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## Prediction of conversion from mild cognitive impairment to Alzheimer disease based on Bayesian data mining with ensemble learning

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## Abstract

Prediction of disease progress is of great importance to Alzheimer disease (AD) researchers and clinicians. Previous attempts at constructing predictive models have been hindered by undersampling, and restriction to linear associations among variables, among other problems. To address these problems, we propose a novel Bayesian data-mining method called Bayesian Outcome Prediction with Ensemble Learning (BOPEL). BOPEL uses a Bayesian-network representation with boosting to allow the detection of nonlinear multivariate associations, and incorporates resampling-based feature selection to prevent over-fitting caused by undersampling. We demonstrate the use of this approach in predicting conversion to AD in individuals with mild cognitive impairment (MCI), based on structural magnetic-resonance and magnetic-resonancespectroscopy data. This study included 26 subjects with amnestic MCI. The converter group (n = 1)8) included subjects who met MCI criteria at baseline, but who converted to AD within 5 years. The non-converter group (n = 18) consisted of subjects who met MCI criteria at baseline and at 5year follow-up. We found that BOPEL accurately differentiated MCI converters from nonconverters, based on baseline volumes of the left hippocampus, the banks of the right superior temporal sulcus, the right entorhinal cortex, the left lingual gyrus, and the rostral aspect of the left middle frontal gyrus. Prediction accuracy was 0.81, sensitivity was 0.63 and specificity was 0.89. We validated BOPEL's predictive model with an independent data set constructed from the Alzheimer Disease Neuroimaging Initiative database, and again found high predictive accuracy (0.75).

## 1. Introduction

Prediction of disease progress is of great importance to researchers studying Alzheimer disease (AD) [Chao et al. 2010; Chetelat et al. 2005a; Petersen et al. 2008], and to clinicians taking care of these patients. Mild cognitive impairment (MCI) is defined as a transitional

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state between normal aging and early dementia. Amnestic MCI patients progress to AD at an annual rate of 10-15% [Petersen & Negash 2008]; this progression rate is much higher than the population AD incidence rate of 1-2% per year.

Magnetic-resonance (MR) examination provides a noninvasive and reliable means for examining brain structure and function. Due to the rapid evolution of this technology, researchers now have the potential to improve prognostic accuracy by combining information from several modalities.

Consequently, many researchers have attempted to use MR-derived features to identify the subset of MCI patients that will develop AD [Davatzikos et al. 2010; Devanand et al. 2007; Dickerson et al. 2001; Jack et al. 1999; Killiany et al. 2000; Korf et al. 2004; Modrego 2006]. For example, Killiany et al. [Killiany et al. 2000] constructed a discriminant model to differentiate patients with MCI who ultimately developed AD within 3 years, from those who did not. Using volumes of the banks of the superior temporal sulcus and anterior cingulated as regions of interest, the model based on a discriminant function achieved sensitivity = 0.68 and specificity = 0.48. Most investigations of prediction of AD conversion have generated predictive models based on conventional statistical analysis or machinelearning approaches, including discriminant function analysis [Killiany et al. 2000], logistic regression [Devanand et al. 2007; Dickerson et al. 2001; Korf et al. 2004], and support vector machines [Cuingnet et al. 2010; Davatzikos et al. 2010]. Many of these analyses have been hindered by undersampling, that is, a small number of subjects relative to a large number of observed variables. Undersampling often leads to over-fitting, a situation in which the predictive model describes noise, rather than true associations among the variables being observed.

To address these problems, we propose a novel outcome-prediction approach that we call Bayesian Outcome Prediction with Ensemble Learning (BOPEL). Constructing outcomeprediction models based on image data is a challenging problem. Generalizability, a model's ability to correctly classify a future case sampled from the same population used to generate the predictive model, is a crucial characteristic of a predictive model, in that it directly bears on the utility of applying that predictive model in the clinic. However, in many studies, the number of variables observed greatly exceeds the number of subjects. If the outcomeprediction method does not incorporate feature selection or regularization, the resulting predictive model is prone to overfitting. In overfitting, a model is not only modeling the variation observed in the population, but also the variation due to noise. An overfitted model usually has poor generalizability. BOPEL uses regularization [Koller et al. 2009], feature selection [Duda et al. 2001], and ensemble learning [Duda et al. 2001] to address the overfitting problem. BOPEL is based on a Bayesian-network (BN) representation, which has an embedded Bayesian regularization procedure; this approach has achieved high prediction accuracy in a variety of applications [Friedman et al. 1997]. BOPEL also incorporates resampling methods [Duda et al. 2001] to stabilize the feature-selection process, and it utilizes boosting [Freund et al. 1996] to improve prediction performance.

In this paper, we applied BOPEL to an ongoing study of neuroanatomic and neurochemical features that may predict conversion from MCI to AD; we refer to this study as PCD

(prediction of cognitive decline). To validate the generated model, we applied it to an independent test sample acquired from the same population used to generate the predictive model. This independent test data set was constructed based on the Alzheimer Disease Neuroimaging Initiative (ADNI) database.

## 2. Materials

Subjects in the PCD study included 26 subjects with amnestic MCI. These individuals were recruited by the State-funded Alzheimer disease Research Center of California, University of California San Francisco, and Memory Disorders Clinic at the San Francisco Veterans Affairs Medical Center.

