## Behavioral/Cognitive

# Influence of Tinnitus on Auditory Spectral and Temporal Resolution and Speech Perception in Tinnitus Patients

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Although cochlear damage is believed to trigger the perception of tinnitus in the central auditory system, its pathophysiological mechanism is still unclear. We aimed to investigate the pathophysiology of tinnitus using psychoacoustic assessments of auditory spectral and temporal resolution and speech perception in noise. Human subjects with tinnitus and symmetric hearing thresholds were divided into three groups: nine unilateral tinnitus subjects with normal hearing thresholds (Group 1), 12 unilateral tinnitus subjects with hearing loss (HL; Group 2), and nine bilateral tinnitus subjects with HL. Fifteen normal-hearing subjects without tinnitus were also tested as a control group. Four different tests were administered: (1) the spectral-ripple discrimination (SRD) test, (2) the temporal modulation detection (TMD) test, (3) the Schroeder-phase discrimination (SPD) test, and (4) the speech recognition threshold (SRT) in noise test. There were no significant differences in SRD, TMD, and SPD between the tinnitus-affected ears (TEs) and non-tinnitus ears (NTEs) in Groups 1 and 2 (p > 0.05). In contrast, the TEs showed poorer SRTs than the NTEs in these two subject groups (p = 0.022 and 0.049). No inferiority of spectral/temporal resolution in TEs compared with NTEs suggests that there may be no more outer hair cell (OHC) damage on the tinnitus side given that damaged OHCs are associated with broadening the auditory filters. The decoupling of the SRT results from the spectral/temporal resolution data could imply that the occurrence of tinnitus does not depend upon the degree of damage to the OHCs, but rather upon different plastic changes in the central auditory system after cochlear damage.

Key words: psychoacoustics; spectral resolution; speech perception; temporal resolution; tinnitus

## Significance Statement

We can easily find unilateral tinnitus patients who have symmetric hearing thresholds. Our research question was what kind of difference would be responsible for the tinnitus in the tinnitus-affected ears but not in the non-tinnitus ears of subjects with symmetric hearing thresholds. The answer to this fundamental question could help us to understand the pathophysiology of tinnitus. We evaluated the potential influence of tinnitus upon the subjects' auditory spectral and temporal resolution and speech perception in noise by comparing these psychoacoustic performances between tinnitus-affected ears and non-tinnitus ears in the same subjects.

#### Introduction

Tinnitus subjects with normal audiograms have long been used to investigate the pathophysiology of tinnitus. However, normal hearing thresholds do not necessarily indicate the absence of co-

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DOI:10.1523/JNEUROSCI.5091-14.2015 Copyright © 2015 the authors 0270-6474/15/3514260-10\$15.00/0 the sound at 0 dB, might have better hair cell status than the cochlea, which is able to hear the sound at 20 dB (Tyler et al., 2014). Several studies have demonstrated that tinnitus subjects with normal audiograms show increased hearing thresholds at extended high frequencies >8 kHz compared with normal-hearing subjects without tinnitus (Shim et al., 2009; Fabijanska et al., 2012). Some investigators doubt that subtle damage to the outer hair cells (OHCs) that alters otoacoustic emissions can cause tinnitus (Shiomi et al., 1997; Onishi et al., 2004; Gouveris et al., 2005; Job et al., 2007; Ami et al., 2008). Other investigators have suggested that there could be central deafferentation despite

normal audiogram and a marked reduction in the amplitude of

chlear damage or complete innervation of central auditory system (Leger et al., 2012, 2014). In fact, the cochlea, which can hear

the wave I potential originating from the auditory nerve (Schaette and McAlpine, 2011) or increased tone-detection thresholds in threshold-equalizing noise at high sound intensity in subjects with normal audiograms (Weisz et al., 2006). Studies of tinnitus subjects with normal audiograms typically suggest that tinnitus may even be triggered by very subtle damage to the cochlea, but some cases do not induce tinnitus despite the presence of cochlear damage. Maladaptive neuronal plasticity of the central auditory system triggered by preceding cochlear damage is believed to be one of the general neurophysiologic models that can explain the selective occurrence of tinnitus after cochlear damage. Reduced signal transduction from damaged hair cells may cause a reduction in the lateral inhibition of central auditory system, followed by increased synchronous firing or spontaneous activity in the auditory neurons at the edge of the characteristic frequency (Preece et al., 2003; Bartels et al., 2007; Noreña and Farley, 2013). However, some patients show tinnitus pitch that does not correspond to their maximum hearing loss (HL) (Pan et al., 2009), so the connection between the peripheral damage and subsequent adaptation of the central auditory system is still unclear.

In this study, we did not target tinnitus subjects with normal audiograms because the normal hearing range (0–20 dB HL) is too wide and, at the frequencies >8 kHz, it is very difficult to determine the normal threshold. Instead, tinnitus patients who have symmetric hearing thresholds were considered as test subjects regardless of their hearing thresholds. We investigated the pathophysiology of tinnitus using psychoacoustic assessments to examine the potential influence of tinnitus upon the subjects' auditory spectral and temporal resolution and speech perception in noise. To exclude individual variations, the psychoacoustic performance between tinnitus-affected ears (TEs) and nontinnitus ears (NTEs) within the same subjects were compared. We aimed to understand potential differences that may be responsible for tinnitus in the TEs but not in the NTEs of subjects with symmetric hearing thresholds

In the current study, we hypothesized that tinnitus could develop in the TEs with a minimal peripheral damage that may not even give rise to any threshold difference compared with the NTEs within the same subjects. Alternatively, it is possible that, despite the same degree of cochlear (i.e., peripheral) damage, adaptive processes of central auditory system could exclusively affect ears on one side (i.e., TEs), creating TEs and NTEs in the same subjects. To test this hypothesis, the auditory spectral and temporal resolution and speech perception in noise of TEs and NTEs were compared. If there is any difference in spectral resolution and/or temporal resolution of hearing between the TEs and NTEs of unilateral tinnitus subjects with symmetric hearing thresholds, it may be attributed to "a little more peripheral damage" primarily to the cochlea.

## **Materials and Methods**

Subjects

We enrolled a total of 30 tinnitus subjects and 15 normal subjects who were native speakers of Korean. The tinnitus subjects were divided into three different groups as follows.

