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## Metabolomics Analysis of a Mouse Model for Chronic Exposure to Ambient PM<sub>2.5</sub>

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### Abstract

Chronic ambient fine particulate matter (PM<sub>2.5</sub>) exposure correlates with various adverse health outcomes. Its impact on the circulating metabolome—a comprehensive functional readout of the interaction between an organism's genome and environment—has not however been fully

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Authors' contributions

YX and ZY designed the experiments. WW, JZ and XH acquired and analyzed all the data used in the present study. WW, MC, YX and ZY analyzed and interpreted the present results. YX, WW and ZY drafted the manuscript. YZ, XX, WL, YZ, and HK were also major contributors in writing the manuscript. All authors read and approved the final manuscript.

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Ethics approval and consent to participate

All procedures of this study were approved by the Institutional Animal Care and Use Committee (IACUC) at Fudan University, and all the animals were treated humanely and with regard for alleviation of suffering.

Availability of data and material

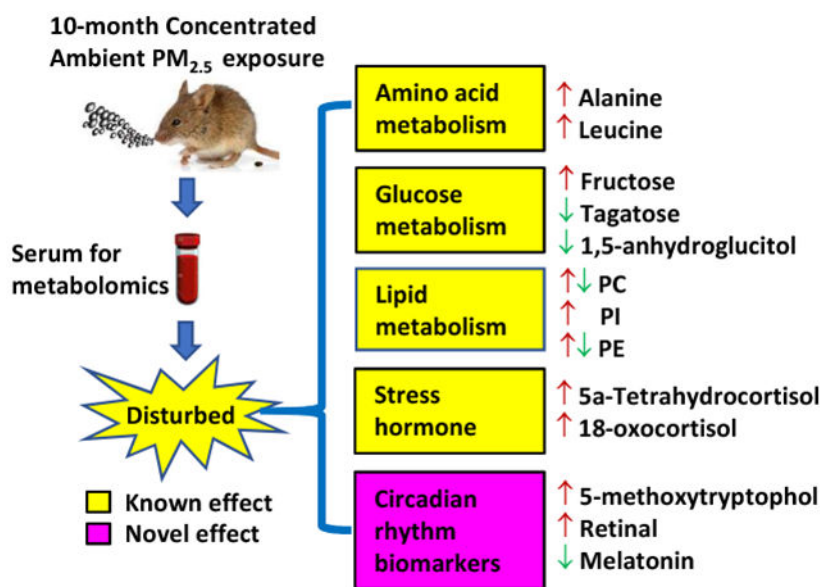
All datasets in the present study available from the corresponding author on reasonable request.

Competing interests

The authors declare no conflict of interests in this study.

understood. This study thus performed metabolomics analyses using a chronic PM<sub>2.5</sub> exposure mouse model. C57Bl/6J mice (female) were subjected to inhalational concentrated ambient PM<sub>2.5</sub> (CAP) or filtered air (FA) exposure for 10 months. Their sera were then analyzed by liquid chromatography-mass spectrometry (LC-MS) and gas chromatography-mass spectrometry (GC-MS). These analyses identified 2570 metabolites in total, and 148 of them were significantly different between FA- and CAP-exposed mice. The orthogonal partial least-squares discriminant analysis (OPLS-DA) and heatmap analyses displayed evident clustering of FA- and CAP-exposed samples. Pathway analyses identified 6 perturbed metabolic pathways related to amino acid metabolism. In contrast, biological characterization revealed that 71 differential metabolites were related to lipid metabolism. Furthermore, our results showed that CAP exposure increased stress hormone metabolites, 18-oxocortisol and 5a-tetrahydrocortisol, and altered the levels of circadian rhythm biomarkers including melatonin, retinal and 5-methoxytryptophol.

### Graphical Abstract



### Keywords

PM<sub>2.5</sub>; metabolomics analysis; the stress response; circadian rhythm disruption

### 1. Introduction

Ambient fine particulate matter (PM<sub>2.5</sub>) pollution is a leading challenge for global public health (Cohen et al., 2017). It correlates with various adverse health effects from respiratory diseases to cardiometabolic abnormalities (Mukherjee and Agrawal, 2018). Its underlying biological mechanisms/action modes have yet not been well understood. PM<sub>2.5</sub> inhalation has been shown to result in a pronounced pulmonary inflammation in humans and animal models, which has been long believed to subsequently cause systemic inflammation and various cardiometabolic effects and thus be central within the development of various adverse health effects caused by ambient PM<sub>2.5</sub> exposure (Brook et al., 2010). Most recently,

a rapidly increasing number of studies have indicated that ambient PM<sub>2.5</sub> exposure also correlates with a variety of neural effects, implicating neural mechanisms in the toxic actions of PM<sub>2.5</sub> (Li et al., 2017; Ying et al., 2014). This extension of putative mechanisms has merited further studies to thoroughly document the toxicity of PM<sub>2.5</sub> using high throughput techniques, which will not only verify these putative mechanisms but also provide additional potential mechanisms.

As each metabolite in the biological fluids reflects the status of relevant metabolic pathway(s), profiling the whole collection of metabolites (the metabolome) using high throughput techniques including liquid chromatography-mass spectrometry (LC-MS) and gas chromatography-mass spectrometry (GC-MS) helps illustrate an individual's comprehensive (patho)physiology. This is referred to as a metabolomics analysis. It has recently been exploited to comprehensively document the pathophysiological changes caused by intra-tracheal instillation of ambient PM<sub>2.5</sub> in rats (Wang et al., 2017; Zhang et al., 2017). These studies have revealed marked effects of short-term intra-tracheal instillation of PM<sub>2.5</sub> on the metabolome of urine, blood, and lung. Specifically, short-term intra-tracheal instillation of ambient PM<sub>2.5</sub> was shown to mainly impact lipid and nucleotide metabolism in the lung, and alter metabolism of amino acids, glyoxylate and dicarboxylate, nitrogen, and methane in the blood and/or urine. These studies have advanced our understanding about ambient PM<sub>2.5</sub> toxicity, also validated the application of metabolomics in PM<sub>2.5</sub> toxicological study. However, cautions should still be taken when extrapolating these data, as intra-tracheal instillation is not the primary/main route of ambient PM<sub>2.5</sub> exposure.

More recently, we employed the metabolomics strategy to ascertain whether short-term decrease in ambient PM<sub>2.5</sub> concentration using air purifiers is sufficient to reduce adverse effects of inhalation exposure to PM<sub>2.5</sub> in apparently healthy college students (Li et al., 2017). These metabolomics analyses demonstrated that acute PM<sub>2.5</sub> inhalation was significantly associated with alterations in circulating glucose, amino acids, and lipids. Furthermore, examining the signature of circulating stress hormone metabolites strongly suggested that short-term inhalational ambient PM<sub>2.5</sub> exposure elicits a marked stress response, adding the latter to the potential mechanisms for the progression of adverse health effects caused by ambient PM<sub>2.5</sub> exposure. Notably, most toxic actions of ambient PM<sub>2.5</sub> have been shown to be cumulative (EPA, Integrated Science Assessment for Particulate Matter), warranting further studies to assess the metabolomics effect of chronic exposure to PM<sub>2.5</sub>. As it is relatively difficult to determine the personal long-term PM<sub>2.5</sub> exposure level, a mouse model using a versatile aerosol concentration enrichment system (VACES) was thus exploited in the present study. The metabolomics analyses revealed both previously identified and novel alterations in the circulating metabolome by chronic exposure to PM<sub>2.5</sub>, adding a comprehensive insight into the ambient PM<sub>2.5</sub> toxicity.

