study was approved by the Ethics Committee of the First Affiliated Hospital of Xi'an Jiaotong University.

Clinicopathological data. Clinicopathological data were collected after obtaining informed consent from patients. Pathological examinations, including detection of ER, progesterone receptor (PR), HER2, nuclear protein Ki67, tumor protein p53 and cytokeratin 5/6 (CK5/6) protein expressions by immunohistochemistry (IHC), were conducted in the pathology department of The First Affiliated Hospital of Xi'an Jiaotong University (Xi'an, China). The IHC analysis was conducted prior to the study. ER⁺ or PR⁺ results were defined as hormone receptor-positive. For HER2, the cytomembrane of cancer cells without staining was defined as HER2⁻. Any proportion of cancer cells exhibiting weak or incomplete cytomembrane staining or <10% of cancer cells exhibiting weak or complete cytomembrane staining were defined as HER2⁺; ≥10% of cancer cells exhibiting weak or moderately intact cytomembrane staining or <10% cancer cells exhibiting uniform, strong and complete cytomembrane staining were defined as HER2⁺⁺; ≥10% of cancer cells exhibiting consistent, strong and intact cytomembrane staining were defined as HER2⁺⁺⁺; HER2⁻ or HER2⁺ was considered as HER2 low expression, which was considered negative in clinical therapy;

HER2⁺⁺⁺ was HER2 positive; and HER2⁺⁺ required further detection with fluorescent *in situ* hybridization (FISH). If no gene expression was observed in the FISH analysis, HER2 was categorized as negative; otherwise, it was positive. For p53 and CK5/6, ≥10% staining of cancer cells was defined as positive. In addition to pathological data, the following data were recorded: Age, occupation, marital status, body mass index (BMI), menopausal status, tumor discovery time, tumor size, pathological type, histological grade, vascular tumor embolus state, TNM stage, clinical stage, molecular type, surgical scheme and tumor markers, including carcinoembryonic antigen and cancer antigen 15-3 tested by chemiluminescence microparticle I2000 immunoassay (Abbott, Abbott Park, IL, USA).

Patient occupations were classified as manual worker, skilled worker or unemployed. Manual workers included laborers and farmers. Skilled workers included clerks, national civil servants and professionals. The unemployed group also included retirees. The BMI (kg/m²) categories were based on the Working Group on Obesity in China with the support of the International Life Science Institute Focal point in China. Menopausal status referred to the definition of menopause as per the NCCN Guidelines (version 2, 2017). Tumor discovery time was calculated between the discovery of the breast lump and the initial breast cancer diagnosis. The diagnosis of TNM stage was based on the Cancer Staging Manual, Seventh Edition (American Joint Committee on Cancer, 2010; Springer Science Business Media) (18) and the Nottingham combined histologic grade was referenced. The molecular type was based on the St. Gallen International Expert Consensus on the Primary Therapy of Early Breast Cancer (2013) (19).

Assay for 21-gene detection, chemotherapeutic efficacy-related target gene detection and RS definition. The 21-gene RS assay and the detection of chemotherapeutic efficacy-related target genes were performed on paraffin-embedded tumor samples at Surexam Medical Laboratory (Medical Institution Licensing permit no. 440116PDY707461; Guangzhou, China) using the DNA liquid chip technology to transfer the probe of a traditional gene chip from a solid carrier to liquid to increase the detection efficiency. The target genes were thymidylate synthetase (*TYMS*), ribonucleotide reductase catalytic subunit M1 (*RRM1*), tubulin β3 class III (*TUBB3*), DNA topoisomerase IIα (*TOP2A*) and phosphatase and tensin homolog (*PTEN*) (20-25). Gene expression did not translate or equate to protein expression of those markers by IHC due to differences in the detection methods. The expression levels of the following 21 gene mRNAs, which are related to recurrence risk, were detected and calculated to determine the RS: *Ki67*, aurora kinase A (*STK15*), Survivin, cyclin B1 (*CCNB1*), MYB proto-oncogene like 2 (*MYBL2*), growth factor receptor-bound protein 7 (*GRB7*), *HER2*, *ER*, *PR*, *BCL2* apoptosis regulator (*BCL2*), signal peptide, CUB domain and EGF-like domain-containing 2 (*SCUBE2*), matrix metalloproteinase 11 (*MMP11*), cathepsin V (*CTSL2*), glutathione S-transferase μ1 (*GSTM1*), scavenger receptor class D, member 1 (*CD68*), *BCL2*-associated athanogene 1 (*BAG1*), β-actin (*ACTB*), *GAPDH*, ribosomal protein lateral stalk subunit P0 (*RPLP0*), β-glucuronidase (*GUS*) and transferrin receptor (*TFRC*). RS <18 was categorized as low risk, RS between 18 and 30

was considered to be intermediate risk, and $RS \geq 31$ was categorized as high risk (8).

Kaplan-Meier Plotter database. As a tool for meta-analysis-based biomarker assessment, the Kaplan-Meier Plotter (<http://www.kmplot.com>) (26) was used to analyze the prognostic values of *TYMS*, *RRM1*, *TUBB3*, *TOP2A* and *PTEN* mRNA expression levels in ER⁺ breast cancer. Kaplan-Meier survival plots were drawn using data from the Kaplan-Meier database. A log P-value <0.01 was considered to indicate a statistically significant difference.

Therapeutic decision making and follow-up. Patients' data were discussed by the Multidisciplinary team (MDT) of The First Affiliated Hospital of Xi'an Jiaotong University. The MDT team independently made therapeutic decisions before and after the RS test. The clinical decision was made based on the Chinese Society of Clinical Oncology Breast Cancer diagnosis and treatment guidelines and NCCN Clinical Practice Guidelines in Oncology of Breast Cancer, St. Gallen Consensus. Finalized therapeutic decisions were made by combining the physician's clinical experience, the patients and their families' expectations, and patients' individual situation. Patients and their families were informed with the final decision and informed consent was obtained. All patients were followed up by a combination of outpatient and telephone visits to confirm recurrence, metastasis or death of breast cancer.

