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Determinants of dopaminergic neuron loss in Parkinson's disease

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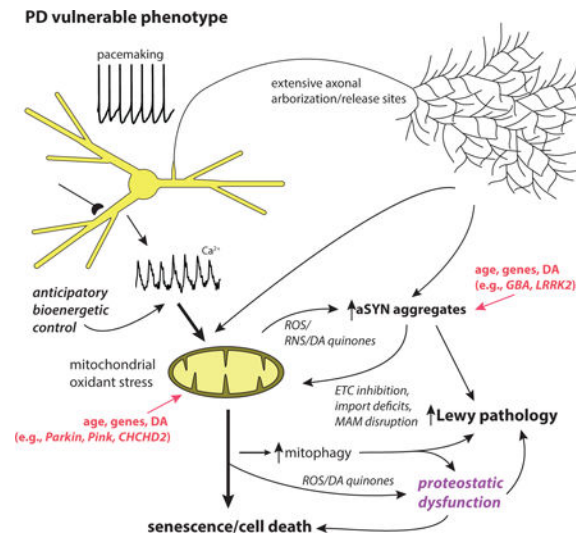
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Abstract

The cardinal motor symptoms of Parkinson's disease (PD) are caused by the death of dopaminergic neurons in the substantia nigra pars compacta (SNc). Alpha-synuclein (αSYN) pathology and mitochondrial dysfunction have been implicated in PD pathogenesis, but until recently it was unclear why SNc dopaminergic neurons should be particularly vulnerable to these two types of insult. In this brief review, the evidence that SNc dopaminergic neurons have an anatomical, physiological and biochemical phenotype that predisposes them to mitochondrial dysfunction and synuclein pathology is summarized. The recognition that certain traits may predispose neurons to PD-linked pathology creates translational opportunities for slowing or stopping disease progression.

Graphical Abstract

This review summarizes evidence that selective neuronal vulnerability in Parkinson's disease results from several phenotypic traits: 1) calcium-dependent, feed-forward control of mitochondrial respiration leading to elevated reactive oxygen species and cytosolic calcium concentration; 2) an extensive axonal arbor; and 3) a reactive neurotransmitter. These traits increase vulnerability to genetic mutations associated with PD, age and environmental toxins.



Keywords

neurodegeneration; pathogenesis; calcium; mitochondria; oxidant stress; synuclein; axon; dopamine; Lewy pathology; excitotoxicity; bioenergetics; autophagy

Introduction

PD is the second most common neurodegenerative disease, afflicting 1% of the population above the age of 65 [1]. The prevalence of PD in the U.S. is projected to steadily increase, reaching 2 million by 2030 [2, 3]. A similar trend is expected in developed countries around the world. The disease is debilitating, being characterized by progressive bradykinesia, rigidity, resting tremor and gait impairment, as well as a spectrum of non-motor symptoms including autonomic and cognitive dysfunction. These disabilities underlie the enormous economic burden of PD, estimated to be over \$23 billion annually in the U.S. alone [4, 5]. PD has no cure and nothing is known to modify the progression of the disease. The cardinal motor symptoms of PD—bradykinesia and rigidity—stem from the loss of SNc dopaminergic (DA) neurons [6, 7]. Although it is widely recognized that the pathology in PD is not limited to SNc DA neurons [8, 9], this brief review focuses on current thinking about the vulnerability of this particular group of neurons. The reader is referred to another recent review that address the broader questions associated with distributed vulnerability in PD and common features of at-risk neurons [9].

Two competing theories of PD pathogenesis

There are two widely held theories of why SNc DA neurons are lost in PD. One is built upon the observation that Lewy pathology (LP)—proteinaceous inclusions that are rich in fibrillary forms of α SYN—is commonly observed in the SNc of PD patients [10]. These inclusions or an earlier oligomeric form of aggregated α SYN are commonly thought to be toxic [11, 12], resulting in the death of SNc DA neurons. Point mutations in the SNCA gene,

which encodes aSYN, or duplication or triplication of SNCA increase the risk of developing PD, solidifying the connection between PD and aSYN [13, 14].

