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## Group IIA Secretory Phospholipase A<sub>2</sub> and Incident Cardiovascular Disease: An Analysis from the JUPITER Trial

**Akintunde O. Akinkuolie\***,

Center for Lipid Metabolomics, Division of Preventive Medicine, Brigham and Women's Hospital, Department of Medicine, Massachusetts General Hospital, Harvard Medical School, Boston, MA

**Patrick R. Lawler\***,

Center for Lipid Metabolomics, Division of Preventive Medicine, Brigham and Women's Hospital, Boston, MA; Peter Munk Cardiac Centre, Toronto General Hospital, and the Heart and Stroke/ Richard Lewar Centre for Excellence in Cardiovascular Research, University of Toronto, Toronto, ON, Canada

**Audrey Y. Chu,**

Merck Research Laboratories, Boston, MA

**Michael Caulfield,**

Department of Endocrinology & CVD, Quest Diagnostics Nichols Institute, San Juan Capistrano, CA

**Jianying Mu,**

Department of Endocrinology & CVD, Quest Diagnostics Nichols Institute, San Juan Capistrano, CA

**Bo Ding,**

Medical Evidence & Observational Research, Global Medical Affairs, AstraZeneca R&D, Mölndal, Sweden

**Fredrik Nyberg,**

Medical Evidence & Observational Research, Global Medical Affairs, AstraZeneca R&D, Mölndal, Sweden; Occupational and Environmental Medicine, Sahlgrenska Academy, University of Gothenburg, Gothenburg, Sweden

**Robert J. Glynn,**

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**Corresponding Author:** Samia Mora, MD, MHS, Center for Lipid Metabolomics, Brigham and Women's Hospital, 900 Commonwealth Avenue East, Third Floor, Boston, MA 02215 Telephone: (617) 278-0783 Facsimile: (617) 264-9194 smora@bwh.harvard.edu.

\*These authors contributed equally.

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Center for Lipid Metabolomics, Division of Preventive Medicine, Brigham and Women's Hospital, Department of Biostatistics, Harvard School of Public Health, Boston, MA

**Paul M Ridker,**

Center for Lipid Metabolomics, Division of Preventive Medicine and Cardiovascular Medicine, Brigham and Women's Hospital, Boston, MA

**Eva Hurt-Camejo,**

Cardiovascular & Metabolic Diseases, Innovative Medicines, AstraZeneca R&D, Mölndal, Sweden; Division of Clinical Chemistry, Department of Laboratory Medicine, Karolinska Institute, Stockholm, Sweden

**Daniel I. Chasman, and**

Center for Lipid Metabolomics, Division of Preventive Medicine, Brigham and Women's Hospital, Boston, MA

**Samia Mora**

Center for Lipid Metabolomics, Division of Preventive Medicine and Cardiovascular Medicine, Brigham and Women's Hospital, Boston, MA

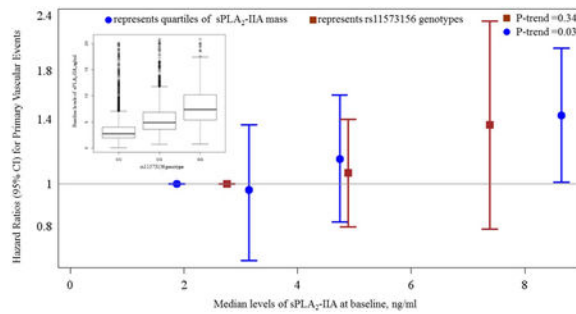
## Abstract

**Objectives:** Inflammation is a causal risk factor for cardiovascular disease (CVD). Group IIA secretory phospholipase A<sub>2</sub> (sPLA<sub>2</sub>-IIA) plays an integral role in regulating vascular inflammation. While studies investigated sPLA<sub>2</sub>-IIA in secondary prevention, we prospectively evaluated sPLA<sub>2</sub>-IIA mass and genetic variants with CVD events in a primary prevention population with chronic inflammation.

**Approach and Results:** The JUPITER trial ([NCT00239681](#)) randomized participants with LDLc <130 mg/dL and hsCRP ≥ 2 mg/L to high-intensity rosuvastatin vs placebo. Baseline and 1-year plasma sPLA<sub>2</sub>-IIA mass was measured (N=11,269 baseline; N=9,620 1-year). We also identified genetic variants influencing sPLA<sub>2</sub>-IIA using genome-wide association and examined them with CVD. 313 incident CVD events occurred during follow-up. Baseline sPLA<sub>2</sub>-IIA mass (median, 25<sup>th</sup>-75<sup>th</sup> percentile: 3.81, 2.49-6.03 ng/ml) was associated with increased risk of CVD: risk-factor adjusted HR (95% CI; p-value) per SD increment: 1.22 (1.08-1.38; p=0.002). This remained significant (1.18, 1.04-1.35; p=0.01) after incrementally adjusting for hsCRP. Similar estimates were observed in rosuvastatin and placebo groups (p-treatment interaction>0.05). The rs11573156C variant in *PLA2G2A* (encoding sPLA<sub>2</sub>-IIA) had the strongest effect on sPLA<sub>2</sub>-II: median (25<sup>th</sup>-75<sup>th</sup> percentile, ng/mL) for CC and GG genotypes: 2.79 (1.97-4.01) and 7.38 (5.38-10.19), respectively; and had non-significant trend for higher CVD risk (HR: 1.11, 95% CI 0.89-1.38, p=0.34).

**Conclusions:** In the JUPITER population recruited on chronic inflammation, sPLA<sub>2</sub>-IIA mass was associated with CVD risk relating to vascular inflammation not fully reflected by hsCRP. Additional studies, including larger functional genetic and clinical studies, are needed to determine whether sPLA<sub>2</sub>-IIA may be a potential pharmacological target for primary prevention of CVD.

## Graphical Abstract



## Keywords

Cardiovascular disease; statins; secretory phospholipase; prevention

## INTRODUCTION

A large body of evidence supports inflammation as a central causal risk factor in the progression of atherosclerotic cardiovascular disease (CVD).<sup>1</sup> Most recently, a large randomized clinical trial of pharmacologic inhibition of the proinflammatory cytokine interleukin-1 beta by the monoclonal antibody canakinumab demonstrated that reducing systemic inflammation could reduce the risk of major adverse cardiovascular events including cardiovascular mortality.<sup>2</sup> Importantly, the magnitude of trial participants' reduction in the inflammatory acute phase protein high-sensitivity C-reactive protein (hsCRP) identified the group who experienced a reduction in CVD events on study drug.<sup>3</sup> In light of these findings, there has been recent renewed interest in identifying pharmacologic targets for inflammation modification to prevent CVD events.

