

Attenuation of Hippocampal Long-Term Potentiation by Ethanol: A Patch-Clamp Analysis of Glutamatergic and GABAergic Mechanisms

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Long-term potentiation of synaptic transmission (LTP) of the perforant path–dentate gyrus synapse is induced by 5 Hz, theta-like stimulation patterns. Such stimuli induce plasticity that is most likely driven by a decrease in synaptic inhibition (disinhibition) mediated by GABA_B autoreceptors. In the present study, we demonstrate that LTP induced in this manner is completely antagonized by ethanol. In order to determine the site of ethanol inhibition of LTP induced by theta-like stimulation, we combined slice patch recordings with pharmacologic isolation of the individual glutamatergic and GABAergic synaptic currents. The present experiments revealed that ethanol inhibited NMDA receptor–mediated synaptic currents without potentiation of GABA_A currents or attenuation of GABA_B-mediated fading of GABA_A synaptic currents. These observations with ethanol contrasted with the actions of the water-soluble benzodiazepine midazolam, which strongly potentiated GABA_A synaptic currents, reversed the effect of GABA_B-mediated fading of GABA_A synaptic currents, and therefore blocked the resulting NMDA synaptic currents. These data indicate that the effects of ethanol on long-term changes in synaptic strength in the rat hippocampal formation are due primarily to an action at the NMDA receptor–channel complex.

[Key words: ethanol, long-term potentiation, plasticity, glutamate, GABA, benzodiazepine, synaptic current, patch clamp]

Memory impairment is one of the principle cognitive effects of ethanol abuse. The deleterious effects of ethanol on memory may be observed after acute (Mello, 1972), chronic (Walker and Hunter, 1978), or prenatal exposure (Streissguth et al., 1990). It is generally agreed that synaptic plasticity is one of the fundamental neural processes that are related to memory. However, until recently the neuronal effects of ethanol were thought to be quite nonspecific and few studies were made of ethanol effects on neuronal or network plasticity. It is now clear that several manifestations of neuronal plasticity including long-term po-

tentiation of synaptic transmission (LTP) (Durand and Carlen, 1984; Sinclair and Lo, 1986; Mulkeen et al., 1987; Swartzwelder et al., 1988; Blitzer et al., 1990), neuronal development (Streissguth et al., 1978; West et al., 1981), and the induction/expression of epileptiform responses (Grant et al., 1990; Morrisett et al., 1990; Cohen et al., 1991) are known to be altered by ethanol exposure.

Of these plasticity processes, LTP has been shown to correlate with acquisition of several learning tasks (Barnes et al., 1979; Berger, 1984; Morris et al., 1986) and has been proposed as a fundamental neural underpinning of memory formation (Teyler and DeScenna, 1984, 1985). In most neural circuits where it is manifested, the induction of LTP is dependent upon NMDA receptor–mediated activity (Collingridge et al., 1983), and the activation of NMDA receptors has been shown to be critical for certain types of memory (Morris et al., 1986). Recently, ethanol has been shown to antagonize NMDA-mediated neuronal activity selectively (Hoffman et al., 1989; Lima-Landman and Albuquerque, 1989; Lovinger et al., 1989, 1990; Woodward and Gonzales, 1990). It has been hypothesized that this antagonism may be responsible for ethanol attenuation of LTP (Lovinger et al., 1990). However, in addition to glutamatergic influences, GABAergic activity also plays a fundamental role in the induction of LTP (Wigstrom and Gustafsson, 1983), and ethanol is known to potentiate GABA-mediated processes (Allan and Harris, 1986; Suzdak, 1986; Ticku, 1987). Therefore, the relative contribution of glutamatergic and GABAergic mechanisms to the attenuation of LTP by ethanol remains unclear.

All of the previous reports regarding ethanol and LTP have utilized high-frequency stimulus trains to elicit LTP. Although such stimulus trains were the methodological standard in LTP studies for many years, recent reports have indicated that the use of high-frequency trains is not an optimal paradigm for studying the mechanisms underlying this phenomenon. High-frequency stimulus trains produce an artificial induction of the NMDA component of synaptic transmission due to temporal summation of the non-NMDA synaptic potentials (Herron et al., 1986). This results in depolarization of the target neuron and release of the voltage-dependent Mg²⁺ block of the NMDA channel (Nowak et al., 1984). Therefore, the effects of agents that may modify LTP development, such as those targeting GABAergic inhibition, may not readily be apparent due to the direct defeat of synaptic inhibition by high-frequency trains.

Recent reports have suggested that the expression of NMDA responses under physiologic conditions requires theta-like (5 Hz) stimulation patterns (Larson and Lynch, 1986; Davies et

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al., 1991; Mott and Lewis, 1991). Such responses are enabled by the fading of synaptic inhibition (disinhibition), which is likely mediated by a reduction of GABA release due to the activation of GABA_B autoreceptors on inhibitory basket cell terminals (Diesz and Prince, 1989; Davies et al., 1990; Nathan and Lambert, 1990; Nathan et al., 1991). Theta-like (5 Hz) firing patterns are known to occur in the hippocampal formation (Vanderwolf, 1969; Winson, 1974), and such firing patterns have been directly associated with synaptic plasticity *in vitro* and *in vivo* (Diamond et al., 1988; Pavlides et al., 1988; Pacelli et al., 1989). Therefore, it is likely that theta-stimulation promotes GABA_B-mediated disinhibition resulting in the physiologic expression of NMDA-mediated synaptic responses and synaptic plasticity (Davies et al., 1991; Mott and Lewis, 1991). Therefore, GABA_A, GABA_B, and NMDA synaptic conductances would appear to be potential sites through which ethanol inhibits LTP. We feel that to understand the mechanism whereby ethanol attenuates hippocampal LTP due to theta stimulation, the effects of ethanol on the pertinent synaptic responses must be studied under circumstances in which these responses are normally expressed.

In the present study, we analyzed the mechanism whereby ethanol inhibits LTP in the molecular layer–dentate granule cell synapse using 5 Hz, patterned stimulus trains. NMDA and GABAergic synaptic currents were pharmacologically isolated, and tight-seal whole-cell voltage-clamp recordings were made in hippocampal slices. We assessed the effects of ethanol on the critical synaptic currents that regulate the induction of plasticity, in the same synapse and under the same conditions that LTP was blocked by ethanol. We now report that at the perforant path–dentate gyrus synapse, the block of synaptic plasticity by pharmacologic concentrations of ethanol is due to a specific action at the NMDA receptor–channel complex, and that effects of ethanol on GABAergic transmission cannot account for its ability to block LTP. In addition, these experiments provide a direct demonstration of ethanol-induced inhibition of NMDA receptor–mediated synaptic currents *in situ*.

