


# Recurrence rate of hepatocellular carcinoma in patients with treated hepatocellular carcinoma and hepatitis C virus-associated cirrhosis after ombitasvir/paritaprevir/ritonavir+dasabuvir+ribavirin therapy

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## Abstract

**Introduction:** Recent studies have suggested a higher recurrence rate of hepatocellular carcinoma (HCC) in patients with a history of HCC and hepatitis C virus (HCV)-associated cirrhosis treated with direct-acting antiviral (DAA) agents.

**Material and methods:** We conducted a prospective analysis of 24 patients with HCV-associated cirrhosis and treated HCC who received ombitasvir/paritaprevir/ritonavir+dasabuvir+ribavirin for 12 weeks. Prior therapies for HCC included resection (9/24 patients), radiofrequency ablation (RFA) (7/24) and trans-arterial chemoembolization (TACE) (8/24). All patients were eligible for treatment if they had no HCC recurrence 6 months after their last procedure. A control group was defined. All patients were followed every 6 months, with dynamic computed tomography and/or magnetic resonance imaging.

**Results:** The sustained virological response rate per protocol was 21/24 (87.5%). The study group included 14 (59%) males, median age 64 years (51–77), 50% with associated non-alcoholic steatohepatitis and 24% with Child–Pugh A6 points. HCC recurrence rate/100 patient-years was lower in the DAA-HCC group versus control: 5.5 versus 24.6% patient-years for the resection+RFA group ( $p=0.044$ ), respectively, and 18.6 versus 72.7% patient-years for TACE group ( $p=0.002$ ). Survival without recurrence was higher in the resection+RFA group (45 compared to 18 months ( $p<0.001$ )) and also in the TACE group (44 compared to 11.5 months ( $p=0.002$ )).

**Conclusions:** DAA therapy significantly reduced the recurrence rate of HCC and improved survival without recurrence in patients with treated HCV-associated HCC.

## Keywords

Hepatitis C, direct antiviral therapy, hepatocellular carcinoma, ombitasvir/paritaprevir/r+dasabuvir+ribavirin, liver cirrhosis

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## Key summary

- We conducted a prospective analysis including 24 patients diagnosed with hepatitis C virus (HCV)-associated cirrhosis and previously treated HCC (resection, radiofrequency ablation (RFA) or

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trans-arterial chemoembolization (TACE)) who received reimbursed ombitasvir/paritaprevir/ritonavir+dasabuvir+ribavirin for 12 weeks from the Romanian National Health Agency.

- All patients were eligible for reimbursed treatment if they had no HCC recurrence 6 months after their last procedure. A control group was defined. All patients were followed for tumour recurrence every 6 months, with dynamic computer tomography and/or magnetic resonance imaging.
- The sustained virological response rate per protocol was 21/24 (87.5%).
- A reduced recurrence rate of HCC was observed in patients receiving direct-acting antiviral therapy compared to the control group: 5.5 versus 24.6% patient-years in patients treated by resection or RFA ( $p=0.044$ ), respectively, and 18.6 versus 72.7% patient-years in patients treated by TACE ( $p=0.002$ ).

## Introduction

Hepatitis C virus (HCV) is a worldwide health problem that affects approximately 71 million people.<sup>1,2</sup> Most of the affected people are viraemic, meaning that they will develop chronic hepatitis C that could potentially lead to end-stage liver disease, hepatocellular carcinoma (HCC) and liver-related death in a significant percentage of cases.<sup>3</sup> The most important risk factor for HCC, the second leading cause of cancer mortality worldwide, regardless of the aetiology, is cirrhosis and it is responsible for 90% of HCC cases.<sup>4,5</sup> The European prevalence of HCV infection ranges from 1.5% in Western Europe to 1.7% in Eastern Europe.<sup>6</sup> In Romania, the prevalence of the HCV chronic infection has reached ~4% with no available vaccine against infection.<sup>6,7</sup> Previous treatment for HCV was limited to interferon (IFN)-based therapy, but nowadays the availability of oral direct-acting antivirals (DAAs) has changed HCV management.<sup>8</sup> It is believed that HCV can promote carcinogenesis and its eradication directly decreases HCC risk.<sup>9</sup> The DAAs are considered a revolutionary therapy with sustained virological response (SVR) rates consistently >90% for genotype 1 despite the presence of cirrhosis.<sup>10–12</sup> There are inconsistent data regarding a higher recurrence rate of HCC in patients who previously had complete response to locoregional treatment and were subsequently treated with DAAs.<sup>13–17</sup> Although IFN has been reported to have a suppressive activity in carcinogenesis and tumour recurrence, similar properties were not proven for the IFN-free DAAs.<sup>18–21</sup> Despite the available literature, the indications of antiviral therapy in virus-related HCC patients remain incomplete in most clinical guidelines.<sup>22,23</sup> There are some studies that suggest a lower rate of HCC recurrence and others that indicate a higher rate of HCC recurrence after DAA therapy.<sup>24–29</sup>

