

Interleukin-10 neutralizing antibody for detection of intestinal luminal levels and as a dietary additive in *Eimeria* challenged broiler chicks

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ABSTRACT Interleukin-10 (IL-10) mRNA levels are increased within intestinal mucosa after *Eimeria* infection. IL-10 apical receptor presence on enterocytes suggests IL-10 is secreted into the intestinal lumen. Increased IL-10 has been shown to be central to the pathogenesis of numerous intracellular pathogens; we hypothesize luminal secretion of IL-10 enables *Eimeria* spp. infection in chickens. This study examines intestine luminal IL-10 levels and performance in broilers challenged with *Eimeria* when fed an anti-IL-10 antibody. Chicks were fed a diet (1 to 21 d) with control or anti-IL-10 antibody (0.34 g egg yolk antibody powder/Kg diet) with a saline or 10× dose of Advent coccidiosis vaccine on d 3. One chick per pen was euthanized on days 2, 4, 7, 10, 13, 16, and 19 post-challenge, bled, and intestines were collected for luminal fluid IL-10 concentrations. Body weight and feed intake were measured on d 21, and oocyst shedding was assessed on d 7 post-challenge. A significant *Eimeria* × antibody interaction on d 21 body weight ($P < 0.05$) showed chicks fed control antibody, but not anti-IL-10, had significant reductions in body weight when chal-

lenged with *Eimeria* spp. Oocyst shedding was increased with *Eimeria* challenge, but dietary antibody had no effect. Plasma carotenoid levels were reduced in *Eimeria* challenged chicks 4, 7, 10, and 16 days post-challenge compared to unchallenged chicks. Lack of an *Eimeria* × antibody interaction showed anti-IL-10 was not protective against *Eimeria*-induced decreases in plasma carotenoids. *Eimeria* challenge increased intestine luminal IL-10 on days 4 and 7 post-challenge in the cecum and jejunum, respectively, compared to unchallenged. Dietary anti-IL-10 decreased luminal IL-10 in the ileum on day 2 post-challenge when compared to control antibody fed chicks. No interaction between *Eimeria* challenge and antibody was observed on intestine luminal contents of IL-10, suggesting anti-IL-10 was ineffective at preventing increased *Eimeria*-induced luminal IL-10. In conclusion, *Eimeria* challenge increased intestinal luminal IL-10 and anti-IL-10 was effective at preventing *Eimeria*-induced decreased body weight, however the mechanism anti-IL-10 antibody protects body weight during *Eimeria* challenge remains unknown.

Key words: Interleukin-10, *Eimeria*, coccidiosis, egg antibody, anti-IL-10

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INTRODUCTION

Interleukin-10 (IL-10) is an anti-inflammatory cytokine important in balancing inflammatory responses to pathogens, and is secreted by macrophages, dendritic cells, T cells, B cells, neutrophils, eosinophils, and mast cells (Moore et al., 2001). The role of IL-10 as a key regulator of the inflammatory process has been extensively reviewed (Couper et al., 2008; Cyktor and Turner, 2011). Interleukin-10 activity diminishes the capacity of innate immune cells to respond to pathogens by down regulating major histocompatibility complex class II proteins, costimulatory molecules,

and the production of reactive oxygen intermediates in active macrophages. IL-10 also reduces the adaptive immune response by decreasing the generation of antigen specific T-cells. Typically after a pro-inflammatory immune response, IL-10 prevents further inflammation by the aforementioned mechanisms and by inhibiting pro-inflammatory cytokine production (gamma interferon (IFN- γ), tumor necrosis factor alpha, interleukin 1 beta, interleukin 2, and granulocyte-monocyte colony-stimulating factor). IL-10s anti-inflammatory properties are typically necessary to prevent further inflammation that may be detrimental to host tissue.

However, anti-inflammatory properties of IL-10 also provide a pathway for intracellular pathogens to evade host immune responses. A compilation of literature indicates that IL-10 regulation may be exploited by bacterial, fungal, and parasitic infections through a variety of pathways involving toll-like

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receptor 2 and 4 (**TLR-2** and **TLR-4**) signaling, (Cyktor and Turner, 2011). For example, macrophages stimulated with *Yersinia enterocolitica* (a pathogenic intracellular bacteria) LcrV antigens increase IL-10 secretion through transmembrane signaling via lipopolysaccharide binding protein/CD14/TLR-2 complexes. A pathogen-induced increase in IL-10 leads to a hypo-responsive state by decreasing nuclear factor kappa-light-chain-enhancer of activated B cells signal transduction, and tumor necrosis factor alpha production (and other cytokines associated with cell apoptosis and inflammation during infection), which favors intracellular pathogen survival (Sing et al., 2002). Furthermore, animal models that have reduced or eliminated IL-10 levels (e.g., knockout or anti-IL-10 receptor monoclonal antibody) have exhibited a greater capacity than their wild-type or control antibody counterparts to clear some pathogenic infections (Cyktor and Turner, 2011). Similar to other intracellular pathogens, *Eimeria acervulina* has also been found to increase IL-10 mRNA production in the duodenum and cecum 5 days post-infection (Hong et al., 2006). *E. tenella*-induced increases in IL-10 suggests that *Eimeria* species may be utilizing a similar tactic to elude host immune responses, allowing the parasite to complete its life cycle within intestinal epithelial cells.

