

BMJ Open Intermittent preventive treatment of pregnant women in Kintampo area of Ghana with sulphadoxine-pyrimethamine (SP): trends spanning 2011 and 2015

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ABSTRACT

Objective In Ghana, intermittent preventive treatment during pregnancy with sulphadoxine-pyrimethamine (IPTp-SP) is recommended for the prevention of malaria-related adverse outcomes. This study demonstrates the coverage of IPTp-SP use among pregnant women over a period (2011–2015) and the impact of various sociodemographic groups on the uptake of IPTp-SP.

Design Retrospective analysis using data from all pregnant women in the Kintampo Health and Demographic Surveillance System area on the uptake of IPTp-SP.

Setting Kintampo North Municipality and Kintampo South District of Ghana.

Participants All pregnant women in the Kintampo Health and Demographic Surveillance System area.

Primary and secondary outcome measures The number of doses of IPTp-SP taken by pregnant women were examined. Logistic regression was used to assess the determinant of uptake of IPTp-SP while adjusting for within-subject correlation from women with multiple pregnancies.

Results Data from 2011 to 2015 with a total of 17 484 pregnant women were used. The coverage of the recommended three or more doses of IPTp-SP among all pregnant women was 40.6%, 44.0%, 45.9%, 20.9% and 32.4% in 2011, 2012, 2013, 2014 and 2015, respectively. In the adjusted analysis, age, household size, education, religion, number of antenatal care visits, ethnicity, marital status, wealth index and place of residence were significantly associated with the uptake of three or more doses of IPTp-SP. Having middle school education or higher, aged 20 years and above, visiting antenatal care five times or more (OR 2.83, 95% CI 2.64 to 3.03), being married (OR 1.10, 95% CI 1.02 to 1.19) and those in higher wealth quintiles were significantly more likely to take three or more doses of IPTp-SP.

Conclusion The uptake of the recommended three or more doses of IPTp-SP is low in the study area. We recommend a community-based approach to identify women during early pregnancy and to administer IPTp-SP.

INTRODUCTION

Sub-Saharan Africa is the region that carries the heaviest malaria burden in the world.¹

Strengths and limitations of this study

- This study used data from the Kintampo Health and Demographic Surveillance System by including all identified pregnant women in the study area over a 5-year period to assess how coverage of intermittent preventive treatment during pregnancy with sulphadoxine-pyrimethamine (IPTp-SP) has changed over the past few years.
- Also, because the entire population of pregnant women in the study area were included, there is no bias in terms of selection of respondents.
- The study findings can be generalised to the Kintampo Health and Demographic Surveillance System area and not the whole of Ghana.
- Although no pregnant woman refused participation, it is possible that a handful of pregnant women will be missed due to the approach used in identifying pregnant women.
- The study was limited to finding the maternal characteristics associated with IPTp-SP.

Among pregnant women in the region, malaria is often the cause of mild to severe anaemia and placental parasitaemia.² Malaria in pregnancy is also associated with low birth weight, as well as increase in the risk of perinatal mortality.² Likewise, malaria infection during pregnancy is an important cause of spontaneous abortion and preterm delivery in the region.¹ Due to the decreased immunity during pregnancy, pregnant women are usually more vulnerable to malaria infection; it has been reported that they are four times more likely to get the disease and have a doubled chance of dying as a result of malaria.³ In Ghana, about 28% of all outpatient department (OPD) attendance by pregnant women is due to malaria; about 13.7% of hospital admissions among pregnant women

is a result of malaria, while 9% of maternal deaths is attributed to malaria.¹

Prevention and effective management of malaria during pregnancy helps in reducing the risk of poor outcomes for both mother and baby. For this reason, in the year 2000, the WHO recommended that pregnant women in malaria-endemic countries be given intermittent preventive treatment (IPT) by taking sulphadoxine-pyrimethamine (SP) at least twice at scheduled antenatal visits from 16 weeks of gestation or at quickening.¹ Use of IPTp-SP among pregnant women has contributed to about 42% reduction in low birth weight, 38% reduction in neonatal death and 65% reduction in placental malaria.⁴ However, the benefits of IPTp-SP have been found to be more pronounced when pregnant women take more doses. Taking three or more doses of IPTp-SP during pregnancy has been found to result in higher mean birth weight, fewer low birth weight as well as less placental malaria, compared with taking at most two doses.⁵ Based on these evidence, revisions were made by WHO in 2012 with recommendation of increasing the frequency of administering IPTp-SP to pregnant women at each antenatal care (ANC) visit until delivery.⁵ In 2013, the Ghana National Malaria Control Programme (NMCP) revised its policy, recommending at least three doses of IPTp-SP⁶ and have since 2014 been implementing it. The Ghana NMCP's strategic plan for 2005–2015 had targeted that, by the year 2015, all pregnant women should receive two or more doses of IPTp-SP, which is now administered from 16 weeks of gestation onwards or at quickening and follow-up doses given on monthly basis.

