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## Cell cycle heterogeneity directs the timing of neural stem cell activation from quiescence

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### Abstract

Quiescent stem cells in adult tissues can be activated for homeostasis or repair. Neural stem cells (NSCs) in *Drosophila* are reactivated from quiescence in response to nutrition by the insulin signalling pathway. It is widely accepted that quiescent stem cells are arrested in G0. In this study, however, we demonstrate that quiescent NSCs (qNSCs) are arrested in either G2 or G0. G2/G0 heterogeneity directs NSC behavior: G2 qNSCs reactivate before G0 qNSCs. In addition, we show that the evolutionarily conserved pseudokinase Tribbles (Trbl) induces G2 NSCs to enter quiescence by promoting degradation of Cdc25<sup>String</sup> and subsequently maintains quiescence by inhibiting Akt activation. Insulin signalling overrides repression of Akt and silences *trbl* transcription, allowing NSCs to exit quiescence. Our results have implications for identifying and manipulating quiescent stem cells for regenerative purposes.

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As in mammals, NSCs in *Drosophila* proliferate during embryogenesis, become quiescent in the late embryo and then proliferate again (reactivate) post-embryonically to produce neurons and glia (Fig. 1A) (1, 2). A nutritional stimulus induces reactivation (3); specifically, dietary amino acids induce glial cells in the blood brain barrier to secrete insulin/IGF-like peptides (dILPs) (4, 5). dILPs activate the insulin signalling pathway in neighboring qNSCs, prompting them to exit quiescence (4, 6).

Quiescent stem cells are widely accepted to be arrested in G0, a poorly-understood state characterised by a  $2n$  DNA content and a lack of expression of cell cycle progression factors (7). We assessed whether *Drosophila* qNSCs are G0-arrested (Fig. S1A). As expected, we did not detect the M phase marker phospho-Histone H3 (pH3) in qNSCs (Fig. S1B). Previous studies demonstrated that qNSCs do not express the G1 marker Cyclin E, or incorporate the S phase markers BrdU/EdU (1, 3, 6, 8). However, we found that 73% of quiescent NSCs express the G2 markers Cyclin A (CycA) and Cyclin B (CycB) (Figs. 1B,

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Author contributions: L.O. and A.H.B. designed the experiments, analysed the data and wrote the manuscript. L.O. performed the experiments.

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S1C). This suggests that (i) most qNSCs arrest in G2 and that (ii) qNSCs arrest heterogeneously in the cell cycle.

We verified that ~75% of qNSCs are G2-arrested by comparing the FUCCI/pH3 profiles of qNSCs and proliferating NSCs (Figs. 1C-D, S1D) (9, 10). *CycA*<sup>+</sup> qNSCs had twice the DNA content (Fig. 1E) and larger nuclei ( $30.5 \pm 0.66 \mu\text{m}^3$  vs  $18.1 \pm 0.32 \mu\text{m}^3$ ,  $n=10$  tVNCs, ~75 NSCs each) when compared to *CycA*<sup>-</sup> qNSCs. Thus qNSCs exhibit two types of stem cell quiescence: the majority arrests in G2 and a minority in G0 (Fig. 1F). G2 quiescence has not been reported previously in stem cells in mammals or *Drosophila*.

The choice of G2 or G0 arrest could be stochastic or pre-programmed. We found 7 G0 qNSCs in the T1 hemi-segment and 8 G0 qNSCs each in T2 and T3. A consistent subset of qNSCs always arrested in G0, namely NB2-2, NB2-4, NB2-5, NB3-4, NB5-3 and NB7-4 (Figs. 2A-B, S2A-F, Table S1). Of these, NB2-4 disappears from T1 during embryogenesis (11, 12), explaining why fewer qNSCs are G0-arrested in T1 than T2/T3. NB5-4/NB5-7 were G2-arrested in 50% of hemi-segments but did not always arrest in the same cell cycle phase either side of the midline (Fig. S2F). We conclude that, with the exception of NB5-4 and NB5-7, the choice of G2 or G0 quiescence is entirely invariant.