Statistical analysis. All categorical variables are expressed as the means of absolute numbers and percentages, whereas abnormally distributed continuous variables are expressed as medians and ranges. The associations between the 21-gene RS and clinicopathological characteristics that were categorical variables were analyzed by the χ^2 test. Fisher's exact test was applied when the theoretical frequency was <5 or the total observation frequency was <20. For continuous variables, if they met the assumptions of normality and homogeneity, Student's unpaired t-test was performed. Otherwise, these variables were analyzed by the Wilcoxon rank-sum test. The relationships between the 21-gene RS and chemotherapeutic efficacy-related target genes were estimated using the Wilcoxon rank-sum test, and correlations were tested using Spearman's rank test. Univariate binary logistic regression of clinicopathological characteristics and chemotherapeutic efficacy-related target genes with 21-gene RSs and multivariate logistic analysis of independent variables associated with the 21-gene RS were analyzed. Furthermore, the McNemar χ^2 test was used to compare the differences in treatment decisions before and after the 21-gene test. All statistical tests were two sided. $P < 0.05$ was considered to indicate a statistically significant difference. All analyses were performed using SPSS 18.0 (SPSS, Inc., Chicago, IL, USA).

Results

Patient clinicopathological characteristics. A total of 110 female patients with ER⁺ breast cancer who were tested with the 21-gene RS test and treated at The First Affiliated Hospital of Xi'an Jiaotong University were included in

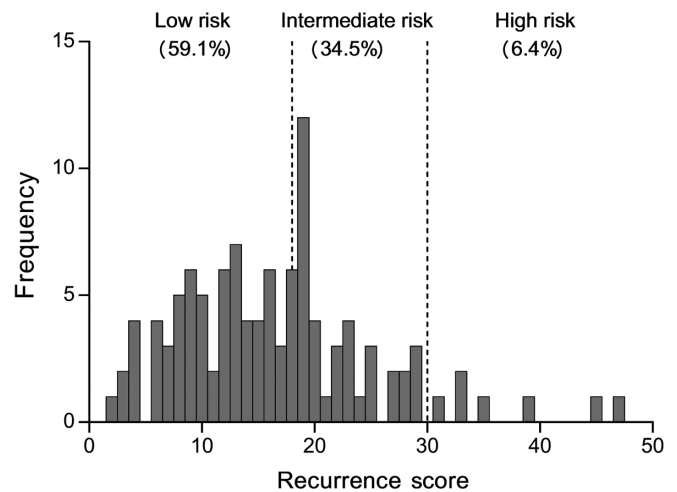


Figure 1. Distribution of 21-gene recurrence score. The distribution of 21-gene recurrence scores of 110 female patients with estrogen receptor-positive breast cancer was used to categorize the patients into low, intermediate and high risk groups.

the present study (Fig. 1; Table I). Based on RS criteria, the majority of patients (59.1%; 65/110) were classified in the low-RS group, 34.5% (38/110) in the intermediate-RS group and 6.4% (7/110) in the high-RS group. Most patients (30.9%; 34/110) were skilled workers. Nearly 96% of patients were married, and the majority (60%; 66/110) had normal BMI. The proportions of postmenopausal and premenopausal patients were 51% (56/110) and 48% (53/110), respectively. A total of 93 (84.6%) patients had invasive ductal carcinoma; none of the patients had lymph node metastasis or a vascular tumor embolus. The clinical stages were I-II (100%). The baseline data are presented in Table I.

Distribution of RS based on clinicopathological characteristics.

The associations between the 21-gene RS and clinicopathological characteristics are shown in Tables II and III. Median age at initial diagnosis of breast cancer in the low-RS group was 52 years old (range, 25-73), whereas median age was 50 years (range, 30-70) in the intermediate/high-RS group. The distribution of the 21-gene RS varied significantly according to BMI, pathological type, histological grade and molecular grade ($P < 0.05$; Table II). Patients with higher BMI, invasive ductal carcinoma type, higher histological grade and luminal B molecular type were more likely to have higher RS compared with patients with lower BMI, non-invasive ductal carcinoma, lower histological grade and luminal A molecular type (Fig. 2). In histological grade I-II tumors, the proportions of low and intermediate/high RS were 67.1 and 32.9%, respectively, whereas in patients with histological grade III tumors, the proportions were 39.3 and 60.7% respectively ($P = 0.010$; Fig. 2C). Similarly, compared with patients with lower BMI, non-invasive ductal carcinoma type and luminal A molecular type, patients with higher BMI, invasive ductal carcinoma type and luminal B molecular type were more likely to be categorized as the intermediate/high-RS group and less likely to be categorized as the low-RS group ($P < 0.05$; Table II). In addition, univariate binary logistic regression analysis revealed that higher BMI [odds ratio (OR), 2.929; $P = 0.010$], invasive ductal carcinoma type

Table I. Clinicopathological characteristics of patients with ER⁺ breast cancer.

Clinicopathological characteristic	N	%	Valid% ^a
Age (years)			
<45	33	30.00	30.00
45-59	50	45.45	45.45
≥60	27	24.55	24.55
Occupation ^b			
Manual worker	28	25.45	31.11
Skilled worker	34	30.91	37.78
Unemployed	28	25.45	31.11
Other	20	18.18	
Marital status			
Married	106	96.36	96.36
Divorced	2	1.82	1.82
Not married	2	1.82	1.82
BMI ^c			
Underweight: <18.5	6	5.45	5.45
Normal weight: 18.5-23.9	66	60.00	60.00
Overweight: ≥24.0	38	34.55	34.55
Menopausal state ^d			
Postmenopausal	56	50.91	51.38
Premenopausal	53	48.18	48.62
Other	1	0.91	
Tumor discovery time (days) ^e			
t <1 week	11	10.00	10.00
1 week ≤ t <2 weeks	16	14.55	14.55
2 weeks ≤ t <1 month	18	16.36	16.36
1 month ≤ t <6 months	30	27.28	27.28
6 months ≤ t <1 year	14	12.73	12.73
t ≥1 year	21	19.09	19.09
Tumor size (cm)			
≤2	73	66.36	66.36
>2	37	33.64	33.64
Pathological type			
IDC	93	84.55	84.55
ILC	9	8.18	8.18
IPC	4	3.64	3.64
IMPC	1	0.91	0.91
MC	3	2.73	2.73
Vascular tumor embolus			
Yes	0	0	0
No	110	100	100
Histological grade ^f			
I	13	11.82	12.50
II	63	57.27	60.58
III	28	25.45	26.92
Unknown	6	5.45	
T stage ^g			
T1	73	66.36	66.36
T2	36	32.73	32.73
T3	1	0.91	0.91
N stage ^g			
N0	110	100	100
N1-3	0	0	0
M stage ^g			
M0	110	100	100
M1	0	0	0

Table I. Continued.