Eimeria spp. are intracellular protozoan parasites that cause gastrointestinal dysfunction, decreased growth and feed efficiency, and increased mortality in floor-raised chickens (Williams, 1999). Currently *Eimeria* infection is managed by vaccination and anti-coccidials (i.e., ionophores and chemicals). Due to inconsistent coverage, vaccines can reduce overall flock weight gain or offer limited protection against subsequent exposure, while anti-coccidials create *Eimeria* resistance (Lillehoj and Lillehoj, 2000; Vermeulen et al., 2001).

Evidence of uncontrolled inflammation in IL-10 knockout models and animals treated systemically with antibodies to IL-10 (Cyktor and Turner, 2011) suggested that alternative means of controlling *Eimeria*-induced release of IL-10 were needed. A recent finding of apical IL-10 receptors on intestinal epithelia (Kominsky et al., 2014) led Sand et al. (2016) to explore targeting IL-10 secretion into the intestinal lumen. Preliminary findings of luminal IL-10 supported an alternative method for controlling *Eimeria* infection without inducing systemic inflammation, the feeding of anti-IL-10 antibodies (Sand et al., 2016).

Recently, successful targeting of host peptides in the intestinal lumen using egg antibodies was demonstrated (Cook and Trott, 2010; Bobeck et al., 2015). The recent findings of Sand et al. (2016) that oral antibodies to chicken IL-10 prevented *Eimeria*-induced decreases in growth rate of broilers lead us to develop a quantitative assay for intestine luminal IL-10 and to better understand IL-10s regulation in *Eimeria* challenged chickens. In this study we induce a subclinical *Eimeria* challenge by orally gavaging chicks with a 10× dose of low viru-

lent coccidiosis vaccine. This model has been shown to reduce performance without an increase in chick mortality (Pederson et al., 2008). The effects of *Eimeria* challenge and oral anti-IL-10 on intestine luminal IL-10 levels as well as chick performance were measured.

MATERIALS AND METHODS

All experimental procedures involving chickens were approved by the College of Agricultural and Life Sciences Animal Care Committee at the University of Wisconsin-Madison.

Antibody preparation and specificity

Antibody to avian IL-10 was prepared using a procedure similar to those described in Bobeck et al. (2015) and was recently described in more detail in Sand et al. (2016). Briefly, an 8 amino acid peptide val-leu-pro-arg-ala-met-gln-thr (vlpramqt) synthesized by GeneScript (Piscataway, NJ), was conjugated to bovine gamma globulin (**BGG**, Sigma, St. Louis, MO) using the previously described glutaraldehyde procedure (Bobeck et al., 2012). The control vaccine consisted of glutaraldehyde treated BGG and Freund's Complete and Incomplete adjuvants (Difco Laboratories, Detroit, MI), the same adjuvants used for making anti-IL-10 antibody. Hens were injected as previously described and eggs containing the antibody were collected beginning 21 days after the first injection, yolks separated, and dried by lyophilization (Cook and Trott, 2010). Presence of the antibody was determined using ELISA, where the coating peptide (vlpramqt) was attached to ovalbumin (Bobeck et al., 2015).

Antibody neutralization ability was determined using the procedures described by Hillyer and Woodward (2003) with minor modifications. In this assay, the ability of anti-IL-10 antibody to prevent IL-10-induced inhibition of IFN- γ production in concanavalin A (**ConA**) stimulated chick splenocytes was determined. Briefly, chick splenocytes were harvested (Ren et al., 2015) and re-suspended at 4×10^6 cells/mL RPMI-1640 medium (without phenol red) supplemented with 10% fetal calf serum, 100U/mL penicillin, and 100 μ g/mL streptomycin (Sigma). Cells were treated with 20 μ g/mL ConA alone, ConA (Sigma) plus 0.2 ng/mL IL-10 (Kingfisher Biotech, Inc., St. Paul, MN), or ConA, plus IL-10 plus 0.85 μ g/mL of affinity purified egg yolk anti-IL-10 antibody. Cultures were incubated at 41.5°C in a humidified 5% CO₂ chamber for 24 h. Culture fluid was removed from each well and centrifuged at 1,000 g for 20 minutes. A commercial ELISA kit was used to quantify IFN- γ in supernatants (Invitrogen, Frederick, MD).

