Clinical Investigations

One-Year Outcome of Patients With Atrial Fibrillation Undergoing Coronary Artery Stenting: An Analysis of the AFCAS Registry

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ABSTRACT

Background: Most evidence regarding the efficacy and safety of the antithrombotic regimens for patients with atrial fibrillation (AF) undergoing percutaneous coronary intervention with stent (PCI-S) derives from small, single-center, retrospective datasets. To obtain further data on this issue, we carried out the prospective, multicenter, observational Management of patients with Atrial Fibrillation undergoing Coronary Artery Stenting (AFCAS) registry (Clinicaltrials.gov identifier NCToo596570).

Hypothesis: We hypothesize that the antithrombotic treatment of AF patients undergoing PCI-S is variable and the clinical outcome may vary according to the different regimens.

Methods: Consecutive AF patients undergoing PCI-S at 17 European institutions were included and followed for 1 year. Outcome measures included: (1) major adverse cardiac/cerebrovascular events (MACCE), including all-cause death, myocardial infarction, repeat revascularization, stent thrombosis, or stroke/transient ischemic attack, and (2) bleeding, and were compared according to the antithrombotic regimen adopted. A propensity-score analysis was carried out to adjust for baseline and procedural differences.

Results: Out of the 975 patients enrolled, 914 were included in the final analysis. The mean CHADS₂ score was 2.2 ± 1.2 , and 71% of patients had a CHADS₂ score ≥ 2 . Triple therapy (TT) of vitamin K antagonist (VKA), aspirin, and clopidogrel was prescribed to 74% of patients, dual antiplatelet therapy to 18%, and VKA plus clopidogrel to 8%. At 1-year follow-up, no significant differences were found in the occurrence of MACCE and bleeding among the 3 antithrombotic regimens, even when adjusted for propensity score.

Conclusions: In this large, real-world population of AF patients undergoing PCI-S, TT was the antithrombotic regimen most frequently prescribed. Although several limitations need to be acknowledged, in our study the 1-year efficacy and safety of TT, dual antiplatelet therapy, and VKA plus clopidogrel was comparable.

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Additional Supporting Information may be found in the online version of this article.

Introduction

In accordance with consensus documents and guidelines, the antithrombotic therapy for patients with atrial fibrillation (AF) at increased risk of thromboembolism (ie, CHADS₂ score \geq 2) undergoing percutaneous coronary intervention with stent (PCI-S) should consist of triple therapy (TT) of vitamin K antagonist (VKA), aspirin, and clopidogrel.^{1–3} Most data upon which the current recommendations are based derive from small, single-center, retrospective

datasets, and the level of evidence supporting these recommendations is generally weak. 1-3 More recent data from large. Danish, nationwide registries⁴⁻⁷ and the WOEST (What is the Optimal Antiplatelet and Anticoagulant Therapy in Patients with Oral Anticoagulation and Coronary Stenting) study,8 where patients on oral anticoagulation (because of AF, mechanical heart valve, or other) were prospectively randomized to TT or a combination of VKA plus clopidogrel (VKA/C), have questioned the overall validity of current recommendations by showing that VKA/C may have comparable, or even superior, safety and efficacy to TT. Also, the antithrombotic treatment actually ongoing at the time of an adverse event, especially bleeding, has been rarely reported, therefore making questionable the attribution of adverse event to the antithrombotic regimen prescribed at discharge.9

To obtain further data on the current management of AF patients undergoing PCI-S and define the absolute and relative efficacy and safety of the various antithrombotic regimens, we carried out the Management of patients with Atrial Fibrillation undergoing Coronary Artery Stenting (AFCAS) registry.

Methods

AFCAS is an observational, multicenter, prospective registry where consecutive AF patients undergoing PCI-S were included (Clinicaltrials.gov identifier NCT00596570). The inclusion criterion was ongoing/history of AF (paroxysmal, persistent, or permanent). Because of the observational design, the only exclusion criteria were unwillingness/inability to participate in the study or to give informed consent. At each participating center, patients were treated according to local policies, and were followed up for 1 year. Ethics committees of participating centers approved the study protocol, and written informed consent was obtained from every patient. The study complied with the Declaration of Helsinki.

