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## **Altered Segregation between Task-Positive and Task-Negative Regions in Mild Traumatic Brain Injury**

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## **Abstract**

Changes in large-scale brain networks that accompany mild traumatic brain injury (mTBI) were investigated using functional magnetic resonance imaging (fMRI) during the N-back working memory task at two cognitive loads (1-back and 2-back). Thirty mTBI patients were examined during the chronic stage of injury and compared to 28 control participants. Demographics and behavioral performance were matched across groups. Due to the diffuse nature of injury, we hypothesized that there would be an imbalance in the communication between task-positive and Default Mode Network (DMN) regions in the context of effortful task execution. Specifically, a graph-theoretic measure of modularity was used to quantify the extent to which groups of brain regions tended to segregate into task-positive and DMN sub-networks. Relative to controls, mTBI patients showed reduced segregation *between* the DMN and task-positive networks, but increased functional connectivity *within* the DMN regions during the more cognitively demanding 2-back task. Together, our findings reveal that patients exhibit alterations in the communication between and within neural networks during a cognitively demanding task. These findings reveal altered processes that persist through the chronic stage of injury, highlighting the need for longitudinal research to map the neural recovery of mTBI patients.

## **Keywords**

mild traumatic brain injury; task-positive; Default Mode Network; segregation; working memory

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## **Introduction**

Traumatic brain injury (TBI) is one of the most prevalent neurological disorders in the United States with a yearly incidence as high as 5 per 1000 people [Bazarian et al., 2005]. Mild TBI (mTBI) which is characterized by a Glasgow Coma Score (GCS) of 13–15 accounts for approximately 75% of reported cases of TBI [Faul et al., 2010]. In addition to the high incidence of civilian cases, mTBI has been referred to as the "signature injury" of the recent military conflicts in Iraq and Afghanistan due to the high number of soldiers experiencing blast-related head injuries [DePalma and S. W. Hoffman, 2016]. MTBI patients who do not present with robust radiological deficits but experience symptoms represent a unique clinical challenge, and methods that characterize *functional* disruptions may be particularly attractive. An even greater challenge is to understand the long-term brain sequelae for these individuals with only subtle behavioral impairments but persistent symptom complaints. Not only are post-concussive symptoms varied, including sensory, somatic, cognitive, and neuropsychological dimensions [Dischinger et al., 2009], but there is a significant overlap with symptoms associated with post-traumatic stress disorder (PTDS) [Stein and T. W. McAllister, 2009]. Therefore, the ability to objectively characterize functional brain disruptions is important in distinguishing alterations linked to head injury from those associated with comorbid neuropsychological disorders, as well for the development of personalized clinical interventions for such patients.

Brain data are increasingly investigated at the network level [Pessoa, 2014; Power et al., 2011; Rubinov and O. Sporns, 2010]. A commonly investigated network is the Default Mode Network (DMN), which comprises regions with reduced activity during task-related conditions but increased activity during "rest" conditions [Fox et al., 2005; Greicius et al., 2003; Raichle et al., 2001]. In contrast, numerous regions are recruited during externally directed behavior [Fox et al., 2005]. It has been shown that these two networks are anticorrelated at rest [Fox et al., 2005]. Reductions in functional connectivity have been reported in mTBI patients within the DMN [Iraji et al., 2014; Johnson et al., 2012; Mayer et al., 2011; Zhou et al., 2012] and within the task-positive network [Mayer et al., 2011; Shumskaya et al., 2012]. However, increased functional connectivity between the DMN and task-positive regions during resting conditions has also been observed at various stages following head injury [Mayer et al., 2011; Sours et al., 2013; Sours et al., 2015]; see [Mayer et al., 2015] for a comprehensive review of current literature). The latter findings suggest an imbalance in the communication during resting conditions between the internally directed, task-negative regions, and the externally directed task-positive regions following TBI.

With few exceptions [Bonnelle et al., 2011; Caeyenberghs et al., 2012; Caeyenberghs et al., 2013; van der Horn et al., 2015] previous studies addressing functional connectivity following TBI have relied on probing the brain during rest. Resting state data can be easily acquired in the acute stage of TBI when the clinical condition of the patient may limit the ability to obtain task-related data. However, resting state functional data likely provide researchers with a limited understanding of alterations in processing when the brain is cognitively challenged.