A fundamental question is how LP (or oligomeric aSYN) arises in this small group of neurons in the mesencephalon. Comparison of patient brains taken at various times after a diagnosis has led to the hypothesis that in the preclinical stages of PD, LP first appears in either the olfactory bulb or the dorsal motor nucleus of vagus (DMV) in the caudal medulla and then propagates to the SNc through synaptically coupled networks [8, 15]. Indeed, there is compelling experimental evidence in support of the notion that some form of aggregated aSYN pathology can spread [16]. For example, histological analysis of fetal transplants into the striatum of patients with PD revealed that DA neurons exhibited proteinaceous inclusions that strongly resembled LP, suggesting that aSYN pathology has spread from the host into the graft [17, 18]. Moreover, when aSYN fibrils are directly injected into the brain, pathology can spread. In mice, synthetic, pre-formed aSYN fibrils propagate from the site of stereotaxic injection to neighboring structures, creating Lewy-like pathology [19, 20]. Similarly, in monkeys, proteins extracted from human brains with LP (that would contain aSYN fibrils and other LP proteins) can propagate [21]. Recent work has identified surface proteins that specifically interact with aSYN fibrils and promote spreading [22, 23]. Although there are methodological and biological issues surrounding these studies [24–26], they do demonstrate that extracellular aSYN aggregates can be taken up, spread and induce LP.

Despite of the unequivocal evidence for distributed, aSYN-laden LP in PD and the ability of aSYN aggregates to spread in animal models, the relationship between aSYN pathology, cell death and symptoms remains uncertain [9]. In particular, it is unclear why SNc DA neurons should be particularly vulnerable to propagated aSYN aggregates [16, 27]. Although aSYN fibrils inoculated into the brain can kill neurons [19], at lower, more biologically meaningful levels, LP does not appear to be particularly toxic. In many parts of the brain (particularly the brainstem), LP can be present for decades without causing any obvious degeneration or death. Why should DMV neurons tolerate LP and SNc DA neurons not? A related criticism of this hypothesis is that SNc DA neurons appear to be lost in sporadic PD cases before LP is present in the SNc and LP is not present in some familial cases despite loss of SNc DA neurons [9].

It is also possible that LP is a ‘red herring’ and that oligomeric aSYN (rather than fibrillar aSYN found in LP) is the real culprit in pathogenesis [28–33]. The problem with this hypothesis at present is that oligomeric species of aSYN are difficult to track in a cellular setting, making a rigorous test of the hypothesis problematic.

An alternative (but not mutually exclusive) hypothesis is that the loss of SNc DA neurons in PD is driven by mitochondrial dysfunction [34–36]. A major piece of evidence for this conclusion comes from studies of familial cases of PD. Loss of function mutations in DJ-1 (PARK 7), PINK1 (PARK 6) and parkin (PARK 2) cause recessive, early onset forms of PD and all three gene products are directly involved in mitochondrial biology, influencing a range of functions from oxidant defenses, to quality control and oxidative phosphorylation (OXPHOS) [37–39]. Mutations in genes associated with dominant forms of PD, including

SNCA (PARK 1), LRRK2 (PARK 8), and CHCHD2, also have been linked to mitochondrial dysfunction [36, 40]. Another piece of evidence implicating mitochondria in PD comes from studies of environmental toxins. Toxins linked to PD, like rotenone, are invariably inhibitors of the mitochondrial electron transport chain (ETC), most commonly mitochondrial complex I [41, 42]. Post-mortem examination of the brains of PD patients also has implicated mitochondria in pathogenesis. The levels of functional complex I are diminished in the SNc of PD patients [43]. This is not just a consequence of neurodegeneration, as functional complex I levels are lower even in surviving SNc DA neurons [44]. Mitochondrial deoxyribonucleic acid (mtDNA) deletions, which can be caused by reactive oxygen species (ROS), are elevated in the SNc of PD patients [45–47]. These observations have led to the proposition that there is a ‘vicious cycle’ of oxidant stress and mitochondrial damage behind PD that ultimately leads to a bioenergetic crisis and the death of SNc DA neurons [36].

