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## Frequency Change Detection and Speech Perception in Cochlear Implant Users

Fawen Zhang<sup>1</sup>, Gabrielle Underwood<sup>1</sup>, Kelli McGuire<sup>1</sup>, Chun Liang<sup>1,2</sup>, David R. Moore<sup>3,4</sup>, and Qian-Jie Fu<sup>5</sup>

<sup>1</sup>Department of Communication Sciences and Disorders, University of Cincinnati, Ohio, USA;

<sup>2</sup>Shenzhen Maternity & Child Healthcare Hospital, Shenzhen, China

<sup>3</sup>Communication Sciences Research Center, Cincinnati Children's Hospital Medical Center, Cincinnati, OH, USA;

<sup>4</sup>Department of Otolaryngology, University of Cincinnati, Ohio, USA;

<sup>5</sup>Department of Head and Neck Surgery, University of California, Los Angeles, Los Angeles, CA, USA;

### Abstract

Dynamic frequency changes in sound provide critical cues for speech perception. Most previous studies examining frequency discrimination in cochlear implant (CI) users have employed behavioral tasks in which target and reference tones (differing in frequency) are presented statically in separate time intervals. Participants are required to identify the target frequency by comparing stimuli across these time intervals. However, perceiving dynamic frequency changes in speech requires detection of within-interval frequency change. This study explored the relationship between detection of within-interval frequency changes and speech perception performance of CI users.

Frequency change detection thresholds (FCDTs) were measured in 20 adult CI users using a 3-alternative forced-choice (3AFC) procedure. Stimuli were 1-sec pure tones (base frequencies at 0.25, 1, 4 kHz) with frequency changes occurring 0.5 sec after the tone onset. Speech tests were 1) Consonant-Nucleus-Consonant (CNC) monosyllabic word recognition, 2) Arizona Biomedical Sentence Recognition (AzBio) in Quiet, 3) AzBio in Noise (AzBio-N, +10 dB signal-to-noise/SNR ratio), and 4) Digits-in-noise (DIN). Participants' subjective satisfaction with the CI was obtained. Results showed that correlations between FCDTs and speech perception were all statistically significant. The satisfaction level of CI use was not related to FCDTs, after controlling for major demographic factors. DIN speech reception thresholds were significantly correlated to AzBio-N scores.

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Corresponding author: Fawen Zhang, Department of Communication Sciences and Disorders, University of Cincinnati Cincinnati, Ohio, USA, Phone: 513-558-8513, Fax : 513-558-8500, Fawen.Zhang@uc.edu.

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The current findings suggest that the ability to detect within-interval frequency changes may play an important role in speech perception performance of CI users. FCDT and DIN can serve as simple and rapid tests that require no or minimal linguistic background for the prediction of CI speech outcomes.

### Keywords

cochlear implant; speech perception; frequency change detection

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### Introduction

The World Health Organization reports that approximately 5% of the world's population has disabling hearing loss as of 2018. For individuals with bilateral severe-to-profound hearing loss, cochlear implantation has been an effective treatment. There are about 500,000 cochlear implant (CI) users worldwide (US: 150,000). The number of CI users will substantially increase in the near future because of the broadened criteria for implant candidacy, earlier diagnosis of hearing loss and treatment, improved CI technologies, and reduced costs (Carlson et al., 2012; Alice et al., 2013; Vlastarakos et al., 2014; Raine et al., 2016).

Despite the impressive ability of CIs to improve sound audibility and speech understanding in general, several major challenges remain to realizing maximum benefits from CIs. One challenge is the substantial variability of CI speech outcomes due to the complex interplay of patient demographics, electrode placement, and neural and cognitive function (Raine et al., 2016; Holder et al., 2018). To address this challenge efficiently in the clinic, there is a need to identify simple assessment measures that could be used to quickly evaluate or predict CI outcomes. Such assessment measures have a greater value nowadays, given that more people are implanted and the demand for convenient patient care (e.g., telehealth, remote care, and patient self-service) is rising (Cullington et al., 2018).

The other challenge in the CI field is the relatively poor performance of pitch-based listening tasks, largely due to the technological restraints (Carlson et al., 2012). Specifically, while a healthy cochlea transmits temporal-frequency information of sounds through approximately 3000 inner hair cells, CIs deliver a highly degraded version of such information resulting from signal processing (e.g., signal compression, bandpass filtering, temporal envelope extraction) and only a small number (up to 22) of electrodes. The real number of spectral channels used for most CI users is likely less than 8 due to factors including channel interactions and frequency-to-electrode mismatches (Fu et al., 2004). Signal processing also removes temporal fine structure that normal hearing listeners can use to extract pitch information (Lorenzi et al., 2016). Furthermore, neural degeneration related to long-term deafness in CI users exacerbates their compromised ability to detect frequency differences of sounds (Sek & Moore, 1995; Moore, 1996).

The perception of speech and non-speech stimuli in our environment generally requires the auditory system to detect rapid dynamic frequency changes over time (e.g., voice fundamental frequency contours, spectral shapes of vowels, formant transitions, etc., Parikh

& Loizou, 2005; Patel & Grigos, 2006; Cheang & Pell, 2008; Moore, 2008; McDermott et al., 2010). Due to relatively poor frequency resolution provided by a CI speech processor, it is not surprising that CI users typically do poorly in pitch-related listening tasks, such as melody perception, speech prosody (e.g., mood) differentiation, talker gender identification, tone perception, and segregation of sounds from different sources or different talkers (Gfeller et al., 2002; Fu et al., 2004; Looi et al., 2004; Zeng et al., 2005; Gfeller et al., 2007; Chatterjee & Peng, 2008; Drennan & Rubinstein, 2008; Oxenham, 2008; See et al., 2013; Looi et al., 2015; Brant et al., 2018).

