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## Genetic Causes of Surfactant Protein Abnormalities

**Lawrence M. Nogee, M.D.**

Professor of Pediatrics, Eudowood Neonatal Pulmonary Division, Department of Pediatrics, Johns Hopkins University School of Medicine, Baltimore, MD USA

### Abstract

**Purpose of review:** Mutations in genes encoding proteins critical for the production and function of pulmonary surfactant cause diffuse lung disease. Timely recognition and diagnosis of affected individuals is important for proper counseling concerning prognosis and recurrence risk.

**Recent findings:** Involved genes include those encoding for surfactant proteins A, B and C (SP-A, SP-B, SP-C), member A3 of the Adenosine-Triphosphate Binding Cassette family (ABCA3), and for Thyroid Transcription Factor 1 (TTF-1). Clinical presentations overlap and range from severe and rapidly fatal neonatal lung disease to development of pulmonary fibrosis well into adult life. The inheritance patterns, course and prognosis differ depending upon the gene involved, and in some cases the specific mutation. Treatment options are currently limited, with lung transplantation an option for patients with end-stage pulmonary fibrosis. Additional genetic disorders with overlapping pulmonary phenotypes are being identified through newer methods, although these disorders often involve other organ systems.

**Summary:** Genetic disorders of surfactant production are rare but associated with significant morbidity and mortality. Diagnosis can be made invasively through clinically available genetic testing. Improved treatment options are needed and better understanding of the molecular pathophysiology may provide insights into treatments for other lung disorders causing fibrosis.

### Keywords

Neonatal respiratory distress syndrome; interstitial lung disease; pulmonary fibrosis; alveolar proteinosis

### Introduction: Overview of Surfactant Metabolism

Pulmonary surfactant is a mixture of lipids and proteins that coats the distal airspaces and reduces surface tension at end expiration. Surfactant is synthesized in alveolar type 2 cells (AEC2s), where it is first stored in specialized organelles derived from lysosomes called lamellar bodies before it is secreted by exocytosis. The main lipid in surfactant that helps lower surface tension is disaturated phosphatidyl choline (DSPC). Two small, very hydrophobic proteins called surfactant proteins (SP) B and C are essential in order for surfactant lipids to transition the thin layer of fluid coating the distal alveolus and spread at the air-liquid interface to form a monolayer and lower surface tension. Surfactant also

contains two larger hydrophilic related proteins, SP-A and SP-D, which have important roles in innate immunity and local immune regulation. An inability to produce sufficient amounts of surfactant due to immaturity is the major cause of the respiratory distress syndrome (RDS) observed in prematurely born infants. Defects in the genes encoding the surfactant proteins can result in insufficient surfactant production, disrupted surfactant metabolism, and secondary injury to AEC2s. These changes cause severe respiratory distress in full-term newborns, or chronic interstitial lung disease in older children and adults. There is considerable overlap in the clinical presentations and lung pathology findings of these disorders, but the mechanisms, inheritance patterns and outcomes differ depending upon the gene involved. This article will review the clinical and laboratory features associated with genetic abnormalities of surfactant protein production.

## ABCA3

The adenosine triphosphate (ATP) binding cassette transporters are transmembrane proteins that utilize energy from the hydrolysis of ATP to move substances across biological membranes. Member A3 (ABCA3) is highly expressed in AEC2s where it is located on the limiting membrane of lamellar bodies. ABCA3 transports essential surfactant lipids, specifically DSPC and phosphatidylglycerol (PG) into lamellar bodies, and may have a role in intracellular cholesterol metabolism<sup>1-3</sup>. ABCA3 is encoded by a large gene (*ABCA3*) on chromosome 16, which directs the synthesis of a 1704 amino acid protein with two membrane-spanning domains and two nucleotide (ATP) binding domains. ABCA3 is also expressed in brain, kidney and platelets, although its role in those organs is unclear.

Complete loss-of-function mutations on both alleles (biallelic) of *ABCA3* result in a phenotype of severe surfactant deficiency and neonatal RDS<sup>4,5</sup>. Most ABCA3 deficient infants are born at full-term. A mutation on only one allele (monoallelic) of *ABCA3* may predispose prematurely born infants to RDS, primarily in late preterm and near-term infants<sup>6</sup>. In extremely preterm infants other genetic and environmental factors influencing maturation of the surfactant system and lung development may influence the phenotype to a greater extent.

