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### **Clinical and bacteriological characteristics associated with clustering of multidrug-resistant tuberculosis**

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#### **SUMMARY**

**SETTING—**The impact of the genetic characteristics of *Mycobacterium tuberculosis* on the clustering of multi-drug-resistant tuberculosis (MDR-TB) has not been analyzed together with clinical and demographic characteristics.

**OBJECTIVE—**To determine factors associated with genotypic clustering of MDR-TB in a community-based study.

**DESIGN—**We measured the proportion of clustered cases among MDR-TB patients and determined the impact of clinical and demographic characteristics and that of three M. tuberculosis genetic characteristics: lineage, drug resistance-associated mutations, and rpoA and rpoC compensatory mutations.

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**RESULTS—**Of 174 patients from California and Texas included in the study, the number infected by East-Asian, Euro-American, Indo-Oceanic and East-African-Indian M. tuberculosis lineages were respectively 70 (40.2%), 69 (39.7%), 33 (19.0%) and 2 (1.1%). The most common mutations associated with isoniazid and rifampin resistance were respectively katG S315T and rpoB S531L. Potential compensatory mutations in rpoA and rpoC were found in 35 isolates (20.1%). Hispanic ethnicity (OR 26.50, 95%CI 3.73–386.80), infection with an East-Asian M. tuberculosis lineage (OR 30.00, 95%CI 4.20–462.40) and rpoB mutation S531L (OR 4.03, 95%CI 1.05–23.10) were independent factors associated with genotypic clustering.

**CONCLUSION—**Among the bacterial factors studied, East-Asian lineage and rpoB S531L mutation were independently associated with genotypic clustering, suggesting that bacterial factors have an impact on the ability of M. tuberculosis to cause secondary cases.

#### **Keywords**

community-based study; transmission; molecular epidemiology

Studies have shown that patients with tuberculosis (TB) are heterogeneous when transmitting *Mycobacterium tuberculosis*.<sup>1</sup> Most of this variability has been attributed to features of the index patient, such as the number of organisms expelled on coughing.<sup>2</sup> However, some studies have suggested that bacterial characteristics have an impact on the transmission of M. tuberculosis and on its pathogenicity, i.e., its ability to cause secondary cases of TB. In one study, organisms of the East-Asian lineage, including the Beijing family, were five times more likely to cause secondary cases than patients with other M. tuberculosis lineages.<sup>3</sup> In other studies, patients with drug-resistant *M. tuberculosis* were less likely to cause secondary cases than susceptible *M. tuberculosis*.<sup>4,5</sup> Although some studies have shown no differences,<sup>6</sup> other studies have suggested that isoniazid (INH) resistant M. tuberculosis with mutations in the inhA promoter or with S315T katG mutations were more likely to be transmitted than those without these mutations.<sup>7,8</sup> Furthermore, in vitro fitness studies demonstrated that resistant M. tuberculosis strains with the most common rifampin (RMP) resistance-associated mutation, rpoB S531L, were more fit than strains with less frequent mutations, such as rpoB H526Y.<sup>9</sup> Interestingly, mutations in rpoA and  $\eta \rho \sigma$  have been observed at high frequency in RMP-resistant *M. tuberculosis*, and are considered to be compensatory mutations for any fitness loss that could be caused by the RMP resistance-associated mutation.<sup>9</sup> It should be noted that the frequency of strains with these compensatory mutations was high in regions with a high burden of multidrug-resistant TB (MDR-TB; i.e., TB resistant to at least INH and RMP),  $10$  and more frequent among RMP-resistant *M. tuberculosis* isolates that caused secondary cases.<sup>11,12</sup> However, these studies did not control for other factors known to be associated with transmission.

In this report, we describe the demographic, clinical and bacterial factors associated with genotypic clustering in MDR-TB cases. Genotypic clustering has been used as an indicator of M. tuberculosis involved in chains of transmission. We include an analysis of three bacterial characteristics: M. tuberculosis lineage, drug resistance-associated mutations, and presence of compensatory mutations in rpoA and rpoC.