Examining the correlations between frequency perception using psychoacoustic measures and speech perception performance in CI users has important implications. For instance, such studies can reveal fundamental mechanisms underlying speech perception through the CI, which is important in finding effective strategies to improve speech outcomes (Lorenzi et al., 2006); moreover, the psychoacoustic measures correlated with speech outcomes can also be used as non-linguistic tasks to assess CI outcomes in patients who cannot perform speech tasks reliably (e.g., young age, cognitive impairment; Drennan et al., 2016; Winn et al., 2016).

There are different approaches to measuring frequency discrimination (Sek & Moore, 1995). One approach is to use a pitch discrimination or ranking task (Looi et al., 2004; Vandali et al., 2005; Zeng et al., 2005; Gfeller et al., 2007; Pretorius & Hanekom, 2008; Kang et al., 2009; Kenway et al., 2015; Brown et al., 2017). Such tasks generally present target and reference tones over 2 or 3 separate time intervals. Participants must differentiate the target tone from reference tone (which one is different) or judge direction of pitch change between target and reference tones (which one has higher pitch). These tasks are not about merely detecting frequency changes per se, as the auditory system needs to detect the onset of the target frequency and the reference frequency for neurophysiological comparison. Evidence has shown that different neural mechanisms are involved in detecting the onset of a stimulus and frequency change embedded in the stimulus (Dimitrijevic et al., 2008; Liang et al., 2016; Brown et al., 2017).

A second approach is to use a modulation or spectral ripple task. The modulation task examines the minimum modulation frequency of an amplitude- or frequency-modulated stimulus relative to the unmodulated reference (e.g., participants indicate which stimulus is modulated). Spectral ripple tasks determine the minimum detectable modulation depth, or spectral contrast, in a spectral ripple stimulus. Numerous studies have used these tasks to examine spectral resolution of CI users (Zeng, 2002; Zeng et al., 2005; Won et al., 2007; Chatterjee & Peng, 2008; Landsberger, 2008; Kreft et al., 2013; Gifford et al., 2014; Lopez Valdes et al., 2014; Jeon et al., 2015; Winn et al., 2016; Brown et al., 2017). Similar to the first approach, these tasks require the participant to detect the perceptual difference between sequentially presented target and reference stimulus, thereby testing the ability to detect cross-interval frequency changes.

A third approach, used here, examines detection of minimal frequency change within stimuli that have embedded frequency changes. To our knowledge, such a stimulus paradigm has only been used in electrophysiological studies involving normal hearing listeners

(Dimitrijevic et al., 2008; Pratt et al., 2009; Liang et al., 2016; Patel et al., 2016). Our previous studies first used such a stimulus approach in a study examining auditory evoked potentials in CI users (Liang et al., 2018). The advantage of this approach is that it allows for the examination of neural responses evoked by the stimulus onset (e.g., onset cortical auditory evoked potential) and the response evoked by the frequency change (e.g., acoustic change complex). This approach may better estimate the listeners' ability to detect frequency changes embedded in the speech signals (such as formant) by minimizing the interference of stimulus onset cues.

While pitch discrimination in CI users can be examined using direct electrical stimulation (Zeng, 2002; Kreft & Litvak, 2005; Donaldson et al., 2005; Reiss et al., 2007; Chatterjee & Peng, 2008; Kong et al., 2009; Zeng et al., 2014), tasks presented in a sound field can provide information on pitch perception through the sound processor, which is the way CI users perceive speech in their daily lives (Wei et al., 2007; Pretorius & Hanekom, 2008; Vandali et al., 2015). The specific aim of this study was to examine CI users' ability to detect within-interval frequency changes in tones presented in free-field and to explore correlations with measures of speech perception.

## Materials and Methods

### Participants

Twenty adult CI users (12 females and 8 males; 20–83 years old) participated in this study (Table 1). All participants were right-handed, native English speakers without any history of neurological or psychological disorders. The CI users wore devices from Cochlear Corporation (Sydney, Australia) and they all had severe-to-profound sensorineural hearing loss bilaterally prior to implantation. Of the 20 users, 11 wore CIs bilaterally and 9 wore one CI only (6 wore hearing aids in the non-implanted ear). A total of 28 CI ears were tested separately (3 bilateral CI users were tested in one CI ear only). In these 28 tested CI ears, 3 used hybrid devices (short electrodes) and the other used devices with standard-length electrodes. All tested CI ears had used the CI for daily communication for at least 3 months. This study was approved by the Institutional Review Board of the University of Cincinnati. Participants gave written informed consent before participating in the study and were paid for their participation in this study.

### Procedure

Participants were tested for hearing thresholds using pulsed tones to ensure audibility of sound presented through their CI processors. Psychoacoustic (frequency change detection task) and speech (CNC word, AzBio sentence in Quiet, AzBio sentence in Noise, and Digit-in-Noise tests) tasks were then conducted, in a randomized order. All tests were performed inside a double-walled sound treated room. Acoustic stimuli were presented via a loudspeaker in the sound field located at approximately 4 ft from the patient at head height, at 0-degree azimuth, and at approximately 70 dBA. CI users were allowed to adjust their processor sensitivity setting to the most comfortable setting. A questionnaire was administered to collect demographic data and information on how satisfied the participants were with their use of CI in the daily life (1–10, with 10 representing the greatest

satisfaction). For CI users wearing two CIs, they were asked to answer the questions for each ear. All 28 CI ears were tested with all procedures except 4 ears, for which AzBio in Noise, the DIN test, and subjective evaluation of satisfaction level were not completed.