Possible explanations for the increased rate of HCC recurrence after DAA therapy include the rapid decrease in natural killer cell cytotoxicity, non-reversible mucosal-associated invariant T cell dysfunction and the 'normalized' liver microenvironment, all supporting HCC progression by disrupting immunological balances.<sup>3</sup>

The aim of our study was to assess the rate of HCC recurrence in patients with a history of treated HCC that received ombitasvir, paritaprevir, ritonavir, dasabuvir and ribavirin (OBV/PTV/r+DSV+RBV), since no consistent data from Eastern Europe have been published to date.

## Material and methods

### Patients

We selected patients with treated HCV-associated HCC from our national cohort, which currently has 5861 patients enrolled with HCV-associated cirrhosis. All had received reimbursed DAAs with OBV/PTV/r+DSV+RBV for 12 weeks between December 2015 and October 2016. According to current national inclusion criteria, patients were treated if they had absence of recurrence of hepatic cancer 6 months after their procedure (surgery, radiofrequency ablation (RFA) or trans-arterial chemoembolization (TACE)). Absence of recurrence of HCC was defined according to imaging criteria (via contrast-enhanced computed tomography (CT) or contrast-enhanced magnetic resonance imaging (MRI)) 6 months after the last therapeutic procedure.

Patients with hepatic nodular lesions showing an atypical imaging pattern that did not fulfil HCC criteria did not receive DAA treatment and were excluded from the analysis.

The study was approved by the National Ethics Committee of Medicines and Medical Devices (number 27SNI/10 October 2016). The study protocol conforms to the ethical guidelines of the 1975 Declaration of Helsinki, as reflected by this approval.

A control group was defined retrospectively, and included an equal number of HCV-related HCC patients and patients with HCV-associated cirrhosis treated by surgery, RFA or TACE who did not receive DAA therapy.

The patients were treated between 2009 and 2013 in the Clinic Fundeni Institute referral centre. They were chosen by adjusting age, gender and Barcelona Clinic Liver Cancer (BCLC) staging to match the patients in

the DAA group, and included only if they had absence of recurrence of cancer 6 months after their last session of therapy (surgery, RFA or TACE).

All patients signed a written informed consent form before entering the study.

Patients with HBV coinfection, HIV infection or other causes of chronic liver disease (alcoholic liver injury, primary biliary cholangitis, autoimmune hepatitis or hepatotoxic drug abuse) were excluded.

All patients were followed for tumour recurrence every 6 months with contrast-enhanced CT and/or MRI. All subjects were divided into four groups: DAA-resection+RFA (patients with HCC treated by resection or RFA who received DAA therapy), DAA-TACE (patients with HCC treated by TACE who received DAA therapy), control-resection+RFA and control-TACE. Data were obtained from the Romanian National Health Agency.

The observation period for both cohorts (DAA-treated and controls) started from the last HCC intervention.

Recurrence of hepatic cancer was defined as the appearance of new HCC nodules, reappearance of HCC in the same segment or both. Recurrence rates were calculated from the initiation of DAA therapy to the time of the above-mentioned recurrence events.

Recorded data included in the analysis were: age, sex, body mass index, fibromax parameters (fibrosis stage, steatosis score and necroinflammatory activity), aspartate aminotransferase (AST) platelet ratio index score, presence of comorbidities and use of concomitant medications. Biological parameters were recorded every 6 months starting from HCC diagnosis, and included platelet count, international normalized ratio, total bilirubin, AST, alanine aminotransferase, glucose level, alpha-fetoprotein, HCV RNA viral load, creatinine and estimated clearance of creatinine.

### Diagnosis of HCC and follow-up

The diagnosis of HCC was made based on imaging criteria, and it was based on typical vascular patterns revealed by contrast-enhanced CT or MRI.

### Statistical analysis

Data analysis was performed with SPSS 16.0 (SPSS, Inc., Chicago, IL, USA). Categorical variables were reported as frequency and analysed by Fisher's exact test. Continuous variables that were not normally distributed were reported as median (minimum to maximum) and analysed with the Mann-Whitney *U*-test. Survival was compared by log rank test. Significance was regarded to be  $p < 0.05$  (two-sided).

