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Systems biology approaches to identify disease mechanisms and facilitate targeted therapy in the management of glomerular disease

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Abstract

Purpose of review—Current clinical pathological classifications of glomerular diseases are inadequate at predicting patient disease progression or response to therapy. With the advent of precision medicine and its successes in oncology, it is important to understand if similar approaches in glomerular diseases can improve patient management. The purpose of this review is to summarize approaches to obtain comprehensive molecular profiles from human biopsies and utilize them to define the pathophysiology of glomerular failure.

Recent findings—Multicenter research networks have provided the framework to capture both prospective clinical disease course and patterns of end organ damage in biopsy cohorts. With these sample and data sets in hand, efforts are progressing towards molecular disease characterization, identification of novel prognostic marker, development of more precise clinical trials and discovery of predictive biomarkers to more effectively stratify patients to appropriate treatment regiments. Partnerships between academia, public funding agencies and private companies seek to improve timelines and maximize resources while also leveraging domain expertise in an integrated framework to holistically understand disease.

Summary—The application of system biology techniques within team science frameworks across disciplines and continents will seek to realize the impact of precision medicine to bring urgently needed novel therapeutic options to patients with glomerular disease.

Keywords

glomerular disease; kidney disease; precision medicine; system biology

INTRODUCTION

Patients with glomerular disease present with a disease driven by dysfunction of specific segments of the nephron, but with nonspecific, syndromic disease presentations. Access to kidney tissue via renal biopsy has been an essential tool to link nonspecific clinical

Conflicts of interest

There are no conflicts of interest.

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presentations to distinct structural damage pattern in the glomerulus and along the nephron. These damage patterns are subsequently linked to systemic autoimmune (i.e. systemic lupus erythematosus, vasculitis) or metabolic (diabetic nephropathy) diseases or aggregated into groups of intrinsic renal diseases [i.e. focal segmental glomerulosclerosis (FSGS), membranous nephropathy, and minimal change disease (MCD)]. However, the current disease classification has limited ability to predict an individual patient's response to therapy or disease progression, as it does not accurately explain the underlying molecular disease heterogeneity. A molecular-pathophysiological characterization will help to understand the underlying mechanistic causes of the disease and abnormal biology to inform novel intervention strategies with increased efficacy and reduced toxicity [1–3].

The development of molecular profiling techniques underlying precision medicine married with the fact that renal tissue is readily available presents a unique opportunity for precision medicine to advance our understanding of glomerular disease and help improve patient care.

Precision medicine is essentially the generation, analysis, and understanding of molecular characterization data to more accurately diagnose and treat a patient (i.e. the right drug at the right time for the right patient). Precision medicine is often driven by large-scale molecular profiling technologies (also referred to as omics technologies), which can define a prospective tissue at the different layers of molecular characterization, including the genome, transcriptome, proteome, metabolome, lipidome, and epigenome level. These types of data paint a multidimensional image of a patient's disease and can help to define the specific mechanism and the molecular abnormalities underlying its progression (Fig. 1).

One of the biggest challenges in precision medicine, however, is to define opportunities and challenges and manage expectations for this approach. The oncology field, which is generally regarded as the most advanced in the application of precision medicine may be used as an example to help contextualize the expectations of precision medicine by the kidney disease community. Substantial efforts and resources have been dedicated to precision medicine approaches in oncology, leading to initial successes, which can generally be summarized into four categories: molecular characterization of disease subtypes via improved understanding of the underlying molecular pathophysiology, improved clinical management through the use of prognostic biomarkers to define patient populations most likely to benefit from intervention, design of targeted clinical trials via molecularly informed patient stratification, and finally identification of predictive biomarkers to monitor individual patient's responses to targeted therapies based on the patient's disease biology.

MOLECULAR DISEASE CHARACTERIZATION

Large-scale consortia like The Cancer Genome Atlas (TCGA) and International Cancer Genome Consortium (ICGC) molecularly characterize cancer disease subtypes. The networks use multiple omics approaches including transcriptomic, proteomic, genetic, metabolomics, and epigenetic analysis for a deeper understanding of the disease's molecular pathophysiology.