## 2. Materials and Methods

### 2.1. Concentrated ambient PM<sub>2.5</sub> (CAP) or filtered air (FA) exposure

All mouse-related procedures in this work were previously approved by the institutional animal care and use committee (IACUC) of Fudan University, and all the mice were treated humanely with regard for alleviation of sufferings. Specifically, C57Bl/6J female mice (3-

week-old, 11/group and 22 in total) were purchased from the Animal Center of Fudan University (Shanghai, China) and acclimated in the animal facility for 2 weeks before exposure to FA or CAP. The group size of 11 was determined through the power analysis using the previously published effect of CAP exposure on the circulating IL-6 (Chen et al., 2018). As per the calculation with an online calculator ([www.stat.ubc.ca/~rollin/stats/ssize/n2.html](http://www.stat.ubc.ca/~rollin/stats/ssize/n2.html)), the statistic power is 0.9. The monitoring and exposure of ambient aerosol and the exposure atmosphere were performed using a VACES as described previously (Geller et al., 2005; Maciejczyk et al., 2005). Briefly, 5-week-old mice were randomly grouped and exposed to FA or CAP from March 2016 to January 2017 for a total 10-month-exposure. The exposure was performed 5 days/week and 8 hours/day with no exposure during the weekends. Throughout the whole exposure period, the mice were housed in standard cages with relative humidity of 40 to 60% and temperature of 18 to 25°C under a 12-hour dark/12-hour light cycle.

## 2.2. Sampling and elemental composition analysis of PM<sub>2.5</sub>

The PM<sub>2.5</sub> samples in CAP and FA chambers were collected every week using Teflon filters (Teflo, pore size of 2 µm, 37 mm, Pall Life Sciences, Ann Arbor, USA). The mass of PM<sub>2.5</sub> was determined by the difference of the filter between pre- and post-exposure. To determine their elemental composition, the collected filters were immersed in nitric acid solution (1%) after wetting with ethanol, followed by 48-hour sonication in an ultrasonic bath and 2-week passive acid digest. A full suite of trace elements in the extracts were quantitated by inductively coupled plasma-mass spectrometry (ICP-MS) (ThermoFinnigan, ELEMENT2, San Jose, USA). With a sensitivity of over 2 Mcps/ng·g<sup>-1</sup> for a mid-mass element and off peak noise of < 0.2 cps irrespective of mass, the machine can reliably measure sub pg·g<sup>-1</sup> concentrations in any semiconductor process chemical (<https://assets.thermofisher.com/TFS-Assets/CMD/Application-Notes/AN-30105-HR-ICP-MS-Trace-Metals-Sulfuric-Acid-AN30105-EN.pdf>).

## 2.3. Serum sample collection

Following the 10-month exposure to FA or CAP, all the mice were euthanized, and their blood was harvested from the orbital venous plexus. All blood samples were set at room temperature allowing to clot for 30 minutes. Serum samples were then obtained through centrifugation at 4°C for 15 min in the speed of 3000 rpm, and stored at -80°C before LC-MS or GC-MS tests.

## 2.4. Serum sample preparation for GC-MS and LC-MS

80 µL sera from each mouse were thoroughly mixed with 10 µL of internal standard buffer (2-chlorophenylalanine in methyl alcohol, 0.3 mg/mL) and 240 µL of cold methanol-acetonitrile (v/v, 2:1) via vortexing and sonication. The mixture was then incubated at -20°C for 20 minutes, and centrifuged at 4 °C for 10 minutes with a speed of 14000 rpm. The supernatants were then harvested for LC-MS or dried under vacuum before derivatization for GC-MS.

## 2.5. Gas chromatography-mass spectrometry (GC-MS)

Derivatization of GC-MS samples was conducted following a previous report (Peng et al., 2015) with minor modifications. In brief, each sample was added with 80 $\mu$ L of methoxyamine (15 mg/mL, in pyridine). The mixture was then vortexed for 2 minutes and incubated for 90 minutes at 37 °C. 20  $\mu$ L of n-hexane and 80  $\mu$ L of bis(trimethylsilyl) trifluoroacetamide (BSTFA) (with 1% of trimethylchlorosilane) were then added. The solution was vortexed for 2 minutes, then reacted for 60 minutes at 70 °C, and finally incubated at room temperature for 30 minutes before GC-MS.

1  $\mu$ L derivatized solution was then injected into the GC-MS system (Agilent 7890A-5975C, USA) using splitless mode. A non-polar DB-5 capillary column (J&W Scientific, 30 m  $\times$  250  $\mu$ m I.D.) was used to perform the separation with a constant flow rate of 1.0 mL/min with carrier gas of high purity helium. The programmed GC temperatures were as follows: 15°C/min, 50°C-125°C; 5°C/min, 125°C-210°C; 10°C/min, 210°C-270°C; 20°C/min, 270°C-305°C with a final maintenance for 5 minutes at 305°C. Full scan mode (mass-to-charge ratio range of 50 to 600) with the acquisition rate set at 20 spectrum/second was used. The filament bias was set as -70 V and the electron impact (EI) ion source was held at 230°C.

## 2.6. Liquid chromatography-mass spectrometry (LC-MS)

The LC-MS test was carried out on a Waters UPLC I-class system with a sample manager and a binary solvent delivery manager, coupling with a Waters Q-TOF Mass Spectrometer equipped with an electrospray interface (Waters Corporation, Milford, USA). LC was performed using an Acquity BEH C18 column (100 mm  $\times$  2.1 mm i.d., 1.7  $\mu$ m; Waters, Milford, USA). 3.00 $\mu$ L sample was first injected into the whole system with (A) H<sub>2</sub>O containing 0.1% of formic acid and (B) acetonitrile containing 0.1% of formic acid. The separation was obtained with programmed gradients as follows: 5%-25% (B) over 0-1.5 min, 25%-100% (B) over 1.5-10.0 min, 100% (B) over 10.0-13.0 min, 100%-5% (B) over 13.0-13.5 min, and holding for 1 min with a flow rate of 0.40 mL/min at 5% (B). The desolvation and source temperatures were set at 500°C and 120°C respectively with a desolvation gas flow of 900 L/h. The column temperature was set at 45.0 °C. Centroid data was collected at 0.1s scan time and 0.02s interscan delay time with m/z range between 50 to 1000.

## 2.7. Quality control (QC) samples

Quality control samples were prepared by mixing a small volume of all the samples in both groups. All the QC samples were spaced evenly with one in every ten samples to assess the repeatability of the tests.

## 2.8. Metabolomics data processing

ChromaTOF(V4.34, LECO) was used to align raw GC-MS data. The obtained data matrix provides information about mass-to-charge ratio (m/z), sample information, peak intensity and retention time. The peaks from internal standards, derivatization procedure, noise or column bleed were then removed, and peaks of one metabolite were combined and normalized using the total peak intensity of each sample. XCMS and the Agilent Mass

Hunter Quantitative were used to process the raw LC-MS data for peak deconvolution, alignment, integration and normalization, producing a matrix with information on m/z, peak intensity and retention time.