Secretory phospholipases A<sub>2</sub> are members of the conserved super family of phospholipase A<sub>2</sub> enzymes that catalyze the hydrolysis of the *sn*-2 fatty acyl ester bond of glycerophospholipids which are present in lipoproteins and membranes, liberating precursors of various pro-inflammatory cytokines such as bioactive free fatty acid and lysophospholipid.<sup>4, 5</sup> Several isoforms have been implicated in atherogenesis through pro-inflammatory roles,<sup>4-6</sup> including group IIA secretory phospholipase A<sub>2</sub> (sPLA<sub>2</sub>-IIA), the most abundant secretory phospholipase A<sub>2</sub> isoform.<sup>5, 7</sup> Experimental treatment with sPLA<sub>2</sub>-IIA leads to hydrolysis of lipoproteins, which renders low density lipoprotein (LDL) more susceptible to oxidative modification and increases its affinity for extracellular matrices of arterial intima, leading to the progressive formation of foam cells.<sup>8-12</sup> Genetically humanized mice that constitutively express sPLA<sub>2</sub>-IIA have also been shown to develop accelerated atherosclerosis,<sup>13, 14</sup> and human atherosclerotic lesions exhibit increased expression of sPLA<sub>2</sub>-IIA.<sup>15, 16</sup> Furthermore, epidemiologic studies have shown plasma mass of sPLA<sub>2</sub>-IIA to be increased in unstable angina patients,<sup>17</sup> and to be associated with recurrent cardiovascular events in patients with stable coronary heart disease<sup>18, 19</sup> and acute coronary syndromes (ACS).<sup>17, 20, 21</sup>

While most studies to date have focused on examining associations between sPLA<sub>2</sub>-IIA and outcomes among patients with established CVD, the relation of sPLA<sub>2</sub>-IIA with incident

CVD in a primary prevention setting has not been adequately evaluated. Despite the role of sPLA<sub>2</sub>-IIA in rendering LDL atherogenic,<sup>11, 12</sup> its association with CVD in statin-treated individuals has only been investigated in the setting of ACS and not in primary prevention.<sup>22</sup> To address the knowledge gap, we measured baseline and on-statin treatment levels of sPLA<sub>2</sub>-IIA in the Justification for the Use of statins in Prevention: an Intervention Trial Evaluating Rosuvastatin (JUPITER) trial to examine: 1) the effect of high-intensity rosuvastatin treatment on sPLA<sub>2</sub>-IIA levels; 2) the association of sPLA<sub>2</sub>-IIA with incident CVD; and 3) the efficacy of rosuvastatin therapy in JUPITER by levels of sPLA<sub>2</sub>-IIA. Moreover, in order to evaluate whether an association of sPLA<sub>2</sub>-IIA with incident CVD events may be causal, we also performed a genome wide association study (GWAS) to identify genetic variants that determine sPLA<sub>2</sub>-IIA levels, and then in exploratory analyses assessed the effect of these variants on incident CVD events.

## MATERIAL AND METHODS

Deidentified data that support the findings of this study are available from the corresponding author upon reasonable request from qualified researchers trained in human subject confidentiality protocols.

### Study Population

JUPITER (NCT00239681) was a double-blind placebo controlled trial that evaluated rosuvastatin 20 mg daily versus placebo in the primary prevention of first major CVD events among 17 802 apparently healthy men 50 years and women 60 years with LDL-cholesterol <130mg/dl but who were at increased risk of cardiovascular events on the basis of elevated high sensitivity C-reactive protein (hsCRP 2 mg/L).<sup>23</sup> Key exclusion criteria for JUPITER included previous or current use of lipid lowering therapy, current use of postmenopausal hormonal therapy, diabetes mellitus, and inflammatory conditions such as severe arthritis, lupus or inflammatory bowel disease or treatment with immunosuppressive medications. The trial protocol invited (but did not require) study participants to provide a baseline blood sample before randomization and after one year. In the present study, we analyzed a total of 11 269 participants who provided sufficient blood sample at baseline to enable measurements of sPLA<sub>2</sub>-IIA levels; of these, 9 620 participants had sufficient blood sample at both baseline and at one year.

### Laboratory Methods

sPLA<sub>2</sub>-IIA was measured at Quest Diagnostics Nichols Institute (San Juan Capistrano, CA) with a commercially available enzyme immunoassay (Cayman assay; Cayman Chemical Co. Ann Arbor MI) based on a double-antibody sandwich technique that is specific for sPLA<sub>2</sub>-IIA and does not cross react with Group I, IV, V or X phospholipase A<sub>2</sub> enzymes nor other inflammatory mediators such as tumor necrosis factor, interleukin-1, or platelet activating factor. The limit of detection for this assay is 0.46 ng/ml and the mean coefficient of variation for duplicate inter assay runs were 8.75, 5.16, and 7.66% at concentrations of 2.24, 8.52, and 15.80 ng/ml respectively. Lipids, hsCRP, and glucose measurements were performed on fasting samples in a central laboratory as part of the main trial protocol.

## Outcomes

The primary outcome of the current study is the trial primary endpoint defined as non-fatal myocardial infarction, nonfatal stroke, hospitalization for unstable angina, arterial revascularization, or cardiovascular death. We additionally performed a sensitivity analysis using an expanded endpoint of the primary endpoint and all-cause death, consistent with prior analyses in JUPITER.<sup>24, 25</sup>

## Statistical Analysis

**sPLA<sub>2</sub>-IIA Mass, Rosuvastatin Therapy, and Incident CVD Risk**—Baseline characteristics were expressed as means (25<sup>th</sup> to 75<sup>th</sup> percentiles) or percentages.  $\chi^2$  was used to compare levels of sPLA<sub>2</sub>-IIA by clinical subgroups and spearman correlations were used to quantify associations of sPLA<sub>2</sub>-IIA with clinical risk factors. The Wilcoxon signed rank test was used to compare baseline and one year sPLA<sub>2</sub>-IIA by randomization arm. Changes in sPLA<sub>2</sub>-IIA levels after one year of study treatment were expressed as percentages within each arm. The effect of rosuvastatin versus placebo on sPLA<sub>2</sub>-IIA levels was assessed by Wilcoxon rank sum test. For comparison, similar analyses were performed for hsCRP. Person-time of follow-up was assessed from the time of randomization to the first occurrence of a primary outcome component, date of death, or last study visit. Absolute event rates were calculated per 100 person-years. Hazard ratios (HRs) and 95% confidence intervals (CIs) for the association of baseline and on-treatment sPLA<sub>2</sub>-IIA mass with CVD outcomes were quantified using Cox proportional hazards regression according to quartiles of sPLA<sub>2</sub>-IIA and per standard deviation (SD). Cox regressions were based on three sequentially adjusted models: model 1 adjusted for age, sex, and randomized treatment assignment; model 2 additionally adjusted for race, smoking, family history of premature coronary disease, body mass index, systolic blood pressure, glucose, high density lipoprotein cholesterol, LDL-cholesterol, and natural log-transformed triglycerides; and model 3 included model 2 variables plus natural log-transformed hsCRP.

We performed stratified analyses according to randomization arm and tested for treatment interaction by including a cross-product term between sPLA<sub>2</sub>-IIA and randomization treatment. We performed additional analyses to examine if the association of sPLA<sub>2</sub>-IIA with CVD was modified by sex, age (< 65 or >65 years), smoking (yes or no), family history of coronary heart disease (yes or no), metabolic syndrome (yes or no), time to event (< 24 or >24 months), or fasting glucose (<100 or ≥ 100 mg/dl). Finally, we examined whether rosuvastatin efficacy in reducing the primary outcome was modified by varying levels of sPLA<sub>2</sub>-IIA (quartiles). All probability values were 2-tailed, with values <0.05 considered statistically significant. Statistical analyses were performed with SAS version 9.3 (SAS Institute).