Chick Experiment

Day-old broiler pullets from Welp Hatchery, Bancroft, Iowa, (400 in total) were divided into 40 pens

(10 chicks per pen) and housed in a battery brooder with raised wire floors. Ten pens of chicks were assigned to each of 4 treatments in a 2 (Antibody) \times 2 (*Eimeria*) factorial arrangement in a complete randomized design. The four treatments were: dietary control antibody and saline challenge, dietary control antibody and *Eimeria* challenge, dietary anti-IL-10 antibody and saline challenge, and dietary anti-IL-10 antibody and *Eimeria* challenge. Diets consisted of a standard broiler starter diet supplemented with either control dried egg yolk antibody (from hens injected with BGG carrier in adjuvant) or an anti-IL-10 dried egg yolk antibody (0.341 g/Kg diet). Since anti-IL-10 antibody replaced control antibody containing the exact same nutrient profiles (nutrient profiles of dried egg yolk powder), the nutrient content of all diets were identical and came from the same lot of feed. The dietary level of anti-IL-10 antibody was based on the level used by Sand et al. (2016), and was a level that prevented *Eimeria*-induced growth depression in chicks. Chicks assigned each diet treatment were either orally gavaged with a saline solution or an Advent Coccidiosis vaccine (10 \times vaccine dose consisting of a proprietary blend of live *Eimeria acervulina*, *Eimeria maxima*, and *Eimeria tenella* oocysts) at 3 d. Since chicks were euthanized throughout the study for blood and tissue sampling, only the body weights of remaining live chicks were determined at d 21 ($n = 3$ chicks per pen). Feed consumption was assessed by feed consumed/bird/day since birds were sacrificed mid-trial. Feed conversion was calculated by dividing feed consumption by body weight over the 21-day period. Oocysts were quantified using McMaster technique on day 4, 6, 8, and 10 days post infection (dpi) (Haug et al., 2006). On 2, 4, 7, 10, 13, 16, and 19 dpi, 1 bird per pen was randomly selected, bled into heparinized tubes, and blood was centrifuged and plasma was stored at -80°C for eventual determination of plasma carotenoids and corticosterone levels. At the same collection times, the luminal contents of the duodenum, jejunum, ileum, and ceca were collected by gentle squeezing and contents were flash frozen in liquid nitrogen. At a later date, luminal contents were thawed, diluted 1:5 in PBS, centrifuged (10,000 rpm, 15 minutes) to remove fecal matter, and supernatants were frozen at -80°C for eventual IL-10 determination. Preliminary data analyzing IL-10 levels in an intestinal mucosal scraping indicated on average that the lumen had 2 times the amount of IL-10 compared to the mucosal scraping. These findings suggested that mucosal IL-10 levels would have minimal effects on intestinal luminal content IL-10 levels if cells were damaged from the gentle squeeze during collection.

Measurement of Luminal IL-10 Using a Capture ELISA

Protein levels of thawed luminal supernatants (day 2, 4, and 7 post infection) were determined using Pierce

BCA Protein Assay Kit (Thermo Scientific, Rockford, IL). A capture ELISA was developed to quantify the amount of IL-10 in luminal contents. Rabbit anti-IL-10 (Bioss, Woburn, MA, diluted 1:1,000) served as the capture antibody and was bound to a Costar EIA/RIA flat bottom polystyrene 96 well plate (Corning Inc., Corning, NY) using a sodium carbonate buffer (pH 9.6), overnight at 4°C . The plate was washed 3 \times with PBS Tween 20 (Thermo Fisher Scientific, Rockford, IL) and then blocked for 1 hour at room temperature with 200 μL /well Pierce protein-free (TBS) blocking buffer (Thermo Scientific, Rockford, IL). Recombinant chicken IL-10 was used to develop a standard curve of optical density versus commercial recombinant IL-10 concentrations (16 ng to 1000 ng/mL in serial 2-fold dilutions, where concentrations were expressed as Log_2 concentrations for linear curve fit, $R^2 = 0.98$). The standard or luminal supernates (at 2.5 mg protein/mL) were then added to each of the wells and allowed to shake overnight at room temperature, then washed. Anti-IL-10 egg antibody to peptide vlpramqt (affinity purified, 0.85 mg/mL) was diluted at 1:1,000 in 1% nonfat dry milk powder was then added to the plate, incubated for 4 hours then washed. Rabbit anti-Chicken IgY-horseradish peroxidase (Bethyl, Montgomery, TX) was diluted in blocking buffer 1:10,000, added to each well, and shaken for 30 min at room temperature. After washing 6 times, the plate was developed by adding 1-Step Ultra TMB-ELISA (Thermo Scientific). Development was stopped by the addition of 100 μL /well 0.5 M H_2SO_4 . The plate was read on an EL800 plate reader (BioTek, Winooski, VT) at 450 nm, and data were expressed in μg IL-10/mg protein.

Plasma Carotenoid Concentration

The carotenoid content of the plasma, a known biomarker for malabsorption, was determined using a modification method of Wilson and Wakabayashi (1956). The plasma was diluted 1:10 in acetone (0.1 mL of plasma to 0.9 mL of acetone) to precipitate the protein. This was followed by centrifugation for 10 minutes at 1,000 g. The optical density of the supernatant fluid was measured in a Beckman Coulter DU 800 spectrophotometer (Beckman Coulter, Brea, CA) at 445 nm (Wilson and Wakabayashi, 1956; Ruff and Fuller, 1975; Pettersson et al., 1995). Lutein (Indofine Chemical, Hillsborough, NJ) was used to establish a standard curve and was diluted 2-fold starting at 31.25 ng/mL of lutein in acetone. The R^2 of the standard curve was 0.993.

