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# RESEARCH PAPER

# ATP6V1H facilitates osteogenic differentiation in MC3T3-E1 cells via Akt/GSK3β signaling pathway

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**ABSTRACT.** Type 2 diabetes mellitus (T2DM) accounts for approximately 90% of all diabetic patients, and osteoporosis is one of the complications during T2DM process. ATP6V1H (V-type proton ATPase subunit H) displays crucial roles in inhibiting bone loss, but its role in osteogenic differentiation remains unknown. Therefore in this study, we aimed to explore the biological role of ATP6V1H in osteogenic differentiation. OM (osteogenic medium) and HG (high glucose and free fatty acids) were used to induce the MC3T3-E1 cells into osteogenic differentiation in a T2DM simulating environment. CCK8 assay was used to detect cell viability. Alizarin Red staining was used to detect the influence of

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ATP6V1H on osteogenic differentiation. ATP6V1H expression increased in OM-MC3T3-E1 cells, while decreased in OM+HG-MC3T3-E1 cells. ATP6V1H promoted osteogenic differentiation of OM +HG-MC3T3-E1 cells. Overexpression of ATP6V1H inhibited Akt/GSK3 $\beta$  signaling pathway, while knockdown of ATP6V1H promoted Akt/GSK3 $\beta$  signaling pathway. ATP6V1H overexpression promoted osteogenic differentiation of OM+HG-MC3T3-E1 cells. The role of ATP6V1H in osteogenic differentiation in a T2DM simulating environment involved in Akt/GSK3 $\beta$  signaling pathway. These data demonstrated that ATP6V1H could serve as a potential target for osteogenic differentiation in a T2DM simulating environment.

KEYWORDS. Akt/GSK3β, ATP6V1H, MC3T3-E1, Osteogenic Differentiation, T2DM

#### **INTRODUCTION**

Diabetes mellitus is a chronical metabolic disorder, and could be divided into type 1 diabetes mellitus (T1DM) and type 2 diabetes mellitus (T2DM).<sup>1</sup> T2DM is the most common type of diabetes, which accounts for more than 90% of all diabetes mellitus cases and usually develops in middle-aged adults.<sup>2,3</sup>

ATP6V1H (V-type proton ATPase subunit H) encodes the subunit H of V-type proton ATPase,<sup>4</sup> and plays crucial roles in various biological processes, including a key role in regulating functions of osteoblastic cells.<sup>5</sup> Through interacting with TGF- $\beta$  receptor I and AP-2 complex, ATP6V1H regulates the proliferation and differentiation of bone marrow stromal cells.<sup>6</sup> In zebrafish, ATP6V1H loss-of-function mutants led to severe reduced number of mature-calcified bone cells, demonstrating that ATP6V1H could regulate bone formation.<sup>5</sup> In addition, ATP6V1H<sup>±</sup> knock-out mice showed significantly decreased bone remodeling, bone matrix loss and impaired bone formation.<sup>7</sup>

During the process of T2DM, diabetic osteoporosis is a major complication, which results from variations in nutrition supplement, hormone mutation and alterations in the bone microenvironment.<sup>8,9</sup> Diabetic osteoporosis could subsequently lead to bone loss, reduced bone mineral density, destructed bone microarchitecture and fractures.<sup>10</sup> Moreover, high levels of glucose and free fatty acids have been reported to induce osteoblasts apoptosis and inhibit osteogenic differentiation of preosteoblastic cell line MC3T3-E1.<sup>11,12</sup> To the best of our knowledge, to date, the role of ATP6V1H in diabetic osteoporosis still remains unknown. Therefore in this study, we aimed to detect the biological role of ATP6V1H in osteogenic differentiation.

In the present study, using the OM+HG to mimic T2DM in MC3T3-E1 cells, we found that ATP6V1H expression increased in OM-MC3T3-E1 cells, while decreased in OM+HG-MC3T3-E1 cells. ATP6V1H promotes osteogenic differentiation of OM+HG-MC3T3-E1 cells. Overexpression of ATP6V1H inhibits Akt/GSK3 $\beta$  signaling pathway, while knockdown of ATP6V1H promotes Akt/GSK3 $\beta$  signaling pathway. These data demonstrated that ATP6V1H could serve as the potential target for osteogenic differentiation in a T2DM simulating environment.