## Genetic Analyses

Genetic analyses were performed in a subset of participants in the present study who consented to genetic analysis, had sPLA<sub>2</sub>-II measurements at baseline and were of verified self-reported European ancestry as previously described.<sup>26</sup> GWAS of SNPs associated with sPLA<sub>2</sub>-IIA mass was performed using genotyped SNPs with minor allele frequency frequencies >1% and, Hardy-Weinberg equilibrium  $P < 10^{-6}$ . Association statistics were

obtained from inverse-quantile normalized residualized values of sPLA<sub>2</sub>-II adjusted for age, sex, region and measures of subpopulation stratification. Genome wide significance was set at the conventional threshold of  $\alpha=5\times 10^{-8}$ . Conditional analysis was performed using the genome-wide complex trait analysis tool<sup>27</sup> to determine the number of non-redundant loci contributing to the sPLA<sub>2</sub>-II association. For the 69 SNPs reaching genome-wide significance ( $p<5\times 10^{-8}$ ) in association with sPLA<sub>2</sub>-II, we assessed the association with incident CVD in a Cox regression model adjusting for age, sex, randomization treatment assignment, region and measures of subpopulation stratification. Additionally, we assessed interaction with rosuvastatin treatment on the associations between the SNPs with incident CVD by adding a SNP-by-allocation interaction term to the model. Statistical analyses were performed using PLINK, GCTA, and R.

## Genotyping

Genotyping was performed on each study participant for a total of 1 006 348 single-nucleotide polymorphisms (SNPs) using the Omni 1M Quad platform and processed using GenomeStudio software v1.6.2 (both Illumina, San Diego, CA) by the manufacturer. SNPs with poor clustering metrics for parameters such as AbrMean (intensity), cluster separation, Hardy-Weinberg Equilibrium, and call frequency, were visually inspected and either annotated, removed, or manually edited. Markers were retained for the final data if the updated clusters met quality standards and the genotyping was successful >98.5% of the samples. Multidimensional scaling procedures implemented in PLINK were used for verification of self-reported European ancestry. Sub-European population stratification was estimated using EIGENSTRAT. First-degree relatives were identified by state clustering in PLINK and excluded.

## RESULTS

### Baseline Characteristics

Baseline characteristics of study participants with measured sPLA<sub>2</sub>-IIA were similar to those of the entire JUPITER cohort except that there were more white participants in the present study (Supplemental Table I). The median (25<sup>th</sup> to 75<sup>th</sup> percentile) sPLA<sub>2</sub>-IIA was 3.81 (2.49-6.03) ng/ml, and was higher in women, blacks, and participants with the metabolic syndrome (Table 1). sPLA<sub>2</sub>-IIA correlated positively with hsCRP (baseline  $r=0.31$ ; on-treatment  $r=0.38$ ,  $p<0.0001$  for both), and inversely albeit more weakly with lipoprotein associated phospholipase A<sub>2</sub> (Lp-PLA2) activity (baseline  $r=-0.17$ ; on-treatment  $r=-0.02$ ,  $p<0.05$  for both); and with other patient characteristics and biomarkers ( $r=-0.16$  to 0.21) (Supplemental Table II).

### Effect of Rosuvastatin Therapy on sPLA<sub>2</sub>-IIA Mass

sPLA<sub>2</sub>-IIA decreased by a median (25<sup>th</sup> to 75<sup>th</sup> percentile) of -1.3 (-2.4 to -0.5) ng/ml and -1.6 (-2.9 to -0.7) ng/ml in the placebo and rosuvastatin groups, respectively, comparing one year with baseline values ( $P<0.0001$  for one year versus baseline values in either treatment group, Supplemental Table 3), corresponding to a median percent change of -38% (-56 to -15%) and -46% (-60 to -26%) respectively ( $P$  comparing changes between



treatment groups  $<0.0001$ ; Figure 1 and Supplemental Table III). The corresponding percent changes in hsCRP were  $-20\%$  ( $-50$  to  $21\%$ ) and  $-48\%$  ( $-69$  to  $-16\%$ ) respectively.

### sPLA<sub>2</sub>-IIA Mass and Incident CVD

Among the 11 269 participants with baseline measurement of sPLA<sub>2</sub>-IIA, 313 cases of the primary outcome were confirmed over a median follow-up of 1.9 (maximum, 5.0) years; 65% (201) and 35% (109) of these cases occurred in the placebo and rosuvastatin groups, respectively, similar to the proportions observed in the entire JUPITER trial.<sup>23</sup> In the multivariable adjusted model 2, HRs (95% CIs) for the primary endpoint for quartiles 2 to 4 of baseline sPLA<sub>2</sub>-IIA levels compared to quartile 1 as the reference were, 0.98 (0.70-1.37), 1.18 (0.85-1.64), 1.54 (1.10-2.15) ( $P_{\text{linear trend}} = 0.006$ ); additional adjustment for hsCRP resulted in a slightly attenuated but statistically significant association: HR (95% CI) for quartile 4 versus 1 was 1.43 (1.01-2.03;  $P_{\text{linear trend}} = 0.03$ ) (Table 2). The risk estimates per SD increase in baseline sPLA<sub>2</sub>-IIA were 1.22 (95% CI, 1.08-1.38;  $p=0.002$ ) and 1.18 (95% CI, 1.04-1.35;  $p=0.01$ ) in the corresponding multivariable adjusted models respectively (Table 2). There was no statistical interaction by randomized treatment assignment in either model 2 or 3 ( $P$  for interaction = 0.88 and 0.34) (Supplemental tables IV and V). Results were generally similar when levels of baseline sPLA<sub>2</sub>-IIA were examined in relation to the expanded primary endpoint that included all-cause death (Table 2, Supplemental tables IV and V).

### On-treatment sPLA<sub>2</sub>-IIA Mass and Residual CVD Risk

For the rosuvastatin-allocated group, the model 2 HRs (95% CIs) for the primary endpoint for quartiles 2 to 4 of on-treatment sPLA<sub>2</sub>-IIA mass compared to quartile 1 as reference were, 0.78 (0.38-1.59), 1.28 (0.67-2.44), 1.52 (0.78-2.93) ( $P_{\text{linear trend}} = 0.10$ ); after additional adjustment for hsCRP the HR for quartile 4 versus 1 was 1.18 (0.58-2.39;  $P_{\text{linear trend}} = 0.43$ ) (Table 3). The risk estimates per SD increment in on-treatment sPLA<sub>2</sub>-IIA were 1.19 (95% CI, 0.97-1.45;  $P=0.09$ ) and 1.08 (95% CI, 0.87-1.34;  $P=0.50$ ) in the corresponding multivariable adjusted models respectively. For the rosuvastatin-allocated group, on-treatment sPLA<sub>2</sub>-IIA was significantly associated with the expanded primary endpoint that included all-cause death [HR for quartile 4 versus 1 was 1.66 (95% CI: 0.95-2.89);  $P_{\text{linear trend}} = 0.02$ ] or per SD increment [HR: 1.31 (95% CI: 1.11-1.55),  $P=0.001$ ] (Table 3). This association was attenuated after adjustment for on-treatment hsCRP [HR for quartile 4 versus 1 was 1.25 (95% CI: 0.69-2.25);  $P_{\text{linear trend}} = 0.25$ ] or per 1-SD increment ( $P=0.06$ ) (Table 3).

