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Ezetimibe for the prevention of cardiovascular disease and all-cause mortality events (Review)

Zhan S, Tang M, Liu F, Xia P, Shu M, Wu X

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[Intervention Review]

Ezetimibe for the prevention of cardiovascular disease and all-cause mortality events

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ABSTRACT

Background

Cardiovascular disease (CVD) remains an important cause of mortality and morbidity, and high levels of blood cholesterol are thought to be the major modifiable risk factors for CVD. The use of statins is the preferred treatment strategy for the prevention of CVD, but some people at high-risk for CVD are intolerant to statin therapy or unable to achieve their treatment goals with the maximal recommended doses of statin. Ezetimibe is a selective cholesterol absorption inhibitor, whether it has a positive effect on CVD events remains uncertain. Results from clinical studies are inconsistent and a thorough evaluation of its efficacy and safety for the prevention of CVD and mortality is necessary.

Objectives

To assess the efficacy and safety of ezetimibe for the prevention of CVD and all-cause mortality.

Search methods

We searched the CENTRAL, MEDLINE, Embase and Web of Science on 27 June 2018, and two clinical trial registry platforms on 11 July 2018. We checked reference lists from primary studies and review articles for additional studies. No language restrictions were applied.

Selection criteria

We included randomised controlled trials (RCTs) that compared ezetimibe versus placebo or ezetimibe plus other lipid-modifying drugs versus other lipid-modifying drugs alone in adults, with or without CVD, and which had a follow-up of at least 12 months.

Data collection and analysis

Two review authors independently selected studies for inclusion, extracted data, assessed risk of bias and contacted trialists to obtain missing data. We performed statistical analyses according to the *Cochrane Handbook for Systematic Reviews of Interventions* and used the GRADE to assess the quality of evidence.

Main results

We included 26 RCTs randomising 23,499 participants. All included studies assessed effects of ezetimibe plus other lipid-modifying drugs compared with other lipid-modifying drugs alone or plus placebo. Our findings were driven by the largest study (IMPROVE-IT), which had weights ranging from 41.5% to 98.4% in the different meta-analyses.

Ezetimibe for the prevention of cardiovascular disease and all-cause mortality events (Review)

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Ezetimibe with statins probably reduces the risk of major adverse cardiovascular events compared with statins alone (risk ratio (RR) 0.94, 95% confidence interval (CI) 0.90 to 0.98; a decrease from 284/1000 to 267/1000, 95% CI 256 to 278; 21,727 participants; 10 studies; moderate-quality evidence). Trials reporting all-cause mortality used ezetimibe with statin or fenofibrate and found they have little or no effect on this outcome (RR 0.98, 95% CI 0.91 to 1.05; 21,222 participants; 8 studies; high-quality evidence). Adding ezetimibe to statins probably reduces the risk of non-fatal myocardial infarction (MI) (RR 0.88, 95% CI 0.81 to 0.95; a decrease from 105/1000 to 92/1000, 95% CI 85 to 100; 21,145 participants; 6 studies; moderate-quality evidence) and non-fatal stroke (RR 0.83, 95% CI 0.71 to 0.97; a decrease 32/1000 to 27/1000, 95% CI 23 to 31; 21,205 participants; 6 studies; moderate-quality evidence). Trials reporting cardiovascular mortality added ezetimibe to statin or fenofibrate, probably having little or no effect on this outcome (RR 1.00, 95% CI 0.89 to 1.12; 19457 participants; 6 studies; moderate-quality evidence). The need for coronary revascularisation might be reduced by adding ezetimibe to statin (RR 0.94, 95% CI 0.89 to 0.99; a decrease from 196/1000 to 184/1000, 95% CI 175 to 194; 21,323 participants; 7 studies); however, no difference in coronary revascularisation rate was observed when a sensitivity analysis was limited to studies with a low risk of bias.

In terms of safety, adding ezetimibe to statins may make little or no difference in the risk of hepatopathy (RR 1.14, 95% CI 0.96 to 1.35; 20,687 participants; 4 studies; low-quality evidence). It is uncertain whether ezetimibe increase or decrease the risk of myopathy (RR 1.31, 95% CI 0.72 to 2.38; 20,581 participants; 3 studies; very low-quality evidence) and rhabdomyolysis, given the wide CIs and low event rate. Little or no difference in the risk of cancer, gallbladder-related disease and discontinuation due to adverse events were observed between treatment groups. For serum lipids, adding ezetimibe to statin or fenofibrate might further reduce the low-density lipoprotein cholesterol (LDL-C), total cholesterol and triglyceride levels and likely increase the high-density lipoprotein cholesterol levels; however, substantial heterogeneity was detected in most analyses.

None of the included studies reported on health-related quality of life.

Authors' conclusions

Moderate- to high-quality evidence suggests that ezetimibe has modest beneficial effects on the risk of CVD endpoints, primarily driven by a reduction in non-fatal MI and non-fatal stroke, but it has little or no effect on clinical fatal endpoints. The cardiovascular benefit of ezetimibe might involve the reduction of LDL-C, total cholesterol and triglycerides. There is insufficient evidence to determine whether ezetimibe increases the risk of adverse events due to the low and very low quality of the evidence. The evidence for beneficial effects was mainly obtained from individuals with established atherosclerotic cardiovascular disease (ASCVD, predominantly with acute coronary syndrome) administered ezetimibe plus statins. However, there is limited evidence regarding the role of ezetimibe in primary prevention and the effects of ezetimibe monotherapy in the prevention of CVD, and these topics thus requires further investigation.

PLAIN LANGUAGE SUMMARY

Ezetimibe for the prevention of heart disease and death

Review question

Is taking ezetimibe safe and does it prevent heart disease and death?

Background

Heart disease remains the leading cause of death worldwide, and controlling lipid levels is one of the most effective strategies for preventing heart disease. The use of statins is the preferred treatment strategy for the prevention of heart disease, but some people at high risk of heart disease are intolerant to statins or with a poor response to statin therapy. Ezetimibe is a non-statin drug that can reduce the blood lipids levels by inhibiting cholesterol absorption, but whether it has beneficial effects on heart disease and death remains uncertain.

Study characteristics

This evidence is current up to July 2018. We included 26 studies involving 23,499 participants. These studies assessed the effects of ezetimibe plus other lipid-lowering drugs versus lipid-lowering drugs alone for heart disease. The participants were adults, and most of them had been diagnosed with coronary heart disease.

Key results

Ezetimibe with statins probably reduces the risk for combined outcome of death due to heart disease, heart attack or stroke, but the benefit is moderate. However, adding ezetimibe to statin or fenofibrate have little or no effect on death from any cause. Treatment with ezetimibe and statin probably reduces the risk for non-fatal heart attacks and non-fatal stroke. Adding ezetimibe to statin or fenofibrate probably have little or no effect on heart-related death. Ezetimibe with statins might reduce the need for coronary revascularisation (the restoration of an adequate blood supply to the heart) by means of surgery.

In terms of safety, we do not have enough evidence to know whether ezetimibe increases or decreases side-effects (e.g. liver injury, muscle pain, cancer, gallbladder-related disease and discontinuation). The analysis of blood lipids revealed that the addition of ezetimibe statin or fenofibrate therapy might further reduce the levels of blood lipids, including low-density lipoprotein cholesterol ('bad' cholesterol), total cholesterol and triglycerides, and likely increased the level of high-density lipoprotein cholesterol ('good' cholesterol). None of the

included studies reported on health-related quality of life. There is a lack of evidence supporting the use of ezetimibe monotherapy for the prevention of heart disease, and this topic requires further investigation.

Quality of evidence

The quality of evidence ranged from high to very low across the outcomes.

SUMMARY OF FINDINGS

Summary of findings for the main comparison. Ezetimibe for the prevention of cardiovascular disease and all-cause mortality events

Ezetimibe plus other lipid-modifying drugs compared to other lipid-modifying drugs alone or plus placebo for the prevention of cardiovascular disease and all-cause mortality events

Patient or population: people with cardiovascular disease or at high risk of cardiovascular disease

Setting: inpatients or outpatient

Intervention: ezetimibe plus other lipid-modifying drugs (statin or fenofibrate)

Comparison: other lipid-modifying drugs (statin or fenofibrate) alone or plus placebo

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	N° of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with other lipid-modifying drugs alone or plus placebo	Risk with Ezetimibe plus other lipid-modifying drugs				
Major adverse cardiovascular events (MACE) follow-up: range 1 years to 6 years	Study population		RR 0.94 (0.90 to 0.98)	21,727 (10 RCTs)	⊕⊕⊕⊖ MODERATE ¹	The data were obtained from studies comparing ezetimibe plus statin versus statin alone. The IMPROVE-IT study carried 88.8% of the weight.
	284 per 1,000	267 per 1,000 (256 to 278)				
All-cause mortality follow-up: range 1 years to 6 years	Study population		RR 0.98 (0.91 to 1.05)	21,222 (8 RCTs)	⊕⊕⊕⊕ HIGH	The IMPROVE-IT study carried 94.6% of the weight. Two additional studies reported that no deaths occurred, and one study reported the total deaths but did not provide data by treatment arm.
	123 per 1,000	120 per 1,000 (112 to 129)				
Myocardial infarction (non-fatal) follow-up: range 1 years to 6 years	Study population		RR 0.88 (0.81 to 0.95)	21,145 (6 RCTs)	⊕⊕⊕⊖ MODERATE ¹	The data were obtained from studies comparing ezetimibe plus statin versus statin alone. The IMPROVE-IT study carried 97.8% of the weight, and also provided data on any MI (HR 0.87, 95% CI 0.80 to 0.95) and fatal MI (HR 0.84, 95% CI 0.55 to 0.1.27). Two additional studies reported that no MI events occurred.
	105 per 1,000	92 per 1,000 (85 to 100)				
Stroke (non-fatal)	Study population		RR 0.83 (0.71 to 0.97)	21,205 (6 RCTs)	⊕⊕⊕⊖ MODERATE ¹	The data were obtained from studies comparing ezetimibe plus statin versus statin alone.

follow-up: range 1 years to 6 years	32 per 1,000	27 per 1,000 (23 to 31)				The IMPROVE-IT study carried 89.4% of the weight, and also provided data on any stroke (HR 0.86, 95% CI 0.73 to 1.00), ischaemic stroke (HR 0.79, 95% CI 0.67 to 0.94), haemorrhagic stroke (HR 1.38, 95% CI 0.93 to 2.04) and fatal stroke (HR 1.22, 95% CI 0.81 to 1.82). One additional study reported that no stroke events occurred.
Cardiovascular mortality follow-up: range 1 years to 6 years	Study population 56 per 1,000	56 per 1,000 (50 to 63)	RR 1.00 (0.89 to 1.12)	19,457 (6 RCTs)	⊕⊕⊕⊖ MODERATE ²	The IMPROVE-IT study carried 98.4% of the weight. Four additional studies reported that no cardiovascular death occurred and one study reported total cardiac deaths but did not provide data by treatment arm.
Adverse events - hepatopathy follow-up: range 1 to 6 years	Study population 22 per 1,000	26 per 1,000 (22 to 30)	RR 1.14 (0.96 to 1.35)	20,687 (4 RCTs)	⊕⊕⊖⊖ LOW ¹³	The data were obtained from studies comparing ezetimibe plus statin versus statin alone. The IMPROVE-IT study carried 89.6% of the weight. Ten additional studies reported no occurrence in the levels of ALT and/or AST being more than or equal 3 x ULN.
Adverse events - myopathy follow-up: range 1 years to 6 years	Study population 2 per 1,000	2 per 1,000 (1 to 4)	RR 1.31 (0.72 to 2.38)	20,581 (3 RCTs)	⊕⊖⊖⊖ VERY LOW ¹⁴	The data were obtained from studies comparing ezetimibe plus statin versus statin alone. The IMPROVE-IT study carried 52.5% of the weight. Thirteen additional studies reported that none of the participants in either group developed a CK level more than or equal 10 x ULN.

***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: Confidence interval; **HR:** hazard ratio; **RR:** Risk ratio

GRADE Working Group grades of evidence

High certainty: We are very confident that the true effect lies close to that of the estimate of the effect

Moderate certainty: We are moderately confident in the effect estimate. The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different

Low certainty: Our confidence in the effect estimate is limited. The true effect may be substantially different from the estimate of the effect

Very low certainty: We have very little confidence in the effect estimate. The true effect is likely to be substantially different from the estimate of effect

- 1 Downgraded by one level due to risk of bias.
- 2 Downgraded by one level due to imprecision (the 95% CI exclude serious harm, but included the null).
- 3 Downgraded by one level due to imprecision (the 95% CI of the overall effect included both no effect and important harm).
- 4 Downgraded by two levels due to imprecision (few events and wide CI).

BACKGROUND

Description of the condition

Cardiovascular disease (CVD) is a group of disorders of the heart and blood vessels, including coronary heart disease (heart attacks), cerebrovascular disease (stroke), hypertensive heart disease, heart failure, peripheral artery disease, rheumatic heart disease, congenital heart disease and other conditions (WHO 2016). CVD remains the leading cause of death worldwide, is an increasing cause of morbidity and a major cause of disability and ill-health (Mozaffarian 2016; Nichols 2014; Roth 2015a; WHO 2015). An estimated 17.5 million people died from CVDs in 2012, accounting for 31% of deaths globally from all causes (WHO 2015). Of these deaths, an estimated 7.4 million and 6.7 million were due to coronary heart disease and stroke, respectively. The burden of the disease is particularly high in low- and middle-income countries, where over 75% of CVD deaths occur (GBD 2016; Roth 2015b). The health burden of CVD is also accompanied by a significant harmful economic impact at both national and household levels. The global cost of CVD in 2010 was estimated at USD 863 billion (an average per capita cost of USD 125), and that figure is projected to rise to at least USD 1044 billion in 2030, an increase of 22% (Bloom 2011). CVD produces immense health and economic burdens globally, therefore preventing deaths and diseases due to CVD is a priority for global public health.

CVD is multi-factorial in its causation. One of the major modifiable risk factors for CVD is thought to be high levels of blood cholesterol (hypercholesterolaemia), therefore lowering cholesterol, in particular low-density lipoprotein cholesterol (LDL-C), is considered an important target of therapy in the primary and secondary prevention of CVD (Grundy 2004; PSC 2007; Stone 2014).

Description of the intervention

Ezetimibe is a non-statin lipid-modifying drug, which is the first and only selective inhibitor of intestinal cholesterol absorption. It is an effective LDL-C lowering agent, which is safe and well-tolerated. A standard dose of 10 mg a day of ezetimibe lowers LDL-C by 13% to 20%, non-high density lipoprotein cholesterol (non-HDL-C) by 14% to 19%, and triglyceride (TG) by 5% to 11%, and increases HDL-C by 3% to 5% (Jacobson 2015). Ezetimibe in combination with other lipid-modifying agents can lead to superior lipid outcomes and does not increase the rate of adverse reactions (Gudzune 2014; Phan 2012). Furthermore, it does not affect the activity of CYP450, a major drug metabolising enzyme, so avoiding any potential pharmacokinetic interactions with most medications (Kosoglou 2005). Ezetimibe is indicated for the treatment of primary hyperlipidaemia, either alone or in combination with statins; mixed hyperlipidaemia in combination with fenofibrate, simvastatin or atorvastatin; homozygous familial hypercholesterolaemia in combination with atorvastatin or simvastatin; and homozygous sitosterolaemia.

How the intervention might work

Ezetimibe is a selective cholesterol absorption inhibitor that blocks the intestinal absorption of dietary and biliary cholesterol, as well as related plant sterols, without affecting the uptake of fat-soluble vitamins, triglycerides or bile acids (Sudhop 2009). It localises to the brush border of the small intestine and reduces the enterocyte uptake and absorption of cholesterol and plant sterols by binding to the Niemann-Pick C1 Like 1 (NPC1L1) protein (Altmann 2004;

Jia 2011). It can therefore decrease the delivery of intestinal cholesterol to the liver, leading to a reduction of hepatic cholesterol stores and an increase in clearance of cholesterol from the blood (Altmann 2004; Kosoglou 2005; Sudhop 2002). A study confirmed that ezetimibe could reduce intestinal cholesterol absorption by 54% (Sudhop 2002). As the effect of ezetimibe is mainly in the enterohepatic circulation, thereby limiting systemic exposure, it is less likely to cause adverse drug interactions (Van Heek 2000). In addition, ezetimibe was shown to have some pleiotropic effects, including the improvement of inflammation, insulin resistance, fatty liver and so on, although the potential mechanisms for these benefits have not been fully elucidated and have not been related to improved clinical outcomes (Lioudaki 2011).

Why it is important to do this review

Control of lipid levels is one of the most effective strategies for CVD prevention. Statin therapy is currently the cornerstone of treatment for lowering LDL-C in the vast majority of individuals with increased risk for CVD (Perk 2012; Stone 2014). More intensive LDL-C lowering (compared with less intensive LDL-C lowering) based on statin monotherapy steadily reduced clinical outcomes in people with cardiovascular risk (CTT 2010; CTT 2012). However, some people have contraindications or intolerance to statin therapy, particularly people at high cardiovascular risk (Reiner 2014). Adverse effects are more common with higher-intensity statin regimens. Therefore, the combination of non-statin lipid-modifying drugs with the lowest statin dose tolerated or, as an alternative, a combination of non-statin lipid-modifying drugs, represent possible approaches for people intolerant to statins. Due to the lack of convincing clinical evidence, however, the optimal treatment strategy for people who cannot tolerate statin therapy or those who need additional lipid-modifying therapy is unclear.

The American College of Cardiology/American Heart Association (ACC/AHA) guidelines state that there is no evidence supporting the routine use of non-statin drugs with statin therapy for incremental atherosclerotic cardiovascular disease (ASCVD) risk reduction (Stone 2014). The guideline recommends that clinicians consider the addition of a non-statin cholesterol-lowering drug for people at high-risk of ASCVD with insufficient response to statin therapy, or for people who are intolerant to the recommended statin intensity. Similarly, the National Lipid Association (NLA) recommendations for people who cannot tolerate a statin say that a non-statin drug alone or in combination with another cholesterol-lowering agent may be considered (Jacobson 2015). According to the guidelines above and other current guidelines on the management of dyslipidaemia or the prevention of CVD (EDP 2014; Rabar 2014), non-statin treatments are not routinely used as monotherapy to decrease LDL-C concentrations, unless people with CVD are intolerant to statins and they are recommended as combination therapy with statins in high-risk patients when their treatment goals are not reached with the maximal tolerated dose of a statin. Ezetimibe, which is a non-statin drug and acts via a novel mechanism, can be combined with a statin to provide complementary cholesterol reduction. The combination therapy enables a more efficient reduction of LDL-C levels beyond that which can be achieved by statin monotherapy. In addition, clinical trials have reported that ezetimibe demonstrates a favourable safety profile without severe adverse events. However, whether ezetimibe can reduce the rate of cardiovascular events is uncertain. Also, it is unclear whether its combination with other lipid-

modifying agents can reduce the rate of cardiovascular events further compared with other lipid-modifying agents monotherapy. A number of clinical studies evaluating the use of ezetimibe therapy have resulted in inconsistent data regarding its safety and efficacy (Baigent 2011; Cannon 2015; Kastelein 2008; Rossebo 2008), so it is necessary to evaluate published evidence on efficacy and safety of ezetimibe for the prevention of CVD events and mortality.

OBJECTIVES

To assess the efficacy and safety of ezetimibe versus placebo or ezetimibe plus other lipid-modifying drugs versus other lipid-modifying drugs alone for the prevention of cardiovascular disease (CVD) events and all-cause mortality events.

METHODS

Criteria for considering studies for this review

Types of studies

We included randomised controlled trials (RCTs) with a follow-up of at least 12 months. We included studies reported as full text, those published as abstract only, and unpublished data. Cluster-RCTs, cross-over trials and non-randomised studies were ineligible for this review, and we excluded them during title and abstract screening.

We restricted the follow-up time of at least 12 months because only long-term clinical trials may provide sufficient and reliable intervention effects on mortality and cardiovascular morbidity. Guidance on clinical investigation of medicinal products in the treatment of lipid disorders that published by EMA (European Medicines Agency) recommend that a sufficient cohort of patients should be continuously exposed to the drug for at least one year to obtain long-term effects and safety data (EMA 2004).

Types of participants

We included adults aged at least 18 years, with or without established CVD.

Where studies only included a subset of participants eligible for our review, we contacted the study authors for details on only those participants which met our inclusion criteria. If this was not possible, we planned only to include the trial if it presented the outcomes for eligible participants in a separate subgroup.

Types of interventions

Ezetimibe can be administered as monotherapy or as combination therapy with other lipid-modifying drug(s) with no restriction on dosage and frequency. We included the following comparisons.

1. Ezetimibe versus placebo
2. Ezetimibe plus other lipid-modifying drug(s) versus other lipid-modifying drug(s) alone or plus placebo

Types of outcome measures

Primary outcomes

1. Major adverse cardiovascular events (MACE), defined as a composite outcome of cardiovascular death, non-fatal myocardial infarction (MI), non-fatal stroke, hospitalisation for unstable angina, or coronary revascularisation procedures.

2. All-cause mortality

Secondary outcomes

1. Myocardial infarction (MI) (fatal and non-fatal)
2. Ischaemic stroke (fatal and non-fatal)
3. Cardiovascular mortality
4. Coronary revascularisation
5. Adverse events (AEs) including hepatopathy, myopathy, rhabdomyolysis, cancer, gallbladder-related disease and discontinuation due to AEs
6. Lipid parameters (total cholesterol, LDL-C, HDL-C, triglycerides): mean difference (MD) at the end of follow-up or the change from baseline
7. Health-related quality of life (using any well-validated scale)

Search methods for identification of studies

Electronic searches

We identified trials through systematic searches of the following bibliographic databases on 27 June 2018.

1. Cochrane Central Register of Controlled Trials (CENTRAL) (Issue 6 of 12, 2018) in the Cochrane Library
2. Epub Ahead of Print, In-Process & Other Non-Indexed Citations, MEDLINE Daily and MEDLINE (Ovid, 1946 to 27 June 2018)
3. Embase (Ovid, 1980 to 2018 week 26)
4. Web of Science Core Collection (Thomson Reuters, 1900 to 27 June 2018)

We adapted the preliminary search strategy for MEDLINE (Ovid) (Appendix 1) for use in the other databases and we applied the Cochrane sensitivity-maximising RCT filter (Lefebvre 2011) to MEDLINE (Ovid) and adaptations of it to the other databases, except CENTRAL.

We also conducted a search of ClinicalTrials.gov and the WHO International Clinical Trials Registry Platform (ICTRP) Search Portal (apps.who.int/trialsearch/) for relevant RCTs on 11 July 2018.

We searched all databases from their inception to the present, and we imposed no restriction on language of publication.

We did not perform a separate search for adverse effects of interventions used for the treatment of ezetimibe. We considered adverse effects described in included studies only.

Searching other resources

We checked reference lists of all primary studies and review articles for additional references. We contacted study authors to clarify details or obtain additional data not included in the publish reports.

We also examined any relevant retraction statements and errata for included studies.

In addition, we retrieved publicly-available application materials of the IMPROVE-IT study that were published on Food and Drug Administration (FDA) website.

Data collection and analysis

Selection of studies

Two review authors (SZ, MT) independently screened titles and abstracts for inclusion of all the potential studies we identified as a result of the search and coded them as 'retrieve' (eligible or potentially eligible/unclear) or 'do not retrieve'. If there were any disagreements, a third review author was asked to arbitrate (PX). We retrieved the full-text study reports/publication and two review authors (SZ, MT) independently screened the full-text and identified studies for inclusion, and identified and recorded reasons for exclusion of the ineligible studies. We resolved any disagreement through discussion or, if required, consulted a third person (PX). We identified and excluded duplicates and collate multiple reports of the same study so that each study rather than each report was the unit of interest in the review. We recorded the selection process in sufficient detail to complete a PRISMA flow diagram (Liberati 2009) and 'Characteristics of excluded studies' table.

Data extraction and management

We used a data collection form for study characteristics and outcome data that has been piloted on at least one study in the review. Two review authors (SZ, MT) extracted study characteristics from included studies. We extracted the following study characteristics.

1. Methods: study design, total duration of study, details of any 'run-in' period, number of study centres and location, study setting, withdrawals, and date of study.
2. Participants: N, mean age, age range, gender, severity of condition, diagnostic criteria, body mass index (BMI), smoking history, inclusion criteria, and exclusion criteria.
3. Interventions: intervention, comparison, concomitant medications, and excluded medications.
4. Outcomes: primary and secondary outcomes specified and collected, and time points reported.
5. Notes: funding for trial, and notable conflicts of interest of trial authors.

Two review authors (SZ, MT) independently extracted outcome data from included studies. We resolved disagreements by consensus or by involving a third person (PX). One review author (FL) transferred data into the Review Manager 5 (RevMan 5) (RevMan 2014) file. We double-checked that data were entered correctly by comparing the data presented in the systematic review with the study reports. A second review author (PX) spot-checked study characteristics for accuracy against the study report.

Assessment of risk of bias in included studies

Two review authors (SZ, FL) independently assessed the risk of bias for each included study using the criteria outlined in the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011). We resolved any disagreements by discussion or by involving another review author (PX). We assessed the risk of bias according to the following domains.

1. Random sequence generation
2. Allocation concealment
3. Blinding of participants and personnel

4. Blinding of outcome assessment
5. Incomplete outcome data
6. Selective outcome reporting
7. Other bias. (e.g. industry funding)

We graded each potential source of bias as 'high', 'low' or 'unclear' and provided a quote from the study report together with a justification for our judgment in the 'Risk of bias' section of the [Characteristics of included studies](#) table. We summarised the 'Risk of bias' judgements across different studies for each of the domains listed. Where information on risk of bias related to unpublished data or correspondence with a trialist, we noted this in the 'Risk of bias' section of the [Characteristics of included studies](#) table.

When considering treatment effects, we took into account the risk of bias for the studies that contributed to that outcome.

Assessment of bias in conducting the systematic review

We conducted the review according to this published protocol (Zhan 2017) and reported any deviations from it in the 'Differences between protocol and review' section of the systematic review.

Measures of treatment effect

We analysed dichotomous data as risk ratios (RRs) with 95% confidence intervals (CIs). One of the included studies (IMPROVE-IT 2015) reported hazard ratios (HRs) for subgroup analyses stratified by age, gender, statin experience and diabetes at baseline, and these HR are reported narratively in the text. We analysed continuous data as mean difference (MD) because all studies used the same scales. We entered the data presented as a scale with a consistent direction of effect. We described skewed data reported as medians and interquartile ranges (IQRs) in narrative form.

Unit of analysis issues

We included RCTs with parallel design. Three studies (EFECTL 2017; VYCTOR 2009; Zinellu 2012) had three intervention arms. However, we only included data from two intervention arms related to this review.

Dealing with missing data

We contacted investigators or study sponsors in order to verify key study characteristics and obtain missing numerical outcome data where possible. Where this were not possible, and the missing data were thought to introduce serious bias, we explored the impact of including such studies in the overall assessment of results by a sensitivity analysis.

Assessment of heterogeneity

We first assessed methodological and clinical heterogeneity with respect to the type of participants, interventions and outcomes in the included studies. We evaluated statistical heterogeneity using the Chi² test with a P value less than 0.1 indicating significant heterogeneity, and we used the I² statistic (Higgins 2003) to quantify statistical heterogeneity. In cases of no heterogeneity, we performed a fixed-effect meta-analysis, whereas if we identified substantial heterogeneity (I² greater than 50%), we reported this finding and explored possible causes through a prespecified subgroup analysis. If the source of heterogeneity could not be explained, we considered the following options: we used a random-

effects model with appropriate cautious interpretation or provided a narrative overview and did not aggregate the studies.

Assessment of reporting biases

We explored any possible reporting bias by assessing asymmetry in funnel plots to determine whether the studies were selectively reported (Sterne 2011). We constructed a funnel plot if at least 10 studies could be included.

Data synthesis

We undertook meta-analyses only if the analysis was meaningful, that is, if the treatments, participants and underlying clinical question were similar enough for pooling to make sense. We used RevMan 5 (RevMan 2014) to combine the outcomes from individual trials if these were consistent on clinical grounds and if outcome data were available. In the absence of substantial heterogeneity ($I^2 < 50\%$) and if there were sufficient trials, we combined the results using a fixed-effect model. If the heterogeneity was substantial, we performed a random-effects meta-analysis with appropriate cautious interpretation or provided a narrative overview and did not aggregate the studies (Deeks 2011; Huedo-Medina 2006). For dichotomous outcomes, we used Mantel-Haenszel methods to calculate the pooled RRs. We analysed continuous outcomes using an inverse variance method for pooling MDs, and had the studies used different scales, we would have used standardised mean differences (SMDs) (Deeks 2011). All the data are accompanied by the 95% CIs.

'Summary of findings' table

We created a 'Summary of findings' table using the following outcomes.

1. Major adverse cardiovascular events (MACE)
2. All-cause mortality
3. Myocardial infarction (MI) (fatal and non-fatal)
4. Ischaemic stroke (fatal and non-fatal)
5. Cardiovascular mortality
6. AEs (hepatopathy)
7. AEs (myopathy)

Two review authors (SZ, FL) independently graded the body of evidence using adapted decision rules. We used the five GRADE considerations (study limitations, consistency of effect, imprecision, indirectness and publication bias) to assess the quality of a body of evidence as it relates to the studies that contributed data to the meta-analyses for the prespecified outcomes. We used the methods and recommendations described in Section 8.5 (Higgins 2011) and Chapter 12 (Schünemann 2011) of the *Cochrane Handbook for Systematic Reviews of Interventions* using GRADEpro GDT software. The overall quality of the evidence was assessed as either high, moderate, low or very low. We justified all decisions to down- or up-grade the quality of the studies using footnotes, and provided comments to aid the readers' understanding of the review where necessary.

Subgroup analysis and investigation of heterogeneity

We planned to perform the following subgroup analyses.

1. Age (≥ 65 years versus < 65 years)
2. Sex

3. Statin treatment prior to trial participation versus no statin treatment prior to trial participation
4. Diabetes at baseline
5. Duration of follow-up ≤ 2 years and > 2 years
6. Participants with or without existing atherosclerotic cardiovascular disease (ASCVD)

We used the following outcomes in the subgroup analyses:

1. Major adverse cardiovascular events (MACEs)
2. All-cause mortality

We used the formal test for subgroup interactions in RevMan 5 (RevMan 2014).

However, we were only able to perform subgroup analyses based on duration of follow-up and participants with or without existing ASCVD because data for the prespecified subgroups were unavailable. IMPROVE-IT 2015 reported the subgroup analysis of primary composite endpoints (MACE) by age, gender, statin experience and diabetes at baseline, so we reported these results in the text.

Sensitivity analysis

We performed the following sensitivity analyses.

1. A sensitivity analysis that included only studies with a low risk of bias was performed. We regarded studies as at low risk of bias if no domain was at high risk of bias and at least five domains (randomisation, allocation concealment, performance and detection biases, attrition bias) for bias assessment were judged to be low risk.
2. The consistency in primary outcomes between different statistical models (fixed-effect models and random-effects models) was checked.
3. A sensitivity analysis that excluded studies compared ezetimibe plus statins versus double-dose statins alone.

Reaching conclusions

We based our conclusions only on findings from the quantitative or narrative synthesis of included studies for this review. We avoided making recommendations for practice and in the 'Implications for research' section, we suggest priorities for future research and outline what the remaining uncertainties are in the area.

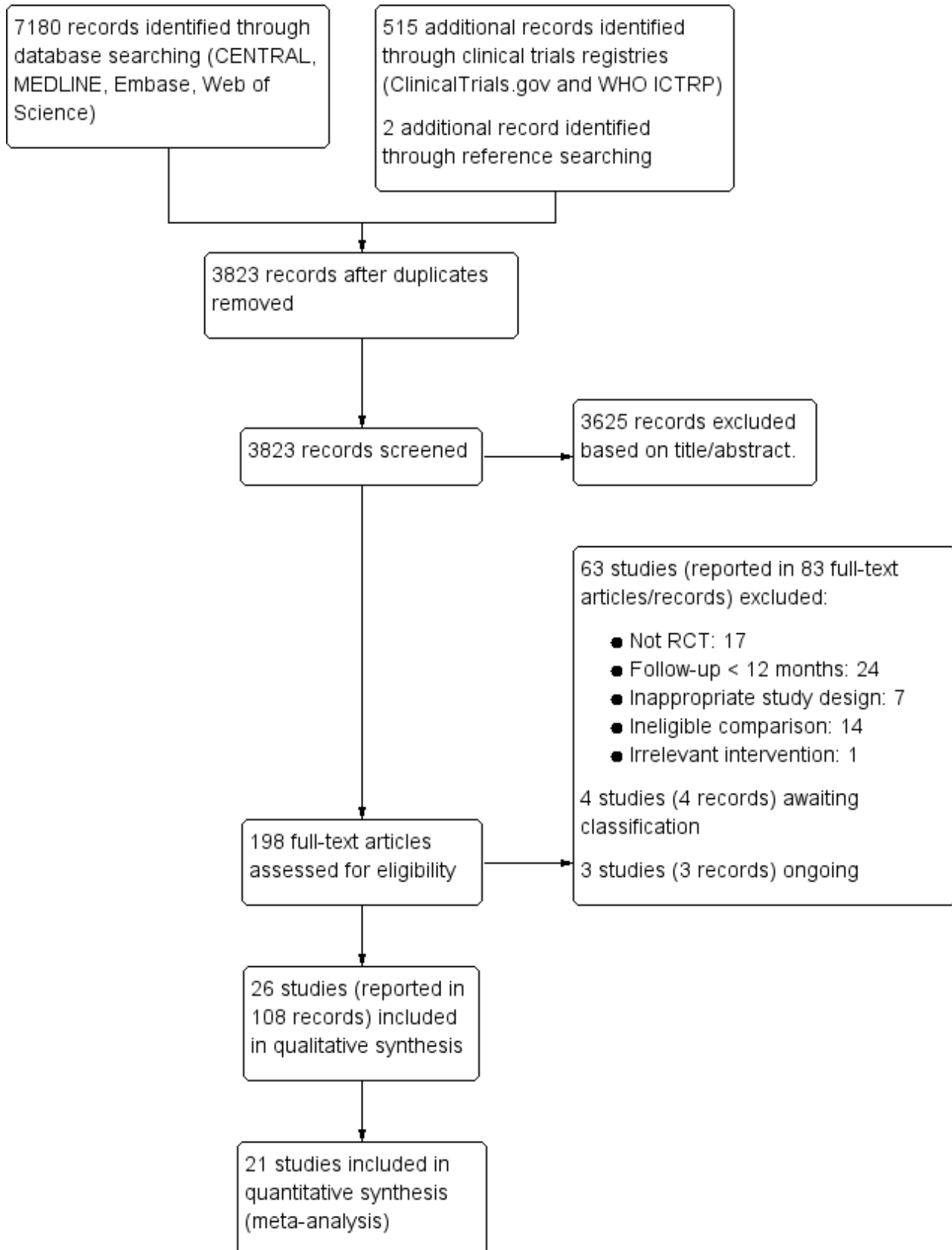
RESULTS

Description of studies

Results of the search

The search of databases retrieved 7180 records and the clinical trial registries retrieved 515 records. Two reference was identified through reference checking. After the removal of duplicates, we screened the titles and abstracts of 3823 records. Among them, 3625 records did not meet the inclusion criteria and were therefore excluded. The remaining 198 records were assessed for eligibility through a review of full text, and 63 studies (83 records) were excluded. Finally, 26 studies (108 records) were found to be eligible for inclusion. We identified three ongoing studies and four studies awaiting classification. This process is illustrated with a PRISMA flow chart (Figure 1).

Figure 1. Study flow diagram.



Included studies

Details of the methods, participants, intervention, comparison and outcome measures for each of the studies are shown in the [Characteristics of included studies](#) table and [Table 1](#).

This review includes 26 studies (108 records) involving 23,499 randomised participants that were published from 2004 to 2018. Three of them were international and multi-centre studies ([Ballantyne 2004](#); [ENHANCE 2008](#); [IMPROVE-IT 2015](#)). Seven were multi-centre studies conducted in Japan ([EFECTL 2017](#); [Hibi 2018](#); [HIJ-PROPER 2017](#); [Okada 2012](#); [PRECISE-IVUS 2015](#); [RESEARCH 2017](#); [Suzuki 2013](#)). Sixteen studies were single-centre studies, and of these, seven were conducted in China ([Liu 2017](#); [Luo 2014](#); [Luo 2016](#); [Ren 2017](#); [Wang 2016](#); [Wang 2017](#); [Zou 2016](#)), three were performed in Japan ([Katoh 2017](#); [Kinouchi 2013](#); [Sawayama 2011](#)), two were conducted in the USA ([Kodali 2011](#); [West 2011](#)), one was conducted in Greece ([Kouvelos 2013](#)), one was conducted in Denmark ([OCTIVUS 2017](#)), one was performed in Italy ([Zinellu 2012](#)), and one was conducted in Mexico ([VYCTOR 2009](#)).

The numbers of participants randomised in each study ranged from 18 ([Kodali 2011](#)) to 18,144 ([IMPROVE-IT 2015](#)).

The duration of follow-up of the included studies ranged from one to six years. Although most studies had a follow-up of one to two years ([Ballantyne 2004](#); [EFECTL 2017](#); [ENHANCE 2008](#); [Hibi 2018](#); [Kinouchi 2013](#); [Kodali 2011](#); [Kouvelos 2013](#); [Liu 2017](#); [Luo 2014](#); [Luo 2016](#); [OCTIVUS 2017](#); [Okada 2012](#); [PRECISE-IVUS 2015](#); [Ren 2017](#); [RESEARCH 2017](#); [Sawayama 2011](#); [Suzuki 2013](#); [VYCTOR 2009](#); [Wang 2016](#); [Wang 2017](#); [West 2011](#); [Zinellu 2012](#); [Zou 2016](#)), three studies had a follow-up of more than three years ([HIJ-PROPER 2017](#); [IMPROVE-IT 2015](#); [Katoh 2017](#)). The [IMPROVE-IT 2015](#) study, which included 18,144 participants and a median follow-up period of six years, was the largest scale study, and the [HIJ-PROPER 2017](#) study was the second largest scale study, with 1734 cases and a median follow-up period of 3.86 years. The remaining studies were small to moderate (3720 cases, 18 to 720) and had a follow-up period of one to two years.

Although most of the included studies had two parallel treatment arms, three studies ([EFECTL 2017](#); [VYCTOR 2009](#); [Zinellu 2012](#)) had three intervention arms, but we only included data from two of the three intervention arms related to this review.

Participants

The studies varied in the types of participants recruited and their levels of cardiovascular disease (CVD) risk. Fourteen studies recruited participants with existing atherosclerotic cardiovascular disease (ASCVD). Specifically, four studies ([Hibi 2018](#); [HIJ-PROPER 2017](#); [IMPROVE-IT 2015](#); [Liu 2017](#)) recruited participants with acute coronary syndrome (ACS); six studies ([Luo 2016](#); [Okada 2012](#); [PRECISE-IVUS 2015](#); [Wang 2016](#); [Wang 2017](#); [Zou 2016](#)) recruited participants with coronary heart disease; [OCTIVUS 2017](#) recruited participants with ST-segment elevation myocardial infarction (MI); [Ren 2017](#) recruited participants with acute MI; [Katoh 2017](#) recruited participants with stable angina pectoris; and [West 2011](#) recruited participants with peripheral arterial atherosclerosis (PAD).

Seven studies ([Ballantyne 2004](#); [ENHANCE 2008](#); [EFECTL 2017](#); [Kinouchi 2013](#); [Luo 2014](#); [RESEARCH 2017](#); [Sawayama 2011](#)) recruited participants with hypercholesterolaemia; two studies ([Suzuki 2013](#); [Zinellu 2012](#)) recruited participants with chronic

kidney disease (CKD); [Kouvelos 2013](#) recruited participants undergoing vascular surgery; [VYCTOR 2009](#) recruited participants at high risk of coronary artery disease; and [Kodali 2011](#) recruited participants with maximum carotid stenosis > 50%.

The participants' mean age ranged from 46 years ([ENHANCE 2008](#)) to 84 years ([Liu 2017](#)). Fifteen studies recruited participants with a mean age in the range of 50 to 65 years ([Ballantyne 2004](#); [EFECTL 2017](#); [Hibi 2018](#); [IMPROVE-IT 2015](#); [Kinouchi 2013](#); [Luo 2016](#); [OCTIVUS 2017](#); [Ren 2017](#); [RESEARCH 2017](#); [Suzuki 2013](#); [VYCTOR 2009](#); [Wang 2016](#); [Wang 2017](#); [West 2011](#); [Zinellu 2012](#)), seven studies recruited older participants (mean age of at least 65 years, [HIJ-PROPER 2017](#); [Kouvelos 2013](#); [Liu 2017](#); [Luo 2014](#); [Okada 2012](#); [PRECISE-IVUS 2015](#); [Zou 2016](#)), one study recruited younger participants (mean age under 50 years, [ENHANCE 2008](#)), and three studies did not specify the age of the participants ([Katoh 2017](#); [Kodali 2011](#); [Sawayama 2011](#)).

The participants in 10 studies were mostly male (at least 70%) ([Hibi 2018](#); [HIJ-PROPER 2017](#); [IMPROVE-IT 2015](#); [Kouvelos 2013](#); [OCTIVUS 2017](#); [Okada 2012](#); [PRECISE-IVUS 2015](#); [Ren 2017](#); [Wang 2016](#); [Zou 2016](#)). Thirteen of the included studies recruited equal numbers of men and women, whereas the other three studies did not state the gender of the participants ([Katoh 2017](#); [Kodali 2011](#); [Sawayama 2011](#)).

Two studies only included participants with type 2 diabetes ([RESEARCH 2017](#); [Wang 2017](#)), one study excluded participants with diabetes ([Zou 2016](#)), four studies did not report data on participants with diabetes ([Katoh 2017](#); [Kodali 2011](#); [Sawayama 2011](#); [Zinellu 2012](#)), and the remaining 19 studies included participants with diabetes, and the proportion of these participants ranged from 1.8% ([ENHANCE 2008](#)) to 51.3% ([Okada 2012](#)) of the entire cohort.

A summary of the characteristics of the participants in the included studies is shown in [Table 2](#).

Interventions and comparators

No study compared ezetimibe alone versus placebo. All the included studies compared ezetimibe plus other lipid-modifying drugs versus other lipid-modifying drugs alone or plus placebo. Only one study ([EFECTL 2017](#)) compared ezetimibe plus fenofibrate versus fenofibrate alone. The remaining 25 studies compared ezetimibe plus statins versus statins alone or plus placebo. The dose of ezetimibe in all studies was 10 mg/day.

Eighteen studies used the same initial dose of statin in the intervention group and control group. Among these studies, five compared ezetimibe plus simvastatin versus simvastatin alone ([Kodali 2011](#); [West 2011](#); [Zinellu 2012](#)) or simvastatin plus placebo ([ENHANCE 2008](#); [IMPROVE-IT 2015](#)); seven compared ezetimibe plus atorvastatin versus atorvastatin alone ([PRECISE-IVUS 2015](#); [Luo 2014](#); [Luo 2016](#); [Wang 2017](#); [Zou 2016](#)) or atorvastatin plus placebo ([Ballantyne 2004](#); [OCTIVUS 2017](#)); three compared ezetimibe plus rosuvastatin versus rosuvastatin alone ([Kouvelos 2013](#); [Ren 2017](#); [Wang 2016](#)); two compared ezetimibe plus pitavastatin versus pitavastatin alone ([Hibi 2018](#); [HIJ-PROPER 2017](#)); and one compared ezetimibe plus fluvastatin versus fluvastatin alone ([Kinouchi 2013](#)).

Seven studies used the usual dose of statin plus ezetimibe compared with a double-dose of statin. [Liu 2017](#) compared ezetimibe plus atorvastatin versus double-dose atorvastatin;

VYCTOR 2009 compared ezetimibe plus simvastatin versus double-dose simvastatin; Sawayama 2011 compared ezetimibe plus pitavastatin versus double-dose pitavastatin; and Okada 2012 compared ezetimibe plus atorvastatin or rosuvastatin versus double-dose atorvastatin or rosuvastatin. In addition, RESEARCH 2017 compared ezetimibe plus atorvastatin or pitavastatin versus double-dose atorvastatin or pitavastatin; Suzuki 2013 compared ezetimibe plus statin versus double-dose statin, the choice of statins was at the discretion of the physician; and Katoh 2017 compared ezetimibe plus statin versus incremental dose of statin, but did not report which statin was used.

Outcome

Five studies specified the composite of cardiovascular events as the primary outcome (HIJ-PROPER 2017; IMPROVE-IT 2015; Kouvelos 2013; Liu 2017; Wang 2016), whereas five studies specified serum lipid parameters as the primary outcome (EFFECTL 2017; Okada 2012; Ren 2017; RESEARCH 2017; Zinellu 2012), and three studies specified changes in coronary intravascular ultrasonography outcome as the primary outcome (Hibi 2018; OCTIVUS 2017; PRECISE-IVUS 2015). ENHANCE 2008 and VYCTOR 2009 specified changes in carotid intima-media thickness (cIMT) as the primary outcome and West 2011 specified changes in the superficial femoral artery plaque volume as the primary outcome. Ballantyne 2004 and Suzuki 2013 specified the incidence of adverse events (AEs) as the primary outcome, and Kinouchi 2013 specified changes in kidney function (estimated glomerular filtration rate (e-GFR)) as the primary outcome. Four studies (Luo 2014; Luo 2016; Wang 2017; Zou 2016) did not specify the primary outcomes but evaluated the lipid levels, cIMT and adverse reactions. In addition, Luo 2014 and Luo 2016 also reported cardiovascular events.

Three studies (Katoh 2017; Kodali 2011; Sawayama 2011) were only published as conference abstracts. Katoh 2017 reported the coronary plaque volume, serum lipids and cardiovascular events; Sawayama 2011 reported the cIMT and serum lipids; and Kodali 2011 did not report any outcome data of relevance for this review. We attempted to contact the authors for more information regarding study design and outcomes, but no contact could be established.

For the studies that did not report outcomes of interest, we emailed the trialists to establish whether these outcomes were measured but not reported, but only Dr. Mikkel provided additional data (OCTIVUS 2017). No response was received from the other studies (Ballantyne 2004; HIJ-PROPER 2017; Katoh 2017; Kinouchi 2013; Kouvelos 2013; Liu 2017; Luo 2014; Okada 2012; Ren 2017; RESEARCH 2017; Sawayama 2011; Suzuki 2013; VYCTOR 2009; Wang 2017; Zinellu 2012).

Among all the included studies, 10 studies specified Major adverse cardiovascular events (MACE) as an outcome (ENHANCE 2008; Hibi 2018; HIJ-PROPER 2017; IMPROVE-IT 2015; Kouvelos 2013; Liu 2017; Luo 2016; PRECISE-IVUS 2015; Wang 2016; West 2011), but the definition of MACE was not consistent across these studies. In addition, three studies specified all-cause mortality as an outcome (HIJ-PROPER 2017; IMPROVE-IT 2015; PRECISE-IVUS 2015).

Sources of funding

Five studies were funded by the pharmaceutical industry (Ballantyne 2004; ENHANCE 2008; IMPROVE-IT 2015; Okada 2012; VYCTOR 2009); nine studies were funded by not-for-profit organisations (EFFECTL 2017; Hibi 2018; HIJ-PROPER 2017; OCTIVUS 2017; PRECISE-IVUS 2015; RESEARCH 2017; Wang 2016; West 2011; Zinellu 2012); four studies did not receive any funding (Kouvelos 2013; Liu 2017; Suzuki 2013; Wang 2017); and eight studies did not report their funding sources (Katoh 2017; Kinouchi 2013; Kodali 2011; Luo 2014; Luo 2016; Ren 2017; Sawayama 2011; Zou 2016).

Excluded studies

We excluded 63 studies (83 references) after full-text assessment, and detailed reasons for exclusion are provided in the [Characteristics of excluded studies](#) table. The reasons for exclusion included non-randomised controlled trial (non-RCT), follow-up period shorter than 12 months, ineligible comparison, inappropriate study design and irrelevant intervention.

Studies awaiting classification

We identified four studies that await classification (JPRN-UMIN000002964; JPRN-UMIN000011745; NCT01086020; NCT02588235). Details of these studies are shown in the [Characteristics of studies awaiting classification](#). These studies with an unknown recruitment status are listed on the clinical trial registries, and their completion date was more than two years ago. We contacted the authors of these for more information but did not receive a reply.

Ongoing studies

We identified three ongoing studies that likely fit our inclusion criteria (NCT03044665; NCT03169985; NCT03543774), and the details of these studies are shown in the table titled "[Characteristics of ongoing studies](#)".