Some of these results have previously been reported in abstract form (Morrisett et al., 1991a).

Materials and Methods

Slice preparation, recording, and stimulation. Slice preparation was performed as previously described (Morrisett et al., 1991b). Male Sprague–Dawley rats (12–30 d old; Charles River, Raleigh, NC, or SASCO, Omaha, NE) were used for this study. All incubations and recordings were performed in artificial cerebrospinal fluid (ACSF; containing, in mM, NaCl, 120; KCl, 3.3; NaH₂PO₄, 1.23; NaHCO₃, 25; dextrose, 10; continually gassed with 95% O₂, 5% CO₂; pH 7.4, 32°C, 280–290 mOsm). Slices were prepared and incubated in ACSF containing 1.2 mM Mg²⁺ and 1.8 mM Ca²⁺. All recordings were made in 0.9 mM Mg²⁺ and 2.0 mM Ca²⁺ and were performed in superfusion chambers manufactured by either the Duke University Physiology Instrument Shop (Durham, NC; tubing and chamber volume, 7 and 4 ml, respectively) or from AM systems (Greenvale, NY; tubing and chamber volume, 5 and 2 ml, respectively). Flow rate for all recordings was 2.0–2.5 ml/min and was either gravity fed or pumped (Rainin Rabbit, Boston, MA). Both chambers were temperature regulated by a feedback circuit and was maintained at 32°C for all recordings. Monophasic, constant-current stimulus pulses were delivered through a tungsten stimulating electrode (100 μsec, 100–1000 μA) and were generated with Grass S-88 or Dagan S-900 stimulators. Stimuli were delivered to the inner layer of stratum moleculare of dentate gyrus at 0.01 Hz as singles, pairs of varying interstimulus intervals (20–2000 msec), or 5 Hz, 2 sec trains. All drugs were from Tocris except ethanol (95%), which was from either Duke University Medical Center Biochemical Supply or University of Nebraska

Medical Center Hospital Supply, and midazolam, which was the generous gift of Hoffmann-LaRoche Pharmaceuticals (Nutley, NJ).

Extracellular recording. Population field potentials were recorded from the strata moleculare and granulosum of the outer blade of the dentate gyrus using glass microelectrodes filled with 150 mM NaCl (1–3 MΩ). These recordings were made to (1) measure ethanol effects on synaptic plasticity elicited by paired-pulse stimulation, (2) pharmacologically characterize NMDA synaptic responses elicited by paired-pulse stimulation, and (3) measure ethanol effects on NMDA responses elicited by paired-pulse stimulation. Slices were discarded if either the maximal population field potential or the population spike amplitude was less than 3 mV. Responses were recorded on a Nicolet 310 digital oscilloscope and stored on floppy disk for subsequent analysis using WAVEFORM BASIC software on a PC-compatible computer. Hyperexcitability of dentate granule population responses was determined primarily by measuring the duration of the dendritic population EPSP (pEPSP). This duration was measured at 20% of the peak negativity of the pEPSP. Population spikes were measured by taking the average of both sides of the peak negativity between the two peak positivities that formed the somatic pEPSP. The pEPSP slope was measured over the initial 400–500 msec of the pEPSP downstroke.

LTP experiments were performed first by monitoring the field potentials (population spike and/or pEPSP amplitude and pEPSP slope) for at least 20 min after determining the input–output curve for each slice. Field responses were monitored at stimulus intensities that elicited a response 25% of the maximum amplitude. Upon demonstration of stability (25% response; variability < ±10%), ethanol (75 mM) was bath applied and the response to the previous 25% test stimulus was determined for at least 20 min following wash-on of the ethanol. Then, one 5 Hz, 2 sec train at 100% maximum stimulus intensity (relative to preethanol stimulus input–output curve) was delivered. The ethanol was then immediately washed off, and the response to the preethanol exposure test stimulus was again measured for at least 20 min following washout of the ethanol. If the response returned to control levels, then another identical (5 Hz, 2 sec, 100% maximum) stimulus train was delivered and the responses measured for at least 20 min. LTP was defined as nondecremental synaptic potentiation lasting at least 45 min with at least a 25% increase in the population spike amplitude and pEPSP slope.

Patch-clamp recording. Tight-seal recordings in the whole-cell mode were utilized to determine which synaptic currents were modified by ethanol exposure, as described by Hamill et al. (1981) and Blanton et al. (1989). These recordings were made in transverse slices prepared in exactly the same manner as for extracellular recordings. Slices were perfused with normal ACSF (280–290 mOsm). Glass thin-wall microelectrodes (World Precision Instruments, TW150F-4) were pulled on a Brown-Fleming model P-88 electrode puller (Sutter Instrument Co., San Rafael, CA) using a 3 mm box filament and a five-step program giving an electrode resistance of 1–2 MΩ. Electrodes were filled with (in mM) KMeSO₄, 140; KCl, 10; EGTA, 11; HEPES, 10; MgCl₂, 2; CaCl₂, 1; Tris-ATP, 4; Tris-GTP, 2; 260–270 mOsm. All intracellular solutions were filtered and buffered to 7.2 with KOH (1 N). Electrodes were not fire polished or Sylgarded. Synaptic currents were amplified using a Dagan 3900A patch-clamp amplifier (Dagan Corp., Minneapolis, MN) in mixed (RC) mode and recorded on digital audiotape (Sony DAT, Dagan Corp.) for off-line analysis. Cells had 1.3–5.4 GΩ sealing resistance, and upon rupture the input resistance was 235 ± 5 MΩ; *n* = 32. Input resistance was continuously monitored throughout the experiment and the recording terminated if *R_{in}* varied by more than 20%. Series resistance ranged from 7 to 16 mΩ and compensation was > 70%. Synaptic currents were filtered at 1–5 kHz using a four-pole Bessel filter, digitized at 22 kHz (Sony DAT, low-speed recording), and measured at peak amplitude relative to the baseline current preceding the stimulus, and were normally evoked at low stimulus intensity (50–200 μA).

