

A Critical Analysis of Experimental Animal Models of Sinusoidal Obstruction Syndrome



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Given the high mortality rate and clinical impact associated with sinusoidal obstruction syndrome (SOS), many studies have attempted to better characterize the disease and potential treatment strategies. However, the unpredictability of SOS onset represents a major obstacle when developing reproducible and controlled clinical trials in humans. Similarly, although *in vitro* studies have elucidated many of the molecular and cellular mechanisms of SOS, they often lack clinical relevance and translatability, highlighting the importance of experimental *in vivo* research. Animal models have greatly varied in the approach used to induce SOS in accordance with the numerous causes of human disease. Thus far, the most common and prevalent model is the monocrotaline-induced model in rats, which has served as the basis for both new diagnostic and treatment studies and has been revised over the last 20 years to optimize its use. Furthermore, radiotherapy, oxaliplatin-based chemotherapy, and even hematopoietic stem cell transplantation have been recently used to better replicate human SOS in animals. Nevertheless, because of the novelty of such research, further studies should be conducted to better understand the reproducibility and applicability of these newer models. Thus, this review seeks to summarize the methods and results of experimental *in vivo* models of SOS and compare the efficacy of these various adaptations. (J CLIN EXP HEPATOL 2019;9:345–353)

Sinusoidal obstruction syndrome (SOS) is a common, drug-induced form of liver injury related to chemotherapy regimens used in pre-hematopoietic stem cell transplantation (HSCT) conditioning as well as in treatment for colorectal liver metastases (CRLM).¹ Clinically, the disease is referred to as “blue liver disease” and can be especially dangerous in cases of CRLM because it impairs liver resectability by decreasing the regenerative capacity and functional reserve of the liver.² When untreated, SOS has been associated with a mortality rate that can exceed 80% in situations of multiorgan failure.^{3–5} Even in nonfatal cases, patients can suffer from a wide array of symptoms including jaundice, tender hepatomegaly, ascites, and weight gain.^{3,6} SOS is primarily a circulatory

disease characterized by severe damage to the liver sinusoids. Loss of sinusoidal wall integrity caused by gaps among sinusoidal endothelial cells (SECs) allows red blood cells, leucocytes, and cellular debris to enter and embolize downstream.^{2,7}

Although SOS was first identified in livestock after ingestion of pyrrolizidine alkaloids (PAs), such as monocrotaline (MCT), causes of modern, human SOS can generally be divided into three categories: 1) acute high-dose chemotherapy, 2) chronic ingestion of PAs, and 3) side effects of radiation therapy.^{1,8} These three causes result in versions of SOS that may differ clinically and histologically, such as in time course of development, which can vary from 25 days to 1–2 months, and in the presence or absence of coagulative necrosis.⁸ However, all versions exhibit the characteristic sinusoidal changes, occasionally with centrilobular hemorrhaging and occlusion of the central vein, that are unique to SOS due to SEC injury, compared with other forms of liver damage.

In vivo animal research has offered a novel way to experimentally uncover the impact of SOS with randomized, reproducible, and controlled experiments that also have clinical relevance. Animal-based studies have investigated the effects of SOS on hepatic regeneration,⁹ the role of specific protein markers in SOS development,¹⁰ and certain metabolic changes that can assist in SOS diagnosis.¹¹ These models have also been used to test a variety of

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Abbreviations: BM SPC: Bone Marrow Endothelial Progenitor Cell; CRLM: Colorectal Liver Metastases; CV: Central Vein; HSCT: Hematopoietic Stem Cell Transplantation; HVOD: Hepatic Veno-Occlusive Disease; MCT: Monocrotaline; MMP-9: Matrix Metalloproteinase-9; NO: Nitric Oxide; PA: Pyrrolizidine Alkaloid; RILD: Radiation-Induced Liver Disease; SEC: Sinusoidal Endothelial Cell; SOS: Sinusoidal Obstruction Syndrome

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preventative and therapeutic treatments with varying results.^{12–15} Nevertheless, as new research has been published, scientists have attempted to replicate both pathological and pathophysiological appearance of human SOS by adapting key features of their models, such as the type of animal studied or method of SOS induction used, as well as finer details, such as the dosage of toxin or timeline of application. However, this variability between the studies inhibits our ability to simply group them into a single category. Instead, to truly understand the progress achieved by animal models of SOS, we must analyze their results through the lens of their differences.

