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# Evolution of simple multicellular life cycles in dynamic environments

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The mode of reproduction is a critical characteristic of any species, as it has a strong effect on its evolution. As any other trait, the reproduction mode is subject to natural selection and may adapt to the environment. When the environment varies over time, different reproduction modes could be optimal at different times. The natural response to a dynamic environment seems to be bet hedging, where multiple reproductive strategies are stochastically executed. Here, we develop a framework for the evolution of simple multicellular life cycles in a dynamic environment. We use a matrix population model of undifferentiated multicellular groups undergoing fragmentation and ask which mode maximizes the population growth rate. Counterintuitively, we find that natural selection in dynamic environments generally tends to promote deterministic, not stochastic, reproduction modes.

# 1. Introduction

The ability of organisms to reproduce is a paramount feature of life, and a great diversity of reproduction modes is observed in nature. Even the simplest organisms, such as colonial bacteria and primitive multicellular species, reproduce in various ways: by producing unicellular propagules [1], by fragmentation of the colony into two [2] or multiple multicellular pieces [3] and by the dissolution of the organism into independent cells [4]. A variety of reproduction modes originates from different external and internal conditions [5-9]. The choice of the reproduction mode has a major impact on the later evolution of the species' traits. This aspect is especially important for organisms at the brink of multicellular life: the larger the organism grows, the more complex it can become [10]. However, it also means longer developmental time, which might incur additional risks; larger propagules require less protection against unfavourable environmental conditions [11], while smaller propagules can be produced in larger quantities [12,13]. Thus, the question of the evolution of reproduction modes of simple multicellular organisms and life cycles in general has paramount importance for our understanding of the history of life on Earth.

Natural selection favours the life cycle, which uses the opportunities and handles challenges faced by species the best. The evolution of life cycles among complex organisms is generally slow and with rare exceptions [14] occurs unnoticed. At the same time, primitive organisms under selection pressure demonstrate an extraordinary ability to adapt their reproductive strategies. Initially, unicellular *Chlamydomonas reinhardtii* experimentally subjected to selection for fast sedimentation in liquid media has evolved into multicellular clusters reproducing via a single-cell bottleneck [15]. Similar experiments with budding yeast *Saccharomyces cerevisiae* show the evolution into snowflake-shaped clusters reproducing by fragmentation [16]. Selection pressure imposed by another source, e.g. the threat from predators, has a similar effect [17]. It was shown that even prokaryotic unicellular life forms are capable of evolving collective-level traits within a matter of months [18]. These examples show that natural selection can drive the adaptation of reproductive strategies.

The evolution of life cycles has been investigated from the theoretical perspective as well. Roze & Michod [19] have studied the evolution of propagule size and found that smaller propagules can be selected since they are more efficient in the elimination of selfish mutants. Tarnita *et al.* [20] considered the 'staying together' mode of group formation, where cell colonies or organisms grow only by means of division of cells already comprising them (without immigration). There, Tarnita *et al.* investigated conditions at which the multicellular life cycle characterized by stochastic detachment of unicellular propagules outperforms the unicellular life cycle. Recently, we performed an extensive investigation of the optimal modes of group reproduction [21]. It turns out that only life cycles with a regular schedule of reproduction are favoured by natural selection. However, all these studies consider only constant environments, where external conditions do not change with time.

It has been shown that the fluctuations of the environment have a significant influence on the life cycles of many species. Natural examples range from the day–night cycles driving photosynthetic activity [22], to the spawning of marine invertebrates synchronized with the lunar cycle [23,24], to the alteration of seasons affecting the availability of food, energy spendings, amount of daylight, etc. [25–27]. An impact of the environmental changes on the life cycle has also been investigated in evolutionary experiments [15,16,18,28]; and even the changes imposed by human interventions in nature [29] have been reported to have an effect on life cycles.

The hallmark phenomenon observed in dynamic environments is bet-hedging, where organisms combine different reproductive strategies [30,31]. Bet-hedging comes in two flavours: in 'between-clutch' bet-hedging, different organisms of the same species use different reproductive strategies. An example of this is the blooming of the succulents which must coincide with a hardly predictable wet season in the desert [32,33]. Different plants of the same species have different blooming times, so those that catch the wet season will successfully reproduce, while others perish. Similar processes occur in many other plants including crops [34]. In 'within-clutch' bet-hedging, offspring produced together have diverse properties [35]. An example is the diversity among egg size in bird clutches: in mild seasons all eggs are hatched, while in harsh seasons only the larger eggs with more nutrients can survive [36].

A theory describing demographic dynamics in dynamic environments has been developed in [37–40] for models with discrete time and has focused on random fluctuations of the environment. The arising method for the population growth rate is also applicable to continuous-time models [41].

As shown in experimental evolution studies [15,17,18], under favourable conditions, the evolution of novel life cycles in microbial populations might occur within a matter of months. Therefore, the ecological and evolutionary processes in fast-reproducing populations are intertwined with each other. Especially, environmental fluctuations strongly affect smaller groups because they are more likely to be sensitive to these perturbations in the external environment [42,43]; small changes in the environment might lead to significant changes in group behaviour. Yet, the evolution of life cycles of simple multicellularity under dynamic conditions still remains largely unexplored. To what extent can environmental fluctuations affect the patterns of cell colony reproduction? What reproduction modes thrive in dynamic environments? Do dynamic environments enrich the space of life cycles that can evolve, or do they impose additional restrictions? We combine methods from demographic

dynamics in dynamic environments with the general framework of fragmentation mode evolution to answer these questions.