All participants had MCI at baseline, based on Petersen's criteria [Petersen 2003]. All subjects were diagnosed after an extensive clinical evaluation, including a detailed history, physical, and neurological examination, neuropsychological screening, and study partner interview. Study partners had regular contact with, and knew the subject for, at least 10 years. As part of the neurological examination, all subjects and study partners were queried about initial and current symptoms, under the following categories: (1) memory, (2) executive, (3) behavioral, (4) language, (5) visuospatial, (6) motor, and (7) other. The neuropsychological screening battery included the Mini Mental Status Examination (MMSE) [Folstein et al. 1975], the Weschsler Adult Intelligence Scale [Wechsler 1997], the Delis-Kaplan Executive Function System (DKEFS- Trail-making test; Color Word Interference test, FAS & category fluency tests) [Delis et al. 2001], the California Verbal Learning Test [Delis et al. 2000], and the Weschsler Memory Scale Visual Reproduction Test [Wechsler 1987]. The interview with the study partner was based on the Clinical Dementia Rating (CDR) to assess functional abilities, and on the Neuropsychiatric Inventory to evaluate behavior. Screening for depression was based on the 30-item Geriatric Depression Scale (self-report) and an interview with the study partner. Diagnosis was determined by consensus involving the neurologist, neuropsychologist, and nurse using only the diagnostic information described above.

Subjects were excluded if they met criteria for dementia (Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV)), a history of a neurological disorder, current psychiatric illness, head trauma with loss of consciousness greater than 10 minutes, severe sensory deficits, substance abuse.

Each participant underwent clinical and neuropsychological assessments annually. The diagnosis of AD was based on the National Institute of Neurologic and Communicative Disorders and Stroke and Alzheimer Disease and Related Disorders Association (NINCDS-ADRDA) criteria [Tierney et al. 1988].

We divided these 26 participants into two groups. The converter group (n = 8) included subjects who met MCI criteria at baseline, but within up to 5 years of follow-up met the NINCDS- ADRDA criteria for AD. The non-converter group (n = 18) contained subjects who met MCI criteria at baseline and at follow-up.

Each individual underwent structural MR examination and MR spectroscopy (MRS) at baseline. For each subject, high resolution T1-weighted MR images were acquired, with parameters: magnetization prepared rapid gradient echo imaging with TR/TE/TI = 300/9.7/4 ms, 15° flip angle,  $256 \times 256$  field of view. The T1-weighted volumes consisted of 154 1.5- mm thick coronal images with 1 mm × 1 mm in-plane resolution. The reconstructed image voxel size was 1 mm × 1 mm × 1.5 mm. Figure 1 depicts the baseline T1-weighted images for two subjects in the PCD study. In light of results in the literature indicating that structural MR-based models can identify the subset of MCI patients that will develop AD [Dickerson et al. 2001; Killiany et al. 2000], we too used features derived from these structural-MR examinations to build a predictive model for AD conversion.

For single-voxel proton spectroscopy, the voxel was placed in the lowest portion of the posterior aspect of the parietal lobe, such that it did not overlap with the occipital lobe. Acquisition parameters were TR/TE/TM = 11800/20/10 ms, voxel volume was 8.1 mL, with dimensions of approximately 22.5 mm left-right, 24 mm anterior-posterior, and 15 mm superior-inferior, to cover most of the posterior cingulate gray matter. We selected the posterior cingulate region because several studies have reported metabolic changes in this region in MCI and AD patients [Chantal et al. 2004; Kantarci et al. 2000].

## 3. Methods

From a machine-learning perspective, outcome prediction is a supervised-learning problem with two time points: baseline and outcome, respectively. We can formulate this outcomeprediction problem as one of generating a model from data and/or expert knowledge:

$$g:g(X_1,...,X_p) \to C \quad (1)$$

where *C* is the outcome variable, and  $X_i$  is feature *i* measured at baseline, and *p* is the number of features. We denote the set of features  $\{X_i\}$  by **X**. In this paper, we assume that *C* is binary. The feature vector **X** can include imaging-derived features—such as regional gray-matter volume—feature vector **X** can include imaging-derived features—such as regional gray-matter volume—and/or demographic variables, such as age.

#### 3.1 Background

A Bayesian network *B* is a probabilistic graphical model that represents a joint probability distribution over a set of variables  $\mathbf{X} = \{X_i\}$ . *B* is defined formally as a pair  $B = \{G, \Theta\}$ , where *G* is the graphical structure of the Bayesian network, and  $\Theta$  represents the parameters that quantify the distribution over  $\mathbf{X}$ . *G* is a directed acyclic graph (DAG), in which the edge  $X_i \rightarrow X_j$  represents a probabilistic association between  $X_i$  and  $X_j$ . The parent set and child set of  $X_i$  are denoted by  $pa(X_i)$  and *child*( $X_i$ ), respectively. A BN represents a factorization of  $Pr(X_1, ..., X_p)$ . That is,

$$\Pr(X_1, \dots, X_n) = \prod_{i=1}^n \Pr(X_i | pa(X_i)). \quad (2)$$

In a BN, each node  $X_i$  is associated with a conditional probability distribution  $Pr(X_i | pa(X_i))$ (if  $X_i$  has no parents, it is associated with a marginal distribution). When variables in the Bayesian network are continuous, it is often assumed that  $Pr(X_i | pa(X_i))$  is Gaussian. In this case,  $Pr(X_1, ..., X_p)$  will be Gaussian as well. However, assuming that  $Pr(X_1, ..., X_p)$ follows a multivariate Gaussian distribution could be too restrictive for many applications. Therefore, we herein adopt the discrete BN representation. When  $\{X_i\}$  are discrete,  $Pr(X_i | pa(X_i))$  are represented as tables. Discrete BNs can model any distribution among  $\{X_i\}$ ; therefore, we adopt the discrete BN representation in this paper. In a discrete BN,  $\theta_{ijk} =$  $Pr(X_i = k | pa(X_i) = j)$  represents the conditional probability that node  $X_i$  assumes state kgiven that its parent set assumes joint state j.  $\Theta = \{\theta_{ijk}\}$ .

