





## Impact of spray-drying on the pili of *Lactobacillus rhamnosus* GG

Shari Kiekens,<sup>1,2</sup> Dieter Vandenheuveel,<sup>1</sup>  
Géraldine Broeckx,<sup>2</sup> Ingmar Claes,<sup>1</sup>   
Camille Allonsius,<sup>1</sup> Ilke De Boeck,<sup>1</sup> Sofie Thys,<sup>3</sup>  
Jean-Pierre Timmermans,<sup>3</sup>  Filip Kiekens<sup>2,†</sup>   
and Sarah Lebeer<sup>\*1,†</sup> 

<sup>1</sup>Department of Bioscience Engineering, Research Group Environmental Ecology and Applied Microbiology, University of Antwerp, Groenenborgerlaan 171, B-2020, Antwerp, Belgium .

<sup>2</sup>Laboratory of Pharmaceutical Technology and Biopharmacy, Department of Pharmaceutical, Biomedical and Veterinary Sciences, University of Antwerp, Universiteitsplein 1, B-2610, Wilrijk, Belgium .

<sup>3</sup>Laboratory of Cell Biology and Histology, Department of Pharmaceutical, Biomedical and Veterinary Sciences, Antwerp Centre for Advanced Microscopy (ACAM), University of Antwerp, Universiteitsplein 1, B-2610, Wilrijk, Belgium .

### Summary

**The preservation of the viability of microorganisms in probiotic formulations is the most important parameter ensuring the adequate concentration of live microorganisms at the time of administration. The formulation and processing techniques used to produce these probiotic formulations can influence the preservation of the microbial viability. However, it is also required that the bacteria maintain their key probiotic capacities during processing, formulation and shelf life. In this study, we investigated the impact of spray-drying on different cell wall properties of the model probiotic strain *Lactobacillus rhamnosus* GG, including its adherence to intestinal epithelial cells. The *dltD* gene knock-out mutant, *L. rhamnosus* GG CMPG5540, displaying modified**

cell wall lipoteichoic acids, showed significantly increased colony-forming units after spray-drying and subsequent storage under standard conditions compared to wild-type *L. rhamnosus* GG. In contrast, disruption of the biosynthesis of exopolysaccharides or pili expression did not impact survival. However, spray-drying did significantly affect the adherence capacity of *L. rhamnosus* GG. Scanning electron microscopy confirmed that the pili, key surface factors for adherence to intestinal cells and mucus, were sheared off during the spray-drying process. These data thus highlight that both the functionality and viability of probiotics should be assessed during the spray-drying process and subsequent storage.

### Introduction

*Lactobacillus rhamnosus* GG is a well-known probiotic bacterium that is widely applied and investigated as a model probiotic strain (Doron *et al.*, 2005). Its best documented beneficial effects on human health include benefits to the gastrointestinal tract, and various other effects, including immune modulation. Effects such as prevention of antibiotic-associated diarrhoea, prevention of cow's milk allergy and reduction in respiratory tract infections (have been well substantiated in several meta-analyses and systemic reviews (Cai *et al.*, 2018; Laursen and Hojsak, 2018; Tan-lim and Esteban-ipac, 2018). However, comparative analysis of different clinical trials shows a large heterogeneity as also reflected in the different formulations that are often used (dosage form, probiotic concentration, excipients and combinations with other strains) (Zeilstra *et al.*, 2018). For probiotic formulations, safeguarding the viability of the probiotic bacteria during processing and shelf life is generally the key parameter being monitored, so as to ensure sufficiently high concentrations of live microorganisms at the time of consumption necessary for their efficacy (Broeckx *et al.*, 2016). Indeed, due to cellular injuries caused by heat treatment, mechanical or osmotic stress during production, significant losses of probiotic viability may occur (Pinto *et al.*, 2015). However, recent molecular findings have shown that the effector molecules that mediate the crucial probiotic functions also need to be carefully monitored during processing, formulation and shelf life (Lebeer *et al.*, 2018). For instance, in *L. rhamnosus* GG, it is well known that the key adhesive pili can be easily

Received 8 January, 2019; revised 27 March, 2019; accepted 27 April, 2019.