# 2. Methods

# 2.1. Life cycle of a group-structured population in a static environment

We consider a population model, where cells are nested into groups. Reproduction of cells leads to the growth of groups, but external cells are never integrated into groups (no 'coming together' in the sense of [20]). The dynamics of the population is driven by a number of biological reactions representing cell growth and group fragmentation. After each cell division, cells either stay together as a group or fragment [20,21]. If they stay together, the group size increases, while the number of groups in the population is unchanged. Such events are given by the reactions

$$X_i \to X_{i+1}, \tag{2.1}$$

where  $X_i$  denotes the group of size *i*. Each cell in a group of *i* cells has the same birth rate  $b_i$ , and thus the growth rate of the group is  $ib_i$ . In our model, birth rates  $b_i$  represent the processes influencing cell growth: they summarize the benefits and costs of a group living within a certain environment. The birth rate of a solitary cell can be set to one ( $b_1 = 1$ ) without loss of generality. On the other hand, after division, if a group of cells fragments instead of staying together, both the total number of cells and the number of groups in the population increase. The fragmentation results in reactions

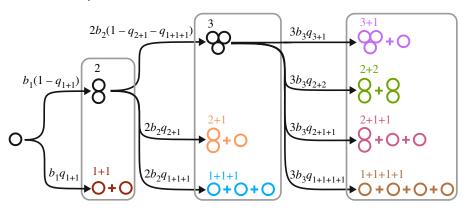
$$X_i \to \sum_{k=1}^i \pi_k X_k, \tag{2.2}$$

where  $\pi_k$  is the number of produced fragments of size *k*. Since a fragmentation event conserves the total number of cells,  $\sum_{k=1}^{i} k \pi_k = i + 1$ .

For example, upon reaching size two after a division from a solitary cell, a group may split into two independent cells, i.e. execute *fragmentation pattern* 1 + 1, or cells may stay together increasing the group size from 1 to 2. Upon reaching size three, they may fragment into either a bi-cellular group and an independent cell (fragmentation pattern 2 + 1), three independent cells (fragmentation pattern 1 + 1 + 1) or cells may stay together making the group size 3. Upon reaching size four, a group may fragment to one of four fragmentation patterns: 3 + 1, 2 + 2, 2 + 1 + 1 or 1 + 1 + 1 + 1 (figure 1*a*), or stay as the group of size 4 and so on. For the sake of calculation efficiency and illustrative purposes, we limit the maximal group size *n* to 3 in our numerical simulations. However, the approach we developed and our analytical results are not constrained by this limit and are applicable to populations with any group sizes.

For an arbitrary life cycle, the rates of reaction are proportional to the probability of the fragmentation pattern  $\kappa$  to occur, denoted as  $q_{\kappa}$ . Thus, the set of fragmentation probabilities,  $\mathbf{q} = (q_{1+1}; q_{2+1}, q_{1+1+1}; q_{3+1}, q_{2+2}, q_{2+1+1}, q_{1+1+1+1+1}; \ldots)$ , defines the *fragmentation mode* of a population. In the special case where only a single fragmentation reaction occurs, i.e. all fragmentation probabilities except one are zero, the life cycle represents a regular schedule of group development and fragmentation. We refer to such cases as *pure life cycles* (figure 1*b*). In other cases, commonly referred to as *mixed life cycles*, the sum of fragmentation probabilities at each size cannot exceed one:  $q_{1+1} \leq 1$  and  $q_{2+1} + q_{1+1+1} \leq 1$ ; at the maximal size it has to be one, so in our simulations we used  $q_{3+1} + q_{2+2} + q_{2+1+1} + q_{1+1+1+1} = 1$  (figure 1*a*).

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(b) pure life cycle

$$O \xrightarrow{b_1} 8 \xrightarrow{2b_2} O \xrightarrow{3b_3} 8 + O + O \qquad q_{2+1+1} = 1$$
  
$$q_{other} = 0$$

**Figure 1.** Structure of 'staying together' life cycles for a population with the maximal group size n = 3. (*a*) Schematic figure for the life cycles of a population with n = 3. Birth rates  $b_i$  are identical for all cells in the same group size *i*. Fragmentation probability set  $\mathbf{q} = (q_{1+1}; q_{2+1}, q_{1+1+1}; q_{3+1}, q_{2+2}, q_{2+1+1}, q_{1+1+1+1})$  determines the life cycle of the group structure. (*b*) Pure life cycles are obtained in a special case where a single fragmentation probability is equal to one, while all others are zero. An example of a pure life cycle using the fragmentation mode  $\mathbf{q} = (0; 0, 0; 0, 0, 1, 0)$  is presented. In a pure life cycle, all groups follow a regular schedule of development and fragmentation. (Online version in colour.)

The rates of reactions are density independent and therefore, lead to a set of linear differential equations describing the population dynamics, see electronic supplementary material, appendix A and [21] for details

$$\frac{\mathrm{d}\mathbf{x}}{\mathrm{d}\tilde{t}} = A\mathbf{x},\tag{2.3}$$

where **x** is the vector for abundances  $x_i$  of group size i,  $\tilde{t}$  is time and A is the projection matrix. In a static environment, the projection matrix A does not change over time. Therefore, the population dynamics converges to a stationary regime, where

$$\lim_{\tilde{t}\to\infty} \mathbf{x}(\tilde{t}) = e^{\lambda \tilde{t}} \mathbf{w}.$$
 (2.4)

Here,  $\lambda$  is the leading eigenvalue of the projection matrix A, and **w** is the right eigenvector associated with  $\lambda$ . The growth rate of the population is determined by  $\lambda$  expressed in terms of birth rates  $b_i$  and the fragmentation mode **q**. Hence, evolution favours the life cycle that produces the largest  $\lambda$ . For a static environment, it has been shown that an evolutionarily optimal life cycle must be a pure binary life cycle, where a parental group fragments into exactly two offspring groups [21].