#### **STUDY POPULATION AND METHODS**

#### **Study population and data sources**

We included all patients with pulmonary TB caused by MDR M. tuberculosis organisms (defined by phenotypic drug susceptibility testing) identified between January 2005 and December 2011 from eight health jurisdictions in California (Sacramento, San Mateo, Contra Costa, Alameda, San Diego, Santa Clara, San Francisco and Orange counties), and in five jurisdictions in Texas (Harris, Dallas, Tarrant, Hidalgo and Cameron counties). Some of these patients were enrolled in a parent study to investigate MDR-TB transmission in the United States.13 The Human Research Protection Program of the University of California, San Francisco (UCSF), CA, USA, of the Centers for Disease Control and Prevention (CDC) and of each participating institution approved the study protocol.

Data on demographic and clinical characteristics and the epidemiologic links between patients were collected as part of the standard of care and the MDR-TB transmission study.  $13$  Lineage of the *M. tuberculosis* isolates was described according to the phylogenetic characterization methodologies previously reported.14 INH resistance-associated mutations in katG, the *inh*A promoter and the RMP resistance-associated mutations in the RMPresistance determining region (RRDR) of  $rpoB$  were identified using pyrosequencing.<sup>15</sup> Only amino acid positions 1–191 of rpoA (Rv3457c) and positions 245–560 of rpoC  $(Rv0668)$  (hotspots for possible compensatory mutations<sup>10</sup>) were sequenced using rpoA, primers (F5 'GGACGTCGAAAGGAAGAAGA3' and

R5<sup>'</sup>GTCTCCACGTCCAGGATCAG3<sup>'</sup>) and rpoC primers

(F5′CGAAAACCTCTACCGCGAAC3′ and R5′GCGACAGGATGTTGTTGGAG3′), respectively.11 Polymerase chain reaction products were sequenced using an ABI377 automatic DNA sequencer (Perkin Elmer, Applied Biosystems, Carlsbad, CA, USA) at the UCSF genomics core facility. Sequence polymorphisms were identified by comparing the consensus sequence of each isolate to the corresponding gene sequence of the H37Rv genome using the A Plasmid Editor, V2.0.46 (W Davis, University of Utah, Salt Lake City, UT, USA).

All isolates were genotyped using spoligotyping and 24-locus mycobacterial interspersed repetitive units (MIRU) typing, as part of the CDC National Tuberculosis Genotyping Service surveillance system,<sup>16</sup> and with insertion sequence (IS)  $6110$  restriction fragment length polymorphism (RFLP) using standardized methods.<sup>17</sup> Genotypic clustering was defined as two or more MDR-TB isolates from patients from the same state with identical spoligo-type, 24-MIRU type, IS6110-RFLP and known drug resistance-associated mutations. Compensatory mutations in  $rpoA$  and  $rpoC$  were not included for the definition of clustering. We assumed that patients with clustered MDR-TB isolates within each state had TB due to recent transmission and were part of a chain of transmission. Patients with unique genotypes were considered as having TB due to the reactivation of latent infection. We used the  $n-1$  method to calculate the transmission index that measures the average number of subsequent cases produced by potential index cases.<sup>18</sup>

#### **Statistical analysis**

We described the demographic, clinical and bacterial characteristics of *M. tuberculosis* isolates associated with  $M$ . tuberculosis genetic clustering (the outcome) using logistic regression and exact logistic regression where expected cell counts were <5. We performed full-fitted exact logistic regression models, first including variables with  $P < 0.25$  in the unadjusted analysis, then including those with  $P < 0.20$ . Correlated variables were removed from the model to identify the most stable, parsimonious, and informative model possible. <sup>P</sup> < 0.05 was considered statistically significant. Statistical analysis was performed using SPSS (Statistical Package for the Social Sciences, version 18.0, IBM Corp, Armonk, NY, USA) and SAS (version 9.4, SAS Institute Inc., Cary, NC, USA).