The interpretation of existing studies of functional connectivity in mTBI is also difficult, because several of them targeted individuals with severe TBI or included TBI patients with a range of severities [Bonnelle et al., 2011; Bonnelle et al., 2012; Caeyenberghs et al., 2012; Hillary et al., 2011; Marquez de la Plata et al., 2011; Rigon et al., 2016; Sharp et al., 2011] making inferences regarding milder injuries problematic. Furthermore, previous studies have included patients at substantially different stages of recovery after injury (e.g., 3 to 73 months) [Bonnelle et al., 2012; Sharp et al., 2011]. Finally, whereas some studies have investigated functional connectivity during task states, the behavioral performance across groups was variable, leading to potential confounds in between-group comparisons [Bonnelle et al., 2012; Caeyenberghs et al., 2012; Caeyenberghs et al., 2013; van der Horn et al., 2015].

Taken together, while advances have been made in understanding changes in brain systems following TBI through examining resting-state functional connectivity, important gaps remain in our knowledge of alterations in network-level properties during cognitive processes. In particular, since mTBI involves relatively minor and subtle injuries, it is conceivable that deficits in network-level processing only become evident when the patient is cognitively taxed. Here, we sought to investigate changes in large-scale brain networks following mTBI while addressing the problems noted above. Guided by our previous work showing alterations in between-network connectivity during resting state conditions [Sours et al., 2013; Sours et al., 2015], as well as the diffuse and heterogeneous nature of injury, we hypothesized that, relative to controls, participants with mTBI would exhibit decreased segregation between DMN and task-positive networks – i.e., reduced network antagonism – in the context of effortful task execution. Our central goal was to characterize changes in between-network segregation in chronic mTBI patients as a function of cognitive demands during a working memory task.

## **Materials and Methods**

#### **Participants**

Thirty mTBI patients were included in the analysis (22 males, age 45.9 +/−16.9 years). MTBI patients were recruited from the R. Adam Cowley Shock Trauma Center at the University of Maryland Medical Center, and included in this study based upon an admission GCS of 13–15, and (*i*) a positive clinical CT or (*ii*) a mechanism of injury consistent with trauma and reported loss of consciousness or post-traumatic amnesia. Patients were screened and excluded for history of neurological disorders, psychological disorders (with the exception of a history of depression or anxiety disorders), seizure disorders, history of previous brain injury requiring hospitalization, and contraindications to MRI. Patients were scanned during the chronic stage of injury (on average 210 days after injury, range 141–302 days). Results were compared to a group of 28 neurologically intact controls (18 males, mean age 40.0 +/− 18.9 years) who were recruited from the local population. Mechanisms of injury included 6 motor vehicle accidents, 14 falls, 7 assaults, and 3 hits with blunt objects. Due to our inclusion criteria, our dataset consists of both complicated (positive admission CT) and uncomplicated mTBI patients (negative admission CT); twelve patients (40%) had positive admission CT scans. Patient and control demographics and clinical details are

shown in Table 1. The study was approved by the University of Maryland, Baltimore, Institutional Review Board and written informed consent was obtained from all participants.

#### **Scanning Protocol and MRI Acquisition**

Imaging was performed using a 3T Siemens Tim Trio Scanner (Siemens Medical Solutions; Erlangen, Germany) using a 12-channel receiver-only head coil. During each visit, the imaging session included two functional scans (T2\*-weighted images using single-shot EPI: TE = 30 ms, TR = 2300 ms, FOV = 230 mm, resolution =  $96 \times 96$ , 364-mm thick axial slices) while the participants performed a cognitive task, and a high-resolution structural scan (T1-weighted-MPRAGE: TE = 3.44 ms, TR = 2250ms, TI = 900ms, flip angle =  $9^\circ$ , resolution =  $256 \times 256 \times 96$ , FOV = 22 cm, slice thickness= 1.5mm).