# 2.2. Growth of the group-structured population in a dynamic environment

Next, we investigate the evolution of life cycles under dynamic environmental conditions, where growth rates  $b_i$  do not remain the same through time. Here, we consider a dynamic environment in the form of a regular switch between two seasons  $S_1$ and  $S_2$ . Each season is characterized by its own set of birth rates:  $S_1 = (1, b_2^1, b_3^1, ...)$  and  $S_2 = (1, b_2^2, b_3^2, ...)$ , respectively. Consequently,  $S_1$  and  $S_2$  may favour different life cycles. In this setting,  $S_1$  lasts for time duration  $\tau_1$  and then switches to  $S_2$ , which lasts for  $\tau_2$ . Hence, the dynamic environment is determined by the two sets of birth rates and two season lengths  $\mathcal{D} = \{S_1, \tau_1; S_2, \tau_2\}$ .

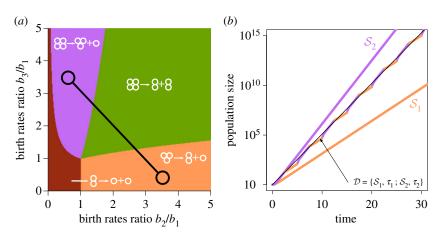
In the dynamic environment, the growth rate of the population cannot be characterized by a single projection matrix. However, the demographical dynamics within a single season is still described by a single projection matrix. Therefore, we numerically simulated the population growth in a dynamic environment using the corresponding projection matrix during each season. We follow the method used in [41] to compute the average population growth rate ( $\Lambda$ ) in a dynamic environment ( $\mathcal{D}$ ) over a whole sequence of seasons, as a slope in the logarithm of the populations size against time (see figure 2 and electronic supplementary material, appendix B). The average growth rate  $\Lambda$  in a dynamic environment plays the same role as the leading eigenvalue  $\lambda$  of the projection matrix in a static environment: the life cycle with higher  $\Lambda$  will eventually outgrow others with lower  $\Lambda$ .

For each studied dynamic environment  $\mathcal{D}$ , we numerically find evolutionarily optimal life cycles by maximizing  $\Lambda(\mathbf{q}, \mathcal{D})$ with respect to the vector of fragmentation probabilities  $\mathbf{q}$  (see electronic supplementary material, appendix C). Note that we perform optimization on a multi-dimensional lattice of  $\mathbf{q}$ , so an accuracy of the optimal life cycle  $\mathbf{q}$  is limited by the lattice spacing, which we set to 0.05. We repeat the optimization for different initial conditions to take into account the possibility of multiple local optima.

### 3. Results

### 3.1. Limit regimes of dynamic environments

For a given pair of seasons { $S_1$ ,  $S_2$ }, we screened a wide range of season length combinations { $\tau_1$ ,  $\tau_2$ } and found a set of locally optimal life cycles for each dynamic environment  $D = \{S_1, \tau_1; S_2, \tau_2\}$ . We present the results of this screening in the form of optimality maps, which indicate optimal life cycles at a given set of season lengths. Each pixel on a map represents a set of season lengths { $\tau_1$ ,  $\tau_2$ }, and the colour of a pixel is given by the all optimal life cycles found in many optimizations from different initial conditions (see electronic supplementary material, appendix D). For convenience, we convert parameters  $\tau_1$  and  $\tau_2$  into the season turnover period  $T \equiv \tau_1 + \tau_2$  and the ratio of season lengths  $t \equiv \tau_1/\tau_2$ 



**Figure 2.** Unconstrained population growth in a dynamic environment can be approximated by exponential growth. (*a*) The map of evolutionarily optimal life cycles in static environments. Only four pure binary life cycles are evolutionarily optimal: 1 + 1, 2 + 1, 3 + 1 or 2 + 2. The dynamic environment with seasons  $S_1$  and  $S_2$  is represented by a pair of interconnected circles. (*b*) The growth of population executing a pure life cycle 3 + 1 ( $\mathbf{q}_{3+1} = (0; 0, 0; 1, 0, 0, 0)$ ) in dynamic and static environments. Each line shows the temporal growth of the population size. Coloured lines correspond to the population growth in static environments  $S_1 = (1, 3, 0.5)$  and  $S_2 = (1, 0.5, 3)$ , respectively. The two-coloured line indicates the population growth in the dynamic environment, alternating between two seasons  $S_1$  and  $S_2$  with  $\tau_1 = \tau_2 = 2.5$ . While the growth in the dynamic environment is complicated in general, it can be approximated very well by exponential growth (thin black line). (Online version in colour.)

and present the obtained map using T and t. Examples of optimality maps are presented in figure 3.

We focus our analysis on extreme regimes: prevalence of the single season ( $t \ll 1$  or  $t \gg 1$ ), short seasons ( $T \ll 1$ ) and long seasons ( $T \gg 1$ ). The numerical simulations show that at intermediate lengths of seasons ( $t \sim 1$  and  $T \sim 1$ ), the behaviour of the system is intermediate between these extremes (figure 3).

The simplest behaviour occurs in the prevalence regime  $(t \ll 1 \text{ or } t \gg 1)$ . In this case, the influence of the shorter season on the population growth is negligible. The growth rate in such a dynamic environment is close to the growth rate in the static environment given by the long season, i.e.  $\Lambda(\mathbf{q}, \mathcal{D}) \approx \lambda(\mathbf{q}, \mathcal{S}_1)$  when the first season is much longer  $(t \gg 1)$ . As a consequence, a pure binary life cycle, which is optimal in the static environment provided by the first season  $\mathcal{S}_1$ , is evolutionarily optimal in the dynamic environment  $\mathcal{D}$ , where the first season prevails  $(t \gg 1)$ . Similarly, the life cycle optimal in the static environment provided by the second season  $\mathcal{S}_2$  is evolutionarily optimal in dynamic environments, where  $t \ll 1$ . All numerically obtained optimality maps confirm this.