#### **RESULTS**

#### **Patient characteristics**

During the study period, 169 patients from California and 38 from Texas had pulmonary TB caused by MDR organisms, including four with XDR-TB (i.e., MDR-TB with additional resistance to fluoroquinolones and second-line injectable drugs) and 29 pre-XDR-TB (MDR-TB with resistance to either fluoroquinolones or second-line injectable drugs). After excluding cases without *M. tuberculosis* DNA or clinical data, 140 patients (83%) from California and 34 (89%) from Texas were included in the analysis. The characteristics of included vs. excluded patients are shown in Table 1. The mean age of the 174 patients included was 39.1 ( $\pm$ 16) years, 80 (46%) were female and most were Asian ( $n$ = 104, 59.8%) or White  $(n = 63, 36.2\%)$  (Table 2).

#### **Genetic characteristics of M. tuberculosis**

Of the 174 patients, the number infected by East-Asian, Euro-American, Indo-Oceanic and East-African-Indian lineages were respectively 70 (40.2%), 69 (39.7%), 33 (19%) and 2 (1.1%) (Table 2). The INH resistance-associated mutation, katG S315T, and mutations in the inhA promoter were observed in respectively 124 (71.3%) and 40 (23%) of the isolates. The remaining 10 isolates did not have mutations in these genes, and none had mutations in both genes. The RMP resistance-associated mutation rpoB S531L ( $n = 105, 60.3\%$ ) (Table 2) was the most frequent mutation, followed by H526D ( $n = 18$ , 10.3%) and H526Y ( $n = 12$ , 6.9%). Five patients had isolates with two mutations each in rpoB (Table 2 footnote). M. tuberculosis from six patients did not have a mutation in rpoB RRDR.

We identified four unique single nucleotide polymorphisms (SNPs) in rpoA and 17 unique SNPs in rpoC, of which we excluded two from the analysis: A542A (1626 C $\rightarrow$ G), associated with Euro-American lineage but not with resistance, $10,11$  and the synonymous mutation R480R (1440 C $\rightarrow$ T). These SNPs were observed in respectively 23 and 2 patients. The 19 non-synonymous potentially compensatory mutations were found in 35 M. tuberculosis isolates (35/174, 20.1%) (Table 3). Five isolates had two mutations each in the rpoC gene. Twelve unique isolates had rpoC mutations in codon 483 (V483G,  $n = 9$  and V483A,  $n = 3$ ) and six had the A466V mutation. The mutation P434V in rpoC was associated with two haplotypes (1300 C→G and 1301 C→T), and occurred in the same isolate (Table 3). The A466V and D271G mutations have not been reported previously.

There were four different  $rpoA$  mutations in four isolates  $(4/174, 2.3\%)$ , two of which had not been reported before (G115A, T127A) (Table 3).

The frequency of M. tuberculosis isolates with rpoA or rpoC mutations varied depending on the rpoB mutation: they were more frequent in isolates with the S531L mutation (82.9% vs. 17.2%, odds ratio [OR] 4.01, 95% confidence interval [CI] 1.56–10.03) (Table 2). The proportion of M. tuberculosis isolates with rpoA and rpoC mutations was different among the different lineages, although this difference was not statistically significant (Table 2).

#### **Genotypic clustering**

Of the 174 *M. tuberculosis* isolates, 23 (13.2%) were placed in eight genotypic clusters (Table 4). Five clusters were composed of East-Asian lineage isolates and three of Euro-American lineage isolates. The transmission indices in East-Asian and Euro-American lineage were respectively 0.143 and 0.072. Isolates in two clusters had different rpoC mutations. In cluster 1, the patient with the F452L mutation was the earliest case in the cluster (December 2005) based on the date of diagnosis. The remaining two patients were diagnosed in December 2007 (G332T mutation) and August 2008 (F452L mutation). In cluster 7, the patient with the double mutation was reported in January 2007 and the patient with the wild-type *rpoA* and *rpo*C in May 2009. Patients in cluster 7 reported knowing each other. The only other epidemiologic link reported was among two of the four patients in cluster 3.

