Evidence synthesis

Evaluating risk communication during extreme weather and climate change: a scoping review

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Abstract

Introduction: Communicating risk to the public continues to be a challenge for public health practitioners working in the area of climate change. We conducted a scoping literature review on the evaluation of risk communication for extreme weather and climate change to inform local public health messaging, consistent with requirements under the Ontario Public Health Standards (OPHS), which were updated in 2018 to include effective communication regarding climate change and extreme weather.

Methods: Search strategies were developed by library information specialists and used to retrieve peer-reviewed academic and grey literature from bibliographic databases (Medline, Embase, Scopus and CINAHL) and Google country specific searches, respectively. The search strategy was validated through a workshop with experts and community stakeholders, with expertise in environment, health, emergency management and risk communication.

Results: A total of 43 articles were included. These articles addressed issues such as: climate change (n = 22), flooding (n = 12), hurricane events (n = 5), extreme heat (n = 2), and wild fires (n = 2). Studies were predominantly from the US (n = 14), Europe (n = 6) and Canada (n = 5).

Conclusion: To meet the OPHS 2018, public health practitioners need to engage in effective risk communication to motivate local actions that mitigate the effects of extreme weather and climate change. Based on the scoping review, risk communication efforts during short-term extreme weather events appear to be more effective than efforts to communicate risk around climate change. This distinction could highlight a unique opportunity for public health to adapt strategies commonly used for extreme weather to climate change.

Keywords: climate change, extreme weather, risk communication

Introduction

Extreme weather and climate change (EWCC) have well-documented impacts on population health. It is possible that a changing climate will not only exacerbate existing health issues but will also create new health burdens for our population.2 These impacts will likely have a greater impact on vulnerable populations, such as those living in rural and remote communities.3 Local public health practitioners have begun planning for health-related climate impacts through activities such as vulnerability assessments,4 but the complexity of EWCC continues to be a challenge for activities at the local level.⁵

One aspect of EWCC that presents a consistent challenge for public health

Highlights

- We conducted a scoping literature review, validated through a workshop with experts and stakeholders, on risk communication for extreme weather and climate change (EWCC) to inform local public health messaging.
- Risk communication efforts during short-term extreme weather events appear to be more effective than efforts to communicate risk around climate change.
- This distinction could highlight a unique opportunity for public health to adapt strategies commonly used for extreme weather to climate change.
- A conceptual framework is presented to support EWCC risk communication, build adaptive capacity and coordinate recommended actions across short- and long-term timescales.

practitioners is in communicating risk to the public.6 Risk communication is an evidence-based approach to communicating effectively with the public in times of controversy,7 and effective risk communication is an important first step toward reducing community vulnerability to EWCC.8 Unfortunately, risk communication activities aimed at mitigating the human health impacts of EWCC continue to be challenging, despite their critical importance.9 This was recently described by Pilla et al., in terms of communicating flood risks to the public when households

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pay more attention to past flood events than to scientific assessments of flood risk. ¹⁰ During extreme weather, risk communication tends to focus on short-term messaging around the hazards and protective actions that need to be taken by organizations and individuals during these events. In contrast, climate change often requires long-term proactive risk communication strategies that motivate adaptive changes to infrastructure and the built environment to ultimately improve climate resiliency and safeguard the continuity of operations of public health institutions. ¹¹

Public Health Ontario supports public health unit staff and other health professionals throughout Ontario in the area of EWCC by providing scientific and technical evidence-based advice. In 2018, the Ontario Public Health Standards (OPHS; http://www.health.gov.on.ca/en/pro /programs/publichealth/oph_standards/), which identify the requirements for public health programs and services to be delivered by Ontario's 35* public health units, were updated to include a requirement to effectively communicate with the public regarding topics such as climate change and extreme weather, based on an assessment of local needs. This recent update underscores the need for public health practitioners to develop and assess risk communication strategies in the area of EWCC. We conducted a review of previous research on the topic of risk communication during EWCC, particularly the evaluation of risk communication strategies, with the ultimate aim of supporting public health practitioners. Given the unique challenges for practitioners and the limited evidence that exists in this area, the review was designed as a scoping review to incorporate a wider range of domains relevant to the topic of risk communication, extreme weather, and climate adaptation. As the scoping review evolved, an expert/stakeholder consultation workshop was held to validate the scoping review and provide additional insights and perspectives on risk communication gaps related to EWCC. This paper describes the results of our scoping review and the expert workshop; with particular focus on the gaps and challenges that were identified and later used to develop a conceptual framework to aid public health professionals working in this area.

Methods

The scoping review was based on an established methodological framework for scoping reviews. 12 Four databases (Medline, Embase, Scopus and CINAHL) were searched for peer-reviewed literature in the English language, published between 1999 and 2013. The search also included grev literature identified from site-specific non-commercial Google searches for Canada, the US, Australia and international organizations. No limitations were placed on the bodies or agencies communicating risk, or the audiences receiving information. There were also no limitations on the type of communication, medium or article. Search strategies (available upon request from the authors) were developed and peer-reviewed by Library Information Specialists. The search strategies were built using keywords and syntax specific to each database to identify literature addressing one or more of the following research questions:

- (i) What are the current practices in communicating EWCC risks in the peer-reviewed literature?
- (ii) Which of these current practices have been evaluated for effectiveness?
- (iii) Which theoretical frameworks from the literature explain current practices? and/or
- (iv) What are the research gaps in communicating EWCC risks?