Risk of bias in included studies

The risk of bias of the included studies are detailed in the table titled "[Characteristics of included studies](#)".

An overview of the review authors' judgements about each risk of bias item for each individual study and across all studies is provided in [Figure 2](#) and [Figure 3](#).

Figure 2. 'Risk of bias' graph: review authors' judgements about each risk of bias item presented as percentages across all included studies.

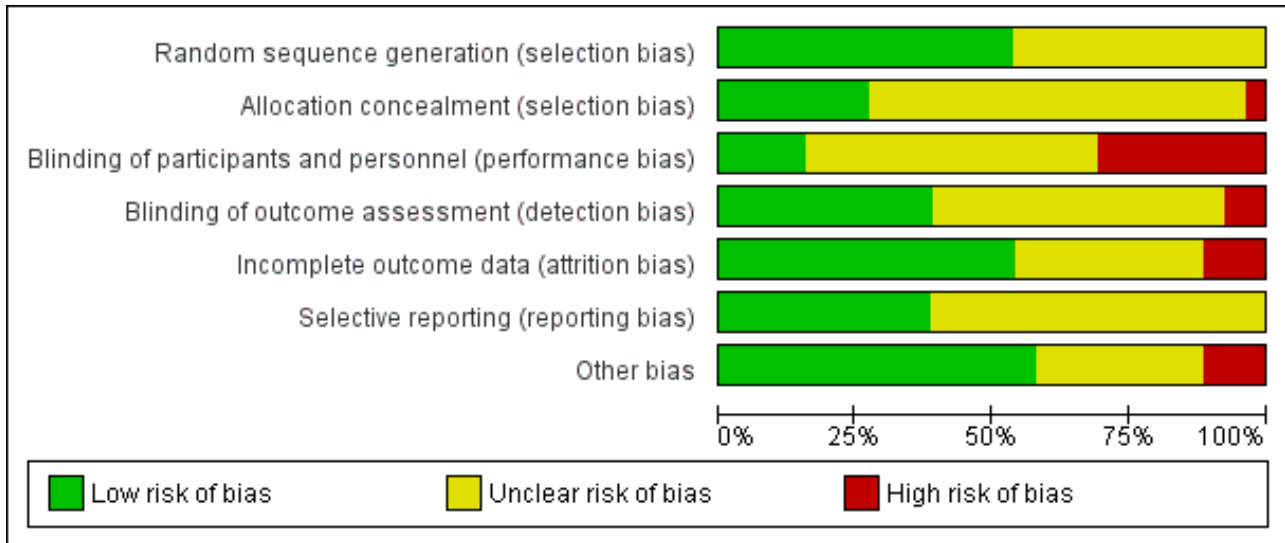


Figure 3. 'Risk of bias' summary: review authors' judgements about each risk of bias item for each included study.

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Ballantyne 2004	?	?	+	+	+	?	?
EFFECTL 2017	+	+	-	+	?	+	+
ENHANCE 2008	+	+	+	+	+	+	+
Hibi 2018	+	+	-	+	+	?	+
HIJ-PROPER 2017	+	?	-	+	+	+	+
IMPROVE-IT 2015	+	+	+	+	+	+	?
Katoh 2017	?	?	?	?	?	?	-
Kinouchi 2013	?	-	-	-	+	?	?
Kodali 2011	?	?	?	?	?	?	-
Kouvelos 2013	+	?	-	?	+	?	+
Liu 2017	+	?	?	?	+	?	+
Luo 2014	?	?	?	?	?	?	?
Luo 2016	+	?	?	?	+	?	?
OCTIVUS 2017	+	+	+	+	?	+	+
Okada 2012	?	?	?	?	-	?	?
PRECISE-IVUS 2015	+	+	-	+	+	+	+
Ren 2017	+	?	?	?	+	?	?
RESEARCH 2017	+	?	?	?	+	+	+
Sawayama 2011	?	?	?	?	?	?	-
Suzuki 2013	+	?	-	-	?	+	+

Figure 3. (Continued)

Suzuki 2013	+	?	-	-	?	+	+
VYCTOR 2009	?	?	-	+	-	?	+
Wang 2016	?	?	?	?	+	?	+
Wang 2017	?	?	?	?	+	?	+
West 2011	+	+	?	+	-	+	+
Zinellu 2012	?	?	?	?	?	+	+
Zou 2016	?	?	?	?	?	?	?

Allocation

Fourteen studies reported random sequence methods and were rated as low risk of bias (EFECTL 2017; ENHANCE 2008; Hibi 2018; HIJ-PROPER 2017; IMPROVE-IT 2015; Kouvelos 2013; Liu 2017; Luo 2016; OCTIVUS 2017; PRECISE-IVUS 2015; Ren 2017; RESEARCH 2017; Suzuki 2013; West 2011). We assessed 12 studies at unclear risk of bias for this domain because no information was provided in the study reports.

Seven studies used a method for allocation concealment that was judged to be of low risk of bias (EFECTL 2017; ENHANCE 2008; Hibi 2018; IMPROVE-IT 2015; OCTIVUS 2017; PRECISE-IVUS 2015; West 2011). We judge Kinouchi 2013 to be at high risk of bias for this domain because the study reported that allocation concealment was not implemented. We assessed 18 studies to be at unclear risk of bias for this domain because no information was provided in study reports.

Blinding

We assessed four studies as low risk of bias regarding blinding of participants and personnel (Ballantyne 2004; ENHANCE 2008; IMPROVE-IT 2015; OCTIVUS 2017). Eight studies were based on an open-label designs and were therefore judged to be at high risk of performance bias (EFECTL 2017; Hibi 2018; HIJ-PROPER 2017; Kinouchi 2013; Kouvelos 2013; PRECISE-IVUS 2015; Suzuki 2013; VYCTOR 2009). Two studies (Luo 2016; West 2011) reported double-blind designs but did not use a matching placebo; thus we judged these studies to be at unclear risk of performance bias. The remaining 12 studies were assessed to be at unclear risk of bias because no information was provided.

Detection bias was judged to be at low risk in ten studies (Ballantyne 2004; EFECTL 2017; ENHANCE 2008; Hibi 2018; HIJ-PROPER 2017; IMPROVE-IT 2015; OCTIVUS 2017; PRECISE-IVUS 2015; VYCTOR 2009; West 2011). Two studies (Kinouchi 2013; Suzuki 2013) were open-label designs and did not describe the blinding of assessors; therefore we judged these to be at high risk of detection bias. The remaining 14 studies did not provide information and were judged to be at unclear risk of detection bias.

Incomplete outcome data

Attrition bias was judged to be at low risk in 14 studies (Ballantyne 2004; ENHANCE 2008; Hibi 2018; HIJ-PROPER 2017; IMPROVE-IT 2015; Kinouchi 2013; Kouvelos 2013; Liu 2017; Luo 2016; PRECISE-

IVUS 2015; Ren 2017; RESEARCH 2017; Wang 2016; Wang 2017) because the dropout rate was <20% and balanced between the trial arms, number of participants that discontinued were reported and reasons were stated, and all outcomes analyses were performed by using a intention-to-treat principle. Three studies were judged to be at high risk of bias for this domain because the dropout rate was over 20% and did not use appropriate methods to address the missing data (Okada 2012; VYCTOR 2009; West 2011). The remaining nine studies were assessed as unclear risk of bias for attrition bias because no information was provided for judgement.

Selective reporting

We assessed 10 studies to be at low risk of reporting bias (EFECTL 2017; ENHANCE 2008; HIJ-PROPER 2017; IMPROVE-IT 2015; OCTIVUS 2017; PRECISE-IVUS 2015; RESEARCH 2017; Suzuki 2013; West 2011; Zinellu 2012) because they reported all prespecified outcomes in either published protocols or clinical trial registers before enrolment. We were unable to assess the reporting bias in 16 studies because the information was not available in the form of protocols or clinical trial registry entries.

Other potential sources of bias

Fifteen studies were judged to be at low risk of other biases (mainly based on providing funding details and declaring any conflict of interest by the authors) (EFECTL 2017; ENHANCE 2008; Hibi 2018; HIJ-PROPER 2017; Kouvelos 2013; Liu 2017; OCTIVUS 2017; PRECISE-IVUS 2015; RESEARCH 2017; Suzuki 2013; VYCTOR 2009; Wang 2016; Wang 2017; West 2011; Zinellu 2012).

We judged three studies (Kato 2017; Kodali 2011; Sawayama 2011) to be at high risk of other bias because they were only published as conference abstracts, and not publishing complete results might lead to a bias. The remaining eight studies were judged to be at an unclear risk of bias because there was insufficient information to make a judgement.

Effects of interventions

See: [Summary of findings for the main comparison Ezetimibe for the prevention of cardiovascular disease and all-cause mortality events](#)

We included 26 studies that involved a total of 23,499 participants and assessed ezetimibe combined with other lipid-modifying drugs versus other lipid-modifying drugs alone or plus placebo. The

main outcomes for this comparison are presented in [Summary of findings for the main comparison](#). The findings from this comparison were driven by [IMPROVE-IT 2015](#). Three studies ([Kodali 2011](#); [Sawayama 2011](#); [Zinellu 2012](#)) did not contribute any outcome data of interest for this review.

Primary outcome

Major adverse cardiovascular events (MACEs)

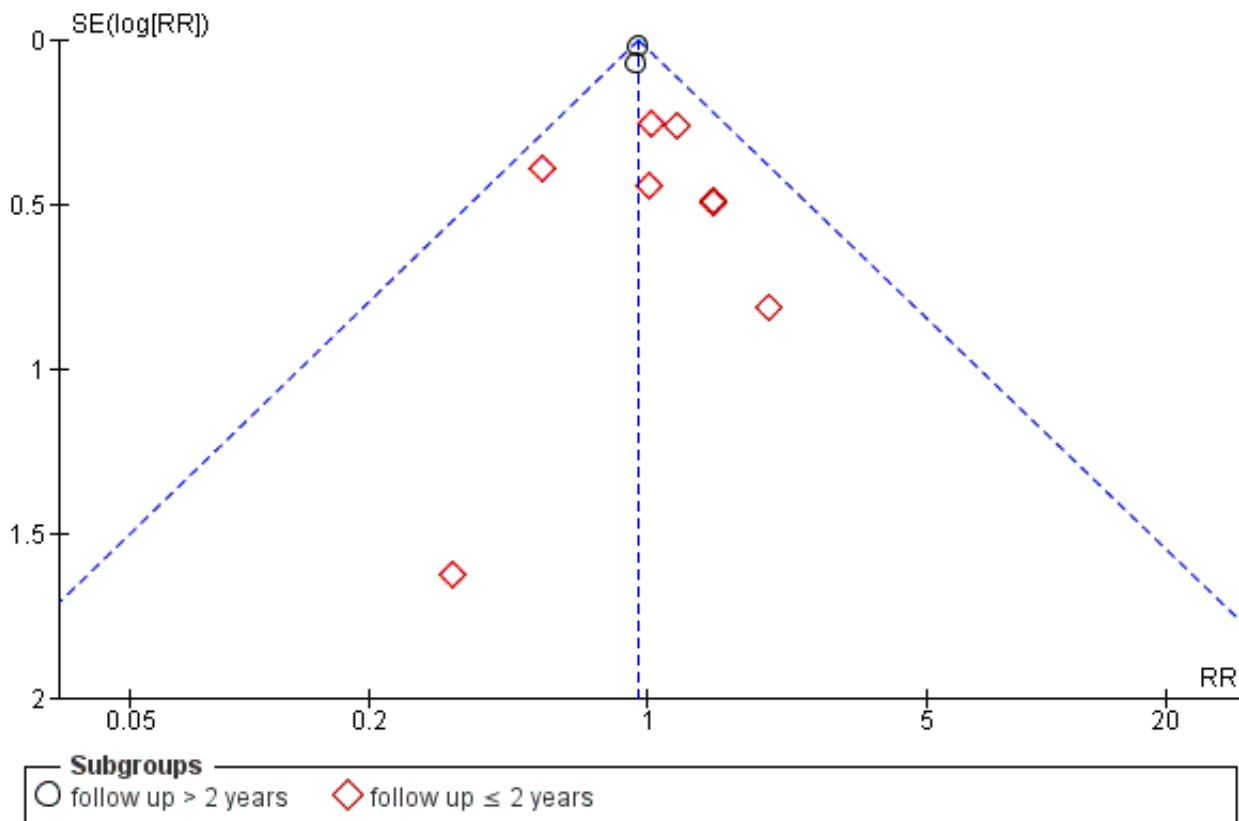
Twelve studies provided data on MACE ([ENHANCE 2008](#); [Hibi 2018](#); [HIJ-PROPER 2017](#); [IMPROVE-IT 2015](#); [Katoh 2017](#); [Kouvelos 2013](#); [Liu 2017](#); [Luo 2016](#); [PRECISE-IVUS 2015](#); [Suzuki 2013](#); [Wang 2016](#); [West 2011](#)), but the definitions of MACE in some studies were not completely consistent with this review. Of these studies, [Suzuki 2013](#) reported that no serious cardiovascular event occurred, and [Katoh 2017](#) reported that three cardiovascular events occurred in the ezetimibe group and seven cardiovascular events occurred in the control group. However, because their definition of cardiovascular events was unclear and we were unable to contact

the researchers for further information, we did not include these two studies in the meta-analysis.

We included data from 10 studies in the meta-analysis ([ENHANCE 2008](#); [Hibi 2018](#); [HIJ-PROPER 2017](#); [IMPROVE-IT 2015](#); [Kouvelos 2013](#); [Liu 2017](#); [Luo 2016](#); [PRECISE-IVUS 2015](#); [Wang 2016](#); [West 2011](#)). The analysis performed with a fixed-effect model revealed that the ezetimibe group had a lower risk of MACE than the control group (risk ratio (RR) 0.94, 95% confidence interval (CI) 0.90 to 0.98; $I^2 = 0\%$; a decrease from 284/1000 to 267/1000, 95% 256 to 278; participants = 21,727; studies = 10; moderate-quality evidence; [Analysis 1.1](#)). It should be noted that the pooled MACE result in our review was likely influenced by [IMPROVE-IT 2015](#) results, which were driven by differences in non-fatal MI, non-fatal stroke and urgent coronary revascularisations.

The funnel plot ([Figure 4](#)) did not indicate a strong possibility of publication bias.

Figure 4. Funnel plot of comparison: 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, outcome: 1.1 MACE (subgroup analysis: duration of follow-up).



All-cause mortality

Eleven studies provided data on death from any cause ([Ballantyne 2004](#); [EFECTL 2017](#); [ENHANCE 2008](#); [Hibi 2018](#); [HIJ-PROPER 2017](#); [IMPROVE-IT 2015](#); [Kouvelos 2013](#); [Liu 2017](#); [OCTIVUS 2017](#); [PRECISE-IVUS 2015](#); [West 2011](#)). Of these, two studies reported that no deaths occurred ([Ballantyne 2004](#); [PRECISE-IVUS 2015](#)), and one study ([Kouvelos 2013](#)) reported the total deaths but did not provide data by treatment arm.

We included data from eight studies in the meta-analysis ([EFECTL 2017](#); [ENHANCE 2008](#); [Hibi 2018](#); [HIJ-PROPER 2017](#); [IMPROVE-IT 2015](#); [Liu 2017](#); [OCTIVUS 2017](#); [West 2011](#)). When the data were pooled with a fixed-effect model, there was little or no difference in the reduction of all-cause mortality between the groups (RR 0.98, 95% CI 0.91 to 1.05; $I^2 = 0\%$; participants = 21,222; studies = 8; high-quality evidence; [Analysis 1.6](#)).

Secondary outcomes

Myocardial infarction (MI) (fatal and non-fatal)

Data on MI were provided in nine studies (ENHANCE 2008; HIJ-PROPER 2017; IMPROVE-IT 2015; Kouvelos 2013; Liu 2017; Luo 2014; Luo 2016; PRECISE-IVUS 2015; Wang 2016), and two of these reported that no MI events occurred (Luo 2014; Luo 2016). Kouvelos 2013 only provided data on MI that occurred during the follow-up period of 1 to 12 months (no events occurred in the intervention group, three fatal MI and one nonfatal MI occurred in the control group) but did not provide data on MI that occurred within 30 days of follow-up.

We included data from six studies that reported non-fatal MI in the meta-analysis (ENHANCE 2008; HIJ-PROPER 2017; IMPROVE-IT 2015; Liu 2017; PRECISE-IVUS 2015; Wang 2016). The analysis performed using a fixed-effect model showed that the ezetimibe group had a lower risk of non-fatal MI than the control group (RR 0.88, 95% CI 0.81 to 0.95; $I^2 = 0\%$; a decrease from 105/1000 to 92/1000, 95% CI 85 to 100; participants = 21,145; studies = 6; moderate-quality evidence; Analysis 1.11). PRECISE-IVUS 2015 and Wang 2016 reported that fatal MI events did not occur.

In addition, IMPROVE-IT 2015 with 18,044 participants also provided hazard ratios (HR) on any MI (HR 0.87, 95% CI 0.80 to 0.95) and fatal MI (HR 0.84, 95% CI 0.55 to 0.1.27).

Stroke (fatal and non-fatal)

Eight studies provided data on stroke (ENHANCE 2008; HIJ-PROPER 2017; IMPROVE-IT 2015; Kouvelos 2013; Liu 2017; Luo 2016; PRECISE-IVUS 2015; Wang 2016). Among these, Wang 2016 reported that no events of stroke occurred. Kouvelos 2013 only provided data on ischaemic stroke that occurred during the follow-up period of one to 12 months (one event in each group), but did not provide data on stroke events that occurred within 30 days of follow-up.

We included data from six studies that reported non-fatal stroke in the meta-analysis (ENHANCE 2008; HIJ-PROPER 2017; IMPROVE-IT 2015; Liu 2017; Luo 2016; PRECISE-IVUS 2015). When the data were pooled with a fixed-effect model, the ezetimibe group had a lower risk of non-fatal stroke than the control group (RR 0.83, 95% CI 0.71 to 0.97; $I^2 = 0\%$; a decrease 32/1000 to 27/1000, 95% CI 23 to 31; participants = 21,205; studies = 6; moderate-quality evidence; Analysis 1.14). Luo 2016 and PRECISE-IVUS 2015 reported that fatal stroke events did not occur.

In addition, IMPROVE-IT 2015 with 18,044 participants also provided hazard ratios on any stroke (HR 0.86, 95% CI 0.73 to 1.00), ischaemic stroke (HR 0.79, 95% CI 0.67 to 0.94), hemorrhagic stroke (HR 1.38, 95% CI 0.93 to 2.04), and fatal stroke (HR 1.22, 95% CI 0.81 to 1.82).

Cardiovascular mortality

Data on death from cardiovascular causes were available in 11 studies (EFECTL 2017; ENHANCE 2008; Hibi 2018; IMPROVE-IT 2015; Kouvelos 2013; Liu 2017; Luo 2014; Luo 2016; OCTIVUS 2017; PRECISE-IVUS 2015; Wang 2016). Four of these reported that no cardiovascular deaths occurred (Luo 2014; Luo 2016; PRECISE-IVUS 2015; Wang 2016), and one study reported total cardiac deaths but did not provide data by treatment arm (Kouvelos 2013).

We included data from six studies in the meta-analysis (EFECTL 2017; ENHANCE 2008; Hibi 2018; IMPROVE-IT 2015; Liu 2017; OCTIVUS 2017). The analysis using a fixed-effect model found little or no difference in the reduction of cardiovascular mortality between the groups (RR 1.00, 95% CI 0.89 to 1.12; $I^2 = 0\%$; participants = 19,457; studies = 6; moderate-quality evidence; Analysis 1.17).

Coronary revascularisation

Seven studies provided data on coronary revascularisation (ENHANCE 2008; Hibi 2018; HIJ-PROPER 2017; IMPROVE-IT 2015; Liu 2017; Luo 2016; PRECISE-IVUS 2015). When the data were pooled with a fixed-effect model, the rate of coronary revascularisation was slightly lower in the ezetimibe group compared with the control group (RR 0.94, 95% CI 0.89 to 0.99; $I^2 = 0\%$; a decrease from 196/1000 to 184/1000, 95% CI 175 to 194; participants = 21,323; studies = 7; Analysis 1.20).

However, a sensitivity analysis that included only studies at low overall risk of bias revealed little or no difference in coronary revascularisation rate between the groups (RR 0.94, 95% CI 0.89 to 1.00; $I^2 = 0\%$; participants = 18,864; studies = 2; Analysis 1.21).

Adverse events (AEs)

All the included studies except six provided data on AEs. Pooling the total number of AEs in all the studies was not feasible due to heterogeneity of the definition of AEs and because not all of the studies reported the total number of AEs. The individual studies included in this review showed no difference in AEs between the ezetimibe group and the control group. The following specific AEs, including hepatopathy, myopathy, rhabdomyolysis, cancer, gallbladder-related disease and discontinuation due to AEs were analysed:

Hepatopathy (liver injury)

In this review, hepatopathy was defined as the hepatic transaminase (alanine aminotransferase (ALT) or aspartate aminotransferase (AST), or both) levels exceeded three times the upper limit of normal range ($\geq 3 \times$ ULN (upper limit of normal)) in this review.

Sixteen of the included studies evaluated the hepatic enzyme levels during the study periods (Ballantyne 2004; EFECTL 2017; ENHANCE 2008; HIJ-PROPER 2017; IMPROVE-IT 2015; Kinouchi 2013; Kouvelos 2013; Liu 2017; Luo 2014; Luo 2016; PRECISE-IVUS 2015; RESEARCH 2017; Suzuki 2013; Wang 2016; Wang 2017; Zou 2016). Among these, 10 studies reported no occurrence in the levels of ALT or AST, or both values being more than or equal $3 \times$ ULN (Ballantyne 2004; EFECTL 2017; Kinouchi 2013; Kouvelos 2013; Liu 2017; Luo 2014; Luo 2016; RESEARCH 2017; Wang 2017; Zou 2016). Suzuki 2013 reported data on ALT or AST greater than $2 \times$ ULN. PRECISE-IVUS 2015 reported data on abnormal ALT/AST levels, but did not specify the definition of liver enzyme abnormalities.

We included data from four studies in the meta-analysis (ENHANCE 2008; IMPROVE-IT 2015; HIJ-PROPER 2017; Wang 2016). The analysis of pooled data with a fixed-effect model revealed no evidence for a difference in the risk of hepatopathy between the groups (RR 1.14, 95% CI 0.96 to 1.35; $I^2 = 0\%$; participants = 20,687; studies = 4; low-quality evidence; Analysis 1.23).

Myopathy

Myopathy was defined as a creatine kinase (CK) level $\geq 10 \times$ ULN with associated muscle symptoms.

Sixteen studies evaluated myopathy and the CK level during the study period (Ballantyne 2004; EFECTL 2017; ENHANCE 2008; HIJ-PROPER 2017; IMPROVE-IT 2015; Kinouchi 2013; Kouvelos 2013; Liu 2017; Luo 2014; Luo 2016; PRECISE-IVUS 2015; RESEARCH 2017; Suzuki 2013; Wang 2016; Wang 2017; Zou 2016), and 13 of these studies reported that none of the participants in either group developed a CK level $\geq 10 \times$ ULN (Ballantyne 2004; EFECTL 2017; Kinouchi 2013; Kouvelos 2013; Liu 2017; Luo 2014; Luo 2016; PRECISE-IVUS 2015; RESEARCH 2017; Suzuki 2013; Wang 2016; Wang 2017; Zou 2016).

We included data from three studies in the meta-analysis (ENHANCE 2008; IMPROVE-IT 2015; HIJ-PROPER 2017). When the data were pooled with a fixed-effect model, no evidence of a difference in the risk of myopathy was found between the groups (RR 1.31, 95% CI 0.72 to 2.38; $I^2 = 0\%$; participants = 20,581; studies = 3; very low-quality evidence; Analysis 1.25).

Rhabdomyolysis

Four studies reported data on rhabdomyolysis (Ballantyne 2004; HIJ-PROPER 2017; IMPROVE-IT 2015; Wang 2016), and two of these studies reported no occurrence of rhabdomyolysis events (Ballantyne 2004; Wang 2016). We included data from two studies in the meta-analysis (IMPROVE-IT 2015; HIJ-PROPER 2017), and the analysis of pooled data with a fixed-effect model revealed no evidence for a difference in risk of rhabdomyolysis between the groups (RR 0.79, 95% CI 0.40 to 1.55; $I^2 = 0\%$; participants = 19,865; studies = 2; Analysis 1.27).

Cancer

In this review, the term cancer includes any new, relapsing, or progressing cancer. Six of the included studies reported data

on cancer rates (HIJ-PROPER 2017; IMPROVE-IT 2015; Kouvelos 2013; Liu 2017; OCTIVUS 2017; RESEARCH 2017), and one of the studies reported three cases of cancer, but did not provide data by treatment arm (OCTIVUS 2017). We included data from five studies in the meta-analysis (HIJ-PROPER 2017; IMPROVE-IT 2015; Kouvelos 2013; Liu 2017; RESEARCH 2017), and when the data were pooled with a fixed-effect model, little or no difference in cancer rates was detected between the groups (RR 1.01, 95% CI 0.92 to 1.11; $I^2 = 0\%$; participants = 20,455; studies = 5; Analysis 1.29).

Gallbladder-related disease

Three studies reported data on gallbladder-related disease (IMPROVE-IT 2015; EFECTL 2017; HIJ-PROPER 2017). The analysis performed with a fixed-effect model showed that there seemed to be some weak evidence of a small reduction in gallbladder-related disease between groups (RR 0.88, 95% CI 0.75 to 1.03; $I^2 = 0\%$; participants = 20,024; studies = 3; Analysis 1.32).

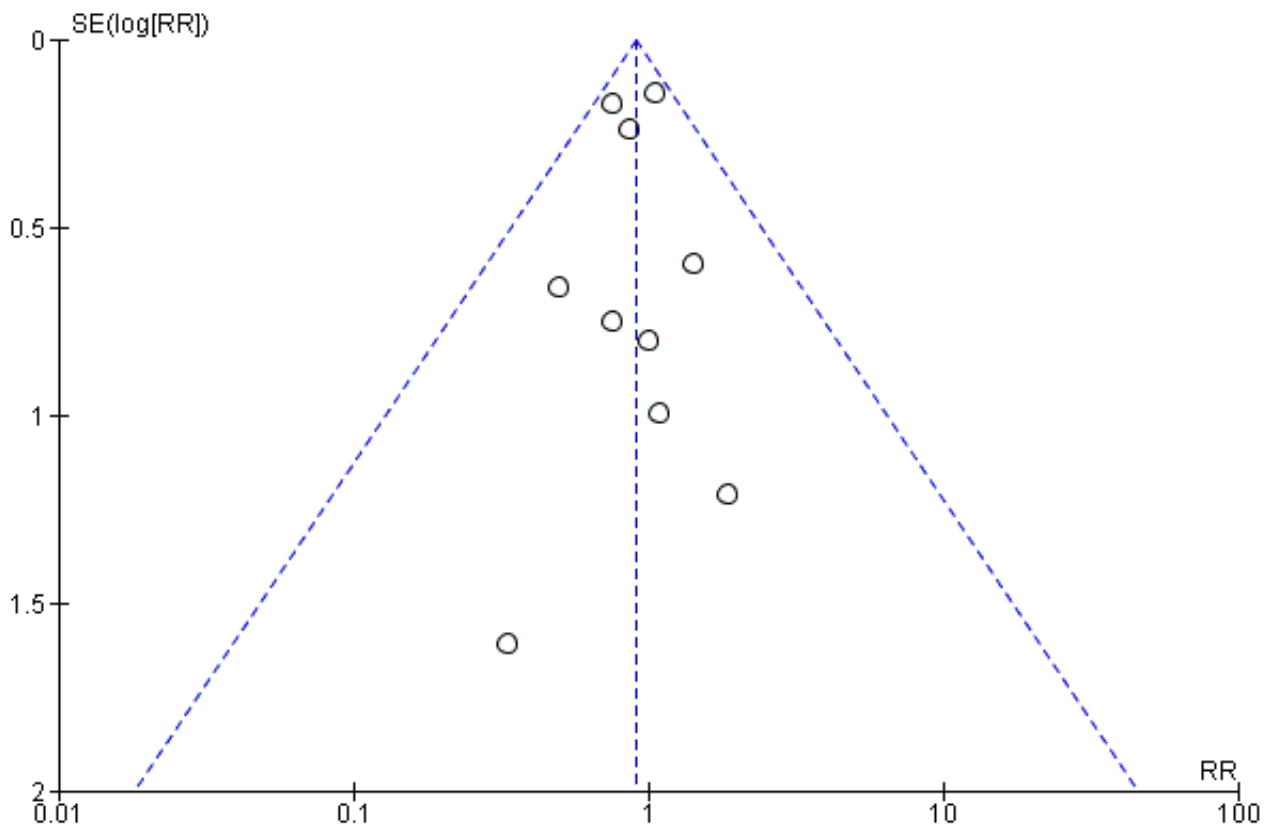
Discontinuation due to adverse events

Twelve studies reported data on discontinuation due to AEs (Ballantyne 2004; ENHANCE 2008; HIJ-PROPER 2017; IMPROVE-IT 2015; Kinouchi 2013; Kouvelos 2013; OCTIVUS 2017; PRECISE-IVUS 2015; VYCTOR 2009; Wang 2016; West 2011; Wang 2017), and two of these studies reported no discontinuation due to AEs (Kinouchi 2013; Wang 2017).

We included data from 10 studies in the meta-analysis (Ballantyne 2004; ENHANCE 2008; HIJ-PROPER 2017; IMPROVE-IT 2015; Kouvelos 2013; OCTIVUS 2017; Okada 2012; PRECISE-IVUS 2015; VYCTOR 2009; Wang 2016; West 2011). When the data were pooled with a fixed-effect model, no evidence for a difference in the risk of discontinuation due to AEs between the groups was found (RR 0.91, 95% CI 0.75 to 1.09; $I^2 = 0\%$; participants = 21,746; studies = 10; Analysis 1.34).

The funnel plot (Figure 5) did not indicate a strong possibility of publication bias.

Figure 5. Funnel plot of comparison: 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, outcome: 1.34 Discontinuation due to adverse event.



Lipid parameters

The lipid-related data provided in the included studies are presented in a separate table (Table 3).

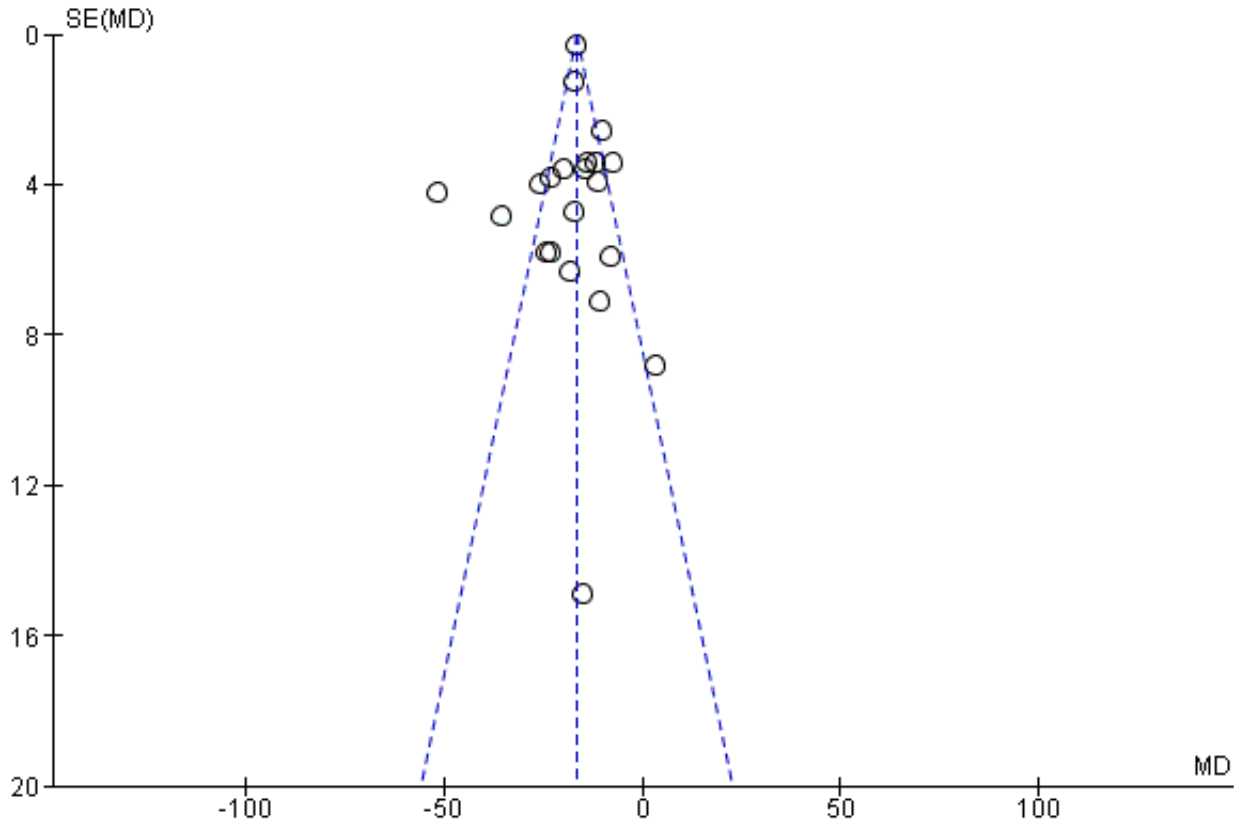
All the studies except Kodali 2011 measured lipids, and three studies measured lipids but did not provide any useable data that could be included in our meta-analyses (Sawayama 2011; Suzuki 2013; Zinellu 2012). Two studies only provided data on LDL-C (HIJ-PROPER 2017; Katoh 2017). One study (Ballantyne 2004) provided lipid data; only mean values without standard deviations (SDs) were provided; thus this study could not be included in the meta-analysis. IMPROVE-IT 2015 performed a follow-up for six years, but lipid data were only obtained at baseline and at the one-year follow-up time point, and these data were reported as the means, medians and interquartile ranges (IQRs). Because the median and

mean values of the cholesterol were quite close, indicating the data were only slightly skewed, we calculated SDs from IQRs for the meta-analyses.

Low-density lipoprotein cholesterol (LDL-C)

Twenty-one studies provided data on LDL-C at baseline and during follow-up. Meta-analysis using final follow-up data suggested that the addition of ezetimibe reduced LDL-C level, but the data were heterogeneous (MD -16.79 mg/dL, 95% CI -17.36 to -16.23; I² = 84%; participants = 17,854; studies = 21; Analysis 1.37). This substantial heterogeneity might be due to differences in the lipid levels at baseline, type of disease, lengths of follow-up, and risk of bias among the various studies. The funnel plot (Figure 6) did not indicate a strong possibility of publication bias.

Figure 6. Funnel plot of comparison: 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, outcome: 1.37 LDL-C (end of follow up).



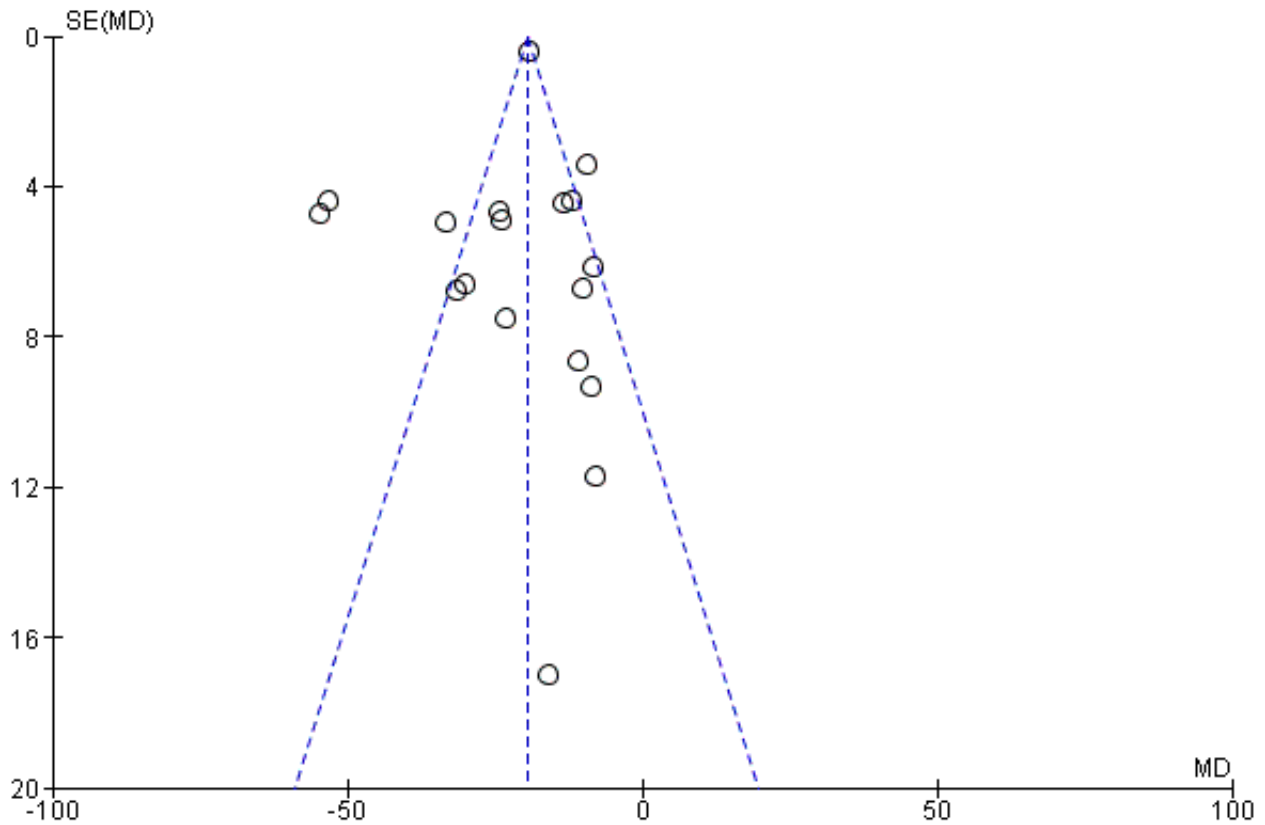
One study ([Sawayama 2011](#)) provided LDL-C data without variance information (conference abstracts) and could thus not be included in the meta-analysis. This study also reported that the low-dose pravastatin plus ezetimibe group had significantly decreased LDL-C levels compared with the standard-dose pravastatin group.

Total cholesterol (TC)

Eighteen studies provided data on TC at baseline and follow-up. A meta-analysis using final follow-up data suggested that the

addition of ezetimibe reduced the TC level, but the data were heterogeneous (MD -19.70 mg/dL, 95% CI -20.48 to -18.92; $I^2 = 89%$; participants = 16,330; studies = 18; [Analysis 1.40](#)). This substantial heterogeneity might be due to differences in the lipid levels at baseline, type of disease, lengths of follow-up, and risk of bias among the various studies. The funnel plot ([Figure 7](#)) did not indicate a strong possibility of publication bias.

Figure 7. Funnel plot of comparison: 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, outcome: 1.40 TC (end of follow up).

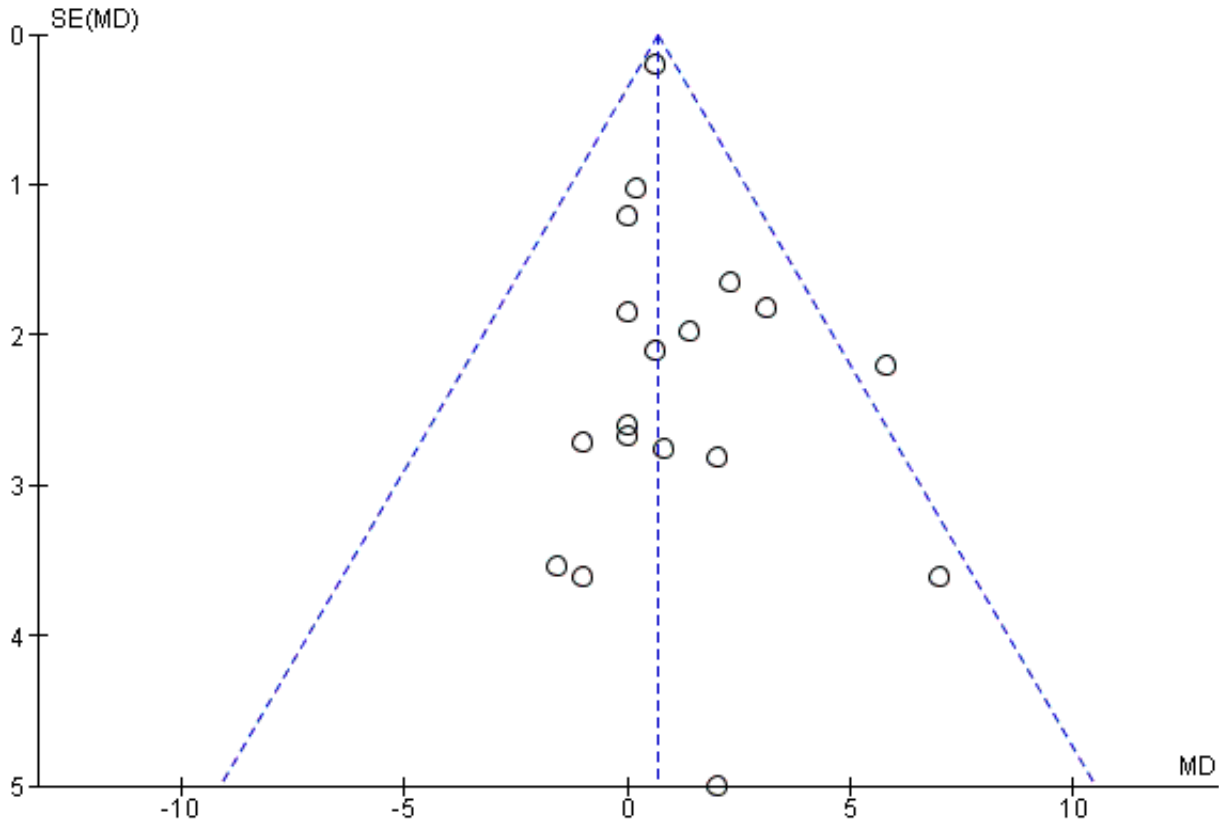


High-density cholesterol (HDL-C)

Eighteen studies provided data on HDL-C at baseline and follow-up. A meta-analysis using final follow-up data suggested that the

addition of ezetimibe increased the HDL-C level (MD 0.66 mg/dL, 95% CI 0.30 to 1.03; $I^2 = 0\%$; participants = 16,434; studies = 18; [Analysis 1.43](#)). The funnel plot ([Figure 8](#)) did not indicate a strong possibility of publication bias.

Figure 8. Funnel plot of comparison: 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, outcome: 1.43 HDL-C (end of follow up).

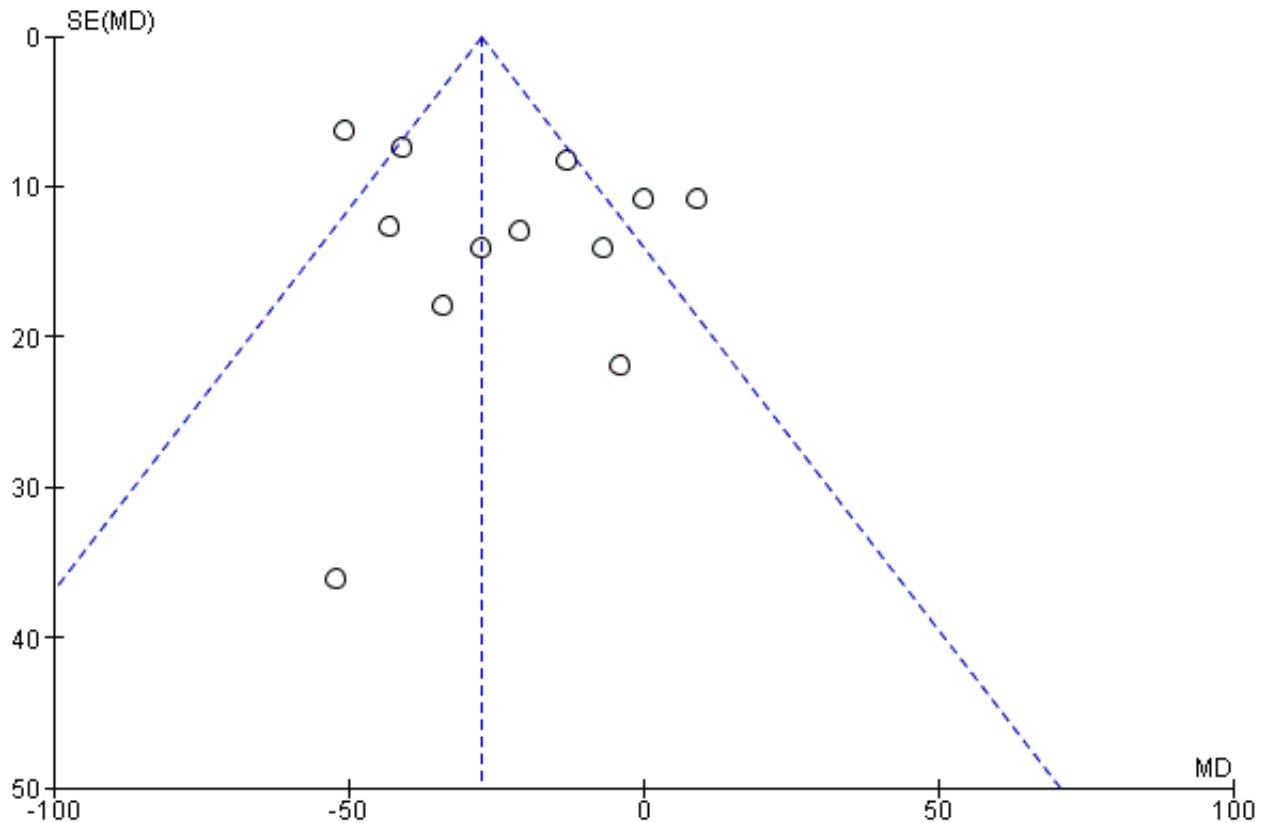


Triglycerides (TG)

Twelve studies provided data on TG at baseline and follow-up. A meta-analysis using final follow-up data suggested that supplementation with ezetimibe resulted in a reduced TG level, but the data were heterogeneous (MD -27.58, 95% CI -33.67 to -21.49;

$I^2 = 74%$; participants = 1253; studies = 12; [Analysis 1.46](#)). This substantial heterogeneity might be due to differences in the lipid levels at baseline, type of disease, lengths of follow-up, and risk of bias among the various studies. The funnel plot ([Figure 9](#)) did not indicate a strong possibility of publication bias.

Figure 9. Funnel plot of comparison: 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, outcome: 1.46 TG (end of follow up).



Two studies (Ballantyne 2004; Kouvelos 2013) provided only mean values without SDs. Five studies (ENHANCE 2008; Kinouchi 2013; IMPROVE-IT 2015; Okada 2012; PRECISE-IVUS 2015) provided the results as medians and IQRs, and among these, IMPROVE-IT 2015 provided mean and median values, but the data were strongly skewed (mean = 137.6, median = 120.0). The other four studies did not provide the mean values, and a result, it is not possible to compare these data with the medians. Therefore, we removed these studies from the meta-analyses, and present them in Table 3.

Health-related quality of life

None of the included studies reported information about quality of life.

Subgroup analysis

We were unable to perform a subgroup analysis by age, sex, statin experience and diabetes at baseline for primary outcomes due to data being unavailable and differences in outcome reporting. However, IMPROVE-IT 2015 performed subgroup analysis of primary composite endpoints (cardiovascular death, nonfatal MI, documented unstable angina requiring admission to the hospital, coronary revascularisation with percutaneous coronary intervention (PCI) or : coronary artery bypass grafting (CABG) at least 30 days after randomisation, and non-fatal stroke) by age, sex, statin experience and diabetes at baseline, and these results are reported in a narrative form.

Age

The subgroup analysis performed in the IMPROVE-IT 2015 study stratified by different ages showed that older patients tended to have better outcomes (< 65 versus ≥ 65 years). Patients who were ≥ 65 years had a hazard ratio (HR) = 0.89 (95% CI 0.82 to 0.96), whereas patients < 65 years had an HR = 0.98 (95% CI 0.90 to 1.05) (interaction P = 0.098). An analysis of other age groups (age < 75 years versus ≥ 75 years) showed that patients who were ≥ 75 years had a lower HR estimate for the primary composite endpoint (0.80 (95% CI 0.70 to 0.90)) than patients who were < 75 years of age (0.97 (95% CI 0.92 to 1.03), interaction P = 0.005).