In the unadjusted analysis (Table 5), Hispanics (OR 2.72, 95%CI 1.11–6.62), patients with excessive alcohol consumption (OR 6.61, 95%CI 2.11–20.50), and those infected with an East-Asian lineage (OR 3.27, 95%CI 1.30–8.21) were more likely to be in genotypic clusters. The adjusted analysis using all values with  $P < 0.25$  was unstable due to the small number of outcomes (cluster). The more parsimonious model using values with  $P < 0.20$  was unstable due to interactions between excessive alcohol use, Asian race, and East-Asian lineage. Alcohol was reported in one Asian patient, and Asian race was correlated with East-Asian lineage; we therefore removed alcohol and race from the adjusted model. The most stable and parsimonious model showed that Hispanic ethnicity (OR 26.5, 95%CI 3.73– 386.80), infection with an East-Asian M. tuberculosis lineage (OR 30.0, 95%CI 4.20– 462.40) and the presence of an rpoB S531L mutation (OR 4.03, 95%CI 1.05–23.10) were independently associated with genotypic clustering (Table 5). To explore the role of excessive alcohol use, we performed a similar analysis, stratified by race, and found that among non-Asians, excessive alcohol was associated with genotypic clustering (Table 6).

#### **DISCUSSION**

In this study of the clustering of patients with TB caused by MDR M. tuberculosis, we found that Hispanic ethnicity, being infected with an M. tuberculosis strain from the East-Asian lineage and with an rpoB S531L mutation were independent risk factors for genotypic clustering of TB cases. Compensatory mutations in  $rpoA$  and  $rpoC$  were not associated with clustering. To our knowledge, this is the first study to include a systematic analysis of clinical and epidemiologic data together with drug resistance-associated mutations,

compensatory mutations and M. tuberculosis lineage on transmission and pathogenesis (measured by clustering) of MDR-TB.

The distribution of the mutations causing INH and RMP resistance was similar to that noted in previous reports.<sup>23,24</sup> The frequency of potential compensatory mutations in  $rpoA$  and rpoC mutations was also similar to that in other reports.<sup>10–12,22</sup> In all studies, rpoC mutations were more frequent than rpoA mutations. Although most of the rpoA and rpoC mutations have been reported previously,  $10-12$ ,  $19-22$  we identified four new mutations (G115A and T127A in rpoA and D271G and A466V in rpoC) in the hotspot area that potentially affect the interaction between the rpoA, rpoB and rpoC subunits of the RNA polymerase, and which have not been previously reported.<sup>10</sup>

The cluster rate in our study population was 13.8%, and was independently associated with being infected with *M. tuberculosis* strains from the East-Asian lineage. The East-Asian *M.* tuberculosis lineage has been associated with clustering in many molecular epidemiologic studies in East Asia;<sup>25</sup> however, its impact in areas outside Asia is more controversial.<sup>26</sup> In vitro and animal model studies have suggested that the East-Asian lineage is more pathogenic and virulent compared with other strains, $27$  and the production of phenolic glycolipid has been proposed as a possible mechanism.28 Despite the uncertain pathogenesis, our findings suggest a unique role of the East-Asian lineage in MDR-TB transmission. We also found that rpoB S531L was associated with genetic clustering, which supports the findings that this mutation has no fitness cost in in vitro studies,  $9$  causing 40– 73% of the *M. tuberculosis* RMP resistance,  $24,29,30$  and is associated with compensatory mutations in  $rpoA$  and  $rpoC$  genes.<sup>11,22,31</sup>

Contrary to recent reports, we did not find any association between rpoA and rpoC mutations and clustering. de Vos and Li analyzed convenience samples from South Africa and China, respectively, and found that mutations in  $\eta \rho C$  were significantly associated with clustering of RMP-resistant *M. tuberculosis*;<sup>11,12</sup> however, they did not consider other factors known to be associated with genotypic clustering. We did not include the rpoA and rpoC genotype in the definition of clustering, as the implication for their phenotype and microevolution of *M. tuberculosis* has not been defined for most of the mutations.

