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# Endothelial-stromal interactions in angiogenesis

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## Abstract

**Purpose of review**—Angiogenesis occurs in the context of a wound or tumor stroma. This review will focus on recent findings on the interactions between angiogenic endothelial cells and the other components of the stroma – fibroblasts, pericytes and extracellular matrix.

**Recent findings**—Large-scale gene expression arrays have provided a remarkable insight into the diversity of fibroblasts in different tissues and under different conditions. These somewhat neglected cells are now understood to play a critical role in tumor growth, regulating not only the phenotype of the tumor cells but also the angiogenic response that supports them. These advances are leading to an understanding of the soil and seed hypothesis at the molecular level. In addition there is a new focus on the role of pericytes in regulating angiogenesis and their potential as targets for tumor therapy.

**Summary**—Initiation of new blood vessel formation requires MMP induction leading to degradation of basement membrane, sprouting of endothelial cells, and regulation of pericyte attachment. Fibroblasts and their activated counterpart, the myofibroblast, play a large role in synchronizing these events through the expression of numerous extracellular matrix molecules, growth factors and morphogens, including FGFs and TGF $\beta$ .

#### Keywords

Angiogenesis; endothelial; myofibroblast; pericyte; extracellular matrix; tumor stroma

## Introduction

A concept now gaining wide acceptance is that understanding the nature of the tumor microenvironment is as important in the long-term treatment of cancer as understanding the genetic underpinnings of the cancer itself. Although originally conceived over a century ago as the "seed and soil" hypothesis (attributed to Stephen Paget [1]), we are only now beginning to understand the complex interplay between tumor cells (the seed) and the stroma, the tissue in which it grows (the soil). In the context of a tumor, stroma is defined as the surrounding extracellular matrix (ECM) and the mesenchymal cells within it, including endothelial cells (EC), fibroblasts, vascular smooth muscle cells (VSMC) and pericytes. In 1986 Dvorak made the important observation that tumor stroma looked very much like a wound, in that they shared active angiogenesis, numerous proliferating fibroblasts secreting

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a complex ECM, and all on a background of fibrin deposition [2]. Recently, this observation was given a molecular basis through the global analysis of gene expression in tumors and serum-stimulated fibroblasts [3]. This study reported a strong correlation between the serum response of fibroblasts and gene expression in prostate and hepatocellular carcinoma, and a somewhat more variable correlation between the serum response and gene expression in breast, lung and gastric carcinomas. Many excellent reviews have been published on the role of stroma in promoting tumor growth [4-7], therefore this review will focus specifically on the role of stroma in supporting angiogenesis, and particularly on interactions between: EC, ECM and matrix metalloproteinases (MMPs); EC and fibroblasts; and EC and pericytes.

#### Interactions between EC, matrix and MMPs

Non-angiogenic EC are usually closely apposed to a complex basement membrane (BM) containing collagen IV, laminin, entactin/nidogen and perlecan - a heparan sulfate proteoglycan. Laminin exists in multiple isoforms and it is laminin 10 ( $\alpha 5\beta 1\gamma 1$ ) that is particularly enriched in EC BM, and seems to correlate with quiescence as it is not present in developing, angiogenic vessels [8,9]. EC interact with ECM proteins largely through surface-expressed integrins:  $\alpha_1\beta_1$ ,  $\alpha_2\beta_1$  and  $\alpha_3\beta_1$ , all of which bind collagen and laminin;  $\alpha_6\beta_1$ , which binds laminin;  $\alpha_4\beta_1$  and  $\alpha_5\beta_1$ , both of which bind fibronectin and fibrin; and  $\alpha_{v}\beta_{3}$  and  $\alpha_{v}\beta_{5}$ , which variously bind vitronectin, fibronectin, fibrin and laminin [10]. Collagen I and fibronectin are particularly enriched in the interstitium between vessels, and are usually engaged only during angiogenic sprouting. Similarly, fibrin is only present at wound sites and is strongly pro-angiogenic. Like wounds, tumors are also rich in fibrin. Engagement of integrins with ECM proteins induces two-way signaling: inside-out signaling, which is dependent upon talin, increases integrin affinity for ligand [11]; while outside-in signaling acts through focal adhesions and their associated adaptors and kinases to affect cytoskeletal rearrangements as well as gene expression [12]. Interestingly, in vitro, gels composed of either collagen I or fibrin are able to support angiogenic sprouting of EC, although different integrins are involved in each case  $-\alpha_{v}\beta_{3}$  and  $\alpha_{5}\beta_{1}$  in fibrin and  $\alpha_{2}\beta_{1}$  in collagen [13,14]. Matrigel is a widely-used extracellular matrix preparation derived from the mouse Engelbreth-Holm-Swarm sarcoma, and is enriched in collagen IV, nidogen and laminin, although which isoform has not been reported. Although EC will align into cords ("tubules") within a few hours when plated onto Matrigel, true intercellular lumens are not formed and the whole process is independent of RNA and protein synthesis. In addition, a number of non-endothelial cells, including fibroblasts and U87-MG glioblastoma cells, also align into similar cords on Matrigel [15].

