

Systematic Review of Fixed-Versus Adjustable-Loop Femoral Cortical Suspension Devices for Anterior Cruciate Ligament Reconstruction: Letter to the Editor

Dear Editor:

We read with interest the article titled "Fixed- Versus Adjustable-Loop Femoral Cortical Suspension Devices for Anterior Cruciate Ligament Reconstruction: A Systematic Review and Meta-analysis of Biomechanical Studies,"³ which was published in the October 2018 issue of *The Orthopaedic Journal of Sports Medicine*. First, we congratulate the authors for publishing their study in this journal. Second, we would like to express some of our opinions on their article.

We note some deficiencies in this study regarding the aspect of literature retrieval. In their review, the authors

searched only 3 databases. The deadline for the literature search was November 20, 2017. So, why did this meta-analysis include a study¹ published in 2018? If the authors searched unpublished studies such as gray literature, this should be further clarified.

Another issue is that the review did not include all articles published before November 20, 2017. To the best of our knowledge, 2 articles^{4,5} were published before this deadline but were not included. As a supplement, we would like to provide additional information on these 2 articles as well as on 2 recent studies^{2,6} that were published in 2018. These studies were all eligible according to the authors' inclusion criteria, and they are helpful in drawing a strong conclusion. Details of these 4 studies are shown in Table 1.

One point worth noting from the Houck et al³ study is that the tested models were further divided into isolated device and specimen. However, in the later statistical analysis, these 2 completely different test models were combined for calculation. A better method of comparing the biomechanical differences between the fixed-loop and the adjustable-loop femoral cortical suspension devices is to make a strict distinction between the 2 test models when evaluating any of the indicators such as ultimate load and cyclic displacement.

TABLE 1
Four Studies Not Included in the Houck et al³ Systematic Review^a

Study	Journal	Study Design	Test Model	Fixed-Length Loop	Adjustable-Length Loop	Sample Size for Each Device	Preload	Cyclic Testing	Pulled to Failure, mm/min	Outcome Measure ^b
Noonan (2016) ⁵	<i>Arthroscopy</i>	CLS	Device only; device–bone graft construct	EndoButton	TightRope	5	10-50 N for 10 cycles	50-250 N for 1000 cycles	50	1, 4, 5, 7, 8, 9
Kamleger (2009) ⁴	<i>Arthroscopy</i>	CLS	Device only; device–bone graft construct	EndoButton; RetroButton	ToggleLoc	6	50 N	50-250 N at 1 Hz for 1000 cycles	20	2, 5, 7, 8
Cheng (2018) ²	<i>Int Orthop</i>	CLS	Device only	EndoButton	TightRope; GraftMax	8	10-50 N at 1 Hz for 10 cycles	50-250 N for 1000 cycles	50	1, 4, 5, 7, 8
Smith (2018) ⁶	<i>Orthop J Sports Med</i>	CLS	Device–bone graft construct	EndoButton; RetroButton	TightRope; GraftMax; Ultrabutton	8	80 N for 5 min	10-250 N at 0.75 Hz for 1000 cycles	50	1, 3, 5, 6, 7, 8, 9

^aCLS, comparative laboratory study.

^bOutcome measure: (1) preconditioning displacement or initial displacement; (2) motion per cycle; (3) dynamic elongation; (4) cumulative peak cyclic displacement or cyclic displacement; (5) total displacement; (6) force loss; (7) ultimate failure load or ultimate strength; (8) stiffness or linear stiffness; (9) failure type.

The results of the authors' meta-analysis showed a high degree of heterogeneity, which affected the credibility of the results. In addition, sensitivity analysis was lacking, so the stability of the conclusions is also questionable. The authors did not further analyze the reasons for the heterogeneity of the data. We believe that it may have been caused by multiple factors, including research methods, data processing, and the diversity of the included devices.

Once again, we thank the authors for their hard work. The comparison between fixed-loop and adjustable-loop femoral cortical suspension devices is a hot topic in sports medicine. We are confident that there will be more studies on this subject. More rigorously designed studies are needed to provide clinicians with more reliable conclusions.

XiaoKe Shang, MD
Jian Li, MD
Qi Li, MD
Chengdu, Sichuan, China

Address correspondence to Qi Li, MD (email: liqimm@163.com).

The authors declared that there are no conflicts of interest in the authorship and publication of this contribution. AOSSM checks author disclosures against the Open Payments Database (OPD). AOSSM has not conducted an independent investigation on the OPD and disclaims any liability or responsibility relating thereto.

REFERENCES

1. Chang MJ, Bae TS, Moon YW, Ahn JH, Wang JH. A comparative biomechanical study of femoral cortical suspension devices for soft-tissue anterior cruciate ligament reconstruction: adjustable-length loop versus fixed-length loop. *Arthroscopy*. 2018;34(2): 566-572.
2. Cheng J, Paluvadi SV, Lee S, Yoo S, Song EK, Seon JK. Biomechanical comparisons of current suspensory fixation devices for anterior cruciate ligament reconstruction. *Int Orthop*. 2018;42(6): 1291-1296.
3. Houck DA, Kraeutler MJ, McCarty EC, Bravman JT. Fixed- versus adjustable-loop femoral cortical suspension devices for anterior cruciate ligament reconstruction: a systematic review and meta-analysis of biomechanical studies. *Orthop J Sports Med*. 2018;6(10): 2325967118801762.
4. Kamelger FS, Onder U, Schmoelz W, Tecklenburg K, Arora R, Fink C. Suspensory fixation of grafts in anterior cruciate ligament reconstruction: a biomechanical comparison of 3 implants. *Arthroscopy*. 2009; 25(7):767-776.
5. Noonan BC, Dines JS, Allen AA, Altchek DW, Bedi A. Biomechanical evaluation of an adjustable loop suspensory anterior cruciate ligament reconstruction fixation device: the value of retensioning and knot tying. *Arthroscopy*. 2016;32(10): 2050-2059.
6. Smith PA, Piepenbrink M, Smith SK, Bachmaier S, Bedi A, Wijdicks CA. Adjustable- versus fixed-loop devices for femoral fixation in ACL reconstruction: an in vitro full-construct biomechanical study of surgical technique-based tibial fixation and graft preparation. *Orthop J Sports Med*. 2018;6(4): 2325967118768743.