A BN can be used as a predictive model [Friedman et al. 1997], in which prediction is performed by using Bayes' rule. In particular, we can apply BN inference algorithms [Cowell 1998] to a BN model *B* to predict the value of *C* given evidence **X**, by computing  $Pr(C \mid \mathbf{X})$ .

There are different classes of BN models, based on constraints on allowed model structures [Friedman et al. 1997]. One such BN-model class is called *naïve Bayes*, in which *C* is a root node, and the baseline tests  $\mathbf{X}$  are represented as children of *C*. Naïve Bayes require fewer computational resources than unrestricted BN models, yet the former have been shown to demonstrate excellent classification performance in empirical studies [Rash 2001].

BN-generation algorithms can suffer from over-fitting. To prevent over-fitting, BOPEL incorporates ensemble-learning methods, which reduce model variability via averaging [Fred et al. 2005]. Ensemble learning can stabilize the model-generation process, even when data are undersampled [Fred & Jain 2005], and can improve classification performance [Breiman 1996; Breiman 2001; Freund & Schapire 1996].

#### 3.2 Data preprocessing and feature extraction

Most structural MR studies of AD conversion have been based on regional volumes. We used Freesurfer (an MRI brain image processing software package) [Fischl et al. 2004] to process T1-weighted brain MR images and to compute regional volumes (for each of 70 structures) and intracranial volumes. A brief description of this data-processing pipeline is as follows (see [Dale et al. 1999; Fischl et al. 1999; Fischl et al. 2004] for details): First, each scan was corrected for motion, normalized for intensity, and resampled to  $1 \times 1 \times 1$  mm. Then, extracerebral tissue was removed using a watershed skull-stripping algorithm, and images were segmented to identify dorsal, ventral, and lateral extent of the gray-white matter boundary, to provide a surface representation of cortical white matter. Then we generated a surface tessellation for each white-matter volume, by fitting a deformable template. We generated the gray matter-cerebrospinal fluid surface using a similar process. These surfaces were used to guide registration. After registering each scan to a probabilistic atlas [Fischl et al. 1995]

al. 2004], we obtained automated parcellation of each hemisphere into 35 regions. After parcellation, we computed the volume of each region. This automated procedure for volume calculation has been validated by several different research groups [Desikan et al. 2006; Fischl et al. 2004; Tae et al. 2008]. Finally, we normalized these regional volumes to total intracranial volume, and then normalized each feature to zero mean and unit variance.

To process the MRS image data, we first used the GAVA software application [Soher et al. 2007] to perform baseline correction of the MRS data; GAVA uses a parametric model of known spectral components (metabolites) to fit metabolite resonances. GAVA generated 7 neurochemical baseline features, which are metabolite levels in the posterior cingulate as determined from MRS: Myo-inositol (mI), NAA, Creatine (Cr), Choline (Cho), NAA/Cho, NAA/Cr, and Cho/Cr. We normalized these features to zero mean and unit variance.

#### 3.3 Bayesian outcome prediction with ensemble learning (BOPEL)

BOPEL includes two components: predictive-model generation, and application of this model for prediction. The predictive-model–generation component takes the outcome, MR and MRS variables as input, and constructs a predictive model  $B_{pred}$ . BOPEL's prediction component uses  $B_{pred}$  to infer the state of the outcome variable for a new patient, based on the states of the variables corresponding to the available baseline tests X.

The input to BOPEL's model-generation process consists of a training data set,  $\mathbf{D} = \{X_1, ..., X_p, C\}$ , where *C* is a binary outcome variable that assumes a value in  $\{0, 1\}$ , and  $X_i$  is a baseline feature (continuous or discrete). The output of BOPEL's model-generation process is a predictive model  $B_{pred}$ .

Given a training set **D**, our goal is to automatically construct a predictive BN model  $B_{pred}$ , this process is referred to as BN generation. The most widely used approach to solving this problem is search-and-score based; that is, it defines a fitness metric, or score, which measures the goodness-of-fit of the candidate BN structure to the observed data, and uses a search method to find the BN structure that optimizes this metric. For this purpose, we need a metric to evaluate how well a Bayesian-network structure *G* models data **D**, while penalizing increasing model complexity to avoid over-fitting. The K2 score, as the marginal likelihood  $Pr(\mathbf{D}|G)$ , is among the most widely used BN-scoring functions [Cooper et al. 1992; Herskovits 1991]. It is defined as

$$\Pr(\mathbf{D}|G) = \prod_{i=1}^{n} \prod_{j=1}^{q_i} \frac{(r_i - 1)!}{(N_{ij} + r_i - 1)!} \prod_{k=1}^{r_i} N_{ijk}!, \quad (3)$$

where *G* is the graphical structure of predictive model  $B_{pred}$ ,  $r_i$  is the number of states of the  $t^{\text{th}}$  variable,  $q_i$  is the number of joint states of the parents of the  $t^{\text{th}}$  variable,  $N_{ijk}$  is the number of samples in **D** for which the  $t^{\text{th}}$  variable assumes its  $k^{\text{th}}$  state and its parents assume their  $t^{\text{th}}$  joint state, and  $N_{ij} = \sum_k N_{ijk}$ .

In addition to a scoring metric, BN generation requires a search procedure to generate candidate BN structures. The search for an optimal BN model is NP-hard [Chickering 1996], so we must employ heuristic-search methods to find a solution. Another way to reduce the search space is to restrict the class of BN models under consideration; in BOPEL, we restrict search to naïve Bayes predictive models, because these models retain excellent prediction performance in empirical studies [Rash 2001].