\*For correspondence. E-mail sarah.lebeer@uantwerpen.be; Tel. +3232653285; Fax +3232653225.

†Shared senior author.

*Microbial Biotechnology* (2019) 12(5), 849–855  
doi:10.1111/1751-7915.13426

### Funding Information

The Quanta 250 FEG microscope was funded by the Hercules foundation of the Flemish Government (Hercules grant AUHA.11.01) and Agentschap voor Innovatie door Wetenschap en Technologie (IWT/50052).

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sheared off by processing steps, such as centrifugation (Tripathi *et al.*, 2013). Loss of these pili could impair the efficacy of this probiotic strain, even when enough viable cell numbers are administered. Yet, this is currently underexplored.

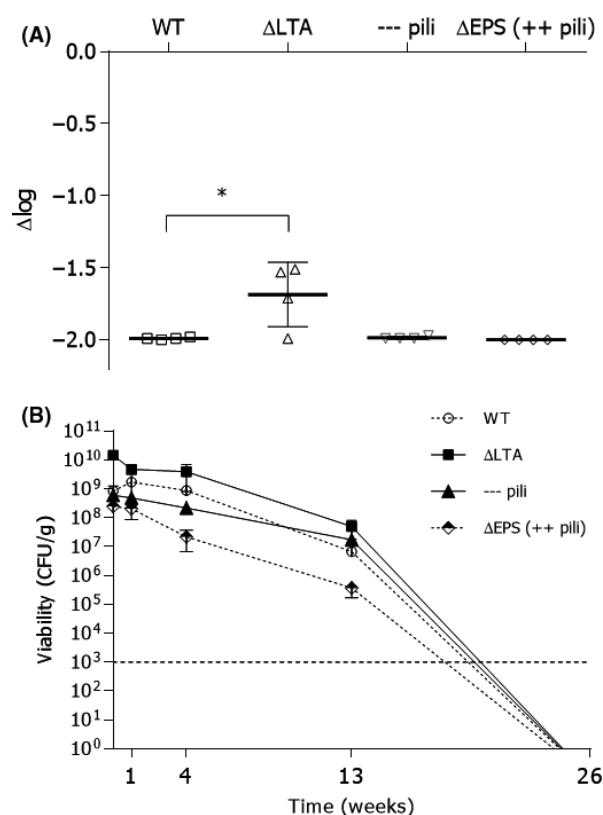
Spray-drying is an attractive production process to dry and formulate probiotic bacteria into powders because of its low cost, high process yield and production of good flowing powder particles (Broeckx *et al.*, 2016). In this study, we investigated the importance of specific cell wall molecules of *L. rhamnosus* GG by comparing the survival, surface properties and adhesion capacity of different cell wall mutants before and after spray-drying. We have opted to focus on mutants deficient in SpaCBA pili (Lebeer *et al.*, 2012), d-alanylation of lipoteichoic acids (LTA) (Vélez *et al.*, 2007) or exopolysaccharides (EPS) (Lebeer *et al.*, 2009), as these cellular factors are important for the host–bacterium interaction and are known to promote bacterial survival and/or adhesion. Because pili on the cell wall of *L. rhamnosus* GG play an important role in the adherence to intestinal epithelial cells (Lebeer *et al.*, 2012), we investigated how these pili were affected by the spray-drying process. These pili are often shielded by the exopolysaccharides (EPS) of *L. rhamnosus* GG (Lebeer *et al.*, 2009, 2011). Exopolysaccharides molecules seem to promote survival of *L. rhamnosus* GG during transit through the gastrointestinal tract and in interaction with complement factors (Lebeer *et al.*, 2011). Furthermore, EPS seems to promote the anti-*Candida* activity of *L. rhamnosus* GG (Allonsius *et al.*, 2017). Lipoteichoic acid is an abundant molecule anchored in the cytoplasmic membrane reaching out through the peptidoglycan cell wall of Gram-positive bacteria. LTA has been shown to have an important role in promoting immunostimulatory responses of *L. rhamnosus* GG (Claes *et al.*, 2010, 2012; Segers and Lebeer, 2014).