Sex

The IMPROVE-IT 2015 subgroup analyses of different sexes found no sex-related difference in the HR ratio for the primary composite endpoint. The HR for men was 0.95 (95% CI 0.90 to 1.01), and that for women was 0.89 (95% CI 0.79 to 0.99). No evidence of an interaction between sex and outcome was found (P = 0.267).

Statin treatment versus no statin treatment prior to trial participation

The subgroup analyses performed in the IMPROVE-IT 2015 study to investigate statin treatment prior to trial participation found no difference in the HR for the primary composite endpoint based on statin experience. People who had previously received statin treatment had an HR of 0.91 (95% CI 0.84 to 0.99), and those who had not been previously administered a statin treatment had an HR

of 0.95 (95% CI 0.89 to 1.02). The findings revealed no evidence of an interaction between administration of a previous statin treatment and outcome ($P = 0.414$).

Diabetes at baseline

In the *IMPROVE-IT 2015* subgroup analyses of diabetes at baseline, patients with diabetes had an HR = 0.86 (95% CI 0.78 to 0.94) with an interaction $P = 0.023$. Among the 73% of trial participants who were non-diabetic at baseline, the HR was 0.98 (95% CI 0.92 to 1.04).

Duration of follow-up

We performed a subgroup analysis of the follow-up duration to assess the short-term (≤ 2 years) and long-term (> 2 years) effects on primary outcomes.

The subgroup analyses showed no difference in MACE between the long-term studies (> 2 years: RR 0.94, 95% CI 0.90 to 0.98, $I^2 = 0\%$; participants = 19,865; studies = 2) and short-term studies (≤ 2 years: RR 1.03, 95% CI 0.79 to 1.35, $I^2 = 0\%$; participants = 1862; studies = 8) (test for subgroup differences ($P = 0.50$), [Analysis 1.1](#)).

The subgroup analyses also revealed no difference in all-cause mortality between the long-term studies (> 2 years: RR 0.97, 95% CI 0.91 to 1.05, $I^2 = 68\%$; participants = 19,865; studies = 2) and short-term studies (≤ 2 years: RR 1.35, 95% CI 0.61 to 3.00, $I^2 = 0\%$; participants = 1357; studies = 6) (test for subgroup differences ($P = 0.43$), [Analysis 1.6](#)).

Participants with versus without existing atherosclerotic cardiovascular disease (ASCVD)

Of the studies included in the primary outcome analysis, eight included participants with ASCVD ([Hibi 2018](#); [HIJ-PROPER 2017](#); [IMPROVE-IT 2015](#); [Liu 2017](#); [Luo 2016](#); [PRECISE-IVUS 2015](#); [Wang 2016](#); [West 2011](#)), and two studies ([EFFECTL 2017](#); [ENHANCE 2008](#)) included participants with combined hyperlipidaemia and familial hyperlipidaemia, respectively, who had a lower proportion of cardiovascular disease (5.03% and 5.6%, respectively). The latter two studies were thus classified as studies that included participants without ASCVD. In another study ([Kouvelos 2013](#)), 49.2% of the participants had coronary heart disease; therefore, this study could not be classified as either a study with ASCVD or a study with participants without ASCVD and was excluded from this subgroup analysis.

The subgroup analysis revealed no evidence of a difference in MACE between the participants with ASCVD (RR 0.94, 95% CI 0.90 to 0.98; $I^2 = 0\%$; participants = 20,745; studies = 8) and participants without ASCVD (RR 1.45, 95% CI 0.56 to 3.77; participants = 720; studies = 1) (test for subgroup differences ($P = 0.37$), [Analysis 1.2](#)). The confidence interval was very wide, and a comparatively fewer number of individuals were included in the subgroup of participants without ASCVD.

The subgroup analysis showed no evidence of a different in all-cause mortality between the participants with ASCVD (RR 0.98, 95% CI 0.91 to 1.05; $I^2 = 6\%$; participants = 20,343; studies = 6) and participants without ASCVD (RR 0.78, 95% CI 0.16 to 3.89; $I^2 = 35\%$; participants = 879; studies = 2) (test for subgroup difference ($P = 0.78$) [Analysis 1.7](#)). The confidence interval was very wide, and a comparatively fewer people in the subgroup of participants without ASCVD.

Sensitivity analysis

Inclusion of only studies at a low risk of bias

We performed a sensitivity analysis by only including studies assessed at low risk of bias. None of the estimates for most outcomes were significantly changed, except for coronary revascularisation, for which no difference between the groups was observed ([Analysis 1.3](#); [Analysis 1.8](#); [Analysis 1.12](#); [Analysis 1.15](#); [Analysis 1.18](#); [Analysis 1.21](#); [Analysis 1.24](#); [Analysis 1.26](#); [Analysis 1.28](#); [Analysis 1.30](#); [Analysis 1.33](#); [Analysis 1.35](#)).

Use of different statistical models (fixed-effect models and random-effects models)

Another meta-analysis using a random-effects model showed that the results of the primary outcomes were consistent with the results obtained using a fixed-effect model ([Analysis 1.4](#); [Analysis 1.9](#)).

Excluding studies with serious missing data

We explored the impact of including studies with missing data in the overall assessment of results through a sensitivity analysis. Five studies ([EFFECTL 2017](#); [HIJ-PROPER 2017](#); [Okada 2012](#); [VYCTOR 2009](#); [West 2011](#)) had a proportion of missing data more than 20% for lipid outcomes and did not use appropriate methods to address the missing data, which were considered to introduce serious bias. The sensitivity analysis performed without these studies suggested little change in the overall results ([Analysis 1.39](#); [Analysis 1.42](#); [Analysis 1.45](#); [Analysis 1.48](#)).

Excluding studies compared ezetimibe plus statins versus double-dose statins alone

We performed a sensitivity analysis by excluding studies that compared ezetimibe plus statins versus double-dose statins alone ([Katoh 2017](#); [Liu 2017](#); [Okada 2012](#); [RESEARCH 2017](#); [Sawayama 2011](#); [Suzuki 2013](#); [VYCTOR 2009](#)). The sensitivity analysis performed without these studies suggested little change in the overall results ([Analysis 1.5](#); [Analysis 1.10](#); [Analysis 1.13](#); [Analysis 1.16](#); [Analysis 1.19](#); [Analysis 1.22](#); [Analysis 1.31](#); [Analysis 1.36](#); [Analysis 1.38](#); [Analysis 1.41](#); [Analysis 1.44](#); [Analysis 1.47](#)).

DISCUSSION

Summary of main results

This review included 26 RCTs with 23,499 randomised participants. We identified three ongoing trials with treatment arms that included the interventions assessed in this review. A further four studies await assessment.

All the included studies assessed the effects of ezetimibe plus other lipid-modifying drugs compared with other lipid-modifying drugs alone or plus placebo. Among the included studies, 25 compared ezetimibe plus statin versus statin alone or plus placebo, and the other compared ezetimibe plus fenofibrate versus fenofibrate alone. Our findings from this comparison were driven by the largest study (*IMPROVE-IT 2015*), whose weights ranged from 41.5% to 98.4% in the different meta-analyses performed in this review.

We found that the addition of ezetimibe to statin therapy probably reduces the risk of major adverse cardiovascular events (MACE) compared with statins alone. Studies reporting all-cause mortality used ezetimibe with statin or fenofibrate and found they have little or no effect on this outcome. Adding ezetimibe to statins

probably reduces the risk of non-fatal myocardial infarction (MI) and non-fatal stroke. Studies reporting cardiovascular mortality added ezetimibe to statin or fenofibrate, probably having little or no effect on this outcome. The need for coronary revascularisation might be reduced by adding ezetimibe to statin; however, no difference in coronary revascularisation rate was observed when a sensitivity analysis was limited to studies with a low risk of bias.

In terms of safety, adding ezetimibe to statins may have little or no difference in the risk of hepatopathy. It is uncertain whether ezetimibe increases or decreases the risk of myopathy and rhabdomyolysis, given the wide confidence intervals and low event rate. Little or no difference in the risk of cancer, gallbladder-related disease and discontinuation due to adverse events (AEs) were observed between treatment groups. However, the quality of the evidence for hepatopathy and myopathy was low and very low, respectively, due to imprecision and risk of bias. The analysis of serum lipids revealed that the addition of ezetimibe to statin or fenofibrate might further reduce: low-density lipoprotein cholesterol (LDL-C), total cholesterol (TC) and triglyceride (TG) levels and likely increase high-density lipoprotein cholesterol (HDL-C) levels; however, most analyses included substantial heterogeneity.

None of the included studies reported on health-related quality of life.

Overall completeness and applicability of evidence

This review provides a comprehensive appraisal of the evidence, but the applicability of the results has some limitations. First, the data in this review were obtained from studies of ezetimibe combined with statins or fenofibrate. The effects of ezetimibe monotherapy in preventing cardiovascular disease (CVD) and all-cause mortality remain uncertain.

Second, most participants in the included studies were diagnosed with atherosclerotic cardiovascular disease (ASCVD), predominantly with acute coronary syndrome (ACS) (more than 90%). Although a subgroup analysis showed that no difference in primary outcomes between individuals with and individuals without established ASCVD, the confidence interval was very wide and comparatively fewer individuals were included in the subgroup without ASCVD. Therefore, caution should be taken when extrapolating the results of this review to individuals without ASCVD, and the evidence regarding the use of ezetimibe for primary prevention remains uncertain.

Third, it should be noted that in patients with ACS, the efficacy of lipid-lowering drugs on CVD outcomes might be lower and confounded by underlying shifts in lipid levels due to the resolution of acute-phase changes at least in the initial three to six months. A persistent finding of statin meta-analyses (CTT 2012) is that secondary prevention populations tend to show a slower time from drug administration to benefit (curve separation) than primary prevention populations, indicating that it takes three years for the full effects to be revealed. In this review, only three included studies were followed up for more than three years, and the remaining studies included a follow-up duration of only one or two years. The follow-up duration might be insufficient for the observation of the full effects of the treatment. The IMPROVE-IT results showed that the benefit with ezetimibe began to emerge after one year of treatment, and continued over the ensuing years of the trial.

This information suggests that its benefits are not associated with events immediately surrounding the acute ACS event, but rather its benefits are associated with reducing the atherosclerotic burden and the risk of events over the chronic phase of ischaemic heart disease. Thus the results have relevance when considering treatment for chronic coronary heart disease.

Finally, our results for cardiovascular outcomes originated from the studies of ezetimibe in combination with statins; thus the cardiovascular benefit might not be applied to ezetimibe combined with fenofibrate due to a lack of evidence.

Quality of the evidence

We used GRADE to assess the quality of the evidence for the outcomes of MACE, all-cause mortality, MI, stroke, cardiovascular mortality, hepatopathy and myopathy. See [Summary of findings for the main comparison](#).

The quality of the evidence for all-cause mortality was judged to be high, and that for cardiovascular mortality was judged to be moderate due to imprecision (the 95% CI includes both plausible harm and benefit). We judged the quality of the evidence for MACE, MI and stroke as moderate, mainly due to potential bias (as discussed in detail below). For AEs (hepatopathy and myopathy), we rated the quality of evidence as low for hepatopathy and very low for myopathy when considering the risk of bias together with imprecision (95% CI includes plausible harm and benefit).

Our evidence was mainly driven by one large study (IMPROVE-IT) that had weights of more than 88% in the different meta-analyses for clinical outcomes. This international, multi-centre study was rated as low risk of bias. Although we included some studies that were judged to have unclear risk of bias or high risk of performance bias, they were unlikely to affect the results because the sample size of these studies was generally small. Moreover, the results were robust, as demonstrated in a sensitivity analysis that included only those studies with low risk of bias.

However, we should carefully consider several caveats. First, after a median of six years, 42% of the IMPROVE-IT study participants prematurely stopped taking their study medications, but all the participants, including those who discontinued from treatment, were monitored for suspected clinical endpoint events and AEs until the termination of the trial. At the end of the study, the vital status was obtained in 96% of all randomised participants, whereas approximately 11% of participants discontinued their follow-up for the primary cardiovascular endpoint (MACE) prior to the close-out period. Therefore, we did not downgrade mortality outcomes due to risk of bias, but we cannot ignore the potential impact of medication compliance or missing data on other outcomes.

Second, it should be noted that the MACE outcome is a composite cardiovascular endpoint that contains five components in our review. Some studies that were included in the meta-analysis have different definitions of MACE, which mainly did not include hospitalisation for unstable angina or coronary revascularisation (and did not provide data on these components). However, three studies, including the IMPROVE-IT study, provided data for all components of MACE that were defined in this review and played a dominant role in the pooled results.

Third, we also noted that coronary revascularisation contributed to a large proportion of MACE. This endpoint was investigator-

determined and based on many factors including LDL cholesterol levels, which could be biased and unblinded. From another perspective, the meta-analysis for coronary revascularisation showed that ezetimibe had a marginal effect compared with the control treatment, whereas a sensitivity analysis that only included studies with a low risk of bias showed no difference between treatment groups. Therefore, we are not sure whether the pooled result for MACE was influenced by the differences in coronary revascularisation between the two groups. However, the significance of the pooled MACE result was likely influenced by the IMPROVE-IT results, which were driven by differences in non-fatal MI, non-fatal stroke and urgent coronary revascularisations.

Based on the above discussion, we downgraded the quality of the evidence for all the cardiovascular endpoints and AEs due to these potential biases.

We judged imprecision by whether the 95% CI included the null, and whether it included important benefits and harms. Where the confidence interval of the overall effect included both no effect and potential benefit, we downgraded the evidence. Thus, we downgraded the evidence for cardiovascular mortality, hepatopathy and myopathy due to imprecision.

We did not downgrade the quality of the evidence for any outcome due to inconsistency or indirectness. Although all the studies mainly included men (the IMPROVE-IT study carried much of the weight in the meta-analysis and did not have any interaction between gender and primary outcome), we did not downgrade the outcomes for indirectness.

We judged publication bias according to whether there was any suggestion of publication or small-study bias in the funnel plot. The funnel plots did not indicate any strong possibilities of publication bias (Figure 4 - Figure 9).

Potential biases in the review process

We performed a comprehensive search of major databases and clinical trial registry platforms. We also checked the reference lists of all primary studies and review articles for additional references. In addition, we used unpublished data of IMPROVE-IT study from licensing applications that were submitted to the Food and Drug Administration (FDA). However, we might have missed clinical trials that have not been reported or are unregistered.

When information on relevant outcomes was not reported, we attempted to contact the authors of the study, but only a limited number of responses was received.

We only included studies with the follow-up period of at least 12 months because long-term trials might yield sufficient and reliable results of long-term effects on mortality and cardiovascular morbidity. However, we excluded most studies due to their short-term interventions, which limited the number of studies eligible for inclusion.

Agreements and disagreements with other studies or reviews

We identified five published reviews relevant to our review. Two reviews (Battaglia 2015; Savarese 2015) both compared ezetimibe plus other lipid-modifying drugs versus placebo or the same other lipid-modifying drugs alone. One review (Thomopoulos

2015) compared ezetimibe/simvastatin with placebo or simvastatin alone. These three reviews all included the comparison of ezetimibe plus statins versus placebo alone, but we did not include this comparison because it only assessed the effect of the combination rather than the ezetimibe. Thus, extrapolating the efficacy of ezetimibe from this comparison is questionable.

Two other reviews (Fei 2018; Nusbaumer 2016) compared ezetimibe-statin combination therapy with statin monotherapy. However, our review assessed the combination therapy of ezetimibe with other lipid-lowering drugs (not limited to statins), but we only identified studies that investigated ezetimibe in combination with statins or fenofibrate.

All these reviews included studies with a follow-up period of more than six months, whereas our review included studies with a follow-up period of at least 12 months. We considered studies with long follow-up periods may provide sufficient and reliable intervention effects on mortality and cardiovascular morbidity. Although longer follow-up periods are needed, most of the studies included in the above-mentioned reviews were included in our review. Furthermore, our review included more recent clinical trials.

The results of Battaglia's review suggested that ezetimibe does not offer benefit for all all-cause mortality, cardiovascular mortality, MI and stroke. However, this review was published earlier and did not include the IMPROVE-IT study. The other four reviews and our review included the IMPROVE-IT study, and our results were largely consistent with these reviews, showing that ezetimibe moderately reduced the risk of MI and stroke.

To date, the IMPROVE trial is the largest clinical trial of ezetimibe, and thus, this study plays a leading role in our results. Although our review included more recent studies than the previous reviews, these additional studies were small and did not significantly change the overall effect estimates.

Overall, our review was more comprehensive than previous reviews because we included more studies, assessed more outcomes, used unpublished data that were submitted to regulatory bodies (FDA), and performed subgroup analyses and sensitivity analyses.

AUTHORS' CONCLUSIONS

Implications for practice

Moderate- to high-quality evidence suggests that ezetimibe has modest beneficial effects on the risk of cardiovascular disease (CVD) endpoints, primarily driven by a reduction in non-fatal myocardial infarction (MI) and non-fatal stroke, but it has little or no effect on clinical fatal endpoints (all-cause mortality and cardiovascular mortality). The cardiovascular benefit of ezetimibe might involve reductions in low-density lipoprotein cholesterol (LDL-C), total cholesterol (TC) and triglyceride (TG). There is insufficient evidence to determine whether ezetimibe increases the risk of adverse events (AEs), including incidence of hepatopathy, myopathy, rhabdomyolysis, cancer, gallbladder-related disease and discontinuation due to AEs, due to the low and very low quality of the evidence. The evidence for beneficial effects was mainly derived from individuals with established atherosclerotic cardiovascular disease (ASCVD) (predominantly with acute coronary syndrome (ACS)) who were administered

ezetimibe plus statins, but there is limited evidence for the role of ezetimibe in primary prevention. Therefore, the addition of ezetimibe to statin therapy might be an alternative treatment for patients at high risk of ASCVD who are unable to tolerate the recommended statin intensities or fail to achieve their treatment goals.

Implications for research

First, the effects of ezetimibe monotherapy for the prevention of CVD are currently unknown and need to be further investigated.

Second, subgroup analysis performed in IMPROVE-IT study suggests a more favourable treatment effect on diabetic and elderly (aged at least 75 years) individuals. However, the evidence originated from a single study, and thus, more studies are required to further confirm this finding.

Third, the IMPROVE-IT study generally used a moderate-intensity statin (40 mg/day simvastatin), but high-intensity statin therapy is currently recommended for the treatment of patients with ACS. There remains a lack of evidence to assess the effects of ezetimibe in combination with moderate- or high-intensity statin versus high-intensity statin alone on cardiovascular endpoints.

Fourth, similar findings can be observed in the meta-analysis recently published by Cochrane regarding the clinical efficacy

of PCSK9 antibodies (Schmidt 2017), which revealed that the effect on major adverse cardiovascular events (MACE) was less efficient than expected and likewise the fatal endpoint was not affected. However, the Cholesterol Treatment Trialists (CTT) meta-analysis (CTT 2012) of statin trials showed a significant reduction in risk for MACE and all-cause death with every mmol/L of LDL-C level reduction (RR = 0.79, $P < 0.0001$ and RR = 0.91 $P < 0.0001$, respectively). These observations should encourage medical research toward a more in-depth study of the relationship between the decrease in LDL-C and the clinical endpoint (also in view of the cost of new classes of lipid-lowering drugs).

Finally, results from our study, alongside with the results of the PCSK9 antibodies review, suggest that a) other ways of lowering LDL-C, or b) targeting novel targets in the lipid metabolism, c) inflammatory pathways, or d) other processes leading to atherosclerotic plaque formation should be pursued in the future for a more pronounced reduction in fatal cardiovascular endpoints in this group of patients.

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References to other published versions of this review
Zhan 2017

Zhan S, Xia P, Tang M, Liu F, Shu M, Wu X. Ezetimibe for the prevention of cardiovascular disease and all-cause mortality events. *Cochrane Database of Systematic Reviews* 2017, Issue 1. [DOI: [10.1002/14651858.CD012502](https://doi.org/10.1002/14651858.CD012502)]

* Indicates the major publication for the study

CHARACTERISTICS OF STUDIES
Characteristics of included studies [ordered by study ID]

Ballantyne 2004

Methods	Design: multinational, randomised, placebo-controlled, extension study
	Number of study centres: multinational (conducted in 16 countries, but did not report the number of study centres)
	Setting: outpatient
	Patient recruitment: not reported
	Duration of study: 12 months

Ballantyne 2004 (Continued)

Clinical setting: primary hypercholesterolaemia

Participants

Enrolment (N): 246

Randomised (N): intervention: 201; control:45

Withdrawn (N): not reported

Lost to follow-up (N): not reported

Completed the study (N): intervention: 167; control: 39

Analysed (N): intervention: 201; control:45

Age (years) (mean, range): intervention: 57.6 (26–86); control: 58.5 (34–76)

Sex (male, N, %): intervention: 78 (39%); control: 23 (51 %)

Smoking history (N, %): intervention: 26 (13%); control: 4 (9%)

BMI (kg/m²): not reported

Diabetes (N, %): intervention: 14 (7%) ; control: 1 (2%)

Hypertension (N, %): intervention: 68 (34%); control: 19 (42%)

History of CHD (N, %): intervention:23(11%) ; control:6(13%)

Statin pretreatment (N, %): not reported

Inclusion criteria: this was an extension study of a 12-week RCT comparing ezetimibe 10 mg; atorvastatin 10 mg, 20 mg, 40 mg or 80 mg; ezetimibe + atorvastatin 10 mg, 20 mg, 40 mg or 80 mg or placebo. Patients who successfully completed the base study were offered enrolment in the 12-month extension study. The inclusion criteria of the parent study: men and women ≥ 18 years of age were screened for primary hypercholesterolaemia, defined as calculated LDL-C 7 of 145 to 250 mg/dL, inclusive, and triglyceride levels ≤ 350 mg/dL.

Exclusion criteria: the exclusion criteria of the parent study included congestive heart failure (defined as New York Heart Association class III or IV heart failure 8); uncontrolled cardiac arrhythmias; MI, coronary bypass surgery, or angioplasty within 6 months of study entry; history of unstable or severe peripheral artery disease within 3 months of study entry; unstable angina pectoris; uncontrolled or newly diagnosed (within 1 month of study entry) diabetes mellitus; unstable endocrine or metabolic diseases known to influence serum lipids and lipoproteins; known impairment of renal function; active or chronic hepatic or hepatobiliary disease; and known coagulopathy.

Interventions

Intervention: ezetimibe + atorvastatin 10 mg

Comparison: placebo + atorvastatin 10 mg

Quote: "Following intervals of 6 weeks, patients who were not at their National Cholesterol Education Program Adult Treatment Panel II (NCEP ATP II) LDL-C goals were titrated to the next higher dose of atorvastatin, up to a maximum dose of atorvastatin (80 mg)."

Details of any 'run-in' period: not reported

Concomitant medications: not reported

Excluded medications: not reported

Outcomes

Primary:

1. treatment-emergent adverse events;
2. percent change from baseline to endpoint in LDL-C, total cholesterol (TC), HDL-C and triglyceride and proportion of patients attaining the NCEP ATP II LDL-C goal

Ballantyne 2004 (Continued)

Notes

Funding: Study was funded by Schering-Plough Research Institute and Merck/Schering-Plough Pharmaceuticals.

Emailed trialists to ask for details number of discontinuations due to patient request, non-compliance with protocol and lost to follow-up. No response.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	The author reported that they randomly assigned patients but the details were not available.
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement.
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Double-blind, using matching placebo.
Blinding of outcome assessment (detection bias) All outcomes	Low risk	A central laboratory performed all clinical laboratory analyses (lipids, liver enzymes, creatine kinases, etc.).
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "Discontinuations due to patient request, non-compliance with protocol and lost to follow-up were not different between treatment groups". The efficacy and safety analyses were performed in the intention-to-treat population.
Selective reporting (reporting bias)	Unclear risk	No protocol published, or trials registry record found.
Other bias	Unclear risk	Insufficient information to permit judgement. Study was funded by Schering-Plough Research Institute and Merck/Schering-Plough Pharmaceuticals.

EFECTL 2017

Methods

Design: three-arm parallel-group, open-label randomised trial

Number of study centres: 50 study centres in Japan

Setting: outpatient clinics

Patient recruitment: March 2009 to December 2012

Duration of study: 52 weeks

Clinical setting: combined hyperlipidaemia

Participants

Enrolment (N): 236 in total, of interest are combination group with ezetimibe plus fenofibrate (N = 118) and fenofibrate group (N = 59)

Randomised (N): combination group: 118; fenofibrate group: 59; ezetimibe group: 59

Withdrawn (N): combination group: 30; fenofibrate group: 18; ezetimibe group: 15

Ezetimibe for the prevention of cardiovascular disease and all-cause mortality events (Review)

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EFACTL 2017 (Continued)

Lost to follow-up (N): combination group: ; fenofibrate group:

Completed the study (N): combination group: 88; fenofibrate group: 41; ezetimibe group: 44

Analysed (N): combination group: 107; fenofibrate group: 51; ezetimibe group: 52

Age (years) (mean ± SD): combination group: 55.8 ± 12.6; fenofibrate group: 58.3 ± 10.4

Sex (male, N, %): combination group: 63 (58.9%); fenofibrate group: 31 (59.6%)

Smoking history (N, %): not reported

BMI (kg/m², mean ± SD): combination group: 27.0 ± 4.4; fenofibrate group: 25.2 ± 2.9

Diabetes (N, %): combination group: 22 (20.6%); fenofibrate group: 10 (19.2%)

Hypertension (N, %): combination group: 45 (42.1%); fenofibrate group: 24 (46.2%)

Existing CHD: combination group: 4 (%), fenofibrate group: 4 (%)

History of MI (N, %): combination group: 1 (0.9 %); fenofibrate group: 1 (1.9 %)

Statin pretreatment (N, %): not reported

Inclusion criteria: Quote: "Eligible patients were men and women aged between 20 and 75 years at the time of obtaining informed consent. Patients were required to have a TG concentration of 200–400 mg/dL and LDL-C concentration of ≥140 mg/dL as calculated by the Friedewald formula at screening."

Exclusion criteria: Quote: "1) use of probucol within the previous year; 2) familial hypercholesterolemia; 3) drug-induced hyperlipidemia from steroids or other drugs; 4) history or complication of malignant tumor, pancreatitis, gallstones, gallbladder disease, drug abuse, alcoholism, recent MI or cerebrovascular disorder (within 3 months before the study), cardiac arrhythmia requiring drug treatment, uncontrolled diabetes mellitus, or serious liver or renal disorder; 5) drug hypersensitivity including history of hypersensitivity to fenofibrate or ezetimibe; 6) problems related to discontinuing prohibited drugs; 7) patients who were pregnant, lactating, possibly pregnant, or planning to become pregnant; 8) participation in other clinical research such as clinical trials; 9) condition successfully controlled by current anti-hyperlipidemic drug; 10) participation otherwise judged inappropriate by the study physicians; 11) the screening tests resulted in a hemoglobin A1c (HbA1c) of ≥8%, aspartate amino-transferase (AST) or alanine aminotransferase (ALT) concentrations twice the upper limits of the institutional reference range or ≥ 80 IU/L, or serum creatinine level of ≥ 1.5 mg/dL."

Interventions
Intervention:

Arm 1 (combination group): fenofibrate (either 2 capsules of Lipidil 100 mg/capsule or 2 tablets of Lipidil 80 mg/tablet) plus ezetimibe (10 mg/day).

Arm 2 (fenofibrate group): fenofibrate (either 2 capsules of Lipidil 100 mg/capsule or 2 tablets of Lipidil 80 mg/tablet).

Arm 3 (ezetimibe group): ezetimibe (10 mg/day)

We only included Arm 1 and Arm 2.

Details of any 'run-in' period: Quote: "If patients were under medication for dyslipidaemia, the study began with a 4-week washout period, which was followed by a 4-week observation period and 52-week treatment period. Treatment-naïve patients did not go through the washout period. During the observation period, patients who had been screened for eligibility were enrolled and randomly assigned."

Concomitant medications: not reported

Excluded medications: not reported

Outcomes
Primary:

1. per cent changes in LDL-C and TG concentrations.

EFFECTL 2017 (Continued)

Secondary:

1. the incidence of adverse events, including the incidence of gallstones detected by abdominal ultrasound; the incidence of abnormal findings for safety variables, including laboratory tests and physical examination; and the per cent change in HDL-C.

Others:

1. per cent change in other lipid variables (high-sensitivity assays for lipoprotein lipase (LPL), remnant lipoprotein cholesterol (RemL-C), LDL particle size, HDL particle size, apolipoprotein (apo) A-I, A-II, B, B-48, C-II, C-III, E, and phospholipid hydroperoxide);
2. non-lipid variables (high-sensitivity assay for C-reactive protein (hsCRP), adiponectin);
3. per cent change in lipid variables in patients with familial combined hyperlipidaemia;
4. trends in concentrations of serum lipid subclasses.

In the results section of the article, the study reported one case of fatal arrhythmia occurred during the study. However, the investigator concluded that there was no causal relationship between arrhythmia and experimental drugs.

Notes

Funding: Quote: "the study were provided to the Comprehensive Support Project for Clinical Research of Lifestyle-Related Disease of the Public Health Research Foundation, the Secretariat of the study, by Aska Pharmaceutical Co., Ltd., the manufacturer of fenofibrate.". "Neither the funder nor the sponsor had any role in study design, collection, analysis, or interpretation of data, writing the report, or the decision to submit the report for publication."

UMIN00001224

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "The allocation schedule was created by a data center. Random numbers were generated with the SAS for Windows release 9.1.3 statistical software program. "
Allocation concealment (selection bias)	Low risk	Quote: "The allocation schedule was created by a data center"; "A central registration system at the data center was used to ensure that allocation was concealed from other researchers".
Blinding of participants and personnel (performance bias) All outcomes	High risk	Open-label study, no blinding of participants and personnel.
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "Samples for the analysis of endpoints were tested at a central laboratory"; low risk of bias for mortality.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Quote: "9 patients in the combination group and 6 patients in the fenofibrate group were never treated with the study drug or drugs. Moreover, 2 patients in the combination group, 1 in the fenofibrate group were removed for protocol violations because of administration of the wrong study drug for their assigned group". Of the patients who completed the 52-week treatments, 12 patients were found to have been ineligible (9 in the combination group, 1 in the fenofibrate group, and 2 in the ezetimibe group). These patients were included in the analysis."
Selective reporting (reporting bias)	Low risk	No protocol published, but a pre-registration in a clinical trial registry was found (UMIN00001224).

EFFECTL 2017 (Continued)

All prespecified outcomes were reported.

Other bias	Low risk	The study was industry funded, but neither the funder nor the sponsor had any role in study design, collection, analysis, or interpretation of data, writing the report, or the decision to submit the report for publication.
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ENHANCE 2008

Methods	<p>Design: prospective, randomised, double-blind, active-comparator, multi-centre study</p> <p>Number of study centres: 18 ambulatory care centres in the USA, Canada, South Africa, Spain, Denmark, Norway, Sweden, and the Netherlands</p> <p>Setting: ambulatory care</p> <p>Patient recruitment: August 2002 to April 2004</p> <p>Duration of study: 24 months</p> <p>Clinical setting: familial hypercholesterolaemia</p>
Participants	<p>Enrolment (N): 1180</p> <p>Randomised (N): intervention: 357; control: 363</p> <p>Withdrawn (N): intervention: 41; control: 64</p> <p>Lost to follow-up (N): intervention: 2; control: 2</p> <p>Completed the study (N): intervention: 316; control: 299</p> <p>Analysed (N): intervention: 357; control: 363</p> <p>Age (years) (mean ± SD): intervention: 46.1 ± 9.0; control: 45.7 ± 10.0</p> <p>Sex (male, N, %): intervention: 191 (53.5%); control: 179 (49.3%)</p> <p>Smoking history (N, %): intervention: 104 (28.7%); control: 102 (28.6%)</p> <p>BMI (kg/m², mean ± SD): intervention: 27.4 ± 4.6; control: 26.7 ± 4.4</p> <p>Diabetes (N, %): intervention: 8 (2.2%); control: 5 (1.4%)</p> <p>Hypertension (N, %): intervention: 67 (18.8%); control: 51 (14.0%)</p> <p>History of MI (N, %): intervention: 26 (7.2%); control: 14 (3.9%)</p> <p>Statin pretreatment (N, %): intervention: 286 (80.1%); control: 297 (81.8%)</p> <p>Inclusion criteria:</p> <ol style="list-style-type: none"> 1. men and women between the ages of 30 and 75 years were eligible to participate in the study if familial hypercholesterolaemia had been diagnosed either by genotyping or by their having met the diagnostic criteria outlined by the World Health Organization; 2. untreated levels of LDL cholesterol had to be 210 mg/dL or more. 3. patients who were receiving lipid-lowering therapy and who had an LDL cholesterol level of less than 210 mg/dL at the time of screening were permitted to undergo randomisation if their LDL cholesterol level was 210 mg/dL or more after the placebo run-in period. <p>Exclusion criteria: high-grade stenosis or occlusion of the carotid artery, a history of carotid endarterectomy or carotid stenting, homozygous familial hypercholesterolaemia, New York Heart Associ-</p>

ENHANCE 2008 (Continued)

ation class III or IV congestive heart failure, cardiac arrhythmia, angina pectoris, or recent cardiovascular events.

Interventions	<p>Intervention: simvastatin 80 mg/day + ezetimibe 10 mg/day</p> <p>Comparison: simvastatin 80 mg/day + ezetimibe placebo</p> <p>Details of any 'run-in' period: a single-blind 6-week placebo run-in period</p> <p>Concomitant medications: not reported</p> <p>Excluded medications: not reported</p>
Outcomes	<p>Primary:</p> <ol style="list-style-type: none"> 1. the change from baseline in ultrasonographic measurement of the mean carotid-artery intima-media thickness. <p>Secondary:</p> <ol style="list-style-type: none"> 1. the proportion of patients with regression in the mean carotid-artery intima-media thickness from baseline; 2. the proportion of patients with new carotid-artery plaques of more than 1.3 mm; 3. the change from baseline in the mean maximal carotid-artery intima-media thickness; 4. the change from baseline in the average mean intima-media thickness of the carotid and common femoral arteries; 5. the change from baseline in the mean IMT, separately for the three carotid artery segments (common carotid, carotid bulb, and the internal carotid artery) and the 6. femoral artery; 7. the per cent change from baseline in lipid parameters (LDL-C, HDL-C, total cholesterol, apoB, and triglycerides); 8. the per cent change from baseline in lipid indices: total cholesterol, calculated LDL-C, HDL-C, triglycerides, apolipoprotein B, apolipoprotein AI, and CRP. <p>Other: adverse event; major adverse cardiovascular events, including death, MI, stroke, resuscitated cardiac arrest, and coronary revascularisation.</p>
Notes	<p>Funding: Supported by Merck and Schering-Plough.</p> <p>NCT00552097</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote "Randomization which was based on computer-generated codes provided to the clinical centers by a central randomization service, was stratified according to clinical center."
Allocation concealment (selection bias)	Low risk	Central randomisation
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Double-blind, using matching placebo
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote "Sonographers are also blinded to treatment assignment"

ENHANCE 2008 (Continued)

Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "All analyses were performed on an intention-to-treat basis. We used the last-observation-carried-forward method for patients who did not complete the study." Number of participants that discontinued were reported and reasons were stated.
Selective reporting (reporting bias)	Low risk	The study protocol was pre-published and all of the study's prespecified outcomes have been reported.
Other bias	Low risk	Although the study was supported by pharmaceutical companies, the primary outcome were negative.

Hibi 2018

Methods	<p>Design: randomised open-label parallel group study</p> <p>Number of study centres: 10 centres in Japan</p> <p>Setting: inpatient and outpatient</p> <p>Patient recruitment: October 2010 and September 2012</p> <p>Duration of study (Follow-up): 8-12 months</p> <p>Clinical setting: acute coronary syndrome (ACS)</p>
Participants	<p>Enrolment (N): 128</p> <p>Randomised (N): intervention: 65 ; control: 63</p> <p>Withdrawn (N): intervention: 2; control: 4</p> <p>Lost to follow-up (N): intervention: 9; control: 6</p> <p>Completed the study (N): intervention: 50; control: 53</p> <p>Analysed (N): intervention: 50 ; control: 53</p> <p>Safety analysed: intervention: 65 , control: 63</p> <p>Age (years) (mean ± SD): intervention: 63 ± 10 ; control: 63 ± 12</p> <p>Sex (male, N, %): intervention: 41 (82%); control: 41 (77%)</p> <p>Smoking history (N, %): intervention: 22 (44%) ; control: 20 (38%)</p> <p>BMI (kg/m², mean ± SD): not reported</p> <p>Diabetes (N, %): intervention: 10 (20) ; control: 11 (21)</p> <p>Hypertension (N, %): intervention: 23 (46%) ; control: 34 (64%)</p> <p>STMI (N, %): intervention: 38 (76%) ; control: (68%)</p> <p>Statin pretreatment (N, %): intervention: 0; control:0</p> <p>Inclusion criteria: statin-naïve patients with ACS. All participants were diagnosed with ACS and underwent successful percutaneous coronary intervention (PCI) for the culprit lesion under intravascular ultrasound (IVUS) guidance.</p>

Hibi 2018 (Continued)

Exclusion criteria: patients with severely calcified lesions, coronary bypass graft lesion, restenotic lesion, treatment with lipid-lowering agents (statin, niacin, probucol, fibrate, and anion exchange resin), homozygous familial hypercholesterolaemia, haemodynamic instability, cardiogenic shock, planned revascularisation of the target plaque, history of revascularisation of the target plaque, active liver disease (ALT \geq 100 IU/L), or severe renal insufficiency (serum creatinine \geq 2.0 mg/dL).

Interventions	<p>Intervention: pitavastatin (2 mg/day) plus ezetimibe (10 mg/day)</p> <p>Comparison: pitavastatin monotherapy (2 mg/day)</p> <p>Details of any 'run-in' period: not reported</p> <p>Concomitant medications: not reported</p> <p>Excluded medications: not reported</p>
Outcomes	<p>Primary: the percentage change in non-culprit coronary plaque volume (PV) and lipid PV on integrated backscatter IVUS.</p> <p>Secondary: absolute change in %PV and in normalized PV (NPV).</p> <p>Other: Major Adverse Cardiac Events (MACE), which defined as a composite of cardiac death, MI, or any repeat revascularisation during the study period.</p>
Notes	<p>Funding: supported by a grant from Japan Heart Foundation.</p> <p>NCT00549926</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote "Patients were centrally randomized using an internet-based program, and stratified according to hyperlipidemia and diabetes using the minimization method."
Allocation concealment (selection bias)	Low risk	Quote: "Patients were centrally randomized using an internet-based program, and stratified according to hyperlipidemia and diabetes using the minimization method."
Blinding of participants and personnel (performance bias) All outcomes	High risk	Open-label parallel group study
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "Two independent experienced investigators blinded to the clinical data analyzed the IVUS quantitatively in the independent core laboratory"
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "The treated group consisted of all patients who received any dose of study medication (128 randomized patients) and was considered for analysis of safety and adverse events."
Selective reporting (reporting bias)	Unclear risk	<p>No protocol published, but a pre-registration in a clinical trial registry was found (NCT00549926).</p> <p>The registration information was inconsistent with published article, but outcomes published match trials register.</p>
Other bias	Low risk	Quote: "This work was supported in part by a grant from Japan Heart Foundation"

Hibi 2018 (Continued)

Quote: "The funding agency had no role in the design or conduct of the study, in the collection, analysis, or interpretation of the data, or in the preparation, review, or approval of the manuscript."

HIJ-PROPER 2017

Methods	<p>Design: multi-centre, prospective, randomised, open-label, blinded-endpoint trial with an active-control design</p> <p>Number of study centres: 19 hospitals in Japan</p> <p>Setting: inpatient</p> <p>Patient recruitment: January 2010 and April 2013</p> <p>Duration of study: 3.86 years</p> <p>Clinical setting: acute coronary syndrome (ACS) and dyslipidaemia</p>
Participants	<p>Enrolment (N): 1734</p> <p>Randomised (N): intervention: 869; control: 865</p> <p>Withdrawn (N): not reported</p> <p>Lost to follow-up (N): intervention: 5; control: 8</p> <p>Completed the study (N): intervention: 864; control: 857</p> <p>Analysed (N): intervention: 864; control: 857</p> <p>Age (years) (mean ± SD): intervention: 65.7 ± 11.7; control: 65.5 ± 11.9</p> <p>Sex (male, N, %): intervention: 639 (74.0%); control: 661 (77.1%)</p> <p>Smoking history (N, %):</p> <ol style="list-style-type: none"> current: intervention: 294 (34.0%); control: 300 (35.0%); former: intervention: 219 (25.3%); control: 248 (28.9%). <p>BMI (kg/m², mean ± SD): intervention: 24.3 ± 3.5; control: 24.3 ± 3.6</p> <p>Diabetes (N, %): intervention: 260 (30.1%); control: 260 (30.3%)</p> <p>Hypertension (N, %): intervention: 599 (69.3%); control: 576 (67.2%)</p> <p>History of MI (N, %): intervention: 62 (7.2%); control: 68 (7.9%)</p> <p>Statin pretreatment (N, %): intervention: 143 (16.6%) ; control: 149 (17.4%)</p> <p>Inclusion criteria:</p> <ol style="list-style-type: none"> all participants had been hospitalised for ST-segment elevation myocardial infarction (STEMI) or for non-ST-segment elevation myocardial infarction (NSTEMI) or unstable angina (UA) within 72 hours before randomisation; all participants were at least 20 years of age; LDL-C, measured within 24 hours of hospitalisation for the ACS event, was at least 100 mg/dL (2.6 mmol/L); fasting plasma triglyceride level was at least 400 mg/dL (4.5 mmol/L) (Friedewald equation) <p>Exclusion criteria:</p>

HIJ-PROPER 2017 (Continued)

1. major exclusion criteria were the occurrence within 24 hours before enrolment of (i) haemodynamic instabilities such as hypotension, pulmonary oedema, congestive heart failure, acute mitral regurgitation, or ventricular rupture;
2. ischaemic events (stroke, recurrent symptoms of cardiac ischaemia, acute occlusion of target vessel);
3. arrhythmic events (ventricular fibrillation, sustained ventricular tachycardia, advanced heart block).
4. patients in whom CABG was planned for the treatment of an ACS event were excluded;
5. pregnancy;
6. active liver disease or persistent unexplained serum transaminase elevations ($\geq 3 \times$ the upper limit of normal), current treatment with immunosuppressants such as cyclosporine, tacrolimus, azathioprine, or long-term oral glucocorticoids;
7. any other condition that would substantially reduce life expectancy or limit compliance with the protocol;
8. history of alcohol or drug abuse;
9. allergy or sensitivity to any statin, ezetimibe, or their excipients.

Interventions

Intervention: pitavastatin plus ezetimibe 10 mg/day. The starting dose of pitavastatin was 2 mg/day, during the entire study period, the pitavastatin dose (1 mg to 4 mg/day) was adjusted to target LDL-C of 1.8 mmol/L.

Comparison: pitavastatin monotherapy. The starting dose of pitavastatin was 2 mg/day, during the entire study period, the pitavastatin dose (1 mg to 4 mg/day) was adjusted to target LDL-C of between 2.3 mmol/L and 2.6 mmol/L.

Details of any 'run-in' period: none

Concomitant medications: not reported

Excluded medications: not reported

Outcomes

Primary: composite of the first occurrence of a component of the primary endpoint: all-cause death, non-fatal MI, non-fatal stroke, UA, or revascularisation with either PCI or CABG.

Secondary:

1. cardiovascular event (non-fatal MI non-fatal stroke, UA, ischaemia-driven revascularisation with either PCI or CABG),
2. all-cause death;
3. heart failure;
4. inflammatory markers;
5. adverse events (including new occurrence of malignant tumour).

Notes

Funding: Quote: "This trial was funded by the Japan Research Promotion Society for Cardiovascular Diseases."

UMIN000002742

Emailed trialists to ask for the number of cardiovascular death and data for subgroup analyses of interest. No response.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Randomisation was by the minimisation method, based on the five factors of age, LDL-C level on randomisation, history of statin treatment, history of diabetes mellitus, and clinical site.
Allocation concealment (selection bias)	Unclear risk	not reported.

HIJ-PROPER 2017 (Continued)

Blinding of participants and personnel (performance bias) All outcomes	High risk	Quote: "Treatment was not masked for patients and physicians."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "All laboratory analyses were performed at SRL Inc." Quote: "these events and pertinent patient documents were reviewed by an Endpoint Committee masked. An independent statistical data centre analysed data."
Incomplete outcome data (attrition bias) All outcomes	Low risk	Missing outcome data balanced in numbers across intervention groups (< 1%). Quote: "The intention-to-treat approach was used for efficacy and safety analyses, and all randomized patients were included in all analyses, regardless of protocol violations."
Selective reporting (reporting bias)	Low risk	The study protocol is available and all of the study's prespecified outcomes have been reported.
Other bias	Low risk	Quote: "This trial was funded by the Japan Research Promotion Society for Cardiovascular Diseases, which had no role in conducting the study." UMIN000002742

IMPROVE-IT 2015

Methods	<p>Design: multi-centre, double-blind, randomised study</p> <p>Number of study centres: multi-centres, 1158 enrolling centres in 39 participating countries</p> <p>Setting: inpatient and outpatient follow-up</p> <p>Patient recruitment: 26 Octobe, 2005 to 8 July, 2010</p> <p>Duration of study: 6 years</p> <p>Clinical setting: acute coronary syndromes (ACS)</p>
Participants	<p>Enrolment (N): 18144</p> <p>Randomised (N): intervention: 9067, control: 9077</p> <p>Died during follow-up (N): T: 964, control: 968</p> <p>Withdraw consent (N): intervention: 795 (vital status alive 376, vital status dead 134,vital status unknown 285), control: 808 (vital status alive 374, vital status dead 159,vital status unknown 275)</p> <p>Lost to follow-up (N): intervention: 44, control: 49</p> <p>Site closure (N): intervention: 39, control: 36</p> <p>Vital status only (N): intervention: 357 (vital status alive 240, vital status dead 117), control: 356 (vital status alive 252, vital status dead 104)</p> <p>Completed final visit (N): intervention: 6868, control: 6860</p> <p>Analysed (N): intervention: 9067; control: 9077</p> <p>Mean age (years) (mean ± SD): intervention: 63.6 ± 9.7, control: 63.6 ± 9.8</p>

IMPROVE-IT 2015 (Continued)

Gender (male, N, %): male: 13728 (76%) ; intervention: male: 6842 (75.5%); control: male: 6886 (75.9%)

Smoking history (N, %): intervention: 2943/9067 (32.5%) , control: 3035/9072 (33.5%)

BMI (kg/m²): intervention: 28.3 ± 5.2 , control: 28.3 ± 5.2

Diabetes (N, %): intervention: 2459/9067 (27.1%), control: 2474/9077 (27.3%)

Hypertension (N, %): intervention: 5580/9063 (61.6%), control: 5557/9072 (61.3%)

History of MI (N, %): intervention: 1925/9054 (21.3%), control: 1881/9077 (20.7%)

Statin pretreatment (N, %): intervention: 3135(34.6%) , control: 3111 (34.3%)

Lipid-lowering agent pretreatment (N, %): intervention: 3227(35.6%) , control: 3207 (35.4%)

Inclusion criteria: "Men and women who were at least 50 years of age were eligible for inclusion if they had been hospitalized within the preceding 10 days for an acute coronary syndrome (an acute myocardial infarction, with or without ST-segment elevation on electrocardiography, or high-risk unstable angina). Patients were required to have an LDL cholesterol level of 50 mg/L (1.3 mmol/L) or higher. For participants who were not receiving long-term lipid-lowering therapy, the maximum LDL cholesterol level for enrollment was 125 mg/L (3.2 mmol/L); for participants who were receiving lipid-lowering therapy, the maximum level was 100 mg/L (2.6 mmol/L). The LDL cholesterol level for eligibility was measured locally within the first 24 hours after onset of the acute coronary syndrome."

Exclusion criteria: "Major exclusion criteria include the presence within 24 hours before enrollment of (1) hemodynamic events (hypotension, pulmonary edema/congestive heart failure, acute mitral regurgitation, acute ventricular septal defect); (2) ischemic events (stroke, recurrent symptoms of cardiac ischemia); and (3) arrhythmic events (ventricular fibrillation, sustained ventricular tachycardia, complete heart block, high-grade second-degree heart block). Patients in whom CABG is planned as treatment of their ACS event are excluded. Patients receiving ongoing treatment with cyclosporine, diltiazem, danazol, amiodarone, verapamil, niacin, fibrates as concomitant medications, or any of the potent CYP3A4 inhibitors (itraconazole, ketoconazole, erythromycin, clarithromycin and telithromycin, HIV protease inhibitors, and nefazodone) are excluded from the study. Short-term therapy with antifungal medications or macrolide antibiotics is acceptable, provided that study medication is interrupted during the administration and resumed after the completion of short-term therapy. Other exclusion criteria include pregnancy or the intention to become pregnant; active liver disease or persistent unexplained serum transaminase elevations ($\geq 2 \times$ upper limit of normal [ULN]); history of alcohol or drug abuse; allergy/sensitivity to any statin, ezetimibe, or their excipients; and use of statin therapy with LDL-C lowering potency greater than simvastatin 40 mg. Patients are also excluded if the discontinuation of an existing lipid-lowering regimen poses a health risk."