Results

As described above, several studies have shown that “conditioning” paradigms utilizing patterned, 5 Hz stimulus trains can induce LTP by virtue of GABA_B-mediated disinhibition and the resultant increase in NMDA synaptic responses. We hypothesized that ethanol would inhibit LTP induced by 5 Hz trains delivered to the perforant path–dentate gyrus synapse. The results of this experiment are shown in Figure 1. Test stimuli

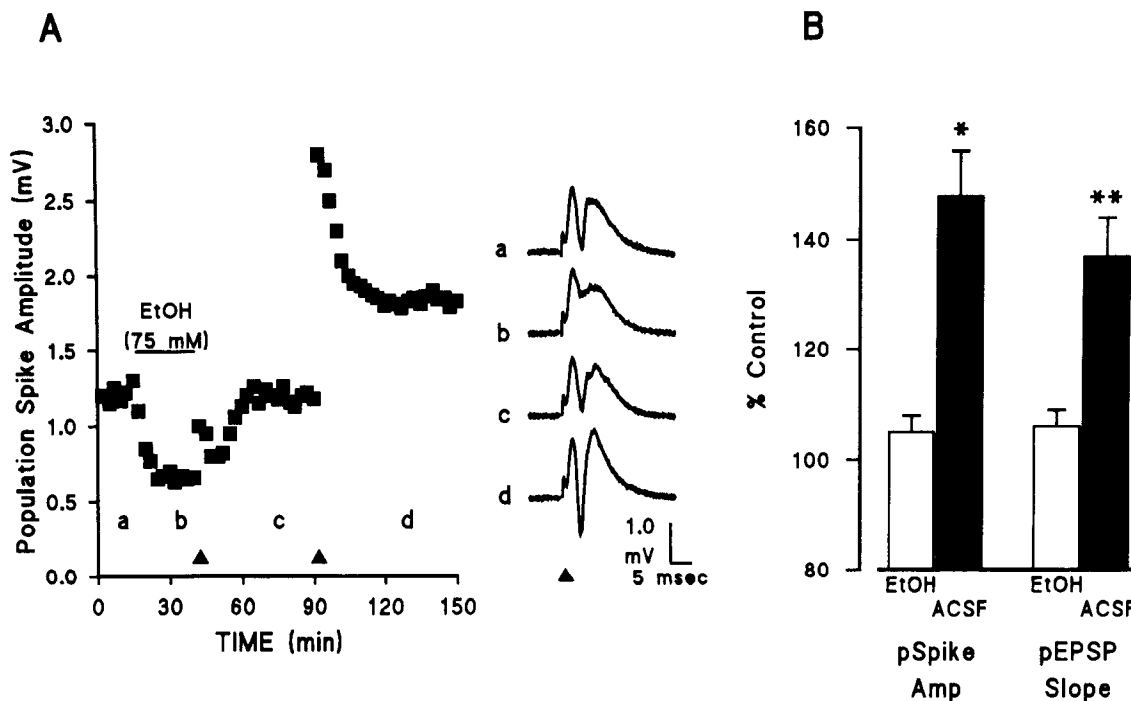


Figure 1. Plasticity of molecular layer-granule cell synapse induced by 5 Hz trains is blocked by ethanol. *A*, Plot of population spike amplitude evoked by 225 μ A delivered to the molecular layer at 0.01 Hz. Letters (*a-d*) correspond to individual field recordings at *right*. Responses initially (0–15 min) were recorded in normal ACSF. *a*, Control response in top tracing is a stable 25% maximal response elicited in ACSF. Then, ethanol (75 mM) was applied, resulting in this case in a 50% decrease in population spike amplitude (*b*). Application of 5 Hz trains for 2 sec (10 pulses at 800 μ A) in ethanol had little effect on the evoked response. The responses returned to control levels after wash of ethanol (*c*). A second application of the identical 5 Hz train in ACSF first resulted in a decremental form of synaptic plasticity that later stabilized at an enhanced efficacy (*d*). *B*, Nondecremental LTP induced by 5 Hz trains is blocked by ethanol: bar graphs of enhancement of population spike amplitude and pEPSP slope after 5 Hz trains in ethanol and normal ACSF in all slices tested. All slices were treated with ethanol (75 mM) and delivered 2 sec, 5 Hz trains, and then washed and administered the identical train again (*, $p < 0.005$, $n = 7$ slices; **, $p < 0.01$, $n = 6$ slices, Kruskal-Wallis).

were administered to naive slices, then ethanol (75 mM) was bath applied. Ethanol had inhibitory effects on synaptic responses dependent upon the stimulus intensity. For example, in the 14 slices studied for the LTP experiments in Figure 1 and the ethanol dose-response experiments shown in Figure 3, ethanol (75 mM) decreased the amplitude of the population spike evoked by low-level stimuli (25% maximal response) by $37 \pm 2\%$ (mean \pm SEM). However, the amplitude of the maximal population spike response was inhibited by only $12 \pm 1\%$.

In the presence of ethanol (75 mM), a 5 Hz, 2 sec train was delivered at the stimulus intensity (normally 800–1000 μ A) that produced the maximal population spike. Ethanol was washed out of the bath immediately after the stimulus train was applied. After a stable baseline was reestablished, an identical 5 Hz, 2 sec train was applied to the slice. Figure 1*A* shows the results of a typical LTP experiment. Ethanol inhibited the test population spike amplitude by approximately 50% (compare traces at points *a* and *b*), but after washout of ethanol following the stimulus train, the test stimulus evoked a response equivalent to baseline levels (trace *c*). The stimulus train initially induced a period of short-term potentiation that rapidly decremented during the ethanol washout. Subsequent administration of an identical train in control medium resulted in long-term, nondecremental potentiation of the synaptic response. Figure 1*B* summarizes the results of the LTP experiments in all slices tested. The responses were simultaneously recorded from the molecular layer to monitor the pEPSP slope and from the granule cell layer to monitor the population spike amplitude. Neither

of these measures were altered after stimulus trains were delivered in 75 mM ethanol. However, both the somatic and dendritic responses manifested significant synaptic potentiation under control conditions. In these experiments population spike amplitude was increased to an average of $148 \pm 8\%$ ($n = 7$) of baseline, while the pEPSP slope was increased to an average of $137 \pm 7\%$ ($n = 6$) of baseline.

In order to understand the mechanism of ethanol inhibition of LTP as shown in Figure 1, we first utilized extracellular recording techniques to measure ethanol effects on excitatory responses due to stimulation delivered at 5 Hz to the inner molecular layer of the dentate gyrus. Hyperexcitability of the synaptic responses could be demonstrated using extracellular recording at either somatic or dendritic sites. Figure 2*A* depicts somatic responses elicited by pairs of stimuli, separated by an interval of 200 msec, in a control hippocampal slice. At this recording site, hyperexcitability is expressed primarily by repetitive population spikes. Prolongation of the somatic synaptic field potential is also apparent. The repetitive cell firing was blocked by the GABA_B receptor antagonist 2-hydroxy-saclofen (200 μ M). Note the minimal effect of the GABA_B receptor antagonist on the first response of the pair. The NMDA receptor antagonist D-aminophosphonovalerate (D-APV) (25 μ M) also blocked the hyperexcitability of the paired response, leaving the initial response largely unaffected. The effects of both D-APV and 2-hydroxy-saclofen were completely reversible upon wash.