As such, animal-based *in vivo* studies have made significant contributions toward understanding and treating SOS. These studies also benefit from high levels of reproducibility and efficacy that are lacking in human research of SOS because of its reliance on patient reports and case studies. Still, not all aspects of these models are ubiquitous across all studies, and understanding the advantages (and disadvantages) of these adaptations will allow us to improve our analysis and application of animal models as a whole. In light of this situation, this article seeks to do the following:

1. Review the use of animal models in the context of SOS, focusing primarily on the MCT-induced rat model.
2. Compare the methodologies used in different studies and explain how these methods may relate to their respective aims and results.
3. Comment on the study of SOS using animal models induced by other, non-MCT methods.

Relevant studies to this review were selected from the following databases: PubMed, Science Direct, Wiley Online Library, SpringerLink, and MEDLINE. Searches were conducted using these keywords: “sinusoidal obstruction syndrome”; “hepatic veno-occlusive disease”; “experimental model”; “animal”; “*in vivo*”; “rats”; “mice”; “pigs”; “monocrotaline”; “pyrrolizidine alkaloid”; “hematopoietic stem cell transplantation”; “radiation-induced liver disease”; “*Gynura segetum*”; “FOLFOX”; and “oxaliplatin”. Exclusion criteria included 1) studies that were not published in full or not in English and 2) studies that did not explicitly induce or study SOS or hepatic veno-occlusive disease (HVOD) in animals. For example, a study that administered MCT to animals for the sole reason of testing MCT toxicity would not have been included, even if the animals developed SOS-like characteristics, because it would not be a controlled model of SOS.

MCT-INDUCED MODEL OF SOS

Early Models of SOS

Although different animal-based models have been proposed and tested to study SOS, the most common and

notable one of the last 20 years has been the MCT-induced model of SOS, specifically in rats. MCT is part of the toxic group of PAs, which are found in many species of *Crotalaria* plants. The use of PAs in experimental models of SOS, formerly known as “hepatic veno-occlusive disease”, can actually be traced as far back as the 1950s and 1960s when preliminary research was conducted to understand both the pathology of the disease as well as the toxic effects of PAs. These models originated due to findings of sinusoidal lesions that developed (in both humans and animals) in the West Indies, Jamaica, and Barbados, where prevalence of PA-containing plants was high.^{16–19} Studies by Mclean et al and Hill et al originally experimented with oral and intraperitoneal application, respectively, of MCT in rats.^{18,19} Hoping to reproduce human disease in lower primates, Allen et al induced HVOD in *Macaca speciosa* monkeys, whereas Bras et al studied the disease in cattle because of the prevalence of PA ingestion in livestock.^{16,17} However, these studies struggled with predicting and controlling the fraction of animals that would develop HVOD as well as the time course of the disease.⁸ Toward the later 1900s, further attempts were conducted to revise these models and even included new animals, but still to no avail.^{20–22}

Standardization of the MCT-induced Model of SOS in Rats

Nevertheless, in 1999, DeLeve et al were able to standardize a MCT-induced model of SOS for experimental use in rats, which would go on to serve as the basis for most, if not all, future MCT-induced models of SOS.⁸ To track disease progression, the authors induced SOS in rats with 160 mg/kg doses of MCT. The primary outcomes that were measured and corresponding methodologies used can be found in Table 1. MCT was identified to induce similar histological changes (SOS) in rats as humans, reflecting its ability to accurately represent the disease.

