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Activating mutations in *PIK3CD* and murine CD4⁺ T cells

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Abstract

ABSTRACT Background: Gain of function (GOF) mutations in *PIK3CD* cause a primary immunodeficiency characterized by recurrent respiratory tract infections, susceptibility to herpes virus infections and impaired antibody responses. Previous work revealed defects in CD8⁺ T and B cells that contribute to this clinical phenotype but less is understood about the role of CD4⁺ T cells in disease pathogenesis.

Objective: To dissect the effects of increased phosphoinositide-3 kinase (PI3K) signaling on CD4⁺ T cell function.

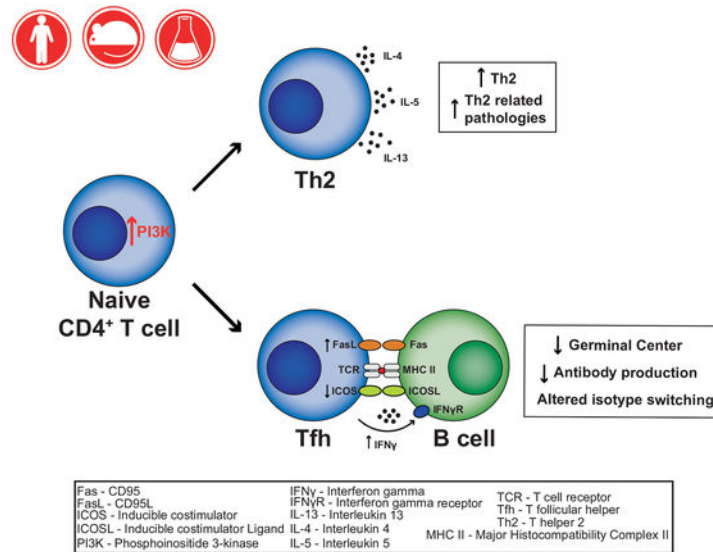
Methods: We performed detailed *ex vivo*, *in vivo* and *in vitro* phenotypic and functional analyses of patient CD4⁺ T cells and a novel murine disease model due to overactive PI3K signaling.

Results: PI3K overactivation caused substantial increases in memory and T follicular helper (Tfh) cells, and dramatic changes in cytokine production in both patients and mice. Furthermore, *PIK3CD* GOF human Tfh cells had dysregulated phenotype and function, characterized by increased PD1, CXCR3, and IFN γ expression – the phenotype of a Tfh subset with impaired B-helper function. This was confirmed *in vivo* where *Pik3cd* GOF CD4⁺ T cells also acquired an aberrant Tfh-phenotype and provided poor help to support germinal center reactions and humoral immune responses by antigen-specific wild-type B cells. The increase in both memory and Tfh cells was largely CD4⁺ T cell extrinsic while changes in cytokine production and Tfh cell function were cell intrinsic.

Conclusion: Our studies reveal that CD4⁺ T cells with overactive PI3K have aberrant activation and differentiation, thereby providing mechanistic insight into dysfunctional antibody responses in patients with *PIK3CD* GOF mutations.

Graphical Abstract

CD4⁺ T cell dysfunction due to *PIK3CD* activating mutations



Keywords

PI3 kinase; *PIK3CD*; activated PI3K delta syndrome (APDS); CD4⁺ T cell function; T follicular helper cells; humoral immunity; immune class regulation; humans; mouse models

INTRODUCTION

Heterozygous germline gain-of-function (GOF) mutations in *PIK3CD* have recently been identified in individuals with recurrent respiratory tract infections, impaired Ab responses following natural infection and vaccination, hepatosplenomegaly, autoimmune cytopenias, increased susceptibility to infection with human herpes viruses, and an increased incidence of B-cell lymphoma¹⁻³. *PIK3CD* encodes the p110 δ catalytic subunit of phosphoinositide-3 kinase (PI3K). Class I PI3Ks (hereafter referred as PI3K) are heterodimeric enzymes composed of a catalytic (p110 α , p110 β or p110 δ) and a regulatory (p85 α , p85 β , p50 α or p55 γ) subunit. The p110 α and p110 β subunits are ubiquitously expressed in mammalian tissues, whereas p110 δ is mainly restricted to leukocytes. Thus, *PIK3CD* GOF mutations induce hyperactive PI3K signaling almost exclusively in immune cells, thereby resulting in a broad spectrum of clinical manifestations of immune dysregulation in affected patients^{2, 3}, as well as defects in the differentiation and function of different lymphocyte populations⁴⁻¹⁰. This condition has been termed activated PI3K δ syndrome (APDS)^{1, 2}. Recent work has revealed intrinsic defects in B cells⁴⁻⁷ and CD8⁺ T cells⁸⁻¹⁰ that contribute to the clinical phenotype of APDS patients. While *PIK3CD* GOF mutations have been found to result in reduced thymic output and CD4⁺ T cell lymphopenia in most (>60%) of APDS patients², the consequences of overactive PI3K on the differentiation and function of CD4⁺ T cells remains ill defined.

Following the delivery of signals from Ag presenting cells, naïve CD4⁺ T cells have the remarkable capacity of differentiating into a myriad of effector subsets with defined

function, such as Th1, Th2, Th17, T follicular helper (Tfh) and regulatory T (Treg) cells^{11, 12}. This provides a diverse and specialized array of effector CD4⁺ T cells capable of protecting the host against a broad range of pathogenic threats. Thus, Th1 cells play key roles in defense against intracellular bacterial and viral infections, Th2 cells are required for protection against parasites, and Th17 cells have a critical and non-redundant role in immunity against fungi¹³. Tfh cells regulate the differentiation of cognate B cells into long-lived memory and plasma cells (PC) in response to T-dependent antigens (Ags)^{12, 14, 15}. In contrast to Th1, Th2 and Th17 subsets, Tfh cells are important for protective immunity against most, if not all, pathogens. This is evidenced by the success of most vaccines, which depends on establishing long-lived serological memory in the form of memory B cells, PC and high-affinity Ag-specific Abs^{12, 14, 15}. Lastly, Tregs prevent the aberrant activation of immune cells, thereby maintaining immune homeostasis¹¹.

In T cells, PI3K is activated downstream of several surface receptors, such as the T cell receptor (TCR), CD28, ICOS and various cytokine receptors. Several mouse models have been established to unravel the role of PI3K in CD4⁺ T cells. Gene-targeted mice that either lack p110 δ or express catalytically-inactive p110 δ have normal frequencies of CD4⁺ and CD8⁺ T cells but decreased proportions of effector and memory-type T cells in the lymph nodes^{16, 17}. Furthermore, the generation of Th1, Th2 and Th17 cells *in vitro*, and of Tfh cells *in vivo* following immunization, were compromised in the absence of functional p110 δ ^{16, 18, 19}. Mechanistically, p110 δ functions downstream of ICOS for Tfh cell generation, evidenced by analysis of CD4⁺ T cells from mice that either lacked ICOS, or expressed an ICOS variant unable to activate PI3K²⁰. In contrast to memory and Tfh cells, the consequences of p110 δ deficiency on Tregs are complex. Thus, PI3K restrains the generation of thymic Tregs, consistent with PI3K/Akt signaling inhibiting FoxP3 expression, yet is required for the maintenance and function of Tregs in the periphery^{16, 17, 21}. Collectively, these data establish that PI3K is important in regulating the development of specific populations of effector CD4⁺ T cells.

Given the hyperactive T cell phenotype and impaired humoral immune defects observed in APDS, we hypothesized that *PIK3CD* GOF mutations would perturb the function of CD4⁺ T cells, and these defects would contribute to the clinical manifestations of APDS. Thus, to elucidate the impact of p110 δ hyper-activation on CD4⁺ T cell function and the potential contribution this makes to the pathophysiology of the disease, we analyzed a large cohort of individuals with *PIK3CD* GOF mutations, as well as a corresponding CRISPR/Cas9 gene edited mouse model harboring a mutation in *Pik3cd* found in >80% of individuals with APDS.

Methods

HUMAN STUDIES

Human samples—Buffy coats from healthy donors were purchased from the Australian Red Cross Blood Service. Peripheral blood was collected from patients with GOF mutations in *PIK3CD*⁴. All studies were approved by Institutional Human Research Ethics Committees (X16–0210 approved by the Sydney Local Health District Human Research Ethics

Committee; 95-I-0066; approved by National Institute of Allergy and Infectious Diseases Institutional Review Board).

Antibodies and Reagents—The following were purchased from eBiosciences: anti-IL-21 eFluor660, anti-IL-10 Alexa Fluor 488, anti-IFN γ BV605, anti-CD45RA FITC, anti-ICOS PE, anti-PD-1 biotin. The following were purchased from Becton Dickinson: anti-CXCR5 Alexa Fluor 647, anti-CD4 APC-Cy7, anti-IL-2 BV711, anti-CD25 PE-Cy7, anti-CD127 PerCP-Cy5.5, SA-PerCpCy5.5, anti-IL-17F BV786, anti-TNF α BUV395, anti-IL-9 PerCP-Cy5.5, anti-IL-13 BV421. The following were purchased from Biolegend: anti-IL-22 PE, anti-IL-4 PE-Cy7, anti-IL-17A APC-Cy7. The TCR V β repertoire kit was from Beckman Coulter. Recombinant human IL-12 was purchased from R&D Systems.

CD4⁺ T cell isolation and functional characterisation—PBMCs were incubated with mAbs to CD4, CD45RA, CCR7, CXCR5, CD127 and CD25. Naïve, memory and circulating Tfh (cTfh) CD4⁺ T cells were isolated by first excluding Tregs (CD25^{hi}CD127^{lo}) and then sorting CD4⁺CD45RA⁺CCR7⁺CXCR5⁻, CD4⁺CD45RA⁻CXCR5⁻CCR7[±] or CD4⁺CD45RA⁻CXCR5⁺CCR7[±] cells, respectively. Isolated naïve, memory and cTfh cells were then cultured in 96 well round bottomed well plates (30–40 \times 10³ cells/well) with T cell activation and expansion (TAE) beads (anti-CD2/CD3/CD28; Miltenyi Biotech) alone (Th0) or under Th1 (50 ng/mL IL-12) polarising conditions. After 5 days, supernatants were harvested and production of IL-4, IL-5, IL-9, IL-10, IL-13, IL-17A, IL-17F, and IFN γ determined by cytometric bead arrays (Becton Dickinson); IL-22 secretion was measured by ELISA (eBioscience). For cytokine expression, activated CD4⁺ T cells were re-stimulated with PMA (100 ng/ml)/ionomycin (750 ng/ml) for 6 hours, with Brefeldin A (10 μ g/ml) being added after 2 hours. Cells were then fixed and intracellular expression of IL-4, IL-9, IL-13, IL-10, IL-17A, IL-17F, IL-22, IL-21 and IFN γ determined. In some experiments, naïve CD4⁺ T cells were first labeled with CFSE, and proliferation determined by assessing CFSE dilution.

