

Research Article

Matrix metalloproteinases 2 and 9 are elevated in human preterm laboring uterine myometrium and exacerbate uterine contractility[†]

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Abstract

Matrix metalloproteinases 2 and 9 (MMP2/9) have previously been shown to be elevated in serum and amniotic fluid from women undergoing preterm birth. We performed experiments to determine the effects of MMP2/9 on uterine contraction and birth timing. Pregnant mice were injected daily with 50 mg/kg of SB-3CT or vehicle control beginning on gestational day 14–18 to determine if MMP2/9 inhibition would affect parturition timing. MMP2/9 expression in human myometrial tissue was determined by Simple Western (Wes) and semiquantitative western blot. Purified MMP2/9 and SB-3CT inhibitor were added to human myometrial strips to determine the effects of MMP2/9 on oxytocin-induced uterine contraction. Parturition was delayed in mice treated with MMP2/9 inhibitor SB-3CT. MMP2/9 protein levels were elevated in preterm laboring uterine myometrium. Gelatinase activity was confirmed in cell extracts and supernatants from immortalized and primary human uterine myometrial cells in culture. Addition of purified MMP2/9 increased the oxytocin-induced contractile response in myometrial tissue strips from pregnant women. In contrast, addition of the MMP2/9 inhibitor SB-3CT decreased the contractile response to oxytocin in a dose-dependent manner. These results suggest abnormal MMP2/9 expression affects the contractile state of the uterine myometrium to promote parturition and that MMP2/9 inhibition attenuates this effect.

Summary Sentence

Matrix metalloproteinases 2 and 9 are elevated in preterm laboring myometrium, promote myometrial contraction, and may contribute to parturition timing.

Key words: human reproduction, labor, myometrium, pregnancy, uterus.

Introduction

An estimated 15 million preterm babies (defined as <37 weeks of gestation) are born annually worldwide [1]. Preterm birth is one of the leading causes of neonatal mortality in the United States [2, 3]. Premature babies who survive are more likely to require hospitalization and develop chronic health issues such as cerebral palsy, respiratory problems, feeding difficulties, and developmental delays [4, 5]. A number of genetic, environmental, and disease-state risk factors are thought to promote changes that ultimately activate convergent effector pathways to switch the uterine myometrium from a quiescent to a contractile state [6]. Disorders that can cause spontaneous preterm birth include infection or inflammation responses, vascular disorders, decidual senescence, abnormal uterine distension, disruption of maternal-fetal immune tolerance, and stress [7]. In many spontaneous preterm birth cases, the etiological factors, and therefore molecular mechanisms leading to the onset of preterm uterine contractions, are not known.

Matrix metalloproteinase 2 (MMP2/Gelatinase A) and matrix metalloproteinase 9 (MMP9/Gelatinase B) are traditionally known as enzymes responsible for breakdown of the extracellular matrix [8–10]. MMPs are secreted as inactive proenzymes that can be activated by proteolytic cleavage or chemical modification [10]. MMP2 and MMP9 are known to be involved in the breakdown of the extracellular matrix to allow human cervical ripening [11]. In the mouse uterus, *Mmp2* and *Mmp9* transcripts decrease as normal pregnancy progresses, with *Mmp9* transcript rising again near term [12]. During uncomplicated human pregnancies, MMP9 concentrations remain stable in maternal plasma until labor starts and then increases in women experiencing either term or preterm labor compared to gestational age matched controls [12]. MMP9 activity is increased in the amniotic fluid of patients undergoing spontaneous rupture of membranes (term or preterm), parturition (term or preterm), and with microbial infections [13–15]. MMP2/9 inhibitors rapidly affect the oxytocin-induced contractile response in virgin and pregnant rat myometrium, suggesting MMPs might act via novel mechanisms in this tissue [16] and MMP9 has been shown to regulate contraction in other cell types [17, 18]. These findings led us to investigate the potential role of these matrix metalloproteinases in uterine function at parturition. We performed experiments to determine if inhibition of MMP2/9 affected parturition timing in mice, if MMP2/9 expression was altered in preterm human myometrium, and the effects of MMP2/9 elevation or inhibition on ex vivo human uterine tissue contractility.