Statistical Analysis

The collected data were analyzed using ANOVAS PROC MIXED of SAS 9.4 (SAS Institute Inc., Cary, NC). The LSD test was used for multiple treatment comparisons using the LSMEANS statement of SAS 9.4 with letter grouping obtained using the SAS pdmix800

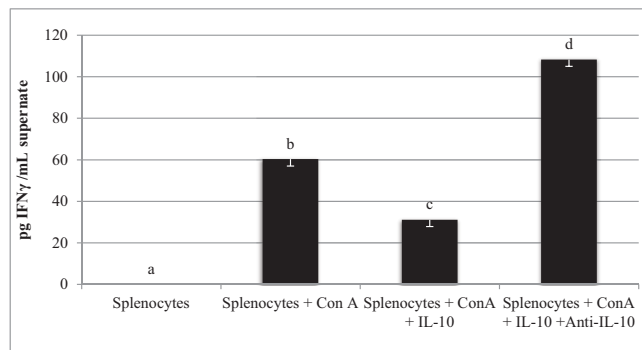


Figure 1. The neutralizing effects of affinity purified egg yolk anti-IL-10 antibody were determined by measuring the ability of recombinant chicken IL-10 to inhibit IFN- γ production in Concanavalin A (Con A) stimulated chicken splenocytes. Splenocytes were untreated, stimulated with 20 μ g Con A, stimulated with Con A and 0.2 ng/mL recombinant chicken IL-10, or stimulated with Con A, IL-10, and 0.85 μ g/mL affinity purified egg anti-IL-10 specific antibody. Culture media was analyzed for IFN- γ 24 hours after treatment. Anti-IL-10 was effective at neutralizing IL-10s inhibition of IFN- γ release (overall ANOVA $P < 0.0001$, standard error of the mean bars $n = 3$). ^{a-d}Treatment means with different letter superscripts are statistically different ($P < 0.05$).

macro. For the different statistical tests, significance was declared at a P -value of ≤ 0.05 . Post hoc analyses for treatment differences were conducted if interactions were significant.

RESULTS

IL-10 Bioactivity Assay

ConA-stimulated splenocytes cultured with IL-10 had significantly lower IFN- γ /mL than ConA splenocytes cultured without IL-10 (Figure 1, $P < 0.05$). Affinity purified egg yolk anti-IL-10 prevented IL-10s reduction of IFN- γ , and actually increased IFN- γ levels in the supernatant to 108 pg IFN- γ /mL, a level higher than in Con-A stimulated cells (Figure 1, $P < 0.0001$).

Broiler Performance and Oocyst Shedding

Broiler chicks fed control antibody and challenged with *Eimeria* had a 20% reduction in body weight at

21 days of age when compared to chicks fed the control antibody and unchallenged (Table 1). Challenged chicks fed anti-IL-10 had similar 21 d body weight to unchallenged chicks fed anti-IL-10, and only a 13% reduction in 21 d body weight compared to those fed the control diet and unchallenged (significant *Eimeria* \times antibody interaction). Feed conversion was unaffected by *Eimeria* challenge or dietary antibody. Oocyst shedding was increased due to *Eimeria* challenge. Antibody had no effect on oocyst shedding (Table 1).

Anti-IL-10 Capture ELISA and Luminal IL-10 Levels

The sensitivity and linearity of the capture ELISA for detecting recombinant chicken IL-10 was demonstrated. Recombinant chicken IL-10 could be detected at concentrations as low as 16 ng/mL and the standard curve was linear (Log_2) to 1,000 ng/mL ($R^2 = 0.98$). Addition of luminal fluid at 0.25 mg protein/mL was adequate for detecting IL-10 within the range of the standard curve. When luminal contents were analyzed for the concentration of IL-10, *Eimeria* challenge (*Eimeria* main effect) increased luminal IL-10 levels on 4 dpi in the cecum (Figure 2D; $P = 0.005$), and on 7 dpi in the jejunum (Figure 2B, $P < 0.05$), but not in the duodenum or ileum at time points measured (Figure 2A and C). Feeding anti-IL-10 reduced the luminal IL-10 levels (Figure 2E; $P < 0.05$), but had no effect on lumen fluid levels in other tissues and at other time points (data not shown). No significant interactions for *Eimeria* \times antibody were present in luminal contents of different regions of the intestine. Luminal IL-10 levels were notably increased on 4 dpi compared to 2 and 7 dpi in all sections of the intestine (effect of day; $P < 0.05$). Luminal IL-10 levels were again reduced on 7 dpi (except the cecum).

Plasma Carotenoid Levels

Infected chicks had reduced plasma carotenoid levels on 4, 7, 10, and 16 dpi (main effect of infection,

Table 1. Effect of *Eimeria* challenge and anti-IL-10 on chick performance and oocyst shedding.

Treatment Groups	Average Weight (g) ¹		Feed Conversion ²		Oocysts/g Excreta ²	
Antibody	<i>Eimeria</i> Infection		<i>Eimeria</i> Infection		<i>Eimeria</i> Infection	
	Unchallenged	Challenged	Unchallenged	Infected	Unchallenged	Challenged
Control	809 ^a	645 ^c	1.11	1.27	0	1,159,180
Anti-IL-10	753 ^{a,b}	705 ^{b,c}	1.19	1.14	0	819,010
SEM	24		18		115,624	
P-values						
<i>Eimeria</i>	0.01		0.21		0.01	
Antibody	0.93		0.57		0.15	
<i>Eimeria</i> X Antibody	0.02		0.07		0.15	

^{a-c}Means with different superscripts within a column were significantly different ($P < 0.05$).