*Group 1.* Nine unilateral tinnitus subjects (six males and three females, mean age =  $28.22 \pm 9.22$  years) with normal and symmetric hearing thresholds defined as (1) ≤20 dB hearing level at 0.25, 0.5, 1, 2, 3, 4, and 8 kHz; (2) a binaural difference of ≤10 dB at all measured frequencies up to 8 kHz (subjects who showed a 10 dB difference between two ears for >2 frequencies up to 8 kHz were excluded); and (3) binaural difference of ≤15 dB at 9, 11.2, 12.5, 14, 16, 18, and 20 kHz.

*Group 2.* Twelve unilateral tinnitus subjects (eight males and four females, mean age  $= 56.08 \pm 12.92$  years) with HL and symmetric hearing thresholds

defined as (1) >20 dB hearing level at one or more frequencies of 0.25, 0.5, 1, 2, 3, 4, and 8 kHz and (2) a binaural difference of  $\leq$ 10 dB at all measured frequencies (subjects who showed a 10 dB difference between two ears for >2 frequencies up to 8 kHz were excluded).

*Group 3.* Nine bilateral tinnitus subjects (four males, five females, mean age  $= 60.67 \pm 10.98$  years) with HL and symmetric hearing thresholds defined as the same criteria used for Group 2.

Group 4 (control). Fifteen normal subjects (six males and nine females, mean age =  $44.93 \pm 9.00$  years) with normal and symmetric hearing thresholds (1)  $\leq$ 20 dB hearing level at 0.25, 0.5, 1, 2, 3, 4, and 8 kHz, (2) a binaural difference of  $\leq$ 10 dB at all measured frequencies up to 8 kHz (subjects who showed a 10 dB difference between two ears for >2 frequencies up to 8 kHz were excluded).

Figure 1 and Table 1 show the pure-tone averages (PTAs) and mean hearing thresholds at various frequencies for each subject group. The mean duration of tinnitus in Groups 1, 2, and 3 was  $10.22\pm9.46$ ,  $60.67\pm75.51$ , and  $51.25\pm32.32$  months, respectively. Tinnitus characteristics are listed in Table 2.

All subjects underwent audiological tests, including pure-tone audiometry, tinnitus pitch and loudness matching, impedance audiometry, and the auditory brainstem response. With careful physical examinations of the head and neck regions, we excluded subjects suspected of having objective tinnitus or somatic tinnitus. Subjects with chronic otitis media, retrocochlear lesions, endolymphatic hydrops, or congenital ear malformation were also excluded. We also excluded subjects with tinnitus accompanied by dizziness, history of ototoxic drug use, or HL with a conductive or surgically correctible component. This study was approved by the Institutional Review Board of the Eulji Medical Center, South Korea.

#### Procedure

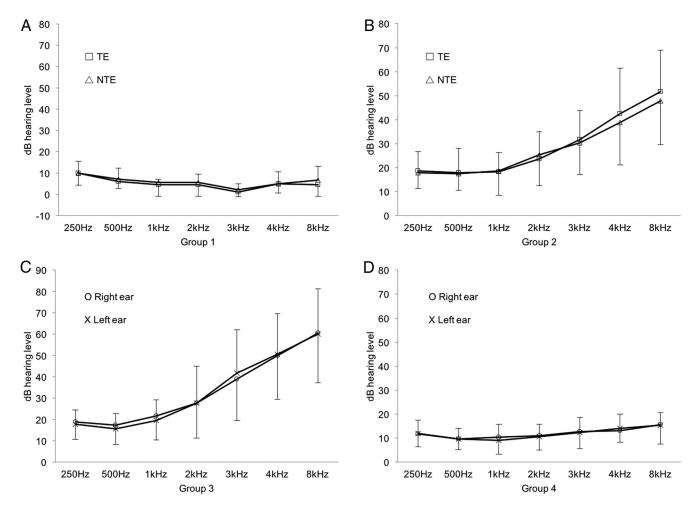
Spectral-ripple discrimination (SRD) and temporal modulation detection (TMD) were measured to evaluate spectral and temporal envelope sensitivity. Schroeder-phase discrimination (SPD) was used to measure the sensitivity to both spectral and temporal modulations (Dooling et al., 2002; Drennan et al., 2008; Lauer et al., 2009). In addition, speech recognition threshold (SRT) in background noise was measured.

All testing sessions were conducted in a sound-attenuating booth. Stimuli were presented using custom MATLAB programs with a sampling frequency of 44,100 Hz. The stimuli were routed through an audiometer (Orbiter 922; GN Otometrics) and presented monaurally to the test ear via an inserted earphone (ER-3A; Etymotic). Four different listening tests were administered to each individual subject. The left and right ears of all subjects were tested separately. The order of the four tests was randomized within and across subjects.

### SRD test

The SRD test was administered using a previously established technique (Won et al., 2007). Three rippled noise tokens with a 30 dB peak-to-trough ratio, two with standard ripple phase and one with inverted ripple phase, were created using 2555 tones. The spectral modulation starting phase of the full-wave-rectified sinusoidal spectral envelope was set to zero radians for standard ripple stimuli. The spectral modulation starting phase of inverted spectral-ripple stimuli were set to  $\pi/2$  radians. A bandwidth of the rippled spectrum was 100-5000 Hz. The duration of the stimuli was 500 ms. The order of presentation of the three tokens was randomized and the subject's task was to select the "oddball" stimulus. For normal-hearing subjects with PTA  $\leq$ 20 dB hearing level, the stimuli were presented at 65 dBA. For hearing-impaired subjects with PTA  $\geq$ 20 dB hearing level, most comfortable level (MCL) for each subject was first measured using rippled noise. During testing, ripple stimuli were presented at the measured MCL for each hearing-impaired subject.

To measure SRD thresholds, a three-interval, three-alternative forced choice (3-AFC) paradigm with an adaptive two-up and one-down procedure was used. Ripple density was varied between 0.125 and 11.314 ripples per octave in equal ratio steps of 1.414 in an adaptive manner with 13 reversals that converge to the 70.7% correct point (Levitt, 1971). A level attenuation of 1–8 dB (in 1 dB increments) was randomly selected for each interval in the three-interval task. The SRD threshold for each adaptive run was calculated as the mean of the last eight reversals. The SRD threshold for each subject was the mean of three adaptive runs.