Is G2/G0 heterogeneity in qNSCs significant? We assessed reactivation of G2 and G0 qNSCs by tracking expression of the reactivation marker *wormiu* (*wor*) (Figs. S3A-C). Over 86% of G2 qNSCs reactivated by 20 hours after larval hatching (ALH), as compared to 20% of G0 qNSCs (Fig. 2C,  $n=10$  tVNCs, ~150 NSCs each). For example NB3-4, a G0 qNSC, reactivated in fewer than 7% of hemi-segments ( $n=10$  tVNCs, 6 hemi-segments each) (Fig. 2D). All NSCs reactivated by 48 hours ALH (Fig. S3C). Thus G2 qNSCs are faster-reactivating stem cells than G0 qNSCs.

We next profiled gene expression in qNSCs using Targeted DamID (TaDa) (13), identifying 1656 genes with GO terms including ‘nervous system development’ (35 genes, corrected  $p$  value:  $2.70 \times 10^{-6}$ ) and ‘neuroblast (NSC) development’ (10 genes, corrected  $p$  value:  $8.40 \times 10^{-4}$ ) (Tables S2 and S3). To identify quiescence-specific genes, we eliminated genes common to quiescent and proliferating NSCs (13) such as *deadpan* (*dpn*) (Figs. S4A-B). *tribbles* (*trbl*) is one of the most significantly expressed protein-coding genes specific to qNSCs (Fig. S4C). *trbl* encodes an evolutionarily conserved pseudokinase with three human homologues that have been implicated in insulin and MAPK signalling (reviewed by (14)). We confirmed that *trbl* labels quiescent but not proliferating NSCs *in vivo* (Figs. 3A, S4D-F). To date, no other gene has been identified that labels qNSCs specifically.

*trbl* is necessary for quiescence entry, as NSCs continued to divide during late embryogenesis in *trbl* hypomorphic mutants or when *trbl* was knocked down specifically in NSCs (Figs. 3B, S5A-D). *trbl* regulates quiescence entry specifically, without affecting division mode or cell viability (Fig. S5E-F). The ectopically dividing NSCs in the *trbl*<sup>EP3519</sup> mutant were G2, not G0, qNSCs (Fig. S5G). G2, but not G0, qNSCs also became significantly smaller in *trbl*<sup>EP3519</sup> mutants (Figs. S5H-J). As embryonic NSCs do not re-grow between cell divisions (15), the size reduction is consistent with excessive divisions.

Consistent with a function in G2 quiescence, Trbl was expressed primarily in G2 qNSCs (Figs. 3C, S5K).

Trbl is also required to maintain quiescence. RNAi-mediated knockdown of *trbl* in qNSCs caused NSCs to leave quiescence and divide (Fig. S5L-M). We generated transgenic flies carrying UAS-GFP-Trbl and drove expression with *grainyhead* (*grh*)-GAL4 (4) to assess whether Trbl is sufficient to maintain G2 quiescence. *grh*-GAL4 expression initiates at quiescence entry and is expressed in ~67% of NSCs, allowing comparison between neighboring GFP-Trbl-expressing and non-expressing NSCs. Almost all GFP-Trbl-expressing NSCs remained in G2 quiescence and expressed CycA ( $91.8 \pm 0.88\%$ ,  $n=10$  tVNCs, ~120 NSCs each) (Figs. 3D-E, S6A-C). GFP-Trbl-expressing NSCs retained the primary process that is extended specifically by quiescent NSCs (see Fig. 1A), unlike control NSCs, which had begun to divide (Figs. S6B-C) (1, 4, 16). Thus Trbl is sufficient to maintain G2 quiescence.