## Results

The median observation period of the patients was 44 months (range = 24–96). The date of the last follow-up for this study was 28 February 2018.

Most of the 24 patients were treated by resection (9/24) followed by RFA (7/24), with TACE performed in 8/24.

The SVR rate per protocol was 21/24 (87.5%). Two female patients from the DAA-resection + RFA group decompensated and died because of acute liver insufficiency (9.5%), one immediately after finishing the 12 weeks of therapy and the other during the 7th week of DAA therapy. In the DAA-TACE group, one male had virological relapse 12 weeks after his DAA therapy finished.

For a more homogenous approach, we excluded the deceased patients from the follow-up and analysed the remaining 22 patients (the two patients were included in the overall survival rate, but not in survival without recurrence).

Recurrence of HCC occurred in six patients (27%), 4 males and 2 females. It was more frequent in the TACE group (38%) than in those with hepatic resection (25%), while the lowest risk of recurrence was in the RFA (17%); however, these data did not reach statistical significance.

An increased risk of recurrence in the TACE group was probably related to more advanced tumour stage (BCLC stage B in 100% of patients compared with patients treated by resection+RFA, which were mostly BCLC stage 0).

Demographic, clinical and laboratory parameters in the two groups (DAA-resection+RFA and control-resection+RFA) are shown in Table 1. The two groups have statistically comparable parameters, except for follow-up duration (longer in the DAA group (42 versus 28.5 months,  $p < 0.05$ ) as depicted in Table 1). Statistically significant differences regarding recurrence rate (21 versus 86%,  $p = 0.002$ ) and survival without recurrence (39.5 versus 16 months,  $p < 0.001$ ), demonstrated a benefit for the OBV/PTV/r+DSV+RBV-treated patients. However, overall survival was not significantly different (44 versus 38.5 months). Instead, a trend of better survival was noticed in patients that received DAA therapy.

Regarding the HCC recurrence rate/100 patient-years, this rate was significantly lower in the DAA-resection+RFA group compared to the control-resection+RFA group: 5.5 versus 24.6% ( $p = 0.044$ ).

Table 2 describes the most important characteristics of the DAA-TACE and control-TACE groups. DAA therapy positively impacted the recurrence rate, which decreased from 100% in the control group to 37.5% in patients that received OBV/PTV/r+DSV+RBV. Also, the HCC recurrence rate/100 patient-years was

**Table 1.** A comparison between patients with hepatocellular carcinoma-treated through resection or radiofrequency ablation + virus C-compensated liver cirrhosis that received direct-acting antiviral therapy, and the control group (hepatocellular carcinoma-treated through resection or radiofrequency ablation + virus C-compensated liver cirrhosis without antiviral therapy).

Parameter	DAA-resection+RFA (14)	Control-resection+RFA (14)	p-value
Sex (male) <sup>a</sup>	7 (50%)	6 (42.9%)	1
Mean age (years)**	63 (51, 77)	66 (50, 77)	0.427
Follow-up (months) **	42 (24, 90)	28.5 (12, 105)	0.039
Platelets ** ( $\times 10^3/\text{mm}^3$ )	156.5 (65, 300)	110.5 (68, 309)	0.246
AST ** (IU/ml)	65.5 (22, 196)	76 (26, 388)	0.482
ALT ** (IU/ml)	61.5 (16, 183)	70 (19, 353)	0.401
Child-Pugh score (points) **	5 (5, 6)	5 (5, 7)	0.804
Blood glucose ** (mg/dl)	95.5 (81, 118)	103 (74, 188)	0.056
INR **	1.14 (0.94, 1.27)	1.05 (0.94, 1.58)	0.306
Creatinine ** (mg/dl)	0.84 (0.56, 1.25)	0.85 (0.5, 2.5)	0.946
Total bilirubin ** (mg/dl)	0.87 (0.51, 1.7)	0.95 (0.4, 4.3)	0.910
APRI	1.91 (0.23, 5.37)	2.03 (0.31, 15.42)	0.571
Alpha-fetoprotein	11.1 (3.02, 123.33)	31 (4.84, 410)	0.252
RNA viral load ( $\times 10^3$ )**	1249 (43, 11,400)	1680 $\times 10^3$ (72.2, 5078)	0.769
BCLC stage 0 <sup>a</sup>	8/14 (57%)	7/14 (50%)	1
Diabetes mellitus <sup>a</sup>	2/14 (14.3%)	2/14 (14.3%)	1
SVR 12 (per protocol) <sup>a</sup>	12/14 (85.7%)	NA	NA
Time from last intervention to DAA therapy (months)**	23 (7, 72)	NA	NA
Time from last intervention to recurrence (months)**	24 (24, 60)	14.5 (7, 36)	0.101
Recurrence rate <sup>a</sup>	3 (21.4%)	12 (85.7%)	0.002
Survival without recurrence **	39.5 (20, 80)	16 (8, 36)	< 0.001
Overall survival **	44 (20, 90)	38.5 (12, 105)	0.376
HCC recurrence rate/100 patient-years***	5.5%	24.6%	0.044