Over the years, the coverage of at least three doses of IPTp-SP in Ghana has been on the increase, from 28% in 2008 to 60% in 2016.⁶ Regardless of the relatively high coverage in the uptake of three or more doses of SP by pregnant women in the country, the gap between uptake of only one dose of IPTp-SP and multiple doses remains significant. For instance, in 2016, the coverage of one dose of IPTp-SP was 85% compared with the 60% coverage of at least three doses of IPTp-SP.⁶

This manuscript reports the coverage of IPTp-SP among pregnant women and factors that are associated with the uptake of at least one dose and three or more doses of IPTp-SP using data collected between 2011 and 2015 as part of the Kintampo Health and Demographic Surveillance System (KHDSS).⁷ The findings are expected to serve as evidence to guide the NMCP in the design of appropriate policies and strategies that can help increase the use of IPTp-SP and eventually reduce malaria-related adverse outcomes during pregnancy.

METHOD

Study area and data description

Data from the KHDSS were used. The KHDSS, which is managed by the Kintampo Health Research Centre, routinely collects health data from residents of Kintampo North Municipality and Kintampo South District of

Ghana. These are two contiguous districts located in the Brong Ahafo Region and lie in the geographical centre of the country.⁷ With a total population of about 154 341, it covers an area of 7162 square kilometres.⁸ There are 2 hospitals, 5 private clinics, 13 health centres and 43 community-based health planning and services that provide ANC and other healthcare need of the people. KHDSS routinely collects data on several events including pregnancies, births, deaths and migrations, as well as demographic information such as household socio-economic status, education and causes of death among others.⁷

As part of the routine visits by the KHDSS, in 2011, 2012 and 2013, all registered households were visited three times in a year in a cycle that gave rise to a visit in every 4 months. In 2014 and 2015, six monthly updated visits were made to all registered households. At each visit, household heads (or in the absence, an adult member of the household who was present) were asked by trained field workers if any member of their household was pregnant. Subsequently, identified pregnant women were interviewed by our trained field workers on a one-on-one basis without interference from other household members. Pregnancy registration forms that contained closed-ended questions were used to collect data on basic characteristics of respondents, pregnancy history and outcomes, use of antimalarial during pregnancy, insecticide-treated net (ITN) use and ANC attendance records. Likewise, after birth, study participants were visited, and a birth registration form was used to document birth information and to also collect complete records of the pregnancy data. On the use of IPTp-SP, study participants were asked whether they took antimalarial (IPTp-SP) at any ANC visit under the supervision of a healthcare attendant. Records on the number of times they received IPTp-SP and the corresponding dates of medication were transcribed from their ANC cards. All participants who were 18 years and above individually consented. For participants who were below 18 years, parental consent and assent were obtained. Participation was voluntary since individuals had the right to refuse to be part of the study before or during the interview.

Data on the use of IPTp-SP during pregnancy from 2011 to 2015 were our main focus with the main outcome variable being the number of doses of IPTp-SP taken by each pregnant woman and was dichotomised as: (1) no dose versus at least one dose and (2) less than three doses versus three or more doses. For the predictor variables, maternal characteristics, namely, age, education, use of ITNs, religion, ethnicity, first or subsequent pregnancy, number of ANC visits, household size, place of residence (rural or urban), marital status and wealth index were used.

Patients and public involvement

The study did not recruit patients. Neither pregnant women nor the public were involved in the development of the research question or design of this study. Key

stakeholder meeting will be organised to share the findings with the community and Ghana Health Service who are in charge of healthcare delivery in the country.

Statistical analysis

Cleaned data were analysed using STATA V.14.0. An overall wealth index was computed for each pregnant woman using principal component analysis as presented in Asante *et al.*⁹ The computation of the wealth index was based on the number and type of assets (such as televisions, cars, electricity, toilet facilities and house ownership) available in a pregnant woman's household. Pregnant women were grouped by their wealth indices into wealth quintiles namely, poorest, more poor, poor, less poor and least poor. Sociodemographic characteristics of the study participants were summarised using frequencies and percentages.