A one-day information-gathering and validation workshop was held in Toronto on February 10, 2014. The workshop: Communicating about A Different Ontario: Risk Communications, Extreme Weather and Climate Change, included thirty individuals representing community stakeholders with expertise in environment, health, emergency management and risk communications from local, municipal (rural and urban), provincial and federal jurisdictions. Participants worked in small focus groups that reflected the diversity of attendees. The thematic content areas identified through the scoping review

were presented to participants, who were asked to describe experiences with any of the practices identified through the scoping review. Examples from lived experience were sought to confirm or challenge the findings from published literature. The workshop was used to select the practices identified through the scoping review that municipal, provincial and/or federal public health practitioners and allied stakeholders viewed as effective or promising. The workshop also provided additional insights and perspectives on risk communication gaps related to EWCC. Workshop proceedings and evaluations were summarized to enhance and validate the final search strategy.

Following the workshop, the final search strategies were executed on February 26, 2014[†]. Articles were screened and assessed by two research coordinators. A flow diagram illustrating the screening process is shown in Figure 1. During the screening process, reviewers relied on consensus decision making to resolve any conflicts. A total of 1880 articles were retrieved from database and Google searches. Articles were excluded if they were duplicates (n = 326) or if they addressed psychological responses and recovery of individuals from extreme weather events (as these articles focused on individuallevel response instead of organizationallevel), or if they reported solely on climate change impacts in the absence of references to extreme weather (n = 1449). The remaining 105 articles were reviewed and those not meeting the screening questions (n = 67) were excluded. Three screening questions were used:

- (i) Does the article specifically include risk communication or community adaptation?
- (ii) Does the article address some aspect of extreme weather or climate change?
- (iii) Does the article include an evaluation of practices, tools, or frameworks using qualitative, quantitative or mixed research methods?

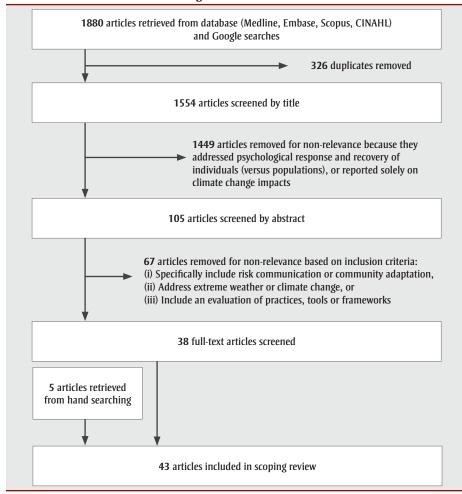
An additional 5 articles were included based on hand searching of key references.

Articles were charted, or mapped, in Excel spreadsheets to enable reporting of results.

^{*} Prior to 2018 there were 36 local public health units in Ontario. There was a merger of two health units in 2018, resulting in a total of 35 local public health units across Ontario.

[†] The original search was conducted in February 2014. A second search was conducted in March 2016. The updated literature search did not identify literature that departed from the original search.

FIGURE 1 Flow diagram of article selection



These descriptive summaries captured country; main objective and study design; population, type of extreme weather, and key findings (Table 1). Based on an established framework for scoping reviews,12 the narrative findings were presented in two ways: (i) basic numerical analysis of the nature and distribution of the studies; and (ii) thematic grouping of studies by research design and emerging topic. Using this narrative synthesis approach, the following common themes were identified: risk communication, risk perception, engagement of vulnerable populations, community-based strategies. public health, adaptation and resilience. The theme of risk communication was examined in detail by identifying and grouping practices that were used to communicate risk.

Results

The scoping review focused on the communication media and practices used for EWCC risk communication and did not seek to assess quality or weight of evidence.12 The 43 articles that were included addressed various types of EWCC risk communication: climate change (n = 22), flooding (n = 12), hurricane events (n = 5), extreme heat (n = 2), and wild fires $(n = 2)^{\dagger}$. The articles were of disparate and complementary study types: five conceptual models, eight reviews or systematic reviews, five experimental studies, eleven qualitative studies, eight surveys, two case studies, and four commentaries. There were fourteen studies from the United States, six from Europe, and five from Canada. The remaining eighteen studies were from Australia, Asia or international collaborations. Grey literature was used to identify how EWCC messaging was created and delivered rather than for its content. Article summaries are presented in Table 1.

A systematic review of environmental health risk communication suggested risk

communications should involve multimodal delivery through many media channels, including radio, television, printed materials, classroom presentations, and Internet-based campaigns.26 In total, the scoping review identified eight unique risk communication practices (Table 2). The two most common practices were public media campaigns, including radio and Internet-based messages, and organization or expert-led presentations or workshops to communities affected by natural hazards. Public media risk communication campaigns typically originated in government and were focused on uniformity and continuity to effect behavioural intention and change.⁵⁰ Within Ontario, communication activities such as promotional messaging, response guidelines, and heat alerts and warning systems were typical risk communication tools used in practice.2

The topic of communicating uncertainty around climate change was identified, along with suggestions for improving communication around uncertainty, which included collaboration²⁵ and carefully targeting messages to each unique audience.⁴² Bridging the expert-public divide to improve risk communication was also highlighted as necessary and could include defining standards and increasing knowledge exchange among different domains of learning and practice.²⁵

Risk communication themes

Key themes around successful risk communications strategies were: risk perception, targeting vulnerable populations, and engaging with communities (Table 3). The first theme, individual risk perception, was influenced by factors such as age, income, education, credibility, and emotion. ^{13,43} For example, self-efficacy and feelings of adequate preparedness were positively correlated with risk reduction behaviours in communities at high risk for wildfires. ³⁷

A second theme involved engaging vulnerable groups, such as low-income communities, the elderly, racial and ethnic minorities, and people with disabilities. This theme highlighted the challenges vulnerable communities face in seeking and processing risk communication information, including complex language, information overload and contradictory

[‡] Some articles addressed more than one type of EWCC risk communication.