**Psychoacoustic task**—A series of pure tones bursts (0.25, 1, 4 kHz, 1-sec duration, 20 ms raised cosine ramps) were generated using Matlab at a sample rate of 44.1 kHz. Another series of tones of the same base frequencies contained upward frequency steps at 0.5 sec post-onset. Step magnitude varied from 0.5% to 200% and step change occurred for an integer number of base frequency cycles. Change occurred at 0° phase (zero crossing) to prevent audible transient clicks (Dimitrijevic et al., 2008). Amplitudes of all stimuli were equalized.

Three different base frequencies (0.25, 1, 4 kHz) were used in the present study. The frequency of 0.25 kHz is in the range of the fundamental frequency (F0) of the human voice. The frequencies of 0.25, 1, and 4 kHz are assigned to the electrodes in the apical, middle, and basal regions of the cochlear in the frequency allocation map (Skinner et al., 2002). Thus, the use of these three base frequencies may reveal the difference/similarity of how the auditory system may process changes in low and high frequency ranges (Pratt et al., 2009).

Stimuli were presented using Angel Sound (<http://angelsound.tigerspeech.com/>). An adaptive, 3-alternative forced-choice (3AFC) procedure was employed to measure the minimum frequency change the participant was able to detect. In each trial, a target stimulus (a tone with a frequency change in the middle of the tone) and two standard stimuli (the same tone with no frequency change in the middle) were included. The order of standard and target stimuli was randomized and the interval between the stimuli in a trial was 0.5 sec. The participant was instructed to choose the target signal (which one is different from the other 2 stimuli) by pressing the button on the computer screen and no feedback was given. The target stimulus of the first trial always contained a frequency change of 18% above the base frequency, with the step size adjusted according to a transformed up-down staircase technique based on the participants' response. The 2-down 1-up staircase technique was used to track the 79% correct point on the psychometric function. Each response alternation is counted as a response reversal. Any test run that had less than 6 response reversals in 35 trials was discarded and repeated. The frequency change detection threshold (FCDT) at each reference frequency was calculated as the average of the last 6 reversals. The order of the 3 base-frequency conditions was randomized and counterbalanced across participants.

### Speech tests

**Consonant-Nucleus-Consonant (CNC) Word Recognition Test:** The CNC word recognition test was administered to assess open-set monosyllabic word recognition in quiet. The CNC word recognition test is part of the Minimum Speech Test Battery (MSTB) that has been recommended by clinicians and researchers for adult CI users (Firszt et al., 2002; Gifford et al., 2015). The test contains 500 monosyllabic words (consonant-vowel-consonant), divided into ten phonemically balanced lists of 50 words. Each recorded word is spoken by the same male speaker and is preceded by the carrier word "Ready," with three practice words at the beginning of each list. In this study, one CNC word list was

administered to each CI ear. Participants were instructed to repeat each word that they heard and to guess if they were unsure. Results were manually recorded by the experimenter and expressed as percent correct for words and phonemes.

**Arizona Biomedical Sentence Recognition Test in Quiet (AzBio-Q):** The AzBio Sentences (Spahr et al., 2012) is another commonly used speech perception measure in numerous CI studies (Massa & Ruckenstein, 2014; Dorman et al., 2015; Roland et al., 2016; Holder et al., 2018). AzBio-Q sentences are recordings of a conversational speaking style by two male and two female talkers with limited contextual cues in each of 33 lists equated for intelligibility. In this study, each CI ear was presented with one 20-sentence list and the participants were instructed to repeat each sentence that they heard and to guess if they were unsure. Results were manually recorded by the experimenter and expressed as percent correct.

**Arizona Biomedical Sentence Recognition Test in Noise (AzBio-N):** AzBio Sentences in Noise (multi-talker babble) simulate real-world listening environments in our daily life. AzBio-N at +10 dB signal-to-noise ratio (SNR) was chosen to avoid ceiling or floor effects in CI users (Dorman et al., 2012, 2015; Brant et al., 2018). Results were manually recorded by the experimenter and expressed as the percent correct.

**Digit-in-Noise Test (DIN):** The DIN (Smits et al., 2013) is a simple test of speech perception in noise, in which digit triplets (e.g., 2, 3, 5) are presented in a speech-shaped noise. The target signals are numbers from 0–9, which have a low cognitive demand, not requiring complicated vocabulary. The test can thus be easily administered to a broad range of patients. The DIN also has little training effect and its test-retest reliability is high. This test has been normalized in multiple languages and several different English regional accents and can thus be used in individuals with different linguistic backgrounds. Variants of the DIN have been used in several CI studies (Kaandorp et al., 2015; Cullington & Agyemang-Prempeh, 2017). In this study, the DIN stimuli were generated through an internet app (provided by hearX Group) and presented adaptively (step size 2 dB SNR) over 25 trials. Participants were asked to type the 3 digits they heard on the computer keyboard after each trial thus bypassing the need for experimenter interpretation of speech. Results were expressed as the speech reception threshold (SRT) in dB, representing the 50% intelligibility level.

## Data Analysis

For each participant, the hearing threshold (dB nHL) at each test frequency, the FCDT (%) at each base frequency, the percent correct for the CNC and AzBio tests, and the SRT (dB) value for the DIN test were obtained. Descriptive statistics were computed for each dependent variable. The hearing thresholds at different frequencies were compared using analysis of variance (ANOVA). The effects of demographic factors on hearing thresholds were further analyzed with a mixed-effect model. The correlations between the FCDT and CI outcomes (speech tests and satisfaction level) were performed using linear regression models, with the effect of demographic factors controlled. Data were analyzed using the SAS statistical program (Statistical Analyses System, SAS Institute, Inc., Cary, North



Carolina). For all comparisons and correlations,  $p < 0.05$  was considered statistically significant. Correction of the  $p$  value was applied for multiple comparisons and correlations.