A univariate logistic regression model was considered for each of the predictor variables to study if they are independently associated with IPTp-SP use. Based on results of past studies,^{10–15} and interest in all the selected sociodemographic characteristics, we included all the predictor variables in a multiple logistic regression model regardless of their statistical significance in the univariate analysis. Two different analyses were performed. First, factors associated with the use of at least one dose of IPTp-SP were determined. This was followed by assessing the factors that were associated with the uptake of three or more doses of IPTp-SP. Considering the period under study, 21.3% of the study participants had more than one pregnancy. Hence, the data used for the analysis had repeated observations for participants who had more than one pregnancy between 2011 and 2015. In accounting for the fact that data from the same subject are not independent, generalised estimating equation¹⁶ was used to obtain population-averaged estimates and to address the correlation present in the data. Robust SEs were obtained to alleviate the bias associated with possible misspecification of the correlation structure. With less than 8% missing data, complete case analysis was conducted by including subjects for whom all the variables involved in the analysis were observed.

RESULTS

Characteristics of the study population

A total of 17484 pregnant women were identified from 2011 to 2015. This was made up of 4065 pregnant women in 2011, 4570 in 2012, 4547 in 2013, 4295 in 2014 and 3870 in 2015. All the identified pregnant women willingly participated in the study. Over the 5-year period, 78.68% (13 756/17 484) of the pregnant women contacted had one pregnancy; the remaining 21.32% (3728/17 484) who had multiple pregnancies were made up of 20.55% (3593/17 484) with two pregnancies and 0.77% (135/17 484) with three pregnancies. Details of the characteristics of the study participants are presented in table 1.

Factors associated with uptake of at least one dose of IPTp-SP

The coverage of at least one dose of IPTp-SP over the 5-year period is presented in figure 1. There were significantly higher coverage of at least one dose of IPTp-SP in 2012, 2013 and 2015, compared with 2011, but lower coverage in 2014 (table 2).

Table 2 presents the results of the association between all the maternal characteristics under study and the uptake of at least one dose of IPTp-SP. Age of mother, household size, education, religion, being pregnant for the first time, number of ANC visits, ethnicity, marital status and place of residence were independently associated with the use of IPTp-SP. However, in the adjusted analysis, factors that were significantly associated with the uptake of at least one dose of IPTp-SP were religion of participant, order of pregnancy, number of ANC visits, ethnicity and place of residence (table 2).

Factors associated with uptake of three or more doses of IPTp-SP

The coverage of the recommended three or more doses of IPTp-SP was 40.6%, 44.0%, 45.9%, 20.9% and 32.4% in 2011, 2012, 2013, 2014 and 2015, respectively (figure 1). Compared with 2011, the coverage of three or more doses of IPTp-SP was significantly lower in 2014 and 2015. However, for 2012 and 2013, the coverage of three or more doses of IPTp-SP was significantly higher compared with the coverage in 2011 (table 3).

All the maternal characteristics under study were independently associated with the uptake of the recommended three or more doses of IPTp-SP (table 3). However, after adjusting for all other factors, being pregnant for the first time and use of ITNs were not significantly associated with the uptake of three or more doses of IPTp-SP. The detailed results of the factors associated with the uptake of three or more doses of IPTp-SP is presented in table 3.

DISCUSSION

The coverage of IPTp-SP, as well as the maternal characteristics associated with the use of at least one dose of IPTp-SP and three or more doses of IPTp-SP was assessed among pregnant women in Kintampo North Municipality and Kintampo South District of Ghana. The target set by Ghana National Malaria Control Program was for all pregnant women to be on IPTp-SP by the year 2015.¹⁷ Although the coverage of at least one dose of IPTp-SP has remained high, the target set by the Ghana National Malaria Control Program was not achieved in Kintampo North Municipality and Kintampo South District.

Compared with the coverage of at least one dose of IPTp-SP, the coverage of the recommended three or more doses of IPTp-SP was lower. Also, there was no significant increase in the uptake of the recommended three or more doses of IPTp-SP after the implementation of the new policy, which required pregnant women to take at least three doses of IPTp-SP.⁶ Rather, the coverage of at