¹Average weight ($n = 10$) and feed consumption ($n = 10$) were measured in grams. SEM = Standard error of the mean.

²Feed conversion is calculated by dividing feed consumption by average pen body weight.

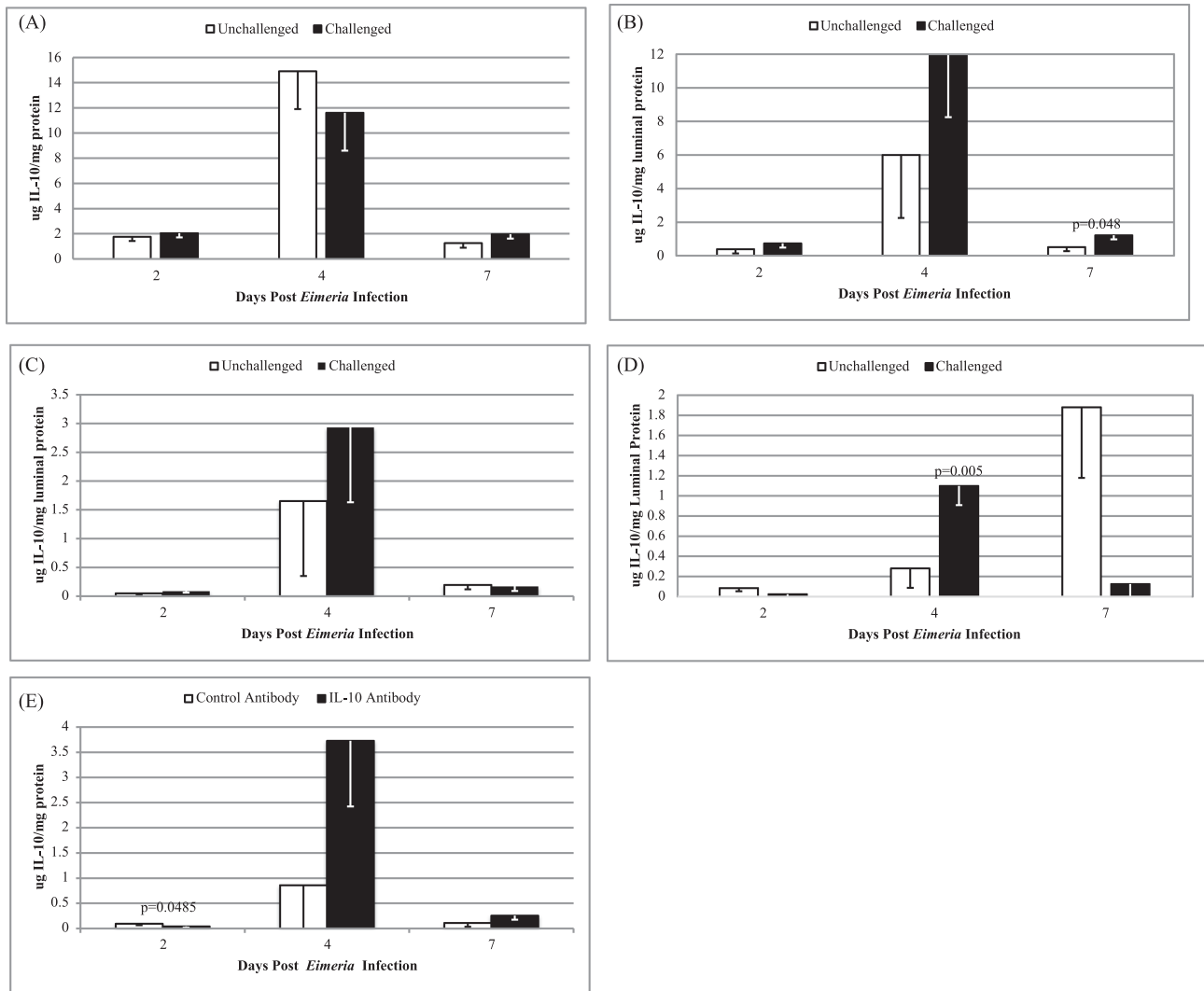


Figure 2. Intestinal luminal IL-10 of *Eimeria* challenged chicks. Only the main effect of *Eimeria* challenge is shown for duodenum (2A), jejunum (2B), ileum (2C), cecum (2D) at each time point sampled. Main effect of antibody is shown for the ileum (2E). Error bars denote standard error of the mean (n = 20/treatment).