#### **N-back Paradigm**

Participants were shown a stream of letters and were asked to detect if the letter matched the previously presented letter (1-back condition), or if the letter matched the one presented two letters before (2-back condition) (Figure 1). Training was performed outside of the scanner prior to scanning to ensure that all participants had a full understanding of the task. The task was presented inside the scanner using Eprime 2.0 software (Psychology Software Tools, Pittsburgh, PA). The 1-back condition was always performed prior to the 2-back condition. Each "run" consisted of 5 blocks of one of the task conditions (i.e., 1-back or 2-back); each block lasted 48.3 seconds and was followed by 23 seconds of fixation. Prior to the beginning of the first block, 11.5 seconds (5 TRs) of instructions about the task were provided to the participant. The task consisted of the presentation of a sequence of letters, each of which was presented for 1.8 seconds followed by a 0.5 second inter-stimulus interval. Participants responded with a two-button MR compatible response box. Accuracy and average reaction time for correct responses were calculated for each condition. In addition, the standard sensitivity index (d') was calculated [Green and J. A. Swets, 1966; Macmillan and C. D. Creelman, 2005; Rossi et al., 2016].

We required a minimum level of accuracy to ensure that we only analyzed data from participants who earnestly attempted to complete the task. The cutoffs were 85% for 1-back and 75% for 2-back, which were chosen as rough indicators of "attentive performance". For instance, the 1-back task is rather easy and performance is frequently 90% or better; the 2 back task is more challenging and performance is frequently above 80% [Chen et al., 2012]. Because experimental runs contained a single task condition, to maximize the data available for analysis, the cutoffs were applied per run, not by subject (thus, for instance, a given participant could contribute data for the 2-back, but not be considered for the 1-back condition). The resulting datasets in the final analysis included 55 runs for the 1-back condition (27 control; 28 chronic mTBI), and 64 runs for the 2-back condition (27 control; 27 chronic mTBI).

#### **Behavioral Assessment**

The level of cognitive functioning was assessed by administering the Military Acute Concussion Evaluation (MACE) to each participant [McCrea et al., 2000]. Four controls and one mTBI patient did not complete the MACE. Self-reported symptoms were collected

using the Modified Rivermead Post Concussive Questionnaire (RPQ) [King et al., 1995]. The RPQ asks participants to rate a series of 22 common post-concussive symptoms on a scale of 0 (not experienced at all) to 4 (a severe problem). The sum of the ratings on all of the symptoms is reported (Table 1).

#### **Behavioral Data Analysis**

Independent t-tests were used to assess the differences in demographic characteristics and behavioral scores between the control and patient groups (Table 1).

#### **Group-Level Model**

Group analysis was performed with a linear mixed model comprised of two fixed effects factors (task difficulty and group condition) and their interaction. Linear mixed models correctly account for correlated data (here, participants with data for both conditions), while not requiring that all "data cells" be filled (here, participants who only completed one of the tasks), and constitute a powerful extension of general linear models [Pinheiro and D. M. Bates, 2000]. In the analysis, subject was used as a random factor, with difficulty varying within subject. We used the lmer function of the lmerTest package [Alexandra Kuznetsova et al., 2014], which is an extension of the lme4 package [Bates et al., 2014]. As per default, factor levels were encoded as simple treatment contrasts (1-back was the reference group for task difficulty while controls were the reference group for condition). A positive estimate for the effect of difficulty would thus indicate that the dependent variable is on average greater at 2-back compared to 1-back. A positive estimate for the effect of group condition similarly indicates that the dependent variable was generally higher for the patient group compared to the control group.

## **Functional MRI Analysis**

**Preprocessing—**Preprocessing was performed with tools primarily from the AFNI software package [Cox, 1996]. Skull stripping was completed using the SPM toolbox except for one dataset that required FSL's Brain Extraction Tool (BET) [Smith, 2002] to achieve appropriate quality. Volumes were slice-time corrected using Fourier interpolation such that all slices were aligned to the first acquisition slice. Six-parameter rigid-body motion correction was performed with Fourier interpolation, spatially registering all volumes to the last functional volume which was acquired closest in time to the high-resolution anatomical scan [Cox and A. Jesmanowicz, 1999]. Each subject's high-resolution T1-MPRAGE anatomical volume was spatially registered to the "TT\_N27" template (in Talairach space, [Talairach and P. Tournoux, 1988]) using a 12-parameter affine transformation. The spatial registration for each subject was visually inspected to ensure accuracy. This same transformation was then applied to the functional data so that all data were in standard space and resampled to 2 mm isotropic voxels. All volumes were spatially smoothed using a Gaussian filter (6 mm FWHM). Finally, the signal intensity of each voxel was scaled to a mean of 100 (separately for each run), which allowed the interpretation of the estimated regression coefficients in terms of percent signal change. Excessive motion volumes (1 mm or higher frame-to-frame displacement) were censored from analysis. Only voxels with a 25% or higher likelihood of being gray matter were considered for further analysis (utilizing

the "TT\_N27\_GW" atlas available in AFNI [Eickhoff et al., 2005]). Finally, the first 5 volumes were excluded per run (accounting for scanner equilibrium effects, and as the instruction period was of no interest).