For short seasons ( $T \ll 1$ ), the population composition changes little within a single period of season change. Thus, demographical changes in the population occur at a much slower timescale than changes in the environment. As such, the system effectively experiences the average environment with season lengths being the weights of each component [44]. Thus, in the *short seasons approximation* the population growth rate is given by the growth rate in the averaged static environment  $\bar{S}$ 

$$\Lambda_{\rm SSA}(\mathbf{q},\,\mathcal{D})\approx\lambda(\mathbf{q},\,\mathcal{S}),\tag{3.1}$$

$$\bar{S} = \frac{\tau_1}{\tau_1 + \tau_2} S_1 + \frac{\tau_2}{\tau_1 + \tau_2} S_2$$
$$= \frac{t}{1 + t} S_1 + \frac{1}{1 + t} S_2.$$
(3.2)

This approximation also allows us to use the results of the optimal life cycles in a static environment [21]. These imply

that for any dynamic environment with short seasons, there is only a single evolutionarily optimal life cycle, which is a pure binary life cycle. In addition, the short seasons approximation allows us to explicitly find the border value of *t* separating the area of optimality of favoured life cycles in the static environment given by  $S_1$  and  $S_2$ , respectively. The border is determined by the ratios of season lengths *t* at which the average environment lies at the border between areas of optimality in static environments. Numerical simulations reproduce this border well, see the predicted border marked at the left sides of the optimality maps in figure 3.

For the long season length ( $T \gg 1$ ), the population reaches the stationary regime within each season, and the transient growth regime between two adjacent seasons can be negligible. This suggests the *long seasons approximation*—the population growth rate is given by the weighted average of growth rates in static environments

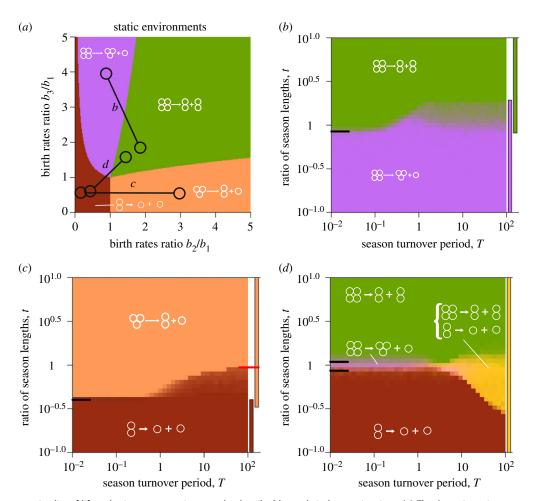
$$\Lambda_{\text{LSA}}(\mathbf{q}, \mathcal{D}) \approx \frac{\tau_1}{\tau_1 + \tau_2} \lambda(\mathbf{q}, \mathcal{S}_1) + \frac{\tau_2}{\tau_1 + \tau_2} \lambda(\mathbf{q}, \mathcal{S}_2)$$
$$= \frac{t}{1 + t} \lambda(\mathbf{q}, \mathcal{S}_1) + \frac{1}{1 + t} \lambda(\mathbf{q}, \mathcal{S}_2).$$
(3.3)

Under the long seasons approximation at intermediate values of t, the optimal life cycle is not necessarily pure, and there might be more than one locally optimal life cycle, see examples in figure 3c. The transition in t from the prevalence of one season to another is non-trivial in this case. These changes in optimal life cycles along t in the long seasons regime ( $T \gg 1$ ) are our focus in the remaining part of this study.

### 3.2. Borders of the prevalence regimes

In the limits  $t \to \infty$  and  $t \to 0$ , the optimal life cycles are determined by the prevalent season. However, as we increase the other season length, the optimal life cycle may change. In this section, we examine the border between these prevalence regimes. We begin by considering extremely small t and measure how long the optimal life cycle persists against the increase of t.

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**Figure 3.** Evolutionary optimality of life cycles in extreme regimes can be described by analytical approximations. (*a*) The dynamic environment used in panels (*b*–*d*) are represented by connected circles. (*b*) The optimality map featuring only pure life cycles. When season 1 is much longer than season 2,  $t \gg 1$ , regardless of the overall seasons turnover length, the optimal life cycle is always the pure life cycle 2 + 2. For the opposite case,  $t \ll 1$ , 3 + 1 is always optimal. For short seasons,  $T \ll 1$ , the border between two life cycles is located at the position predicted by the short seasons approximation (black tick line on the left side of the map). For long seasons  $T \gg 1$ , for this dynamic environment, the transition between two life cycles is performed through the bi-stability between pure life cycles, as suggested by long seasons approximation (see main text). Coloured bars on the right side of the map show the areas of stability of pure life cycle 1 + 1 is not evolutionarily optimal, yet the mixed life cycle featuring pattern 1 + 1 persists up to t = 0.485, where it disappears in a saddle-node bifurcation indicated by a red mark (see main text). (*d*) The pure life cycles 1 + 1 and 2 + 2 can be executed within the same mixed life cycle at different seasons (see main text), and such a combination (yellow) might be evolutionarily optimal in the long seasons regime. Exact parameters used in calculations and simulations are presented in electronic supplementary material, appendix L. (Online version in colour.)

We sampled 40 000 pairs of seasons and investigated at which *t* the prevalence regime is violated, see electronic supplementary material, appendix E for details of sampling. We found that the border of the prevalence regime significantly varies between season combinations. For some pairs of seasons, the prevalence regime is extremely robust while some others show that the prevalence regime is extremely fragile; even at  $t = 10^{-4}$  the prevalence was violated.

We found that the main factor determining the robustness of the prevalence regime is the environment in the prevalent season. The most fragile prevalence regimes were observed for environments at the border between two different types of life cycles and environments promoting unicellular life cycle (figure 4a). At the same time, the most robust prevalence regimes were observed for environments far from optimality borders (figure 4b).

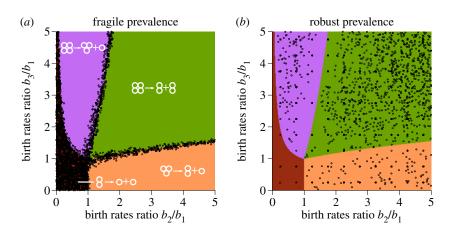
### 3.3. Stability of life cycles in the long seasons regime

In this section, we investigate what kind of life cycles emerge to be evolutionarily optimal at intermediate t in

the long seasons regime ( $T \gg 1$ ). In the long seasons regime, the population growth in a dynamic environment can be inferred from the growth rates in two stationary environments, see equation (3.3). Therefore, the analysis of evolutionary optimality of life cycles can be performed with relatively simple expressions.