Interventions

Intervention: simvastatin 40 mg + ezetimibe 10 mg

Comparison: simvastatin 40 mg + placebo

Details of any 'run-in' period: not specified

Concomitant medications: aspirin, thienopyridine, angiotensin-converting enzyme inhibitors (ACEI)/ angiotensin receptor antagonist (ARB)

Excluded medications: patients receiving ongoing treatment with cyclosporine, diltiazem, danazol, amiodarone, verapamil, niacin, fibrates as concomitant medications, or any of the potent CYP3A4 inhibitors (itraconazole, ketoconazole, erythromycin, clarithromycin and telithromycin, HIV protease inhibitors, and nefazodone) are excluded from the study.

Outcomes

Primary: composite of death from cardiovascular disease, a major coronary event (nonfatal MI , documented unstable angina requiring hospital admission, or coronary revascularization occurring at least 30 days after randomisation), or nonfatal stroke, assessed from the time of randomisation until the first occurrence of one of the events.

Secondary:

IMPROVE-IT 2015 (Continued)

1. composite of death from any cause, major coronary event, or nonfatal stroke;
2. composite of death from coronary heart disease, nonfatal MI , or urgent coronary revascularisation 30 days or more after randomisation;
3. composite of death from cardiovascular causes, nonfatal MI , hospitalisation for unstable angina, all revascularisation 30 days or more after randomisation, or nonfatal stroke.

Others: liver enzyme levels and creatine kinase levels, episodes of myopathy or rhabdomyolysis, gall bladder-related adverse events, and cancer.

Notes

Funding: Supported by Merck.

NCT00202878

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Central Randomization"
Allocation concealment (selection bias)	Low risk	Quote: "The Central Randomization Center will assign the subject randomization number according to the subject's sequential entry into the study. The subject will be identified by this subject randomization number for the duration of the study and in the reporting of results of the study. "
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "This is a double-blind study; neither the investigator, sponsor, nor the subject will know the content of the bottles"
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Independent committees to review achieved lipid levels (the Lipid Monitoring Committee) and trial safety (the Data and Safety Monitoring Board).
Incomplete outcome data (attrition bias) All outcomes	Low risk	<p>Number of participants that did not completed final visit were reported and reasons were stated.</p> <p>Quote: "All efficacy and safety analyses were performed in the intention-to-treat population".</p> <p>Quote: "At study conclusion, there were 93 participants who were lost to follow-up and 75 participants from closed sites without known vital status".</p> <p>Quote: "Vital status was identified for 713 participants who were lost prior to the close out period".</p> <p>Quote: "The number of subjects categorized as site closure, lost to follow-up and withdrawn of consent was similar between randomized treatment groups."</p> <p>Quote: "All subjects, including those who discontinued from treatment, were monitored for suspected clinical endpoint events until the termination of the trial"</p>
Selective reporting (reporting bias)	Low risk	The study protocol is available and all of the study's prespecified outcomes have been reported.
Other bias	Unclear risk	<p>Supported by Merck.</p> <p>Disclosure forms provided by the authors.</p>

IMPROVE-IT 2015 (Continued)

Quote: "The trial was designed and led by an executive committee that included representatives from the Thrombolysis in Myocardial Infarction (TIMI) Study Group, the Duke Clinical Research Institute (DCRI), and the study sponsor (Merck), in collaboration with an international steering committee."

Katoh 2017

Methods	Design: RCT Number of study centres: not reported Setting: not reported Patient recruitment: not reported Duration of study (Follow-up): 3 years Clinical setting: stable angina pectoris
Participants	Enrolment (N): 33 Randomised (N): intervention:16 ; control:17 Withdrawn (N): not reported Lost to follow-up (N): not reported Completed the study (N): not reported Analysed (N): not reported Age (years) (mean ± SD): not reported Sex (male, N, %): not reported Smoking history (N, %): not reported BMI (kg/m², mean ± SD): not reported Diabetes (N, %): not reported Hypertension (N, %): not reported History of MI (N, %): not reported Statin pretreatment (N, %): intervention: 16(100%); control:17(100%) Inclusion criteria: "SAP patients receiving PCI method previously treated with statins were Enrolled into the study" Exclusion criteria: not reported
Interventions	Intervention: Quote: "10 mg ezetimibe added To previous treated statins" Comparison: Quote: "treated with incremental dose of statin only" Details of any 'run-in' period: not reported Concomitant medications: not reported Excluded medications: not reported

Katoh 2017 (Continued)

Outcomes	Primary: coronary artery plaque volume; LDL-C, triglyceride, remnant-like lipoprotein, Apo B48 lipoprotein, campesterol, and sitosterol levels; cardiovascular events	
Notes	Conference abstract only. Emailed trialists for details. No response Source of funding: not reported.	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not reported
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	High risk	Published conference abstract only

Kinouchi 2013

Methods	Design: open-labelled, randomised, balanced-parallel group trial Number of study centres: single centre in Japan Setting: outpatient Patient recruitment: not reported Duration of study (Follow-up): 12 months Clinical setting: hypercholesterolaemia
Participants	Enrolment (N): 63 Randomised (N): 54, intervention:28 ; control:26 Withdrawn (N): intervention: 0; control:0 Lost to follow-up (N): intervention: 0; control:0

Kinouchi 2013 (Continued)

Completed the study (N): intervention: 28; control:26

Analysed (N): intervention: 28; control:26

Age (years) (mean ± SD): intervention: 55.2 ± 12.0; control: 53.4 ± 11.4

Sex (male, N, %): intervention:20(71.4%); control:16 (61.5%)

Smoking history (N, %): intervention:2(7.1%) ; control:2 (7.7%)

BMI (kg/m², mean ± SD): intervention: 24.7 ± 2.5; control: 24.9 ± 7.2

Diabetes (N, %): intervention: 1(3.6%); control:2 (7.7%)

Hypertension (N, %): intervention: 18 (64.3); control:22 (84.6)

History of CHD (N, %): not reported

Statin pretreatment (N, %): not reported

Inclusion criteria: patients with age between 20 and 70 years, plasma LDL cholesterol concentration >100 mg/dL according to NCEP ATP III guidelines, and triglyceride concentrations below 500 mg/dL.

Exclusion criteria: Patients with kidney dysfunction, defined as serum creatinine > 2 mg/dL; liver dysfunction, defined as serum transaminase > 2 times higher than normal; secondary or drug-induced dyslipidaemia; unstable angina; pregnancy; probable pregnancy; or breast feeding; history of allergy to the medication in this study; or those considered inappropriate.

Interventions	<p>Intervention: ezetimibe 10 mg plus fluvastatin 20 mg daily</p> <p>Comparison: fluvastatin20 mg daily</p> <p>Details of any 'run-in' period: Quote: "Dietary interventions with instructions to follow a low-fat diet throughout the trial were provided for a 2-12 week run-in period"</p> <p>Concomitant medications: Antihypertensive and hypoglycaemic agents were appropriately titrated to control blood pressure (BP) and plasma glucose levels, respectively.</p> <p>Excluded medications: previous medications and therapies other than cholesterol lowering drugs were continued.</p>
Outcomes	<p>Primary: the per cent change from baseline in an estimated glomerular filtration rate (eGFR)</p> <p>Secondary: the per cent changes in surrogate markers for arterial stiffness, as assessed by the cardio-ankle vascular index, augmentation index, ankle-brachial index, and maximum carotid intima-media thickness.</p> <p>Other: lipid values, adverse events</p>
Notes	<p>Funding: not reported</p> <p>Emailed investigators for whether clinical endpoints such as cardiovascular events occurred during the study. No response.</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "simple randomization", no further details
Allocation concealment (selection bias)	High risk	Quote:"There was no allocation concealment"

Kinouchi 2013 *(Continued)*

Blinding of participants and personnel (performance bias) All outcomes	High risk	Open-label. Quote: "No placebo was used and there was no blinding"
Blinding of outcome assessment (detection bias) All outcomes	High risk	Open-label. Quote: "No placebo was used and there was no blinding"
Incomplete outcome data (attrition bias) All outcomes	Low risk	All patients completed the study. Intention-to-treat (ITT) analysis used.
Selective reporting (reporting bias)	Unclear risk	No protocol published, or trials registry record found.
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists Disclosure: Quote: "no conflicts of interest" Funding: not reported

Kodali 2011

Methods	Design: RCT Number of study centres: not reported, USA Setting: not reported Patient recruitment: not reported Duration of study (Follow-up): 12 months Clinical setting: 'statin naive' patients with maximum carotid stenosis > 50%
Participants	Enrolment (N): 18 Randomised (N): not reported Withdrawn (N): not reported Lost to follow-up (N): not reported Completed the study (N): not reported Analysed (N): not reported Age (years) (mean ± SD): not reported Sex (male, N, %): not reported Smoking history (N, %): not reported BMI (kg/m², mean ± SD): not reported Diabetes (N, %): not reported Hypertension (N, %): not reported History of CHD (N, %): not reported

Kodali 2011 (Continued)

Statin pretreatment (N, %): intervention:0% ; control:0%

Inclusion criteria: 'statin naive' patients with maximum carotid stenosis > 50%

Exclusion criteria: not reported

Interventions	<p>Intervention: ezetimibe 10 mg/ simvastatin 40 mg</p> <p>Comparison: simvastatin 40 mg</p> <p>Details of any 'run-in' period: not reported</p> <p>Concomitant medications: not reported</p> <p>Excluded medications: not reported</p>
Outcomes	<p>Primary: changes in carotid outer wall area (OWA), lumen area (LA), vessel wall area (VWA), lipid area (LpA) and lipid percentage (Lp%), measured by high-resolution CMR</p>
Notes	<p>Two conference abstracts only. No outcome data relevant to this review. Emailed trialists for details. No response Source of funding: not reported.</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "randomized", but no further details.
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not reported
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	High risk	Published conference abstract only

Kouvelos 2013

Methods	<p>Design: prospective randomised, open-label study</p> <p>Number of study centres: single centre in Greece</p>
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Kouvelos 2013 (Continued)

Setting: inpatient and outpatient follow-up

Patient recruitment: patients who underwent elective vascular surgery from January 2007 to June 2009

Duration of study: 12 months

Clinical setting: patients Undergoing elective vascular surgery

Participants

Enrolment (N): 262

Randomised (N): intervention: 126; control: 136

Withdrawn (N): intervention: 4; control: 2

Lost to follow-up (N): Eight patients did not attend their follow-up visit but were reached via telephone

Completed the study (N): not reported

Analysed (N): intervention: 126; control: 136

Age (years) (range): intervention: 70 (41-89); control: 72 (46-88)

Sex (male, N, %): intervention: 113 (89.7%); control: 122 (89.7%)

Smoking history (N, %): intervention: 68 (54%); control: 78 (57.4%)

BMI (kg/m², mean ± SD): not reported

Diabetes (N, %): intervention: 40 (31.7%); control: 39 (28.7%)

Hypertension (N, %): intervention: 103 (81.7%); control: 110 (80.9%)

Existing CHD: (N, %): intervention: 62 (49.2%); control: 67 (49.3%)

Statin pretreatment (N, %): intervention: 0%; control: 0%

Inclusion criteria:

Patients who underwent elective vascular surgery.

Exclusion criteria: any contraindication to the use of statins; emergency surgery; a re-operation within 30 days after a previous procedure; liver disease; a history of a cardiovascular event within the previous 6 months prior to randomisation (MI or stroke).

Interventions

Intervention: ezetimibe (10 mg/day) plus rosuvastatin (10 mg/day)

Comparison: rosuvastatin alone (10 mg/day)

Details of any 'run-in' period: 8-week washout period for the patients already on a statin

Concomitant medications: not reported

Excluded medications: not reported

Outcomes

Primary: composite of death from cardiac causes, nonfatal acute MI, ischaemic stroke, and unstable angina.

Secondary: lipids and high-sensitivity C-reactive protein (hs-CRP)

Others: serum creatine kinase (CK) and AST levels as well as clinical evaluation of any adverse event.

Notes

Funding: Quote: "The author(s) received no financial support for the research, authorship, and/or publication of this article"

Kouvelos 2013 (Continued)

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	A computer algorithm was used in the randomisation
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	High risk	Open-label study
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Open-label study, insufficient information to make a judgement
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "Eight patients did not attend their follow-up visit but were reached via telephone."
Selective reporting (reporting bias)	Unclear risk	No protocol published, or trials registry record found.
Other bias	Low risk	Funding:Quote: "The author(s) received no financial support for the research, authorship, and/or publication of this article" Declaration of Conflicting Interests: Quote: "no potential conflicts of interest with respect to the research, authorship, and/or publication of this article."

Liu 2017

Methods	Design: randomised controlled trial Number of study centres: single centre in China Setting: inpatient and outpatient follow up Patient recruitment: June 2012 to December 2014 Duration of study (Follow-up): 12 months Clinical setting: acute coronary syndrome (ACS)
Participants	Enrolment (N): 264 Randomised (N): 230, intervention: 114; control:116 Withdrawn (N): intervention:0 ; control:0 Lost to follow-up (N): intervention:6 ; control:5 Completed the study (N): intervention: 108; control: 111 Analysed (N): intervention: 108; control:111 Age (years) (SD, mean ± SD): intervention: 84.2 ± 2.9; control: 84.0 ± 1.8

Liu 2017 (Continued)

Sex (male, N, %): intervention: 60 (52.6); control: 59 (50.9)

Smoking history (N, %): intervention: 13 (11.4); control: 16 (13.8)

BMI (kg/m², mean ± SD): intervention: 25.6 ± 3.5 ; control: 25.4 ± 3.9

Diabetes (N, %): intervention: 46 (40.4); control: 42 (36.2)

Hypertension (N, %): intervention: 81 (71.1); control: 80 (69.0)

History of MI (N, %): intervention: 22 (19.3); control: 17 (14.7)

Statin pretreatment (N, %): intervention: control

Inclusion criteria: 1) ACS patients confirmed by coronary angiography; 2) age between 80 and 90 years old.

Exclusion criteria: chronic high-dose statins therapy (atorvastatin > 10 mg/day), referral to CABG, abnormal liver enzymes (ALT or AST > 40 U/L); renal failure with serum creatinine > 2 mg/dL, muscle disease or refused the trial.

Interventions	<p>Intervention: combined therapy group (atorvastatin 10 mg/day and ezetimibe 10 mg/day)</p> <p>Comparison: double-dose atorvastatin group (atorvastatin 20 mg/day)</p> <p>Details of any 'run-in' period: not reported</p> <p>Concomitant medications: not reported</p> <p>Excluded medications: not reported</p>
Outcomes	<p>Primary: major adverse coronary events (including cardiac death, spontaneous myocardial infarction, unplanned revascularisation), stroke.</p> <p>Secondary: creatine kinase myocardial band (CK-MB), troponin-I (TNI), creatine (CK), ALT, AST, creatinine, LDL-C, high sensitive C-reactive protein (hsCRP) levels.</p>
Notes	<p>Funding: The study was not supported by any external source of funding. There are no relationships with industry.</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "a randomization list was provided by the sponsor before the beginning of the study using SPSS Statistics version 20.0.0 computer software. Block randomization was used with a block size equal to 2"
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias)	Low risk	Quote: "There were 6 patients in combined therapy group and 5 in double-dose atorvastatin group lost to follow-up."

Ezetimibe for the prevention of cardiovascular disease and all-cause mortality events (Review)

Liu 2017 (Continued)

All outcomes

Intention-to-treat (ITT) analysis used not used, analysis based on participants that completed study.

Missing outcome data balanced in numbers across intervention groups.

Selective reporting (reporting bias)

Unclear risk

No protocol published, or trials registry record found.

Other bias

Low risk

The study was not supported by any external source of funding. There are no relationships with industry.

Luo 2014

Methods

Design: RCT

Number of study centres: single centre

Setting: inpatient and outpatient

Patient recruitment: July 2010 and December 2011

Duration of study (Follow-up): 12months

Clinical setting: hypercholesterolaemia

Participants

Enrolment (N): 84

Randomised (N): intervention: 40; control:44

Withdrawn (N): not reported

Lost to follow-up (N): not reported

Completed the study (N): not reported

Analysed (N): intervention: 40; control:44

Age (years) (mean ± SD): intervention: 67.2 ± 6.4; control: 66.3 ± 5.8

Sex (male, N, %): intervention: 22 (55%); control: 22 (50%)

Smoking history (N, %): not reported

BMI (kg/m², mean ± SD): intervention: 24.4 ± 4.6; control: 24.7 ± 4.4

Diabetes (N, %): intervention: 12 ; control: 16

Hypertension (N, %): not reported

History of CHD (N, %): intervention: 36; control: 34

Statin pretreatment (N, %): not reported

Inclusion criteria: elderly hypercholesterolaemic patients who still had abnormal LDL-C levels (≤ 2.6 mM) after undergoing lipid-lowering therapy for three months.

Exclusion criteria: patients with hypertension, blood diseases, hepatorenal dysfunction, severe infectious disease and heart failure were excluded.

Interventions

Intervention: atorvastatin 20 mg/night in combination with ezetimibe10 mg/day

Comparison: atorvastatin 20 mg/night

Ezetimibe for the prevention of cardiovascular disease and all-cause mortality events (Review)

Luo 2014 (Continued)

Details of any 'run-in' period: not reported

Concomitant medications: not reported

Excluded medications: not reported

Outcomes	1. Blood lipid level and high-sensitivity C-reactive protein (hsCRP). 2. Carotid intima-media thickness, carotid plaque Crouse integral, Carotid diameter 3. Cardiovascular events (myocardial infarction, cardiovascular death) and adverse reactions.
Notes	Funding: not reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "randomised" but no further details
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not reported
Selective reporting (reporting bias)	Unclear risk	No protocol published, or trials registry record found.
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

Luo 2016

Methods	Design: randomised, prospective, double-blind, and placebo-controlled design Number of study centres: single-centre in China. Setting: outpatient Patient recruitment: June 2012 to September 2013 Duration of study (Follow-up): 12 months Clinical setting: coronary heart disease
Participants	Enrolment (N): 148 Randomised (N): intervention: 74; control: 74

Luo 2016 (Continued)

Withdrawn (N): intervention: 0; control: 0

Lost to follow-up (N): not reported

Completed the study (N): not reported

Analysed (N): intervention: 74; control: 74

Age (years) (mean ± SD): intervention: 60.76 ± 11.56; control: 61.55 ± 9.72

Sex (male, N, %): intervention: 40 (54%); control: 44 (59%)

Smoking history (N, %): intervention: 30 (40.5%); control: 26 (35.1%)

BMI (kg/m², mean ± SD): intervention: 25.23 ± 4.67; control: 24.68 ± 5.42

Diabetes (N, %): intervention: 34 (45.9%); control: 30 (40.5%)

Hypertension (N, %): intervention: 38 (51.4%); control: 36 (48.6%)

History of CHD (N, %): intervention: 74 (100%); control: 74 (100%)

Statin pretreatment (N, %): not reported (patients received lipid-lowering therapy for 3 months before enrolment)

Inclusion criteria: patients with CHD, which was confirmed by coronary angiography

Exclusion criteria: Patients with blood diseases, hepatonephric dysfunction, severe infectious diseases, and heart failure were excluded from the study.

Interventions	<p>Intervention: atorvastatin 20 mg/day + ezetimibe 10 mg/day</p> <p>Comparison: atorvastatin 20 mg/day</p> <p>Details of any 'run-in' period: none</p> <p>Concomitant medications: aspirin, β-blockers, angiotensin-converting enzyme inhibitors, angiotensin II receptor antagonists, and hypoglycaemic drugs</p> <p>Excluded medications: not reported</p>
Outcomes	Blood lipid levels, carotid artery plaque, adverse events, rates of major adverse coronary events, including cardiac death, hospitalisation for unstable angina, nonfatal MI, coronary revascularisation, and stroke.
Notes	Funding: not reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Patients were divided into the control and combination groups by the random number table method
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Report Quote: "double-blind study, and placebo-controlled", but according to the sentence "The control group received oral atorvastatin (Lipitor 20 mg, Pfizer, USA) every night, while the combination group received ezetimibe (Ezetrol 10 mg, Schering-Plough, USA) in the morning and atorvastatin in the evening", we are not sure whether the control group was using matching placebo, and the blinding to the participants and personnel is unclear.

Luo 2016 (Continued)

Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	Missing outcome data balanced in numbers across intervention groups (< 1%)
Selective reporting (reporting bias)	Unclear risk	No protocol published, or trials registry record found.
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists Quote: "All of the authors declare that they have no conflicts of interest regarding this paper"

OCTIVUS 2017

Methods	<p>Design: double-blinded randomised placebo-controlled trial</p> <p>Number of study centres: single-centre in Denmark</p> <p>Setting: inpatient and outpatient</p> <p>Patient recruitment: June 2011 to June 2013</p> <p>Duration of study (Follow-up): 12months</p> <p>Clinical setting: ST-segment elevation MI</p>
Participants	<p>Enrolment (N): 1062</p> <p>Randomised (N): intervention: 43; control:44</p> <p>Withdrawn (N): one patient withdrew consent, but unclear which group.</p> <p>Lost to follow-up (N): total 4, the number of each group was unclear.</p> <p>Completed the study (N): total 70, the number of each group was unclear.</p> <p>Analysed (N): lipids, intervention:39 ; control:41</p> <p>Age (years) (mean ± SD): intervention: 55.3 ± 11.0; control: 57.2 ± 9.1</p> <p>Sex (male, N, %): intervention:39 (90.7); control: 36 (81.8)</p> <p>Smoking history (N, %): intervention: 25 (58.1); control:23 (52.3)</p> <p>BMI (kg/m², mean, IQR): intervention: 27.3 (25.1, 29.2); control:27.4 (24.6, 29.4)</p> <p>Diabetes (N, %): intervention:1 (2.3%) ; control:1 (2.3%)</p> <p>Hypertension (N, %): intervention: 7 (16.3); control:8 (18.2)</p> <p>History of MI (N, %): intervention: 0; control:0</p> <p>Statin pretreatment (N, %): intervention:0 ; control:0</p> <p>Inclusion criteria: (1) first-time ST-segment elevation myocardial infarction (STEMI); (2) no prior treatment with statins or other lipid lowering drugs; and (3) a non-significant lesion in one of the two non-culprit coronary arteries (angiographic diameter stenosis > 20% and < 50%).</p>

OCTIVUS 2017 (Continued)

Exclusion criteria: (1) age below 18 or above 81 years; (2) serum creatinine > 176 µmol/L; (3) women with child-bearing potential who were not using chemical or mechanical contraception; (4) history of malignancy unless a disease-free period of more than five years was present; (5) participation in another randomised trial; (6) treatment with cyclosporine or fibrates.

Interventions	<p>Intervention: atorvastatin 80 mg/day + ezetimibe 10 mg/day</p> <p>Comparison: atorvastatin 80 mg/day + placebo</p> <p>Details of any 'run-in' period: not reported</p> <p>Concomitant medications: not reported</p> <p>Excluded medications: not reported</p>
Outcomes	<p>Primary: change in the relative necrotic core (NC) content after 12 months.</p> <p>Secondary: change in fibrotic (FT), lipidic (LT) and calcific (CT) together with changes in total atheroma volume (TAV) and percentage atheroma volume (PAV).</p> <p>Other: lipids</p>
Notes	<p>Funding: The Danish Heart Foundation has supported this study.</p> <p>NCT01385631</p> <p>Emailed trialists to enquire additional information. No response</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "block randomized (1:1) by envelope method" "The randomization procedure was administered by the hospital pharmacy who also supplied the blinded study medicine."
Allocation concealment (selection bias)	Low risk	Quote: "block randomized (1:1) by envelope method"
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Double-blinded and matching placebo was used
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "All recordings were assigned to randomly generated examination ID numbers corresponding to a list managed by a person not involved in the study and archived to DVDs."
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Withdrawals reported with reasons, not specified which group. Emailed trialists to enquire additional information. No response Intention-to-treat (ITT) analysis used, but after exclusion of some randomised patients.
Selective reporting (reporting bias)	Low risk	No protocol published, but a pre-registration in a clinical trial registry was found (NCT01385631). All outcomes reported as planned.
Other bias	Low risk	The Danish Heart Foundation has supported this study.

OCTIVUS 2017 (Continued)

Conflicts of interests: Quote: "LOJ has received research grants from Terumo, Biotronik, St Jude Medical, and Biosensors to her institution and honoraria from Abbott Vascular, AstraZeneca, St Jude Medical and Biotronik. The other authors had nothing to disclose."

Okada 2012

Methods	<p>Design: RCT</p> <p>Number of study centres: 13 centres in Japan</p> <p>Setting: not reported</p> <p>Patient recruitment: not reported</p> <p>Duration of study (Follow-up): 52 weeks</p> <p>Clinical setting: coronary artery disease</p>
Participants	<p>Enrolment (N): 200</p> <p>Randomised (N): intervention: 100; control:100</p> <p>Withdrawn (N): intervention:22 ; control:28</p> <p>Lost to follow-up (N): not reported</p> <p>Completed the study (N): intervention: 78; control:72</p> <p>Analysed (N): intervention: 78; control:72</p> <p>Age (years) (mean ± SD): intervention: 65.7 ± 10.1; control: 65.9 ± 8.7</p> <p>Sex (male, N, %): intervention: 57 (73.1%); control: 53 (73.6%)</p> <p>Smoking history (N, %): intervention: 26(33.3%); control: 25 (34.7%)</p> <p>BMI (kg/m², mean ± SD): intervention: 25.1 ± 3.0; control: 25.3 ± 3.8</p> <p>Diabetes (N, %): intervention: 41 (52.6%); control: 36 (50.0%)</p> <p>Hypertension (N, %): intervention: 57 (73.1%) ; control: 57 (79.2%)</p> <p>History of MI (N, %): intervention: 45 (57.7%) ; control: 42 (58.3%)</p> <p>Statin pretreatment (N, %): intervention: 100%; control:100%</p> <p>Inclusion criteria: Quote: "Patients with coronary artery disease whose LDL-C levels were ≥70 mg/dL after treatment with atorvastatin 10 mg/day or rosuvastatin 2.5 mg/day".</p> <p>Exclusion criteria: adverse reactions to the study drugs; triglyceride level > 500m g/dL; ALT level more than twice the upper limit of normal; secondary dyslipidaemia; drug-induced dyslipidaemia; ACS, a history of PCI, coronary artery bypass grafting, or stroke within 3 months. Women who were pregnant, at risk for becoming pregnant, or who were nursing infants were also excluded.</p>
Interventions	<p>Intervention: ezetimibe +atorvastatin 10 mg/day or rosuvastatin 2.5 mg/day</p> <p>Comparison: atorvastatin 20 mg/day or rosuvastatin 5 mg/day</p> <p>Details of any 'run-in' period: not reported</p> <p>Concomitant medications: not reported</p>

Okada 2012 (Continued)

Excluded medications: not reported

Outcomes **Primary:** Lipid levels, campesterol, lathosterol, plasma protein convertase subtilisin/kexin type 9 (PCSK9) concentrations.

Notes **Funding:** Financially supported by Merck Sharp & Dohme (MSD), Inc. and Bayer, Inc.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomly assigned, but no further details.
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	High risk	50/200 withdrew from the study
Selective reporting (reporting bias)	Unclear risk	No protocol published, or trials registry record found.
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists Financially supported by Merck Sharp & Dohme (MSD), Inc. and Bayer, Inc.

PRECISE-IVUS 2015
Methods **Design:** prospective, randomised, controlled, assessor-blind, parallel assignment, open-label, multi-centre study
Number of study centres: 17 centres in Japan
Setting: inpatient and outpatient follow-up
Patient recruitment: January 2010 to September 2014
Duration of study: 12 months
Clinical setting: hypercholesterolemia and coronary artery disease

Participants **Enrolment (N):** 246
Randomised (N): intervention: 122; control: 124
Withdrawn (N): intervention: 1; control: 2
Lost to follow-up (N): not reported

Ezetimibe for the prevention of cardiovascular disease and all-cause mortality events (Review)

PRECISE-IVUS 2015 (Continued)

Completed the study (N): intervention: 100; control: 102

Analysed (N): intervention: 121; control: 122

Age (years) (mean ± SD): intervention: 66 ± 10; control: 67 ± 10

Sex (male, N, %): intervention: 78 (78 %); control: 80 (78%)

Smoking history (N, %): intervention: 20 (20%); control: 32(32 %)

BMI (kg/m², mean ± SD): intervention: 24.8 ± 3.4; control: 24.9 ± 3.1

Diabetes (N, %): intervention: 29 (29%); control: 31 (30 %)

Hypertension (N, %): intervention: 75 (75%); control: 67 (66%)

Existing CHD: intervention: 100 (100%); control: 102 (100%)

History of MI (N, %): intervention: 15 (15%); control: 13 (13%)

Statin pretreatment (N, %): intervention: 46 (46%) ; control: 49 (48%)

Inclusion criteria:

1. aged 30–85 years at the time of their consent;
2. patients who have been diagnosed as ACS or stable coronary heart disease;
3. patients who undergo CABG or PCI under IVUS guidance;
4. patients with LDL-C ≥100 mg/dL at the time of their consent.

Exclusion criteria:

1. familial hypercholesterolaemia;
2. being treated with ezetimibe;
3. being treated with fibrates;
4. renal insufficiency (serum creatinine ≥ 2.0 mg/dL);
5. altered hepatic function (serum AST or ALT ≥ 3-fold of standard value in each institute);
6. undergoing haemodialysis or peritoneal dialysis;
7. allergic to Lipitor and/or Zetia;
8. severe underlying disease;
9. lack of decision-making capacity;
10. recognised as inadequate by attending doctor.

Interventions

Intervention: ezetimibe 10 mg/day + atorvastatin(the dosage of atorvastatin will be titrated up to a maximum of 20 mg/day with a treatment goal of lowering LDL-C below 70 mg/dL)

Comparison: atorvastatin

Details of any 'run-in' period: not reported

Concomitant medications: not reported

Excluded medications: not reported

Outcomes

Primary: absolute change from baseline to follow-up in per cent atheroma volume (PAV) in the target lesion

Secondary:

1. percentage change from baseline (before randomisation) to follow-up (9-12 months after randomisation) in the atheroma volume;
2. change and percentage change from baseline to follow-up in the minimum lumen diameter (MLD) and per cent diameter stenosis (%DS);

PRECISE-IVUS 2015 (Continued)

3. percentage changes from baseline to follow-up in serum lipids;
4. correlation between regression of coronary plaque and serum lipids profiles;
5. changes in high-sensitivity CRP (hs-CRP) from baseline to follow-up;
6. correlation between regression of coronary plaque and inflammatory markers (white blood cell count and hs-CRP);
7. change and percentage change from baseline to follow-up in the plaque volume of the PCI target lesion;
8. change and percentage change from baseline to follow-up in the MLD and %DS of the PCI target lesion;
9. major adverse cardiac events (cardiac death, non-fatal myocardial infarction, non-fatal stroke, coronary revascularization);
10. all-cause death;
11. safety (adverse events, subjective symptoms/objective findings, physical tests), blood tests (haematology, clinical chemistry, glucose metabolism test), urinalysis).

Notes

Funding: Quote: "This work was supported in part by a Grant-in-Aid for Young Scientists B (22790713, 24790769) and a Grant-in-aid for Scientific Research C (26461075) from the Ministry of Education, Science, and Culture, Japan (to Dr. Tsujita)."

NCT01043380

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "randomly assigned by using a web-based randomization software"
Allocation concealment (selection bias)	Low risk	Quote: "randomly assigned by using a web-based randomization software"
Blinding of participants and personnel (performance bias) All outcomes	High risk	Open-label study, no blinding of participants and personnel.
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "randomized, controlled, assessor-blind, multicenter study"
Incomplete outcome data (attrition bias) All outcomes	Low risk	Safety outcomes analyses were performed by using 'safety analysis set', Number of participants that discontinued were reported and reasons were stated
Selective reporting (reporting bias)	Low risk	The study protocol was published and all of the study's prespecified outcomes have been reported.
Other bias	Low risk	Quote: "This work was supported in part by a Grant-in-Aid for Young Scientists B (22790713, 24790769) and a Grant-in-aid for Scientific Research C (26461075) from the Ministry of Education, Science, and Culture, Japan (to Dr. Tsujita)." Quote: "Dr. Ogawa has received remuneration for lectures from Bayer, Boehringer Ingelheim, Daiichi-Sankyo, MSD, Pfizer, and Takeda; has received trust research/joint research funds from Bayer, Daiichi-Sankyo, and Novartis; and has received scholarship funds from AstraZeneca, Astellas, Bristol-Myers Squibb, Chugai, Daiichi-Sankyo, Dainippon Sumitomo Pharma, Kowa, MSD, Otsuka, Pfizer, Sanofi, Shionogi, and Takeda. Dr. Ishihara has received remuneration from..."

PRECISE-IVUS 2015 (Continued)

neration for lectures from MSD. All other authors have reported that they have no relationships relevant to the contents of this paper to disclose."

Ren 2017

Methods	<p>Design: RCT</p> <p>Number of study centres: single centre in China</p> <p>Setting: inpatient and outpatient</p> <p>Patient recruitment: January 2015 to June 2016</p> <p>Duration of study (Follow-up): 12 months</p> <p>Clinical setting: acute MI</p>
Participants	<p>Enrolment (N): 135</p> <p>Randomised (N): intervention:55 ; control:58</p> <p>Withdrawn (N): intervention: 0; control:0</p> <p>Lost to follow-up (N): intervention: 0; control:0</p> <p>Completed the study (N): intervention:55 ; control:58</p> <p>Analysed (N): intervention: 55; control:58</p> <p>Age (years) (mean ± SD): intervention: 57.3 ± 1.5; control: 60.7 ± 1.3</p> <p>Sex (male, N, %): intervention:46(79.3%); control: 48(87.3%)</p> <p>Smoking history (N, %): intervention:38 (65.5%) ; control:39 (70.9%)</p> <p>BMI (kg/m², mean ± SD): not reported</p> <p>Diabetes (N, %): intervention: 10(17.2%); control:10(18.2%)</p> <p>Hypertension (N, %): intervention: 35 (60.3%); control:31 (56.4)%</p> <p>History of MI (N, %): intervention: 1(1.7%); control:2(3.6%)</p> <p>Statin pretreatment (N, %): intervention: 6 (10.5%); control:5 (9.1%)</p> <p>Inclusion criteria: Quote: "patients aged within the range of 18 to 80 years were eligible if hospitalized within the preceding 24 h for acute myocardial infarction, including ST-segment elevation myocardial infarction (STEMI) with or without ST-segment elevation myocardial infarction (NSTEMI)."</p> <p>Exclusion criteria: i) Contraindications for the intervention; ii) statin use was contraindicated, for example, due to the patient having active hepatitis or being allergic to statins; iii) severe cardiac dysfunction (Killip class III or IV); iv) severe renal insufficiency; and v) other comorbidities, including infection, systemic immune diseases, pericarditis and malicious tumour.</p>
Interventions	<p>Intervention: ezetimibe (10 mg) plus rosuvastatin (10 mg)</p> <p>Comparison: rosuvastatin (10 mg)</p> <p>Details of any 'run-in' period: Quote: "Following 1 week of the intervention, 113 patients continued to meet the inclusion criteria and were randomly divided into two groups"</p> <p>Concomitant medications: not reported</p>

Ren 2017 (Continued)

Excluded medications: not reported

Outcomes **Primary:** lipid level, inflammatory markers (high-sensitivity CRP and lipoprotein associated phospholipase A2) at 1, 3 and 12 months.

Notes **Funding:** not reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Randomisation was performed by means of a computer-generated sequence of random numbers.
Allocation concealment (selection bias)	Unclear risk	Double-blind (participant, investigator, outcomes' assessor)
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	All the patients completed the study.
Selective reporting (reporting bias)	Unclear risk	No protocol published, or trials registry record found.
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists.

RESEARCH 2017

Methods

Design: randomised, open-label, prospective study

Number of study centres: multi-centres (10) in Japan

Setting: outpatient

Patient recruitment: not reported

Duration of study (Follow-up): 52 weeks

Clinical setting: T2DM patients with hypercholesterolaemia

Participants

Enrolment (N): 109

Randomised (N): intervention:53 ; control:56

Withdrawn (N): not reported

Lost to follow-up (N): not reported

Completed the study (N): intervention: 51; control:53

RESEARCH 2017 (Continued)

Analysed (N): intervention: 53; control:56

Age (years) (mean ± SD): intervention: 61.7 ± 11.1; control: 62.6 ± 9.5

Sex (male, N, %): intervention:31 (58.5%); control: 32 (57.1%)

Smoking history (N, %): intervention: 13 (24.5%); control:13 (23.6%)

BMI (kg/m², mean ± SD): not reported

Diabetes (N, %): intervention:51 (100%) ; control:53 (100%)

Hypertension (N, %): not reported

History of CHD (N, %): intervention: 8 (15.1%); control:6 (10.7%)

Statin pretreatment (N, %): intervention:53 (100%) ; control:56 (100%)

Inclusion criteria: the type 2 diabetic outpatients were over 20 years of age and had failed to reach the target LDL-C values recommended by the guideline (LDL-C < 120 mg/dL for patients with no history of CAD; LDL-C < 100 mg/dL for patients with a history of CAD) after receiving high-potency statins (10 mg of atorvastatin or 1 mg of pitavastatin) for more than 1 month.

Exclusion criteria: (1) history of hypersensitivity to atorvastatin, pitavastatin or ezetimibe; (2) serum triglyceride level more than 400 mg/dL; (3) hepatic dysfunction (an ALT level that is more than twice the upper limit of the normal range); (4) uncontrolled diabetes (HbA1c more than 9.0%); (5) renal dysfunction (a creatinine level that is higher than 2.0 mg per dL); (6) secondary or drug-induced hypercholesterolaemia; (7) homozygous familial hypercholesterolaemia; (8) pregnant or nursing women or women suspect of pregnancy; (9) judged as inappropriate for study by doctor.

Interventions	<p>Intervention: ezetimibe 10 mg/day + (atorvastatin 10 mg/day or pitavastatin 1 mg/day).</p> <p>Comparison: atorvastatin 20 mg/day or pitavastatin 2 mg/day</p> <p>Details of any 'run-in' period: not reported</p> <p>Concomitant medications: not reported</p> <p>Excluded medications: statins other than atorvastatin or pitavastatin, anion-exchanging resin agents, fibrates, nicotinic acids, eicosapentaenoic acid, probucol, or other lipid-lowering agents.</p>
Outcomes	<p>Primary: the per cent change in LDL-C from baseline.</p> <p>Secondary: the rates at which the target LDL-C values recommended by the guidelines were achieved and the values and per cent changes in total cholesterol (TC), triglyceride (TG), HDL-C, high-sensitivity CRP (Hs-CRP), sd-LDL, and remnant-like particle cholesterol (RLP-C).</p> <p>Other: general parameters such as AST, ALT, creatinine, and creatine phosphokinase (CPK), along with plasma glucose, HbA1c values and serum insulin level. Adverse events.</p>
Notes	<p>Funding: This study was supported by research grants from Japan Vascular Disease Research Foundation.</p> <p>UMIN000002593</p>
Risk of bias	
Bias	Authors' judgement Support for judgement
Random sequence generation (selection bias)	<p>Low risk</p> <p>Quote: "Randomization was performed with stratification according to age and gender. When a patient was enrolled, a doctor placed an order for random assignment by entering the data (including age and year) into the randomization software installed at the monitoring office of Nouvelle Plus."</p>

RESEARCH 2017 (Continued)

Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	An intention-to-treat analysis and per protocol analysis were performed.
Selective reporting (reporting bias)	Low risk	No protocol published, but a pre-registration in a clinical trial registry was found (UMIN000002593). All prespecified outcomes were reported.
Other bias	Low risk	Quote: "Funding: This study was supported by research grants from Japan Vascular Disease Research Foundation." Quote: "Teruo Shiba has received honoraria from Shionogi & Co., Ltd., Pfizer Japan Inc., Merck Sharp & Dohme (MSD), Kowa Company, Ltd., and Daiichi Sankyo Company Limited. Tsutomu Yamazaki has received research support and honoraria from Merck Sharp & Dohme (MSD), Pfizer Japan Inc., Kowa Company, Ltd., Shionogi & Co., Ltd., and AstraZeneca K.K., and honoraria from Bayer Holding Ltd. and Daiichi Sankyo Company Limited. Akira Tanaka has received research support from Daiichi Sankyo Company Limited and honoraria from Merck Sharp & Dohme (MSD), and Kewpie Corporation. Takahide Kohro has received research support from AstraZeneca K.K. and honoraria from Merck Sharp & Dohme (MSD). The other authors have no conflicts of interest to declare."

Sawayama 2011

Methods	Design: RCT Number of study centres: not reported Setting: not reported Patient recruitment: not reported Duration of study (Follow-up): mean follow-up time of 1.2 years Clinical setting: hypercholesterolemic patients
Participants	Enrolment (N): 60 Randomised (N): not reported Withdrawn (N): not reported Lost to follow-up (N): not reported Completed the study (N): intervention: ; control:

Sawayama 2011 (Continued)

Analysed (N): intervention: 27 ; control:22

Age (years) (mean ± SD): not reported

Sex (male, N, %): not reported

Smoking history (N, %): not reported

BMI (kg/m², mean ± SD): not reported

Diabetes (N, %): not reported

Hypertension (N, %): not reported

History of CHD (N, %): not reported

Statin pretreatment (N, %): intervention: 100% ; control:100%

Inclusion criteria: hypercholesterolemic patients with LDL-C levels >120 mg under treatment with low-dose pravastatin (5 mg)

Exclusion criteria: not reported

Interventions	<p>Intervention: ezetimibe plus low-dose pravastatin (5 mg)</p> <p>Comparison: standard-dose pravastatin (10 mg).</p> <p>Details of any 'run-in' period: not reported</p> <p>Concomitant medications: not reported</p> <p>Excluded medications: not reported</p>
Outcomes	<p>Primary: carotid intima-media thickness (IMT), LDL-C and non-HDL-C</p>
Notes	<p>Conference abstracts only. Lipids outcome data relevant to this review.</p> <p>Emailed trialists for details. No response Source of funding: not reported.</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No report
Allocation concealment (selection bias)	Unclear risk	No report
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	No report
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	No report
Incomplete outcome data (attrition bias)	Unclear risk	Intention-to-treat analysis

Sawayama 2011 (Continued)

All outcomes

Selective reporting (reporting bias)	Unclear risk	Unable to assess
Other bias	High risk	Published conference abstract only

Suzuki 2013

Methods	<p>Design: randomised, open-label, multi-centre trial</p> <p>Number of study centres: multi-centres in Japan</p> <p>Setting: not reported</p> <p>Patient recruitment: not reported</p> <p>Duration of study (Follow-up): 1 year</p> <p>Clinical setting: chronic kidney disease</p>
Participants	<p>Enrolment (N): 356</p> <p>Randomised (N): 296, intervention: 148; control: 148</p> <p>Withdrawn (N): intervention: 3; control: 7</p> <p>Lost to follow-up (N): intervention: ; control:</p> <p>Completed the study (N): intervention: ; control:</p> <p>Analysed (N): intervention: 145; control: 141</p> <p>Age (years) (SD, mean ± SD): intervention: 64 ± 1.2; control: 64 ± 1.2</p> <p>Sex (male, N, %): intervention: 96 (66%); control: 94 (66%)</p> <p>Smoking history (N, %): intervention: 55 (37.9%); control: 60 (42.5%)</p> <p>BMI (kg/m², mean ± SD): intervention: 25.2 ± 1.6; control: 25.8 ± 1.9</p> <p>Diabetes (N, %): intervention: 50 (34%); control: 50 (34%)</p> <p>Hypertension (N, %): intervention: 122 (84%); control: 121 (85%)</p> <p>History of cardiovascular disease (N, %): intervention: 4 (2.7%); control: 4 (2.8%)</p> <p>Statin pretreatment (N, %): intervention: 148(100%); control: 148(100%)</p> <p>Inclusion criteria: (1) age from > 35 to < 75 years; (2) undergoing treatment with low-dose statins; (3) LDL-C > 120 mg/dL; and (4) positive proteinuria or estimated glomerular filtration rate (eGFR) < 60 ml/min/1.73 m² for more than 3 months before enrolment.</p> <p>Exclusion criteria: (1) undergoing dialysis therapy; (2) uncontrolled hypertension; (3) uncontrolled diabetes; (4) severe liver disease with ALT levels > 2 times the upper limit of normal (ULN); (5) triglycerides (TG) > 400 mg/dL; (6) secondary hyperlipidaemia or hyperlipidaemia associated with the administration of a drug; (7) homozygous familial hypercholesterolaemia; (8) unstable angina, MI, surgical coronary intervention or stroke within 3 months of study entry; (9) pregnancy, possible pregnancy, desire to become pregnant during the study period, or lactation; (10) history of hypersensitivity to any ingredient in ezetimibe tablets; and (11) deemed inappropriate for study entry by the investigator.</p>
Interventions	<p>Intervention: statin and ezetimibe in combination (combination group).</p>

Ezetimibe for the prevention of cardiovascular disease and all-cause mortality events (Review)

Suzuki 2013 (Continued)

Comparator: doubling of the dose of statin (statin uptitration group).

Details of any 'run-in' period: not reported

Concomitant medications: not reported

Excluded medications: not reported

Outcomes	<p>Primary: the incidence of adverse effects, which included muscle complaints, myalgia, muscle weakness, and muscle cramps with and without elevated creatinine kinase (CK) levels. Increases in ALT and AST levels > 2 times the ULN were considered to indicate liver toxicity.</p> <p>Secondary: (1) changes in serum LDL-C and HDL-C levels, (2) changes in albumin/creatinine of urinary excretion (mg/gCr), (3) the rate of decline in renal function.</p>
Notes	<p>Funding: Quote: "This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors."</p> <p>UMIN000002935</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	No report, using the dynamic allocation method after stratification
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	High risk	Open-label
Blinding of outcome assessment (detection bias) All outcomes	High risk	Open-label
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Proportion of missing data: 3/148 in intervention group, 7/148 in control group. The intervention group and the control group were excluded from 3 cases and 7 cases, respectively, but the reasons were not explained and the safety analysis was not included. Contact the author but did not respond.
Selective reporting (reporting bias)	Low risk	No protocol published, but a pre-registration in a clinical trial registry was found (UMIN000002935). All prespecified outcomes were reported.
Other bias	Low risk	Quote: "This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors" Quote: "The authors have no conflicts of interest to declare"

VYCTOR 2009

Methods **Design:** RCT, open-label, 3-arm parallel group design

VYCTOR 2009 (Continued)

Number of study centres: single-centre in Mexico

Setting: not reported

Patient recruitment: not reported

Duration of study (Follow-up): 12 months

Clinical setting: high-risk coronary artery patients

Participants

Enrolment (N): 90 in total, of interest are: ezetimibe combined with simvastatin group(N = 30) and simvastatin group(N = 30).

Randomised (N): intervention: 30; control:30

Withdrawn (N): intervention: 7; control:10

Lost to follow-up (N): not reported.

Completed the study (N): intervention: 23; control:20

Analysed (N): not reported

Age (years) (mean ± SD): intervention:58 ± 9; control: 57 ± 8

Sex (male, N, %): intervention:19 (63.3%); control:12 (40%)

Smoking history (N, %): not reported

BMI (kg/m², mean ± SD): intervention: 29 ± 6; control: 29 ± 4

Diabetes (N, %): intervention: 14 (46.7%); control:15 (50%)

Hypertension (N, %): not reported

History of CHD (N, %): not reported

Statin pretreatment (N, %): not reported

Inclusion criteria: patients of any gender, aged 40 to 72 years, with a 10-year absolute risk for coronary death or MI ≥ 20 according to the ATP III recommendations were recruited.

Exclusion criteria: patients with severe systemic diseases, including liver diseases, chronic renal failure, heart failure, malignancies, autoimmune diseases, acquired immune deficiency syndrome (AIDS), or a history of alcohol or other drug abuse, were excluded. Pregnant or fertile women without a totally reliable contraception method or breastfeeding mothers were also excluded.