MURINE STUDIES

Mice—*Pik3cd* GOF mice were generated by introducing the E1020K mutation into *Pik3cd* by CRISPR/Cas9 as previously described⁴. For some experiments WT or *Pik3cd* GOF mice were crossed with OT-II²² mice to generate OTII WT or OTII *Pik3cd* GOF mice. Donor cells from either lineage were adoptively transferred into C57Bl/6 (CD45.1 congenic) or *Sh2d1a* deficient²³ (CD45.1 congenic) mice (hereafter referred to as SAP KO mice). SW_{HEL} mice expressing a BCR specific for hen egg lysozyme (HEL) have been previously described²⁴. Fas-deficient were produced by the Mouse Engineering Garvan/ABR (MEGA) Facility (Moss Vale and Sydney, Australia) by CRISPR/Cas9 gene targeting in C57BL/6J mouse embryos following established molecular and animal husbandry techniques²⁵. A single guide RNA (sgRNA) was designed to target within Exon 2 (target with protospacer-associated motif underlined = TCTCCGAGAGTTTAAAGCTGAGG) and injected with polyadenylated Cas9 mRNA into C57BL/6J zygotes. Microinjected embryos were cultured overnight and introduced into pseudo-pregnant foster mothers. Pups were screened by PCR and Sanger sequencing of ear-punch DNA and a founder mouse identified that carried a 14bp deletion that caused a frame shift after the E29 codon that generated an in frame stop

codon 15bp downstream. All experiments were approved by the Garvan Institute-St Vincent's Animal Ethics Committee (approval 16/29). Mice were bred and housed in specific pathogen-free conditions in the Garvan Institute Biological Testing Facility or Australian BioResources.

Mixed bone marrow chimeras—*Pik3cd* GOF or WT (CD45.2) and congenic C57BL/6 WT (CD45.1) bone marrow (BM) from donor mice were harvested and processed. Each recipient C57BL/6 WT (CD45.1) mouse was irradiated twice with 475 rad 6 hours apart. A 50:50 mix of either WT:WT or WT:*Pik3cd* GOF cells were injected intravenously (i.v.) into recipient mice (5×10^6 cells/mouse). Spleens from recipient mice were harvested at a young and old age (12 or 36 weeks after reconstitution, respectively) and processed for flow cytometry analysis.

mAb and reagents for flow cytometry—The following were purchased from BD Biosciences: anti-CD44 FITC, APC, BV605 (IM7); anti-CD45R/B220 FITC, BV786 (RA3-6B2); Anti CD16/CD32 Fc block (2.4G2), Streptavidin-BV605, Streptavidin-BUV395; Streptavidin-PerCP-Cy5.5; anti-CD45.1 BV421 (A20); anti-CD45.2 BUV395 (104); anti-CD62L APC, PE (MEL-14); anti-IL-4 BV786 (11B11); anti-mouse CD25 (PC61); anti-CD95 PE (Jo2); anti-CD8a FITC, PB (53-6.7); anti-CD4 APC (RM4-5); anti-CD3 PerCP-Cy5.5 (17A2); anti-CD279 PE (J43); anti-CD185 purified (2G8); anti-CD184 BV421, biotinylated (2B11/CXCR4); anti-IgG1 biotinylated (A85-1); anti-IFN γ PE-Cy7 (XMG1.2);. The following were purchased from eBiosciences: anti-V α 2 FITC (B20.1); anti-CD45.1 FITC, PeCy7, biotinylated (A20); anti-CD45.2 APC-eFluor 780, PerCp Cy5.5 (104), anti-CD45.1 PeCy7 (A20); anti-CD62L FITC (MEL-14); Streptavidin-PE-Cy7; anti-mouse CD25 (PC61.5); anti-CD4 APC-eFluor 780 (RM4-5); anti-CD39 PerCP-eFluor 710 (24DMS1); anti-CD278 PE, Biotinylated (C398.4A); anti-CD279 PE-Cy7 (J43); anti-CD152 APC (UC10-4B9); anti-CD197 APC (4B12); anti-FoxP3 PE-Cy7 (FJK-16s); anti-V β 5.1/5.2 TCR PerCP-eFluor 710 (MR9-4); The following was purchased from Invitrogen: Streptavidin-PB. The following were purchased from Biolegend: anti-IgM(b) FITC (AF6-78); anti-CD45.1 PerCP Cy5.5 (A20); anti-CD62L BV605 (MEL-14); anti-CD86 BV650 (GL-1); Streptavidin-BV605; Streptavidin-BV421; anti-CD38 Pe-Cy7 (90); anti-CD127 APC (A7R34); anti-CD127 Alexa Fluor 647 (SB/199); anti- $\gamma\delta$ TCR PECy7 (GL3); anti-IFN γ PerCP-Cy5.5 (XMG1.2); anti-IL-2 Alexa Fluor 647 (JES6-5H4); anti-IL-5 BV421 (TRFK5); anti-TNF α PE (MP6-XT22); anti-IL17A PE-Cy7 (TC11-1810.1); anti-IgD Alexa Fluor 647 (11-26c.2a); Zombie Aqua Fixable Viability Kit. The following was purchased from Jackson ImmunoResearch: Donkey Anti-Rat IgG (H+L) Biotinylated.

Flow cytometry—Spleens of WT, *Pik3cd* GOF, or recipient mice in adoptive transfer studies were harvested at the indicated times, prepared and stained for flow cytometry. Approximately 2×10^6 events were collected per sample. Data was acquired on an LSRII SORP or FORTRESSA (Becton Dickinson) and analyzed using FlowJo software (Tree Star). All data are representative of 2 or more experiments as indicated.

Cell sorting—Spleens were prepared and stained for flow cytometry. For *in vitro* cultures naïve CD4⁺ T cells were identified using anti-CD3 PerCP-Cy5.5, anti-B220 BV786, anti-

CD44 FITC, anti-CD62L PE, anti-CD8a Pacific Blue, anti-CD4 APCe780, anti- $\gamma\delta$ TCR PE-Cy7. For adoptive transfers sorts, spleens were enriched with MACS CD4⁺ T cell isolation kit (Miltenyi Biotec) and separated using AutoMACS Pro separator. Recovered cells were identified as OT II or endogenous cells based on their expression of anti-CD4 APCe780, anti-V α 2 FITC, anti-V β 5.1/5.2 PerCP-eFluor710, anti-B220 BV786, anti-CD45.1 Pacific Blue and anti-CD45.2 PeCy7. Pure populations were sorted using FACSARIA (BD Biosciences).

In vitro cultures—Sorted *Pik3cd* GOF or WT naïve CD4⁺ T cells were cultured in flat bottom 96 well plates previously coated overnight with anti-CD3 (BioLegend) (4 μ g/mL) in RPMI1640 (Life technologies) supplemented with 10% heat inactivated FCS (Life technologies), 5×10^{-5} M 2-ME, 0.1mM non essential amino acids, 1mM sodium pyruvate, 10mM HEPES, 100u/mL penicillin, 100ug/mL Streptomycin, 100ug/mL Noromycin (all from Sigma) at a density of 0.5×10^6 cells/mL. CD4⁺ naïve cells were cultured for 4 days in the following conditions: Th0 - anti-CD28 1 μ g/mL + anti-TGF β 5 μ g/mL + anti-IL-4 5 μ g/mL + anti-IFN γ 5 μ g/mL; Th1 - anti-CD28 1 μ g/mL + anti-TGF β 5 μ g/mL + anti-IL-4 5 μ g/mL + IL-12 10ng/mL; Th2 - IL-4 10ng/mL + anti-CD28 1 μ g/mL + anti-TGF β 5 μ g/mL + anti-IFN γ 5 μ g/mL; Th17 - IL-6 20ng/mL + human TGF β 1ng/mL + anti-IFN γ 5 μ g/mL + anti-IL-4 5 μ g/mL + anti-CD28 1 μ g/mL. After 4 days of culture, cells were stimulated with PMA (50ng/mL) and ionomycin (375ng/mL) for 6 hours. Brefeldin A (10 μ g/mL) was added to each well at 2 hours of culture. Cells were then harvested, washed and stained with Zombie Aqua Viability dye (BioLegend). CD4⁺ T cells were fixed with 2% formalin, permeabilised with saponin (0.1%), and stained intracellularly with mAbs directed against TNF α , IFN γ , IL17A, IL-2, IL5, IL-4 and analysed by flow cytometry.

OT-II adoptive transfers—Donor OT-II *Pik3cd* GOF or OT-II WT spleen cells containing 3×10^4 OT-II cells were injected i.v. into CD45.1 or CD45.2 congenic C57BL/6 or SAP KO recipient mice. Recipient mice were immunized intraperitoneally with ovalbumin in Alum (OVA-Alum; 1:1, OVA 1mg/ml; Inject® Alum Thermo Scientific). Recipient spleens were harvested at day 5 and day 7 and sera harvested at day 7. Cells (4×10^6 cells in a 48 well flat bottom plate) were stimulated with PMA (50ng/mL) and ionomycin (375ng/mL) for 6 hours. Brefeldin A (10 μ g/mL) was added to each well at 2 hours of culture. Cells were then harvested, washed and stained with Zombie Aqua Viability dye (BioLegend) followed by CD4, CD45.1 and CD45.2 surface stain. Cells were fixed with 2% formalin and stained for intracellular cytokines as above. Anti-OVA antibody levels of the various Ig subclasses in the sera of recipient mice were analyzed by ELISA. 96 or 384-well ELISA plates were coated with OVA and bound serum Ig was detected using Ig heavy chain isotype specific Ab (BD Biosciences; biotinylated anti-IgG1 [A85–1], biotinylated anti-IgG2a/c [R19–15], biotinylated anti-IgM [R6–60.2]). Ig levels for each class were normalized to pooled sera from mice previously immunized with OVA.

OT-II and SW_{HEL} co-transfers—Donor WT SW_{HEL} or FAS-deficient SW_{HEL} spleen cells were enriched with MACS B cell isolation kit (Miltenyi Biotec) and separated using an AutoMACS Pro separator. Recovered cells were identified as HEL-binding B cells after being stained with saturating levels of HEL (Sigma) at 200ng/ml followed by HyHEL9-

Alexa Fluor 647 and B220 BV786 (BD Biosciences). 2×10^5 donor OT-II *Pik3cd* GOF or OT-II WT spleen cells were injected i.v. together with 2×10^5 WT SW_{HEL} or FAS-deficient SW_{HEL} B cells into CD45.1⁺ SAP KO recipient mice. On the following day of the transfer, recipient mice were immunised sub-cutaneously with 20 g HEL-OVA in Sigma Adjuvant System (SAS; Sigma) in the lower flank and base of the tail. Inguinal lymph nodes were harvested at day 7.

Real time PCR—Sorted OT-II *Pik3cd* GOF or WT cells and recipient WT cells had their RNA isolated using the QIAGEN RNeasy Mini Prep. First strand cDNA synthesis kit (Invitrogen) was used for each sample and standards. Light cycle probes, master mix and system were used for the real time PCR reaction. Target genes primers (all purchased from IDT integrated DNA technologies): *Ii21* 5' GACATTCATCATTGACCTCGTG 3' TCACAGGAAGGGCATTTAGC; *Cd40lg* ACGTTGTAAGCGAAGCCAAC 3' TATCCTTTCTTGCCCACTG; *Ii4* 5' CCTGCTCTTCTTTCTCGAATG 3' CACATCCATCTCCGTGCA; *Fas1* 5' ACCGGTGGTATTTTTCATGG 3' AGGCTTTGGTTGGTGAAGCTC; House keeping genes primers: UBC 5' GACCAGCAGAGGCTGATCTT 3' CCTCTGAGGCGAAGGACTAA (IDT integrated DNA technologies); c-alpha based 5' TAGGGATAACAGCGCAATCC 3' GACTTTAATCGTTGAACAAACGAAC (Roche). ACTB (β actin) UPL purchased from Sigma-Aldrich. Light Cycle 480 machine was used to run the assay. Data analysis was performed using the Light Cycle 480 SW 1.5.

Statistical analysis.—Significant differences were determined using Prism (GraphPad Software).

