Systems/Circuits

Expression of ESR1 in Glutamatergic and GABAergic Neurons Is Essential for Normal Puberty Onset, Estrogen Feedback, and Fertility in Female Mice

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Circulating estradiol exerts a profound influence on the activity of the gonadotropin-releasing hormone (GnRH) neuronal network controlling fertility. Using genetic strategies enabling neuron-specific deletion of estrogen receptor α (*Esr1*), we examine here whether estradiol-modulated GABA and glutamate transmission are critical for the functioning of the GnRH neuron network in the female mouse. Using *Vgat*- and *Vglut2*-ires-Cre knock-in mice and ESR1 immunohistochemistry, we demonstrate that subpopulations of GABA and glutamate neurons throughout the limbic forebrain express ESR1, with ESR1-GABAergic neurons being more widespread and numerous than ESR1-glutamatergic neurons. We crossed *Vgat*- and *Vglut2*-ires-Cre mice with an $Esr1^{lox/lox}$ line to generate animals with GABA-neuron-specific or glutamate-neuron-specific deletion of *Esr1*. *Vgat*-ires-Cre; $Esr1^{lox/lox}$ mice were infertile, with abnormal estrous cycles, and exhibited a complete failure of the estrogen positive feedback mechanism responsible for the preovulatory GnRH surge. However, puberty onset and estrogen negative feedback were normal. *Vglut2*-ires-Cre; $Esr1^{lox/lox}$ mice were also infertile but displayed a wider range of deficits, including advanced puberty onset, abnormal negative feedback, and abolished positive feedback. Whereas <25% of preoptic kisspeptin neurons expressed Cre in *Vgat*- and *Vglut2*-ires-Cre lines, ~70% of arcuate kisspeptin neurons were targeted in *Vglut2*-ires-Cre; $Esr1^{lox/lox}$ mice, possibly contributing to their advanced puberty phenotype. These observations show that, unexpectedly, ESR1-GABA neurons are only essential for the positive feedback mechanism. In contrast, we reveal the key importance of ESR1 in glutamatergic neurons for multiple estrogen feedback loops within the GnRH neuronal network required for fertility in the female mouse.

Key words: estradiol; GABA; glutamate; GnRH

Significance Statement

Circulating estradiol acts upon the brain to regulate the functioning of many neuronal networks, including those controlling reproduction. Acting in classic homeostatic negative or positive feedback modes, estradiol variably suppresses or enhances the activity of the gonadotropin-releasing hormone (GnRH) neurons throughout the ovarian cycle. We show here that estrogen receptor α (ESR1) within glutamate (VGLUT2) neurons is essential for both the negative and positive estradiol feedback loops. In contrast, ESR1 in GABA neurons is only required for estradiol positive feedback. These studies emphasize the importance of estradiol-modulated amino-acidergic neurons within the GnRH neuronal network and highlight an unexpected prominent role for ESR1-expressing glutamate neurons in fertility control.

Introduction

Fertility is critically dependent upon estradiol feedback loops involving the brain that ultimately regulate the activity of the gonadotropin-releasing hormone (GnRH) neurons. Evidence gathered over recent years has demonstrated that estrogen receptor α (ESR1) is the key receptor mediating these feedback loops

(Couse et al., 2003; Wintermantel et al., 2006; Glidewell-Kenney et al., 2007; Cheong et al., 2014; Yeo and Herbison, 2014). Because GnRH neurons do not themselves express ESR1 (Herbison and Pape, 2001), considerable effort has been focused upon delineating the ESR1-expressing cell types within the network con-

Received May 7, 2015; revised Sept. 4, 2015; accepted Sept. 16, 2015.

Author contributions: A.E.H. designed research; R.Y.C., K.C., and R.P. performed research; R.Y.C., K.C., and A.E.H. analyzed data; A.E.H. wrote the paper.

This work was supported by the New Zealand Health Research Council. We thank Brad Lowell (Beth Israel Deaconess Medical Center) and A.F. Parlow (National Hormone and Peptide Program) for contributing valuable reagents and Rebecca Campbell and Jenny Clarkson for commenting on the manuscript.

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trolling the activity of GnRH neurons (Petersen et al., 2003; Moenter et al., 2009; Prevot et al., 2010; Herbison, 2015).

Elucidating the estradiol-sensitive elements of the GnRH neuronal network has been complicated by the existence of two fundamentally different feedback loops that generate negative and positive feedback. Whereas negative feedback is persistent in both males and females and restrains GnRH neuron activity, positive feedback only exists in females and occurs exclusively at the midpoint of the ovarian cycle to generate the preovulatory GnRH surge, leading to ovulation (Levine, 2014; Herbison, 2015). At present, it is believed that different estradiol-sensitive neuronal pathways within the GnRH neuronal network are responsible for positive and negative feedback (Herbison, 2015).

Although retrograde tract-tracing studies in mice have demonstrated that the vast majority of ESR1-expressing primary afferents to the GnRH neurons reside in the periventricular regions of the hypothalamus (Wintermantel et al., 2006), the neurochemical identity of these neurons has not yet been deciphered. Studies over the last decade have focused intensely, if not exclusively, upon the roles of ESR1-expressing kisspeptin neurons in these feedback loops. Whereas a strong case can been made for ESR1-expressing kisspeptin neurons located in the rostral periventricular area of the third ventricle (RP3V) to be involved in the positive feedback mechanism (Clarkson and Herbison, 2009; Ohkura et al., 2009; Smith, 2013), the roles of ESR1-positive kisspeptin neurons in the arcuate nucleus (ARN) remain unclear (de Croft et al., 2012; Dubois et al., 2015).

As has happened for kisspeptin and, more recently, RFamide-related peptides (Khan and Kauffman, 2012), every new neurotransmitter identified within the GnRH neuronal network has been implicated as being involved in the estradiol feedback loops (Kalra, 1993; Kordon et al., 1994; Herbison, 1998). However, the longest and arguably strongest legacy for involvement in estradiol feedback belongs to the amino acid transmitters GABA and glutamate (Herbison, 1998; Petersen et al., 2003; Moenter et al., 2009; Herbison, 2015). All GnRH neurons receive substantial GABAergic and glutamatergic input (Iremonger et al., 2010; Herbison and Moenter, 2011) and manipulations of either amino acid within the brain can modify both the positive and negative feedback mechanisms (Herbison, 1998). However, amino acid neurotransmission is a fundamental element of network functioning in all neuronal circuits (Foster and Kemp, 2006). Therefore, it has been impossible experimentally to decipher the impact and roles of estradiol-modulated activity from that of more general ongoing GABA/glutamate neurotransmission within neuronal circuits in vivo.

