

The targeting of MTDH by miR-145-5p or miR-145-3p is associated with prognosis and regulates the growth and metastasis of prostate cancer cells

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Abstract. Studies have rarely been conducted on the role of miRNAs in prostate cancer (PCa) cell progression by directly targeting MTDH, at least to the best of our knowledge. Thus, the present study aimed to identify miRNAs closely related with metadherin (MTDH) and to determine their roles in PCa. For this purpose, the expression levels of MTDH in PCa tissues and cell lines were examined by RT-qPCR, immunohistochemistry and western blot analysis. By cell transfection, MTDH was either overexpressed in the normal prostate epithelial cell lines or silenced in tumor cell lines to determine cell viability, invasion and migration. Bioinformatics analysis, RT-qPCR, western blot analysis, dual-luciferase reporter assay and MTT assay were performed to identify direct the target of MTDH and to examine tumor cell viability. Rescue experiments using the PC-3 and LNCaP cells were carried out by MTT assay, scratch wound assay, Transwell assay, RT-qPCR and western blot analysis. Experiments were also conducted using 46 PCa human cancer and adjacent tissues, as wells as on 501 cases of PCa from the TCGA database. It was confirmed that the overexpression of MTDH was associated with a poor prognosis of patients. The overexpression of MTDH was found to promote the viability, invasion and migration of PCa cells. miR-145-5p and miR-145-3p identified from 16 miRNAs were found to be closely related to PCa and to be the targets of MTDH. Both these miRNAs were found to significantly suppress the growth and metastasis of PCa cells by negatively regulating the expression of MTDH. On the whole, the findings of this study demonstrate that MTDH functions as an oncogene in PCa and the inhibition of MTDH by miR-145-5p

or miR-145-3p suppressed the growth and metastasis of PCa cells. The miR-145-5p/MTDH and miR-145-3p/MTDH pathways may thus become novel treatment targets for PCa.

Introduction

In the United States, prostate cancer (PCa) is one of the most common malignant tumors affecting males. Almost 161,360 new cases were diagnosed in 2017, leading to 26,730 deaths within one year (1). Although early diagnosis and treatment have reduced the mortality rate of patients with PCa, it is still the second leading cause of cancer-related mortality in the United States among males (1). Radiotherapy and radical prostatectomy are used in organ-confined PCa; however, >40% of patients develop recurrence or metastasis (2). In fact, the majority of PCa cases are diagnosed in the advanced stages of the disease. Androgen deprivation therapy can treat PCa with controlled or improved conditions in a large number of patients; however, after a median remission period of 18-36 months, tumors also recur, gaining the androgen-independent ability to proliferate (3,4). The occurrence and development of tumors is the result of multi-gene and multi-factor actions. Thus, the exploration of the molecular mechanisms and biomarkers of tumorigenesis has attracted much research attention in oncology.

The Human Genome Project has revealed that there is a large amount of non-coding RNAs (ncRNAs) in the human genome, which has been proven by >40-60% of genome transcripts (5). MicroRNAs (miRNAs or miRs) are endogenous small ncRNA molecules (19-22 nucleotides in length) that regulate protein coding. They regulate gene expression by binding to a specific sequence of messenger RNA, thereby inhibiting the translation or shearing of RNA transcripts (6,7). Previous bioinformatics analyses have revealed that miRNAs regulate the expression levels of 60% of all genes (8,9). Therefore, miRNAs are considered to be a factor widely involved in the micro-regulation of gene expression and may participate in almost all biological processes (10,11). In 2002, it was reported that the expression of miRNAs was downregulated in the majority of chronic B-lymphoblastic leukemia tissues, emphasizing for the first time the importance of miRNAs in human cancer (12). Increasing evidence has indicated

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that abnormally expressed miRNAs regulate tumorigenesis, progression, metastasis and drug resistance by targeting some tumor-related genes (13,14). In prostate cells, some miRNAs are differentially expressed, of which miR-375, miR-200c, miR-143 and miR-145 have been reported to have a particularly significant effect (15-19).

Metadherin (MTDH) is alternatively known as astrocyte elevated gene (AEG)-1 (20,21). A number of studies have found that MTDH is highly expressed in several tumor cells and is closely related to the proliferation, apoptosis and migration of tumor cells (22-26). There is evidence to indicate that several miRNAs are involved in tumor cell progression by directly targeting MTDH (27-30).

Although, several studies had investigated the effects of MTDH or other miRNAs targeting MTDH on PCa, an miRNA can regulate multiple mRNA targets, and similarly, multiple miRNAs can act on the same mRNA (31,32). Moreover, as a heterogeneous tumor, on the one hand, PCa exhibits an abnormal miRNA expression; for instance, miR-183 has been found to be upregulated in PCa, while miR-145 has been shown to be downregulated in prostate tissues (17). On the other hand, MTDH may have different functions in different PCa cell lines. It can be thus concluded that an individual miRNA may play different roles in different cell types by targeting different pathways/genes. Therefore, it is still necessary to study the relations among new miRNAs, MTDH and PCa, as well as their effects on tumor growth and metastasis.

Materials and methods

Tissue samples. A total of 46 PCa tissues and adjacent normal tissues were collected from patients with PCa who underwent resection surgery and were admitted to the First Affiliated Hospital and College of Clinical Medicine of Henan University of Science and Technology (Luoyang, China) from June, 2011 to May, 2012. Tissues were confirmed by pathological analysis. One part of the paired tissues were used for pathological diagnosis and stored in 4% formaldehyde solution, while the other part was used in later experiments and stored in a liquid nitrogen tank. The association between MTDH expression and the clinicopathological characteristics of patients with PCa is presented in Table I. The Ethics Committees of the First Affiliated Hospital and College of Clinical Medicine of Henan University of Science and Technology approved the study. All patients signed informed consent forms prior to participation.

Immunohistochemistry (IHC). IHC was performed to detect the protein expression levels of MTDH in 2 paired PCa and adjacent tissues by streptavidin-peroxidase (SP) staining. The fresh PCa and adjacent tissues were fixed in 4% formaldehyde for >24 h at room temperature. The samples (5 μ m thickness) were deparaffinized in xylene, dehydrated with gradient ethanol, and 3% H₂O₂ was used to block endogenous peroxidase. The samples were first incubated with MTDH antibody (1:2,000; ab227981; Abcam, Cambridge, MA, USA) at 4°C overnight and then were washed by PBS and incubated at room temperature for 30 min with the secondary antibody, HRP-conjugated goat anti-rabbit IgG (1:1,000; cat. no. 10285-1-AP; Proteintech Group, Inc., Rosemont, IL, USA). Diaminobenzidine (DBA) was performed by chromogen and

hematoxylin was used to re-dye the samples. The substitution of PBS for primary antibody was used as a negative control. Staining patterns were analyzed by selected representative slices. The immunostains were observed by 2 independent experienced pathologists. MTDH staining intensities were categorized as negative, faint yellow, yellow and brown.

Cells and cell culture. Human prostate epithelial cell lines [PWR-1E (CRL-11611) and RWPE-1 cells (CRL-11609)] and PCa cell lines [PC-3 (CRL-1435TM), DU145 (HTB-81), C4-2 (CRL-3314), 22Rv1 (CRL-2505) and NCI-H660 cells (CRL-5813)] were obtained from the American Type Culture Collection (ATCC, Manassas, VA, USA) and LNCaP cells were purchased from Cell Lines Service (CLS, Eppelheim, Germany). The cells were cultured at 37°C in 5% CO₂ in RPMI-1640 medium (GENOM, Hangzhou, China) with 10% fetal bovine serum (Thermo Fisher Scientific, Waltham, MA, USA), 100 U/ml penicillin and 100 U/ml streptomycin (Gibco/Thermo Fisher Scientific). The medium was changed every 8-10 h.

Cell transfection. Cells were seeded in a 6-well plate (1.0x10⁵) for 24 h prior to transfection. Overexpression and MTDH siRNA (silencing MTDH, 5'-GGTGAAGATACTCTACTG-3'), inhibitors and mimics of miR-145-5p, miR-145-3p, miR-499a-5p and miR-22-3p, as well as mock and negative control (NC, 5'-GGACGAUGGCUAUUACAU-3') plasmids were synthesized by Invitrogen/Thermo Fisher Scientific. Transient transfection was performed using Lipofectamine 2000 (Invitrogen/Thermo Fisher Scientific) according to the manufacturer's instructions. A total of (100 nmol/l) overexpression or silencing MTDH/ mimics or inhibitors of miRNAs, mock or NC and Lipofectamine 2000 were added to Opti-MEM medium followed by incubation at 25°C for 10 min, respectively. Lipofectamine 2000 was then mixed into each well and cultured in Opti-MEM RPMI-1640 medium. Following 6 h of culturing, the fluid was changed back to RPMI-1640 medium containing 10% FBS.