Interventions

Intervention: simvastatin 20 mg + ezetimibe 10 mg (in month 2, doses were scaled to 40 mg/10 mg, if goal was not attained)

Comparison: simvastatin 40 mg (in month 2, doses were scaled to 80 mg, if goal was not attained)

We included the comparison above. The third group was not included (pravastatin 40 mg, in month 2, ezetimibe 10 mg was added if goal was not attained).

Details of any 'run-in' period: not reported

Concomitant medications: not reported

Excluded medications: not reported

Outcomes

Primary: carotid Intima-Media Thickness (IMT), the values of vascular stiffness

Secondary: changes in LDL-C and high-sensitivity CRP

VYCTOR 2009 (Continued)

other: other lipids level, causes of discontinuation.

Notes

Funding: Merck Sharp & Dohme, Mexico; the Mexican Association for the Prevention of Atherosclerosis and its Complications (AMPAC); and the National Association of Cardiologists serving the State Employees (ANCISSTE).

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote "randomly allocated" Comment: insufficient information to make a judgement
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	High risk	Open-label treatment
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Carotid IMT was measured by a trained ultrasonographer who was blinded to all clinical and treatment information
Incomplete outcome data (attrition bias) All outcomes	High risk	7/30 = 23.3% of Arm 1 dropped out, and 10/30 = 33.33% of Arm 2 dropped out.
Selective reporting (reporting bias)	Unclear risk	Unable to assess as unaware of published protocol or pre-trial registration.
Other bias	Low risk	Quote: "The design of the study, the conduct of the trial, and the analysis of the data were done only by the investigators." Quote: "We acknowledge our gratitude to the following institutions that gave us unrestricted research grants: Merck Sharp & Dohme, Mexico; the Mexican Association for the Prevention of Atherosclerosis and its Complications (AMPAC); and the National Association of Cardiologists serving the State Employees (ANCISSTE)."

Wang 2016

Methods

Design: randomised controlled trial

Number of study centres: single centre in China.

Setting: inpatients

Patient recruitment: January 2011 to January 2014

Duration of study: 12 months

Clinical setting: coronary atherosclerotic heart disease and hyperlipidaemia

Participants

Enrolment (N): 106

Randomised (N): intervention: 55; control: 51

Wang 2016 (Continued)

Withdrawn (N): intervention: 3; control: 2

Lost to follow-up (N): intervention: 2; control: 1

Completed the study (N): intervention: 50; control: 48

Analysed (N): intervention: 50; control: 48

Age (years) (mean ± SD): intervention: 63 ± 10; control: 65 ± 12

Sex (male, N, %): intervention: 36 (72%); control: 35 (73%)

Smoking history (N, %): intervention: 31 (62%); control: 29 (60%)

BMI (kg/m², mean ± SD): not reported

Diabetes (N, %): intervention: 18 (36%); control: 17 (35%)

Hypertension (N, %): intervention: 25 (50%); control: 23 (48%)

Existing CHD: intervention: 50 (100%), control: 48 (100%)

Existing Acute coronary syndrome (N, %): intervention: 28 (56%); control: 27 (57%)

Statin pretreatment (N, %): not reported

Inclusion criteria: coronary angiography had revealed one or more atherosclerotic lesions near the middle of the coronary arteries; total cholesterol level was ≥ 5.2 mmol/L; and (or) low-density lipoprotein (LDL)-cholesterol level was ≥ 3.6 mmol/L. The atherosclerotic lesions were borderline lesions and (or) severe coronary atherosclerotic lesions. Borderline lesion was 40% to 70% stenosis demonstrated by quantitative coronary angiography. Severe lesion was more than 75% stenosis demonstrated by quantitative coronary angiography.

Exclusion criteria: (1) contraindications for the intervention; (2) statin use is contraindicated, such as the patient has active hepatitis; (3) high (> two-fold normal) transaminase levels.

Interventions	<p>Intervention: ezetimibe (10 mg/day) plus rosuvastatin (10 mg/day)</p> <p>Comparison: rosuvastatin alone (10 mg/day)</p> <p>Details of any 'run-in' period: not reported</p> <p>Concomitant medications: not reported</p> <p>Excluded medications: not reported</p>
Outcomes	<p>Primary: new or recurrence MI, unstable angina pectoris, cardiac death, stroke.</p> <p>other:</p> <ol style="list-style-type: none"> blood lipid levels, high-sensitivity CRP (hsCRP), interleukin-6 (IL-6), and matrix metalloproteinase-9 (MMP-9); coronary plaque size and compositional changes were determined using intravascular ultrasonography; major adverse events.
Notes	<p>Funding: This study was supported by the Medical Science and Technology Research Projects of Henan Province (201304005).</p>
Risk of bias	
Bias	Authors' judgement Support for judgement

Wang 2016 (Continued)

Random sequence generation (selection bias)	Unclear risk	Insufficient information about the sequence generation process available
Allocation concealment (selection bias)	Unclear risk	Not reported whether allocation was concealed or not.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported if blinded.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported if blinded.
Incomplete outcome data (attrition bias) All outcomes	Low risk	Missing outcome data balanced in numbers across intervention groups, with similar reasons for missing data across groups.
Selective reporting (reporting bias)	Unclear risk	No protocol published, or trials registry record found. This study did not report number of adverse events.
Other bias	Low risk	Quote: "This study was supported by the Medical Science and Technology Research Projects of Henan Province" Conflict of interest: none

Wang 2017

Methods	Design: RCT Number of study centres: single centre in China Setting: inpatient and outpatient Patient recruitment: June 2015 to June 2016 Duration of study (Follow-up): 12 months Clinical setting: type 2 diabetes mellitus complicated with coronary heart disease
Participants	Enrolment (N): 100 Randomised (N): intervention: 51; control:49 Withdrawn (N): intervention:0 ; control:0 Lost to follow-up (N): intervention: 0; control:0 Completed the study (N): intervention: 51; control:49 Analysed (N): intervention: 51; control:49 Age (years) (mean ± SD): intervention: 58 ± 10; control: 58 ± 9 Sex (male, N, %): intervention: 31 (60.8%); control: 30 (61.2%) Smoking history (N, %): intervention:27 (52.9%) ; control:25 (51.0%)

Wang 2017 (Continued)

BMI (>28kg/m², N, %): intervention: 36 (70.6%); control: 35 (71.4%)

Diabetes (N, %): intervention: 51 (100%); control:49 (100%)

Hypertension (N, %): intervention:34 (66.7%); control: 32 (65.3%)

History of CHD (N, %): intervention:51(100%) ; control:49 (100%)

Statin pretreatment (N, %): intervention:51 (100%) ; control:49 (100%)

Inclusion criteria: patients with CAS(carotid atherosclerosis) with type 2 diabetes mellitus and CHD.

Exclusion criteria: type 1 diabetes; malignant tumours; secondary hypertension; diabetic ketoacidosis; hyperglycaemic hyperosmolar status; heart failure; liver and kidney disease and other serious organic disease; suffering from infectious diseases within 2 weeks; trauma, surgery, mental stimulation within 6 months.

Interventions	<p>Intervention: ezetimibe 10 mg/day and atorvastatin 20 mg/day</p> <p>Comparison: atorvastatin 20 mg/day</p> <p>Details of any 'run-in' period: not reported</p> <p>Concomitant medications: Other drugs for hypertension and arterial sclerosis such as aspirin, β-blockers, angiotensin converting enzyme inhibitors, angiotensin II receptor antagonist and hypoglycaemic drugs in both groups of patients were routinely applied.</p> <p>Excluded medications: not reported</p>	
Outcomes	<ol style="list-style-type: none"> The levels of serum lipid, ALT , AST, CK, high-sensitivity CRP (hs-CRP), fasting blood glucose (FBG) and HbA1c. The intima-media thickness (IMT) and plaque area of carotid artery. Side effects. 	
Notes	<p>Funding: none</p>	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "randomly assigned" but no further details
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	All patients completed the study.

Wang 2017 (Continued)

Selective reporting (reporting bias)	Unclear risk	No protocol published, or trials registry record found.
Other bias	Low risk	Quote: "The authors certify that there is no conflict of interest with any financial organization regarding the material discussed in the manuscript."

West 2011

Methods	<p>Design: single-centre, prospective, double-blind, randomised trial</p> <p>Number of study centres: single-centre in the USA</p> <p>Setting: not reported</p> <p>Patient recruitment: 2/1/2006 to 9/20/2007</p> <p>Duration of study: 2 years</p> <p>Clinical setting: peripheral arterial disease</p>
Participants	<p>Enrolment (N): 87</p> <p>Randomised (N): intervention: 22; control: 22</p> <p>Withdrawn (N): not reported</p> <p>Lost to follow-up (N): intervention: 1; control: 3</p> <p>Completed the study (N): intervention: 18; control: 16</p> <p>Analysed (N): intervention: 18; control: 16</p> <p>Age (years) (mean ± SD): intervention: 62 ± 8; control: 59 ± 10</p> <p>Sex (male, N, %): intervention: 10 (56%); control: 11 (69%)</p> <p>Smoking history (N, %): intervention: 13 (72%); control: 8 (50%)</p> <p>BMI (kg/m², mean ± SD): intervention: 28 ± 6; control: 30 ± 7</p> <p>Diabetes (N, %): intervention: 5 (28%); control: 5 (31%)</p> <p>Hypertension (N, %): intervention: 14 (78%); control: 13(81%)</p> <p>History of MI (N, %): intervention: 10 (56%); control: 8 (50%)</p> <p>Statin pretreatment (N, %): intervention: 6 (33%); control:2 (13%)</p> <p>Inclusion criteria: Statin-naive patients (no statin therapy for at least the prior 6 months) between the ages of 30 and 85 years with symptoms of intermittent claudication and an ankle-brachial index (ABI) between 0.4 and 0.9, based on vascular lab testing done during the screening period</p> <p>Exclusion criteria: rest pain, critical limb ischaemia, contraindication to MRI, and pregnancy.</p>
Interventions	<p>Intervention: combination of simvastatin 40 mg plus ezetimibe 10 mg daily (group S + E) .</p> <p>Comparison: simvastatin 40 mg (group S).</p> <p>Tthe parallel direct treatment study, patients were enrolled already on statin therapy but with LDL-C > 80 mg/dL and had open-label ezetimibe 10 mg daily added (group E).</p> <p>Details of any 'run-in' period: none</p>

West 2011 (Continued)

Outcomes

Primary:

1. changes in superficial femoral artery vessel wall volume measured by magnetic resonance imaging (MRI);
2. total cholesterol, HDL-C, LDL-C, triglycerides;
3. adverse events; major adverse cardiovascular events, including death, MI, stroke, and transient is-chemics attack.

Notes

Funding: This work was supported by the National Heart Lung and Blood Institute at the National Institutes of Health, grant number: R01HL075792 (CMK) and the National Center for Research Resources, grant number: M01RR000847 and the National Institute of Biomedical Imaging and Bioengineering, grant number: T32 EB003841 (JDA, AMW). Study drugs were supplied by Merck Schering Plough.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Used a block randomisation scheme.
Allocation concealment (selection bias)	Low risk	Used a block randomisation scheme.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	The investigators were blinded to therapy until follow-up studies and data analysis were complete. The study stated Quote: "double-blind, randomized trial", but did not use the matching placebo for ezetimibe.
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "The plaque volume analysis was done primarily by two experienced investigators blinded to study drug and time point with VesselMASS software." Quote: "The blinded studies were all overseen and validated by one investigator."
Incomplete outcome data (attrition bias) All outcomes	High risk	Proportion of missing data: 18% (4/22) in intervention group, 27% (6/22) in control group
Selective reporting (reporting bias)	Low risk	No protocol published, but a pre-registration in a clinical trial registry was found (NCT00861731). The published reports include all prespecified outcomes.
Other bias	Low risk	Quote:"This work was supported by the National Heart Lung and Blood Institute at the National Institutes of Health." Quote:"Study drugs were supplied by Merck Schering Plough." "Drs. Epstein, Meyer, Hagspiel, and Kramer receive research support from Siemens Medical Solutions. All other authors have no declared conflicts of interest."

Zinellu 2012

Methods

Design: RCT, 3-arm parallel group design

Zinellu 2012 (Continued)

Number of study centres: single centre

Setting: not reported

Patient recruitment: not reported

Duration of study (Follow-up): 12 months

Clinical setting: chronic kidney disease (CKD)

Participants

Enrolment (N): 30

Randomised (N): intervention: 10; control:10; the third group (N = 10; ezetimibe plus simvastatin 20 mg/day) was not included.

Withdrawn (N): not reported

Lost to follow-up (N): not reported

Completed the study (N): not reported

Analysed (N): intervention: 10; control:10

Age (years) (mean ± SD): intervention:63 ± 11; control: 59 ± 9

Sex (male, N, %): intervention: 5 (5%); control: 2 (20%)

Smoking history (N, %): not reported

BMI (kg/m², mean ± SD): not reported

Diabetes (N, %): not reported

Hypertension (N, %): not reported

History of CHD (N, %): not reported

Statin pretreatment (N, %): not reported

Inclusion criteria: age >18; LDL-C >100 mg/dL (without concomitant hypolipidaemic drugs); presence of proteinuric chronic nephropathy defined as creatinine clearance > 20 mL/min/1.73 m² combined to a urinary protein excretion rate > 0.3 g/24 hours, without evidence of urinary tract infection or overt heart failure (New York Heart Association class III or more). Patients were classified as CKD on stage 3 and 4 not receiving dialysis.

Exclusion criteria: previous or concomitant treatment with steroids, anti-inflammatory and immunosuppressive agents, vitamin B6, B12, folate or statin; evidence or suspicion of renovascular disease, obstructive uropathy, type I diabetes mellitus, vasculitis.

Interventions

Intervention: ezetimibe 10 mg/day plus simvastatin 40 mg/day

Comparison: simvastatin 40 mg/day

We included the comparison above. The third group (ezetimibe plus simvastatin 20 mg/day) was not included .

Details of any 'run-in' period: not reported

Concomitant medications: not reported

Excluded medications: not reported

Outcomes

Primary:

1. to assess whether ezetimibe-statin combined therapy is more effective than statin alone to achieve the optimum lipid control (LDL-cholesterol < 70 mg/dL) in chronic proteinuric nephropathy.;

Zinellu 2012 (Continued)

2. renal parameters, inflammatory status, markers of endothelial dysfunction.

Notes

Funding: This study was supported by the quote: "Fondazione Banco di Sardegna, Sassari, Italy" and by the "Ministero dell'Università e della Ricerca" Italy.

NCT00861731

Intended to contact trialists to enquire whether outcomes of interest to this review were measured. This was not possible as the email was returned. No relevant outcome data for this review.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote "randomly allocated" Comment: insufficient information to make a judgement
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Unable to assess
Selective reporting (reporting bias)	Low risk	No protocol published, but a pre-registration in a clinical trial registry was found (NCT00861731). Trial registration March 2009, trial start date November 2009, so partially retrospective. However, entry appears to reflect reported outcomes
Other bias	Low risk	Quote: "This study was supported by the "Fondazione Banco di Sardegna, Sassari, Italy" Quote: "The authors declare that there is no conflict of interest regarding the publication of this paper."

Zou 2016

Methods

Design: RCT

Number of study centres: single centre

Setting: not reported

Patient recruitment: not reported

Duration of study (Follow-up): 12 months

Zou 2016 (Continued)

Clinical setting: CHD

Participants	Enrolment (N): 80 Randomised (N): intervention:40 ; control:40 Withdrawn (N): not reported Lost to follow-up (N): not reported Completed the study (N): not reported Analysed (N): intervention: 40; control:40 Age (years) (mean ± SD): intervention: 69.3 ± 5.8; control: 70.3 ± 7.2 Sex (male, N, %): not reported Smoking history (N, %): not reported BMI (kg/m², mean ± SD): not reported Diabetes (N, %): not reported Hypertension (N, %): not reported History of CHD (N, %): not reported Statin pretreatment (N, %): not reported Inclusion criteria: patients with carotid atherosclerosis including the treatment of the secondary prevention of CHD Exclusion criteria: not reported
Interventions	Intervention: 10 mg ezetimibe with 10 mg atorvastatin Comparison: 10 mg atorvastatin alone Details of any 'run-in' period: not reported Concomitant medications: not reported Excluded medications: not reported
Outcomes	Carotid atherosclerosis related indicators (carotid intima-media thickness, plaques total integral and the number of average soft carotid plaques), blood lipid and high-sensitivity CRP (hs-CRP); adverse response
Notes	Funding: not reported Conference Abstract

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "randomly divided", but no further details
Allocation concealment (selection bias)	Unclear risk	Not reported

Zou 2016 (Continued)

Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not reported
Selective reporting (reporting bias)	Unclear risk	No protocol published, or trials registry record found.
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists Quote: "The authors declare that there is no conflict of interest regarding the publication of this paper."

ACS: acute coronary syndrome; ALT: alanine aminotransferase; ARB: angiotensin receptor antagonist; AST: aspartate aminotransferase; BMI: body mass index; CAD: coronary artery disease; CHD: coronary heart disease; CABG: coronary artery bypass grafting; CK: creatinine kinase; CPK: creatine phosphokinase; CRP: C-reactive protein; eGFR: estimated glomerular filtration rate; HbA1c: glycated haemoglobin; HDL-C: high-density lipoprotein cholesterol; IVUS: intravascular ultrasound; LDL-C: low-density lipoprotein cholesterol; MI: myocardial infarction; MLD: minimum lumen diameter; PCI: MRI: magnetic resonance imaging; percutaneous coronary intervention; RCT: randomised controlled trial; RLP-C: remnant-like particle cholesterol; SD: standard deviation; T2DM: type 2 diabetes mellitus; TC: total cholesterol; TG: triglyceride; ULN: upper limit of normal.

Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion
ARBITER 6-HALTS	Ineligible comparison, ezetimibe versus niacin
Arimura 2012	Follow-up less than 12 months (6-9 months)
Auscher 2015	Ineligible comparison, ezetimibe was not randomly assigned
Bays 2008	Inappropriate study design; follow-up less than 12 months
Crespo-Leiro 2008	Study was not an RCT
Dagli 2007	Follow-up less than 12 months (6 months)
DESCARTES 2014	Irrelevant intervention, evolocumab versus placebo
Dujovne 2008	Study was not an RCT
EASEGO 2008	Follow-up less than 12 months (12 weeks)
ELIMIT 2013	Ineligible comparison, triple-therapy with simvastatin, niacin and ezetimibe versus simvastatin
Enajat 2009	Ineligible comparison, atorvastatin plus ezetimibe versus placebo
Ferrieres 2016	Study was not an RCT

Ezetimibe for the prevention of cardiovascular disease and all-cause mortality events (Review)

Study	Reason for exclusion
Foody 2013	Study was not an RCT
Habara 2014	Follow-up less than 12 months (9 months)
Hayek 2013	Study was not an RCT
HEAVEN 2012	Ineligible comparison
Hiro 2014	Follow-up less than 12 months (6 months)
Jackowska 2016	Follow-up less than 12 months (6 months)
Japaridze 2017	Follow-up less than 12 months (16 weeks)
Koren 2014	Follow-up less than 12 months (12 weeks)
Kral 2011	Ineligible comparison
Le 2015	Follow-up less than 12 months (12 weeks)
Lopez 2008	Study was not an RCT
Masana 2005	Follow-up less than 12 months (48 weeks)
Masia 2009	Ineligible comparison (intensive versus standard intervention), ezetimibe was not randomly assigned
Masuda 2015	Follow-up less than 12 months (6 months)
McKenney 2006	Follow-up less than 12 months (48 weeks); Ineligible comparison, ezetimibe was not randomly assigned.
Nicholls 2016	Follow-up less than 12 months (90 days)
ODYSSEY COMBO II	Ineligible comparison, ezetimibe versus alirocumab
Okada 2010	Follow-up less than 12 months (12 weeks)
Okuyama 2012	Ineligible comparison, pitavastatin vs ezetimibe
Palacio 2016	Study was not an RCT
Pandey 2008	Follow-up less than 12 months (6 weeks)
Patel 2013	Study was not an RCT
Pauriah 2014	Study was not an RCT
Pesaro 2010	Follow-up less than 12 months (6 weeks)
Pop-Purceleanu 2009	Ineligible comparison
Pytel 2017	Follow-up less than 12 months (6 months)
Ran 2017	Follow-up less than 12 months (12 weeks)

Study	Reason for exclusion
REMEDY 2016	Inappropriate study design; ineligible comparison
SANDS 2008	Inappropriate study design; ineligible comparison, ezetimibe was not randomly assigned.
Santos 2014	Study was not an RCT
SEAS 2008	Ineligible comparison, simvastatin plus ezetimibe vs placebo
Sertbas 2010	Study was not an RCT
SHARP 2011	Ineligible comparison, simvastatin plus ezetimibe vs placebo
Steg 2008	Inappropriate study design, cluster-RCT
Stein 2008	Follow-up less than 12 months (12 weeks)
Strony 2008	Inappropriate study design
Strony 2008a	Study was not an RCT
Suzuki 2010	Study was not an RCT
Takase 2017	Follow-up less than 12 months (6-8 months)
Tendolkar 2012	Ineligible comparison, atorvastatin plus ezetimibe vs placebo
Teramoto 2013	Study was not an RCT
Thongtang 2012	Follow-up less than 12 months (6 weeks)
Troxel 2016	Inappropriate study design; ineligible intervention and control
Turk 2008	Study was not an RCT
UK-HARP-II 2006	Follow-up less than 12 months (6 months)
van der Graaf 2008	Inappropriate study design and population
van Kuilenburg 2011	Ineligible comparison, atorvastatin plus ezetimibe vs placebo
Vera-Lastra 2016	Study was not an RCT
Wierzbicki 2005	Follow-up less than 12 months (3 months)
Zhao 2014	Study was not an RCT
ZIPANGU 2017	Follow-up less than 12 months (9 months)

RCT: randomised controlled trial

Characteristics of studies awaiting assessment *[ordered by study ID]*

JPRN-UMIN00002964

Methods	Parallel randomised study
Participants	<p>Inclusion criteria:</p> <ol style="list-style-type: none"> dyslipidaemic patients under treatment with fibrates, whose LDL-C levels do not meet those recommended by Japan Atherosclerosis Society Guidelines for prevention of Atherosclerotic Cardiovascular Disease; patients who have aortic atherosclerotic plaques detected by MRI; outpatients; participants who gave written informed consent; age: 20-80 years-old. <p>Exclusion criteria:</p> <ol style="list-style-type: none"> allergy against ezetimibe; under treatment with statins; poorly-controlled hypertension (DBP >110 mmHg); poorly-controlled diabetes (HbA1c>10.0 %); history of stroke, acute coronary syndrome or any cardiovascular diseases needed for inpatient-treatments within 6 months; either level of AST or ALT exceeds three-fold of the normal limits; chronic renal failure (serum creatinine>2.0 mg/dl); malignancies or other diseases with poor prognosis; pregnant; participants whose doctor in charge did not agree to join the trial.
Interventions	Fibrate monotherapy versus fibrate-ezetimibe combination
Outcomes	<ol style="list-style-type: none"> Area of atherosclerotic plaques in aorta detected by MRI, 12/24 months after randomisation Serum lipids (total/LDL/HDL-cholesterol, triglycerides), 6/12/24 months after randomisation Flow-mediated vasodilation in forearm, 6 months after randomisation Heparin-releasable extracellular superoxide dismutase (EC-SOD) levels, 6 months after randomisation Markers indicating obesity (e.g. adiponectin), inflammation (high-sensitive C-reactive protein), oxidative stress, early-staged kidney diseases (microalbuminuria), 6/12/24 months after randomisation
Notes	<p>Date of registration: 03/01/2010</p> <p>Recruitment status: Terminated</p> <p>Location: Japan</p> <p>Contact information: Katsunori Ikewaki; katsunorike@ndmc.ac.jp</p> <p>Expected completion date: unknown</p> <p>Contacted trialists to ask about status and anticipated completion date, but no response.</p>

JPRN-UMIN000011745

Methods	Parallel Randomized, open label study
Participants	<p>Inclusion criteria:</p>

JPRN-UMIN000011745 (Continued)

1. dyslipidaemic patients whose LDL-C levels did not reach those recommended by Japan Atherosclerosis Society Guidelines for Prevention of Atherosclerotic Cardiovascular Diseases;
2. patients who have aortic atherosclerotic plaques detected by MRI;
3. outpatients.

Exclusion criteria:

1. allergy against rosuvastatin or ezetimibe;
2. poorly-controlled diabetes (HbA1c>10.0 %);
3. history of stroke, acute coronary syndrome or any cardiovascular diseases needed for inpatient-treatments within 6 months;
4. either level of aspartate aminotransaminase or alanine aminotransferase exceeds three-fold of the normal limits.;
5. end-stage renal disease;
6. symptomatic (New York Heart Association class III or IV) congestive heart failure;
7. malignancies or other diseases with poor prognosis;
8. pregnant;
9. participants whose doctor in charge did not agree to join the trial.

Interventions	Rosuvastatin/ezetimibe combination therapy versus rosuvastatin monotherapy
Outcomes	<p>Primary outcomes:</p> <ol style="list-style-type: none"> 1. carotid atherosclerosis evaluated by ultrasound (Intima-media thickness; IMT (meanIMT/maxIMT) and plaque score), 12/24 months after randomisation; 2. area and thickness of atherosclerotic plaques in aorta detected by MRI, 12/24 months after randomisation; 3. flow-mediated vasodilation in forearm, 6 months after randomisation. <p>Secondary outcomes:</p> <ol style="list-style-type: none"> 1. ankle/brachial index and cardio ankle vascular index; 2. markers for diabetes (haemoglobin A1c, glycoalbumin, blood glucose); 3. serum lipids; 4. markers indicating obesity (e.g. adiponectin); 5. markers indicating inflammation (e.g. high-sensitive C-reactive protein); 6. markers indicating oxidative stress; 7. markers indicating chronic renal diseases (urine albumin / liver fatty acid-binding protein); 8. blood/urine urate levels; 9. Body weight/waist circumference; 10. blood pressures.
Notes	<p>Date of registration: 14/09/2013</p> <p>Recruitment status: Completed</p> <p>Location: Japan</p> <p>Contact information: Katsunori Ikewaki (katsunorike@ndmc.ac.jp)</p> <p>Expected completion date: unknown</p> <p>Contacted trialists to ask about status and anticipated completion date, but no response.</p>

NCT01086020

Methods	Randomised open-label parallel group study, 2 years follow-up
Participants	<p>Inclusion Criteria:</p> <ol style="list-style-type: none"> age 18 to 75 years; willing to receive the coronary angiography and potential PCI therapy <p>Exclusion Criteria:</p> <ol style="list-style-type: none"> patients was treated by statins before randomisation; patient with $\leq 20\%$ and $\geq 70\%$ coronary narrowing and target lesion; ST elevation myocardial infarction less than 7 days; without informed consent; abnormal liver function before randomisation, (AST, ALT \geq ULN); active hepatitis or muscular disease; impaired renal function with serum creatinine level > 3 mg/dL; impaired left ventricular function with LVEF $> 30\%$; participate in other studies.
Interventions	Atorvastatin 10 mg/day versus atorvastatin 5 mg/day plus ezetimibe 5 mg/day
Outcomes	<p>Primary endpoint: the change of coronary artery plaque volume measured by intravascular ultrasound (IVUS) at one year after randomisation.</p> <p>Secondary endpoint: the composite of adverse cardiac events (MACE), including cardiac death, non-fatal infarction and target vessel revascularisation at two years after randomisation.</p>
Notes	<p>Study Start Date: January 2010</p> <p>Recruitment Status: unknown</p> <p>Last Update Posted: April 4, 2011</p> <p>Location: China</p> <p>Contact information: Ruiyan Zhang, MD; zhangruiyan@263.net</p> <p>Contacted trialists to ask about status and anticipated completion date, but no response.</p>

NCT02588235

Methods	Randomised, controlled, open-label, single-centre study, 12 months follow-up
Participants	<p>Inclusion Criteria:</p> <ol style="list-style-type: none"> stable angina or acute coronary syndrome; 18-80 years old; hypercholesterolaemia :total cholesterol level >220 mg/dL (5.7mmol/L) and/or LDL-C level >140 mg/dL (3.6mmol/L), or previously receiving statins therapy; the target vessel for optical coherence tomography (OCT) interrogation has not undergone angioplasty and has angiographic diameter stenosis from 25% to 75%; there are thin-cap fibroatheroma (TCFA) in non-culprit, mild-to-moderate stenotic lesions above. <p>Exclusion Criteria:</p> <ol style="list-style-type: none"> administration of lipid-lowering drugs other than statins before enrolment; significant stenotic lesions in all coronary vessels;

NCT02588235 (Continued)

3. severe congestive heart failure (New York Heart Association class IV) ,or left ventricular ejection fraction< 35%;
4. more than 3 times of the upper limit of normal (ULN) in the creatine kinase (CK) and the transaminase level before enrolment and no relation with MI;
5. renal failure (serum creatinine>2.0 mg/dL);
6. hypersensitivity to x-ray contrast media, statin, clopidogrel or ezetimibe;
7. others: terminal stage cancer,a positive pregnancy test.

Interventions	Atorvastatin (20 mg/day) plus ezetimibe (10 mg/day) versus atorvastatin (20 mg/day)
Outcomes	The primary efficacy endpoint is the change in minimum fibrous cap thickness measured by optical coherence tomography from baseline to follow-up.
Notes	<p>Study Start Date: October 2015</p> <p>Recruitment Status: unknown</p> <p>Last Update Posted: October 27, 2015</p> <p>Location: China</p> <p>Contact information: Dongdong Sun (51483696@qq.com)</p> <p>Contacted trialists to ask about status and anticipated completion date, but no response.</p>

ALT: alanine aminotransferase; AST: aspartate aminotransferase; DBP: diastolic blood pressure; HbA1c: glycated haemoglobin; HDL-C: high-density lipoprotein cholesterol; LDL-C: low-density lipoprotein cholesterol; LVEF: left ventricular ejection fraction; MRI: magnetic resonance imaging; PCI: percutaneous coronary intervention.

Characteristics of ongoing studies [ordered by study ID]

NCT03044665

Trial name or title	RANdomized Comparison of efficacy and safety of lipid-lowerING with statin monotherapy versus statin/ezetimibe combination for high-risk cardiovascular diseases (RACING trial)
Methods	<p>Study design: RCT, open-label, parallel 2-arm trial</p> <p>Follow-up: 3 years follow-up</p>
Participants	<p>Inclusion Criteria:</p> <ol style="list-style-type: none"> 1. age 19-75 years; 2. documented cardiovascular disease, previous myocardial infarction, acute coronary syndrome, coronary revascularisation and other arterial revascularisation procedures, ischaemic stroke, or peripheral artery disease (PAD) <p>Exclusion Criteria:</p> <ol style="list-style-type: none"> 1. active liver disease or persistent unexplained serum AST or ALT elevation more than 2 times the upper limit of normal range; 2. allergy or hypersensitivity to any statin or ezetimibe; 3. solid organ transplantation recipient; 4. history of any adverse drug reaction requiring discontinuation of statin; 5. pregnant women, women with potential childbearing, or lactating women; 6. life expectancy less than 3 years; 7. inability to follow the patient over the period of 1 year after enrolment, as assessed by the investigator; 8. inability to understand or read the informed content.

NCT03044665 (Continued)

Interventions	Rosuvastatin 20 mg/day versus rosuvastatin 10mg/d plus ezetimibe 10 mg/day
Outcomes	<p>Primary: composite of cardiovascular death, major cardiovascular event, nonfatal stroke. Proportion of patients with LDL-cholesterol less than 70 mg/dL.</p> <p>Secondary: statin discontinuation or dose-reduction caused by intolerance.</p>
Starting date	February 1, 2017
Contact information	Yang-Soo Jang; jangys1212@yuhs.ac
Notes	<p>Location: Korea</p> <p>Expected completion date: February 2022.</p>

NCT03169985

Trial name or title	Usual dose Rosuvastatin plus EZetimibe versus high-dose rosuvastatin on coronary atherosclerotic plaque (Rosuzet-IVUS)
Methods	Prospective, open-label, two-arm, randomised controlled trial
Participants	<p>Estimated Enrollment: 280</p> <p>Inclusion Criteria:</p> <ol style="list-style-type: none"> among patients who undergo coronary angiography (CAG) for suspected ischaemic heart disease and meet all of the followings: moderate stenosis (30% to 70%) in coronary artery, deferred to medical treatment based on physiologic or radiologic evaluation; agreement obtained by participant. <p>Exclusion Criteria:</p> <ol style="list-style-type: none"> severe renal failure (glomerular filtration rate < 30 mL/min/1.73 m², haemodialysis or peritoneal dialysis); active liver disease; patient taking Niacin or fibrate (if possible, patient can be enrolled to the study after stopping those medication); medical or family history of myositis, unexplained creatine kinase (CK) elevation > 3 times ULN at first visit; life expectancy < 2 years (judged by investigator); co-administration of cyclosporine; untreated hypothyroidism; patient with poor compliance including alcohol abuse; history of hypersensitivity including myotoxicity for either statin or ezetimibe; pregnant or breast-feeding woman; other conditions inappropriate for enrolment by investigator: eligible patients will be randomly assigned to treatment arms, stratified by diagnosis on admission (acute coronary syndrome or stable ischaemic heart disease) and presence of chronic statin use (more than one month).
Interventions	Rosuvastatin 10 mg/day plus ezetimibe 10 mg/day versus rosuvastatin 20 mg/day
Outcomes	<p>Primary:</p> <ol style="list-style-type: none"> change in per cent atheroma volume (PAV) in non-culprit lesions (Time Frame: 12 months after index CAG).

NCT03169985 (Continued)

Secondary:

1. change in normalised total atheroma volume (TAV) in non-culprit lesions (Time Frame: 12 months after index CAG);
2. change in indexed TAV (Time Frame: 12 months after index CAG);
3. change in fibrous cap thickness by OCT(optical coherence tomography) (Time Frame: 12 months after index CAG);
4. change in fractional flow reserve (FFR) (Time Frame: 12 months after index CAG);
5. change in coronary flow reserve (CFR) (Time Frame: 12 months after index CAG);
6. change in index of microcirculatory resistance (IMR) (Time Frame: 12 months after index CAG);
7. change in TAV in coronary computed tomography(CT) angiography (Time Frame: 24 months after index CAG);
8. major adverse cardiovascular events (MACE) (Time Frame: 12, 24 and 36 months after index CAG, MACE is defined as a composite of death, MI, stroke and revascularisation);
9. change in homeostatic model assessment (HOMA) index (Time Frame: 6 months after index CAG);
10. change in fasting glucose (Time Frame: 6 and 12 months after index CAG);
11. change in HbA1c (Time Frame: 6 and 12 months after index CAG)
12. change in lipid profile (Time Frame: 1, 6 and 12 months after index CAG);
13. change in high-sensitivity C-reactive protein(hs-CRP) (Time Frame: 1 and 12 months after index CAG);
14. safety endpoint: number of participants with abnormal laboratory values and adverse events (Time Frame: 1 and 12 months after index CAG).

Starting date	July 12, 2017
Contact information	Joo-Yong Hahn, MD, PhD; 82-2-3410-6653; ichjy1@gmail.com
Notes	Location: Korea Recruitment Status: Recruiting Expected completion date: December 31, 2023

NCT03543774

Trial name or title	Lipid-lowering therapies in Vietnamese Chronic Kidney Disease population (VietCKD)
Methods	Randomised, parallel assignment, open-label study
Participants	<p>Estimated Enrollment: 30</p> <p>Inclusion Criteria:</p> <ol style="list-style-type: none"> 1. ages eligible for study: ≥ 50 years old but not treated with chronic dialysis or kidney transplantation In adults aged 18-49 years with CKD but not treated with chronic dialysis or kidney transplantation, statin treatment in people with one or more of the following: known coronary disease (MI or coronary revascularisation); diabetes mellitus; prior ischaemic stroke; estimated 10-year incidence of coronary death or non-fatal MI $> 10\%$; 2. CKD in the 3,4 stage: (e-GFR: 15-60 mL/minute/1.73 m²); 3. CKD proteinuria (defined as creatinine clearance > 20 mL/min/1.73 m² combines with urinary protein excretion rate > 300 mg/24 hours); 4. LDL cholesterol concentration > 100 mg/dL (2.59 mmol/L). <p>Exclusion Criteria:</p> <p>(in adults with dialysis-dependent CKD)</p>

NCT03543774 (Continued)

1. heart failure (New York Heart Association class III or more);
2. previous or concomitant treatment with corticoids, statin, immunosuppressive agents, vitamin B6, B12, folate;
3. pregnancy;
4. patients who do not agree to participate the research;
5. patients are unable to understand the purposes and the risks of the study.

Interventions

Arm1: simvastatin 40 mg/day

Arm2: ezetimibe/simvastatin 10 mg/20 mg/day

Arm3: ezetimibe/simvastatin 10 mg/40 mg/day

Outcomes

Primary:

1. to measure the serum level of TC, LDL-C, HDL-C, TG, creatinine, uric acid, and allantoin in Vietnamese CKD population and in healthy persons at the base time;
2. to measure the serum level of taurine, Tryp, and Kyn in Vietnamese CKD population and in healthy persons at the base time;
3. to measure the number of red blood cells, white blood cells and platelets in Vietnamese CKD population and in healthy persons at the base time;
4. to measure the serum level of malondialdehyde (MDA) in Vietnamese CKD population and in healthy persons at the base time;
5. to measure the level of albuminuria and urine creatinine in Vietnamese CKD population and in healthy persons at the base time;
6. to measure the serum level of ALT, AST, and CK in Vietnamese CKD population and in healthy persons at the base time.

Secondary:

1. to measure the serum level of TC, LDL-C, HDL-C, TG, creatinine, uric acid, and allantoin in Vietnamese CKD population at 4th, 8th, 12th month;
2. to measure the serum level of taurine, Tryp, and Kyn in Vietnamese CKD population at 4th, 8th, 12th month;
3. to measure the number of red blood cells, white blood cells and platelets in Vietnamese CKD population at 4th, 8th, 12th month;
4. to measure the serum level of MDA in Vietnamese CKD population at 4th, 8th, 12th month.
5. to measure the serum levels of ALT, AST and Creatinine Kinase in Vietnamese CKD population at 4th month, 8th month and the 12th month;
6. to measure the level of albuminuria and urine creatinine in Vietnamese CKD population at 4th, 8th, 12th month.

Starting date

June 15, 2018

Contact information

Duong Thi Ngoc Lan, Master; 084-903572535; duongngooclan80@yahoo.com.vn

Ciriaco Carru, Professor; 0039-3204299322; carru@uniss.it

Notes

Location: Vietnam

Expected completion date: September 15, 2019

ALT: alanine aminotransferase; AST: aspartate aminotransferase; CK: creatine kinase; CKD: chronic kidney disease; e-GFR: estimated glomerular filtration rate; HbA1c: glycated haemoglobin; HDL-C: high-density lipoprotein cholesterol; IVUS: intravascular ultrasound; LDL-C: low-density lipoprotein cholesterol; MI: myocardial infarction; TC: total cholesterol; TG: triglycerides; RCT: randomised controlled trial; ULN: upper limit of normal; Tryp, and Kyn: tryptophan and kynurenine.

DATA AND ANALYSES

Comparison 1. Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo

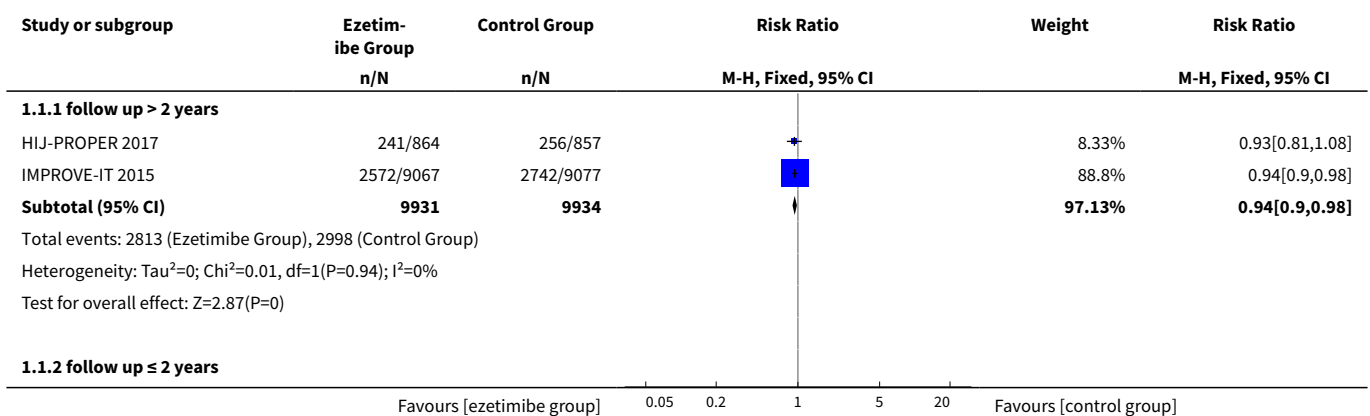
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 MACE (subgroup analysis: duration of follow up)	10	21727	Risk Ratio (M-H, Fixed, 95% CI)	0.94 [0.90, 0.98]
1.1 follow up > 2 years	2	19865	Risk Ratio (M-H, Fixed, 95% CI)	0.94 [0.90, 0.98]
1.2 follow up ≤ 2 years	8	1862	Risk Ratio (M-H, Fixed, 95% CI)	1.03 [0.79, 1.35]
2 MACE (subgroup analysis: participates with/without ASCVD)	9	21465	Risk Ratio (M-H, Fixed, 95% CI)	0.94 [0.90, 0.98]
2.1 with ASCVD	8	20745	Risk Ratio (M-H, Fixed, 95% CI)	0.94 [0.90, 0.98]
2.2 without ASCVD	1	720	Risk Ratio (M-H, Fixed, 95% CI)	1.45 [0.56, 3.77]
3 MACE (sensitivity analysis: only including low risk of bias studies)	2	18864	Risk Ratio (M-H, Fixed, 95% CI)	0.94 [0.90, 0.98]
4 MACE (sensitivity analysis: random-effects models)	10	21727	Risk Ratio (M-H, Random, 95% CI)	0.94 [0.90, 0.98]
5 MACE (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone)	9	21508	Risk Ratio (M-H, Fixed, 95% CI)	0.94 [0.90, 0.98]
6 All-cause mortality (subgroup analysis: duration of follow up)	8	21222	Risk Ratio (M-H, Fixed, 95% CI)	0.98 [0.91, 1.05]
6.1 follow up > 2 year	2	19865	Risk Ratio (M-H, Fixed, 95% CI)	0.97 [0.91, 1.05]
6.2 follow up ≤ 2 year	6	1357	Risk Ratio (M-H, Fixed, 95% CI)	1.35 [0.61, 3.00]
7 All-cause mortality (subgroup analysis: participates with/without ASCVD)	8	21222	Risk Ratio (M-H, Fixed, 95% CI)	0.98 [0.91, 1.05]
7.1 with ASCVD	6	20343	Risk Ratio (M-H, Fixed, 95% CI)	0.98 [0.91, 1.05]
7.2 without ASCVD	2	879	Risk Ratio (M-H, Fixed, 95% CI)	0.78 [0.16, 3.89]
8 All-cause mortality (sensitivity analysis: only including low risk of bias studies)	2	18864	Risk Ratio (M-H, Fixed, 95% CI)	0.99 [0.92, 1.06]

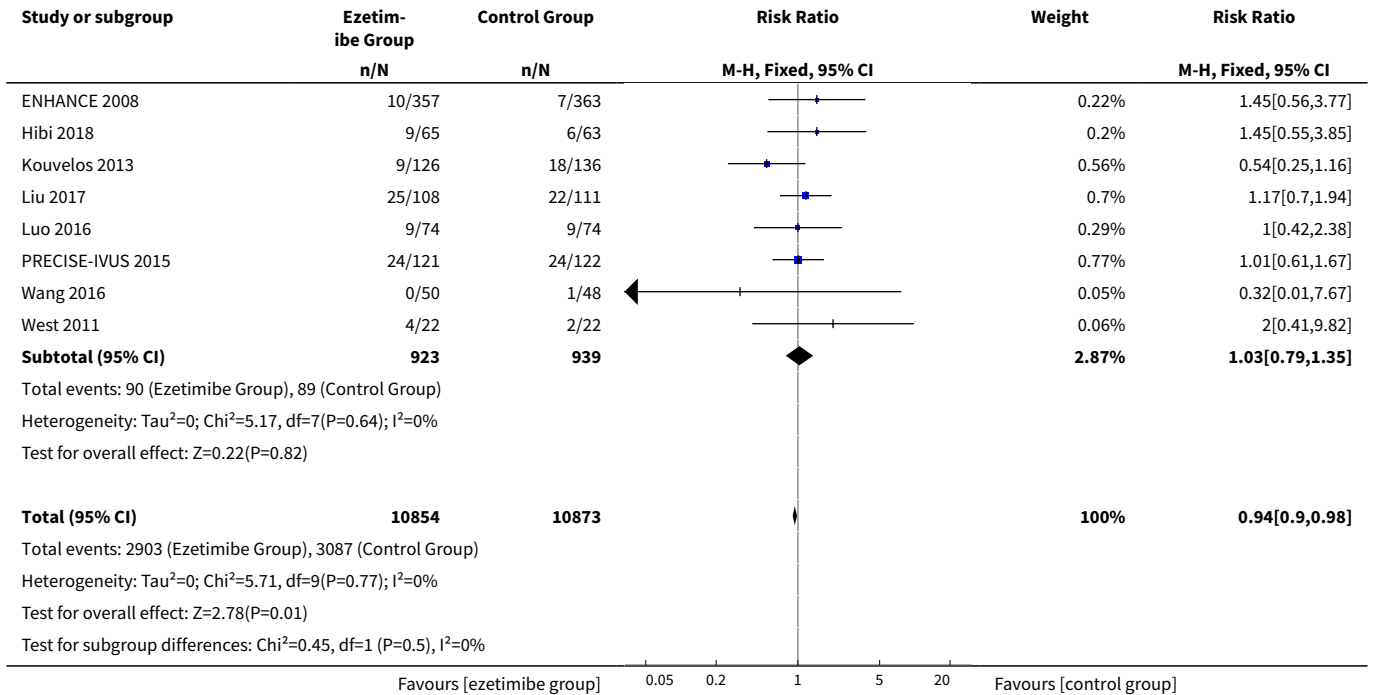
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
9 All-cause mortality (sensitivity analysis: random-effects models)	8	21222	Risk Ratio (M-H, Random, 95% CI)	0.98 [0.91, 1.05]
10 All-cause mortality (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone)	7	21003	Risk Ratio (M-H, Fixed, 95% CI)	0.98 [0.91, 1.05]
11 Myocardial infarction (non-fatal)	6	21145	Risk Ratio (M-H, Fixed, 95% CI)	0.88 [0.81, 0.95]
12 Myocardial infarction (sensitivity analysis: only including low risk of bias studies)	2	18864	Risk Ratio (M-H, Fixed, 95% CI)	0.88 [0.81, 0.95]
13 Myocardial infarction (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone)	5	20926	Risk Ratio (M-H, Fixed, 95% CI)	0.88 [0.81, 0.95]
14 Ischaemic stroke (non-fatal)	6	21205	Risk Ratio (M-H, Fixed, 95% CI)	0.83 [0.71, 0.97]
15 Ischaemic stroke (sensitivity analysis: only including low risk of bias studies)	2	18864	Risk Ratio (M-H, Fixed, 95% CI)	0.80 [0.67, 0.94]
16 Ischaemic stroke (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone)	5	20986	Risk Ratio (M-H, Fixed, 95% CI)	0.81 [0.69, 0.96]
17 Cardiovascular mortality	6	19457	Risk Ratio (M-H, Fixed, 95% CI)	1.00 [0.89, 1.12]
18 Cardiovascular mortality (sensitivity analysis: only including low risk of bias studies)	2	18864	Risk Ratio (M-H, Fixed, 95% CI)	1.00 [0.89, 1.12]
19 Cardiovascular mortality (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone)	5	19238	Risk Ratio (M-H, Fixed, 95% CI)	1.00 [0.89, 1.12]
20 Coronary revascularization	7	21323	Risk Ratio (M-H, Fixed, 95% CI)	0.94 [0.89, 0.99]
21 Coronary revascularization (sensitivity analysis: only including low risk of bias studies)	2	18864	Risk Ratio (M-H, Fixed, 95% CI)	0.94 [0.89, 1.00]
22 Coronary revascularization (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone)	6	21104	Risk Ratio (M-H, Fixed, 95% CI)	0.94 [0.89, 0.99]
23 Adverse events - hepatopathy	4	20687	Risk Ratio (M-H, Fixed, 95% CI)	1.14 [0.96, 1.35]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
24 Adverse events - hepatopathy (sensitivity analysis: only including low risk of bias studies)	2	18860	Risk Ratio (M-H, Fixed, 95% CI)	1.08 [0.90, 1.30]
25 Adverse events - myopathy	3	20581	Risk Ratio (M-H, Fixed, 95% CI)	1.31 [0.72, 2.38]
26 Adverse events - myopathy (sensitivity analysis: only including low risk of bias studies)	2	18860	Risk Ratio (M-H, Fixed, 95% CI)	1.55 [0.73, 3.30]
27 Adverse events - rhabdomyolysis	2	19865	Risk Ratio (M-H, Fixed, 95% CI)	0.79 [0.40, 1.55]
28 Adverse events - rhabdomyolysis (sensitivity analysis: only including low risk of bias studies)	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
29 Adverse events - cancer	5	20455	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.92, 1.11]
30 Adverse events - cancer (sensitivity analysis: only including low risk of bias studies)	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
31 Adverse events - cancer (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone)	3	20127	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.92, 1.11]
32 Adverse events - gallbladder-related AE	3	20024	Risk Ratio (M-H, Fixed, 95% CI)	0.88 [0.75, 1.03]
33 Adverse events - gallbladder-related AE (sensitivity analysis: only including low risk of bias studies)	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
34 Discontinuation due to adverse event	10	21746	Risk Ratio (M-H, Fixed, 95% CI)	0.91 [0.75, 1.09]
35 Discontinuation due to adverse event (sensitivity analysis: only including low risk of bias studies)	2	18864	Risk Ratio (M-H, Fixed, 95% CI)	1.00 [0.78, 1.27]
36 Discontinuation due to adverse event (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone)	8	21486	Risk Ratio (M-H, Fixed, 95% CI)	0.92 [0.76, 1.11]
37 LDL-C (end of follow up)	21	17854	Mean Difference (IV, Fixed, 95% CI)	-16.79 [-17.36, -16.23]
38 LDL-C (end of follow up) (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone)	16	17283	Mean Difference (IV, Fixed, 95% CI)	-16.88 [-17.45, -16.31]

