Cellular/Molecular

Estrogen Mobilizes a Subset of Estrogen Receptor- α -Immunoreactive Vesicles in Inhibitory Presynaptic Boutons in Hippocampal CA1

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Although the classical mechanism of estrogen action involves activation of nuclear transcription factor receptors, estrogen also has acute effects on neuronal signaling that occur too rapidly to involve gene expression. These rapid effects are likely to be mediated by extranuclear estrogen receptors associated with the plasma membrane and/or cytoplasmic organelles. Here we used a combination of serial-section electron microscopic immunocytochemistry, immunofluorescence, and Western blotting to show that estrogen receptor- α is associated with clusters of vesicles in perisomatic inhibitory boutons in hippocampal CA1 and that estrogen treatment mobilizes these vesicle clusters toward synapses. Estrogen receptor- α is present in approximately one-third of perisomatic inhibitory boutons, and specifically in those that express cholecystokinin, not parvalbumin. We also found a high degree of extranuclear estrogen receptor- α colocalization with neuropeptide Y. Our results suggest a novel mode of estrogen action in which a subset of vesicles within a specific population of inhibitory boutons responds directly to estrogen by moving toward synapses. The mobilization of these vesicles may influence acute effects of estrogen mediated by estrogen receptor- α signaling at inhibitory synapses.

Key words: glutamic acid decarboxylase; GABAergic; cholecystokinin; parvalbumin; neuropeptide Y; serial-section electron microscopy

Introduction

The classical mechanism of estrogen action involves activation of nuclear transcription factor receptors, estrogen receptor- α (ER α) (Greene et al., 1986; Koike et al., 1987) and/or ER β (Kuiper et al., 1996), and subsequent regulation of gene expression. However, estrogens also exert acute effects on synaptic physiology that occur too rapidly to involve changes in gene expression (Teyler et al., 1980; Wong and Moss, 1992; Rudick and Woolley, 2003). These rapid effects have been attributed variously to extranuclear $ER\alpha/ER\beta$ or to novel ERs (Qiu et al., 2006). The ER(s) mediating the rapid effects of estrogen could be located at the plasma membrane and/or in cytoplasmic compartments. Some studies have reported extranuclear immunoreactivity for $ER\alpha$ (Blaustein et al., 1992; Milner et al., 2001) or $ER\beta$ (Mitra et al., 2003) in dendrites, axons, and glia in the hypothalamus and hippocampus. However, these studies are primarily qualitative, and little is known about how extranuclear ERs might influence neuronal function.

The dorsal CA1 region of the hippocampus is a likely site for extranuclear ER action. Estrogen has profound effects on synaptic structure and function in CA1, yet few neurons in this region

express a nuclear ER (Hart et al., 2001; Blurton-Jones and Tuszynski, 2002; Mitra et al., 2003). Estrogen increases dendritic spine and excitatory synapse numbers in CA1 (Woolley and McEwen, 1992; Adams et al., 2001), increases the sensitivity of CA1 pyramidal cells to excitatory synaptic input (Woolley et al., 1997; Rudick and Woolley, 2001), and increases dorsal hippocampal seizure susceptibility (Terasawa and Timiras, 1968). Both in vitro (Murphy et al., 1998) and in vivo (Rudick and Woolley, 2001; Rudick et al., 2003) studies suggest that estrogen regulates excitatory synaptic connectivity through an initial suppression of inhibitory GABAergic synaptic transmission. Consistent with a direct effect of estrogen on GABAergic neurons, nearly all of the neurons in dorsal CA1 that express a nuclear ER are GABAergic (Hart et al., 2001). These cells express $ER\alpha$; although some CA1 cells express ER β mRNA (Shughrue et al., 1997), there is little evidence for ER β protein in CA1 (Blurton-Jones and Tuszynski, 2002; Mitra et al., 2003). However, despite the fact that nuclear ER α in dorsal CA1 is limited to GABAergic neurons, only 5–14% of these neurons express ER α (Hart et al., 2001). Thus, it appears that too few cells express a nuclear ER to account entirely for the widespread effects of estrogen on CA1 synapses.

In addition to the few $ER\alpha$ -positive nuclei in CA1, there is substantial $ER\alpha$ immunoreactivity (IR) in the neuropil of this region. Because extranuclear $ER\alpha$ -IR is particularly distinct in the cell body layer, we hypothesized that $ER\alpha$ might be present in axonal boutons of GABAergic basket cells that form perisomatic synapses with CA1 pyramidal cells. Here we used serial-section electron microscopic immunocytochemistry and immunofluorescence to show that clusters of vesicles within a specific neuro-

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chemical subpopulation of inhibitory boutons are $ER\alpha$ immunoreactive and that estrogen treatment shifts the location of $ER\alpha$ -immunoreactive vesicle clusters toward synapses. These findings demonstrate a novel mode of estrogen action on presynaptic vesicles.

Materials and Methods

Animals. All animal procedures were performed in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals and were approved by the Northwestern University Institutional Animal Care and Use Committee. Twenty adult, female Sprague Dawley rats [~250 g; 10 for bright-field microscopy and electron microscopy (EM), and 10 for immunofluorescence; Harlan, Indianapolis, IN] were ovariectomized under ketamine (85 mg/kg)/xylazine (13 mg/kg, i.p.) anesthesia and 3 d later were given subcutaneous injections of 10 μ g of 17β -estradiol benzoate or oil vehicle as described previously (Rudick and Woolley, 2001; Ledoux and Woolley, 2005). Twenty-four hours after injection, animals were deeply anesthetized with sodium pentobarbital (80 mg/kg, i.p.) and perfused either with 2% paraformaldehyde/2% glutaraldehyde in 0.1 M phosphate buffer (PB) for immunolabeling with diaminobenzidine (DAB; Sigma, St. Louis, MO) or with 4% paraformaldehyde in PB for immunofluorescence. Additional adult female rats (~250 g; Harlan) were perfused with 2% paraformaldehyde/2% glutaraldehyde in PB for immunolabeling with silver-enhanced nanogold particles (Nanoprobes, Yaphank, NY) or with buffer containing protease inhibitors for Western blots. The efficacy of estradiol treatment was verified by visual assessment of the uterus at the time of perfusion.