Cell viability. 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT; Solarbio Life Sciences, Beijing, China) was used to detect cell viability. The cells (1x10⁴ cells/well) were seeded in 96-well plates and cultured for 24, 48 72 h at 37°C. The cells were then washed with PBS buffer and 20 μ l MTT reagent were added to each well and cultured for a further 4 h. Subsequently, 150 μ l DMSO were added after the MTT was removed. The optical density was measured at 562 nm using a microplate reader (Thermo Fisher Scientific).

Cell scratch wound assay. The cells were seeded in 6-well plates and incubated at 37°C for 24 h. A wound was drawn in the center of the plate using the sterile 100 μ l pipette tip, and PBS was used to gently wash the cells 3 times and serum-free medium was then added. Cell migrations were observed using an inverted microscope (CKX53, Olympus, Tokyo, Japan) per 24 h. The scratch area was measured using ImageJ software Version 1.49 (NIH, Bethesda, MD, USA).

Cell invasion assay. Cell invasion was performed by Matrigel-coated Transwell cell culture chambers. Following

Table I. The association between MTDH expression and the clinicopathological characteristics of patients with prostate cancer.

Characteristics	No. of patients (n=46)	No. of patients with high MTDH expression (n=31)	No. of patients with low MTDH expression (n=15)	P-value
Age (years)				0.592 ^b
<55	21	15	6	
≥55	25	16	9	
Median survival	26.3	25.4	28.4	0.468
Tumor size (cm)				0.047 ^{a,b}
<3	21	11	10	
≥3	25	20	5	
TNM stage				0.497 ^c
I and II	33	21	12	
IIIa	13	10	3	
Osseous metastasis				0.027 ^{a,b}
No	20	10	10	
Yes	26	21	5	
Lymphatic metastasis				0.161 ^c
No	27	16	11	
Yes	19	15	4	

^aP<0.05, statistical significance as shown by the Chi-square test (^b) or Fisher's test (^c).

transfection, the cells were resuspended in serum-free medium and 1x10⁴ cells were added to the upper chamber coated with Matrigel. In the lower 24-well chamber, DMEM medium containing 10% fetal bovine serum was added and the cells were first incubated for 24 h for 37°C and were then fixed with 1% formaldehyde for 10 min at 25°C and finally stained with 0.5% crystal violet (Leagene Biotechnology, Beijing, China) for a further 5 min at room temperature. Invasion cells were counted at x200 magnification.

Bioinformatics analysis. Data regarding 501 cases of PCa were downloaded from the TCGA database. The association between MTDH and overall survival was detected by the Kaplan-Meier method, followed by the log rank test. Differential expression levels of miRNAs in normal prostate tissues and cancer tissues were screened by DianaTools (<http://diana.imis.athena-innovation.gr/DianaTools/index.php?r=site/page&view=software>). DianaTools, miRTarBase (<http://mirtarbase.mbc.nctu.edu.tw/php/search.php>), miRWalk (<http://zmf.umm.uni-heidelberg.de/apps/zmf/mirwalk2/>) and TargetScan (http://www.targetscan.org/vert_72/) were used to predict the miRNAs targeting MTDH.

Luciferase assay. Empty vector or miR-145-5p/miR-145-3p/miR-499a-5p/miR-22-3p and luciferase reporter comprising 3'-UTR of MTDH wild-type or mutant fragment (GeneChem, Shanghai, China) were co-transfected using Lipofectamine 2000 (Invitrogen/Thermo Fisher Scientific) into 293T cells (ACS-4500; ATCC) cultured in a 96-well plate. Following 48 h of transfection, the cells were harvested and luciferase activity was measured the chemiluminescence using the dual-luciferase reporter assay (normalization with *Renilla*

luciferase activity, Promega, Madison, WI, USA) according to the manufacturer's instructions.

Reverse transcription-quantitative PCR (RT-qPCR). According to the manufacturer's instructions, total RNA was isolated from the tissues or cells using TRIzol reagent (Invitrogen/Thermo Fisher Scientific). The GoScript™ Reverse Transcription kit (Promega) was used for reverse transcription at 37°C for 60 min and at 85°C for 5 min. qPCR was carried out on SYBR Fast qPCR Mix (Invitrogen/Thermo Fisher Scientific) for MTDH, hsa-miR-145-5p, hsa-miR-145-3p, hsa-miR-499a-5p, hsa-miR-22-3p, hsa-miR-375, hsa-miR-30e-5p, hsa-miR-30a-5p, hsa-miR-200b-3p, hsa-miR-34b-5p, hsa-miR-217, hsa-miR-378a-5p, hsa-miR-200c-3p, hsa-miR-136-5p, hsa-miR-30c-5p, hsa-miR-320a and hsa-miR-30b-5p. The primer sequences are listed in Table II. Samples were run using the following cycling parameters: 95°C for 5 min, 95°C for 10 sec, followed by 40 cycles of 60°C for 20 sec and 72°C for 10 sec. After completion of the PCR amplification, the 2^{-ΔΔC_q} [relative quantity (RQ)] method was used to detect comparative quantification (33). Primers were synthesized commercially (Invitrogen/Thermo Fisher Scientific).

Western blot analysis. RIPA lysis buffer (Beyotime, Shanghai, China) was used to extract the protein, which was obtained from the tissues and cells. The concentration of the proteins was detected using a BCA protein kit (Beyotime). Aliquots of protein were separated by 12% SDS-PAGE and resolved proteins were transferred onto polyvinylidene fluoride (PVDF) membranes (Millipore, Billerica, MA, USA), which were blocked in 5% milk PBS with 0.1% Triton X-100 and

Table II. Primers used in RT-qPCR.

Gene	Primer	Sequence
MTDH	Forward	5'-TGCCTCCTTCACAGACCAA-3'
	Reverse	5'-TCGGCTGCAGATGAGATAG-3'
hsa-miR-145-5p	Forward	5'-GTCCAGTTTTCCCAGGAATCCCT-3'
	Reverse	5'-TGGTGTCTGGAGTCG-3'
hsa-miR-145-3p	Forward	5'-GCCCTGTAGTGTTCCTACTT-3'
	Reverse	5'-GTGCAGGGTCCGAGGT-3'
hsa-miR-499a-5p	Forward	5'-GACTTGCAGTGATGTTTGTTCGT-3'
	Reverse	5'-TGTCGTGGAGTCGGCAATTG-3'
hsa-miR-22-3p	Forward	5'-AAGCTGCCAGTTGAAGAAGTGT-3'
	Reverse	5'-GCTGTCAACGATACGCTACGTAAC-3'
hsa-miR-375	Forward	5'-TTGTTTCGTTTCGGCTCGCG-3'
	Reverse	5'-TTTGGCACTAGCACATT-3'
hsa-miR-30e-5p	Forward	5'-GGCGTGTAACATCCTTGACTG-3'
	Reverse	5'-GTGCAGGGTCCGAGGT-3'
hsa-miR-30a-5p	Forward	5'-ACATCCTCGACTGGAAGGTC-3'
	Reverse	5'-TGTCGTGGAGTCGGCAATTG-3'
hsa-miR-200b-3p	Forward	5'-TGCCTGTAATGATGAGTCGT-3'
	Reverse	5'-GTGTCGTGGAGTCGGCAATT-3'
hsa-miR-34b-5p	Forward	5'-TGATTGGTCGTATCCAGTGCAA-3'
	Reverse	5'-GTATCCAGTGCCTGTCTGG-3'
hsa-miR-217	Forward	5'-TCCTAATGCATTGCCTTCAGC-3'
	Reverse	5'-CGGCAATTGCACTGGATACG-3'
hsa-miR-378a-5p	Forward	5'-TCCAGGTCCTGTGTGTCGTA-3'
	Reverse	5'-GTATCCAGTGCCTGTCTGG-3'
hsa-miR-200c-3p	Forward	5'-TCGTCTTACCCAGCAGTG-3'
	Reverse	5'-CGGCAGTATTAGAGACTCC-3'
hsa-miR-136-5p	Forward	5'-TGGAGTCGTATCCAGTGCAA-3'
	Reverse	5'-GTCGTATCCAGTGCCTGTCTGG-3'
hsa-miR-30c-5p	Forward	5'-GCTTCGGCAGCACATATACTAAAAT-3'
	Reverse	5'-CGCTTACGAATTTGCGTGTCTAT-3'
hsa-miR-320a	Forward	5'-ATCCAGTGCAGGGTCCGAGG-3'
	Reverse	5'-CGCGGTAAAAGCTGGGTTGAGA-3'
hsa-miR-30b-5p	Forward	5'-AGCTGTCTGATCCAGTGCAA-3'
	Reverse	5'-GTCGTATCCAGTGCCTGTCTGG-3'
β -actin	Forward	5'-CATGTACGTTGCTATCCAGGC-3'
	Reverse	5'-CTCCTTAATGTCACGCACGA-3'

incubated with anti-MTDH primary antibody (1:1,000; ab227981; Abcam) overnight at 4°C. The membranes were then incubated with the appropriate HRP-conjugated secondary antibody (1:10,000; cat. no. 10285-1-AP; Proteintech). Protein bands were detected with ECL (Thermo Fisher Scientific) and visualized using Quantity One software Version 4.6.2 (Bio-Rad, Hercules, CA, USA).