To address this issue, we have used here cell-specific gene targeting strategies to delete ESR1 from either all GABAergic or all VGLUT2-expressing (glutamatergic) neurons in mice. We report that ESR1 in these neurons is indeed critical for the normal functioning of the GnRH neuronal network and fertility with ablation from GABA or glutamate neurons having unexpected, differential effects on the various estradiol feedback loops found in peripubertal and adult mice.

Materials and Methods

Experimental animals

Vgat-ires-Cre knock-in (Vong et al., 2011) and *Vglut2*-ires-Cre knock-in (Vong et al., 2011) mouse lines were used. VGLUT2 is the glutamate transporter used by all glutamatergic neurons in the hypothalamus, thalamus, midbrain, and hindbrain (Takamori, 2006), whereas all GABAer-

gic neurons express VGAT (Wojcik et al., 2006). Both the *Vgat*-ires-Cre and *Vglut2*-ires-Cre knock-in mouse lines have been fully characterized and shown to express Cre selectively in GABAergic and glutamatergic neurons, respectively (Vong et al., 2011). To fluorescently label GABAergic and glutamatergic neurons, the different Cre driver lines were crossed with the Ai9 Cre-dependent tdTomato reporter (Madisen et al., 2010). To delete ESR1 from all GABA or VGLUT2 neurons, the different Cre driver lines were crossed with *Esr1* lox/lox mice (Wintermantel et al., 2006). Mice were genotyped by PCR. All mice were housed either with their dam [for mice < postnatal day 21 (P21)] or in cages of 3–4 animals under 12 h light/dark cycles (lights on 06:00 h) with *ad libitum* access to food (Irradiated Rat and Mouse Diet, 4% fat, product #12152; Specialty Feeds) and water. All procedures were approved by the University of Otago Welfare and Ethics Committee.

Assessment of puberty, estrous cyclicity, and estrogen feedback Vgat/Vglut2-ires-Cre; $Esr1^{lox/lox}$ mice and littermate $Esr1^{lox/lox}$ controls were weaned at P21 and checked daily for vaginal opening and subsequently for first estrus by daily vaginal smear. At 3–4 months of age, estrous cyclicity was assessed by undertaking morning vaginal smears for a period of 26 d. Cyclicity was determined by counting the number of full cycles between proestrous smears occurring over this time. Days per cycle were determined by counting the numbers of days between consecutive proestrous smears and the percentage of time spent in estrous was assessed by determining the percentage of days with smears dominated by cornified epithelial cells (estrus). Fecundity was assessed in a separate group of mice by mating knock-out and age-matched control (Vgat/Vglut2-ires-Cre +/- mice) male and female mice with wild-type mates for 3 months. The numbers of litters and pups per litter were counted for each dam.

To test the patency of the negative and positive feedback mechanisms, adult Vgat/Vglut2-ires-Cre;Esr1 lox/lox mice and littermate controls (>60 d of age) received ovariectomy (OVX) and were treated with 17-βestradiol (E2). For negative feedback, mice were anesthetized with 1.5% halothane, a tail blood sample taken, and OVX performed. Two to 3 weeks later, mice were reanesthetized, a blood sample taken to assess OVX levels of luteinizing hormone (LH), and an E2-filled SILASTIC capsule (1 μg E2/20 g body weight, s.c.) implanted as reported previously (Yeo and Herbison, 2014). Five days later, a submandibular vein blood sample was obtained to assess the ability of E2 to chronically suppress LH secretion. The estrogen positive feedback mechanism was assessed using an established protocol (Wintermantel et al., 2006) in which OVX mice were implanted with an E2-filled SILASTIC capsule (as above) and 6 d later given estradiol benzoate (1 μ g of estradiol/20 g body weight, s.c.) at 09:00 h and killed the following day with an overdose of pentobarbital (3 mg/100 µl, i.p.) between 17:30 and 19:00 h, with a final blood sample taken from the right atrium and the mouse being perfused with paraformaldehyde.

Plasma LH concentrations were determined in duplicate by radioimmunoassay using the anti-rLH-S-11 antiserum and mLH-RP reference provided by A.F. Parlow (National Hormone and Peptide Program, Torrance, California). Assay sensitivity was 0.2 ng/ml. The intraassay coefficient of variation was 4.6%.

Immunohistochemistry

Mice were anesthetized with pentobarbital and perfused transcardially with 15 ml of 4% paraformal dehyde in PBS. Brains were removed, post-fixed at room temperature for 1 h, and placed in 30% sucrose solution overnight. The following day, three sets of 30- μ m-thick coronal brain sections were cut on a freezing microtome from each brain for subsequent free-floating immunohistochemistry.

ESR1 immunohistochemistry. Single-label peroxidase-based staining was undertaken on one set (1:3) of coronal brain sections extending from the medial septum through to the caudal hypothalamus from Vgat/Vglut2-ires-Cre;Esr1 lox/lox mice and controls. Sections were incubated for 48 h at 4°C in a well characterized rabbit polyclonal primary antisera directed against ESR1 (1:10,000, Millipore, catalog #06-935; Cheong et al., 2014) in Tris-buffered saline (TBS) containing 0.3% Triton X-100 and 0.25% BSA and 2% normal goat serum.

Sections were then incubated in biotinylated goat anti-rabbit immunoglobulins (1:200; Vector Laboratories) for 90 min at room temperature. After subsequent washing in TBS, the sections were incubated in Vector Elite avidin-peroxidase (Vector Laboratories) at 1:100 for 90 min at room temperature. Immunoreactivity was revealed using glucose-oxidase, nickel-enhanced diaminobenzidine hydrochloride (DAB) that resulted in a black precipitate within the nucleus of the labeled cell. Dual-label immunofluorescence staining was undertaken on coronal sections taken throughout the forebrain of female diestrous *Vgat/Vglut2*-ires-Cre;*lox-tdTomato* mice using the same ESR1 antisera at 1:5000 dilution, followed by 1:400 biotinylated goat antirabbit immunoglobulins and streptavidin Alexa Fluor 488 conjugate (1:400, catalog #S11223; Life Technologies). Dual-labeled cells exhibited green fluorescent nuclei and the endogenous red tomato fluorescence in the cytoplasm.

GnRH-cFOS immunohistochemistry. Dual-label DAB immunostaining was undertaken as reported previously (Clarkson et al., 2008). In brief, one set of preoptic area sections from Vgat/Vglut2-ires-Cre; Esr1 lox/lox mice and controls was incubated in a rabbit polyclonal primary antisera directed against cFOS (1:8000; SC52; Santa Cruz Biotechnology) for 48 h at 4°C, followed by 1:200 biotinylated antirabbit immunoglobulins and 1:100 Vector Elite avidin-peroxidase, and immunoreactivity was revealed using nickel-enhanced DAB. Sections were then processed for GnRH by incubation in a rabbit polyclonal primary antisera directed against GnRH (LR5 1:20,000; gift from R. Benoit, Montreal) for 48 h at 4°C and visualized using the same combination of reagents with the exception that DAB was used without nickel.