Clinicopathological characteristic	N	%	Valid% ^a
Clinical stage ^g			
I	73	66.36	66.36
II	37	33.64	33.64
III	0	0	0
Molecular type ^h			
Luminal A	46	41.82	41.82
Luminal B	64	58.18	58.18
Luminal B (-)	57	51.82	51.82
Luminal B (+)	7	6.36	6.36
Surgical scheme			
BCS	16	14.55	14.55
BMS	94	85.45	85.45
ER			
Positive	110	100	100
Negative	0	0	0
p53			
≤10%	74	67.27	71.84
11-50%	20	18.18	19.42
≥51%	9	8.18	8.74
Unknown	7	6.36	
CK5/6			
Positive	9	8.18	8.65
Negative	95	86.36	91.35
Unknown	6	5.45	
Tumor markers CEA (ng/ml)			
Negative, 0.00-3.40	100	90.91	92.59
Positive, >3.40	8	7.27	7.41
Unknown	2	1.82	
Tumor markers CA15-3 (ng/ml)			
Negative 0.00-25.00	105	95.45	97.22
Positive >25.00	3	2.73	2.78
Unknown	2	1.82	

^aValid% means the proportion excludes 'Others' and 'Unknown'.

^bPatient occupations were classified as manual worker, skilled worker, and unemployed. 'Manual workers' included laborers and farmers; 'skilled workers' included clerks, national civil servants and professionals; 'unemployed' included retired and unemployed people.

^cBMI (kg/m²) category was based on the Working Group on Obesity in China with the support of International Life Science Institute Focal point in China. ^dMenopausal status referred to the definition of menopause as per the NCCN Guidelines (version 2; 2017). ^eTumor discovery time was calculated from the first time the patient touched the breast mass until the initial diagnosis of the breast cancer. ^fNottingham combined histologic grade was referenced. ^gTNM stage is based on the American Joint Committee on Cancer Staging Manual (Seventh Edition; 2010; published by Springer Science+Business Media, LLC).

^hThe molecular type referred to the St. Gallen International Expert Consensus on the Primary Therapy of Early Breast Cancer (2013). BCS, breast conserving surgery; BMI, body mass index; BMS, breast mastectomy surgery; CA15-3, cancer antigen 15-3; CEA, carcino-embryonic antigen; CK5/6, cytokeratin 5/6; ER, estrogen receptor; IDC, invasive ductal carcinoma; ILC, invasive lobular carcinoma; IMPC, invasive micropapillary carcinoma; IPC, invasive papillary carcinoma; MC, mucinous carcinoma; TNM, tumor-node-metastasis.

Table II. Relationship between 21-gene RS and clinicopathological characteristics.

Clinicopathological characteristics	RS risk groups		P-value
	Low risk (RS <18)	Intermediate/high risk (RS ≥18)	
Median age, years (range)	52 (25-73)	50 (30-70)	0.619
Median tumor discovery time, days (range)	56 (2-1680)	28 (2-1680)	0.317
Occupation			0.507
Manual worker	15 (26.8)	13 (38.2)	
Skilled worker	22 (39.3)	12 (35.3)	
Unemployed	19 (33.9)	9 (26.5)	
BMI			0.008
<24	49 (75.4)	23 (51.1)	
≥24	16 (24.6)	22 (48.9)	
Menopausal state			0.902
Postmenopausal	34 (52.3)	23 (51.1)	
Premenopausal	31 (47.7)	22 (48.9)	
Tumor size			0.113
≤2	47 (72.3)	26 (57.8)	
>2	18 (27.7)	19 (42.2)	
Pathological type			0.001
IDC	49 (75.4)	44 (97.8)	
NIDC	16 (24.6)	1 (2.2)	
Histological grade			0.010
I-II	51 (82.3)	25 (59.5)	
III	11 (17.7)	17 (40.5)	
Clinical stage			0.113
Stage I	47 (72.3)	26 (57.8)	
Stage II-III	18 (27.7)	19 (42.2)	
Molecular type			0.022
Luminal A	33 (50.8)	13 (28.9)	
Luminal B	32 (49.2)	32 (71.1)	
Surgical scheme			0.764
BCS	10 (15.4)	6 (13.3)	
BMS	55 (84.6)	39 (86.7)	
Median P53% (range)	8 (1-90)	10 (1-90)	0.099
CK5/6 status			0.670
Positive	4 (6.8)	5 (11.1)	
Negative	55 (93.2)	40 (88.9)	
Median CEA, ng/ml (range)	1.50 (0.31-4.62)	1.52 (0.20-5.73)	0.771
Median CA15-3, ng/ml (range)	9.37 (4.67-25.48)	11.12 (4.85-28.48)	0.215

Bold indicates P<0.05. BCS, breast conserving surgery; BMI, body mass index; BMS, breast mastectomy surgery; CA15-3, cancer antigen 15-3; CEA, carcinoembryonic antigen; CK5/6, cytokeratin 5/6; IDC, invasive ductal carcinoma; NIDC, non-invasive ductal carcinoma; RS, recurrence score.

(OR, 14.367; P=0.011), higher histological grade (OR, 3.153; P=0.012) and luminal B molecular type (OR, 2.538; P=0.024) were independent risk factors for higher RS (Table III).