An arbitrary fragmentation mode (**q**) is a local optimum of the growth rate  $\Lambda$ , when any small change in the probabilities set **q** leads to a decrease in the population growth rate. For this to happen, all fragmentation patterns  $\kappa$  must fulfil the conditions

$$\begin{cases} \frac{\partial A}{\partial q_{\kappa}} \Big|_{\mathbf{q}} < 0 & \text{if } \kappa \text{ is not executed } (q_{\kappa} = 0), \\ \frac{\partial A}{\partial q_{\kappa}} \Big|_{\mathbf{q}} = 0 \text{ and } \frac{\partial^2 A}{\partial q_{\kappa}^2} \Big|_{\mathbf{q}} < 0 & \text{if } \kappa \text{ is mixed with other patterns} \\ & \text{of the same size } (0 < q_{\kappa} < 1), \\ \frac{\partial A}{\partial q_{\kappa}} \Big|_{\mathbf{q}} > 0 & \text{if } \kappa \text{ is the only executed pattern of} \\ & \text{its group size } (q_{\kappa} = 1). \end{cases}$$



**Figure 4.** The robustness of the prevalence regime is mainly determined by the position of the prevalent environment. (*a*) Circles show prevalent seasons, for which the violation of the prevalence regime occurred already when the fraction of time *t* spend in the second, randomly chosen environment is small, t < 0.1. These non-robust seasons either promote unicellularity or are located at the borders between areas of optimality—where at least two life cycles have similar growth rate. (*b*) Circles show prevalent seasons, for which the violation of the prevalence regime occurred only when the fraction of time spend in the other environment, is very large, t > 10. The distribution of these seasons has a low density in the border regions. (Online version in colour.)

First, we consider the evolutionary optimality of pure life cycles, where only one fragmentation pattern occurs (figure 1*b*). These life cycles establish a regular schedule of group growth and reproduction, which is commonly observed in nature. From the perspective of our model, in pure life cycles  $q_{\kappa} = 0$  or  $q_{\kappa} = 1$ , the investigation of evolutionary optimality invokes only the first-order derivatives (equation (3.4)). A pure life cycle **q** becomes evolutionarily unstable when an admixture of at least one of absent fragmentation patterns (with  $q_{\kappa} = 0$ ) no longer decreases the growth rate:  $(\partial \Lambda / \partial q_{\kappa}) = 0$ . For a given pair of the pure life cycle **q**<sub>1</sub> and admixture life cycle **q**<sub>2</sub>, this is achieved at the ratio of the season length

$$t_s(\kappa_1,\kappa_2) = -\frac{\lambda'_x(\mathbf{q}(x),\mathcal{S}_2)}{\lambda'_x(\mathbf{q}(x),\mathcal{S}_1)}\Big|_{x=1},$$
(3.5)

where  $\mathbf{q}(x)$  is the mixed life cycle in which fragmentation occurs by  $\kappa_1$  with probability x and occurs by  $\kappa_2$  with probability 1 - x, see electronic supplementary material, appendix F for details. Knowing the values of  $t_s$  for all pairs ( $\kappa_1$ ,  $\kappa_2$ ) makes it possible to outline the ranges of twhere each pure life cycle is optimal. We denote this optimality areas as coloured bars to the right of each optimality map (figure 3).

Next, we consider mixed life cycles, which can emerge as evolutionarily optimal in the long seasons regime. Above, we have shown that only pure life cycles are evolutionarily optimal if there is effectively a single season ( $t \ll 1$  or  $t \gg 1$ ). Therefore, as *t* approaching these extreme values, evolutionarily optimal mixed life cycles cease to exist. This happens by one of two scenarios: either a mixed life cycle transforms into a pure one, or it merges with the local minimum of  $\Lambda$  and disappears in a saddle-node bifurcation. The majority of mixed life cycles observed in our simulations feature only two fragmentation patterns. For these life cycles, the transition from a mixed optimal life cycle into a pure one occurs at values *t* given by equation (3.5). The saddle-node bifurcation (if exists) occurs at  $x = x^*$  and  $t = t^*$  satisfying

$$\frac{\lambda_{xx}''(\mathbf{q}(x), \mathcal{S}_1)}{\lambda_x'(\mathbf{q}(x), \mathcal{S}_1)}\Big|_{x=x^*} = \frac{\lambda_{xx}''(\mathbf{q}(x), \mathcal{S}_2)}{\lambda_x'(\mathbf{q}(x), \mathcal{S}_2)}\Big|_{x=x^*}$$
(3.6)

and

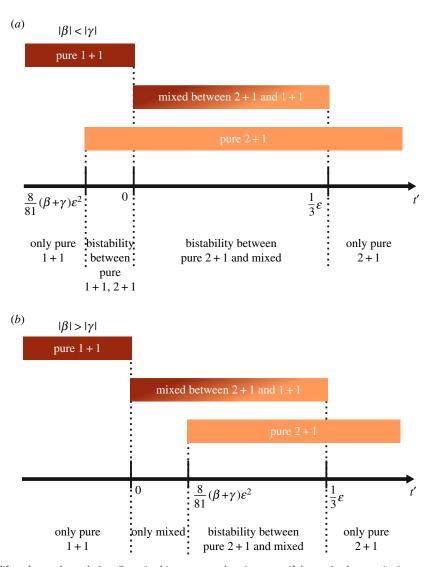
$$t^{*}(\kappa_{1}, \kappa_{2}) = -\frac{\lambda_{x}'(\mathbf{q}(x), \mathcal{S}_{2})}{\lambda_{x}'(\mathbf{q}(x), \mathcal{S}_{1})}\Big|_{x=x^{*}}, \qquad (3.7)$$

see electronic supplementary material, appendix G for detailed analysis of mixed life cycles optimality. We highlight the positions of saddle-node bifurcations  $t^*$  with red marks on the right-hand side of our optimality maps (figure 3*c*).