PCI-S was performed according to local practice. The periprocedural management was at the operator's discretion. Follow-up was performed at each enrolling center by means of telephone calls/clinic visits, which were scheduled at 1, 3, 6, and 12 months after PCI-S. Patients were asked about their clinical outcomes, hospitalizations, and medications, and the information was collected.

The outcome measures were: (1) major adverse cardiac/cerebrovascular events (MACCE), including all-cause death, myocardial infarction, repeat revascularization, stent thrombosis (ST), and stroke/transient ischemic attack; (2) bleeding; and (3) total adverse events (MACCE plus bleeding). Myocardial infarction was defined according to the universal definition. 10 Repeat revascularization was defined as PCI-S or coronary bypass surgery in the previously treated vessel. ST was defined according to the Academic Research Consortium classification and included definite and probable events.11 Transient ischemic attack was defined as a focal, transient (<24 hours) neurological deficit adjudicated by a neurologist, whereas stroke was defined as a permanent, focal, neurological deficit adjudicated by a neurologist and confirmed by computed tomography/magnetic resonance imaging. Systemic embolism was defined as signs/symptoms of peripheral ischemia associated or not with a positive imaging test. Bleeding was defined according to the Bleeding Academic Research Consortium (BARC) classification as minor (BARC 2), and major (BARC 3a, 3b, 3c, and 5).¹²

Statistical Analysis

Continuous variables are reported as mean \pm standard deviation and categorical variables as percentage. Independent samples t test and χ^2 test were used for the analysis of continuous and categorical variables, respectively. Fisher exact, Mann-Whitney, Kruskall-Wallis, and Kaplan-Meier tests were used for univariate analysis.

To adjust for potential selection bias, a multilevel propensity score was calculated by multinomial logistic regression. Clinical variables with a P < 0.05 in univariate analysis were included in multinomial logistic regression. TT was selected as the reference. The obtained propensity score was employed only for adjustment of the risk in Cox proportional hazards regression. Propensity scoreadjusted analysis was not performed for the VKA plus clopidogrel group because of the small size. Kaplan-Meier and Cox proportional hazards regression were employed for analysis of time-to-event outcomes. A P < 0.05 was considered statistically significant.

Statistical analysis was performed using a SPSS, versions 16 and 20, statistical software (IBM SPSS Inc., Chicago, IL).

Results

Out of the 975 consecutive patients enrolled between October 2008 and August 2010 at 17 institutions in 5 European countries, 61 (6%) were not included in the analysis because they were prescribed either oral anticoagulant only, or single antiplatelet drug, or the combination of VKA and aspirin. Thus, 914 patients were included in the final analysis. TT was prescribed to 679 patients (74%), dual antiplatelet therapy of aspirin and clopidogrel (DAPT) to 162 (18%), and VKA/C to 73 (8%). Baseline characteristics, both overall and according to the adopted antithrombotic regimen, are presented in Table 1. Procedural variables, again both overall and according to the antithrombotic regimen, are presented in the Supporting Table online, as the in-hospital management and outcome has been reported in detail elsewhere. 13

The prescribed duration of antithrombotic therapies and intensity of oral anticoagulation are reported in Table 2. In the TT group, VKA was prescribed lifelong in nearly all patients, whereas this was the case for aspirin in about 60% of patients and for clopidogrel in a very small minority. Clopidogrel was prescribed for 1 month in nearly one-half of patients and was generally limited to 3 to 6 months in the remaining. In patients discharged on DAPT, aspirin was generally prescribed lifelong and clopidogrel for 12 months. In patients discharged on VKA/C, VKA was prescribed lifelong in nearly all patients and clopidogrel for either 1 or 12 months. In more than half of the cases, however, clopidogrel prescription was limited to 3 to 6 months. The intensity of oral anticoagulation, as expressed by the International Normalized Ratio, was targeted to the conventional level of 2.0 to 3.0 in all cases, both in the TT and VKA/C groups.