### Efficacy of Rosuvastatin Therapy According to Baseline sPLA<sub>2</sub>-IIA Mass

In an analysis that examined participants based on categories that took both treatment assignment and baseline sPLA<sub>2</sub>-IIA mass into account, those who were on placebo and had sPLA<sub>2</sub>-IIA levels  $\leq 2.49$  ng/ml (1<sup>st</sup> quartile) were considered as the reference category. For both the placebo and rosuvastatin groups, there was a suggested trend of increasing risk with increasing baseline sPLA<sub>2</sub>-IIA levels; however, at each level the rosuvastatin group had lower risk (Figure 2). Consequently, rosuvastatin therapy had similar efficacy regardless of baseline sPLA<sub>2</sub>-IIA levels, as illustrated in Figure 3 ( $P$  for interaction=0.33), with estimates

centered around the effect estimate reported in the JUPITER trial [HR: 0.56; 95% CI: 0.46-0.69)].<sup>23</sup>

### SNPs Associated with sPLA<sub>2</sub>-IIA Mass

In 6 692 JUPITER participants who consented for genetic research (3 333 participants in the placebo group and 3 359 participants in the rosuvastatin group), a genome wide scan of 796 141 SNPs identified 69 SNPs that met genome wide significance threshold ( $P < 5 \times 10^{-8}$ ) for association with baseline sPLA<sub>2</sub>-IIA levels (Supplemental Table VI). Among the identified SNPs, all but one are located in a cluster of loci on chromosome 1 which are all members of the secretory phospholipase A<sub>2</sub> family of genes (*PLA2G2A*, *PLA2G2C*, *PLA2G2D*, *PLA2G2E*, *PLA2G2F*, and *PLA2G5* that encode for sPLA<sub>2</sub>-IIA, sPLA<sub>2</sub>-IIC, sPLA<sub>2</sub>-IID, sPLA<sub>2</sub>-IIE, sPLA<sub>2</sub>-IIF, and sPLA<sub>2</sub>-V, respectively), in addition to flanking genes *OTUD3*, *TMCO4*, *RNF186*, *UBXN10*, with the remaining identified SNP in a locus on chromosome 17, *ABCA8*. The 3 top SNPs (rs11573156  $P = 5.1 \times 10^{-472}$ ; rs2307246  $P = 3.2 \times 10^{-441}$ ; and rs4744  $P = 1.1 \times 10^{-441}$ ) with the strongest magnitude of association with levels of sPLA<sub>2</sub>-IIA are located within *PLA2G2A* (encoding sPLA<sub>2</sub>-IIA). rs11573156, which was the lead SNP explained 28% of the variance in sPLA<sub>2</sub>-IIA levels. The median (25<sup>th</sup> to 75<sup>th</sup> percentile) sPLA<sub>2</sub>-IIA value for individuals homozygous for the common allele of rs11573156 (CC) was 2.79 ng/ml (1.97-4.01 ng/ml) while that for individuals homozygous for the rare allele (GG) was 7.38 ng/ml (5.38-10.19 ng/ml); similar values were obtained for the extreme genotypes of rs2307246 and rs4744. Conditional analysis from genome-wide complex trait analysis tool revealed 2 non-redundant signals on chromosome 1 rs2307246 and rs12023742 (*PLA2G2A*); 1 on chromosome 17 rs34931250 (*ABCA8*); and 1 on chromosome 12 rs7310409 (*HNF1A*) that did not meet initial genome wide significance ( $P = 1.6 \times 10^{-8}$ ).

### Association of SNPs with Incident CVD

The lead SNP in the *PLA2G2A* locus, rs11573156, with a minor allele frequency of 0.23, had no significant association with traditional CVD risk factors including body mass index, systolic blood pressure, LDL-cholesterol, high density lipoprotein (HDL)-cholesterol, triglycerides, and hsCRP (Supplemental Table VII). Of the 6 692 participants included in the genetic analysis of CVD events, 218 developed incident CVD. The HR for rs11573156 with incident CVD was 1.11 (95% CI: 0.89-1.38;  $P = 0.34$ ), demonstrating a trend towards higher CVD risk in a manner that was consistent with the association of sPLA<sub>2</sub>-IIA mass with CVD risk, but which were not statistically significant (Graphic Abstract). Results were similar for other SNPs in *PLA2G2A* (Table 4) as well as the other genetic determinants of sPLA<sub>2</sub>-IIA (Supplemental Table VI). There was no evidence of treatment interaction for the association of any of the SNPs with incident CVD (Supplemental Table VI).

## DISCUSSION

In the JUPITER trial – an at-risk primary prevention trial among individuals with evidence of systemic inflammation – elevated levels of baseline sPLA<sub>2</sub>-IIA mass were significantly associated with greater risk of the composite primary endpoint that included myocardial infarction, coronary revascularization, unstable angina, stroke, or fatal cardiovascular events,



independent of traditional cardiometabolic risk factors. This association persisted after adjustment for hsCRP and lacked evidence of statistical heterogeneity by rosuvastatin therapy. The three SNPs in *PLA2G2A* (rs11573156, rs2307246, and rs4744) employed herein accounted for up to 28% of the variance in sPLA<sub>2</sub>-IIA levels, and demonstrated a non-significant trend towards higher CVD risk in a manner that mirrored the observational associations observed between sPLA<sub>2</sub>-IIA mass with CVD risk.

Multiple inflammatory pathways play key roles in the genesis and progression of atherosclerosis.<sup>1</sup> Importantly, reducing inflammation with interleukin-1 $\beta$  inhibition among those with elevated hsCRP has recently been found to prevent CVD events and improve mortality.<sup>2</sup> As such, identifying clinically relevant vascular inflammatory pathways for further targeting has taken on critical importance. While several studies have demonstrated the prognostic usefulness of sPLA<sub>2</sub>-IIA in patients with existing CVD<sup>15-18</sup> there are limited data on the value of sPLA<sub>2</sub>-IIA for CVD risk assessment in primary prevention settings. We know of only one study that previously examined sPLA<sub>2</sub>-IIA in an apparently healthy population without baseline CVD – a nested case-control study in the European Prospective Investigation into Cancer (EPIC)-Norfolk cohort – where the study authors found sPLA<sub>2</sub>-IIA to be associated with risk of fatal and non-fatal coronary artery disease<sup>28</sup>. While these two studies were largely performed in similar populations, key differences in study design were present (Supplemental Table VIII). Both studies nonetheless described associations between sPLA<sub>2</sub>-IIA and incident CVD, validating and extending each other's findings. To our knowledge, the current study is the first to prospectively evaluate the association of sPLA<sub>2</sub>-IIA with the risk of incident CVD events in a primary prevention population recruited on the basis of chronic inflammation, finding that baseline measures of sPLA<sub>2</sub>-IIA are associated with a significant increase in the risk of incident CVD, even after adjustment for established clinical risk factors as well as other inflammatory markers, such as hsCRP. That such an association between sPLA<sub>2</sub>-IIA and CVD events remained significant after adjusting for hsCRP suggests that sPLA<sub>2</sub>-IIA could be an important parallel vascular inflammatory pathway in patients with inflammatory risk of CVD. The present study was conducted in a cohort selected on the basis of elevated hsCRP, and additional studies in other populations are needed.