Hispanic patients were more likely to be in a genotypic cluster. This result is similar to the cross-sectional study that evaluated the transmission of MDR-TB in the United States.<sup>13</sup> Excessive alcohol use was found to be an independent risk factor associated with genotypic clustering in non-Asian patients. As it was only reported in one Asian patient, we could not evaluate the impact of alcohol consumption in this population. Based on the latest results from the 2010 National Survey on Drug Use and Health, excessive alcohol use is rare among Asian populations.<sup>32</sup> Patients with chronic use of alcohol are known to be lymphopenic, with a reduced response to mitogen stimulation and impaired delayed-type hypersensitivity responses.33 Excessive use of alcohol, usually in conjunction with homelessness, injection drug use, and smoking, has been widely reported as an important risk factor for TB transmission in molecular epidemiologic studies, especially in low TB incidence areas.<sup>34</sup>

The present study had several limitations. First, our sample size was small and, as not all MDR-TB isolates from the study period were included, it is likely that we underestimated the number of genotypic clustered cases. Second, as both Indo-Oceanic and East-African-Indian lineages were underrepresented among the isolates studied, no conclusions can be drawn about their potential for clustering. Third, some factors that have been shown to be associated with transmission, such as the presence of live  $M$ . tuberculosis in cough droplets,<sup>2</sup> delay in treatment initiation, socio-economic status, or place of exposure, were not measured in our study. Fourth, only partial regions of  $rpoA$  and  $rpoC$  were sequenced for mutation detection. However, the sequenced area includes the  $rpoA-rpoC$  interaction region of the rpoC gene, which has the potential to ameliorate the fitness cost of rpoB resistance mutations.<sup>10</sup> Moreover, most of the mutations found outside of the  $\eta p \circ A - \eta p \circ C$  interaction region have not shown convergent evolution as has been observed for drug resistance mutations<sup>35</sup> and for compensatory mutations,<sup>10</sup> and the likelihood that they are compensatory mutations is therefore lower. Finally, we were not able to perform whole genome sequencing, which has been shown to better delineate the transmission links.

#### **CONCLUSIONS**

This community-based study presents a systematic analysis of clinical, epidemiologic and bacterial genetic factors associated with clustering of MDR-TB in two US states. We found that M. tuberculosis from the East-Asian lineage and isolates with the rpoB S531L mutation are bacterial factors independently associated with genetic clustering, suggesting that bacterial factors may have an impact on the ability of M. tuberculosis to cause secondary cases. In addition, we found that Hispanic patients were more likely to be part of a genetic cluster, as were non-Asian patients with excessive use of alcohol.

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#### **Table 1**

Clinical characteristics of included and excluded patients



\* As expected cell counts were <5,  $P$  value was calculated using Fisher's exact test.

SD = standard deviation; HIV = human immunodeficiency virus; BCG = bacille Calmette-Guérin.



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## **Table 2**

Clinical and microbiological characteristics of patients with and without M. tuberculosis rpoA or rpoC mutations and ORs of having mutations in rpoA Clinical and microbiological characteristics of patients with and without M. tuberculosis rpoA or rpoC mutations and ORs of having mutations in rpoA and rpoC genes and *rpo*C genes





 $*$  As expected cell counts were <5, OR, (95%CI) and P values were calculated using exact logistic regression. As expected cell counts were  $\leq$ 5, OR, (95%CI) and P values were calculated using exact logistic regression.

 $t_{10}$  isolates did not have mutations in *kaf*G or *inhA*. 10 isolates did not have mutations in katG or inhA.

 $t^2$ 36 isolates had a mutation -15T, 2 isolates -8A, and 2 isolates -17T.  $\dot{t}$ 36 isolates had a mutation −15T, 2 isolates −8A, and 2 isolates −17T.