Some infants have milder disease, with either transient neonatal disease or onset of symptoms after the neonatal period. Survival into the 5<sup>th</sup> decade of life has been recognized, although there is still substantial early mortality<sup>5,7,8</sup>. The *ABCA3* genotype influences the phenotypic severity of disease. Infants with mutations on both alleles predicted to preclude ABCA3 expression have invariably had severe disease at birth and either died within the first year of life, or received a lung transplant. Children with onset of disease after the newborn period and more prolonged survival have at least one missense or small insertion or deletion mutation. Presumably, such mutations reduce, but do not fully eliminate, ABCA3 function. In support of this hypothesis, *in vitro* studies of the *ABCA3* c.875 A>T (p.Glu292Val) mutation, which has generally been associated with milder disease, demonstrated reduced ATP hydrolysis compared to wild-type ABCA3<sup>9</sup>. Currently over 400 mutations have been reported in *ABCA3*, but only a handful have been studied *in vitro* to determine their specific effects on ABCA3 expression, intracellular routing, and/or function<sup>10</sup>.

While animal and human studies demonstrate that complete loss-of-function mutations result in severe surfactant deficiency accounting for the neonatal RDS phenotype, the mechanisms underlying chronic disease are less clear. Inadequate surfactant production could lead to recurrent atelectasis, recurrent hypoxemia and subsequent chronic inflammation. Abnormal intracellular surfactant metabolism could also result in chronic injury to AEC2s through unidentified mechanisms. One possible such mechanism could involve a role of ABCA3 in sequestering cholesterol for example, and protecting it from its potentially toxic effects on the cell<sup>3</sup>.

The precise incidence of ABCA3 deficiency is unknown, but can be estimated from data on the population frequency of disease-causing mutations. The carrier frequency may be as high as 1 in 33 in individuals of European descent, which would translate into a disease frequency of 1 in 3500 for a recessive disorder<sup>6</sup>. This incidence seems high compared to case ascertainment. An explanation for this discrepancy may be related to the critical level of ABCA3 function needed to prevent lung disease. Several of the mutations that contribute to this relatively high population frequency (p.Arg288Lys, p.Glu292Val) reduce but do not eliminate ABCA3 function<sup>9</sup>. A genotype consisting of one of these variants and a mutation completely precluding ABCA3 function could be below the critical level and lead to lung disease. However a genotype consisting of two reduced function variants might exceed the threshold needed for normal lung function, or be close to the critical level and confer susceptibility to lung disease should other factors impair ABCA3 function<sup>11</sup>. ABCA3 expression is developmentally regulated and thus a prematurely born infant with a monoallelic (single, heterozygous) mutation may fall below the critical threshold of ABCA3 expression necessary for proper lung function and have more severe RDS or protracted disease than would otherwise be expected from the child's gestational age<sup>6</sup>.

## SP-B

SP-B is a small, extremely hydrophobic protein encoded by a single gene on chromosome 2 (*SFTPB*) that directs the synthesis of a larger proprotein, which undergoes endoproteolytic cleavage to generate the mature SP-B protein which is secreted into the airspaces along with surfactant lipids and SP-C<sup>12</sup>. SP-B helps organize surfactant lipids within lamellar bodies, and the AEC2s of genetically engineered mice and human infants with loss-of-function *SFTPB* mutations do not contain normal appearing lamellar bodies, but instead have organelles with multiple vacuoles and disorganized appearing lipid membranes<sup>13,14</sup>. These observations are consistent with SP-B having an intracellular role in membrane fusion and promoting the organization of the lamellar body.

Biallelic loss-of-function mutations in *SFTPB* result in SP-B deficiency and a phenotype of severe RDS, usually in full-term infants that clinically and radiographically mimics RDS seen in preterm infants<sup>15,16</sup>. This phenotype is not surprising given the important role of SP-B in enhancing the function of surfactant lipids and its intracellular role in the biogenesis of lamellar bodies. The lack of normally developed lamellar bodies also leads to deficiency of secreted surfactant phospholipids. Additionally, SP-C is unable to be completely processed from its precursor form, leading to both a deficiency of mature SP-C and accumulation of partially processed intermediates that are not surface active and can further inhibit surfactant

function<sup>17,18</sup>. Incompletely processed proSP-C can be detected in tracheal aspirate or bronchoalveolar lavage (BAL) fluid by protein blotting (currently available only on a research basis), or in lung tissue by immunohistochemical staining with antibodies directed against the amino-terminus of proSP-C. Extracellular staining for these peptides or their presence in lung fluid or tissue is an excellent biomarker for SP-B deficiency<sup>16</sup>.