Statistical analysis. GraphPad Prism software version 6.0 was used to conduct statistical analysis. All data are presented as the means \pm standard deviation (SD). Differences were analyzed using one-way analysis of variance (ANOVA) followed by Tukey's multiple comparisons test. The Chi-square

test or Fisher's test were carried out to examine the association between MTDH expression and the clinicopathological characteristics of the patients with PCa. The cut-off value of the patients with a high MTDH expression was $>1(RQ)$ and the cut-off value of patients with a low MTDH expression was $<1(RQ)$. A value of $P < 0.05$ was considered to indicate a statistically significant difference.

Results

MTDH is upregulated in PCa tissues and is associated with a poor prognosis of patients with the disease. The analysis of 501 PCa cases from the TCGA database revealed that a

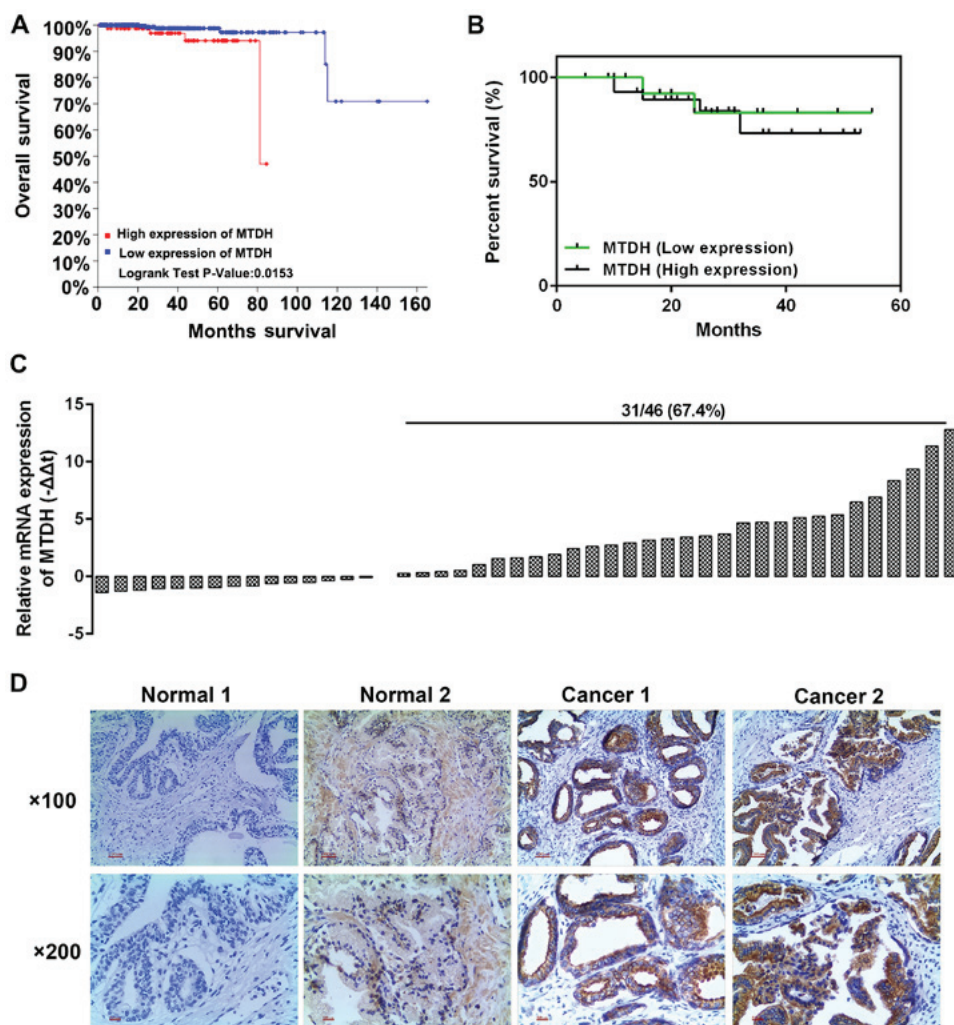


Figure 1. Expression of MTDH in prostate cancer (PCa) tissues and adjacent normal tissues, and its association with patient prognosis. (A) The TCGA database was used to analyze the association between MTDH and overall survival. (B) A total of 46 PCa and adjacent normal tissues were detected to determine the association between MTDH and overall survival by Kaplan-Meier analysis. (C) A total of 46 PCa tissues were detected for their mRNA expression of MTDH by RT-qPCR. (D) Immunohistochemistry was used to observe the protein level of MTDH in two randomly selected patients (magnification: Upper panels, x100; lower panels, x200). MTDH, metadherin.

high expression of MTDH was associated with a relatively low overall survival rate ($P=0.0153$; Fig. 1A). We selected 46 cases of PCa tissues and adjacent normal tissues. The results of RT-qPCR revealed that a high expression of MTDH existed 31 PCa tissues (Fig. 1C). Kaplan-Meier analysis revealed that the patients with a high expression of MTDH had a poor 5-year survival rate (Fig. 1B). Furthermore, immunohistochemical staining was performed to determine protein expression in two randomly selected patients. As shown in Fig. 1D, the selected patient tissues were representative in a way that, MTDH had high expression in the tumor tissues with a few brown granules located in the nucleus and the majority of brown granules were confined to the cytoplasm and cell membrane (Fig. 1D). However, the normal tissues had a negative or weak expression (resembling the color of popcorn) of MTDH. Furthermore, the analysis of the association between MTDH expression and the clinicopathological characteristics of the patients with PCa revealed that MTDH expression was significantly associated with tumor size and osseous metastasis ($P<0.05$; Table I). The median survival in both groups exhibited no significant

difference, and such a phenomenon may be explained by the fact that the sample size was not large enough.

Expression of MTDH in normal prostate and PCa cell lines. Two normal human prostate epithelial cell lines (PWR-1E and RWPE-1 cells) and 6 PCa cell lines (PC-3, LNCaP, DU145, C4-2, 22Rv1 and NCI-H660 cells) were examined to determine the expression levels of MTDH. The 2 normal cells exhibited no obvious differences in the mRNA and protein expression of MTDH. However, compared with the 2 normal cells, almost all 6 PCa cell lines exhibited a significantly increased expression of MTDH at both the mRNA and protein level ($P<0.01$; Fig. 2A-C).

Effects of the overexpression or silencing of MTDH on cell viability, and on the invasion and migration of normal and PCa cell lines. The overexpression of MTDH was successfully induced in the normal human prostate epithelial cell line, PWR-1E, by transfection with an MTDH overexpression plasmid. The results of RT-qPCR and western blot analysis revealed that the expression of MTDH significantly increased in