ALT: alanine aminotransferase; APRI: aspartate aminotransferase platelet ratio index score; AST: aspartate aminotransferase; BCLC: Barcelona Clinic Liver Cancer; DAA: direct-acting antiviral; HCC: hepatocellular carcinoma; INR: international normalized ratio; NA: not applicable; RFA: radiofrequency ablation; SVR: sustained virological response.

<sup>a</sup>Number (%), compared by Fisher's exact test.

<sup>b</sup>Median (minimum, maximum), compared by Mann-Whitney *U*-test.

<sup>c</sup>Recurrence rate compared by log rank test.

considerably diminished in patients that received antiviral therapy: 18.6 versus 72.7% ( $p$ -value = 0.002). Survival without recurrence and overall survival were significantly higher in those treated with antivirals: 44 versus 11.5 months and 44 versus 17 months, respectively, for this group.

If we take into account the entire group of patients treated with DAAs and compare it to the control group, the HCC recurrence rate/100 patient-years was considerably reduced in patients that received OBV/PTV/r+DSV+RBV: 7.37 versus 33.44% ( $p$ -value < 0.001).

Figure 1 illustrates the time trend for recurrence, comparing all patients treated with OBV/PTV/r+DSV+RBV that were followed-up prospectively and the control group (patients with HCC and HCV-associated cirrhosis that did not receive antiviral therapy). In the control group, HCC reoccurred mostly

during the first 12–36 months of follow-up, reaching a 91% recurrence rate. The time trend for the patients that received OBV/PTV/r+DSV+RBV was similar: indeed, in this situation, no recurrence was documented in the first 6 months after the last session of therapy for HCC (otherwise they would not have received DAA therapy), and liver tumour reappearance was recorded at 1.5–2.5 years.

Recurrence rates over time according to type of cancer therapy in 22 patients who received OBV/PTV/r+DSV+RBV after curative treatment for HCC are depicted in Figure 2. Recurrence rates were not statistically different among the therapeutic approaches, but the subgroups were very small. We also studied the reappearance of HCC over time after patients started the DAA therapy. The results are depicted in Figure 3. All recurrences were recorded very early: 3 to 6 months after the patients received OBV/PTV/r+DSV+RBV.

**Table 2.** A comparison between patients with hepatocellular carcinoma-treated through trans-arterial chemoembolization + virus C-compensated liver cirrhosis that received direct-acting antiviral therapy and the control group (hepatocellular carcinoma-treated through trans-arterial chemoembolization + virus C-compensated liver cirrhosis without antiviral therapy).

Parameter	DAA-TACE (8)	Control-TACE(8)	p-value
Sex (male) <sup>a</sup>	6 (75%)	6 (75%)	1
Mean age (years) <sup>b</sup>	68 (53, 75)	63.5 (55, 76)	0.574
Platelets ( $\times 10^3/\text{mm}^3$ ) <sup>b</sup>	81 (64, 95)	120 (96, 151)	0.959
AST (IU/ml) <sup>b</sup>	105 (90, 107)	129 (42, 242)	0.645
ALT (IU/ml) <sup>b</sup>	100 (77, 126)	100 (39, 242)	0.279
Child score (points) <sup>b</sup>	5 (5, 6)	5 (5, 8)	0.645
Blood glucose (mg/dl) <sup>b</sup>	98 (98, 140)	100 (79, 171)	0.505
INR <sup>b</sup>	1.02 (0.95, 1.23)	1.14 (1.04, 1.63)	0.021
Creatinine (mg/dl) <sup>b</sup>	0.88 (0.70, 1.20)	0.91 (0.82, 1.00)	1
Total bilirubin (mg/dl) <sup>b</sup>	0.80 (0.71, 1.20)	0.80 (0.50, 0.90)	0.959
APRI	3.14 (0.91, 7.62)	1.82 (1.18, 4.33)	0.574
Alpha-fetoprotein	9.6 (2.16, 170.97)	269 (3, 400)	0.083
RNA viral load ( $\times 10^3$ ) <sup>b</sup>	911.479 (277.971, 2640)	$1004.6 \times 10^3$ (101.3, 2046)	0.852
BCLC stage B <sup>a</sup>	8/8 (100%)	8/8 (100%)	1
Diabetes mellitus <sup>a</sup>	3/8 (37.5%)	1/8 (12.5%)	0.442
SVR 12 (per protocol) <sup>a</sup>	7/8 (87.5%)	NA	NA
Time from last intervention to DAA therapy (months) <sup>b</sup>	24 (16, 30)	NA	NA
Time from last intervention to recurrence (months) <sup>b</sup>	24 (16, 30)	24 (16, 30)	1
Recurrence rate <sup>a</sup>	3 (37.5%)	8 (100%)	0.026
Survival without recurrence <sup>b</sup>	44 (16, 51)	11.5 (7, 31)	0.002
Overall survival <sup>b</sup>	44 (24, 51)	17 (12, 46)	0.048
HCC recurrence rate/100 patient-years <sup>c</sup>	18.6%	72.7%	0.002

