



# Insights into the origin of the high energy-conversion efficiency of F<sub>1</sub>-ATPase

Kwangho Nam<sup>a,b,1</sup> and Martin Karplus<sup>c,d,1</sup>

<sup>a</sup>Department of Chemistry and Biochemistry, University of Texas at Arlington, Arlington, TX 76019-0065; <sup>b</sup>Department of Chemistry, Umeå University, SE-901 87 Umeå, Sweden; <sup>c</sup>Department of Chemistry and Chemical Biology, Harvard University, Cambridge, MA 02138; and <sup>d</sup>Laboratoire de Chime Biophysique, Institut de Science et d'Ingénierie Supramoléculaires, Université de Strasbourg, 67000 Strasbourg, France

Contributed by Martin Karplus, June 4, 2019 (sent for review April 23, 2019; reviewed by Wayne D. Frasch and Yiqin Gao)

**Our understanding of the rotary-coupling mechanism of F<sub>1</sub>-ATPase has been greatly enhanced in the last decade by advances in X-ray crystallography, single-molecular imaging, and theoretical models. Recently, Volkán-Kacsó and Marcus [S. Volkán-Kacsó, R. A. Marcus, *Proc. Natl. Acad. Sci. U.S.A.* 112, 14230 (2015)] presented an insightful thermodynamic model based on the Marcus reaction theory coupled with an elastic structural deformation term to explain the observed  $\gamma$ -rotation angle dependence of the adenosine triphosphate (ATP)/adenosine diphosphate (ADP) exchange rates of F<sub>1</sub>-ATPase. Although the model is successful in correlating single-molecule data, it is not in agreement with the available theoretical results. We describe a revision of the model, which leads to consistency with the simulation results and other experimental data on the F<sub>1</sub>-ATPase rotor compliance. Although the free energy liberated on ATP hydrolysis by F<sub>1</sub>-ATPase is rapidly dissipated as heat and so cannot contribute directly to the rotation, we show how, nevertheless, F<sub>1</sub>-ATPase functions near the maximum possible efficiency. This surprising result is a consequence of the differential binding of ATP and its hydrolysis products ADP and P<sub>i</sub> along a well-defined pathway.**

F<sub>1</sub>-ATPase | chemo-mechanical coupling | energy-conversion efficiency | free-energy profile

**F**<sub>1</sub>-ATPase is one of the smallest motor proteins; only some kinesins are smaller (1). It consists of 3  $\alpha$ - and 3  $\beta$  subunits, which are arranged alternatively to form a ring around the  $\gamma$ -subunit. The motor drives the rotation of the central  $\gamma$ -stalk of the enzyme by harnessing the differential binding free energies of adenosine triphosphate (ATP) and its hydrolysis products, adenosine diphosphate (ADP) and P<sub>i</sub> (2, 3). The energy-conversion efficiency, measured in terms of the hydrolysis energy of ATP, is near 100% (2, 4–7). X-ray crystallography has established that the 3  $\beta$ -subunits adopt 2 significantly different conformations that depend on the ligands in the active sites, and cyclically alternate through a sequence of conformational transitions between the two. The 3  $\alpha$ -subunits contribute residues for the catalysis but their conformational changes are small (8). In the conformational cycle, only 1 site is catalytically active for hydrolysis of ATP at a given time.

The  $\gamma$ -subunit rotation in 120° steps was demonstrated early by single-molecule imaging experiments (9, 10). This result was subsequently refined to show that the rotation occurs in 40° and 80° substeps (11–13). [In this work, we use the 40° and 80° notation following Adachi et al. (12), although the choice is somewhat arbitrary and other papers use other values (11, 14–19).] Through these studies, as well as others (20, 21), in conjunction with simulations (16, 22–24), a detailed molecular description of each of the 2 substeps in the  $\gamma$ -subunit rotation cycle was established (Fig. 1A). Based on the chemical events in each substep, the 40° substep is referred to as the catalytic step and the 80° substep as the ATP binding step. A conformation first trapped by a molecular dynamics simulation (23), which is consistent with the structural changes suggested by single-molecule experiments (25, 26), as well as a more recent simulation (27), is associated with the ATP binding “dwell.” The open  $\beta_E$ -conformation binds substrate ATP; the subsequent closing of  $\beta_E$  induces a conformational change in an