DeLeve et al also developed a scoring system to classify the staging and severity of SOS over a 10-day course⁸ (Figure 1). Stages were separated into “early” (characterized by coagulative necrosis) and “late” (when fibrosis develops), and severity was determined from the summed scores of different histological outcomes including endothelial damage, hemorrhaging, and necrosis (for early HVOD) or fibrosis (for late HVOD) (Table 1). Of note, days 8–10 are unique because the disease progressed to severe, late HVOD in some animals, whereas others experienced almost a full recovery (Figure 1). Interestingly though, this is quite similar to the disease progression in humans as studies have shown that patients with SOS may spontaneously recover during later stages of the disease.⁴

In addition to histological changes, DeLeve et al identified morphological changes in the sinusoidal lining caused by SOS. Their results showed sinusoidal

Table 1 Methods Used to Measure SOS Characteristics by DeLeve et al (1999).⁸

Outcome	Histology	Morphology	Inflammation	Biochemical parameters	Physical parameters
Method	Light microscopy	Electron microscopy	Immunohistochemistry	Blood sampling	Various
Specific measures	<ul style="list-style-type: none"> • CV endothelial damage • Coagulative necrosis of hepatocytes • CV subendothelial hemorrhage • Sinusoidal hemorrhage • CV subendothelial fibrosis • CV adventitial fibrosis • CV inflammation • Lobular inflammation 	<ul style="list-style-type: none"> • Injury to SECs • Rupture of sinusoidal wall • Accumulation of blood in space of Disse • Hepatocyte necrosis 	<ul style="list-style-type: none"> • Kupffer cells • Circulating monocytes • Circulating ED-1 and ED-2 	<ul style="list-style-type: none"> • Hematocrit • White cell count • Bilirubin (total and direct) 	<ul style="list-style-type: none"> • Weight gain • Ascites • Hepatomegaly

CV, central vein; SECs, sinusoidal endothelial cells; SOS, sinusoidal obstruction syndrome.

wall destruction and increased lobular inflammatory infiltrate localized in the centrilobular region and central vein (CV), both of which peaked during severe, early HVOD (days 3–5). The rats also exhibited a sharp increase in body weight, accumulation of ascites, and hepatomegaly. Beyond day 5, bilirubin levels exceeded 2 mg/dl, and hematocrit levels significantly decreased.⁸ These findings correlate with the Seattle and Baltimore criteria for diagnosis of human SOS, which include weight gain, ascites, hepatomegaly, and hyperbilirubinemia,⁵ indicating that this model replicates both the morphological changes and clinical symptoms of SOS.

Use of the MCT-induced Model to Understand and Treat SOS

Since its publication in 1999, the study by DeLeve et al has served as the basis for most future animal research on SOS and its treatment strategies. Tables 2–4 break down studies that used the MCT model of SOS by primary overall goal of disease characterization (pathophysiology or diagnostics), prevention, or treatment.

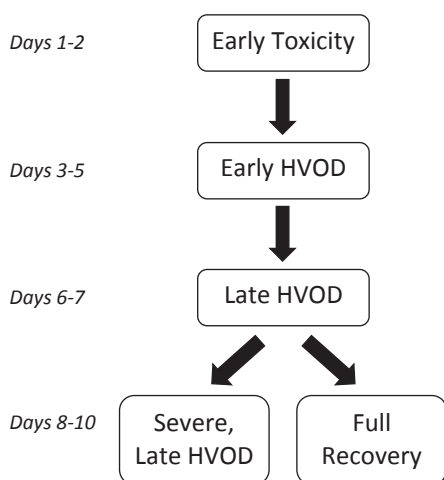


Figure 1 Timeline of hepatic veno-occlusive disease in rats after MCT treatment in the study by DeLeve et al (1999)⁸. HVOD, hepatic veno-occlusive disease; MCT, monocrotaline.

Characterization of SOS Using Animal Models

Studies focused on understanding SOS progression, effects, and diagnosis are described in Table 2. The three most notable are those published by DeLeve et al in 2003, continuing their work on the original MCT model. In one study, on microcirculatory obstruction in the liver, they observed swollen SECs as early as 12 h after MCT treatment. This created gaps allowing red blood cells to enter the space of Disse and deteriorate the sinusoidal lining, all of which embolized and reduced sinusoidal blood flow.²⁴ Embolization in the space of Disse was further confirmed in a recent study by Hirata et al (2017)²⁵ (Table 2). In the two other studies, DeLeve et al found that the loss of sinusoidal integrity is directly related to an increase in matrix metalloproteinase-9 (MMP-9) activity, which is reinforced by a decrease in nitric oxide (NO) production.^{10,23} In the liver, NO is usually produced by SECs and Kupffer cells, both of which are adversely affected by MCT treatment. Based on these results, the authors proposed a hypothesis for the onset of MCT-induced SOS starting with metabolic activation of MCT to MCT pyrrole, which binds to actin in the SECs, resulting in the disassembly of F-actin and increased MMP activity. Depolymerization of F-actin leads to rounding up of SECs, while increased MMP activity breaks down the extracellular matrix in the space of Disse, all of which results in red blood cells penetrating the endothelium and embolizing downstream.¹⁰