Immunolabeling for bright-field microscopy and EM. Immunostaining for ER α was as described previously (Hart et al., 2001). Briefly, perfusion-fixed brains were removed, blocked to contain the hippocampus, postfixed overnight at 4°C, cryoprotected with 30% sucrose, and sectioned (50 or 100 µm), using an SM 2000 R freezing microtome (Leica, Bannockburn, IL), into coronal sections spanning the dorsal hippocampus. To increase antigenicity, tissue was preincubated in 10% sodium borohydride (Sigma) before processing (Leenen et al., 1985). For visualization with DAB, alternating sections were labeled with rabbit polyclonal MC-20 (0.5 μg/ml; Santa Cruz Biotechnology, Santa Cruz, CA) or mouse monoclonal 6F11 (1:50; Novocastra, Newcastle, UK), followed by species-specific biotinylated IgG (1:800; Vector Laboratories, Burlingame, CA), and visualized with DAB using an ABC kit (Vector Laboratories). Neither MC-20 (Azcoitia et al., 1999) nor 6F11 (Bevitt et al., 1997) cross-reacts with ERB. Some sections were then dehydrated. cleared, and coverslipped under Eukitt for bright-field evaluation of nuclear and exatranuclear labeling. The remaining sections were stained with osmium tetroxide and flat embedded in Eponate resin (Ted Pella, Redding, CA) for EM. For each brain, 200–230 serial thin sections (\sim 70 nm) were cut on a Reichert Ultracut S ultramicrotome (Leica), collected on formvar-coated slot grids, and stained with uranyl acetate and lead citrate (Ted Pella). Brains were coded before sectioning so that the experimenter was blind to the treatment condition during all phases of image collection, three-dimensional reconstruction, and analysis.

Additional animals were used for MC-20 immunolabeling visualized with silver-enhanced nanogold particles. Tissue was processed identically to that above, except that the primary incubation was followed by nanogold-coupled IgG (1:50) and HQ-silver reagent (Nanoprobes). Sections were then stained with osmium tetroxide and flat embedded in Eponate resin (Ted Pella) for thin sectioning. Short series of thin sections (\sim 70 nm) were cut and, as above, collected on formvar-coated slot grids and stained with uranyl acetate and lead citrate.

Quantification of ER α -immunoreactive nuclei. The numbers of ER α -immunoreactive nuclei in the dorsal subiculum, CA1, CA3, and dentate gyrus subregions were estimated using the optical disector/fractionator (West et al., 1991) as described by Hart et al. (2001). Tissue was visualized on an Olympus (Tokyo, Japan) BX60 microscope equipped with a Dage (Michigan City, IN) DC330 camera and ImagePro Plus software (Media Cybernetics, Silver Spring, MD). Briefly, a grid consisting of squares (353 μ m²) was superimposed random-systematically over a low-magnification image of every fifth section through the dorsal hippocam-

pus. Each square contained an identically placed counting frame that was 1/16th the area of the square. When any part of the hippocampus was contained within the counting frame, the number of labeled nuclei within the frame was counted. The most intensely labeled nuclei generally were observed in conjunction with lighter cytoplasmic labeling in the soma and most proximal dendrites. Counts were made with a $100\times$ oil-immersion lens starting 3 μ m below the surface and continuing in 0.5 μ m steps though a depth of 13 μ m. The total number of cells was then estimated using the following formula: # cells = $\Sigma Q^-(t/h)(1/asf)(1/ssf)$, where Q^- is the total number of cells counted, t is the section thickness (50 μ m), h is the height of the disector (10 μ m), asf is the area sampling fraction (1/16), and ssf is the section sampling fraction (1/5).

Three-dimensional EM reconstruction. The dorsal CA1 pyramidal cell layer was imaged using a JEOL (Peabody, MA) 100CX electron microscope. In tissue labeled with MC-20 visualized with DAB, five areas, each containing an ER α -immunoreactive perisomatic bouton, were identified in a section near the middle of each set of serial thin sections. Negatives of these five areas were taken at 10,000× from the middle section and from 40 to 50 serial sections on both sides (five stacks of 80–100 serial negatives per brain). Negatives were scanned at 1600 dpi and aligned with SEM Align software (courtesy of K. M. Harris, University of Texas, Austin, TX, and J. C. Fiala, Boston University, Boston, MA). The plasma membrane, synaptic densities, and mitochondria were traced and reconstructed using IGL Trace software (courtesy of K. M. Harris and J. C. Fiala). The location of each vesicle in a bouton was also marked. Measurements of volume, synaptic area, and numbers of vesicles for each bouton were generated using IGL Trace. The distance between each vesicle and synapse in a bouton was measured using Reconstruct software (courtesy of K. M. Harris and J. C. Fiala) and converted into a measurement of relative distance, with 1.0 being the maximum distance from the synapse that a vesicle could be. For boutons with more than one synapse, the synapse nearest to the ER α -immunoreactive vesicle cluster was used for the relative distance measure.

Western blots. Western blots were used to confirm MC-20 specificity in dorsal CA1. Buffer-perfused brains were removed, blocked to contain the hippocampus, and sectioned (300 $\mu \rm m$), using an OTS 4000 oscillating tissue slicer (EMS, Hatfield, PA), into coronal sections spanning the rostrocaudal extent of the dorsal hippocampus. The CA1 region was dissected from these slices on ice and homogenized in ice-cold 20 mM PBS, pH 7.4, with 2 mM EGTA and 1 mM phenylmethylsulfonyl fluoride (PMSF). The homogenate was lysed with 1.5% Triton X-100, incubated on ice for 30 min, and centrifuged at 15,000 \times g for 20 min. The supernatant was collected as the whole-cell fraction and kept frozen at $-80^{\circ}\rm C$ until use.

Western blots were also used to confirm ER α in cytoplasmic, synaptosomal, and synaptic vesicle fractions isolated from the dorsal hippocampus by differential centrifugation (Huttner et al., 1983). For these experiments, rats were perfused with ice-cold homogenization buffer (320 mм sucrose, 4 mм HEPES-NaOH buffer, pH 7.4, 2 mм EGTA, 1 mм sodium orthovanadate, 0.1 mm PMSF, 50 mm sodium fluoride, 10 mm sodium pyrophosphate, 20 mM glycerophosphate, 1 μg/ml leupeptin, and 1 μ g/ml aprotinin). The brains were rapidly removed, and all subsequent steps were performed at 4°C. Dorsal hippocampi were dissected and homogenized, followed by centrifugation at $1000 \times g$ for 10 min to remove large cell fragments and nuclear material. The supernatant was centrifuged at 17,000 \times g for 15 min to yield cytoplasmic proteins in the supernatant. The pellet from this spin was resuspended in homogenization buffer and centrifuged at 17,000 \times g for an additional 15 min to yield washed synaptosomes. The synaptosomal fraction then was hypoosmotically lysed and centrifuged at 25,000 \times g for 20 min to yield synaptosomal plasma membranes and crude synaptic vesicles. Crude synaptic vesicles then were centrifuged at $160,000 \times g$ for 2 h to pellet the synaptic vesicle fraction. Cytoplasmic proteins, washed synaptosomes, and synaptic vesicle fractions were analyzed. For all Western blots, protein concentration was determined using the Bio-Rad (Hercules, CA) protein assay. The protein sample was mixed with Laemmli sample buffer (62.5 mm Tris-HCl, pH 6.8, 25% glycerol, 2% SDS, 0.01% bromophenol blue, and 5% β -mercaptoethanol), boiled for 5 min, and separated on a 10% SDS-PAGE gel. After electrophoresis, proteins were

transferred to polyvinylidene difluoride membranes (Millipore, Billerica, MA). The membrane was blocked in 5% nonfat milk, probed for synaptophysin with MAB5258 (1:1,000,000; Chemicon, Temecula, CA) and/or ER α with MC-20 (0.1 μ g/ml), followed by horseradish peroxidase-coupled anti-mouse (1:2000) or anti-rabbit (1:1000) IgG (Vector Laboratories), and visualized using enhanced chemiluminescence (ECL Plus; GE Healthcare, Piscataway, NJ).