adjacent  $\beta$ -subunit to release the hydrolysis products of a previous ATP binding event, and together leads to the 80° substep of the  $\gamma$ -subunit. Once this substep reaches the catalytic dwell, the hydrolysis of 1 ATP and release of 1 inorganic phosphate (P<sub>i</sub>) result in the 40° substep rotation. This rotation is followed by release from the  $\beta_{HO}$ -subunit [precisely,  $\beta_{HO}$ -like in Nam et al. (23)] of 1 ADP, which was formed from the ATP hydrolyzed during the 40° substep. In these 2 substeps, the interfaces of the  $\beta$ -subunits with the 3  $\alpha$ -subunits change in response to alterations in the  $\beta$ -subunits. The resulting change in contacts is likely to play an important role, as suggested in our previous publication (23). Recent simultaneous single-molecule fluorescence resonance energy transfer (FRET) and rotation measurements (26) support this picture of the rotation cycle, as does the paper by Martin et al. (19). In human F<sub>1</sub>-ATPase, on the other hand, it has recently been shown that the rotation takes place in 3 substeps: 0° → 65° during ATP binding/ADP release, 65° → 90° with P<sub>i</sub> release, and 90° → 120° with ATP hydrolysis (28). However, the mechanistic origin of the difference of the P<sub>i</sub> release/ATP hydrolysis steps between human and other F<sub>1</sub>-ATPases is not fully understood (18, 28). In what follows, the results in Fig. 1 are used in a model that suggests a basis for the nearly 100% efficiency of F<sub>1</sub>ATPase. This occurs despite the fact that the hydrolysis energy, per se, is thermalized too rapidly (in picoseconds to nanoseconds) (3, 29) to contribute to the rotation, which is on a timescale of microseconds.

Fig. 1A shows the proposed full 360° rotation cycle. It is essential to use the full cycle for a correct description because the ATP bound at 0° (ATP binding dwell) is hydrolyzed only after a

## Significance

**F<sub>1</sub>-ATPase is a small motor protein, composed of 3  $\alpha$ - and 3  $\beta$ -subunits that surround a central  $\gamma$ -subunit. The  $\beta$ -subunits alternate cyclically between 2 major conformational states to produce the rotation of the  $\gamma$ -subunit. Although the rotation on the microsecond timescale is powered by the differential binding of ATP and its hydrolysis products ADP and HPO<sub>4</sub><sup>2-</sup>, there is near-100% conversion efficiency of the free energy of ATP hydrolysis, which occurs on the picosecond timescale. The free-energy profile constructed for the 360° rotation cycle shows that F<sub>1</sub>-ATPase achieves its high energy-conversion efficiency by elegantly separating fast catalytic events, which involve small local conformational changes, from the slow binding/release of ligands involved in the large conformational change.**

Author contributions: K.N. and M.K. designed research, performed research, analyzed data, and wrote the paper.

Reviewers: W.D.F., Arizona State University; and Y.G., Peking University.