#### MATERIALS AND METHODS

#### Cell line and cell culture

Mouse pre-osteoblastic MC3T3-E1 cell line was purchased from ATCC (Manassas, USA). MC3T3-E1 cell line was cultured in  $\alpha$ -MEM (Hyclone, UT, USA) medium along with 10% fetal bovine serum (FBS, Hyclone), 100 units/ml penicillin and 100 g/ml streptomycin.

To induce osteogenic differentiation, MC3T3-E1 cells were cultured in  $\alpha$ -MEM with10% FBS, 20 mM beta-glycerophosphate and 100 mg/mL ascorbic acid for 14 days.

MC3T3-E1 cells were cultured in a mimic T2DM condition in osteogenic medium  $\alpha$ -MEM along with 25 mM glucose (Sigma, MO, USA), 1 mM FFA (palmitic acid and oleic acid at a ratio of 1:2).<sup>12</sup> MC3T3-E1 cells were maintained in a humidified incubator at 37°C with 5% (v/v) CO<sub>2</sub>.

## CCK8 assay

CCK8 assay was used to detect cell viability according to the manufacturer's instruction. Briefly, total of  $2 \times 10^3$ /well cells were cultured in 96-well plates at a final volume of 100 µl. The cells were cultured for 0, 7, 14 days in 5% (v/v) atmosphere of CO<sub>2</sub> at 37°C incubator. Three parallel wells were carried out for each group. Cell viability assay performed each day using Cell Counting Kit-8 (Dojindo) by measuring OD450.

#### Alkaline phosphatase (ALP) activity assay

ALP Diethanolamine Activity Kit (Sigma, USA) was used to detect ALP activity according to the manufacturer's protocol. Briefly, the cells were lysed by RIPA buffer (Sigma, USA) and then incubated with *p*-nitrophenol phosphate at 37°C. One hour later, 2 M NaOH was added to stop the reaction. The 405 nm absorbance was detected using a microplate reader (SpectraMAX Plus, Sunnyvale, CA).

### Alizarin red staining

MC3T3-E1 cells were first washed PBS, followed by fixing at room temperature in 95% ethanol for 10 min. Subsequently, the cells were washed using sterilized water, and incubated with 0.1% Alizarin Red at 37°C for 30 min. The mineralized nodules were stained as orange and red bodies, which were further dissolved by 10% cetylpyridinium chloride. The 562 nm absorbance was detected using spectrophotometer (Bio-Rad, Hercules, CA, USA).

### Plasmid transfection

The MC3T3-E1 cells were transfected using the ATP6V1H overexpression plasmid (p-ATP6V1H), si-ATP6V1H, and the negative control plasmid (p-NC) using Lipofectamine 2000 according to the manufacturer's instruction (Invitrogen, California, USA). Plasmid transfection was performed before osteogenic induction. sequence of si-ATP6V1H 5'-The is GUCGAUUCCUGCGAGUGAAdTdT-3'.

## RNA isolation and quantitative real-time PCR (qRT-PCR)

RNA was isolated from MC3T3-E1 cells using TRIzol reagent (Invitrogen, CA) according to the manufacturer's protocol. cDNA was synthesized using PrimeScript RT Reagent Kit (TaKaRa, Dalian, China). The primers used for detecting the mRNA expression levels are as follows: Runx2: forward 5'- ACA CAC CTC CTC CTA CAC CA-3', reverse 5'- CTT GTC CTG TGT TCC CAT TC-3'; Col1a1: forward 5'- GGG GCA AGA CAG TCA TCG AA -3', reverse 5'- GAG GGA ACC AGA TTG GGG TG -3'. ATP6V1H: forward 5'- CAG GTT CGC TAC AAT GCT CT -3', reverse 5'- TCT GAG GCT GCT CTG ACT GT -3'. GAPDH: forward 5'- TCA CCA CCA TGG AGA AGG C - 3', reverse 5'- GCT AAG CAG TTG GTG GTG CA -3'. The GAPDH mRNA level was used for normalization. The relative expression levels of Runx2, Col1a1 and ATP6V1H were measured by 2  $^{-\Delta\Delta CT}$ method in reference to day zero values.