**Activation Analysis—**Each participant's fMRI data were analyzed using multiple linear regression within AFNI. The design matrix contained 19 regressors: a box-car covering the entire block period and 18 nuisance regressors: 6 motion regressors; 6 motion derivative regressors; 4 slow-drift regressors (constant, linear, quadratic, and cubic terms); and 2 transient regressors to model block onsets and block offsets (1 sec duration each). The boxcar and the transient regressors were convolved with a model of the canonical hemodynamic response [Cohen, 1997]. Regression coefficients associated with the box-car regressor were tested in a voxelwise manner as described above (see Group-Level Model section).

#### **Network Analysis**

**Node Definition—**The voxelwise main effect of task difficulty including all participants (mTBI and control) was used to define a space of voxels within which peak activations and deactivations in frontal, parietal, and DMN regions (the latter based on sites exhibiting deactivation) were used to determine the center of spherical ROIs (Figure 2). Note that the procedure does not introduce circularity because activations and correlations (used for network analysis) are orthogonal measures. Each ROI was a 6-mm radius sphere comprising voxels with a 25% or higher likelihood of being gray matter (utilizing the "TT\_N27\_GW" atlas available in AFNI [Eickhoff et al., 2005]). We focused on frontal, parietal and DMN regions (Table 2) to test the specific hypothesis that interactions between task-positive and DMN regions engaged during effortful tasks are altered in mTBI patients. Whereas performance of working memory tasks involves a broad set of cortical regions, parietal and frontal regions may be involved in somewhat different processes [D'Esposito, 2007; Pessoa et al., 2002; Pessoa and L. G. Ungerleider, 2004]. Therefore, we opted to divide the task positive regions into frontal and parietal regions.

**Edge Definition—**For each ROI, the average residual time series across voxels within the ROI was extracted. The residual time series consisted of the fMRI data once all specified regressors were accounted for. A correlation matrix was then computed and consisted of the pairwise correlations between all pairs of ROIs. Using residualized time series data is important to avoid potential correlations of no interest due to the predictable task structure. In particular, block onsets and offsets could have artifactually inflated correlations at these time points simply due to correlated large increases and decreases of activation (for related strategies, please refer to [Fox et al., 2007]). We used a robust measure of correlation to mitigate the potential impact of "extreme" points that frequently distort non-robust measures of linear association. To find the robust correlation of two time series, we first calculated their z-scores. The standardized series were then fit to a linear model via iteratively reweighted least squares, a process that down-weights potential outliers. Pearson's correlation coefficient was finally calculated for the reweighted series. We made use of the Robust Linear Models module of the Python package "statsmodels" [Seabold and J. Perktold, 2010].

**Modularity Analysis—**To probe the segregation of the task-positive and DMN networks, we computed the graph theory metric called *modularity* (see [Newman, 2010] for a complete description of network models). For weighted networks, the modularity, Q, of a given set of group assignments for a graph is based on the total weight of connections found within the assigned communities versus the total weight of connections predicted in a random graph with equivalent degree distribution. Note that the computation of modularity employed here considered negative weights in addition to positive weights [Gomez et al., 2009; Rubinov and O. Sporns, 2011]; thus, negative weights were not set to zero. See [Balenzuela et al., 2010] for a similar application of modularity.

By considering task-positive (frontal plus parietal) ROIs and DMN ROIs as two separate communities (in other words, communities were assumed, and *not* computed via community detection), we computed modularity as a function of task difficulty and group. High modularity indicates clearly separable sub-networks (here, task-positive and DMN), with relatively strong functional connectivity within each sub-network and relatively weak functional connectivity between sub-networks. Statistical analysis of modularity employed the same approach as the voxelwise analysis (see Group-Level Model section). Effect sizes were calculated based on a method to obtain  $R^2$  from generalized linear mixed-effects models [Nakagawa and Holger Schielzeth, 2013]. We provide the so-called conditional effect size (reflecting overall model fit) and the marginal effect size which reflects the proportion of variance explained by the fixed factors (namely, the interaction of average connectivity with cognitive load; see Table 4). The latter refers to the fixed-effects variance divided by the total variance explained by the model and residual variance.