In Figure 2*B*, the effect of the GABA_B receptor antagonist 2-hydroxy-saclofen on responses elicited at various interstim-

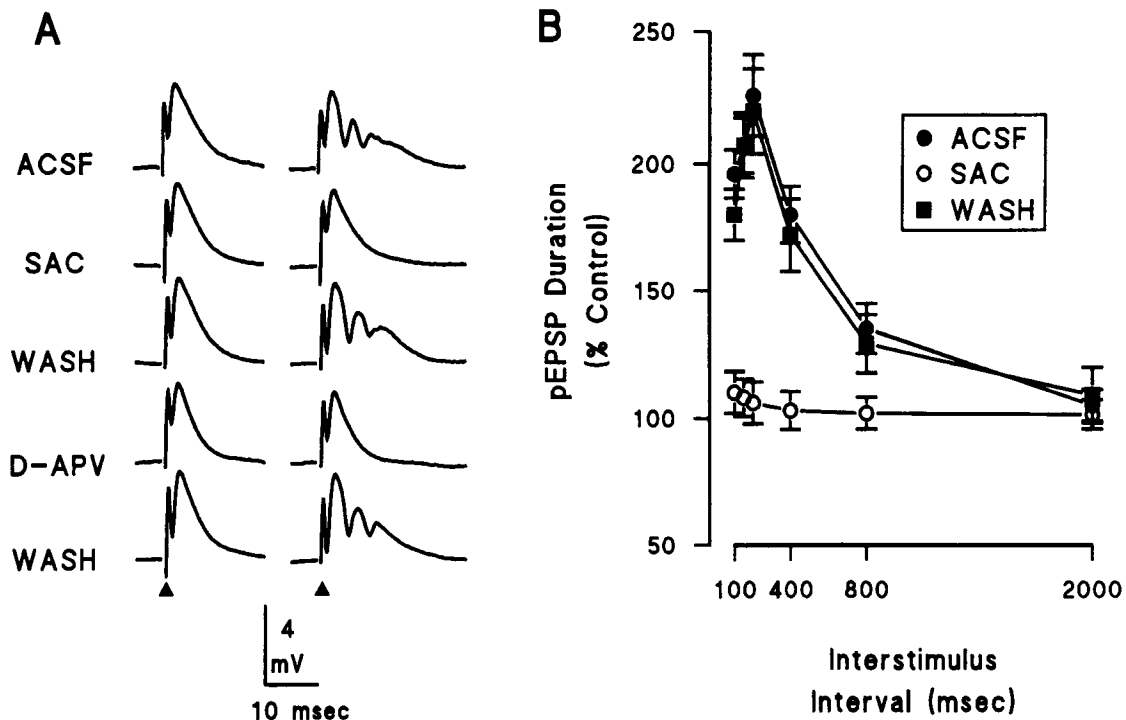


Figure 2. Hyperexcitability induced by a paired stimulation paradigm is due to activation of NMDA and GABA_B receptors. *A*, Population spike recordings from dentate granule cell layer showing multiple population spikes when test stimulus was delivered 200 msec following the conditioning stimulus (triangles, i.e., 200 msec interstimulus interval). All traces were elicited by delivering 800 μ A to the inner molecular layer of the dentate gyrus. *SAC* represents responses evoked in the presence of 2-hydroxy-saclofen (200 μ M). *APV* represents responses evoked in the presence of 2-amino-5-phosphonvaleric acid (25 μ M). *WASH* represents responses evoked in normal ACSF following washout of test compounds from the bath normally requiring 5–10 min. *B*, Interstimulus interval plot demonstrating the dependence of hyperexcitability on the activation of GABA_B receptors. Hyperexcitability was quantified by determining the duration of the dendritic pEPSP at 20% of the maximum amplitude (see Fig. 2). % Control refers to the duration of the test response relative to the control (conditioning) response. Each data point reflects the mean of at least three determinations in each slice in each condition in six to eight slices. Paired stimulation at intervals from 100 to 400 msec in ACSF and WASH were not significantly different from each other, but were different from SAC ($p < 0.001$, $n = 6$, Kruskal-Wallis test) and from their respective conditioning responses ($p < 0.005$, $n = 6$, Kruskal-Wallis test).

ulus intervals is shown diagrammatically. In this case, stimulation at 5 Hz resulting in GABA_B-mediated disinhibition is demonstrated by measuring the prolongation of the dendritic field potential (pEPSP; see Fig. 3*A*). There was a strict time dependence of the prolongation of the pEPSP that peaked at intervals between 100 and 400 msec. The effects of pairing over this range of intervals were reversibly blocked by the GABA_B receptor antagonist 2-hydroxy-saclofen. There was no apparent effect on pEPSP duration of varying the interstimulus interval in the presence of the GABA_B receptor antagonist.

Figure 3*A* illustrates the effects of ethanol (75 mM) upon GABA_B-mediated hyperexcitability of responses from dendritic recording sites. In this particular slice, 5 Hz stimulation resulted in a threefold prolongation of the pEPSP that was substantially blocked by ethanol (75 mM) in a reversible manner. This effect of ethanol was typical with little effect on the peak pEPSP amplitude (which itself is insensitive to NMDA receptor antagonists; data not shown). In the lower traces of Figure 3*A*, the pEPSPs in ACSF and ethanol are superimposed, demonstrating more clearly the inhibitory effect of ethanol on the pEPSP duration. Figure 3*B* shows the dose-response relationship for ethanol-induced attenuation of the paired-pulse disinhibition of the pEPSP. Ethanol inhibited the effect of 5 Hz stimulation in a dose-dependent manner over the range of concentrations tested (25–100 mM). The apparent IC₅₀ of ethanol was approxi-

mately 58 mM and the effect of ethanol reversed upon washout by more than 70% in every slice tested.

There are several mechanisms whereby ethanol could block the excitability induced by 5 Hz stimulation, and therefore the induction of LTP in these experiments. Ethanol could (1) potentiate GABA_A conductances, (2) inhibit GABA_B-mediated fading of GABA_A conductances, (3) inhibit NMDA conductances, or (4) have some combination of the above actions. In order to address these possibilities, we utilized tight-seal whole-cell voltage-clamp recording in the same preparation used for the previous experiments. We combined this technology with pharmacologic isolation of the individual synaptic currents of interest to determine the site of action of ethanol at the perforant path-dentate gyrus synapse.