ALT: alanine aminotransferase; APRI: aspartate aminotransferase platelet ratio index score; AST: aspartate aminotransferase; BCLC: Barcelona Clinic Liver Cancer; DAA: direct-acting antiviral; HCC: hepatocellular carcinoma; INR: international normalized ratio; NA: not applicable; SVR: sustained virological response; TACE: trans-arterial chemoembolization.

<sup>a</sup>Number (%), compared by Fisher's exact test.

<sup>b</sup>Median (minimum, maximum), compared by Mann-Whitney *U*-test.

<sup>c</sup>Recurrence rate compared by log rank test.

Table 3 shows all the patients included in the statistical analysis and their previously treated HCC characteristics (size, location, number, time of last HCC procedure and recurrence). There were three recurrences in the DAA-resection+RFA group, two of which had multiple HCC nodules at initial diagnosis. Due to the small sample size, predictive factors of recurrence such as size, number and location could not be isolated.

The pattern of recurrence was: intrahepatic growth (two patients), new intrahepatic lesion (up to three nodules  $\leq 3$  cm in one patient), and infiltrative ill-defined hepatocellular carcinoma and/or extrahepatic lesions in two patients.

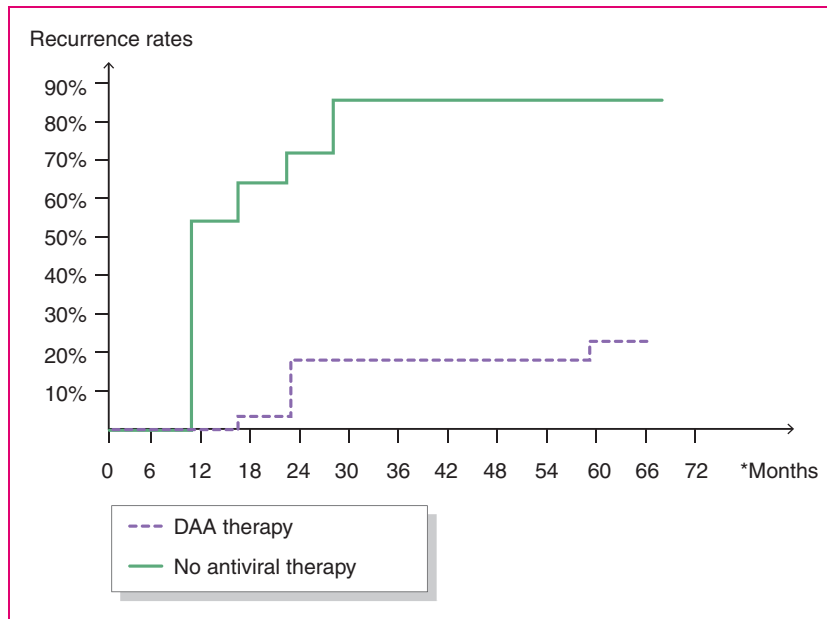
## Discussion

Our study addresses important issues in patients with previously treated HCC in HCV-associated cirrhosis: if, when and how to treat them using DAA, and what