Kisspeptin immunohistochemistry. To determine the degree to which Cre was expressed in kisspeptin neurons in Vgat-ires-Cre and Vglut2-ires-Cre mice, one set of sections taken throughout the hypothalamus of diestrous female Vgat and Vglut2-ires-Cre mice was incubated with a well characterized polyclonal rabbit antisera directed against Cre (1:1000; gift of G. Scheutz, Heidelberg; Casanova et al., 2001) using the same protocol described above for ESR1 nickel-DAB immunohistochemistry. This was followed by immunostaining with a polyclonal rabbit antisera directed against kisspeptin (1:10,000; AC566; gift of A. Caraty, Nouzilly; Clarkson et al., 2009) and processed using DAB only as a chromagen.

Immunohistochemical analysis

ESR1 expression in Vgat/Vglut2-ires-Cre;lox-tdTomato mice. An analysis of the distribution and density of ESR1-positive GABA and glutamatergic neurons in the adult female mouse forebrain was undertaken by mapping the locations of dual labeled cells (one dot per 10 duallabeled cells with ESR1-positive green nuclei and cytoplasmic tomato fluorescence) onto the Franklin and Paxinos brain atlas (Franklin and Paxinos, 1997). A quantitative analysis of ESR1 expression in GABA neurons was undertaken in the anteroventral periventricular nucleus (AVPV; plates 28-29), ARN (plates 45-47), caudal medial preoptic nucleus (cMPN; plates 32-33) and posterodorsal medial amgydala (MEApd; plates 45–46). Analysis of ESR1 expression in VGLUT2 neurons was undertaken in the AVPV, ARN and posteroventral medial amygdala (MEApv; plates 45-47). Both sides of the brains were photographed using a Zeiss LSM 710 confocal laser scanning microscope with Zeiss ZEN 2009 software. Image stacks were acquired at 3 μ m intervals with a 20×/0.8 PlanApo objective and the pinhole was adjusted to 1 air unit. The total number of cells with green fluorescent nuclei alone, endogenous tdTomato fluorescence alone, and both labels, were counted in two optical sections 15 µm apart in each image stack using the ImageJ version 1.49b Multipoint tool. These values were combined to provide a single value for each section. Two sections were analyzed for each brain region with values combined for each mouse to generate group mean \pm SEM values.

ESR1 analysis in Esr1 knock-out mice and controls. The numbers of ESR1-immunoreactive cells within specific hypothalamic nuclei were determined by counting all nickel-DAB positive nuclei within the AVPV (plates 28–29 of Franklin and Paxinos, 1997), medial preoptic nucleus (MPN; plates 31–32), ventrolateral division of the ventrome-

dial hypothalamus (VMHvl; plates 43–47), ARN (plates 45–47), and MEApd (plates 45–47). Two sections from each area were analyzed in every mouse. Each section was photographed and a predefined rectangle (AVPV, MEApd), oval (MPN, VMHvl), or triangle (ARN) "region of interest" overlaid upon the hypothalamic nuclei so that immunoreactive nuclei were counted automatically using the Analy-SIS Life Sciences Series program (Soft Imaging System). Analysis was undertaken by an investigator blind to the genotypes of the brain sections and with the thresholding and placement of regions of interest maintained constant throughout the analysis.

GnRH-cFOS analysis in knock-out mice and controls. This was undertaken as described previously (Clarkson et al., 2008). In brief, the GnRH neurons located in the preoptic area (plates 25–27) with and without nuclear nickel-DAB staining were counted per section for each mouse and individual values combined to generate group means.

Vgat/Vglut2-Cre and kisspeptin immunohistochemistry in Vgat- and Vglut2-ires-Cre mice. In each mouse, the number of kisspeptin-immunoreactive cells (brown cytoplasm) with or without Cre (black nuclei) were counted in two sections each containing the RP3V (plates 29–32) and the ARN (plates 45–47), the two brain regions where kisspeptin neurons are found (Clarkson et al., 2009). Values were combined to provide an average for each animal and grouped to provide mean \pm SEM values and the percentage of kisspeptin neurons with Cre determined.

Statistics

All data are presented as group means ± SEM. Repeated blood sampling experiments were analyzed using repeated-measures one- or two-way ANOVA with *post hoc* Bonferroni tests. For multiple comparisons examining ESR1 deletion across multiple brain regions, the Tukey *post hoc* test was used. Comparisons between two experimental groups were undertaken with nonparametric Mann–Whitney tests. Statistical analyses were conducted using Prism version 6.0 (Graph-Pad Software).

Results

ESR1 is expressed by GABA and glutamate neurons throughout the limbic forebrain

Vgat/Vglut2-ires-Cre mice were crossed onto the Ai9 Credependent tdTomato reporter line to generate Vgat/Vglut2-ires-Cre;lox-tdTomato mice and processed for ESR1 immunohistochemistry to determine the locations of ESR1-positive GABA and glutamate neurons throughout the forebrain of adult diestrous female mice (n=4). The distribution of VGAT- and VGLUT2- fluorescent tdTomato cells was as reported previously for these mice (Vong et al., 2011). Immunohistochemistry for ESR1 revealed a heterogeneous distribution of cells exhibiting nuclear-located immunoreactivity with nucleolar exclusion (Fig. 1A, D) throughout the brain, as noted previously (Mitra et al., 2003). Dual-labeled VGAT-ESR1 (Fig. 1C) and VGLUT2-ESR1 (Fig. 1F) cells were detected throughout the limbic forebrain with a predominantly overlapping distribution (Fig. 2).

VGLUT2-ESR1 cells were detected in the AVPV, medial aspects of the preoptic area, principally the periventricular nucleus (PVpo), ARN (Fig. 1F), and the paraventricular, ventromedial, and dorsomedial nuclei (Fig. 2). Outside of the hypothalamus, dual-labeled cells were detected predominantly within the MEApv (Fig. 2), with small numbers of cells also observed in other divisions of the amygdala, including the anterior and posteromedial cortical amygdaloid nucleus, anterior medial amygdaloid nucleus, and lateral division of central amygdaloid nucleus.

VGAT-ESR1-positive cells were detected in much greater abundance in all of the above brain regions except the MEApv and also in the anterior and posterior compartments of the

bed nucleus of the stria terminalis, throughout the medial preoptic area, and in the lateral septum and dentate gyrus (Fig. 2). Within the amygdala, dual-labeled cells were concentrated in the MEApd (Fig. 2).