While the relative risk reduction with rosuvastatin vs placebo in JUPITER was similar among those with and without elevated sPLA<sub>2</sub>-IIA, the absolute risk was higher among those with high sPLA<sub>2</sub>-IIA, hence the benefit is greater for these individuals on an absolute risk scale. This higher inflammatory risk may also potentially be reduced further with other anti-inflammatory therapies beyond statins. The value of sPLA<sub>2</sub>-IIA for assessing “residual risk” in statin-treated individuals therefore warrants further investigation in other populations and with newer anti-inflammatory therapies.

The decline in hsCRP and sPLA<sub>2</sub>-IIA in the placebo group at one year may be at least in part due to regression to the mean which is expected when screened subjects with low inflammation are excluded from a study as is the case in JUPITER<sup>23</sup>. Periodic medical surveillance of all JUPITER participants as mandated in the trial protocol may have also resulted in improved overall risk factor control even among participants allocated to placebo. Furthermore, the Hawthorne Effect – whereby knowing that they are being monitored can

lead participants to modify their behavior – may have led to improved compliance with medication and lifestyle recommendations. These factors may also contribute to the decline in sPLA<sub>2</sub>-IIA levels after one year particularly, given the degree of correlation we observed between both biomarkers at study entry.

We observed a genome-wide significant gene-dose effect between *PLA2G2A* variants and sPLA<sub>2</sub>-IIA levels, and in turn found that these variants also demonstrated a non-significant trend towards association with increased risk of CVD, although this analysis was exploratory and underpowered. We, however, note that a meta-analysis of data from European subjects in the general population which did not include JUPITER study participants also found rs11573156 polymorphisms located in *PLA2G2A* to be the most genome-wide significant determinant of sPLA<sub>2</sub>-IIA levels but found no evidence of an association between this SNP and incident CVD.<sup>29</sup> In our study, we similarly did not observe a significant association between genetic variants in sPLA<sub>2</sub>-IIA and CVD events, although this should be examined in larger primary prevention cohorts to confirm an absence of this association.

The VISTA-16 trial testing the initiation of varespladip methyl, a very potent pan sPLA<sub>2</sub> inhibitor, within 96 hours of ACS, was terminated after an interim analyses owing to futility and a signal towards harm accounted for by a significant increase in the risk of myocardial infarction.<sup>30</sup> Prior studies suggested that some isoforms of sPLA<sub>2</sub>, such as sPLA<sub>2</sub>-X, may in fact be athero-protective, and hence the potential beneficial effects of varespladip on sPLA<sub>2</sub>-IIA might have been offset by deleterious effects on other sPLA<sub>2</sub> isoforms.<sup>31</sup> In addition, the balance of pro- and anti-inflammatory cytokines after an ACS may significantly impact near term prognosis.<sup>32</sup> On the other hand, in individuals with no history of CVD but with an elevated degree of inflammation, we did not find genetic polymorphisms influencing the sPLA<sub>2</sub>-IIA isoform to be associated with an increased risk of CVD. Rather our results suggest that pharmacological blockade specific to the sPLA<sub>2</sub>-IIA isoform may be a potential strategy for preventing the onset of CVD, in particular if enzyme activity is specifically inhibited at the arterial wall, the site of atherosclerotic lesion formation.<sup>33</sup>

Furthermore, pharmacological blockade of Lp-PLA<sub>2</sub> – an inflammatory mediator functionally similar to sPLA<sub>2</sub>-IIA involved in modification of lipoproteins and liberation of pro-inflammatory free lipid – did not show benefit when tested in ACS patients.<sup>34</sup> However, there was a significant reduction in vascular risk for the individual endpoints of total and major coronary events when tested in patients with stable coronary heart disease.<sup>35</sup> Nonetheless, the value of pharmacologically blocking sPLA<sub>2</sub>-IIA, and not other sPLA<sub>2</sub> isoforms, for the prevention of a first cardiovascular event is yet to be tested. The challenge with sPLA<sub>2</sub> enzymes in drug discovery is their similar protein structure, since almost all the sPLA<sub>2</sub> isoforms share the same catalytic domain. This has made it difficult to generate specific small chemical inhibitors. Development of novel therapeutic agents with the potential for sPLA<sub>2</sub>-IIA selectivity amongst other sPLA<sub>2</sub> isoforms may represent a novel pharmacological strategy for the prevention of CVD, particularly among those with a high burden of systemic vascular inflammation.

The inflammatory cascade is a complex network that involves sequential activation of effector proteins with a tendency for downstream proteins to overlap functionally. In this

regard, transgenic mice expressing sPLA<sub>2</sub>-IIA demonstrated greater susceptibility to atherosclerosis when compared with wild type.<sup>13</sup> Interestingly, reduced levels of HDLs and increased levels of LDLs were also detected, suggesting changes in lipoproteins as a potential intermediate mechanism. This potential link was strengthened by the observation that murine sPLA<sub>2</sub> also expression influenced HDL particle size and subclass composition, and that sPLA<sub>2</sub> may be involved in mediating the interaction between changes in HDL and inflammatory stimuli.<sup>36</sup> Our results suggest that humans who already have an elevated level of inflammation but enriched in polymorphisms that increase the expression of sPLA<sub>2</sub>-IIA exhibited an increased risk of CVD. However, the polygenic inheritance of inflammation and the functionally redundant nature of several mediators of the inflammatory cascade, further argues for a well-powered study to confirm that the increased risk of first CVD that we observed for variants of *PLA2G2A* is statistically significant. This will be important to further investigate the usefulness of sPLA<sub>2</sub>-IIA for the management of CVD beyond that of a biomarker role.

A major strength of the current study is the large number of men and women who were randomly allocated to a potent statin or placebo, had both baseline and on-treatment (statin and placebo) measurement of sPLA<sub>2</sub>-IIA mass and genotyping; and were followed for CVD events. Our study is limited by the JUPITER entry criteria which excluded participants with low hsCRP, high LDL-cholesterol, high triglycerides, and known CVD or diabetes; therefore our findings cannot be generalized to dissimilar populations. The limited years of follow-up and the reduced number of CVD events in the rosuvastatin group may have limited our ability to detect a meaningful association for on-treatment sPLA<sub>2</sub>-IIA or for the genotype with CVD events. We also measured only sPLA<sub>2</sub>-IIA mass in this study, and hence cannot assess comparisons with sPLA<sub>2</sub>-IIA activity, although experimental studies have found that inhibition of sPLA<sub>2</sub>-II activity leads also to a decrease in sPLA<sub>2</sub>-IIA mass.<sup>37</sup> With respect to Lp-PLA<sub>2</sub>, inhibition of the enzyme activity does not change the mass/protein levels.