In the embryonic mesoderm, *trbl* induces G2 arrest by promoting Cdc25<sup>String</sup> protein degradation (17–19). We found that Cdc25<sup>String</sup> protein is reduced in NSCs at quiescence entry whereas *cdc25<sup>string</sup>* mRNA is maintained (Fig. 4A). Therefore, Cdc25<sup>String</sup> is regulated post-transcriptionally at quiescence entry. Significantly more NSCs were Cdc25<sup>String</sup> protein-positive in *trbl<sup>EP3519</sup>* mutants (Figs. 4B, S7A-B). This increase in Cdc25<sup>String</sup> is sufficient to explain the excessive NSC proliferation in *trbl* mutants (Figs. S7C-D). Thus Trbl initiates quiescence entry by promoting Cdc25<sup>String</sup> protein degradation during late embryogenesis.

Trbl also maintains NSC quiescence post-embryonically, however, it must act through another mechanism as Cdc25<sup>String</sup> is no longer expressed in post-embryonic qNSCs (Fig. S8A). Trbl is known to inhibit insulin signalling through binding Akt and preventing its phosphorylation (Fig. S8B) (20). Consistent with this, Trbl-expressing NSCs had less p4E-BP than control NSCs (Fig. S8C). If Trbl inhibits Akt to maintain quiescence, constitutively active Akt (myr-Akt (21); Akt<sup>ACT</sup>) should rescue Trbl-induced quiescence: Akt<sup>ACT</sup> fully rescued NSC reactivation (Figs. 4C, S8D). In contrast, as Trbl is thought to act downstream of PI3K (20), constitutively active PI3K (dp110<sup>CAAX</sup>, (22); PI3K<sup>ACT</sup>) should not rescue reactivation, which it did not (Figs. 4D, S8D). Thus Trbl maintains quiescence by blocking activation of Akt. This role is specific to post-embryonic NSCs since embryonic NSCs do not depend on insulin signalling to proliferate (Fig. S8E).

*trbl* expression must be repressed to allow NSC reactivation. We found that insulin signalling is necessary and sufficient to repress *trbl* transcription. NSCs misexpressing PTEN, an insulin pathway inhibitor, failed to down-regulate *trbl* transcription (Fig. S8F). In contrast, activating the insulin pathway by expressing Akt<sup>ACT</sup> in NSCs was sufficient to switch off *trbl* transcription (Fig. S8G).

Here we have discovered the mechanisms by which *Drosophila* NSCs enter, remain in, and exit quiescence in response to nutrition (Fig. 4E). Trbl pseudokinase (1) promotes degradation of Cdc25<sup>String</sup> protein to induce quiescence, (2) blocks insulin signalling by inhibiting Akt in the same NSCs to maintain quiescence, and (3) is overridden by nutrition-

dependent secretion of dILPs from blood-brain barrier glia, which activate insulin signalling in qNSCs, repress *trbl* expression and enable reactivation.