TABLE 1 Articles included in the scoping review

First author	Design	Country	EWCC	Main objectives	Key findings
Akompab et al. ¹³	Cross-sectional	Australia	Heat wave	To determine the predictors of risk perception using a heat wave scenario and identify the constructs of the health belief model that could predict adaptive behaviours during a heat wave.	The health belief model could be useful to guide the design and implementation of interventions to promote adaptive behaviours during heat waves.
Bajayo et al. ¹⁴	Review	Various	All	To define an approach for building community resilience to climate change and to integrate this approach with a pre-existing framework.	Four principal resource sets contribute to community resilience. They are: economic development, social capital, information and communication, and community competence. These four components comprise the Community Resilience Framework, and can be developed within social, built, natural and economic environments.
Blashki et al. ¹¹	Commentary	Australia	All	To focus the responses of the Australian health system to health risks from climate change.	N/A
Bubeck et al. ¹⁵	Review	Europe	Flood	To show the relationship between individual flood risk perception and mitigation behaviour, as it is increasingly studied in the literature.	The current focus on risk perception to explain and promote private flood mitigation behaviour is not supported on either theoretical or empirical grounds. Flood risk perception does not impact people adopting precautionary behaviour. Behaviour change rather is affected by efficacy of activities, self-efficacy and response costs.
Buchecker et al. ¹⁶	Experimental	Switzerland	Flood	To elicit the contributions of participatory river revitalization projects on stakeholders' social capacity building through three evaluation methods.	Participatory planning leads to social learning and trust between group members, and it is not always important to have acceptance of the project across the group for work to be effective. Stakeholder involvement should be explicitly designed as tools for long-term social learning.
Burmingham et al. ¹⁷	Focus group survey & interview	United Kingdom	Flood	To develop a better understanding of how local people understand flood risk and account for their flood awareness.	Social class has the most influence on predicting flood risk, followed by flood experience and then length of time in residence. Lack of printed information in different languages and reading levels was cited as major cause for low levels of flood risk awareness, whereas native English speakers cited lack of concern and denial as main reason for inaction.
Buys et al. ¹⁸	Semi-structured interview	Australia	All	To explore perceptions of climate change and trust in information providers.	Risk communication efforts need to improve transparency and consultation with the public when communicating information about climate change.
Cadag et al. ¹⁹	Case study	Philippines	Flood	To demonstrate how participatory mapping can foster integrative disaster risk reduction through a range of stakeholders, both scientists and community members.	Participatory 3D mapping contributes to the empowerment of most marginalized individuals by increasing their access to scientific knowledge and giving them credibility to talk to local officials and decision-makers. It decreases the power imbalance between scientist and local people.
Cairns et al. ²⁰	Semi-structured interviews and scenario workshop	Australia	All	To assess the value of scenario method as a catalyst for effecting change when multiple agencies, interests and agendas are present.	Scenario method is valuable, but does not itself act as catalyst for effecting change.
Chen et al. ²¹	Cross-sectional survey	USA	Hurricane	To measure effect of exposure to natural disaster on future preparedness behaviour.	Found no significant changes in preparedness or evacuation plans in residents of Houston prior to and a year after Hurricane Ike.

First author	Design	Country	EWCC	Main objectives	Key findings
Coulston et al. ²²	Survey	United Kingdom	Flood	To ascertain whether prior experience with flooding is a strong motivational factor for preparedness for future flooding episodes and assess preparedness in populations at high risk for flooding.	Awareness of being at-risk for flooding is vital for self-protective behaviour. Both awareness of risk and recent exposure are motivational for flood preparedness.
Driscoll et al. ²³	Mixed-methods	Alaska	All	To evaluate the health effects of climate change in rural Alaska.	Community-based sentinel surveillance is an effective method for assessing health impacts of climate change and informing health adaptation planning.
Eisenman et al. ²⁴	Semi-structured interview	USA	Hurricane	To understand the factors influencing evacuation decisions in impoverished communities which were most severely affected by Hurricane Katrina.	Effective disaster plans and messaging must account for the specific obstacles encountered by vulnerable and minority communities. Social networks and extended families impact individuals' choices and behaviours, and demand better community-based communication strategies.
Faulkner et al. ²⁵	Conceptual paper	United Kingdom	All	To develop a rationale for pragmatic semiotics of risk communication between the scientific community and decision-makers.	The uncertainties embedded in flood risk communications could be reduced by the development of a formally structured translational discourse between science and professionals, through which process "codes of practice" for uncertainty estimation in different application areas can be developed.
Fitzpatrick- Lewis et al. ²⁶	Systematic review	Various	All	To identify the effectiveness of communication strategies and factors that impact communication uptake related to environmental health risks.	A multi-media approach is more effective than any single media approach, and printed material that offers a combination of information types (i.e., text and diagrams) is a more effective than just a single type, such as all text. Risk communication strategies that incorporate the needs of the target audience(s) with a multi-faceted delivery method are most effective at reaching the audience.
Heilbrun et al. ²⁷	Experimental	USA	All	To compare perceptions, decision-making and anticipated action in response to threats of three kinds: natural disasters, violent crime, and terrorism.	Risk of natural disaster was more likely to lead participants to report they would change daily activities and location and was more likely than terrorism to lead to action securing the home. It appears that the mechanisms for perception, decision-making and action in response to threats cannot be generalized in a straightforward way across these domains of threat.
Hess et al. ²⁸	Review	Various	All	To explore the lack of research on adaptive capacity, outline climate health challenges for public health and consider changes to improve public health's adaptive capacity.	Efforts need to be focused on increasing adaptive capacity, promoting institutional learning, embracing adaptive management and developing tools to increase resilience of public health systems to climate change.
Hilfinger et al. ²⁹	Semi-structured interview	USA	Hurricane	To explore the role of social networks in gathering and disseminating risk information, and to investigate how social networks effect decision-making in a group setting.	Need to consider social network dynamics of marginalized groups in developing risk communication strategies.
Horney et al. ³⁰	Survey	USA	All	To assess the resources available for hazard mitigation planning.	There is a disconnect in how well emergency managers perceive they are protecting vulnerable populations, and how well vulnerable groups feel accounted for in mitigation plans. Few counties surveyed included outreach to vulnerable groups as part of their hazard mitigation approach.