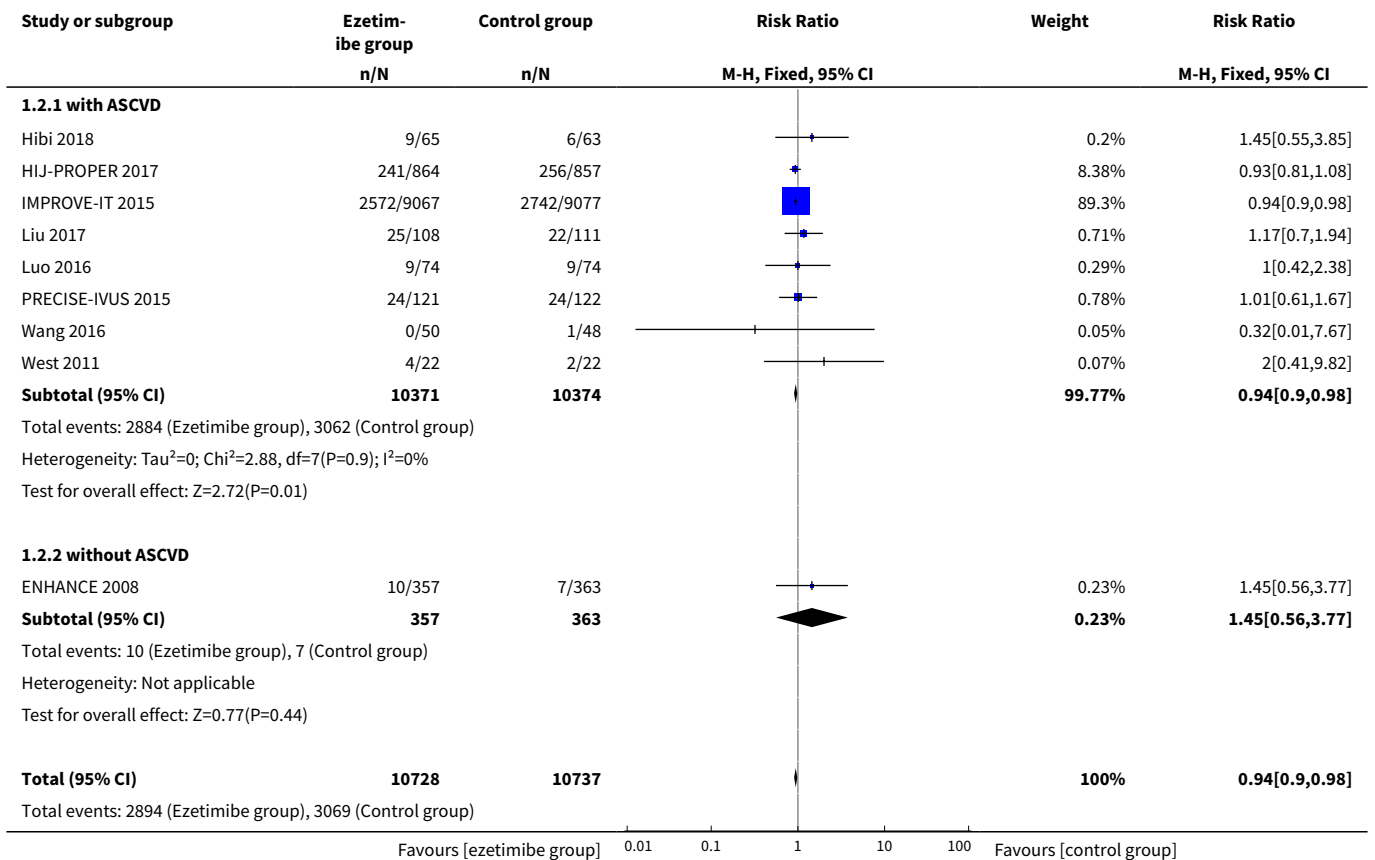
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
39 LDL-C (end of follow up) (sensitivity analysis: excluding studies with serious missing data)	16	16218	Mean Difference (IV, Fixed, 95% CI)	-16.80 [-17.38, -16.22]
40 TC (end of follow up)	18	16330	Mean Difference (IV, Fixed, 95% CI)	-19.70 [-20.48, -18.92]
41 TC (end of follow up) (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone)	15	16011	Mean Difference (IV, Fixed, 95% CI)	-19.77 [-20.55, -18.98]
42 TC (end of follow up) (sensitivity analysis: excluding studies with serious missing data)	14	15981	Mean Difference (IV, Fixed, 95% CI)	-19.76 [-20.55, -18.98]
43 HDL-C (end of follow up)	18	16434	Mean Difference (IV, Fixed, 95% CI)	0.66 [0.30, 1.03]
44 HDL-C (end of follow up) (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone)	13	15798	Mean Difference (IV, Fixed, 95% CI)	0.68 [0.30, 1.05]
45 HDL-C (end of follow up) (sensitivity analysis: excluding studies with serious missing data)	14	16085	Mean Difference (IV, Fixed, 95% CI)	0.66 [0.29, 1.03]
46 TG (end of follow up)	12	1253	Mean Difference (IV, Fixed, 95% CI)	-27.58 [-33.67, -21.49]
47 TG (end of follow up) (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone)	9	865	Mean Difference (IV, Fixed, 95% CI)	-32.88 [-39.50, -26.27]
48 TG (end of follow up) (sensitivity analysis: excluding studies with serious missing data)	9	1054	Mean Difference (IV, Fixed, 95% CI)	-27.68 [-33.96, -21.41]

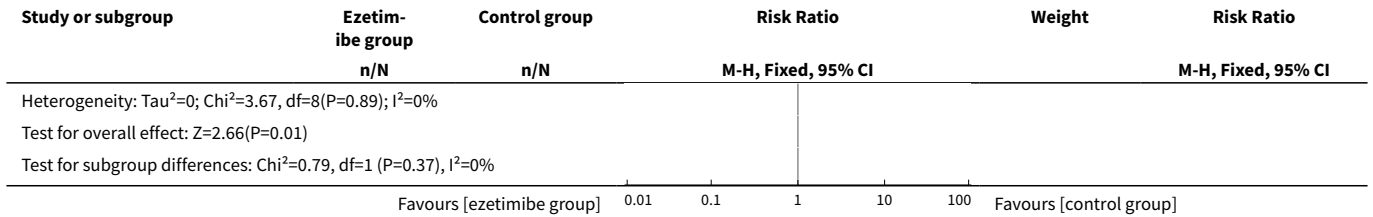
Analysis 1.1. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 1 MACE (subgroup analysis: duration of follow up).



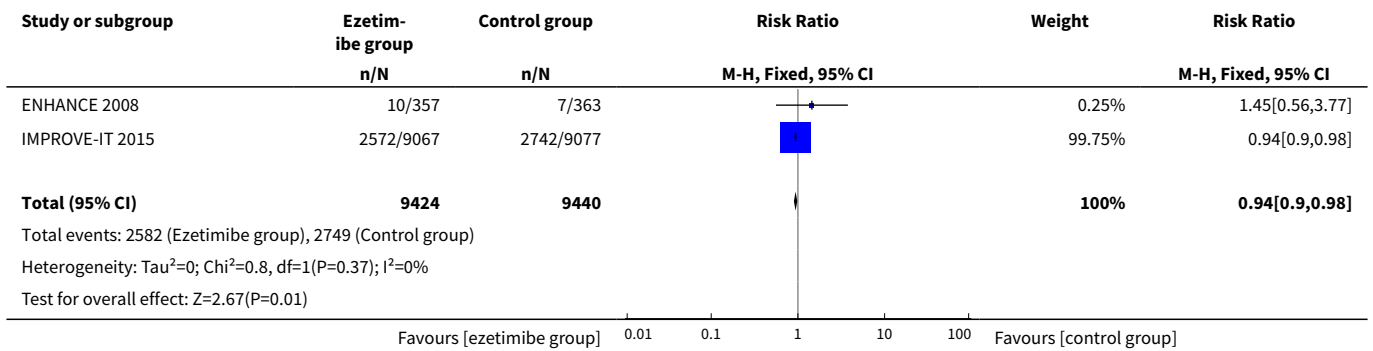


Analysis 1.2. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 2 MACE (subgroup analysis: participates with/without ASCVD).

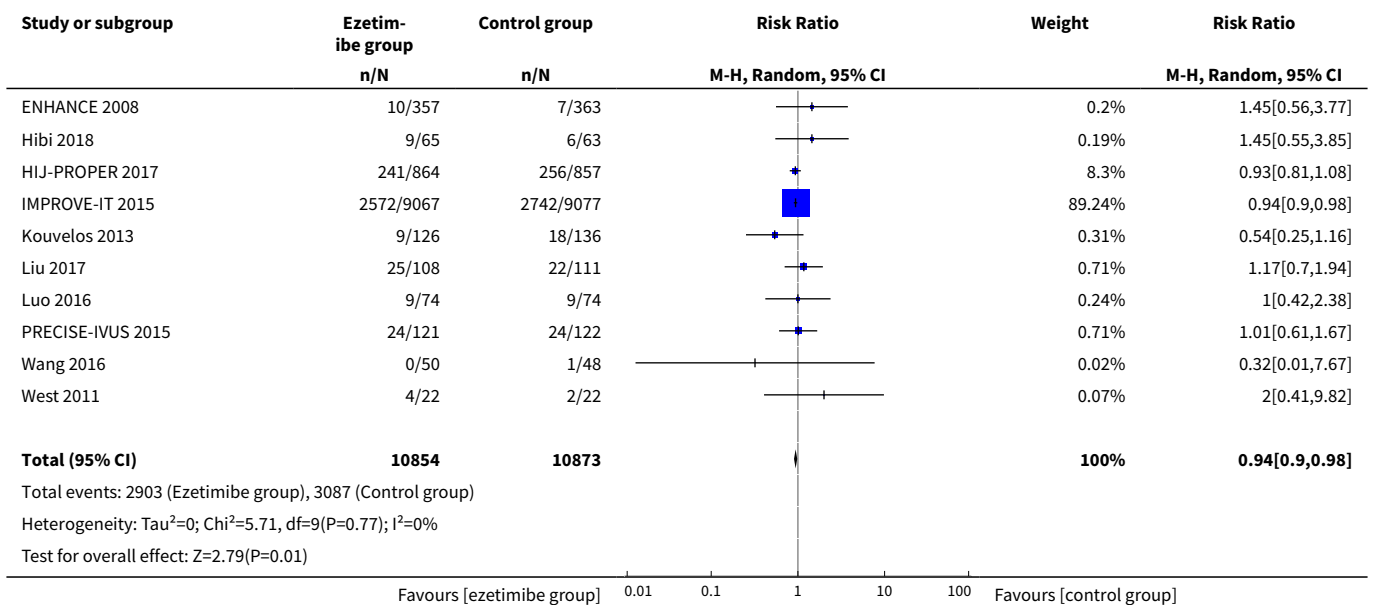




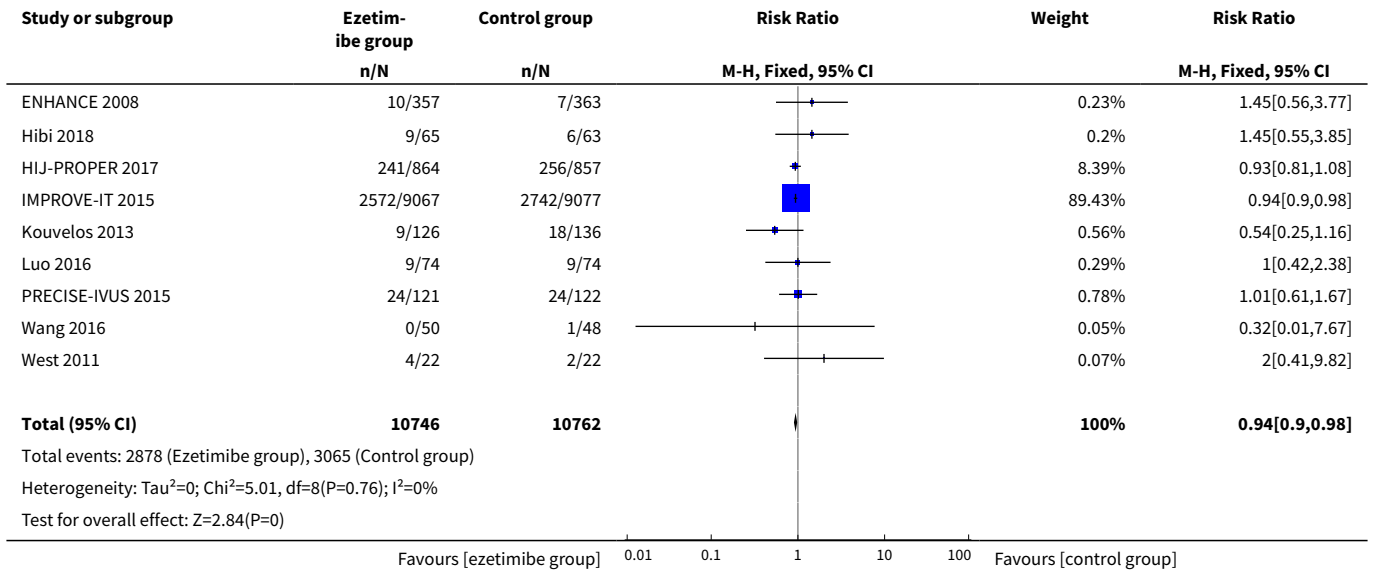
Analysis 1.3. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 3 MACE (sensitivity analysis: only including low risk of bias studies).



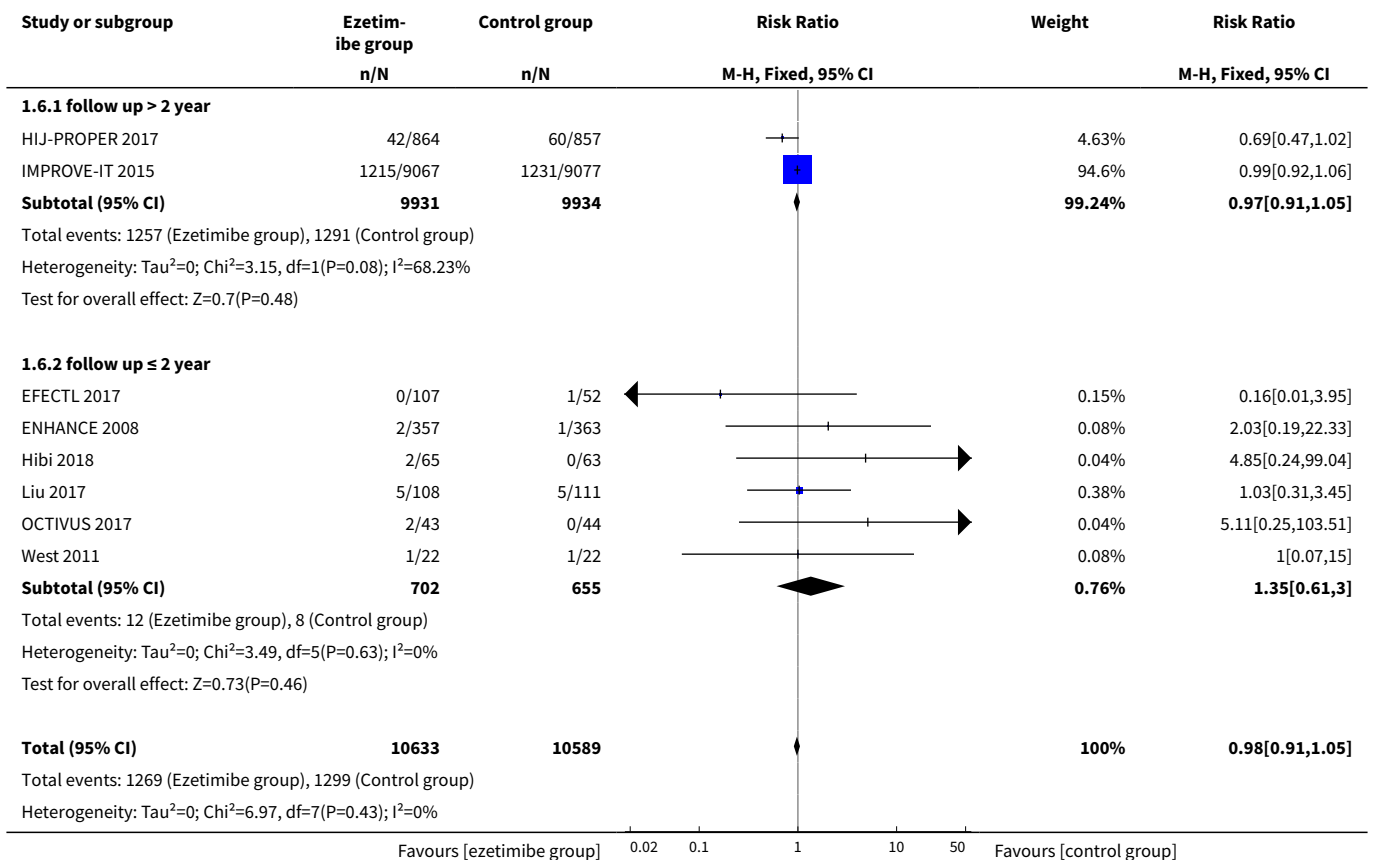
Analysis 1.4. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 4 MACE (sensitivity analysis: random-effects models).

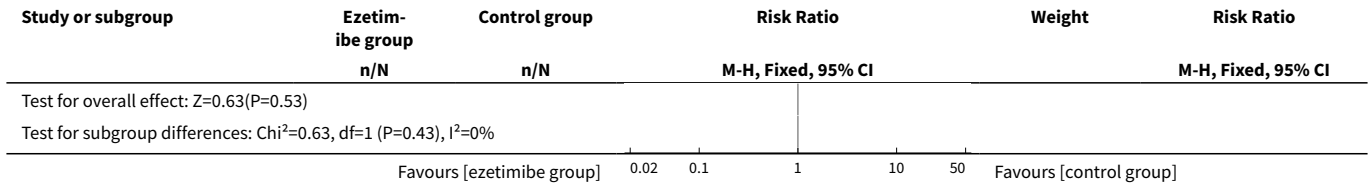


Analysis 1.5. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 5 MACE (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone).

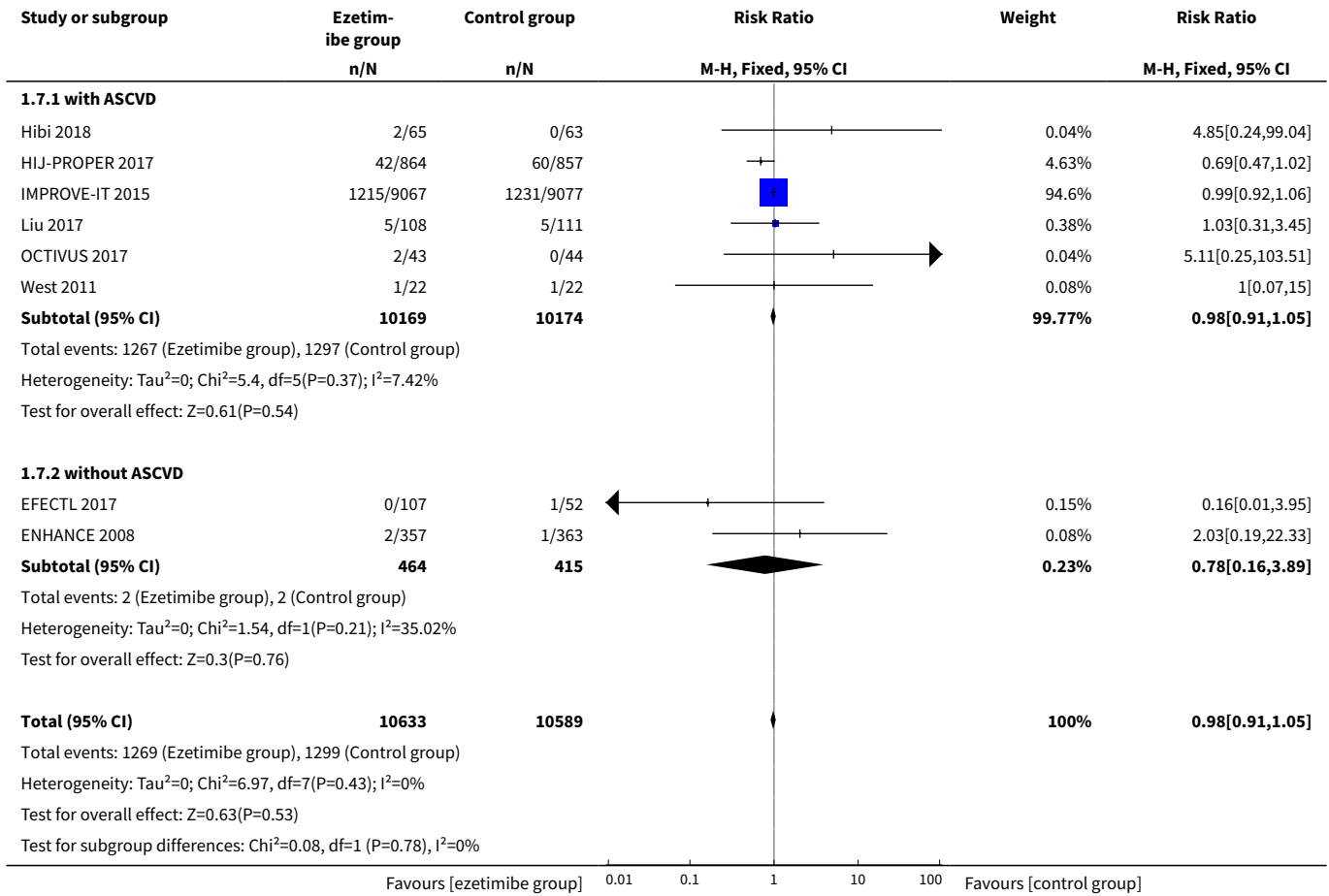


Analysis 1.6. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 6 All-cause mortality (subgroup analysis: duration of follow up).

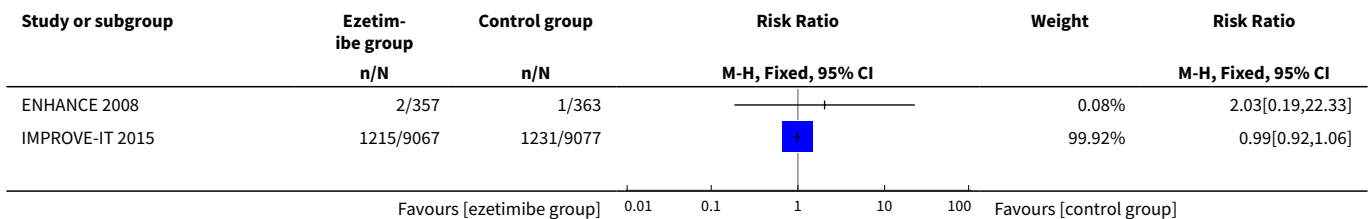


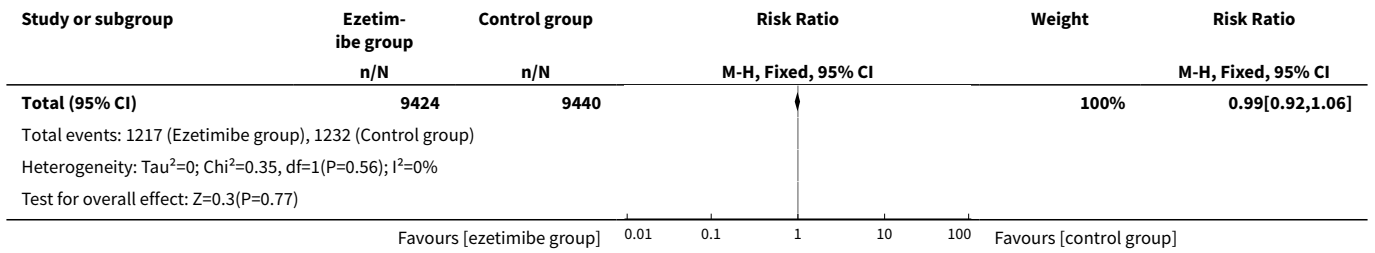


Analysis 1.7. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 7 All-cause mortality (subgroup analysis: participates with/without ASCVD).

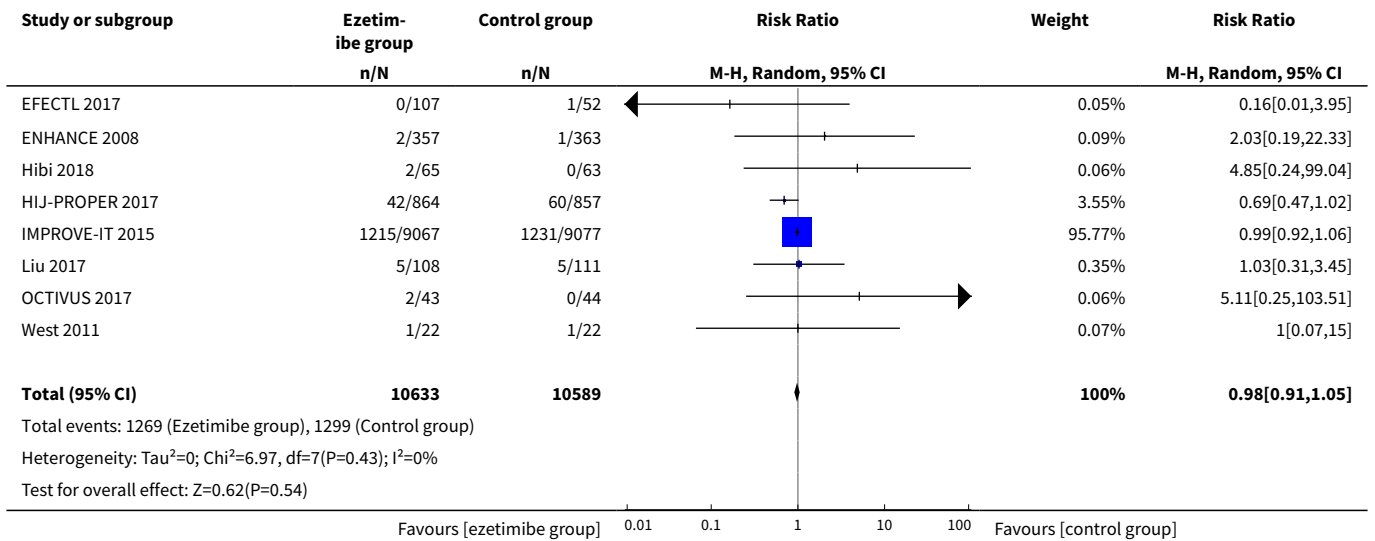


Analysis 1.8. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 8 All-cause mortality (sensitivity analysis: only including low risk of bias studies).

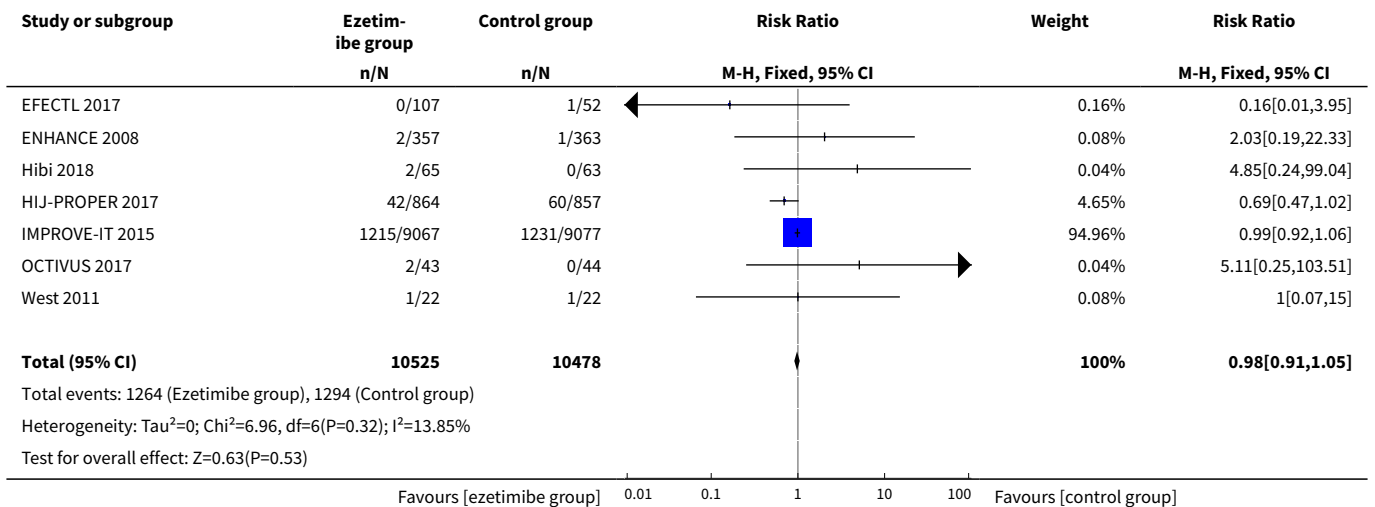




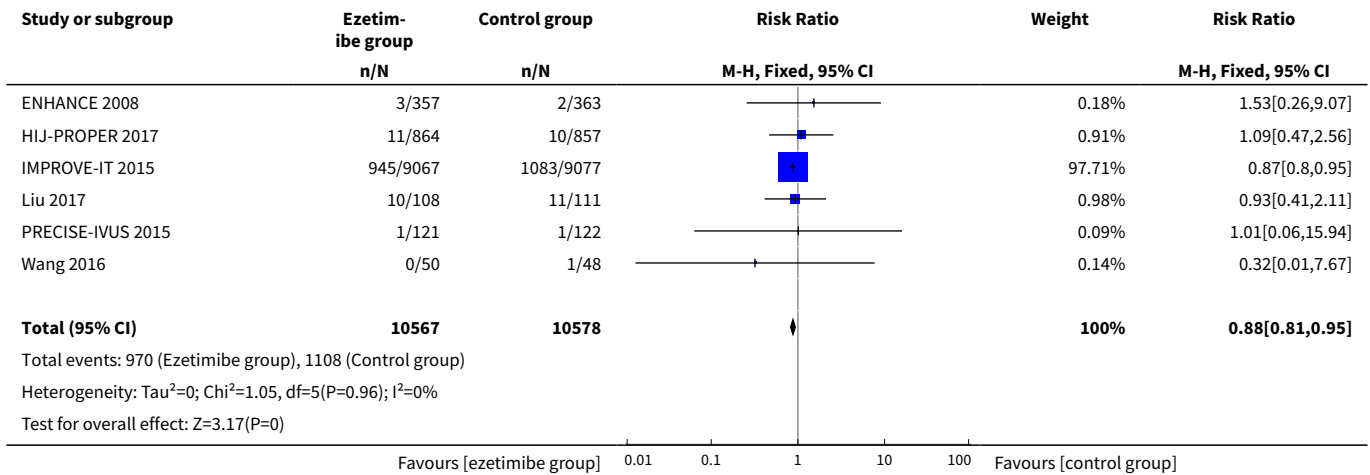
Analysis 1.9. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 9 All-cause mortality (sensitivity analysis: random-effects models).



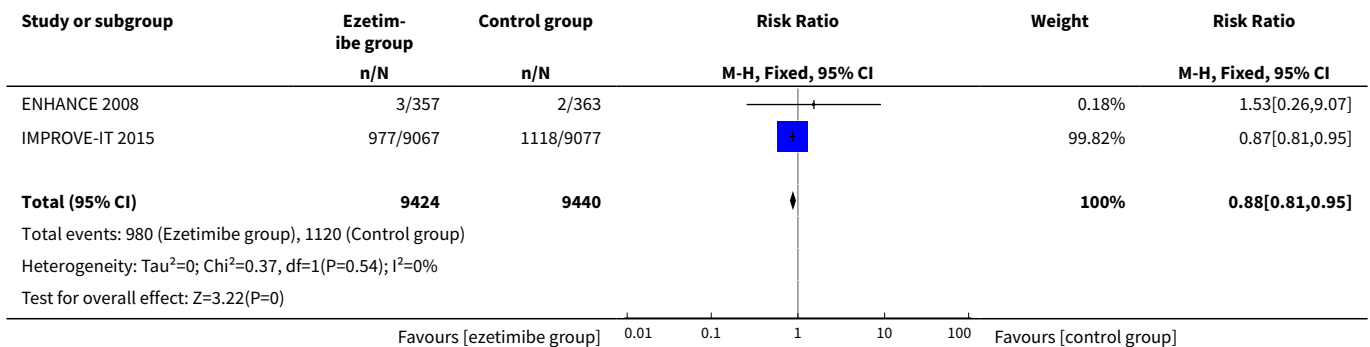
Analysis 1.10. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 10 All-cause mortality (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone).



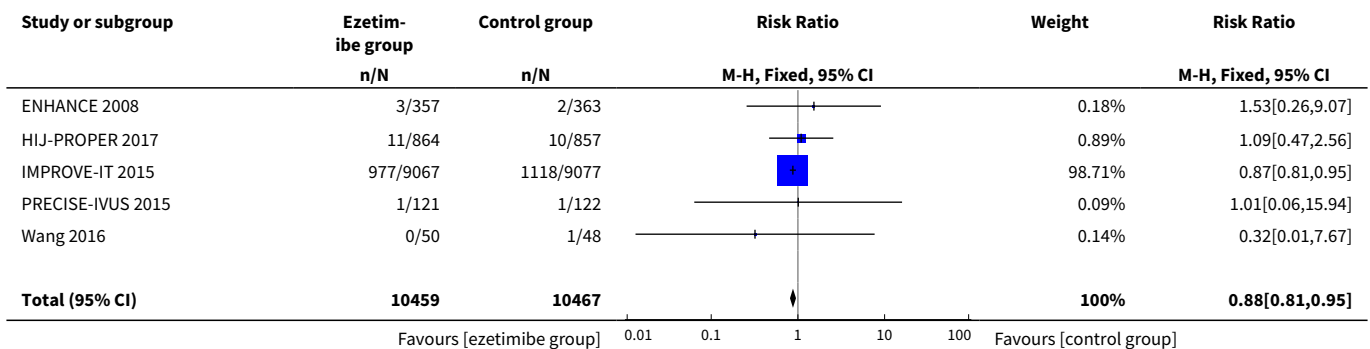
Analysis 1.11. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 11 Myocardial infarction (non-fatal).

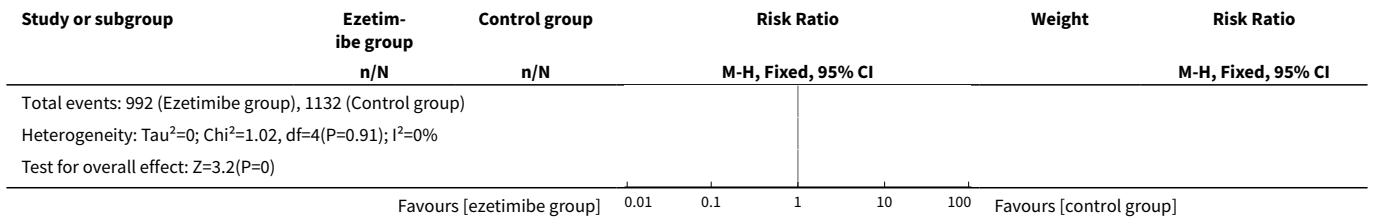


Analysis 1.12. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 12 Myocardial infarction (sensitivity analysis: only including low risk of bias studies).

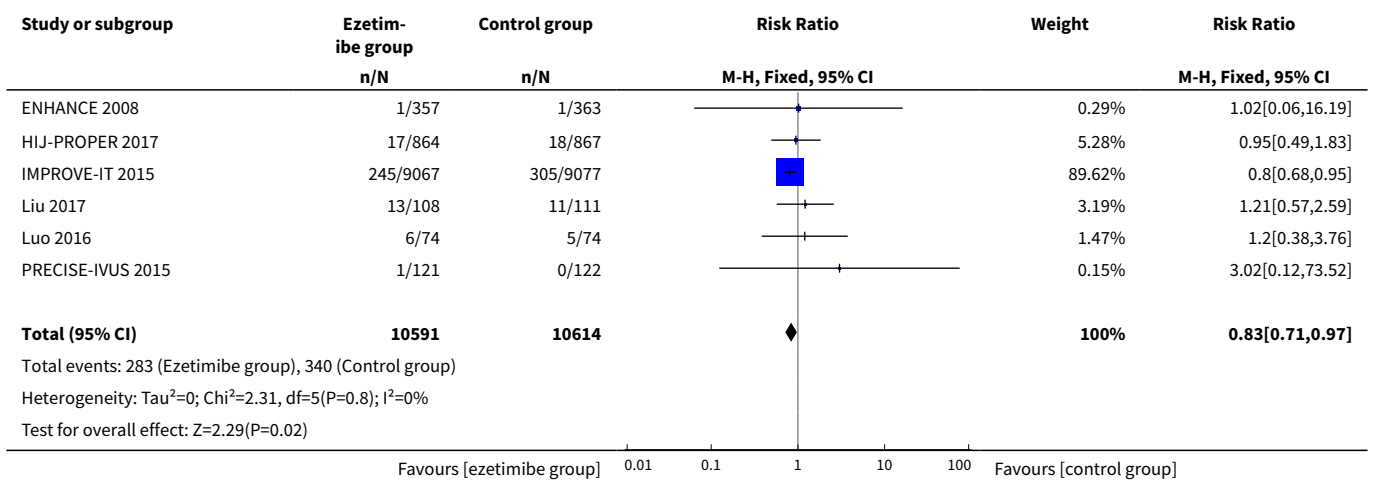


Analysis 1.13. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 13 Myocardial infarction (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone).

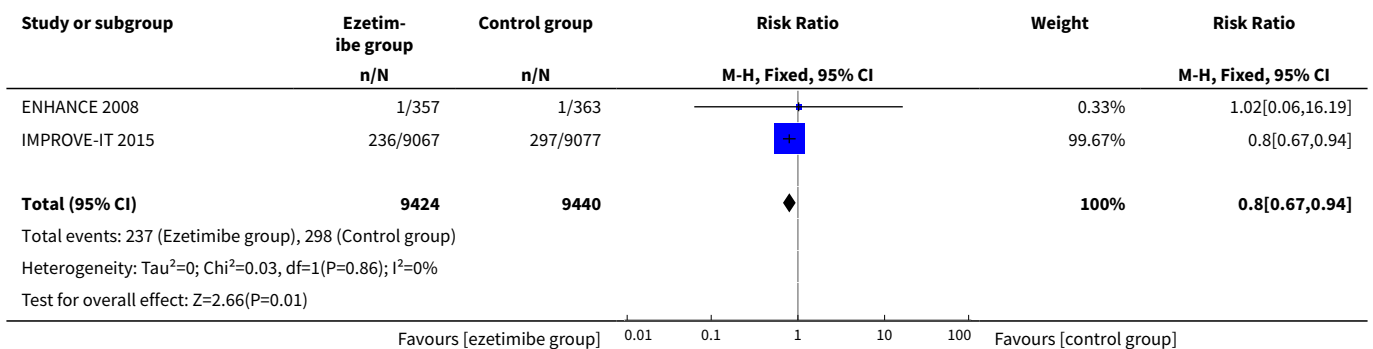




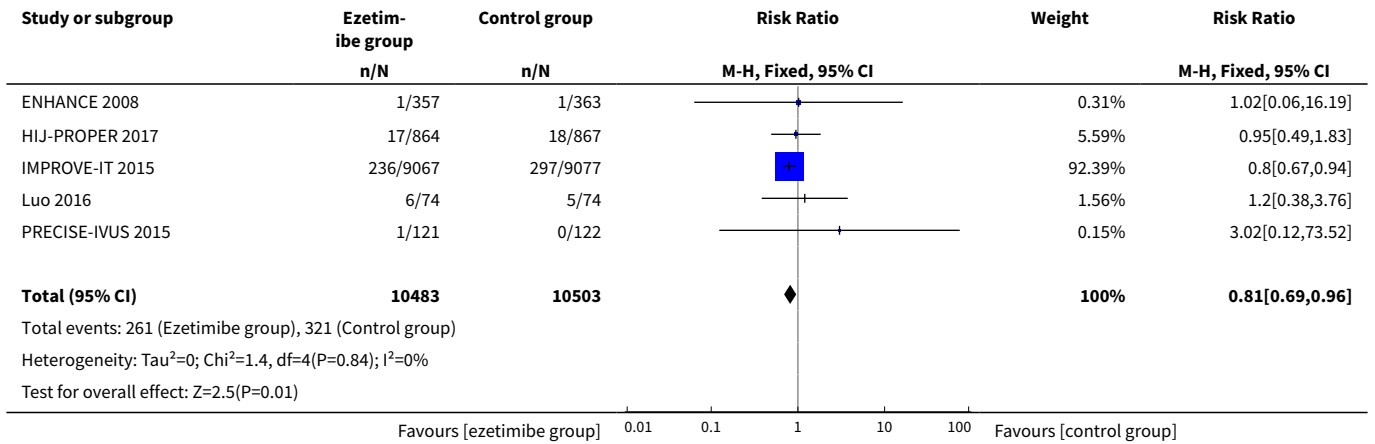
Analysis 1.14. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 14 Ischaemic stroke (non-fatal).



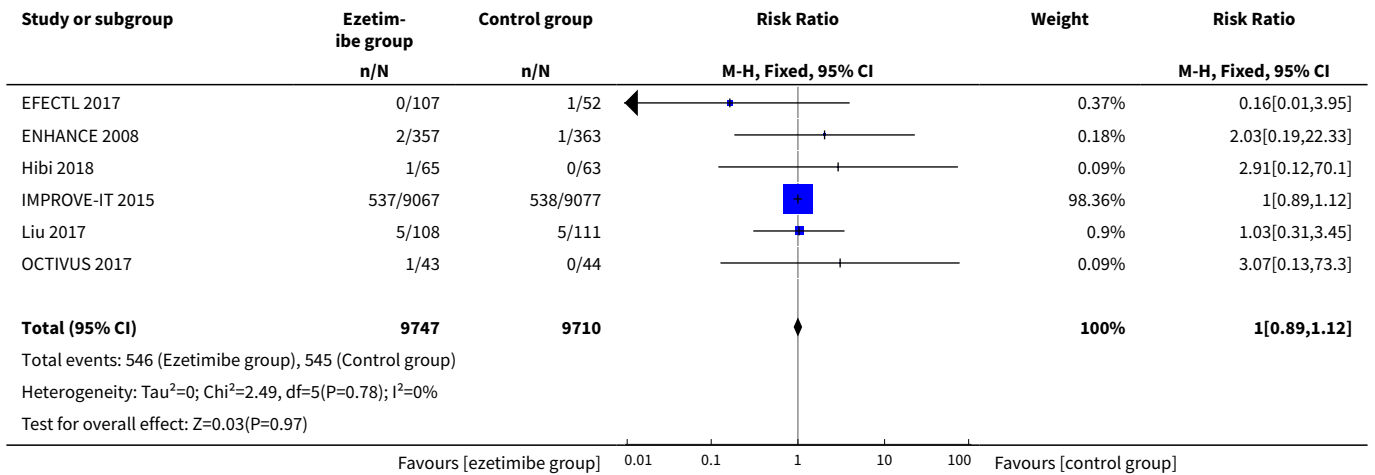
Analysis 1.15. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 15 Ischaemic stroke (sensitivity analysis: only including low risk of bias studies).



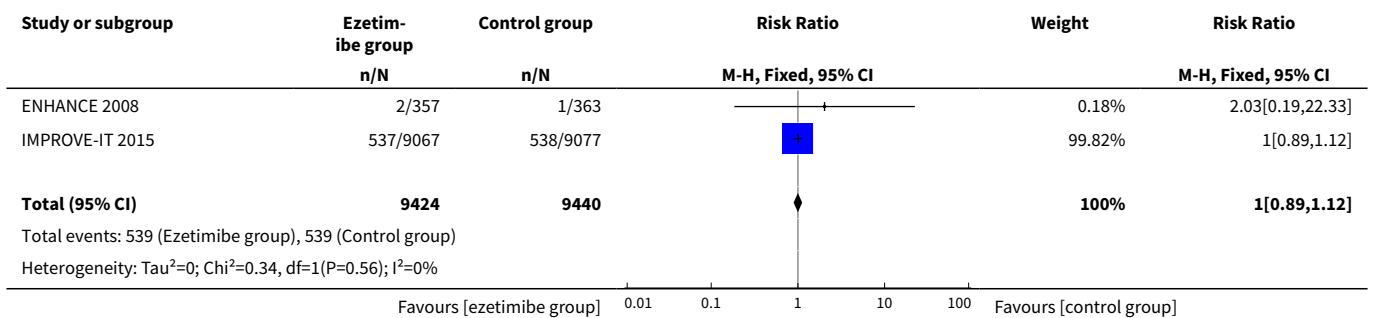
Analysis 1.16. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 16 Ischaemic stroke (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone).

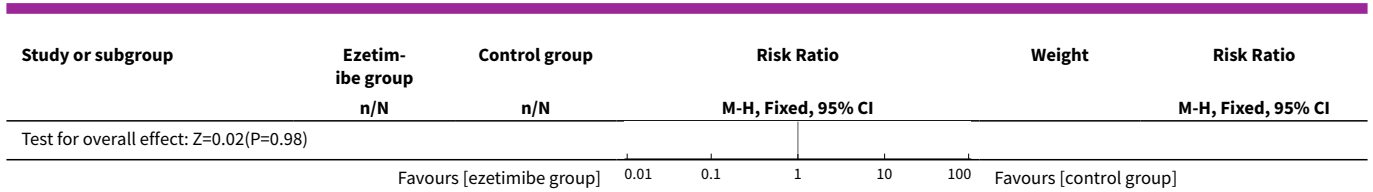


Analysis 1.17. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 17 Cardiovascular mortality.

