



The effects of different packaging materials, temperatures and water activities to control aflatoxin B₁ production by *Aspergillus flavus* and *A. parasiticus* in stored peanuts

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Abstract Aflatoxins (AFs) are secondary metabolites produced by aflatoxigenic strains of *Aspergillus flavus* and *A. parasiticus*, the most toxic being aflatoxin B₁ (AFB₁). The purpose of the present work was to investigate the effects of industrial-grade packaging materials (low-density polyethylene, polypropylene, polyethylene-laminated aluminium); temperatures (25 °C, 30 °C); and water activities (0.74 a_w , 0.85 a_w) on AFB₁ production by *A. flavus* and *A. parasiticus* in stored peanut kernels. Commercially-obtained samples were segregated into packaging materials, separately inoculated with the aflatoxigenic *Aspergillus* spp., and stored for 1 month under various °C + a_w regimes. AFB₁ production was quantified by high performance liquid chromatography with fluorescence detector (HPLC–FLD). For *A. flavus* in PELA, no AFB₁ was detected (100% reduction) at 25 °C for both a_w tested. For *A. parasiticus* in PELA, no AFB₁ was detected at 25 °C (0.85 a_w) and 30 °C (0.74 a_w). Highest concentration of AFB₁ was detected in LDPE for both *A. flavus* (46.41 ppb) and *A. parasiticus* (414.42 ppb), followed by PP (*A. flavus* 24.29 ppb; *A. parasiticus* 386.73 ppb). In conclusion, storing peanut kernels in PELA in a dry place at room temperature has been demonstrated as an adequate and inexpensive method in inhibiting growth of *Aspergillus* spp. and lowering AFB₁ contamination in peanuts.

Keywords Peanuts · *Aspergillus flavus* · *Aspergillus parasiticus* · Packaging · Storage conditions · Aflatoxin

Introduction

Aflatoxins (AFs) are a group of difuranocoumarin metabolites produced by aflatoxigenic strains of *Aspergillus flavus* and *A. parasiticus* (Chiou et al. 2002; Juan et al. 2008) during metabolism (Abriba et al. 2013), with the most potent and widely studied being AFB₁. Favourable growth conditions for causal fungi include substrate moisture content (\approx 15–30%), ambient temperature (\approx 25–30 °C) and relative humidity (\approx 85%) (Sulaiman et al. 2007). Therefore, by manipulating these ecophysiological parameters, fungal contamination and toxin production could be prevented.

In controlling the AFB₁ contamination in stored peanuts, the type of packaging materials also plays important role especially in developing countries where food handling and proper storage technology is less advanced and should have a low water vapour transmission rate (WVTR) to avoid moisture being absorbed from the environment (Leong et al. 2010). The objective of the present work was therefore to determine the effects of different packaging materials, temperatures and water activities on AFB₁ contamination in stored peanut kernels artificially inoculated with aflatoxigenic *A. flavus* and *A. parasiticus*.

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Materials and methods

Chemicals

The AFB₁ standard at a concentration of 300 ng/mL was purchased from Supelco (PA, USA). All solvents used in the experiments were of HPLC-grade, and supplied by Merck (Darmstadt, Germany). AflatestWB immunoaffinity columns (IAC) were purchased from Vicam (MA, USA).

Fungal strains

Aflatoxigenic strains of *Aspergillus flavus* NRRL 3357 and *A. parasiticus* FRR 2999 were used (CSIRO; North Ryde, N.S.W., Australia). Both strains were maintained in 0.05% Tween-80 spore suspension. A haemocytometer (Neubauer, Germany) was used to adjust the concentration of fungal spores to 10³ spores/mL (Gunterus et al. 2007).

Packaging materials

Packaging materials tested were low-density polyethylene (LDPE), polypropylene (PP), and polyethylene-laminated aluminium (PELA) which were locally purchased from an industrial-grade packaging supplier (Good and Well Trading; Seri Kembangan, Malaysia).

Experimental design

The experimental design used was full factorial with the two factors being temperature (25 and 30 °C) and water activity (0.74 and 0.85 *a_w*). The treatments were carried out in triplicate.