Distribution of RS according to chemotherapeutic efficacy-related target genes. Detection of *PTEN*, *TYMS*, *RRM1*, *TUBB3* and other genes related to the efficacy and/or side

effects of chemotherapeutic drugs predicted the therapeutic effects and/or side effects of chemotherapeutic drugs for each patient; the results were used to inform chemotherapy treatment. The associations between RS and chemotherapeutic efficacy-related target genes are demonstrated in Table IV. Differences in *TYMS* and *TOP2A* gene expression between the low- and intermediate/high-risk RS groups were statistically

Table III. Univariate binary logistics regression analysis of clinicopathological characteristics with 21-gene recurrence score.

Clinicopathological characteristics	High/intermediate vs. low risk		P-value
	OR	95% CI	
Age	0.991	0.955-1.028	0.616
Tumor discovery time	1.000	0.998-1.001	0.664
Occupation			0.510
Manual worker	1.830	0.617-5.423	0.276
Skilled worker	1.152	0.399-3.324	0.794
Unemployed	Ref		
BMI			
<24	Ref		
≥24	2.929	1.300-6.601	0.010
Menopausal state			
Postmenopausal	Ref		
Premenopausal	1.049	0.490-2.245	0.902
Tumor size (cm)			
≤2	Ref		
>2	1.908	0.855-4.260	0.115
Pathological type			
NIDC	Ref		
IDC	14.367	1.830-112.826	0.011
Histological grade			
I-II	Ref		
III	3.153	1.286-7.729	0.012
Clinical stage			
Stage I	Ref		
Stage II-III	1.908	0.855-4.260	0.115
Molecular type			
Luminal A	Ref		
Luminal B	2.538	1.132-5.692	0.024
Surgical scheme			
BCS	Ref		
BMS	1.182	0.397-3.523	0.764
P53 (%)	7.592	0.940-61.290	0.057
CK5/6 status			
Positive	Ref		
Negative	0.582	0.147-2.304	0.441
CEA	1.076	0.747-1.551	0.693
CA15-3	1.042	0.971-1.118	0.254

Bold indicates $P < 0.05$. BCS, breast conserving surgery; BMI, body mass index; BMS, breast mastectomy surgery; CA15-3, cancer antigen 15-3; CEA, carcinoembryonic antigen; CI, confidence interval; CK5/6, cytokeratin 5/6; IDC, invasive ductal carcinoma; NIDC, non-invasive ductal carcinoma; OR, odds ratio; Ref, reference.

significant ($P < 0.05$; Table IV). Patients with higher *TYMS* gene expression were more likely to have intermediate/high-risk

RS compared with patients with lower *TYMS* gene expression ($P = 0.001$; Table IV). In addition, the proportion of intermediate/high-risk RS was significantly higher among patients with higher *TOP2A* expression ($P < 0.001$; Table IV). *PTEN*, *RRMI* and *TUBB3* had no impact on RS categories. Furthermore, univariate binary logistic regression analysis showed that *TYMS* (OR, 14.950; $P = 0.001$) and *TOP2A* (OR, 14.846; $P < 0.001$) gene expression levels were independent risk factors for higher RS (Table V).

Multivariate analysis of independent variables associated with the 21-gene RS. Multivariate logistic regression analysis demonstrated that BMI, histological grade and *TOP2A* were independent variables associated with RS (Table VI). Patients with $BMI \geq 24$ were more likely to have high/intermediate-risk RS compared with patients with $BMI < 24$ (OR, 3.590; 95% CI, 1.296-9.947; $P = 0.014$). Histological grade III was associated with significantly higher odds of high/intermediate-risk RS (OR, 3.478; 95% CI, 1.139-10.627; $P = 0.029$) compared with grade I-II. Additionally, the proportion of high/intermediate-risk RS was significantly higher among patients with high *TOP2A* gene expression compared with low *TOP2A* expression (OR, 16.056; 95% CI, 1.961-131.451; $P = 0.010$).

Correlation between RS and chemotherapeutic efficacy-related target genes. The correlation between *TYMS* gene expression and the RS value was determined to be statistically significant ($r = 0.366$; $P < 0.001$; Fig. 3A). Similar level of *RRMI* gene expression was noted in both risk groups (Table IV) and no correlation was noted between *RRMI* gene expression and the RS value ($P = 0.592$; Fig. 3B). Although significantly higher *TUBB3* gene expression was observed in the intermediate/high-risk RS group, the absolute difference between the two risk groups was not clinically significant and had no correlation ($P = 0.052$; Fig. 3C). The correlation between *TOP2A* gene expression and the RS value was statistically significant ($r = 0.384$; $P < 0.001$; Fig. 3D). Higher *PTEN* gene expression was observed in the low-risk RS group, but there was no correlation ($P = 0.090$; Fig. 3E).

Prognostic values of the mRNA expression levels of chemotherapeutic efficacy-related target genes in ER+ breast cancer. Based on the correlations between RS and several of the tested chemotherapeutic efficacy-related target genes, the prognostic value of the mRNA expression levels of the five chemotherapeutic efficacy-related target genes in 2,061 patients with ER+ breast cancer was examined using a Kaplan-Meier plotter database. Among these genes, three were associated with relapse-free survival (RFS) for ER+ breast cancer (Fig. 4A-E). For *TYMS* (HR=1.63; 95% CI, 1.38-1.93; $P < 0.001$; Fig. 4A), *TUBB3* (HR=1.35; 95% CI, 1.15-1.59; $P < 0.001$; Fig. 4B) and *TOP2A* (HR=2.02; 95% CI, 1.71-2.39; $P < 0.001$; Fig. 4C), higher mRNA expression levels were associated with lower RFS in patients with ER+ breast cancer. However, *RRMI* (HR=1.13; 95% CI, 0.96-1.33; $P = 0.15$; Fig. 4D) and *PTEN* (HR=0.76; 95% CI, 0.57-1.01; $P = 0.061$; Fig. 4E) were not associated with RFS. The threshold values for high and low expression levels were selected by the Kaplan-Meier plotter.

Table IV. Relationship between 21-gene RS and chemotherapeutic efficacy-related target genes.