Experimental Treatment Strategies for SOS

The three studies by DeLeve et al discussed in the previous section are especially important because they serve as the theoretical motivation for many of the treatment strategies against SOS. As seen in Table 3, although many of the specific prophylactic treatments of SOS have differed, most of them share an underlying function of either inhibiting MMP-9 or preventing coagulation in the microvasculature, two of the preliminary changes involved in SOS onset as found by DeLeve et al.^{10,23,24} In fact, failing to target these mechanisms actually resulted in incomplete

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Table 2 Studies on the Characterization of SOS Using the MCT-induced Model in Rats (Unless Otherwise Stated).

Category	Primary author	Year	MCT dosage (mg/kg)	Summary of key result(s)
Mechanism	DeLeve, L. ²³	2003	160	Decrease in hepatic nitric oxide promotes the onset of SOS by allowing an increase in MMP activity.
	DeLeve, L. ²⁴	2003	160	Microcirculatory obstruction is initiated by embolization of red blood cells, sinusoidal lining cells, and adherent monocytes after swelling of SECs.
	DeLeve, L. ¹⁰	2003	160	Early increase in MMP-9 activity results in primary morphological changes caused by SOS. Increased MMP-9 activity is likely due to F-actin depolymerization in SECs caused by MCT.
	Hirata, M. ²⁵	2017	90	MCT-treated rats were positive for CD41 and P-selectin, markers of platelet aggregation, suggesting that extravasated platelet aggregation in the space of Disse is associated with SOS onset.
Outcomes	Schiffer, E. ⁹	2009	160	SOS impairs hepatic regeneration after 70% hepatectomy resulting in hepatocellular injury.
	Jafari, A. ²⁶	2017	90	SOS resulted in 25% increase in mortality after 70% hepatectomy.
Diagnosis	Conotte, R. ¹¹	2014	100	Identified metabolic changes unique to SOS to aid in disease diagnosis.
	Park, S. ^{27,a}	2017	90	Liver shear-wave velocity measured by acoustic radiation force impulse elastography increases in proportion to degree of SOS injury and can be used in potential diagnosis and severity assessments.

MCT, monocrotaline; MMP, matrix metalloproteinase; SECs, sinusoidal endothelial cells; SOS, sinusoidal obstruction syndrome.

^aStudied both MCT-induced and FOLFOX-induced SOS (See Table 5).

prevention of SOS. For example, studies by Ezzat et al (2012)³⁰ and DeLeve et al (2003)¹⁰ were both able to prevent the histological changes associated with SOS due to MMP-9 inhibition. However, Narita et al (2009) were unable to completely prevent SOS onset because *Dai-kenchu-*

to, the Japanese herbal medicine they studied, lacked a protective effect on hepatic SECs from the rounding-up effects of MMPs.¹⁴

From a therapeutic or curative standpoint, many of the strategies seen in Table 4 are similar to the preventative

Table 3 Studies on the Prevention of SOS Using the MCT-induced Model in Rats (Unless Otherwise Stated).