Degradation and remodeling of the ECM is a critical component of angiogenesis and MMP expression by each of the mesenchymal cell types in a tumor/wound is necessary. EC must degrade the BM to allow migration into the surrounding tissue and further proteolysis is required to make space for lumen formation [16]. In an *in vitro* assay using collagen gels it was shown that lumen formation proceeds through the generation of intracellular vesicles that then fuse to form a vacuole, or proto-lumen. In turn, vacuoles in adjacent cells fuse, generating intercellular lumens. Knockdown by siRNA of MT1-MMP, but not MT3-MMP blocks lumen formation in this model [17]. An identical process of lumen formation has also been demonstrated during development of the intersegmental vessels in zebrafish [18],

although the role of particular MMPs has not yet been determined. MT1-MMP has been shown *in vivo* to localize to endothelial tip cells – the cells that lead the developing sprout [19-21\*\*]. This restricted expression allows for precise matrix degradation at the advancing front, while matrix rebuilding can occur more distally, where lumen formation and new BM assembly is occurring. Interestingly, restricted expression of MT1-MMP required the presence of VSMC – in their absence expression was widespread throughout the vessel. Gene deletion and other studies have also emphasized the important role of MMP2 and MMP9 in angiogenesis, and in particular a role for MMP9 in the angiogenic switch [22]. The activity of MMP2 and MMP9 is also spatially restricted, in this case through their capture at the cell surface by  $\beta_3$  integrin and CD44, respectively [23]. Given the important role of MMPs in angiogenesis and tumor cell mobilization it is surprising that the numerous MMP inhibitors tested in clinical trials fared so poorly. A likely explanation is that MMPs can also generate anti-angiogenic molecules, such as angiostatin and tumstatin, the loss of which could abrogate the positive effects of MMP inhibition [24].

While an important role for MMPs is in the degradation of ECM, a perhaps equally important role is in the release of bound growth factors, such as vascular endothelial growth factor (VEGF), from the matrix. For example, a fraction of  $VEGF_{165}$  in tissue is bound to heparan sulfate proteoglycans through its heparin-binding domain, however, active VEGF can be released through cleavage of the protein by MMP3 or MMP9 [25]. Release of VEGF allows for the growth of larger vessels, whereas a non-cleavable form results in thinner vessels with multiple branch points.

MMP activity is controlled by a family of secreted inhibitors, the Tissue Inhibitors of Metalloproteinases, TIMP1–4 [17]. TIMP2 has additional actions in that it is required for the activation of MMP2 by MT1-MMP, and can also signal to the EC through binding to the laminin receptor  $\alpha_3\beta_1$  [26]. This binding inhibits the activity of growth factor receptor tyrosine kinases such as FGFR or VEGFR through the action of the phosphatase Shp-1. In addition, *de novo* synthesis of p27<sup>Kip1</sup> downregulates cdk2 and cdk4, resulting in cell cycle arrest [27].

#### Interactions between EC and fibroblasts

Fibroblasts were original described over 100 years ago and are still largely defined by their location and what they are not – non-SMC, non-EC, non-epithelial cells of the stroma. Only fibroblast activation protein appears to be somewhat specific, and this lack of good markers has hampered in-depth investigations. A recent gene analysis study revealed that fibroblasts are quite different cells depending on the tissue from which they are isolated [28], although all have as a primary purpose the synthesis and maintenance of ECM. Interestingly, however, myofibroblasts from multiple different breast carcinomas had similar gene expression profiles [29]. In response to wounding, and in the setting of tumor growth, fibroblasts become activated and highly synthetic, secreting for example, collagen I and IV, fibronectin, heparan sulfate proteoglycans, secreted protein acidic and rich in cysteine (SPARC), tenascin and connective tissue growth factor (CTGF) [3,30]. These cells are recognized by their expression of  $\alpha$ -smooth-muscle actin and are termed myofibroblasts in wound tissue, and have been called carcinoma-associated fibroblasts (CAFs) in tumors [7], where they

may comprise up to 80% of the stromal fibroblasts in breast carcinomas [5]. Although tumor cells often secrete VEGF, the major source in most tumors is likely to be the fibroblasts [31]. VEGF, also called vascular permeability factor (VPF) is not only a morphogen for EC it also induces vascular leak. The subsequent deposition of fibrin provides a provisional matrix for angiogenic EC, and also acts as a chemoattractant for circulating endothelial progenitor cells, inflammatory cells, and resident fibroblasts.