RESULTS

cTfh cells are increased in individuals with *PIK3CD* GOF mutations—To assess the impact of aberrant PI3K signaling on CD4⁺ T cells, we examined the CD4⁺ T cell compartment in peripheral blood of patients with *PIK3CD* GOF mutations (n=37; mean age 20 ± 1 years). Clinical and laboratory features of these patients, where available, are listed in Supplementary Table 1. Consistent with previous findings^{2, 3}, 50% (12/24) of patients had CD4⁺ T cell lymphopenia, defined as cell counts below the lower end of the normal range; most patients had brochiectasis and/or respiratory infections, 62% (16/26) had hyper-IgM, 50% (13/26) had hypogammaglobulinemia, and 27% (3/11) had reduced levels of serum IgA. Furthermore, Ab responses against pneumococcal vaccines/polysaccharide Ags were reduced in 95% (20/21) of patients, responses to *Haemophilus influenzae* type B vaccine were reduced in 75% of patients, while responses to tetanus or diphtheria vaccines were largely intact.

Flow cytometric analysis revealed that the proportions of CD4⁺ T cells within lymphocytes from *PIK3CD* GOF patients were significantly reduced compared to healthy donors ($31.0 \pm 2.1\%$ vs $44.7 \pm 1.8\%$; $p < 0.001$). We also quantified naïve (CD45RA⁺CCR7⁺), central memory (T_{CM}; CD45RA⁻CCR7⁺), and effector memory (T_{EM}; CD45RA⁻CCR7⁻) CD4⁺ T cells. Naïve CD4⁺ T cells were significantly reduced while those of T_{CM} and T_{EM} CD4⁺ T cells were significantly increased in patients compared to healthy donors (Figure 1A, B). In

contrast to these subsets, proportions of Tregs CD4⁺CD127^{lo}CD25^{hi}) were similar in *PIK3CD* GOF patients and controls (Figure 1C).

To investigate further the nature of the expanded population of memory CD4⁺ T cells in *PIK3CD* GOF patients, we examined CD4⁺CD45RA⁻CXCR5⁺ T cells, which have been established to be the circulating counterpart of tissue resident Tfh cells and thus are termed circulating Tfh (cTfh) cells^{26–29}. This revealed that the increase in memory CD4⁺ T cells was due to a selective increase in cTfh cells, as the proportion of CD45RA⁻CXCR5⁻ memory CD4⁺ T cells in patients and healthy donors was comparable (Figure 1D, E). Thus, the pool of cTfh cells in *PIK3CD* GOF individuals was increased >3-fold (Figure 1E). Consequently, the cTfh population comprised approximately one third of the total memory CD4⁺ T cell population in *PIK3CD* GOF patients (Figure 1F). Thus, activating mutations in *PIK3CD* disproportionately expand cTfh cells.

The numbers and proportions of cTfh cells are very low/undetectable in cord blood, but rapidly increase over the first 12 months of life, reaching stable levels from ~2 years of age³⁰. These levels then remain relatively unchanged during adolescence and adulthood³⁰. Thus, even though the average age of the cohort of *PIK3CD* GOF patients was less than the healthy donors used in this study (ie 20 vs ~33 yrs), the increased proportions of cTfh cells in *PIK3CD* GOF patients should not be influenced by age. To formally establish this, we determined proportions of cTfh cells according to age. This confirmed that the numbers of cTfh cells in healthy donors remains constant from ~15 to 65 years of age (Figure 1G). In *PIK3CD* GOF patients, proportions of cTfh cells generally exceeded those in healthy donors, irrespective of age (Figure 1G). Indeed, the proportions of cTfh cells in many of the younger patients exceeded 20% of all CD4⁺ T cells, which was markedly increased compared to healthy donors. Thus, *PIK3CD* GOF mutations result in a profoundly expanded population of cTfh cells from a young age.

One possible explanation for the increased proportion of cTfh cells in *PIK3CD* GOF patients is the preferential expansion of particular clonotypes. To test this, we examined the TCR repertoire of cTfh cells using mAbs that recognize 24 specific TCR V β chains. While one *PIK3CD* GOF patient exhibited an expansion of cTfh cells expressing V β 8 or V β 11 TCRs, the overall proportions of cTfh cells expressing specific TCR V β chains in *PIK3CD* GOF patients did not differ significantly from those in healthy controls (Figure 1H). A limitation of this approach is that the TCR V β chain-specific mAbs collectively only detect TCRs expressed by ~70% of CD4⁺ T cells. However, preliminary analysis of the TCR repertoire of *PIK3CD* GOF patients and healthy donors by deep sequencing confirmed the polyclonality of the TCR expressed by cTfh cells (data not shown). Thus, it is unlikely that the expansion of cTfh cells in *PIK3CD* GOF is due to selective proliferation of clones with defined specificities. Collectively, these findings establish that *PIK3CD* GOF mutations dramatically influence differentiation of CD4⁺ T cells, particularly cTfh cells.

***PIK3CD* GOF mutations alter the phenotype of CD4⁺ T cell subsets**—Tfh cells in secondary lymphoid tissues and peripheral blood express lower levels of CCR7 and elevated levels of ICOS and PD-1 than naïve CD4⁺ T cells, however the levels of these latter receptors on cTfh cells are less than on lymphoid tissue Tfh cells^{27, 31–33}. To explore the

consequences of constitutive PI3K activation on CD4⁺ T cell differentiation, we further analyzed the phenotype of naïve, memory and cTfh cells.

ICOS was similarly expressed on CD4⁺ T cell subsets in patients and healthy donors (not shown). In contrast, CCR7 was significantly reduced on *PIK3CD* GOF naïve, memory and cTfh cells compared to healthy donors (Figure 2A). This was largely due to a decrease in expression on CCR7⁺ cells rather than an increase in the percentage of CCR7⁻ cells. PD-1 was expressed at low levels on naïve CD4⁺ T cells, and induced on memory and cTfh cells from both healthy donors and *PIK3CD* GOF patients (Figure 2B). However, it was significantly upregulated on memory and cTfh cells from *PIK3CD* GOF patients, being 2–4-fold greater than controls (Figure 2B). Expression of additional markers of Tfh cells (BCL-6, CD200, CD57) did not differ between controls and *PIK3CD* GOF patients (not shown).

Next, we quantified functional subsets of memory and cTfh cells based on differential expression of CXCR3 and CCR6. CXCR3 expression identifies Th1 cells, while CCR6 expression correlates with Th17 cells¹³. Expression of these chemokine receptors also defines functionally-distinct subsets of cTfh cells, with CXCR3⁺ cTfh cells being enriched for IFN γ production and poor inducers of B-cell differentiation *in vitro*, while CCR6⁺ cTfh cells produce Th17 cytokines (IL-17A, IL-17F, IL-22) and are potent B-cell helpers^{28, 29}. Within the population of non-Tfh memory CD4⁺ T cells, proportions of cells with a Th1 (CXCR3⁺ CCR6⁻), Th17 (CXCR3⁻ CCR6⁺) or Th1/17 (CXCR3⁺ CCR6⁺) phenotype were comparable for healthy donors and *PIK3CD* GOF patients (Figure 2C). CXCR3⁻ CCR6⁻ memory CD4⁺ T cells, which comprise a mixed population of Th2 and non-differentiated memory cells^{28, 34}, were also present at comparable frequencies in patients and healthy donors (Figure 2C). In marked contrast, there were significant increases in proportions of CXCR3⁺ Tfh1 cells, and concomitant reductions in CCR6⁺ Tfh17 and CXCR3⁻ CCR6⁻ cTfh cells, in *PIK3CD* GOF individuals compared to healthy donors (Figure 2D). The ratio of Th1/Th17-type Tfh cells in healthy donors was 1.8, while in *PIK3CD* GOF patients it was 6.4, equating to a 3.5-fold increase. Thus, hyper-active PI3K signaling has a selective effect on the differentiation of cTfh cells, skewing them to a Th1 and away from a Th17 phenotype.

Cytokine production by memory CD4⁺ T cells is differentially impacted by *PIK3CD* GOF mutations—To correlate changes in surface phenotype with function, we sorted naïve and total memory CD4⁺ T cells from healthy donors and *PIK3CD* GOF patients and examined production of different cytokines following *in vitro* culture. Expression (Figure 3A) and secretion (Supplementary Figure 1A) of IFN γ as well as of the Th17 cytokines IL-17A, IL-17F and IL-22 by memory CD4⁺ T cells from healthy donors and *PIK3CD* GOF patients were comparable. This is consistent with the proportions of CXCR3⁺ Th1 and CCR6⁺ Th17 memory CD4⁺ T cells in healthy donors and *PIK3CD* GOF patients being similar (Figure 2C). In contrast, the Th2 cytokines IL-4, IL-5, IL-9 and IL-13 were expressed and secreted in much greater quantities by *PIK3CD* GOF memory CD4⁺ T cells compared to corresponding cells from healthy donors (Figure 3A; Supplementary Figure 1A).

Consistent with skewing of the cTfh population to a CXCR3⁺ Tfh1 and away from a CCR6⁺ Tfh17 phenotype (Figure 2D), isolated cTfh cells from *PIK3CD* GOF patients had greater expression and secretion of IFN γ , and expression of *TBX21*, encoding Tbet, and corresponding reductions in IL-17A, IL-17F and IL-22 production compared to cTfh cells from controls (Figure 3B; Supplementary Figure 1B; not shown). Furthermore, production of Th2 cytokines by *PIK3CD* GOF cTfh cells was markedly increased compared to controls (Figure 3B; Supplementary Figure 1B). Since we observed that *PIK3CD* GOF patients have a modest decrease in CD4⁺CXCR5⁺CXCR3⁻CCR6⁻ T cells (Figure 2D), which are enriched for production of Th2 cytokines^{28, 34}, our finding that Th2 cytokine production by cTfh cells was increased suggests either that the relative decrease in CXCR3⁻CCR6⁻ cells was largely due to a decrease in the undifferentiated memory cells that also comprise this population²⁸ or that all subsets of cTfh cells exhibit aberrant production of Th2 cytokines. Thus, *PIK3CD* GOF mutations not only generate more memory CD4⁺ T cells, particularly cTfh cells, compared to healthy donors, they also promote production of Th2 cytokines by all memory CD4⁺ T cells, and selectively promote cTfh cells to acquire a Th1 fate. Importantly, these cells are poorly equipped to promote B-cell differentiation^{28, 29, 35}.

Altered differentiation of naïve *PIK3CD* GOF CD4⁺ T cells *in vitro*—To investigate whether these changes reflected a defect in the differentiation of *PIK3CD* GOF naïve CD4⁺ T cells in response to polarizing conditions, we cultured sort-purified naïve CD4⁺ T cells with IL-12 *in vitro*, which induces both Th1 (IFN γ production) or Tfh-type (IL-21 expression) fates^{32, 34}. *PIK3CD* GOF naïve CD4⁺ T cells exhibited a 2–3-fold reduction in the acquisition of IL-21 expression compared to control naïve CD4⁺ T cells (Figure 3C, left panel). This did not result from a generalized inability to respond to IL-12, as *PIK3CD* GOF naïve CD4⁺ T cells exhibited intact, or modestly enhanced, differentiation into IFN γ -producing cells under these same cultures (Figure 3C, middle and right panels). *PIK3CD* GOF cTfh cells continued to secrete significantly higher amounts of IFN γ than control cells when cultured under Th1 conditions (Figure 3D).