Therapy type	Primary author	Year	Specific treatment	MCT dosage (mg/kg)	Proposed mechanism
Antibiotics	DeLeve, L. ¹⁰	2003	Doxycycline	160	MMP-9 inhibition
Anticoagulants	Ikezoe, T. ^{29,a}	2017	Fifth epidermal growth factor-like domain of thrombomodulin	200	Anticoagulation
	Nakamura, K. ¹³	2014	Soluble thrombomodulin	90	Anticoagulation
Antioxidants	Ezzat, T. ³⁰	2012	Flavonoid monoHER	160	MMP-9 inhibition reinforcement of microvasculature
	Periasamy, S. ³¹	2013	Sesame oil	90	MMP-9 inhibition
	Wang, X. ³²	2000	Glutathione	160	Detoxification
Herbal medicine	Narita, M. ¹⁴	2009	Dai-kenchu-to—processed ginger	90	Prevents neutrophil accumulation and hepatocyte coagulative necrosis
Chymase inhibitor	Masubuchi, S. ^{33,b}	2013	Chymase inhibitor TY-51469	120	MMP-9 inhibition
Kinase inhibitors	Nakamura, K. ³⁴	2012	Sorafenib	90	MMP-9 inhibition
	Okuno, M. ³⁵	2015	Regorafenib	90	MMP-9 inhibition
Phosphodiesterase-III inhibitor	Miyata, T. ³⁶	2017	Cilostazol	90	Antiplatelet aggregation/ anticoagulation SEC protection
	Narita, M. ³⁷	2009	Olprinone	90	SEC protection

MCT, monocrotaline; MMP-9, matrix metalloproteinase-9; monoHER, 7-mono-O-(β -hydroxyethyl)-rutoside; SECs, sinusoidal endothelial cells; SOS, sinusoidal obstruction syndrome.

^aUsed mice model of SOS.

^bUsed hamster model of SOS.

Table 4 Studies on the Treatment of SOS Using the MCT-induced Model in Rats (Unless Otherwise Stated).

Therapy type	Primary author	Year	MCT dosage (mg/kg)	Specific treatment	Time of treatment (after MCT)	Proposed mechanism
Antioxidants	Periasamy, S. ³⁸	2011	90	Sesame oil	+24 h	MMP-9 inhibition; antiinflammation
	Zhang, J. ²⁸	2017	90	Natural flavonoids—Quercetin + Baicalein	+6 h, +30 h	MMP-9 inhibition; antiinflammation
	Zheng, Z. ³⁹	2016	90	Chlorogenic acid	+6 h, +30 h	MMP-9 inhibition; antiinflammation; detoxification
Stem cells	Harb, R. ¹⁵	2009	160	Bone marrow endothelial progenitor (BM CD133+) cells	+4 d	SEC repair

MCT, monocrotaline; MMP-9, matrix metalloproteinase-9; SECs, sinusoidal endothelial cells.

measures in Table 3, especially the use of sesame oil by Periasamy et al (2011) and flavonoids by Zhang et al (2017).^{28,38} Even chlorogenic acid, which was tested as a treatment by Zheng et al (2016), acted through similar mechanisms as other preventative compounds, including

MMP-9 inhibition and anti-inflammation³⁹ (Table 4). This similarity between compound types and modes of action suggests that these therapeutic strategies may, in fact, be more likely to operate through preventative measures. However, the study by Harb et al (2009) stands apart

Table 5 Main Features of Non-MCT-induced Animal Models of SOS.

Induction method	Animal	Primary author	Year	Dosage	Timing and periodicity	Primary goal
<i>Gynura segetum</i>	Mice	Chen, Z. ⁴⁰	2011	30 g/kg	Daily for 30 d	Prevention of SOS with ligustrazine
		Zhu, H. ⁴¹	2011	30 g/kg	Daily for 30 d	Prevention of SOS with prednisone
	Rats	Qiu, S. ⁴²	2018	3.75, 7.5, and 15 g/kg (3 groups)	Daily for 15 d	Identification of biomarkers and metabolic mechanisms in <i>G. segetum</i> hepatotoxicity
		Yu, X-z. ⁴³	2013	600 mg/kg	Daily for 3 w	MMP-9 expression in SOS
Radiotherapy	Cynomolgus monkeys	Yannam, G. ⁴⁴	2014	30, 36, 40, and 50 Gy hypofractionated (4 groups)	Daily for 5 d	Model characterization
	Dogs	Shulman, H. ^{45, a}	1987	9.2–16 Gy (TBI) ± 90–180 mg/m ² (L-PAM) ± 30, 60, 125, and 250 mg/kg (MCT)	Various	Model characterization
FOLFOX	Mice	Robinson, S. ⁴⁶	2013	6 mg/kg (OX) + 50 mg/kg (5-FU) + 90 mg/kg (folinic acid)	Weekly for 5 w 5-FU and folinic acid 2 h after OX	SOS pathogenesis and model characterization
		Robinson, S. ⁴⁷	2013	6 mg/kg (OX) + 50 mg/kg (5-FU) + 90 mg/kg (folinic acid)	Weekly for 5 w 5-FU and folinic acid 2 h after OX	Impact of CRLM on SOS severity after FOLFOX therapy
	Rats	Park, S. ²⁷	2017	5 mg/kg (OX) + 20 mg/kg (5-FU) + 90 mg/kg (folinic acid)	Weekly for 7 w	Diagnosis and severity assessments of SOS using liver shear-wave velocity measured by ARFI elastography
HSCT	Mice	Qiao, J. ⁴⁸	2015	7.5 Gy (TBI) + 5 × 10 ⁶ (BM MNC)	Single-dose HSCT	Prevention of SOS using infusion of endothelial progenitor cells
		Yeom, M. ⁴⁹	2015	10 mg iron dextran + 75 cGy/min (TBI) + 1 × 10 ⁷ (BM MNC) + 5 × 10 ⁶ (splenocytes)	Iron 5 d/w (consecutively) HSCT 4 h after TBI Single-dose HSCT	Impact of secondary iron overload on post-HSCT SOS
		Zeng, L. ⁵⁰	2013	7.5 Gy (TBI) + 5 × 10 ⁶ (BM MNC)	HSCT 4 h after TBI Single-dose HSCT	Model characterization