Materials and methods

Parturition experiments

The University of Nevada, Reno Institutional Animal Care and Use Committee approved animal experiments. C57BL/6 mice were mated to induce pregnancy. Successful matings were confirmed by the presence of a vaginal plug. Mice were given chow and water ad libitum, and significant differences in maternal body weight between groups were not observed. From gestational days 14–18, 50 mg/kg SB-3CT

in normal saline containing 20% dimethylsulfoxide (DMSO) was administered via single daily intraperitoneal injection. This dose was selected because it was the highest previously administered without observed adverse effects [19]. Control mice were injected with vehicle only. Parturition events were monitored from day 17 through birth by observing mice in the morning, afternoon, and in the evening.

Collection of patient uterine tissue

All research was reviewed and approved by the University of Nevada Biomedical Review Committee (Institutional Review Board) for the protection of human participants. Human uterine myometrial biopsies were obtained with written informed consent from women undergoing elective Cesarean section (C/S) at term or preterm. Patient groups collected were women at term not in labor (TNL; scheduled C/S, gestational age 37–40 weeks), women at term in labor at the time of C/S as determined by the surgeon (TL, gestational age 38–40 weeks, cervical dilation >4 cm and or effacement, contractions <10 min apart by tocodynamometry), women in labor preterm (PTL, gestational age 24–36 weeks by ultrasound), and women preterm but not in labor (PTNL, gestational age 27–36 weeks). Gestational timing was based on last menstrual cycle and ultrasound dating [20]. We did not observe significant differences in maternal age or parity between groups. Exclusion criteria included diagnoses such as HIV infection or AIDS, hepatitis C infection. Tissues were transported to the laboratory immediately in cold sterile transport buffer (120 mM NaCl, 5 mM KCl, 0.587 mM KH₂PO₄, 0.589 mM Na₂HPO₄, 2.5 mM MgCl₂, 20 mM dextrose, 0.5 mM CaCl₂, 25 mM Trizma base, 5 mM NaHCO₃, pH 7.4) [21]. Uterine samples were dissected to isolate smooth muscle and cut into strips for contractile studies or snap-frozen in liquid nitrogen and stored at –80°C for protein extraction.

MMP expression in human uterine tissue

To assess MMP2 protein expression in human myometrial tissue samples, we used a Wes Simple Western system (ProteinSimple, San Jose, CA), a capillary-based semiquantitative protein analysis tool. This automated machine performs size-based separation after sample loading, immunoprobining, and washing. The Wes system used for MMP2 analysis runs an internal standard and normalizes to total protein. Protein was extracted from frozen myometrial tissue samples in MAPK extraction buffer (60 mM Tris-HCl, 2% SDS, 10% Glycerol, 1 mM EGTA, 1 mM Na₂EDTA, pH 7.4) containing 1X Halt Protease and Phosphatase Inhibitor Cocktail, EDTA-free (Thermo Fisher Scientific, Waltham, MA). Samples were centrifuged, and the supernatant was collected. Extracted protein was quantified by EZQ Protein Quantification according to the manufacturer's instructions (Molecular Probes, Eugene, OR). Samples were reduced in 400 mM dithiothreitol and denatured by boiling. A biotinylated ladder (12, 40, 66, 90, 116, and 180 kDa) was used for molecular weight determination. Myometrial lysates (1 µg per lane) were loaded into each capillary and run together with fluorescent standards, which permit molecular weight normalization to the ladder. MMP2 was identified using a specific primary antibody (sc-13594;