Figure 2 illustrates BOPEL's predictive-model–generation process. First, BOPEL converts any continuous baseline variables into corresponding discrete variables: for each continuous feature  $f_i$ , we apply a binary threshold  $th_i$ . We find the optimal threshold  $th_i^*$  based on the resulting binary variable's K2 score. That is,

$$th_i^* = \arg\max_{th_i} K2(C, f_i(th_i), G), \quad (4)$$

where  $f_i(th_i)$  is the thresholding operator, and  $C \rightarrow f_i$  (i.e., *C* is a parent of  $f_i$ ) in *G*. We use the global line search method (http://solon.cma.univie.ac.at/software/ls/) to search for  $th^*$ .

After discretization, BOPEL performs feature selection; that is, BOPEL identifies a highly predictive subset of variables in **X**. Feature selection often ameliorates the curse of dimensionality, avoids over-fitting, increases classification accuracy, and reduces computation time. BOPEL uses BN-structure generation for feature selection, which has been widely employed for generating BN predictive models [Friedman et al. 1997]. In BOPEL, the feature-selection process finds a subset of features *X*\* such that

$$\mathbf{X}^* = \arg \max_{\mathbf{x} : \mathbf{x} \subset \mathbf{y}} K2(B, \mathbf{D}), \quad (5)$$

where *B* is a Bayesian network in which *C* is a root node; BOPEL employs greedy search to find  $X^*$ . After BOPEL generates the BN structure *G*, the child set of *C* constitutes the selected features. For example, if, after structure generation, we found that *G* contained the edges  $C \rightarrow X_1$ , and  $C \rightarrow X_3$ , then the selected feature set would be  $\{X_1, X_3\}$ .

One problem with this approach is that the feature-selection process may not be stable; that is, it may not return similar results given small perturbations of the input **D**. This instability may be due to the use of heuristic search, or due to small sample size, among other causes. To solve this problem, we employ ensemble learning to stabilize the feature-selection process. In particular, we apply bootstrap resampling to **D**, resulting in a re-sampled data set  $\mathbf{D}^{i}$ . Then, for each  $\mathbf{D}^{i}$ , we generate a BN model  $B^{i}$ , from which we obtain the feature set,  $X^{i}(C)$ , from the children of C in  $B^{i}$ . If we resample the training data n times, we obtain a feature ensemble { $X^{1}(C), ..., X^{n}(C)$ }. In the feature-aggregation step, we calculate the frequency of each feature in this ensemble, andthereby associate each feature in the ensemble with a frequency. We rank { $X_{i}$ } based on these frequencies, and choose the topranked features as the aggregated feature set. The number of highly ranked features to be

included in the model is determined based on internal cross-validation. We denote this ensemble-derived aggregated feature set by  $X_{e}$ .

Given  $X_e$ , we can construct a BN  $B_e$  with  $X_e$  as the children of *C*. We then use maximumlikelihood methods [Thiesson 1995] to estimate the parameters for this model. We can then use  $B_e$  to predict outcomes for new cases. However, there is not an exact correspondence between data likelihood and label-prediction accuracy [Friedman et al. 1997]; that is,  $B_e$ may not achieve high prediction accuracy, even though it consists of the most frequently identified predictive features. To solve this problem, we use boosting, one form of ensemble learning, to generate an ensemble of predictive models. BOPEL employs boosting for BNparameter estimation as follows. We start with a BN model with fixed structure (*child*(*C*) =  $X_e$ ), and training data **D**; our goal is to generate a model ensemble  $\Xi$ . First, we initialize the weight of each instance  $d_i$  in **D** as  $w_i = 1/|\mathbf{D}|$ , and we initialize  $\Xi$  to the empty set. In iteration k, we use the weighted instances to estimate the parameters of the BN, which yields a BN model  $B_k$ ; we then calculate the error,  $\operatorname{err}_k$ , of  $B_k$  as the total sum weight of the instances that  $B_k$  classifies incorrectly. If  $\operatorname{err}_k > 0.5$ , we end the algorithm. Otherwise, let  $\beta_k$  $= \operatorname{err}_k/(1 - \operatorname{err}_k)$ ; we multiply the weights of the correctly classified instances by  $\beta_k$ , rescale  $\{w_i\}$  by  $\sum w_i$ , and add  $B_k$  to  $\Xi$ .

For a new case, BOPEL first preprocesses the data and extracts features, then computes the state of *C* that has the highest weighted vote based on  $\Xi$ , and returns that state of *C* as the predicted outcome.

## 4. Results

During the 5-year follow-up period, 8 of the 26 subjects had progressed to probable AD. Table 1 lists these subjects' baseline demographic characteristics and a subset of the memory scores and measures of functional activities. The mini–mental state examination (MMSE) is a questionnaire test to screen for cognitive impairment; a higher score is better (total possible was 30). The CVTR score (from the California Verbal Learning Test II) measures total recall from 5 learning trials; a higher score is better. The functional activities questionnaire (FAQ) [Pfeffer et al. 1982] measures functional abilities; a lower score is better.

We used the Wilcoxon rank-sum test to detect group differences for continuous variables (age, education, MMSE, CVTR, and FAQ), and the Fisher exact statistic to detect group differences for categorical variables (sex and handedness). We found no significant difference in age, sex, handedness, education, MMSE, CVTR, or FAQ. We included age, sex, handedness, education, and MMSE as potential predictive variables for BOPEL.