First author	Design	Country	EWCC	Main objectives	Key findings
Ireland et al. ³¹	Case study	Asia	All	To explore the role of collective action in building adaptive capacity, with particular attention on social networks.	Collective action plays a significant role in enhancing adaptive capacity and should be a central part of climate change adaptation strategies. Social networks are a particularly important component of collective action for building of adaptive capacity.
Kellens et al. ³²	Online survey questionnaire	Belgium	Flood	To test a model (risk information seeking and processing) on factors related to perceived hazard knowledge, response efficacy and information need. This study aimed to look at the mediating role of information need in the model, and the differences in information-seeking behaviour between permanent and temporary residents.	Information need did not mediate risk perception and perceived knowledge. People who were older, had lived in the area longer, and considered the information useful had the highest amount of risk seeking behaviour. Perceiving an information need does not necessarily result in higher rates of seeking the information. Individual perceptions of where the locus of control/responsibility lies are more central to whether or not someone seeks information and acts on it.
Kellens et al. ³³	Systematic review	Various	Flood	To systematically review the literature on risk perception and risk communication in flood-risk research.	There is no methodological standardization in measuring and analyzing people's flood risk perception or behaviour. Most studies are exploratory and have not applied theoretical frameworks. There is almost a complete absence of true risk-communication research.
Kim et al. ³⁴	Semi-structured interview	USA	Hurricane	To measure pre-hurricane preparedness behaviour on coping behaviour during a hurricane.	The evaluation revealed that an integrated connection to community-level communication resources—comprising local media, community organisations and interpersonal networks—has a direct impact on the likelihood of engaging in pre-hurricane preparedness activities and an indirect effect on during hurricane preparedness activities. Social risk perceptions increase the likelihood of taking preventative steps before a hurricane while personal risk perceptions are positively related to engaging in preventative action during a hurricane.
Kuhlicke et al. ³⁵	Commentary	Europe	All	To develop a model of social capacity building which considers social vulnerability, risk communication, and risk education.	N/A
Maibach et al. ³⁶	Conceptual paper	USA	All	To apply the ecological model of public health to examine the potential of communication and marketing interventions to influence population behaviours.	At the social-network level, there is an urgent need to identify and activate popular opinion leaders within all strata of society, including the government and commercial sectors. Personal influence is a powerful source for social change.
Martin et al. ³⁷	Survey	USA	Wildfires	To analyze the factors that influence risk reduction behaviours among homeowners in wildfire prone areas.	Effects of knowledge and locus of responsibility are mediated by homeowners' risk perceptions, and beliefs in self-efficacy directly influence risk reduction behaviours. Direct experience with wildfire does not directly influence risk mitigation-perception process.

First author	Design	Country	EWCC	Main objectives	Key findings
Mullins et al. ³⁸	Survey	United Kingdom	Flood	To measure the effect of ethnicity on social responsibility and flood risk preparedness behaviour.	Ethnic differences consistently exist within the perceptions of householder and business groups within communities (in different locations) which have recent experience of flooding, but not in the policy-maker group or in a community without recent flood experience. The finding also suggests three different levels of resilience and their association with different ethnic groups. Future research should conduct further analysis with equal ethnic representation throughout each community group so that more ethnic groups can be investigated and compared.
O'Sullivan et al. ³⁹	Community based evaluation and interview design	Canada	All	To explore empirically the complexity of disasters, to determine levers for action where interventions can be used to facilitate collaborative action, and to promote health among high-risk populations. The second purpose was to build a framework for critical social infrastructure and develop community-based participatory research design to promote population health and resilience.	Promoting population health in a disaster context requires a shift from risk management to one of resilience, which by its very nature acknowledges changing complexities. 'One size fits all' solutions are not adequate to promote community resilience. Instead, intervention design must emerge from the complexity of the situation and be tailored to the community context at any point in time.
Paterson et al. ²	Semi-structured interview	Canada	AII	To examine climate change adaptation in the public health sector in Ontario.	Health officials are concerned about how climate change could exacerbate existing health issues or create new health burdens. Adaptation is currently taking the form of mainstreaming climate change into existing public health programs, and a lack of resources constrains the sustainability of long-term adaptation programs.
Pidgeon et al. ⁴⁰	Commentary	Various	All	To outline the role for social and behavioural science in climate change research.	N/A
Poutiainen et al. ⁴¹	Systematic review	Canada	AII	To identify and examine what adaptations are being developed to adapt to the health effects of climate change.	1) Health adaptation actions are predominantly led by environmental organizations; 2) most actions are occurring at national and regional levels; 3) food and/or water contamination and air quality are dominant climate change stimuli for action; 4) responses predominantly reflect awareness and research activities, with limited evidence of substantive intervention; 5) consideration of vulnerable groups is limited; and 6) climate change is usually considered alongside other factors, if at all.
Rabinovich et al. ⁴²	Experimental	United Kingdom	All	To investigate the effect of beliefs about the nature of purpose of science on responses to uncertainty in climate change risk communication.	Uncertainty can enhance message effects when it fits the audience's understanding of what science is.
Reynolds ⁴³	Review	USA	All	To explore the psychological underpinnings of risk assessment within emotionally laden events and the risk communication practices that may facilitate subject matter experts to provide the facts assertively and productively.	To influence public action to a threat, communicators need to identify decisions that involve moral and emotional component, as well as logical components. Risk communicators need to include emotions and efforts to leverage them in stressful situations.