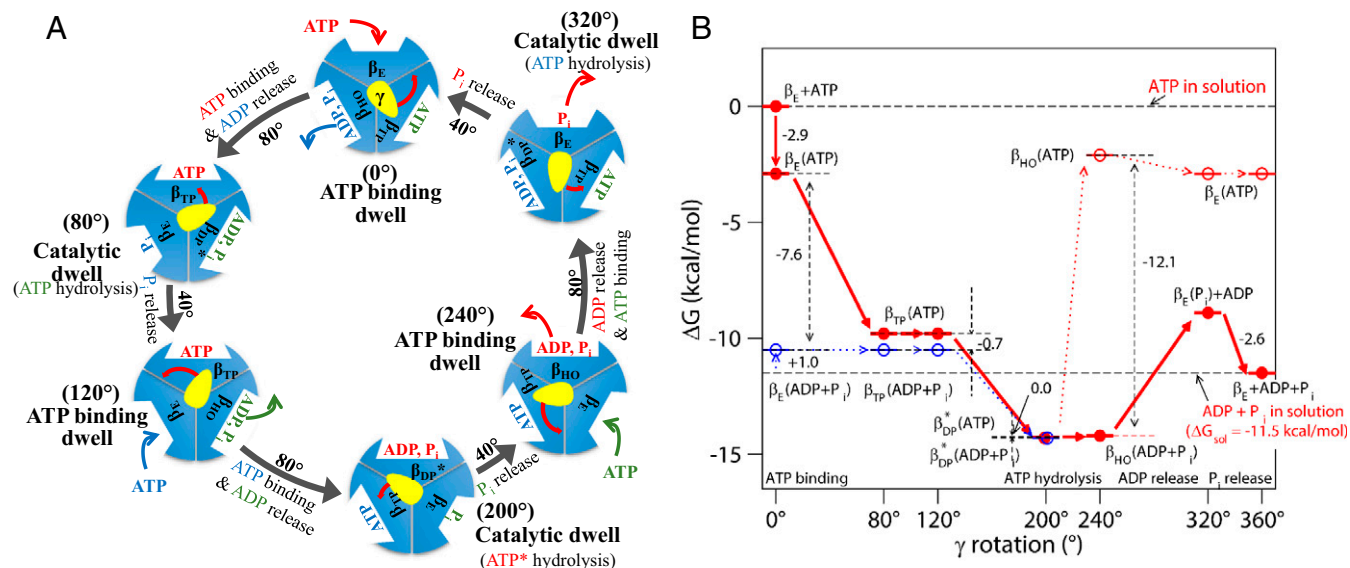
The authors declare no conflict of interest.

Published under the [PNAS license](#).

<sup>1</sup>To whom correspondence may be addressed. Email: kwangho.nam@uta.edu or marci@tammy.harvard.edu.

This article contains supporting information online at [www.pnas.org/lookup/suppl/doi:10.1073/pnas.1906816116/-DCSupplemental](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1906816116/-DCSupplemental).

Published online July 24, 2019.



**Fig. 1.** (A) Proposed 360° rotation cycle of F<sub>1</sub>-ATPase showing each  $\beta$ -subunit conformation based on ref. 23. In brief, an ATP bound at 0° (ATP binding dwell) is hydrolyzed at 200° (catalytic dwell), and the hydrolysis product ADP and P<sub>i</sub> are released at 240° and 320°, respectively. The changes of the  $\beta$ -subunits' conformation,  $\gamma$ -subunit orientation, and ligands occupancy at each subunit associated with the ATP/ADP exchange and catalytic events are indicated at each step. (B) FE (kcal/mol) profile for ATP hydrolysis based on the model presented in A. In each  $\gamma$ -rotation angle, the FE of  $\beta$ -subunit is shown for the state with bound ATP (red) and the hydrolysis product ADP + P<sub>i</sub> (blue), whose FEs are determined using the reaction FE of ATP hydrolysis in solution with the cellular concentrations of ATP, ADP, and P<sub>i</sub> (i.e., [ATP] = 3 mM, [ADP] = 0.4 mM, and [P<sub>i</sub>] = 6 mM) and their binding FEs shown in *SI Appendix, Table S1*. For the state at 320°, the subunit with bound P<sub>i</sub> and free ADP represents the state after the departure of ADP from  $\beta_{HO}(ADP + P_i)$ . The lines shown with solid arrow represent the changes of  $\beta$ -subunit with the rotation of  $\gamma$ . The dotted black lines show the FE of ATP hydrolysis in each  $\beta$ -subunit at different  $\gamma$ -angles, and the dotted red and blue lines are for the transitions with bound ATP versus ADP + P<sub>i</sub>.