Immunofluorescence. Perfusion-fixed brains were removed, blocked to contain the hippocampus, postfixed overnight at 4°C, cryoprotected with 30% sucrose, and cut on a freezing microtome (Leica) into coronal sections (40 µm) spanning the rostrocaudal extent of the dorsal hippocampus. Sections were systematically distributed into four groups double labeled for ER α (0.1 μ g/ml, MC-20) and one of the following: mouse monoclonal glutamic acid decarboxylase 65 (GAD65) (0.3 μg/ml, MAB351; Chemicon), mouse monoclonal parvalbumin (PV) (1:8000, P3088; Sigma), rabbit polyclonal cholecystokinin (CCK) (1:1000, PC206L; Calbiochem, La Jolla, CA), or rabbit polyclonal neuropeptide Y (NPY) (1:4000, N9528; Sigma). Tissue processing was as described previously (Hart et al., 2001), except for visualization with species-specific IgG directly coupled to a fluorochrome. For ER α colocalization, ER α -IR was visualized with Alexa Fluor 568, whereas GAD-, PV-, CCK-, and NPY-IRs were visualized with Alexa Fluor 488 (each 2.5 μg/ml; Invitrogen, San Diego, CA). For NPY colocalization with GAD, NPY-IR was visualized with Alexa Fluor 568, whereas GAD-IR was visualized with Alexa Fluor 488. Incubations were simultaneous in cases in which primaries were raised in different species (ER α and GAD or PV); controls included omission of primary antiserum or antibody. Incubations were sequential in cases in which primaries were raised in the same species (ER α and CCK or NPY). In these cases, a second blocking step was included after the first secondary incubation, and some tissue was processed with the second primary antiserum omitted as an additional control. In these controls, no labeling of the first primary antiserum with the second secondary antiserum was detected. All sections were mounted in order on subbed slides, dehydrated, cleared, rehydrated, coverslipped under Vectashield (Vector Laboratories), and sealed with nail polish.

Slides were coded before image collection, so the experimenter was blind to the treatment condition of each brain during all phases of image collection and analysis. Tissue was imaged using a spinning disc laser confocal system (PerkinElmer, Wellesley, MA) with a 100× oil objective. For each brain, three image stacks in each hemisphere were collected from three sections in each brain, for a total of 18 stacks per brain. The volume of each stack was 21,600 μm^3 (ER α and GAD or PV) or 10,800 μm^3 (ER α and CCK or NPY) and consisted of a 70 × 70 μm image field taken at 0.2 μm z-steps with the CA1 pyramidal cell layer in the center of the field. Quantification of immunofluorescence and colocalization were performed using Volocity software (Improvision, Lexington, MA).

Statistics. Cumulative histograms of relative distances were generated for oil and estradiol treatment groups and compared using the Kolmogorov–Smirnov (K-S) test ($D_{\rm max}=0.163$ for p<0.01; n=100). The mean relative distance of ER α -immunoreactive vesicles and means for measures of basic structural characteristics of boutons as well as fluorescence and colocalization were calculated for each brain, and treatment groups were compared using Student's t test (unpaired, two-tailed; n=4) using SPSS (Chicago, IL) software.

Data display. All figures were prepared with Photoshop (Adobe Systems, San Jose, CA). Graphs and histograms were plotted using SigmaPlot (SPSS). Bouton reconstruction files were imported into and rendered with 3D StudioMax (Autodesk, San Raphael, CA).

Results

Nuclear and extranuclear ER α -IR

We confirmed nuclear and extranuclear $ER\alpha$ -IR in the dorsal CA1 cell body layer of adult female rats using MC-20, a polyclonal antiserum raised against the C terminus of mouse $ER\alpha$ visualized with DAB. As described previously (Hart et al., 2001), nuclear $ER\alpha$ -IR was present in a relatively small proportion of cells located primarily in the dendritic layers; pyramidal cell nuclei were unlabeled (Fig. 1A). Extranuclear $ER\alpha$ -immunoreactive puncta were

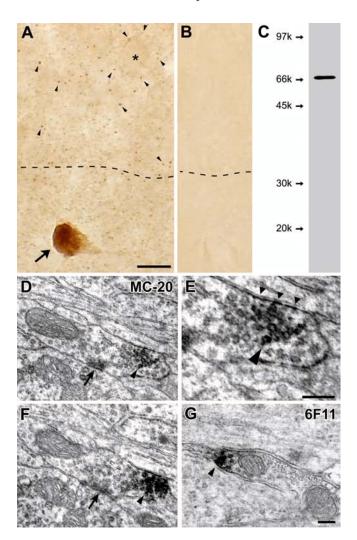


Figure 1. Extranuclear ER α -IR in the dorsal CA1 cell body layer. **A**, ER α -IR visualized with bright-field microscopy. The dashed line delineates the boundary of the cell body layer (above) and stratum radiatum (below). Extranuclear $ER\alpha$ -immunoreactive puncta (small dark dots, some of which are indicated by arrowheads) are numerous and occasionally appear to ring unlabeled somata (asterisk). A cell with interneuron-like morphology located in the proximal stratum radiatum contains nuclear ERlpha-IR (arrow). **B**, High-magnification view of the same area from tissue processed with the primary antiserum omitted. No labeling is observed. C, Western blot probed with MC-20, the antiserum used for quantification of ERlpha-IR, showing a single band at \sim 67 kDa. **D**, Electron micrograph of one of two consecutive sections showing MC-20 labeling for ER α on a portion of vesicles (arrowhead) located in a presynaptic bouton forming a symmetric synapse (arrow) with a CA1 pyramidal cell soma. Note that ERlphaimmunoreactive vesicles appear to be clustered. E, Higher magnification of the same section as in \boldsymbol{D} shows ER α -IR associated with vesicles (large arrowhead) and nearby on the bouton plasma membrane (small arrowheads). **F**, The section adjacent to that in **D** shows the same $ER\alpha$ immunoreactive vesicle cluster. ${\it G}$, ERlpha labeling with 6F11 is qualitatively similar to labeling with MC-20, with ER α -IR associated with vesicles and the bouton plasma membrane (arrowhead). Scale bars: **A**, **B**, 10 µm; **D**, **F**, **G**, 200 nm; **E**, 200 nm.