Peanut sampling and adjustment of water activities

A total of 3 kg samples of packed raw peanut kernels were randomly purchased from different supermarkets in Serdang, Selangor, Malaysia. The initial *a_w* of the peanuts were measured at 0.62. The samples were thoroughly mixed, surface-disinfected through immersion in a 0.4% solution of sodium hypochlorite (NaOCl) for 2 min, rinsed with sterile distilled water (dH₂O), and dried overnight on paper towels in a laminar-flow hood (Pitt et al. 1993). Following drying, samples of the raw peanut kernels were halved, and each portion was separately rehydrated by addition of dH₂O to achieve 0.74 and 0.85 *a_w* (Malaysian humidity range) based on a peanut moisture absorption curve (Malaysian Meteorological Department, 2017; Zhang et al. 2017). The adjusted *a_w* values were verified with an AquaLab model CX-2 water activity meter (Decagon Devices Inc.: WA, USA).

Treatments

The 0.74 and 0.85 *a_w* peanut kernels were further divided into 36 sub-samples (3 packagings × 2 strains × 2 temperatures × 3 replicates) of 30 g each. Artificial inoculation of fungal strains was performed with 20 µL spore suspension (10² spores). Inoculated samples were sealed using a BTK-300 Balance Impulse Hand Sealer (Ban Hing Holdings; Kuala Lumpur, Malaysia). Sealed samples were separately stored for 1 month at 25 and 30 °C. Uninoculated peanut kernels (3 packagings × 2 water activities × 2 temperatures × 3 replicates) served as negative control.

Aflatoxin B₁ extraction and clean-up

Extraction of AFB₁ from incubated peanut kernels were performed following the AOAC official method 991.31 (Truckness 2000) with minor modification (Afsah-Hejri et al. 2011). Following the 1 month storage, mouldy peanut kernels were ground using a Waring blender (Vicom: Milford, MA, USA) for 3 min. Next, ground peanut samples (25 g) were homogenised with 5 g NaCl and 125 mL methanol/water (70:30, v/v) for 2 min. Homogenate were diluted with 30 mL dH₂O, filtered through a 24 cm Ø fluted filter paper (Vicom: Milford, MA, USA), and again through an 11 cm Ø glass microfiber filter (Vicom, Milford MA, USA). Next, 15 mL filtrate was passed through the immunoaffinity column (Aflatest; Vicam, Milford, MA, USA) containing monoclonal antibody specific for AFB₁ for purification at a flow rate of 1 mL/min (Jinap et al. 2012). The IAC was then washed with 10 mL dH₂O twice following which the AFB₁ was eluted with 1 mL absolute methanol. The eluent was diluted with 1 mL dH₂O and stored in HPLC vials until analysis.

Aflatoxin B₁ quantification by HPLC-FLD

The purified AFB₁ were quantified using reverse-phase high performance liquid chromatography system (Waters 600: NY, USA) with fluorescence detector (Waters 2475: NY, USA) with a post-column photochemical reactor for enhanced detection (PHRED) (Aura Industries: NY, USA) and improve the HPLC column (C₁₈: 4.6 mm × 25 cm; Waters: NY, USA) sensitivity. Excitation and emission wavelengths were 365 and 435 nm respectively. Injection volume was 20 µL with a isocratic mode solvent composition of H₂O:MeOH:ACN (55:35:10 v/v) at a flow rate of 0.6 mL/min. AFB₁ standard curve was constructed with seven concentrations of 2 ppb, 4 ppb, 6 ppb, 10 ppb, 25 ppb, 50 ppb and 100 ppb. The R² obtained from the curve was 0.995. The limit of detection (LOD) and limit of quantification (LOQ) for the method was 0.03 ng/g and

0.1 ng/g, respectively. For data acquisition and processing, Empower 2 Chromatography Data Software (Waters: NY, USA) was used. Processing and acquisition of data was obtained by input of injection volume, run time, vial position, method set, processing method and standard curve to calibrate and quantitate the results.

Statistical analysis

Measurements from triplicates were averaged as mean \pm SD. A two-way analysis of variance (ANOVA) was applied on normally-distributed datasets to analyse significant and synergistic effects of each of the tested parameters (packaging materials, temperatures, water activities) using the statistical software Minitab[®] version 16 (Minitab Inc.; Pennsylvania, USA). $p < 0.05$ was accepted as significant difference.