Table 1. Baseline Patients' Characteristics

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	Total, n = 914	TT, $n = 679$	DAPT, n = 162	VKA/C, n = 73	Р
Mean age, y	73 ± 8	73 ± 8	73 ± 8	74 ± 8	0.70
Male gender, n (%)	639 (70)	482 (71)	105 (65)	52 (71)	0.30
Body mass index, kg/m ²	$\textbf{28} \pm \textbf{4.7}$	$\textbf{28} \pm \textbf{4.7}$	$\textbf{28} \pm \textbf{4.7}$	$\textbf{28} \pm \textbf{4.4}$	0.13
Hypertension, n (%)	770 (84)	568 (84)	142 (88)	60 (82)	0.40
Hypercholesterolemia, n (%)	610 (67)	456 (67)	108 (67)	46 (63)	0.78
Diabetes, n (%)	333 (36)	252 (37)	54 (33)	27 (37)	0.66
Current smoking, n (%)	91 (10)	70 (10)	14 (9)	7 (10)	0.81
Family history of CAD, n (%)	233 (26)	187 (28)	26 (16)	20 (27)	0.010
Previous TIA/stroke, n (%)	151 (17)	117 (17)	23 (14)	11 (15)	0.61
Previous myocardial infarction, n (%)	232 (25)	170 (25)	46 (28)	16 (22)	0.53
Previous PCI, n (%)	157 (17)	106 (16)	35 (22)	16 (22)	0.10
Previous CABG, n (%)	133 (15)	106 (16)	18 (11)	9 (12)	0.29
Previous hemorrhage, n (%)	36 (4)	24 (4)	9 (6)	3 (4)	0.50
Congestive heart failure, n (%)	185 (20)	139 (21)	23 (14)	23 (32)	0.009
Left ventricular ejection fraction (%)	50 ± 14	49 ± 14	$\textbf{52} \pm \textbf{14}$	$\textbf{48} \pm \textbf{14}$	0.052
Pattern of atrial fibrillation					
Permanent, n (%)	448 (49)	375 (55)	35 (22)	38 (52)	<0.001
Persistent, n (%)	107 (12)	78 (12)	18 (11)	11 (15)	0.64
Paroxysmal, n (%)	352 (39)	219 (32)	109 (67)	24 (33)	<0.001
CHADS ₂ score					
$Mean \pm SD$	$\textbf{2.2} \pm \textbf{1.2}$	2.3 ± 1.2	2.1 ± 1.2	2.4 ± 1.3	0.22
≥2, n (%)	647 (71)	485 (71)	106 (65)	56 (77)	0.16
${\sf HAS\text{-}BLED\;score}^a({\sf mean}\pm{\sf SD})$	$\textbf{3.0} \pm \textbf{0.7}$	$\textbf{2.9} \pm \textbf{0.7}$	2.9 ± 0.8	$\textbf{2.9} \pm \textbf{0.8}$	0.64
Indication for PCI					
Acute STEMI, n (%)	119 (13)	89 (13)	23 (14)	7 (10)	0.62
NSTEMI, n (%)	234 (26)	174 (26)	45 (28)	15 (21)	0.50
Unstable angina, n (%)	164 (18)	106 (16)	39 (24)	19 (26)	0.007
Stable CAD, n (%)	396 (43)	310 (46)	55 (34)	31 (43)	0.026

Abbreviations: CABG, coronary artery bypass grafting; CAD, coronary artery disease; DAPT, dual antiplatelet therapy; NSTEMI, non-ST-elevation myocardial infarction; PCI, percutaneous coronary intervention; SD, standard deviation; STEMI, ST-elevation myocardial infarction; TIA, transient ischemic attack; TT, triple therapy; VKA, vitamin K-antagonist; VKA/C, vitamin K antagonists plus clopidogrel.