The normalized data sets were subjected to multivariate statistical analysis using SIMCA-P software (Version 14.0, Umetrics, Umeå, Sweden), including the principle component analysis (PCA) and the orthogonal partial least-squares discriminant analysis (OPLS-DA), which are developed specifically for the analysis of omics datasets (Madsen et al., 2010). Specifically, the outliers were identified using the principle component analysis (PCA) with mean-center scaling. The orthogonal partial least-squares discriminant analysis (OPLS-DA) with unit variance (UV) scaling was then carried out to extract the differential metabolites between FA and CAP groups. The OPLS-DA evaluates variations in frame areas between groups: variations in the measured data are partitioned into two blocks with one containing those that correlate with the class identifier and the other including those orthogonal to the first block and thus do not contribute to the discrimination between groups (Madsen et al., 2010). The OPLS-DA model was cross-validated by withholding one-seventh of the samples in seven successive simulation to guard against over fitting (Cloarec et al., 2005) and the maximum number of iterations was fixed at 200 to ensure convergence of the OPLS algorithm (Westerhuis et al., 2010). Variable contribution of the OPLS-DA model was ranked by the variable importance in the projection (VIP), and  $VIP > 1.0$  was considered as relevant to group discrimination. Matlab was used to transform the loadings from the OPLS-DA models and plot the color-coded correlation coefficients of all variables. NIST 11 standard mass spectral database and Fiehn database was referred to annotate the ion peaks from GC-MS test, and Metlin database (<https://metlin.scripps.edu/>), human metabolite HMDB database (<http://www.hmdb.ca/>) and the Lipidomics Gateway database (<http://www.lipidmaps.org/>) was referred to annotated the ion peak from LC-MS test.

## 2.9. KEGG pathway analysis

To identify the perturbed biological pathways, the clustering analysis on the differential metabolite data was performed using the Kyoto Encyclopedia of Genes and Genomes (<http://www.kegg.jp>, KEGG) and the clusterProfiler package in R that calculates the enrichment of KEGG terms using the hypergeometric distribution (Yu et al., 2012). To address the statistical issue due to multiple comparisons, the false discovery rate (FDR) controlling procedure was performed as previously described (Storey, 2002), and the calculated  $q$ -value (also known as adjusted  $p$ -value) was used to identify the perturbed KEGG pathways. All the pathways with adjusted  $p < 0.05$  were considered as the biological pathways perturbed by chronic exposure to CAP.

## 2.10. Statistics

Unless otherwise noted, all data were presented as mean  $\pm$  SEM, and subjected to multivariate statistical method test and student  $t$  test. Statistical analyses were done using GraphPad Prism (Version 6, La Jolla, CA, USA) and SIMCA-P software (Version 14.0, Umetrics, Umeå, Sweden).  $p < 0.05$  and  $VIP > 1.0$  was considered significant.

### 3. Results

#### 3.1. Characterization of CAP exposure

During the exposure period, the average concentration of ambient PM<sub>2.5</sub> was  $41.7 \pm 25.7 \mu\text{g}/\text{m}^3$ , and the average PM<sub>2.5</sub> concentrations of the CAP and FA chambers were  $236.9 \pm 158.9$  and  $12.1 \pm 4.7 \mu\text{g}/\text{m}^3$ , respectively. As the exposure was performed 5 days/week and 8 hours/day (thus 5 days/7 days  $\times$  8 hours/24 hours=5/21 of total time was exposed to FA or CAP), the average PM<sub>2.5</sub> exposure levels in this study ( $\text{Concentration}_{\text{Ambient}} \times 16/21 + \text{Concentration}_{\text{Chamber}} \times 5/21$ ) were 34.7 and 88.2  $\mu\text{g}/\text{m}^3$  for FA and CAP-exposed mice respectively. This PM<sub>2.5</sub> exposure level in CAP-exposed group was remarkably higher than the Chinese national ambient air quality standard (35  $\mu\text{g}/\text{m}^3$ ), but was quite common in heavily polluted areas such as Beijing, China (Zhang and Cao, 2015). Supplemental Table 1 demonstrates the elemental compositions of PM<sub>2.5</sub> in FA and CAP chambers. The relatively high abundance of Ca, Si, Al and Fe in PM<sub>2.5</sub> is an indicative of its origination from construction and building emissions (Tan et al., 2016). This character of PM<sub>2.5</sub> in this study was consistent with the undergoing major construction on Fenlin campus of Fudan University.

#### 3.2. Alterations of serum metabolome by chronic CAP exposure

To thoroughly document the metabolic effects of CAP exposure, sera of these FA- or CAP-exposed mice were harvested and analyzed by LC-MS and GC-MS. These metabolomics analyses identified 2570 metabolites in total. Of them, 148 metabolites were significantly different among the FA and CAP groups. As shown in Supplemental Tables 2 and 3, CAP-exposed mice versus FA-exposed controls had 97 significantly increased metabolites and 51 significantly decreased metabolites. To overview the metabolic effect of chronic exposure to CAP in this murine model, OPLS-DA score was calculated for each sample and the plots (Figures 1A and B) reveal that despite marked individual variations, a clustering of FA- and CAP-exposed samples was evident for both GC-MS ( $R^2X=0.335$ ,  $R^2Y=0.861$ ,  $Q^2=0.642$ , Figure 1A) and LC-MS ( $R^2X=0.437$ ,  $R^2Y=0.998$ ,  $Q^2=0.548$ , Figure 1B). To further illustrate CAP exposure-induced alterations in the circulating metabolome, heatmap analyses were performed. Consistent with the OPLS-DA score plotting, Figures 2A and B demonstrate evident clustering of FA- and CAP-exposed samples.

#### 3.3. Metabolic pathways impacted by chronic exposure to CAP

To determine which metabolic pathway(s) is impacted by chronic exposure to CAP, KEGG metabolic pathway analyses were performed. Table 1 shows that chronic exposure to CAP significantly impacted 6 metabolic pathways, including protein digestion and absorption, glycine, serine and threonine metabolism, D-Alanine metabolism, carbon metabolism, ATP-binding cassette (ABC) transporters, and biosynthesis of amino acids. Notably, all these metabolism pathways are related to amino acid metabolism. However, as shown in Table 1, the proteinogenic amino acids impacted by chronic exposure to CAP were L-alanine and L-leucine. Both of them were increased in CAP-exposed mice versus FA-exposed controls.

### 3.4. Effects of chronic exposure to CAP on lipid metabolisms

Ambient PM<sub>2.5</sub> exposure has been shown to impact lipid metabolism in apparently healthy college students and rodent models (Li et al., 2017; Wang et al., 2017; Zhang et al., 2017). Consistent with these studies, Tables 2 and 3 show that of those 148 differential metabolites, 71 were related to lipid metabolism. Table 2 reveals that 33 differential metabolites were related to metabolism of glycerophospholipid, encompassing the leukotriene precursor-providers phosphatidylethanolamine (PE), phosphatidylcholine (PC) and phosphatidylinositides (PI). Chronic exposure to CAP significantly increased circulating metabolites of sphingolipids including SM(d16:1/18:1), GlcCer(d18:1/14:0), and psychosine sulfate (Table 2). In addition, our metabolomics analyses showed that chronic CAP exposure significantly impacted the metabolism of other lipids including sterols, prenols, glycerolipids, and lysophospholipids (Table 2).

Fatty acids are the major components of lipids (Mohammad, 2015). Table 3 demonstrates that chronic CAP exposure significantly changed levels of 13 saturated fatty acids and 6 unsaturated fatty acids. The carnitine shuttle is essential for transportation of fatty acids and their subsequent  $\beta$ -oxidation in mitochondrial matrixes. Notably, chronic exposure to CAP not only significantly decreased the circulating carnitine level, but also significantly changed the levels of intermediates of the carnitine shuttle including 3-hydroxypentadecanoyl carnitine, malonylcarnitine, and l-palmitoylcarnitine (Table 3).

### 3.5. Effects of chronic exposure to CAP on circulating saccharides

Ambient PM<sub>2.5</sub> exposure correlates with abnormalities on homeostatic regulation of glucose metabolism and thus type 2 diabetes mellitus (Baja et al., 2010; Balti et al., 2014; Hansen et al., 2016). Table 4 shows that although chronic CAP exposure did not remarkably alter serum glucose level, it significantly upregulated the level of circulating fructose, which is believed to be particularly harmful for cardiometabolic homeostasis (Hannou et al., 2018). Furthermore, CAP exposure significantly decreased the levels of circulating 1,5-anhydroglucitol and tagatose, both of which are inversely correlated with risk for type 2 diabetes mellitus (Ensor et al., 2014; Hashimoto and Koga, 2015). Additionally, chronic exposure to CAP significantly decreased erythrose 4-phosphate, which is an intermediate in Calvin cycle and the pentose phosphate pathway (Loureiro et al., 2017).