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Parallel efforts are also underway in glomerular disease (NEPTUNE, KPMP, AMP and CureGN). A concern raised towards implementing a molecular disease characterization approach in kidney disease is that it is much more difficult to procure the same sample sizes as those obtained in the large cancer consortiums like TCGA (n = 11000) and ICGC (N = 17000). Upon further analysis, the disease-specific subcohorts used for molecular analysis that resulted in the majority of the clinically relevant findings were significantly smaller. There were over 11 000 patient samples collected in the overall TCGA cohort but the average number of samples per disease cohort was 300. In fact, in a survey of the 212 study cohorts curated in the cancer cBioportal, 22% have less than 50 samples and the majority had less than 200 samples (65%), indicating that meaningful information can be derived from omics studies with less than 200 patients. Specifically, 99 out of the 137 studies (73%) in cBioportal with less than 200 patient led to meaningful novel discoveries that were published in high impact peer-reviewed journals.

It is, therefore, reasonable to expect meaningful results from studies with sample curation of 50 samples, which is very well within the sample resource constraints within the ongoing kidney disease cohorts. As an example, the Nephrotic Syndrome Study Network (NEPTUNE) consortium, which enrolls adults and pediatric patients presenting with a clinical diagnosis for FSGS, MCD, or membranous nephropathy, has already collected detailed prospective clinical data and biological material including biopsies for molecular profiling from more than 450 Nephrotic Syndrome research participants. This type of sample size is well above the average enrollment for any of the major cancer studies mentioned above. The long-term observational data gathered include tissue level molecular profile such as transcriptome analysis. These data sets can be used not only to help further molecular characterization of Nephrotic Syndrome but also identify molecular subtypes useful for novel therapeutic strategies. To date this study has led to 35 publications including clinical, molecular, and genetic findings regarding

Nephrotic Syndrome, comparable in size to the efforts in oncology and can advance our understanding of the molecular pathophysiology. For example, the molecular mechanism mediating the excessive risk linked to variance in apolipoprotein L1 (APOL1) for glomerular diseases [like HIV-associated nephropathy (HIVAN), FSGS and lupus nephritis) and end-stage renal disease (ESRD) in black patients [4–6] are being analyzed via integrative genomics strategies in human biopsy tissues [7].

The NIDDK's Kidney Precision Medicine Project's (KPMP, see www.kpmp.org) overarching goal is to display the molecular phenotypes of acute kidney injury (AKI) and chronic kidney disease (CKD) in their structural context and develop a readily accessible kidney tissue atlas for the renal research community and people suffering from kidney disease. The consortium will utilize next generation technologies for assignments of molecular states to renal tissue with high spatial resolution to aid in the development and implementation of targeted therapies.

The specific goal of these analyses is to address the tissue heterogeneity common to complex organ systems. The kidney shows high complexity in this context as each of the one million nephrons [8^{III}] is a highly specialized unit requiring spatially tightly defined cellular

functions to generate and process the glomerular ultrafiltrate [9]. The renal cells are distinguishably by gene expression patterns and vary in origin and exist in various states of activity and metabolism at one time. In-silico nano-dissection methods exist to deconvolute the bulk transcriptome to identify unique renal cell type signatures [10] but these approaches are most effective when paired with data derived from single-cell analyses to discern the cell-type-specific molecular markers associated with the unique cells. Both approaches can be useful for determining cell-type specific roles in disease causality and molecular subtypes.

Robust information can also be derived from meta analyses of heterogeneous studies. For example, in the TCGA ovarian cohort, when the researchers integrated data from three different gene expression platforms, only 11864 out of the more than 20 000 genes were used for transcriptional analysis and those were enough to molecularly characterize four novel subtypes of ovarian cancer that associated with clinical outcome [11]. The authors also needed to address batch effects between the studies and after combining all data identified ~1500 genes to perform their clustering analysis. Despite these challenges, four molecular subtypes of ovarian cancer were identified, which were subsequently validated independently using a well annotated cohort profiled on a single array platform with longer follow-up [12].