## **Results**

#### **Behavioral Results**

No significant differences were detected between mTBI and control participants in age  $(p=0.445)$  or education  $(p=0.250)$ . A summary of demographic and clinical information is provided in Table 1. Accuracy, mean reaction time of correct responses, and d' were not significantly different between the mTBI group and the control group for both task conditions (1-back and 2-back) (p values  $> 0.5$ ; Table 1). There was no significant difference in the MACE between the control group and mTBI patients (p=0.881) (Table 1).

## **Network Modularity Analysis**

We investigated how the network-level property of modularity  $(Q)$  was altered as a function of task difficulty (1-back vs. 2-back) and group condition (control vs mTBI) by focusing on the changing relationships among task-positive (frontal and parietal) and task-negative regions. Note that our objective was to characterize potential differences in modularity by assuming two communities of brain regions (task positive and task negative); thus modularity was not used to "discover" the networks. The pairwise robust correlation between all pairs of ROIs was determined and connectivity matrices created. Higher values of Q indicated that task-positive and DMN regions tended to *segregate* more strongly into separate communities. We detected a significant interaction between task difficulty and

group condition; in contrast to the control group, mTBI patients responded to the more demanding task with decreased modularity (Figure 3; for statistical values, see Table 3).

These initial findings were further characterized by inspecting the underlying changes in average connectivity (also called "strength") within and between subdivisions of ROIs (frontal and parietal ROIs that were task-positive and the remaining DMN ROIs): increases within task-positive regions, increases within the DMN regions, or decreases between the task-positive and DMN regions may underlie the observed increase in modularity. Based on average correlation matrices for each group (mTBI and control) for the 1-back condition and the 2-back condition, subtractions of the correlation matrices were computed, including a subtraction between the mTBI and the control group for each condition to visualize differences (Figure 4), and a 2-back minus 1-back subtraction to examine the influence of cognitive load on the correlation structure (Figure 5). While some differences in within- and between-network connectivity between groups were noted during the 1-back condition (Figure 4), more substantial differences were observed during the more cognitively challenging 2-back condition (Figure 5). During the 2-back condition (Figure 4), there was greater connectivity within the DMN regions (see green outlines) as well as between DMN regions and task-positive regions in the mTBI group compared to the controls (see white outlines). With respect to the effect of task condition (Figure 5), for control participants, the 2-back minus the 1-back subtraction revealed a few strengthened connections (involving mainly frontal regions, such as the frontal eye fields and middle frontal gyrus) when difficulty increased, while decreased connectivity was found elsewhere. A markedly different pattern was observed for patients who exhibited an overall increase in both within network and between network connectivity across both DMN and task-positive regions (Figure 5).

To quantify potential differences in connectivity noted in the context of Figures 4 and 5, for every participant, we determined the average pairwise connectivity within the frontal, parietal, and DMN clusters of ROIs, as well as the average pairwise connectivity between parietal and frontal, between frontal and DMN, and between parietal and DMN clusters of ROIs (Figure 6). We tested task difficulty by group interactions by using the same grouplevel analysis employed previously. Interactions were detected within both the parietal and the DMN clusters, as well as between frontal and DMN clusters (see Table 4 for complete results). The latter finding of increased between-network connectivity (which survived correction for multiple comparisons) likely contributed to the reduction in modularity observed in mTBI patients during the 2-back task (the higher the between-network connectivity, the lower the modularity). These findings suggest that the effect of increasing cognitive demands on both within- and between-network connectivity is altered in the mTBI participants compared to control participants.

## **Discussion**

In our study, mTBI patients showed marked changes in how a demanding cognitive task engages large-scale networks despite equated behavioral performance. At a broad level, healthy controls responded to higher cognitive loads with *increased* segregation between DMN and task-positive regions, while mTBI instead showed *decreased* segregation. This can

be explained primarily by a distinct increase in connectivity between task-positive and DMN regions as shown by patients in response to increasing difficulty, where controls typically showed reduced communication between these two networks. At a finer subdivision of these networks, we also found differences within parietal and DMN regions. Patients demonstrated strengthening communication within these areas for increased task difficulty, whereas controls (if anything) demonstrated weakened connections. Next, we discuss the implications of our findings in the context of understanding the effect of mTBI on largescale neural network changes.