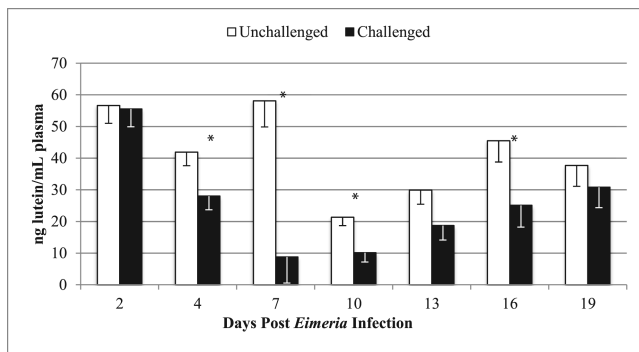


Figure 3. Plasma carotenoid levels of *Eimeria* challenged chicks. Within each day post challenge *denote significant difference between unchallenged and challenged treatment groups ($P < 0.05$). Error bars represent the standard error of the mean (n = 20/treatment).

Figure 3; $P < 0.05$). Coccidia caused the largest reduction (–85%) in plasma carotenoid levels on 7 dpi. No significant *Eimeria* × antibody interaction or antibody main effect was observed.

DISCUSSION

Sand et al. (2016) reported that feeding *Eimeria*-challenged chicks an anti-IL-10 egg yolk powder (antibody to IL-10 peptide vlpramqt) prevented reduced body weight compared to challenged chicks fed control antibody. The anti-IL-10 antibody did not improve body weight over control antibody when fed to unchallenged chicks, hence the anti-IL-10 benefit was the result of protecting against decreased body weights caused by *Eimeria* challenge. In a similar manner, anti-IL-10, in the experiment described here, protected against reduced body weight associated with *Eimeria* challenge. Unlike Sand et al. (2016) anti-IL-10 was not completely effective at preventing reduced body weights associated with *Eimeria* challenge, since the anti-IL-10 fed and challenged chick weighed less than the control antibody fed and unchallenged chicks. The experiment described in this paper was not designed as a growth trial, since every 2 to 3 days, chicks were

removed from the experiment for tissue sampling. By d 21, only 3 chicks per pen (with 10 pens/experimental treatment) remained for body weight determination. Even with the shortcoming described, the results presented in this paper largely confirm the findings of Sand et al. (2016) with regards to the protective effects of anti-IL-10 against the reduced body weight due to *Eimeria* challenge.

One possible mechanism by which anti-IL-10 could be protective against reduced body weights due to *Eimeria* challenge was that anti-IL-10 served as a protectant against intestinal mucosa dysfunction and decreased nutrient absorption during *Eimeria* challenge (Ruff and Wilkins, 1984). Intestinal lesion scores are commonly used to estimate mucosal damage and the severity of *Eimeria* challenge since there is a negative correlation between lesion score and final body weight or weight gain (Mathis et al., 1984). However, the challenge used in this study (10× dose of a Advent coccidiosis vaccine) resulted in few lesions upon necropsy (lesion scores not collected). Low lesion scores were likely due to housing conditions. In this study, chicks were in pens with raised wire floors, and the excreta-oral cycling of oocysts was interrupted, limiting the severity of infection relative to birds raised in floor pens (Chapman et al., 2002). Plasma carotenoid levels are a known biomarker for malabsorption, and have been shown to decrease during coccidiosis (Ruff et al., 1974; Ruff and Fuller, 1975). In the study reported here, plasma carotenoids, independent of challenge, showed a bi-phasic curve, where plasma levels declined from day 5 to 13 of age (d 2 to d 12 post challenge), then increased from d 15 to d 18. This finding is consistent with the finding of Benito et al. (2011) who showed in post-hatch tern chicks, plasma levels of carotenoids decline post hatch, probably from the decay of carotenoids originating from the egg yolk. Dietary levels of carotenoids increase as dietary (corn) carotenoids were consumed. Our finding of an apparent accelerated loss of plasma carotenoids between d 2 to d 7 in *Eimeria* challenged chicks versus unchallenged chicks has been previously reported (Ruff and Fuller, 1975), and the mechanism may be related to the pro-oxidative state of an inflammatory process in challenged chicks (Shanmugasundaram and Selvaraj, 2011). *Eimeria acervulina* challenge, but not *E. tenella*, has been shown to interfere with carotenoid absorption and reduced plasma carotenoid levels in *Eimeria* challenged compared to unchallenged chicks (Ruff and Fuller, 1975). Our finding of reduced plasma carotenoids beginning on day 10 post challenge was probably the result of *Eimeria*'s (possibly *E. acervulina*, one of the species used in challenging chicks) direct effect on carotenoid absorption. In this study anti-IL-10 antibody was ineffective in preventing *Eimeria*-induced decreased plasma carotenoids. The finding that anti-IL-10 protected body weights during *Eimeria* challenge on the one hand, but did not protect against a measure of nutrient absorption on the other, seems contradictory. Carotenoids (i.e., lutein) are lipophilic and are

not required for broiler or turkey growth (Shanmugasundaram and Selvaraj, 2011; Moraes et al., 2015). In addition, *E. acervulina* infectious dosage that affects carotenoid absorption had no effect on broiler growth (Hernandez-Velasco et al., 2014). Anti-IL-10 may be protective against the absorption of nutrients essential for growth or protective against *Eimeria* species known to impact chick growth.