To evaluate the proportions of glutamatergic and GABAergic cells expressing ESR1, cell counts were undertaken in the AVPV and ARN of intact female mice (n = 4), 2 brain regions implicated in the estradiol modulation of GnRH neuron activity in the mouse (Levine, 2014; Yeo and Herbison, 2014; Herbison, 2015), and also in the cMPN and MEApd (for GABA) and MEApy (for VGLUT2); locations of high-density dual-labeled cells for each transmitter (Fig. 2). For GABA, the highest percentage of GABAergic cells expressing ESR1 was in the AVPV (39%), followed by the MEApd (26%), cMPN (19%), and ARN (14%; Table 1). For VGLUT2, the highest percentage of glutamate neurons expressing ESR1 was in the ARN and MEApv (both 18%), followed by the AVPV (10%; Table 2). When considered as a percentage of the total population of ESR1-expressing cells in these brain regions, GABAergic neurons comprised 37% of AVPV, 26% of ARN, 24% of MEApd, and 12% of cMPN ESR1-positive cells (Table 1). Glutamate neurons made up between 10% and 16% of all ESR1 neurons in the AVPV, ARN, and MEApv (Table 2). Together, these studies show that subpopulations of ESR1 neurons express GABA and glutamate in a heterogeneous manner depending upon brain region.

Deletion of *Esr1* from VGAT- and VGLUT2-expressing neurons results in altered ESR1 expression in the brain

Peroxidase-based immunohistochemistry for ESR1 was undertaken on brains of Vgatand Vglut2-ires-Cre;Esr1 lox/lox mice used for reproductive profiling. Although the overall distribution of ESR1-positive cells was not altered in Vgat-ires-Cre;Esr1 lox/lox mice (n = 7; Fig. 3A, B), the numbers of immunoreactive cells were significantly reduced in the AVPV (40%, p < 0.01; Fig. 3A, B), MPN (70%, p < 0.001), ARN (57%, p < 0.001), and MEApd (76%, p < 0.05) compared with $Esr1^{lox/lox}$ controls (n = 16; one-way ANOVA $F_{(2,25)} = 5.634$, p =0.0096; with post hoc Tukey tests for multiple comparisons; Fig. 3E). Because all control mice exhibited completely normal

reproductive physiology (see below), they were combined into one group. The numbers of ESR1 cells were not altered in the VMHvl (Fig. 3*E*).

In *Vglut2*-ires-Cre;*Esr1* lox/lox mice (n = 5), both the number and distribution of ESR1-immunoreactive cells were sim-

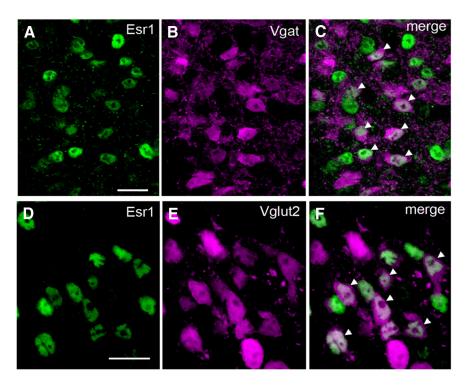


Figure 1. ESR1-expression in GABA and VGLUT2 neurons in the female mouse brain. **A**–**F**, Dual-label immunohistochemistry for ESR1 (Alexa Fluor 488 green nuclei in **A**, **D**) and VGAT (tdTomato pseudocoloured as magenta, **B**) or VGLUT2 (**F**) from the AVPV and ARN, respectively, of *Vgat*- and *Vglut2*-ires-Cre mice crossed with a tdTomato reporter. Merged images show individual AVPV VGAT (**C**) or ARN VGLUT2 (**F**) neurons expressing ESR1 (white nuclei, arrowheads). Scale bars, 10 μ m.

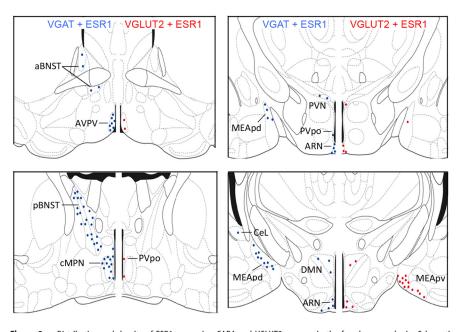


Figure 2. Distribution and density of ESR1-expressing GABA and VGLUT2 neurons in the female mouse brain. Schematic diagrams adapted from Franklin and Paxinos (1997) showing the topography of VGAT-ESR1 (blue) and VGLUT2-ESR1 (red) neurons at four different levels through the female mouse forebrain. Each dot represents 10 dual-labeled cells in a 30-μm-thick coronal brain section. aBNST, anterior bed nucleus of the stria terminalis; CeL, lateral central amygdala; DMN, dorsomedial nucleus; MEApd, posterior dorsal medial amygdala; MEApv, posterior ventral medial amygdala; pBNST, posterior bed nucleus of the stria terminalis; PVpo, preoptic periventricular nucleus; PVN, paraventricular nucleus.

ilar to that of controls (n = 16), with the single exception of the VMHvl, where all ESR1 immunoreactivity was absent (p < 0.001; Fig. 3C-E).

Sections from *Vgat*-ires-Cre;*Esr1* lox/lox;tdTomato and *Vglut2*-ires-Cre;*Esr1* lox/lox;tdTomato mice undergoing immunohisto-

Table 1. Mean (\pm SEM) numbers of vGAT- and ESR1-expressing neurons per coronal section in selected areas of the female mouse brain (n=4)

Regions	No. of vGAT total	No. of ESR1 cells	No. of dual-labeled cells	% vGAT cells with ESR1	% ESR1 cells with vGAT
AVPV	186.5 ± 32.4	249.0 ± 68.5	74.4 ± 16.4	39.1 ± 4.3	37.1 ± 7.4
ARN	314.1 ± 34.5	173.8 ± 48.1	44.1 ± 14.5	13.5 ± 4.0	25.9 ± 5.5
cMPN	527.0 ± 56.7	911.5 ± 118.0	101.5 ± 39.7	19.0 ± 6.3	12.3 ± 5.4
MEApd	389.5 ± 23.9	426.0 ± 56.1	99.3 ± 15.5	26.3 ± 5.3	23.7 ± 3.1

Table 2. Mean (\pm SEM) numbers of vGLUT2- and ESR1-expressing neurons per coronal section in selected areas of the female mouse brain (n=4)

Regions	No. of vGLUT2 total	No. of ESR1 cells	No. of dual-labeled cells	% vGLUT2 cells with ESR1	% ESR1 cells with vGLUT2
AVPV	141.1 ± 17.9	249.0 ± 68.5	15.4 ± 6.3	10.0 ± 3.4	10.3 ± 4.5
ARN	140.6 ± 10.9	173.8 ± 48.1	26.6 ± 6.4	18.3 ± 2.9	16.9 ± 3.0
MEApv	636.0 ± 210.8	1157.0 ± 135.6	130.0 ± 55.8	18.6 ± 4.0	10.4 ± 3.9