## Results

Participants using their CI(s) could generally hear pulsed tones up to 6 kHz with sensitivity equivalent to a mild hearing loss. Figure 1 shows the means and standard deviations of hearing thresholds using pulsed tones at frequencies from 0.25, 0.5, 1, 2, 4, and 6 kHz. The thresholds at different frequencies are at approximately 30 dB HL. A one-way repeated ANOVA showed no significant difference in the hearing threshold across frequencies ( $F_{(6,163)}=0.11$ ,  $p=0.99$ ).

Mixed-effect model was used to model the hearing threshold on the tested frequency, adjusting for demographic variables, with ear-specific random effect to account for repeated measurements on the same ear. The effect of age was significant on the threshold ( $t=2.19$ ,  $p=0.03$ ), with a higher hearing threshold in older participants. The effect of duration of CI use was also significant ( $t=-2.91$ ,  $p=0.004$ ), with a lower hearing threshold for CI ears with longer duration of CI use.

Frequency change detection thresholds (FCDTs) in individual CI ears and the mean FCDT at the 3 base frequencies are shown in Figure 2. The mean FCDTs are 5.48%, 3.94%, and 7.78%, respectively, for 0.25, 1, and 4 kHz, respectively. The variation of FCDTs among CI users was large, with a FCDT less than 10% in most ears and a FCDT of greater than 10% in 3–7 ears. Some users performed with great sensitivity at each frequency. A one-way repeated ANOVA was used to test the effect of Base Frequency on the FCDT. There was no statistical significance between groups [ $F_{(2,82)}=2.03$ ,  $p=0.14$ ]. Due to this lack of difference across frequencies, the FCDTs from 3 base frequencies were averaged for the following correlation analysis.

To examine the relation between FCDTs and each outcome measure, Figure 3 shows speech perception performance and satisfaction level as a function of each individual's mean FCDT (note log scale). Six correlations were assessed using linear regression analysis. Corrections for multiple correlations were applied, with a corrected  $p$  level of 0.01 ( $0.05/6=0.0083$ ) as the significance level. The results showed that the FCDT was significantly correlated to all speech measures and with satisfaction level. Note that a criterion of FCDT of 10% separated most moderate-to-good performers ( $>60\%$  for CNC, AzBio-Q;  $>30\%$  for AzBio-N;  $<10$  dB for DIN test) and poor performers. Similarly, the criterion of FCDT of 10% separated most CI users with a high satisfaction level ( $>8$ ) from those with a low satisfaction level ( $<8$ ).

Linear regression models were further used to model CNC word, CNC phoneme, AzBio-Q, AzBio-N, DIN and satisfaction level on mean FCDTs (on a log scale), controlling for 6 major demographic variables (ear tested, type of CI user, gender, age at test, duration of deafness, and duration of CI use). After adjusting for demographic variables, the FCDT can be used to predict CNC word ( $F=35.9$ ,  $p<0.0001$ ), CNC phoneme ( $F=34.52$ ,  $p<0.0001$ ), AzBio-Q ( $F=28.59$ ,  $p<0.0001$ ), AzBio-N ( $F=24.73$ ,  $p=0.0001$ ), DIN ( $F=13.71$ ,  $p<0.0024$ ). Duration of deafness contributed significantly to the model for AzBio-N, with CI ears with

longer durations of deafness showing poorer performance; ear tested contributed significantly to the model for AzBio-Q and DIN, with left CI ears showing poorer performance than right ear. The mean FCDT was no longer correlated with satisfaction after controlling for demographic factors ( $F=4.07$ ,  $p=0.06$ ). Table 2 provides the statistical results of the linear regression analysis of various CI outcome measures vs. the mean FCDT.

The correlations between DIN and AzBio-N (Figure 4 left), as well as AzBio-Q and AzBio-N (Figure 4 right) were also highly significant. These data provide validation for the AzBio-N measure in relation to the more psychophysically robust DIN. They show that individuals with good performance in AzBio-Q also had good performance in AzBio-N; performance in noise is poorer than that in quiet, as would be expected.

## Discussion

Our findings show that the ability to detect within-interval frequency changes is significantly correlated to CI outcomes (speech performance and satisfaction level of CI use). CI speech performance can be predicted using the outcomes of FCDT and DIN tests that have no or minimal language requirements.

### Frequency discrimination in CI users

In CI users, neural deficits resulting from long-term deafness and the limitations of CI speech processing substantially limit spectral resolution, resulting in poor frequency discrimination (Fu et al., 2004; Chatterjee & Peng, 2008; Strelcyk & Dau, 2009). This study confirmed our previous findings that CI users' FCDT are substantially worse than those in normal hearing listeners (Liang et al., 2016; Liang et al., 2018). The variability in FCDTs is substantial in CI users, with some ears showing a FCDT of approximately 1% and greater than 40% in some other ears.