^a Maximum score 7, as labile International Normalized Ratio and abnormal liver function were not collected in the original database.

The adverse events at 1-year follow-up are reported in Table 3. No differences in the efficacy and safety end points or total adverse events were observed among groups. Of the major bleeding events occurring after discharge, 16 (49%) in the TT group occurred with this treatment still ongoing, whereas the remaining occurred after TT had been stopped and the following regimens were ongoing: VKA plus aspirin in 10 cases (30%), VKA only in 3 cases (9%), DAPT in 3 cases (9%), and aspirin alone in 1 case (3%). In contrast, all 7 (100%) postdischarge major bleeding events in the DAPT group occurred with such treatment ongoing. In patients discharged on VKA/C, 2 (50%) major

bleeding events occurred with such treatment ongoing, and 2 (50%) after clopidogrel had been stopped and VKA only was ongoing.

Propensity Score-Adjusted Analysis

At multinomial logistic regression analysis, pattern (paroxysmal vs permanent/persistent) of AF (P < 0.0001), previous thromboembolism (P = 0.03), number of treated vessels (P = 0.001), and acute coronary syndrome as the indication for PCI-S (P = 0.008) were significantly different in the 3 treatment groups. This was not the case for stent type (bare metal vs drug eluting), previous PCI-S, and presence of

Table 2. Prescribed Duration and Intensity of Antithrombotic Treatments at Discharge

at Discharge			
	TT, n = 679	DAPT, n = 162	VKA/C, n=73
Prescribed aspirin duration, n (%)			_
Lifelong	434 (64)	139 (86)	
12 months	82 (12)	8 (5)	
6 months	12 (2)	0	
3 months	24 (4)	3 (2)	
1 months	104 (15)	6 (4)	
Prescribed clopidogrel duration, n (%))		
Lifelong	11 (2)	13 (8)	4 (6)
12 months	138 (20)	86 (53)	25 (34)
6 months	66 (10)	5 (3)	3 (4)
3 months	137 (20)	9 (6)	12 (16)
1 month	295 (44)	37 (23)	27 (37)
Prescribed VKA duration , n (%)		_	
Lifelong	546 (98)	_	50 (98)
12 months	1 (0.2)	_	0
6 months	1 (0.2)	_	0
3 months	1 (0.2)	_	0
1 month	0	_	1 (2)
Target INR 1.8-2.5, n (%)	1 (0.2)	_	1 (2)
Target INR 2.0-3.0, n (%)	442 (100)	_	49 (98)
Target INR 3.0-4.5, n (%)	0	_	0
Abbreviations: DAPT, dual antiplate	elet therapy;	INR, Inte	rnational

Abbreviations: DAPT, dual antiplatelet therapy; INR, International Normalized Ratio; TT, triple therapy; VKA, vitamin K antagonist; VKA/C, vitamin K antagonist plus clopidogrel.

mechanical heart valve, which therefore were not included in the final regression model. In Table 4, the intermediate outcome of patients in the 3 treatment groups, both estimated by actuarial analysis and adjusted for type of stent, CHADS₂ score, and propensity score, is reported.

In the Figure, the cumulative Kaplan-Meier estimates of freedom from MACCE in the 3 treatment groups, after adjustment for propensity score, are presented. As compared to the reference TT, the 12-month estimated relative risk (and 95% confidence intervals) of MACCE with DAPT and VKA/C were 0.85 (0.40-1.76) and 0.68 (0.24-1.88), respectively.