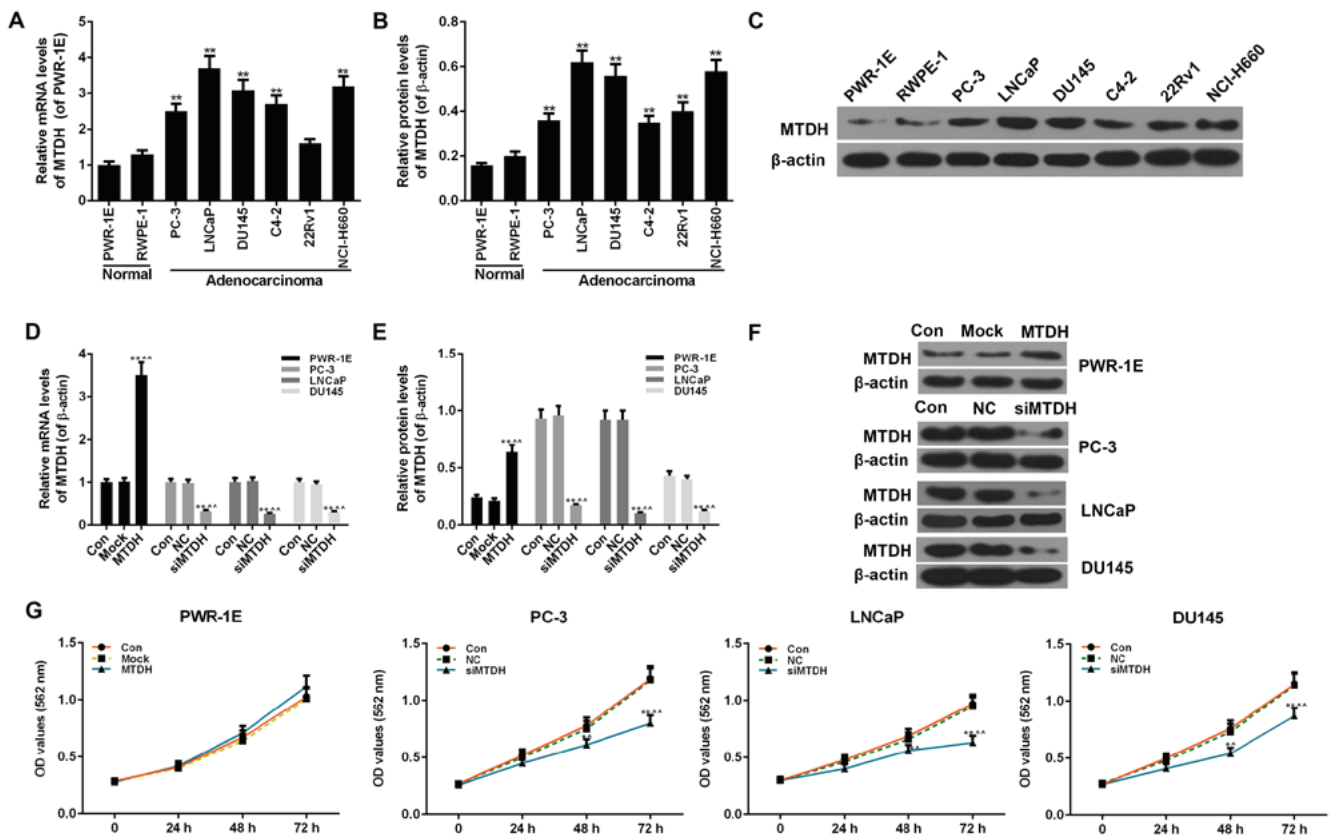


Figure 2. Expression of MTDH in prostate cancer (PCa) and normal cell lines, and the effect of the overexpression or silencing MTDH on cell viability. (A) RT-qPCR was used to detect the mRNA level of MTDH in 6 PCa (PC-3, LNCaP, DU145, C4-2, 22Rv1 and Ncl-H660 cells) and 2 normal cell lines (PWR-1E and RWPE-1 cells). (B and C) Western blot analysis was used to detect the protein level of MTDH in 6 PCa (PC-3, LNCaP, DU145, C4-2, 22Rv1 and Ncl-H660 cells) and 2 normal cell lines (PWR-1E and RWPE-1 cells). Relative protein levels of MTDH are shown as bar diagrams (** $P < 0.01$, compared with normal cell lines). The expression of each protein in cells was determined following normalization with a loading control, β -actin. (D-F) Transfection efficiency of MTDH in prostate normal and cancer cell lines following transfection with MTDH overexpression plasmid or MTDH siRNA, both at the (D) mRNA and (E and F) protein levels determined by RT-qPCR and western blot analysis. β -actin served as an internal control. (G) MTT assay was performed to determine the effects of the overexpression/silencing MTDH on cell viability at 24, 48 and 72 h [$^{**}P < 0.05$ and $^{***}P < 0.01$, compared with control; $^{*}P < 0.05$ and $^{**}P < 0.01$, compared with mock/negative control (NC) groups]. Data are shown as the means \pm SD from 3 independent experiments. MTDH, metadherin.

the PWR-1E cells by transfection with MTDH overexpression plasmid, compared to the control ($P < 0.01$; Fig. 2D-F). In addition, 3 PCa cell lines (PC-3, LNCaP and DU145) that had a higher expression of MTDH or studied widely were transfected with siRNA against MTDH (siMTDH). No differences were observed between the control and NC groups in terms of the expression of MTDH. However, in the siMTDH groups, the mRNA and protein levels of MTDH exhibited a significant decrease ($P < 0.01$; Fig. 2D-F). As regards cell viability, the overexpression of MTDH slightly enhanced the viability of the normal PWR-1E cells in comparison to the control or mock groups ($P > 0.05$; Fig. 2G). In the PC-3, LNCaP and DU145 PCa cells, the silencing of MTDH significantly decreased cell viability starting from 48 h in the siMTDH groups (48 h, $P < 0.05$; 72 h, $P < 0.01$; Fig. 2G).

Cell migration and invasion were also detected by scratch wound assay and Transwell assay, respectively (Fig. 3A and B). At 24 h after the scratch wound was created, the overexpression of MTDH significantly increased the migration of the PWR-1E cells ($P < 0.01$; Fig. 3D), while the silencing of MTDH significantly decreased the migration of the PCa cells ($P < 0.01$). The effects of the overexpression or silencing of MTDH on cell invasion were similar to those observed on cell migration. Specifically, the overexpression of MTDH increased

the invasion of the PWR-1E, while the silencing of MTDH decreased the invasion of the 3 PCa cell lines ($P < 0.01$; Fig. 3C).

Screening of miRNAs associated with MTDH and the expression of miRNAs in normal prostate normal and PCa cell lines. By using the DianaTools, TargetScan, miRWalk and miRTarBase databases, 16 miRNAs were found to be associated with MTDH in PCa and normal tissues (Fig. 4B). As shown by RT-qPCR, similar results were observed for hsa-miR-145-5p, hsa-miR-145-3p, hsa-miR-499a-5p and hsa-miR-22-3p, in that they exhibited high expression levels in the normal PWR-1E cells, and relatively low expression levels in the PC-3, LNCaP and DU145 PCa cells ($P < 0.01$; Fig. 4A). Similar results were also observed for hsa-miR-30e-5p, hsa-miR-375, hsa-miR-30a-5p, hsa-miR-200b-3p, hsa-miR-200c-3p, hsa-miR-30c-5p and hsa-miR-30b-5p, in that they exhibited high expression levels in the PC-3, LNCaP and DU145 cells, but low expression levels in the PWR-1E cells ($P < 0.01$). The expression levels of other miRNAs did not exhibit clear differences between the normal and cancer cell lines.

Effects of inhibitors or mimics of miRNAs on the expression of MTDH. We selected 4 representative miRNAs, miR-145-5p, miR-145-3p, miR-499a-5p and miR-22-3p, which had a high