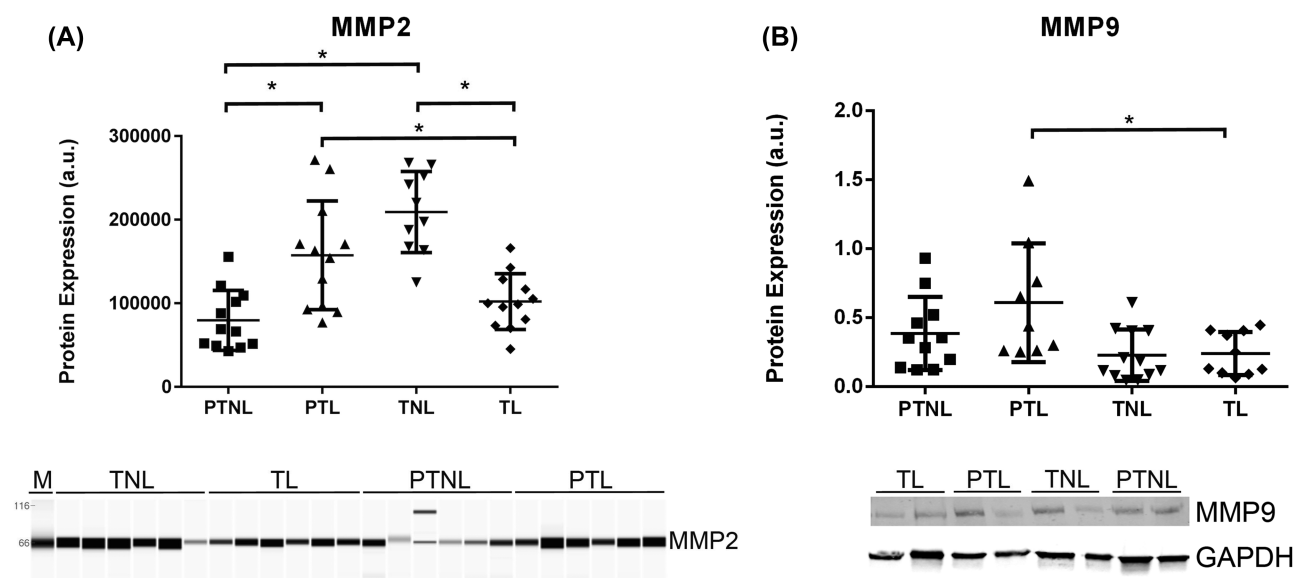


Figure 2. MMP2 and MMP9 expression is elevated in preterm laboring myometrial tissue. Wes (MMP2 $n = 6$ patients/group in duplicate) or Western (MMP9 $n = 9-12$ patients/group) analysis of samples from women in different states of pregnancy and labor (PTNL = preterm not in labor, PTL = preterm labor, TNL = term not in labor, and TL = term in labor). Women undergoing spontaneous PTL had higher MMP2 expression than gestational age-matched and term laboring controls ($P < 0.05$). MMP9 expression was higher in myometrial tissue from women undergoing spontaneous preterm labor than term laboring controls ($P < 0.05$). Representative images are shown. a.u. = arbitrary units. Scatter dot plots show mean \pm standard deviation.

different pregnancy groups (Figure 2). Indication for C/S varied widely. Average gestational parity was higher in the term nonlaboring group. There were no significant differences in maternal age or ethnicity between groups. Gestational ages were similar in the preterm laboring and nonlaboring groups; patients were approximately equally distributed between early and late preterm according to recent guidelines [20]. Detailed patient demographic information is outlined (Supplementary Table S1). Women undergoing preterm labor (PTL) had higher MMP2 expression than gestational age-matched nonlaboring controls (PTNL) and term laboring (TL) controls ($P < 0.05$). MMP9 protein levels were higher in the preterm laboring group when compared to the term laboring group ($P < 0.05$) (Figure 2). Therefore, MMP2/9 expression is elevated in preterm laboring tissue compared to nonlaboring samples of similar gestational age or to normal laboring tissue at term.