**Figure 1.** Mean pure-tone thresholds of measured frequencies in in each group. Group 1 included nine unilateral tinnitus subjects with normal and symmetric hearing thresholds (**A**); Group 2, 12 unilateral tinnitus subjects with HL and symmetric hearing thresholds (**B**); Group 3, Nine bilateral tinnitus subjects with HL and symmetric hearing thresholds and 19 normal subjects (**C**); and Group 4 (control), 15 normal subjects with normal and symmetric hearing thresholds (**D**).

Table 1. Age, sex, and PTA of the subjects for the four different groups

	Group 1 ( <i>n</i> = 9)		Group 2 ( <i>n</i> = 12)		Group 3 ( <i>n</i> = 9)		Group 4 (control,	n = 15)
Sex	M: 6	F: 3	M: 8	F: 4	M: 4	F: 5	M: 6	F: 9
Age (years)	$28.22 \pm 9.22$		$56.08 \pm 12.92$		$60.67 \pm 10.98$		$44.93 \pm 9.00$	
PTA (dB hearing level)	TE	NTE	TE	NTE	Right	Left	Right	Left
	$4.03 \pm 2.71$	$5.14 \pm 1.92$	$22.92 \pm 9.24$	$23.02 \pm 9.08$	$26.39 \pm 11.58$	$26.11 \pm 11.31$	$10.92 \pm 4.19$	$10.42 \pm 4.95$

Table 2. Characteristics of tinnitus in three different tinnitus groups

Pitch (kHz)	Duration (month)	THI score	VAS of the loudness	TAS (%) <sup>a</sup>	BDI
Group 1: unilateral tinnitus subjects with normal and symmetric hearing thresholds					
$4.00 \pm 2.45$	$10.22 \pm 9.46$	$49.00 \pm 28.63$	$4.33 \pm 2.06$	$75.66 \pm 27.89$	$11.78 \pm 7.69$
Group 2: unilateral tinnitus subjects with HL and symmetric hearing thresholds					
$5.27 \pm 2.72$	$60.67 \pm 75.51$	$47.00 \pm 32.79$	$6.08 \pm 2.57$	$91.82 \pm 13.28$	$12.42 \pm 10.16$
Group 3: bilateral tinnitus subjects with HL and symmetric hearing thresholds					
$6.38 \pm 2.62$	$51.25 \pm 32.32$	$50.25 \pm 38.43$	$6.75 \pm 3.11$	$65.00 \pm 33.38$	$13.88 \pm 12.23$

THI, Tinnitus Handicap Inventory; VAS, visual analogue scale; BDI, Beck depression inventory.

### TMD test

The TMD test was performed using the method previously described by Won et al. (2011). For the modulated stimuli, sinusoidal amplitude modulation was applied to the wideband noise carrier. Two modulation frequencies were tested, 10 and 100 Hz. The stimulus duration for both modulated and unmodulated signals were 1 s. Modulated and unmodu-

lated signals were gated on and off with 10 ms linear ramps and were concatenated with no gap between the two signals. The TMD threshold was measured using a 2-interval, 2-AFC paradigm. One of the intervals consisted of modulated noise and the other interval consisted of steady noise. Subjects were asked to identify the interval that contained the modulated noise. A two-down, one-up adaptive procedure was used to

<sup>&</sup>lt;sup>a</sup>Tinnitus awareness score (TAS) is defined as the percentage of the time the patient is aware of tinnitus for a day.

measure TMD threshold, starting with a modulation depth of 100% and decreasing in steps of 4 dB from the first to the fourth reversal and 2 dB for the next 10 reversals. For each testing run, the final 10 reversals were averaged to obtain TMD thresholds. TMD thresholds in dB relative to 100% modulation (i.e.,  $20\log_{10}(m_i)$ ) were obtained, where  $m_i$  indicates the modulation index. The threshold for each subject was calculated as the mean of three testing runs.

As with the SPD test, stimuli were presented at 65 dBA for normal-hearing subjects with PTA  $\leq$ 20 dB hearing level. For hearing-impaired listeners with PTA >20 dB hearing level, their MCLs were first measured using an unmodulated wideband noise and then stimuli were presented at the measured MCL for each subject during actual testing.

#### SPD test

The SPD test was implemented using the same method as that previously described by Drennan et al. (2008). Positive and negative Schroederphase stimulus pairs were created for two different fundamental frequencies ( $F_0$ ) of 100, 150, and 200 Hz. The  $F_0$  of Schroeder-phase harmonic complex determined a rate of frequency sweep over time. For each  $F_0$ , equal-amplitude harmonics from the  $F_0$  up to 5 kHz were summed. Phase values for each harmonic were determined by the following equation:

$$\theta_n = \pm \pi n(n+1)/N$$

where  $\theta_n$  is the phase of the nth harmonic, n is the nth harmonic, and N is the total number of harmonics in the complex. The positive or negative sign was used for the positive or negative Schroeder-phase stimuli, respectively. A 4-interval, 2-AFC procedure was used. One stimulus (i.e., positive Schroeder-phase, test stimulus) occurred in either the second or third interval and was different from three others (i.e., negative Schroeder-phase, reference stimulus). The subject's task was to discriminate the test stimulus from the reference stimuli. To determine a total percentage correct for each  $F_0$ , the method of constant stimuli was used. In a single test run, each  $F_0$  was presented 24 times in random order and a total percentage correct for each  $F_0$  was calculated as the percentage of stimuli correctly identified. For each  $F_0$ , the SPD score for each subject was the mean of three testing runs.

As with the other two psychoacoustic tests, stimuli were presented at 65 dBA for normal-hearing subjects with PTA  $\leq$ 20 dB hearing level. For hearing-impaired listeners with a PTA >20 dB hearing level, MCL was first measured using Schroeder-phase stimuli and then stimuli were presented at the measured MCLs for each individual hearing-impaired subject during actual testing.

#### SRT test

To measure SRTs in background noise, equally difficult open-set spondee words spoken by a male speaker were presented in the presence of speech-shaped, steady noise. The steady noise maskers were spectrally shaped to have the same long-term power spectrum as the spondee words. In all trials, maskers were gated on and off with 50 ms linear ramps 500 ms before and 50 ms after the target spondee word. The mixture of the target spondee and masker stimuli was then presented monaurally to the test ear. SRTs corresponding to the 50% intelligibility level were measured using a one-up, one-down adaptive procedure. For each testing run, subjects identified the spondee words in the presence of steadystate noise. Each test run started with a signal-to-noise ratio (SNR) of 6 dB, for which subjects were easily able to identify the spondee word correctly. If subjects correctly repeated the spondee word, the SNR for the next spondee was decreased; otherwise, the SNR for the next spondee was increased. The level of the target spondee words was always fixed, but the level of background noise was varied in an adaptive manner. For normal-hearing subjects, the level of the target words was 65 dBA, but for hearing-impaired subjects, target spondee words were presented at their MCLs. An initial step size of 4 dB was used for the first two reversals in the adaptive track, after which the step size was fixed at 2 dB for the next six reversals. The SRT for a given run was based on the average of the SNRs corresponding to each of the last six reversals in the adaptive track. No target spondee word was repeated to any subject. Three adaptive runs

were completed. The final SRT for each subject was the mean of three adaptive runs.