Differentiation of naïve CD4⁺ T cells into cytokine-expressing cells often requires cell division³⁶. To determine whether the defect in *PIK3CD* GOF naïve CD4⁺ T cells in differentiating into IL-21⁺ cells resulted from impaired proliferation, we labeled sorted naïve CD4⁺ T cells with CFSE and determined cell division and cytokine expression. Naïve CD4⁺ T cells from healthy controls and *PIK3CD* GOF patients exhibited similar levels of proliferation, determined by CFSE dilution, when cultured under Th0 conditions; this was comparably enhanced in the presence of IL-12 (Supplementary Figure 1C, left panel). Despite intact proliferation, under Th1 polarizing conditions there was a reduced frequency of *PIK3CD* GOF naïve CD4⁺ T cells expressing IL-21 in each division compared to naïve cells from healthy donors (Supplementary Figure 1C, middle panel). In contrast, the division-linked acquisition of IFN γ by *PIK3CD* GOF naïve CD4⁺ T cells was comparable to that from healthy donors (Supplementary Figure 1C, right panel). Thus, impaired generation of IL-21⁺ cells from naïve *PIK3CD* GOF CD4⁺ T cells resulted from a defect in differentiation, rather than reduced proliferation. Collectively, the impaired ability of naïve *PIK3CD* GOF CD4⁺ T cells to differentiate into IL-21-expressing cells *in vitro*, coupled

with a skewed Th1-type phenotype and cytokine profile of *PIK3CD* GOF cTfh cells *ex vivo*, are consistent with a major functional defect in Tfh cells in these patients.

Generation of a mouse model of *Pik3cd* GOF—It was not clear whether the changes we observed in human *PIK3CD* GOF CD4⁺ T cells were intrinsic or extrinsic, resulting from PI3K over activation in other cells or recurrent infections. Thus, to dissect the intrinsic and extrinsic effects of overactive PI3K signaling on CD4⁺T cell development and function, we used CRISPR/Cas9 to introduce a heterozygous germline activating mutation (E1020K; orthologue of the most common mutation in human patients [E1021K]²) in murine *Pik3cd* (hereafter referred to as *Pik3cd* GOF)⁴. Lymphocytes from these mice displayed increased phosphorylation of S6 and Akt, consistent with elevated PI3K signalling⁴. Analysis of thymi of *Pik3cd* GOF mice revealed no major disruption to T cell development (Supplementary Figure 2).

***Pik3cd* GOF mice accumulate increased proportions of memory CD4⁺ T cells**

—Consistent with the lymphoproliferation and splenomegaly in APDS patients, spleens of *Pik3cd* GOF mice had increased total cellularity compared to WT spleens (data not shown)⁴. In aged mice this was accompanied by an increase in the percentage of CD4⁺ T cells (Figure 4A). We also observed a decrease in frequency of naïve CD4⁺ T and corresponding increase in memory cells (Figure 4B). This phenotype was particularly pronounced in aged mice (Figure 4B). Similarly, young *Pik3cd* GOF mice had increased numbers of Tfh cells and this became much more prominent as the mice aged (Figure 4C, D). We also observed an increase in FoxP3⁺ Tregs (Figure 4E, F). In young mice this increase in Treg frequency was mainly due to an expansion of the CD25⁺ compartment (Figure 4F). In contrast, the expanded FoxP3⁺ Treg compartment in aged mice was largely due to an increase in the percentage of CD25⁻FoxP3⁺ cells (Figure 4E, F).

Cell extrinsic factors underlie aberrant differentiation of CD4⁺ T cells in

***Pik3cd* GOF mice**—To determine whether the perturbations we observed for murine *Pik3cd* GOF CD4⁺ T cells were cell intrinsic or extrinsic, we generated BM chimeras reconstituted with a 50:50 mix of WT(CD45.1):WT(CD45.2) or WT(CD45.1):*Pik3cd* GOF(CD45.2) BM. Approximately 12 weeks after reconstitution we analysed CD4⁺ T cell populations in these mice. Consistent with the data from intact mice, we observed a decrease in the percentage of naïve and an increase in effector memory CD4⁺ T cells derived from *Pik3cd* GOF BM (Figure 5A–D). Surprisingly, however, we observed even more pronounced changes in WT CD4⁺ T cells that developed in the presence of *Pik3cd* GOF cells including reduced naïve cells and increased memory cells (Figure 5A–D). We saw a similar pattern for Tfh and Treg cells with WT cells in the mixed BM chimeras displaying an expansion of these populations compared to CD4⁺ T cell populations in control WT:WT chimeras (Figure 5E, F). A similar pattern was observed in aged mixed BM chimeras, except we also observed a significant increase in *Pik3cd* GOF Tfh and Tregs cells that was not seen in young mice (Supplementary Figure 3). These significant changes induced in the WT T cells in the presence of *Pik3cd* GOF hematopoietic cells suggests that the numerical changes observed in *Pik3cd* GOF CD4⁺ T cell populations may not be strictly cell intrinsic, but rather result from extrinsic signals provided by other *Pik3cd* GOF cells.

PI3K overactivation results in altered T helper differentiation and cytokine production—Human *PIK3CD* GOF CD4⁺ T cells showed altered cytokine secretion, with memory cells showing increased production of Th2 cytokines and cTfh cells secreting more IFN γ and Th2 cytokines but less Th17 cytokines (Figure 3, Supplementary Figure 1). However, the small numbers of naïve CD4⁺ T cells in these patients (Figure 1) precluded detailed analysis of the ability of their naïve CD4⁺ T cells to differentiate into various T helper cell populations *in vitro*. Thus, we utilized our novel mouse model to ascertain whether these defects were cell intrinsic. Naïve WT or *Pik3cd* GOF murine CD4⁺ T cells were cultured *in vitro* under polarizing conditions to induce Th1, Th2 or Th17 fates. IL-2 production was equivalent between WT and *Pik3cd* GOF cells CD4⁺ T cells irrespective of the culture conditions used (Figure 6A, B). However, *Pik3cd* GOF augmented induction of Th1 and Th2 responses, evidenced by the generation of increased percentages of IFN- γ and IL-5-expressing cells, respectively (Figure 6C–F). In contrast, Th17 differentiation was impaired by *Pik3cd* GOF (Figure 6G, H).

Impact of *Pik3cd* GOF mutations on Tfh development *in vivo*—The ability of CD4⁺ T cells to differentiate into Tfh cells and provide help to B cells for Ab production and formation of a germinal center (GC) is essential for an effective humoral response^{12, 14, 15}. Even though *PIK3CD* GOF patients have an increased frequency of cTfh cells (Figure 1), these cells exhibit a dysregulated phenotype and altered cytokine profiles (Figures 2, 3; Supplementary Figure 1), with skewing towards a PD-1^{hi} Th1-type Tfh subset which is predictive of poor B-cell help^{28, 29, 35}. This is consistent with multiple clinical symptoms characteristic of these patients that point to defective Ab responses. *Pik3cd* GOF mice also have an increased number of Tfh cells (Figure 4), however analysis of mixed BM chimeras suggested this effect was not strictly cell intrinsic (Figure 5). To dissect the intrinsic capacity of *Pik3cd* GOF CD4⁺ T cells to differentiate into functional Tfh cell and provide help to B cells in the context of an Ag-specific response, we utilized an *in vivo* adoptive transfer model. WT or *Pik3cd* GOF TCR transgenic OT-II cells (expressing a TCR specific for ovalbumin [OVA]) were transferred into WT recipients and immunized intraperitoneally with alum/OVA. Seven days after immunization we observed ~30% fewer *Pik3cd* GOF OT-II cells within the spleen compared to WT OT-II (Figure 7A). However similar percentages of Tfh cells were generated from WT and *Pik3cd* GOF CD4⁺ OT-II cells (Figure 7B, C). In this adoptive transfer system, endogenous WT CD4⁺ T cells can also provide help to B cells. Thus, to directly assess the helper function of OT-II cells, we transferred *Pik3cd* GOF or WT OT-II cells into SAP-deficient mice, in which recipient CD4⁺ T cell are unable to provide B-cell help³⁷. In this system we also observed decreased frequencies of OT-II cells following transfer (data not shown). Despite this, there was a trend towards an increased Tfh frequency (Figure 7D). Surprisingly this increase was not associated with an increase in GC cells (Figure 7E). Rather, significantly fewer GC B cells were present in SAP-deficient mice that received *Pik3cd* GOF OT-II cells (Figure 7E). GC numbers have been found to strongly correlate with the number of Tfh cells^{19, 38}. Thus, to eliminate changes in Tfh numbers as a confounding factor and determine whether this decrease in GC B cells reflected decreased helper function of Tfh cells on a per cell basis, we plotted percentages of Tfh cells against GC B cells. This confirmed that *Pik3cd* GOF Tfh cells were less efficient than WT Tfh cells at providing help to B cells and forming an equivalent GC (Figure 7F).

Pik3cd* GOF qualitatively and quantitatively impacts the phenotype and function of Tfh cells *in vivo—To gain insight into how *Pik3cd* GOF may intrinsically limit CD4⁺ T cell-mediated B-cell help, we examined expression of key genes important for Tfh function. While *Cd40lg* was expressed at similar levels by both WT and *Pik3cd* GOF OT-II cells (Figure 8A), *Fasl* was significantly higher in *Pik3cd* GOF than in WT OT-II cells (Figure 8B). Contrastingly, ICOS was significantly lower on *Pik3cd* GOF compared to WT OT-II cells (Figure 8C). We also examined expression of additional surface molecules associated with Tfh differentiation (Supplementary Figure 4A–E). *Pik3cd* GOF OT-II cells showed significantly greater downregulation of CD127 and CCR7 compared to WT cells (Supplementary Figure 4A–E).

Given the dysregulated cytokine induction observed for human (Figure 3, Supplementary Figure 1) and murine (Figure 6) PI3K GOF CD4⁺ T cells *in vitro*, we also investigated cytokine production by OT-II CD4⁺ T cells *in vivo* following immunisation with OVA. Expression of *Il21* and *Il4* was similar between *Pik3cd* GOF and WT OT-II cells (Figure 8D, E). Consistent with data from the *in vitro* Th1 polarising cultures, we saw a large increase in the frequency of *Pik3cd* GOF CD4⁺ OT-II cells producing IFN- γ compared to WT OT-II cells (Figure 8F). While *Pik3cd* GOF OT-II cells produced equivalent amounts of IL-2, they exhibited significantly reduced production of TNF α and IL17A compared to WT OT-II (Supplementary Figure 4F–H). To determine the functional consequences of this altered cytokine profile of *Pik3cd* GOF OT-II cells we examined isotype switching in the GC. In mice IL-4 promotes class switching to IgG1, and IFN γ drives switching to IgG2a/c while inhibiting switching to IgG1^{39, 40}. Consistent with increased IFN γ production by *Pik3cd* GOF OT-II cells we saw an increase in switching to IgG2c (Figure 8G) and a concomitant decrease in switching to IgG1 (Figure 8H) in the GCs of mice that received *Pik3cd* GOF OT-II cells. Interestingly we also observed an increase in the percentage of IgM⁺ (i.e. unswitched) GC B cells (Figure 8I), establishing that *Pik3cd* GOF CD4⁺ T cells are overall less effective at inducing isotype switching than WT cells. To determine how the decreased help to B cells and altered isotype switching affected the production of specific antibodies we assessed the levels of anti-OVA antibody present in the serum of mice (Figure 8J–L). In mice in which T cell help was provided by *Pik3cd* GOF OT-II cells, the levels of serum IgG2c and IgM were relatively similar to that observed in mice that received WT OT-II cells (Figure 8J, L), despite the increased percentage of IgG2c⁺ and IgM⁺ GC B cells observed in the presence of *Pik3cd* GOF help (Figure 8G, I). In contrast, *Pik3cd* GOF CD4⁺ T cells failed to support production of anti-OVA IgG1 Abs (Figure 8K). Overall these results reveal that *Pik3cd* GOF CD4⁺ T cells have a significantly altered ability to support GCs and antibody secretion, and appropriately regulate Ig isotype switching.