We used BOPEL to construct a model for predicting whether or not a subject with MCI would convert to AD within 5-year period, based on structural MR and MRS features at baseline, and the demographical variables age, sex, handedness, education, and MMSE.

We used leave-one-out cross validation (LOOCV) to evaluate BOPEL's prediction accuracy. In LOOCV, we partition the data set **D** into *N*total data sets (*N*total is the total number of

subjects in the study); in each iteration, one subject is left out to test the predictive model, and a model is generated based on the remaining subjects.

In this manner, we generated 26 training data sets, and 26 predictive models. We found that the selected features  $X_e$  were stable across different predictive models. In particular, of the 26 predictive models that BOPEL generated during cross validation, 9 (35%) contained the same feature set, consisting of volumes of the left hippocampus (LH), the banks (i.e., adjacent cortical areas) of the right superior temporal sulcus (RSTSBank), the right entorhinal (REnt) cortex, the left lingual gyrus (LLing), and of the left rostral middle frontal gyrus (LRMF). Figure 3 shows the structure of the corresponding BN. Let M\* denote this five-variable set. Other models differed only slightly from M\* (i.e., by the inclusion or exclusion of no more than 2 variables). This high concordance was probably due to our use of ensemble learning to stabilize the model-generation process.

To estimate the consistency of feature selection, we defined edge frequency as

$$f(E) = \frac{1}{N_{total}} \sum_{i}^{I} I_{\left[E \in child^{i}(C)\right]},$$

where  $I_{[condition]}$  is a function that returns the value 1 if a condition is true, otherwise, it returns the value 0, and *child*<sup>*i*</sup>(*C*) is the child set of *C* in the *t*<sup>th</sup> model. The 26 models that BOPEL generated in the course of LOOCV contained a total of 13 different features. Of these features, 5 had frequency greater than 0.5 (that is, they were included in the majority of models): LH (frequency = 1.0), RSTSBank (frequency = 0.65), REnt (frequency = 0.80), LLing (frequency = 0.88), and LRMF (frequency = 0.58). We consider these features to be stable; that is, they were frequently detected across a series of perturbations of the data. These features exactly correspond to the features of M\*. Table 2 lists baseline volumes for these five structures, for the converter and non-converter groups.

We defined predictive accuracy (acc) as

$$acc = \frac{N_{corr}}{N_{total}},$$

where  $N_{\text{corr}}$  is the number of correctly labeled subjects, and we defined the error rate (*err*) as 1 - acc. Sensitivity is the proportion of subjects who progress to AD and are labeled as converters by BOPEL. Specificity is the proportion of subjects who do not progress to AD and are labeled as non-converters by BOPEL. Positive predictive value (PPV) is the proportion of subjects with positive test results (labeled as converters) who are correctly labeled. Negative predictive value (NPV) is the proportion of subjects with negative test results (labeled as non-converters) who are correctly labeled. As estimated by LOOCV, BOPEL's accuracy was 0.81, sensitivity was 0.63, and specificity was 0.89, positive predictive value was 0.71, and negative predictive value was 0.84.

To validate the model generated by BOPEL, we used an independent data set constructed from the Alzheimer Disease Neuroimaging Initiative (ADNI) database [Jack et al. 2008a]

(http://www.loni.ucla.edu/ADNI). In the ADNI database (version 2010-11-20), there were 397 subjects with MCI at baseline. We found that the age distribution of the ADNI database was quite different from that of the PCD data set. Since age is an important factor in AD pathology, we selected subjects in the ADNI database that were age-matched to subjects in the PCD study. The gender distributions of the ADNI database and the PCD study were also different. To correct for bias introduced by gender-distribution differences, we selected subjects in the ADNI database that were sex-matched to subjects in the PCD study. That is, the PCD data set and the ADNI validation data set were age-, and sex-matched. A general practice in the machine-learning community is to ensure that the class distributions of the training data set and the validation data set are comparable. For our purposes, the proportions of converters in the PCD data set and the ADNI validation data set; Table 3 lists demographic information for these subjects.

Baseline T1-weighted MR examinations for these subjects were acquired according to the ADNI acquisition protocol [Jack et al. 2008a], and regional brain volumes were calculated by the ADNI investigators using FreeSurfer. We normalized these regional volumes to total intracranial volume, and then normalized each feature to zero mean and unit variance. The ADNI MR-acquisition protocol does not include MRS data. However, since the final diagnostic model based on the PCD data set only used features from structural MRI; the lack of MRS data in the ADNI validation data set had no effect on our validation.

Applying the predictive model built based on the PCD data set (which did not incorporate any information from the ADNI validation data set), and classifying subjects in the ADNI validation data set (converter or non-converter), we found that BOPEL's prediction accuracy was 0.75, sensitivity was 0.56, specificity was 0.87, positive predictive value was 0.71 and negative predictive value was 0.76. Given complete independence of the data we used to build our predictive model and the test (ADNI) data, this experiment indicates that BOPEL's model accurately predicts MCI-AD conversion.

## 5. Conclusion and Discussion

We found that BOPEL uses baseline structural-MR data to predict MCI to AD conversion with high accuracy. Of note, prediction accuracy was almost as high for independently acquired ADNI subjects.

BOPEL, a Bayesian approach to outcome prediction, has the following advantages over other approaches. First, it is accurate: BOPEL uses a BN representation with boosting to increase model-representation capacity, and incorporates resampling-based feature selection to prevent over-fitting. Second, the generated predictive model is stable even when data are undersampled, which is commonly the case in outcome-prediction studies: as demonstrated by the high concordance rate for  $X_e$ , ensemble learning increases the likelihood that the generated predictive model will be stable. Third, the models generated by BOPEL are declarative in nature, and can be easily understood. Other approaches, such as logistic regression, also have this advantage, however support vector machines and RBF networks do not.