Contrary to the prevailing dogma, we found that qNSCs are pre-programmed to arrest in G2 or G0. G2 qNSCs reactivate earlier and generate neurons before G0 qNSCs; this may ensure that neurons form the correct circuits in the appropriate order during brain development. G2 arrest also enables high fidelity homologous recombination-mediated repair in response to DNA damage, preserving genomic integrity during quiescence. Quiescent stem cells in mammals may also arrest in G2, with implications for isolating and manipulating quiescent stem cells for therapeutic purposes.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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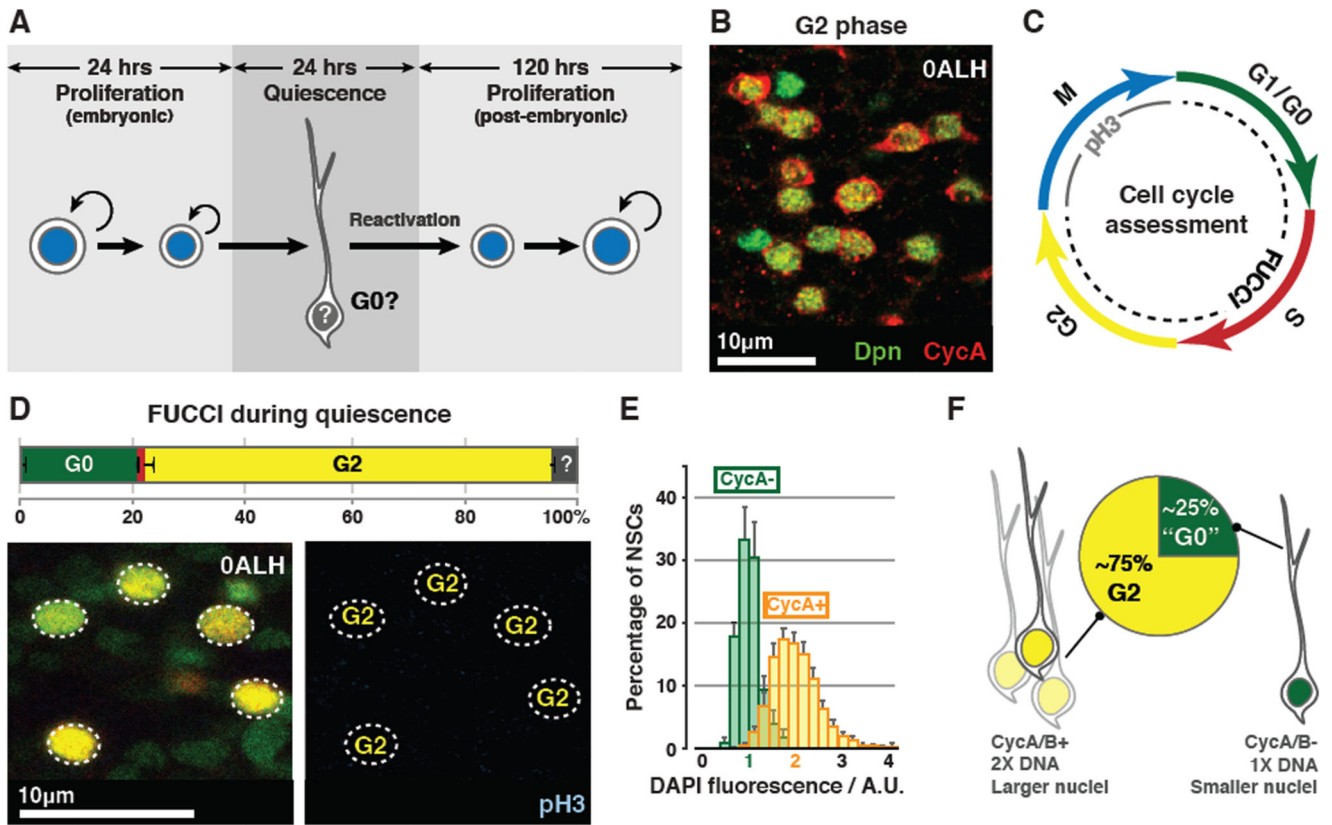
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**One Sentence Summary**

G2-arrested quiescent stem cells reactivate more readily than G0 cells and are regulated by the pseudokinase Tribbles.



**Fig. 1. qNSCs arrest in G0 or G2.**

(A) qNSCs are smaller than proliferating NSCs and extend a primary process, which is retracted upon activation from quiescence. Proliferating NSCs in the embryo do not exhibit a primary process prior to entering quiescence.

(B)  $73 \pm 0.79\%$  of qNSCs (green) are CycA<sup>+</sup> (red).  $n=10$  tVNCs, ~150 NSCs each.