To assess the contribution of dysregulated FasL expression on *Pik3cd* GOF Tfh cells (Figure 8B) to these altered B cells responses, WT or *Pik3cd* GOF OT-II cells were transferred together with WT or Fas-deficient SW_{HEL} B cells into SAP-KO mice and immunized with HEL-OVA. Seven days later we assessed the GC response. The GC response induced by *Pik3cd* GOF OT-II cells was significantly larger from Fas-deficient B cells than from WT B cells (Fig 8M) indicating that increased expression of FasL on CD4⁺ T cells is partially responsible for the decreased B-cell help provided by these T cells. In contrast, the absence

of Fas on B cells did not alter the increased switching to IgG2c that was seen in the presence of *Pik3cd* GOF T cells (Fig 8N).

Discussion—Our parallel studies in humans and mice identified the necessity of balanced PI3K signaling in CD4⁺ T cells to maintain immune regulation in the setting of differentiation to effector cells with distinct fates. In particular we observed substantial dysregulation of the Tfh cell compartment – patients with *PIK3CD* GOF mutations displayed a significant increase in cTfh cells and this was mirrored by a significant increase in Tfh cells in the secondary lymphoid organs of mice carrying a *Pik3cd* GOF mutation. As the generation of Tfh cells in mice requires CD4⁺ T cell-intrinsic PI3K signaling¹⁹, this finding may have been predicted. Indeed a very recent study also reported increased proportions of cTfh cells in *PIK3CD* GOF patients, and in an independently-generated mouse model of *Pik3cd* GOF⁶. Based on adoptive transfer experiments, Schwartzberg and colleagues concluded that overactive PI3K caused a cell-intrinsic increase in Tfh cells due to PI3K GOF abrogating the need for ICOS signaling⁶. However, in our adoptive transfer experiments, while there was a slight trend towards increased Tfh cells this was not statistically significant. Further, our analysis of murine mixed BM chimeras revealed that WT CD4⁺ T cells also had an increased Tfh cell population in the presence of *Pik3cd* GOF immune cells, suggesting that the increased generation of Tfh cells was, to a large extent, cell extrinsic. Thus, while overactive PI3K in CD4⁺ T cells may be able to drive a slight increase in Tfh cells in certain situations where signaling is limited we suggest that the main driver of the Tfh expansion in these patients comes from dysregulation of other cells e.g. B cells. IL-6 can promote Tfh cell formation, and B cell-derived IL-6 can drive Tfh and subsequent cognate B cell responses both in infection⁴¹ and autoimmunity^{42, 43}. Notably, PI3K is important for IL-6 production by B cells⁴⁴. In addition, PI3K signaling downstream of IL-21/IL-21R upregulates CD86 expression on B cells which contributes to CD4⁺ T cell expansion⁴⁵ and generation of Tfh cells⁴⁶. Consistent with this we observed increased CD86 expression on B cells in our *Pik3cd* GOF mice (data not shown). Thus, B cells may contribute to heightened production of Tfh cells in *Pik3cd* GOF mice through dysregulated IL-6 and/or CD86 expression. We also noted an extrinsic increase in memory CD4⁺ T cells and loss of naïve CD4⁺ T cells suggesting that these mechanisms may contribute to general overactivation of CD4⁺ T cells.

Despite this expanded population of Tfh cells, patients with overactive PI3K have poor specific antibody responses and recurrent respiratory infections² (see Supplementary Table 1) suggestive of defects in humoral immune defects. This raises the question of whether *PIK3CD* GOF Tfh cells can provide effective help to B cells in vivo, a question not addressed in previous studies⁶. Here, we provide several lines of evidence that overactive PI3K signaling in CD4⁺ T cells results in Tfh cells that are highly dysfunctional. *PIK3CD* GOF patients had increased proportions of cTfh cells expressing a Th1/CXCR3⁺ phenotype and concomitant loss of CCR6⁺ Tfh cells, and their cTfh cells exhibited enhanced production of IFN γ , and markedly elevated expression of PD-1. This exaggerated production of IFN γ , coupled with reductions in frequency of CCR6⁺ cTfh cells, would impede B cell differentiation, as established by (1) the intrinsically poor B-cell helper function of CXCR3⁺ cTfh cells in the settings of healthy donors^{27–29}, other monogenic

primary immunodeficiencies such as those resulting from *STAT3* LOF or *STAT1* GOF mutations²⁸, common variable immunodeficiency^{35, 47} and HIV infection^{48, 49} and (2) previous findings of the inhibitory effect of IFN γ on human B-cell differentiation^{28, 35, 50–52}. Further, enhanced engagement of PD-1, due to its heightened expression, would restrain TCR-induced proliferation and IL-21 production⁴⁹. Thus, elevated expression of PD-1 on *PIK3CD* GOF cTfh would further compromise Tfh cell function. Data from our novel mouse model of *Pik3cd* GOF confirmed and extended these findings from patients. Our studies further revealed that, in contrast to the Tfh cell expansion, which was largely cell extrinsic, the altered functionality of the Tfh cells was cell intrinsic. Thus, *Pik3cd* GOF CD4⁺ T cells showed increased IFN γ production and generated smaller GC responses *in vivo*. Increased production of IFN γ by murine *Pik3cd* GOF CD4⁺ T cells also manifested as reduced and skewed Ig isotype switching, resulting in significantly fewer IgG1⁺ B cells and more IgG2c⁺ B cells and reduced Ag-specific IgG1 in the serum following immunization. This is consistent with the well-established roles of IFN- γ in inducing switching to IgG2a/c while inhibiting switching to IgG1^{39, 40}.

Importantly, we identified additional defects that may also contribute to less effective help from *Pik3cd* GOF Tfh cells in response to specific Ag. First, *Pik3cd* GOF OT-II cells expressed elevated levels of *Fasl*. Interestingly, a subset of Tfh-like cells has been identified in extrafollicular regions of human tonsils⁵³. In contrast to GC Tfh cells, these extrafollicular Tfh-type cells were unable to efficiently induce the differentiation of autologous GC B cells into Ig-secreting cells. This was attributable to elevated FasL expression, as provision of B-cell help to GC B cells could be achieved by Fas/FasL blockade⁵³. Here we showed that when Fas/FasL interactions were blocked *Pik3cd* GOF CD4⁺ T cells were able to support a greater GC response suggesting that the increased expression of FasL by *Pik3cd* GOF CD4⁺ Tfh cells at least partially underlies the impaired B-cell help in the setting of PI3K hyperactivation. It is likely that other factors may also contribute to the impaired help provided by the cells. For example, we also observed decreased ICOS expression on *Pik3cd* GOF CD4⁺ T cells following immunization. ICOS/ICOS-L interactions play an important role in the activation and function of Tfh cells^{54–57} as well as their migration to GCs⁵⁸. Thus, decreased ICOS expression could contribute to the decreased function of *Pik3cd* GOF Tfh cells. Interestingly, ICOS expression is controlled by the transcription factor FOXO1, with loss of FOXO1 leading to decreased ICOS expression⁵⁹. As PI3K/Akt signaling inactivates FOXO1, it is likely that PI3K overactivation in cells bearing *Pik3cd* GOF mutations leads to decreased FOXO1-induced ICOS expression. This is consistent with our finding of decreased expression of CCR7 and CD127, which are also induced by FOXO1, on *Pik3cd* GOF CD4⁺ T cells^{59, 60}.

In addition to the alteration in Tfh cell numbers and function we observed increased production of Th2 cytokines by human *PIK3CD* GOF memory cells CD4⁺ T cells. Further, naïve *Pik3cd* GOF CD4⁺ T cells activated under Th2 polarizing conditions also produced increased IL-5 suggesting this defect was cell intrinsic. This skewing to production of IL-4, IL-5 and IL-13 by *PIK3CD* GOF CD4⁺ T cells may predict clinical features of Th2-type disease in *PIK3CD* GOF patients. While allergies have not previously been reported to occur at an increased frequency in these patients compared to the healthy population², analysis of the clinical records or our cohort revealed that ~50% of patients displayed Th2 related

pathologies⁶¹ such as asthma, eosinophilic esophagitis, eczema/atopic dermatitis, urticaria and rhinoconjunctivitis (Supplementary Table 1). Remarkably, very few of the patients reported increased IgE levels (Supplementary Table 1). The disconnect between increased Th2 cytokines and lack of hyper-IgE is most likely explained by the ability of PI3K to inhibit switching to IgE^{62, 63}. Thus, by cataloguing the frequent occurrence of non-allergic Th2-type diseases in patients with *PIK3CD* GOF mutations, our study has not only substantially extended the clinical phenotype of this condition but importantly also provided a cellular basis for this aspect of the APDS.

Here, by examining in detail the phenotype, function and biology of human and mouse Tfh cells arising from PI3K GOF, we have substantially extended initial observations⁶ and importantly provided significant insight into the mechanisms underlying aberrant effector function of these Tfh cells. We find aberrant cytokine production with increased Th1 and Th2 cytokines as well as dysregulated expression of FasL which together impact the ability of PI3K GOF Tfh cells to provide optimal B cell help during T-dependent humoral immune responses. These defects, together with intrinsic impairments in the development and function of *PIK3CD* GOF B cells⁴⁻⁷, would contribute to the poor ability to induce memory B cells and Ab-secreting PCs in *PIK3CD* GOF patients and the resultant characteristically poor Ab responses observed in these patients following natural infection or vaccination with protein and polysaccharide².

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Non-standard abbreviations:

T_N	Naive T cells
T_{CM}	central memory T cells
T_{EM}	effector memory T cells
T_{fh}	T follicular helper cells
Tregs	regulatory T cells
PC	plasma cells

TAE	T cell activation and expansion
PI3K	phosphoinositide-3 kinase
BM	bone marrow
OVA	ovalbumin
HEL	hen egg lysozyme

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Key Messages:

- *PIK3CD* GOF mutations result in aberrant differentiation and function of human and mouse CD4⁺ T cells
- Increased PI3K activity leads to a cell extrinsic increase in memory and Tfh CD4⁺ T cells, cell intrinsic increases in IFN γ and IL-4 production, and poor Tfh helper function for B cell differentiation
- These defects may contribute to antibody deficiencies and impaired humoral immune responses characteristic of patients with *PIK3CD* GOF mutations

Capsule Summary

Gain of function mutations in *PIK3CD* cause multiple defects in CD4⁺ T cells including altered cytokine production and Tfh function which may contribute to the poor antibody responses in these patients.