Effect of SB-3CT on the oxytocin-induced contractile response in term human myometrial tissue

In order to determine if elevated MMP2/9 levels could affect myometrial contractility in pregnant women, uterine strips from term nonlaboring patients were stimulated with oxytocin followed by the addition of the MMP2/9 inhibitor SB-3CT or vehicle control. We observed a dose-dependent and reversible effect of SB-3CT on the oxytocin-induced contractile response (Figures 3A and Supplemental Figure S2). We observed a 34% reduction in the contractile response as measured by area under the curve over time in tissue treated with 1 μ M SB-3CT compared to a 13% reduction in the vehicle-treated controls (Figure 3B).

Effect of purified MMP2/9 on the oxytocin-induced contractile response in term human myometrial tissue

In order to determine if the observed elevated MMP2/9 levels affect myometrial contractility in pregnant women, uterine strips from

term nonlaboring patients were stimulated with oxytocin followed by the addition of purified MMP2/9 protein. We observed a 36% increase in the contractile response as measured by area under the curve over time in MMP2/9-treated samples compared to vehicle controls (Figure 3C).

Discussion

The roles of MMP2/9 during pregnancy have previously been examined in mice, but the results have been complicated by functional compensation of other MMP family members [25, 26]. *Mmp2* null mice exhibit normal fertility [27]. *Mmp9* null mice were initially reported to be fertile [28]; however, further examination revealed that some *Mmp9* null strains were either infertile or produced small litters [29, 30]. These *Mmp9* null females exhibited defects in vascularization, placentation, implantation, and embryo development [30]. To our knowledge, the role of MMP9 during labor and parturition has not been examined in these animals, as such analyses would likely be complicated by the problems incurred during early pregnancy [29, 30].

We used SB-3CT to systemically inhibit MMP2/9 action during pregnancy in mice resulting in delayed parturition. Circulating MMPs may affect multiple tissues, perhaps the most relevant of which is the uterine cervix. Cervical epithelial cells produce and release MMP2 and MMP9 to promote collagen degradation and cervical dilation [31, 32]. Although our subsequent data indicate SB-3CT suppresses myometrial contraction, it is unclear whether the parturition delay stems from effects on uterine contraction, effects on remodeling of cervical, amniochorion, or uterine tissue, or a combination of factors.

Several laboratories have observed elevated MMP levels in amniotic fluid, placental tissue, cervical mucus plugs, and serum from preterm laboring patients [33-37]. We have shown that MMP2 and MMP9 are present in pregnant human myometrial tissue and that