In sum, sPLA<sub>2</sub>-IIA may be a measurable biomarker to assess the prognostic importance of inflammation in primary prevention patients at increased inflammatory risk for CVD. Whether sPLA<sub>2</sub>-IIA may be a potential pharmacological target for reducing CVD risk in primary prevention settings warrants further study.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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## Abbreviation list:

<b>ACS</b>	acute coronary syndrome
<b>CVD</b>	cardiovascular disease
<b>hsCRP</b>	high-sensitivity C-reactive protein
<b>JUPITER</b>	Justification for the Use of statins in Prevention: an Intervention Trial Evaluating Rosuvastatin
<b>LDL</b>	low density lipoprotein
<b>sPLA<sub>2</sub>-IIA</b>	group IIA secretory phospholipase A <sub>2</sub>

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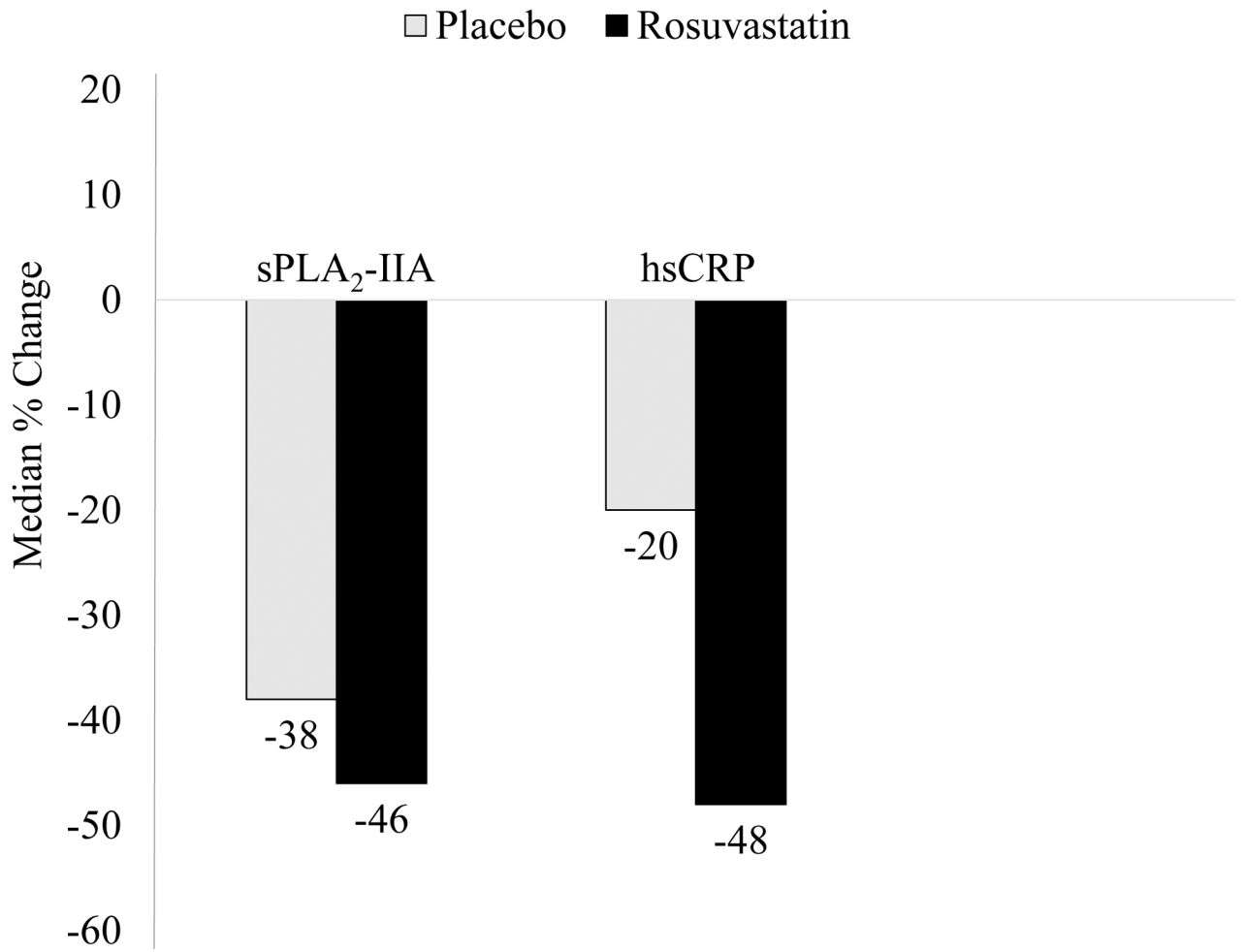
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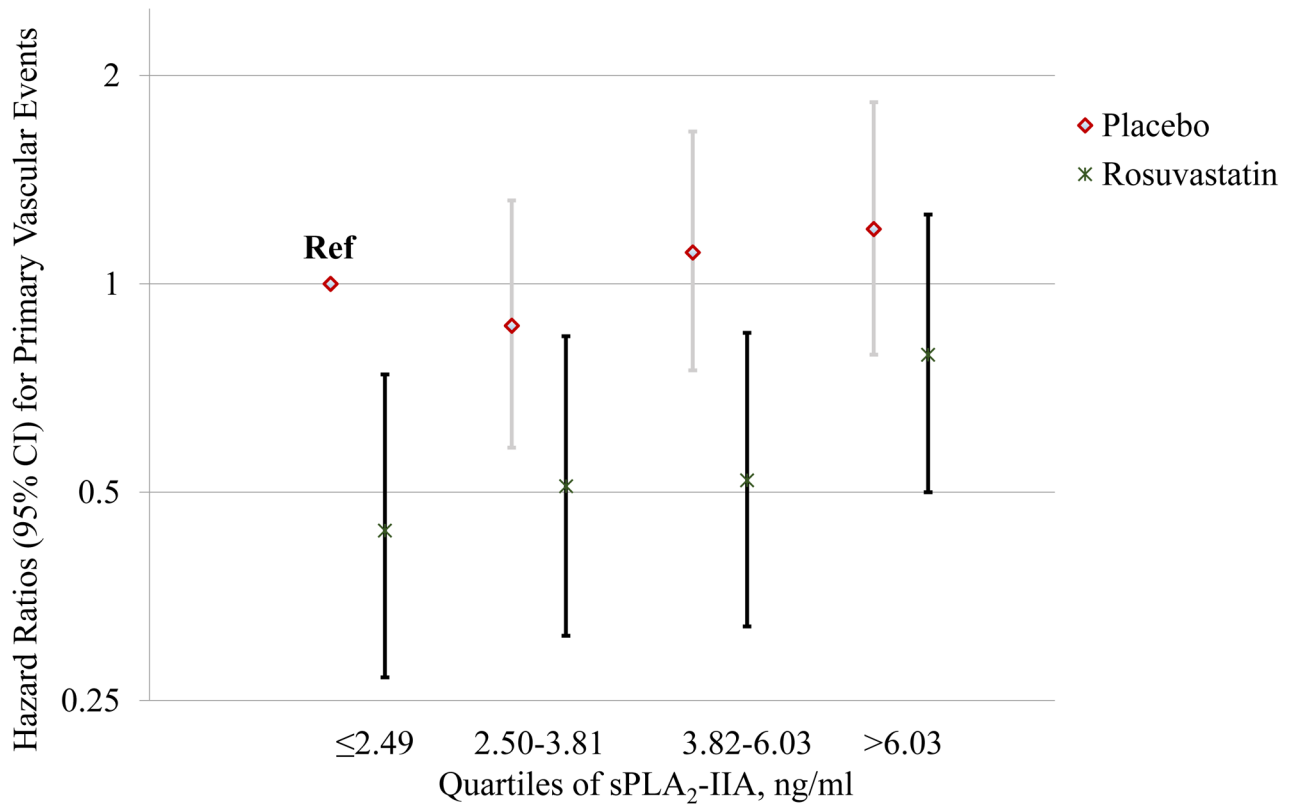
### Highlights