TSP-1 is generally thought to be a negative regulator of angiogenesis, however it is released by platelets at fibrin-rich wound sites, where angiogenesis is active, and a recent study suggests that it can stimulate VEGF expression by dermal fibroblasts. VEGF then drives EC tubulogenesis [32]. In addition, TSP-1 also promotes EC migration by downregulating EC expression of PAI-1, a potent inhibitor of fibrinolysis.

Activation of fibroblasts is an important precursor to rapid tumor growth as can be seen in tumor xenograft experiments. When fibroblasts derived from tumor stroma (CAFs) are mixed with tumor cells, for example MCF7 breast carcinoma cells, and then injected into nude mice they generate larger and faster growing tumors than do MCF7 cells mixed with fibroblasts from normal, non-cancer, tissue [33]. At least some of this effect is due to the expression of SDF-1 by activated fibroblasts, which recruits circulating endothelial precursor cells (EPC), thereby promoting tumor angiogenesis, however fibroblast expression of HGF, IL-8, SPARC, and TGF<sup>β</sup> is also likely to contribute [30]. In studies on pancreatic tumor stromal cells it was found that a non tumor-promoting phenotype correlated with low expression of CTGF, and that CTGF could be induced by TGF $\beta$  [34]. In admixing experiments, 3T3 fibroblasts expressing CTGF promoted more rapid growth of pancreatic tumor cells and an increased microvessel density, when compared to injections of tumor cells and control 3T3 cells [34]. Fibroblast-expressed CTGF acts as a depot for VEGF that can be rapidly mobilized as a result of CTGF cleavage by tumor-derived MMP7 [35\*], or by EC-derived MMP9 [25]. Fibroblasts also regulate EC activation and proliferation through expression of syndecans. Syndecan-1 is a heparan sulfate proteoglycan expressed on fibroblasts in more than 70% of human breast carcinomas. Its expression on fibroblasts in a tumor transplant model significantly increased microvessel density and vessel area [36], although the mechanism is not known.

Numerous *in vitro* studies have examined the role of mesenchymal cells/fibroblasts in EC tubulogenesis [37-39], and in all cases their presence has been shown to promote sprouting, and especially, formation of intercellular lumens. A recent study directly examined the necessity for matrix deposition by fibroblasts in the promotion of EC tubulogenesis using reconstructed connective tissue [37]. It was found that reducing fibroblast ECM synthesis by removing ascorbate from the medium reduced tube formation by 10-fold. There was no reduction in fibroblast or EC number, and there was no decrease in FGF2 synthesis. Remarkably, when the connective tissue was conditioned by fibroblasts, and the fibroblasts were then killed by repeated freeze-thaw, there was still strongly diminished tubulogenesis in freshly-added EC, even in the presence of fibroblast-conditioned medium. The implication is that living fibroblasts need to be in close association with the EC for tubulogenesis to occur, although, it is not clear that the conditioned medium contained sufficient VEGF to promote tubulogenesis.

Earlier studies *in vitro* established a necessary role for fibroblast-derived factors in tubulogenesis [38], and these could be substituted by PMA [40], suggesting a role for PKC signaling in lumen formation. Recently it has been reported that EC tube formation in fibrin gels is much more strictly dependent on the distance of the EC from the fibroblasts than the distance of the EC from the culture medium, suggesting that the fibroblast-derived factor(s) is poorly diffusible, either due to size or to matrix interactions [41]. Indeed, there is evidence that collagen I synthesis by fibroblasts is a critical component of tube formation in fibrin, although it is not sufficient in the absence of fibroblasts (unpublished observations). Bone marrow-derived mesenchymal stem cells can also support tubulogenesis, and this appears to be dependent on expression of MT1-MMP [42]. Recent work has shed light on how cross-talk between stromal cells regulates MMP induction. In response to VEGF and other angiogenic factors, fibroblasts, EC and tumor cells upregulate and release extracellular matrix metalloproteinase inducer (EMMPRIN), which not only induces MMP expression by mesenchymal cells but also drives differentiation of fibroblasts to myofibroblasts [43,44].

Finally, recent work has shown that EC can undergo an EC-to-mesenchymal transition to generate myofibroblast-like cells. In response to TGF $\beta$  EC downregulate CD31 and upregulate fibroblast-specific protein-1 [45\*\*]. *In vivo* studies using Tie2-CRE-mediated lacZ tagging of EC confirmed the endothelial origin of these myofibroblast-like cells in tumors.