## Results

### Modification of cell wall molecules influences plate counts after spray-drying

The survival capacity for different *L. rhamnosus* GG surface mutants after spray-drying was evaluated under standard conditions by viable plate count analysis before and after spray-drying (Fig. 1A). Interestingly, the difference in colony-forming units (CFU) counts of the different surface mutants before and after spray-drying was similar to the wild-type *L. rhamnosus* GG, except for the *L. rhamnosus* GG mutant with modified lipoteichoic acid [ $\Delta dltD$  mutant, CMPG 5540, (Vélez *et al.*, 2007)]. For this mutant, a significantly decreased reduction in CFU was observed (1.69 log-reduction) compared to the wild type (1.99 log-reduction) (and other investigated mutant strains). The water activity of the spray-dried powders was approximately 0.1.

No significant differences were seen. The evolution of the number of CFU of *L. rhamnosus* GG wild-type and its surface mutants was also investigated during storage at 4°C for 26 weeks (Fig. 1B). Again, the surface mutant with modified lipoteichoic acids showed significantly higher count of CFU than wild-type *L. rhamnosus* GG after storage over a period of 4 weeks. However, after 13 weeks this difference disappeared, and the viability of the *L. rhamnosus* GG with modified lipoteichoic acid was similar to that of the wild-type *L. rhamnosus* GG. Of note, under the tested conditions, after 26 weeks, the CFU of *L. rhamnosus* GG and the different surface mutants was below the detection limit ( $< 10^3$  CFU  $g_{\text{spray-dried powder}}^{-1}$ ).



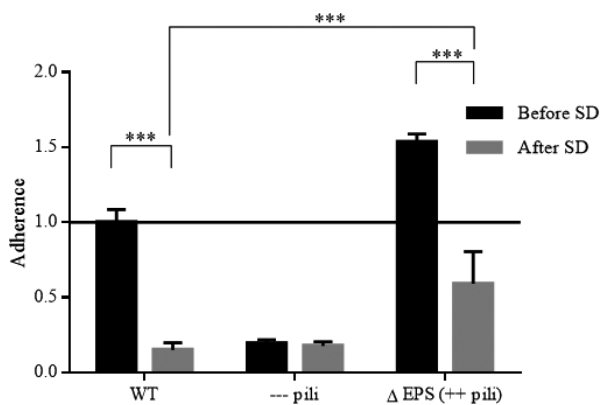
**Fig. 1.** Evaluation of survival and viability of *Lactobacillus rhamnosus* GG after spray-drying. **A.** The *Lactobacillus rhamnosus* GG wild-type strain (WT) (ATCC53103), the lipoteichoic acid mutant  $\Delta dltD::Tc^R$  ( $\Delta$ LTA) (CMPG 5540), the pili-deficient  $\Delta spaCBA::Tc^R$  mutant (represented as —pili in the graph) (CMPG5357) and the exopolysaccharide deficient  $\Delta welE::Tc^R$  mutant [ $\Delta$ EPS (++) pili] (CMPG5351) were routinely grown and spray-dried ( $n = 4$ ). The colony-forming units before and after spray-drying were compared, and the data are expressed as a logarithmic reduction of the colony-forming units per gram powder after spray-drying ( $\Delta$ log). **B.** The spray-dried powders were stored at 4°C, and the viability was determined after 1, 4, 13 and 26 weeks ( $n = 3$ ). After 26 weeks, the viability was below the detection limit ( $10^3$  CFU  $g^{-1}$ ). Values are shown as means  $\pm$  standard error of the mean. ANOVA test and Tukey's multiple comparisons test were used to determine differences in parametric data. GraphPad Prism, version 6.1 (GraphPad Software Inc) performed the analytical test at a significance level  $\alpha = 0.05$  (indicated with asterisks).

spray-drying significantly reduces the adhesion capacity of *L. rhamnosus* GG

Since adhesion to the gastrointestinal mucosa is a key functionality of this probiotic strain (Segers and Lebeer, 2014), the effect of spray-drying on this functionality was studied (Fig. 2). The adhesion capacity of *L. rhamnosus* GG wild-type was more than sixfold reduced after spray-drying ( $P < 0.05$ ). These results are comparable to the adhesion of the pili-deficient mutant (CMPG5357) (Lebeer *et al.*, 2012) under native conditions, suggesting that the pili were removed during the formulation process. The exopolysaccharide deficient mutant strain (CMPG5357) (Lebeer *et al.*, 2012) also showed a two- to threefold reduced adherence capacity after spray-drying, compared to the same mutant strain before spray-drying ( $P < 0.05$ ). However, when comparing the adherence capacity of this exopolysaccharide deficient mutant to the other strains after spray-drying, a significantly higher adherence capacity was observed.

