

# Formulation of Biocompatible Targeted ECO/siRNA Nanoparticles with Long-Term Stability for Clinical Translation of RNAi

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Nanoparticle based siRNA formulations often suffer from aggregation and loss of function during storage. We in this study report a frozen targeted RGD-polyethylene glycol (PEG)-ECO/si $\beta$ 3 nanoparticle formulation with a prolonged shelf life and preserved nanoparticle functionality. The targeted RGD-PEG-ECO/si $\beta$ 3 nanoparticles are formed by step-wised self-assembly of RGD-PEG-maleimide, ECO, and siRNA. The nanoparticles have a diameter of  $224.5 \pm 9.41$  nm and a zeta potential to  $45.96 \pm 3.67$  mV in water and a size of  $234.34 \pm 3.01$  nm and a near neutral zeta potential in saline solution. The addition of sucrose does not affect their size and zeta potential and substantially preserves the integrity and biological activities of frozen and lyophilized formulations of the targeted nanoparticles. The frozen formulation with as low as 5% sucrose retains nanoparticle integrity (90% siRNA encapsulation), size distribution (polydispersity index [PDI]  $\leq 20\%$ ), and functionality (at least 75% silencing efficiency) at  $-80^\circ\text{C}$  for at least 1 year. The frozen RGD-PEG-ECO/si $\beta$ 3 nanoparticle formulation exhibits excellent biocompatibility, with no adverse effects on hemocompatibility and minimal immunogenicity. As RNAi holds the promise in treating the previously untreatable diseases, the frozen nanoparticle formulation with the low sucrose concentration has the potential to be a delivery platform for clinical translation of RNAi therapeutics.

**Keywords:** siRNA nanoparticles, ECO, biocompatibility, long-term stability, RNAi

## Introduction

THE DEVELOPMENT OF RNAi-based therapies for human disease holds significant promise for the treatment of previously incurable diseases. Currently, there are several RNAi-based therapies undergoing clinical trials to treat cancer, hypercholesterolemia, and viral infections such as Zika virus [1–3]. One such therapy, Patisiran (ONPATRO™), became the first Food and Drug Administration (FDA)-approved lipid nanoparticle formulation for RNAi-based therapy of hereditary transthyretin amyloidosis [4]. In light of this recent advancement, overcoming delivery barriers is imperative to further facilitate the clinical application of RNAi-based therapies. The systemic administration of RNAi-based therapies is currently limited to targeting diseases associated with the liver, due to its efficient uptake of nanosized therapeutics [5]. The broad application of RNAi-based therapies is still limited by the need of targeted, safe, efficient, and clinically translatable delivery of siRNAs [6,7]. Overcoming these delivery barriers is necessary to facilitate the clinical application of RNAi-based therapies for the treatment of human diseases [6,8].

Various delivery systems, including lipids, polymers, chemically modified siRNAs, and siRNA conjugates, have been developed and tested for RNAi-based therapies [4,9–11]. Cationic lipid siRNA nanoparticles have emerged as an advantageous siRNA delivery system due to their simplicity and ability to mediate safe and efficient siRNA delivery [12]. The clinical application of RNAi therapeutics requires a prolonged shelf-life without compromising therapeutic function. However, currently reported cationic lipid siRNA nanoparticles suffer from various drawbacks, including inconsistent particle formulation, poor stability in aqueous environments, aggregation, and consequent loss in transfection efficiency [13,14]. These drawbacks present significant challenges to satisfy the requirements for the nanoparticle formulations of the regulatory agencies, including consistent and reproducible formulation, as well as acceptable stability and shelf life, before proceeding to clinical studies [15,16]. Therefore, the ability to reproduce cationic lipid siRNA nanoparticles with long-term formulation stability and functionality preservation is essential for the clinical development of RNAi-based therapies.

The aim of this study was to develop a reproducible targeted amino lipid siRNA nanoparticle formulation with

long-term stability and good biocompatibility as a delivery platform for the systemic administration of therapeutic siRNAs. We have developed a multifunctional amino lipid based carrier, 1-aminoethylimino[bis(*N*-oleoylcysteinyl-aminoethyl)propionamide] (ECO), for cytosolic delivery of nucleic acids. ECO forms stable nanoparticles with unmodified siRNAs through self-assembly and mediates efficient gene silencing in tumors through systemic delivery [17,18]. Targeted ECO/siRNA nanoparticles can be readily developed by incorporating a targeting agent through a biocompatible polyethylene glycol (PEG) spacer to the nanoparticles during self-assembly nanoparticle formulation. The targeted RGD-PEG-ECO/siRNA nanoparticles have been tested for successful silencing of multiple oncogenic targets to effectively alleviate primary tumor burden, metastatic potential, and drug resistance of triple negative breast cancer *in vivo* [19–21]. In this study, we developed a reproducible and stable targeted ECO/siRNA nanoparticle formulation using a siRNA specific to  $\beta 3$  integrin (si $\beta 3$ ) as a model therapeutic siRNA and RGD peptide as a targeting agent for clinical translation. Optimal conditions were established for the formulation of targeted RGD-PEG-ECO/si $\beta 3$  nanoparticles by adding sucrose, a common excipient used clinically to aid the stability of lipid nanoparticles [22,23]. The physicochemical properties, including size, zeta potential, siRNA entrapment, stability, and biological properties, including gene silencing efficiency, biocompatibility, and immunogenicity of the formulation, were assessed at different storage conditions up to a year.

## Materials and Methods

### Cell lines and reagents

BT549 cells were obtained from ATCC (Manassas, VA) and cultured in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum (Sigma). Cells were maintained in a humidified incubator kept at 37°C and 5% CO<sub>2</sub>. The following siRNAs were ordered from Integrated DNA Technologies (Coralville, IA): human siRNA  $\beta 3$  (sense: 5'-GCUCAUCUGGAAACUCCU CAUACC-3'; antisense: 5'-GGUGAUGAGGAGUUUCC AGAUGAGCUC-3'); negative control siRNA (sense: 5'-UUAGCGUAGAUGUAAUGUGdTdT-3'; antisense, 5'-CA CAUACAUCUACGCUAA-3').

### Human research statement

Studies were performed according to the amended Declaration of Helsinki. Blood was collected from healthy volunteers under Institutional Review Board approved protocol number OH99-C-N046-C for the National Cancer Institute-Frederick Research Donor Program. All blood donations were voluntary, with signed consent, and donor identities were blinded.

### Preparation of ECO/si $\beta 3$ nanoparticles

Preparation of the cationic lipid ECO (MW = 1,023) and the targeting ligand RGD-PEG-maleimide (MAL) (PEG, 3.4k; Creative PEGWorks, Durham, NC) were conducted as described previously [18–20]. ECO was dissolved in 100% ethanol to a concentration of 50 mM. si $\beta 3$  was dissolved in nuclease-free water to a concentration of 25  $\mu$ mol/L. Fresh RGD-PEG-MAL was dissolved in nuclease-free water to a concentration of 0.625 mmol/L. To prepare ECO/si $\beta 3$  nano-

particles, ECO and si $\beta 3$  were mixed at predetermined volumes so that the ratio of protonable amines (N) to phosphates on the siRNA backbone equals 8. In addition, nuclease-free water was added so that the ratio of ethanol:water was fixed at 1:20. To prepare targeted RGD-PEG-ECO/si $\beta 3$  nanoparticles, RGD-PEG-MAL was allowed to react with ECO in nuclease-free water for 30 min under gentle agitation. si $\beta 3$  in nuclease-free water was subsequently added in a drop-wise manner under gentle vortexing. Particles were subsequently mixed under gentle vortexing for an additional 30 min.

### Stability testing

Stability of RGD-PEG-ECO/si $\beta 3$  nanoparticles was tested under storage at  $-80^{\circ}\text{C}$ . Freshly prepared RGD-PEG-ECO/si $\beta 3$  nanoparticles were mixed with sucrose such that excipient concentrations were 5%, 10%, and 20% w/v. Samples were flash-frozen in liquid nitrogen and stored at  $-80^{\circ}\text{C}$  for 1 day, 1 week, 3 months, 6 months, and 1 year, respectively. Data represent three independently conducted experiments. Stability of RGD-PEG-ECO/si $\beta 3$  nanoparticles was assessed postlyophilization. Freshly prepared RGD-PEG-ECO/si $\beta 3$  nanoparticles were mixed with sucrose such that excipient concentrations were 5%, 10%, and 20% w/v and, subsequently, flash-frozen in liquid nitrogen and lyophilized according to standard lyophilization procedure.

### Nanoparticle characterization

Through dynamic light scattering using a Litesizer 500 from Anton Paar (Austria), the nanoparticle hydrodynamic diameter was determined, along with the polydispersity index and the intensity weight distribution. Measurements were performed with a 40 mW laser diode light ( $\lambda = 658$  nm) at  $22 \pm 0.1^{\circ}\text{C}$ , with scattered light collected at  $90^{\circ}$ . Nanoparticles were diluted 1:20 in nuclease-free water, 10 mM sodium chloride saline solution (pH = 7.2), and Dulbecco's phosphate-buffered saline (DPBS). Data represent three independently conducted experiments.