#### Analysis

For the control subjects, one side (either left or right) was chosen randomly and designated as the control ears for each normal-hearing subject. The four different test results for the TEs and NTEs of Groups 1 and 2 were compared using a paired t test. The right and left TEs of Group 3 (bilateral tinnitus subjects) were also compared using a paired t test. The statistical comparisons among TEs, NTEs, and control ears were performed using multiple independent t tests or Mann–Whitney tests with Bonferroni's correction ( $\alpha=0.05/3=0.017$ ). The comparisons among TEs of Group 1, Group 2, and both TEs of Group 3 were done using multiple independent t tests or the Mann–Whitney tests with Bonferroni's correction ( $\alpha=0.05/6=0.008$ ). Multiple linear regression analyses of SRD, TMD threshold, SPD score, and SRT on the TEs of unilateral tinnitus subjects were performed with various factors. Correlations between SRT in noise and each of the SRD thresholds and TMD thresholds were analyzed using a Pearson's correlation analysis.

#### Results

## Tinnitus effects in Group 1: unilateral tinnitus subjects with normal and symmetric hearing thresholds

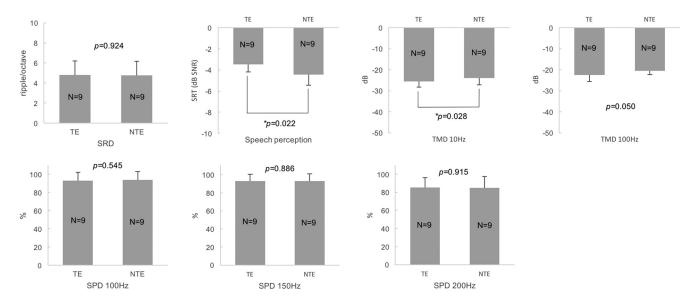
The within-subject comparison between TEs and NTEs in Group 1 revealed that there were no significant differences in SRD thresholds, TMD thresholds for 100 Hz, and SPD scores (100, 150, and 200 Hz) between the TEs and NTEs (paired t test, p >0.05; for p values, see Fig. 2). In contrast, the TEs showed higher SRTs (i.e., poorer performance) in noise than the NTEs of unilateral tinnitus subjects (paired t test, p = 0.022; Fig. 2). TMD thresholds for 10 Hz showed lower TMD thresholds (better TMD performance) in the TEs than NTEs (paired t test, p = 0.028; Fig. 2). The multiple comparisons among the TEs, NTEs, and control ears of Group 4 with the Bonferroni correction showed that the TEs showed poorer speech perception in noise but better TMD performance (100 Hz) compared with the control ears of the normal subjects (independent t test, p = 0.003 and 0.005, respectively; Table 3). In any other comparisons, there were no significant differences (independent t test or Mann–Whitney test with the Bonferroni correction, p > 0.017;  $\alpha = 0.05/3$ ).

## Tinnitus effects in Group 2: unilateral tinnitus subjects with HL and symmetric hearing thresholds

The within-subject comparison between the TEs and NTEs showed that there were no significant differences in SRD thresholds, TMD thresholds (for both 10 and 100 Hz), and SPD scores (100, 150, and 200 Hz) between the TEs and NTEs (paired t test p>0.05; for detailed p values, see Fig. 3). In contrast, the TEs showed higher SRTs (i.e., poorer speech perception) in noise than the NTEs of the unilateral tinnitus subjects (paired t test, p=0.049; Fig. 3). The multiple comparisons among the TEs, NTEs, and control ears of Group 4 with the Bonferroni correction demonstrated that higher SRTs (poorer speech perception) in noise were shown for the TEs than for the control ears (independent t test, p=0.001; Table 4). In any other comparisons, there were no significant differences (independent t test or Mann–Whitney test with Bonferroni's correction, p>0.017;  $\alpha=0.05/3$ ).

## Tinnitus effects in Group 3: bilateral tinnitus subjects with HL and symmetric hearing thresholds

The within-subject comparison between the right and left TEs showed that there was no difference in SRTs in noise (paired t test, p=0.937; Fig. 4). There were no significant differences in SRD thresholds, TMD thresholds (10 and 100 Hz), or SPD scores (100 and 200 Hz) between the right and left TEs of the bilateral

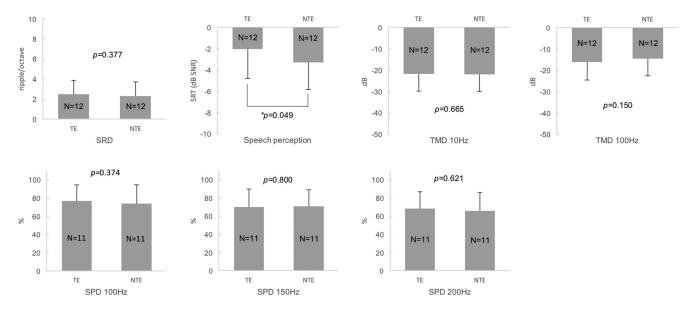


**Figure 2.** Comparisons of four different psychoacoustic test results between the TEs and NTEs of unilateral tinnitus subjects with normal and symmetric hearing thresholds. There were no significant differences in SRD thresholds, TMD thresholds for 100 Hz, or SPD scores, but the TEs showed higher SRTs in noise (poorer speech perception) and showed lower TMD thresholds for 10 Hz (better TMD performance) than the NTEs.