Results

Figure 1 shows the mean AFB₁ levels (ppb) detected in peanut kernels inoculated with *A. flavus* at different temperatures and water activities on LDPE, PP, and PELA. Across the three types of packaging, peanut kernels incubated in PELA yielded the lowest amount of AFB₁ as compared to LDPE and PP regardless of temperatures and water activities tested. For water activities, significantly higher amounts of AFB₁ were observed at 0.85 a_w across all packaging tested. For temperatures, incoherent pattern was observed in which both 25 and 30 °C yielded different amounts of AFB₁.

Figure 2 depicts the mean AFB₁ levels (ppb) detected in peanut kernels inoculated with *A. parasiticus* at different temperatures and water activities on LDPE, PP, and PELA. Similar to *A. flavus*, PELA yielded the lowest amount of AFB₁ regardless of temperatures and water activities across the packaging tested. For temperatures, at 30 °C, AFB₁ levels were observed to be significantly lower than 25 °C across the packaging tested except for PELA at 0.74 a_w . For water activities, incoherent pattern was observed in which both 0.74 and 0.85 a_w yielded different amounts of AFB₁.

Based on the results obtained, it is also apparent that the AFB₁ produced by *A. parasiticus* was significantly higher by many folds when compared to that of *A. flavus* in all the treatments tested.

Table 1 lists the p values of both parameters tested and their synergistic effects on AFB₁ production by *A. flavus* and *A. parasiticus* across all packagings. For *A. flavus*; °C and a_w had significant effects on AFB₁ production in LDPE and PP. However, the same was not observed in PELA where only °C had significant effect on AFB₁ production.

For *A. parasiticus*; °C and a_w had significant effects on AFB₁ production in LDPE and PELA, while only °C had significant effect on AFB₁ production in PP. All in all, across the packagings tested, temperature had undoubtedly significant effect on AFB₁ production by both strains. As expected, no amount of AFB₁ was detected in the negative control treatment from both *Aspergillus* spp.

Discussion

Based on the obtained results, peanut kernels packed in PELA significantly yielded the lowest AFB₁, followed by PP and LDPE. This might be explained by the fact that PELA has the best heat and oxygen barrier qualities among the three packaging materials tested due to its multi-layered structure (PE–aluminium–PE) and excellent heat sealing properties (TFO 2010). For PP, although it tends to hold heat within thus creating a slightly favourable condition for fungal growth and subsequently AFB₁ contamination, lower AFB₁ levels observed might be due to the fact that PP is also known to be an excellent moisture barrier and an adequate oxygen barrier (Kennedy and Devereau 1994). This moisture and oxygen blockage will further prevent fungal proliferation and the subsequent toxin production. For LDPE which has the lowest softening and melting points among the three packaging materials tested, it is highly suitable for heat sealing, but fares poorly as moisture and oxygen barrier (Shakerardekani and Karim 2013) thus providing a conducive micro-environment for fungal proliferation inside the packaging and the subsequent high toxin production as indicated in the results. The gas transmission rate of packaging materials used had a significant effect on fungal growth and AFB₁ production with PELA having the lowest gas transmission rate, yielded the lowest fungal growth and AFB₁ production, followed by PP and PE yielded the highest fungal growth and AFB₁ production, having the highest gas transmission rate among the packaging materials used.

In terms of the effects of incubation water activities (a_w), 0.85 a_w yielded higher AFB₁ when compared to 0.74 a_w in *A. flavus* across all packaging materials tested. This agrees with a study by Abdel-Hadi et al. (2012) who found a positive correlation between decreasing a_w and decreasing AFB₁, and also in accordance with Good Agricultural Practice (GAP) and Good Manufacturing Practice (GMP) which in principle is to store food commodities in a dry and low humidity environment (Gordon 2016). As of 2017 in Malaysia, the mean humidity level is $0.76 \pm 0.07 a_w$ (Malaysian Meteorological Department 2017). However, the same pattern was not entirely observed in *A. parasiticus* where in certain treatments AFB₁ levels were in fact higher at 0.74 a_w as compared to 0.85 a_w . This phenomenon might