The zeta potential of nanoparticles was determined in nuclease-free water, 10 mM sodium chloride saline solution (pH = 7.2), and DPBS through electrophoretic light scattering by the Continuously-Monitored Phase-Analysis Light Scattering (cmPALS, patent EP2735870) technology from Austria. Measurements were taken using a 40 mW laser diode light ( $\lambda = 658$  nm) at  $15^{\circ}$  detection angle. Data represent three independently conducted experiments.

### Transmission electron microscopy

Nanoparticle diameter was confirmed using transmission electron microscopy (TEM) as described previously [24]. Briefly, nanoparticles were loaded onto a 300-mesh copper grid containing a carbon film (20 nm). Samples were stained with 3  $\mu$ L of 2% uranyl acetate solution, dried, and imaged using TEM.

### Gel electrophoresis for siRNA loading

Agarose gel electrophoresis was performed as described previously [18]. Briefly, 20  $\mu$ L of nanoparticles were mixed with 4  $\mu$ L of loading dye purchased from Roche (Basel, Switzerland) and loaded onto a 1% agarose gel containing ethidium bromide. The gel was subsequently submerged in

0.5× Tris/Borate/ethylenediaminetetraacetic acid containing ethidium bromide and ran at 100 V for 30 min. Free siRNA was used as a control. Gels were visualized using a ChemiDoc XRS system from BioRad (Hercules, CA).

#### Entrapment efficiency

siRNA entrapment efficiency was quantified using a Ribogreen assay from Thermo Fisher (Waltham, MA) [25]. Free siRNA following nanoparticle formation was quantified in reference to a linear standard, using a SpectraMax microplate reader from Molecular Devices (San Jose, CA) with an excitation of 500 nm and emission of 525 nm. siRNA entrapment efficiency was calculated by the following equation:

$$\% \text{ Entrapment} = \frac{1 - [siRNA_{Free}]}{[siRNA_{Total}]} \times 100\%$$

#### Immunoblotting analyses

BT549 cells (400,000 cells/well) were seeded onto a six well plate and allowed to adhere overnight. Cells were incubated with RGD-PEG-ECO/siNS (negative control) and RGD-PEG-ECO/siβ3 nanoparticles for 48 h [N/P=8, (siRNA)=100 nM] in complete growth medium. Cell pellets were harvested, washed in DPBS, and boiled in 1× Laemmli sample buffer with 2× protease inhibitor solution from Roche (Basel, Switzerland) for 10 min, vortexing every 5 min. After cooling for 2 min, samples were centrifuged at 15,000 g for 15 min. Protein extracts were subsequently quantified using Bradford/Lowry assay with bovine serum albumin used as a standard. Thirty micrograms of proteins were loaded onto a 4%–20% gradient gel and separated using sodium dodecyl sulfate/polyacrylamide gel electrophoresis. Separated proteins were transferred onto a nitrocellulose membrane using 1× Tris/Glycine buffer containing 5% methanol. Nitrocellulose membrane was incubated overnight with anti-β3 antibody from Cell Signaling (Danvers, MA; 1:1,000) and loading control anti-β-actin (Cell Signaling; 1:1,000). Gels were visualized using a ChemiDoc XRS system from BioRad.

#### Hemolysis

The analysis of the hemolytic properties of RGD-PEG-ECO/siβ3 nanoparticles was done according to the NCL protocol ITA-1, Analysis of Hemolytic Properties of Nanoparticles ([https://ncl.cancer.gov/sites/default/files/protocols/NCL\\_Method\\_ITA-1.pdf](https://ncl.cancer.gov/sites/default/files/protocols/NCL_Method_ITA-1.pdf)). Briefly, freshly drawn human blood was anticoagulated with lithium heparin and diluted in phosphate-buffered saline (PBS) to a final concentration of 10 mg/mL total blood hemoglobin. Diluted whole blood was subsequently incubated with RGD-PEG-ECO/siβ3 nanoparticles at concentrations of 0.01, 0.06, 0.3, and 3.3 μg/mL siβ3 for 3 h at 37°C. Afterward, cell-free supernatants were prepared using centrifugation and analyzed for the presence of plasma-free hemoglobin and its metabolites through the detection of cyanmethemoglobin by measuring the absorbance at 540 nm, against hemoglobin standards.

#### Platelet aggregation

The effect of long-term, –80°C stored RGD-PEG-ECO/siβ3 nanoparticles on human platelets was evaluated using

NCL protocol ITA-2, Analysis of Platelet Aggregation ([https://ncl.cancer.gov/sites/default/files/protocols/NCL\\_Method\\_ITA-2.2.pdf](https://ncl.cancer.gov/sites/default/files/protocols/NCL_Method_ITA-2.2.pdf)). Platelet aggregation was monitored through changes in sample turbidity, as well as ATP release using ChronoLum reagent. In short, platelet rich plasma (PRP) and plasma poor plasma (PPP) were prepared from freshly drawn whole blood and pooled from three donors. PRP was incubated with RGD-PEG-ECO/siβ3 nanoparticles at concentrations of 0.01, 0.06, 0.3, and 3.3 μg/mL siβ3, as well as ChronoLum reagent. Sample turbidity and ATP release were analyzed using a ChronoLog aggregometer. Collagen and PPP were used as the positive and background controls, respectively.

#### Plasma coagulation times

Herein, the NCL protocol ITA-12, Coagulation Assay ([https://ncl.cancer.gov/sites/default/files/protocols/NCL\\_Method\\_ITA-12.pdf](https://ncl.cancer.gov/sites/default/files/protocols/NCL_Method_ITA-12.pdf)) was used to analyze the impact of long-term –80°C stored RGD-PEG-ECO/siβ3 nanoparticles on plasma coagulation time *in vitro*. Specifically, plasma coagulation was evaluated by examining prothrombin time (PT), activated partial thromboplastin time (APTT), and thrombin time (TT). Plasma from three donors was pooled from freshly drawn human blood and incubated with RGD-PEG-ECO/siβ3 nanoparticles at concentrations of 0.01, 0.06, 0.3, and 3.3 μg/mL siβ3 for 30 min at 37°C. Plasma coagulation initiation reagents (neoplastin, CaCl<sub>2</sub>, or thrombin) were subsequently added; coagulation times were measured using a STArt4 coagulometer (Diagnostica Stago). Normal and abnormal plasma are used as negative and positive controls, respectively.

#### Complement activation

Quantitative determination of complement activation was analyzed using an enzyme immunoassay outlined in NCL protocol ITA-5.2 ([https://ncl.cancer.gov/sites/default/files/protocols/NCL\\_Method\\_ITA-5.2.pdf](https://ncl.cancer.gov/sites/default/files/protocols/NCL_Method_ITA-5.2.pdf)). Briefly, plasma was pooled from three donors using freshly drawn human blood. Plasma was incubated with long-term –80°C stored RGD-PEG-ECO/siβ3 nanoparticles at concentrations of 0.01, 0.06, 0.3, and 3.3 μg/mL siβ3 and positive control cobra venom factor (CVF; Quidel Corp., A006) for 30 min at 37°C. Afterward, the samples were analyzed for the complement component iC3b using a MicroVue iC3b EIA Kit (Quidel Corp., A006) according to manufacturer's instructions.

#### Leukocyte proliferation assay

To assess the effects of long-term, –80°C stored RGD-PEG-ECO/siβ3 nanoparticles on the immunologic function of human leukocytes, the NCL protocol ITA-6 was used ([https://ncl.cancer.gov/sites/default/files/protocols/NCL\\_Method\\_ITA-6.pdf](https://ncl.cancer.gov/sites/default/files/protocols/NCL_Method_ITA-6.pdf)). In this study, human leukocytes were isolated from human blood and anti-coagulated with Li-heparin. Isolated leukocytes were incubated with or without positive control phytohemagglutinin-M (PHA-M), in the presence or absence of RGD-PEG-ECO/siβ3 nanoparticles at concentrations of 0.01, 0.06, 0.3, and 3.3 μg/mL siβ3 for 72 h at 37°C. Afterward, cells were incubated with MTT agent (5 mg/mL) for 4 h and analyzed spectrophotometrically using a plate reader at 570 nm.

### Leukocyte procoagulant activity

The ability of long-term,  $-80^{\circ}\text{C}$  stored RGD-PEG-ECO/si $\beta$ 3 nanoparticles to induce leukocyte procoagulant activity *in vitro* was evaluated using NCL protocol ITA-17 ([https://ncl.cancer.gov/sites/default/files/protocols/NCL\\_Method\\_ITA-17.pdf](https://ncl.cancer.gov/sites/default/files/protocols/NCL_Method_ITA-17.pdf)). In this study, normal leukocytes represented by peripheral blood mononuclear cells (PBMCs) were isolated from human whole blood from three donors and anticoagulated with Li-heparin. Cells were incubated with RGD-PEG-ECO/si $\beta$ 3 nanoparticles at concentrations of 0.01, 0.06, 0.3, and 3.3  $\mu\text{g}/\text{mL}$  si $\beta$ 3, as well as positive control lipopolysaccharide (LPS) and negative control PBS for 24 h at  $37^{\circ}\text{C}$ . Cells were washed and incubated with autologous plasma to initiate coagulation. Coagulation was measured using the STart4 coagulometer (Diagnostica Stago).