Using other methods, previous CI studies have examined frequency discrimination in CI users and also reported a much poorer frequency discrimination ability in CI users compared to normal hearing listeners. For instance, Goldsworthy (2015) reported that CI users' pitch discrimination thresholds for pure tones (0.5, 1, and 2 kHz) ranged between 1.5–9.9%, while the thresholds for complex tones (with fundamental frequencies at 110, 220, 440 Hz) ranged between 2.6–28.5%. Wei et al. (2007) reported that the average frequency difference limen (FDL) was about 100 Hz, regardless of the standard frequency (from 125 to 4000 Hz at octave frequencies), while normal hearing listeners showed a FDL of 2–3 Hz at frequencies below 500 Hz and an increasing FDL for frequencies above 1000 Hz. Gfeller et al. (2002) reported that CI users had a mean discrimination threshold for complex tones ( $F_0$  between 73 to 553 Hz) of 7.56 semitones (range of 1–24 semitones, 1 semitone is approximately 6% change), which was significantly worse than that in normal hearing listeners' (mean is 1.12 semitones, with a range of 1–2 semitones). Kang et al. (2009) reported that the FDL for CI users ranged from one to eight semitones, whereas normal listeners can easily perceive one semitone pitch change.

Note that, although frequency discrimination has been reported to be poorer in CI users compared to normal hearing listeners across multiple studies, the exact values vary among



these studies. The reasons for this variance may be: 1) the heterogeneity of the CI subjects recruited in these studies, 2) difference in the frequency discrimination tasks stated earlier (pitch discrimination, pitch ranking, frequency change detection etc.), 3) difference in the stimulus type (pure tone vs. complex tone, acoustic vs. electric stimuli), and 4) difference in the reference frequency chosen. In this study, we used reference frequencies at 0.25, 1, and 4 kHz, which are assigned to electrodes in the apical, middle, and basal region of electrode array, respectively. However, no effect of base frequency was found. This finding is consistent with that in a previous study using frequency discrimination task (Turgeon et al., 2014). Previous studies reported that the frequency discrimination could be influenced by the stimulus frequency's position relative to filter response curves in the CI output (Pretorius & Hanekom, 2008). Further research may be needed to examine the how the base frequency position affects the frequency change detection.

Although the variability in the FCDT was substantial, some good performers had FCDTs of approximately 1%. This suggested that these good performers are able to use the frequency change cues provided by the CI. At the CI speech processing stage, the acoustic sound is filtered through a number of contiguous band-pass filters based on its frequency components before further processing. The detection of a frequency change embedded in pure tones in the current study likely relies on the temporal rate cues as the result of different signal intensities on the filter response curve in the CI output (different intensities evoke different neural activation patterns and neural timing, Eggermont, 2001), and/or the place cues as the result of activating different electrodes (Pretorius & Hanekom, 2008). Such a speculation is supported by the electrodiagram of the stimulus, which illustrates the output of the CI by submitting the original stimulus through the experimental speech processor. Figure 5 shows the example of a stimulus used in this study (e.g., 1 kHz pure tone containing a 10% change) and its corresponding electrodiagram. The electrodiagram was created using the default stimulation parameters for Cochlear Corporation's Freedom device: the Advanced Combination Encode (ACE) strategy, 900 pulses per second (pps) per electrode, default frequency allocation (input frequency range: 188–7988 Hz), 8 maxima, etc. (Galvin et al., 2008). It can be seen that the CI transmits both temporal (intensity changes) and place cues (electrode changes) at the place where the frequency change occurs in the original stimulus.

### Speech perception in CI users

Speech perception performance varied across CI patients. The mean and standard deviation was  $58.04\% \pm 28.66$  for CNC word,  $71.90\% \pm 31.98$  for AzBio-Q,  $47.26\% \pm 30.62$  for AzBio-N, and  $5.90 \pm 7.50$  dB for DIN test. For all tasks, approximately 60–75% CI ears performed reasonably well ( $>60\%$  CNC,  $>60\%$  AzBio-Q,  $>30\%$  AzBio-N, and  $<10$  dB SRT for DIN test).

The performance in AzBio-Q is significantly correlated with the performance in AzBio-N, with a  $r$  of 0.78. A recent study (Brant et al., 2018) reported a similarly strong correlation ( $r=0.77$ ,  $p<0.0001$ ) between AzBio-Q and AzBio-N (+10dB SNR) in CI users. Such a correlation suggests that both tasks require some common fundamental mechanisms. However, the speech performance in noise is lower than that in quiet. Compared to speech in quiet for which temporal envelope cues are sufficient to support a reasonably good

performance, speech in noise requires temporal fine structure cues that are missing in the outputs of contemporary CIs (Lorenzi et al., 2006).

The significant correlation between DIN and AzBio-N suggests that the simpler and more psychophysically robust DIN can be used to predict CI users' speech performance in noise. The DIN is very simple and quick test and can be easily administered, with a high repeatability (Cullington & Agyemang-Prempeh, 2017). DIN data from the current study showed a normal distribution in CI users, suggesting that this test is appropriate for CI users with minimal ceiling and floor effects. A recent study (Cullington et al., 2018) used DIN test for the remote care group in a randomized controlled trial study and showed that DIN is a feasible test for long-term follow-up in CI users and for remote patient monitoring.