Table 3. Multiple comparisons among TEs and NTEs for Group 1 and control ears for Group 4 with Bonferroni's correction (\*p < 0.017)

	TEs $(n=9)$	NTEs ( $n=9$ )		TEs $(n=9)$	Control ( $n = 15$ )		NTEs ( $n=9$ )	Control ( $n = 15$ )	
	Mean (SD)	Mean (SD)	p value	Mean (SD)	Mean (SD)	p value	Mean (SD)	Mean (SD)	p value
SRD	4.82 (1.37)	4.76 (1.42)	0.924	4.82 (1.37)	3.23 (1.85)	0.037	4.76 (1.42)	3.23 (1.85)	0.044
SRT	-3.48(0.71)	<b>-4.44 (1.01)</b>	0.022	-3.48(0.71)	-5.16(1.68)	0.003*	<b>-4.44 (1.01)</b>	-5.16(1.68)	0.263
TMD 10 Hz	-25.61(2.63)	-23.94(3.30)	0.028	-25.61(2.63)	-23.57(2.26)	0.057	-23.94(3.30)	-23.57(2.26)	0.749
TMD 100 Hz	<b>-22.57 (2.96)</b>	-20.59(1.66)	0.050	<b>-22.57 (2.96)</b>	-16.47(6.38)	0.005*	-20.59(1.66)	-16.47(6.38)	0.030
SPD 100 Hz	93.06 (9.08)	93.89 (9.28)	0.545	93.06 (9.08)	91.35 (9.82)	0.592	93.89 (9.28)	91.35 (9.82)	0.592
SPD 150 Hz	92.78 (7.75)	93.06 (7.88)	0.886	92.78 (7.75)	85.58 (12.84)	0.182	93.06 (7.88)	85.58 (12.84)	0.182
SPD 200 Hz	85.28 (10.86)	85.00 (12.56)	0.915	85.28 (10.86)	77.50 (11.41)	0.102	85.00 (12.56)	77.50 (11.41)	0.161

<sup>\*</sup>Multiple independent t test or Mann–Whitney test with the Bonferroni correction,  $\alpha = 0.05/3 = 0.017$ .



**Figure 3.** Comparisons of four different psychoacoustic test results between the TEs and NTEs of unilateral tinnitus subjects with HL and symmetric hearing thresholds. There were no significant differences in the SRD thresholds, TMD thresholds, or SPD scores, but the TEs showed higher SRTs in noise (poorer speech perception) than the NTEs.

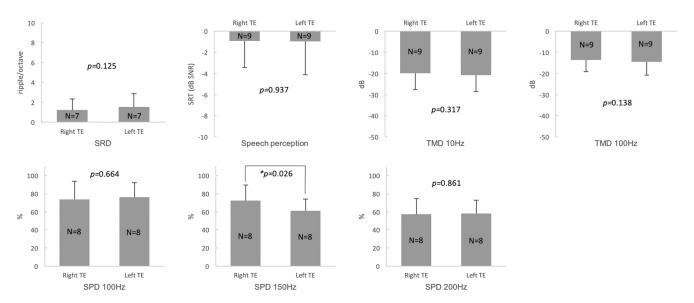
tinnitus subjects (paired t test, p > 0.05; Fig. 4). Only the SPD scores for 150 Hz showed a significant difference between the right and left TEs (paired t test, p = 0.026; Fig. 4). The multiple comparisons among the right TEs, left TEs, and the control ears

of Group 4 with the Bonferroni correction, higher SRTs (poorer speech perception) in noise, and lower SPD scores for 200 Hz were shown for the right TEs than the control ears (independent t test, p = 0.000 and 0.004, respectively; Table 5). Higher SRT in

Table 4. Multiple comparisons among TEs and NTEs for Group 2 and control ears for Group 4 with Bonferroni's correction (\*p < 0.017)

	TEs ( $n=12$ )	NTEs ( $n=12$ )		TEs ( <i>n</i> = 12)	Control ( $n = 15$ )		NTEs ( $n=9$ )	Control ( $n = 15$ )	_
	Mean (SD)	Mean (SD)	p value	Mean (SD)	Mean (SD)	p value	Mean (SD)	Mean (SD)	p value
SRD	2.49 (1.94)	2.29 (1.44)	0.377	2.49 (1.94)	3.23 (1.85)	0.324	2.29 (1.44)	3.23 (1.85)	0.164
SRT	-2.03(2.79)	-3.30(2.56)	0.049	-2.03(2.79)	-5.16(1.68)	0.001*	-3.30(2.56)	-5.16(1.68)	0.032
TMD 10 Hz	-21.76(8.06)	-22.03(7.96)	0.665	-21.76 (8.06)	-23.60(2.26)	0.077	-22.03(7.96)	-23.60(2.26)	0.557
TMD 100 Hz	-16.05(8.45)	<b>—14.55 (7.96)</b>	0.150	-16.05(8.45)	-16.47(6.38)	0.883	<b>—14.55 (7.96)</b>	-16.47(6.38)	0.492
SPD 100 Hz	76.82 (17.47)	73.86 (20.35)	0.374	76.82 (17.47)	91.35 (9.82)	0.586	73.86 (20.35)	91.35 (9.82)	0.382
SPD 150 Hz	70.00 (19.62)	70.92 (18.07)	0.800	70.00 (19.62)	85.58 (12.84)	0.029	70.92 (18.07)	85.58 (12.84)	0.030
SPD 200 Hz	68.18 (18.51)	65.91 (20.01)	0.621	68.18 (18.51)	77.50 (11.41)	0.145	65.91 (20.01)	77.50 (11.41)	0.089

<sup>\*</sup>Multiple independent t test or Mann–Whitney test with the Bonferroni correction,  $\alpha = 0.05/3 = 0.017$ .



**Figure 4.** Comparisons of four different psychoacoustic test results between the right and left TEs of bilateral tinnitus subjects with HL and symmetric hearing thresholds. There were no significant differences in the SRD thresholds, SRTs in noise, TMD thresholds, or SPD scores (100 and 200 Hz). Only the SPD scores for 150 Hz showed a significant difference between the right and left TEs.