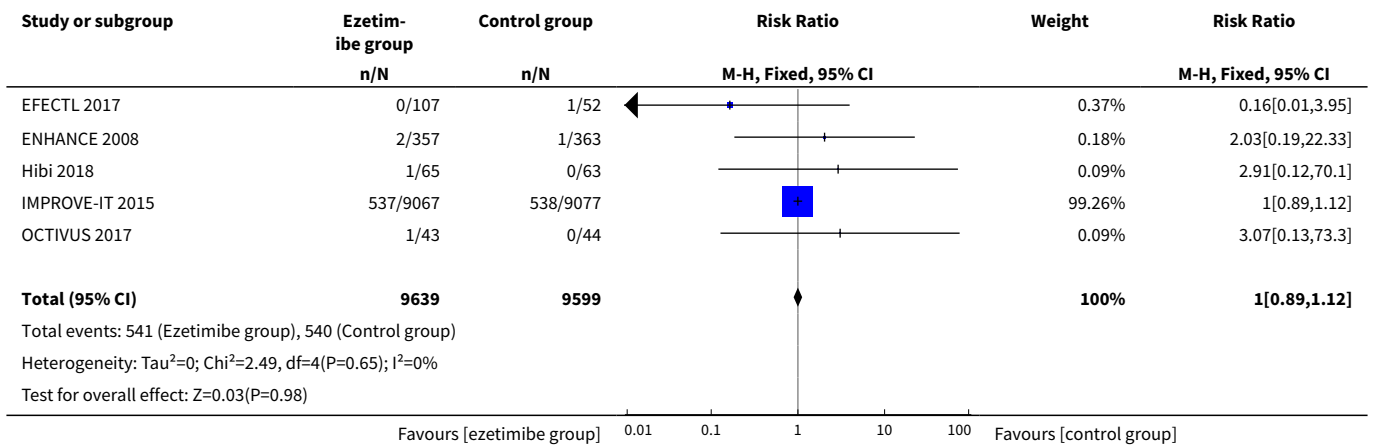


Analysis 1.18. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 18 Cardiovascular mortality (sensitivity analysis: only including low risk of bias studies).

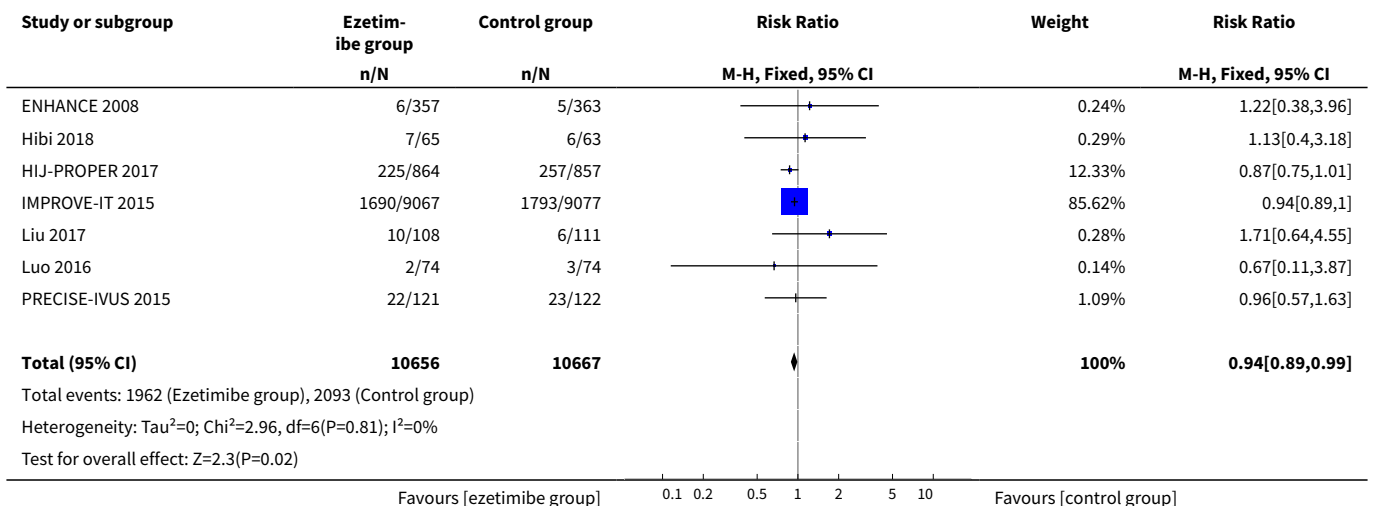




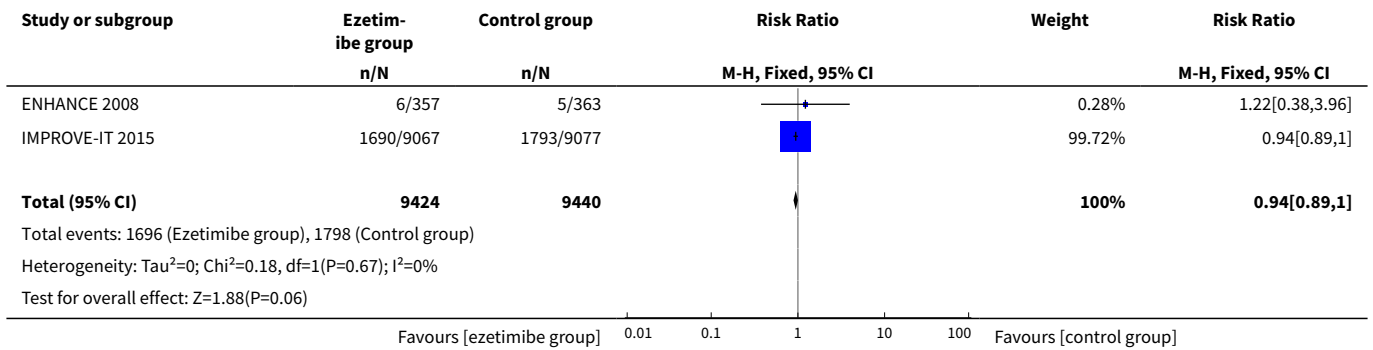
Analysis 1.19. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 19 Cardiovascular mortality (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone).



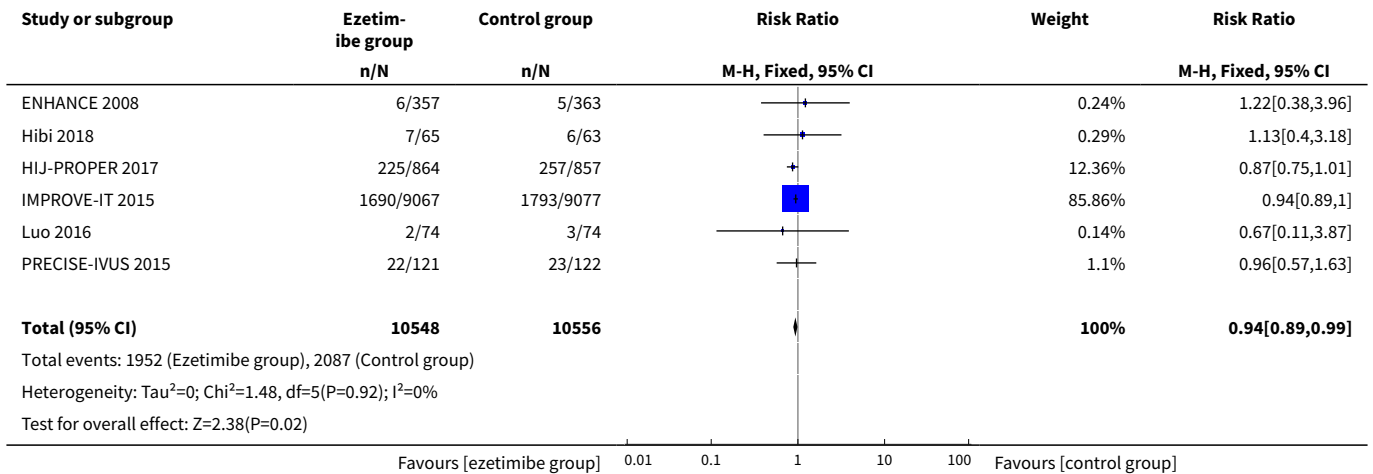
Analysis 1.20. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 20 Coronary revascularization.



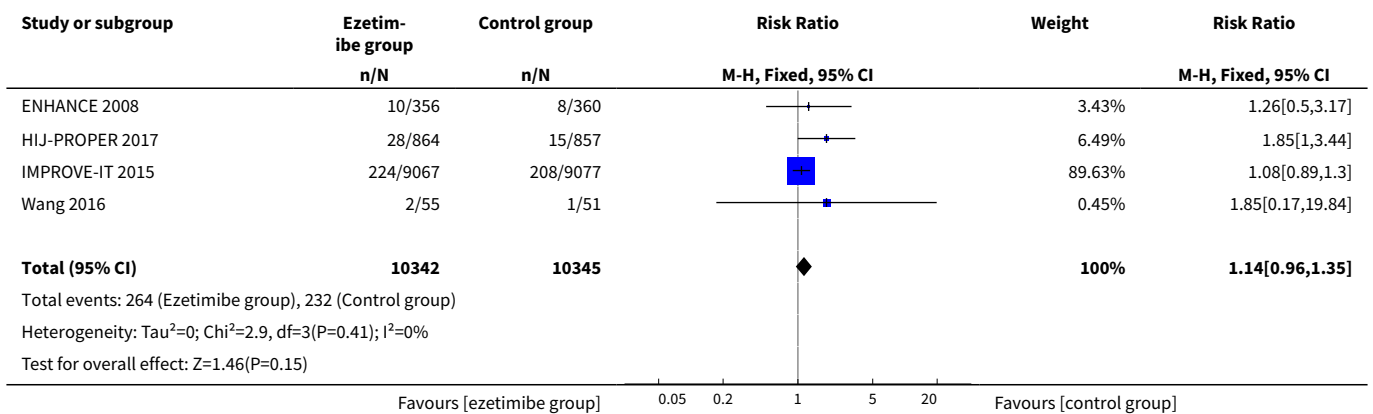
Analysis 1.21. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 21 Coronary revascularization (sensitivity analysis: only including low risk of bias studies).



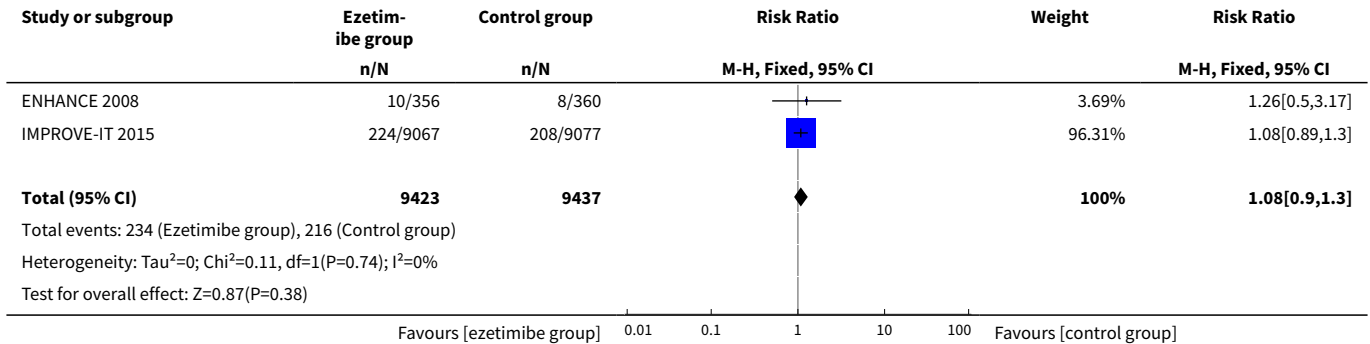
Analysis 1.22. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 22 Coronary revascularization (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone).



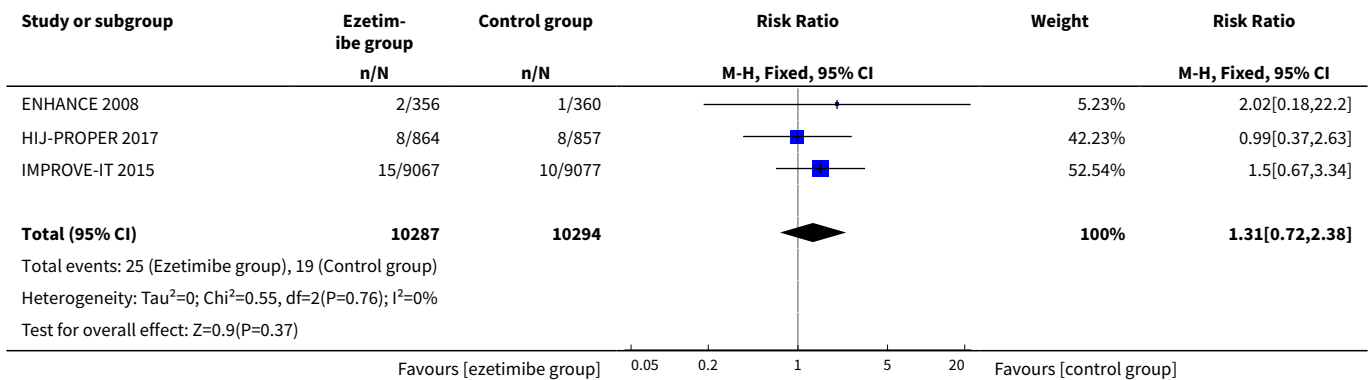
Analysis 1.23. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 23 Adverse events - hepatopathy.



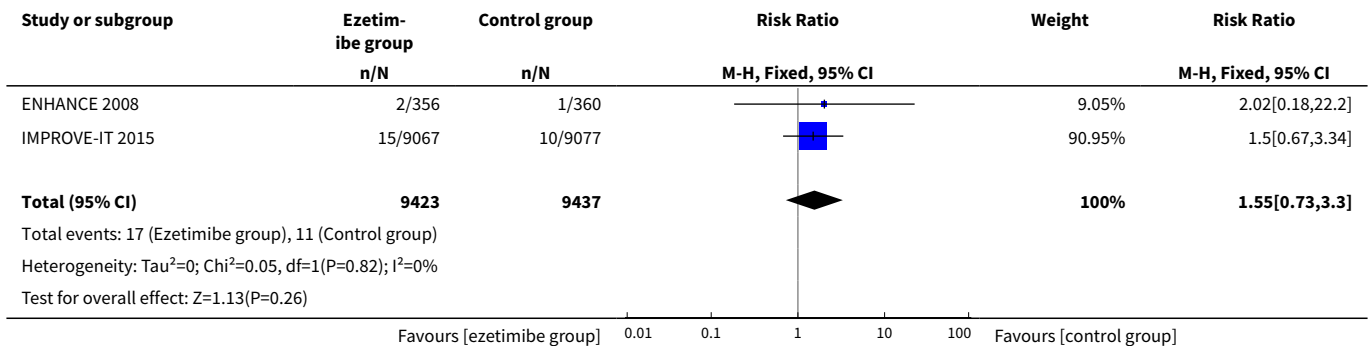
Analysis 1.24. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 24 Adverse events - hepatopathy (sensitivity analysis: only including low risk of bias studies).



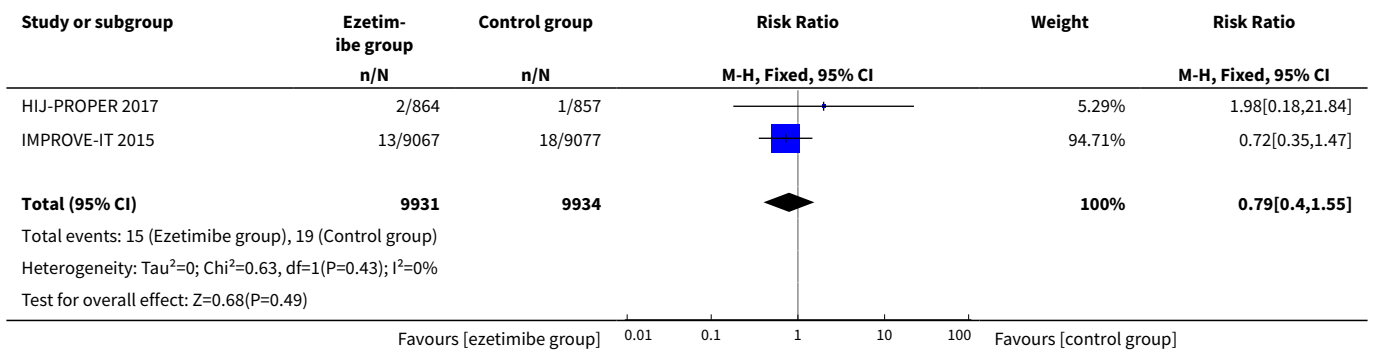
Analysis 1.25. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 25 Adverse events - myopathy.



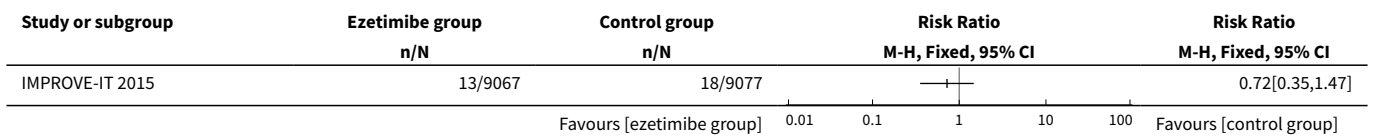
Analysis 1.26. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 26 Adverse events - myopathy (sensitivity analysis: only including low risk of bias studies).



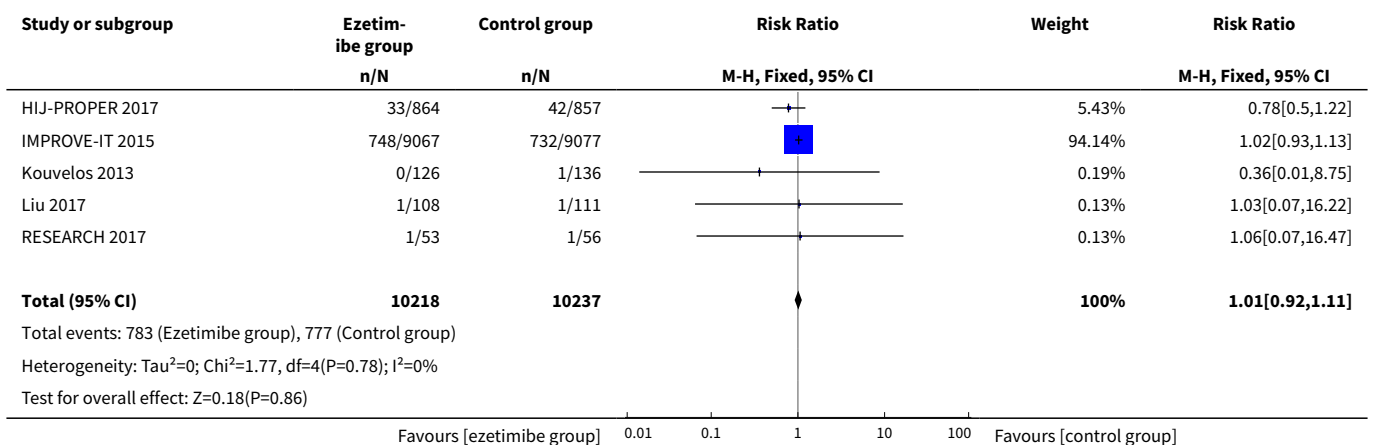
Analysis 1.27. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 27 Adverse events - rhabdomyolysis.



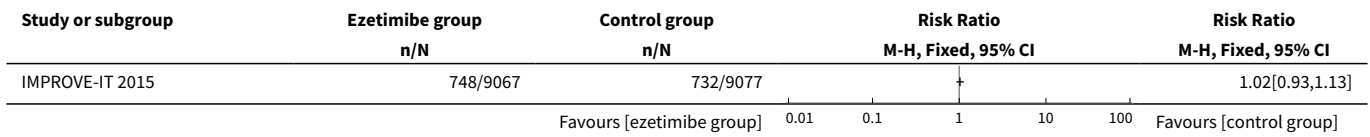
Analysis 1.28. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 28 Adverse events - rhabdomyolysis (sensitivity analysis: only including low risk of bias studies).



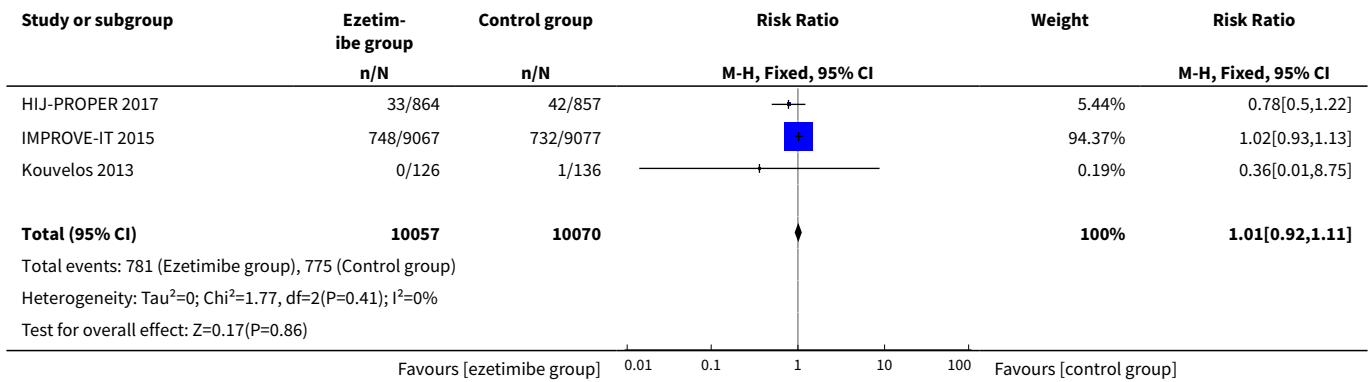
Analysis 1.29. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 29 Adverse events - cancer.



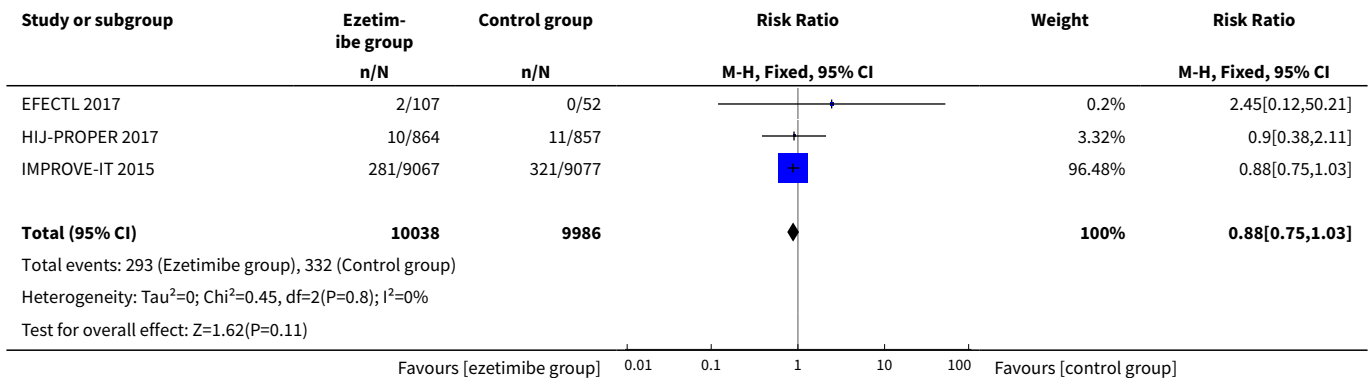
Analysis 1.30. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 30 Adverse events - cancer (sensitivity analysis: only including low risk of bias studies).



Analysis 1.31. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 31 Adverse events - cancer (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone).



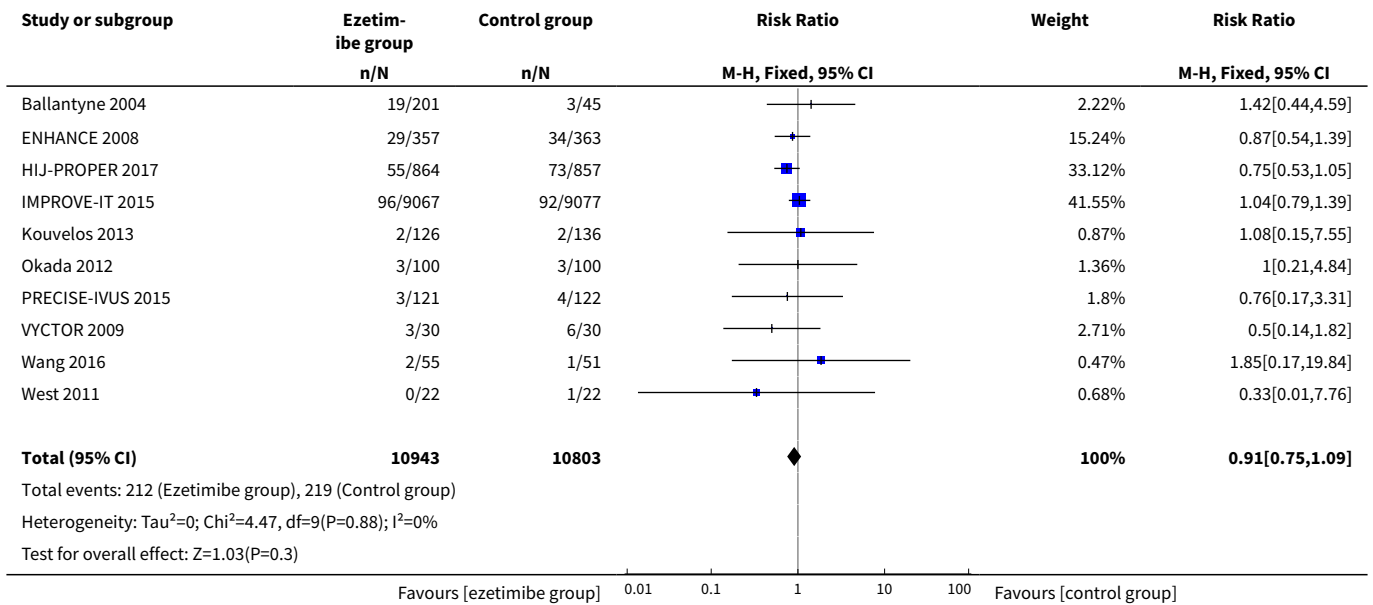
Analysis 1.32. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 32 Adverse events - gallbladder-related AE.



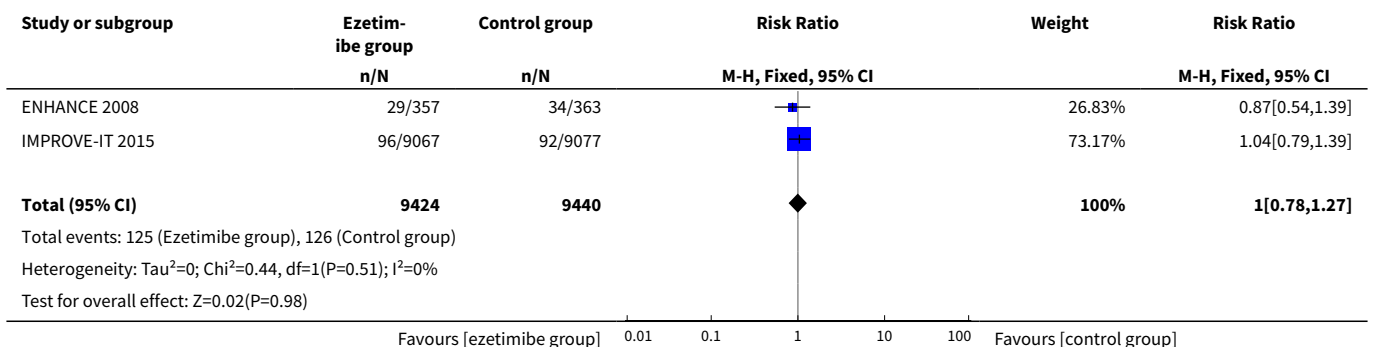
Analysis 1.33. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 33 Adverse events - gallbladder-related AE (sensitivity analysis: only including low risk of bias studies).

Study or subgroup	Ezetimibe group	Control group	Risk Ratio	
	n/N	n/N	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
IMPROVE-IT 2015	281/9067	321/9077	0.88[0.75,1.03]	

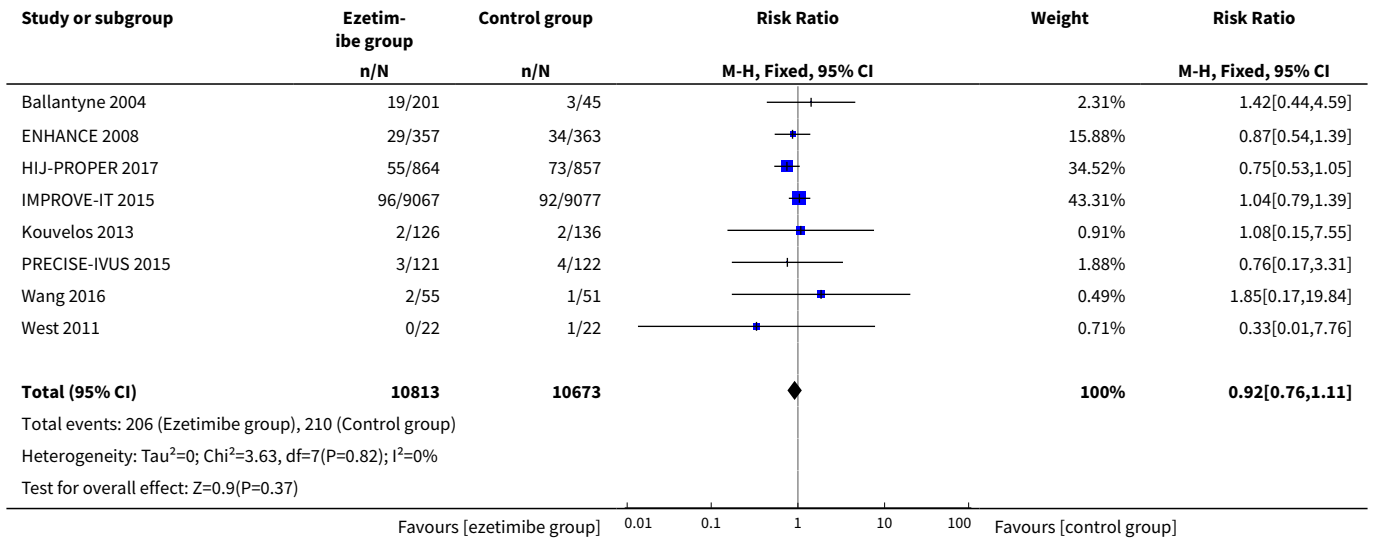
Analysis 1.34. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 34 Discontinuation due to adverse event.



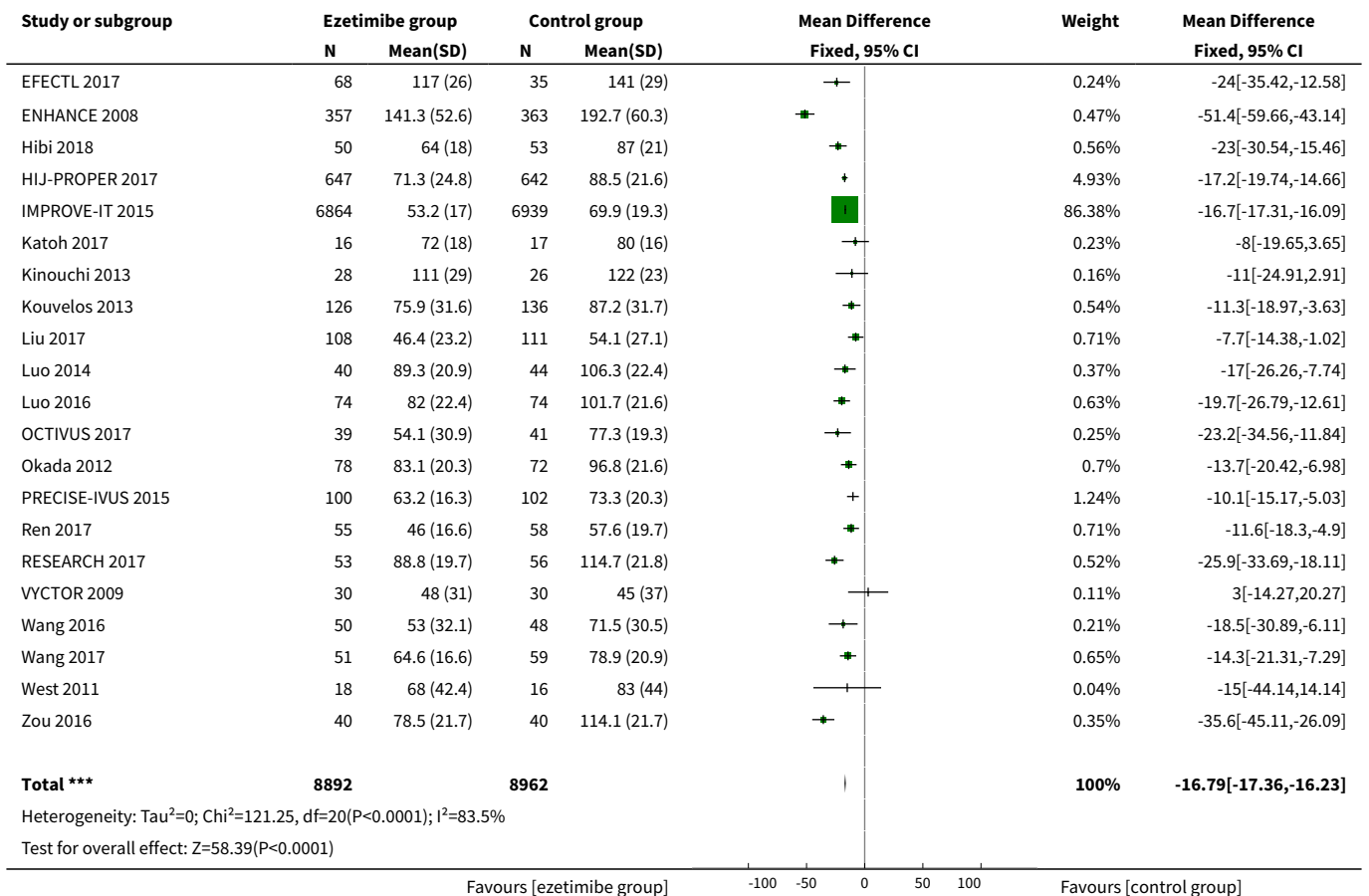
Analysis 1.35. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 35 Discontinuation due to adverse event (sensitivity analysis: only including low risk of bias studies).



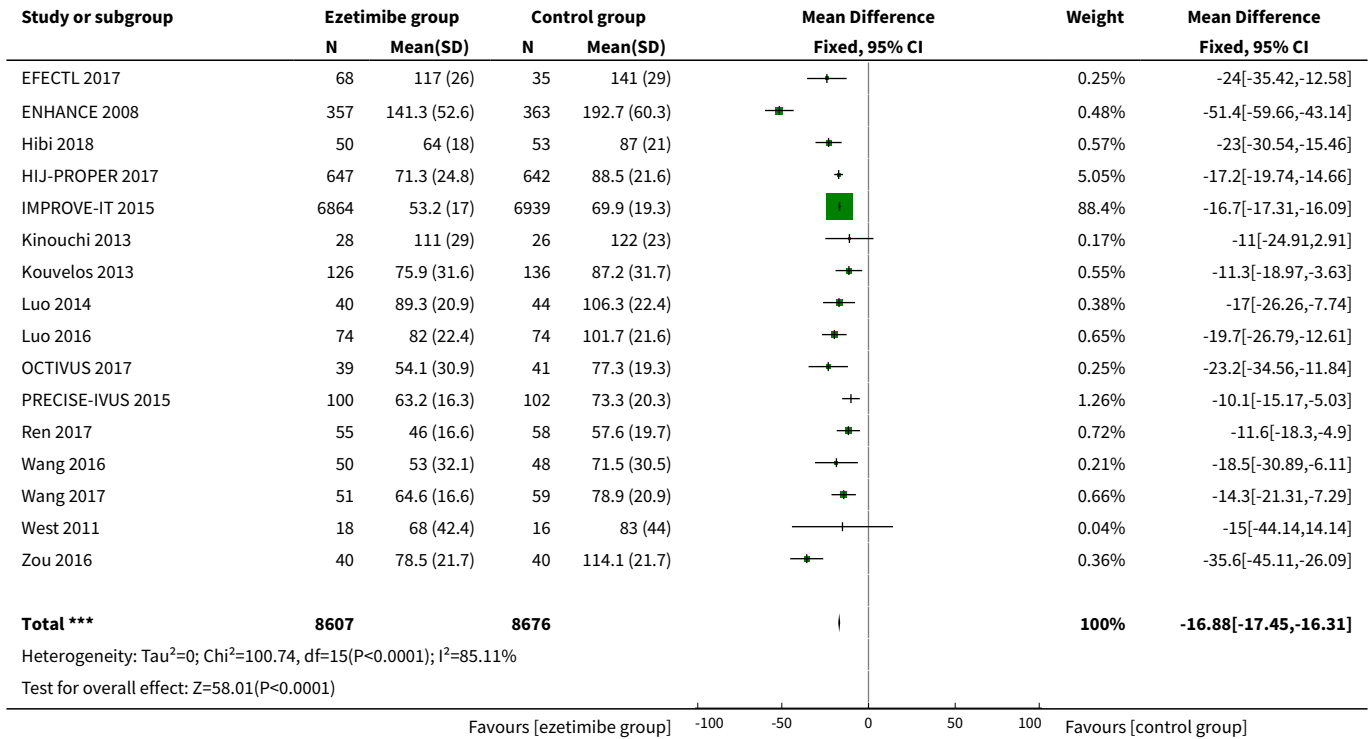
Analysis 1.36. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 36 Discontinuation due to adverse event (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone).



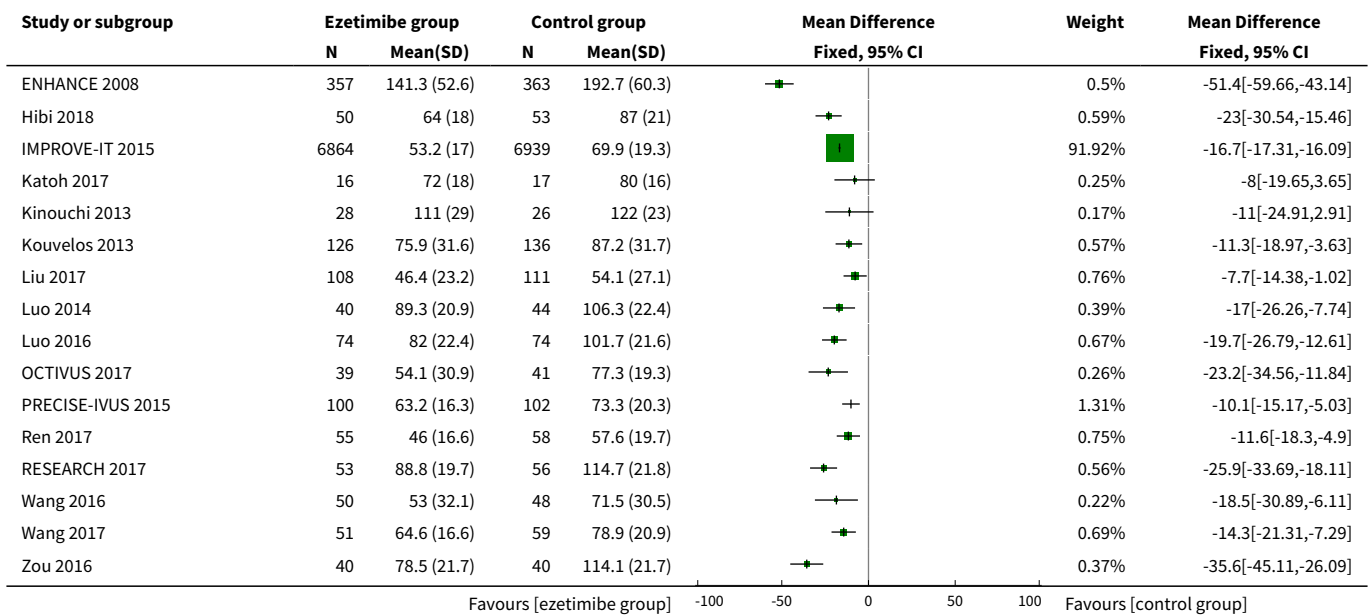
Analysis 1.37. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 37 LDL-C (end of follow up).

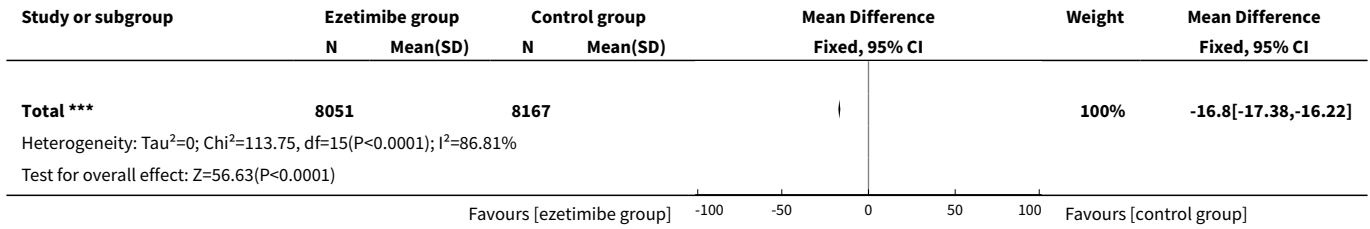


Analysis 1.38. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 38 LDL-C (end of follow up) (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone).

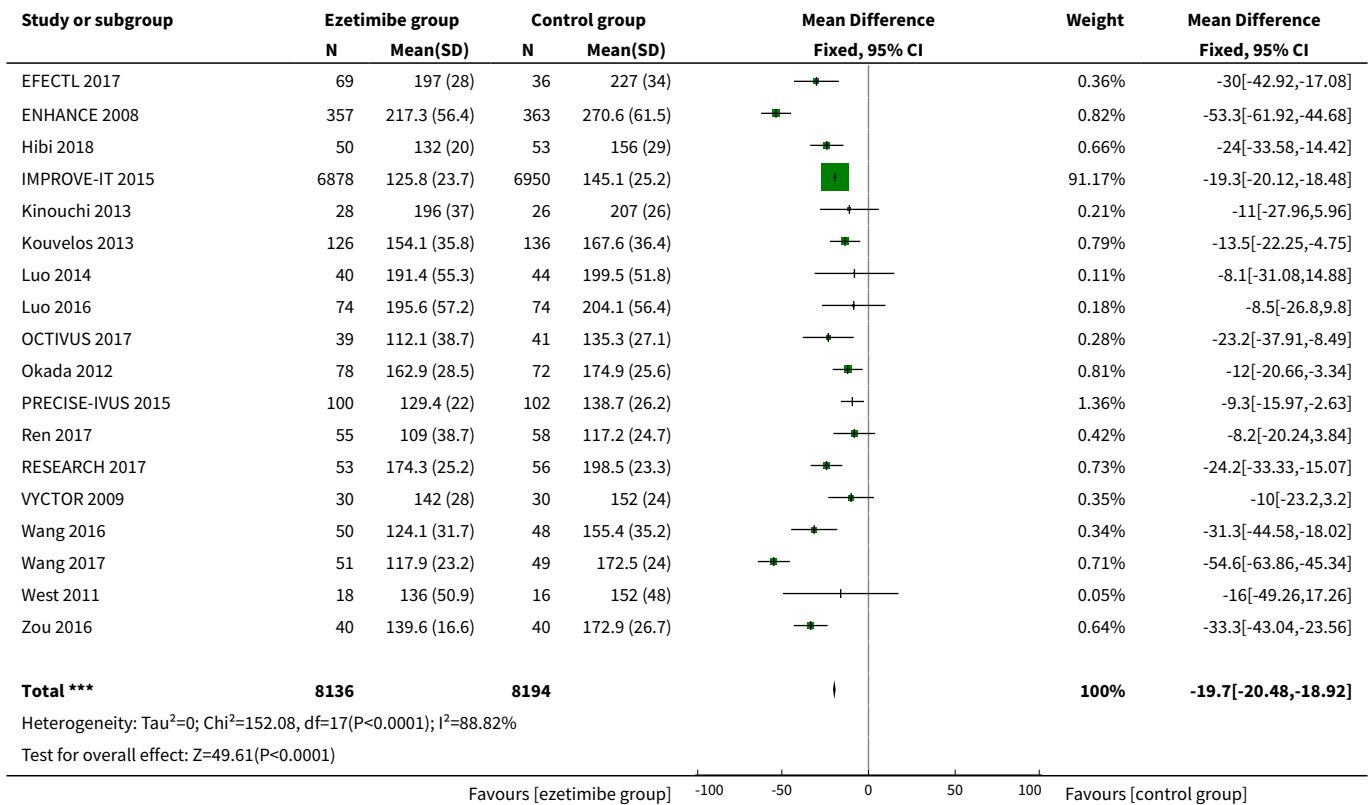


Analysis 1.39. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 39 LDL-C (end of follow up) (sensitivity analysis: excluding studies with serious missing data).

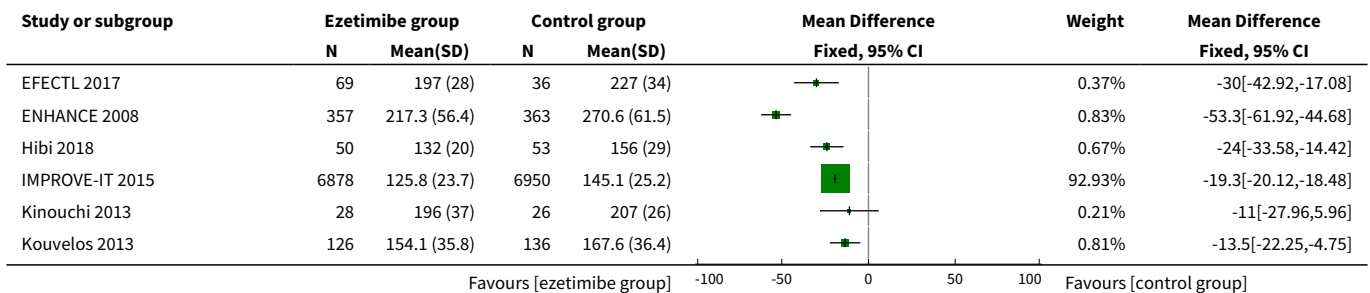


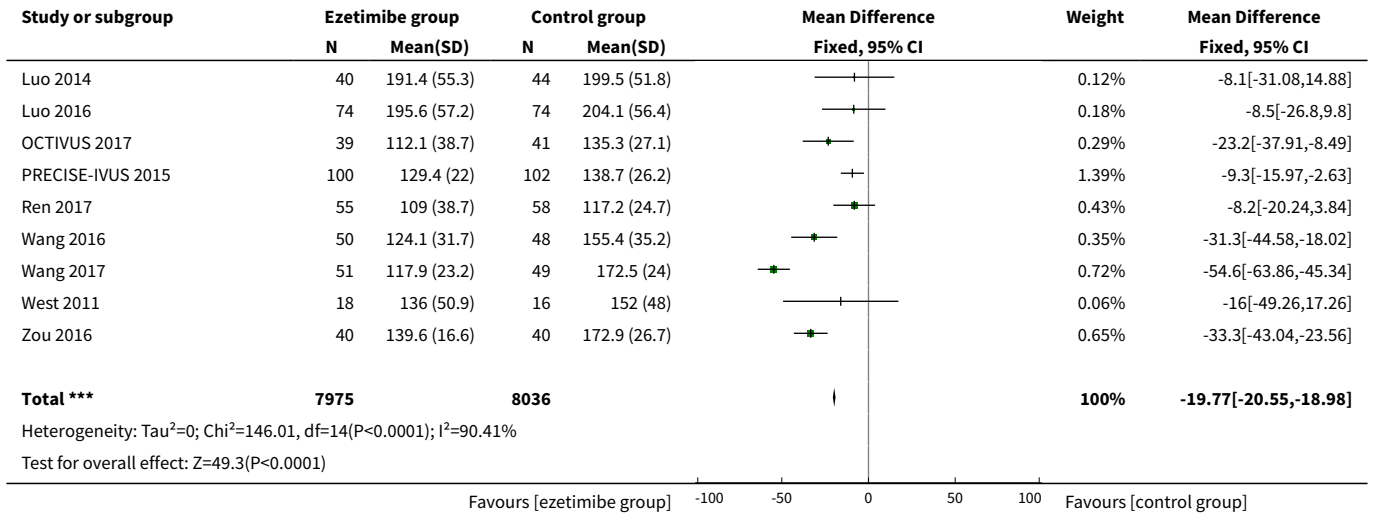


Analysis 1.40. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 40 TC (end of follow up).