Chemotherapeutic efficacy-related target genes	RS risk groups N (%) ^a		P-value
	Low risk (RS <18)	Intermediate/high risk (RS ≥18)	
<i>TYMS</i>	28.4 (1-89)	45.8 (4.5-96)	0.001
<i>RRM1</i>	44.8 (1-98.1)	43.5 (1-99)	0.975
<i>TUBB3</i>	39.6 (1-99)	52.3 (0.8-99)	0.337
<i>TOP2A</i>	35.9 (1.1-94.6)	63.1 (2.7-98.1)	<0.001
<i>PTEN</i>	64.7 (7.9-99)	65.6 (1.4-99)	0.681

^aMedian percentage of gene expression (range). Bold indicates P<0.05. *PTEN*, phosphatase and tensin homolog; *RRM1*, ribonucleotide reductase catalytic subunit M1; RS, recurrence score; *TOP2A*, DNA topoisomerase II α ; *TUBB3*, tubulin β 3 class III; *TYMS*, thymidylate synthetase.

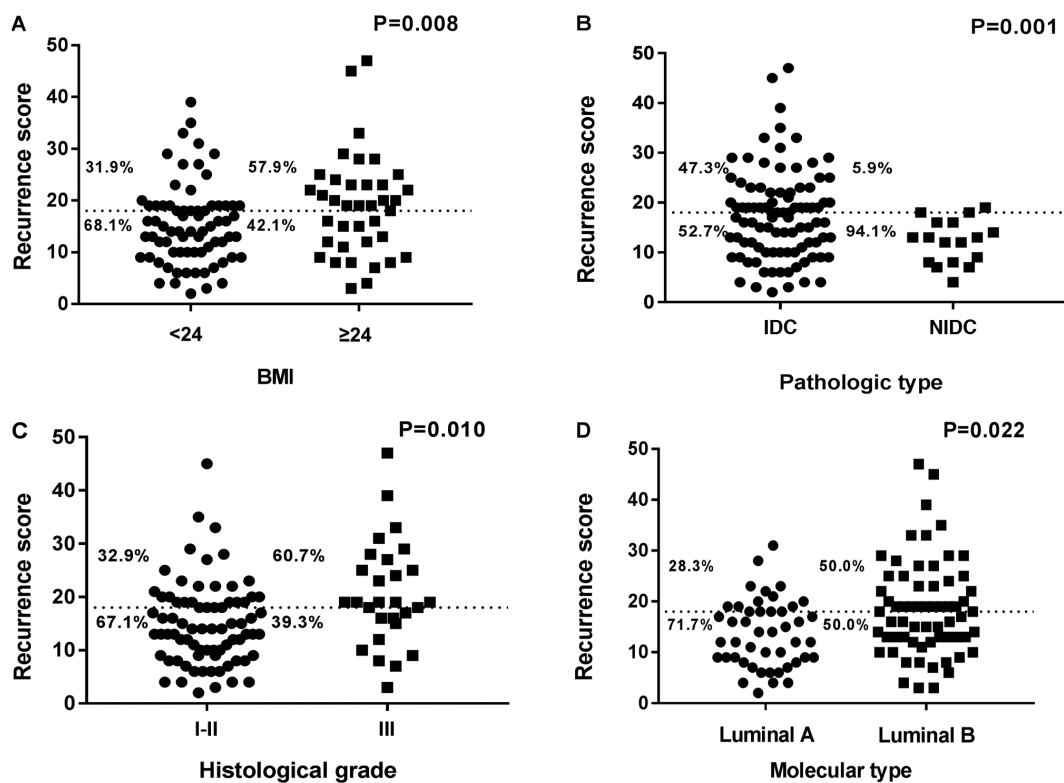


Figure 2. Association between RS risk groups and clinicopathological characteristics. (A) RS vs. BMI; (B) RS vs. pathological type; (C) RS vs. histological grade; (D) RS vs. molecular type. BMI, body mass index; IDC, invasive ductal carcinoma; NIDC, non-invasive ductal carcinoma; RS, 21-gene test recurrence score.

Changes in treatment decisions before and after RS. The changes in doctor's treatment decision before and after RS are presented in Table VII. Among the patients who were classified as low risk group and intermediate risk group, 24 (39%) and 8 (20%), respectively, were switched from adjuvant chemotherapy combined with endocrine therapy to endocrine therapy alone following the 21-gene RS test. In contrast, in the high risk group, one additional patient was prescribed adjuvant chemotherapy following the 21-gene RS test. Prior to the 21-gene RS test, a total of 61 patients (55%) were recommended adjuvant chemotherapy combined with endocrine therapy; following the 21-gene RS test, 32 patients (29%) were

treated with adjuvant endocrine therapy alone. Therefore, the use of adjuvant chemotherapy was significantly reduced following the 21-gene RS test (P<0.001).

Follow-up. By the end of August 2018, the median follow-up time was 33 months. Two patients had local recurrence (their RSs were 22 and 45, respectively). One patient with an RS of 29 had recurrence and liver metastasis. One patient with an RS of 29 had deceased. Four patients received postoperative adjuvant chemotherapy. Three patients (2.7%) were lost to follow-up due to change of contact details. All other patients survived without breast cancer recurrence or metastasis.