### Correlations between FCDT and CI outcomes

This study is the first to report that scores on several tests of speech perception (CNC, AzBio-Q, AzBio-N, and DIN tests) and the ability to detect frequency changes contained in pure tones (within-interval frequency change detection) are significantly correlated, with a high strength of correlation. This finding is consistent with that in numerous studies using across-interval frequency discrimination such as pitch ranking, pitch discrimination, or spectral ripple tasks (Litvak et al., 2007; Drennan & Rubinstein, 2008; Gifford et al., 2014; Jeon et al., 2015; Kenway et al., 2015; Sheft et al., 2015; Turgeon et al., 2015; Drennan et al., 2016; Winn et al., 2016). For instance, using a modulation detection task with the stimulus trains presented through the electrode directly, Chatterjee and Peng (2008) reported significant correlations between the modulation frequency detection threshold and performance of vowel and consonant recognition and speech intonation recognition. The correlation can be predicted with an exponential delay curve and the  $r$  ranged from approximately 0.68 to 0.83 with different modulation frequencies. Using a spectral ripple detection task presented through the CI sound processor, Litvak et al. (2007) reported a strong correlation between the spectral modulation threshold and vowel recognition, with a  $r$  of approximately 0.85. Using a similar spectral-ripple task but a free field presentation, Won et al. (2007) reported the spectral-ripple detection threshold is significantly correlated with speech outcomes, with the  $r$  at around 0.50 for CNC word recognition in quiet and 0.60 for CNC in noise. Using a frequency discrimination task with tone stimuli presented to the free field, Turgeon et al. (2015) reported that proficient CI users (>65% speech recognition) have a frequency discrimination threshold of less than 10% for 0.5 and 4 kHz, while non-proficient users (<65% speech recognition) have a threshold of approximately 20% for 0.5 kHz and 15% for 4 kHz. Together with our results using the within-interval frequency change detection task, these studies all suggest that speech perception is significantly correlated to frequency discrimination or frequency change detection, with high correlational coefficients. Therefore, it can be concluded that the variability of CI users in spectral resolution significantly account for the variability in their speech performance.

In the present study, acoustic presentation in the sound field was used to measure frequency resolution. In many previous studies, electrode discrimination via direct electric stimulation has been a commonly used and preferred method to measure psychophysical frequency resolution in CI patients. However, such measures may not truly reflect CI patients' ability

to discriminate the frequency changes as the sensitivity to frequency change may be further affected by the speech processor setting, such as input stage/front-end processing (i.e. automatic gain control, input frequency allocation, input dynamic range, etc.). For example, different sensitivity settings may map the same stimulus to different electric levels and different input frequency allocations may map the same stimulus to different electrodes for different CI patients, resulting in different electric stimulation patterns. Since the FCDT measures were conducted using the same setting as speech measures in the current study, all the aforementioned changes may be reflected in both FCDT and speech measures. Also, frequency resolution assessed using direct electric stimulation reflects single-channel electric stimulation and thus may not reflect CI patients' ability to perceive complex multi-channel electric stimulation patterns for speech recognition. As shown in the electrodiagram in Figure 5, multiple electrodes may be activated by the pure tones, suggesting that acoustic presentation of pure tones may better reflect the complex electric stimulation patterns for CI patients. The correlation between FCDT measures and speech performance observed in the current study suggests that, compared to the frequency tasks presented through direct electric stimulation, FCDT measures using acoustic presentation in the sound field may better reflect the CI patients' ability to discriminate different frequencies in their daily listening condition (i.e., inter-subject variability).

**Implications and future direction**—This study has important implications. First, the finding suggests that within-interval frequency change detection plays important roles in CI users' speech outcomes, therefore, approaches focusing on improving frequency change detection may result in better CI outcomes. For instance, one solution for improving frequency change detection may be to provide more detailed representation of frequency change information from the CI (Donaldson et al., 2005; Nie et al., 2005). Another solution for improving frequency change detection is to use auditory training to improve the sensitivity of the auditory system to detect frequency changes.

Second, our findings show that the frequency change detection task and DIN test can be easy-to-administer and quick tasks with none or minimal language requirement for CI users.

These tests can be done within several minutes, yet, their capability to predict speech perception performance is remarkable. A criterion of FCDT greater than 10% and DIN greater than 10 dB SRT may be used to screen and identify individuals who are likely to be poor performers for post-implantation rehabilitation.

There are several directions for future studies. First, objective measures such as neurophysiological measures would have important values in patients who cannot reliably perform behavioral tasks. Future studies will use the stimuli in this study to examine cortical auditory evoked potentials in response to frequency changes in CI users. Secondly, this study involved adult CI users only. Future studies will use the same FCDT and DIN tasks in pediatric CI users, who eventually need easy and quick tests for assessment.

## **Conclusion.**

To summarize, a test of within-interval frequency change detection threshold (FCDT) and speech perception tests were administered in CI users. There were significant correlations

between FCDTs and speech perception, suggesting that the FCDT can be a simple and useful non-linguistic task to assess CI outcomes. Moreover, digits-in-noise (DIN) results were significantly correlated with the AzBio-N, indicating that the DIN, which is simpler, more psychoacoustically robust, and available online, could be a preferable speech perception test for CI users.