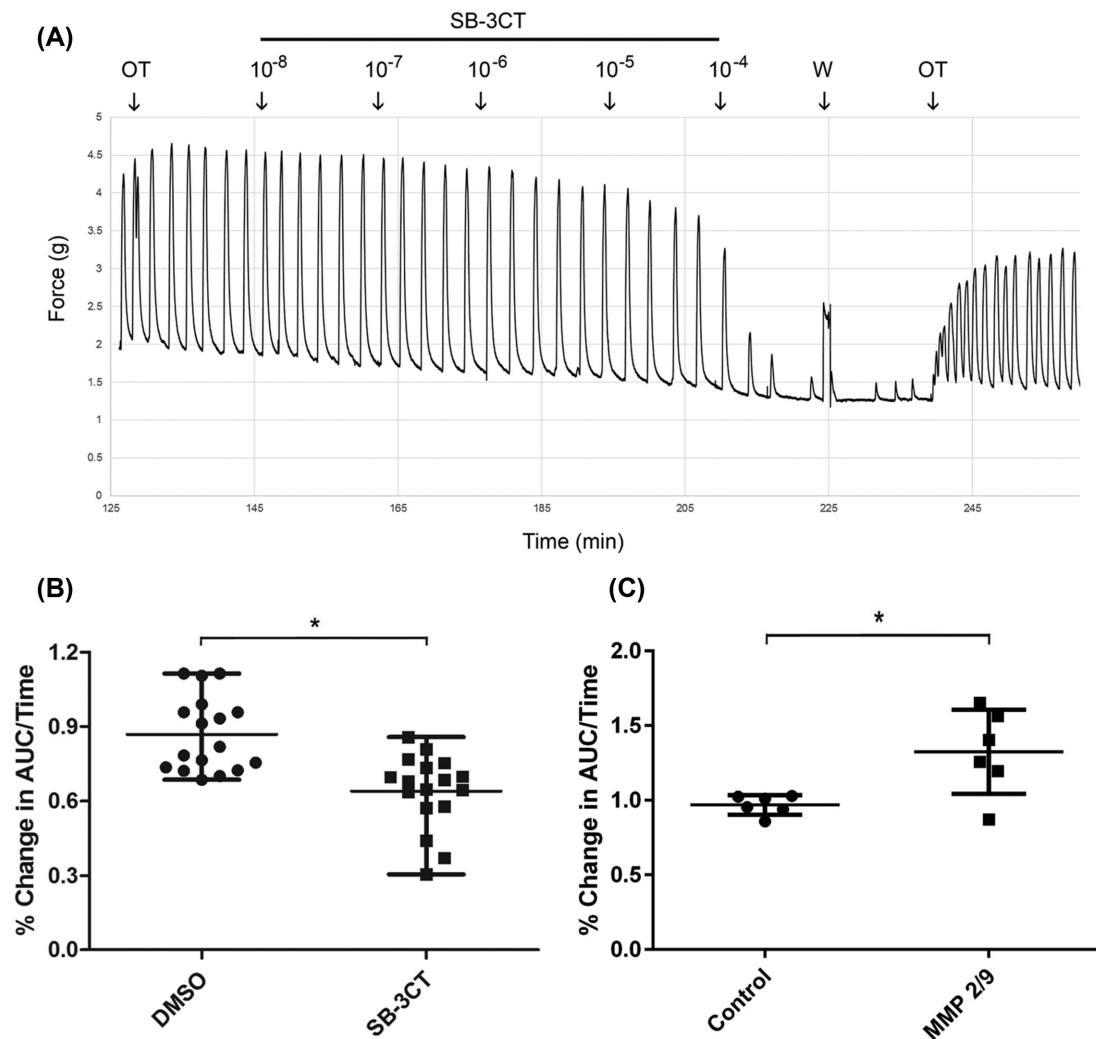


Figure 3. MMP2/9 inhibition reduces oxytocin-induced contraction in myometrial tissue from pregnant women, while addition of purified MMP2/9 enhances contraction. (A) Freshly isolated term nonlaboring myometrium was dissected, and uterine strips were tested for the ability to contract in response to 60 mM KCl. Tissues were then stimulated with 8 nM oxytocin (OT), and baseline contractions were recorded. Increasing concentrations of SB-3CT were added, followed by washout (W), and tissue was re-stimulated with 8 nM OT. (B) Vehicle or 1 μ M SB-3CT was added to tissue baths and contractile responses were compared ($n = 7$ patients in duplicate or triplicate); SB-3CT reduced mean contractile force by 34%. (C) Purified MMP2/9 (17 and 13 nM, respectively) or vehicle control was added to tissue baths, and changes in the contraction profiles were recorded ($n = 3$ patients in duplicate); MMP2/9 increased mean contractile force by 36%. Data in B and C are presented as the percent change in the area under the curve over time, * $P < 0.05$. Scatter dot plots show mean \pm standard deviation.

protein levels are elevated in preterm laboring samples. Variation between human tissue samples that could affect MMP expression may arise from a number of factors including indication for C/S, medications administered, gestational parity, and fetal sex [20]. Some of the MMP2/9 may be derived from vascular or immune cells; however, gelatinase activity was detected in extracts from isolated myometrial cell cultures (data not shown). Together these data indicate increased MMP2/9 expression is characteristic of preterm laboring myometrium and that some of this expression can be attributed to the myometrial cells.