### Cytokines

NCL protocol ITA-10 ([https://ncl.cancer.gov/sites/default/files/protocols/NCL\\_Method\\_ITA-10.pdf](https://ncl.cancer.gov/sites/default/files/protocols/NCL_Method_ITA-10.pdf)) was used to evaluate the ability of long-term,  $-80^{\circ}\text{C}$  stored RGD-PEG-ECO/si $\beta$ 3 nanoparticles to induce pro-inflammatory cytokines. Whole blood from healthy donor volunteers was anticoagulated using Li-heparin, diluted in RPMI-1640 medium (Invitrogen). From there, diluted whole blood was incubated with RGD-PEG-ECO/si $\beta$ 3 nanoparticles at concentrations of 0.01, 0.06, 0.3, and 3.3  $\mu\text{g}/\text{mL}$  si $\beta$ 3, as well as positive control LPS and PHA-M for 24 h at  $37^{\circ}\text{C}$ . Following incubation, samples were centrifuged and supernatants were analyzed for the presence of inflammatory cytokines and interferons using multiplex ELISA Kits (Quansys, Logan, UT).

### Statistical analysis

All experiments were independently replicated at least thrice unless otherwise stated. Statistical significance was calculated using GraphPad software. Statistical significance between two groups was calculated using an unpaired *t*-test. Data between three groups were compared using one-way analysis of variance with  $P < 0.05$  being statistically significant.

## Results

### Formulation and stability of RGD-PEG-ECO/si $\beta$ 3 nanoparticle in aqueous solutions

The targeted RGD-PEG-ECO/si $\beta$ 3 nanoparticles were formulated by first mixing ECO with RGD-PEG-MAL (2.5 mol%), followed by self-assembly with unmodified siRNA in nuclease-free water (Fig. 1A). The targeting agent with the PEG spacer (MW = 3,400 Da) was designed to achieve cell-specific binding, improve stability in aqueous media, and minimize nonspecific tissue uptake of the nanoparticles. The formation of ECO/si $\beta$ 3 and RGD-PEG-ECO/si $\beta$ 3 nanoparticles was demonstrated using dynamic light scattering and TEM (Fig. 1B, C). Unmodified ECO/si $\beta$ 3 nanoparticles had a uniform distribution with an average particle diameter of  $181.46 \pm 24$  nm and zeta potential of  $55.97 \pm 1.36$  mV in nuclease-free water and maintained an average size of  $180.77 \pm 21.73$  nm in saline solution (10 mM, pH 7.2) with a decrease in zeta potential to  $2.93 \pm 0.74$  mV (Fig. 1B, D, and E). Dilution of ECO/si $\beta$ 3 nanoparticles in DPBS resulted in a significant increase in particle diameter

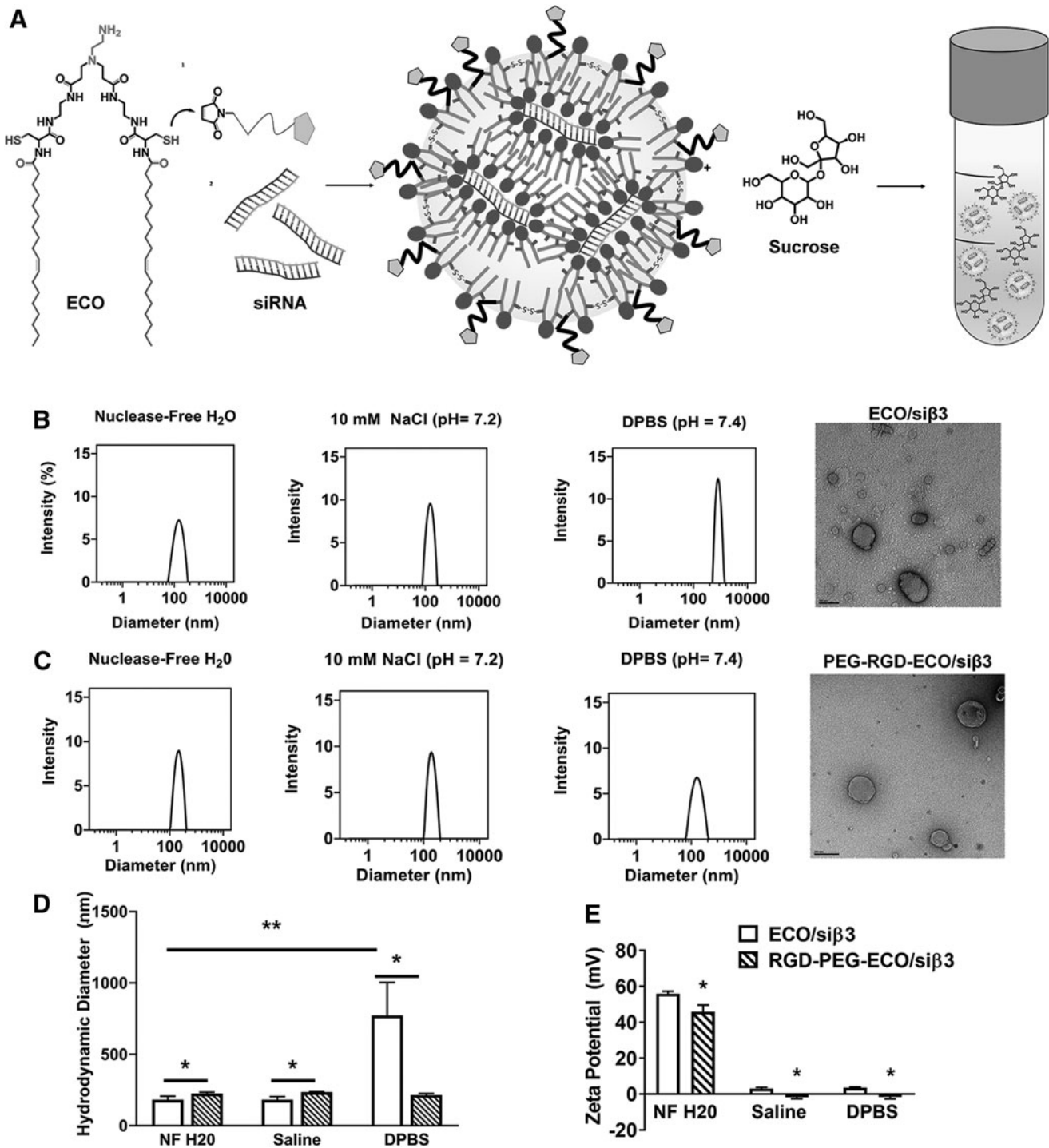
to  $772.25 \pm 231.2$  nm and a decrease in zeta potential to  $3.56 \pm 0.4$  mV. This size increase is likely due to particle aggregation in buffered solution, which could affect intracellular siRNA delivery. In contrast, RGD-PEG-ECO/si $\beta$ 3 nanoparticles maintained uniform size distributions in all tested media (Fig. 1C, D). Modification with RGD-PEG-MAL resulted in a slight increase of the nanoparticle diameter to  $224.5 \pm 9.41$  nm and decreased zeta potential to  $45.96 \pm 3.67$  mV compared with unmodified ECO/si $\beta$ 3 nanoparticles. RGD-PEG-ECO/si $\beta$ 3 nanoparticles had a near neutral zeta potential and a size of  $234.34 \pm 3.01$  nm and  $213 \pm 11.42$  nm when diluted in saline solution and DPBS, respectively. RGD-PEG-ECO/si $\beta$ 3 nanoparticles maintained a similar nanoparticle size with no aggregation in buffered solution.

We further investigated RGD-PEG-ECO/si $\beta$ 3 nanoparticle stability, siRNA entrapment, and silencing efficiency in the presence of an excipient sucrose. The addition of various sucrose concentrations to freshly made RGD-PEG-ECO/si $\beta$ 3 nanoparticles had no significant effect in nanoparticle diameter, size distribution, and zeta potential (Fig. 1F–H). Agarose gel electrophoresis revealed robust entrapment of siRNA in RGD-PEG-ECO/si $\beta$ 3 nanoparticles (Fig. 1I). The addition of sucrose to RGD-PEG-ECO/si $\beta$ 3 nanoparticles slightly improved siRNA entrapment compared with the no sucrose control, as confirmed by the quantitative Ribogreen assay, where 70%–90% siRNA entrapment was observed with increasing sucrose concentrations (Fig. 1I, J).