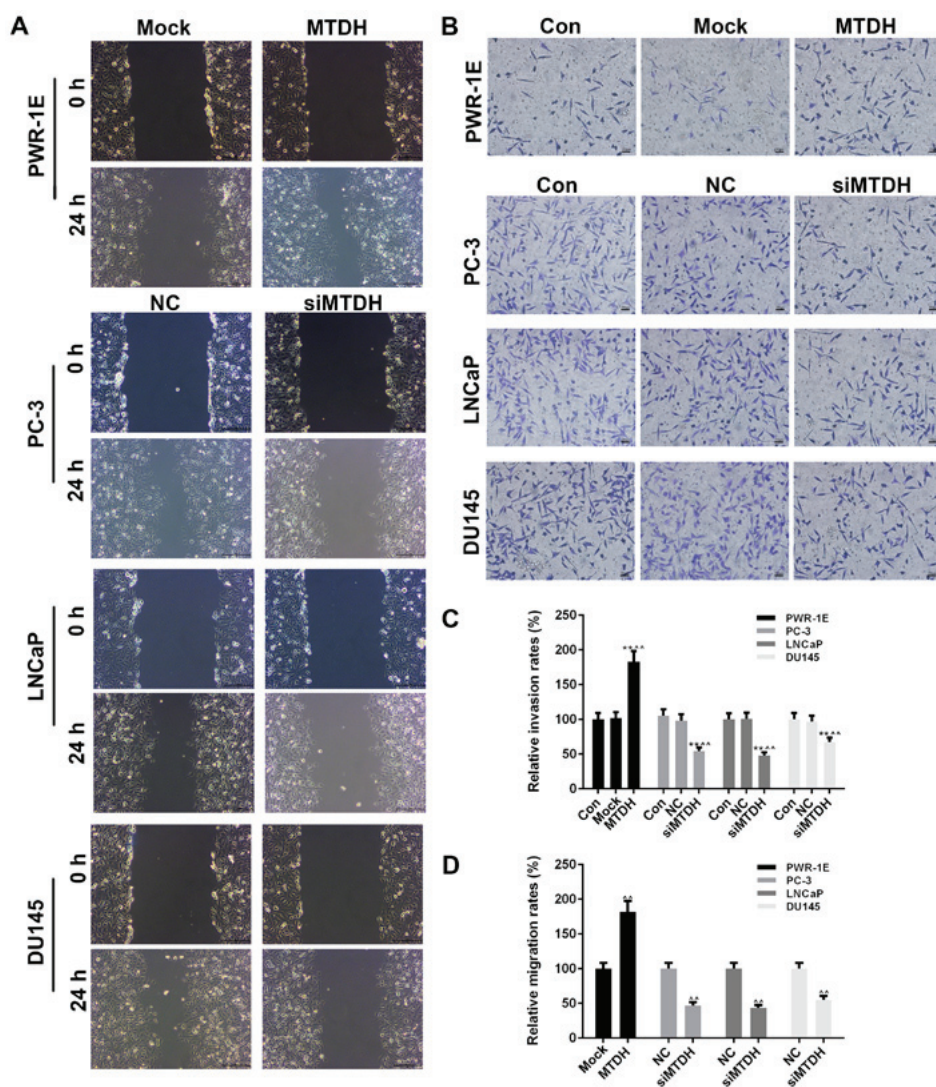


Figure 3. Effects of overexpressing or silencing MTDH on cell invasion and migration in prostate normal and cancer cell lines. (A) Cell scratch wound assay was carried out to detect the effects of the overexpression or silencing of MTDH on the migration of the normal PWR-1E cells or 3 prostate cancer (PCa) cell lines (PC-3, LNCaP and DU145 cells). (B) Transwell assay was performed to detect the effects of the overexpression or silencing of MTDH on invasion of PWR-1E normal cells or 3 PCa cell lines (PC-3, LNCaP and DU145 cells). (C) Relative invasion rates are shown as bar diagrams. (D) Relative migration rates are shown as bar diagrams. Data are shown as the means \pm SD from 3 independent experiments (** $P < 0.01$, compared with control; ** $P < 0.01$, compared with mock/negative control (NC) groups]. MTDH, metadherin.

expression in the PWR-1E cells, but a low expression in the PC-3, LNCaP and DU145 cells. The inhibitors of these 4 miRNAs were transfected into the PWR-1E cells. The results revealed that all 4 miRNA inhibitors increased the protein and mRNA expression levels of MTDH (Fig. 4C, E and F). In particular, the increasing effects of the miR-145-5p and miR-145-3p inhibitors on the expression of MTDH were more significant than those of the other inhibitors ($P < 0.01$). miR-22-3p inhibitor exerted a comparative effect on the mRNA expression of MTDH in comparison with the mock group. In addition, the mimics of these 4 miRNAs were transfected into 3 PCa cell lines. The miR-145-5p and miR-145-3p mimics noticeably decreased the expression of MTDH at both the protein and mRNA level ($P < 0.01$; Fig. 4D-F). The miR-22-3p mimic hardly inhibited the expression of MTDH in the PCa cells, apart from the LNCaP cells. In the PC-3, LNCaP and DU145 cell lines, the miR-499a-5p mimic decreased the expression of MTDH ($P < 0.01$), although not at the protein level in the PC-3 cells.

MTDH is a direct target of miR-145-5p, miR-145-3p and miR-499a-5p. Luciferase reporter assay was conducted to determine whether MTDH is regulated by miR-145-5p, miR-145-3p, miR-499a-5p and miR-22-3p. Luciferase reporter was subcloned with the wild-type or mutant sequence of MTDH and was then co-transfected with miR-145-5p, miR-145-3p, miR-499a-5p, miR-22-3p or miR-NC into 293T cells (Fig. 5). The luciferase activities significantly decreased after miR-145-5p/miR-145-3p/miR-499a-5p and MTDH 3'-UTR-wt were co-transfected into the 293T cells ($P < 0.01$); however, the luciferase activities in the cells co-transfected with MTDH 3'-UTR-mut and miR-145-5p/miR-145-3p/miR-499a-5p ($P > 0.05$) remained stable. In addition, neither MTDH 3'-UTR-wt nor MTDH 3'-UTR-mut with miR-22-3p exerted obvious effects on luciferase activity ($P > 0.05$).

Effects of inhibitors or mimics of miR-145-5p/miR-145-3p/miR-499a-5p on cell viability. In order to determine the

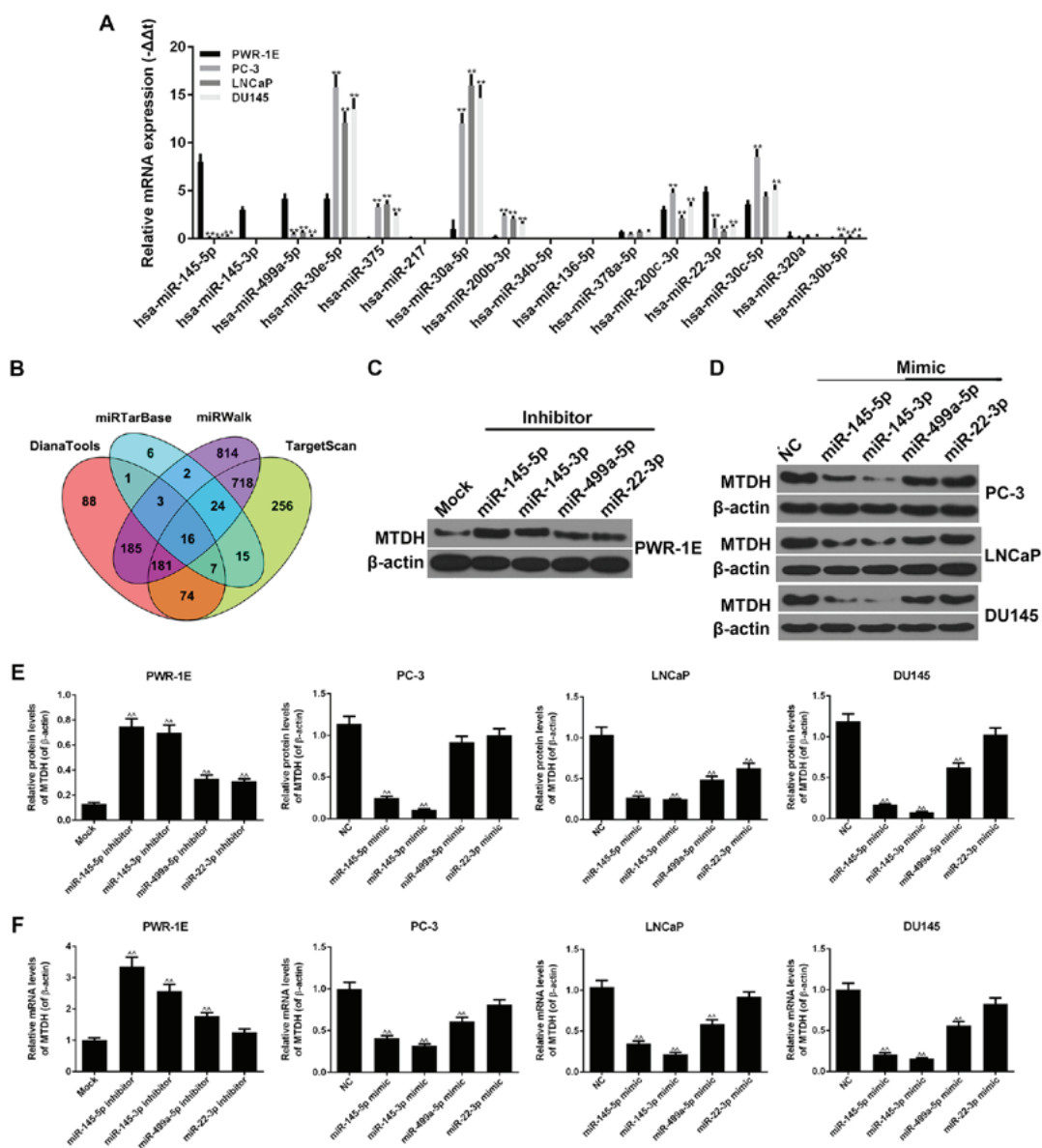


Figure 4. miRNAs are closely associated with MTDH. (A) RT-qPCR was used to detect the expression levels of 16 miRNAs in PWR-1E, PC-3, LNCaP and DU145 cells. (B) The 16 miRNAs associated with MTDH were screened by DianaTools, miRTarBase, miRWalk and TargetScan (** $P < 0.01$, compared to normal PWR-1E cells). (C) Four representative miRNAs, miR-145-5p, miR-145-3p, miR-499a-5p and miR-22-3p, were selected to perform the following experiments. The inhibitors of these 4 miRNAs were used to determine their effects on the protein expression of MTDH in PWR-1E cells. β -actin served as an internal control. (D) The mimics of these 4 miRNAs were used to determine their effects on the protein expression of MTDH in PC-3, LNCaP and DU145 cells. β -actin served as an internal control. (E) The effects of the inhibitors or mimics of the 4 miRNAs at the protein levels of MTDH in PWR-1E or 3 prostate cancer (PCa) cells are shown as bar diagrams. (F) The effects of the inhibitors or mimics of the 4 miRNAs on the mRNA levels of MTDH in PWR-1E or 3 PCa cells are shown as bar diagrams. Data are shown as the means \pm SD from 3 independent experiments [$**P < 0.01$, compared to mock/negative control (NC) group]. MTDH, metadherin.

effects of miR-145-5p/miR-145-3p/miR-499a-5p on normal prostate or PCa cell viability, inhibitors or mimics were used to determine the effects on cell viability. The result revealed that inhibitors of these 3 miRNAs weakly increased PWR-1E cell viability ($P > 0.05$; Fig. 6A). However, the mimics of miR-145-5p and miR-145-3p exerted a similar effect on PCa cell viability, which was significantly decreased at 48 h ($P < 0.05$). miR-499a-5p slightly attenuated the viability of the PC-3, LNCaP and DU145 cells ($P > 0.05$; Fig. 6A).