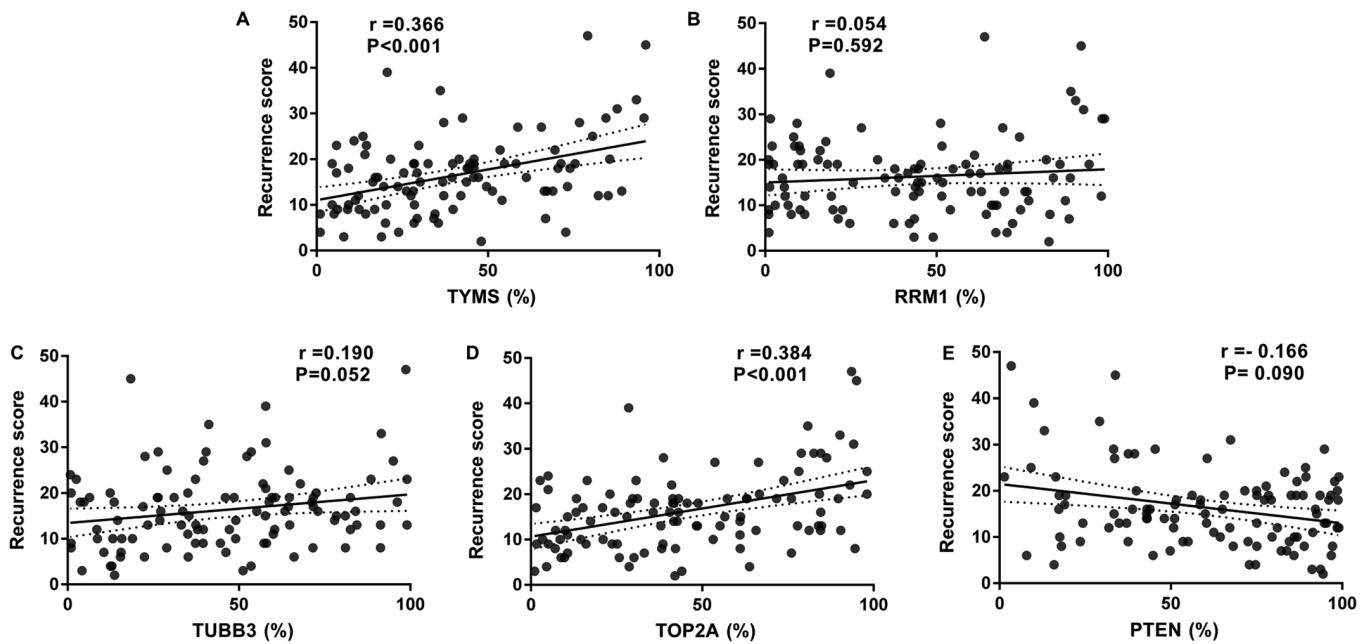


Figure 3. Correlation analysis between recurrence score (RS) and chemotherapeutic efficacy related target genes. (A) RS vs. *TYMS*; (B) RS vs. *RRM1*; (C) RS vs. *TUBB3*; (D) RS vs. *TOP2A*; (E) RS vs. *PTEN*. *PTEN*, phosphatase and tensin homolog; *RRM1*, ribonucleotide reductase catalytic subunit M1; RS, recurrence score; *TOP2A*, DNA topoisomerase II α ; *TUBB3*, tubulin β 3 class III; *TYMS*, thymidylate synthetase.

Table V. Univariate binary logistics regression analysis of chemotherapeutic efficacy-related target genes with 21-gene recurrence score.

Chemotherapeutic efficacy-related target genes	High/intermediate vs. low risk		
	OR	95% CI	P-value
<i>TYMS</i>	14.950	2.863-78.082	0.001
<i>RRM1</i>	0.972	0.257-3.670	0.966
<i>TUBB3</i>	2.034	0.482-8.574	0.333
<i>TOP2A</i>	14.846	3.269-67.433	<0.001
<i>PTEN</i>	0.620	0.154-2.495	0.501

Bold indicates $P < 0.05$. CI, confidence interval; OR, odds ratio; *PTEN*, phosphatase and tensin homolog; *RRM1*, ribonucleotide reductase catalytic subunit M1; *TOP2A*, DNA topoisomerase II α ; *TUBB3*, tubulin β 3 class III; *TYMS*, thymidylate synthetase.

Discussion

In the present study, DNA liquid chip technology was used to detect 21-gene RS and the expression profiles of chemotherapeutic efficacy-related target genes as gene expression did not translate or equate to protein expression of those markers identified by IHC. This technology detected >30 genes simultaneously without reverse transcription and polymerase chain reaction. Therefore, the present study reflected the real-life associations between RS and clinicopathological characteristics of breast cancer with more clarity compared with previous studies. As the DNA liquid chip technology had the advantages

Table VI. Multivariate analysis of independent variables associated with 21-gene recurrence score

Clinicopathological characteristic	High/intermediate vs. low risk		
	OR	95% CI	P-value
BMI			
<24	Ref		
≥ 24	3.590	1.296-9.947	0.014
Histological grade			
I-II	Ref		
III	3.478	1.139-10.627	0.029
Molecular type			
Luminal A	Ref		
Luminal B	0.839	0.294-2.393	0.743
<i>TYMS</i>	3.865	0.401-37.294	0.242
<i>TOP2A</i>	16.056	1.961-131.451	0.010

Bold indicates $P < 0.05$. BMI, body mass index; CI, confidence interval; OR, odds ratio; Ref, Reference; *TOP2A*, DNA topoisomerase II α ; *TYMS*, thymidylate synthetase.

of parallel detection, high sensitivity, simple operation and a wide linear range, it was suitable for a number of types of samples. In addition, it did not require RNA extraction, reverse transcription and PCR, which reduced the multi-step error accumulation on the results. In addition to the correlation between RS and clinicopathological characteristics, chemotherapeutic efficacy-related target genes were also included in the study.

Table VII. Treatment decisions before and after 21-gene RS test.

Treatment decisions	Low RS n=62, n (%)	Intermediate RS n=4, n (%)	High RS n=7, n (%)	Total n=110, n (%)
No C recommended before RS	34 (55)	14 (34)	1 (14)	49 (45)
No C recommended after RS	34 (55)	14 (34)	0 (0)	48 (44)
C recommended after RS	0 (0)	0 (0)	1 (14)	1 (1)
C recommended before RS	28 (45)	27 (66)	6 (86)	61 (55)
C recommended after RS	4 (6)	19 (46)	6 (86)	29 (26)
No C recommended after RS	24 (39)	8 (20)	0 (0)	32 (29)
Overall change	24 (39)	8 (20)	1 (14)	33 (30)

C, chemotherapy; RS, recurrence score.