The gene silencing efficiency of RGD-PEG-ECO/si $\beta$ 3 nanoparticles in the presence of sucrose was determined in BT549 breast cancer cells using western blotting. As previously reported, RGD-PEG-ECO/si $\beta$ 3 nanoparticles reduced  $\beta$ 3 integrin expression by  $\sim 75\%$  compared with cells treated with RGD-PEG-ECO/siNS nanoparticles containing a negative control siRNA [19]. Cells treated with RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 5% and 10% sucrose exhibited a similar silencing efficiency of  $\beta$ 3 integrin compared to the no sucrose control (Fig. 1K). Interestingly, formulations containing 20% sucrose were not able to reduce  $\beta$ 3 integrin expression as effectively as the no sucrose control, indicating that high concentrations of sucrose may hinder silencing efficiency and therefore treatment efficacy. Together, the results indicate that surface modification with a targeting agent and a PEG spacer prevents aggregation and improves nanoparticle stability. In addition, the presence of sucrose did not affect the formation of RGD-PEG-ECO/si $\beta$ 3 nanoparticles, but rather improved siRNA entrapment in the nanoparticles. Sucrose had no effect on nanoparticle gene silencing efficiency until its concentration reached 20% on the final nanoparticle formulation.

### Sucrose stabilizes RGD-PEG-ECO/si $\beta$ 3 nanoparticle formulation in $-80^{\circ}\text{C}$

We sought to develop a stable frozen RGD-PEG-ECO/si $\beta$ 3 formulation with sucrose as a stabilizing excipient for storage at  $-80^{\circ}\text{C}$ . RGD-PEG-ECO/si $\beta$ 3 nanoparticles aggregated significantly when stored in  $-80^{\circ}\text{C}$ , as exhibited by the significant increase in nanoparticle diameter ( $1170.44 \pm 590.88$  nm) and polydispersity ( $27.97 \pm 3.76\%$ ) (Fig. 2A, B). The addition of different concentrations of sucrose prevented RGD-PEG-ECO/si $\beta$ 3 nanoparticle aggregation, as exhibited by the uniform size distribution and polydispersity with no



**FIG. 1.** Characterization of freshly prepared ECO/si $\beta$ 3 nanoparticles with and without MAL-PEG-RGD in aqueous solutions and in the presence or absence of sucrose. **(A)** Schematic of experimental design. Representative intensity peaks of ECO/si $\beta$ 3 nanoparticles **(B)** and RGD-PEG-ECO/si $\beta$ 3 nanoparticles **(C)** in nuclease-free water, 10 mM NaCl (pH = 7.2), and DPBS (CaCl<sub>2</sub>: 0.9 mM, MgCl<sub>2</sub>: 0.5 mM, KCl: 2.67 mM, KH<sub>2</sub>PO<sub>4</sub>: 1.47 mM, NaCl: 137.9 mM, Na<sub>2</sub>HPO<sub>4</sub>: 8 mM). Transmission electron microscopy images of ECO/si $\beta$ 3 nanoparticles **(B)** and RGD-PEG-ECO/si $\beta$ 3 nanoparticles **(C)**. Comparison of the hydrodynamic diameters **(D)** and zeta potential **(E)** of ECO/si $\beta$ 3 nanoparticles and RGD-PEG-ECO/si $\beta$ 3 nanoparticles in aqueous solutions. **(F)** Representative intensity peaks of RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose in nuclease-free water. Hydrodynamic diameter, polydispersity index **(G)**, and zeta potential **(H)** of RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose in nuclease-free water. **(I)** Agarose gel retardation of RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose compared to free si $\beta$ 3. **(J)** RiboGreen assay quantifying siRNA entrapment of RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose. **(K)** Western blot analysis of  $\beta$ 3 integrin expression (indicated by the arrowhead) in BT549 cells 48 h after RGD-PEG-ECO/si $\beta$ 3 nanoparticle treatment (error bars denote SEM, \* $P$  < 0.05, \*\* $P$  < 0.01). DPBS, Dulbecco's phosphate-buffered saline; MAL, maleimide; PEG, polyethylene glycol; SEM, standard error of the mean.

(continued)

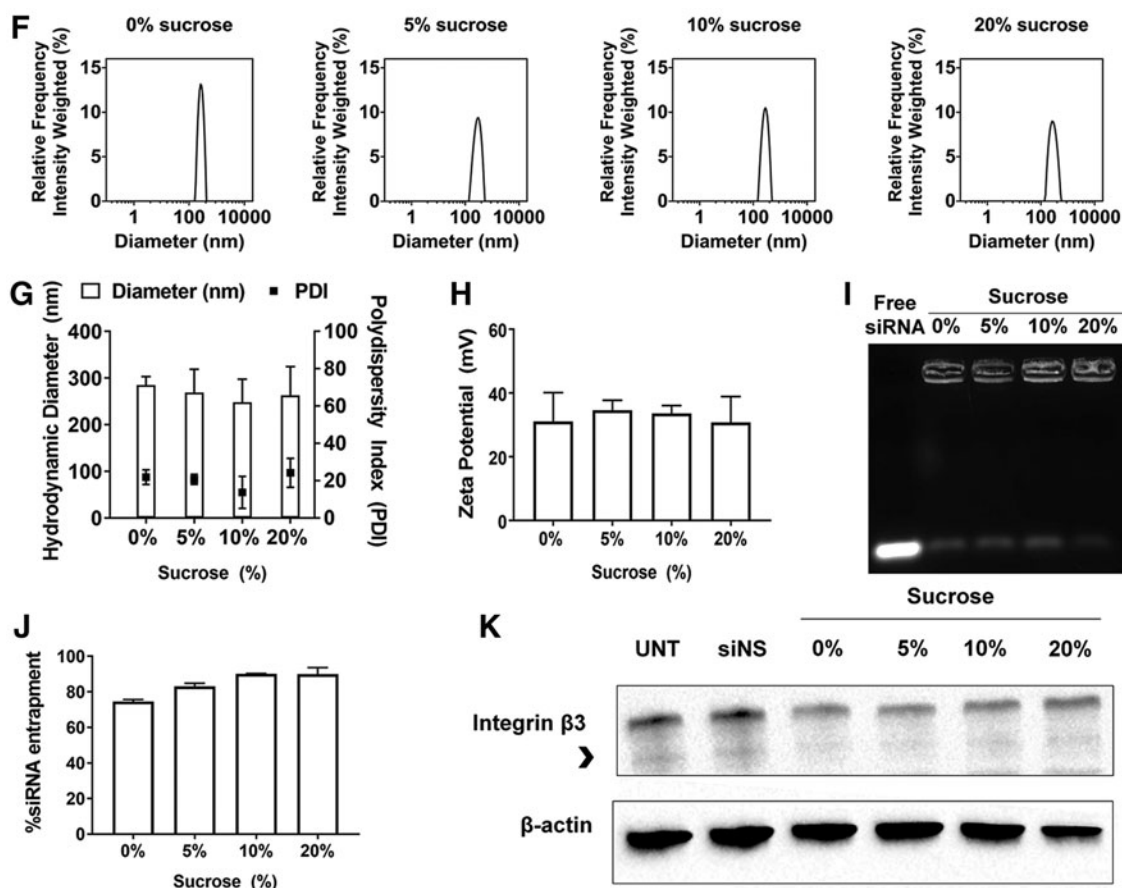


FIG. 1. (Continued).

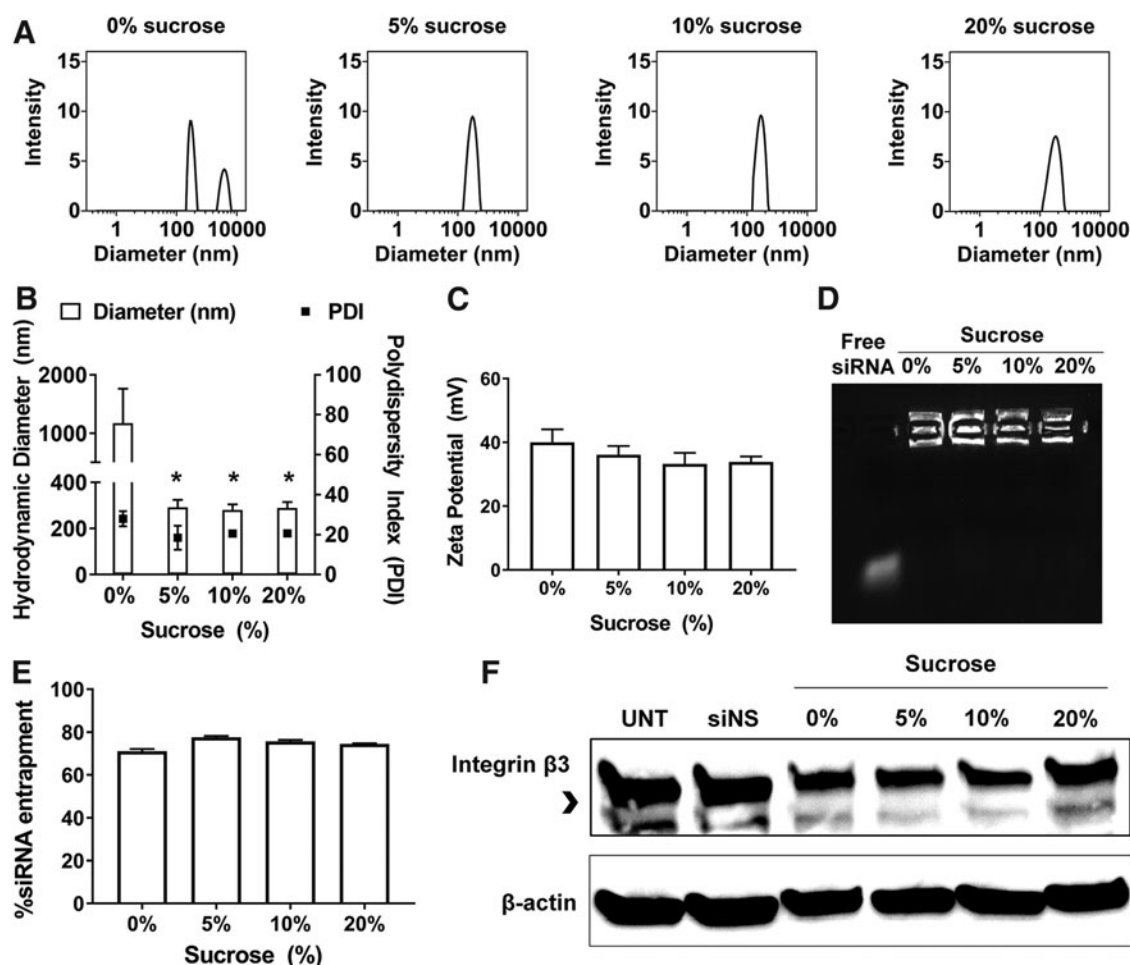
significant changes in zeta potential (Fig. 2A–C). Agarose gel electrophoresis showed that sucrose had little effect on siRNA entrapment in RGD-PEG-ECO/si $\beta$ 3 nanoparticles, while quantitative Ribogreen assay revealed slightly improved siRNA entrapment in frozen nanoparticle formulations in the presence of sucrose (Fig. 2D, E).