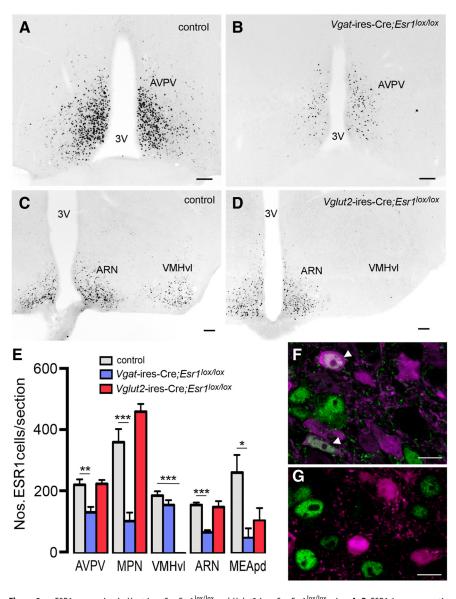


Figure 3. ESR1-expression in Vgat-ires-Cre; $Esr1^{lox/lox}$ and Vglut2-ires-Cre; $Esr1^{lox/lox}$ mice. A, B, ESR1-immunoreactive nuclei in the AVPV of a female control Vgat-ires-Cre mouse (A) and mutant Vgat-ires-Cre; $Esr1^{lox/lox}$ mouse (B). C, D, ESR1-immunoreactive nuclei in the mediobasal hypothalamus of a female control Vglut2-ires-Cre mouse (C) and mutant Vglut2-ires-Cre; $Esr1^{lox/lox}$ mouse (D). $Esm1^{lox/lox}$ mouse (D). $Esm1^{lox/lox}$

chemistry for ESR1 demonstrated a complete absence of ESR1 from all tomato-expressing cells (Fig. 3F, G).

Deletion of *Esr1* from GABAergic neurons has no effect on puberty or negative feedback, but abolishes estrogen positive feedback, estrous cyclicity, and fertility

Control mice (Esr1 $^{lox/lox}$, n = 16) exhibited the normal progression of puberty with vaginal opening beginning around P26 (Fig. 4A) and mean (+SEM) vaginal opening occurring on P28.4 ± 0.6, with first estrous apparent 3-4 d later at P32.0 ± 0.9 (Fig. 4B). Vgat-ires-Cre; $Esr1^{lox/lox}$ mice (n = 7) exhibited similar puberty onset profiles (Fig. 4A, B). Although the cumulative percentage profile for vaginal opening appeared to lag behind that of controls, suggestive of a bimodal distribution, (Fig. 4A), vaginal opening (day 31.0 \pm 1.9) and first estrous $(day 34.4 \pm 1.5)$ were not significantly different from those of controls [U = 35.50, p = 0.3264 (vaginal opening) and U = 32, p = 0.2151 (first estrous), Mann–Whitney U tests].

Adult control mice (n = 20) had 2.9 \pm 0.2 complete cycles over the assessment period, with cycles being 7.3 ± 0.5 d in duration with $34 \pm 3\%$ of the time spent in estrous (Fig. 4C-E). Vgat-ires-Cre; $Esr1^{\log\log n}$ mice (n = 9) exhibited very disordered cyclicity, with only occasional cycles detected (0.7 \pm 0.4 cycles; U = 16, p < 0.001, Mann–Whitney U test) interspersed among a predominantly $(81 \pm 5\%)$ estrous smear pattern (U =0, p < 0.001, Mann–Whitney U test; Fig. 4C-E). Fecundity studies revealed that Vgat-ires-Cre;Esr1 lox/lox mice were infertile, with no litters born to mutant mice (n = 5) compared with 4.2 ± 0.4 litters to Vgat-ires-Cre +/- control female mice (n = 5; Fig 4F). Male Vgatires-Cre; Esr1 lox/lox mice were found to kill female mates overnight (n = 3).

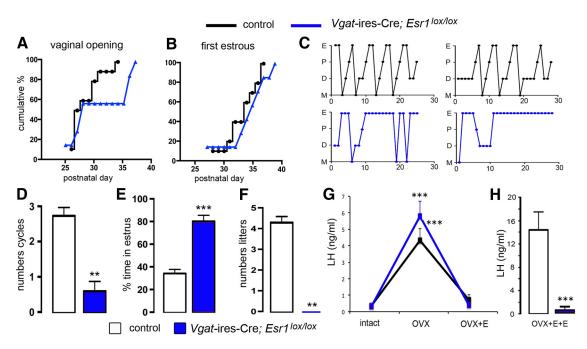


Figure 4. Reproductive profile of Vgat-ires-Cre;Esr1 lox/lox mice. A, B, Puberty onset for control (black, n=16) and mutant (blue, n=7) mice displayed as cumulative percentage charts for vaginal opening (A) and first estrous (B). C, Representative adult estrous cycle profiles for two control (top) and two mutant (below) mice. D, E, Histograms showing the mean \pm SEM number of complete estrous cycles (D) and percentage time spent in estrous (E) in control (n=20) and mutant Vgat-ires-Cre;Esr1 lox/lox (n=9) mice. **p<0.01, ***p<0.01 (Mann—Whitney U tests). E, Histogram showing the mean \pm SEM number of litters born to control (n=5) and mutant (n=5) female mice over a 3 month mating period. **p<0.01 (Mann—Whitney U tests). E, Estrogen negative feedback in control (black, n=7) and mutant (blue, n=6) mice showing mean \pm SEM changes in LH secretion after OVX and OVX +E. ***p<0.01 versus intact and OVX +E (repeated-measures ANOVA with Bonferroni P post to tests). E, Positive feedback mean E SEM levels of LH in ovariectomized control (n=7) and mutant (n=6) mice treated with estradiol (OVX +E +E) to evoke the GnRH/LH surge. ***p<0.001 (Mann—Whitney U test).