#### Western blot

MC3T3-E1 cells were lysed using RIPA buffer (sigma, USA) containing 1 mM phenylmethanesulfonyl fluoride (Sigma, USA). The lysates were electrophoresed in 10% SDS-PAGE gel. Subsequently, the lysates were transferred to polyvinylidene fluoride membranes (Invitrogen, Carlsbad, CA, USA), which were then blocked using 5% milk at room temperature. The membranes were incubated with primary antibodies at 4°C overnight. The primary antibodies were as follows: mouse polyclonal anti-Runx2 (1:500) (Sigma, St. Louis, USA), rabbit polyclonal anti-Col1a1 (1:500) (Sigma), rabbit polyclonal anti-ATH6V1H (1:500) (Sigma), rabbit polyclonal anti-SPC-1 (1:500) (Sigma), rabbit polyclonal anti-p-Akt (1:500) (Sigma), rabbit polyclonal anti-Akt (1:1,000) (Santa Cruz, Dallas, USA), rabbit polyclonal anti-p-GSK3β (1:300) (Sangon, Shanghai, China), rabbit polyclonal anti-GSK3β (1:300) (Sangon, Shanghai, China), and rabbit monoclonal anti-β-actin (1:1,000) (Cell Signaling Technology, Boston, USA). Then, the membranes were incubated with HRP conjugated secondary antibody for 2 h at room temperature. The signals were detected using a chemiluminescence reagent kit (Millipore, MA, USA). Image-Pro Plus 6.0 software was used to analyze the relative protein levels.

### Statistical analysis

All data analyzed as the mean  $\pm$  SD. All data are from three separate experiments. The statistical significance was determined using Student's t-test. \* *P* < .01, compared with the control group; # *P* < .01, compared with OM group. *P* < .05 was considered significant.

## RESULTS

# T2DM model was successfully established in MC3T3-E1 cells

To induce osteogenic differentiation, we cultured MC3T3-E1 cells using osteogenic medium (OM). Moreover, 25 mM glucose (high glucose, HG) and 1 mM FFA (palmitic acid and oleic acid at a ratio of 1:2) were added into osteogenic medium (OM+HG-FFA) to establish the T2DM model in MC3T3-E1 cells. As shown in Fig.1A, the cell viability of MC3T3-E1 cells showed almost no difference in the OM group as compared with control group, while were significantly inhibited in OM+HG-FFA group after 7 and 14 days treatments. HG-FFA treatment significantly decreased OM induced ALP activity (Fig.1B). After 14 days of differentiation, the mRNA and protein levels of runt-related transcription factor 2 (Runx2) significantly increased in OM group as compared with the control group (14 days without differentiation), while significantly decreased after HG-FFA treatment (Fig.1C-1E). In addition, the mRNA and protein levels of collagen type I α1 (Col1α1) significantly decreased after HG-FFA treatment as compared with OM group (Fig.1F-1H). These data demonstrate that we successfully established T2DM model in MC3T3-E1 cells.

# ATP6V1H expression decreased in T2DM model

We next detected the role of ATP6V1H in diabetic osteoporosis using the established T2DM model. In MC3T3-E1 cells, 5 days after osteogenic differentiation by OM, ATP6V1H mRNA and protein levels showed no difference in the OM group when compared with the control group. However, 14 days after osteogenic differentiation by OM, ATP6V1H mRNA and protein levels significantly increased as compared with the control group (Fig. 2A-2C). In T2DM model (OM +HG-FFA), ATP6V1H mRNA and protein levels significantly decreased as compared with the OM group (Fig. 2D-2F). These data demonstrated that HG-FFA treatment markedly down-regulated ATP6V1H expression compared with the OM group, and more importantly inhibited osteogenic differentiation.