Over 50 different disease-causing *SFTPB* mutations have been identified, with a specific frameshift mutation has accounted for approximately 70% of known-disease causing alleles due to a founder effect. This mutation was originally termed 121in2 as it resulted in a net 2 base insertion in codon 121 of the SP-B transcript<sup>19</sup>, but as the reference sequence has changed the current nomenclature is c.397delCinsGAA (or p.Pro133GlnfsTer95). The SP-B transcript from this mutation is unstable causing a complete absence of SP-B mRNA and protein<sup>20</sup>. Other disease-causing mutations either preclude production of proSP-B, or result in proSP-B that is unable to be processed to mature SP-B<sup>16</sup>. The disease is inherited in a recessive fashion, and adult carriers of mutations are generally asymptomatic, although may be predisposed to lung disease later in life, particularly if they smoke tobacco<sup>21</sup>.

The vast majority of SP-B deficient infants develop symptoms at or shortly after birth and have progressive disease, resulting in death or need for lung transplantation within the first few months of life<sup>22</sup>. Rarely affected infants may survive well beyond infancy – these children usually have at least one *SFTPB* allele that allows for some SP-B production, and are thus partially deficient<sup>23,24</sup>. While the exact incidence of SP-B deficiency is unknown, it appears to be extremely rare based upon population frequencies of the incidence of disease-causing mutations, estimated at less than one in 1,000,000 live births<sup>25</sup>.

## SP-C

SP-C is a small, extremely hydrophobic protein encoded by a single gene (*SFTPC*) on chromosome 8, which directs the synthesis of a larger proprotein (proSP-C). Endoproteolytic processing of proSP-C generates the 35 amino acid mature SP-C protein, encoded in the second exon of the gene<sup>12</sup>. Mature SP-C is post-translationally palmitoylated and is thus a proteolipid. The last 100 amino acids of proSP-C have homology to a group of proteins that are mutated in familial dementia syndromes, known as the BRICHOS domain<sup>26</sup>. This domain may fold over the mature SP-C domain and thus protect the cell from its extreme hydrophobicity, and help chaperone proSP-C through the secretory pathway<sup>27</sup>. The final processing steps occur in lamellar bodies, with mature SP-C secreted along with SP-B and surfactant lipids. While SP-C enhances adsorption and spreading of lipids at the air-liquid interface, the precise role of mature SP-C in lung biology remains unclear. Mice genetically engineered to be unable to make SP-C do not develop neonatal lung disease and survive into adulthood, although may develop lung disease in a strain-specific fashion<sup>28</sup>.

Monoallelic mutations in *SFTPC* result in lung disease with a highly variable age of onset and severity, ranging from a neonatal RDS presentation (although unusual) to the development of pulmonary fibrosis in the fifth to sixth decade of life. The most common presentation is in infancy with symptoms including cough, and findings including

retractions, digital clubbing and failure to thrive. Hypoxemia in room air is common, and diffuse abnormalities are present on chest imaging. There does not appear to be correlation between the location and nature of the mutation (genotype) and phenotype, and individuals with the same mutation in a family may have very different clinical presentations and courses<sup>29,30</sup>. A mutation in the domain between the mature peptide and BRICHOS domains, p.Ile73Thr, has accounted for ~ 30 – 40% of the reported cases to date<sup>22,31</sup>. This mutation has been identified in unrelated individuals of different ancestral backgrounds, associated with both familial and sporadic cases, and may thus result from a “hot-spot” for mutations<sup>31</sup>. Multiple identified mutations in the BRICHOS domain may reflect the importance of this region in stabilizing the structure of proSP-C.