Basal LH levels were not different between Vgat-ires-Cre; $\textit{Esr1}^{\text{lox/lox}}$ and $\textit{Esr1}^{\text{lox/lox}}$ control mice (control = 0.33 \pm 0.08 ng/ml, n = 7; $null = 0.30 \pm 0.03 \, ng/ml$, n = 6; U = 18, p = 0.69, Mann-Whitney U test). Experiments in which repeated blood samples were taken from intact, OVX, and OVX with estradiol replacement (OVX+E) mice revealed a normal estrogen negative feedback mechanism in *Vgat*-ires-Cre;*Esr1* lox/lox mice (Fig. 4*G*). There was no difference in the effects of OVX and E2 replacement in control and mutant mice (two-way repeated-measures ANOVA, group \times treatment $F_{(2,18)} = 1.457$, p = 0.26). Control mice (n = 7) displayed the normal rise in LH secretion upon OVX (p < 0.001, Bonferroni post hoc test), with a return to basal levels after estradiol capsule implantation (p < 0.001, Bonferroni post hoc test). Vgat-ires-Cre; $Esr1^{lox/lox}$ mice (n = 6) exhibited the same magnitude increase and then decrease in LH levels after OVX and estradiol replacement, respectively (p < 0.001, Bonferroni post hoc test; Fig. 4G). In contrast, the estrogen positive feedback rise in LH was normal in control mice (n=7), but absent in all *Vgat*-ires-Cre;*Esr1* lox/lox mice (n=6; Fig. 4H; U=0, p = 0.0017, Mann–Whitney U test). Dual-labeled immunohistochemical analysis for cFos in GnRH neurons showed 52 \pm 6% of preoptic area GnRH neurons expressed cFos in controls (n = 8) compared with 0% in null mice (n = 7; data not shown). Deletion of ESR1 from GABAergic neurons results in the selective abolition of the estrogen positive feedback mechanism and infertility.

Deletion of *Esr1* from *Vglut2* neurons results in advanced puberty, abnormal estrogen feedback, disordered estrous cyclicity, and infertility in female mice

Vglut2-ires-Cre;*Esr1*^{lox/lox} mice (n = 8) exhibited significantly advanced vaginal opening (P23.9 \pm 0.8; U = 11.50, p = 0.0004, Mann–Whitney U test; Fig. 5A) and first estrous (P25.0 \pm 0.8;

U = 7, p = 0.0001, Mann–Whitney test; Fig. 5B), with puberty onset occurring ~ 5 d before controls (n = 16; Fig. 5A, B). As adults, control mice (*Vglut2*-ires-Cre and *Esr1* $^{lox/lox}$; n = 20) exhibited 3.1 \pm 0.2 complete cycles of 6.9 \pm 0.4 d in duration, with $34 \pm 3\%$ of the time spent in estrous (Fig. 5*C*–*E*). *Vglut2*-ires-Cre; $Esr1^{lox/lox}$ mice (n = 7) exhibited very disordered smears with no clear cycles (0.1 \pm 0.1 cycles; U = 1, p < 0.0001; Mann–Whitney U test) and spent 83 \pm 7% of the time in estrous (U = 3, p < 0.0001; Mann–Whitney U test; Fig. 5C–E). Fecundity studies revealed that Vglut2-Esr1-null female mice were infertile, with no litters born to mutant mice (n = 5) compared with 4.2 ± 0.4 litters/3 months to Vglut2-ires-Cre control female mice (n = 5; Fig 5*F*). Vglut2-Esr1-null male mice generated a normal number of litters (6.4 \pm 1.1 vs 8.7 \pm 0.5 controls; U = 3, p = 0.171, Mann–Whitney test) and pups/litter (3.25 \pm 0.25 vs 3.50 \pm 0.29 controls; U = 6, p = 0.99, Mann–Whitney test) over the 3 month period.

Basal LH levels were significantly elevated in *Vglut2*-ires-Cre; $Esr1^{lox/lox}$ mice $(0.59\pm0.12~ng/ml,~n=5)$ compared with $Esr1^{lox/lox}$ controls $(0.33\pm0.08~ng/ml,~n=7;~U=4.5,~p=0.03,~Mann-Whitney~U~test)$. Experiments in which repeated blood samples were taken from intact, OVX, and OVX+E mice revealed that estrogen negative feedback was abnormal in Vglut2-ires-Cre; $Esr1^{lox/lox}$ mice (Fig. 5G; two-way repeated-measures ANOVA, group × treatment $F_{(2,18)}=15.294,~p<0.001$). Control mice (n=7) displayed the normal rise in LH secretion upon OVX (p<0.001, Bonferroni post~hoc~test), with a return to basal levels with estradiol capsule implantation (p<0.001, Bonferroni post~hoc~test). Vglut2-ires-Cre; $Esr1^{lox/lox}$ mice (n=5) exhibited a nonsignificant (p=0.09, Bonferroni post~hoc~test) trend for increased LH levels after OVX and no effect of estradiol replacement on LH concentrations (Fig. 5G). The estrogen positive

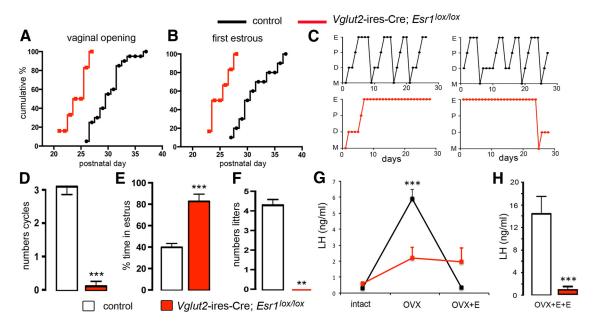


Figure 5. Reproductive profile of Vglut2-ires-Cre; $Esr1^{lox/lox}$ mice. A, B, Puberty onset for control (black, n=16) and mutant (red, n=8) mice displayed as cumulative percentage charts for vaginal opening (A) and first estrous (B). C, Representative adult estrous cycle profiles for two control (top) and two mutant (below) mice. D, E, Histograms showing the mean \pm SEM number of complete estrous cycles (D) and percentage time spent in estrous (E) in control (n=20) and mutant Vglut2-ires-Cre; $Esr1^{lox/lox}$ (n=7) mice. ****p<0.001 (Mann—Whitney U tests). E, Histogram showing the mean E SEM number of litters born to control (n=5) and mutant (n=5) female mice over a 3 month mating period. ***p<0.01 (Mann—Whitney E tests). E, Estrogen negative feedback in control (black, E) and mutant (red, E) and mutant (red, E) and mutant (red, E) mice showing mean E SEM changes in LH secretion after OVX and OVX + E. ****E0.01 versus intact and OVX + E1 (repeated-measures ANOVA with Bonferroni E1 (Positive feedback mean E2 SEM levels of LH in ovariectomized control (E1 and mutant (E2 b) mice treated with estradiol (OVX+E1 b) to evoke the GnRH/LH surge. ****E1 (OVX) (Mann—Whitney E1 test).

feedback mechanism was also examined, with all controls (n = 11) but none of the Vglut2-Esr1-null mice (n = 5) exhibiting an LH surge (Fig. 5H; U = 0, p = 0.003, Mann–Whitney test). Duallabel immunohistochemical analysis showed that $60 \pm 5\%$ of preoptic area GnRH neurons expressed cFos in controls (n = 8) compared with 0% in null mice (n = 5; data not shown).