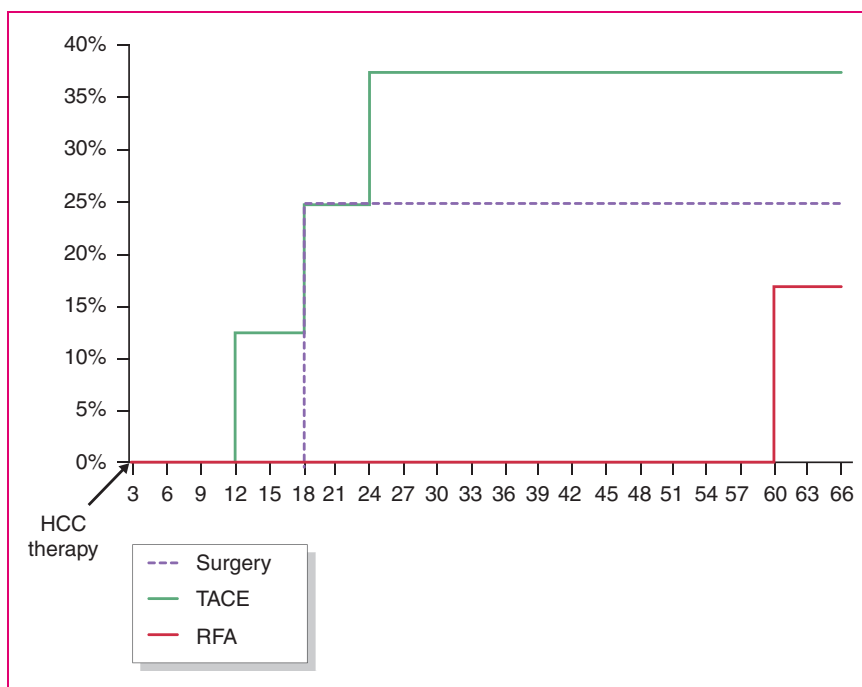
impact OBV/PTV/r+DSV+RBV has on the overall survival of these patients.

In the current literature, a lot of studies have addressed HCC recurrence, but only two included a control group of age-, gender- and BCLC staging-matched patients without antiviral therapy after initial HCC therapy, similar to our study.<sup>14,18</sup> The major drawback of our study is the small number of patients (our included only 24 patients who were followed-up prospectively; because two patients decompensated and died during the DAA therapy, only 22 could be analysed regarding HCC recurrence). Most of the available studies were performed on 18–189 patients with complete response to prior treatment of HCC who received anti-HCV DAA therapy.<sup>13,18–21,23,24,29–32</sup>

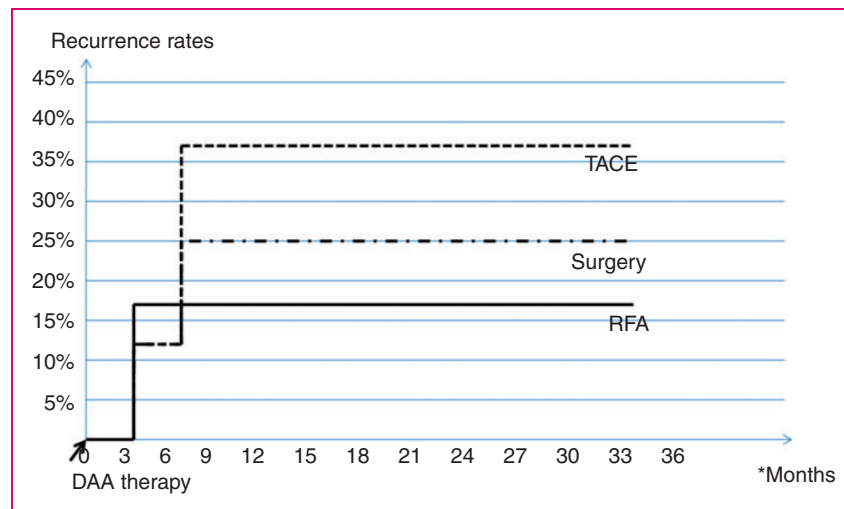
The first retrospective cohort study that addressed this issue came from Italy, and enrolled 59 chronic HCV-infected cirrhotic patients with a history of HCC, followed-up for  $\leq 24$  weeks after DAA therapy.



**Figure 1.** Recurrence rates in 22 patients with ombitasvir/paritaprevir/r+dasabuvir+ribavirin therapy after hepatocellular carcinoma therapy and in the control group without antiviral therapy. Hepatocellular carcinoma recurrence rates were significantly lower in those who received antiviral therapy. DAA: direct-acting antiviral.



**Figure 2.** Tumour recurrence rates according to methods of cancer therapy in 22 patients who received ombitasvir/paritaprevir/r+dasabuvir+ribavirin after treatment for hepatocellular carcinoma. Recurrence rates were not significantly different among resection, radiofrequency ablation or trans-arterial chemoembolization. HCC, hepatocellular carcinoma; RFA: radiofrequency ablation; TACE: trans-arterial chemoembolization.



**Figure 3.** Tumour recurrence rates according to methods of cancer therapy in 22 patients who received ombitasvir/paritaprevir/r+dasabuvir+ribavirin after curative treatment for hepatocellular carcinoma: evolution in time after starting direct-acting antiviral therapy.