200° rotation (catalytic dwell) and the hydrolysis products, ADP and P<sub>i</sub>, are released at 240° (ATP binding dwell) and 320° (catalytic dwell), respectively. We note that the 3  $\beta$ -subunits of each F<sub>1</sub>-ATPase vary their conformation between  $\beta_E$ ,  $\beta_{TP}$ ,  $\beta_{DP}^*$ , and  $\beta_{HO}$  relative to  $\gamma$ . An updated version of the thermodynamics involved in the rotational steps is shown in Fig. 1B and is discussed below. Given this microscopic description of the F<sub>1</sub>-ATPase cycle, there remains the challenge of developing consistent theoretical models that simultaneously explain the single-molecule measurements, as does the above description, and the ensemble experiments (30–32). In this regard, we focus on 2 recent papers by Volkán-Kacsó and Marcus (33, 34) (referred to as V-K&M in what follows), who have developed a thermodynamic model based on the classic 2-state reaction rate theory of Marcus and Sutín (35), augmented with the introduction of the elastic structural deformation that occurs in F<sub>1</sub>-ATPase. Their model is consistent with the exponential dependence on the  $\gamma$ -rotation angle of the ATP/ADP exchange rates observed in both recent stalled- (36) and controlled-rotation single-molecule experiments (37). We show here that a revision of the V-K&M model for the molecular coupled rotary-binding change mechanism, and the thermodynamic diagram of the enzyme cycle (Fig. 1B) based on the atomistic simulation results (14, 16, 23, 27, 38), yield deeper insights into how F<sub>1</sub>-ATPase works.

### Free-Energy Profile for ATP Hydrolysis along 360° Rotation Cycle

Fig. 1B shows the free-energy (FE) diagram for the entire 360° cycle of ATP hydrolysis. This diagram is constructed based on the 360° rotation model proposed recently (23) and the binding FE data of ATP, ADP, and P<sub>i</sub> in different  $\beta$ -conformations (*SI Appendix, Table S1*) (14). The data are based on the physiologically relevant concentrations of ATP, ADP, and P<sub>i</sub> [i.e., [ATP] = 3 mM, [ADP] = 0.4 mM and [P<sub>i</sub>] = 6 mM (14, 38, 39)], which give -11.5 kcal/mol as the total FE of ATP hydrolysis in water.

Starting from an unoccupied  $\beta_E$  at 0°, whose FE is defined to be zero, ATP binding lowers its FE to -2.9 kcal/mol. This value is the sum of -6.3 kcal/mol for ATP binding in  $\beta_E$  (*SI Appendix, Table S1*) and 3.4 kcal/mol for [ATP] = 3 mM. By the rotation of  $\gamma$  to 80° with a binding FE of -9.8 kcal/mol,  $\beta_E$  changes to  $\beta_{TP}$ . This value corresponds to an FE change of -6.9 kcal/mol, a value very close to -6.7 kcal/mol determined by Czub et al. (27) for the corresponding transition of an isolated  $\alpha\beta$ -dimer. The binding FE of ATP decreases further to -14.3 kcal/mol when  $\beta_{DP}^*$  is reached at 200°, where the catalytic dwell takes place and the bound ATP is hydrolyzed, as mentioned above. The estimate of the FE change in the  $\beta_{TP}(ATP) \rightarrow \beta_{DP}^*(ATP)$  transition (indicated with the red arrow between 120° and 200° in Fig. 1B) is based on 2 results: first, that the FE of ATP hydrolysis in  $\beta_{DP}^*$  is zero. This conclusion is supported by the similar rates of ATP hydrolysis and synthesis measured in the stalled rotation experiments (13, 36); and second, that the conformation of  $\beta_{DP}^*(ADP + P_i)$  is very similar to that of  $\beta_{DP}$ , which is the conformation found in many X-ray structures with ADP and P<sub>i</sub> analogs (40). Thus, its affinities for ADP and P<sub>i</sub> are expected to be essentially the same as those of  $\beta_{DP}$  (*SI Appendix, Table S1*). The  $\beta$ -subunit then is transformed to  $\beta_{HO}$  at 240°. In this step, we have assumed that the binding affinities of ATP, ADP, and P<sub>i</sub> in this  $\beta$ -subunit are intermediate between their corresponding values in  $\beta_{HC}$  and  $\beta_{DP}$ , since the  $\beta_{HO}$ -conformation is approximately intermediate between  $\beta_{DP}$  and  $\beta_{HC}$  [as presented in *SI Appendix, figure S2* of Nam et al. (23)]. Subsequently, ADP exits from  $\beta_{HO}$ , producing  $\beta_E(P_i)$  and free ADP, whose FE is higher by 5.3 kcal/mol than  $\beta_{DP}^*(ADP + P_i)$ . Finally, P<sub>i</sub> is released from  $\beta_E$  to complete the ATP hydrolysis cycle.