PROGNOSTIC BIOMARKERS

Prognostic biomarkers based on genomic tests derived from transcriptional signatures are now used to clinically manage patients and predict outcomes in breast and ovarian cancer. The landmark breast cancer article in which microarray gene expression was utilized to describe molecular subtypes in breast cancer included only 42 patient samples [13]. Perou's seminal publication describing molecular subtypes in breast cancer has accumulated over 12000 citations. Although larger studies since then have further refined the subtypes, the original subtypes they described were meaningful to clinical decision-making in breast cancer and provided the basis for Food and Drug (FDA)-approved gene expression signatures as prognostic biomarkers [14]. These tools are now utilized to determine patients with good prognosis who are needed to be monitored rather than subjected to aggressive forms of therapies. Similar type of strategies could be envisioned in glomerular disease to identify molecular signatures to improve the clinical management of patients [15]. Those patients with a good prognosis can be managed with current clinical protocols and monitored regularly rather than being subjected to aggressive therapies like immunologics with known toxicities [16–18].

The hope is that the multiscalar data integration approaches in the glomerular disease consortia will lead to the development of molecular signatures useful for clinical decision-making [19]. Similarly, the Biomarker Enterprise to Attack diabetic kidney disease (BEAt-DKD) is a large international consortium with the objective of utilizing a system biology approach to identifying and validating novel predictive and prognostic biomarkers in DKD (for more on BEAt-DKD see the public and private partnership section below).

So far, the prognostic markers in the kidney disease are single markers. The hallmark finding that illustrates how a single study can change an entire disease area is the identification of podocyte membrane glycoprotein, N-type phospholipase A2 receptor (PLA2R), as the first and dominant autoantigen discovered in primary membranous nephropathy [20]. PLA2R-positive membranous nephropathy is now a molecular defined disease entity and PLA2R antibody levels are starting to be utilized as diagnostic biomarker predictive of lower risk of spontaneous or immunosuppressant-induced remission, higher risk of Nephrotic Syndrome and ESRD [21–23]. Kidney injury molecule 1 (KIM-1) is an epithelial transmembrane glycoprotein, which has emerged as a marker of tubular injury [24–26]. Neutrophil gelatinase-associated lipocalin (NGAL) levels can distinguish acute kidney injury (AKI) and prerenal AKI and associated with unfavorable outcome [27]. Epidermal growth factor was identified in a comprehensive transcriptomic-based CKD biopsy study from a list of candidate biomarker associated with CKD progression, kidney tissue specificity, and correlation between its mRNA levels in kidney biopsies and urinary protein level [28,29^{II}].

NOVEL TRIAL DESIGN

Novel trial designs based on molecular profiling data are being implemented to test precision medicine-based therapies [LUNG-MAP (NCT02154490), NCI-MATCH (NCT02465060), TAPUR(NCT02693535), and ENTRECTINIB (NCT02568267)]. For example, the landmark TCGA study in squamous cell lung cancers that led to the Lung MAP clinical trial included 178 patient samples [30]. This 'first-of-its-kind clinical trial model uses a multidrug, targeted screen approach to match investigational new treatments based on the unique tumor profiles of a patient' (https://www.lung-map.org/about-lung-map) [31]. Molecular profileinformed clinical trial designs are coming within reach based on data emerging from the ongoing glomerular disease cohort studies like NEPTUNE. One challenge for patient stratification in clinical trials will be to balance recruitment of a preselected patient population based on molecular signature and eliminating likely nonresponders with the need to effectively accrue patients. Defining novel clinical trial end points like proteinuria remission or 40% reduction in eGFR is further improving feasibility of clinical trials in glomerular diseases. The emergence of consortiums in renal disease, which mirror the large cancer consortium will help in patient accrual and implementing precision medicine trials in glomerular disease. Furthermore, a shift in paradigm towards public-private partnerships (see below) for efficient clinical development and implementation can enhance clinical trial capacity further.