Several groups have described alterations in functional connectivity following mTBI; however, groups investigating functional connectivity in mild TBI populations have focused on resting-state scans [Johnson et al., 2012; Mayer et al., 2011; Sours et al., 2013; Stevens et al., 2012; Zhou et al., 2012]. Probing functional connectivity during task states complements that collected during the resting-state in important ways, due to alterations in network interactions during task execution. Furthermore, the possibility of considering the functional relationship between multiple pairs of regions simultaneously is provided by graph-theoretic methods [Newman, 2010]. Recent reports have employed network analysis to investigate resting-state functional connectivity [Han et al., 2013; Messe et al., 2013; Pandit et al., 2013]. Whereas these methods have been employed in the general neuroimaging literature mostly during resting conditions, they can also reveal important network-level interactions during task execution [Kinnison et al., 2012; McMenamin et al., 2014; Najafi et al., 2016]. Specifically, here we employed modularity as a measure of the degree of segregation between DMN and task-positive networks across task conditions in a chronic mTBI population.

DMN and task-positive networks are found to be anti-correlated at rest [Fox et al., 2005], therefore exhibiting segregation. During rest, increased functional connectivity between DMN task-positive networks has been associated with reduced performance during working memory [Hampson et al., 2010; Sala-Llonch et al., 2012]. During effortful task execution, reduced *anti*-correlation (or increased functional connectivity) between networks is associated with increased reaction time on specific trials [Prado and D. H. Weissman, 2011] as well as increased intra-individual variability [Kelly et al., 2008]. Moreover, a direct link between working memory performance and between-network functional connectivity was shown in a control population, where increased functional connectivity between the DMN and task-positive networks during an N-back working memory task was associated with reduced task performance [Sala-Llonch et al., 2012] thus indicating evidence that the ability to adequately separate internally directed focus and externally directed cognitive demands may be important for efficient task performance. Whereas previous work in healthy participants suggests greater segregation with increasing cognitive load [Newton et al., 2011], in the present study an *opposite* trend was observed for chronic mTBI patients who displayed reduced segregation with increasing task difficulty (Figure 3). Perhaps due to the diffuse but subtle neuronal damage, mTBI patients are unable to enhance the segregation of internally focused attention and external goal directed processes in the face of increased cognitive demands. This altered network communication may be a contributing factor in the cognitive post-concussive symptoms that many mTBI patients experience, including those involving sustained attention [Bonnelle et al., 2011], memory [McAllister et al., 2006;

McDowell et al., 1997; Miotto et al., 2010], and cognitive fatigue [Johansson et al., 2009; Ponsford, 2013].

Interestingly, in our study, we also observed that functional connectivity within the DMN regions increased with increasing task difficulty in the chronic mTBI patients but not controls. Previous studies in healthy participants have reported that increased functional connectivity within the DMN was associated with better cognitive performance during working memory tasks [Hampson et al., 2006]. While this initially appears contradictory, it should be noted that hyper-connectivity within DMN regions has been reported following severe TBI during resting conditions [Hillary et al., 2014; Sharp et al., 2011]. In addition, reduced deactivation of DMN regions has been noted during tasks in severe [Bonnelle et al., 2011; Sharp et al., 2011] and mild [Dean et al., 2015; Mayer et al., 2012] TBI populations, providing evidence for an imbalance between internally and externally directed neural networks. Furthermore, greater deactivation of the DMN has been reported in mTBI patients without persistent symptoms compared to those with persistent symptoms [van der Horn et al., 2015] suggesting this imbalance may be associated with post concussive symptom severity. Taken in this context, our findings raise the possibility that the increased connectivity within the DMN observed in the chronic mTBI patients could be viewed as an altered mechanism to partially counteract the reduced segregation between networks. In addition, previous reports have noted over-recruitment of regions associated with the taskpositive network in mTBI during the N-back task at higher cognitive loads (possibly to maintain performance at the level of controls) [McAllister et al., 1999; McAllister et al., 2001; Smits et al., 2009; Wylie et al., 2015]. Therefore, increased connectivity within DMN regions may be linked to a compensatory mechanism employed by mTBI patients in order to adequately perform the task when cognitively challenged.

Overall, further work using increasingly challenging cognitive tasks and more extensive neuropsychological testing is needed to further investigate these findings and their association with behavioral performance. For example, for the 2-back condition, although we did not detect a significant group effect, mTBI patients tended to perform slightly worse than control participants. This pattern was more evident for the d' measure, which may be a more sensitive measure of subtle cognitive deficits than accuracy in this population. It is thus possible that subtle deficits could be picked up with additional behavioral assessments.