Table 1 Characteristics of study subjects by year of interaction

Variable	Year				
	2011 (n=4065)	2012 (n=4570)	2013 (n=4547)	2014 (n=4295)	2015 (n=3870)
Age of mother (years)					
12–19	12.18 (495)	12.21 (558)	12.93 (588)	13.36 (574)	13.00 (503)
20–29	45.98 (1869)	46.74 (2136)	49.44 (2248)	47.10 (2023)	44.13 (1708)
30–39	34.49 (1402)	34.49 (1576)	32.31 (1469)	33.20 (1426)	35.45 (1372)
≥40	7.36 (299)	6.56 (300)	5.32 (242)	6.33 (272)	7.42 (287)
*Household size					
One member	14.46 (588)	17.51 (800)	19.51 (887)	18.39 (790)	18.60 (720)
Small	29.25 (1189)	28.71 (1312)	28.83 (1311)	30.31 (1302)	29.66 (1148)
Medium	40.54 (1 648)	38.99(1782)	37.39 (1700)	37.58 (1614)	37.13 (1437)
Large	15.74 (640)	14.79 (676)	14.27 (649)	13.71 (589)	14.60 (565)
†Education					
No formal education	53.11 (2159)	50.61 (2313)	47.57 (2163)	44.75 (1922)	43.02 (1665)
Primary	23.30 (947)	24.38 (1114)	25.62 (1165)	25.96 (1115)	26.05 (1008)
Middle/JHS	19.43 (790)	20.94 (957)	21.35 (971)	22.93 (985)	24.52 (949)
Secondary+	4.16 (169)	4.07 (186)	5.45 (248)	6.36 (273)	6.41 (248)
Religion					
Christian	55.60 (2260)	54.20 (2477)	54.52 (2479)	53.81 (2311)	56.98 (2205)
Muslims	29.69 (1207)	29.43 (1345)	28.79 (1309)	31.04 (1333)	29.25 (1132)
Traditional	2.48 (101)	2.76 (126)	2.49 (113)	2.84 (122)	2.53 (98)
No religion	6.67 (271)	6.59 (301)	6.55 (298)	6.82 (293)	6.69 (259)
Missing data	5.56 (226)	7.02 (321)	7.65 (348)	5.49 (236)	4.55 (176)
First pregnancy	25.39 (1032)	24.90 (1138)	25.12 (1142)	25.26 (1085)	22.25 (861)
Use of ITNs	54.51 (2216)	65.69 (3002)	77.68 (3532)	80.23 (3446)	77.83 (3012)
Number of ANC visits					
0 or 1 visit	6.99 (284)	6.39 (292)	7.15 (325)	6.43 (276)	7.05 (273)
2–4 visits	44.94 (1827)	44.73 (2044)	44.64 (2030)	44.77 (1923)	42.95 (1662)
5 or more visits	48.07 (1954)	48.88 (2234)	48.21 (2192)	48.80 (2096)	50.00 (1935)
‡Ethnicity					
Akan	19.58 (796)	20.63 (943)	20.23 (920)	20.84 (895)	21.14 (818)
Northern Tribes	57.96 (2356)	57.40 (2623)	57.69 (2623)	57.88 (2486)	57.78 (2236)
Mo	12.05 (490)	10.96 (501)	11.55 (525)	11.94 (513)	12.07 (467)
Others	7.77 (316)	7.59 (347)	6.82 (310)	7.22 (310)	6.87 (266)
Missing data	2.63 (107)	3.41 (156)	3.72 (169)	2.12 (91)	2.14 (83)
Marital status					
Married	48.51 (1972)	47.35 (2164)	45.22 (2056)	43.66 (1875)	45.40 (1757)
Not married	51.49 (2093)	52.65 (2406)	54.78 (2491)	56.34 (2420)	54.60 (2113)
Wealth index					
Poorest	25.58 (1040)	21.49 (982)	20.91 (951)	15.37 (660)	20.70 (801)
More poor	23.30 (947)	21.18 (968)	21.33 (970)	19.23 (826)	21.42 (829)
Poor	22.16 (901)	20.57 (940)	20.67 (940)	19.09(820)	19.77 (765)
Less poor	17.93 (729)	19.50 (891)	19.68 (895)	19.72 (847)	19.92 (771)
Least poor	10.80 (439)	16.98 (776)	17.29 (786)	26.33 (1131)	17.83 (690)
Missing data	0.22 (9)	0.28 (13)	0.11 (5)	0.26 (11)	0.36 (14)
Place of residence					

Continued

Table 1 Continued

Variable	Year				
	2011 (n=4065)	2012 (n=4570)	2013 (n=4547)	2014 (n=4295)	2015 (n=3870)
Rural	68.29 (2776)	64.81 (2962)	65.60 (2983)	66.78 (2868)	66.72 (2582)
Urban	31.71 (1289)	35.19 (1608)	34.40 (1564)	33.22 (1427)	33.28 (1288)

Data are presented as percentage (frequency).