### 3.6. Chronic exposure to CAP increases the levels of stress hormone metabolites

Short-term ambient PM<sub>2.5</sub> exposure has been shown to increase circulating stress hormones, which has been implicated in the progression of various adverse health effects caused by ambient PM<sub>2.5</sub> exposure (Li et al., 2017). Consistent with these studies, Figure 3 reveals that chronic exposure to CAP significantly increased circulating 18-oxocortisol and 5 $\alpha$ -tetrahydrocortisol, two metabolites of cortisol. In addition, the level of allopregnanolone, a barbiturate-like modulator of central gamma-aminobutyric acid receptor that modifies behaviors including the stress response, was slightly decreased and level of tetrahydrocortisone, a metabolite of cortisone, was slightly increased (Figures 3C and D).



### 3.7. Chronic exposure to CAP changes the levels of circadian rhythm-related biomarkers

Circadian rhythm plays a vital role in maintenance of cardiometabolic homeostasis. Figure 4 indicates that chronic CAP exposure altered the levels of circulating circadian rhythm biomarkers including melatonin, 5-methoxytryptophol, retinal, di-Hydroxymelatonin, melatonin glucuronide and N-Acetylserotonin sulfate. Specifically, CAP-exposed mice versus controls had significantly decreased melatonin (Figure 4A) and significantly increased 5-methoxytryptophol and retinal (Figures 4B and 4C). Among the identified three melatonin metabolites, di-Hydroxymelatonin level was slightly decreased and the levels of melatonin glucuronide and N-Acetylserotonin sulfate were slightly increased (Figures 4D–F).

## 4. Discussion

Both randomized controlled trial and toxicological animal studies have showed that short-term ambient PM<sub>2.5</sub> exposure causes remarkable alteration in the circulating metabolome, offering a deep insight into the biological mechanism whereby acute PM<sub>2.5</sub> exposure causes adverse health effects (Li et al., 2017; Wang et al., 2017; Zhang et al., 2017). However, despite those numerous epidemiological studies showing that chronic exposure to PM<sub>2.5</sub> correlates with various cardiometabolic abnormalities (EPA, Integrated Science Assessment for Particulate Matter), how it impacts the circulating metabolome has not been fully understood yet. In this study, we thoroughly documented the effect of chronic exposure to CAP on the circulating metabolome using a well-studied mouse model. The major findings include that 1) as evidenced by the evident clustering of FA- and CAP-exposed samples, chronic exposure to CAP remarkably altered the circulating metabolome; 2) almost all perturbed metabolic pathways identified by KEGG pathway analyses were related to metabolism of amino acids, specifically L-alanine and L-leucine; 3) biological characterization of the differential metabolites revealed that the metabolism of lipids, particularly glycerophospholipid, was most frequently targeted by chronic exposure to CAP; 4) chronic CAP exposure increased the level of fructose, and decreased the levels of 1,5-anhydroglucitol and tagatose; 5) chronic CAP exposure significantly altered the levels of circulating circadian rhythm biomarkers including melatonin, 5-methoxytryptophol, and retinal.

One of the most important findings in the present study is the evident clustering of FA- and CAP-exposed samples in both OPLS-DA score plotting and heatmap analysis. These clusterings strongly suggest that chronic CAP exposure markedly altered the circulating metabolome. They are consistent with numerous previous studies showing that chronic ambient PM<sub>2.5</sub> exposure correlates with various systemic and/or extra-pulmonary effects (Chen et al., 2017; Chen et al., 2018; Gorr et al., 2014; Hu et al., 2017; Sancini et al., 2014; Zhang et al., 2017). Notably, in spite of those numerous studies investigating the toxicity of chronic ambient PM<sub>2.5</sub> exposure, its biomarker(s) has not yet been established. These evident clusterings of FA- and CAP-exposed samples in the present study, even in the presence of a marked individual variation, strongly suggests that the toxicity of PM<sub>2.5</sub> may be well reflected by a signature of circulating metabolites.

In the present study, our KEGG pathway analyses have identified six metabolic pathways that were significantly impacted by chronic exposure to CAP. It is noteworthy that all of these impacted pathways were related to metabolism of amino acids. These data suggest that amino acid metabolism may be one of the most important targets by chronic ambient PM<sub>2.5</sub> exposure. As shown in Table 1, the proteinogenic amino acids impacted by chronic exposure to CAP include alanine and leucine. Chronic exposure to CAP significantly increased their circulating levels. Interestingly, although alanine and leucine belong to different classes of amino acids and have different biological functions, both have been shown to correlate with susceptibility to type 2 diabetes (Newgard et al., 2009; Sattar et al., 2004). They are believed to be even better predictors for the development of diabetes in the setting of obesity than lipids do (Melnik, 2012; Newgard et al., 2009). Therefore, these impacts on amino acid metabolism by chronic exposure to CAP may also reflect impairment of glucose homeostasis. This is consistent with the rapidly increasing studies showing that ambient PM<sub>2.5</sub> exposure results in various abnormalities on glucose metabolism (Esposito et al., 2016). However, further studies are still needed to determine whether these increases in circulating alanine and leucine are indicative of impaired glucose homeostasis in the context of PM<sub>2.5</sub> pollution, and whether they reflect a novel mechanism whereby exposure to ambient PM<sub>2.5</sub> impairs glucose homeostasis.

Consistent with the impairment of glucose homeostasis suggested by the increased circulating alanine and leucine, the present metabolomics analyses revealed significant effects of chronic exposure to CAP on metabolism of saccharides that are relevant to glucose homeostasis. It is a consensus that increased fructose consumption is one of the primary culprits for the present global epidemic of diabetes (Bidwell, 2017; Hannou et al., 2018). In this study, we observed that chronic CAP exposure significantly upregulated the level of circulating fructose. To our best knowledge, this is the first study showing that exposure to PM<sub>2.5</sub> may perturb fructose metabolism. Fructose has been shown to increase inflammation and insulin resistance (Bidwell, 2017; Hannou et al., 2018), two major components shared by type 2 diabetes and the pathophysiology due to exposure to PM<sub>2.5</sub>. As such, further studies are warranted to determine whether this perturbation of fructose metabolism contributes to the development of diabetes related with ambient PM<sub>2.5</sub> exposure. In addition, the present metabolomics analyses revealed that chronic CAP exposure significantly decreased circulating 1,5-anhydroglucitol and tagatose. In contrast to fructose, both of them are negatively correlated with type 2 diabetes (Espinosa and Fogelfeld, 2010). Along with the results of KEGG pathway analyses, these effects of chronic exposure to CAP on circulating saccharides strongly suggest that even though it does not alter the fasting glucose level, chronic exposure to CAP in female mice markedly impairs glucose homeostasis and thus likely contributes to the development of type 2 diabetes.