Selective vulnerability – a convergence of traits?

But why should SNc DA neurons be particularly vulnerable to mitochondrial dysfunction, any more than aSYN pathology? There are three characteristics of SNc DA neurons that have been hypothesized to make them preferentially vulnerable to these insults.

One distinguishing feature of SNc DA neurons is a long and highly branched, unmyelinated axon with an extraordinary number of transmitter release sites. SNc DA neurons in the rodent have axons that branch profusely in the striatum and possess as many as 200,000 vesicular release sites [48]. Why might a long and highly branched axon increase vulnerability? There are several theories that have been proposed [49, 50]. Mitochondrial oxidant stress – one of the potential drivers of neurodegeneration – is elevated in the axons of SNc DA neurons and this stress is reduced by diminishing the size of the arbor [51]. The extraordinary large axonal arbor of SNc DA neurons is very likely to increase the expression of aSYN (which is largely a synaptic protein), adding to the potential for aSYN pathology. [52]. That said, not all neurons with long, branched axons are vulnerable in PD (e.g., striatal cholinergic interneurons [53]), suggesting that some other factor(s) is in play.

Another key feature of SNc DA neurons is their distinctive physiology. The action potential of these neurons is slow and broad, which maximizes calcium entry and promotes slow rhythmic activity [54]. The slow, rhythmic activity (2–10 Hz) in these neurons is autonomously generated and accompanied by slow oscillations in intracellular calcium concentration that are triggered by the opening of plasma membrane Cav1 calcium channels and release of calcium from intracellular, endoplasmic reticulum (ER) stores [55–58]. Once in the cytoplasm, calcium is relatively free to interact with other proteins as the abundance of calcium buffering proteins, like calbindin, is low [59]. This combination of features – broad spikes, pacemaking, low intrinsic calcium buffering and cytosolic calcium oscillations, distinguishes SNc DA neurons from the vast majority of neurons in the brain. For example, VTA DA neurons, which are significantly less vulnerable than SNc DA neurons (see above), are autonomous pacemakers with broad spikes, but have smaller Cav1 channel currents and strong intrinsic calcium buffering (by calbindin) [60–63].

The slow calcium oscillations in SNc DA neurons sub-serve two complementary functions. First, they help maintain the slow tonic spiking by creating a membrane potential oscillation [56, 57, 64]. Second, they promote calcium entry into mitochondria at specialized junctions with the ER [65]; mitochondrial calcium entry stimulates OXPHOS and the production of adenosine triphosphate (ATP) [55](Zampese et al., unpublished observations). In principle, this anticipatory control of OXPHOS helps to ensure that bioenergetic needs are met even in conditions of sustained stress [66, 67] and that intracellular ATP levels do not fall into a range that would trigger protective activation of K-ATP channels and cessation of on-going activity [68]. Even temporary cessation of SNc activity would disrupt basal ganglia function, slow movement and lessen the chances of survival in a threatening environment. As a consequence, there should have been strong evolutionary pressure to maintain this kind of ‘anticipatory’ (feed-forward) control mechanism.