As a mutation on only one allele is sufficient to cause disease, *SFTPC* mutations cause familial lung disease in an autosomal dominant pattern, or cause sporadic disease from *de novo* mutations. SP-C related lung disease result does not appear to result from a loss-of-function mutation on one allele (haploinsufficiency). Instead, lung disease results from the adverse effects of the mutated protein on SP-C and AEC2 metabolism (gain-of-toxic function), with different cellular mechanisms depending upon the mutation<sup>32,33</sup>. Mutations in the proSP-C BRICHOS domain cause protein misfolding and endoplasmic reticulum stress, triggering the unfolded protein response, and protein aggregates may accumulate if degradation pathways are overwhelmed<sup>34</sup>. Alternatively, some mutations (such as p.Ile73Thr) result in abnormal trafficking of proSP-C. Instead of routing to the lamellar body, mutant protein is first trafficked to the plasma membrane and re-enters the cell through the endocytic pathway<sup>33,35,36</sup>. The abnormally processed protein can result in a block an autophagy<sup>36</sup>. The ultimate result of each of these different mechanisms is AEC2 apoptosis<sup>32</sup>. As AEC2 cells serve as progenitor cells for alveolar repair, a depletion of this AEC2 pool may eventually lead to fibrosis. Finally, proSP-C self-associates in the secretory pathway<sup>37</sup>. Normal proSP-C may be degraded along with misfolded, mutant protein causing a lack of SP-C through a dominant negative mechanism. Whether reduced or absent mature SP-C either through a dominant negative mechanism or due to impaired processing of proSP-C contributes to the pathogenesis of lung disease is unknown. Individuals with SP-C deficiency due to biallelic loss-of-function mutations have not been identified.

## NKX2–1

*NKX2–1* is a small gene on chromosome 14 that encodes a member of the homeobox transcription factor family, thyroid transcription factor 1 (TTF-1). TTF-1 has critical roles in thyroid gland and early lung development and is important for the transcription of the surfactant proteins, ABCA3, and many other proteins in the lung. *NKX2–1* is also expressed in the basal ganglia and mutations in *NKX2–1* were first identified in adults with the movement disorder benign familial chorea. Mutations in and deletions of *NKX2–1* were subsequently found in individuals with manifestations of lung disease, neurological findings, and hypothyroidism, known as “Brain-Thyroid-Lung” syndrome<sup>38–40</sup>. ~40% of individuals with *NKX2–1* mutations have manifestations in all three organ system. Isolated hypothyroidism is rare (<2%); ~30% of subjects have two organ systems involved, and ~6% have solely or primarily pulmonary manifestations. These categorizations are not precise, as there is ascertainment bias in identification of subjects, not all reported subjects have been

formally evaluated for deficits in all organ systems, and young infants may not have yet developed neurological symptoms or had non-specific symptoms (such as hypotonia) attributed to the severity of illness due to lung disease.

The lung disease resulting from *NKX2-1* mutations or deletions is highly variable in onset and severity<sup>41</sup>. Many infants present with a neonatal RDS phenotype and the majority of such infants (>80%) have biochemical evidence of hypothyroidism. Delayed expression of *ABCA3* and *SFTPB* likely contributes to severe lung disease<sup>40,41</sup>. As *NKX2-1* is important in early lung development, impaired lung development may also contribute to early onset disease<sup>42</sup>. Recurrent infections or respiratory failure after a viral infection may reflect impaired expression of the pulmonary collectins, SP-A and SP-D. A plausible hypothesis for the variable pulmonary phenotypes is that the clinical phenotype reflects those target genes most severely impacted by the mutation. Other genetic factors (interacting genes, variations in regulatory regions) as well as environmental factors can contribute to the variable expression.

Mutations on a single *NKX2-1* allele are sufficient to cause disease. Many arise *de novo* and cause sporadic disease, but can also be inherited and cause familial disease in an autosomal dominant pattern with variable penetrance. No predominant mutation has been recognized, and there does not appear to be a genotype-phenotype correlation. Haploinsufficiency due to reduced *NKX2-1* expression or TTF-1 function appears to be the primary mechanism for disease, although some mutations could also cause disease through a gain-of-function mechanism<sup>38,40,43</sup>.

## SP-A and SP-D

SP-A and SP-D are structurally related multimeric proteins encoded by a multigene family on chromosome 10, with two genes for SP-A (*SFTPA1*, *SFTPA2*)<sup>44</sup>. The primary roles for SP-A and SP-D appears to be in innate immunity and immune regulation<sup>45</sup>. Monoallelic mutations in the genes encoding *SFTPA2* or *SFTPA1* have been identified in adults with the phenotype of pulmonary fibrosis and lung adenocarcinoma through a gain-of-toxic function mechanism<sup>46-49</sup>. Disease causing mutations in the gene encoding SP-D (*SFTPD*) have yet to be identified<sup>50</sup>.