In addition to effects on metabolism of amino acids and saccharides, this study showed that chronic CAP exposure remarkably impacts metabolism of lipids. As shown in Tables 2 and 3, 71 or 48% differential metabolites were related to lipid metabolism. This is consistent with several previous metabolomics analyses on short-term PM<sub>2.5</sub> exposure (Li et al., 2017; Wang et al., 2017; Zhang et al., 2017). Furthermore, these results show that metabolism of glycerophospholipids is most frequently targeted by chronic exposure to CAP, as per the biological classification of differential metabolites on Table 2. Glycerophospholipids are not

only a crucial structural component of various biological membranes, but also the primary source for the precursors of prostaglandins and other leukotrienes, two crucial classes of mediators for inflammatory responses (Aoki and Narumiya, 2012). In addition, chronic exposure to CAP significantly increased circulating metabolites of sphingolipids including SM(d16:1/18:1), GlcCer(d18:1/14:0), and psychosine sulfate (Table 2). Sphingolipids are another class of membrane lipids that play a role in the signaling cascades involved in inflammation (Chiurchiu et al., 2018; Grosch et al., 2018). Alterations in glycerophospholipid and sphingolipid metabolism have been shown not only reflect inflammation but also play a crucial role in the pathogenesis of inflammatory diseases like psoriasis (Zeng et al., 2017). Notably, the inflammatory response is also widely believed to be central in the pathophysiology due to ambient PM<sub>2.5</sub> exposure (Brook et al., 2010). Therefore, although verification is still needed, this demonstration of alterations in glycerophospholipid metabolism by our metabolomics analyses may reflect marked inflammatory response to CAP inhalation, which has been repeatedly shown by our studies and others' (Chen et al., 2018; Fiordelisi et al., 2017).

Most recently, we demonstrated that reduction of ambient PM<sub>2.5</sub> using air purifiers markedly decreased circulating stress hormones (Li et al., 2017), strongly suggesting that exposure to PM<sub>2.5</sub> may induce the stress response. The present metabolomics analyses have identified four metabolites related to the stress response. Of them, two metabolites, 18-oxocortisol and 5 $\alpha$ -tetrahydrocortisol (Figure 3), were significantly different between the FA and CAP groups. Furthermore, both of them were increased in CAP-exposed mice. These data have collectively corroborated that exposure to PM<sub>2.5</sub> results in the stress response. Given the well-known cardiometabolic effects of the stress response, these results have merited further studies to delineate the role of the stress response in the progression of adverse health effects by PM<sub>2.5</sub> exposure.

Disruption of circadian rhythm has been linked to numerous adverse health effects such as weight gain, inflammation, and even cancer (Van Dycke et al., 2015). Melatonin is a well-known hormone which is secreted by the pineal gland playing a critical role in the circadian rhythm regulation. Noticeably, in the present metabolomics analyses, it came out to be one of the differential metabolites with the lowest *p* value (Supplemental Table 2). The present results additionally show that the levels of circulating 5-methoxytryptophol and retinal, two other well-known circadian rhythm biomarkers, were also significantly impacted by chronic exposure to CAP. In addition to these three differential circadian rhythm-related metabolites, the present metabolomics analysis also detected three other circadian rhythm-related metabolites that are comparable between the FA and CAP groups (Figures 4D–F). These data collectively suggest that ambient PM<sub>2.5</sub> exposure may disrupt circadian rhythm. This is somehow consistent with one previous study demonstrating that particulate matter increase may blunt daytime urinary sodium excretion and nocturnal blood pressure dipping (Tsai et al., 2012). Along with this previous study, our demonstration of alterations in circulating melatonin, 5-methoxytryptophol, and retinal further suggests that the disruption of circadian rhythm may even mediate the progression of various adverse health effects by ambient PM<sub>2.5</sub> exposure, warranting further studies to verify this novel toxicity of PM<sub>2.5</sub>.

The present study provides a deep insight into the metabolic effect of chronic exposure to ambient PM<sub>2.5</sub> through the metabolomics analysis of the plasma in a chronic PM<sub>2.5</sub> exposure mouse model. However, several limitations should be noted. Firstly, the present study performed the metabolomics analysis of plasma from the female only. Further metabolomics analysis of plasma from the male is required to determine whether there is a gender difference in the metabolic response to exposure to ambient PM<sub>2.5</sub>. Secondly, the present study did not investigate the development of the metabolic effects due to exposure to ambient PM<sub>2.5</sub>, which requires the metabolomics analysis of plasma at a series of timepoints. Thirdly, the present study did not determine the role of these metabolic alterations in the pathogenesis due to exposure to ambient PM<sub>2.5</sub>. Fourthly, the present study did not determine the components of ambient PM<sub>2.5</sub> responsible for these metabolic effects.

## 5. Conclusions

This study using metabolomics analyses demonstrates marked alterations in the circulating metabolome by chronic exposure to CAP, which not only reflect well-known adverse health effects of PM<sub>2.5</sub> inhalation such as inflammation and impairment of glucose homeostasis, but also provide novel potential mechanisms for the toxicity of PM<sub>2.5</sub>, including activation of the stress response and disruption of the circadian rhythm. These findings reaffirm the importance of using the metabolomics strategy to advance our understanding of the toxicity of a complex pollutant like ambient PM<sub>2.5</sub>, and also add a deep mechanistic insight into the toxic actions of ambient PM<sub>2.5</sub>.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgments

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## List of relevant abbreviations and definitions:

<b>FA</b>	filtered air
<b>PM<sub>2.5</sub></b>	ambient fine particulate matter
<b>CAP</b>	concentrated ambient PM <sub>2.5</sub>
<b>LC-MS</b>	liquid chromatography-mass spectrometry
<b>GC-MS</b>	gas chromatography-mass spectrometry
<b>VACES</b>	versatile aerosol concentration enrichment system
<b>ICP-MS</b>	inductively coupled plasma-mass spectrometry

<b>PCA</b>	principle component analysis
<b>OPLS-DA</b>	the orthogonal partial least-squares discriminant analysis
<b>KEGG</b>	the Kyoto Encyclopedia of Genes and Genomes database
<b>BSTFA</b>	bis(trimethylsilyl) trifluoroacetamide
<b>TMCS</b>	trimethylchlorosilane
<b>QC</b>	quality control
<b>m/z</b>	mass-to-charge ratio

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### Highlights

- Chronic exposure to CAP disturbs 6 amino acid-related metabolic pathways in mice
- Chronic CAP exposure significantly perturbs lipid metabolism in mice
- Chronic exposure to CAP changes the levels of circulating saccharides in mice
- Chronic exposure to CAP increases the levels of stress hormone metabolites in mice
- Chronic CAP exposure changes levels of circadian rhythm-related biomarkers in mice



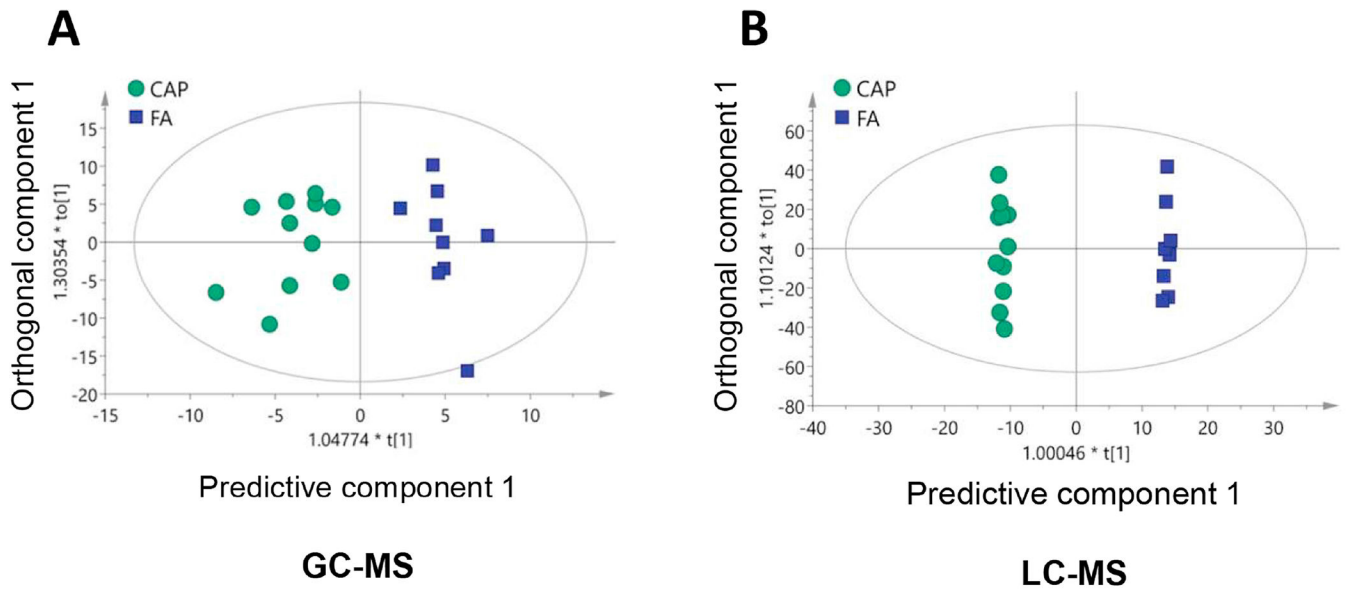
Metabolomics analyses identified both known and unknown alterations in circulating biomarkers by chronic PM<sub>2.5</sub> exposure adding an integral mechanistic insight into the ambient PM<sub>2.5</sub> toxicity.