GABA_A currents were isolated as described by Davies et al. (1990) using the excitatory amino acid receptor antagonists 6,7-dinitroquinoxaline-2,3-dione (DNQX) and D-APV to block non-NMDA and NMDA receptors, respectively. Stimulation under these conditions results in the recording of a "monosynaptic" IPSC (mIPSC). This current is biphasic, with a rapid component that is blocked by picrotoxin (PTX) and a slow component that is blocked by 2-hydroxy-saclofen (data not shown). Figure 4*A* shows recordings collected at -60 mV, a membrane potential that promotes recording of the fast GABA_A component. When stimuli were delivered at 5 Hz, a profound decrease in the am-

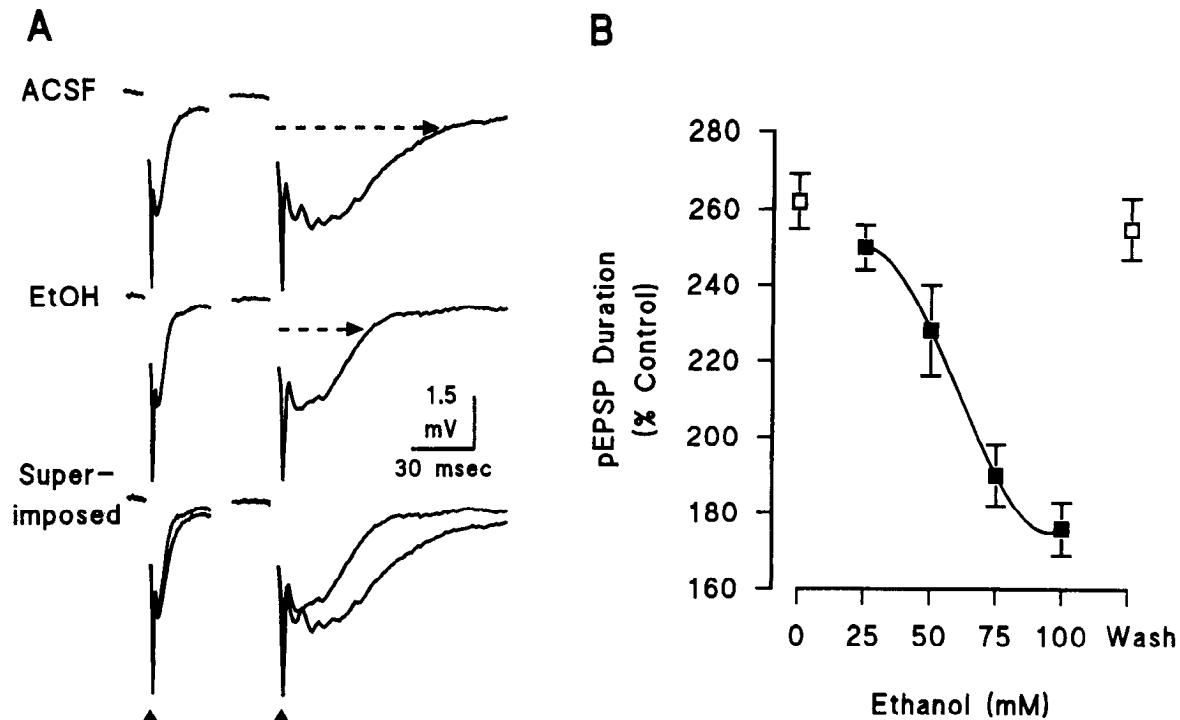


Figure 3. Ethanol blocks hyperexcitability due to paired stimulation of dentate molecular layer. *A*, Paired stimulation prolongs pEPSP duration (horizontal dashed line) measured at 20% of the maximum pEPSP amplitude. Ethanol (75 mM) antagonized pEPSP prolongation and repetitive firing with little effect on control response. *B*, Dose–response relationship of ethanol inhibition of NMDA-mediated hyperexcitability due to paired stimulation protocol at 5 Hz. % Control refers to the duration of the test response relative to the conditioning response. All slices were treated with ethanol in increasing concentrations (25–100 mM). WASH represents response to paired stimulation at 200 msec following return to ACSF perfusion. Responses recorded in 25–100 mM ethanol were significantly different from ACSF and WASH ($p < 0.05$ for 25 mM, $p < 0.01$ for 50–100 mM, $n = 5$ –7 slices, Kruskal-Wallis test).

plitude of the mIPSCs was apparent. This decrease in the IPSCs forms the basis for disinhibition and induction of NMDA synaptic currents. The strong fading of the mIPSCs was completely blocked by 2-hydroxy-saclofen (SAC, bottom trace). In the presence of ethanol (75 mM), there was no apparent change in either the mIPSC amplitude or time course evoked by a single stimulation. Neither did ethanol (75 mM) have any effect on the fading of the mIPSC due to 5 Hz stimulation. Figure 4*B* shows the cumulative data obtained in the presence of DNQX/D-APV, ethanol, and 2-hydroxy-saclofen. The left panel demonstrates that the mIPSC evoked by a single stimulation was not significantly affected by the presence of ethanol (75 mM; $p > 0.5$, $n = 8$). The right panel shows cumulatively the effect of ethanol and 2-hydroxy-saclofen on the fading of the mIPSC due to 5 Hz stimulation. Ethanol had no significant effect on mIPSC fading ($n = 8$ cells), whereas saclofen almost completely blocked the fading of the mIPSC. The effect of saclofen reversed upon washout in every case ($n = 5$ cells from different slices).

The mIPSC experiments strongly suggested that potentiation of GABAergic synaptic currents by ethanol was not responsible for the block of the hyperexcitability or LTP induced by 5 Hz stimulation. We therefore hypothesized that ethanol antagonism of NMDA currents at this synapse was a likely site of ethanol action. To investigate this possibility, we isolated NMDA synaptic currents under two different conditions. First, we used DNQX to block non-NMDA currents and stimulated at 5 Hz to allow the simultaneous fading of the IPSCs to promote the NMDA currents. Figure 5*A* depicts NMDA currents evoked in this manner. In the presence of DNQX, small inward currents

(10–30 pA) were recorded after single stimuli when cells were held -70 to -80 mV. Paired stimulation at 5 Hz, however, resulted in much larger inward currents (60–120 pA). D-APV inhibited the response to the initial stimulation by 60–80%, and reduced the response to the paired stimulation to the amplitude of that induced by the first stimulus of the pair (data not shown). This indicates that the increase in synaptic current evoked at 5 Hz was almost completely mediated by NMDA receptors. Ethanol (75 mM) strongly inhibited the response recorded in DNQX to both single and 5 Hz stimulation in all cells tested ($n = 9$) and across the range of membrane potentials tested (-40 to -100 mV). The effect of ethanol always reversed upon wash to more than 70% of the control response.