# ATP6V1H overexpression facilitates osteogenic differentiation

To further detect the role of ATP6V1H in osteodifferentiation. genic we overexpressed ATP6V1H in MC3T3-E1 cells using p-ATP6V1H, while MC3T3-E1 cells transfected with p-NC serve as a negative control. The mRNA and protein levels of ATP6V1H in MC3T3-E1 cells significantly increased after ATP6V1H overexpression (OM+HG-FFA+p-ATP6V1H) as compared with negative control (OM+HG-FFA +p-NC) (Fig.3A-3C), confirming the successful overexpression of ATP6V1H in MC3T3-E1 cells. Runx2 and Col1a1 expression levels increased after osteogenic differentiation, while decreased in T2DM model (OM+HG-FFA +p-NC). In T2DM model, ATP6V1H overexpression (OM+HG-FFA+p-ATP6V1H) recovered mRNA and protein levels of Runx2 (Fig.3D-3F) and Col1a1 (Fig.3G-3I) in T2DM model as compared with negative control (OM+HG-FFA +p-NC). ATP6V1H overexpression also recovered ALP activity which was inhibited in T2DM model (Fig. 3J). There are more mineralized nodules when ATP6V1H was overexpressed (Fig. 3K), accompanied by a significant increase in absorbance (Fig. 3L). These results

FIGURE 1. T2DM model was established in MC3T3-E1 cells. (A) Cell viability was measured by CCK-8 assay 0, 7 and 14 days after combined treatments with OM and HG. ALP activity (B), Runx2 expression (C-E) and Col1 $\alpha$ 1 expression (F-H) were measured 14 days after OM and HG treatment. OM, osteogenic medium; HG, high glucose-free fatty acids; ALP, alkaline phosphatase; Runx2, runt-related transcription factor 2; Col1 $\alpha$ 1, collagen type I  $\alpha$  1. Control, MC3T3-E1 cells cultured in  $\alpha$ -MEM with 10% FBS for 14 days. \* *P* < .01, compared with the control group (growth medium); # *P* < .01, compared with OM group.



FIGURE 2. The expression of ATP6V1H induced by OM was decreased after HG treatment. (A-C) The mRNA and protein expression levels of ATP6V1H significantly increased 14 days after OM treatment. (D-F) HG treatment rescued the upregulation of ATP6V1H induced by OM at day 14. OM, osteogenic medium; HG, high glucose-free fatty acids. Control, MC3T3-E1 cells cultured in  $\alpha$ -MEM with 10% FBS for 14 days. \* *P* < .01, compared with the control group; # *P* < .01, compared with OM group.



demonstrated that ATP6V1H overexpression facilitates osteogenic differentiation.

# ATP6V1H overexpression inhibited Akt/ GSK3β signaling pathway

Previous study has showed the important role of Akt/GSK3 $\beta$  pathway in osteogenic differentiation.<sup>13</sup> We next explored whether the role of ATP6V1H in osteogenic differentiation is achieved through Akt/GSK3 $\beta$  pathway. ATP6V1H overexpression in MC3T3-E1 cells was first confirmed by western blot (Fig. 4A-4B). ATP6V1H overexpression significantly inhibited *p*-Akt and *p*-GSK3 $\beta$  expression levels in MC3T3-

E1 cells (Fig. 4C-4D). These data demonstrated that ATP6V1H overexpression downregulates the Akt/GSK3 $\beta$  signaling pathway in MC3T3-E1 cells.

# ATP6V1H DOWN-REGULATION PROMOTED AKT/GSK3B SIGNALING PATHWAY

We next detected the influence of ATP6V1H down-regulation on the Akt/GSK3 $\beta$  signaling pathway. ATP6V1H down-regulation in MC3T3-E1 cells was first confirmed by western blot (Fig. 5A-5B). The down-regulation of ATP6V1H in MC3T3-E1 cells significantly

promoted p-Akt and p-GSK3ß expression levels in FIGURE 3. ATP6V1H overexpression facilitates osteogenic differentiation. (A-C) ATP6V1H was overexpressed by transfection of plasmid ATP6V1H. (D-F) Runx2 expression was restored by ATP6V1H compared to combined treatments with OM and HG. (G-I) Col1α1 expression was restored by ATP6V1H compared to combined treatments with OM and HG. (J) ALP activity ALP was restored by ATP6V1H compared to combined treatments with OM and HG. (K) The Alizarin Red staining was performed to determine the mineralized degree and (L) the absorbance showed quantified results. OM, osteogenic medium; HG, high glucose-free fatty acids; p-NC, negative control plasmid: p-ATP6V1H, ATP6V1H plasmid, \*P < .01, compared with the control group; #P < .01, compared with OM group.