Unexpectedly, deletion of ESR1 from VGLUT2 glutamatergic neurons results in widespread defects in the neural control of fertility beginning at puberty that involves both negative and positive feedback mechanisms and results in infertility.

Cre expression in kisspeptin neurons of *Vgat*- and *Vglut2*-ires-Cre;*Esr1* lox/lox mice

Kisspeptin signaling in the brain is essential for puberty onset, estrogen feedback, and fertility in mice and humans (Seminara et al., 2003; de Roux et al., 2003; Dungan et al., 2007; d'Anglemont de Tassigny et al., 2007; Clarkson et al., 2008; Kirilov et al., 2013). Kisspeptin neurons expressing ESR1 are located principally in the AVPV and PVpo (referred to collectively as the RP3V) and ARN (Smith et al., 2006; Adachi et al., 2007) and there is evidence that subpopulations of these kisspeptin neurons may coexpress GABA and glutamate (Cravo et al., 2011). Therefore, it is possible that some of the reproductive abnormalities detected in Vgat/ Vglut2-ires-Cre;Esr1 lox/lox mice might be derived from Cre expression in kisspeptin neurons with consequent deletion of ESR1. To investigate this possibility, we determined the numbers of kisspeptin neurons expressing Cre in Vgat- and Vglut2-ires-Cre mice. Neurons with Cre-immunoreactive nuclei were identified throughout the brain in a distribution similar to that found for tdTomato fluorescence. Dual-label immunohistochemistry for Cre and kisspeptin (Fig. 6A) revealed that $12 \pm 2\%$ of RP3V and $68 \pm 5\%$ of ARN kisspeptin neurons expressed VGLUT2 (n = 4; Fig. 6B) compared with 22 \pm 5% of RP3V and 25 \pm 7% of ARN kisspeptin neurons expressing VGAT (n = 4; Fig. 6B).

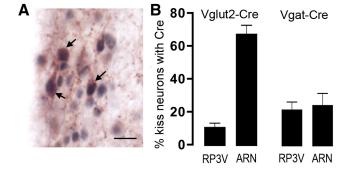


Figure 6. Expression of Cre in kisspeptin neurons of *Vgat*- and *Vglut2*-Cre mouse lines. **A**, Dual-label immunohistochemistry for Cre (black nuclei) and kisspeptin (brown cytoplasm) in the AVPV of a *Vglut2*-ires-Cre mouse. Three dual-labeled cells are indicated with arrows. Scale bar, 20 μ m. **B**, Histograms showing the mean \pm SEM percentage of kisspeptin neurons expressing Cre in the RP3V and ARN of *Vglut2*-ires-Cre (n=4) and *Vgat*-ires-Cre (n=4) adult female diestrous mice.

Discussion

Distribution of ESR1-expressing GABAergic and glutamatergic neurons

We show here that subpopulations of ESR1-expressing cells in the hypothalamus and amygdala are GABAergic or glutamatergic, whereas those in the bed nucleus of the stria terminalis and hippocampus are GABAergic. The highest levels of ESR1-GABA coexpression were observed in the AVPV, ARN, and MEA, where 24–37% of all ESR1 cells were GABAergic. This compares with lower coexpression levels for glutamatergic neurons of $\sim\!10-16\%$ in these brain regions. Studies in the rat have demonstrated ESR1 in GABAergic and glutamatergic neurons in many of the same brain regions and at similar levels of coexpression (Flügge et al., 1986; Herbison, 1997; Eyigor et al., 2004; Kiss et al., 2013). Significant reductions in total ESR1 cell number were found in

the AVPV, MPN, ARN, and MEA of *Vgat*-ires-Cre;*Esr1* lox/lox, but not *Vglut2*-ires-Cre;*Esr1* lox/lox, mice, reflecting the larger proportions of ESR1 neurons that are GABAergic compared with glutamatergic. Remarkably, the VMHvl exhibited a complete loss of ESR1 in *Vglut2*-ires-Cre;*Esr1* lox/lox mice, indicating that all ESR1 neurons in the VMHvl express *Vglut2* at some point in development. Studies in the adult rat have reported that 20–80% of ESR1 cells in the VMHvl express *Vglut2* mRNA (Eyigor et al., 2004; Kiss et al., 2013).

ESR-1-dependent GABAergic function in the GnRH neuronal network

There is substantial evidence for a role of estradiol-modulated GABAergic transmission in both the negative and positive feedback mechanisms of rodents (Levine, 2014; Herbison, 2015). This rests principally on the finding that many aspects of GABA transmission are modulated by estradiol in the vicinity of the GnRH neuron cell bodies (Herbison, 1997) and that GABA concentrations in this region are elevated at times of negative feedback (Herbison et al., 1991), but then fall just before the GnRH/LH surge (Robinson et al., 1991; Jarry et al., 1992; Tin-Tin-Win-Shwe et al., 2004). This has led to the hypothesis that estradiol modulates GABAergic signaling to suppress GnRH neuron activity and help bring about negative feedback (Herbison, 1998; Petersen et al., 2003). However, the present observations fail to support this mechanism as being critical for estrogen negative feedback because it was normal in Vgat-ires-Cre;Esr1 lox/lox mice. It is possible that compensatory mechanisms or ESR2 (Cheong et al., 2014) may have replaced the need for ESR1-GABA neurons in Vgat-ires-Cre;Esr1 lox/lox mice. Mice with a GnRH neuron-selective reduction in GABAA receptor signaling exhibit a patent but abnormally sensitive negative feedback mechanism (Lee et al., 2010). Nevertheless, against expectations and unlike our observations for glutamate neurons, we show that ESR1 in GABA neurons is not essential for negative feedback.

A fall in GABA concentrations before the surge appears critical for positive feedback (Herbison and Dyer, 1991; Kimura and Jinnai, 1994). How and where this affects GnRH neurons has been difficult to ascertain. Electrophysiological studies have shown that, although GABAB activation is robustly inhibitory (Zhang et al., 2009; Liu and Herbison, 2011), GABAA receptors can excite GnRH neurons (Herbison and Moenter, 2011), even in adults in vivo (Constantin et al., 2013). Whereas a subpopulation of GnRH neurons in daily surging mice exhibit enhanced GABA receptor postsynaptic potentials at the time of positive feedback (Christian and Moenter, 2007), studies in the rat show reduced numbers of VGAT appositions on GnRH neurons at the this time (Ottem et al., 2004). Therefore, it remains uncertain how GABA affects GnRH neurons at the time of positive feedback. Nevertheless, the present study clearly demonstrates that ESR1 in GABA neurons is critical for estrogen positive feedback.