First author	Design	Country	EWCC	Main objectives	Key findings
Roeser ⁴⁴	Conceptual paper	Netherlands		To outline the potential role emotions might play in effective risk communication and motivation for behaviour change on extreme weather and climate change adaptation.	Article describes a theoretical framework that supports idea that moral emotions play role in risk communication and public engagement. Emotions are often considered irrational states, but ethics literature shows that dominant technocratic approach to risk fails to touch normative-ethical dimensions that people rely on to assess and make decisions about risk.
Severtson ⁴⁵	Survey	USA	All	To identify the influences of risk beliefs and emotions on intention to act.	Participants' beliefs in problem seriousness mediated influence on intention to measure hazard and perceived susceptibility mediated intention to mitigate risk.
Sheppard et al. ⁴⁶	Conceptual paper	Canada	All	To describe a framework for community engagement and capacity building for climate change adaptation.	The framework provides a template for a process to integrate emission scenarios with both mitigation and adaptation scenarios and to link these with global strategies. Scenarios can be spatialized at the local level to allow analysis of climate change impacts, vulnerabilities and adaptation, and make them more integrated into planning process. Local knowledge and input into the framing of scenarios are vital for defensibility and public buy-in.
Spence et al. ⁴⁷	Semi-structured interview	United Kingdom	All	To categorize how the different psychological dimensions of climate change affect behaviour.	Risk communications techniques designed to reduce psychological distance and to engage the general public with climate change are promising.
Stewart et al. ⁴⁸	Semi-structured interviews, floodplain-wide survey	Canada	Flood	To identify risk communications gaps and discuss the range of strategies to enhance information sharing, bottom-up activity and partnership development for EWCC preparedness.	External pressures exerted by regional floodplain policies and procedures can restrict risk communication and affect social vulnerability in the rural floodplain. Policies promote the establishment of community standards to compensate for gaps in risk communication and the development of partnerships between floodplain communities.
Taylor-Clark et al. ⁴⁹	Focus group	USA	All	To assess the role of communication on perceptions of environmental health effects, information seeking behaviour and challenges to accessing and utilizing information related to climate change.	Presentation of culturally relevant messages may reduce knowledge gaps and facilitate action. Risk communication efforts need to understand the different sources and channels of information low income minorities trust and use, to be effective.
Tinker ⁵⁰	Commentary	USA	All	To examine strategies for communication during extreme weather events that engage stakeholders and encourage individual and organizational behaviour change.	N/A
Wachinger et al. ⁵¹	Review	Europe	All	To review literature on risk perception related to natural hazards.	A risk perception paradox exists in that it is assumed that high-risk perception will lead to personal preparedness, but in fact the opposite can occur if individuals with high-risk perception still choose not to personally prepare themselves in the face of a natural hazard.
Yamada et al. ⁵²	Community based experimen- tal study	Japan	Flood	To measure the effect of flood risk communication efforts on evacuation behaviour.	Community based flood risk communication was found to be effective for the enhancement of residents' awareness of both self- and mutual help efforts in community-based flood mitigation.
Zia et al. ⁵³	Survey	USA	All	To measure the effect of ideology on concern for climate change.	Ideology affects citizen understanding and commitment to action on climate change. Ideology trumps higher education and public knowledge must cut across ideological divides if it is to empower people to act on the climate issue.

Abbreviations: EWCC, extreme weather and climate change; N/A, not applicable.