In our analysis of data from the PCD study to predict AD conversion, we found that five features were predictive of AD conversion. These features were volumes of the left hippocampus (frequency = 1.0), the banks of the right superior temporal sulcus (frequency = 0.65), the right entorhinal cortex (frequency = 0.80), the left lingual gyrus (frequency = 0.88), and the left rostral middle frontal gyrus (frequency = 0.58).

We found that volumes of the left hippocampus and of right entorhinal cortex are predictive of conversion from MCI to AD. Hippocampus and entorhinal cortex are among the biomarkers most consistently found to predict AD conversion [Devanand et al. 2007; Jack et al. 1999]. Devanand et al. [Devanand et al. 2007] evaluated the utility of MR hippocampal and entorhinal cortex atrophy in predicting AD conversion. They used logistic regression to build the predictive model, and found that hippocampal and entorhinal cortical atrophy contributes to the prediction of conversion to AD.

We also found that the volume of the banks of the right superior temporal sulcus was a predictor of AD conversion. Killiany et al. conducted discriminant function analysis, including a total of 14 variables: each of the 11 regions-of-interest, and age, sex, and intracranial volume for each subject. They reported that the volume of the banks of the right superior temporal sulcus contributed significantly to the discrimination of patients with MCI who ultimately developed AD within 3 years, from those who did not [Killiany et al. 2000]. The superior temporal sulcus region has been thought to play a role in memory, or in controlling or regulating attention necessary for memory [Salzmann 1995].

In this study, we identified the lower baseline volumes of the left lingual gyrus was predictive of AD conversion. Chetelat et al. analyzed MR images of 18 amnestic MCI individuals (7 converters) using voxel-based morphometry, and reported that the lingual gyri had lower baseline gray matter value in converters [Chetelat et al. 2005b]. Their finding is consistent with our finding. We found that lower baseline volume of the left rostral middle frontal gyrus was predictive of AD conversion. This biomarker for AD conversion is also reported in [Whitwell et al. 2008]. Whitewell et al. used voxel-based morphometry to assess patterns of gray matter atrophy in the MCI converter and MCI non-converter groups. They found that MCI converters show greater loss in the left rostral middle frontal gyrus.

We found hemispheric (left-right) differences in the five brain regions that are predictive of AD conversion: three of these regions are in the left cerebral hemisphere, and two are in the right hemisphere. Of existing studies that use regional volumes to predict AD conversion, some [Devanand et al. 2007; Dickerson et al. 2001; Killiany et al. 2000] have combined the volumes of left- and right-sided structures. However, Chételat et al. [Chetelat et al. 2005b] used voxel-based morphometry to map structural changes associated with conversion from MCI to AD and reported "essentially symmetrically distributed" GM loss in converters (Figure 5 in [Chetelat et al. 2005b]). Their findings suggest that there are no left-right differences in regions characterizing AD conversion. The discrepancy between Chetelat's and our results can be explained as follows. First, our study was atlas-based, whereas Chételat's study was voxel-based; therefore, the feature types in our and Chételat's studies are not directly comparable. Second, Chételat et al. did not build a predictive model; their goal was to find regions demonstrating significantly greater GM loss in converters relative to

non-converters. It is possible that features manifesting group differences were not included in our predictive model. For example, in our study, baseline MMSE demonstrates some degree of group difference (p-value=0.11). However, baseline MMSE was not included in the predictive model because this feature provided no additional predictive power given the five features included in the model. Third, there are some differences between the study population in Chételat's study and that of the PCD study. One significant difference is education. Subjects in the PCD study were more educated (mean education is more than 16 years), relative to subjects in Chételat's study (mean education is 10 years).

We included MRS features into the PCD study because several studies had demonstrated that MRS features differentiate normal elderly subjects, patients with AD, and patients with MCI [Chantal et al. 2004; Kantarci et al. 2000; Schuff et al. 2002]. We found that the final predictive model generated by BOPEL did not include MRS features. This result suggests that, given structural MR features, the additional predictive value of MRS features to predict AD conversion is not significant. However, we should be cautious accepting this finding because of small sample size.

In this study, we used the ADNI validation data set (a subset of the ADNI database) to validate the generated predictive model. Predicting AD conversion based on the ADNI study is a very challenging problem. In a recent study of predicting AD conversion based on ADNI, Cuingnet et al. [Cuingnet et al. 2010] used a SVM-based predictive model which used regional cortical-thickness as predictor variables. For evaluation, they randomly split the set of participants into two groups of the same size: a training set and a testing set. They reported sensitivity = 0.27 and specificity = 0.85. We obtained sensitivity = 0.56, and specificity = 0.87 for a subset of ADNI subjects. Relative to Cuingnet's model, our model had much better sensitivity with similar specificity. However, we should be cautious regarding this finding since we only used a subset of ADNI subjects.

In this study, we used cross-validation and an independent validation data set to estimate model accuracy. However, most of the studies in [Devanand et al. 2007; Dickerson et al. 2001; Killiany et al. 2000; Korf et al. 2004; Modrego 2006] reported discrimination accuracy only. That is, most researchers computed prediction accuracy by applying the predictive model to the training data that generated the model. For instance, Dickerson et al. [Dickerson et al. 2001] built a predictive model with sensitivity = 0.83 and specificity = 0.72, based on entorhinal cortex as the neuroanatomic marker, and logistic regression as the classification approach. However, these sensitivity and specificity measures were obtained by applying the logistic regression to the *same* training data set. Relative to the accuracy estimated by cross-validation or an independent validation data set, discrimination accuracy yields an optimistic estimate of model generalizability and performance [Chen et al. 2010]. This is well recognized in the machine learning community [Duda et al. 2001].