We speculate that the key estradiol-modulated GABA neurons are located in the RP3V, the locus of estradiol action for positive feedback (Herbison, 2008). RP3V GABA neurons express ESR1 and project directly to GnRH neurons signaling through both GABA_A (Liu et al., 2011) and GABA_B (Liu and Herbison, 2011) receptors (Fig. 7). We find that ~20% of RP3V kisspeptin neurons express Cre in *Vgat*-ires-Cre mice, indicating that a small subpopulation of kisspeptin neurons lose ESR1 expression in these mice. However, this is unlikely to have any impact upon the positive feedback mechanism as mice with only 50% of their RP3V kisspeptin neurons are still able to exhibit positive feedback (Szymanski and Bakker, 2012).

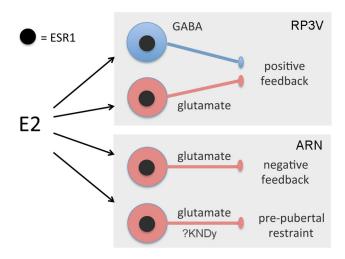


Figure 7. Schematic diagram summarizing the likely essential roles of ESR1-expressing GABA (blue) and glutamate (red) neurons in the various estrogen feedback mechanisms within the GnRH neuronal network. The possible locations of the cell bodies of the respective GABA and glutamate inputs within each feedback loop are indicated within each gray box. KNDy, Kisspeptin-Neurokinin B-Dynoprhin neuron.

ESR-1-dependent glutamatergic function in the GnRH neuronal network

Although glutamatergic transmission is important for GnRH neuronal network integrity (Brann, 1995; Iremonger et al., 2010), compared with GABA, it has received relatively little investigation with respect to estrogen feedback (Levine, 2014; Herbison, 2015). For positive feedback, an increase in glutamate levels in the vicinity of the GnRH neuron cell bodies occurs at the time of the GnRH/LH surge (Ping et al., 1994; Jarry et al., 1995) and glutamate receptor antagonists abolish the surge (Brann and Mahesh, 1991; Ping et al., 1997). We provide here the first demonstration that ESR1 in glutamate neurons is essential for positive feedback. As noted above for GABA, we suspect that estradiol modulates VGLUT2 neurons independently of kisspeptin to help bring about positive feedback because only 12% of RP3V kisspeptin neurons are targeted in *Vglut2*-ires-Cre mice. Similarly, we speculate that the key glutamatergic neurons involved in this mechanism are located in the RP3V, where they express ESR1 and are known to project to GnRH neurons activating predominantly AMPA receptors (Liu et al., 2011; Fig. 7). Interestingly, many ESR1-expressing neurons in the preoptic area of the rat coexpress GABA and glutamate (Ottem et al., 2004) and it remains to be determined whether this also occurs in the mouse.

In rodents, GnRH neuron activity is restrained after birth by the suppressive influence of estradiol, which gradually wanes to enable increased LH pulsatility and puberty onset (Goodman, 2014; Prevot, 2014). We find here that ESR1-modulated glutamate transmission is a critical component of this restraint mechanism. This was unexpected because, although glutamate neurons are involved in the pubertal activation of GnRH neurons, their estradiol sensitivity had not been considered previously (Clarkson and Herbison, 2006; Prevot, 2014). Further, most attention had been focused upon GABAergic neurons, yet we find normal puberty onset in *Vgat*-ires-Cre;*Esr1* lox/lox mice. Further, the permissive actions of leptin on puberty onset depend upon GABAergic and not glutamatergic neurons (Zuure et al., 2013; Martin et al., 2014).

We noted that the \sim 5 d advance in puberty onset of *Vglut2*-ires-Cre; $Esr1^{lox/lox}$ mice was similar in direction, but not magnitude, to that of kisspeptin-Esr1 knock-out mice, which exhibit an

 \sim 10 d advance in puberty onset with no first estrous (Mayer et al., 2010). Because the majority of ARN kisspeptin neurons express Cre in Vglut2-ires-Cre;Esr1 lox/lox mice, it is possible that their early pubertal onset arises in part from deletion of ESR1 in ARN neurons coexpressing glutamate and kisspeptin. These kisspeptin cells, also known as Kisspeptin-Neurokinin B-Dynorphin (KNDy) neurons (Goodman et al., 2007), make direct connections with GnRH neurons before birth (Kumar et al., 2014) and likely target the distal dendronic and terminal processes of GnRH neurons (Yip et al., 2015). Glutamate and kisspeptin can stimulate these processes directly (Herde et al., 2013; Glanowska and Moenter, 2015) and the synchronized activation of GnRH neuron projections can generate pulses of LH secretion (Campos and Herbison, 2014). Therefore, it is possible that the deletion of ESR1 in ARN KNDy or glutamate neurons results in estradiol being unable to restrain their activity in the late prepubertal period, resulting in precocious kisspeptin and/or glutamate activation of episodic GnRH secretion and consequent early puberty.

We also show that ESR1-expressing glutamate neurons are essential for the negative feedback mechanism. Because ESR1 in the ARN is essential for negative feedback in female mice (Yeo and Herbison, 2014), it is possible that this involves ARN ESR1-glutamate neurons. In this case, however, the ARN glutamatergic cell population is unlikely to coexpress kisspeptin because negative feedback remains patent after deletion of *Esr1* in kisspeptin neurons (Dubois et al., 2015). Therefore, one part of the multicomponent negative feedback mechanism (Herbison, 1998) may be an ESR1-dependent suppression of an ARN excitatory glutamatergic input to GnRH neurons (Fig. 7). Indeed, the frequency of AMPA postsynaptic potentials in GnRH neurons is reduced at the time of negative feedback in daily surging mice (Christian et al., 2009).

It is important to note that ESR1-expressing VGLUT2 neurons in brain regions outside the ARN and AVPV may also be involved. Although ESR1 cells in the VMHvl are not part of the GnRH neuronal network (Herbison, 2015), they are nevertheless essential for reproductive behavior (Musatov et al., 2006; Lee et al., 2014). Therefore, beyond the failure to ovulate, the absence of ESR1 in the VMHvl of Vglut2-ires-Cre;Esr1 lox/lox mice would likely abolish lordosis behavior and compound further their infertility. VMHvl-ESR1 cells are also implicated in metabolic control (Xu et al., 2011; Martínez de Morentin et al., 2014) and this may indirectly affect fertility. It is also important to consider recent evidence in the rat that both GABA and glutamate signaling in the MEApd can modulate puberty onset (Li et al., 2015). Therefore, deletion of ESR1 from GABA and glutamate neurons in the amygdala may also contribute to the reproductive phenotype of these mice.

In summary, we report that the deletion of ESR1 from GABA neurons results in defective positive feedback with normal puberty onset and negative feedback. In contrast, deletion of ESR1 from VGLUT2 neurons produces multiple dysfunctional estradiol feedback loops. These new observations highlight the importance of ESR1-dependent modulation of glutamatergic neurons within the GnRH neuronal network for fertility.

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