TABLE 2
Risk communication practices identified

Risk communication practice	Articles ^a (%)	Description
Presentations/workshops with experts and/or community 16,33,37,41,42,45,48,50,52	9 (21)	Public events where community members are invited to learn and give their opinions and experience related to a natural hazard or extreme weather risk.
Public media (television, radio, web-based) ^{17,24,26,33,36,42,48,50,51}	9 (21)	Any risk communication practice conveyed through radio, the internet or television.
Education and awareness programs ^{17,20,33,36,41,42,48}	7 (16)	Advocacy work, such as citizen guidebooks and education programs for children.
Informal social network communication ^{17,24,36,48,52}	5 (12)	Communication within community networks, social networks, families and neighbourhoods. Included 'word-of-mouth' communication.
Print materials (brochures, fact sheets) ^{17,26,41,42}	4 (9)	Any paper-based resource used to communicate risk, for example printed flood maps, risk sheets or tip sheets.
Community-based scenarios ^{16,20,46,52}	4 (9)	Hypothetical situations posed to a group of community members in a guided exercise with the objective of creating a mitigation strategy or compiling community perceptions about a risk.
Participatory management strategies ^{45,52}	2 (5)	A wide range of initiatives, such as community-based sentinel systems or hazard maps. Hazard maps are maps that graphically provide information on inundation, surface temperature, landslide probability or other risk related factors as well as evacuation locations and routes in an easy-to-understand format. 52
Social media ^{36,50}	2 (5)	Online applications and platforms, such as Twitter, Facebook, Instagram, and others.

 $^{^{\}rm a}$ Some articles identified more than one type of EWCC risk communication practice.

information.⁴⁵ This was illustrated through interviews with low-income residents fleeing Hurricane Katrina where the low-prevalence of car ownership resulted in heavy reliance on public transportation infrastructure.²⁴ A disconnect was noted between how well emergency managers perceive they are protecting vulnerable groups, versus how well vulnerable groups feel accounted for in mitigation plans.³⁰

The third and final theme addressed the importance of leveraging social networks and creating strategies housed [or based] in communities. For example, people were more aware of extreme weather risks and more likely to initiate protective activities if they were involved in a participatory exercise.51 Broader involvement of civil society organizations was also highlighted by a review that found that many CSOs, such as the Red Cross and YMCA, play important social roles in health adaptation and community engagement.32 The reviewed studies suggest that public participation measures with diverse community stakeholders are the most effective means to create awareness of potential disasters, encourage individual responsive action, and increase community trust and cooperation in planning and messaging.²³

Evaluation of risk communication

Community-based strategies were mostoften evaluated for their effectiveness in EWCC risk communication. For example, the production of community-based flood hazard and evacuation maps was identified as an "effective method of raising public awareness while fostering the active participation of the community".52 Evaluations also identified increased awareness of self- and mutual aid efforts in community-based flood mitigation. These results support community engagement practices around a specific threat, collaboration among key actors28, and enhancing self-efficacy, as key factors in successful risk communication.

One study described a community-based scenario that involved government, private sector and environmental groups working together to explore the implications of the proposed expansion of a

major port facility.20 A workshop presented 4 potential futures, ranging from an ideal "showcase region" to the most negative "development at all costs." The authors observed that the scenario exercise did not motivate meaningful followup actions. They concluded that the scenario approach is valuable for enabling "democratic dialogue" - and bringing together diverse perspectives - but does not act as an effective "catalyst for bringing about consensus-driven collaborative change in support of policy development and planning." The authors attributed weak engagement to poor identification of underlying value systems and a failure to create a shared foundational knowledge from which all participants could work.

A second study involved an iterative and participatory process for communitybased sentinel surveillance.²³ The process developed community metrics to measure the health impacts of climate change, and the evaluation examined the effectiveness of using community residents as central communication sources. It also considered how the process of collecting data served to increase residents' awareness of climate change impacts in their community. Community members became more aware and informed of health-related impacts and outcomes and became motivated to contribute to ongoing data collection and to plan for climate adaptation.

Effective risk communication was often defined as a two-way exchange of information between parties (e.g., government, public, community, expert).³⁵ Involving stakeholders in the risk communication planning and discussion stages may increase their commitment and overall satisfaction with mitigation and preparedness projects.¹⁶ This highlights the importance of bidirectional communication and stakeholder engagement in EWCC risk communications.

Information-gathering and validation workshop

Comments and evaluations from the oneday information-gathering and validation workshop were used to validate our final search strategy [updated in 2016]. Themes from the scoping review were shown to participants who described experiences with relevant practices from the literature. Two key themes arose during the

TABLE 3
Factors that facilitate or impede the success of risk communication strategies

Thematic area	Influencing factors
Risk perception	Self-efficacy ^{15,37}
	Political ideology ^{17,38,53}
	Knowledge of and experience with hazards ^{15,17,22,27,33,35,37,38,40,45,51}
	Population socioeconomic status ⁵¹
	Emotions/psychological impacts ^{17,35,40,44,45,47}
	Duration of residence in area ^{17,33,35,37,51}
	Information preferences ^{15,17,22,33,35,38,40,45,47}
	Trust in information provider ^{15,17,27,33,35,37,38,40,42,45,47,51}
	Efficacy and cost of mitigation ¹⁵
Vulnerable populations	Include during planning ^{20,24,30,35,38,39,52}
	Flexible definitions of vulnerability ^{17,30,35,39,38}
	Involve social networks ^{17,20,24,39,52}
	Remove barriers to communication ^{17,35,38,39,52}
	Address economic issues ^{20,24,52}
	Address transportation issues ^{20,24,30,38,39,52}
	Establishing trust with authorities ^{17,24,30,35,39,52}
Community-based strategies	Collaborative hazard maps ^{19,52}
	Community-based scenarios ^{14,16,20,39,46}
	Inclusive "awareness-raising" projects ^{51,23}

workshop: challenges related to (i) communicating uncertainty and (ii) community-based participation.

The stakeholder group identified two EWCC risk communications strategies as priorities: participatory flood/hazard mapping and using case study examples in messaging. Several articles in the scoping review mentioned the power of stories and personal narratives in making EWCC messaging more readily accessible and bidirectional. Unlike official messaging from a government agency, community residents can more easily relate to stories and share their own experiences with other community members.