MTDH overexpression reverses the suppressive effects of miR-145-5p and miR-145-3p mimics on the viability,

migration and invasion of PCa cells. Furthermore, we examined the effects of MTDH in combination with mimics of miR-145-5p/miR-145-3p on PCa cell viability, cell migration and invasion. As shown in Fig. 6B, both miR-145-5p and miR-145-3p mimics significantly decreased PC-3 and LNCaP cell viability at 48 h, compared to the NC group ($P < 0.05$; Fig. 6B). However, when the MTDH overexpression plasmid and miR-145-5p /miR-145-3p mimics were co-transfected into the PC-3 or LNCaP cells, cell viability significantly increased at 72 h in comparison with the group transfected with the mimics alone ($P < 0.01$). As regards cell migration (Fig. 7A), the results revealed that miR-145-5p and miR-145-3p

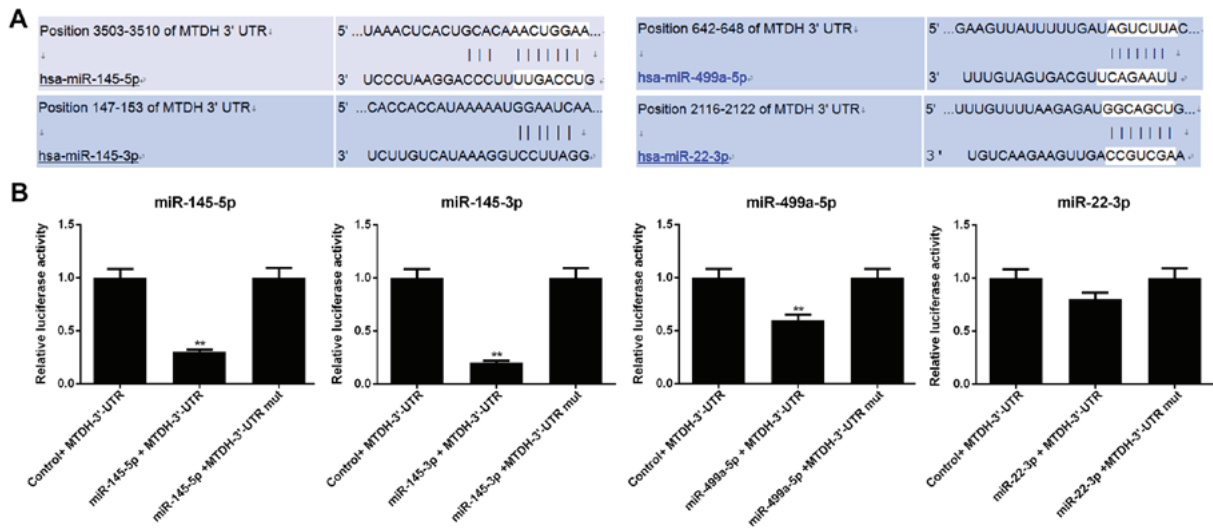


Figure 5. Verification of whether MTDH is a direct target of miR-145-5p, miR-145-3p, miR-499a-5p and miR-22-3p. (A) Putative miR-145-5p, miR-145-3p, miR-499a-5p and miR-22-3p binding sites in the 3'-UTR of MTDH. (B) Relative luciferase activity in 293T cells following co-transfection with wild-type or mutant MTDH 3'-UTR reporter, which was constructed together with miR-145-5p, miR-145-3p, miR-499a-5p or miR-22-3p (**P<0.01, compared with control + MTDH-3'-UTR group).

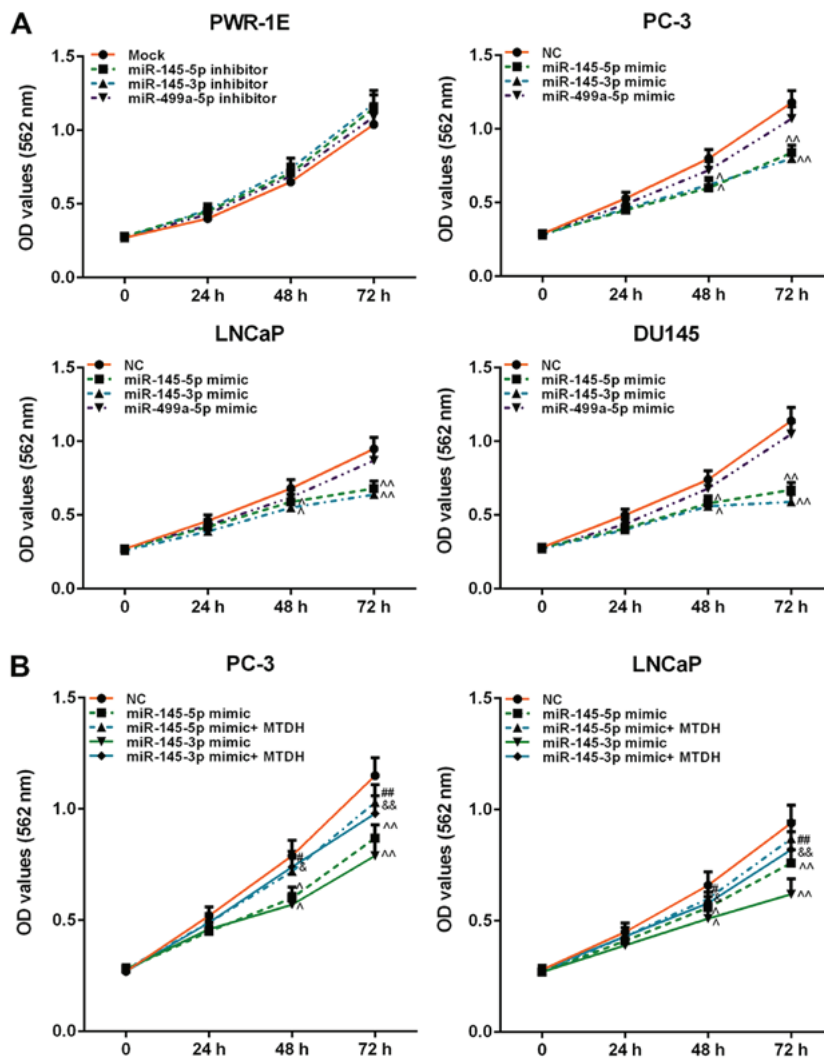


Figure 6. Effects of inhibitors or mimics of miR-145-5p, miR-145-3p and miR-499a-5p, as well as in combination with MTDH on cell viability. (A) Effects of inhibitors or mimics of miR-145-5p, miR-145-3p and miR-499a-5p on PWR-1E or PC-3, LNCaP, DU145 cell viability, detected by MTT assay. (B) Effects of MTDH on decreasing cell viability induced by miR-145-5p/ miR-145-3p mimic in PC-3 and LNCaP cells. Data are shown as the means \pm SD from 3 independent experiments [^{*}P<0.05 and ^{^^}P<0.01, compared with mock/negative control (NC); ^{*}P<0.05 and ^{##}P<0.01, compared with miR-145-5p mimic; [&]P<0.05 and ^{&&}P<0.01, compared with miR-145-3p mimic]. MTDH, metadherin.