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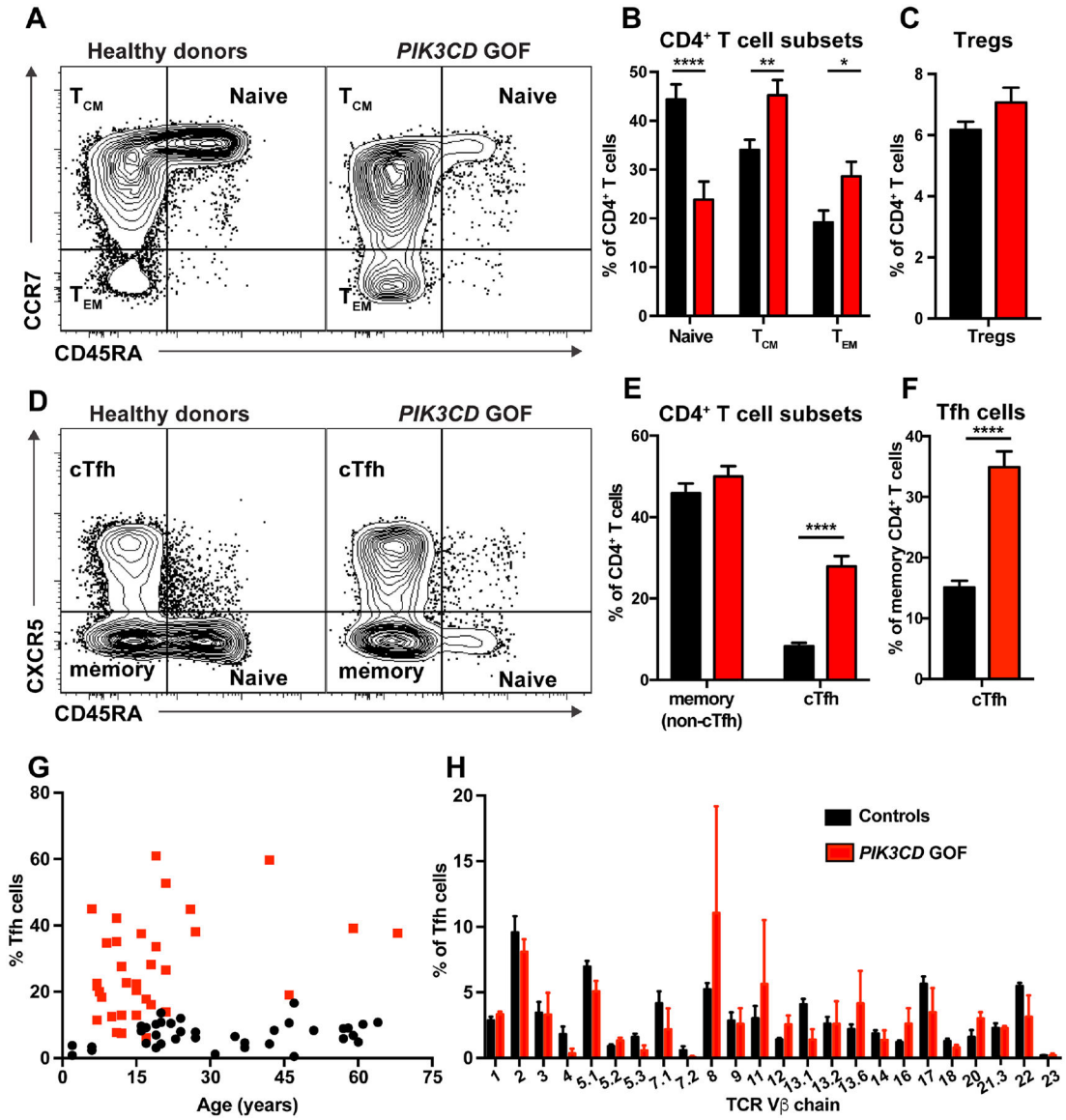


Figure 1: *PIK3CD* GOF patients have a selective expansion of cTfh cells
 (A-E) PBMCs from healthy donors (n=40–55) and patients with *PIK3CD* GOF mutations (n=22–34) were labeled with Abs against CD4, CD45RA, CCR7, CXCR5, CD127 and CD25 and different populations identified by flow cytometric analysis. (A, B) Percentages of naive (CD4⁺CD45RA⁺CCR7⁺), central memory (T_{CM}; CD4⁺CD45RA⁻CCR7^{dim}CM;), effector memory (T_{EM}; CD4⁺CD45RA⁻CCR7⁻) cells and (C) Tregs (CD4⁺CD127^{lo}CD25^{hi}) within the CD4⁺ T cell population. (D, E) Proportions of non-cTfh memory (CD4⁺CD45RA⁻CCR7⁺CXCR5⁻) and cTfh cells (CD4⁺CD45RA⁻CCR7⁺CXCR5⁺) cells within the CD4⁺ T cell population. (F) Frequency of cTfh cells as a proportion of total memory CD4⁺ T cells. Contour plots in (A) and (D) show representative staining for healthy donors and *PIK3CD* GOF patients. Graphs give mean ± SEM. Significant differences were determined by unpaired Students t-tests. * p<0.05; ** p<0.01; **** p<0.0001.

(G) Percentage of cTfh cells (of all CD4⁺ T cells) in healthy donors (black) and *PIK3CD* GOF patients (red) were determined as a function of age.

(H) The TCR repertoire of cTfh cells present in PBMC of healthy donors (n=7) and *PIK3CD* GOF patients (n=3) was determined using flow cytometry by quantifying the proportion of CD4⁺CD45RACXCR5⁺ T cells expressing the different V β chains. Graphs show mean \pm SEM.

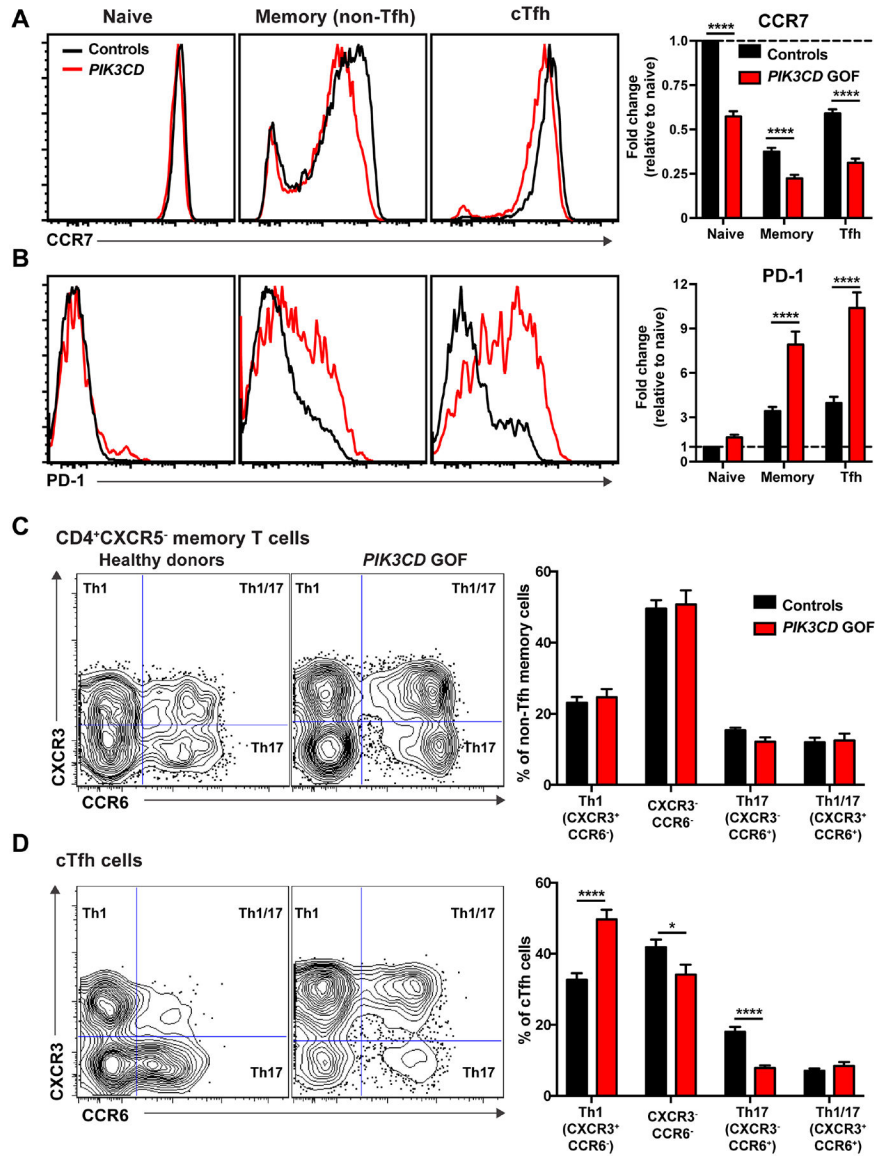


Figure 2: Patients with *PIK3CD* GOF mutations have altered cTfh cell differentiation
 PBMCs from healthy donors (n=37–50) and patients with *PIK3CD* GOF mutations (n=22–34) were labeled with Abs against CD4, CD45RA, CCR7, CXCR5, CD127, CD25, PD-1, CXCR3 and CCR6 and flow cytometric analysis performed. (A, B) Expression of (A) CCR7 and (B) PD-1 on naïve, non-Tfh memory and cTfh cells. Histogram plots show representative staining of healthy donors and *PIK3CD* GOF patients. Graphs display the expression (mean ± SEM) of CCR7 or PD-1 on naïve, non-Tfh memory and cTfh cells relative to naïve cells (normalized to 1.0). (C, D) Percentages of Th1 (CXCR3⁺CCR6⁻), Th17 (CXCR3⁻CCR6⁺), Th1/17 (CXCR3⁺CCR6⁺) and CXCR3⁻CCR6⁻ cells within the (C) non-Tfh memory and (D) cTfh subsets were determined. Contour plots show representative staining of healthy donors and *PIK3CD* GOF patients. Graphs display mean ± SEM of the indicated CD4⁺ T cell subsets. Significant differences were determined by unpaired Students t-tests. * p<0.05; ** p<0.01; **** p<0.0001.

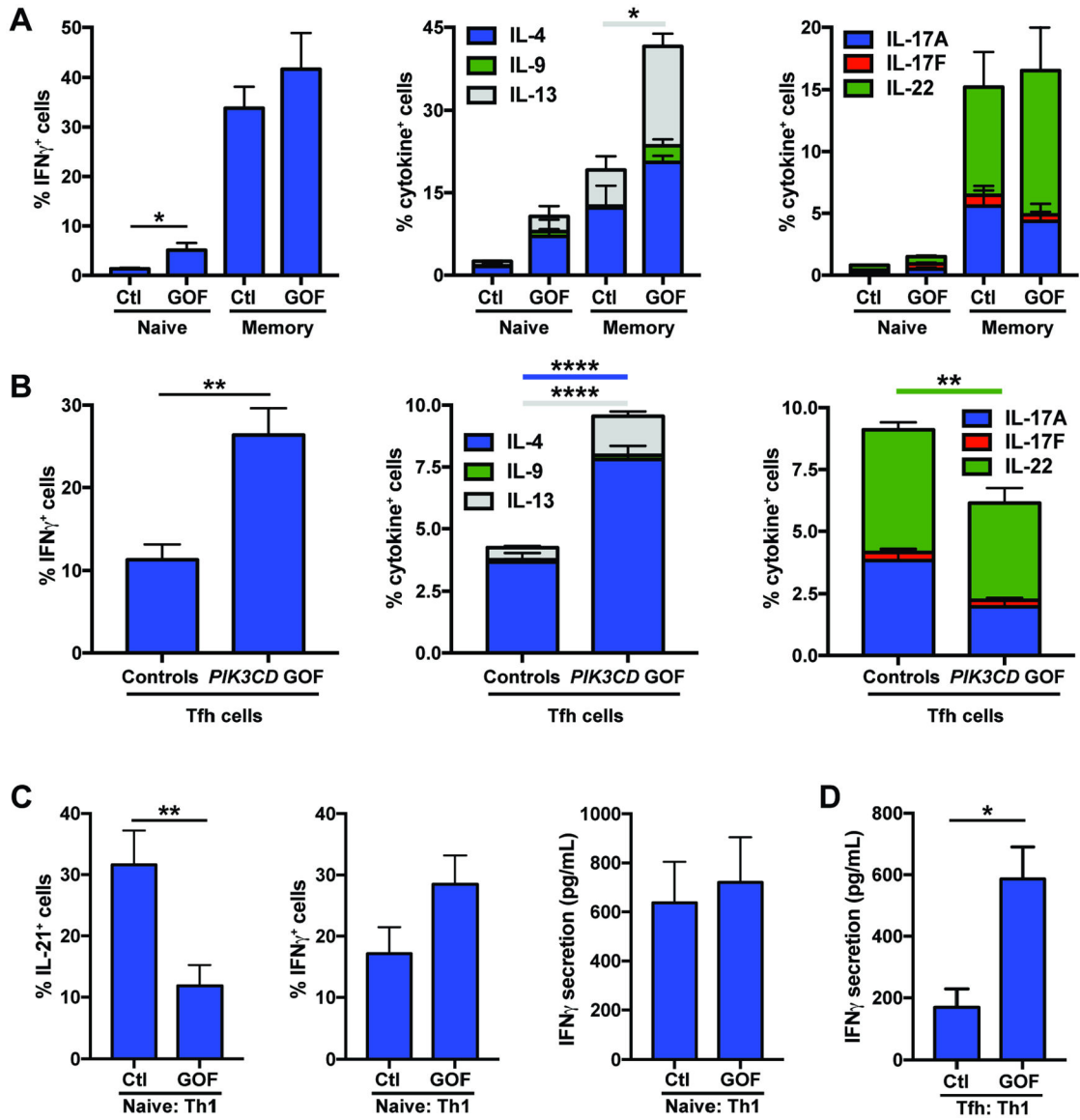


Figure 3: CD4⁺ T cells from patients with *PIK3CD* GOF mutations show altered cytokine production