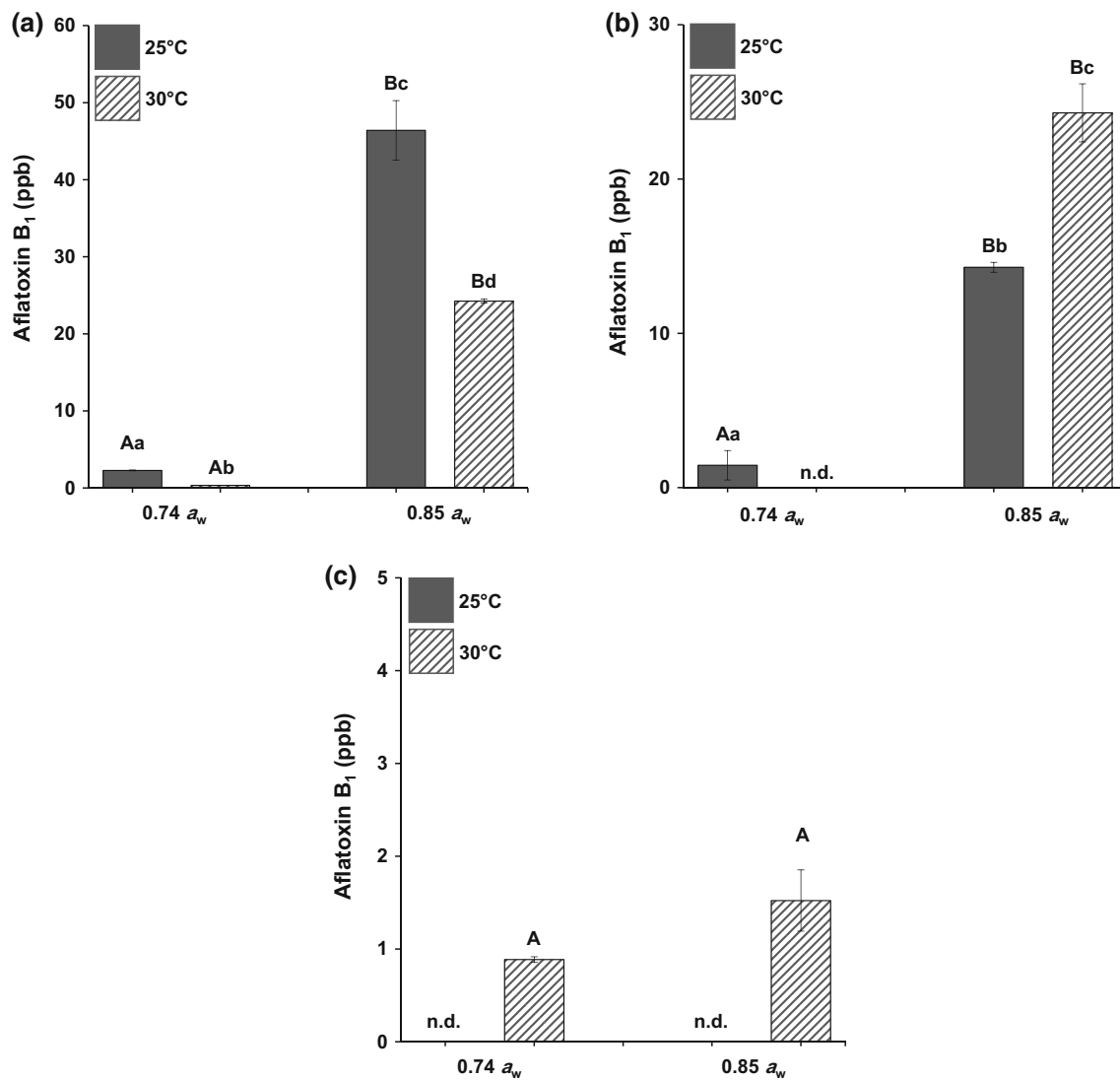


Fig. 1 Aflatoxin B₁ production (ppb) in peanut kernels inoculated with *Aspergillus flavus* NRRL 3357 on **a** low-density polyethylene; LDPE, **b** polypropylene; PP and **c** polyethylene-laminated aluminium; PELA, incubated at different temperatures (°C) and water

activities (*a_w*) for 1 month. Data are means of triplicates with bars indicating SD. Capital letters indicate significant difference ($p < 0.05$) between *a_w* and small letters between °C. n.d.: not detected

be explained by the fact that fungal infestation and the subsequent toxin production can also occur under eco-physiological stresses (e.g., decreased in humidity; Agag 2004).