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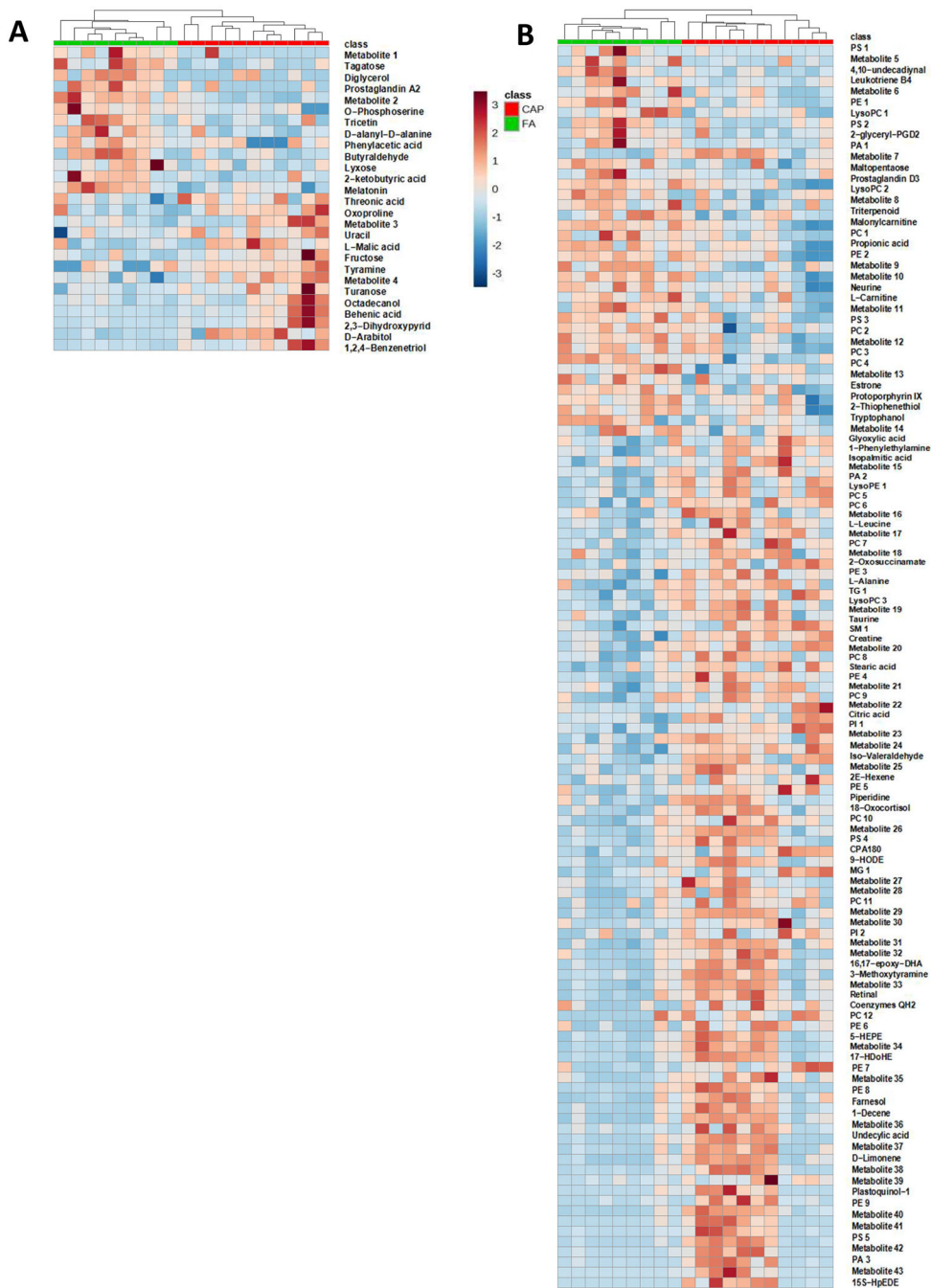
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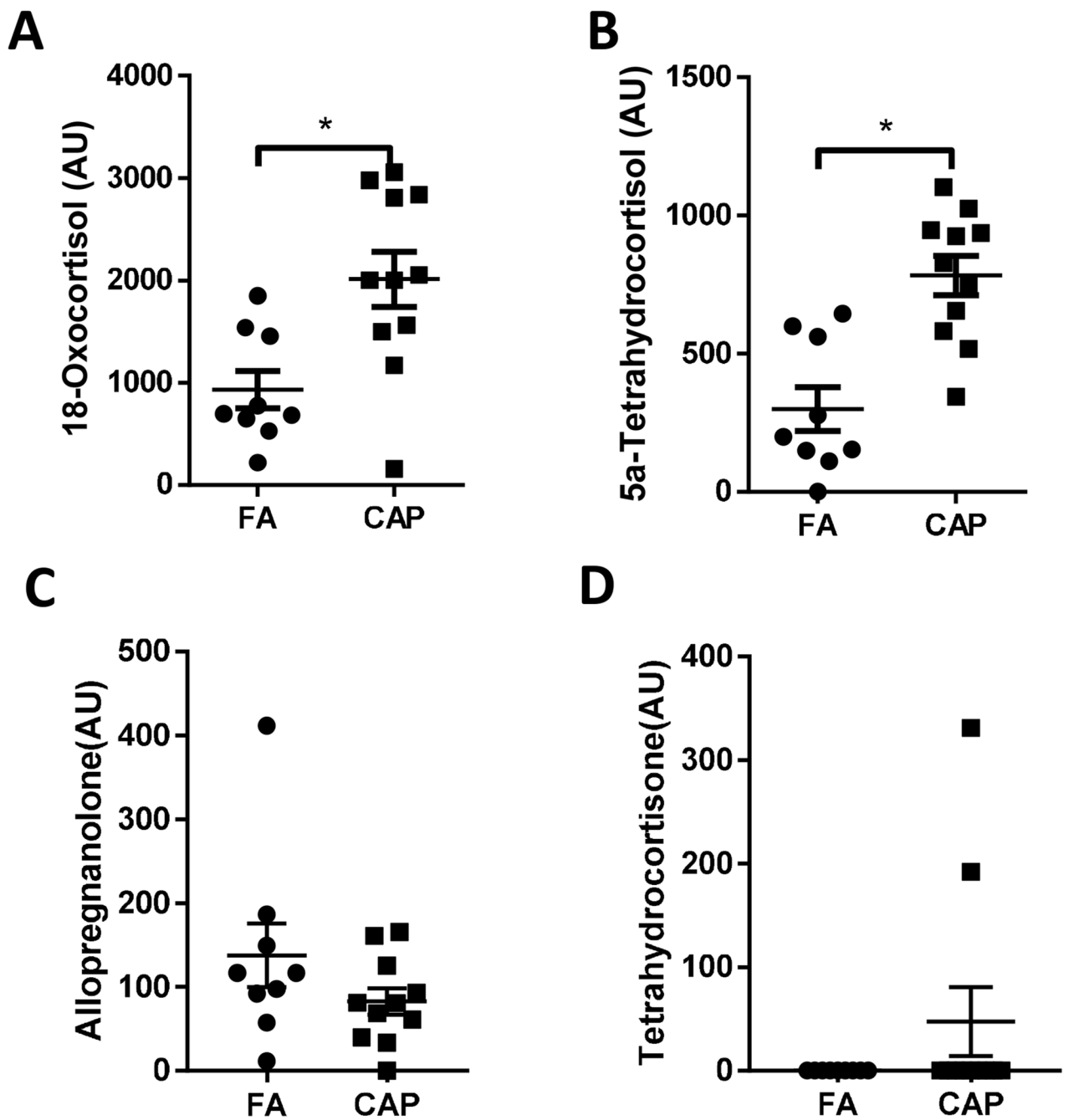