DAA: direct-acting antiviral; RFA: radiofrequency ablation; TACE: trans-arterial chemoembolization.

While de novo occurrence of HCC was detected in 26 of 285 (7.6%) patients, an alarmingly high rate of recurrence of previous successfully treated HCC was reported in 17 (29%) of 59 patients.<sup>29</sup> We report a similar recurrence rate (27%), in concordance with other data from the literature.<sup>14,19,28,29</sup>

Regarding HCC recurrence rate/100 patient-years, some studies on HCC relapse in patients after HCC treatment with curative intent report quite variable percentages, ranging from 2.2 to 47%. Our study found a recurrence rate of 5.5% in this subgroup of patients, which is a smaller than in previous reports.<sup>13,19,29</sup> However, several other publications have reported no increase in the HCC relapse rate.

Zavaglia et al. did not confirm the findings of Reig et al. and Conti et al., since they declared only one case of HCC recurrence in their series of 31 consecutive patients who were followed-up for a median of 8 months. The authors suggested that their longer interval between complete tumour eradication and antiviral therapy (median 19 months in their series versus 11 months in the study by Reig et al.) could explain, at least in part, the contrasting results. In fact, the longer the interval, the lower the risk that residual tumour tissue is present at the start of DAA therapy.<sup>30</sup>

In our study, this interval was longer (median 24 months; minimum 7 months and maximum 72 months), but a high recurrence rate was still noticed (27%). However, considering the fact that recurrence rate in the control group reached 92%, this ultimately translated in improved survival without recurrence

(40 versus 14 months) and improved overall survival (44 versus 38.5 months), favouring the DAA-treated group.

Besides the control group, our study has other important strengths: a long follow-up median of 44 months (minimum 24 and maximum 96 months) and a homogenous study population, all patients presenting with genotype 1 b, all with compensated cirrhosis and all treated with the same drug combination. Other publications reported a median follow-up between 5.7 and 26.1 months, and patients had different genotypes and different DAA therapy (mostly treated with sofosbuvir and ledipasvir).<sup>13,18–24,29–32</sup>

In the ANRS CO12 CirVir substudy, 13 of 79 patients received DAA therapy 3 months after complete response to HCC treatment with curative intent.<sup>13</sup> The rate of HCC recurrence was 7.7% in the DAA group (1.11/100 person-years) and 47.0% in the untreated group (1.73/100 person-years;  $p=0.748$ ).

In the ANRS CO22 HEPATHER substudy, 189 of 267 HCC patients received DAA therapy after HCC treatment with curative intent (median time between HCC treatment and onset of DAA therapy/study inclusion: 22.8/19.2 months).<sup>14</sup> The median follow-up times were 20.2 and 26.1 months, and the relapse rates were 12.7% (0.73/100 person-years) and 20.5% (0.66/100 person-years;  $p=0.8756$ ), for the DAA-treated and untreated groups, respectively. However, contrary to both previous studies from Italy and Spain, and our data, the ANRS register also included patients who received orthotopic liver transplantation. Still, these data suggest that the rates of recurrence would be

**Table 3.** Patients treated for hepatocellular carcinoma that received three-dimensional therapy: their hepatocellular carcinoma characteristics (size, location, number, time of last hepatocellular carcinoma procedure and recurrence).

Patient initials, sex and age (years)	Size of HCC nodule (the largest diameter)	Location (hepatic segment)	Type of HCC therapy	Number of HCC nodules	Time of last HCC procedure (month and year)	Recurrence Y/N
1. GM, F, 66	14 mm	VI	RFA	1	November 2012	N
2. IS, F, 55	15 mm	VI	Resection	1	February 2016	N
3. MM, M, 77	35 mm	VI	RFA	1	October 2013	N
4. TE, F, 69	35 mm	III	Resection	1	February 2015	N
5. UG, F, 64	22 mm	V-VI	Resection	1	November 2013	N
6. BM, M, 64	44 mm	III	RFA	1	March 2015	N
7. DA, M, 65	23 mm	III	Resection	1	December 2011	N
8. DV, M, 51	27 mm	III	RFA	1	October 2014	N
9. DN, F, 63	29 mm	VI	RFA	1	February 2015	N
10. CM, F, 63	32, 24, 29 mm	VI	Resection	3	January 2015	Y
11. LG, M, 59	25, 40, 40 mm	VI, VIII	Resection	3	October 2015	Y
12. PI, M, 69	30 mm	VIII	RFA	1	December 2010	Y
13. HI, M, 52	51 mm	VII	Resection	1	March 2015	N
14. PN, F, 62	18 mm	VII	Resection	1	February 2014	N
15. CF, M, 53y	35 mm	VIII	TACE	1	September 2013	N
16. CC, M, 67	28 mm	VIII	TACE	1	August 2014	Y
17. RM, F, 75	64 mm	VI	TACE	1	November 2014	N
18. TM, F, 74	46 mm	IVa	TACE	1	December 2014	N
19. TT, M, 64	35 mm	VIII	TACE	1	July 2014	N
20. PG, M, 67	63, 17 mm	VIII	TACE	2	March 2015	Y
21. SI, M, 69	21, 28, 54 mm	V	TACE	3	October 2014	N
22. CG, M, 74	30 mm	VII	TACE	1	April 2015	Y