In terms of the effects of incubation temperatures (°C), incoherent patterns of high and low AFB₁ levels produced by *A. flavus* and *A. parasiticus* at both temperatures tested might be explained by the fact that aflatoxigenic *Aspergillus spp.* has a wide range of temperature tolerance (19–35 °C) with 28 °C being the optimal temperature for growth and 28–30 °C for AFs production (Sanchis and Magan 2004). In the present work, majority of the treatments (i.e., 8 of 12; Figs. 1 and 2) exhibited high levels of AFB₁ at 30 °C. These findings concur with that of Saleemullah et al. (2006) who reported greater conidial

development and AFs production by aflatoxigenic *Aspergillus spp.* at 30 °C. However, it is also noteworthy that higher levels of AFB₁ at temperature (25 °C) lower than the optimal range as indicated in several treatments (i.e., in LDPE and PP for *A. flavus*, in PELA for *A. parasiticus*) observed in the present work might actually be a technical discrepancy rather than a theoretical one. After filling the packaging materials with peanut kernels, the packagings were sealed with a Balance Impulse Hand Sealer and it was noticed that tiny pores were formed at the edges of the sealing lines (Stehling and Meka 1994), hence making the packaging not airtight. Therefore, it is probable that the non-airtight condition has caused air to freely flow in and out of the packaging, which in turn promoted higher levels of AFB₁ (Hotchkiss 1995). The findings are in agreement