Table 5. Multiple comparisons among the right and left TEs for Group 3 and control ears for Group 4 with Bonferroni's correction (\*p < 0.017)

	Bil RTEs ( $n=9$ )	Bil LTEs ( $n=9$ )		Bil RTEs ( $n=9$ )	Control ( $n = 15$ )		Bil LTEs ( $n=9$ )	Control ( $n = 15$ )	
	Mean (SD)	Mean (SD)	p value	Mean (SD)	Mean (SD)	p value	Mean (SD)	Mean (SD)	p value
SRD	1.24 (1.08)	1.52 (1.36)	0.125	1.24 (1.08)	3.23 (1.85)	0.017	1.52 (1.36)	3.23 (1.85)	0.042
SRT	-0.91(2.52)	-0.95(3.18)	0.937	-0.91(2.52)	-5.15(1.68)	0.000*	-0.95(3.18)	-5.15(1.68)	0.004*
TMD 10 Hz	<b>— 19.81 (7.80)</b>	-20.82(7.62)	0.317	<b>— 19.81 (7.80)</b>	-23.57(2.26)	0.166	-20.82(7.62)	-23.57(2.26)	0.724
TMD 100 Hz	<b>—13.51 (5.61)</b>	<b>— 14.56 (6.25)</b>	0.138	<b>— 13.51 (5.61)</b>	-16.47(6.38)	0.166	<b>— 14.56 (6.25)</b>	-16.47(6.38)	0.321
SPD 100 Hz	73.75 (20.13)	75.94 (16.09)	0.664	73.75 (20.13)	91.35 (9.82)	0.058	75.94 (16.09)	91.35 (9.82)	0.029
SPD 150 Hz	72.19 (17.39)	60.94 (13.16)	0.026	72.19 (17.39)	85.58 (12.84)	0.057	60.94 (13.16)	85.58 (12.84)	0.008*
SPD 200 Hz	57.19 (17.29)	58.13 (14.68)	0.861	57.19 (17.29)	77.50 (11.41)	0.004*	58.13 (14.68)	77.50 (11.41)	0.003*

 $Bil\ RTEs, Right\ TEs\ of\ bil ateral\ tinnitus\ group; Bil\ LTEs, left\ TEs\ of\ bil ateral\ tinnitus\ group.$ 

noise (poorer speech perception, independent t test, p = 0.004) and lower SPD scores for 150 Hz (Mann–Whitney test, p = 0.008) and for 200 Hz (independent t test, p = 0.003) were also shown for the left TEs compared with the control ears (Table 5).

## Multiple comparisons among the TEs of Groups 1-3

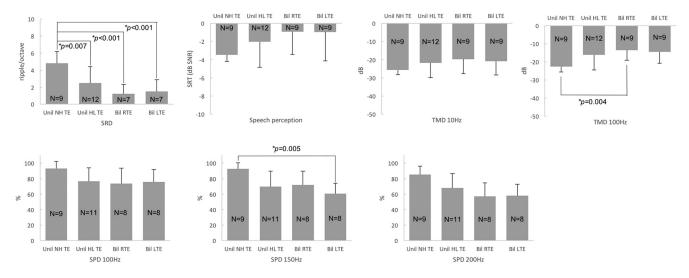
The multiple comparisons with the Bonferroni correction revealed that the TEs of subjects with normal hearing showed significantly higher SRD thresholds (i.e., better spectral resolution) than the TEs of unilateral tinnitus subjects with HL (independent t test, p = 0.007) or the right and left TEs of bilateral tinnitus subjects with HL (independent t test, p < 0.001 for both right and left; Fig. 5, Table 6). Lower TMD thresholds for 100 Hz (i.e., better temporal resolution) were shown for the TEs of subjects with normal hearing than the right TEs of bilateral tinnitus sub-

jects with HL (Mann–Whitney test, p=0.004). Better SPD performance for 150 Hz was shown for the TEs of subjects with normal hearing than the left TEs of bilateral tinnitus subjects with HL (Mann–Whitney test, p=0.005; Fig. 5, Table 6). Overall, these results indicate that the TEs of subjects with normal hearing showed better performance than the TEs of subjects with HL.

## Multiple linear regression analyses

To understand what other factors could potentially affect psychoacoustic performance, multiple linear regression analyses were performed for SRD thresholds, TMD thresholds, SPD scores, and SRTs of the TEs of unilateral tinnitus subjects using various factors including subjects' age, PTA of involved side, tinnitus pitch, symptom duration, tinnitus handicap inventory score, visual analog scale for tinnitus loudness, tinnitus aware-

<sup>\*</sup>Multiple independent t tests or the Mann–Whitney tests with the Bonferroni's correction, lpha= 0.05/3 = 0.017.



**Figure 5.** Multiple comparisons among the tinnitus ears of unilateral tinnitus subjects with normal hearing (Unil NH TEs), the tinnitus ears of unilateral tinnitus subjects with HL (Unil HL TEs), and the right and left tinnitus ears of bilateral tinnitus subjects with HL (Bil RTEs and Bil LTEs, respectively). Higher SRD thresholds were shown for Unil NH TEs than Unil HL TEs or Bil RTEs or Bil LTEs. Lower TMD thresholds for 100 Hz were shown for Unil NH TEs than Bil RTEs, and higher SPD scores for 150 Hz were shown for Unil NH TEs than Bil LTEs.

Table 6. Multiple-comparisons p values among TEs for Groups 1 and 2 and the right and left TEs for Group 3 with Bonferroni's correction (\*p < 0.008)

	Unil NH TEs vs Unil HL TEs	Unil NH TEs vs Bil RTEs	Unil NH TEs vs Bil LTEs	Unil HL TEs vs Bil RTEs	Unil HL TEs vs Bil LTEs	Bil RTEs vs Bil LTEs
SRD	0.007*	0.000*	0.000*	0.140	0.262	0.125
SRT	0.107	0.016	0.046	0.357	0.420	0.937
TMD 10 Hz	0.315	0.024	0.049	0.404	0.385	0.317
TMD 100 Hz	0.026	0.004*	0.008	0.385	0.507	0.138
SPD 100 Hz	0.021	0.064	0.030	0.727	0.912	0.664
SPD 150 Hz	0.027	0.023	0.005*	0.805	0.490	0.026
SPD 200 Hz	0.043	0.012	0.009	0.207	0.221	0.861

Unil NH TEs, TEs of unilateral tinnitus group with normal hearing (Group 1); Uni HL TEs, TEs of unilateral tinnitus group with hearing loss (Group 2); Bil RTEs, right TEs of bilateral tinnitus group with hearing loss (Group 3).

ness score, and Beck depression inventory score. These analyses showed that these factors did not affect performance for the four different psychoacoustic tests. Interestingly, subject age was found to be a significant factor determining SPD scores (p = 0.021; Table 7).