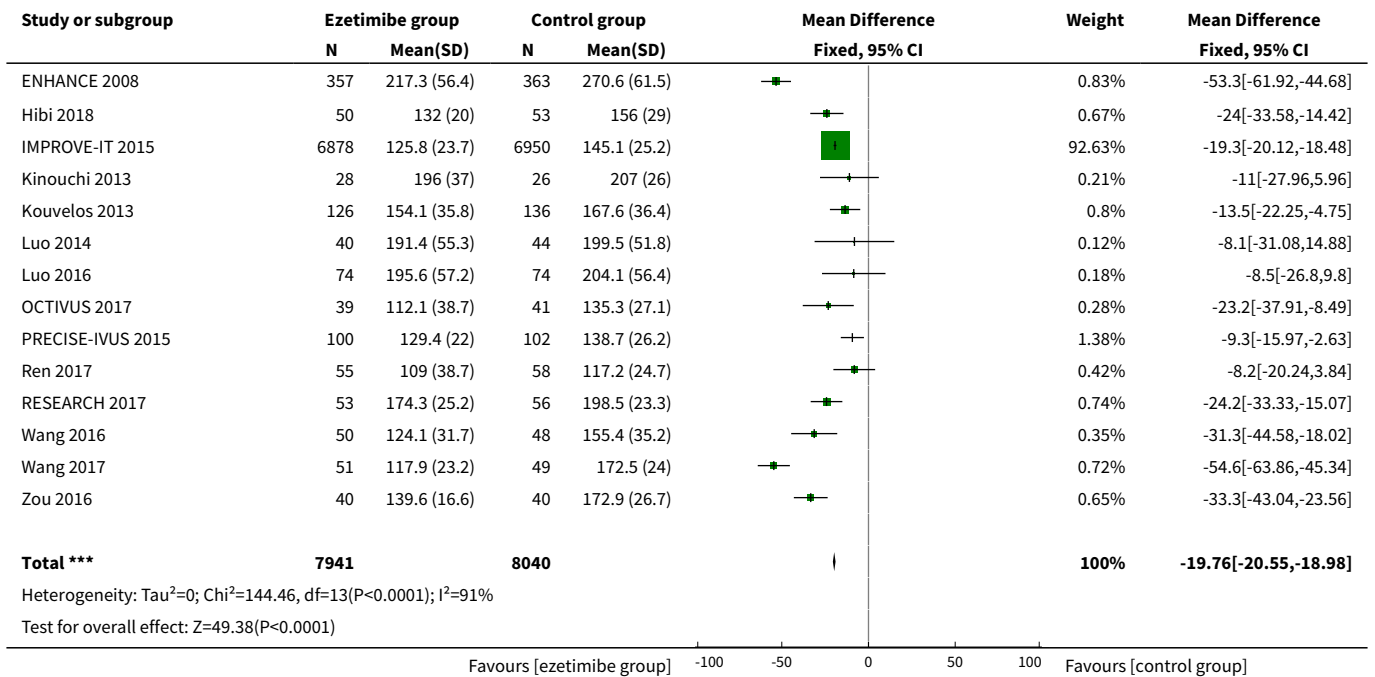


Analysis 1.41. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 41 TC (end of follow up) (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone).

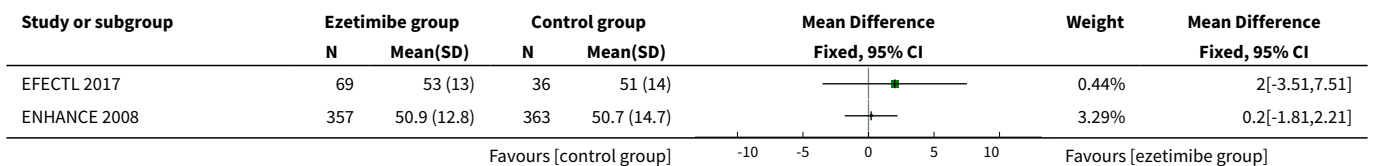


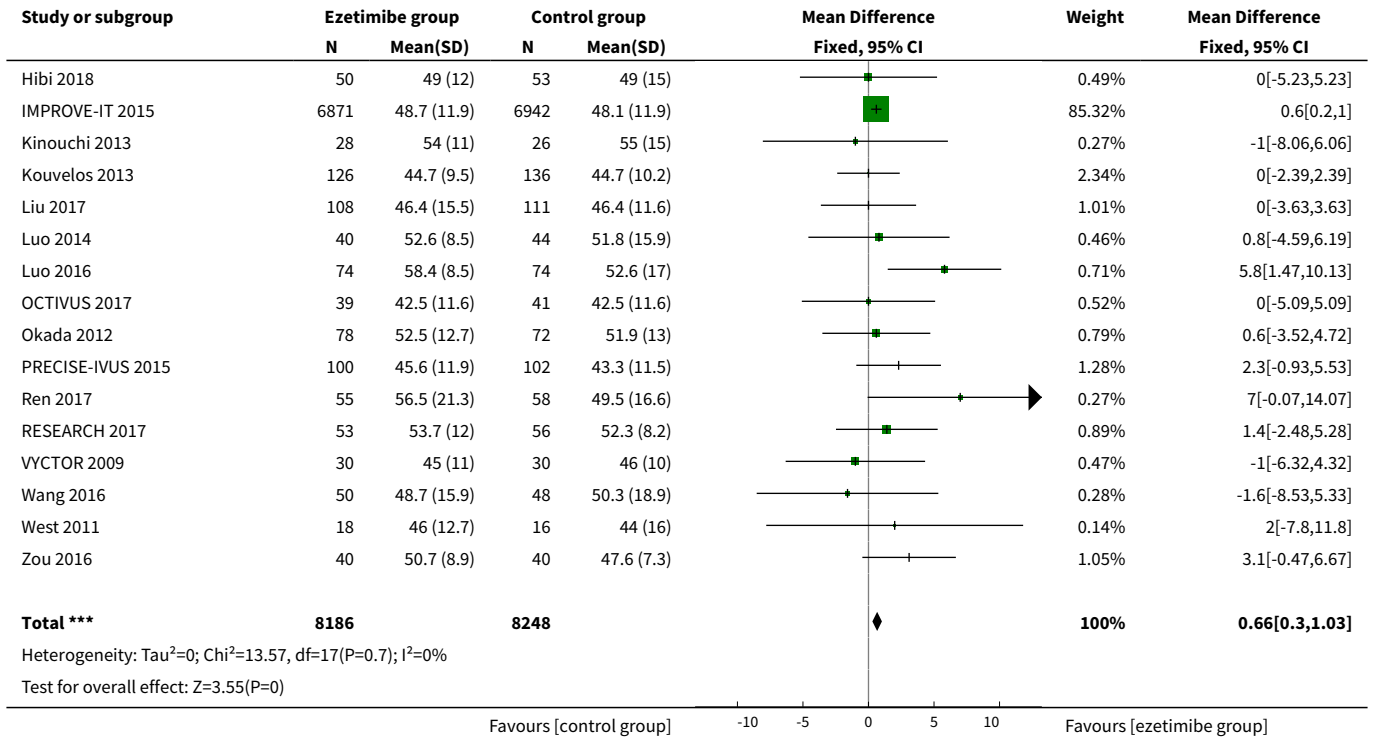


Analysis 1.42. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 42 TC (end of follow up) (sensitivity analysis: excluding studies with serious missing data).

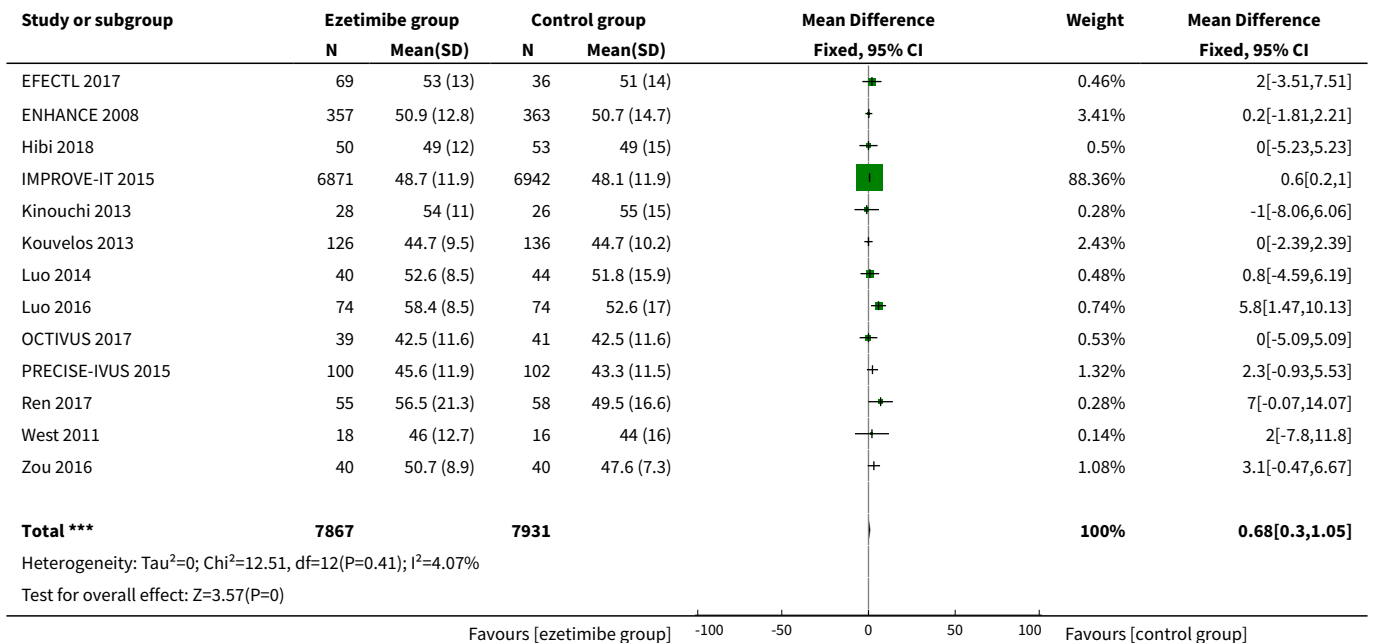


Analysis 1.43. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 43 HDL-C (end of follow up).

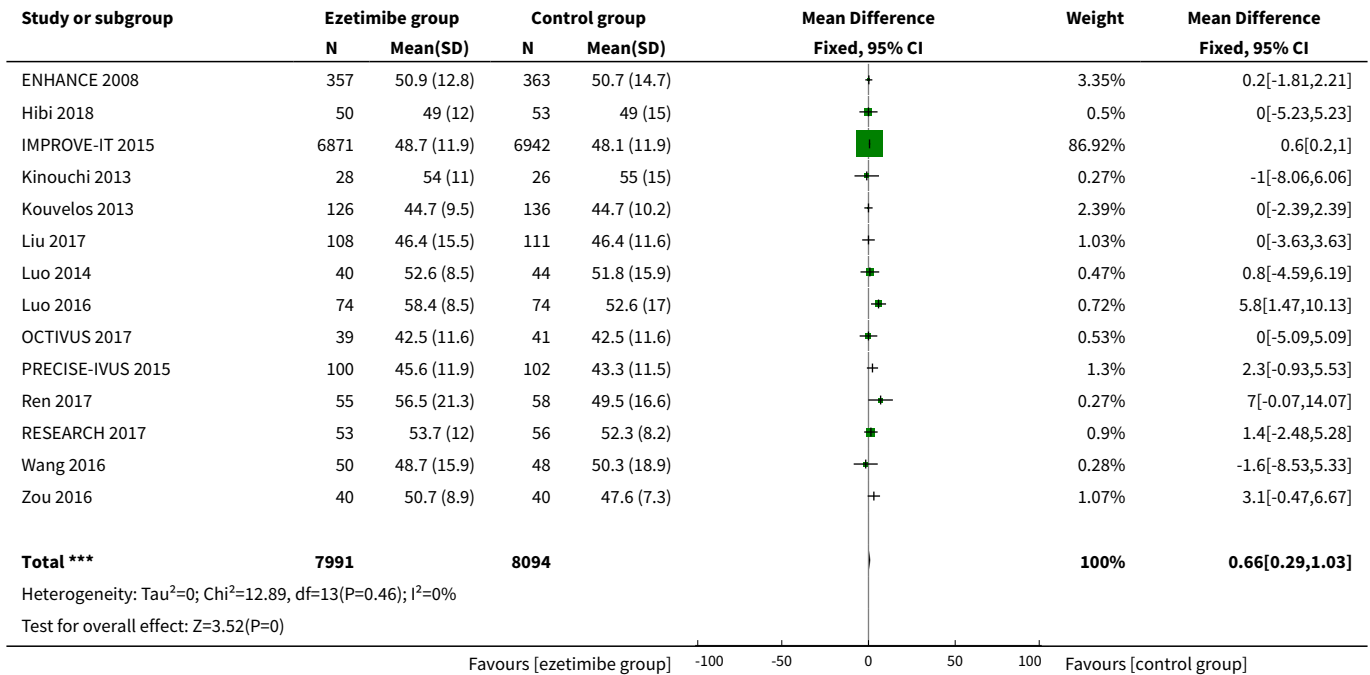




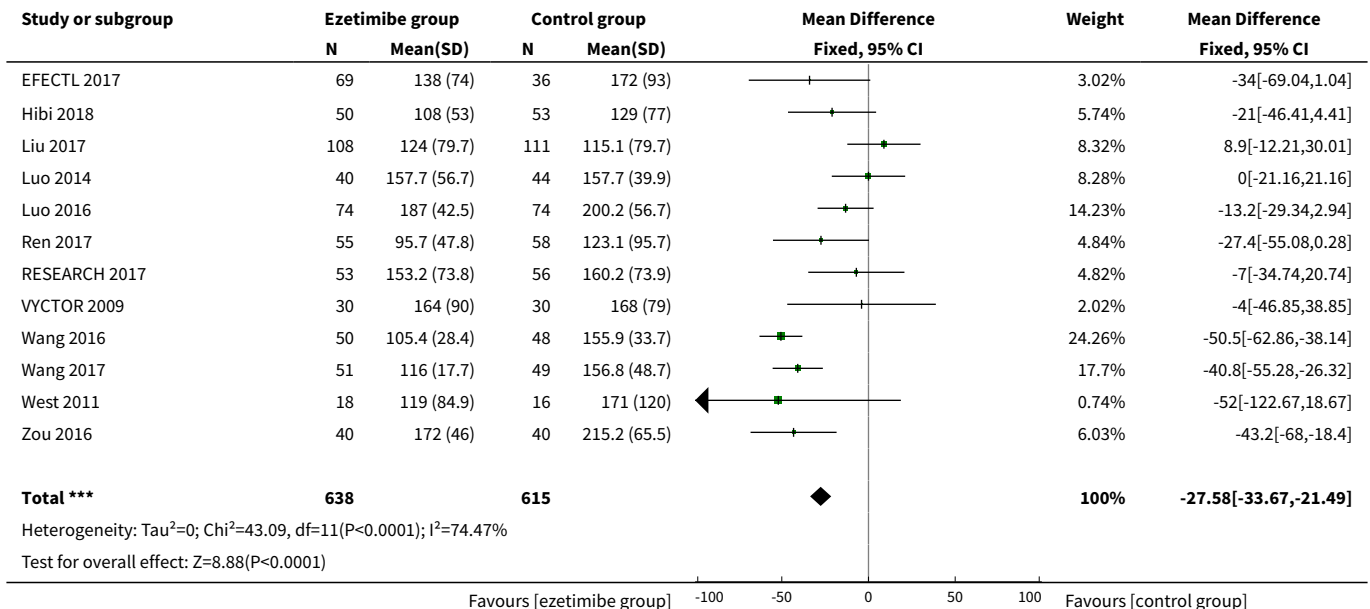
Analysis 1.44. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 44 HDL-C (end of follow up) (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone).



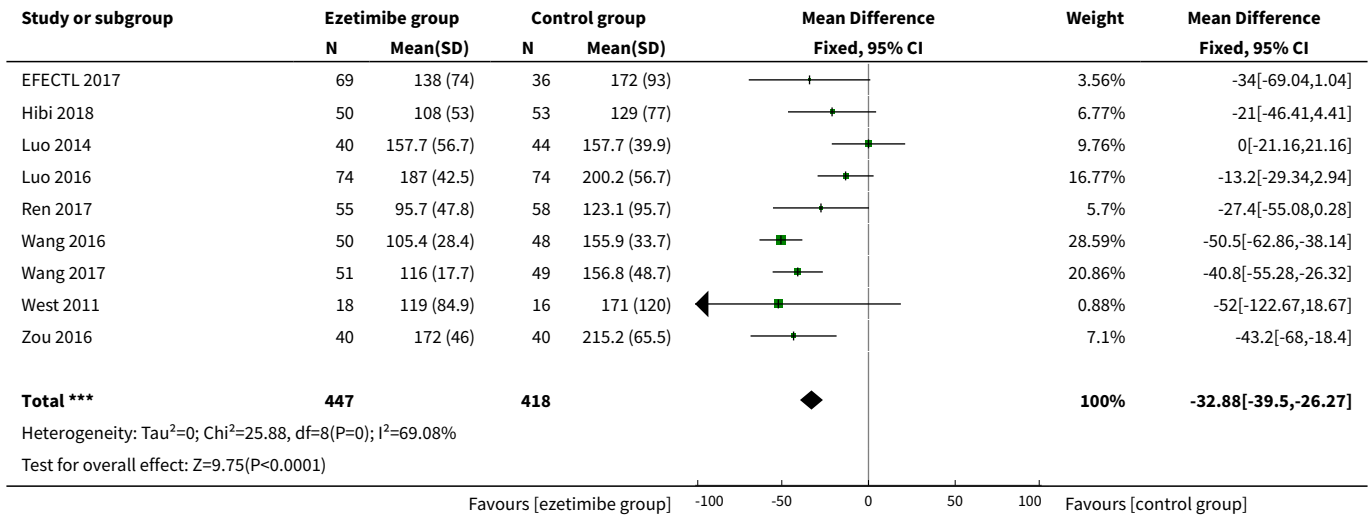
Analysis 1.45. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 45 HDL-C (end of follow up) (sensitivity analysis: excluding studies with serious missing data).



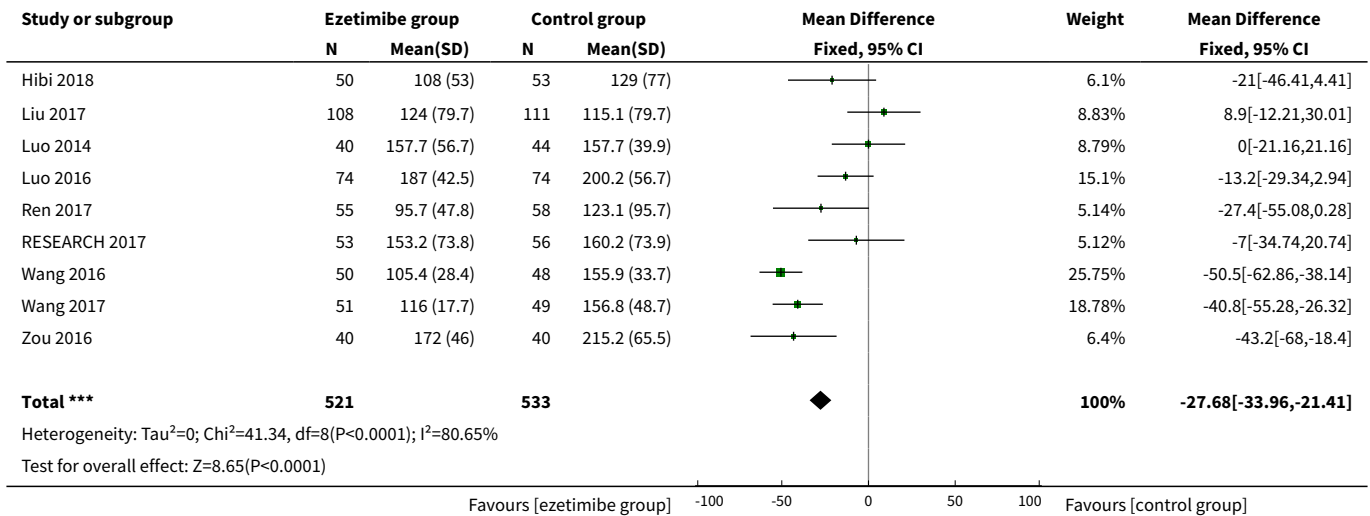
Analysis 1.46. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 46 TG (end of follow up).



Analysis 1.47. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 47 TG (end of follow up) (sensitivity analysis: excluding the studies compared ezetimibe plus statins versus double-dose statins alone).



Analysis 1.48. Comparison 1 Ezetimibe plus other lipid-modifying drugs vs other lipid-modifying drugs alone or plus placebo, Outcome 48 TG (end of follow up) (sensitivity analysis: excluding studies with serious missing data).



ADDITIONAL TABLES
Table 1. Summary of included studies

Trial	Location	Centres	Randomised (intervention/control)	Follow-up (years)	Clinical setting	Intervention	Control
Ballantyne 2004	USA (multinational)	multi-centres	201/45	1	primary hypercholesterolaemia	atorvastatin 10 mg/d +ezetimibe10 mg/d	atorvastatin 10 mg/day + placebo
EFFECTL 2017	Japan	multi-centres	118/59	1	hyperlipidaemia	fenofibrate 160 mg~200 mg/day + ezetimibe 10 mg/day	fenofibrate 160 mg~200 mg/day
ENHANCE 2008	the Netherlands (multinational)	multi-centres	357/363	2	familial hypercholesterolaemia	simvastatin 80 mg/day + ezetimibe 10 mg/day	simvastatin 80 mg/day + placebo
Hibi 2018	Japan	multi-centres	65/63	1	acute coronary syndrome	pitavastatin 2 mg/day + ezetimibe10 mg/day	pitavastatin 2 mg/day
HIJ-PROPER 2017	Japan	multi-centres	869/865	3.86 (median)	acute coronary syndrome and dyslipidaemia	pitavastatin ¹ + ezetimibe 10 mg/day	pitavastatin ²
IMPROVE-IT 2015	USA (multinational)	multi-centres	9067/9077	6 (median)	acute coronary syndrome	simvastatin 40 mg/day + ezetimibe10mg/d	simvastatin 40 mg/day + placebo
Katoh 2017	Japan	single-centre	16/17	3	stable angina pectoris	statin + ezetimibe10 mg/day	statin
Kinouchi 2013	Japan	single-centre	28/26	1	hypercholesterolaemia	fluvastatin 20 mg/day + ezetimibe10 mg/day	fluvastatin 20 mg/day
Kodali 2011	USA	single-centre	18 in total	1	asymptomatic, 'statin naive' patients with maximum carotid stenosis >50%	simvastatin 40 mg/day + ezetimibe10 mg/day	simvastatin 40 mg/day
Kouvelos 2013	Greece	single-centre	126/136	1	undergoing vascular surgery	ezetimibe 10 mg/day + rosuvastatin 10 mg/day	rosuvastatin 10 mg/day

Table 1. Summary of included studies (Continued)

Liu 2017	China	single-centre	114/116	1	acute coronary syndrome	atorvastatin 10 mg/day + ezetimibe 10 mg/day	atorvastatin 20 mg/day
Luo 2014	China	single-centre	44/40	1	hypercholesterolaemia	atorvastatin 20 mg/day + ezetimibe 10 mg/day	atorvastatin 20 mg/day
Luo 2016	China	single-centre	74/74	1	coronary heart disease	atorvastatin 20 mg/day + ezetimibe 10 mg/day	atorvastatin 20 mg/day
OCTIVUS 2017	Danish	single-centre	43/44	1	ST-segment elevation myocardial infarction	atorvastatin 80 mg/day + ezetimibe 10 mg/day	atorvastatin 80 mg/day + placebo
Okada 2012	Japan	multi-centres	100/100	1	coronary heart disease	statin (atorvastatin 10 mg/day or rosuvastatin 2.5 mg/day) + ezetimibe 10 mg/day	statin (atorvastatin 20 mg/day or rosuvastatin 5 mg/day)
Ren 2017	China	single-centre	55/58	1	acute myocardial infarction	rosuvastatin 10 mg/day + ezetimibe 10 mg/day	rosuvastatin 10 mg/day
RESEARCH 2017	Japan	multi-centres	53/56	1	hypercholesterolaemia	statin (atorvastatin 10 mg/day or pitavastatin 1 mg/day) + ezetimibe 10 mg/day	statin (atorvastatin 20 mg/day or pitavastatin 2 mg/day)
PRECISE-IVUS 2015	Japan	multi-centres	122/124	1	Hypercholesterolemia and Coronary Artery Disease	atorvastatin ³ + ezetimibe 10 mg/day	atorvastatin ³
Sawayama 2011	Japan	single-centre	60 in total	1.2 (mean)	hypercholesterolaemia	pravastatin 5 mg/day + ezetimibe 10 mg/day	pravastatin 10 mg/day
Suzuki 2013	Japan	multi-centres	148/148	1	chronic kidney disease	statin ⁴ + ezetimibe 10 mg/day	statin ⁴
VICTOR 2009	Mexico	single-centre	30/30	1	high risk patients of coronary artery disease	simvastatin 20 mg/day + ezetimibe 10 mg/day	simvastatin 40 mg/day
Wang 2016	China	single-centre	55/51	1	coronary atherosclerotic heart disease and hyperlipidaemia	ezetimibe 10 mg/day + rosuvastatin 10 mg/day	rosuvastatin 10 mg/day
Wang 2017	China	single-centre	51/49	1	coronary heart disease	atorvastatin 20 mg/day + ezetimibe 10 mg/day	atorvastatin 20 mg/day

Table 1. Summary of included studies (Continued)

West 2011	USA	single-centre	22/22	2	peripheral arterial disease	simvastatin 40 mg/day + ezetimibe 10 mg/day	simvastatin 40 mg
Zinellu 2012	Italy	single-centre	10/10	1	chronic kidney disease	simvastatin 40 mg/day + ezetimibe 10 mg/day	simvastatin 40 mg/day
Zou 2016	China	single-centre	40/40	1	coronary heart disease	atorvastatin 10 mg/day + ezetimibe 10 mg/day	atorvastatin 10 mg/day

¹Starting dose for pitavastatin was 2 mg, adjusted the dosage to target LDL-C of 70 mg/dL.

²Starting dose for pitavastatin was 2 mg, adjusted the dosage to target LDL-C of between 90 mg/dL and 100 mg/dL.

³Atorvastatin was increased by titration within the usual dose range with a treatment goal of LDL-C < 70 mg/dL.

⁴The choice of statins was at the discretion of the physician.

Table 2. Baseline characteristics of included studies

Study	Age (mean ± SD)	Male%	BMI (mean ± SD)	Smoking%	Diabetes mellitus%	Hypertension%	History of CHD%	History of MI%	PAD%	Stain pretreatment%
Ballantyne 2004	57.7 ± 14	41.1	NR	12.2	6.1	35.4	11.8	NR	3.3	NR
EFECTL 2017	56.6 ± 12.0	59.1	26.4 ± 4.1	NR	20.1	43.4	5.03	1.3	NR	NR
ENHANCE 2008	45.9 ± 9.5	51.4	27 ± 4.5	28.6	1.8	16.4	NR	5.6	NR	81.0
Hibi 2018	63 ± 11.0	80.0	NR	40.8	20.4	55.3	100	NR	NR	0
HIJ-PROPER 2017	66.1 ± 11.8	75.5	24.3 ± 3.5	34.5	30.2	68.3	100	7.5	1.9	17.0
IMPROVE-IT 2015	63.6 ± 9.7	75.7	28.3 ± 5.2	32.9	27.2	61.4	100	21.0	5.5	34.4
KatoH 2017	NR	NR	NR	NR	NR	NR	100	NR	NR	NR
Kinouchi 2013	54.3 ± 11.6	66.7	24.8 ± 5.3	7.4	5.6	74.1	NR	NR	NR	NR
Kodali 2011	NR	NR	NR	NR	NR	NR	NR	NR	NR	0
Kouvelos 2013	71 ± 12	89.7	NR	55.7	30.2	81.3	49.2	NR	NR	0 (washout)

Table 2. Baseline characteristics of included studies (Continued)

Liu 2017	84.1 ± 2.4	51.7	24.5 ± 3.7	12.6	38.3	70	100	17.0	NR	NR
Luo 2014	66. ± 76.1	52.4	24.6 ± 4.5	NR	33.3	NR	83.3	NR	NR	NR
Luo 2016	61.2 ± 12.6	56.8	25.0 ± 5.1	37.8	43.2	50	100	NR	NR	NR
OCTIVUS 2017	56.3 ± 10.1	86.2	27.3/27.4	55.2	2.3	17.2	100	0	NR	0
Okada 2012	65.8 ± 9.4	73.3	25.2 ± 3.4	34.0%	51.3	76.0	100	58.0	3.3	100
Ren 2017	59.0 ± 2.2	83.2	NR	68.1	17.7	58.4	100	2.7	NR	9.7
RESEARCH 2017	62.2 ± 10.7	57.8	NR	23.9	100	NR	12.8	NR	NR	100
PRECISE-IVUS 2015	66.5 ± 10.0	78.2	24.9 ± 3.2	25.7	29.7	70.3	100	13.9	3.5	47
Sawayama 2011	NR	NR	NR	NR	NR	NR	NR	NR	NR	100
Suzuki 2013	64 ± 12	66.4	25.5 ± 1.8	40.2	35.0	84.9	2.8	0	4.2	100
VYCTOR 2009	57.5 ± 8.5	51.7	29 ± 5.1	NR	31.7	NR	NR	NR	NR	NR
Wang 2016	64.0 ± 11.0	72.4	NR	61.2	35.7	50.0	56.1	NR	NR	NR
Wang 2017	58 ± 9.5	61.0	NR	52.0	100	66.0	100	NR	NR	100
West 2011	60.6 ± 9.0	61.8	28.9 ± 6.5	61.8	29.4	79.4	52.9	NR	100	23.5
Zinellu 2012	61 ± 10.0	40.0	NR	NR	NR	NR	NR	NR	NR	NR
Zou 2016	69.8 ± 6.5	NR	NR	NR	NR	NR	100	NR	NR	NR

BMI: body mass index; CHD: coronary heart disease; MI: myocardial infarction; NR: not reported; PAD: peripheral arterial disease; SD: standard deviation.

Table 3. Summary of changes in lipid parameters

Trial	Inter- vention or control	LDL-C (mean ± SD, mg/dL)			TC (mean ± SD, mg/dL)			HDL-C (mean ± SD, mg/dL)			TG (mean ± SD, mg/dL)		
		baseline	end	%change from	baseline	end	%change from	baseline	end	%change from	baseline	end	%change from

Table 3. Summary of changes in lipid parameters (Continued)

				base- line			base- line			base- line			base- line
Ballan- tyne 2004	Inter- ven- tion	181.7	92.8	-48.4 ± 18.8	266.8	174.0	-35.4 ± 14.0	54.1	54.1	6.3 ± 13.4	159.4	115.1	me- dian (IQR):- 29.6 (- 40.3 to -15.1)
	Con- trol	185.6	112.1	-38.6 ± 12.4	270.7	193.3	-27.5 ±10.4	50.3	54.1	5.4 ± 3.13	159.4	132.9	me- dian (IQR):- 16.9 (- 30.7 to 5.2)
EFECTL 2017	Inter- ven- tion	166 ± 27	117 ± 26	-28.9 ± 15.8	263 ± 30	197 ± 28	-24.2 ± 10.6	47 ± 10	53 ± 13	17.3 ± 17.5	266 ± 77	138 ± 74	-44.9 ± 27.3
	Con- trol	173 ± 31	141 ± 29	-17.3 ± 14.3	268 ± 34	227 ± 34	-14.8 ± 11.4	46 ± 10	51 ± 14	17.2 ± 23.9	266 ± 106	172 ± 93	-31.8 ± 45.6
EN- HANCE 2008	Inter- ven- tion	319.0 ± 65.0	141.3 ± 52.6	-55.6 ± 17.0	400.0 ± 67.5	217.3 ± 56.4	-45.3 ±15.1	46.7 ±11.3	50.9 ± 12.8	10.2 ±18.9	median (IQR):157(113 to 217)	median (IQR):108 (82 to 148)	me- dian (IQR):-29.8(-43.5 to 11.5)
	Con- trol	317.8 ± 66.1	192.7 ± 60.3	-39.1 ± 17.1	400.0 ± 68.3	270.6 ± 61.5	-31.9 ±15.2	47.4 ±13.2	50.7 ± 14.7	7.8 ±17.1	median (IQR):160 (114 to 227)	median (IQR):120(89 to 164)	me- dian (IQR):-23.2(-37.0 to 1.7)
Hibi 2018	Inter- ven- tion	123±32	64±18	NR	191 ± 34	132 ± 20	NR	45 ±14	49 ± 12	NR	109 ± 64	108 ± 53	NR
	Con- trol	126±33	87±21	NR	196 ± 37	156 ± 29	NR	46 ±11	49 ±15	NR	112 ± 52	129 ± 77	NR

Table 3. Summary of changes in lipid parameters (Continued)

HIJ-PROP-ER 2017	Inter-vention	134.8 ± 29.3	71.3 ± 24.8	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
	Control	135.6 ± 30.0	88.5 ± 21.6	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
IIM-PROVE-IT 2015	Inter-vention	mean:93.8; median(25th, 75th):95.0(79.0, 110.2)	mean:53.2; median(25th, 75th):50.0(39.0, 62.0)	NR	mean:162.7; median(25th, 75th):162.4(144.0, 181.0)	mean:125.8; median(25th, 75th):121.0(107.0, 139.0)	NR	mean:42.1; median(25th, 75th):40.0(33.0, 49.0)	mean:48.7; median(25th, 75th):47.0(40.0, 56.0)	NR	mean:137.6; median(25th, 75th):120.0(85.0, 172.0)	mean:120.4; median(25th, 75th):104.0(77.0, 143.0)	NR
	Control	mean:93.8; median(25th, 75th):95.0(79.0, 110.0)	mean:69.9; median(25th, 75th):67.0(55.0, 81.0)	NR	mean:162.6; median(25th, 75th):162.4(144.0, 181.0)	mean:145.1; median(25th, 75th):142.0(126.0, 160.0)	NR	mean:42.2; median(25th, 75th):40.0(33.0, 49.0)	mean:48.1; median(25th, 75th):46.0(39.0, 55.0)	NR	mean:137.5; median(25th, 75th):121.0(85.0, 172.0)	mean:137.1; median(25th, 75th):116.0(84.0, 165.0)	NR
Katoh 2017	Inter-vention	111 ± 27	72 ± 18	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
	Control	101 ± 27	80 ± 16	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Ki-nouchi 2013	Inter-vention	159 ± 21	111 ± 29	-30.0 ± 15.9	249 ± 30	196 ± 37	-21.6 ± 11.1	154 ± 12	54 ± 11	2.3 ± 14.3	median (IQR):144(78 to 218)	median (IQR):121(88 to 180)	medi-an(IQR):-16.0(-19.9 to 10.5)
	Control	156 ± 20	122 ± 23	-20.8 ± 13.8	242 ± 26	207 ± 26	-14 ± 8.2	54 ± 16	55 ± 15	3.5 ± 13.3	median (IQR):149(103 to 213)	median (IQR):152(86 to 215)	medi-an (IQR):2.7(-29.9 to 43.1)
Kou-velos 2013	Inter-vention	148.2 ± 58.1	75.9 ± 31.6	NR	243.3 ± 63.8	154.1 ± 35.8	NR	40.9 ± 12.8	44.7 ± 9.5	NR	159	144	NR

Table 3. Summary of changes in lipid parameters (Continued)

	Control	143 ± 54.1	87.2 ± 31.7	NR	239.3 ± 63.2	167.6 ± 36.4	NR	41.3 ± 11	44.7 ± 10.2	NR	160.2	155	NR
Liu 2017	Intervention	85.1 ± 23.2	46.4 ± 23.2	NR	NR	NR	NR	46.4 ± 11.6	46.4 ± 15.5	NR	132.9 ± 88.6	124.0 ± 79.7	NR
	Control	88.9 ± 30.9	54.1 ± 27.1	NR	NR	NR	NR	50.3 ± 11.6	46.4 ± 11.6	NR	141.7 ± 132.9	115.1 ± 79.7	NR
Luo 2014	Intervention	126.4 ± 14.1	89.3 ± 20.9	NR	222.4 ± 61.1	191.4 ± 55.3	NR	45.2 ± 14.7	52.6 ± 8.5	NR	201.9 ± 42.5	157.7 ± 56.7	NR
	Control	130.0 ± 17.8	106.3 ± 22.4	NR	227.4 ± 54.9	199.5 ± 51.8	NR	45.6 ± 17.8	51.8 ± 15.9	NR	208.1 ± 56.7	157.7 ± 39.9	NR
Luo 2016	Intervention	138.0 ± 14.7	82.0 ± 22.4	NR	227.3 ± 56.1	195.6 ± 57.2	NR	45.2 ± 15.5	58.4 ± 8.5	NR	219.7 ± 39.0	187.0 ± 42.5	NR
	Control	136.1 ± 17.8	101.7 ± 21.6	NR	231.2 ± 56.8	204.1 ± 56.4	NR	46.0 ± 17.8	52.6 ± 17.0	NR	226.8 ± 56.7	200.2 ± 56.7	NR
OC-TIVUS 2017	Intervention	143.1 ± 27.1	54.1 ± 30.9	-62.0 ± 19.2	204.9 ± 34.8	112.1 ± 38.7	-46.8 ± 16.4	42.5 ± 11.6	42.5 ± 11.6	-3.6 ± 25.8	NR	NR	NR
	Control	158.5 ± 34.8	77.3 ± 19.3	-52.4 ± 10.9	220.4 ± 38.7	135.3 ± 27.1	-38.9 ± 9.7	42.5 ± 11.6	42.5 ± 11.6	-1.1 ± 18.1	NR	NR	NR
Okada 2012	Intervention	119.9 ± 22.6	83.1 ± 20.3	NR	193.8 ± 26.6	162.9 ± 28.5	NR	51.4 ± 11.4	52.5 ± 12.7	NR	median (IQR):139.0(92.0 to 197.5)	median (IQR):127.5(98.3 to 181.0)	NR
	Control	109.3 ± 23.2	96.8 ± 21.6	NR	189.8 ± 24.6	174.9 ± 25.6	NR	51.3 ± 12.2	51.9 ± 13.0	NR	median (IQR):131(76.0 to 167.3)	median (IQR):124.5(87.3 to 155.8)	NR
Ren 2017	Intervention	116.0 ± 37.1	46.0 ± 16.6	NR	175.9 ± 58.0	109.0 ± 38.7	NR	40.2 ± 10.1	56.5 ± 21.3	NR	170.1 ± 101.0	95.7 ± 47.8	NR

Table 3. Summary of changes in lipid parameters (Continued)

	Control	113.3 ± 39.4	57.6 ± 19.7	NR	165.5 ± 49.1	117.2 ± 24.7	NR	41.0 ± 8.9	49.5 ± 16.6	NR	156.8 ± 92.1	123.1 ± 95.7	NR
RESEARCH 2017	Intervention	126 ± 21	88.8 ± 19.7	-28.3 ± 20.5	211 ± 29	174.3 ± 25.2	-16.7 ± 14.1	156.7 ± 15.2	53.7 ± 12.0	NR	147 ± 95	153.2 ± 73.8	NR
	Control	132 ± 24	114.7 ± 21.8	-9.19 ± 20.5	219 ± 27	198.5 ± 23.3	-7.6 ± 14.7	54.7 ± 9.6	52.3 ± 8.2	NR	162 ± 88	160.2 ± 73.9	NR
PRECISE-IVUS 2015	Intervention	109.8 ± 25.4	63.2 ± 16.3	-40 ± 18	177.3 ± 32.4	129.4 ± 22.0	-25 ± 17	41.1 ± 9.5	45.6 ± 11.9	14 ± 26	median (IQR):114 median(IQR):(81 to 158)	median (IQR):92 (76 to 120)	median (IQR):-14 (-33 to 18)
	Control	108.3 ± 26.3	73.3 ± 20.3	-29 ± 24	172.7 ± 32.6	138.7 ± 26.2	-18 ± 18	40.0 ± 10.3	43.3 ± 11.5	11 ± 25	median (IQR):116 (92 to 159)	median (IQR):111 (87 to 139)	median (IQR):-9 (-33 to 25)
VYC-TOR 2009	Intervention	131 ± 39	48 ± 31	NR	216 ± 40	142 ± 28	NR	46 ± 11	45 ± 11	NR	195 ± 82	164 ± 90	NR
	Control	130 ± 33	45 ± 37	NR	215 ± 38	152 ± 24	NR	45 ± 9	46 ± 10	NR	198 ± 86	168 ± 79	NR
Wang 2016	Intervention	140.0 ± 45.6	53.0 ± 32.1	NR	218.4 ± 95.5	124.1 ± 31.7	NR	43.7 ± 8.1	48.7 ± 15.9	NR	174.5 ± 59.4	105.4 ± 28.4	NR
	Control	134.5 ± 48.7	71.5 ± 30.5	NR	215.7 ± 99.7	155.4 ± 35.2	NR	43.7 ± 8.5	50.3 ± 18.9	NR	174.5 ± 57.6	155.9 ± 33.7	NR
Wang 2017	Intervention	136.5 ± 33.6	64.6 ± 16.6	NR	203.4 ± 25.9	117.9 ± 23.2	NR	NR	NR	NR	170.1 ± 16.8	116.0 ± 17.7	NR
	Control	133.4 ± 29.0	78.9 ± 24.9	NR	204.2 ± 26.7	172.5 ± 24.0	NR	NR	NR	NR	169.2 ± 18.6	156.8 ± 48.7	NR

Table 3. Summary of changes in lipid parameters (Continued)

West 2011	Inter- ven- tion	118 ± 9	68 ± 42.4	NR	189 ± 10	136 ± 50.9	NR	48 ± 4	46 ± 12.7	NR	130 ± 21	119 ± 84.8	NR
	Con- trol	118 ± 10	83 ± 44.0	NR	194 ± 11	152 ± 48.0	NR	45 ± 4	44 ± 16.0	NR	227 ± 47	171 ± 120.0	NR
Zou 2016	Inter- ven- tion	149.3 ± 24.7	78.5 ± 21.7	NR	210.0 ± 35.6	139.6 ±16.6	NR	44.5±13.1	50.7 ± 8.9	NR	287.0 ± 70.0	171.0 ± 46.0	NR
	Con- trol	148.1 ±0.84	114.1 ± 21.7	NR	211.1 ± 36.3	172.9 ± 26.7	NR	44.9±10.1	47.6 ± 7.3	NR	281.7 ± 73.5	215.2 ± 65.5	NR

Four studies did not provide lipids data; IQR: interquartile range; NR: not reported; SD: standard deviation.

APPENDICES

Appendix 1. Search strategies

CENTRAL

#1 MeSH descriptor: [Ezetimibe] explode all trees

#2 (ezetimibe or ezetimib)

#3 ezetrol

#4 zetia

#5 vytorin

#6 inegy

#7 SCH-58235

#8 SCH 58235

#9 SCH58235

#10 #1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9

MEDLINE Ovid

1. exp ezetimibe/

2. (ezetimibe or ezetimib).tw.

3. ezetrol.tw.

4. zetia.tw.

5. vytorin.tw.

6. inegy.tw.

7. SCH-58235.tw.

8. SCH 58235.tw.

9. SCH58235.tw.

10. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9

11. randomized controlled trial.pt.

12. controlled clinical trial.pt.

13. randomized.ab.

14. placebo.ab.

15. drug therapy.fs.

16. randomly.ab.

17. trial.ab.

18. groups.ab.

19. 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18

20. exp animals/ not humans.sh.

21. 19 not 20

22. 10 and 21

Embase Ovid

1. exp ezetimibe/

2. (ezetimibe or ezetimib).tw.

3. ezetrol.tw.

4. zetia.tw.

5. vytorin.tw.

6. inegy.tw.

7. SCH-58235.tw.

8. SCH 58235.tw.

9. SCH58235.tw.

10. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9

11. random\$.tw.

12. factorial\$.tw.

13. crossover\$.tw.

14. cross over\$.tw.

15. cross-over\$.tw.

16. placebo\$.tw.

17. (doubl\$ adj blind\$).tw.

18. (singl\$ adj blind\$).tw.

19. assign\$.tw.

20. allocat\$.tw.

21. volunteer\$.tw.

22. crossover procedure/

23. double blind procedure/

24. randomized controlled trial/

25. single blind procedure/

26. 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25

27. (animal/ or nonhuman/) not human/

28. 26 not 27

29. 10 and 28

Web of Science

12 #11 AND #10

11 TS=(random* or blind* or allocat* or assign* or trial* or placebo* or crossover* or cross-over*)

10 #9 OR #8 OR #7 OR #6 OR #5 OR #4 OR #3 OR #2 OR #1

9 TS=SCH58235

8 TS=SCH 58235

7 TS=SCH-58235

6 TS=inegy

5 TS=vytorin

4 TS=zetia

3 TS=ezetrol

2 TS=(ezetimibe or ezetimib)

1 TS=ezetimibe

ClinicalTrials.gov

Intervention: ezetimibe

Condition: cardiovascular OR hyperlipidemia OR dyslipidemia

Study type: Intevention studies

WHO ICTRP

Intervention: ezetimibe

Condition: cardiovascular OR hyperlipidemia OR dyslipidemia

Recruitment status: All

CONTRIBUTIONS OF AUTHORS

Zhan Shipeng drafted the protocol and review, screened titles and abstracts, retrieved potentially eligible full texts, assessed full texts for eligibility, screened reference lists and trials registries, extracted data, assessed risk of bias, conducted the analyses, assessed the quality of the evidence.

Xia Peiyuan edited and advised on parts of the protocol and review, assessed full texts for eligibility, arbitrated of disagreement, provided guidance on the methodology of the review.

Tang Min edited and advised on parts of the protocol and review, screened titles and abstracts, assessed full texts for eligibility and extracted data.

Liu Fang edited and advised on parts of the protocol and review, assessed risk of bias, assessed the quality of the evidence.

Shu Maoqin advised on parts of the protocol and review, provided comments on the methodology of the review.

Wu Xiaojiao advised on parts of the protocol and review, provided comments on the statistical methodology of the review.

DECLARATIONS OF INTEREST

Zhan Shipeng: no conflict of interest

Xia Peiyuan: no conflict of interest

Tang Min: no conflict of interest

Liu Fang: no conflict of interest

Shu Maoqin: no conflict of interest

Wu Xiaojiao: no conflict of interest

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- No sources of support supplied

External sources

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DIFFERENCES BETWEEN PROTOCOL AND REVIEW

In the protocol, we planned to include randomised controlled trials (RCTs) that had a follow-up of at least 12 months and reported at least one clinical outcome. However, because outcomes may have been measured but not reported, we did not make the reporting of an outcome an inclusion criteria for this review.

In the protocol, we stated the comparison of "ezetimibe plus other lipid-modifying drug(s) versus other lipid-modifying drug(s) alone" as one of the interventions. In order to make the statement clearer, we have revised it to "ezetimibe plus other lipid-modifying drug(s) versus other lipid-modifying drug(s) alone or plus placebo".

We conducted a comprehensive search as planned. In addition, we retrieved publicly application materials of the IMPROVE-IT study that were published on the FDA website to obtain unpublished outcome data.

We planned to include quality of life in the 'Summary of findings' table. None of the included studies reported quality of life and, whilst this is an important finding in itself, we decided to include two adverse event outcomes in the 'Summary of findings' table instead (hepatopathy and myopathy). This ensures that both potential harms and benefits are included in the 'Summary of findings' table.

We analysed adverse events including hepatopathy, myopathy and cancer as planned. In order to assess the safety of treatment more comprehensively, we added several analyses for adverse events including rhabdomyolysis, gallbladder-related disease and discontinuation due to adverse events.

We planned to perform six subgroup analyses, however, we were only able to perform subgroup analyses based on duration of follow-up and participants with or without existing atherosclerotic cardiovascular disease (ASCVD) because data for the other prespecified subgroups were unavailable.

We noted that coronary revascularisation contributed to a large proportion of MACE events. This endpoint was investigator-determined and based on many factors which could be biased and unblinded. Thus, we added the coronary revascularisation as a secondary outcome to better analyse the results.

We planned to perform a sensitivity analysis that excluded studies at a high risk of bias. However, the studies that were judged as unclear risk of bias may have a potential bias for the results, so we decided to conduct a sensitivity analysis by only including studies assessed at low risk of bias.

We added a sensitivity analysis that excluded studies comparing ezetimibe plus statins versus double-dose statins alone to explore the impact of these studies in the overall assessment of results.

INDEX TERMS

Medical Subject Headings (MeSH)

Anticholesteremic Agents [adverse effects] [*therapeutic use]; Cardiovascular Diseases [mortality] [*prevention & control]; Cause of Death; Cholesterol [blood]; Cholesterol, LDL [blood]; Drug Therapy, Combination; Ezetimibe [adverse effects] [*therapeutic use]; Fenofibrate [therapeutic use]; Hydroxymethylglutaryl-CoA Reductase Inhibitors [therapeutic use]; Myocardial Infarction [mortality] [prevention & control]; Randomized Controlled Trials as Topic; Simvastatin [adverse effects] [therapeutic use]; Stroke [mortality] [prevention & control]; Triglycerides [blood]

MeSH check words

Aged; Aged, 80 and over; Humans; Middle Aged