(A) Naïve and total memory CD4⁺ T cells (n=4–9) or (B) cTfh (n=8) cells were sort-purified from the peripheral blood of healthy donors and patients with *PIK3CD* GOF mutations and then cultured with beads coated with anti-CD2/CD3/CD28 mAbs. After 5 days, expression of the indicated cytokines was determined by flow cytometric analysis of intracellular immunofluorescent staining.

Sort-purified (C) naïve or (D) cTfh CD4⁺ T cells from healthy donors or patients with *PIK3CD* GOF mutations (n=8) were cultured under Th1 polarizing conditions (+IL-12). After 5 days, expression of IL-21 or IFN γ by naïve CD4⁺ T cells, or secretion of IFN γ by naïve CD4⁺ T cells or cTfh cells were determined. Data depict mean \pm SEM of the experiments performed using CD4⁺ T cells from the indicated numbers of healthy controls or *PIK3CD* GOF patients. Significant differences were determined by unpaired Students t-tests, * p<0.05, **p<0.01, ****p<0.0001.

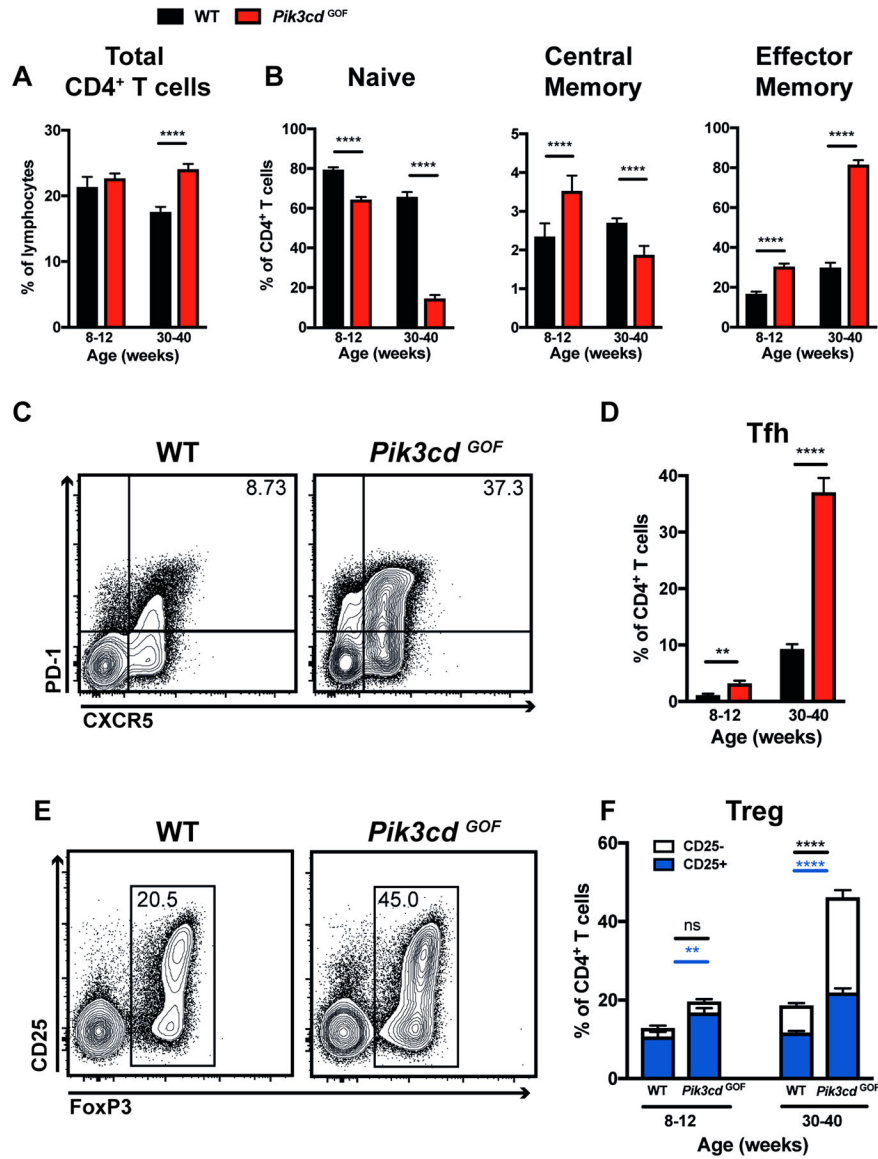


Figure 4: *Pik3cd* GOF mutations enhance the formation of memory, Tfh and Treg cells
 Splens from young (8–12 weeks) and aged (30–40 weeks) WT and *Pik3cd* GOF mice were stained to identify different CD4⁺ T cell populations by flow cytometric analysis. (A) Frequency of total CD4⁺ T cells. (B) Percentages of naïve (CD44^{lo}CD62L^{hi}), central memory (CD44^{hi}CD62L^{lo}) or effector memory (CD44^{hi}CD62L^{lo}) CD4⁺ T cells. (C) Contour plots show representative staining of CXCR5 versus PD-1 on CD4⁺ T cells in aged mice. (D) Tfh cell (CXCR5^{hi}PD-1^{hi}) frequencies. (E) Contour plots show representative staining of FoxP3 versus CD25 on CD4⁺ T cells in aged mice. (F) The percentage of FoxP3⁺ T cells (CD25⁺ or CD25⁻). All graphs show mean ± SEM, n=7–11. Significant differences were determined by unpaired Students t-tests, **p<0.01; ****p<0.0001.

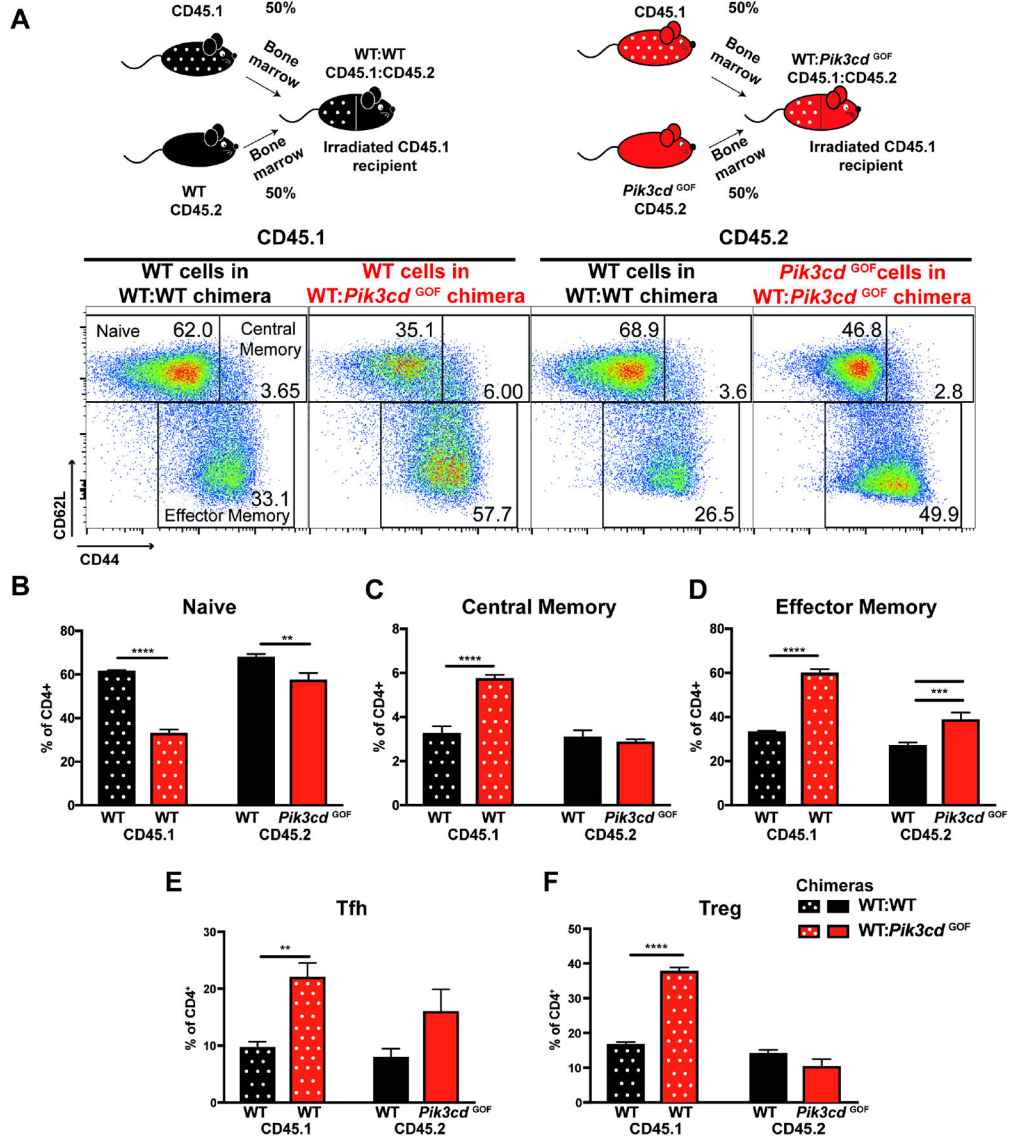


Figure 5: Extrinsic factors contribute to CD4⁺ T cells activation in *Pik3cd* GOF mice
 Splens from WT:WT and WT:*Pik3cd* GOF mixed BM chimeras 12 weeks after reconstitution were stained to identify different CD4⁺ T cell populations within the CD45.1⁺ or CD45.2⁺ compartments. (A) Schematics show the generation of mixed bone marrow chimeras. Representative plots show gating for naïve (CD44^{lo}CD62L^{hi}), central memory (CD44^{hi}CD62L^{hi}), and effector memory (CD44^{hi}CD62L^{lo}) CD4⁺ T cells. CD45.1 plots show WT cells in the WT:WT chimera (left) and WT cells in the WT:*Pik3cd*^{GOF} chimeras (right). CD45.2 plots show WT cells in the WT:WT chimera (left) and *Pik3cd*^{GOF} cells in the WT:*Pik3cd*^{GOF} chimeras (right). (B-F) The percentages of CD45.1⁺CD4⁺ or CD45.2⁺CD4⁺ T cells that were (B) naïve (CD44^{lo}CD62L^{hi}), (C) central memory (CD44^{hi}CD62L^{hi}), (D) effector memory (CD44^{hi}CD62L^{lo}), (E) Tfh and (F) Treg CD4⁺ T cells were determined (mean ± SEM, n=5). Significant differences were determined by 2-way ANOVA, **p<0.01; ***p<0.001; ****p<0.0001.