## Correlation analyses

Figure 6 shows that SRD thresholds significantly correlated with SRTs in noise for the 35 TEs of Groups 1, 2, and 3 (r=-0.514, p=0.002). For the 36 NTEs of Groups 1, 2, and 4, SRD thresholds also significantly correlated with SRTs in noise (r=-0.380, p=0.022). As shown in Figure 7, TMD thresholds for both 10 and 100 Hz significantly correlated with SRTs in noise for the 39 TEs of the Groups 1, 2, and 3 (r=0.600, p<0.001 for 10 Hz; r=0.574, p<0.001 for 100 Hz). For the 36 NTEs of Groups 1, 2, and 4, nonsignificant correlations were found between TMD thresholds and SRTs in noise (r=0.574, p=0.199 for 10 Hz; r=0.230 p=0.176 for 100 Hz).

### Discussion

The results of the current study demonstrate that effects of tinnitus on the auditory spectral and temporal resolution and speech perception in noise were nearly consistent in unilateral tinnitus subjects with normal hearing threshold (Group 1), unilateral tinnitus subjects with HL (Group 2), and bilateral tinnitus subjects with HL (Group 3). Poorer speech perception was shown for the TEs than for the NTEs in subjects with symmetric hearing regardless of whether they had normal hearing. However, we could not

find any evidence showing poorer spectral resolution or temporal resolution in the TEs than in the NTEs. The auditory spectral and temporal resolution may be attributed to the status of OHCs. Initial cochlear damage starts from the OHCs and disturbance of the active movement of the OHCs makes the basilar membrane response more linear and broadly tuned (Glasberg and Moore, 1986; Oxenham and Bacon, 2003). The reduced compression and the broadening of the auditory filters negatively affect both frequency selectivity and temporal resolution (Glasberg and Moore, 1986; Moore and Glasberg, 1988; Moore and Oxenham, 1998; Oxenham and Bacon, 2003). Using monkeys given ototoxic drugs, Smith et al. (1987) showed that, at frequencies corresponding to the region of complete OHC loss, there was a selective attenuation of tip of the psychophysical tuning curve. Although there may be multiple components that could potentially affect spectral and temporal processing in the human auditory system, we speculate that no inferiority of spectral/temporal resolution in the TEs compared with the NTEs implies that there may be no more OHC damage in the tinnitus side. Especially in the unilateral tinnitus subjects with normal hearing, including extended high frequencies (Group 1), we predict that the conditions of cochlear hair cells are likely to be intact and similar on both sides.

We hypothesized that minimal peripheral damage that does not affect hearing detection thresholds could worsen spectral resolution and/or temporal resolution of hearing and this damage could be a cause of unilateral tinnitus in subjects with symmetric

<sup>\*</sup>Multiple independent t tests or the Mann–Whitney tests with the Bonferroni's correction,  $\alpha=0.05/6=0.008$ .

Table 7. Multiple linear regression analyses of various factors and SRD thresholds, temporal modulation detection thresholds, SPD scores, and speech recognition thresholds in the TEs of unilateral tinnitus subjects

Psychoacoustic tests	Factors	Standardized $oldsymbol{eta}$ Coefficient	r <sup>2</sup>	<i>p</i> value
Spectral-ripple thresholds	Age	-0.163	0.698	0.709
	PTA	-0.967		0.055
	Pitch	0.086		0.706
	Duration	0.110		0.602
	THI	-0.447		0.136
	VAS	0.532		0.145
	TAS	0.104		0.633
	BDI	0.076		0.730
TMD thresholds	Age	0.524	0.803	0.159
	PTA	-0.043		0.907
	Pitch	0.200		0.290
	Duration	-0.201		0.251
	THI	0.461		0.066
	VAS	0.257		0.366
	TAS	-0.156		0.383
	BDI	-0.264		0.160
SPD scores	Age	-0.941	0.807	0.021*
	PTA	-0.022		0.951
	Pitch	-0.082		0.652
	Duration	0.344		0.063
	THI	-0.367		0.127
	VAS	0.145		0.600
	TAS	0.217		0.232
	BDI	0.141		0.429
SRTs	Age	-0.301	0.649	0.524
	PTA	0.912		0.086
	Pitch	-0.106		0.664
	Duration	-0.321		0.175
	THI	0.131		0.667
	VAS	0.242		0.518
	TAS	-0.293		0.229
	BDI	-0.146		0.540

Mean SPD and TMD thresholds averaged across multiple frequencies were used for this analysis.

THI, Tinnitus handicap inventory; VAS, visual analogue scale of the loudness; TAS, tinnitus awareness score; BDI, Beck depression inventory.

hearing thresholds. However, the results from the current study do not support this hypothesis. Moreover, when we take into consideration of the finding that the bilateral tinnitus subjects showed similar SRTs in noise between the right and left TEs, the poorer speech perception for the TEs compared with the NTEs of unilateral tinnitus subjects may be related to tinnitus effects. In general, spectral and temporal envelope cues have a large influence on speech perception (Baer and Moore, 1993; Henry et al., 2005), consistent with the results of correlation data in the present study. However, poorer speech perception in noise was shown in the TEs than in the NTEs even though neither spectral resolution nor temporal resolution differed between the TEs and NTEs. To reconcile these two findings, we speculate that tinnitus may affect central auditory system as "a central masker" to interrupt speech perception rather than the peripheral auditory system and that tinnitus might have not hindered spectral/temporal process in our subjects.

Conversely, the decoupling of the SRT results from the spectral/temporal resolution data could imply that the occurrence of tinnitus does not depend upon the degree of damage to the OHCs, but rather upon different plastic changes in the central auditory system after the same degree of cochlear damage. In other words, the plastic changes in central auditory system induced by deafferentation may vary despite the same amount of

end organ damage and tinnitus may develop in selective cases. Numerous unknown factors can increase the synchrony of single neuron activities, unmask dormant synapses, create new connections between neurons, or increase the spontaneous activity in central auditory system due to the lack of auditory input (Bartels et al., 2007; Roberts et al., 2010; Noreña and Farley, 2013).

We further investigated the difference in tinnitus effects among each group. Better spectral resolution found in the TEs in the unilateral tinnitus group with normal hearing (Group 1) than the TEs in other tinnitus groups with HL (Group 2 and 3) may be attributed by younger ages and better hearing acuities of Group 1. The better performance observed in TMD and SPD in the TEs in the unilateral tinnitus subjects with normal hearing (Group 1) than in the TEs of bilateral tinnitus subjects with HL (Group 3) might be caused by the same reasons described above rather than the unilaterality of tinnitus. As for the SRT in noise, the TEs in Group 1 showed much lower thresholds (i.e., better speech perception) than the right or left TEs in Group 3 (independent t test, p = 0.0159 and 0.0455, respectively; Fig. 6); however, it did not reached significance after Bonferroni correction at the  $\alpha$  level of 0.008 (i.e., 0.05/6 = 0.008). We could not find any different performance between the unilateral tinnitus subjects with HL (Group 2) and the bilateral tinnitus subjects with HL (Group 3).