Scanning Electron Microscopy (SEM) analysis suggests pili are sheared from the cell surface of *L. rhamnosus* GG by spray-drying

To confirm the hypothesis that the pili were removed during the drying process, the surface of the bacteria was visualized by SEM (Fig. 3). Before spray-drying, a



**Fig. 2.** Adhesion capacity of *Lactobacillus rhamnosus* GG before and after spray-drying. Adhesion capacity of *Lactobacillus rhamnosus* GG wild-type strain (WT) (ATCC53103), the pili-deficient  $\Delta spaCBA::Tc^R$  mutant (—pili) (CMPG5357) and the exopolysaccharide deficient  $\Delta welE::Tc^R$  mutant ( $\Delta EPS$  (++ pili) (CMPG5351) to Caco-2 intestinal epithelial cells was evaluated after spray-drying. The line on the '1' mark represents the adhesion capacity of *L. rhamnosus* GG WT before spray-drying, which was used as a reference. Values are shown as means  $\pm$  standard error of the mean (two-way ANOVA, Tukey's multiple comparisons test). GraphPad Prism, version 6.1 (GraphPad Software Inc, La Jolla, Ca, USA) performed the analytical test at a significance level  $\alpha = 0.05$  (indicated with asterisks). The experiment was repeated three times with three biological repetitions.

clear distinction between the different bacterial strains was seen, as described below (Fig. 3, top panels), in agreement with our previous transmission electron microscopy (TEM) study on the different presence and exposure in these *L. rhamnosus* mutants, with more pili exposure in the mutant with deficient exopolysaccharides and their absence in the pili mutant (Lebeer *et al.*, 2009). After spray-drying (Fig. 3, bottom panels), pili were absent in all the tested mutants. These experiments thus indicate that the pili were removed during the spray-drying process. Although the *L. rhamnosus* GG with deficient exopolysaccharides showed strikingly more pili present on the cell wall compared to the wild type before the processing, SEM analysis indicated that these pili were removed after the spray-drying process. In agreement with what was previously described in Vélez *et al.* (2007), *L. rhamnosus* GG cells with altered lipoteichoic acids appeared longer than the wild-type *L. rhamnosus* GG before the process. Surprisingly, the SEM analysis also showed that the length of the bacteria with altered lipoteichoic acids was shorter after spray-drying compared to the length of the cells of this mutant strain before spray-drying. Also, no pili were present on the cell wall of this mutant after the spray-drying process. As expected, pili were also absent on the cell wall of the pili-deficient mutant before or after spray-drying, because of the introduced mutation in the pili encoding *spaCBA* genes.

## Discussion

In this study, we explored the impact of spray-drying on the survival capacity, the presence of pili on the surface and adhesion properties mediated by different cell wall molecules in the model probiotic *L. rhamnosus* GG. Remarkably, the *dltD* mutant showed a significantly higher viable plate count after spray-drying. This is especially noteworthy since previous research had shown that this LTA mutant is more sensitive to stresses, such as gastric juice *in vitro* and *in vivo* (Claes *et al.*, 2010), and to antimicrobial peptides such as  $\beta$ -defensin-2 and to autolysis (Vélez *et al.*, 2007). The higher resistance to the spray-drying process could be due to its altered cell wall properties (including altered charge), giving rise to an increased viability and associated higher CFU count. Another explanation could be the almost twofold increased cell length of the *dltD* mutant [1.87-fold as determined here by SEM or 2.4-fold based on TEM (Vélez *et al.*, 2007)], and the morphological alteration at the level of the septum (Vélez *et al.*, 2007). A possible hypothesis could be that larger cells have a larger volume, which may protect the cells against dehydration. The shear forces and other stresses such as heat present during the spray-drying process could also have