The FE diagram (Fig. 1B) indicates that the 80° rotation produces a total -9.0-kcal/mol change in FE. This is mainly contributed by the change of an empty  $\beta_E$  to  $\beta_{TP}$  with ATP binding (-9.8 kcal/mol), whereas the FEs of the other 2  $\beta$ -subunits approximately compensate each other; i.e., the values are -4.5 kcal/mol

for the  $\beta_{TP}(\text{ATP}) \rightarrow \beta_{DP}^*(\text{ATP})$  transition and 5.3 kcal/mol for the  $\beta_{HO}(\text{ADP} + \text{P}_i) \rightarrow \beta_E(\text{P}_i) + \text{ADP}$  transition, respectively. The  $40^\circ$  substep rotation yields only  $-2.6$  kcal/mol, which arises from the  $\text{P}_i$  release by  $\beta_E$ , while the other 2  $\beta$ -subunits contribute nothing to the overall FE change. This finding and the conclusion by Gao et al. (14, 38) are different from those of Mukherjee and Warshel (41), who suggested that a larger FE change occurs during the  $40^\circ$  substep (*SI Appendix*, section SII).

### Origin of High Energy-Conversion Efficiency of $F_1$ -ATPase

The analysis based on Fig. 1B shows how  $F_1$ -ATPase utilizes the differential binding affinities of ATP versus ADP and  $\text{P}_i$  to achieve a highly efficient energy conversion; i.e., the motor is essentially 100% efficient, as measured by the FE of ATP hydrolysis (4, 5). This is a surprising result given that the hydrolysis occurs on the picosecond timescale, while the  $\gamma$ -rotation occurs on the microsecond timescale. For this high efficiency, 2 conditions must be met. First, the enzyme should follow a well-defined sequence of events, which is that presented in Fig. 1 (23). Any event that deviates from that pathway would lower the energy-conversion efficiency (i.e., such “off-path” event could lead to an  $\alpha_3\beta_3$ -conformational change without inducing  $\gamma$ -rotation). Astumian et al. (42) suggested that such off-path events can be avoided by their having high kinetic barriers in comparison with those of the on-path events. Nevertheless, from time to time, the enzyme deviates from the path, for example, by a backward rotation as observed in the single-molecule experiment (12), which may result in a reduced energy-conversion efficiency. Similarly, ADP inhibition (43) may reduce the efficiency if the long pause caused by ADP inhibition results in the change of ligands in different  $\beta$ -subunits as in the 4ASU ADP-inhibited structure (44). Second,  $F_1$ -ATPase has to function by separating the overall chemical reaction into 2 substeps: 1) binding and release, which are coupled with large protein conformational changes, and 2) breaking/making of chemical bonds, which involve zero FE changes and are associated only with localized conformational changes. As a result of this separation, the FE of ATP hydrolysis is not used directly in the function of  $F_1$ -ATPase, but is mirrored by the differential binding affinities of ATP and ADP/ $\text{P}_i$  and the associated changes in the  $\alpha_3\beta_3$ -conformation (Fig. 1) (3, 15, 45).