5-FU, 5-fluorouracil; ARFI, acoustic radiation force impulse; BM MNC, bone marrow mononuclear cell; CRLM, colorectal liver metastases; FOLFOX, Folinic acid, Fluorouracil, Oxaliplatin; HSCT, hematopoietic stem cell transplantation; L-PAM, L-phenylalanine mustard; MCT, monocrotaline; MMP-9, matrix metalloproteinase-9; OX, oxaliplatin; SOS, sinusoidal obstruction syndrome; TBI, total-body irradiation.

^aUsed combined treatment of radiotherapy, chemotherapy, and MCT.

because as opposed to targeting the molecular mechanism behind SOS, their method exclusively treated damaged SECs.¹⁵ The authors isolated bone marrow endothelial progenitor cells (BM SPCs), positive for stem cell (CD133 and CD45) and endothelial cell (CD31) markers, to treat MCT-administered rats. Results showed that SOS can be induced by the depletion of BM SPCs and that these cells can activate regeneration of previously damaged SECs.¹⁵

The study by Harb et al (2009) was also the only to apply treatment with enough time after MCT exposure to constitute significant progress of SOS. The studies by Periasamy et al, Zhang et al, and Zheng et al all concluded their treatment within 30 h after MCT application (Table 4). According to the original model by DeLeve et al, by this time point, the animals would only show signs of “early toxicity” (Figure 1). On the other hand, Harb et al applied stem cell treatment 4 days after MCT, by which point the animals should have faced mild-to-severe, early SOS. To be clinically relevant, an animal model should account for the appropriate amount of time for human SOS to manifest, be diagnosed, and have a specific treatment prescribed, which is not likely to be accomplished by the “early toxicity” phase. For these reasons, the study by Harb et al (2009) can be considered the only true therapeutic or “curative” measure for SOS thus far, whereas the other studies should only be considered extensions of SOS prevention.

Comparison of Methodologies

Comparing the results of different studies using the MCT model has elucidated various SOS treatments. However, many of these studies differ on certain methodologies, which could have affected their results, the most notable and disputed of which is the dosage of MCT used to induce SOS, as seen in the inconsistencies throughout Tables 2–4.

Based on the original model proposed by DeLeve et al (1999), future studies of SOS should have used 160 mg/kg of MCT. Moreover, in preliminary tests of their model, DeLeve et al discovered a narrow “window” of MCT dosage in rats, specifically from 100 to 200 mg/kg, below which did not induce SOS and above which rapidly killed all animals.⁸ Yet, as seen in Tables 2–4, not all studies adhered to these guidelines. Even those that used other small rodents varied the dosage of MCT.^{29,33} Moreover, after 2009, many studies using rats switched to 90 mg/kg doses, although still citing the original model by DeLeve et al.^{13,14,25–28,34–39} However, as the first study to use this dosage, Narita et al (2009) briefly summarize SOS development in their model in four phases over seven days—early toxicity on day 1, severe sinusoidal changes and coagulative necrosis on days 2–3, development of fibrosis on days 4–6, and almost complete recovery on day 7.³⁷ This four-phase course of SOS produced similar histopathological changes to human SOS (day 2) and matches the ten-day staging of the

160 mg/kg model proposed by DeLeve et al (Figure 1), a result that directly opposes the “dosage window” of 100–200 mg/kg.