Although anticipatory bioenergetic control clearly has an upside, but what are its downsides? There are two that are apparent. First, stimulating OXPHOS in the absence of strong ATP demand (which is most of the time) leads to mitochondrial hyperpolarization, slowed electron flux through the electron transport chain and increased production of ROS [69]. Both ROS and reactive nitrogen species (RNS) can damage proteins, lipids and DNA, particularly in mitochondria. This could be a major factor underlying declining mitochondrial function in at-risk neurons with age [70]. ROS and RNS also exacerbate the impact of genetic mutations and environmental toxins affecting mitochondria [71], as well as increase the propensity of aSYN to aggregate [72]. Moreover, mitochondrial damage stemming from oxidant stress should increase mitophagy, diminishing the ‘reserve’ autophagic capacity of neurons and their ability to deal with misfolded proteins, like aSYN fibrils [73]. Recent work by our group has demonstrated that mitophagy is in fact elevated in healthy SNc DA neurons [74]. The second downside associated with the anticipatory control of OXPHOS is that it results in high cytosolic calcium concentrations, which can have a variety of deleterious effects. Recent work has revealed that calcium concentrations in the dendrites of SNc DA neurons may rise into the low micromolar range with every spike during pacemaking, which is happening 2–10 times a second [74]. Elevated calcium directly promotes aSYN aggregation [75–77], activates the protease calpain (which increases aggregation) [78–80], activates the protein phosphatase calcineurin (which increases aSYN toxicity [81]); and impairs lysosomal motility and turnover of misfolded proteins, like aggregated aSYN [82]. aSYN oligomers may in turn elevate intracellular calcium, creating a damaging feedback loop [83].

Perhaps the most compelling piece of evidence that physiological phenotype is a determinant of pathology in PD is the observation that dihydropyridine inhibition of Cav1 channels in SNc DA neurons – which lowers cytosolic calcium levels, lowers mitochondrial oxidant stress and turnover, increases mitochondrial mass and decreases the sensitivity to toxins [55, 62, 74, 84–86] – has consistently been linked by epidemiological studies to reduced risk of developing PD [87–92]. The combination of pre-clinical and clinical data implicating Cav1 channels in PD pathogenesis motivated the National Institutes of Health in the U.S. to mount a 5 year, Phase III, disease modification clinical trial in early stage PD patients with the dihydropyridine isradipine; this trial will be completed later this year.

Thus, by design, SNc DA neurons appear to reside close to bioenergetic and protein degradation ‘tipping points’. Flagging mitochondrial and proteasomal/autophagic function with age [70, 93] – the biggest risk factor for PD – should undoubtedly push them closer to this tipping point, elevating the probability of *de novo* LP or an inability to handle the burden created by taking up pathological aSYN species from the extracellular space. Against this backdrop, it makes perfect sense that the genetic mutations and toxins associated with PD are ones that target mitochondria, protein degradation and aSYN expression, either directly or indirectly [94–96].

Is DA an accomplice?

Another trait that may contribute to selective vulnerability of SNc DA neurons is the reliance upon DA as a neurotransmitter. Cytosolic DA has long been known to be potentially toxic because of its oxidation to reactive quinones, but its role in pathogenesis has been contested for several reasons [97–99]. However, recent work has identified a new mechanism that might re-open the debate by tying DA toxicity to mitochondrial function, particularly in axons. First, mitochondrial oxidant stress in human (but not mouse) DA neurons promotes the generation of DA quinones that disrupt the function of glucocerebrosidase (GC) and lysosomes [100]. This species difference was linked to the relatively higher level of DA in human neurons and the accumulation of neuromelanin. GC was modified in its catalytic site by quinones, leading to lower activity. While it is widely accepted that lysosomal dysfunction can lead to the accumulation of damaged mitochondria [101], this work provides the first strong evidence that mitochondrial oxidant stress can cause lysosomal dysfunction. This observation complements earlier work linking DA, Cav1 channels, aSYN and lysosomes [102, 103]. Another potential linkage between DA and vulnerability could involve mitochondrially anchored monoamine oxidase (MAO). MAO degrades cytosolic DA, and is so doing, is widely thought to increase cytosolic oxidant stress by generating hydrogen peroxide [97]. Although appealing, this hypothesis has never been rigorously tested in situ. Moreover, this hypothesis doesn’t explain why MAO is anchored to the outer membrane of mitochondria. It is tempting to speculate that the electrons generated by DA metabolism are in fact shuttled to mitochondria to help with ATP production, rather than simply being ‘discarded’. If this were the case, there could be a summation in axonal mitochondrial oxidant stress arising from MAO metabolism of DA and that driven by calcium entry through Cav1 calcium channels [104].