In a study that compared the results of the hearing-in-noise test between young tinnitus subjects with normal hearing ≤8 kHz and normal hearing age-matched controls, the SRTs were significantly higher in the tinnitus group under all test conditions (Ryu et al., 2012). These results agree well with our results. However, the test setting of the Ryu et al. (2012) study differed from our study. First, we compared the TEs and NTEs in unilateral tinnitus subjects with symmetric hearing thresholds because we expected that significant individual variability would be shown for speech perception in noise. Indeed, other studies also emphasized within-subject design in the clinical trial for tinnitus because tinnitus is likely to have different subgroups and affects people differently (Tyler et al., 2007). Second, when the tinnitus subjects showed a pure-tone threshold of < 20 dB <8 kHz, we excluded those showing different bilateral hearing thresholds at extended high frequencies >8 kHz. Sanches et al. (2010) studied the auditory temporal resolution of normal hearing subjects with tinnitus using the gap-in-noise test and found poorer temporal resolution in the tinnitus group, which is in contrast to the results of the present study. This discrepancy could be attributed to the enrollment of subjects with hearing impairment at extended high frequencies or a difference in the test modality for temporal resolution. The use of intensity cues in the gap-in-noise test is contentious. Indeed, an increased intensity discrimination threshold was found in tinnitus subjects with normal audiograms compared with the audiometrically matched control group (Epp et al., 2012). A recent study using psychoacoustic measurements showed better frequency selectivity and compression in tinnitus subjects than in subjects without tinnitus with similar average HL (Tan et al., 2013). From these results, the investigators suggested that the presence of tinnitus may not be associated with OHC damage, but rather with inner hair cell dysfunction, and that the consequent reduced auditory innervation may trigger tinnitus. In our study using a different psychoacoustic measure for spectral resolution, SRD, the frequency selectivity of the TEs was the same as that of the NTEs in the same group of subjects.

There is an important issue about the definition of symmetric hearing thresholds in this study because we considered that there are nearly same statuses of bilateral auditory systems when both ears show symmetric hearing thresholds. In the literature (Zakis

<sup>\*</sup>p < 0.05.

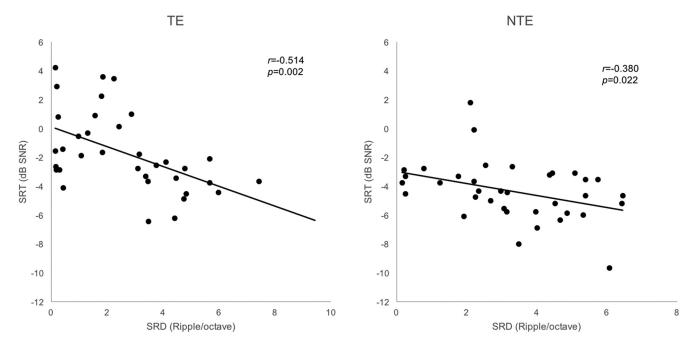


Figure 6. SRD thresholds correlated with SRTs in noise for the 35 TEs of Groups 1, 2, and 3. For the 36 NTEs of Groups 1, 2, and 4, the SRD thresholds also correlated with SRTs in noise.

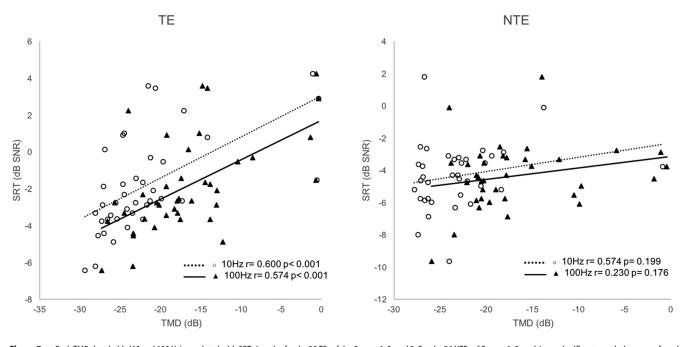


Figure 7. Both TMD thresholds (10 and 100 Hz) correlated with SRTs in noise for the 39 TEs of the Groups 1, 2, and 3. For the 36 NTEs of Groups 1, 2, and 4, nonsignificant correlations were found between TMD thresholds and SRTs in noise.

et al., 2009; Ching et al., 2013; Akeroyd et al., 2014; Van Esch et al., 2015),10 dB (or even 20 dB) criteria for defining symmetrical hearing has been often used because pure-tone thresholds are usually repeatable within a range of  $\pm 5$  dB. However, we applied more strict criteria for symmetric hearing thresholds (see Materials and Methods).

The limitation of the present study was that subjects who had relatively low hearing thresholds and a relatively low handicap (tinnitus handicap inventory scores of  $46.6 \pm 27.8$ ) were enrolled. Because unilateral tinnitus subjects with higher ipsilateral hearing thresholds are more common in clinical practice, it is difficult to conclude that our results represent

the whole mechanism of tinnitus after cochlear damage. Nonetheless, enrolling unilateral tinnitus subjects with symmetric hearing thresholds may be the best way to exclude the effects of elevated hearing thresholds on psychoacoustic performance and to avoid individual variations. There might be an argument to classify the subgroups in this study because subjective loudness or annoyance also may affect the psychoacoustic performance. For example, Tyler et al. (2008) suggested that subgroups should be classified with tinnitus loudness, pitch variance, emotional status, sleep disturbance, and the influence of noise to adopt specific clinical trial of tinnitus treatment.

The major findings from the current study are twofold. First, tinnitus can constrain patients' speech perception ability in noise regardless of their hearing sensitivity despite the fact that tinnitus had no influence upon spectral and temporal resolution of hearing. This finding suggests that tinnitus may affect central auditory system as a central masker when patients are engaged to listen to speech in the presence of background noise. Second, the plastic changes in the central auditory system induced by deafferentation rather than end-organ damage itself might be critical for the occurrence of tinnitus.

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