Periasamy and Liu recently commented on an article published by Ezzat et al (2012)³⁰ and argued, based on a pilot study they conducted, that 160 mg/kg doses of MCT cause a high mortality rate (37.5%), whereas a 90 mg/kg dosage was much safer and more realistic.^{38,51} In response, however, Ezzat et al supported their original 160 mg/kg dosage because it had been used in many previous studies without such mortality risk. They even argued that any animal model that produced this mortality rate would not be accurately representing the subacute, chronic, and potentially reversible nature of SOS, thus showing that the correct dosage of MCT to induce SOS in rats is still up for debate.⁵²

OTHER NON-MCT MODELS OF SOS

The aforementioned studies have shown that MCT can reproduce SOS in small animals in an effective and controllable way. Still, scientists have developed other methods of inducing SOS to refine their models with varying results.

Gynura segetum

For example, one such compound studied is *G. segetum* (Tusanqi), a plant traditionally used in Chinese medicine which contains other PAs similar to MCT.⁵³ Although pre-HSCT conditioning therapy is the most common reason for developing SOS in the Western Hemisphere, in China, ingestion of PA-containing plants, such as *G. segetum*, frequently causes SOS in humans as well.⁵⁴ As a PA, *G. segetum* acts similarly to MCT, specifically by increasing MMP-9 levels, as shown in a study by Yu et al⁴³ (Table 5). More recently, a study by Qiu et al (2018) identified 18 metabolites, commonly found in urine and plasma, that can serve as potential diagnostic markers for *G. segetum*-induced hepatotoxicity.⁴² Further research should be conducted to determine whether the same markers are present in the MCT model.

Because they produce similar outcomes, one would expect *G. segetum* and MCT to be interchangeable. Unfortunately, however, *G. segetum* arguably impairs the study of SOS because of the extended period of exposure to high dosage toxin required to successfully induce SOS in any animal. In the studies of SOS prevention using ligustrazine⁴⁰ (an alkaloid extracted from a Chinese herbal medicine) and prednisone⁴¹ (a corticosteroid), the prophylaxis was provided for one month in each case, concurrent with *G. segetum* exposure (Table 5). From a clinical standpoint in preventing SOS before HSCT or treatment for CRLM, undergoing prevention for one month does not seem efficient or plausible. Nonetheless, given the

prevalence of SOS caused by PA ingestion in humans in China, it is important to study the *G. segetum* model of SOS to understand its regional impact.

The Relationship Between Radiation-induced Liver Disease and SOS

Beyond using PAs, scientists have also attempted to create experimental models of SOS which better reflect clinical onset of the disease in humans, such as the model using radiation-induced liver disease (RILD). From a pathological perspective, RILD, a side effect of radiotherapy, most commonly manifests itself as HVOD, with lesions especially prevalent around the CV.⁵⁵ However, throughout the late 1900s, radiation failed to yield any promising models of SOS in a variety of animals, including rats, dogs, and even rhesus monkeys.⁵⁶⁻⁵⁸ Although these models were able to induce hepatic injury, they were unable to reproduce distinct HVOD. One study by Shulman et al (1987) showed limited potential by inducing acute HVOD in dogs but needed to combine either radiotherapy with chemotherapy or chemotherapy with MCT treatment to do so.⁴⁵

More recently, scientists have discovered new methods to administer radiation therapy which circumvent previous problems. Specifically, Yannam et al (2014) used hypofractionated hepatic radiation at dosages of over 40 Gy in cynomolgus monkeys to induce noticeable changes in the CV as well as characteristic lesions of SOS⁴⁴ (Table 5). Nevertheless, there is a high cost and relatively low accessibility to using cynomolgus monkeys.⁵⁵ Therefore, further understanding the differences in radiosensitivity between monkeys and rodents may allow us to better develop this model in smaller animals that are easier to use.