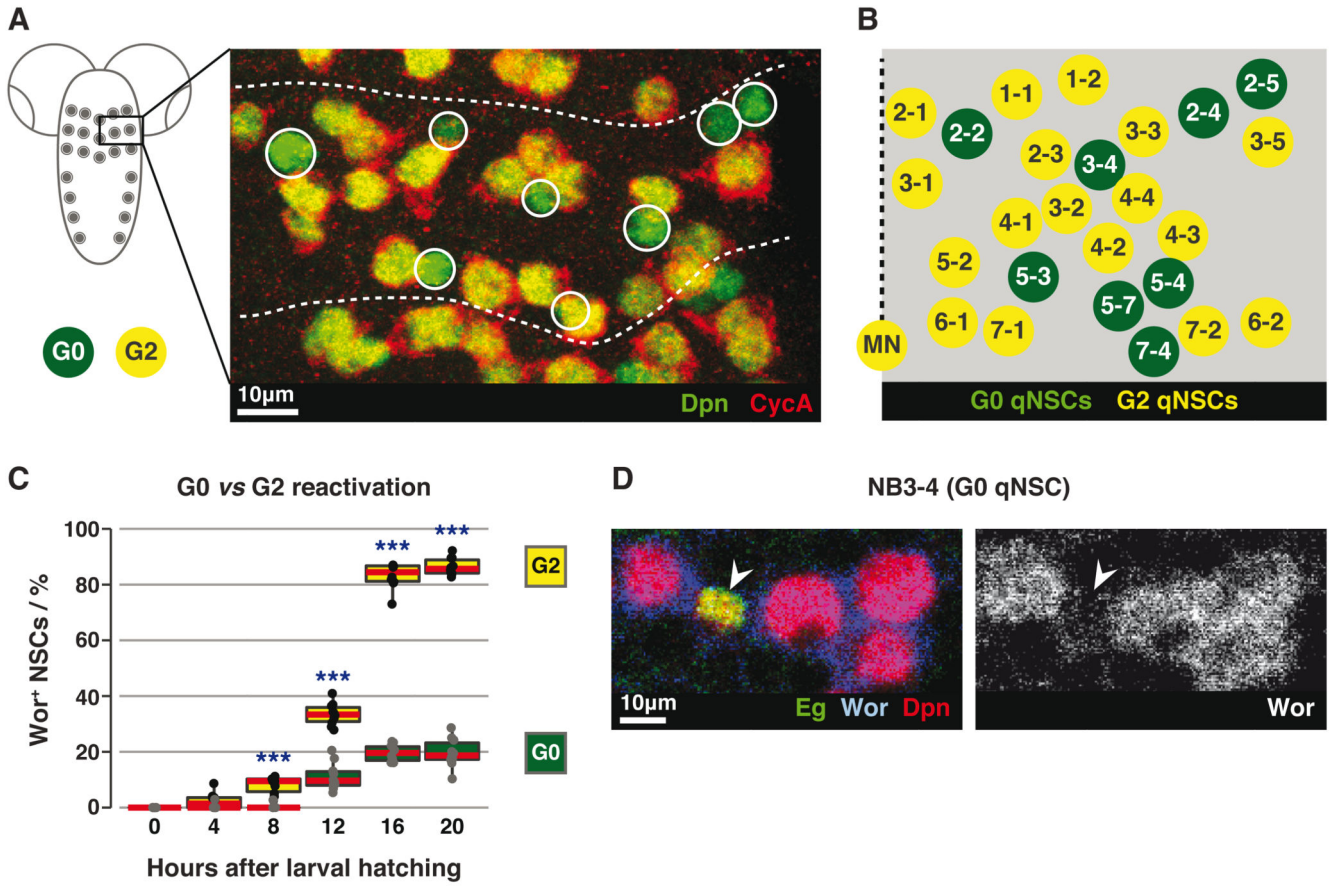
(C) Cell cycle phase assessment using FUCCI and pH3.

(D) Percentages of NSCs (outlined) in each cell cycle phase during quiescence. Colours as in (C).  $n=5$  tVNCs, ~150 NSCs each. ?: undetermined.