Key priorities included: engaging community stakeholders in the "broader social fabric" (e.g., Boys and Girls Clubs, community centres) on climate change issues; expanding traditional networks to include inter-institutional expertise among provincial, municipal, and federal actors; and developing differentiated risk-communication strategies for rural and urban areas.

Practitioners agreed that communicating EWCC risks effectively requires individuals

and communities to develop self-efficacy and empowerment. This is accomplished by ensuring that community members take an active role in developing preparedness messages for fellow residents. Two participants expressed concern that EWCC risk communications with socioeconomically vulnerable populations must be handled sensitively because such vulnerable audiences do not self-identify as being vulnerable. Participants expressed concern that EWCC risk communication seems to only focus on physical infrastructure and does not address sociodemographic issues. Workshop participants concluded that EWCC risk communicators should use community-based approaches that also connect with and support the specific messaging needs of intergenerational audiences.

Another theme from the workshop was the need to support communities of practice for EWCC risk communication. In part, this workshop guidance reflects the diverse range of audiences and outlets for EWCC messaging and materials. Crosssectoral communities of practice could help to plan and communicate more broadly and support more effective and integrated communications. Workshop participants agreed that media partnerships should be developed to create credible and well-accepted messages that help build social capacity for climate adaptation.

The scoping review and validation workshop both identified factors that may influence risk communication effectiveness—self-efficacy, prior experience with a hazard, trust in the risk communicator, and duration of residence in risk-prone areas-but these may have limited generalizability to EWCC because they have predominantly come from evaluations of risk communications related to flooding. Challenges to EWCC risk communication include bridging shorter-term hazard preparedness with long-term climate adaptation. One model called "Local Climate Change Visioning" outlined linking mitigation and adaptation measures through community scenario planning, a process that includes facilitation.46 This model involved informal communication or storytelling networks for flood and climate change scenario planning in Vancouver, British Columbia. It did not address the use of specific risk messages but did highlight participatory processes and inclusive planning examples supported by other retrieved studies.

A framework to address knowledge gaps

Workshop participants reported knowledge gaps similar to those identified in the scoping review (Table 4). One consistent question revolved around whether to disentangle EWCC from messaging, and how to make messages sensitive to community differences and characteristics. Some participants believed referencing climate change reduces the impact and absorption of messages and that implying that extreme weather events are caused by climate change may be counterproductive. The public has learned from various inaccurate sources that the pattern of extreme weather events is cyclical and normal rather than well-correlated with a longterm shift to a more unpredictable and threatening climate reality. This led to a debate about when it is effective to use the term "climate change" in risk communications.

While many studies recommended a multimedia approach to risk communication, there is little consensus on what this should look like for EWCC, and the lack of conceptual frameworks across disciplines

TABLE 4
Research gaps identified in the literature

Research gap identified	Articles
Limited consideration of social units (households and extended families)	8
No standard methodology for measuring risk perception and hazard preparedness intention	9
Little integration of community vulnerability assessments in future planning	8
Lack of empirical studies and application of theoretical frameworks	11
Lack of application of social science or behaviour change models	5
Lack of evaluation and validation of risk communication	5

and jurisdictions in the risk communication field was noted in two systematic reviews. ^{26,33}

Following the scoping review and validation workshop, a preliminary conceptual framework was developed to address the identified knowledge gaps and support public health practitioners during EWCC risk communication. The framework was also intended to support the adaptive capacity of public health practitioners and decision makers. The preliminary conceptual framework (Figure 2) encompasses both a short-term timescale to address risk communications for extreme weather and a long-term timescale that addresses risk communications for climate change.

The conceptual framework includes a knowledge translation and dissemination feedback cycle which involves communities and public health policy decision-makers. The feedback cycle intersects with horizontal local and institutional efforts to communicate EWCC risk, build adaptive capacity and coordinate recommended actions across short- and long-term timescales. In the conceptual framework, communities receive risk messages and share feedback in the form of content and lived experience with the public health practitioners and decision-makers who then intelligently adapt EWCC materials in response to grassroots feedback as part of an ongoing process. By applying several of the methods highlighted in the scoping review (e.g., community engagement, targeting audiences, creating adaptive management systems), this model visually represents how public health policy makers, decision makers and educators could become integral to a risk communication framework whose goal is to continually enhance adaptive capacity to climate change and build community resilience.

Discussion

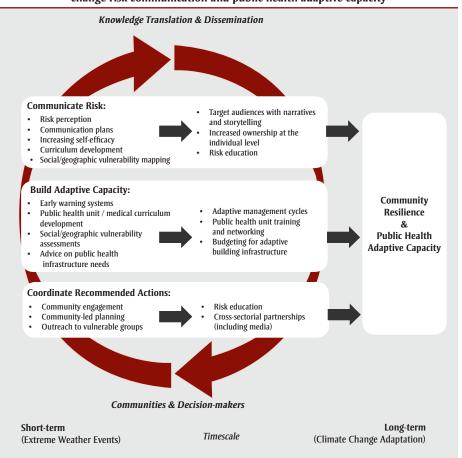
Results from the scoping review and information-gathering and validation workshop

highlight important features regarding EWCC risk communication strategies and related practices. The scoping literature review covered diverse issues, jurisdictions and decision-making bodies. It identified methodological approaches and gaps that can affect research outcomes. Public media, community workshops and expert presentations were the most common practices cited for communicating extreme weather risk. Eighteen articles covered how inclusive community-based approaches, such as hazard mapping and scenario planning, allow decision-makers,

such as government, to work alongside the general public in a way that encourages mutual respect and increases individual action. This type of communication practice could present a unique opportunity for public health practitioners, who often rely on promotional messaging such as temperature alerts, as EWCC risk communication tools.²