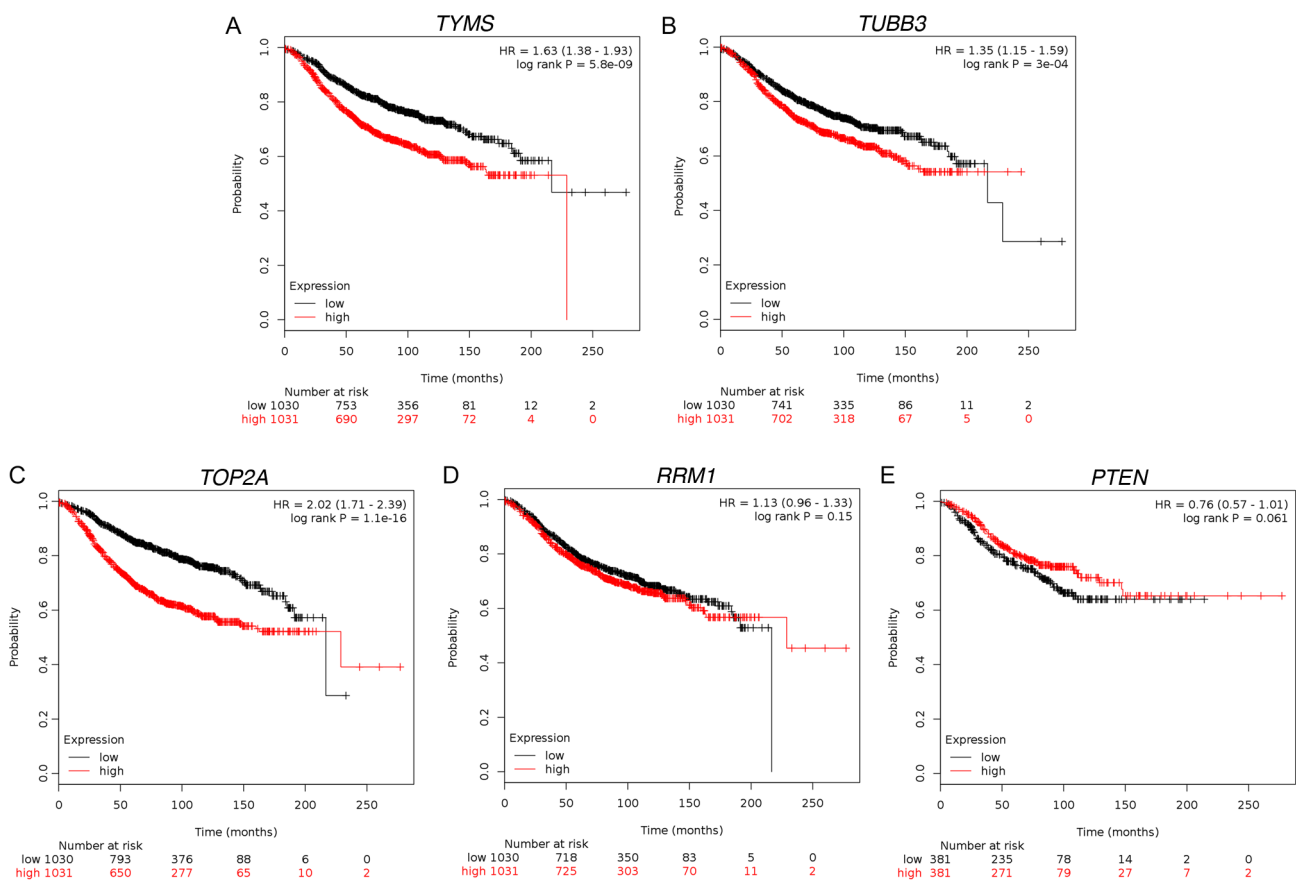


Figure 4. Prognostic value of mRNA expression of *TYMS*, *RRM1*, *TUBB3*, *TOP2A* and *PTEN* in ER⁺ breast cancer. RFS curves of (A) *TYMS* (Affymetrix ID: 202589_at; n=2061), (B) *RRM1* (Affymetrix ID: 201477_at; n=2061), (C) *TUBB3* (Affymetrix ID: 213476_x_at; n=2061), (D) *TOP2A* (Affymetrix ID: 201292_at; n=2061) and (E) *PTEN* (Affymetrix ID: 225363_at; n=762). ER, estrogen receptor; *PTEN*, phosphatase and tensin homolog; RFS, relapse-free survival; *RRM1*, ribonucleotide reductase catalytic subunit M1; RS, recurrence score; *TOP2A*, DNA topoisomerase II α ; *TUBB3*, tubulin β 3 class III; *TYMS*, thymidylate synthase.

In the present study, 59.1% of the patients were classified as the low-risk RS group, which suggested that chemotherapy may not have been beneficial to at least 59.1% of patients examined between 2013 and 2016. Therefore, in clinical practice, <50% of the patients may have been overtreated with chemotherapy following surgery, resulting not only in adverse reactions, but also increasing medical costs. Furthermore, the present study also indicated that patients with higher BMI,

invasive ductal carcinoma type, higher histological grade and luminal B molecular type were more likely to have higher RS. Similarly, the National Surgical Adjuvant Breast and Bowel Project B20 trial also found that patients with histological grade 3, T stage 2-3 and PR-negative tumors were more likely to be categorized as high-risk groups (14). Correlations between low RS and non-invasive ductal carcinoma type have also been reported (16). Owing to the cost of 21-gene detection, the assay

was only applied in patients with ER⁺ early-stage breast cancer. The strong correlation between BMI, invasive ductal carcinoma type, histological grade, molecular type and recurrence score indicated that the clinicopathological characteristics are also important in the future recurrence risk prediction. Therefore, whether a model can be built to predict the long-term recurrence risk of patients with breast cancer who may not need or cannot afford the 21-gene RS test was under consideration. In a study by Orucevic *et al*, six clinicopathological variables of 27,719 21-gene-tested ER⁺/HER2⁻, lymph node-negative patients with 6-50 mm tumor size acquired from the National Cancer Database between 2010 and 2012 were assessed by logistic regression to predict high-risk or low-risk 21-gene test results (27); the results revealed that grade and progesterone receptor status were the highest predictors of both low-risk and high-risk RS, followed by age, tumor size, histologic tumor type and lymph-vascular invasion (27). The aforementioned study reported with confidence that clinicopathological variables may be used for prediction of low-risk or high-risk RS using nomogram models, which may help physicians and patients decide whether further 21-gene RS test is necessary and function as surrogates for patients for whom 21-gene RS test is not affordable or unavailable (27). Multivariate analysis in the present study demonstrated that BMI, histological grade and *TOP2A* were independent variables associated with RS. These results suggested that the 21-gene RS effectively integrated clinicopathological features and provided further information regarding breast cancer. The correlations reported in the present study indicated that traditional routine clinicopathological characteristics may aid in the prediction of RS.