This study focuses on predicting conversion from MCI to AD based on neuroanatomic and neurochemical features. This predictive model can provide valuable information regarding the mechanisms of AD physiopathology. However, our results do not imply that only neuroanatomic and/or neurochemical features can predict AD conversion. Other imaging-derived or non-imaging features may also be predictive of AD conversion. Predictors of

conversion from MCI to AD include neuropsychological predictors, neuroradiological markers, AOPE genotype, depression, and blood and CSF biomarkers. For neuroradiological markers, Small et al. reported features derived from Positron Emission Tomography (PET) images obtained with 2-deoxy-2-[F-18]fluoro-D-glucose (after injection of FDDNP) can differentiate subjects with MCI from these with AD and normal controls [Small et al. 2006]. Jack et al. [Jack et al. 2008b] found that Pittsburgh Compound B (PiB) and MRI provided complementary information to discriminate between cognitively normal, amnestic MCI, and AD subjects; furthermore, diagnostic classification using both PiB and MR was superior to using either modality in isolation. With respect to neuropsychological predictors, Dierckx et al. [Dierckx et al. 2009] reported a score of 0 or 1 out of 6 on the Memory Impairment Screen plus as a good indicator of progression to AD among MCI patients. For blood and CSF biomarkers, many studies have focused on the discriminative power of  $\beta$ -amyloid and tau proteins to predict AD conversion. For example, Mitchell [Mitchell 2009] performed a meta-analysis including six studies with MCI subjects, and found that P-tau was modestly successful in predicting progression to dementia in MCI.

Overall, different predictors provide complementary information, and combining them can improve sensitivity and specificity. We plan to include these features in a BOPEL analysis and build more accurate model of AD conversion.

BOPEL is based on the discrete, rather than continuous, Bayesian-network representation. We adopted a Bayesian network classifier based on discrete variables, because it has been found to achieve high classification accuracy, it can represent nonlinear multivariate associations among variables, and it readily supports embedded feature selection. However, using discrete Bayesian networks in BOPEL required that we threshold all continuous variables, possibly leading to loss of information. Given that BOPEL accurately predicted AD conversion in individuals with MCI for the PCD data set, and for an independent data set constructed from the ADNI database, it is likely that thresholding did not cause severe loss of information in this study. In future work, we plan to implement methods for analyzing these data that do not involve discretization, to determine the effects of discretization on our results.

The automated procedure for volume calculation provided by FreeSurfer has been validated by several groups of investigators. Desikan et al. [Desikan et al. 2006] assessed the validity of this automated volume calculation system by comparing the regions-of-interest (ROIs) generated by FreeSurfer to those generated by manual tracing. They used intraclass correlation coefficients to measure the degree of mismatch between FreeSurfer and manual tracing. They found that the automated ROIs were very similar to the manually generated ROIs, with an average intraclass correlation coefficient of 0.835. Similarly, Tae et al. [Tae et al. 2008] reported that FreeSurfer's automated hippocampal volumetric methods showed good agreement with manual hippocampal volumetry, with intraclass correlation coefficients of 0.846 (right) and 0.848 (left). This automated procedure for volume calculation was also used in the ADNI study.

In this paper, we restricted the Bayesian-network classifier architecture to the naïve Bayes class. There exist other types of Bayesian-network classifiers, such as unrestricted Bayesian-

network classifiers [Friedman et al. 1997] and Bayesian-network classifier with inverse-tree structure [Chen et al. 2005]. In the future, we will examine whether the performance of BOPEL can be improved by using other types of Bayesian-network classifiers.

We also plan to extend our current work to evaluate BOPEL on data sets with large sample sizes, and on other biomedical data sets. There are a few relatively large-scale studies, such as the ADNI study [Jack et al. 2008a], in which 400 subjects who have MCI were recruited. Analyzing these data will allow us to quantify the effects of sample size on BOPEL's prediction accuracy.

In these experiments we focused on outcome prediction for a single categorical outcome variable. Many other studies to predict who will develop AD in patients with MCI [Davatzikos et al. 2010; Devanand et al. 2007; Jack et al. 1999; Killiany et al. 2000; Korf et al. 2004; Modrego 2006] followed a similar overall approach. Other researchers have focused on a continuous outcome variable, such as predicting the time taken for MCI conversion to AD; this problem is usually modeled using regression. An interesting direction for our future work is to combine the ensemble learning used in BOPEL with regression analysis, which could provide an estimate of number of years till conversion.

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## Appendix

Brain structures included in the analysis:

For the PCD dataset, the summary statistics and discretization threshold of 70 brain structures are listed in Table 4. For each structure, we calculate the mean and standard deviation of structure volume (adjusted by intracranial volumes). Then we normalize it to zero-mean and unit variance. After that, we discretize the normalized variable using the discretization threshold.

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#### Figure 1.

Baseline T1-weighted MR images. A) is a 77.4 year old female MCI subject who remained stable within 5 years; B) is a 76.5 year old female MCI subject who converted to AD after 2.4 years.





An overview of the BOPEL algorithm.



#### Figure 3.

The structure of the Bayesian network  $M^*$  generated by BOPEL. In this Bayesian network, *C* represents whether or not a subject with MCI will progress to AD. LH = left hippocampus, RSTSBank = the banks (i.e., adjacent cortical areas) of the right superior temporal sulcus, REnt = right entorhinal cortex, LLing = left lingual gyrus, LRMF= left rostral middle frontal gyrus.