Finally, we found a distinct solution, when the maximal size of groups produced in one fragmentation pattern is smaller than the minimal size of offspring produced by another pattern. With the maximal group size 3, there is a single such pair:  $\kappa_1 =$ 1+1 and  $\kappa_2 = 2+2$ . When the two seasons in the dynamic environment favour the pure fragmentation modes 1 + 1 and 2+2, the optimal life cycle in a dynamic environment in a long seasons regime is always  $\mathbf{q}_C = \mathbf{q}_{1+1} + \mathbf{q}_{2+2} = (1; 0, 0;$ 0, 1, 0, 0), see electronic supplementary material, appendix I for details. In the long seasons regime, a population employing  $\mathbf{q}_C$  is capable of executing pure life cycle 1 + 1 during seasons favouring 1 + 1 over 2 + 2; and pure life cycle 2 + 2 during seasons favouring 2+2 over 1+1. We call such scenario a coexisting fragmentation mode  $\mathbf{q}_{C}$  and the optimality map in figure 3d presents this. Except in this special case, numerical simulations confirm our analytical results.

# 3.4. The spectrum of evolutionarily optimal life cycles in dynamic environments is diverse

In this section, we consider, which fragmentation patterns can contribute to evolutionarily optimal life cycles. We begin our analysis from a specific scenario, where all birth rates are similar to each other. From a technical point of view, the situation where all birth rates are equal, constitutes a neutral environment at which all growth rates of any mixed or pure life cycles are equal. We consider near neutral environments, where cell birth rates in both seasons slightly deviate from one  $b_i = 1 + \varepsilon \beta_i$ ,  $\varepsilon \ll 1$ , where  $\beta_i$  and thus  $b_i$  is different in the two seasons. As a consequence, in the vicinity of this neutrality point ( $\varepsilon \ll 1$ ), the growth rate of any life cycle is close to one and can be represented in a form  $\Lambda(\mathbf{q}, \mathcal{D}) = 1 + \varepsilon \Lambda_1 + O(\varepsilon^2)$ , where  $\Lambda_1$  is associated with the first derivatives, see electronic supplementary material,



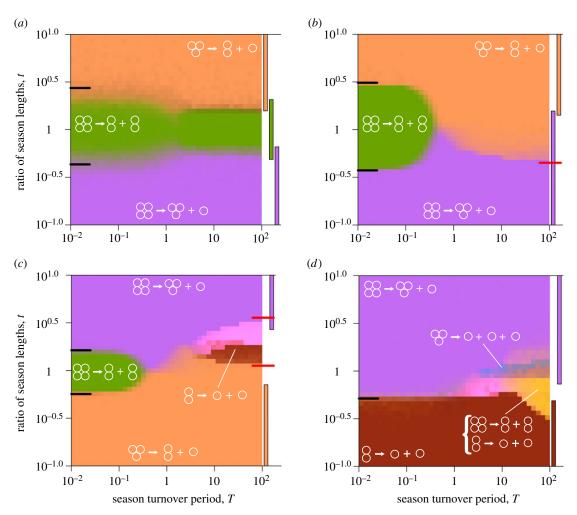
**Figure 5.** Only three kinds of life cycles can be evolutionarily optimal in near neutral environments if the maximal group size is n = 2. Populations, in which group size do not exceed two, have access to three fragmentation patterns: 1 + 1, 2 + 1 and 1 + 1 + 1. In near neutral environments constructed by  $S_1 = \{1, 1 + \varepsilon \beta\}$  and  $S_2 = \{1, 1 + \varepsilon \gamma\}$ , only three fragmentation modes can be evolutionarily optimal: pure 1 + 1, pure 2 + 1 and a mixed life cycle simultaneously using fragmentation modes 1 + 1 and 2 + 1. The fragmentation mode 1 + 1 + 1 does not contribute to an evolutionary optimum under any near neutral dynamic environment. Since the same signs for both  $\beta$  and  $\gamma$  give the same optimal life cycle in both seasons, we focus on different signs:  $\beta > 0$  and  $\gamma < 0$ . (a) For  $|\beta| < |\gamma|$ , there is the range of t where the population exhibits a bi-stability between two pure life cycles. (b) For  $|\beta| > |\gamma|$ , there is the range of t where only a mixed life cycle is evolutionarily optimal. On both panels, we use rescaled variable for x-axis,  $t' \equiv (t + \gamma/\beta)/(|\gamma/\beta|(\beta - \gamma))$ . (Online version in colour.)

appendix J. Biologically, this corresponds to a scenario, where living in a group has only minimal impact on the cell growth. This scenario seems to be relevant in the early stages of the evolution of multicellularity, where benefits of the group formation are minimal due to the absence of adaptations to collective life.

There, the case where the maximal group size is limited to two is analytically trackable, see electronic supplementary material, appendix J. For groups not exceeding size two, only three fragmentation patterns are available: 1 + 1 (unicellularity), 2 + 1 (binary fragmentation) and 1 + 1 + 1 (multiple fragmentation). We proved that only three types of life cycles can emerge in near neutral environments: pure unicellularity and binary fragmentation, as well as the mixed life cycle using both of them (figure 5). The multiple fragmentation pattern is unable to contribute to evolutionarily optimal life cycles here.

Releasing the size constraints, we found that in near neutral environments, the evolutionary optimality of life cycles is independent on the seasons turnover period *T*. Life cycles evolve similarly in both the short and the long season regime (see figure 6a and electronic supplementary material, appendix K for a proof). As a consequence, in near neutral environments, the optimal pure life cycles can be inferred from the short seasons approximation. Since the areas of optimality map are separated by narrow borders in the order of  $\varepsilon$  in the short seasons regime, the pure binary fragmentation modes are evolutionarily optimal for the majority of dynamic environments with any season turnover period.