## Lung Histology and Ultrastructural findings associated with surfactant dysfunction

Characteristic histologic features observed in the lung of children with mutations in surfactant related genes include prominent AEC2 hyperplasia, widening of the interstitium with mesenchymal cells, and variable amounts of granular appearing, proteinaceous material in the distal airspaces mixed with macrophages (Figure). The term “surfactant dysfunction” is used to describe these findings, although other histopathology terms may be used. The amount of proteinaceous material might be so prominent that infants are labeled as having alveolar proteinosis, although it is important to recognize that the syndrome of alveolar proteinosis in adults and older children results from different mechanisms and has a different clinical course and approach to diagnosis and treatment<sup>51</sup>. Prominent aggregations of



macrophages has led to the description of desquamative interstitial pneumonitis<sup>7</sup>. The majority of children with the histologic diagnosis referred to as chronic pneumonitis of infancy<sup>52</sup> have been found to have a mutation in a surfactant related gene, most often *SFTPC*. Similar lung pathology has been observed in infants without any identifiable mutation<sup>7</sup>. Whether these children have mutations in untranslated regions in known genes that escaped detection, had mutations in other genes yet to be identified, or have acquired disorders whose lung pathology mimics those of surfactant dysfunction is unknown. It is important to recognize that the lung histology findings are not specific for a given genetic cause, and identification of the specific gene is necessary for proper counseling concerning prognosis and recurrence risk.

Immunohistochemical staining has been used to further evaluate the lung pathology, but is not widely available and of limited utility in discriminating between the different genetic disorders. Absent staining for mature SP-B is usually found in children with SP-B deficiency, but may also be observed in children with *ABCA3* mutations<sup>7,16</sup>. The most specific finding is staining of extracellular material with antibodies directed against the amino-terminus of proSP-C, which is indicative of SP-B deficiency due to the misprocessing of proSP-C in this disorder. Analysis of tracheal aspirate or BAL fluid for surfactant proteins has been studied on a research basis, but there is sufficient overlap in findings between the different genetic disorders that it is not helpful for diagnosis<sup>53</sup>.

Electron microscopy may be helpful for providing a specific diagnosis, but requires special handling and fixation. Disorganized lamellar bodies are seen in SP-B deficient infants<sup>14,54</sup>. Absent lamellar bodies or small dense bodies with a peripheral electron dense core giving them a “fried-egg” appearance have been typical observed in newborns with the severe form of *ABCA3* deficiency<sup>4,54</sup>. Older infants with relatively milder disease may have more variable findings, although this has not been systemically evaluated. Variable electron microscopy findings have been reported in association with *SFTPC* mutations, but no characteristic pattern has been found to date. Children with *NKX2-1* mutations have variable EM findings<sup>41</sup>.

## Diagnosis of Surfactant Dysfunction Disorders

Knowledge of the typical presentations and inheritance of each of the different disorders is essential to suspecting the diagnosis and key features are summarized in table 1. The diagnosis should be suspected in a full-term infant who develops diffuse lung disease that clinically and radiographically resembles RDS, particularly if there are no risk factors for lung disease such as elective operative delivery without labor, maternal diabetes, or reasons to suspect an infectious etiology. SP-B and *ABCA3* deficiencies are more likely than SP-C dysfunction in newborns with severe disease; congenital hypothyroidism should prompt suspicion for a *NKX2-1* mutation. Older infants who present with diffuse lung disease on chest imaging, along with hypoxemia and failure-to thrive should be suspected of having an *SFTPC* mutation if other more common causes of lung disease are first excluded, although children with *ABCA3* deficiency and *NKX2-1* mutations can present similarly. A positive family history of diffuse lung disease or pulmonary fibrosis in an autosomal dominant pattern can be a clue to *SFTPC* mutations, although also seen in patients with *NKX2-1*

mutations. Detailed approaches to the evaluation of children suspected of these disorders have been published<sup>55,56</sup>.