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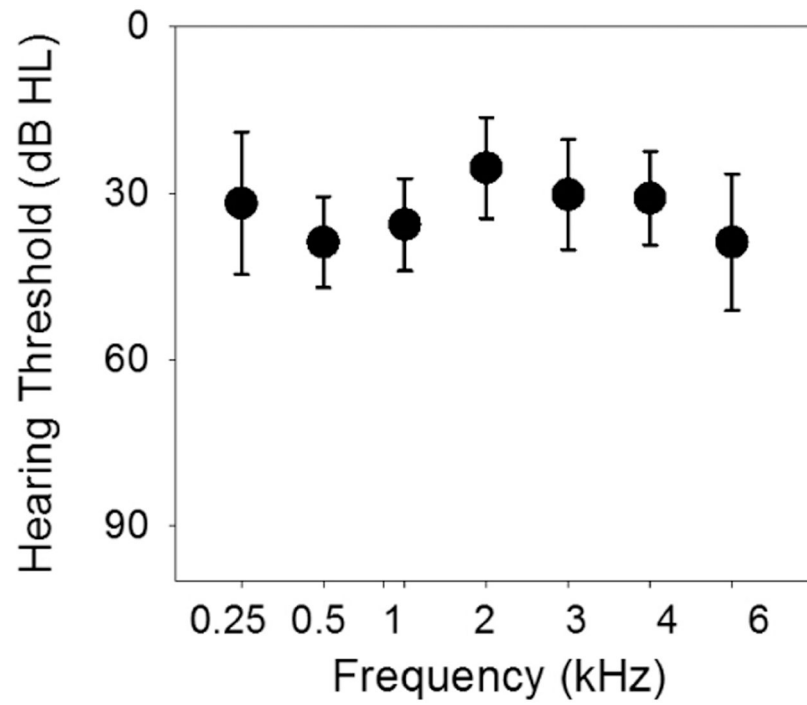
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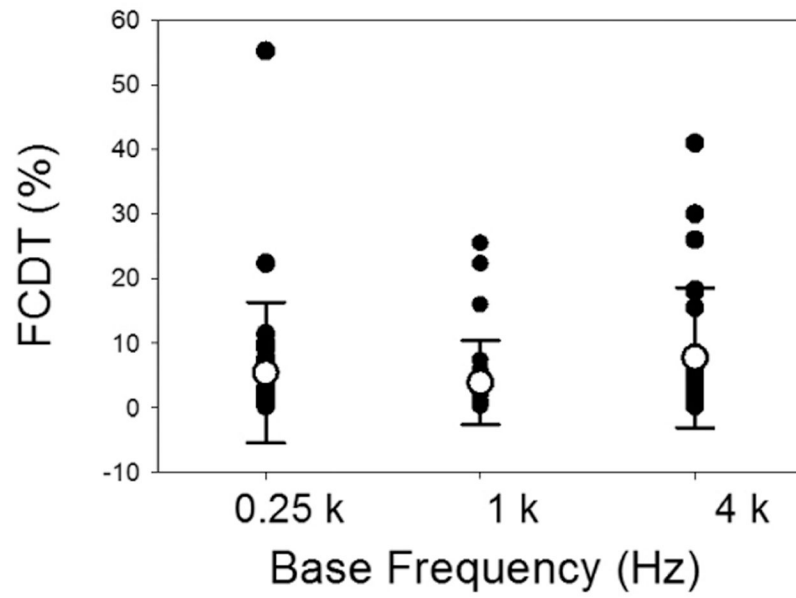
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Correlations between the frequency change detection thresholds (FCDTs) and speech perception were statistically significant in cochlear implant users.

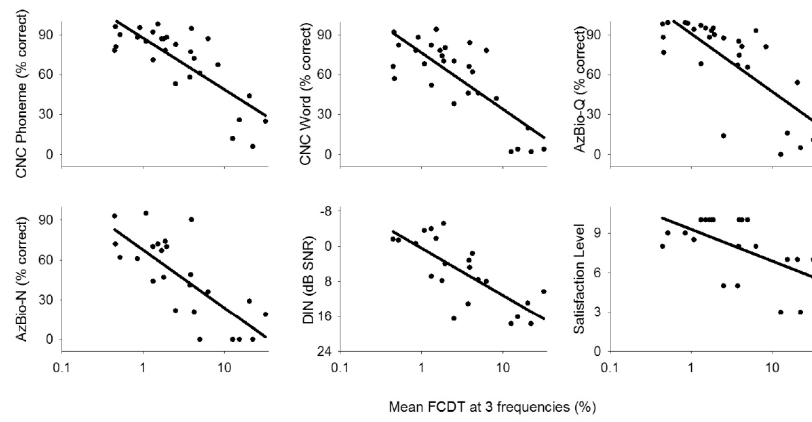
The FCDT and Digit-in-noise (DIN) tests can serve as simple and rapid tasks that require no or minimal linguistic background for the prediction of CI speech outcomes.



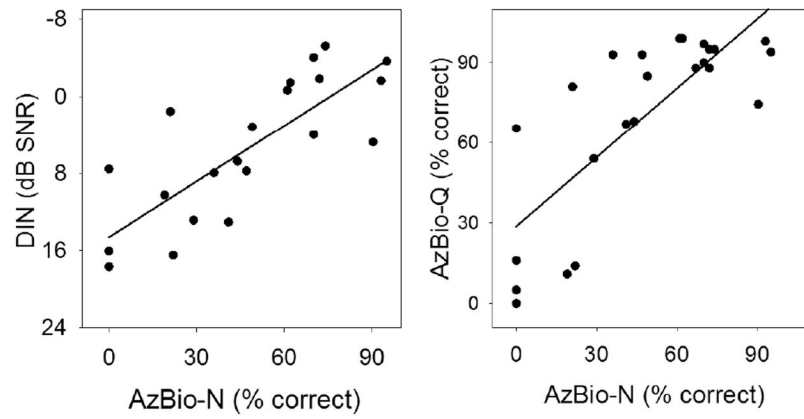
**Figure 1.** Mean pulsed-tone thresholds at frequencies from 0.25, 0.5, 1, 2, 4, and 6 kHz in CI ears (n=24). The means (circles) and the standard deviations (error bars) of the means are plotted.



**Figure 2.** The frequency change detection thresholds (FCDT) at 0.25, 1, and 4 kHz base frequencies in individual CI ears (n=28). The means (open circles) and the standard deviations (error bars) of the means are also plotted.



**Figure 3.** Scatterplots of the CI outcomes (speech performance and the satisfaction level) vs. FCDT (in log scale) in CI users. The solid black lines represent the curve to fit the data using a linear regression (see Table 2 for fitting parameters).