(E) DAPI intensities of CycA<sup>+</sup> and CycA<sup>-</sup> qNSC nuclei are significantly different ( $p=2.20 \times 10^{-16}$ , Kolmogorov-Smirnov test).  $n=10$  tVNCs, ~75 NSCs each. A.U.: arbitrary units. 1 A.U.: mean DAPI intensity of the CycA<sup>-</sup> population. Error bars indicate S.E.M.

(F) Features of G2 and G0 qNSCs.

Images are single section confocal images, unless indicated otherwise, and anterior is up in this and all subsequent figures.



**Fig. 2. G2 qNSCs reactivate before G0 qNSCs.**

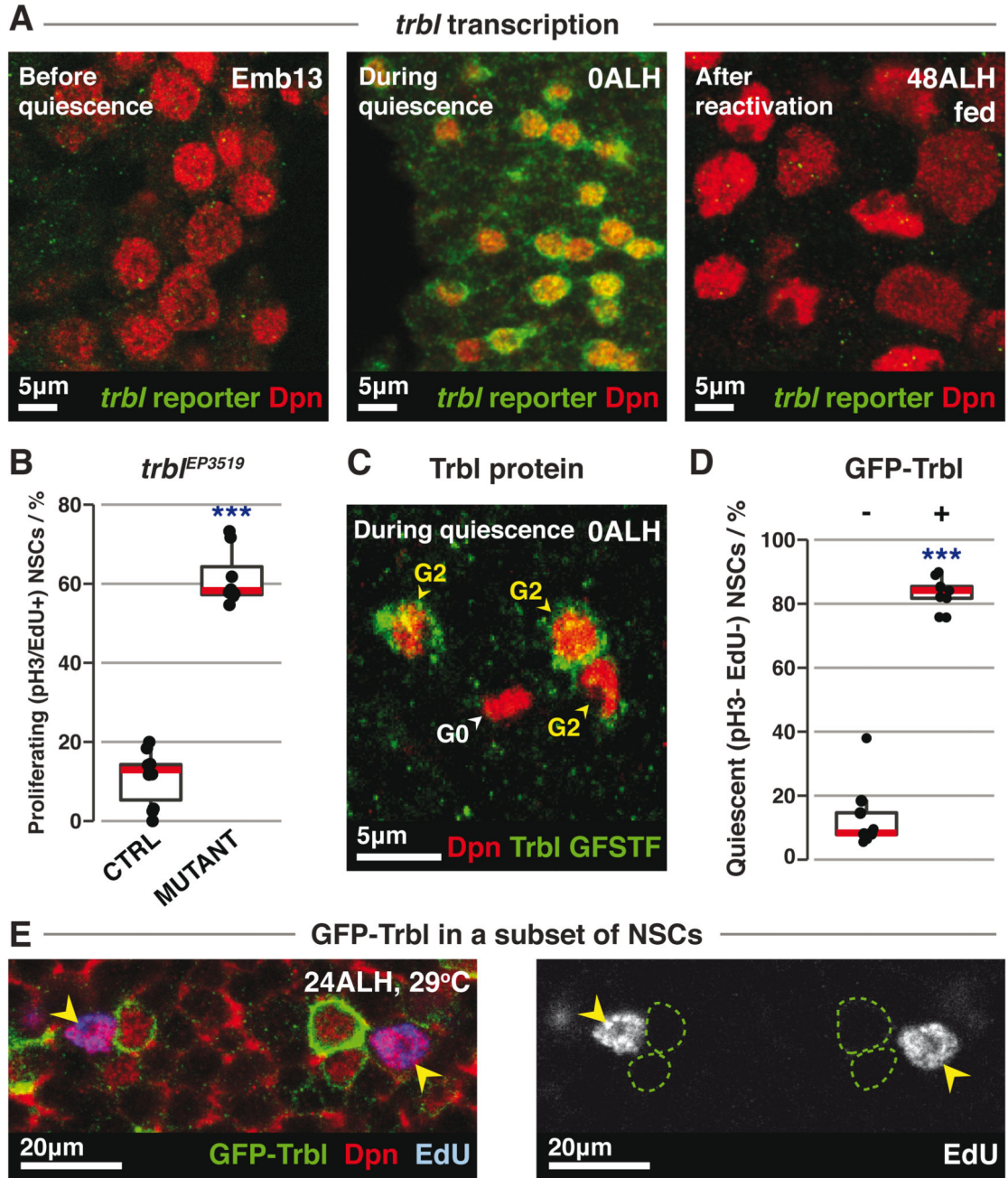
(A) Maximum intensity projection of a tVNC hemi-segment, stained for G2 (yellow) and G0 (green; circled) qNSCs. Dotted lines indicate hemi-segment boundaries.