If the birth rates are not in the vicinity of the neutral point  $b_i = 1$ , the set of optimal life cycles violates this scheme. Beyond the near neutral environment, we find more complex life cycles. We find that the fragmentation pattern presented in the short seasons regime may be absent in the long seasons regime (figure 6b). The opposite is also possible, a fragmentation pattern absent in the short seasons may appear in the long seasons (as a component of a mixed life cycle, though;



**Figure 6.** In the near neutral dynamic environments, the long and the short seasons regimes promote similar life cycles, while in far-from-neutral environments, these can be very different. (*a*) In the near neutral environment, the behaviour in the short and long seasons regimes are similar. For environments far from neutral, this pattern is violated. (*b*) A life cycle present in the short seasons regime (2 + 2) can be absent from the long seasons regime. (*c*) Example in which a fragmentation pattern absent at the short seasons regime (1 + 1) contribute to the optimal life cycle in the long seasons regime. (*d*) Example of a multiple fragmentation pattern (1 + 1 + 1), light blue) contributing to the optimal life cycle in the long seasons regime. Black lines on the left-hand side of maps indicate borders predicted by the short seasons approximation, coloured bars to the right from maps indicate the locally stable areas of pure life cycles in the long seasons approximation. Red ticks on the right-hand side of maps indicate the saddle-node bifurcations  $t^*$  in the long seasons approximation. Exact parameters of all presented calculations are presented in electronic supplementary material, appendix L. (Online version in colour.)

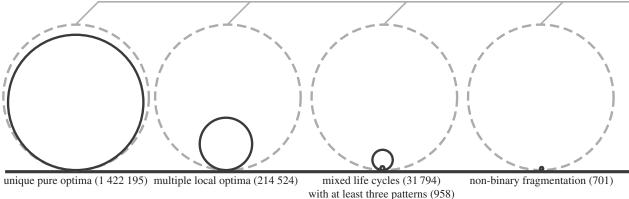
figure 6*c*). Moreover, the multiple fragmentation, which cannot be evolutionarily optimal in any static environment, can evolve in a dynamic environment (again, as a component of the mixed life cycle; figure 6*d*).

### 3.5. Robustness of pure binary fragmentation

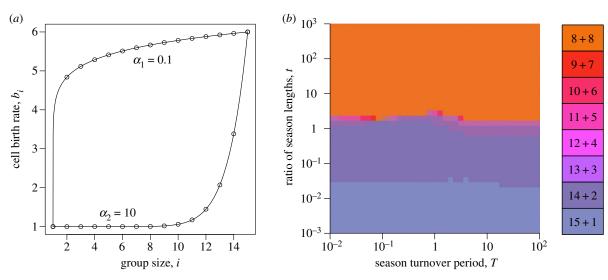
While the potential diversity of the life cycles in a dynamic environment is huge, an exotic behaviour is rare, and requires a fine balance of cell birth rates profiles { $S_1$ ,  $S_2$ } and season lengths { $\tau_1$ ,  $\tau_2$ }. In the dataset used in §3.2, for each of 40 000 pairs of seasons, we screened 41 different season length ratios (in total 1 640 000 dynamic environments), see electronic supplementary material, appendix E for details. For each environment, we found and characterized the set of evolutionarily optimal life cycles (figure 7). The majority of dynamic environments (87%) promoted a unique pure life cycle. A smaller fraction (13%) featured coexistence of multiple local optima. A much smaller fraction of dynamic environments (1.9%) exhibited mixed life cycles, the majority of which was composed of two fragmentation patterns. Finally, multiple fragmentation was observed in a tiny set of environments (0.04%). Therefore, we conclude that pure life cycles should be a widespread evolutionary strategy in the changing environment.

To support our result, we investigate the evolution of life cycles of larger colonial organisms. We consider groups growing up to size n = 15, so fragmentation must happen upon the birth of the 16th cell in a group. This size limit is comparable to the size of some volvocales algae, such as *Gonium pectorale*—one of the model organisms used to study the evolution of multicellularity.

cell We profiles use the birth rate  $b_i = 1 + M((i-1)/(n-1))^{\alpha}$ . Investigation of these profiles in static environments [21] revealed that  $\alpha \ll 1$  promotes an equal split (8 + 8), and  $\alpha \gg 1$  promotes the production of unicellular propagules (15 + 1). Note that the value of M has a relatively small influence. With these profiles, any increase in size is always beneficial to the group. Therefore, we restricted the optimization of life cycles to only fragmentation patterns of 16-cell groups. We obtain the optimality map, and the result supports our conclusion (figure 8). Out of 1681 dynamic environments investigated, 1673 (99.5%) promoted a single unique optimal life cycle in a form of



**Figure 7.** The majority of dynamic environments promotes a unique evolutionarily optimal pure life cycle in a form of binary fragmentation. We sampled  $1.64 \times 10^6$  different long seasons dynamic environments, see electronic supplementary material, appendix E. More than one locally optimal fragmentation mode was found only in 13% of them (second circle). In 1.9% of dynamic environments, a set of locally optimal life cycles contained a mixed life cycle (third circle). The majority (97%) of mixed life cycles found executed just two fragmentation patterns. Only 3% of evolutionarily optimal mixed life cycles had three patterns or more. Finally, the number of dynamic environments that promoted the evolution of non-binary fragmentation (1 + 1 + 1, 2 + 1 + 1 or 1 + 1 + 1 + 1) was extremely tiny—0.04% (last circle). So, the most common result of life cycle optimization was a single local optimum, which happened to be a pure life cycle with binary fragmentation (first circle).