#### Interactions between EC and pericytes

Pericytes and vascular smooth muscle cells likely emerge from the same cell lineage and both ensheath blood vessels. While pericytes are embedded in the basement membrane and make intimate contacts with the EC, VSMC in contrast lie largely outside of the basement membrane and make only minimal direct contact with EC [46]. Similar to fibroblasts there are few reliable markers for pericytes, although they do express desmin, a-smooth muscle actin, regulator of G protein signaling 5 (RGS-5) and PDGFR<sub>β</sub> [47,48]. Pericytes are essential for the stabilization of neovessels and recent data suggest that this may involve regulation of MMP activity [16\*\*]. In an *in vitro* three-dimensional model of EC-pericyte interaction, cross-talk between the cells led to sprout stabilization as a result of induction of TIMP3 in the pericytes and TIMP2 in the EC. Knockdown of TIMP expression led to vessel regression in a process dependent on MMP1, MMP10 and ADAM15. The major target of TIMP2 and TIMP3 in this assay was MT1-MMP [16\*\*]. Interestingly, at the tip of developing sprouts pericytes are absent and MT1-MMP expression is high, consistent with the need for matrix degradation at this location [21\*\*]. Blocking Tie2 activity leads to reduced recruitment of VSMC/pericytes to the developing vessels and a consequent spread of MT1-MMP expression to the cells comprising the vessel trunk [21\*\*]. EC-pericyte interaction also leads to activation of latent TGF $\beta$ , which subsequently signals to block both EC and pericyte proliferation.

Several factors have been implicated in the recruitment of pericytes to the vessel wall, including sphingosine-1-phosphate, angiopoietin-1 (Ang-1) and PDGFB [49]. Ang-1 is made by VSMC and pericytes and binds to the Tie-2 receptor on EC, leading to tight EC-pericyte interaction and vessel stabilization. Tie-2 signaling induces the expression and

release of HB-EGF by EC, which binds to EGF receptors and promotes migration of mesenchymal cells, including pericytes [50]. Ang-2 also binds to Tie2 and can act antagonistically to Ang-1. Systemic overexpression of Ang-2 had the unexpected result of rapidly regressing tumors as a result of pericyte loss and destabilization of the vessels within the tumor [51\*]. As a relaxing of the pericyte-EC interaction is usually a prelude to further rounds of angiogenesis, this complete loss of vessel integrity, in the continued presence of VEGF, is hard to explain. Indeed, when Ang-2 was overexpressed in retina it led to an *increase* in the density of the vascular network [52], consistent with controlled angiogenesis. Loss of the PDGF pathway, by gene deletion of ligand or PDGFR<sup>β</sup>, results in vascular aneurysms and multiple small hemorrhages, consequent to a loss of pericyte coverage [53]. Conversely, expression of a constitutively active form of the receptor PDGFR $\beta$  in embryonic stem (ES) cells leads to an abundant pericyte vascular coating when the ES cells are differentiated into embryoid bodies and induced to sprout vessels [54]. Surprisingly, overexpression of PDGFB in colorectal and pancreatic cancer cells led to reduced tumor growth, which was ascribed to an increase in mural cell coverage and increased vascular stability. Indeed, in follow-up experiments VSMC were found to decrease EC proliferation by 50% [55\*].

MMP9 is expressed by pericytes and is important for migration of the cells to the vessel wall. In animals deficient for MMP9, vessels growing into transplanted tumors showed a paucity of pericyte coverage, which could be alleviated by transfer of wild-type (MMP9-positive) bone marrow [44]. Defective mural cell recruitment to vessels is also seen in the human disease CADASIL, which has been mapped to mutations in the notch3 gene [46].

#### Conclusion

Although EC have been the primary focus for angiogenesis research it is now clear that they function within a complex network of interactions. EC receive activation and stabilization signals from the local matrix environment, which they interact with through integrins and MMPs, and from various mesenchymal cells that with the ECM comprise the stroma. Not addressed here are local variations, dependent on the tissue type, in the phenotype of the fibroblasts, pericytes, and EC. An important area for future study will be determining the role of pericytes in stabilizing tumor vasculature. In some settings increasing the number of pericytes may stabilize and normalize blood vessels, allowing more effective delivery of tumor cell cytotoxics. Conversely, in other settings limiting pericyte coverage may lead to destabilization and collapse of the vasculature, thereby promoting tumor regression. Only when we understand all of the tissue-specific cross-talk between these components will we be able to rationally and successfully target angiogenesis in those tissues.

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The implication of these two studies is that the balance of pericyte numbers is critical for optimal tumor growth - too many and the vessels are stabilized, thereby restricting sprouting, too few and the vessels are too unstable to support adequate blood flow. Either way reduces tumor growth.