**Figure 1. Chronic CAP exposure alters the circulating metabolome.**  
 Mice were exposed to FA or CAP for 10 months. Their sera were collected and subjected to LC-MS and GC-MS analyses. OPLS-DA score of each sample was calculated and plotted using GC-MS (A) or LC-MS (B) results.

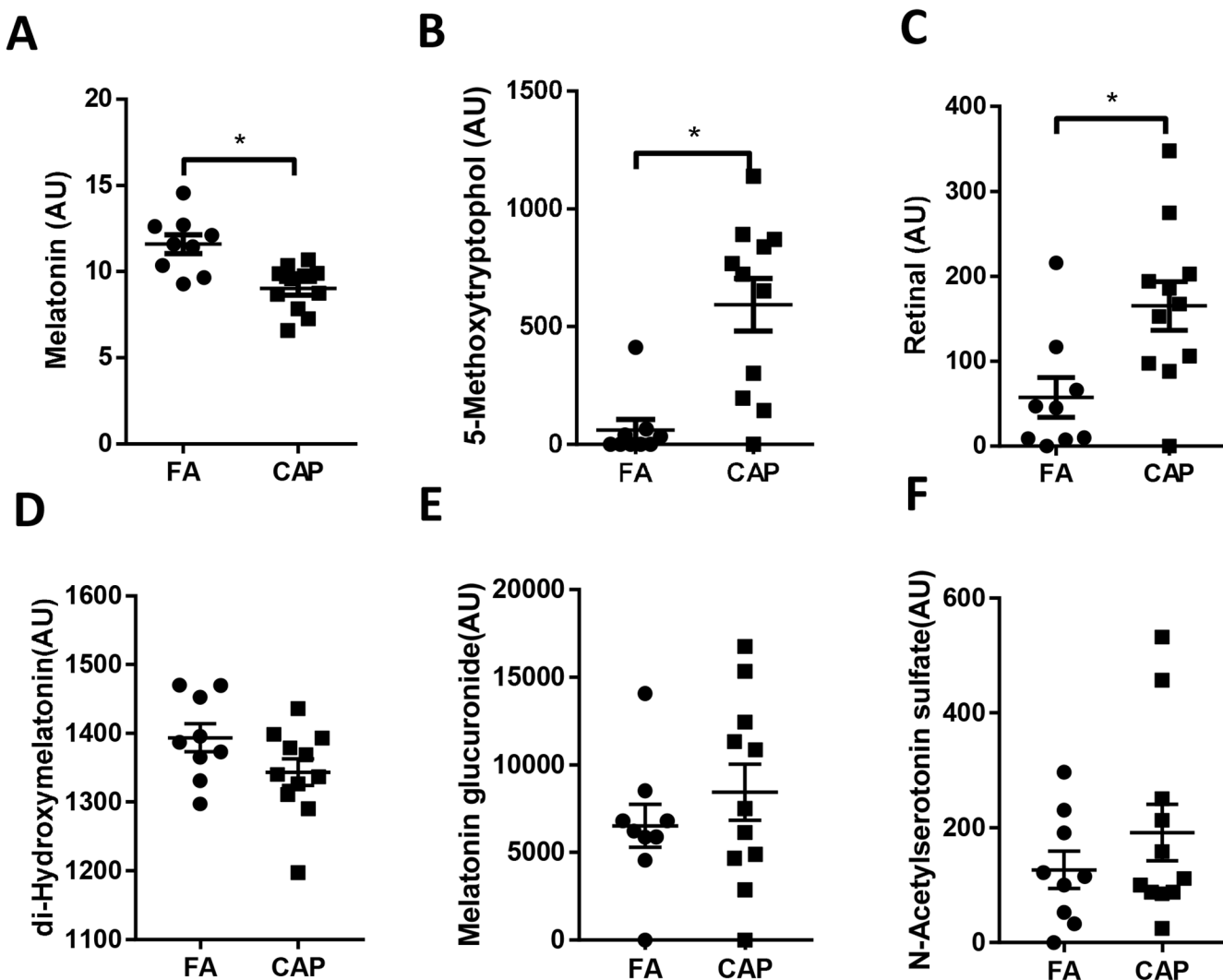


**Figure 2. Heatmaps of differential metabolites.**

Mice were exposed to FA or CAP for 10 months. Their sera were collected and subjected to LC-MS and GC-MS analyses. The identified differential metabolites were used to perform heatmap analyses. The color represents the metabolite concentration of each sample calculated by peak area normalization method.



**Figure 3. Chronic CAP exposure increases stress hormone metabolites.** Mice were exposed to FA or CAP for 10 months. Their sera were collected and subjected to LC-MS and GC-MS analyses. Two stress hormone metabolites, 18-oxocortisol (A) and 5a-tetrahydrocortisol (B), were identified as differential metabolites. Allopregnanolone (C) and tetrahydrocortisone (D) were also detected but not identified as differential metabolites. \* $p < 0.05$  and VIP  $> 1.0$ , multivariate statistical method and student  $t$  test.



**Figure 4. Chronic CAP exposure changes circulating circadian rhythm-related biomarkers.** Mice were exposed to FA or CAP for 10 months. Their sera were collected and subjected to LC-MS and GC-MS analyses. Three circadian rhythm-related biomarkers, melatonin (A), 5-methoxytryptophol (B), retinal (C), were identified as differential metabolites. Other three melatonin metabolites, di-Hydroxymelatonin (D), melatonin glucuronide (E) and N-acetylserotonin (F) were also detected but not identified as differential metabolites. \* $p < 0.05$  and VIP  $> 1.0$ , multivariate statistical method and student  $t$  test.

**Table 1.**

Metabolic pathways perturbed by chronic exposure to CAP.