Discussion

In the real-world population of AF patients undergoing PCI-S who were included in the prospective, multicenter AFCAS registry, TT was the antithrombotic regimen most frequently prescribed at discharge. As most patients were at moderate-high risk of stroke (ie, CHADS₂ score \geq 2),

Table 3. Adverse Events at 1-Year Follow-up

Table 3. Adverse Events at 1-real rollow-up					
	TT, n=679	DAPT, n = 162	VKA/C, n = 73	P	
Total MACCE, n (%)	147 (22)	33 (20)	13 (18)	0.72	
Stroke/TIA	14 (2)	7 (4)	1 (1)	0.20	
Peripheral embolism	6 (1)	1 (0.6)	0	0.69	
Myocardial infarction	43 (6)	4 (3)	4 (6)	0.16	
Revascularization	54 (8)	10 (6)	7 (10)	0.62	
Definite/probable stent thrombosis	9 (1)	3 (2)	2 (3)	0.60	
All cause mortality, n (%)	75 (11)	18 (11)	5 (7)	0.54	
Total bleedings, n (%)	119 (18)	33 (20)	12 (16)	0.66	
Minor (BARC 2)	51 (8)	13 (8)	7 (10)	0.81	
Major, n (%)	69 (10)	20 (12)	5 (7)	0.43	
BARC 3a	31 (5)	6 (4)	4 (6)	0.82	
BARC 3b	20 (3)	12 (8)	0	0.005	
BARC 3c	7 (1)	2 (1)	1 (1)	0.95	
BARC 5	10 (2)	0	0	0.17	
Total events $(MACCE + bleeding), n (%)$	219 (40)	56 (40)	21 (34)	0.67	

Abbreviations: BARC, Bleeding Academic Research Consortium; DAPT, dual antiplatelet therapy; MACCE, major adverse cardiac/cerebrovascular events; TIA, transient ischemic attack; TT, triple therapy; VKA, vitamin K antagonist; VKA/C, vitamin K antagonist plus clopidogrel.

this result could be anticipated. Indeed, the percentage of patients discharged on TT (74%) almost perfectly matched that of patients with CHADS $_2$ score ≥ 2 (71%). Nonetheless, some deviation from current recommendations can be appreciated, as a large proportion of patients receiving DAPT were at moderate—high risk of stroke. This is in the absence of significant differences in the risk of bleeding between groups, as shown by comparable HAS-BLED scores. In agreement with current recommendations, the duration of clopidogrel treatment in the TT group has been generally kept short (ie, 1 to 3–6 months), likely aiming to reduce the risk of bleeding.

In contrast with most of the previous literature consistently showing that TT is associated with less MACCE but more bleeding compared to other antithrombotic regimens, ^{14,15} we observed comparable efficacy and safety of TT, DAPT, and VKA/C. Whereas this discrepancy may be accounted for by the heterogeneity in design, indications for VKA and PCI-S, combinations and doses of antithrombotic agents, and follow-up durations of previous studies, ^{14,15} it is of note that our findings are in accordance with more recent data derived from large, Danish, nationwide registries, where a comparable overall efficacy of TT, DAPT, and VKA/C on the occurrence of MACCE in AF patients undergoing PCI-S has been reported.⁷ The lowest prevalence of patients with a CHADS₂ score ≥2

Table 4. Unadjusted and Adjusted Estimates of Patients' Outcome According to Drug Regimen

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Outcome End Point	P	TT, n (%)	DAPT, n (%)	VKA/C, n (%)
Overall survival				
1 month		656 (96.6)	155 (95.7)	72 (100)
6 month		621 (91.5)	148 (92.0)	70 (95.9)
12 month		604 (89.0)	144 (88.9)	68 (93.2)
Log rank	0.527			
CHADS ₂ adjusted	0.516			
DES adjusted	0.575			
Propensity score adjusted	0.561			
Freedom from myocardial infarction				
1 month		650 (99.1)	150 (96.8)	72 (98.6)
6 month		600 (96.3)	141 (94.2)	67 (95.8)
12 month		560 (92.2)	137 (93.5)	65 (94.4)
Log rank	0.170			
CHADS ₂ adjusted	0.223			
DES adjusted	0.168			
Propensity score adjusted	0.247			
Freedom from repeat revascularization				
1 month		653 (99.4)	155 (96.9)	71 (97.3)
6 month		625 (98.7)	149 (96.3)	66 (93.1)
12 month		585 (94.2)	145 (95.0)	63 (90.2)
Log rank	0.691			
CHADS ₂ adjusted	0.755			
DES adjusted	0.660			
Propensity score adjusted	0.218			
Freedom from stent thrombosis				
1 month		653 (99.4)	154 (99.4)	72 (100)
6 month		616 (99.1)	146 (98.1)	68 (97.2)
12 month		598 (98.6)	141 (98.1)	66 (97.2)
Log rank	0.618			
CHADS ₂ adjusted	0.598			
DES adjusted	0.609			
Propensity score adjusted	0.971			
Freedom from stroke/TIA				
1 month		655 (99.7)	153 (98.1)	72 (100)
6 month		619 (99.2)	146 (96.8)	70 (100)
12 month		596 (97.9)	140 (95.5)	67 (98.5)
Log rank	0.192			