F: female; HCC: hepatocellular carcinoma; M: male; N: no; RFA: radiofrequency ablation; TACE: trans-arterial chemoembolization; Y: yes.

lowest if the median time between HCC treatment and the onset of DAA therapy is 3 months.<sup>23,29</sup>

Another important issue is the SVR rate, as this patient group was difficult to treat. We report a good SVR rate per protocol of 87.5%, similar to other studies that found SVR rates ranging between 90 and 100%.<sup>10,23,27,29,32–35</sup> According to a recent meta-analysis (Ji et al., in press), the two-/three-dimensional (2D/3D) regimen was used in only 101 HCC patients from non-Asian studies, limiting comparability among the different DAA regimens. That is because the 2D/3D regimen may have been avoided in HCC patients with more severe liver disease, which is demonstrated by the fact that 2 out of our 24 patients decompensated and died during therapy.

Another important finding of our study was the benefit of DAA therapy with OBV/PTV/r+DSV+RBV, which was significant in patients successfully treated by TACE. A decreased recurrence rate was observed (from 100 to 37.5%) as well as improved survival without recurrence (from a median of 11.5 to 44 months). Moreover, we noticed increased overall survival from 17 to 44 months. Very few previous

studies have included this category of patients.<sup>23</sup> Reig et al. reported no recurrence in patients treated by TACE, but the median follow-up duration was shorter than in our study (5.7 months). These recurrences were diagnosed radiologically very early after the start of DAA therapy, with a median time of 4 months (3–6 months), similar to the data from the cohort of Reig et al.<sup>23</sup> The pattern of recurrence was mainly intrahepatic growth (two patients) and infiltrative, ill-defined HCC and/or extrahepatic lesions (two patients), similar to the data of Reig et al. In addition, Abdelaziz et al. observed significantly worse response to ablation in patients with recurrent HCC compared with de novo lesions.<sup>25</sup>

Because of the low sample size, it was impossible to identify predictive factors for HCC recurrence in our cohort, but other authors have found that the main tumour size and a history of prior HCC recurrence are independent risk factors.<sup>28</sup>

Another limitation of our study is that protease inhibitor regimens (such as OBV/PTV/r+DSV+RBV) are contraindicated in patients with cirrhosis and previous liver decompensation (a parameter that was not



evaluated at inclusion) due to severe side effects. However, in 2016 this was the only reimbursed therapy available in Romania. Better treatment options are now available.

Finally, the control group was chosen from a single hospital cohort, which was from a tertiary referral centre for hepatic diseases and cancer (Fundeni Clinical Institute).

## Conclusions

SVR rate per protocol in patients with treated HCC and HCV-associated cirrhosis that received OBV/PTV/r+DSV+RBV was very high, reaching 87.5%. Recurrence rates in patients with HCC treated by resection and RFA or TACE, and who subsequently received DAA therapy, were 21 and 38%, respectively, significantly lower compared to those of the control groups (86 and 100%, respectively). The decision to treat patients with compensated HCV-associated cirrhosis and HCV-associated HCC with an absence of recurrence 6 months after their last procedure (surgery or RFA or TACE) lead to very good results in terms of lower recurrence rates of HCC, improved survival without recurrence and overall survival.

## Declaration of conflicting interests

Carmen Monica Preda, Cristian Baicus, Irina Sandra, Alexandru Oproiu, Teodora Manuc, Ileana Constantinescu, Daniel Gavrilă, Radu Dumitru, Catalin Vasilescu, Cristian Tieranu, Doina Istratescu, Theodor Voiosu, Mircea Manuc have nothing to disclose.

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## Ethics approval

The study was approved by the Romanian National Ethics Committee of Medicines and Medical Devices (No.27SNI/October 10, 2016).

## Informed consent

All patients have signed a written informed consent before entering in the study.

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