In order to ensure that we had the capability to resolve the actions of positive allosteric modulators of the GABA_A channel complex on the expression of NMDA synaptic currents, we studied the action of the water-soluble benzodiazepine midazolam. Figure 5*B* is a recording from another cell in DNQX showing a typical effect of midazolam. The cell presented in this figure was held at -60 mV in order to better resolve the outward GABA_A current evoked by the initial stimulus, while still observing the inward NMDA current induced by the stimulation at 200 msec. Under these conditions midazolam (30 μ M) strongly potentiated the outward synaptic current (presumably due to the enhancement of GABA_A currents). Note that midazolam increased the peak synaptic current amplitude and prolonged the decay of the current evoked by the initial stimulus. Interestingly, the potentiation by midazolam of the outward synaptic current was so complete that fading of the IPSC due to 5 Hz

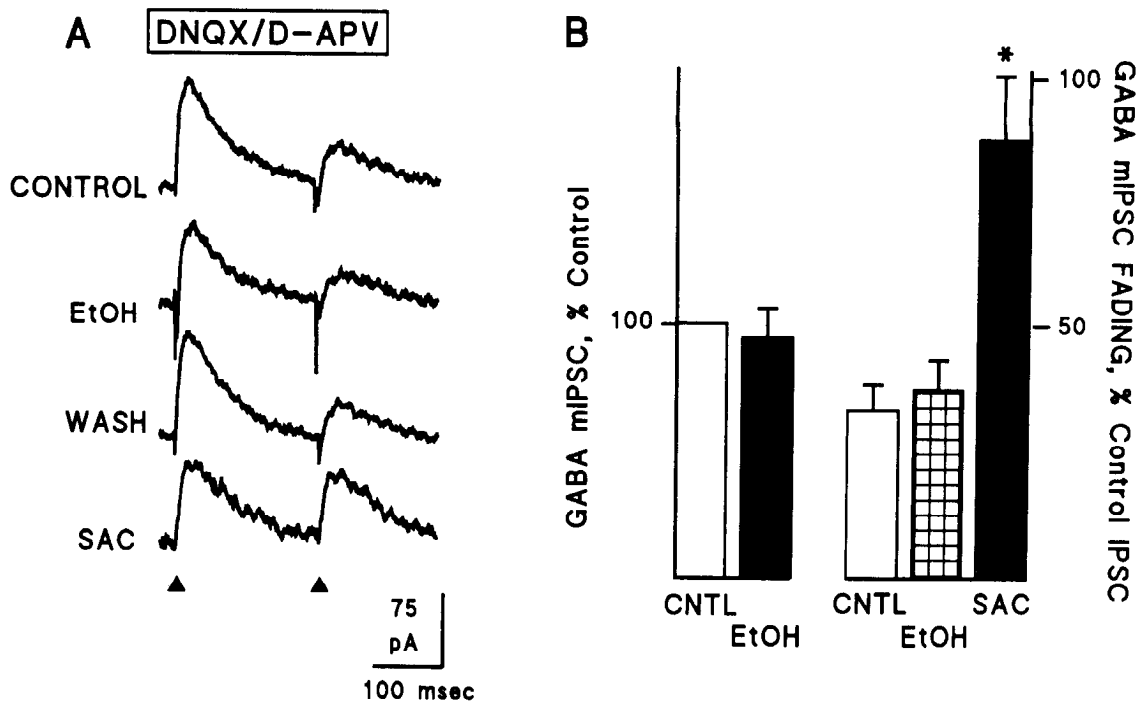


Figure 4. Lack of an effect of ethanol on mIPSCs at molecular layer-dentate gyrus synapse. *A*, Whole-cell recording of mIPSCs pharmacologically isolated using the glutamate receptor antagonists DNQX ($10 \mu\text{M}$) and D-APV ($10 \mu\text{M}$). Recordings were made at -60 mV . Note the fading of the second mIPSC due to paired stimulation at 5 Hz. Ethanol (75 mM) had no effect on the control mIPSC or the effect of pairing stimuli at 5 Hz. However, 2-hydroxy-saclofen (SAC, $200 \mu\text{M}$) completely reversed the fading that returned upon 2-hydroxy-saclofen wash (data not shown). *B*, Bar graphs of the effect of ethanol on mIPSCs and comparing the effect of ethanol and 2-hydroxy-saclofen on mIPSCs. On *left panel* of *B*, the effect of ethanol (75 mM) on the peak mIPSC amplitude is shown relative to the control (preethanol exposure). There was no difference between the control and ethanol groups ($p > 0.5$, $n = 8$ cells from different slices). On the *right panel* of *B*, the effect of ethanol and 2-hydroxy-saclofen on fading of the mIPSCs due to 5 Hz stimulation is presented, calculated as peak amplitude of $\text{mIPSC}_2/\text{mIPSC}_1$. Ethanol had no effect on fading of mIPSCs ($p > 0.5$, $n = 8$), while 2-hydroxy-saclofen reversed fading of mIPSCs to a significant degree (*, $p < 0.01$, $n = 5$, Kruskal-Wallis).

stimulation was not apparent. To assess the effect of midazolam on the predominant GABA_A currents, cells were held at -60 mV ; in this case midazolam potentiated the peak outward IPSC due to single stimulation by $39 \pm 6\%$ ($p < 0.01$, Kruskal-Wallis; $n = 5$). When stimuli were paired at 5 Hz, the induction of the inward synaptic current (presumably due to the predominant action of NMDA-coupled channels) was completely blocked by midazolam, resulting in a reversal of the current direction. In order to measure the effect of midazolam ($30 \mu\text{M}$) on the inward currents, cells were held at -90 mV to -100 mV ; under such conditions, midazolam almost completely inhibited the peak NMDA EPSC amplitude due to 5 Hz stimulation ($83 \pm 9\%$ inhibition; $p < 0.01$, Kruskal-Wallis; $n = 5$).

The data presented in Figure 4 indicate that ethanol did not inhibit LTP by potentiating GABA_A IPSCs directly, or by blocking the fading of GABA_A IPSCs. The results from Figure 5*A* suggested that the primary action of ethanol was at the NMDA receptor-channel complex. In order to demonstrate this further, we pharmacologically isolated NMDA EPSCs under conditions in which GABA_A IPSCs were blocked using DNQX and PTX (Morrisett et al., 1991b). Under these conditions inward currents were evoked in several cells by single stimuli (Fig. 5*C*). Ethanol (75 mM) strongly inhibited the NMDA EPSC recorded in DNQX/PTX ($n = 6$). The effect of ethanol was reversible in every case and the NMDA EPSC was also completely blocked by D-APV ($25 \mu\text{M}$). The cumulative results of the DNQX and DNQX/PTX synaptic current experiments are presented in Figure 5*D*. In the left panel of the graph, the DNQX synaptic currents were evoked at 5 Hz. The right panel of Figure 5*D* shows the effect of ethanol

(75 mM) on NMDA currents evoked by single stimuli recorded in DNQX/PTX.