Hormonal changes during pregnancy likely influence MMP levels [38]. Overexpression of MMPs before labor results in matrix breakdown and premature rupture of membranes [39, 40]. Administration of lipopolysaccharides or a progesterone receptor inhibitor to pregnant mice can be used to model preterm birth. These agents activate the complement cascade and induce MMP9 release from

macrophages [41]. Pretreatment with supplementary progesterone reduces MMP9 release and preterm birth in these animals [41]. Progesterone promotes myometrial quiescence, and one of the contributing mechanisms may be suppression of the inflammatory response and MMP secretion. Estrogen treatment increases MMP9, but not MMP2, activity in the mouse uterus [42]. Stress hormones such as corticotropin releasing hormone and urocortin increase MMP9 secretion in trophoblast, amnion, and syncytiotrophoblast cells [43]. These and other factors could individually or synergistically contribute to increased MMP expression in preterm laboring myometrium.

Both term and preterm parturition can be viewed in part as inflammatory processes [44], and infection is a major cause of spontaneous preterm birth [6, 13, 45]. In fetal membranes, MMP activity is upregulated by inflammatory cytokines [46], and cytokine levels are increased in tissue extracts from preterm labor patients [46–48].

Inflammatory cytokines initiate prostaglandin production leading to myometrial contraction [49–51]. $\text{PGF}_{2\alpha}$ stimulation also increases MMP expression and activity in decidual tissue from term patients [52]. Together, these observations suggest that inflammation may underlie increased myometrial MMP2/9 expression in the preterm laboring uterus and drive a more contractile phenotype.

In our experiments, MMP2/9 inhibition reduced the contractile response in a dose-dependent and reversible manner. At the concentration closest to the K_i for MMP9, SB-3CT reduced the oxytocin-induced contractile response while addition of physiologically relevant concentrations of purified MMP2/9 increased the contractile response (Figure 3) [53]. In contrast, pretreatment of pregnant rat myometrial tissue with MMP inhibitors enhanced oxytocin-induced contraction while addition of MMP2 or MMP9 caused relaxation [16]. It is not clear why MMP2/9 and SB-3CT treatment appear to have opposite effects in rat vs. human tissues. These observed differences might be attributed experimental method. Yin et al. administered MMP2/9 inhibitors to tissue during the tonic phase of contraction and observed an immediate response. In contrast, we measured the contractile response over several minutes. Most data indicate MMP2/9 have procontractile effects in other cell and tissue types [54–57], although some studies have found the opposite effect [58, 59]. In one study, MMP9 was found to have a biphasic effect on contraction, which might explain these apparently contradictory observations [18]. Our data indicate that, at physiologically relevant concentrations, MMP2/9 enhance the oxytocin-induced contractile response in human uterine tissue.

Our data indicate that elevated MMP levels enhance myometrial contractility and may contribute to the onset of labor. In addition to their traditional role in matrix remodeling, MMPs can act on signaling molecules to affect their activity and mediate cellular responses [32, 60]. MMPs can also cleave cytoskeletal substrates, resulting in increased force during muscle contraction [61]. The rapid change in contractile response suggests that MMP2/9 act via novel mechanisms in uterine tissue [16].

Supplementary data

Supplementary data are available at [BIOLRE](https://doi.org/10.1002/biol.12345) online.

Supplemental Figure S1. Purified HIS-MMP2 (solid arrows) or and HIS-MMP9 (dashed arrows) were subjected to electrophoresis and then stained for total protein (A) or subjected to gelatin zymography (B). Gelatinase of purified proteins was compared to that of endogenous activity in human myometrial tissue (myo). Both enzymes were relatively pure (with the exception of bands corresponding to albumin) and displayed gelatinase activity as expected.

Supplemental Figure S2. Freshly isolated term nonlaboring myometrium was dissected, and uterine strips were tested for the ability to contract in response to KCl. Contracting tissue was then stimulated with oxytocin, and baseline contractions were recorded. Increasing concentrations of SB-3CT (10^{-8} – 10^{-4}) were added at 10-min intervals, and the percent change in the area under the curve over time was determined.

Supplemental Table s1. Protein Expression Patient Information.

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