Oxaliplatin-based Chemotherapy

Recent studies have also attempted to use oxaliplatin-based chemotherapy to induce SOS in animals with more promising results than radiotherapy. Specifically, Robinson et al (2013) used a murine chemotherapy model for five weeks and found sinusoidal dilation and hepatocyte atrophy as well as a prothrombotic state in the liver, thus confirming development of SOS⁴⁶ (Table 5). Furthermore, using this model in a follow-up study, the authors found that Folinic acid, Fluorouracil, Oxaliplatin (FOLFOX)-induced SOS was exacerbated in mice in the presence of CRLM and associated tumor-related factors.⁴⁷ Similarly, a study by Park et al (2017) induced SOS in rats through two separate models using both MCT- and FOLFOX-based treatment weekly for seven weeks²⁷ (Table 5). Although this model also suffers from a longer time to induce SOS, it may aid in clinical relevance and translatability of results from animal models to humans.

Unfortunately, however, the FOLFOX-based model has faced limited reproducibility. In a study by Hubert et al

(2015), which used oxaliplatin therapy in rats, the authors failed to induce sinusoidal damage after rats underwent 70% partial hepatectomy.⁵⁹ Similarly, in a comment published by Lentschener et al, the authors stated that they were unable to reproduce SOS in mice, even after nearly mirroring the methodology of Robinson et al (2013).⁶⁰ In a response, Robinson et al attributed these findings to potential differences in diet, substrain of mice used, or even the drug source.⁶¹ Nevertheless, these inconsistencies highlight the subtleties of this model that should be further studied.

New Efforts Using HSCT

Finally, there have also been successful attempts to create a murine model of SOS induced after total-body irradiation with HSCT, which better replicates SOS in humans (Table 5). The model was first proposed in a study by Zeng et al (2013), which used allogeneic stem cell transplantation from male C57BL/6 mice to female BALB/c mice.⁵⁰ The authors used liver histological, morphological, biochemical, and physiological parameters to develop an SOS scoring system modified from DeLeve et al, classifying disease as mild, moderate, or severe.^{8,50} Histological and morphological changes in mice after HSCT indicated development of SOS based on sinusoidal damage, coagulative necrosis, and CV fibrosis.

A similar model was also used in studies by Yeom et al (2015) and Qiao et al (2015) (Table 5). Yeom et al found that liver iron content increases the severity of SOS after HSCT in mice due to an increase in reactive oxygen species.⁴⁹ Meanwhile, Qiao et al also used endothelial progenitor cells concurrently with their HSCT regimen to replace damaged SECs.⁴⁸ Endothelial progenitor infusion reduced liver damage by inhibiting platelet activation and decreasing secretion of cytokines Interleukin-6 (IL-6) and Tumor Necrosis Factor- α (TNF- α). The successful application of HSCT-induced animal SOS in both of these studies suggests that this model may serve as a budding avenue for continued exploration.

CONCLUSION

Animal models of SOS have greatly varied throughout the past 50 years in both their goals and methodologies. Of these models, the MCT-induced model of SOS has been most commonly used, especially in rats, and has aided in our research on treatments for the disease. Still, this model is not without its limitations and has been the center of debate on different aspects (sometimes without resolution), most notably the proper dosage of MCT to use. Meanwhile, newer studies have shown the potential of more novel techniques including radiotherapy, oxaliplatin-based chemotherapy, and HSCT, which may offer better insight through their additional translatability. However, as

research has shown, not all of these models have been optimized yet and may face barriers in reproducibility. Furthermore, human SOS can also vary, both clinically and histologically, so it is important to determine which form is represented by each animal model.⁸ Finally, it is important to note that most of the models discussed have used small animals, often rodents, as subjects. Although such studies can serve as a foundation for *in vivo* research, experimenting on larger animals may provide us with a better picture of SOS as it develops in humans. Thus, although *in vivo* research has continued to provide us with valuable insight into human SOS and a better understanding of how to treat the disease, the lingering questions that exist surrounding new models suggest that further research should continue to refine these models for better clinical applicability.

CONFLICTS OF INTEREST

The authors have none to declare.

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