- Group IIA secretory phospholipase A<sub>2</sub> (sPLA<sub>2</sub>-IIA) plays an integral pro-inflammatory role in regulating vascular inflammation.
- In the JUPITER primary prevention population recruited on the basis of chronic inflammation, elevated levels of baseline sPLA<sub>2</sub>-IIA mass were significantly associated with greater risk of incident cardiovascular disease (CVD) events.
- This association persisted after adjustment for clinical factors and hsCRP, suggesting that sPLA<sub>2</sub>-IIA mass identifies vascular inflammation not fully reflected by hsCRP.
- Similar association was observed in the randomized rosuvastatin and placebo groups.
- Three SNPs in *PLA2G2A* accounted for up to 28% of the variance in sPLA<sub>2</sub>-IIA mass, and demonstrated a non-significant trend towards higher CVD risk in a manner that mirrored the observational associations observed between sPLA<sub>2</sub>-IIA mass with CVD risk.

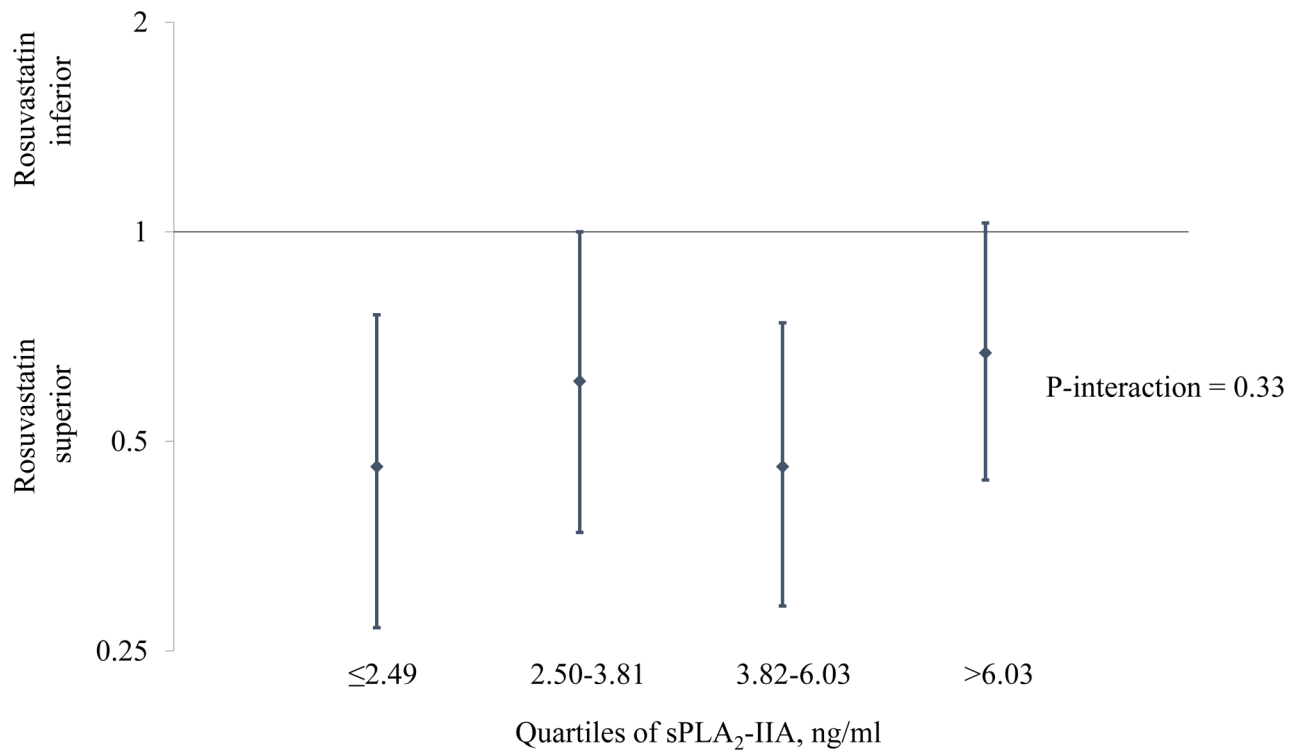


**Figure 1.**

Baseline to 1-year median percent change in sPLA<sub>2</sub>-IIA according to randomized treatment. Values obtained from individuals with both baseline and 1 year measurements (n=9 620). hsCRP indicates high-sensitivity C-reactive protein. \**P* values from the Wilcoxon signed rank test comparing baseline and year 1 values were statistically significant ( $P < 0.0001$ ) †*P* values from the Wilcoxon rank sum test comparing the change among the rosuvastatin group with the change among the placebo group were  $< 0.0001$ .



**Figure 2.** Fully adjusted Hazard ratios (95% CI) for the primary event according to sPLA<sub>2</sub>-IIA levels and treatment assignment, relative to subjects on placebo with the lowest quartile of baseline sPLA<sub>2</sub>-IIA levels.



**Figure 3.** Efficacy of rosuvastatin for the primary event, stratified by baseline sPLA<sub>2</sub>-IIA mass.

**Table 1.**Baseline sPLA<sub>2</sub>-IIA mass levels according to clinical subgroups

	N	Median (25 <sup>th</sup> – 75 <sup>th</sup> )	P-value
Sex			
Men	7082	3.18 (2.15-4.77)	<0.0001
Women	4187	5.40 (3.57-8.29)	
Treatment group			
Placebo	5645	3.79 (2.53-5.95)	0.45
Rosuvastatin	5624	3.83 (2.46-6.10)	
Race or ethnic group			<0.0001
White	9026	3.64 (2.41-5.59)	
Black	969	6.58 (3.69-11.9)	
Asian	171	3.04 (2.14-4.80)	
Hispanic	999	4.33 (2.70-6.73)	
Other or unknown	102	4.73 (2.85-7.64)	
Current smoker			
No	9504	3.81 (2.48-6.03)	0.92
Yes	1760	3.82 (2.53-5.98)	
Family history of premature coronary disease			
No	9829	3.82 (2.50-6.03)	0.73
Yes	1398	3.81 (2.47-6.02)	
Metabolic syndrome			
No	6755	3.70 (2.39-5.94)	<0.0001
Yes	4351	4.00 (2.66-6.18)	
Aspirin use			
No	9318	3.83 (2.50-6.07)	0.13
Yes	1951	3.76 (2.47-5.82)	

P-values are obtained from  $\chi^2$  tests. sPLA<sub>2</sub>-IIA indicates group IIA secretory phospholipases A2

Table 2.