SEM analysis is in agreement with previously published TEM analysis that the  $\Delta$ EPS mutant has a higher expression of pili (Lebeer *et al.*, 2009). Similarly, Golowczyc *et al.* (2011) investigated different *Lactobacillus* strains and their resistance to spray-drying, but did not explore the underlying molecular effects on cell wall properties. Both *Lactobacillus kefir* 8321 and *Lactobacillus kefir* 8348 were spray-dried, and the adhesion capacity was evaluated through a Caco-2 adhesion assay, whereas *L. kefir* 8321 did not lose its capacity to adhere to Caco-2 cells, whereas *L. kefir* 8348 displayed a significant reduction capacity to adhere to these colonic adenocarcinoma cells after spray-drying (Golowczyc *et al.*, 2011). This could be due to the fact that other cell wall molecules could be more important for adhesion than pili in these strains. Also, other techniques to dry bacteria, like freeze-drying, have been shown to sometimes insufficiently maintain the functionality of bacteria after drying (Meng *et al.*, 2008; Golowczyc *et al.*, 2011; Makinen *et al.*, 2012). For example, freeze-drying caused a significant decrease in the adhesion ability to human colonic mucus of *Lactobacillus rhamnosus* GG, *Bifidobacterium animalis* Bb-12 and *Bifidobacterium animalis* IF20/1 (Du Toit *et al.*, 2013). On the other hand, the capacity of *Lactobacillus casei* Shirota to adhere to the mucus was not decreased after freeze-drying (Du Toit *et al.*, 2013). Interestingly, the *spaCBA* and *spaFED* gene cluster were recently shown to be upregulated after exposure to an acid medium resulting in a higher expression of pili on the surface of *Lactobacillus rhamnosus* GG (Bang *et al.*, 2018). This indicates that adherence to intestinal cells could be increased after exposure to an acidic conditions, like the stomach, indicating that pili might rapidly re-emerge *in vivo*. Generally, drying techniques, like spray-drying and lyophilization, could impact functionality, but in this study only the adhesion properties were investigated. Future research is needed to visualize the impact on other aspects of the probiotic functionality. A future strategy to protect cell wall structures of microorganisms, and thus reduce or inhibit the loss of pili, during the spray-drying process could be to add a protectant, like trehalose.

## Experimental procedures

### Bacterial strains and growth conditions

The used *Lactobacillus rhamnosus* GG strain comprised the wild-type strain (ATCC53103) (Kankainen *et al.*, 2009), the pili-deficient  $\Delta$ *spaCBA*::Tc<sup>R</sup> mutant (CMPG5357) (Lebeer *et al.*, 2012), exopolysaccharide deficient  $\Delta$ *welE*::Tc<sup>R</sup> mutant (CMPG5351) (Lebeer *et al.*, 2009) and the lipoteichoic acid mutant  $\Delta$ *dltD*::Tc<sup>R</sup> (CMPG5540) (Vélez *et al.*, 2007). Wild-type *L. rhamnosus* GG and its surface mutants were routinely grown

under non-shaking conditions in de Man-Rogosa-Sharpe (MRS) medium (Carl Roth, Germany) overnight at 37°C.

### Spray-drying process

When wild-type and mutant *L. rhamnosus* GG reached the stationary phase, the bacterial cells were harvested by centrifugation at 3893 *g* for 10 min at 20°C. The cell pellet was subsequently resuspended in its original volume physiological water [0.9% (m/V) NaCl solution]. The resuspended bacteria (approximately 10<sup>10</sup> CFU g<sup>-1</sup>) were immediately dried using a laboratory-scale spray dryer (B-290; Büchi, Flawil, Switzerland) in a co-current configuration. The inlet air was dehumidified with a desiccant air dryer (CD7; Atlas Copco, Nacka, Sweden). The bacterial suspension was atomized into the drying chamber using a two-fluid nozzle. The inlet air temperature was set at 135°C while the resulting outlet air temperature varied between 48°C and 50°C. The feed flow rate and the drying air flow rate were 7.5 ml min<sup>-1</sup> and 32.5 m<sup>3</sup> h<sup>-1</sup> respectively. The spray-dried powder was collected from a single cyclone separator at the end of the process.