MC3T3-E1 cells (Fig. 5C-5D). These data demonstrated that ATP6V1H down-regulation promoted the Akt/GSK3 $\beta$  signaling pathway in MC3T3-E1 cells.

#### **DISCUSSION**

In the present study, we explored the role of ATP6V1H in osteogenic differentiation in MC3T3-E1 Cells. We found that ATP6V1H expression increased in OM-MC3T3-E1 cells. while decreased in OM+HG-MC3T3-E1 cells. ATP6V1H promotes osteogenic differentiation of OM+HG-MC3T3-E1 cells. Overexpression of ATP6V1H inhibits Akt/GSK3B signaling pathway, while knockdown of ATP6V1H promotes Akt/GSK3ß signaling pathway. These data demonstrated that ATP6V1H could serve as the potential target for osteogenic differentiation in a T2DM simulating environment. To the best of our knowledge, this is the first evidence showing the role of ATP6V1H in osteogenic differentiation of T2DM model.

ATP6V1H is one of the V-type proton ATPase family members, which are crucial for intracellular compartment acidification of eukaryotic cells, protein degradation regulation, facilitating cellular function and development.<sup>14,15</sup> About 26.7% (4 in 15) SNPs in ATP6V1H genes in 1625 Han Chinese were significantly involved in low mineral density of spine bone.<sup>7</sup> Furthermore, bone remodeling decreased, while bone resorption increased in ATP6V1H  $\pm$  mice.<sup>7</sup> Mechanically, the pH value increased in intracellular osteoclasts, which inhibited TGF- $\beta$ 1 activation and osteoblast formation, while the bone mineralization showed no great difference in ATP6V1H  $\pm$  mice.<sup>7</sup>

ATP6V1H was first found to be associated with the T2DM in Muscle IGF-I receptor (IGF-IR)lysine-arginine (MKR) mice when using isobaric tags for relative and absolute quantification (iTRAQ).<sup>16</sup> In patients with T2DM, the expression levels if oxidative phosphorylation genes, such as ATP6V1H, NDUFA5, NDUFA10 and COX11 significantly decreased in pancreatic islets as compared with healthy donors using microarray analysis,<sup>17</sup> suggesting that the decreased oxidative phosphorylation genes may result in a deficiency FIGURE 4. ATP6V1H downregulates the Akt/GSK3 $\beta$  signaling pathway in MC3T3-E1 cells. (A) The expression of ATP6V1H was detected by western blotting of protein samples from high glucose cultures of MC3T3-E1 cells transfected with negative control plasmid or ATP6V1H plasmid. (B) Quantitative assay of ATP6V1H western blot was performed by Image J software. (C) The expression of *p*-Akt, Akt, *p*-GSK3 $\beta$  and GSK3 $\beta$  was detected by western blotting of protein samples from high glucose cultures of MC3T3-E1 cells transfected with negative control plasmid or ATP6V1H plasmid. (D) Quantitative assay was performed by Image J software. OM, osteogenic medium; HG, high glucose-free fatty acids; *p*-NC, negative control plasmid; *p*-ATP6V1H, ATP6V1H plasmid; Akt, Serine/Threonine Kinase 1; GSK-3 $\beta$ , Glycogen Synthase Kinase 3 $\beta$ . \*P < .01, compared with OM+HG+p-NC group.