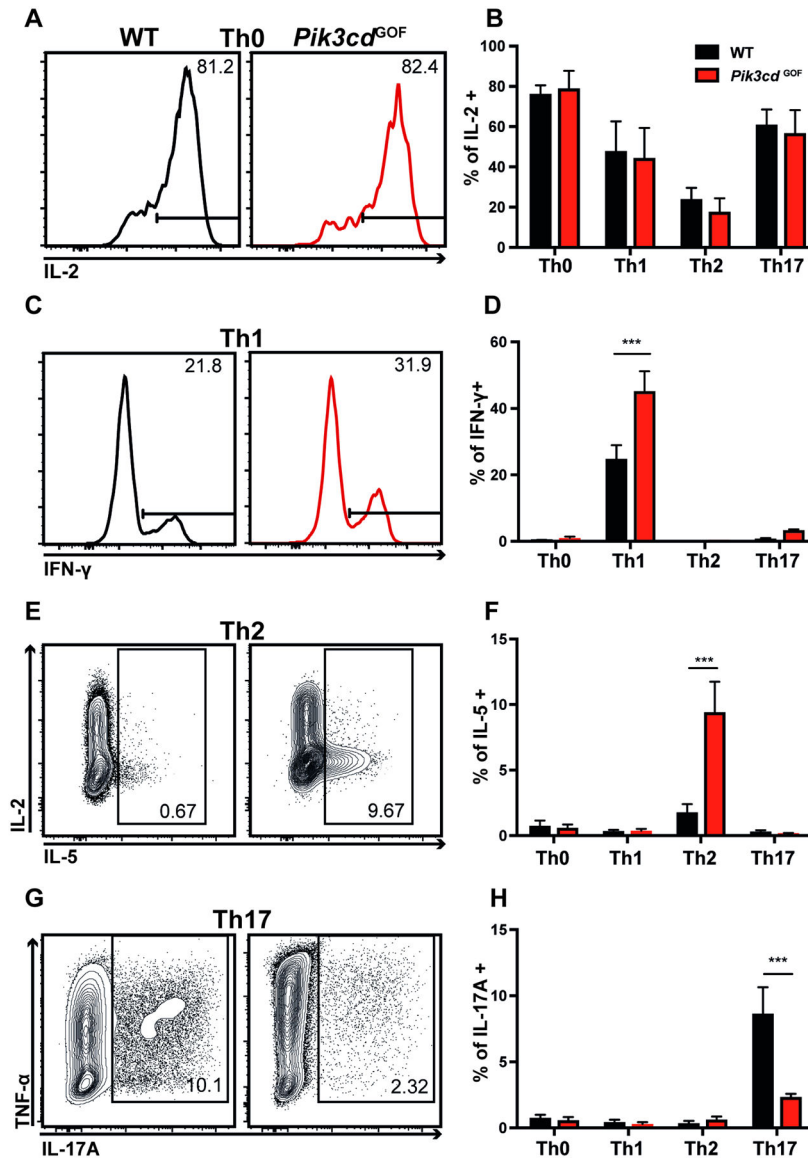


Figure 6: *Pik3cd* GOF naïve CD4⁺ T cells have altered cytokine production *in vitro*
 Naïve CD4⁺ T cells (CD4⁺CD44^{lo}CD62L^{hi}) were sorted from spleens of WT or *Pik3cd* GOF mice, stimulated with anti-CD3 and anti-CD28 mAbs under (A, B) Th0, (C, D) Th1, (E, F) Th2 or (G, H) Th17 conditions for 4 days and then restimulated with PMA/ionomycin. Cells were harvested and stained for intracellular expression of IL-2, IL-5, IL-17A, IFN- γ and TNF α . Flow cytometry plots show representative cytokine expression under various conditions. Graphs depict summary data of cytokine production under each condition respectively (mean \pm SEM, n=4–5). Significant differences were determined by 2-way ANOVA, ***p<0.001.

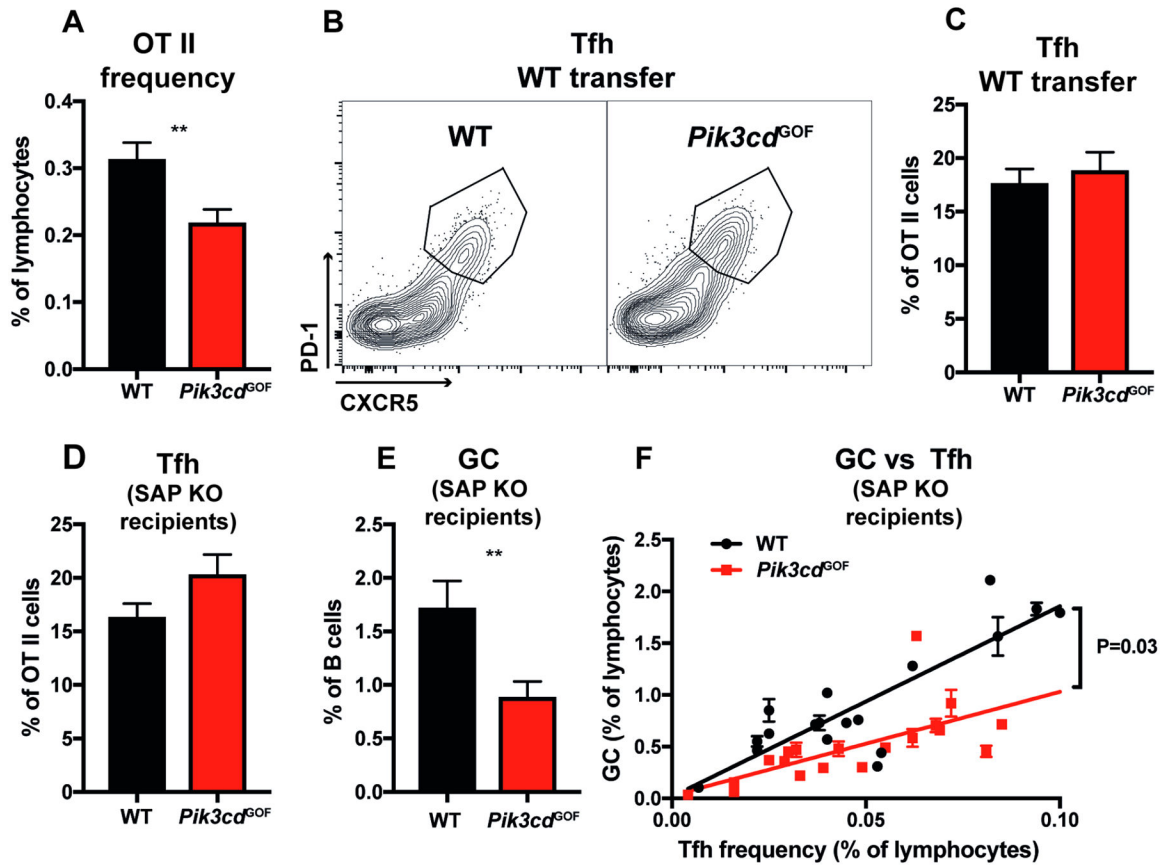


Figure 7: Effect of *Pik3cd* GOF mutation on Tfh cell differentiation

(A-C) WT or *Pik3cd* GOF OT-II T cells were transferred into WT recipients, which were then immunized with OVA/Alum intraperitoneally. Spleens were harvested 7 days later and flow cytometry analysis performed (mean ± SEM, n=15–17). (A) Percentages of OT-II cells recovered 7 days post transfer. (B) Contour plots showing representative staining of CXCR5 versus PD-1 on OT-II cells. (C) Percentage of Tfh (CXCR5⁺PD-1⁺) cells in the OT-II cell population.

(D-F) WT or *Pik3cd* GOF OT-II cells were transferred into SAP-deficient hosts, which were then immunised with OVA/Alum. Spleens from recipient mice were harvested at day 7 and flow cytometry analysis performed. Percentage of (D) Tfh (CXCR5⁺PD-1⁺) cells (mean ± SEM) and (E) GC (B220⁺CD38^{lo}Fas^{hi}) B cells in recipient mice (n=18–20). (F) Percentages of OT-II Tfh cells versus GC B cells in individual mice receiving either WT or *Pik3cd* GOF OT-II cells. Significant differences were determined by unpaired Students t-tests, **p<0.01. Linear regression analysis was performed and the slope of the lines compared in GraphPad Prism.

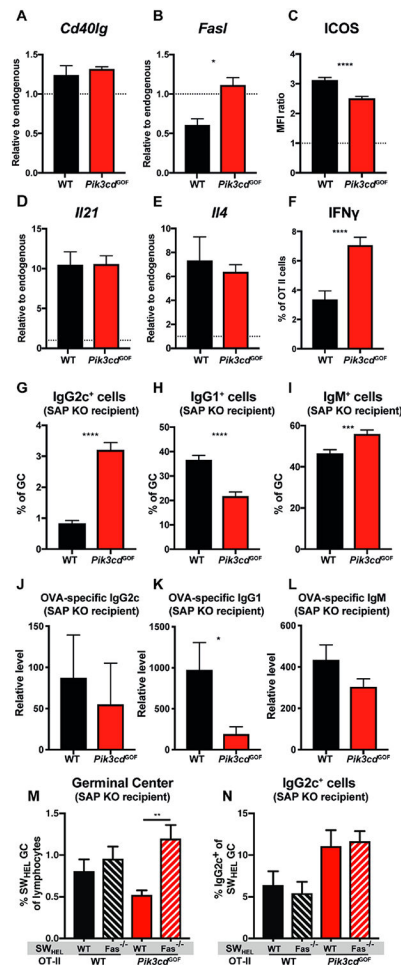


Figure 8: *Pik3cd* GOF mutations result in altered Tfh function

WT or *Pik3cd* GOF OT-II cells were transferred into WT (A-F) or SAP-deficient (G-I) recipients, which were then immunised with OVA/Alum. Splenic OT-II and recipient CD4⁺ T cell populations were sorted on day 5. (A) *Cd40lg* and (B) *FasI* expression was determined by qPCR (mean \pm SEM, n=4). (C) ICOS expression was assessed by flow cytometry (day 7). Graph depicts mean fluorescent intensity relative to recipient CD4⁺ T cells (dotted line; mean \pm SEM, n=15–17). Expression of (D) *Il21* and (E) *Il4* were determined as in (A). (F) IFN- γ production by OT-II cells on day 7 was assessed by flow cytometry (mean \pm SEM, n=15–17).

Expression of (G) IgG2c, (H) IgG1 and (I) IgM by GC B cells and serum levels of OVA-specific (J) IgG2c, (K) IgG1 and (L) IgM (day 7; mean \pm SEM, n=14–20).

(M-N) WT or *Pik3cd* GOF OT-II cells together with WT or Fas-deficient SW_{HEL} B cells were transferred to SAP-deficient recipients which were then immunized with HEL-OVA. Lymph nodes were stained on day 7 to identify (M) GC and (N) IgG2c⁺ B cells (mean \pm SEM; n=9–11). Significant differences were determined by unpaired Students t-tests or ANOVA, *p<0.05; **p<0.01, ***p<0.001; ****p<0.0001.