The accepted method to measure the bioactivity of chicken IL-10 is by measuring its ability to reduce IFN- γ production in Con A stimulated splenocytes (Hillyer and Woodward, 2003). In the experiment provided, commercial recombinant IL-10 was effective at inhibiting Con A-induced IFN- γ production. Using this cell culture assay, we were then able to investigate if the anti-IL-10 produced against IL-10 peptide vlpramqt was useful in neutralizing the bioactivity of chicken IL-10. Evidence that the anti-IL-10 antibody neutralized the bioactivity of IL-10 (particularly with regards to IFN- γ regulation) provides support that IL-10 neutralization in feeding trials and sandwich ELISA were linked to IL-10s.

Inhibition of IL-10 systemically is well known to cause a pro-inflammatory condition in animals (Couper et al., 2008). We previously passively transferred IL-10 peptide antibodies to chicks by maternal vaccination. Passively transferred systemic antibodies decreased chick growth and increased intestinal inflammation; hence this research strategy was abandoned (unpublished). Orally administered antibodies, except in newborn calves and pigs during the "open gut" period, are not absorbed in a form that retains binding activity (Carlander et al., 2000; Cook and Trott, 2010); hence for an oral antibody to have biological activity, its ligand must be present in the intestinal lumen or accessible to the ligand. A recent finding of an apical IL-10 receptor on enterocytes suggested that functional IL-10 might be secreted into the intestine lumen (Kominsky et al., 2014). In preliminary studies, we were able to measure luminal IL-10 in two animal models, chicks challenged with *Eimeria* spp. (Sand et al., 2016), and mice with collagen-induced arthritis (unpublished). The data reported here confirms the presence of luminal IL-10 in both unchallenged and challenged chicks.

Striking in the luminal IL-10 data is the increased levels at 7 days of age (corresponding to 7 dpi) independent of *Eimeria* challenge (duodenum, jejunum, and ileum). In all tissue lumen samples, except the cecum, IL-10 levels decreased by 10 days of age (7 dpi). Studies on the developmental patterns of cytokine expression in the spleen and gut associated lymphoid tissue (GALT) show a similar peak of IL-10 and other cytokine production on day 7 of age (Bar-Shira et al., 2003; Abdul-Careem et al., 2007). The general peak in luminal IL-10 production on d7 may coincide with the maturation of GALT.

Increased luminal IL-10 (jejunum and cecum) in *Eimeria* challenged chicks was consistent with previous demonstrations of increased mucosal IL-10

mRNA in coccidia infected chicks (Hong et al., 2006; Haritova and Stanilova, 2012). The use of three *Eimeria* species in the infection model (*E. acervulina*, *E. maxima*, and *E. tenella*) in the study reported here, allowed for the examination of multiple intestinal regions for increased IL-10 release. The inability to detect consistent changes in IL-10 following challenge could be due to sampling time and sampling method. In this study we used three *Eimeria* species during the challenge. Each species infects at a different location of the intestine and has a life cycle that is independent of the other species. Focusing on one *Eimeria* species may have provided more consistent data. In Hong et al. (2006), during an *E. maxima* challenge, IL-10 mRNA peaks on day 4 and is back to baseline on day 5 post infection. The 2-day sampling interval for each tissue may be too broad an interval to accurately measure lumen IL-10 levels in response to *Eimeria* challenge. Regardless of the limitations outlined, the data presented demonstrates that IL-10 is secreted into the intestinal lumen and the levels are increased as a result of *Eimeria* challenge.

In all tissues sampled and at all sampling time points, there was no effect of anti-IL-10 (antibody or interaction with *Eimeria*) on luminal IL-10 levels (with the exception of day 2 post challenge in the ileum). If the oral anti-IL-10 antibodies were binding and neutralizing luminal IL-10, one would expect that detectable luminal IL-10 would decrease with anti-IL-10 feeding as observed in the ileum IL-10 levels on day 2 post challenge. One possible explanation is that the dietary level of anti-IL-10 fed was not sufficient to neutralize the luminal IL-10. This explanation does not appear reasonable, since the level used was effective at preventing *Eimeria*-induced decreased body weight. However, Sand et al. (2016) provided estimates of binding capacity of antibody fed. As mentioned previously, sampling time may have interfered with our ability to adequately detect the feeding of anti-IL-10 on luminal IL-10. The capture ELISA was developed to detect IL-10 with an available bioactive region. In reality, this sandwich ELISA will also detect IL-10 bound by the dietary anti-IL-10 with equal efficacy as IL-10 that is not bound; hence the inability to detect a difference in luminal IL-10 levels between those fed control antibody and anti-IL-10 could be an artifact of the ELISA. Discrepancies between IL-10 levels detected by sandwich ELISA and bioassays in the plasma has been previously reported (Hillyer and Woodward, 2003) and presents a problem when attempting to describe meaning to plasma cytokine levels. While outside of the current scope of this study, several changes in experimental protocol or assay conditions could help determine if feeding anti-IL-10 is affecting luminal levels of IL-10. First, a different anti-IL-10 antibody to the peptide of interest, other than chicken IL-10, could be used as a feed ingredient. This would permit the current ELISA to specifically detect luminal chicken IL-10 where the peptide of interest is not bound. Such an experiment would be difficult since a large quantity of