*Small (2–4 people), medium (5–10 people) and large (more than 10 people).

†Secondary+ (secondary school education or higher) and junior high school (JHS).

‡Northern tribes (tribes from any of the three Northern regions of Ghana) and other (any other ethnic group).

ANC, antenatal care; JHS, junior high school; ITNs, insecticide-treated net.

least one dose as well as three or more doses of IPTp-SP in 2014 and 2015 was lower compared with the period preceding the implementation of the new policy. The low coverage of the recommended three or more doses of IPTp-SP has also been reported in other parts of the country.^{18–20} Challenges associated with the implementation of the new policy may have contributed to the low IPTp-SP coverage in 2014 and 2015. In 2014, transportation challenges as well as delays in allocating malaria commodities affected the distribution of SP to most periphery facilities in Ghana. This resulted in artificial stock outs of SP in several facilities within the country.^{21 22} To help improve coverage, Ghana NMCP should ensure that at all times, all health facilities in the country have SP in stock. Also, the low uptake of the recommended three or more doses of IPTp-SP compared with the national coverage could be due to contextual factor that might have influenced the implementation of the new policy. There is the need to further explore these contextual factors. However, this finding emphasises the variations in IPTp uptake in Ghana and the need for context-specific interventions especially in rural settings such as the study area.

Several maternal sociodemographic characteristics were found to be associated with the uptake of at least

one dose of IPTp-SP. With regards to order of pregnancy, as expected, women who have subsequent pregnancies were more likely to take at least one dose of IPTp-SP. This may be due to their knowledge and education on the benefits of IPTp-SP gained from previous pregnancies. Undoubtedly, frequency of ANC attendance was found to be significantly associated with the uptake of at least one dose of IPTp-SP. This is not surprising given that IPTp-SP is a directly observed therapy administered during ANC visits.

The low uptake of the recommended three or more doses of IPTp-SP among teenage participants compared with older participants can be attributed to the low patronage of ANC among teenagers. Due to the stigma associated with teenage pregnancy in Ghana, pregnant teenagers are less likely to go for ANC compared with older pregnant women.^{23 24} Often, teenagers hide their pregnancies and delay in ANC attendance²⁴ and are therefore not able to take the recommended doses before they deliver. Given the increased risks faced by pregnant adolescents, we recommend that ANC clinics in the study area should be made adolescent friendly and should also integrate health education on the benefits of ANC visits and uptake of IPTp-SP. Likewise, parents and guardians should assist pregnant adolescents and encourage them to attend ANC as well as to educate them on the burden of malaria infection during pregnancy and the need to take the recommended number IPTp-SP doses.

Similar to the results on the uptake of at least one dose of IPTp-SP, the number of times a woman attends ANC was significantly associated with the uptake of the recommended three or more doses of IPTp-SP. A pregnant woman can only take the recommended three or more doses of IPTp-SP if she attends ANC at least three times. In Ghana, it is recommended for all pregnant women to attend ANC at least four times.^{5 23} Even so, the new policy on the uptake of IPTp-SP recommends that starting as early as the beginning of the second trimester of pregnancy, SP should be administered at each scheduled ANC visit until delivery. Likewise, the policy stipulates that except in the first trimester, IPTp-SP can be administered every month with subsequent doses given at least 1 month apart. This implies that more doses of IPTp-SP are recommended. Given these recommendations, it is important

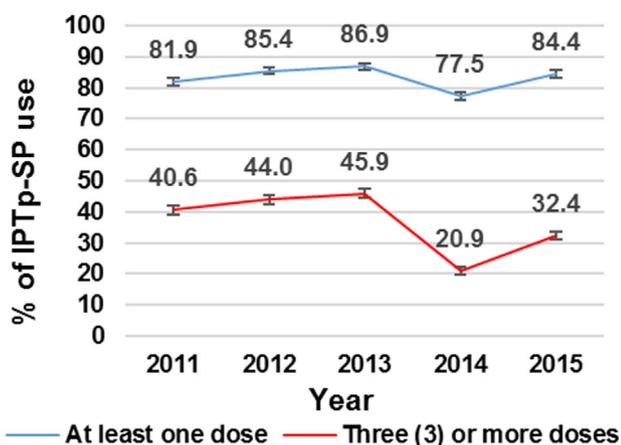


Figure 1 Doses of IPTp-SP taken by pregnant women in the Kintampo North Municipality and Kintampo South District from 2011 to 2015. IPTp-SP, intermittent preventive treatment during pregnancy with sulphadoxine-pyrimethamine.