**Figure 8.** Monotonic dynamic environments promote binary fragmentation. (*a*) To investigate the evolution of larger life cycles, we constructed a monotonic dynamic environment, where the birth rates  $b_i$  follow the function  $b_i = 1 + M(i - 1/n - 1)^{\alpha}$  with different exponents  $\alpha$  at different seasons. (*b*) The majority of dynamic environments promoted a unique pure life cycle with binary fragmentation. Even when the environment is far from neutral, short and long season regimes exhibit similar evolutionarily optimal life cycles. In our investigation, we used M = 5 in both seasons,  $\alpha = 0.1$  for the first season, and  $\alpha = 10$  for the second season. Due to significant computational load, we performed only 20 independent optimizations at each pixel of the map. (Online version in colour.)

binary fragmentation. Only eight environments (0.5%) had a mixed optimal life cycle, and no environment exhibited a coexistence of several local optima, or fragmentation into multiple pieces.

## 4. Discussion

Environmental fluctuations are commonly observed in nature. Under changing conditions, a trait beneficial in one season may become detrimental in another. Thus, adaptation to a dynamic environment may lead to totally different phenotypes than those that evolve in a static environment. In this manuscript, we investigated the influence of a changing environment on the evolution of life cycles in the context of primitive multicellularity. In our model, unstructured groups grow and eventually reproduce by fragmentation. The growth competition between different reproduction modes determines which life cycle will spread in the population.

Our present model uses the minimal set of processes necessary for the multicellular life cycle: birth, growth and reproduction of cell colonies. A number of other factors might influence the evolution of life cycles as well: aggregation of cells [45,46], group death [21], cell death [45,47], interactions between different cell types [48–50], the geometry of groups [51] and so forth. However, given the current state of the field, the understanding of evolutionary dynamics of life cycles even in the minimal set-ups is missing. Our study has shown that even with basic processes, the spectrum of evolutionary outcomes is rich and deserves a dedicated investigation. 9

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Previous findings reveal that a static environment puts strong constraints on evolutionarily optimal life cycles [21]. There, only pure life cycles can evolve. Moreover, among these, only binary fragmentation life cycles, featuring fragmentation into two groups, can become evolutionarily optimal. Interestingly, we found that evolution in dynamic environments can release both constraints.

Not only pure, but also mixed life cycles are able to evolve in our model. Being unable to perform well during both seasons, groups may employ a stochastic life cycle, where different groups randomly execute different fragmentation patterns. Thus, mixed life cycles are a manifestation of between-clutch bet-hedging within the scope of our model. We found that in some dynamic environments, a mixed life cycle is the only evolutionarily optimal strategy (figure 5b). Our model also predicts that mixed life cycles may employ fragmentation patterns that would not contribute to the optimal life cycles under any of static seasonal components alone (figure 6*c*,*d*). Yet, the most abundant scenario was the existence of only one locally optimal life cycle, which use a pure binary fragmentation mode (figure 7). In other words, our model predicts that for simple multicellularity, between-clutch bethedging is possible to evolve, but is rarely an evolutionarily optimal strategy-even in changing environments.

Another form of bet-hedging observed among complex multicellular organisms is within-clutch bet-hedging, where offspring with diverse properties are produced in a single act of reproduction [35]. From the perspective of simple multicellular life cycles, an act of reproduction is the distribution of the parental biomass among offspring. Hence, it is impossible to distinguish between an organism releasing a propagule and an organism producing two offspring of different sizes. In both cases, the result of reproduction is a collection of organisms of different sizes. The traditional point of view on these events is to consider them as asymmetric division, or propagule formation, and not as a bet-hedging scenario. In other words, while we can distinguish, who is the parent and who is the offspring in the case of a chicken laying eggs, it is hardly possible to do so for a broken cyanobacteria filament. Thus, the very idea of within-clutch bet-hedging implies more developed multicellularity than that considered in our study.

In the light of the evolution of simple multicellularity, pure life cycles deserve special attention. One of the conceptual barriers for the species transitioning from unicellular to multicellular existence is the necessity to develop a predictable life cycle. While, the formal grouping of cells into clusters can give some advantages to the population [28,52],

the real strength of multicellularity eventually comes from beneficial interactions within the groups, such as cooperation or division of labour [18,53–55]. The ability of cells to participate in such interactions is not guaranteed beforehand and therefore, must evolve. For this, a regular schedule of group growth and reproduction provides a proper basis. In our model, this regularity is obtained by pure life cycles. Thus, to what extent the changing environment can violate the evolutionary stability of pure life cycles is an interesting question.

Despite the mixed life cycles observed in simulations, pure life cycles remain prevalent: less than 2% of our dynamic environments promoted mixed cycles (figure 7). Among the four analysed limiting regimes, three favour pure life cycles. If one season occupies a large enough proportion of the seasonal cycle, the evolutionarily optimal life cycle is the same as if the second season does not happen at all. In other words, short disruptions of environmental conditions are unable to affect the evolutionary optimality of life cycles. The actual threshold below which the short season is unable to influence the life cycle evolution is a complex function of the environments and the turnover rate. Nevertheless, this value can be either inferred from numerical simulations of our model, or estimated from approximations. The short seasons regime only promotes pure life cycles. In near neutral environments, the behaviour at any season's turnover time becomes similar to the one expressed at short seasons-the transitional area between pure life cycles becomes narrow. Only the long season regime can explicitly promote mixed life cycles. However, these emerge only at intermediary values of season length.

These findings are surprising because in dynamic environments, intuitively, mixed life cycles, which combine the best of both worlds, are expected to be optimal. Countering that intuition, we found that pure life cycles emerge for a wide range of dynamic environments.

#### Data accessibility. This article has no additional data.

Authors' contributions. Y.P. conceived the study, designed the study, performed analytical investigation, performed simulations and drafted the manuscript. H.J.P. designed the study, performed simulations and drafted the manuscript. A.T. coordinated the study, performed analytical investigations, and drafted the manuscript. All authors gave final approval for publication and agree to be held accountable for the work performed therein.

Competing interests. We declare we have no competing interests.

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