observed throughout CA1 but were particularly distinct in the cell body layer and occasionally appeared to ring unlabeled pyramidal cell somata. This suggested that ER α -IR might be contained within perisomatic axonal boutons of inhibitory basket cells, a question we addressed subsequently with EM. Both nuclear and extranuclear ER α labeling were absent when the primary antiserum was eliminated (Fig. 1*B*) or when the antiserum was preadsorbed with blocking peptide (Hart et al., 2001). Western blots of whole-cell extracts from dorsal CA1 confirmed that the MC-20 antiserum recognized a single protein band at \sim 67 kDa (Fig. 1*C*), the predicted size of ER α in the rat (Koike et al., 1987). Qualitatively similar punctate ER α -IR

was also observed in tissue labeled with 6F11, a monoclonal antibody raised against full-length $ER\alpha$ (data not shown).

We confirmed that, as reported previously for 72 h treatment (Hart et al., 2001), estrogen treatment for 24 h in vivo had no significant effect on the number of $ER\alpha$ -immunoreactive nuclei in any hippocampal subregion. We quantified $ER\alpha$ immunoreactive nuclei in the dorsal hippocampus of six ovariectomized oil-treated (OVX+O) and six ovariectomized, estrogen-treated (OVX+E) adult female rats using the optical disector/fractionator. The total numbers of immunoreactive nuclei were as follows: in subiculum: 1850 \pm 507 (OVX+O) and 1100 \pm 73 (OVX+E); in CA1: 1566 \pm 286 (OVX+O) and 917 \pm 70 (OVX+E); in CA3: 3567 \pm 724 (OVX+O) and 2733 \pm 279 (OVX+E); in dentate gyrus: 2000 \pm 392 (OVX+O) and 1767 \pm 196 (OVX+E). All p values were >0.07. Thus, in contrast to the effect of estrogen on hippocampal slice cultures, in which estrogen treatment for 8 d upregulates $ER\alpha$ -IR (Rune et al., 2002), shorter treatments with estrogen in vivo do not appear to influence nuclear ER α expression in the hippocampus.

Next, we used pre-embedding EM immunocytochemistry to investigate whether inhibitory axonal boutons in the CA1 cell body layer contain ER α -IR. We were especially interested in the possibility that ER α is expressed in inhibitory boutons because we have shown previously that estrogen suppresses inhibitory GABAergic synaptic transmission in CA1 (Rudick and Woolley, 2001; Rudick et al., 2003). Inhibitory boutons were recognized as those that formed synapses with symmetric presynaptic and postsynaptic densities, >95% of which are GABA immunoreactive in the CA1 cell body layer (Ledoux and Woolley, 2005). Electron imaging of tissue labeled for ER α using either the MC-20 antiserum (Fig. 1D-F) or the 6F11 antibody (Fig. 1G) revealed that ER α -IR within inhibitory boutons was most often found associated with vesicles that appeared to be clustered. Occasionally, we also observed labeling on patches of the plasma membrane near $ER\alpha$ -immunoreactive vesicles. Additionally, small clumps of ER α -IR were present within pyramidal cell bodies, excitatory boutons, dendrites, and glia. The pattern of immunoreactivity was identical in tissue labeled with MC-20 compared with 6F11.

We performed two additional analyses to confirm $ER\alpha$ associated with synaptic vesicles: EM immunocytochemistry with immunogold visualization and Western blot analysis of synaptic vesicle fractions. Evaluation of extranuclear $ER\alpha$ -IR in the CA1 cell body layer visualized with immunogold showed the same pattern of labeling as observed with DAB. Gold particles were observed most frequently associated with vesicles in axonal boutons (1–5 particles) (Fig. 2A), dendritic spines (1–6 particles), and glia (1–10 particles); particles also were observed in neuronal nuclei and associated with somatic organelles. In some series, gold particles were observed in the same locations spanning consecutive sections.

Western blots of cell fractions probed with MC-20 (Fig. 2 B) also confirmed that ER α is associated with synaptic vesicles. Consistent with Western blots of whole-cell fractions, cytoplasmic protein fractions contained a single band at \sim 67 kDa. Synaptophysin, a presynaptic vesicle protein, was present in relatively low levels in cytoplasmic fractions. Synaptophysin was concentrated in synaptosomes, as expected, but ER α did not represent a sufficient proportion of total synaptosomal protein to be detectable. However, ER α was detectable in synaptic vesicle fractions derived from synaptosomes. Interestingly, ER α labeling in synaptic vesicle fractions consistently showed three bands. The major band

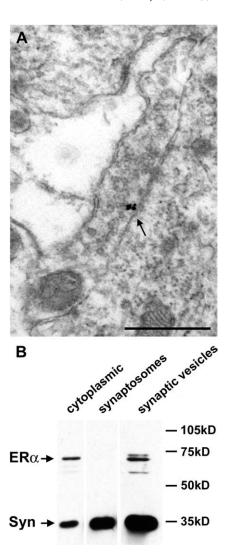


Figure 2. Immunogold and Western blot confirmation of $\text{ER}\alpha$ -IR association with synaptic vesicles. **A**, Electron micrograph of $\text{ER}\alpha$ -IR visualized with immunogold (arrow) in a presynaptic bouton in the CA1 cell body layer. Scale bar, 500 nm. **B**, A Western blot of cytoplasmic, synaptosomal, and synaptic vesicle proteins probed for synaptophysin (Syn) and $\text{ER}\alpha$ shows that $\text{ER}\alpha$ is present in both cytoplasmic and synaptic vesicle fractions. Cytoplasmic fractions show a single band at \sim 67 kDa, whereas synaptic vesicle fractions show a major band at \sim 67 kDa and two additional minor bands (see Results).

appeared at the expected \sim 67 kDa, along with a slightly higher molecular weight band and a faint band at a lower molecular weight. The higher molecular weight band could represent ER α that has been post-translationally modified by phosphorylation or palmitoylation, which has been shown to promote its association with membranes (Acconcia et al., 2005). The identity of the lower molecular weight band is unknown.