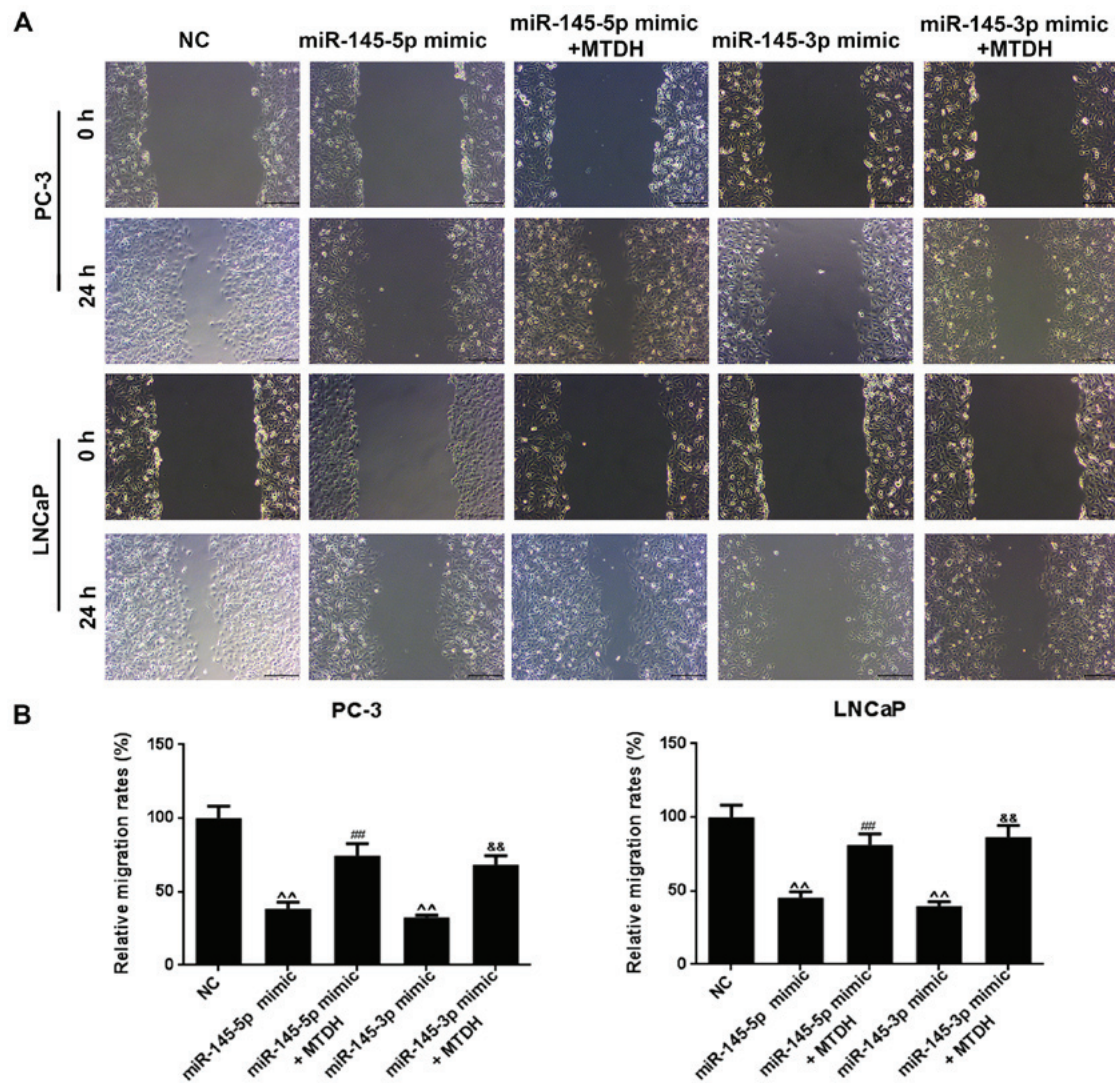


Figure 7. MTDH reverses the suppressive effects of miR-145-5p and miR-145-3p mimics on PCa cell migration. (A) Cell migration was examined by cell scratch wound assay in PC-3 and LNCaP cells. (B) The effects of MTDH overexpression on the decreased migration of PC-3 and LNCaP cells induced by miR-145-5p/ miR-145-3p mimics are shown as bar diagrams. Data are shown as the means \pm SD from 3 independent experiments [[△] $P < 0.01$, compared with mock/negative control (NC); ^{###} $P < 0.01$, compared with miR-145-5p mimic; ^{##} $P < 0.01$, compared with miR-145-3p mimic]. MTDH, metadherin.

mimics significantly inhibited PC-3 and LNCaP cell migration ($P < 0.01$; Fig. 7B). Similarly, as shown in Fig. 8, miR-145-5p and miR-145-3p mimics significantly inhibited PC-3 and LNCaP cell invasion ($P < 0.01$, Fig. 8). However, the overexpression of MTDH, reversed the inhibitory effects of the 2 miRNAs on migration and invasion ($P < 0.01$).

miR-145-5p or miR-145-3p directly target MTDH to negatively regulate its expression. The results revealed that the mRNA expression levels of miR-145-5p or miR-145-3p increased significantly when miR-145-5p or miR-145-3p mimic were respectively transfected into the PC-3 or LNCaP cells ($P < 0.01$; Fig. 9A). The overexpression of MTDH did not affect the expression of miR-145-5p or miR-145-3p compared to the NC group ($P < 0.01$). The results also revealed that miR-145-5p mimic noticeably decreased the protein and mRNA expression levels of MTDH, compared to the NC group in both the PC-3 and LNCaP cells ($P < 0.01$; Fig. 9B-D). However, when miR-145-5p mimic and MTDH were used in combination, the expression of MTDH increased at both the protein and

mRNA level ($P < 0.01$). Similar results were also observed with miR-145-3p mimic ($P < 0.01$). Therefore, the suppression of PCa cell growth and metastasis induced by the upregulation of miR-145-5p/miR-145-3p involve the downregulation of MTDH expression.

Discussion

MTDH is a highly conserved protein located at 8q22 (30). It is believed that MTDH may be used not only as an independent molecular marker to determine tumor prognosis, but also a molecular target for antitumor therapy (34,35). Li *et al* found that the mRNA and protein expression levels of MTDH in breast cancer cells were significantly higher than those in normal cells; their statistical data indicated that the expression of MTDH was associated with the clinical features of breast cancer, including staging, the number of positive lymph nodes and tumor type; therefore, MTDH was considered as an independent prognostic factor (36). In this study, we found that a high expression of MTDH was closely associated with a poor prognosis in 501

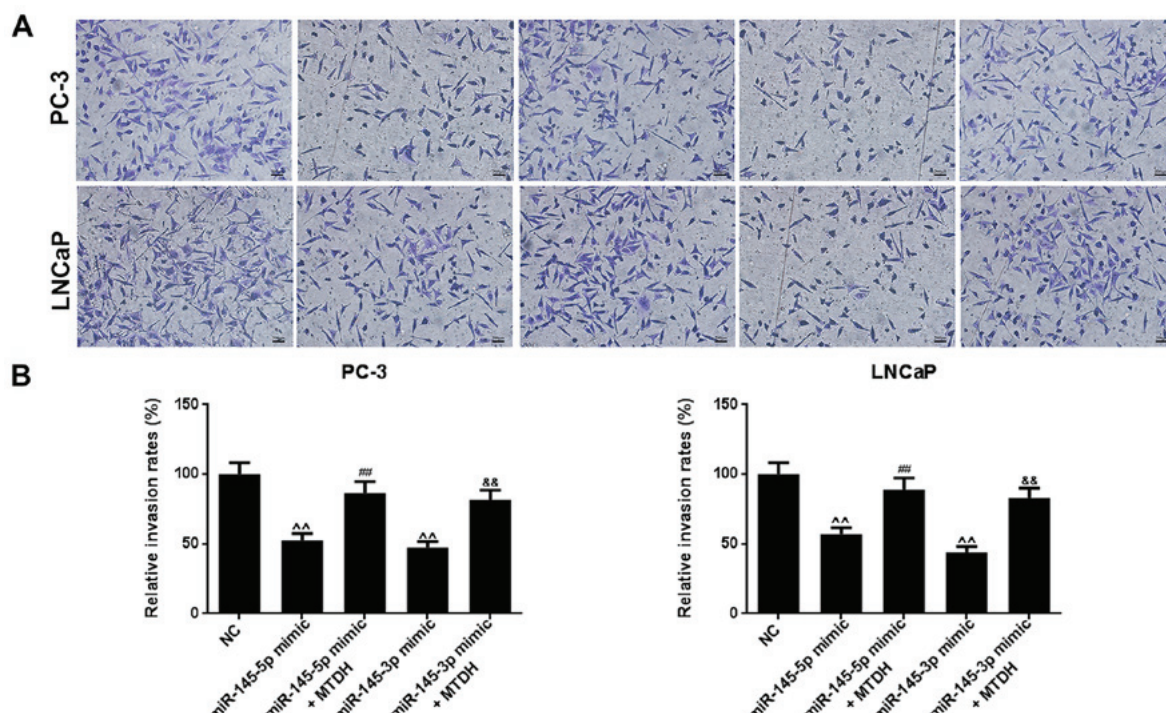


Figure 8. MTDH reverses the suppressive effects of miR-145-5p and miR-145-3p mimics on PCa cell invasion. (A) Cell invasion was examined by Transwell assay in PC-3 and LNCaP cells. (B) The effects of MTDH overexpression on the decreased invasion of PC-3 and LNCaP cells induced by miR-145-5p/miR-145-3p mimics are shown as bar diagrams. Data are shown as the means \pm SD from 3 independent experiments [** P<0.01, compared with mock/negative control (NC); $^{##}$ P<0.01, compared with miR-145-5p mimic; $^{&&}$ P<0.01, compared with miR-145-3p mimic]. MTDH, metadherin.