There were certain discrepancies between RS and clinicopathological characteristics. A number of patients with risk factors for recurrence demonstrated low RS. For example, 24.6% (16/65) of patients with higher BMI (≥ 24) had RS <18. In addition, 17.7% (11/62) of patients with histological grade III tumors were categorized in the low-risk RS group. Therefore, the use of one or several clinicopathological characteristics to predict RS score may not be accurate; however, 21-gene test may help avoid these deviations and may be more comprehensive. These differences between RS and clinicopathological characteristics demonstrated that the 21-gene RS may provide more accurate and verifiable prognostic information compared with traditional clinicopathological characteristics.

A retrospective study by Stemmer *et al* demonstrated that in patients with ER⁺ breast cancer with up to three positive nodes, including micrometastases, tested using the Oncotype DX gene test, the chemotherapy use was lower compared with untested patients (24.5 vs. 70.1%), which suggested that Oncotype DX testing has a significant impact on reducing chemotherapy use (28). A retrospective analysis of a prospective designed registry, which included 1,801 patients with ER⁺/HER2⁻, lymph node-negative breast cancer (median follow-up, 6.2 years), demonstrated that estimates for distant recurrence and breast cancer mortality rate for the RS <18 patients were very low, supporting the use of endocrine therapy alone (29). Additional findings from another study supported the use endocrine therapy alone in patients with ER⁺/HER2⁻ breast cancer with micrometastases, 1-3 positive nodes and recurrence score <18 (30). When patients with RS 11-25 were randomized to receive either chemotherapy or endocrine therapy, the results revealed that chemotherapy was not more effective compared with endocrine

therapy (29). Lee *et al* conducted a study of Korean breast cancer patients, and the results demonstrated that 54.2% of the patients changed their treatment decisions following the 21-gene test, among which 51.4% of patients switched to hormone therapy without chemotherapy (31). Holt *et al* revealed that the use of 21-gene detection had a considerable impact on chemotherapy recommendation in early stage breast cancer (32). These data demonstrated that RS test may be essential to avoid unnecessary chemotherapy. Similarly, the present study revealed that for patients with hormone receptor-positive and lymph node-negative early-stage breast cancer, 21-gene RS test may aid to avoid excessive postoperative adjuvant chemotherapy and lessen the side effects of chemotherapy. The change rate of treatment decision before and after 21-gene RS detection in China is in the top 8 in the world (UK 10%, Italy 12%, USA 22%, Japan 26%, China 29%, Germany 30%, Spain 33% and South Korea 51%) (31-37).

Notably, the distribution of RS according to chemotherapeutic efficacy-related target genes was analyzed. The detection of *PTEN* and other chemotherapeutic efficacy-related target genes has been previously used to predict the curative effect of target drugs and to inform their use to help patients select appropriate chemotherapy drugs (21-25). However, the data revealed that the proportion of intermediate/high-risk RS was significantly higher among patients with higher *TYMS* and *TOP2A* expression. *TYMS* and *TOP2A* gene expression correlated with the RS value, which suggested that *TYMS* and *TOP2A* gene expression may also predict prognosis and recurrence risk in patients with breast cancer. As the sample size of the present study was small, these distinct gene expression profiles were further tested in Kaplan-Meier for survival analysis. The data (n=2,061) demonstrated that *TYMS*, *TUBB3* and *TOP2A* gene expression levels were significantly associated with RFS for ER⁺ breast cancer. These results suggested that there may be more meaningful tumor-related genes that may be used in RS classification and that the criteria for RS categories may be worth reviewing.

The 21-gene RS test were mainly applied in patients with ER⁺/HER2⁻, lymph node metastasis-negative breast cancer. In the future, the scope of application may be expanded to include patients with lymph node metastasis into the analysis to explore the value of the RS assay in these populations.

The 21-gene RS correlated significantly with BMI, pathological type, histological grade, molecular grade and several chemotherapeutic efficacy-related target genes, including *TYMS* and *TOP2A*. These results may be used to provide more information compared with clinicopathological indexes and inform treatment plans. The 21-gene RS test may help avoid excessive postoperative adjuvant chemotherapy. Large amounts of data in the Kaplan-Meier plotter database demonstrated that *TYMS*, *TUBB3* and *TOP2A* gene expression levels were significantly associated with RFS for ER⁺ breast cancer. Therefore, *TYMS*, *TUBB3* and *TOP2A* gene expression levels may have prognostic value for ER⁺ breast cancer.

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Availability of data and materials

The data generated or analyzed during this study are included in this published article. The Kaplan-Meier used in the present study are available at <http://www.kmplot.com>.

Authors' contributions

LZ and YR conceived and designed the study. LZ, BW, KW and JH collected the data. LZ, BW and NM analyzed and interpreted the data. CZ, YY and JH assisted in analyzing the data. NM and YY did the follow-up of all patients. LZ, NM, BW, CZ, JH and YY wrote the manuscript. LZ, YR, YY, JH and CZ revised the manuscript. All authors have read and approved the final version of this manuscript.

Ethics approval and consent to participate

The study was approved by the Ethics Committee of The First Affiliated Hospital of Xi'an Jiaotong University (Xi'an, China). This is a retrospective study, for which formal consent is not required. The research (data analyses) complies with the current laws of the country in which they were performed (The People's Republic of China).

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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