FIGURE 5. Knockdown of ATP6V1H upregulates the Akt/GSK3ß signaling pathway in MC3T3-E1 cells. (A) The expression of ATP6V1H was detected by western blotting of protein samples from high glucose cultures of MC3T3-E1 cells transfected with si-NC or si-ATP6V1H. (B) Quantitative assay of ATP6V1H western blot was performed by Image J software. (C) The expression of p-Akt, Akt, p-GSK3ß and GSK3ß was detected by western blotting of protein samples from high glucose cultures of MC3T3-E1 cells transfected with si-NC or si-ATP6V1H. (D) Quantitative assay was performed by Image J software. OM, osteogenic medium; HG, high glucose-free fatty acids; sh-NC, negative control siRNA; si-ATP6V1H, ATP6V1H siRNA; Akt, Serine/Threonine Kinase 1; GSK-3β, Glycogen Synthase Kinase 3 beta. \*P < .01, compared with OM+HG+si-NC group.



in insulin secretion. The research on T2DM in

expression levels in peripheral blood varied Mexican Americans showed that ATP6V1H among different persons. However, ATP6V1H

expression significantly decreased post T2DM development of as compared with predevelopment, indicating that ATP6V1H is involved in the critical molecular mechanism which regulates T2DM development.<sup>18</sup> In the present study, we established T2DM model in MC3T3-E1 cells and found ATP6V1H expression increased after osteogenic differentiation, while T2DM decreased in MC3T3-E1 Cells. ATP6V1H promotes osteogenic differentiation of T2DM MC3T3-E1 cells, indicating the important role of ATP6V1H in T2DM, which is consistent with previous studies.

Akt/GSK3ß signaling pathway plays crucial roles in the various biological process.<sup>19,20</sup> In osteogenic differentiation, alltrans-retinoic acid along with Wnt3A promoted osteogenic markers and potentiated AKT phosphorylation. In addition, pretreatment with LY294002 inhibited the expression levels of osteogenic markers, suggesting that AKT/GSK3ß signaling pathway was partially dependent in all-trans-retinoic acid-induced osteogenic differentiation.<sup>21</sup> Runx2 promoted osteogenic-related genes expression levels, while administration of LY294002 abolished the effect, indicating that Runx2 promotes osteoblast differentiation via regulating AKT/GSK3β/pathway.<sup>22</sup> In our study, we provided evidence that ATP6V1H overexpression inhibits Akt/ GSK3ß signaling pathway, while knockdown of ATP6V1H promotes Akt/GSK3ß signaling pathway. These data demonstrated that ATP6V1H facilitates osteogenic differentiation in MC3T3-E1 cells via Akt/GSK3ß signaling pathway.

The well-accepted method to stimulate T2DM in MC3T3-E1 cells using 25 mM glucose plus FFA (palmitic acid and oleic acid at a ratio of 1:2) was chosen in this study. However, it has been reported that oleic acid prevents palmitic acid-induced inflammation and insulin resistance in many cells.<sup>23</sup> The steatosis extent in oleic acid-treated hepatocytes was higher than palmitic acid-treated, while palmitic acid displayed more apoptosis-inducing effect than oleic acid.<sup>24</sup> In

overweight adults, insulin sensitivity index decreased by 24% when fed with palmitic diet than oleic diet,<sup>25</sup> indicating different sensitivity of oleic and palmitic acid to insulin resistance.

It is important to note that all the data from the study are from the established T2DM model using MC3T3-E1 cell lines, therefore other pre-osteoblastic cell lines should be used for further verification. Moreover, results of our current study have not been acquired from T2DM animal models or T2DM patients, which should be collected in future to further confirm the present in vitro results.

Taken together, we found ATP6V1H expression increased after osteogenic differentiation, while decreased in T2DM MC3T3-E1 cells. ATP6V1H promotes osteogenic differentiation of T2DM MC3T3-E1 cells. overexpression inhibits Akt/ ATP6V1H GSK3ß signaling pathway, while knockdown of ATP6V1H promotes Akt/GSK3ß signaling pathway. These data demonstrated that ATP6V1H facilitates osteogenic differentiation in MC3T3-E1 cells via Akt/GSK3ß signaling pathway.

ATP6V1H promotes osteogenic differentiation in MC3T3-E1 cells via Akt/GSK3 $\beta$  signaling pathway. These data indicate that ATP6V1H may serve as a potential target for clinical treatment of T2DM patients.

## **CONFLICTS OF INTEREST**

Fusong Jiang, Haojie Shan, Chenhao Pan, Zubin Zhou, Keze Cui, Yuanliang Chen, Haibo Zhong, Zhibin Lin, Nan Wang, Liang Yan, Xiaowei Yu declares no conflict of interest.

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