## Baseline demographic variables.

	Non-converters (n = 18)	Converters (n = 8)	p-value
Age, years (mean, SD)	75.1 (SD 7.9)	76.3 (SD 7.7)	0.57
Sex (female:male)	4:14	2:6	1.0
Handedness (right:left)	16:2	8:0	1.0
Education, years (mean, SD)	16.2 (SD 2.9)	17.3 (SD 3.0)	0.59
MMSE (mean, SD)	27.7 (SD 1.4)	26.8 (SD 2.7)	0.11
CVTR	37.7 (SD 16.6)	30 (SD 8.7)	0.13
FAQ	4.9 (SD 6.6)	5.4 (SD 7.4)	0.89

Mean regional volumes that were predictive of AD conversion; standard deviations are in parentheses. We first adjusted these regional volumes to total intracranial volume, and then normalized them to zero mean and unit variance.

	Non-converters (n = 18)	Converters (n = 8)	Discretization cutoff	P-value
The left hippocampus	0.29 (0.99)	-0.65 (0.69)	0.178	0.012
The right superior temporal sulcus bank	0.34 (0.96)	-0.77 (0.61)	-0.771	0.002
The right entorhinal cortex	0.42 (0.86)	-0.95 (0.55)	0.605	< 0.001
The left lingual gyrus	0.41 (0.83)	-0.93 (0.69)	-0.104	0.001
The left rostral middle frontal gyrus	0.38 (0.88)	-0.85 (0.71)	-0.660	0.002

Mean demographic variables for ADNI validation data set; standard deviations are in parentheses.

	Non-converters (n = 30)	Converters (n = 18)	p-value
Age (mean, SD)	75.1 (6.0)	74.2 (3.5)	0.53
Sex (female:male)	6:24	4:14	1.0
Education (mean, SD)	15.6 (2.6)	15.3 (2.9)	0.73
MMSE (mean, SD)	28.0 (1.3)	26.1 (2.5)	0.009

#### Neuroanatomic features used in the PCD study.

Name	Mean volume (SD)	threshold	Name	Mean volume (SD)	threshold
Left hippocampus	219(36)	0.18	Right parsOpercularis	212(36)	0.13
Right Hippocampus	221(37)	-0.73	Left parsOrbitalis	109(14)	0.08
Left Bankssts	153(28)	-0.36	Right parsOrbitalis	153(26)	0.17
Right Bankssts	144(25)	-0.77	Left parsTriangularis	175(29)	-0.36
Left CaudalAnteriorCingulate	115(26)	-0.18	Right parsTriangularis	214(28)	-0.38
Right CaudalAnteriorCingulate	126(22)	-0.20	Left pericalcarine	103(15)	0.19
Left CaudalMiddleFrontal	361(69)	0.00	Right pericalcarine	120(21)	-0.03
Right CaudalMiddleFrontal	335(51)	-0.13	Left postcentral	560(74)	-0.16
Left Cuneus	158(26)	-0.06	Right postcentral	517(78)	-0.52
Right Cuneus	169(34)	-0.19	Left posteriorCingulate	199(37)	0.00
Left Entorhinal	105(37)	-0.79	Right posteriorCingulate	192(25)	-0.87
Right Entorhinal	98(30)	-0.60	Left precentral	703(100)	0.13
Left Fusiform	516(82)	-0.53	Right precentral	728(111)	-0.44
Right Fusiform	522(69)	0.09	Left precuneus	516(72)	-0.57
Left inferiorParietal	675(121)	-0.58	Right precuneus	535(98)	-0.77
Right inferiorParietal	837(142)	-0.87	Left rostral AnteriorCingulate	140(36)	-0.61
Left inferiorTemporal	612(75)	-0.7022	Right rostralAnteriorCingulate	107(19)	-0.50
Right inferiorTemporal	592(87)	0	Left rostralMiddleFrontal	858(121)	-0.66
Left isthmusCingulate	143(28)	0.078	Right rostralMiddleFrontal	883(115)	-0.57
Right isthmusCingulate	124(26)	-0.80	Left superiorFrontal	1294(179)	-0.33
Left lateralOccipital	758(111)	-0.02	Right superiorFrontal	1260(172)	0.00
Right lateralOccipital	719(104)	-0.09	Left superiorParietal	752(109)	-0.03
Left lateralOrbitofrontal	424(49)	-0.63	Right superiorParietal	747(99)	0.06
Right lateralOrbitofrontal	425(53)	-0.68	Left superiorTemporal	646(102)	-0.42
Left lingual	359(64)	-0.10	Right superiorTemporal	612(75)	0.21
Right lingual	358(57)	0.24	Left supramarginal	614(92)	-0.69
Left medialOrbitofrontal	250(46)	0.14	Right supramarginal	584(90)	-0.24
Right medial Orbitofrontal	273(33)	-0.46	Left frontalPole	37(9)	0.05
Left middleTemporal	594(105)	0.25	Right frontalPole	50(12)	-0.25
Right middleTemporal	663(101)	-0.88	Left temporalPole	107(26)	0.079
Left parahippocampal	128(27)	-0.72	Right temporalPole	115(23)	-0.38
Right parahippocampal	115(21)	-0.50	Left transverseTemporal	65(11)	-0.26
Left paracentral	200(37)	-0.29	Right transverseTemporal	49(8)	-0.17
Right paracentral	217(36)	-0.15	Left insula	371(43)	-0.75
Left parsOpercularis	276(64)	0.11	Right Insula	376(38)	-0.95