Next, we investigated the silencing efficiency of the frozen RGD-PEG-ECO/si $\beta$ 3 formulations. RGD-PEG-ECO/si $\beta$ 3 formulations containing 5% and 10% sucrose exhibited an over 75% silencing efficiency of  $\beta$ 3 integrin, denoted by the lower band as indicated, in BT549 cells compared to 60% with the formulation without sucrose (Fig. 2F). The preservation of silencing efficiency of the formulation with 5 or 10% sucrose is likely due to their stable small nanoparticle diameter, which is essential for efficient cellular uptake. Again, the formulation containing 20% sucrose showed lower  $\beta$ 3 integrin silencing than those containing 5% and 10% sucrose. The results suggest that the addition of low amounts of sucrose (up to 10%) improved the stability of frozen RGD-PEG-ECO/si $\beta$ 3 formulations at  $-80^{\circ}\text{C}$  and maintained their high silencing efficiency.

#### Lyophilized formations of RGD-PEG-ECO/si $\beta$ 3 nanoparticles

We next sought to develop a lyophilized formulation of RGD-PEG-ECO/si $\beta$ 3 nanoparticles. Solid formulations of

RGD-PEG-ECO/si $\beta$ 3 nanoparticles with and without sucrose were obtained by lyophilization. The formulations were reconstituted into a predetermined volume with nuclease-free water to assess their stability. After lyophilization, significant aggregation of RGD-PEG-ECO/si $\beta$ 3 nanoparticles was observed, as exhibited by an increase in nanoparticle diameter and polydispersity (Fig. 3A, B). The addition of sucrose showed a concentration dependent reduction of particle aggregation upon lyophilization. Higher sucrose concentrations (up to 20%) were better in preventing nanoparticle aggregation (Fig. 3A, B). Lyophilization did not cause significant changes in zeta potential with or without sucrose (Fig. 3C). Gel electrophoresis showed the lack of siRNA bands with the lyophilized nanoparticles without sucrose, indicating nanoparticle destabilization (Fig. 3D). In contrast, the presence of sucrose maintained robust siRNA entrapment in the nanoparticles, as exhibited by gel electrophoresis and quantitative Ribogreen assay (Fig. 3D, E). Significant gene silencing (>70% silencing efficiency) was observed for the lyophilized RGD-PEG-ECO/si $\beta$ 3 formulations containing 5% and 10% sucrose in BT549 cells, while the formulations of without sucrose and with 20% sucrose exhibited low silencing efficiency. Together, the addition of sucrose significantly improved the stability of lyophilized formulations of RGD-PEG-ECO/si $\beta$ 3 and maintained a good gene silencing efficiency, especially with 10% sucrose.



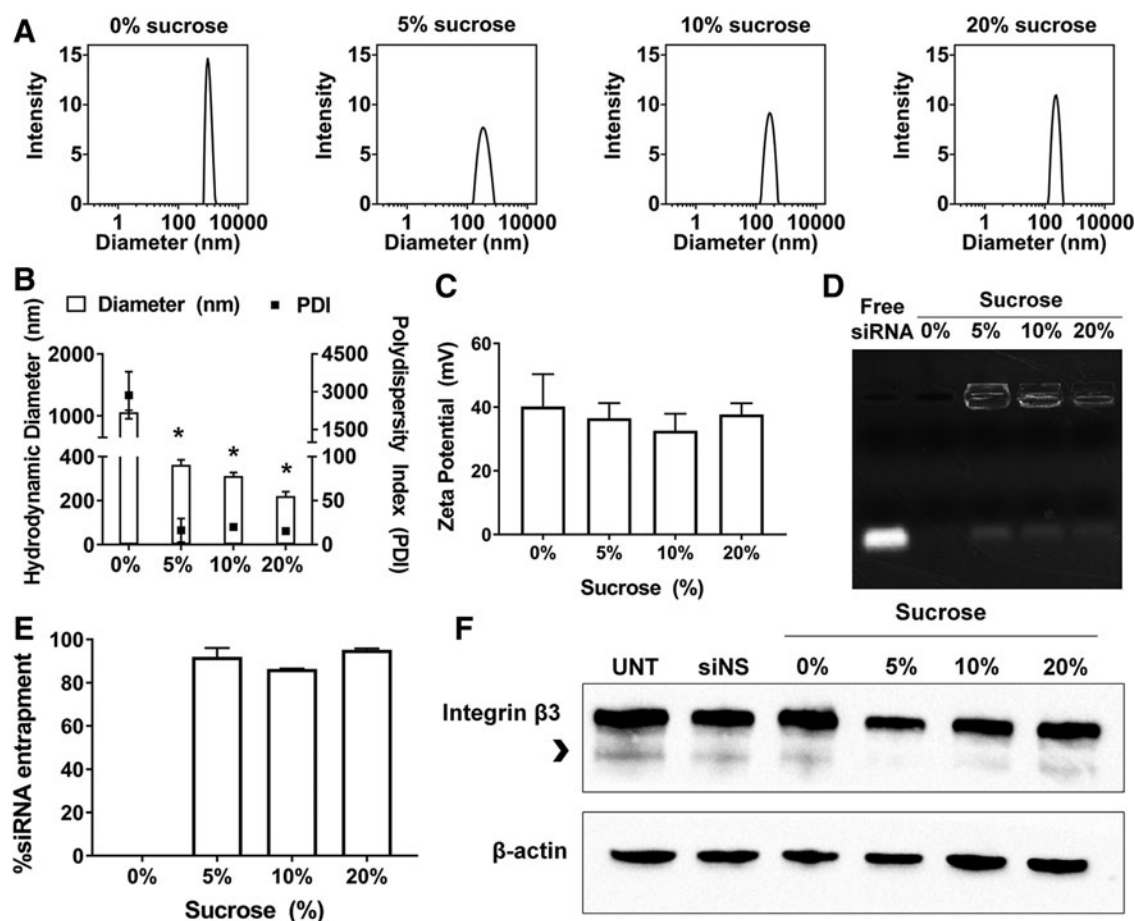
**FIG. 2.** Sucrose improves  $-80^{\circ}\text{C}$  storage of RGD-PEG-ECO/si $\beta$ 3 nanoparticles. (A) Representative intensity peaks of RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose poststorage in  $-80^{\circ}\text{C}$  for 1 week. Comparison of the hydrodynamic diameters, polydispersity index, (B) and zeta potential (C) of RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose in nuclease-free water. (D) Agarose gel retardation of  $-80^{\circ}\text{C}$  stored RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose compared with free si $\beta$ 3. (E) RiboGreen assay quantifying siRNA entrapment of  $-80^{\circ}\text{C}$  stored RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose. (F) Western blot analysis of  $\beta$ 3 integrin (indicated by the *arrowhead*) expression in BT549 cells 48 h after treatment with  $-80^{\circ}\text{C}$  stored RGD-PEG-ECO/si $\beta$ 3 nanoparticles (error bars denote SEM,  $*P < 0.05$  compared to formulations containing 0% sucrose).

#### Long-term stability of frozen RGD-PEG-ECO/si $\beta$ 3 nanoparticle formulations

Maintaining a long-term stability for the siRNA nanoparticle formulations is essential for their clinical translation and application. It appears that the frozen formulation of RGD-PEG-ECO/si $\beta$ 3 with 5% sucrose is a promising formulation with the best stability and gene silencing efficiency. We next determined the stability of the frozen RGD-PEG-ECO/si $\beta$ 3 formulation containing 5% sucrose in  $-80^{\circ}\text{C}$  for up to 1 year. The frozen RGD-PEG-ECO/si $\beta$ 3 formulation exhibited no significant change in particle diameter, polydispersity, and zeta potential at  $-80^{\circ}\text{C}$  for up to 12 months, indicating good stability of the formulation during long-term storage (Fig. 4A–D). No significant change in siRNA entrapment was observed after 1 year of storage, with siRNA entrapment ranging from 85% to 90% compared to naked siRNA controls (Fig. 4D, E).