Some preparations were stably maintained for a sufficient time to analyze the effect of ethanol on both the NMDA and mIPSCs in the same cell ($n = 4$). In these cases, cells were first treated with DNQX and 5 Hz stimulation was given in the absence and presence of ethanol. Ethanol (75 mM) significantly inhibited NMDA EPSCs recorded in these cells under these conditions. Then, the cells were treated with DNQX/D-APV to isolate the mIPSCs and study the effects of ethanol. As presented in Figure 4, neither mIPSCs nor fading of mIPSCs due to 5 Hz stimulation appeared sensitive to ethanol (75 mM). Therefore, ethanol had no consistent or significant effect on the GABA_A mIPSCs in several cells in which ethanol inhibited NMDA EPSCs induced by 5 Hz stimulation.

Conclusions

The major findings of this study include the following: (1) 5 Hz stimulation of the inner molecular layer of the dentate gyrus induced hyperexcitability of synaptic responses that required the activation of GABA_A receptors, and was expressed by NMDA receptor-mediated currents; (2) hyperexcitability due to paired stimulation was blocked by ethanol in a dose-dependent manner at pharmacologic concentrations; (3) repetitive 5 Hz stimulation for 2 sec to the inner molecular layer induced nondecremental LTP of synaptic transmission; (4) synaptic plasticity due to 5 Hz trains was completely prevented by ethanol (75 mM) in a reversible manner; (5) 5 Hz stimulation caused fading of pharmacologically isolated GABA_A synaptic currents (mIPSCs);

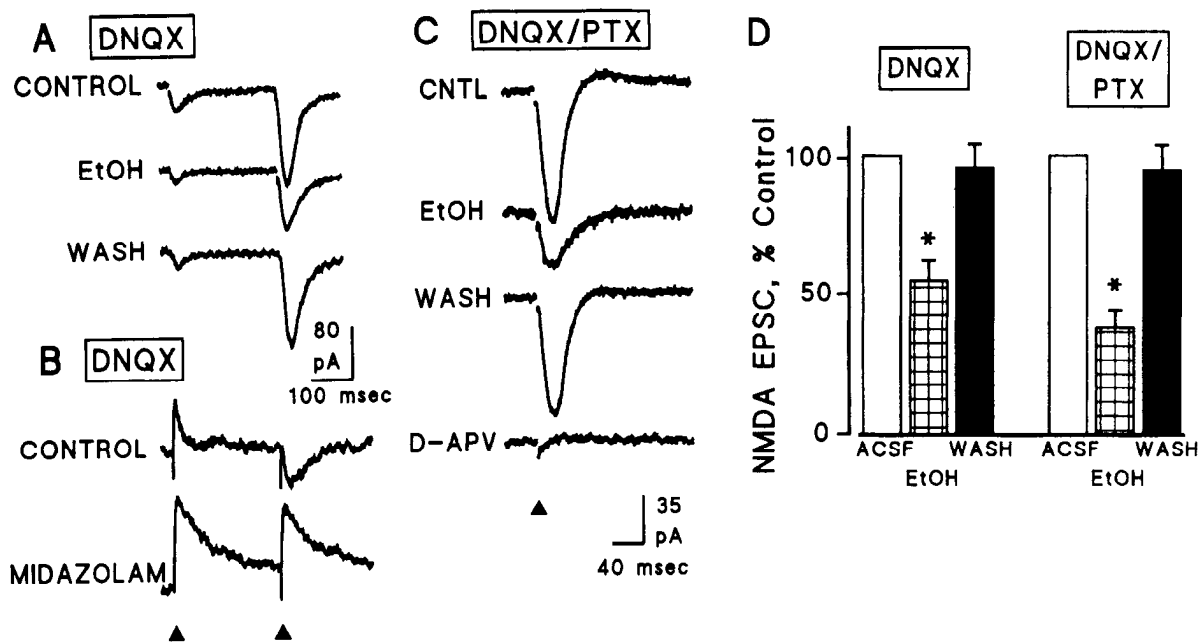


Figure 5. Ethanol blocks NMDA EPSCs in dentate gyrus. *A*, The effect of ethanol (75 mM) on NMDA EPSCs recorded in the presence of DNQX (10 μM), induced by 5 Hz stimulation and recorded at -75 mV. Stimulation in this manner elicited a large increase in the inward current due to the second stimulus. Ethanol strongly inhibited the NMDA EPSCs due to 5 Hz stimulation having little effect on the control response. Test and conditioned EPSCs recorded in DNQX (10 μM) were inhibited $78 \pm 3\%$ and $85 \pm 4\%$, respectively, by D-APV (25 μM, not shown). *B*, The benzodiazepine midazolam (30 μM) potentiates the GABAergic currents (outward currents at first stimulus) and completely reverses the effect of 5 Hz stimulation abolishing the inward currents. Calibration bars apply to *A* and *B*. *C*, NMDA EPSCs recorded in DNQX (10 μM) and the GABA_A channel antagonist PTX (25 μM) and elicited by single stimuli are blocked by ethanol in a reversible manner. D-APV (25 μM) inhibited DNQX/PTX NMDA EPSCs by $86 \pm 4\%$. *D*, Cumulative data for ethanol inhibition of NMDA EPSCs elicited by 5 Hz stimulation (at left in DNQX) and by single stimuli (at right in DNQX/PTX). For both ethanol cases, NMDA EPSCs were significantly different (*, $p < 0.01$, Kruskal-Wallis, $n = 9$, 6 cells in DNQX and DNQX/PTX, respectively).

(6) the mIPSCs and fading of the mIPSCs were insensitive to ethanol at concentrations that inhibited hyperexcitability and LTP; (7) pharmacologically isolated NMDA EPSCs were inhibited by ethanol at the same concentration that blocked hyperexcitability and LTP.

Taken together, these data indicate that, in the perforant path-dentate gyrus synapse, the ability of ethanol to inhibit theta-induced hyperexcitability and LTP is via direct inhibition of an NMDA receptor-mediated ion current. The lack of an effect of ethanol on GABAergic responses (or their autoregulation) obtained in this study strongly suggests that the pharmacologic effects of ethanol on hippocampal excitability and plasticity are mediated through effects on the NMDA receptor-channel complex. Additionally, the lack of an effect of ethanol on the peak field EPSP amplitude suggests that non-NMDA receptor-mediated responses at the perforant path synapses are largely ethanol insensitive.