Currently, there is controversy in the field regarding the extent of functional recovery of neural networks in mTBI patients at the chronic stage of injury. Some groups have provided evidence of recovery, whereas others have noted persistent functional alterations in the chronic stage [Han et al., 2016; Witt et al., 2010] especially in those patients with persistent symptoms [Dean et al., 2015; Sours et al., 2015]. Our results revealed changes in working memory-based network interactions persisting into the chronic stage of injury. Nevertheless, additional research is needed in the acute stage after injury to examine immediate network level changes, as well as longitudinal data to directly assess the changes in network measures throughout the course of recovery. A more comprehensive understanding of compensatory changes in neural network communication is needed in order to aid clinicians in predicting long-term patient outcomes and administering cognitive interventions to improve these outcomes.

In conclusion, our findings provide evidence of network level adaptations in the communication between brain networks in mTBI patients that are dependent on cognitive load. Specifically, the reduced segregation at the chronic stage of injury was linked to increased communication between networks in response to escalating task difficulty in mTBI patients. These results extend previous findings suggesting an imbalance in the communication between DMN and task-positive networks in mTBI patients during restingstate conditions [Mayer et al., 2011; Sours et al., 2013; Sours et al., 2015] demonstrating that this imbalance is present, if not exaggerated, during effortful task execution. Finally, our results reveal that changes in network interactions persist into the chronic stage of injury, highlighting the need of further longitudinal research to adequately map the neural recovery of mTBI patients.

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## **Figure 1:**

N-back working memory paradigm. Participants were shown a stream of letters and were asked to determine if the letter they saw matched the previous letter (1-back condition; not shown); or if the letter they say matched two letters before (2-back condition).

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#### **Figure 2:**

Nodes used in the graph-theoretical analysis. Visualization of task-positive (parietal and frontal) and DMN regions of interest (ROIs) used in the modularity analysis. Parietal ROIs are shown in red, frontal ROIs are shown in yellow, and default ROIs are shown in turquoise. ROI generation was restricted to those voxels that showed a significant main effect of task difficulty. ROIs are displayed on a surface projection of the TT\_N27 template of the AFNI package.

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#### **Figure 3:**

Results from graph-theoretical analysis. Segregation values as assessed by the graphtheoretic measure of *modularity*  $(Q)$ , illustrating the interaction pattern between task difficulty and group conditions. For each group, the difference between the 2-back and 1back is shown by violin plots. The violin shows a smoothed estimate of the distribution; the red line shows the mean; the red circle shows the median; the wider rectangle shows the inter-quantile range; the thinner rectangle shows 1.5 times the inter-quantile range (as long as it contains data points); the white circles show the actual data points.



#### mTBI - Control

#### **Figure 4:**

Average correlation matrices illustrating both within and between network connectivity values for the subtraction of the mTBI group minus the control group for the 1-back condition (left) and the 2-back condition (right). During the 2-back condition, there was greater connectivity within the DMN regions (green outlines) as well as between DMN regions and task-positive regions (see white outlines) in the mTBI group compared to controls.



#### **Figure 5:**

Average correlation matrices illustrating both within and between network connectivity values for the subtraction of the 2-back condition minus the 1-back condition for the mTBI group (left) and the control group (right). The black boundaries separate the parietal, frontal, and default clusters (from top of matrix to bottom of matrix respectively).

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#### **Figure 6:**

Average within- and between-cluster functional connectivity was used to illustrate the interaction pattern between task difficulty and group conditions. Interactions between task difficulty and group conditions are noted with "\*" (p<0.05, uncorrected) and "\*\*" (p<0.05, Bonferroni corrected for multiple comparisons). For each group, the difference between the 2-back and 1-back is shown by violin plots. The violin shows a smoothed estimate of the distribution; the red line shows the mean; the red circle shows the median; the wider rectangle shows the inter-quantile range; the thinner rectangle shows 1.5 times the interquantile range (as long as it contains data points); the white circles show the actual data points.

## Demographics and Behavior



## **Table 2:**

#### ROI Coordinates



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## **Table 3:**

Modularity



## **Table 4:**

Interaction of Average Connectivity with Cognitive Load