(B) Positions and identities of G0 qNSCs (green) within a hemi-segment. Dotted line represents the midline. Schematic modified from (12).

(C) Quantification of  $\text{Wor}^+$  G0 or G2 qNSCs.  $n=10$  tVNCs/time point,  $\sim 150$  NSCs each. \*\*\*:  $p < 1.39 \times 10^{-5}$ , two-tailed paired  $t$ -tests. Red lines indicate medians.

(D) NB3-4 ( $\text{Eg}^+$ ; arrowed), remains small and  $\text{Wor}$ -negative at 20ALH, while neighbouring G2 qNSCs have reactivated.





**Fig. 3. *trbl* regulates G2 qNSCs.**

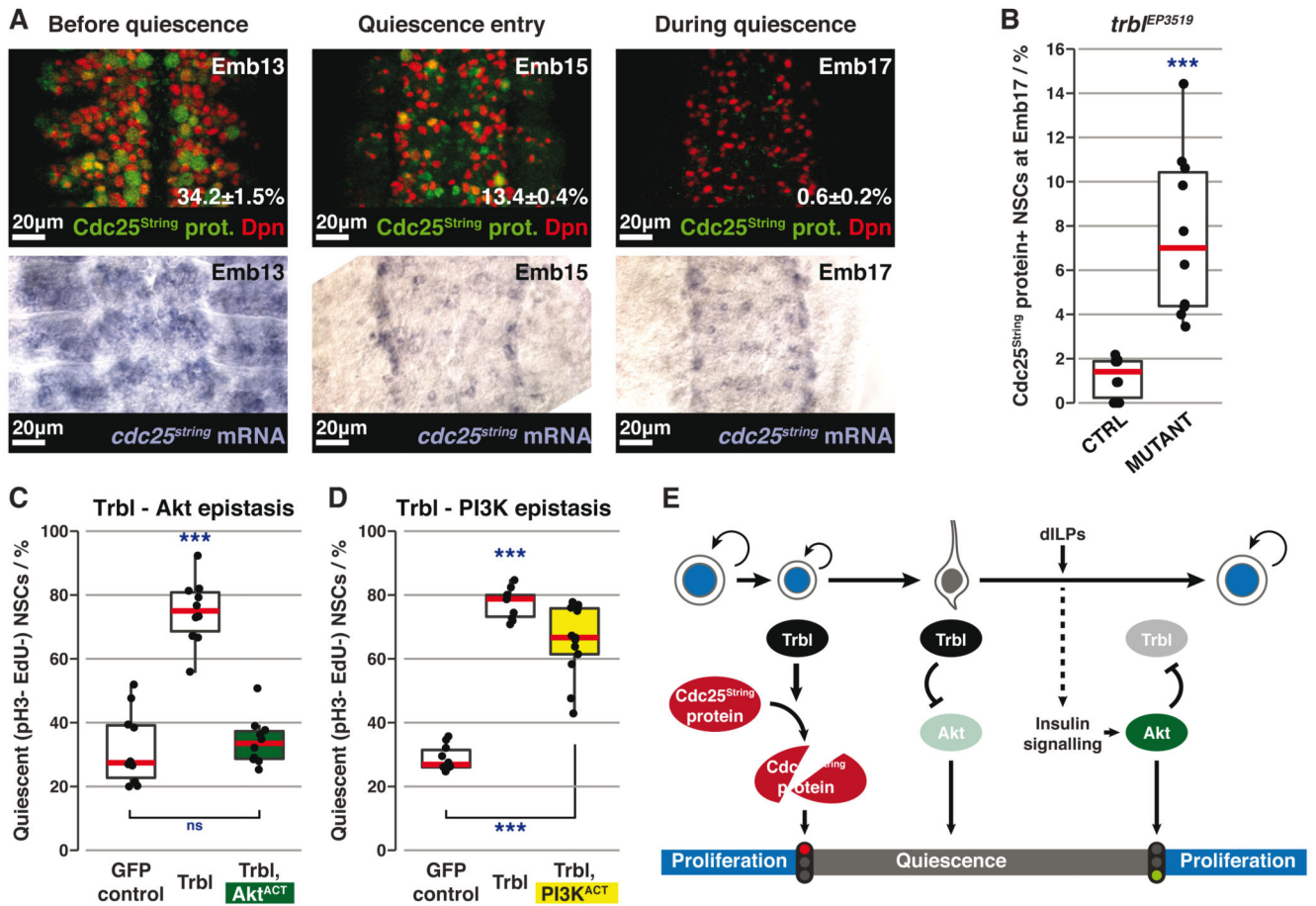
(A) *trbl* reporter expression (green) in NSCs (red) before, during and after quiescence.