Colocalization of extranuclear ER α -IR with GAD-IR

Having shown that $ER\alpha$ -IR is contained within inhibitory axonal boutons where it is associated with vesicles, we next asked how many inhibitory boutons contain $ER\alpha$ -IR. To investigate this question, we double labeled hippocampal tissue for $ER\alpha$ and GAD, the rate-limiting enzyme in GABA synthesis and a marker for inhibitory neurons; GAD antibodies label inhibitory axonal boutons intensely. We evaluated GAD-IR and $ER\alpha$ -IR in five OVX+O and five OVX+E adult female rats. Projected images from stacks of optical sections showed characteristic GAD-IR in

the cell body layer, with labeled varicosities arranged in rings around unlabeled pyramidal cell somata (Fig. 3A). For both GAD-IR and ER α -IR, measurements of fluorescence intensity, volume, number of labeled objects, and percentage of colocalization were unaffected by estrogen, so data from both treatment groups were combined (n = 10). The lack of estrogen effect on extranuclear ERα-IR mirrored the lack of effect on nuclear ER α -IR. Quantitative analysis of 18 image stacks per brain (21,600 μ m³ per stack) showed that 32.4 \pm 0.6% of the 3815 \pm 141 GADimmunoreactive varicosities per stack contained ERα-immunoreactive puncta (Fig. 3 B, C), and 24.0 \pm 0.5% of the 5549 \pm 187 ER α -immunoreactive puncta per stack were located in GAD-immunoreactive varicosities (Fig. 3C). This analysis indicated that extranuclear $ER\alpha$ -IR is found in approximately one-third of GABAergic varicosities in the cell body layer but that a substantial fraction of punctate $ER\alpha$ -IR is located in non-GABAergic structures as well. The observation that not all $ER\alpha$ immunoreactive puncta colocalize with GAD-immunoreactive varicosities is consistent with previous qualitative EM observations of $ER\alpha$ -IR in multiple extranuclear sites, such as dendrites, glia, excitatory axonal boutons, and somatic organelles (Milner et al., 2001).

Serial EM reconstruction of axonal boutons containing $ER\alpha$ -IR

Next, we used serial-section EM to generate three-dimensional reconstructions of axon segments containing ER α -immunoreactive vesicles to address three questions: (1) Does a single axon contain boutons both with and without ER α -immunoreactive vesicles? (2) Are boutons with ER α -immunoreactive vesicles structurally different from those without labeled vesicles? (3) Does estrogen treatment affect ER α -immunoreactive vesicles? We reconstructed axon segments

containing ER α -IR visualized with DAB in tissue from each of eight rats, four OVX+O and four OVX+E (three to seven segments per rat). A total of 48 perisomatic inhibitory boutons from ER α -immunoreactive-containing axon segments were completely reconstructed and analyzed, as were 32 neighboring inhibitory boutons that synapsed with the same CA1 pyramidal cells. Examination of reconstructed boutons confirmed that, when present, ER α -immunoreactive vesicles were clustered but that clusters of labeled vesicles occur in only a subset of boutons on any single axon (Fig. 4). Thirty-three of the 80 boutons that we reconstructed contained ER α -immunoreactive vesicle clusters, roughly consistent with the GAD/ER α immunofluorescence colocalization analysis. In boutons containing labeled clusters, ER α -immunoreactive vesicles accounted for 10.7 \pm 0.8% of all presynaptic vesicles, and the number of vesicles per cluster did

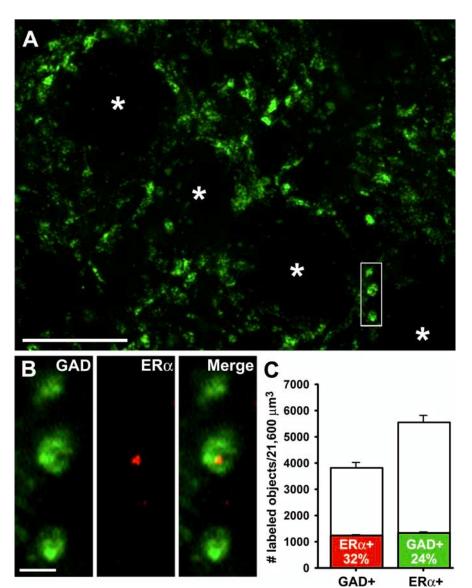


Figure 3. Colocalization of GAD-immunoreactive varicosities and ER α -immunoreactive puncta. **A**, A 2- μ m-thick image stack shows GAD-immunoreactive varicosities surrounding unlabeled somata (asterisks), presumably of pyramidal cells. **B**, Higher-magnification views of the boxed area in A through 0.4 μ m of tissue. Portions of three GAD-immunoreactive varicosities (green) are shown, one of which contains punctate ER α -IR (red). **C**, Quantification of GAD-immunoreactive and ER α -immunoreactive colocalization. The entire height of each bar represents the average total number of labeled varicosities (GAD-IR) or puncta (ER α -IR) per 4 μ m stack of optical sections (21,600 μ m 3 volume); the colored portion of each bar represents the average number and percentage of varicosities or puncta that are double labeled. Error bars indicate SEM. Scale bars: **A**, 10 μ m; **B**, 1 μ m.

not differ between OVX+O and OVX+E boutons. It should be noted that because the DAB reaction product is diffusible up to $\sim\!100$ nm (Courtoy et al., 1983), it is possible that our measurement of 10.7% vesicles per bouton overestimates the true number of ER α -containing vesicles. Interestingly, patches of ER α -IR on the bouton plasma membrane were strongly associated with the presence of ER α -immunoreactive vesicles; we found only one bouton that lacked labeled vesicles and showed any detectable ER α -IR at the plasma membrane. None of the basic structural features of individual boutons (volume, presynaptic density area, single vs multiple synapses, presence of mitochondria, total vesicle number or vesicle density) was different between boutons that contained ER α -immunoreactive clusters and those that did not, and none of these parameters was affected by estrogen treatment (Table 1).

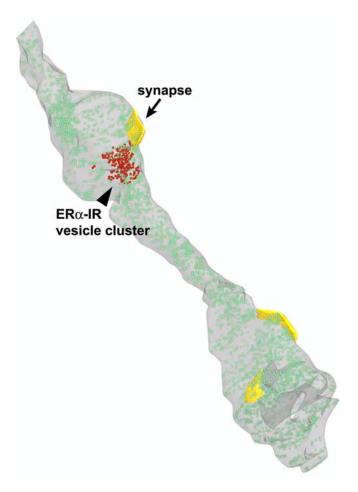


Figure 4. Three-dimensional reconstruction of an axon segment containing $ER\alpha$ -immunoreactive vesicles. An axon segment from an estradiol-treated animal reconstructed through 80 serial sections shows two boutons that form perisomatic inhibitory synapses (yellow) with a CA1 pyramidal cell. Only one of the boutons contains a cluster of $ER\alpha$ -immunoreactive vesicles (red). Green, Non- $ER\alpha$ -immunoreactive vesicles; gray, bouton plasma membrane.