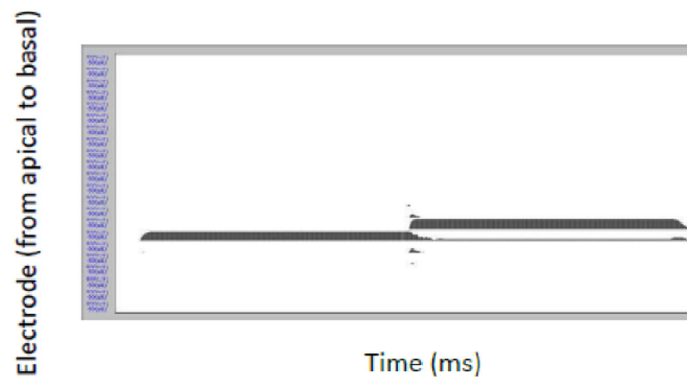
**Figure 4.** The scatterplot of the DIN (left plot) and AzBio-Q (right plot) as a function of AzBio- N in CI users. The solid black line represents the linear regression fitting (see Table 2 for fitting parameters).



Panel A. The waveform of the original stimulus (1 kHz, 10% change)



Panel B. Electrodegram



**Figure 5.**

An example stimulus used in this study (top) and the corresponding electrodegram (CI stimulation patterns, bottom). The electrodegram was created using the default stimulation parameters for Cochlear Corporation's Freedom device: ACE strategy, 900 pulses per second (pps) per electrode, default frequency allocation (input frequency range: 188–7988 Hz), 8 maxima, etc.

**Table 1.**

Cochlear implant (CI) users' demographics.

CI ear ID	Gender	Ear Tested	Current age	Type of CI user	Type of CI	Duration of severe-to-profound deafness (years)	Duration of CI use (years)	Etiology
Sci104GG	M	R	63.9	Bilateral	Nucleus 6	10	1.5	Meniere's
		L			Nucleus 6	10	0.25	Meniere's
Sci02TJ	F	R	50.3	Unilateral	Nucleus 6	44	12	Meniere's
Sci105CS	M	R	41.3	Bilateral	Nucleus 6	40	3	Possibly ototoxic
		L			Nucleus 6	10	2	Possibly ototoxic
Sci106LK	F	L	55.1	Bilateral	Nucleus 6	55	16	Unknown
		R			Nucleus 6	55	4	Unknown
Sci103MT	M	R	60.3	Unilateral*	Nucleus 6	20	12	Possibly genetic
Sci107RF	M	R	83.4	Unilateral	Kanso	22	2	Noise
Sci108SA	F	L	61.3	Unilateral	Nucleus 6	16	2	Possibly genetic
Sci101DR	M	L	65.2	Bilateral	Nucleus 6	9	6	Noise
		R			Nucleus 6	9	6	Noise
Sci44LF	M	L	44.8	Bilateral	Nucleus 6	34	4	Possibly ototoxic
		R			Hybrid	34	5	Possibly ototoxic
Sci39JC	F	L	50.8	Bilateral	Nucleus 6	46	7	Measles
		R			Nucleus 6	46	6	Measles
Sci109EJ	F	L	48.3	Unilateral	Nucleus 6	15	3	Possibly genetic
Sci100MM	F	R	47.6	Unilateral	Nucleus 6	17	2	Unknown
Sci113RM	F	R	53.3	Bilateral	Nucleus 6	47	15	Possibly infection
Sci110AW	F	L	66.7	Unilateral	Nucleus 6	47	5	Chronic ear infections
Sci115MC	F	R	20.4	Bilateral	Nucleus 6	18	0.25	Meningitis
		L			Nucleus 6	18	0.25	Meningitis
Sci45LK	F	R	51.4	Bilateral	Nucleus 6	41	9	Unknown
Sci35KM	F	L	65.7	Unilateral	Nucleus 5	41	7	Ototoxic
Sci46MF	M	R	32.2	Bilateral	Nucleus 5	11	10	Trauma
Sci18RL	M	L	44.5	Unilateral	Nucleus 5	44	9	Unknown
Sci114KZ	F	L	65.0	Bilateral	Hybrid	1.5	0.5	Possibly genetic
		R			Hybrid	5	4	Possibly genetic

**Table 2.**

Linear regression analysis of various CI outcome measures vs. the mean FCDT.

	CNC phoneme		CNC word		AzBio-Q		AzBio-N		DIN		Satisfaction level	
	R <sup>2</sup>	p	R <sup>2</sup>	p	R <sup>2</sup>	p	R <sup>2</sup>	p	R <sup>2</sup>	p	R <sup>2</sup>	p
Mean FCDTs	0.72	<0.0001 *	0.71	<0.0001 *	0.71	<0.0001 *	0.74	0.0001 *	0.74	0.002 *	0.47	0.06
Ear tested		0.173		0.132		0.048 *		0.475		0.046 *		0.369
Type of CI user		0.148		0.235		0.065		0.186		0.525		0.340
Gender		0.444		0.994		0.610		0.574		0.413		0.856
Age		0.683		0.850		0.955		0.064		0.193		0.998
Dur. of deafness		0.219		0.546		0.307		0.034 *		0.542		0.347
Dur. of CI use		0.536		0.618		0.398		0.264		0.675		0.962

*Note.* Statistical results reported are those after controlling for 6 major demographic variables: ear tested (left and right), type of CI user (unilateral and bilateral), gender (male and female), age (in years), duration of deafness (in years), and duration of CI use (in years).

\* indicates a statistically significant relationship.