(B) Quantification of proliferating NSCs in control ( $n=10$ ) vs *trbl*<sup>EP3519</sup> mutant ( $n=8$ ) tVNCs, with ~120 NSCs each. \*\*\*:  $p=7.06 \times 10^{-14}$ , Student's *t*-test.

(C) Trbl protein expression (green) in G2 (CycA<sup>+</sup>) or G0 (CycA<sup>-</sup>) qNSCs (red).

(D) Quantification of qNSCs in *grh*-GAL4>GFP-Trbl tVNCs. “-” and “+” denote GFP-Trbl<sup>-</sup> and GFP-Trbl<sup>+</sup> NSCs respectively.  $n=9$  tVNCs, ~150 NSCs each. \*\*\*:  $p=3.90 \times 10^{-4}$ , Wilcoxon signed-rank test.

(E) In *grh-GAL4>GFP-Trbl* brains, GFP-Trbl<sup>+</sup> NSCs (green outlines) do not incorporate EdU, while control NSCs (yellow arrowheads) do. Red lines indicate medians.



**Fig. 4. Trbl induces and maintains quiescence through different mechanisms.**

(A) Top row: *Cdc25<sup>String</sup>* protein (green) expression in NSCs (red) before and during quiescence (percentages are mean±SEM).  $n=10$  tVNCs/time point, ~130 NSCs each. Maximum intensity projections. Bottom row: *In situ* hybridisation against *cdc25<sup>string</sup>* mRNA at the same stages.

(B) Percentages of *Cdc25<sup>String</sup>* protein+ NSCs in control (*trbl<sup>EP3519</sup>* heterozygote) vs mutant tVNCs.  $n=10$  tVNCs/genotype, ~110 NSCs each. \*\*\*:  $p=9.08 \times 10^{-5}$ , Kolmogorov-Smirnov test.

(C and D) Quantification of qNSCs in epistasis experiments between GFP-Trbl and *Akt<sup>ACT</sup>* (C) or *PI3K<sup>ACT</sup>* (D).  $n>10$  tVNCs/condition, ~80 NSCs each. \*\*\*:  $p<3.39 \times 10^{-9}$ . ns:  $p>0.05$ , one way ANOVA followed by post-hoc Tukey's HSD test. In (D), there is no significant difference between GFP-Trbl alone and GFP-Trbl+*PI3K<sup>ACT</sup>*.

(E) Three-step model for Trbl activity.

Red lines indicate medians.