The diagnosis of a disorder of the surfactant protein genes is made through DNA analysis, which identifies the specific gene and provides information on prognosis and recurrence risk. Multiple commercial, certified diagnostic laboratories offer next generation sequencing panels that include these genes, as well as others that may have overlapping phenotypes ([www.ncbi.nlm.nih.gov/gtr](http://www.ncbi.nlm.nih.gov/gtr)). *SFTPB*, *ABCA3*, and especially *NKX2-1* genic and intragenic deletions exist, so it is important that the assay be sensitive to deletion and duplications (del/dup)<sup>41,57,58</sup>. Knowledge of the inheritance pattern and analysis of parental samples is important in the interpretation of genetic studies. A finding of a single known or likely pathogenic mutation in *SFTPC* or *NKX2-1* is diagnostic of those disorders. Finding of an apparent *de novo* mutation in *SFTPC* or *NKX2-1* often supports that the mutation is likely to be pathogenic, although non-paternity must also be considered. Diagnosis of SP-B or *ABCA3* deficiency requires the finding of a known or likely pathogenic mutation on both alleles. *ABCA3* alleles with more than one mutation have been recognized, so it cannot be assumed if two mutations are found in a child that they are on opposite alleles<sup>5,59</sup>. *ABCA3* and SP-B deficiency have both resulted from uniparental disomy, which alters the recurrence risk. Finally, testing of extremely premature infants with severe lung disease may be problematic, as the likelihood of finding a single *ABCA3* variant and difficulty in interpreting its significance is far higher than obtaining a definitive result, given the population frequency of *ABCA3* variants.

Barriers to genetic testing include the high cost for such studies, which may not be covered by insurance, and that the time to have results reported (turn-around-time) may be weeks and unacceptably long in a critically ill child. An additional limitation to genetic testing involves the findings of genetic variants of unknown significance (VUS), usually missense mutations. While a variety of approaches can be employed to help determine the potential significance VUS, including programs to predict pathogenicity (in silico) and determining their frequency to large publically available databases of genetic variants), such methods are imperfect and it may not be able to determine with certainty the clinical significance of a VUS.

Increasing whole-exome or whole-genome sequencing is being used in the intensive care setting to diagnose rare genetic conditions<sup>60</sup>. As technology improves and costs for such studies decrease, this approach is likely to become the preferred one, as genes continue to be identified associated with phenotypes that overlap with surfactant genetic disorders (Summarized in Table 2). In many cases, next generation sequencing panels are available through diagnostic laboratories that include the surfactant proteins and other genes. An important limitation is that the more genes studied, the higher the likelihood of finding a VUS in one or more candidate genes, which may result in diagnostic confusion rather than clarity.



## Treatment

There are no proven effective drug therapies for surfactant dysfunction disorders. High dose corticosteroids, hydroxychloroquine, and azithromycin have been used off-label with variable responses observed<sup>29,61–63</sup>. Lung transplantation is an option when end stage pulmonary fibrosis develops<sup>64</sup>. Determination of timing of transplant is difficult for children with *ABCA3* and *NKX2-1* mutations and relatively mild disease, and even more so for those with *SFTPC* mutations, as even infants with severe lung disease due to *SFTPC* mutations may spontaneously improve, and the natural history of the disease is poorly understood and difficult to predict. Gene replacement or editing strategies may be needed to effectively treat SP-B deficiency, but are at early stages<sup>65,66</sup>. In the future, treatment with compounds to improve cell trafficking or function of ABCA3, similar to approaches currently being used for cystic fibrosis, may be an option, especially given the related nature of ABCA3 and CFTR<sup>67</sup>.

## Conclusion

Genetic surfactant dysfunction disorders are rare but important causes of respiratory morbidity and mortality. Knowledge of the typical clinical presentations of these disorders is important to recognize and diagnose affected children in a timely manner. Lung biopsy may help categorize the lung disease, but determining the specific gene involved is critical to provide accurate information on prognosis and recurrence risk. Diagnosis can be established non-invasively through clinically available genetic testing, but limited by cost, turn-around-time and difficulties in interpreting results. Therapeutic options are currently limited, but gene replacement or correction strategies may be future options.