Grey literature identified that humanitarian organizations such as the Red Cross are taking the lead in social media, disaster preparedness, health adaptation and community engagement.41 These include preparedness iPhone apps and combining local radio, SMS and crisis mapping into community-sourced-communication tools for extreme weather events and citizen preparedness.⁵⁴ Public participation measures with diverse community stakeholders appear to be the most effective means to raise awareness of disaster preparedness, promote effective individual responses and increase community trust and cooperation in planning and messaging.

FIGURE 2
Preliminary conceptual framework for extreme weather and climate change risk communication and public health adaptive capacity



A common theme among communication articles was addressing risk perception. Many variables affect how EWCC events are perceived and addressed by individuals and communities. Factors such as selfefficacy, personal experience with hazards, and how long individuals have lived in a potentially affected location all contributed to the perception of the level of threat of an extreme weather event. The state of individual and community risk perception is important to consider in any EWCC risk communication strategy. None of the eighteen articles that addressed risk perception evaluated risk communication strategies, yet it appears some of these factors influence risk perception (e.g., self-efficacy, duration of residence) while others can predict whether individuals will act (e.g., response efficacy).

Despite many authors highlighting that risk communications should be understood as a "two-way exchange between parties," the current literature suggests that most communication is a uni-directional warning from decision-makers to an uninvolved public, rather than a dialogue. Thus, EWCC is largely being discussed at a high level through official media or advocacy campaigns and less so at the household or community level, and is not well integrated across platforms. Tailored, people-centered risk communication practices have been shown to be more effective than top-down approaches. ⁵⁵

Research gaps surrounding EWCC risk communications included a shortage of empirical studies and a limited amount of applied theory in study design and execution. Because extreme weather events sometimes occur with little warning, measuring pre-event preparedness and behaviour change is difficult. Even so, the reviewed literature is context specific and difficult to use to generate programs and frameworks because the approaches to measuring variables such as risk perception and a willingness to act are not cohesive or consistent. Another gap in the research was a lack of evaluation of current risk communications strategies. Several authors highlighted poor integration of community-led initiatives in future planning, often because such initiatives were not properly evaluated. The final major gap in the research base relates to a focus on individuals, at the expense of the household and extended family networks. In relation to vulnerable communities (and wider society), authors argued that research should address how decision-making within families affects risk perception and responses during extreme weather events. Future research might therefore include families and various intimate social groupings as a starting point in theoretical frameworks and allow analysis of household dynamics as they pertain to preparedness activity for EWCC risks. Due to the English language restriction used to search published and grey literature, it is possible that relevant research and risk communication efforts were not captured in our scoping review.

The literature shows that a promising risk communications strategy for decision makers and scientists is to acknowledge uncertainty to counter scepticism, improve communication transparency, and enhance trust and credibility. 18,42 Improved communications about uncertain aspects of climate change require collaboration²⁵ and carefully targeting messages to each unique audience.42 Bridging the knowledge divide between experts and the public to improve risk communication is necessary and could include developing risk communications standards and improving knowledge exchange among complementary domains of learning and practice.25

While the relationship between extreme weather and climate change is increasingly clear, the reviewed literature suggests that researchers have not been able to identify risk communication strategies that span the short- and long-term responses recommended for key audiences. Some studies referred generally to "climate change" but did not provide specific examples of potential threats or climate impacts, making it difficult to identify key approaches that would be effective in communicating a wide variety of risks to a disparate set of audiences. The conceptual framework presented here is intended not only to support EWCC risk communication, but also to build adaptive capacity and coordinate recommended actions across short- and long-term timescales.

Conclusion

To meet the OPHS 2018 requirements, public health unit staff need to engage in effective risk communication that motivate local actions to mitigate the effects of extreme weather and climate change. The issue for public health professionals is

that there is little evidence on which to base risk communication strategies, ⁵⁶ particularly for the long-term impacts of climate change. Best practices include community engagement, initiatives to enhance self-efficacy of individuals and communities, targeting unique audiences and bi-directional communications among leaders and stakeholders. Promising practices such as stakeholder coordination, participatory workshops and addressing vulnerable populations are similar to emerging best practice.

Public health practitioners and decision makers are important intermediaries in EWCC risk communications and provide necessary knowledge to motivate a healthy response to evidence of accumulating EWCC risks.57 Extreme weather related to climate change is a growing threat to Canadians. Preparedness for and actions taken at individual, family, community, organizational and system levels can mitigate risks associated with these threats. Based on the evidence review, risk communication efforts during short-term extreme weather events appear to be more effective than efforts to communicate risk around climate change. This distinction could highlight a unique opportunity for public health to adapt strategies commonly used for extreme weather to climate change.

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Conflicts of interest

The authors declare no conflicts of interest.

Authors' contributions and statement

EM drafted and revised the manuscript. SK designed the project, screened articles, developed the conceptual framework and reviewed the manuscript. AD reviewed and screened articles for relevance, drafted the workshop report and reviewed the manuscript. RC supervised the project and reviewed the manuscript. BS supervised

the project, developed the conceptual framework and reviewed the manuscript.

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