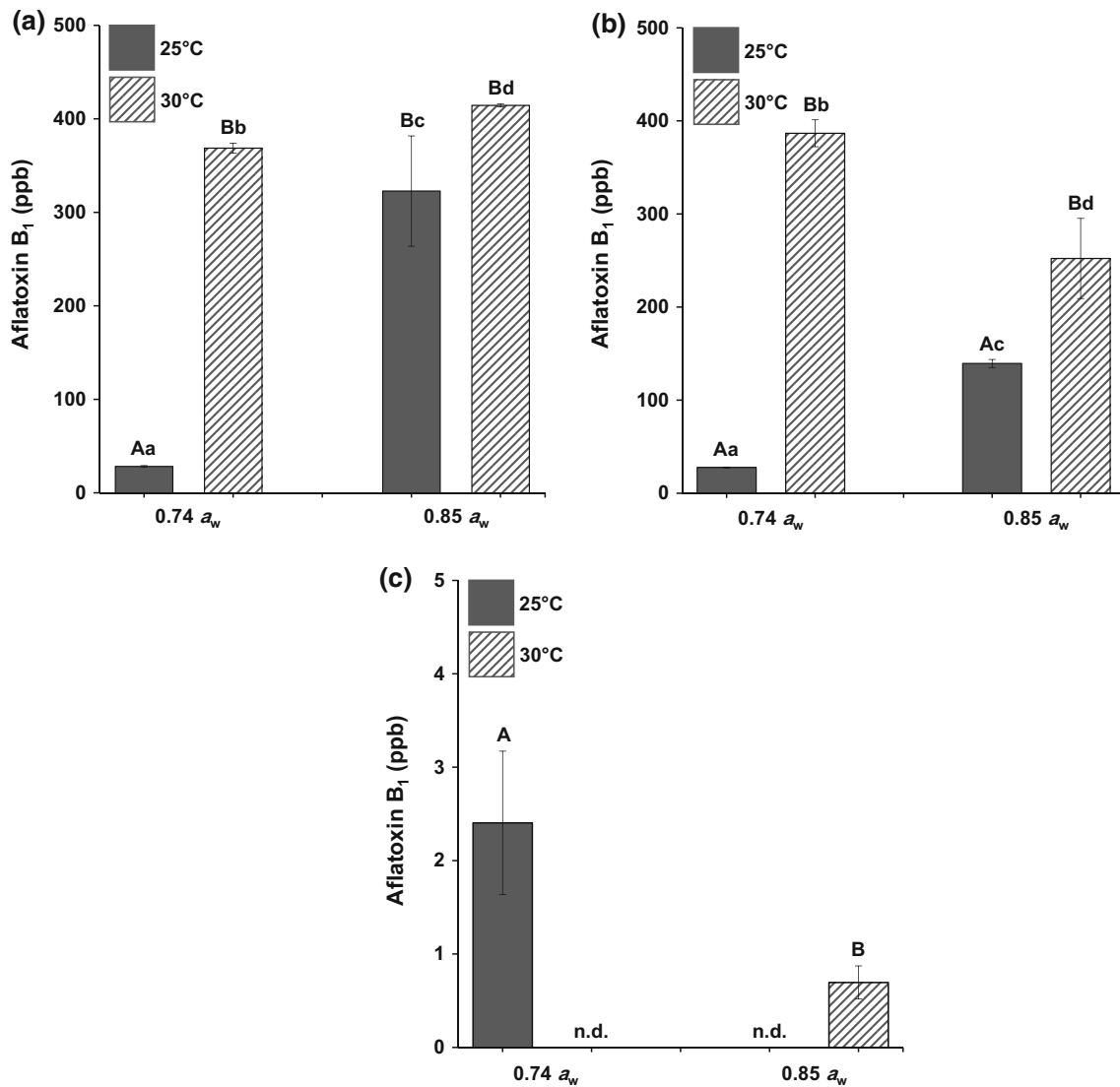


Fig. 2 Aflatoxin B₁ production (ppb) in peanut kernels inoculated with *Aspergillus parasiticus* FRR 2999 on **a** low-density polyethylene; LDPE, **b** polypropylene; PP and **c** polyethylene-laminated aluminium; PELA, incubated at different temperatures (°C) and water

activities (a_w) for 1 month. Data are means of triplicates with bars indicating SD. Capital letters indicate significant difference ($p < 0.05$) between a_w and small letters between °C. n.d.: not detected

with Ellis et al. (1991, 1993) who stated that higher AFB₁ was produced by *A. flavus* and *A. parasiticus* at a higher atmospheric gases quantity condition within a packaging.

Higher AFB₁ production by *A. parasiticus* when compared to that of *A. flavus* by approximately tenfold observed in the present work agreed with the findings of Fani (2013) who found that *A. parasiticus* produced higher AFB₁ than *A. flavus*. This might be explained by the difference in genetics between both strains (genotype) which in turn influences the difference in their toxin production capacity (phenotype).

Conclusion

The present work demonstrates that polyethylene-laminated aluminium (PELA) when used as packaging yielded the lowest concentration of AFB₁ by both strains. Of the two temperatures tested, 25 °C has been shown to significantly reduce AFB₁ production by both strains. In terms of water activity, *A. flavus* has been shown to produce lower AFB₁ at drier condition (0.74 a_w) in stored peanut kernels, but not exactly in *A. parasiticus*. More knowledge and understanding are therefore needed on proper storage practices and choosing the right packaging material in the context of raw peanut kernels and its handling methods against common fungal contaminants. As peanuts are

Table 1 Analysis of variance (ANOVA) for parameters tested ($^{\circ}\text{C}$, a_w) and their synergistic effects on aflatoxin B₁ production (ppb) by *Aspergillus flavus* NRRL 3357 and *Aspergillus parasiticus* FRR 2999 incubated for 1 month in low-density polyethylene (LDPE), polypropylene (PP) and polyethylene-laminated aluminium (PELA). $p < 0.05$ indicates significant effect

Factors	<i>Aspergillus flavus</i> <i>p value</i>	<i>Aspergillus parasiticus</i>
Low-density polyethylene (LDPE)		
Temperature ($^{\circ}\text{C}$)	< 0.05	< 0.05
Water activity (a_w)	< 0.05	< 0.05
$^{\circ}\text{C} \times a_w$	< 0.05	< 0.05
Polypropylene (PP)		
Temperature ($^{\circ}\text{C}$)	< 0.05	< 0.05
Water activity (a_w)	< 0.05	0.600
$^{\circ}\text{C} \times a_w$	< 0.05	< 0.05
Polyethylene-laminated aluminium (PELA)		
Temperature ($^{\circ}\text{C}$)	< 0.05	< 0.05
Water activity (a_w)	0.073	< 0.05
$^{\circ}\text{C} \times a_w$	0.073	< 0.05

mainly contaminated during storage, storing them in PELA at a dry place and around room temperature can be adopted by the peanut-based food industries as an adequate and inexpensive method in ensuring reduction of AFs in the peanuts as evidenced in the present work.

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