### Enumeration of viable bacteria

The viability of the bacteria before and after spray-drying was determined by the plate count method as described earlier with minor modifications (Broeckx *et al.*, 2016). Briefly, resuspended bacteria were plated on MRS agar (Carl Roth, Mühlburg, Germany) in duplicate, after a series of 10-fold dilutions (in triplicate). After an incubation period of 48 h at 37°C, the CFU were counted.

### Measurement of the water activity of the spray-dried powder

The water activity of the powders was measured using a LabSwift water activity instrument (Novasina, AG, Lachen, Switzerland).

### Storage of spray-dried powder

The spray-dried powder was stored at 4°C. At predefined time intervals, the spray-dried powder was analysed for its viability. The initial viability after spray-drying was compared to the viability after 1, 4, 13 and 26 weeks of storage.

### Adhesion assay to Caco-2 cells

The growth conditions of the Caco-2 cultures and adhesion assays were carried out as described previously (Lebeer *et al.*, 2012). Caco-2 cells were incubated with

1 ml fresh bacterial culture or rehydrated spray-dried powder [ $10^7$  CFU ml<sup>-1</sup> in Dulbecco's Modified Eagle Medium (Life Technologies, Waltham, MA, USA) without 10% foetal bovine serum (Thermo Fisher, Asse, Belgium)] for 1 h at 37°C, 5% CO<sub>2</sub>, 100% humidity. Then, the cells were washed by adding prewarmed phosphate-buffered saline (PBS), containing 8.2 g l<sup>-1</sup> NaCl (Fagron, Waregem, Belgium), 0.3 g l<sup>-1</sup> NaH<sub>2</sub>PO<sub>4</sub>·2H<sub>2</sub>O (Merck kGaA, Darmstadt, Germany) and 1.54 g l<sup>-1</sup> Na<sub>2</sub>HPO<sub>4</sub>·2H<sub>2</sub>O (Merck kGaA). To determine the number of viable adhered bacteria, appropriated serial dilutions of the remained adhered bacterial cells in PBS were plated on MRS agar in triplicate and the CFU were enumerated after 48 h. The adhesion ratio was calculated by comparing the number of cells present in the bacterial suspension which was added initially to the Caco-2 cells, to the bacterial colonies counted that adhered to the Caco-2 cells.

#### Scanning electron microscopy (SEM)

Scanning electron microscopy was used to visualize the presence or absence of pili on wild-type *L. rhamnosus* GG and three surface mutants before and after spray-drying. Bacteria were spotted on a gold-coated membrane and fixed with 2.5% glutaraldehyde in 0.1 M sodium cacodylate buffer for 1 h at room temperature (RT), followed by a further overnight immersion fixation at 4°C. Bacteria were then rinsed three times for 20 min and left overnight in sodium cacodylate buffer (containing 7.5% saccharose) at 4°C. Subsequently, bacteria were dehydrated in an ascending series of ethanol (50%, 70%, 90%, 95% each for 30 min at RT, and three times 30 min in 100%) and critical point dried in a Leica EM CPD030. The membranes were mounted on a stub and coated with 5 nm of carbon in a Leica EM Ace 600 coater. SEM imaging was performed with a Quanta FEG250 SEM system (Thermo Fisher).

#### Statistics

Values are shown as mean ± standard error of the mean. ANOVA test and Tukey's multiple comparisons test were used to determine differences in parametric data. GraphPad Prism, version 6.1 (GraphPad Software Inc, La Jolla, Ca, USA) was used for statistical analysis at a significance level  $\alpha = 0.05$ .

#### Acknowledgements

The authors would like to thank the Electron Microscopy for Material Science group (Prof Dr Sara Bals) at the University of Antwerp for the use of the environmental SEM (Quanta 250 FEG). The Quanta 250 FEG

microscope was funded by the Hercules foundation of the Flemish Government (Hercules grant AUHA.11.01). We would also like to thank Eline Oerlemans for her assistance with the cell cultures. Work of Shari Kiekens, S. Lebeer and F. Kiekens was funded by UAntwerpen IOF-SBO and VLAIO IWT-SBO funding (ProCure). G. Broeckx, C. Allonsius and I. De Boeckx are recipients of an FWO-SB personal PhD grant.

#### Conflict of interest

None declared.

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