The long-term stability of the formulations containing 10% and 20% sucrose was also investigated for up to 12 months; no significant change of the parameters was observed for the formulations during the storage (Supplementary Fig. S1).

The frozen formulation with 5% and 10% sucrose maintained gene silencing efficiency after storage at  $-80^{\circ}\text{C}$  for 12 months, with  $\sim 75\%$  silencing efficiency (Fig. 4F). Interestingly, the formulation containing 20% sucrose exhibited 65% silencing efficiency, higher than the freshly prepared formulations. The formulation without sucrose maintained only 37% silencing compared to BT549 cells treated with RGD-PEG-ECO/siNS nanoparticles, a substantial decrease from 75% silencing efficiency of freshly made particles. These results show together that the frozen RGD-PEG-ECO/si $\beta$ 3 nanoparticle formulation with sucrose possesses long-term stability with consistent nanoparticle diameter, polydispersity, and preserved biological functions.



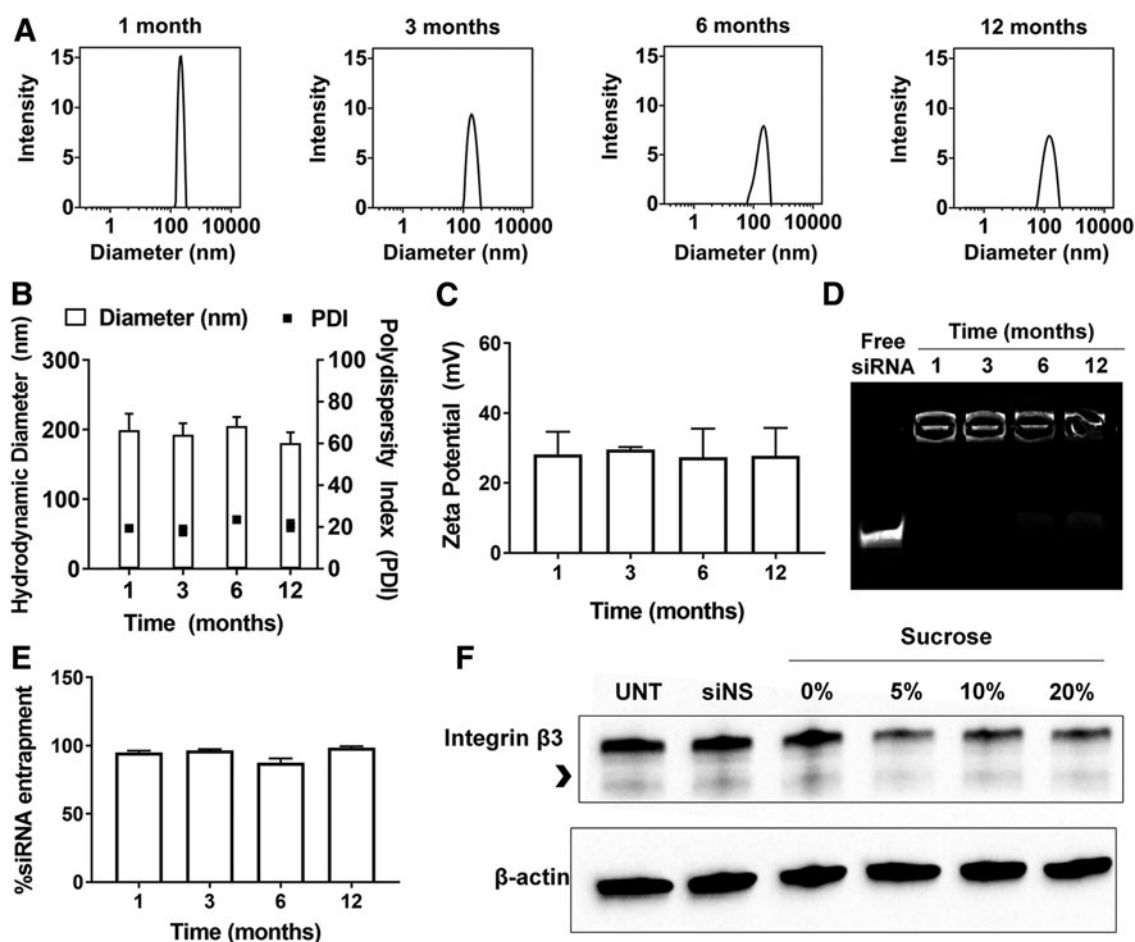
**FIG. 3.** Sucrose improves RGD-PEG-ECO/si $\beta$ 3 nanoparticle stability postlyophilization. RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose were flash-frozen and lyophilized overnight. Formulations were reconstituted in their original volume of nuclease-free water. (A) Representative intensity peaks of reconstituted RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose. Comparison of the hydrodynamic diameters, polydispersity index, (B) and zeta potential (C) of reconstituted RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose in nuclease-free water. (D) Agarose gel retardation of reconstituted RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose compared to free si $\beta$ 3. (E) RiboGreen assay quantifying siRNA entrapment of reconstituted RGD-PEG-ECO/si $\beta$ 3 nanoparticles containing 0%, 5%, 10%, and 20% sucrose. (F) Western blot analysis of  $\beta$ 3 integrin (indicated by the arrowhead) expression in BT549 cells 48 h after treatment with reconstituted RGD-PEG-ECO/si $\beta$ 3 nanoparticles (error bars denote SEM, \* $P < 0.05$  compared to formulations containing 0% sucrose).

#### Hemocompatibility of frozen RGD-PEG-ECO/si $\beta$ 3 formulation

The hemocompatibility of the frozen RGD-PEG-ECO/si $\beta$ 3 formulation with 5% sucrose was assessed *in vitro* with standard procedures. Incubation of the formulation with erythrocytes did not induce hemolysis at all tested concentrations (Fig. 5A). Since systemic administration of nanoparticles may activate the complement system, we analyzed complement activation by measuring reactive thioester iC3b in human plasma exposed to RGD-PEG-ECO/si $\beta$ 3 nanoparticles. Compared to positive control C5, human plasma incubated with RGD-PEG-ECO/si $\beta$ 3 nanoparticles showed no activation of the human complement system *in vitro* at all tested concentrations, as shown by the low expression iC3b similar to negative control PBS (Fig. 5B). Interestingly, RGD-PEG-ECO/si $\beta$ 3 nanoparticles showed significantly lower expression of iC3b than Doxil, an FDA approved nanoparticle formulation.

We next investigated the effects of RGD-PEG-ECO/si $\beta$ 3 nanoparticles on platelet aggregation and anticoagulation *in vitro*. At all tested concentrations of RGD-PEG-ECO/si $\beta$ 3, no significant platelet aggregation was observed upon incubation with PRP compared to negative control, while significant aggregation was observed for positive control, collagen (Fig. 5C). Incubation of PRP with collagen and RGD-PEG-ECO/si $\beta$ 3 nanoparticles showed no significant change in platelet aggregation induced by collagen (Fig. 5D). The effect of RGD-PEG-ECO/si $\beta$ 3 nanoparticles on coagulation time was also evaluated using three specialized assays: TTT (final common pathway), PT (extrinsic pathway), and APTT assay (intrinsic pathway). At all tested concentrations, incubation of RGD-PEG-ECO/si $\beta$ 3 nanoparticles with human plasma did not significantly affect coagulation time compared to normal (control N) plasma standards in all three tests (Fig. 5E–G). Together, these results indicate good hemocompatibility of the frozen RGD-PEG-ECO/si $\beta$ 3 nanoparticle formulation.