antibody, currently produced in high productive laying hens, is not readily available. Second, the IL-10 bioactivity of luminal fluids could be determined directly using the bioactivity assay described. Problems with this approach would be the presence of contaminating antigens, such as lipopolysaccharide, which could interfere with the cell culture bioassay. A third approach would be the development of a mouse monoclonal antibody to the chicken IL-10 vIpramqt peptide. An indirect method of assessing an effect of the anti-IL-10 antibody would be to quantify luminal IFN- γ . If feeding anti-IL-10 effectively inhibited biologically relevant luminal IL-10, IFN- γ in the intestinal lumen or surrounding mucosa may be increased. At this time, literature does not support the presence of luminal IFN- γ (i.e., no apical receptor on the enterocytes has been reported). Hong et al. (2006) showed that both IL-10 and IFN- γ mRNA in intraepithelial lymphocytes peaked at 4 to 6 days post *E. acervulina* infection, implying the IFN- γ levels may not be a good indicator of IL-10 regulation in the complex intestinal milieu, hence a IFN- γ surrogate for estimating effects of dietary IL-10 on IL-10 activity is not supported by the literature. Regardless of our ability to clearly demonstrate that anti-IL-10 directly affects luminal IL-10 levels, the findings reported here and by Sand et al. (2016), that oral anti-IL-10 protects chicks against *Eimeria* spp.-induced reduction in body weight, clearly demonstrates that neutralizing IL-10 through anti-IL-10 antibody feeding is protective in challenged chicks.

A pattern has emerged in the scientific literature; disruption of IL-10, its receptor or signaling pathway often confers resistance to a number of pathogens. Equally clear in the literature is that many pathogens exploit IL-10s down regulation of inflammation by directly inducing its release (Cyktor and Turner, 2011). In the case of *Eimeria* infection, intraepithelial lymphocytes levels of IL-10 mRNA increased post *Eimeria* spp. infection (Hong et al., 2006), resistance to *Eimeria* infection was linked to chicken lines that do not up-regulate intestinal IL-10 mRNA during *Eimeria* infection (Rothwell et al., 2004), and cytokines considered important to immune dense against *Eimeria* infection (interleukin 2 and IFN- γ) are down-regulated by IL-10 (Choi et al., 1999; Li et al., 2002). *Eimeria* macrophage migratory inhibitory factor (eMIF) may be a means by which *Eimeria* spp. up-regulate host IL-10. While a direct link between eMIF and chicken IL-10 secretion has not been demonstrated in *Eimeria* spp. infected chickens directly, Paark et al. (2012) showed that MIF like peptide of the helminthes, *Anisakis simplex*, increased IL-10 production in human peripheral blood mononuclear cells. Protection against the *Eimeria*-induced decrease in body weight, as observed here and in Sand et al. (2016) has recently been demonstrated by direct targeting eMIF (Jang et al., 2011). Jang et al. (2011) showed that when embryos were vaccinated in ovo with a recombinant *Eimeria* MIF antigen, vaccinated chicks were protected against *Eimeria tenella*-induced decreased weight gain,

and vaccinated chicks had reduced oocyst shedding (reduced approximately 25%) relative to sham vaccinated infected control chicks. Therefore, whether eMIF or host IL-10 is targeted, the outcome appears to be the same; protection against *Eimeria*-induced reduction in body weights.

Use of oral anti-IL-10 antibodies to protect against coccidia-induced growth depression represents a novel approach to controlling *Eimeria* infections. Efficacy of using oral antibodies to various host intestinal proteins has been well documented (Hatta et al., 1993; Cook and Trott, 2010; Rahman et al., 2013; Bobeck et al., 2015). The ability of egg antibody to transit the gastrointestinal tract and reach their target has been shown in multiple species (Cook and Trott, 2010). Consequently the ability for anti-IL-10 egg antibody to inhibit luminal IL-10 activity was predictable if luminal IL-10 played an important role in the pathogenesis of *Eimeria* spp (as documented here). Since oral antibodies are not absorbed (Cook and Trott, 2010), oral anti-IL-10 approaches to treat coccidiosis may avoid the inflammatory outcome of systemic inhibition of IL-10 (Gazzinelli et al., 1996).

In conclusion, oral anti-IL-10 antibody was effective at preventing *Eimeria*-induced growth suppression independent of an effect on oocyst shedding. The finding of increased IL-10 in the lumen of the intestine of *Eimeria* challenged chicks, and recent studies suggesting that bacteria, protozoans, and helminthes may induce IL-10 production as a part of its pathogenic strategy, supports a hypothesis that oral anti-IL-10 antibody acts as an anti-coccidial by allowing normal immune reactivity. Based on emerging scientific literature, it is reasonable to hypothesize that oral anti-IL-10 antibody may have broad protective effects in microbes that use up-regulation of IL-10 as a pathogenesis strategy.

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MEC and JMS have an ownership interest in AbE Discovery, LLC, which has licensed technology reported in this publication. All of the remaining authors declare no financial conflict of interest.

AUTHOR CONTRIBUTIONS

MK Arendt- Concept, experimental design, experimentation, manuscript preparation.

JM Sand- Concept, IL-10 ELISA.

TM Marccone- Carotenoid assay.

ME Cook- Concept, experimental design, manuscript preparation.

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