Although the basic structural features of ER α immunoreactive-containing boutons did not differ between OVX+O and OVX+E animals, plotting the location of presynaptic vesicles within each bouton revealed a striking effect of estrogen to shift the location of ER α -immunoreactive vesicle clusters closer to synapses (Fig. 5A, B). Because axonal boutons vary widely by size, we determined the proximity of presynaptic vesicles to synapses using a relative distance measurement. For each bouton, the distance between each presynaptic vesicle and the nearest synapse was measured and converted to a value between 0 and 1.0, with 1.0 being the maximum distance that a vesicle could be from the synapse. Comparison of histograms of relative distances in the 33 completely reconstructed boutons that contained ER α -IR (Fig. 5C,D, filled bars) showed that labeled vesicle clusters were located significantly closer to the nearest synapse in OVX+E compared with OVX+O boutons (n = 13OVX+O; n = 20 OVX+E; K-S test, p < 0.01) (Fig. 5D, inset). Comparison of the mean relative distances on a per animal basis confirmed that estrogen decreased the distance between ERαimmunoreactive vesicles and the nearest synapse by approximately one-half (n = 4; unpaired, two-tailed, Student's t test, p =0.03). Additionally, although initial inspection of the histograms showing relative distances of unlabeled vesicles in OVX+O and OVX+E boutons (Fig. 5C,D, open bars) suggested that they also

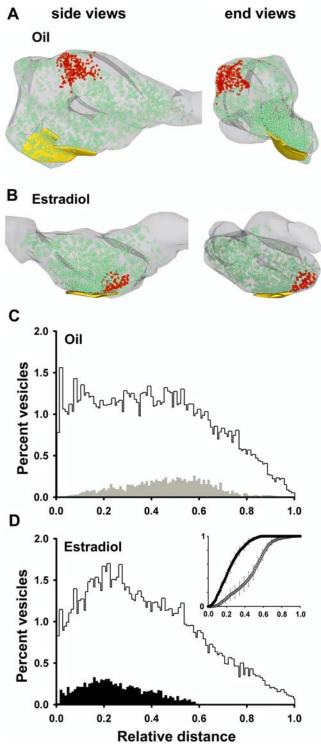


Figure 5. Three-dimensional reconstructions and vesicle distances in perisomatic inhibitory boutons containing $ER\alpha$ -immunoreactive vesicle clusters. A, B, Side and end views (rotated by 90°) of reconstructed boutons from an oil-treated (A) and an estradiol-treated (B) animal showing that $ER\alpha$ -immunoreactive vesicle clusters (red) are located closer to the synapse (yellow) in the bouton from an estrogen-treated animal (green, non- $ER\alpha$ -immunoreactive vesicles; gray, bouton plasma membrane). C, D, Histograms showing the relative distance from the synapse of vesicles in reconstructed boutons containing $ER\alpha$ -immunoreactive clusters in oil-treated (C) and estradiol-treated (C) animals. Distributions of $ER\alpha$ -immunoreactive vesicles are represented with filled bars (gray, oil; black, estradiol), whereas the distribution of non- $ER\alpha$ -immunoreactive vesicles are represented by open bars. The inset in C shows cumulative histograms of the relative distances of $ER\alpha$ -immunoreactive vesicles in oil (gray) and estradiol (black) animals demonstrating that labeled vesicles are located significantly closer to synapses after estrogen treatment (K-C) test, C0.01).

Table 1. Structural characteristics of reconstructed perisomatic inhibitory boutons in the dorsal CA1 cell body layer

Bouton structural parameter	Oil treated		Estradiol treated	
	$\overline{ER\alpha + (n=4)}$	$ER\alpha - (n = 4)$	$\overline{ER\alpha + (n=4)}$	$ER\alpha - (n = 4)$
Volume (μ _M ³)	0.44 ± 0.11	0.45 ± 0.08	0.49 ± 0.06	0.46 ± 0.07
Presynaptic density area (μ M ²)	0.08 ± 0.02	0.09 ± 0.02	0.08 ± 0.01	0.09 ± 0.01
Boutons with multiple synapses (%)	56 ± 21	64 ± 8	51 ± 11	63 ± 5
Boutons containing mitochondria (%)	100 ± 0	89 ± 7	88 ± 7	87 ± 4
Total number of vesicles	1891 ± 144	2245 ± 144	2325 ± 324	2950 ± 729
Vesicle density (#/ μ M 3)	4882 ± 685	5676 ± 764	5104 ± 611	6298 ± 780

The mean (\pm SEM) for each parameter is shown both for boutons with (ER α +) and without (ER α -) ER α -immunoreactive vesicle clusters from oil- and estradiol-treated animals. Neither ER α -IR content nor estrogen treatment sionificantly affected any parameter measured.

might be affected by estrogen, no significant difference or trend was detected (K-S test, p>0.20). Thus, the effect of estrogen to shift the location of presynaptic vesicles is specific for those that are ER α immunoreactive. The observation that estrogen regulates the location of labeled vesicle clusters relative to synapses argues strongly that ER α -IR on vesicles is either ER α itself or a very closely related protein. These appear to be a specific subset of presynaptic vesicles that, because they contain ER α , are regulated by estrogen separately from other presynaptic vesicles in the same bouton.

Colocalization of extranuclear ER α -IR with PV- or CCK-IR

The perisomatic inhibitory boutons we reconstructed arise from basket cells, a population of GABAergic neurons that can be divided into two subtypes based on PV or CCK immunolabeling, each of which has distinct physiological roles in the hippocampus (Freund and Buzsaki, 1996; Freund, 2003). To determine whether $ER\alpha$ -IR is located specifically in one class of basket cell, we used double-label immunofluorescence to quantify colocalization of ER α -IR with PV- or CCK-IR in the cell body layer in five OVX+O and five OVX+E animals. Estrogen treatment did not affect any parameter of PV-IR, CCK-IR, or colocalization, so data from both groups were combined (n = 10). Tissue double labeled for PV and ER α showed the characteristic "beads on a string" PV staining of axons and axonal varicosities, but there was no colocalization of ER α -IR and PV-IR (Fig. 6A). In contrast, $ER\alpha$ -IR did colocalize with CCK-IR, which labels in a more punctate pattern (Morales and Bloom, 1997) than GAD or PV (Fig. 6B). Quantitative analysis of 18 image stacks per brain $(10,800 \ \mu \text{m}^3 \text{ per stack})$ showed that $25.2 \pm 0.6\%$ of 3817 ± 177 CCK-immunoreactive puncta per stack colocalized with ER α -IR and 36.2 \pm 0.8% of 2762 \pm 72 ER α -immunoreactive puncta per stack colocalized with CCK-IR (Fig. 6E). Thus, the axonal boutons containing ER α -immunoreactive vesicle clusters that we analyzed with serial-section EM likely belong to CCK basket cells and not PV basket cells.