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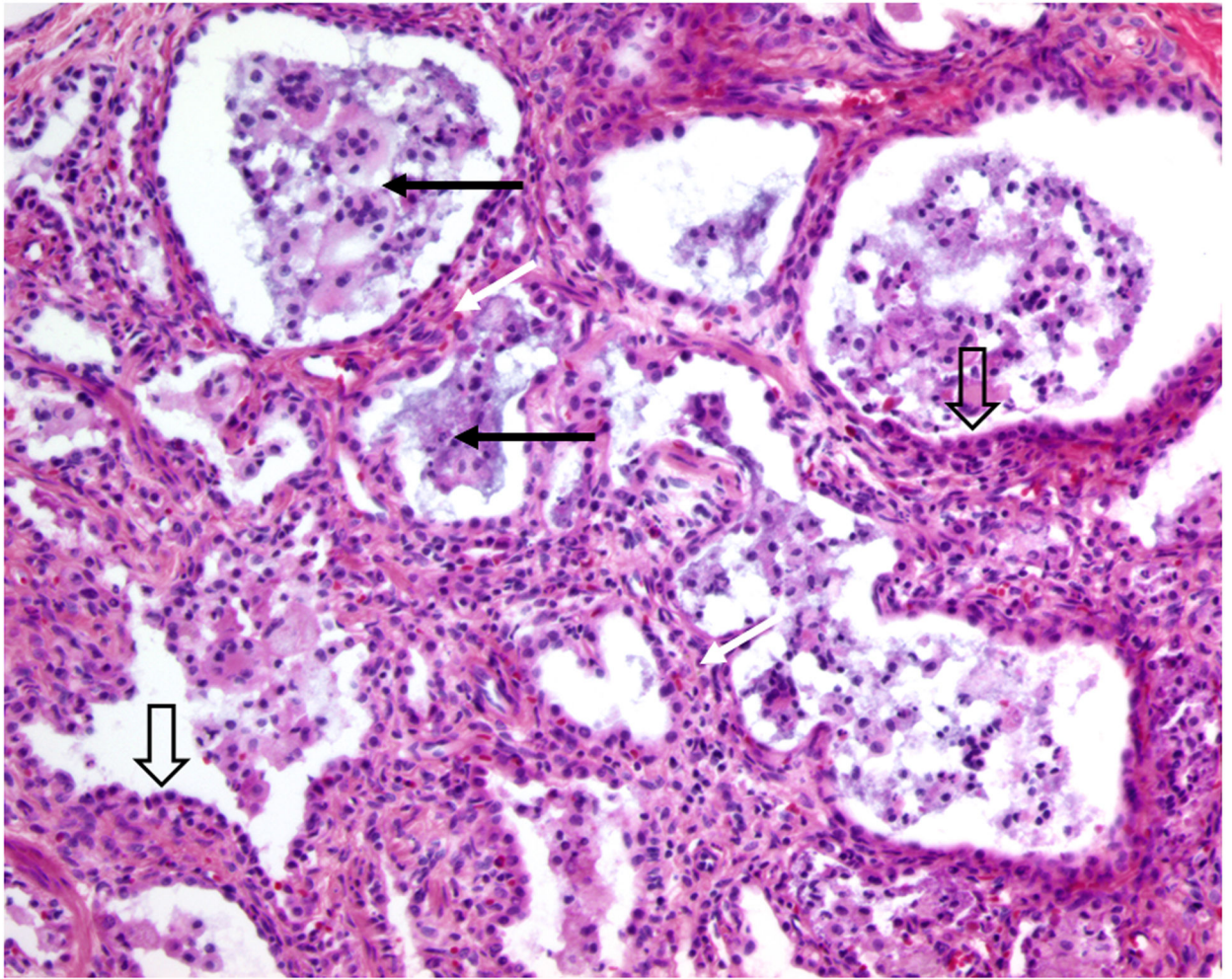
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**Key points:**

- Single gene disorders of surfactant metabolism have been identified that result in acute and/or chronic lung disease, with onset ranging from the neonatal period to adulthood.
- There is considerable overlap in the clinical presentations and lung pathology findings of the disorders, which differ in their inheritance and clinical courses.
- Identification of the specific gene involved is essential in order to provide appropriate counseling regarding prognosis and recurrence risk.
- Non-invasive diagnosis can be made through genetic testing, which may prevent the need for biopsy in an unstable patient.





Representative histology of surfactant dysfunction in a patient with a mutation located in the *SFTPC* BRICHOS domain. Wide arrows point to hyperplastic AEC2s, dark arrows indicated proteinaceous material and macrophages in distal airspaces, and white arrows indicate the thickened interstitium. Photomicrograph courtesy of Susan Wert, Ph.D., Cincinnati Children's Hospital Medical Center.