<sup>8</sup>There were six isolates with wt *rpoB* and 63 cases with 68 *rpoB* mutations other than SS31L (five patients had two mutations each): H526D ( $n = 18$ ), H526Y ( $n = 12$ ), D516V ( $n = 8$ ), H526R ( $n = 5$ ), L533P There were six isolates with wt rpoB and 63 cases with 68 rpoB mutations other than S531L (five patients had two mutations each): H526D (  $n = 18$ ), H526Y (  $n = 12$ ), D516V ( n= 8), H526R ( n= 5), L533P  $(n=3)$  Q513L (  $n= 2$ ), D516Y ( n= 2), N519K ( n= 2), H526A ( n= 2), H526C ( n= 2), H526L (  $n= 2$ ), H526Q (  $n= 1$ ), Q510L (  $n = 1$ ), L511P (  $n = 1$ ), Q513K (  $n = 1$ ), D516F (  $n = 1$ ), S522L (  $n = 1$ ), 525del (  $n =$ 1), H526N (  $n = 1$ ), K527P (  $n = 1$ ), H526S ( n = 1). Five patients had two mutations and the following combinations: D516V and Q510L, D516Y and 525del, H526N and Q513L, H526Q and L533P, H526S and K527P.

OR = odds ratio; CI = confidence interval; SD = standard deviation; HIV = human immunodeficiency virus; BCG = bacille Calmette-Guérin; wt = wild-type.  $OR = odds$  ratio;  $CI = confidence$  interval;  $SD = standard deviation$ ;  $HIV = human$  immunodeficiency virus;  $BCG = basicille$  Calmette-Guérin; wt = wild-type. Author Manuscript

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rpo A and rpoC mutations in MDR-TB isolates rpo A and rpoC mutations in MDR-TB isolates



# **Table 4**





 $MDR-TB = multidrug-resistant tuberculosis; wt = wild-type.$ MDR-TB = multidrug-resistant tuberculosis; wt = wild-type.

Clinical and microbiological factors associated with clustering Clinical and microbiological factors associated with clustering



Defined as isolates collected in the same state and sharing identical spoligotyping, 24-locus mycobacterial interspersed repetitive units typing, insertion sequence 6110 restriction fragment length Defined as isolates collected in the same state and sharing identical spoligotyping, 24-locus mycobacterial interspersed repetitive units typing, insertion sequence 6110 restriction fragment length polymorphism pattern and drug-resistance-associated mutations. polymorphism pattern and drug-resistance-associated mutations.

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 $\mathring{\;}$  As expected cell counts were <5, unadjusted ORs and P values were calculated using the exact logistic method. As expected cell counts were <5, unadjusted ORs and P values were calculated using the exact logistic method.

OR = odds ratio; CI = confidence interval; HIV = human immunodeficiency virus; BCG = bacille Calmette-Guérin. OR = odds ratio; CI = confidence interval; HIV = human immunodeficiency virus; BCG = bacille Calmette-Guérin.

## **Table 6**

Most parsimonious model of clinical and microbiological factors associated with clustering in non-Asian patients Most parsimonious model of clinical and microbiological factors associated with clustering in non-Asian patients



ion sequence 6110 restriction fragment length Defined as isolates collected in the same state and sharing identical spoligotyping, 24-locus mycobacterial interspersed repetitive units typing, insertion sequence 6110 restriction fragment length polymorphism pattern and drug-resistance-associated mutations. polymorphism pattern and drug-resistance-associated mutations.

 $A$  expected cell counts were <5, unadjusted ORs and P values were calculated using the exact logistic method. As expected cell counts were <5, unadjusted ORs and P values were calculated using the exact logistic method.

OR = odds ratio; CI = confidence interval; BCG = bacille Calmette-Guérin. OR = odds ratio; CI = confidence interval; BCG = bacille Calmette-Guérin.