Table 2 Factors associated with use of at least one dose of IPTp-SP

Predictor	Unadjusted OR (95% CI)	P value	Adjusted OR (95% CI)	P value
Age of mother (years)				
12–19	1		1	
20–29	1.12 (1.01 to 1.25)	0.044	1.00 (0.87 to 1.15)	0.999
30–39	1.22 (1.09 to 1.37)	0.001	1.06 (0.90 to 1.25)	0.485
≥40	1.11 (0.93 to 1.31)	0.242	1.01 (0.81 to 1.24)	0.959
Household size				
One member	1		1	
Small	0.95 (0.85 to 1.06)	0.350	1.00 (0.88 to 1.12)	0.939
Medium	0.87 (0.78 to 0.97)	0.010	0.98 (0.87 to 1.11)	0.795
Large	0.90 (0.79 to 1.03)	0.120	1.03 (0.89 to 1.19)	0.698
Education				
None	1		1	
Primary	1.06 (0.97 to 1.16)	0.220	1.01 (0.91 to 1.13)	0.803
Middle/JHS	1.18 (1.07 to 1.30)	0.001	1.08 (0.95 to 1.22)	0.227
Secondary+	0.99 (0.84 to 1.16)	0.874	0.85 (0.69 to 1.03)	0.101
Religion				
Christian	1		1	
Muslims	0.89 (0.82 to 0.96)	0.005	0.86 (0.78 to 0.95)	0.003
Traditional	1.02 (0.81 to 1.29)	0.844	1.20 (0.93 to 1.53)	0.158
No religion	0.88 (0.76 to 1.02)	0.091	0.98 (0.83 to 1.15)	0.771
First pregnancy				
No	1		1	
Yes	0.86 (0.79 to 0.93)	<0.001	0.84 (0.75 to 0.94)	0.002
Use of ITNs				
No	1			
Yes	1.02 (0.94 to 1.10)	0.624	1.05 (0.96 to 1.15)	0.261
Number of ANC visits				
0 or 1 visit	1			
2–4 visits	8.71 (7.71 to 9.82)	<0.001	8.87 (7.80 to 10.08)	<0.001
5 or more visits	5.48 (4.88 to 6.15)	<0.001	5.22 (4.60 to 5.92)	<0.001
Ethnicity				
Akan	1		1	
Northern Tribes	0.93 (0.85 to 1.02)	0.128	1.05 (0.93 to 1.18)	0.475
Mo	1.18 (1.03 to 1.35)	0.020	1.19 (1.03 to 1.39)	0.021
Others	0.92 (0.79 to 1.07)	0.295	0.93 (0.78 to 1.12)	0.456
Marital status				
Not married	1		1	
Married	1.10 (1.02 to 1.18)	0.012	1.01 (0.92 to 1.11)	0.842
Wealth index				
Poorest	1			
More poor	1.05 (0.94 to 1.17)	0.374	1.11 (0.98 to 1.26)	0.099
Poor	1.08 (0.96 to 1.21)	0.182	1.09 (0.96 to 1.24)	0.171
Less poor	1.07 (0.96 to 1.20)	0.218	1.07 (0.94 to 1.22)	0.299
Least poor	1.03 (0.92 to 1.16)	0.608	1.04 (0.91 to 1.19)	0.566
Place of residence				

Continued

Table 2 Continued

Predictor	Unadjusted OR (95% CI)	P value	Adjusted OR (95% CI)	P value
Rural	1		1	
Urban	1.50 (1.39 to 1.63)	<0.001	1.56 (1.42 to 1.72)	<0.001
Year				
2011	1		1	
2012	1.28 (1.14 to 1.43)	<0.001	1.24 (1.10 to 1.41)	0.001
2013	1.48 (1.32 to 1.66)	<0.001	1.50 (1.32 to 1.70)	<0.001
2014	0.77 (0.69 to 0.86)	<0.001	0.72 (0.64 to 0.81)	<0.001
2015	1.21 (1.08 to 1.36)	0.001	1.19 (1.05 to 1.36)	0.008

IPTp-SP, intermittent preventive treatment during pregnancy with sulphadoxine-pyrimethamine. ANC, antenatal care; JHS, junior high school; ITNs, insecticide-treated nets.

for pregnant women to initiate ANC visit as early as possible in order to be able take the required doses of SP.