Table 4. Continued

Table 4. Continued				
Outcome End Point	Р	TT, n (%)	DAPT, n (%)	VKA/C, n (%)
CHADS ₂ adjusted	0.156			
DES adjusted	0.176			
Propensity score adjusted	0.442			
Freedom from BARC >1 bleedings				
1 month		590 (93.7)	131 (92.8)	66 (95.8)
6 month		542 (90.8)	117 (87.7)	60 (95.8)
12 month		515 (89.4)	112 (86.2)	56 (92.5)
Log rank	0.563			
CHADS ₂ adjusted	0.332			
DES adjusted	0.447			
Propensity score adjusted	0.342			
Freedom from MACCE				
1 month		642 (93.9)	147 (90.7)	69 (94.5)
6 month		587 (86.6)	135 (83.3)	63 (86.3)
12 month		538 (79.4)	129 (79.6)	60 (82.2)
Log rank	0.775			
CHADS₂ adjusted	0.753			
DES adjusted	0.847			
Propensity score adjusted	0.745			

Abbreviations: BARC, Bleeding Academic Research Consortium; DAPT, dual antiplatelet therapy; DES, drug-eluting stent; MACCE, major adverse cardiac/cerebrovascular events; TT, triple therapy; VKA, vitamin K antagonist; VKA/C, vitamin K antagonist plus clopidogrel.

Data are reported as number of patients at risk entering the study intervals (percentage).

(in whom oral anticoagulation is warranted) in the DAPT group compared to the other 2 groups including VKA (ie, TT and VKA/C) should also be taken into account when considering the comparable incidence of stroke observed in our population. Such consideration can also be advocated for the similar results of a recent study where 622 AF patients undergoing PCI-S, in all cases with drug-eluting stents, were enrolled and treated with either TT, DAPT, or the combination of VKA plus single antiplatelet agent (either aspirin or clopidogrel). 16 It must not be overlooked, however, that the relatively small size of our DAPT group may have also played a role in the comparable stroke rate. The incidence of definite/probable ST was also comparable in the 3 treatment groups. Although this could be anticipated for the 2 regimens (ie, TT and DAPT) including DAPT (which is the current therapeutic standard after PCI-S), the comparable incidence with VKA/C is of note. Again, the lack of differences could be due to the size of the population, and especially of the VKA/C group, which was largely undersized to detect differences in a rare event such as ST. Alternatively, it may be hypothesized that an antiplatelet agent more potent than aspirin, such as clopidogrel, might be sufficient when combined with VKA to prevent ST. Indeed, a comparable incidence of ST with TT and VKA/C has also been observed in the recent WOEST study.⁸ Owing to the small sample size, together with the open-label design, the findings relative to the incidence of ST in the WOEST study⁸ cannot, however, be considered conclusive. For the same reasons, the result of a superior efficacy of VKA/C over TT on the occurrence of MACCE cannot be considered conclusive either.⁸ Nonetheless, in our study also, the freedom from MACCE, as shown by the propensity score-adjusted Kaplan-Meier curves (Figure), albeit not reaching statistical significance, appears greater with VKA/C in comparison to both TT and DAPT.