The vast number of DA release sites of nigrostriatal axons also connects vulnerability to alterations in synaptic transmission *per se*. aSYN is strongly associated with vesicular trafficking at transmitter release sites [105, 106]. Other aspects of vesicular trafficking may also be disrupted in PD. Recent studies have implicated the synaptic proteins auxilin and synaptojanin-1, which regulate clathrin-mediated synaptic vesicle endocytosis, in PD [107–111]. But, how synaptic dysfunction contributes to the molecular mechanisms mediating dysfunction and the degeneration of SNc DA neurons remain unclear.

Does network dysfunction accelerate progression?

In addition to phenotypic traits that predispose SNc DA neurons to mitochondrial pathology, network dysfunction could contribute to their mitochondrial stress and disease progression, particularly in the symptomatic stages of the disease [112–117]. With symptom onset, rhythmic, synchronous bursting activity emerges in subthalamic nucleus (STN) glutamatergic neurons; because these STN neurons innervate SNc DA neurons, this pathological activity has been hypothesized to increase glutamate release in the SNc, initially compensating for DA release deficits but ultimately driving excitotoxicity [112, 118, 119]. Moreover, lesions of the STN or regularizing the output of the STN with deep brain stimulation has been reported to protect SNc DA neurons [112, 113, 115–117]. Another potential player in network-driven pathology is the pedunculopontine nucleus (PPN). PPN provides a potent glutamatergic innervation of vulnerable ventral tier SNc DA neurons [120–122]. Activity in the PPN, like that of the STN, rises in PD models [119, 123, 124] and in PD patients [125], suggesting that it could provide an additional excitotoxic drive.

Neuronal degeneration induced by glutamate is thought to be mediated by N-methyl-D-aspartate receptors that flux calcium [114]. Certainly, in SNc DA neurons adding to the calcium burden created by Cav1 calcium channels during pacemaking could prove problematic. However, there is another potential glutamatergic mechanism, particularly in SNc DA neurons with impaired mitochondrial function. Group I metabotropic glutamate receptors potentially harness ER calcium stores to elevate cytosolic calcium levels and increase mitochondrial calcium loading in SNc DA neurons (Zampese et al. unpublished observations). This mechanism complements that engaged by Cav1 calcium channels during pacemaking, allowing excitatory glutamatergic synaptic input to stimulate mitochondrial ATP production in anticipation of the need created by synaptically evoked depolarization and spiking. Normally, this mechanism should be adaptive, helping mitochondrial ATP production meet demand. But, when mitochondrial function is impaired in PD or when glutamate rises in the absence of synaptic demand [118], mitochondrial calcium loading could drive pathology. Indeed, several lines of study suggest that antagonism of Group I mGluRs protects SNc DA neurons against toxins that compromise mitochondrial function [126–128].

Not an either-or proposition

Thus, in SNc DA neurons there may be a ‘perfect storm’ created by the convergence of their peculiar phenotype, aSYN pathology and mitochondrial dysfunction (Fig. 1). The available evidence clearly suggests that elevated mitochondrial oxidant stress and cytosolic calcium will promote aSYN aggregation, increase aSYN toxicity and impair clearance, making SNc DA neurons not only more prone to de novo pathology, but to propagated aSYN pathology as well. Conversely, aSYN aggregates disrupt mitochondrial function [95, 129–133] and impair autophagy (see above), potentially leading to the accumulation of damaged and mis-regulated mitochondria. Recent work in SNc DA neurons over-expressing aSYN has provided new evidence that this interaction with mitochondria could create a ‘death spiral’ [134].