The remaining question is how the enzyme ensures a correct rotation of  $\gamma$  in each substep (46). To this end, the analysis presented in *Rotor Stiffness Versus  $\gamma$ -Rotation FE* suggests that one part, such as the coiled-coil portion of  $\gamma$ , is tightly coupled to the  $\alpha_3\beta_3$ -conformational change, which occurs with ATP/ADP exchange, and a second part, such as the globular portion of  $\gamma$ , is relatively weakly coupled for effective transduction of forces between the  $F_1$ -ATPase moiety and the c-ring of the full  $F_0F_1$ -ATP synthase during both ATP synthesis and hydrolysis. Given that, the tightly coupled region of  $\gamma$  (the coiled-coil part) changes its conformation together with  $\alpha_3\beta_3$  in each substep, and the remaining part of  $\gamma$  (the globular portion) rotates spontaneously to complete the rotation. Previously, Karplus and Gao (3) suggested that for  $\gamma$  to couple tightly with the  $\alpha_3\beta_3$  hexamer, the FE should change linearly along the  $\gamma$ -rotation reaction coordinate in both the  $80^\circ$  and  $40^\circ$  rotation steps. The model of V-K&M (i.e., equation 5 of ref. 33) indeed shows that the ATP/ADP exchange FE at a rotation angle  $\theta$ ,  $\Delta G^\circ(\theta)$ , as defined in *SI Appendix*, Eq. S1, changes linearly with the  $\gamma$ -rotation angle. This result, in turn, is consistent with the exponential angle dependence of the ATP/ADP exchange equilibrium constants (36). Another prediction (3) deals with the FE  $\Delta G$  available for  $\gamma$ -rotation under an external bias  $W$ , where  $\Delta G = \Delta G_{sol} - W$  and  $\Delta G_{sol}$  is the FE of ATP hydrolysis in solution. If  $\Delta G$  is a linear function of the reaction coordinate (i.e.,  $\gamma$ -rotation angle), the rate for  $\gamma$ -rotation should be a linear function of  $W$ . This result

was observed in the single-molecule measurements under external torque (5).

In summary, the present analysis, in conjunction with the recent single-molecule experiments (7, 26, 36, 37, 47) and simulations (14, 16, 22, 23, 48), provides a confirmation of the predictions of Karplus and Gao (3), and leads to a better understanding of the connection between the thermodynamics of ATP hydrolysis by  $F_1$ -ATPase and the molecular mechanism underlying the generation of the torque (the “power stroke”) that drives the  $\gamma$ -rotation with high energy-conversion efficiency.

Fig. 2B, together with Fig. 3 and *SI Appendix*, Fig. S2, propose a particular sequence of events for the  $F_1$ -ATPase cycle. The rotation angle of  $\gamma$  fluctuates between  $-40^\circ$  and  $40^\circ$  in the reactant state before the ATP/ADP exchange, with the associated work term (i.e., the energetic penalty to rotate  $\gamma$  from its  $0^\circ$  resting state) varying by less than  $1/2 k_B T$ . The  $\alpha_3\beta_3$ -conformational change then occurs with the ATP/ADP exchange with the minimum barrier being at  $38^\circ$ , followed by the completion of  $\gamma$ -rotation to the subsequent catalytic dwell state; see also Martin et al. (19). Further discussion of the detailed sequence of events is provided in *Proposed Sequence of Events Between ATP Binding and ADP Release in ATP Binding Dwell*. In this process, the completion of  $\gamma$ -rotation is driven by the change of the FE minimum to favor the rotated conformation in the product state (i.e., after the ATP/ADP exchange and  $\alpha_3\beta_3$ -conformational change); i.e., with delayed ATP/ADP exchange or delayed ADP release,  $\gamma$ -rotation is delayed (17). This sequence of events is that described in our recent simulation (23) which showed that the rotation angle of  $\gamma$  first fluctuates in the catalytic dwell and only after the  $\alpha_3\beta_3$ -conformational change does it change spontaneously, via a power stroke, to the subsequent ATP binding dwell. This suggests that the  $40^\circ$  rotation of  $\gamma$  from the catalytic dwell is also driven by the change in the FE minimum as a result of the conformational change of  $\alpha_3\beta_3$  after ATP hydrolysis and  $\text{P}_i$  release.