Incidence rates and hazard ratios with 95% confidence intervals for baseline sPLA<sub>2</sub>-IIA mass levels and cardiovascular events overall (combined placebo and rosuvastatin)

	Quartile 1	Quartile 2	Quartile 3	Quartile 4	P for trend	*HR per 1-SD	P-value
sPLA <sub>2</sub> -IIA levels (ng/mL)	2.49	2.50 – 3.81	3.82 – 6.03	>6.03			
Primary Endpoint							
# of events /N	70/2823	69/2815	82/2827	92/2804		313/11269	
Incidence rate, per 100 person-years	1.21 (0.96-1.53)	1.18 (0.93-1.49)	1.38 (1.11-1.71)	1.61 (1.31-1.97)			
Model 1	1.00	0.98 (0.70-1.37) P=0.91	1.20 (0.87-1.66) P=0.27	1.52 (1.10-2.12) P=0.01	0.006	1.21 (1.07-1.37)	0.002
Model 2	1.00	0.98 (0.70-1.37) P=0.90	1.18 (0.85-1.64) P=0.33	1.54 (1.10-2.15) P=0.01	0.006	1.22 (1.08-1.38)	0.002
Model 3	1.00	0.97 (0.67-1.36) P=0.83	1.14 (0.82-1.59) P=0.44	1.43 (1.01-2.03) P=0.04	0.03	1.18 (1.04-1.35)	0.01
Primary Endpoint Plus Total Mortality							
# of events /N	114/2823	117/2815	140/2827	158/2804		529/11269	
Incidence rate, per 100 person-years	1.98 (1.65-2.37)	2.00 (1.67-2.39)	2.35 (2.00-2.77)	2.76 (2.37-3.22)			
Model 1	1.00	1.02 (0.79-1.32) P=0.89	1.24 (0.97-1.60) P=0.09	1.53 (1.18-1.97) P=0.001	0.0004	1.26 (1.15-1.38)	<0.0001
Model 2	1.00	1.02 (0.79-1.33) P=0.87	1.22 (0.95-1.58) P=0.12	1.50 (1.16-1.94) P=0.002	0.0008	1.25 (1.14-1.37)	<0.0001
Model 3	1.00	0.99 (0.76-1.29) P=0.95	1.14 (0.88-1.48) P=0.31	1.29 (0.99-1.69) P=0.06	0.04	1.17 (1.06-1.29)	0.002

Model One: Adjusted for age, gender, race, and treatment group.

Model Two: Adjusted for age, gender, race, treatment group, smoking, family history of premature atherosclerosis, body mass index, systolic blood pressure, fasting glucose, high density lipoprotein-cholesterol, low density lipoprotein -cholesterol, and In triglycerides

Model Three: Adjusted for age, gender, race, treatment group, smoking, family history of premature atherosclerosis, body mass index, systolic blood pressure, fasting glucose, high density lipoprotein-cholesterol, low density lipoprotein -cholesterol, In triglycerides, In triglycerides, In high-sensitivity C-reactive protein. sPLA<sub>2</sub>-IIA indicates group IIA secretory phospholipases A2; HR, hazard ratio; SD, standard deviation; CVD, cardiovascular disease. P Interaction by randomization treatment assignment were >0.05.



\* Hazard ratios are expressed per 1-SD increment in ln sPLA<sub>2</sub>-IIA

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**Table 3.**

Incidence rates and hazard ratios with 95% confidence intervals for on-treatment sPLA<sub>2</sub>-IIA mass and residual risk of cardiovascular events among participants randomly allocated to rosuvastatin

	Quartile 1	Quartile 2	Quartile 3	Quartile 4	P for trend	HR per 1-SD*	P-value
sPLA <sub>2</sub> -IIA levels (ng/mL)	1.31	1.32 – 2.09	2.10 – 3.57	>3.57			
Primary Endpoint							
# of events /N	19/1212	14/1194	23/1200	26/1200		82/4806	
Incidence rate, per 100 person-years	0.76 (0.49-1.19)	0.53 (0.31-0.89)	0.87 (0.58-1.31)	1.00 (0.68-1.47)			
Model 1	1.00	0.70 (0.35-1.40) P=0.31	1.24 (0.67-2.30) P=0.49	1.56 (0.83-2.91) P=0.16	0.07	1.21 (0.99-1.47)	0.06
Model 2	1.00	0.78 (0.38-1.59) P=0.49	1.28 (0.67-2.44) P=0.45	1.52 (0.78-2.93) P=0.22	0.10	1.19 (0.97-1.45)	0.09
Model 3	1.00	0.74 (0.36-1.52) P=0.42	1.10 (0.57-2.13) P=0.77	1.18 (0.58-2.39) P=0.64	0.43	1.08 (0.87-1.34)	0.50
Primary Endpoint Plus Total Mortality							
# of events /N	24/1212	21/1194	34/1200	41/1200		120/4806	
Incidence rate, per 100 person-years	0.96 (0.65-1.43)	0.79 (0.51-1.21)	1.29 (0.92-1.80)	1.58 (1.17-2.14)			
Model 1	1.00	0.80 (0.45-1.44) P=0.46	1.37 (0.80-2.32) P=0.25	1.73 (1.02-2.95) P=0.04	0.01	1.34 (1.14-1.58)	0.0004
Model 2	1.00	0.86 (0.47-1.57) P=0.62	1.38 (0.80-2.39) P=0.25	1.66 (0.95-2.89) P=0.07	0.02	1.31 (1.11-1.55)	0.001
Model 3	1.00	0.81 (0.44-1.48) P=0.50	1.18 (0.68-2.07) P=0.56	1.25 (0.69-2.25) P=0.46	0.25	1.19 (0.99-1.43)	0.06

Model One: Adjusted for age, gender, and race.

Model Two: Adjusted for age, gender, race, smoking, family history of premature atherosclerosis, body mass index, systolic blood pressure, fasting glucose, high density lipoprotein-cholesterol, low density lipoprotein -cholesterol, and In triglycerides

Model Three: Adjusted for age, gender, race, smoking, family history of premature atherosclerosis, body mass index, systolic blood pressure, fasting glucose, high density lipoprotein-cholesterol, low density lipoprotein -cholesterol, In triglycerides, In high-sensitivity C-reactive protein. sPLA<sub>2</sub>-IIA indicates group IIA secretory phospholipases A2; HR, hazard ratio; SD, standard deviation; CVD, cardiovascular disease. P Interaction by randomization treatment assignment were >0.05.

\* Hazard ratios are expressed per 1-SD increment in ln sPLA<sub>2</sub>-IIA

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Hazard ratios with 95% confidence intervals of top three *PLA2G2A* variants influencing sPLA<sub>2</sub>-IIA mass levels and incident CVD

**Table 4**

<i>PLA2G2A</i> variants (minor allele)	Homozygous for non-effect allele	Intermediate genotype	Homozygous for effect allele	HR (95% CI) per minor allele	P Value for additive model
rs11573156 (G)	1	1.06 (0.80-1.40)	1.36 (0.79-2.34)	1.11 (0.89-1.38)	0.34
rs2307246 (T)	1			1.12 (0.90-1.39)	0.32
rs4744 (T)	1			1.11 (0.89-1.38)	0.37

HRs (95% CI) are adjusted for age, sex, randomization treatment assignment, region and measures of subpopulation stratification HR denotes hazard ratio; and CI, confidence interval.