Unanswered questions and tools to build

Given all we know about aSYN pathology, mitochondrial dysfunction and SNc DA neurons, why is aging the most important risk factor for cPD? There are a number of recent reviews that have focused on the potential role of aging in the selective vulnerability of SNc DA neurons [70, 135, 136]. It is unclear to what extent aging diminishes the capacity of SNc DA neurons to successfully cope with stress arising from their phenotype and to what extent their phenotype actually accelerates the aging process. Many if not all of the causes of aging – genetic mutations, mitochondrial dysfunction, proteostatic dysfunction and telomere shortening [137] – could be promoted by the conditions found in SNc DA neurons. Telomere shortening, which is a new addition to this list, has recently been found to be driven by oxidant stress [138], making it relevant to aging of non-dividing neurons in the brain. In non-human primates, neurons in the ventral tier of the SNc, which is the among the first regions to degenerate in patients with PD, manifest signs of senescence (e.g., down-regulate tyrosine hydroxylase) sooner than do neurons in the dorsal tier or VTA [136]. ‘Premature’ cellular aging should increase vulnerability to challenges posed by protein aggregation, genetic mutations, environmental toxins, or infection, just as aging increases our vulnerability at the organismal level. Interestingly, rodent models do not recapitulate telomere shortening with aging seen in humans. This provides a potential explanation for why mouse genetic models of PD have consistently failed to reproduce the pattern of pathology observed in patients with PD.

This leads to another major shortcoming in the field of PD pathogenesis: the near absence of progressive models of pathogenesis that have construct validity. By construct validity, I mean a model that starts with an intervention that mimics a key event in human pathogenesis. Models predicated upon doses of toxin that kill SNc DA neurons virtually overnight do not fall into this category. For unknown reasons, mice harboring genetic mutations mimicking those found in human PD patients have failed to provide robust models of PD. Mice with intrastriatal injections of pre-formed fibrils of aSYN do manifest SNc degeneration and parkinsonism and, since LP is a feature of many forms of PD, these models do have construct validity [19, 139]. Moreover, our work and that of others suggests that aSYN pathology increases cytosolic and mitochondrial oxidant stress in SNc DA neurons [9, 132, 140]. However, the mitochondrial challenge in these mice is secondary to broader cellular stress, making it difficult to use them to assess the specific role of mitochondrial dysfunction and aSYN pathology in the evolution of PD – a question that is of fundamental importance for the development of therapies that slow SNc DA neuron loss in the early stages of PD. Moreover, these aSYN models do not manifest the progressive features of idiopathic PD; in particular, the early loss of DA axons innervating the striatum followed by loss of somatodendritic integrity [141]. The lack of progressive models not only makes hypothesis testing about the mechanisms underlying pathogenesis problematic, it makes it difficult to connect the motor symptoms of PD to stages in the degeneration of SNc DA neurons. Developing such a model would be a great leap forward.

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Abbreviations:

(ATP)	adenosine triphosphate
(aSYN)	alpha-synuclein
(DA)	dopaminergic
(DMV)	dorsal motor nucleus of vagus
(ETC)	electron transport chain
(ER)	endoplasmic reticulum
(GC)	glucocerebrosidase
(LP)	Lewy pathology
(mtDNA)	mitochondrial deoxyribonucleic acid
(MAO)	monoamine oxidase
(PD)	Parkinson's disease
(PPN)	pedunculopontine nucleus
(OXPHOS)	oxidative phosphorylation
(RNS)	reactive nitrogen species
(ROS)	reactive oxygen species
(SNc)	substantia nigra pars compacta
(STN)	subthalamic nucleus