Perturbed Pathway	Adjusted <i>p</i> value	Differential Metabolites	CAP/EA ratio
<b>Protein digestion and absorption</b>	1.76e-03	Tyramine	1.64
		L-Alanine	1.28
		Propionic acid	0.69
		Piperidine	2.11
		L-Leucine	1.17
<b>Glycine, serine and threonine metabolism</b>	1.67e-02	2-ketobutyric acid	0.73
		Creatine	1.43
		Glyoxylic acid	0.93
<b>D-Alanine metabolism</b>	1.67e-02	D-Alanyl-D-alanine	0.62
		L-Alanine	1.28
<b>Carbon metabolism</b>	2.14e-02	L-Malic acid	1.44
		Erythrose 4-phosphate	0.23
		Citric acid	1.67
		L-Alanine	1.28
		Glyoxylic acid	0.93
<b>ABC transporters</b>	3.14e-02	Fructose	1.49
		L-Alanine	1.28
		Taurine	1.38
		L-Leucine	1.17
<b>Biosynthesis of amino acids</b>	3.14e-02	2-ketobutyric acid	0.73
		Erythrose 4-phosphate	0.23
		Citric acid	1.67
		L-Alanine	1.28
		L-Leucine	1.17

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**Table 2.**

Chronic CAP exposure impacts lipid metabolism.

Lipid	Metabolites	CAP/FA ratio	p value
Sphingolipid	SM(d16:1/18:1)	1.39	0.0059
	GlcCer(d18:1/14:0)	3.79	0.0111
	Psychosine sulfate	31.39	0.0274
Sterol lipid	1alpha-hydroxy-23-[3-(1-hydroxy-1-methylethyl) phenyl]-22,22,23,23-tetrahydro-24,25,26,27-tetranorvitamin D3 /1alpha-hydroxy-23-[3-(1-hydroxy-1-methylethyl) phenyl]-22,22,23,23-tetrahydro-24,25,26,27-tetranorcholecalciferol	1.58	0.0052
	Taurochenodeoxycholic acid 7-sulfate	0.72	0.0226
Prenol lipid	D-Limonene	4.92	0.0069
	Coenzymes QH2	3.04	0.0214
	(-)-Fusicoplagin A	0.66	0.0314
	Plastoquinol-1	5.66	0.0458
Glycerolipid	TG(14:1(9Z)/18:1(11Z)/14:1(9Z))	1.29	0.0249
	MG(0:0/22:6(4Z,7Z,10Z,13Z,16Z,19Z)/0:0)	2.35	0.0342
Lysophospholipid	LysoPC(20:5(5Z,8Z,11Z,14Z,17Z))	0.66	0.0048
	LysoPC(18:0)	0.48	0.0190
	LysoPC( 18:3(6Z,9Z, 12Z))	1.35	0.0112
	LysoPE(18:0/0:0)	1.12	0.0123
Glycerophospholipid	PA(P-16:0/15:1(9Z))	12.59	0.0025
	PA(P-16:0/20:5(5Z,8Z,11Z,14Z,17Z))	0.53	0.0312
	PA(18:1(9Z)/22:2(13Z,16Z))	1.1	0.0337
	PC(13:0/0:0)	1.2	0.0031
	PC(10:0/4:0)	0.69	0.0032
	PC(16:0/22:5(4Z,7Z,10Z,13Z,16Z))	0.81	0.0113
	PC(15:0/18:1(11Z))	1.67	0.0140
	PC(16:0/P-18:0)	2.17	0.0159
	PC(14:0/20:1(11Z))	1.13	0.0192
	PC(P-17:0/0:0)	1.43	0.0350
	PC(18:2(9Z,12Z)/P-18:1(11Z))	2.43	0.0403
	PC(15:0/22:4(7Z,10Z,13Z,16Z))	1.6	0.0414
	PC(22:5(7Z,10Z,13Z,16Z,19Z)/16:0)	0.81	0.0445
	PC(18:1(11Z)/22:6(4Z,7Z,10Z,13Z,16Z,19Z))	0.79	0.0479
	PC(20:3(5Z,8Z,11Z)/P-18:1(11Z))	3.07	0.0499
	PE(P-16:0/0:0)	1.53	0.0025
	PE(22:4(7Z,10Z,13Z,16Z)/P-18:1(11Z))	0.45	0.0026
	PE(16:0/22:6(4Z,7Z,10Z,13Z,16Z,19Z))	3.74	0.0060
	PE(22:6(4Z,7Z,10Z,13Z,16Z,19Z)/0:0)	1.27	0.0075
	PE(18:3(6Z,9Z,12Z)/P-18:1(11Z))	3.24	0.0112
PE(O-18:1(1Z)/20:4(5Z,8Z,11Z,14Z))	2.11	0.0138	
PE(18:0/20:4(5Z,8Z,10E,14Z)(12OH[S]))	0.71	0.0149	
PE(20:5(5Z,8Z,11Z,14Z,17Z)/0:0)	6.91	0.0308	

Lipid	Metabolites	CAP/FA ratio	p value
	PE(22:4(7Z,10Z,13Z,16Z)/22:6(4Z,7Z,10Z,13Z,16Z,19Z))	4.02	0.0325
	PI(P-16:0/12:0)	1.75	0.0016
	PI(O-18:0/22:6(4Z,7Z,10Z,13Z,16Z,19Z))	2.58	0.0415
	PS(19:1(9Z)/22:4(7Z,10Z,13Z,16Z))	0.78	0.0037
	PS(16:0/22:2(13Z,16Z))	$\infty$ *	0.0056
	PS(17:1(9Z)/0:0)	2.27	0.0101
	PS(19:0/0:0)	10.89	0.0126
	PS(O-18:0/22:6(4Z,7Z,10Z,13Z,16Z,19Z))	0.1	0.0390
	PS(17:1(9Z)/22:2(13Z,16Z))	0.48	0.0398
	CPA(18:0)	2.27	0.0203

\*PS(16:0/22:2(13Z,16Z)) was not detected in FA exposed samples.

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**Table 3.**

Chronic CAP exposure impacts free fatty acid metabolism.

	Metabolites	CAP/FA ratio	<i>p</i> value
<b>Saturated fatty acid</b>	Stearic acid	1.44	0.0079
	Isopalmitic acid	1.06	0.0479
	Undecylic acid	4.76	0.0294
	Behenic acid	2.41	0.0208
	Threonic acid	1.22	0.0338
	2-ketobutyric acid	0.73	0.0242
	2R-aminoheptanoic acid	2.39	0.0492
	2-hydroxy-nonadecanoic acid	2.02	0.0339
	16-fluoro-7Z-hexadecenoic acid	3.44	0.014
	2-chloro-acetic acid	1.14	0.0166
	Propionic acid	0.69	0.0175
	3,3-Dibromo-2-n-hexylacrylic acid	0.42	0.0174
	N-Acetylaminooctanoic acid	0.8	0.0178
	<b>Unsaturated fatty acid</b>	2E,4E-undecadienoic acid	4.54
17-HDoHE		3.49	0.0035
12-oxo-5E,8E,10Z-dodecatrienoic acid		5.30	0.0011
5,6-Epoxy-8,11,14-eicosatrienoic acid		2.18	0.0047
Eicosapentaenoic acid		0.6	0.0022
2E,4E-undecadienoic acid		4.54	0.0007
<b>Fatty acid metabolism (Acylcarnitine)</b>	3-hydroxypentadecanoyl carnitine	2.41	0.0223
	Malonylcarnitine	0.66	0.0462
	L-Palmitoylcarnitine	1.64	0.0484
<b>Carnitine metabolism</b>	Carnitine	0.75	0.0211

**Table 4.**

Chronic CAP exposure impacts saccharide metabolism.

	Metabolites	CAP/FA ratio	<i>p</i> value
<b>Monosaccharide</b>	1,5-Anhydroglucitol	0.35	0.00003
	Tagatose	0.29	0.0012
	Fructose	1.49	0.0385
<b>Monosaccharide Phosphate</b>	Erythrose 4-phosphate	0.23	0.0376
<b>Disaccharide</b>	Turanose	1.85	0.0266
<b>Oligosaccharide</b>	Maltopentaose	0.62	0.0347

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