Strategies such as Transforming IPT for Optimal Pregnancy (TIPTOP) initiative can be adopted in the study area to help increase IPTp-SP coverage. The approach of TIPTOP involves engaging community health volunteers to identify women during early stages of pregnancy, to educate them on the benefits of early ANC attendance and IPTp-SP use and to refer them to a health facility for ANC. Also, with the goal of increasing IPTp-SP coverage, volunteers of the TIPTOP initiative distribute SP to pregnant women at the community level.²⁵ This approach to administering IPTp-SP will help increase coverage by reaching out to all pregnant women irrespective of their sociodemographic characteristic. In a study conducted in Uganda, community-based delivery of IPTp-SP was found to increase IPTp-SP coverage. Also, the administration of IPTp-SP at the community level resulted in a reduction in the prevalence of malaria parasitaemia, severe anaemia and low birth weight and was acceptable to about 90% of women who intend to use SP in the future.²⁶ In addition to this approach, studies have reported that provision of incentives to pregnant women during ANC visits is associated with an increase in ANC attendance.^{27 28} Hence, we propose the provision of some form of non-monetary incentives to pregnant women who attend all scheduled ANC visits to help motivate other pregnant women to attend all scheduled ANC which may eventually lead to an increase in the coverage of IPTp-SP.

The low uptake of the recommended three or more doses of IPTp-SP among unmarried participants compared with married participants could be attributed to the possible support that married women get from their partners during pregnancy. In most rural settings in Ghana such as our study area, women largely depend on their husbands for financial support in seeking healthcare.²⁹ Married women may have received the necessary financial support to travel to attend ANC for the recommended three or more doses of IPTp-SP considering that frequency of ANC attendance was associated with uptake of the recommended doses of IPTp-SP. The

high uptake of the recommended three or more doses of IPTp-SP among educated participants compared with those with no formal education can also be attributed to how informed women with formal education are about the increased risk of malaria infection during pregnancy and the complications associated with malaria during pregnancy.³⁰ This further reiterates the significant role education plays with regards to the use of health interventions.³⁰ Other studies in Ghana¹⁰ and other parts of Africa including Uganda¹² and Kenya^{13 14} also reported an association between education and the uptake IPTp-SP.

One would expect that due to the knowledge gained from past pregnancies on the importance of malaria prevention during pregnancy and the benefits of IPTp-SP, women with history of past pregnancies will take the recommended three or more doses of IPTp-SP. However, even though participants who were pregnant for the first time were less likely to take at least one dose of IPTp-SP, there was no significant association between history of past pregnancy and uptake of the recommended three or doses of IPTp-SP. Other studies in Ghana³¹ and other parts of Africa including Nigeria³² and Cameroon³³ have also reported no association between subsequent pregnancies and uptake of the recommended doses of IPTp-SP. In Ghana, association has been reported between wealth and health, such that people with better socioeconomic status have better health-seeking behaviour.³⁴ This is reiterated in this study given that women in the higher wealth quintiles are more likely to take the recommended three or more doses of IPTp-SP. Even though IPTp-SP is provided to pregnant women free of charge, they are only given to women when they visit a health facility for ANC care. Sometimes, cost/means of transportation to the nearest ANC clinic prevent pregnant women from attending ANC.^{24 35 36} As such, women in the higher wealth quintiles are more likely to attend ANC since they may be able to bear the cost of visit to ANC clinics.³⁶ This result is similar to that reported in the most recent Ghana Demographic and Health Survey in which the coverage of the recommended three or more doses of IPTp-SP was 50.6% and 36.6% among women in the highest wealth