PREDICTIVE BIOMARKERS

FDA-approved predictive biomarkers based on genomic tests utilizing mutational analysis are part of targeted therapies in lung (EGFR) [32], ovarian (BRCA) [33], and skin cancers (BRAF) [34] and help stratify patients to the appropriate therapy regimen. Although, it is well established that cancer is a disease of the genome, the discoveries in oncology are not necessarily related to mutational changes only. A landmark breast cancer study used transcriptional profile as a predictive biomarker. The cyclin dependent kinase (CDK) inhibitor palbociclib, which had failed to reach market, obtained FDA approval to treat hormone receptor positive HER2-advanced or metastatic breast cancer after clinical trials

were designed based on a preclinical molecular profiling study that used gene expression data from 47 human breast cancer cell lines to help identify a responsive molecular subtype [35,36]. Iorio *et al.* [37^{III}] demonstrated in a recent *Cell* article that gene expression data in contrast to mutation, copy number variation, or DNA methylation data were most predictive of response to drugs.

In renal disease, the Janus kinase signal transducer and activator of transcription (JAK-STAT) pathway was identified as biological target for pharmacological intervention from a transcriptomic study in diabetic kidney disease (DKD) biopsies [38]. JAK and STAT are important regulators of the inflammatory signaling molecule such as IL-16, IL-12, IL-23, and interferon-alpha. The binding of such ligands to their receptors leads to an activation of the signaling pathway that results in the transcription of pro-inflammatory target genes like *CCL2, IL-24,* and *SOC1,* which are a major genetic signature in DKD and lupus nephritis [38–40]. Differential gene expression analysis comparing transcriptomes collected from the tubulointerstitial and glomerular compartment from early and late stage DKD with controls identified the activation of the pathway, specifically differential regulation of the downstream transcriptional targets [38]. This discovery led to a phase II clinical trial [41^{II}], which demonstrated that a JAK1/2 inhibitor can significantly reduce albuminuria in patients with DKD.

Subsequently, expression and urinary excretion of CCL2 [42–44], a target of the JAK STAT pathway, is increased in patients with diabetic nephropathy and blockage of its interaction with CC-chemokine receptor 2 (CCR2) in animal models reduces progression of the disease [45,46]. High urinary CCL2 levels are also associated with worse outcomes [47]. Thus, several studies have explored CCR2 inhibitors in human DKD, testing their ability to reduce proteinuria in patients (NCT017120161, NCT01447147).

PUBLIC-PRIVATE PARTNERSHIP AS THE NEXT LEVEL OF SYSTEM BIOLOGY

Just as there is a continuum of data types from the clinical data to the phenotype and genotype, a similar continuum exists for the drug development processes that stretches from public academic entities and funding institutions, nonprofit disease advocacy groups, and private entities like molecular diagnostic companies and biopharmaceutical companies. Each data type provides a unique insight into the molecular pathophysiology of the disease. Linking data with each other in an integrated analytic approach can lead to enhanced molecular characterization of the disease for therapeutic target identification. Similarly, each entity along the drug development process has established domain expertise. Public–private partnership in precision medicine aims to integrate the diverse expertise with the goal to enhance the utility of the systems biology approach and further accelerate the development of novel therapies.

The Accelerating Medicine Partnership (AMP) Rheumatoid Arthritis (RA)/Lupus Network (LN) is a prime example of this type of initiative and is a collaborative group effort involving the National Institute of Health (NIH), the US FDA, biopharmaceutical companies, and an investigative community from many nonprofit academic organizations.

AMP RA/LN aims to leverage systems biology combined with single cell-profiling approaches to accelerate the discovery of novel biomarkers and relevant targets for the treatment of RA, lupus and related autoimmune disease.