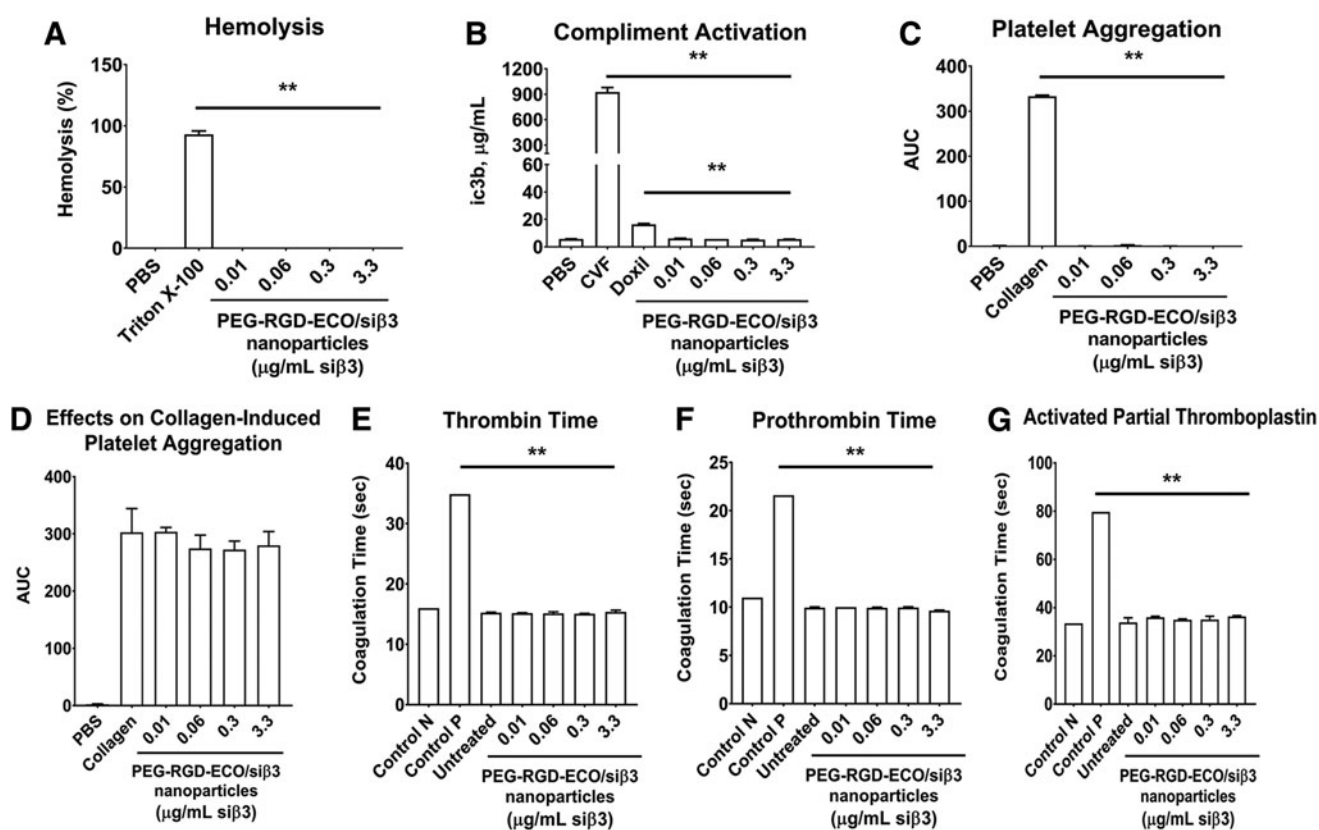


**FIG. 4.** Sucrose improves long-term storage of RGD-PEG-ECO/si $\beta 3$  nanoparticles. RGD-PEG-ECO/si $\beta 3$  nanoparticles containing 5% sucrose were flash-frozen and stored in  $-80^{\circ}\text{C}$  for 1, 3, 6, and 12 months. (A) Representative intensity peaks of long-term stored RGD-PEG-ECO/si $\beta 3$  nanoparticles containing 5% sucrose in nuclease-free water. Comparison of the hydrodynamic diameters, polydispersity indexes (B), and zeta potential (C) of RGD-PEG-ECO/si $\beta 3$  nanoparticles stored for 1, 3, 6, and 12 months in nuclease-free water. (D) Agarose gel retardation of RGD-PEG-ECO/si $\beta 3$  nanoparticles stored for 12 months compared to free si $\beta 3$ . (E) RiboGreen assay quantifying siRNA entrapment of RGD-PEG-ECO/si $\beta 3$  nanoparticles stored for 1, 3, 6, and 12 months. (F) Western blot analysis of  $\beta 3$  integrin expression (indicated by the arrowhead) in BT549 cells 48 h after treatment with RGD-PEG-ECO/si $\beta 3$  nanoparticles containing 0%, 5%, 10%, and 20% stored for 12 months (error bars denote SEM).

#### Immunogenicity of the frozen RGD-PEG-ECO/si $\beta 3$ formulation

The immunogenicity of the frozen RGD-PEG-ECO/si $\beta 3$  formulation with 5% sucrose was evaluated based on leukocyte activation, procoagulant activity, and cytokine secretion. To assess the effects of RGD-PEG-ECO/si $\beta 3$  nanoparticles on leukocyte proliferation, the nanoparticles were incubated for 72 h with human leukocytes in the presence of PHA-M, a lectin mucoprotein used for the stimulation of significant leukocyte proliferation. RGD-PEG-ECO/si $\beta 3$  nanoparticles inhibited PHA-M induced leukocyte proliferation at the si $\beta 3$  concentration of  $0.3\ \mu\text{g}/\text{mL}$  in two donors and  $3.3\ \mu\text{g}/\text{mL}$  in three donors. No inhibition was observed at lower si $\beta 3$  concentrations (Fig. 6A). To assess leukocyte procoagulant activity, RGD-PEG-ECO/si $\beta 3$  nanoparticles were incubated with normal leukocytes (PBMCs) from healthy donor volunteers. RGD-PEG-ECO/si $\beta 3$  nanoparticles did not induce leukocyte procoagulant activity *in vitro* at all tested concentrations (Fig. 6B).

The ability of RGD-PEG-ECO/si $\beta 3$  nanoparticles to induce elevated cytokine levels in human whole blood was investigated using enzyme linked immunosorbent assay. Interferon (IFN)- $\gamma$  was not induced at all tested concentrations of RGD-PEG-ECO/si $\beta 3$  nanoparticles (Fig. 6C). No induction of pyrogenic markers interleukin (IL)-8, IL-1 $\beta$ , and tumor necrosis factor alpha (TNF $\alpha$ ) was observed until the tested si $\beta 3$  concentration reached  $3.3\ \mu\text{g}/\text{mL}$  in all three human donors (Fig. 6D–F). However, RGD-PEG-ECO/si $\beta 3$  nanoparticles at high si $\beta 3$  concentration ( $3.3\ \mu\text{g}/\text{mL}$  si $\beta 3$ ) resulted in an increase of TNF $\alpha$  and IL-8 induction, but significantly lower compared to positive control LPS + PHA-M contained in whole blood from all tested donors. RGD-PEG-ECO/si $\beta 3$  nanoparticles at  $3.3\ \mu\text{g}/\text{mL}$  si $\beta 3$  resulted in high induction of IL-1 $\beta$  expression in one donor, but significantly lower induction in two other donors compared to positive control. Taken together, these results indicate low immunogenicity of the frozen RGD-PEG-ECO/si $\beta 3$  nanoparticle formulation.



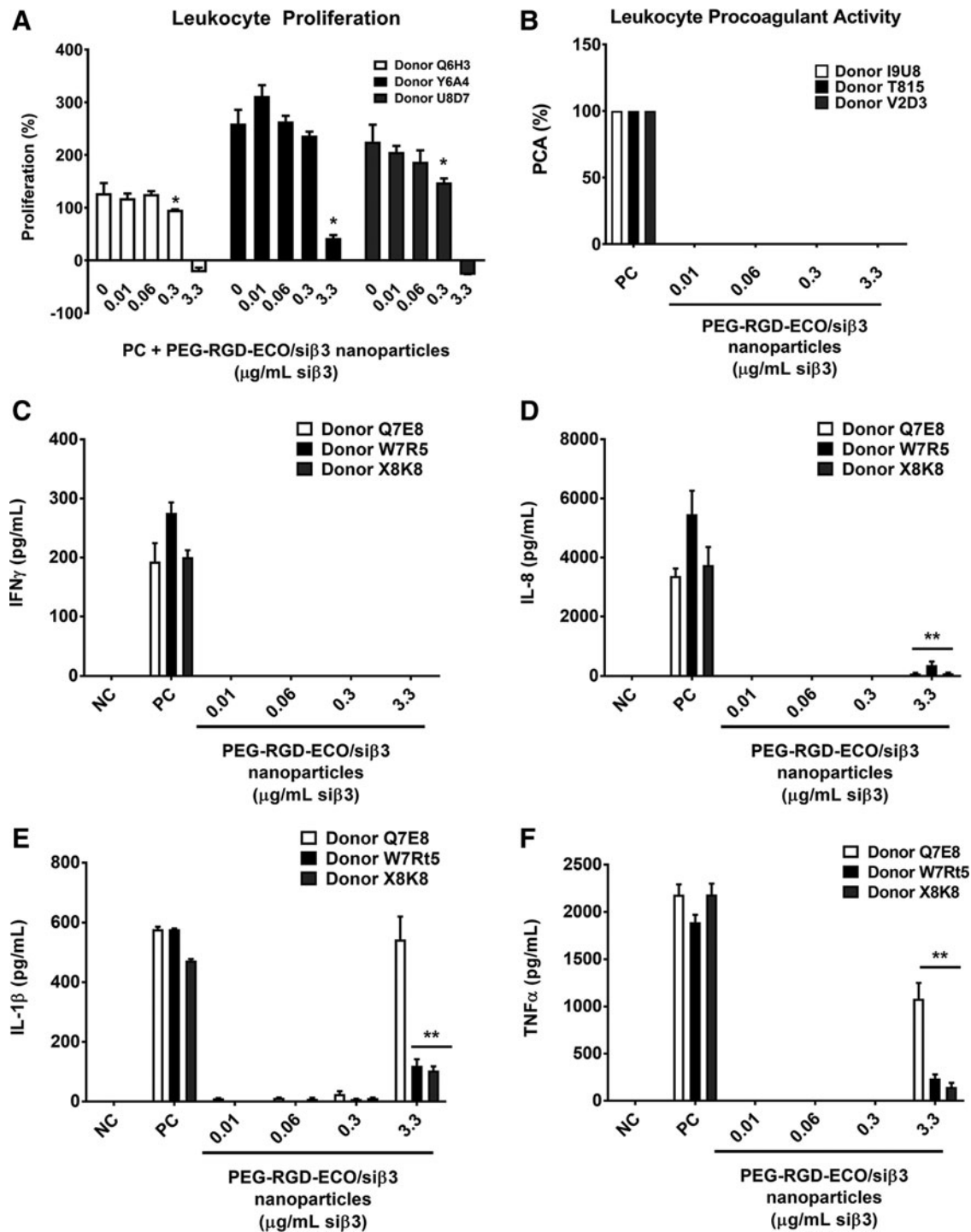
**FIG. 5.** (A) Hemolytic activity of frozen RGD-PEG-ECO/siβ3 nanoparticles compared to negative control PBS and positive control Triton X-100. (B) Complement activation of frozen RGD-PEG-ECO/siβ3 nanoparticles compared to positive control cobra venom factor, negative control PBS, and liposomal formulation Doxil. The effect of frozen RGD-PEG-ECO/siβ3 nanoparticles on platelet aggregation (C) and collagen-induced platelet aggregation (D) was evaluated compared to positive control collagen and negative control PBS. Human plasma coagulation was evaluated comparing thrombin time (E), prothrombin time (F), and activated partial thromboplastin (G) in response to treatment with varying concentrations of frozen RGD-PEG-ECO/siβ3 nanoparticles. Controls used were normal (control N) and abnormal (control P) plasma standards, as well as untreated plasma (error bars denote SEM, \*\* $P < 0.01$ ). PBS, phosphate-buffered saline.