Table 3 Factors associated with the uptake of three or more doses of IPTp-SP

Predictor	Unadjusted OR (95% CI)	P value	Adjusted OR (95% CI)	P value
Age of mother (years)				
12–19	1		1	
20–29	1.49 (1.35 to 1.64)	<0.001	1.28 (1.13 to 1.45)	<0.001
30–39	1.46 (1.32 to 1.61)	<0.001	1.35 (1.17 to 1.56)	<0.001
≥40	1.15 (0.99 to 1.33)	0.063	1.27 (1.05 to 1.53)	0.013
Household size				
One member	1		1	
Small	0.92 (0.84 to 1.00)	0.054	1.01 (0.91 to 1.12)	0.817
Medium	0.70 (0.64 to 0.76)	<0.001	0.83 (0.75 to 0.91)	<0.001
Large	0.68 (0.61 to 0.75)	<0.001	0.87 (0.77 to 0.99)	0.029
Education				
None	1		1	
Primary	1.18 (1.10 to 1.27)	<0.001	1.05 (0.96 to 1.15)	0.288
Middle/JHS	1.53 (1.42 to 1.65)	<0.001	1.17 (1.05 to 1.29)	0.003
Secondary+	2.23 (1.94 to 2.56)	<0.001	1.31 (1.10 to 1.56)	0.002
Religion				
Christian	1		1	
Muslims	0.74 (0.69 to 0.80)	<0.001	0.83 (0.76 to 0.90)	<0.001
Traditional	0.59 (0.48 to 0.71)	<0.001	0.83 (0.67 to 1.02)	0.082
No religion	0.64 (0.56 to 0.72)	<0.001	0.83 (0.72 to 0.95)	0.007
First pregnancy				
No	1		1	
Yes	1.09 (1.01 to 1.16)	0.018	1.07 (0.97 to 1.18)	0.170
Use of ITNs				
No	1		1	
Yes	0.87 (0.81 to 0.92)	<0.001	1.07 (0.99 to 1.16)	0.076
Number of ANC visits				
0 or 1 visit	-		-	
2–4 visits	1		1	
5 or more visits	3.04 (2.85 to 3.23)	<0.001	2.83 (2.64 to 3.03)	<0.001
Ethnicity				
Akan	1		1	
Northern Tribes	0.62 (0.57 to 0.67)	<0.001	0.87 (0.79 to 0.97)	0.010
Mo	0.90 (0.81 to 1.01)	0.062	0.97 (0.86 to 1.10)	0.646
Others	0.73 (0.64 to 0.83)	<0.001	0.77 (0.66 to 0.90)	0.001
Marital status				
Not married	1		1	
Married	1.09 (1.02 to 1.15)	0.008	1.10 (1.02 to 1.19)	0.015
Wealth index				
Poorest	1		1	
More poor	0.98 (0.89 to 1.08)	0.667	1.03 (0.93 to 1.15)	0.526
Poor	1.22 (1.11 to 1.34)	<0.001	1.28 (1.15 to 1.43)	<0.001
Less poor	1.31 (1.19 to 1.44)	<0.001	1.25 (1.12 to 1.40)	<0.001
Least poor	1.40 (1.27 to 1.54)	<0.001	1.32 (1.17 to 1.49)	<0.001
Place of residence				

Continued

Table 3 Continued

Predictor	Unadjusted OR (95% CI)	P value	Adjusted OR (95% CI)	P value
Rural	1		1	
Urban	1.91 (1.80 to 2.04)	<0.001	1.47 (1.36 to 1.59)	<0.001
Year				
2011	1		1	
2012	1.08 (0.99 to 1.18)	0.094	1.05 (0.95 to 1.16)	0.347
2013	1.13 (1.04 to 1.24)	0.007	1.10 (0.99 to 1.22)	0.063
2014	0.37 (0.34 to 0.41)	<0.001	0.29 (0.26 to 0.33)	<0.001
2015	0.63 (0.57 to 0.69)	<0.001	0.56 (0.50 to 0.62)	<0.001

ANC, antenatal care; JHS, junior high school; IPTp-SP, intermittent preventive treatment during pregnancy with sulphadoxine-pyrimethamine; ITNs, insecticide-treated nets.

quintile and those in the lowest quintile, respectively.³⁷ Also, similar results have been reported in Senegal,³⁸ where women in richer or middle wealth quintile were more likely to use the recommended doses of IPTp.

It should be emphasised that the use of data from Health and Demographic Surveillance Systems can be of great importance in informing policy makers of challenges in several health interventions. Particularly, this study used the KHDSS by including all identified pregnant women in the study area over a 5-year period. Unlike the results of cross-sectional studies, the use KHDSS has made it possible to assess and compare the coverage of IPTp-SP over a 5-year period. It is also important to note that, with the use of data from all 156 communities of the KHDSS, the study findings can be generalised to all the KHDSS area and not the whole of Ghana. Also, because this study used the entire population of pregnant women, there is no bias in terms of selection of respondents. Although no pregnant woman refused participation, it is possible that a handful of pregnant women will be missed due to the approach used in identifying pregnant women. Also, the study was limited to finding the maternal characteristics associated with IPTp-SP use.

CONCLUSION

The use of at least one dose of IPTp-SP in the KHDSS area is generally high. However, uptake of the recommended three or more doses of IPTp-SP remains low. The study has found that the most vulnerable pregnant women are less likely to take the recommended three or more doses of IPTp-SP. The study therefore recommends the adoption of the TIPTOP strategy to help improve the coverage of IPTp-SP in the study area.

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