In our population, the incidence of bleeding was not different in the 3 treatment groups. Whereas an increase in bleeding with TT compared to VKA/C has generally been reported, ^{14,15} the relative risk of such an increase has been estimated to be only 0.97 to 1.34. ¹⁴ More recent data derived from large, Danish, nationwide registries further confirm that TT is associated with a nonsignificantly greater risk of bleeding compared to VKA/C, ⁷ thereby supporting our findings of the comparable safety of the 2 regimens. The contrasting observation of a large and significant reduction in the incidence of bleeding with VKA/C compared to TT reported in the recent WOEST study⁸ may again be related

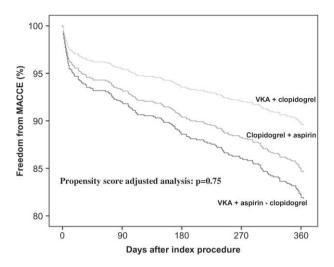


Figure 1. Freedom from major adverse cardiac/cerebrovascular events (MACCE) after percutaneous coronary intervention with stent in patients with atrial fibrillation according to different drug treatment strategies. Estimated rates are adjusted for propensity score. Abbreviations: VKA, vitamin K antagonist.

to methodological features. Among them, the open-label design may have lead to an over-reporting of bleeding events, which were 3- to 4-fold higher than the average incidences reported in the literature, $^{4-7,14,15}$ and in our study, and also much higher than the incidence anticipated at the time of sample size calculation. In contrast with most of the literature reporting a consistent increase in bleeding with TT compared to DAPT, $^{4-7,14,15}$ no differences were seen in our population. The relatively small size, especially of the DAPT group, should be considered when trying to explain this discrepancy with previous studies. $^{4-7,14,15}$

In regard to the severity of bleeding, it is of note that major bleeds, defined as combined BARC 3a, 3b, 3c, and 5,¹² were also comparable in the 3 groups of our population. Previous reports have shown that TT is associated with a 2- and 3-fold higher incidence of major bleeding events compared to antithrombotic regimens not including VKA and DAPT, respectively. 17,18 Whereas the heterogeneity in design, indications for VKA and PCI-S, combinations and doses of antithrombotic agents, and follow-up durations may again have played a role in this discrepancy, 14 it also needs to be acknowledged that only in our study was the antithrombotic treatment actually ongoing at the time of the bleeding event evaluated. Only one-half of the major bleeding events observed after discharge in patients who had been prescribed TT and VKA/C occurred with these regimens ongoing. When considering that, on the contrary, all major bleeds with DAPT occurred with such treatment ongoing, proper attribution of the bleeding event to (and therefore proper estimation of the true safety profile of) the corresponding antithrombotic regimen may have not been accurate in previous reports. Comparison of bleeding rates among studies, however, is difficult, owing to the different bleeding definitions that have been used. In the attempt to more objectively identify and count the bleeding events, thereby potentially forming the base for future comparisons. we applied the more standardized BARC classification. 12

Our study is limited by all of the inherent limitations of observational studies, including individual decision making in treatment choices. The absolute low rate of adverse events (both overall and in the individual groups) and the relative small size of some treatment groups, particularly the group receiving VKA/C, need also to be acknowledged, as they may have precluded the possibility of finding differences among the 3 antithrombotic regimens.

Conclusion

In our large, prospective, real-world population of AF patients undergoing PCI-S, TT was the most frequently prescribed antithrombotic regimen. The 1-year efficacy and safety of TT, DAPT, and VKA/C were comparable (even after adjustment for propensity score). Owing to the acknowledged study limitations, however, we believe that our results should not invalidate the current recommendations of prescribing TT to AF patients at moderate—high risk of stroke. Larger, prospective, randomized trials are warranted to further characterize the efficacy and safety of the various combinations of oral anticoagulants (including newer, non-VKA dabigatran, rivaroxaban, and apixaban) and antiplatelets (including newer P2Y₁₂-receptor inhibitors prasugrel and ticagrelor) in AF patients undergoing PCI-S.

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Appendix

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