**Table 1:**

Key features of genetic causes of surfactant dysfunction

Locus	ABCA3	SFTPB	SFTPC	NKX2-1	SFTPA1, SFTPA2
<b>Protein</b>	<b>ABCA3</b>	<b>SP-B</b>	<b>SP-C</b>	<b>TTF1</b>	<b>SP-A</b>
Function	Imports surfactant lipids (DSPC, PG) into lamellar bodies Lamellar body formation	Enhances adsorption and spreading of surfactant phospholipids Lamellar body formation	Enhances adsorption and spreading of surfactant phospholipids	Transcription Factor; Important for expression of SP-B, SP-C, ABCA3, CCSP and multiple other proteins in lung, thyroid and CNS	Innate Immunity
Inheritance	Recessive	Recessive	Dominant or Sporadic ( <i>de novo</i> )	Sporadic ( <i>de novo</i> ) or Dominant	Dominant or Sporadic ( <i>de novo</i> )
Relatively Frequent Mutation	c.875 A>T (p.Glu292Val) - < 10% alleles	c.397delCinsGAA (p.Pro133Glnfs*) - ~70% of alleles	c.218 T>C (p.Ile73Thr) ~30 – 40%	None	None
Mechanism	Loss-of-function	Loss-of-function	Gain of toxic function	Loss-of-function (Haploinsufficiency)	Gain of toxic function
Pulmonary Phenotype	Neonatal RDS Childhood ILD	Neonatal RDS	Childhood ILD Adult PF Neonatal RDS	Neonatal RDS Childhood ILD None	Adult PF Lung Cancer
Extrapulmonary Phenotype	None	No	No	Hypothyroidism Chorea, Ataxia, other movement disorder	None
Outcome	Fatal within 3 months (~60%) with genotype indicating complete loss-of-function; Prolonged survival possible	Usually fatal within 3 months	Variable. May be asymptomatic for decades. Critically ill infants may improve with time	Variable	Variable

CCSP: Club Cell Secretory Protein; RDS: Respiratory Distress Syndrome; ILD: Interstitial Lung Disease; PF: Pulmonary Fibrosis

**Table 2:**

Other genetic causes of neonatal and childhood diffuse lung disease

Gene	Gene function	Inheritance Pattern	Age of Onset	Pulmonary Phenotype	Extrapulmonary Involvement
<b>Lung Developmental Disorders</b>					
FOXF1	Transcription Factor	Sporadic / Dominant with variable penetrance	Neonatal	Hypoxemic respiratory failure; PPHN	Cardiac, Gastrointestinal, Genitourinary
TBX4	Transcription Factor	Sporadic	Neonatal, Childhood	Hypoxemic respiratory failure; Pulmonary Hypertension	Skeletal
<b>Structural genes</b>					
FLNA	Intracellular scaffolding	X-linked dominant; can occur in males	Neonatal Infancy	BPD, cystic lung disease	Cardiac, Skeletal, CNS (periventricular Heterotopias)
ITGA3	Transmembrane receptor	Recessive	Neonatal	RDS Growth Disorder (BPD)	Skin, Renal
<b>Primary Ciliary Dyskinesia – 40 known genes</b>			<b>80% + with neonatal</b>		<b>Sinus, Ear, Situs</b>
<b>Pulmonary Alveolar Proteinosis Genes</b>					
SLC7A7	Solute Transporter	Recessive	Infancy	PAP	Lysinuric Protein Intolerance
CSF2RA	Membrane Receptor for GM-CSF	Recessive	Infancy to adult	PAP	None
CSF2RB	Membrane Receptor for GM-CSF	Recessive	Infancy to adult	PAP	None
MARS	tRNA synthetase (methionine)	Recessive	Infancy to adult	PAP	Liver, Anemia, Thyroid
GATA2	Transcription Factor	Sporadic or Dominant	Childhood to adult	PAP	Bone marrow, Immune
<b>Storage Diseases</b>					
NPC2 NPC1	Enzyme	Recessive	Neonatal to infancy	DLD	Neurologic Liver (Cholestasis)
IDUA (MPS type I)	Enzyme	Recessive	Neonatal to infancy	DLD	Neurologic Skeletal Visceromegaly
<b>Immune Dysfunction Disorders with prominent pulmonary pathology</b>					
COPA	Intracellular Transport	Dominant or Sporadic	Infancy to adult	Pulmonary Hemorrhage; DLD	Joint, renal, immune
TMEM173	Intracellular Signaling	Sporadic	Newborn to infancy	DLD	Skin (vasculitis), immune STING Associated Vasculitis of Infancy (SAVI)

RDS: Respiratory Distress Syndrome; BPD: Bronchopulmonary Dysplasia; DLD: Diffuse Lung Disease; GM-CSF: Granulocyte-Macrophage Colony Stimulating Factor; PAP: Pulmonary Alveolar Proteinosis; STING: Stimulator of Interferon Genes.