The induction of LTP is dependent upon increasing intracellular calcium concentrations (Malenka et al., 1988). This can be accomplished through tetanic stimulation that releases the Mg^{2+} block of the NMDA channel (Herron et al., 1986), or by incubation in buffer having increased calcium concentrations (Turner et al., 1982). The previous reports of ethanol inhibition of LTP all utilized induction paradigms that promoted calcium influx under either of these circumstances (predominantly high-frequency trains). However, GABAergic inhibition plays a major role in regulating the induction of LTP as well (Wigstrom and Gustafsson, 1983). In this report, we utilized induction paradigms to model the physiologic activation of hippocampal NMDA receptor-mediated responses under conditions in which

GABAergic inhibition has been shown to play a crucial role (Davies et al., 1991; Mott et al., 1991). The present findings are in accord with the previous reports of ethanol inhibition of LTP. However, the present study directly compares the effects of ethanol on GABAergic inhibition and NMDA receptor-mediated excitation on synaptic currents in the dentate gyrus. Using this methodology, the specificity of ethanol effects on these neurotransmitter systems has been dissected.

The present data support the conclusion that ethanol blocks LTP by virtue of blocking NMDA synaptic currents. Electrophysiologic and biochemical evidence that ethanol selectively inhibits NMDA receptor-mediated responses is now quite strong (Hoffmann et al., 1989; Lovinger et al., 1989; Woodward and Gonzales, 1990; Morrisett et al., 1991c). As a result, understanding the physiologic consequences of ethanol exposure on NMDA systems is of great interest. Chronic ethanol exposure is associated with an increase in 3H -MK-801 binding site density, indicating that long-term ethanol exposure may upregulate NMDA channel number (Grant et al., 1990; Valverius et al., 1990; Gulya et al., 1991). Such alterations in NMDA receptor pharmacology strongly support the possibility that some of the behavioral effects of chronic ethanol exposure and withdrawal could be mediated through the NMDA receptor-channel complex.

Evidence of specificity of the actions of ethanol at ligand-gated ion channels as demonstrated in this report is strong. Concerning NMDA receptors, several investigators have reported some noncompetitive interactions of ethanol with glycine (Rabe and Tabakoff, 1990; Woodward and Gonzales, 1990) and Mg^{2+} binding sites (Martin et al., 1991; Morrisett et al., 1991c).

Such findings appear to indicate that channel conformation or activation state may be critical for ethanol-induced inhibition of NMDA responses. Strong evidence supporting the specificity of action of depressant agents at ion channels includes the recent report of stereospecificity between isoflurane optical isomers at voltage-gated ion K⁺ channels (Franks and Leib, 1991). This is further supported by the observation that ethanol has little effect on AMPA responses and intermediate effects on kainate responses (Lovinger et al., 1989). These results are supported by the present data demonstrating ethanol inhibition of NMDA receptor-mediated prolongation of population synaptic responses (Figs. 2, 3) while leaving the non-NMDA synaptic response unaltered.

Concerning the specificity of ethanol action at GABA channel complex, the present results indicate that ethanol does not potentiate GABAergic systems in dentate. These data are in good accord with the recent findings of Proctor et al. (1992), who demonstrated ethanol potentiation of GABA_A synaptic responses in cerebral cortex and cerebellum but not in hippocampus. However, several investigators have demonstrated that ethanol, at pharmacologic concentrations, potentiates the uptake of Cl⁻ stimulated by GABA (Allan and Harris, 1986; Suzdak, 1986; Ticku, 1987). The literature regarding the effects of ethanol on electrophysiologic responses mediated by GABA receptors has been varied (compare Davidoff, 1973; Nestoros, 1980; Celentano et al., 1988; with Mancillas et al., 1986; Harrison et al., 1987). Nevertheless, Siggins et al. (1987) and Aguayo (1990) have reported electrophysiologic evidence that ethanol potentiates GABA effects in the hippocampal formation and cultured cells. However, Wafford et al. (1991) have demonstrated the dependence of ethanol effects on GABA_A subunit structure, suggesting that γ -subunit variants are differentially affected by ethanol depending upon the presence of specific sequence inserts in the third intracellular loop (Wafford et al., 1991), possibly related to the presence of phosphorylation sites. Direct mRNA measurement has demonstrated the presence of ethanol-sensitive and -insensitive γ -subunits in the hippocampal formation (Buck et al., 1991). It is likely that the expression of ethanol-sensitive GABA subunits in the hippocampal formation is insufficient to permit the recording of an ethanol-sensitive GABAergic response electrophysiologically.

On the other hand, intracellular dialysis due to whole-cell recording may remove intracellular constituents required for ethanol potentiation of GABA_A currents. In the present experiments we observed no time dependence of ethanol effects on either NMDA or GABA_A currents. We did not observe ethanol potentiation of GABA_A currents in cells exposed to ethanol immediately following obtaining whole-cell configuration versus those cells exposed to ethanol following longer periods prior to ethanol exposure. In other words, we observed no "rundown" of ethanol effects on either NMDA or GABA_A currents. This should have been especially apparent for the DNQX experiments versus the DNQX/PTX experiments. If ethanol inhibited the expression of NMDA currents by potentiation of GABA_A currents under conditions of current rundown, then we should have observed rundown of ethanol inhibition of NMDA currents only under the circumstances of recording in DNQX and not in DNQX/PTX. Such effects were never observed.

The hippocampal formation is known to be critical for memory formation (Mahut et al., 1982), rich in NMDA receptors (Monaghan et al., 1983), and highly susceptible to the effects of ethanol (Swartzwelder, 1985). As these lines of evidence have

converged, the amnesic effects of ethanol have been increasingly ascribed to effects on hippocampal function (Lovinger et al., 1989, 1990). The NMDA receptor-channel complex is a critical site for the induction of LTP in most hippocampal circuits; therefore, this receptor system would seem to be a likely target for one of the primary cognitive effects of ethanol. In the present study, we have utilized techniques to elicit NMDA-mediated responses under conditions similar to those required for physiologic expression. The present findings indicate that NMDA responses under such conditions exhibit sensitivity to ethanol at pharmacologic concentrations. These findings are also unique in that they include direct demonstration of ethanol inhibition of synaptically activated NMDA receptor-mediated ion current. Taken together, these results provide evidence that the behavioral effects of intoxicating concentrations of ethanol may be elicited predominantly by an interaction at the NMDA channel complex.

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