BEAt-DKD is an international public–private partnership specifically developed for diabetic kidney disease with the aim of utilizing systems biology approaches to develop prognostic and predictive biomarkers to improve the clinical outcome for patients. BEAt-DKD is leveraging insight gained by preceding European Union-funded activities in systems biology of renal disease (SysKid and Summit) and is now integrating these large cohort data sets including clinical, pathological, and biochemical parameters. The group has already identified five novel subtypes of diabetes [48^{III}], which robustly predict of risks for diabetic complications like DKD with the potential to identify early treatment options for patients at high risk of complications.

The Renal Pre-Competitive Consortium (RPC²) is a public–private partnership with the specific aim of accelerating drug development in chronic kidney disease (CKD) through the use of a systems biology approach to identify both prognostic and predictive biomarkers as well identify targets for novel drug discovery. The data types include clinical data from routine diagnostics, morphometry digital disease, gene expression, genome-wide association studies (GWAS) from kidney biopsies, and proteomic and metabolomics data from blood and urine specimen [49^{III}].

CONCLUSION

Precision medicine has helped to improve treatment and increase survival for cancer patients. In kidney disease, first successes of this approach are emerging defining molecular subtypes like PLA2R-positive membranous nephropathy or inflammatory subtypes in DKD. Looking at the landscape of precision medicine in kidney disease, a critical element of success will be to further develop collaborative approaches across disciplines and continents, which evidently have been so successful in cancer research. This strategy will not only benefit from pooling resources but also most importantly can accelerate the time window to bring urgently needed novel therapeutic options to patients with CKD.

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An informative discussion about the establishment of a specific public private partnerships (RPC2) and how the partnership can strengthen the utility of multiscalar data.

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KEY POINTS

- Multidisciplinary precision medicine consortiums in glomerular disease will help advance our understanding of the molecular pathophysiology in patients with glomerular disease.
- The precision medicine efforts in glomerular disease are using next generation application of traditional omics technologies to untangle the molecular and cellular heterogeneity in kidney tissue.
- Multiscalar data integration approaches are aimed to develop molecular signatures useful for therapeutic target identification, patient stratification and ultimately clinical decision-making.
- Public-private partnership represents the next level of system biology application to improve the timeline of bench to bedside discoveries.

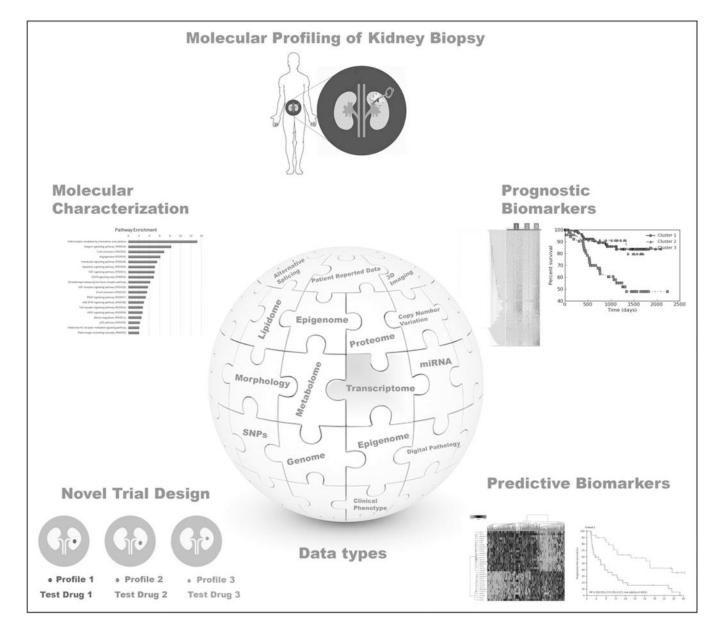


FIGURE 1.

Precision medicine in glomerular diseases. In glomerular disease, molecular profiling technologies can be key to defining prospective tissue at the different layers of molecular characterization. This approach can paint a more global multidimensional image of a patient's disease, which can lead to improved molecular disease characterization and trial design as well as leading to novel prognostic and predictive biomarkers.