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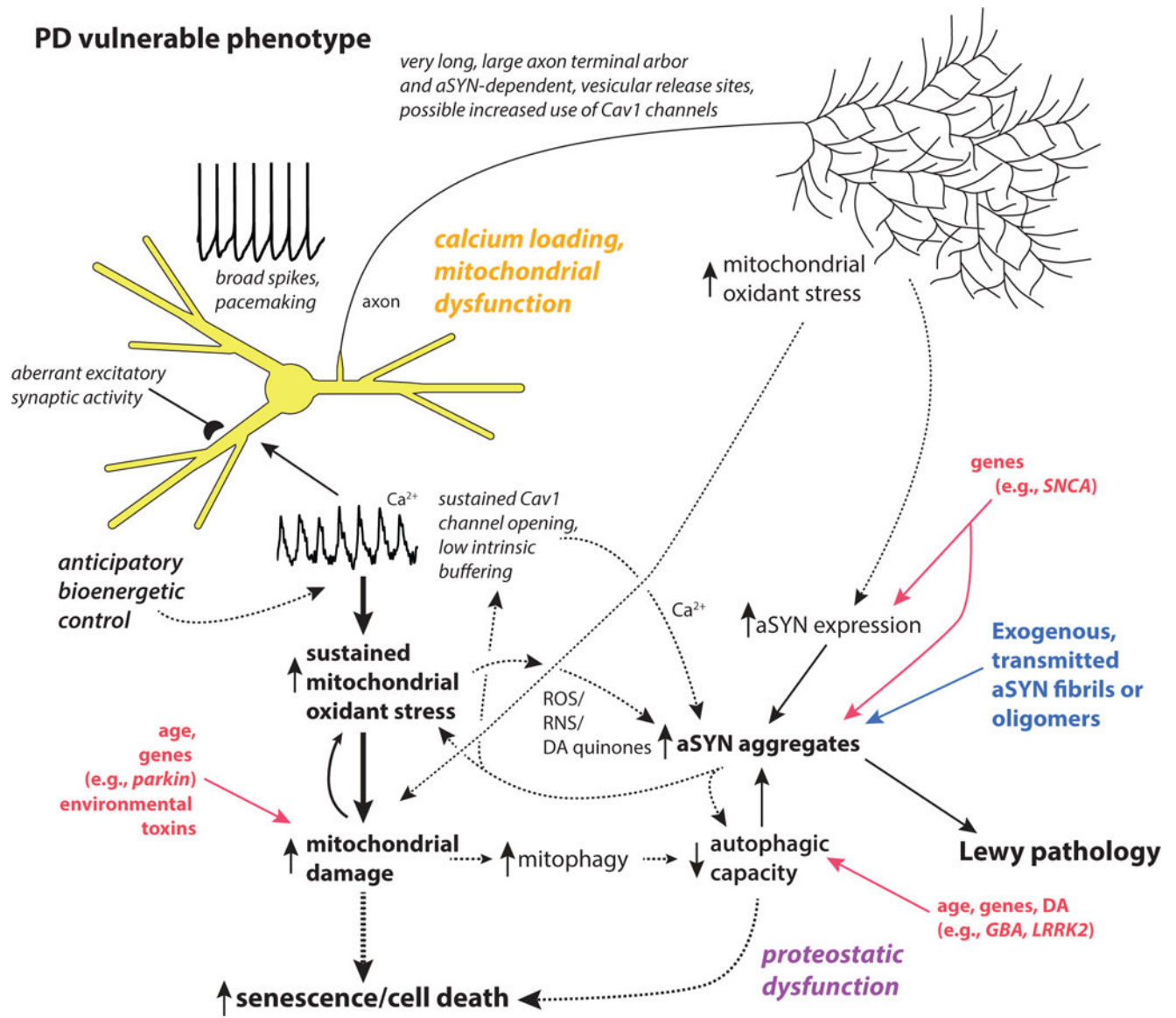


Figure 1: Schematic summary of the key traits of neurons that are vulnerable in PD. Two major drivers of pathogenesis are mitochondrial and proteostatic dysfunction. Mitochondrial dysfunction is proposed to be a consequence of anticipatory (feed-forward) control of mitochondrial respiration by calcium, and yet undefined axonal bioenergetic factors working in combination with genetic and environmental factors (e.g., toxins). Proteostatic dysfunction is proposed to arise from aSYN aggregation promoted by oxidant stress, elevated cytosolic calcium and DA quinones, in addition to lysosomal dysfunction promoted by increased mitophagy and oxidant damage to lysosomal proteins like glucocerebrosidase. Solid lines make connections between events that are well-established in mammalian models; dashed lines connect mechanisms for which there is good but not unequivocal support.