Because the number of CCK-immunoreactive puncta was greater than the number of GAD-immunoreactive varicosities in the same volume, either there are multiple CCK-immunoreactive puncta per varicosity and/or some CCK-immunoreactive puncta are located in structures other than GABAergic varicosities. Consistent with the second possibility, CCK labeling has been shown previously in dendrites in CA1 (Harris et al., 1985; Morales and Bloom, 1997). The number of ER α /CCK-immunoreactive structures per stack was 902 \pm 42, which is similar to the number of ER α /GAD-immunoreactive structures calculated for the same volume, 624 \pm 31. Thus, most of the puncta that colocalize ER α -IR and CCK-IR are likely to be in GABAergic boutons.

Colocalization of extranuclear ER α -IR with NPY-IR

A subset of GABAergic neurons in CA1 also expresses NPY (Freund and Buzsaki, 1996), and some NPY neurons express

nuclear ER α (Sar et al., 1990), suggesting that extranuclear ER α -IR also might be found in NPY neurons. To investigate this, we analyzed colocalization of ER α -IR and NPY-IR in the same tissue used for PV and CCK analyses. No measure of immunofluorescence or colocalization was affected by estrogen treatment, so data from both groups were combined (n=10). Quantitative analysis of ER α -IR and NPY-IR in the cell body layer (Fig. 6C) showed that 30.3 \pm 0.6% of 4165 \pm 170 NPY-immunoreactive puncta colocalized with ER α -IR and 49.9 \pm 2.2% of 2662 \pm 44 ER α -immunoreactive puncta colocalized with NPY-IR (Fig. 6*E*).

The number of $ER\alpha/NPY$ -immunoreactive objects was greater than the number of $ER\alpha/GAD$ -immunoreactive objects in the same volume, which suggested that a substantial fraction of $ER\alpha/NPY$ -IR might not be GABAergic. Thus, we performed an additional experiment to quantify NPY/GAD colocalization (Fig. 6D) and found that \sim 73% of NPY-immunoreactive puncta in the cell body layer colocalized with GAD (data not shown). The remaining ~27% of NPY-immunoreactive puncta likely belong to dendrites, excitatory boutons, or cytoplasmic organelles (Milner and Veznedaroglu, 1992; V. A. Ledoux and C. S. Woolley unpublished observations). Interestingly, the number of ER α immunoreactive puncta per stack that colocalized with NPY-IR (~ 1250) is very similar to the number of NPY-immunoreactive puncta that were negative for GAD (\sim 1125). It is therefore possible that many ER α /NPY-immunoreactive puncta are not located in GABAergic boutons.

Discussion

We used serial-section EM immunocytochemistry, cell fractionation, and immunofluorescence to show that ER α is associated with clusters of vesicles in inhibitory presynaptic boutons in the hippocampal CA1 cell body layer and that estrogen treatment shifts the location of these vesicles toward synapses. ER α -immunoreactive vesicle clusters are abundant, occurring in approximately one-third of perisomatic GABAergic boutons, but only in a subset of those on a single axon. Extranuclear ER α -IR colocalizes with CCK and NPY, but not with PV, indicating that different neurochemical classes of GABA neurons are likely to be differentially sensitive to estrogen through ER α located in presynaptic boutons. Our findings point to a novel mode of estrogen action in the brain in which estrogen acts directly on a subset of ER α -containing vesicles to mobilize them toward synapses.

ER α -immunoreactive vesicles

 $ER\alpha$ -immunoreactive vesicles may contain GABA and undergo exocytosis to release neurotransmitter. Labeled vesicles in perisomatic boutons were small clear vesicles that were morphologically indistinguishable from unlabeled ones. We did occasionally observe $ER\alpha$ -IR associated with presynaptic densities, suggesting

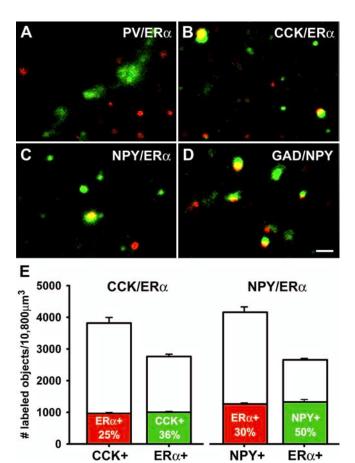


Figure 6. Colocalization of PV-, CCK-, and NPY-IR with extranuclear ER α -IR. **A**, ER α -immunoreactive puncta (red) did not colocalize with PV-immunoreactive structures (green). **B**, Some ER α -immunoreactive puncta (red) did colocalize (yellow) with CCK-immunoreactive puncta (green). **C**, Some ER α -immunoreactive puncta (red) also colocalized (yellow) with NPY-IR (green). **D**, The majority (\sim 73%) of NPY-immunoreactive puncta (red) are colocalized (yellow) with GAD-IR (green). **E**, Quantification of CCK- and NPY-IR with ER α -IR. The entire height of each bar represents the average total number of labeled puncta per 2 μm stack of optical sections (10,800 μm 3 volume); the colored portion of each bar represents the average number and percentage of puncta that were double labeled. Error bars indicate SEM. Scale bar, 1 μm.

fusion at synaptic active zones. If $ER\alpha$ -immunoreactive vesicles function to release neurotransmitter, then our results indicate a specialized subpopulation of GABAergic vesicles within individual presynaptic boutons that is regulated independently of the others (i.e., by estrogen). If this is the case, then the simplest interpretation of the estrogen-induced mobilization of labeled vesicles is that it reflects their movement toward synaptic release sites. Mobilization of $ER\alpha$ -immunoreactive vesicles toward synapses may influence the sensitivity of hippocampal synapses to acute estrogen action.

It is important to note that this effect to mobilize $ER\alpha$ -immunoreactive vesicles toward synapses is distinct from our previous observations that 24 h estrogen treatment suppresses GABA release (Rudick et al., 2003) and decreases the number of vesicles docked at GABAergic synapses (Ledoux and Woolley, 2005). Our previous studies did not distinguish between boutons and/or vesicles that contain $ER\alpha$ and those that do not and focused specifically on docked vesicles that are much closer to presynaptic release sites than the vast majority of $ER\alpha$ -immunoreactive vesicles. Thus, the observation that estrogen mobilizes specifically $ER\alpha$ -immunoreactive vesicles toward synapses is further evidence that $ER\alpha$ confers specialized estrogen sensitivity to a distinct subset of vesicles in inhibitory boutons.

In addition to the possibility that $ER\alpha$ -immunoreactive vesicles are neurotransmitter vesicles, an alternative is that ER α immunoreactive vesicles are specialized endosomes that deliver ER α to, and/or retrieve it from, the bouton plasma membrane. Patches of ER α -IR at the bouton membrane, usually near labeled vesicle clusters, are consistent with this idea. Studies in a variety of cell types have demonstrated ER α at the plasma membrane where it functions as a G-protein-coupled receptor (Razandi et al., 1999; Wyckoff et al., 2001) and can influence secretion of neuropeptides (Navarro et al., 2003). If $ER\alpha$ -immunoreactive vesicles are involved in regulating membrane-associated ER α , then estrogen effects on ERα-immunoreactive vesicle location could result from exocytosis and/or endocytosis at different sites relative to synapses. Interestingly, however, we found that the number of vesicles per ERα-immunoreactive cluster was not affected by estrogen, arguing against the idea that estrogen specifically stimulates ER α delivery to or retrieval from the plasma membrane.