## Discussion

The broad clinical development of RNAi therapies is hindered by the lack of biocompatible and stable formulations that preserve the integrity and functionality of siRNA nanoparticles in the long term [26]. In this work, we have shown that the targeted ECO/siRNA nanoparticles are able to form stable formulations with preserved gene silencing efficiency when stored for at least 1 year. Compared to other lipid/siRNA nanoparticles, the ECO/siRNA nanoparticles possess several unique features, including formation of stable nanoparticles with nucleic acids without helper lipids and pH-sensitive amphiphilic endosomal escape and reductive cytosolic siRNA release (PERC). Since the lipid carrier ECO has two thiol groups, it forms stable nanoparticles with siRNA at a low N/P ratio by forming reversible disulfide bonds, without the presence of a helper lipid, for example, cholesterol that is commonly used in other lipid siRNA nanoparticles. The surface of ECO/siβ3 nanoparticles can readily be modified with a targeting agent through a PEG spacer for targeted siRNA delivery and for further stabilization of the nanoparticle formulation. Moreover, ECO was previously shown to protect the siRNAs from serum degradation, addressing a main hurdle in siRNA delivery [18]. Other methods can be used to evaluate siRNA stability, such as Förster res-

onance energy transfer, where fluorescence dequenching is observed upon nucleic acid degradation [27–29]. Additional research is ongoing for evaluating the intracellular uptake of RGD-PEG-ECO/siRNA nanoparticles. Enhanced stability in saline and buffer solutions was achieved with the targeted RGD-PEG-ECO/siβ3 nanoparticles. Besides the targeting agent tested in this study, other targeting agents can also be readily incorporated into the nanoparticles using the same chemistry to target different molecular targets on cell surface.

The stability of frozen and lyophilized solid formulations of RGD-PEG-ECO/siβ3 nanoparticles was further improved by adding a cryoprotectant sucrose. It has been shown that the freezing process could compromise particle stability [30]. Lyophilization could also cause irreversible nanoparticle fusion and particle aggregation [14,30,31]. Various excipients, including sucrose, have been used to reserve nanoparticle integrity, for example, with a concentration as high as 30% for sucrose [14,32]. In this study, we have shown that frozen formulations maintained more consistent physicochemical properties than the lyophilized formulations, especially at low sucrose content. The addition of as little as 5% sucrose was sufficient to prevent particle aggregation in the frozen formulations and alleviate aggregation in the lyophilized formulations. A higher concentration of sucrose (10%–20%) was needed for the lyophilized formulations,



**FIG. 6.** (A) The effect of frozen RGD-PEG-ECO/siβ3 nanoparticles on PHA-M proliferation using three different donors at various concentrations compared to positive control PHA-M. (B) Leukocyte procoagulant activity of RGD-PEG-ECO/siβ3 nanoparticles compared to positive control *Escherichia coli* K12 lipopolysaccharide treated peripheral blood mononuclear cells. The effect of RGD-PEG-ECO/siβ3 nanoparticle treatment on pro-inflammatory cytokines IFN $\gamma$  (C), IL-8 (D), IL-1 $\beta$  (E), and TNF $\alpha$  (F) was evaluated in whole blood cultures of healthy donor volunteers ( $n=3$ ) (error bars denote SEM, \* $P < 0.05$ , \*\* $P < 0.01$ ). PHA-M, phytohemagglutinin-M; IL, interleukin; IFN, interferon; TNF $\alpha$ , tumor necrosis factor alpha.

likely due to the additional protection needed for water removal upon lyophilization [15]. However, the RGD-PEG-ECO/siβ3 formulation containing 20% sucrose showed reduced silencing compared to the RGD-PEG-ECO/siβ3 formulations with 5% and 10% sucrose. This could be at-

tributed to inhibition of clathrin-dependant endocytosis by the increased sucrose concentration [33]. In addition, increased sucrose concentration has been shown to enhance transforming growth factor- $\beta$  signaling, which could also attribute to the elevated expression of  $\beta 3$  integrin [34]. Therefore, the

frozen formulation with 5% sucrose could be a suitable formulation of the targeted siRNA nanoparticles for further clinical development.

The frozen RGD-PEG-ECO/si $\beta$ 3 formulation with 5% sucrose exhibited good blood compatibility, which is essential for its further clinical translation. Because RNAi therapies are administered intravenously, they should avoid negative side effects such as hemolysis, complement activation, cytokine secretion, and leukocyte procoagulation [35]. It has been reported that some siRNA nanoparticles formulated with cationic polymers and liposomes exhibited cytotoxicity, concentration dependent disseminated intravascular coagulation, and induced platelet activation [36–39]. The RGD-PEG-ECO/si $\beta$ 3 formulation showed no significant effect at all tested concentrations on hemolysis, complement activation, and platelet and leukocyte coagulation. Specifically for RGD-PEG-ECO/si $\beta$ 3 nanoparticles,  $\beta$ 3 integrin is a platelet receptor that plays an essential role in hemostasis and thrombosis [40,41]. It binds a number of ligands, including fibrinogen, fibrin, von Willebrand factor, and fibronectin, to mediate platelet aggregation [40]. The incubation of platelets with RGD-PEG-ECO/si $\beta$ 3 nanoparticles did not induce any negative effects on platelet aggregation.

The frozen RGD-PEG-ECO/si $\beta$ 3 formulation exhibited low immunogenicity. Substantial effect on leukocyte proliferation was observed until reaching the highest testing si $\beta$ 3 concentration at 3.3  $\mu$ g/mL. The inhibition of leukocyte proliferation at this high concentration could be attributed to silencing  $\beta$ 3 integrin, as  $\beta$ 3 integrin is essential for T cell proliferation [42]. The RGD-PEG-ECO/si $\beta$ 3 formulation did not induce IFN- $\gamma$  secretion at all concentrations. Induced secretion of TNF $\alpha$ , IL-8, and IL-1 $\beta$  was only observed at the highest si $\beta$ 3 concentration (3.3  $\mu$ g/mL). The potential immunogenicity and induced cytokine secretion for *in vivo* application could be avoided by controlling overall blood concentration during intravenous infusion.

In summary, we have developed a frozen formulation of RGD-PEG-ECO/si $\beta$ 3 nanoparticles with prolonged stability and preserved biological function for clinical development of RNAi therapeutics. The formulation maintains excellent nanoparticle integrity and effective biological function after storage for at least 1 year. The RGD-PEG-ECO/si $\beta$ 3 formulation also exhibits excellent hemocompatibility and low immunogenicity. Further studies are needed for comprehensive evaluation of the safety, pharmacokinetics, and pharmacodynamics in animal models before clinical development of the formulation. Since RNAi based therapy has the potential to treat a plethora of diseases, the nanoparticle formulation has the potential to serve as a delivery platform for various RNAi therapeutics for broader clinical applications.

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### Author Disclosure Statement

Z.-R.L. is a cofounder of Cleveland Theranostics, LLC, a startup company focused on the development of multifunctional pH-sensitive amino lipids for gene therapy.

Z.-R.L. and N.R.A. have a patent interest related to this work. All other authors declare no conflicts of interest.

### Supplementary Material

Supplementary Figure S1

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