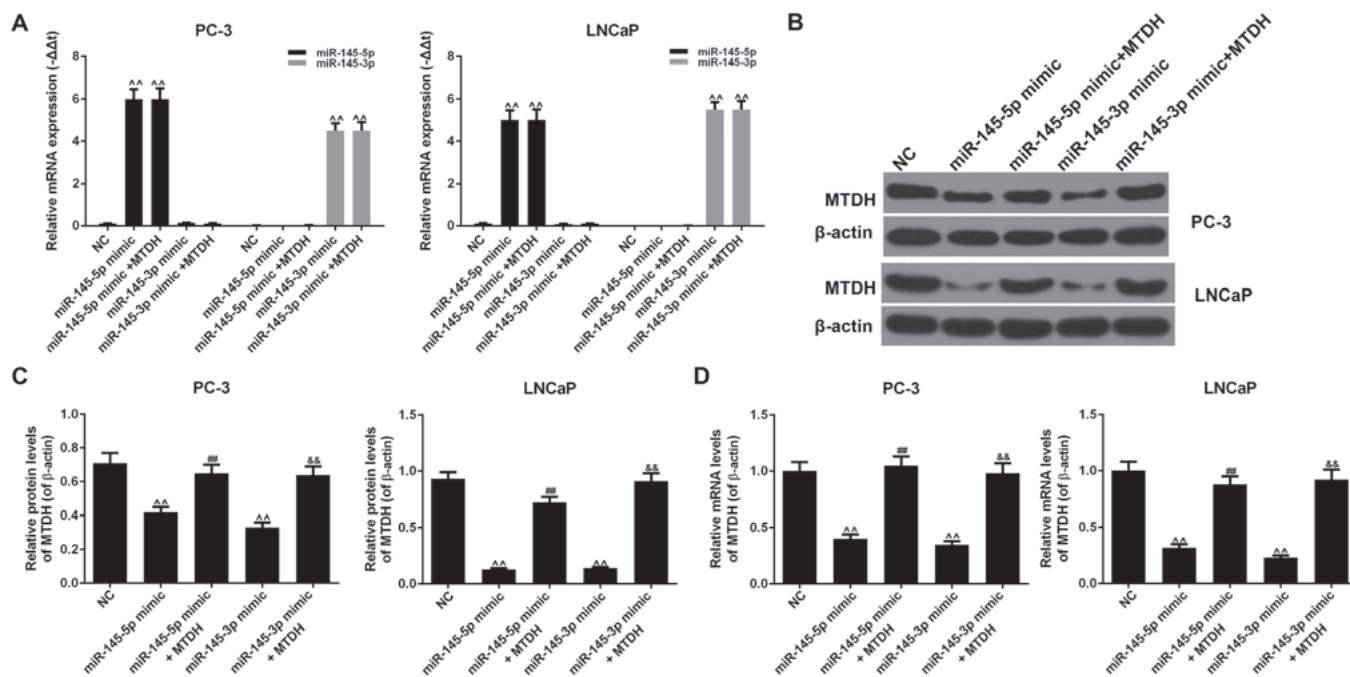


Figure 9. The underlying mechanisms of the upregulation of miR-145-5p/miR-145-3p inhibiting prostate cancer cell growth and metastasis. (A) The effects of miR-145-5p/miR-145-3p mimics or the overexpression of MTDH on the expression of miR-145-5p or miR-145-3p were determined by RT-qPCR in PC-3 and LNCaP cells [** P<0.01, compared with negative control (NC)]. (B) The effects of miR-145-5p/miR-145-3p mimics or the overexpression of MTDH on the protein expression of MTDH were determined by western blot analysis. β -actin served as an internal control. (C) Relative protein levels of MTDH are shown as bar diagrams (** P<0.01, compared with mock/NC; $^{##}$ P<0.01, compared with miR-145-5p mimic; $^{&&}$ P<0.01, compared with miR-145-3p mimic). (D) Relative mRNA levels of MTDH are shown as bar diagrams (** P<0.01, compared with mock/NC; $^{##}$ P<0.01, compared with miR-145-5p mimic; $^{&&}$ P<0.01, compared with miR-145-3p mimic). Data are shown as the means \pm SD from 3 independent experiments.

PCa cases analyzed from the TCGA database. Thus, we were interested in further exploring the effects of MTDH on PCa.

For this purpose, 46 cases of PCa tissues and adjacent normal tissues were collected, and RT-qPCR and IHC revealed that

MTDH had a significantly increased expression in the cancer tissues. Moreover, Kaplan-Meier analysis also confirmed that the upregulation of MTDH was related to a poor 5-year survival rate of patients with PCa. The analysis of the association between MTDH expression and the clinicopathological characteristics of patients with PCa revealed that MTDH expression was significantly associated with tumor size and osseous metastasis. Cellular experiments revealed that MTDH had a high expression in several PCa cell lines, but a low expression in 2 normal prostate epithelial cells. Thus, a difference between the mRNA expression level and protein expression level of MTDH in 22RV1 cells was identified, and such a phenomenon may be explained by the participation of other factors, such as transcription factors, small RNA, methylation and acetylation. Studies have also suggested that MTDH may be expected to be a novel target in tumor-targeted therapy as it is overexpressed in various types of tumors, including breast cancer, neuroblastoma, esophageal cancer, cervical cancer, non-small cell lung cancer and hepatocellular carcinoma (36-41). The findings of this study demonstrated that on the one hand, the silencing of MTDH inhibited the viability, migration and invasion of PC-3, LNCaP and DU145 PCa cells; on the other hand, the overexpression of MTDH increased PWR-1E normal cell viability, cell migration and invasion. Some studies, for instance, have proposed that MTDH overexpression can enhance the adhesion of tumor cells and promote tumor metastasis (25,42). Hu *et al* also found that 8q22 genomic repeated gain significantly accelerated the lung metastasis of cancer cells (43).

miRNAs have recently become a main focus in tumor progression. Studies have demonstrated that some miRNAs are associated with PCa. For example, miR-200c-3p/141-3p, miR-375 and miR-93-5p/106b-5p/25-3p have been frequently found to be upregulated in PCa, whereas the expression levels of miR-221-3p and miR-222-3p in PCa tissues have often been proven to be downregulated (15-17,44-46). In a number of tumor cells, miRNAs such as miR-145, miR-497, miR-1297 and miR-655, have been reported to regulate cell proliferation and invasion by targeting MTDH; however, only a few studies to date have investigated the upstream regulatory mechanisms of MTDH in PCa, at least to the best of our knowledge (27,28,47). In this study, by using the DianaTools, TargetScan, miRWalk and miRTarBase databases, 16 miRNAs were screened to determine whether they were associated with MTDH. As miR-145-5p, miR-145-3p, miR-499a-5p and miR-22-3p were overexpressed in PWR-1E cells and downregulated in the PC-3, LNCaP and DU145 cells, these 4 miRNAs were selected to help detect their association with MTDH. Western blot analysis, RT-qPCR and dual-luciferase reporter assay confirmed that miR-145-5p, miR-145-3p and miR-499a-5p bound to MTDH and decreased its expression in PCa cells. MTT assay further revealed that only miR-145-5p and miR-145-3p significantly inhibited tumor cell viability. Previous studies have suggested that miR-145-5p and miR-145-3p, as the dual strands of the miR-145 duplex, play roles in a variety of tumors (48-50). In addition, the two miRNAs can inhibit the proliferation of PCa cells (51,52).

In addition, in this study, we found that MTDH reversed the suppressive effects of miR-145-3p or miR-145-5p mimics on the viability, invasion and migration of PC-3 and LNCaP cells. The 'rescue' experiments confirmed that miR-145-3p and miR-145-5p directly targeted MTDH to negatively

regulate its expression, thereby regulating cell viability and cell invasion and migration. However, this study still had some limitations, as for example, the 'rescue' experiments were not validated in DU145 cells, and the sample size of the patients with PCa was not large enough. Thus, we aim to carry out a more comprehensive study on miR-145-5p/miR-145-3p and MTDH in the future.

Collectively, this study, for the first time, at least to the best of our knowledge, demonstrated the effects of the miR-145-5p/MTDH and miR-145-3p/MTDH pathways on the growth and metastasis of PCa cell lines *in vitro*, and suggests that these pathways may become novel treatment targets for PCa.

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Availability of data and materials

The analyzed data sets generated during the study are available from the corresponding author on reasonable request.

Authors' contributions

DP made substantial contributions to the conception and design of the study. ZJ, WL and ZD was involved in data acquisition, data analysis and interpretation. DP, WL and ZD drafted the article or critically revised it for important intellectual content. All authors agree to be accountable for all aspects of the study in ensuring that questions related to the accuracy or integrity of the study are appropriately investigated and resolved. All authors have read and approved the final manuscript.

Ethics approval and consent to participate

The Ethics Committees of the First Affiliated Hospital and College of Clinical Medicine of Henan University of Science and Technology approved the study. A total of 46 cases of patients signed informed consent forms prior to participation.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have not competing interests.

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