 $ER\alpha$ contains neither a known membrane targeting sequence nor stretches of hydrophobic residues characteristic of an integral membrane protein; however, in breast cancer cells and Chinese hamster ovary cells, $ER\alpha$ has been shown to associate with caveolin-1, which facilitates its transport to the membrane (Razandi et al., 2003). In these cells, membrane ER α forms a signaling complex with other proteins through which estrogen can rapidly increase cAMP and activate mitogen-activated protein kinase (MAPK) and phosphatidylinositol-3 kinase (PI3K) (for review, see Levin, 2005). This requires dimerizationcompetent ERα and involves the ligand-binding and AF2 domains (Razandi et al., 2004). Similar rapid signaling through MAPK and PI3K also occurs in neurons (Bryant et al., 2005; Mannella and Brinton, 2006). Mobilization of ER α -containing vesicles could influence synaptic function by bringing an estrogen-sensitive rapid signaling complex nearer to synaptic release sites.

The ability of membrane-associated ER α to activate MAPK could provide a link between rapid estrogen signaling and our previous observation that estrogen decreases the number of vesicles docked at GABAergic synapses. Estrogen acutely activates MAPK in hippocampal neurons (Bi et al., 2000), possibly through a membrane ER (Kuroki et al., 2000). One substrate for MAPK in presynaptic boutons is synapsin-I, which anchors synaptic vesicles to the actin cytoskeleton in a phosphorylationdependent manner (Jovanovic et al., 1996). Phosphorylation of synapsin-I at MAPK sites is involved in mobilization of synaptic vesicles for release (Chi et al., 2003), and at inhibitory synapses, synapsins are critical for maintaining the readily releasable pool of vesicles (Gitler et al., 2004). As mentioned above, we have shown previously that estrogen suppresses GABA release in CA1, at least in part by decreasing the number of vesicles docked at inhibitory synapses. Therefore, it is tempting to speculate that ER α signaling in inhibitory boutons could mediate the estrogeninduced decrease in docked vesicle number through regulation of MAPK and synapsin phosphorylation.

Colocalization of ER α and CCK

The finding that extranuclear $ER\alpha$ -IR colocalizes with CCK, but not PV, indicates that direct effects of estrogen on presynaptic boutons likely occur only in the CCK subtype of the basket cell. This is significant because PV and CCK cells differ in their electrophysiological and anatomical properties and their influence on pyramidal cells. Most PV basket cells are capable of firing at high frequencies without accommodation and release GABA synchronously; CCK cells fire at lower frequencies, do show accom-

modation, and release GABA asynchronously (Pawelzik et al., 2002; Hefft and Jonas, 2005). These and other findings (Klausberger et al., 2003; Vreugdenhil et al., 2003) have been interpreted to indicate that PV cells play a greater role than CCK cells in entraining rhythmic activity of pyramidal cells, particularly at gamma frequency (Freund, 2003).

Additionally, anatomical studies show that PV cells receive, on average, ~15,000 excitatory and ~1000 inhibitory inputs (Gulyas et al., 1999), whereas CCK cells receive only ~5000 excitatory but ~3000 inhibitory inputs (Matyas et al., 2004). CCK cells also receive GABAergic input from a specialized, interneuron-driven population of calretinin-positive neurons (Gulyas et al., 1996) and serotonergic input from the median raphe, neither of which innervate PV cells (Miettinen and Freund, 1992; Morales and Bloom, 1997). Thus, PV and CCK cells appear to monitor the activities of different populations of neurons, and CCK cells are in a better position to respond to modulatory GABAergic and serotonergic inputs. These differences have led to the hypothesis that relatively nonplastic ensembles of PV basket cells are responsible for synchronizing the activity of pyramidal cells, whereas more modifiable groups of CCK basket cells integrate local and subcortical inputs to fine-tune pyramidal cell activity (Freund, 2003). The colocalization of ER α -IR with CCK- but not PV-IR suggests that estrogen could act through ER α in CCK basket cell axonal boutons to influence such fine-tuning of hippocampal activity.

Colocalization of ER α and NPY

The colocalization of ER α -IR with NPY-IR provides an additional clue to the role of extranuclear ER α in the hippocampus. In CA1, NPY is expressed primarily in GABAergic interneurons (Freund and Buzsaki, 1996) but also is expressed within excitatory neurons (Milner and Veznedaroglu, 1992). NPY inhibits presynaptic glutamate release in the hippocampus (Colmers et al., 1988), and in cortical synaptosomes, this occurs through a Y1 receptor-dependent reduction in Ca²⁺ influx through N- and/or P/Q-type Ca²⁺ channels (Wang, 2005). Although it is likely that $ER\alpha/NPY$ sites in the CA1 cell body layer are located too far from most glutamatergic inputs to influence them, it is possible that a similar mechanism could regulate GABA release at perisomatic synapses. Calcium-dependent GABA release in CA1 also depends on N- and/or P/Q-type Ca²⁺ channels (Doze et al., 1995). Additionally, NPY has been shown to suppress GABAergic synaptic transmission in the spinal cord (Moran et al., 2004) and paraventricular nucleus (Pronchuk et al., 2002), and at least some GABAergic neurons express Y1 receptors (Oberto et al., 2001). Thus, sites at which $ER\alpha$ and NPY are colocalized, whether in inhibitory boutons or other structures, could provide an additional means by which estrogen suppresses GABAergic synaptic transmission, in this case by modulating the release of NPY.

In summary, quantitative analysis of $ER\alpha$ in perisomatic inhibitory boutons demonstrates a novel mode of estrogen action in the brain, to mobilize a specific subset of vesicles that contain $ER\alpha$. In the CA1 cell body layer, these vesicles occur selectively in one class of basket cell, CCK cells, where they may be a subset of neurotransmitter vesicles and/or may be involved in regulating $ER\alpha$ at the bouton plasma membrane. Estrogen previously has been shown to have profound effects on inhibitory synapses in CA1 that are likely to be causally related to a subsequent increase in excitatory synapse number. The current study represents an initial step toward understanding how estrogen could act through extranuclear receptors associated with a specific subcellular compartment, presynaptic vesicles, to influence neuronal function. Direct effects of estrogen on presynaptic boutons may

provide a link between rapid estrogen signaling (e.g., through modulation of protein kinase activity) and the longer-term effects of estrogen on synaptic structure and function.

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