### Estimation of FEs of ATP/ADP Exchange and $80^\circ$ $\gamma$ -Rotation

In the model of V-K&M (33), the ATP/ADP exchange reaction was described in both the stalled rotation and the freely rotating systems by the 2-state Marcus-type reaction theory, as follows:

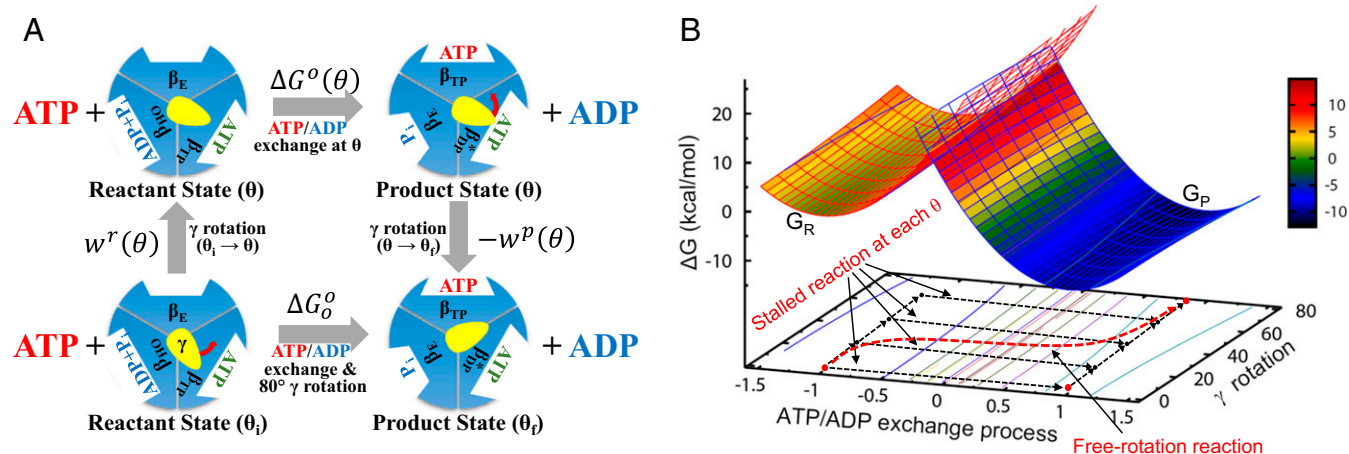
$$\Delta G^\ddagger(\theta) = W_{ATP}^r + [\lambda + \Delta G^o(\theta)]^2 / 4\lambda \quad \text{and} \quad \Delta G_0^\ddagger = W_{ATP}^r + [\lambda + \Delta G_0^o]^2 / 4\lambda, \quad [1]$$

where  $\Delta G^\ddagger(\theta)$  and  $\Delta G_0^\ddagger$  are the activation barriers in the stalled rotation and freely rotating systems, respectively,  $\Delta G^o(\theta)$  and  $\Delta G_0^o$  are their associated standard FE changes,  $W_{ATP}^r$  is the work term to bring ATP from water solvent to the binding site of the enzyme, and  $\lambda$  is the reorganization energy. Each of these terms is discussed further in subsequent portions of the article. The work involved in the rotation of  $\gamma$  and any associated changes of the  $\alpha_3\beta_3$ -conformation (hereafter, simply denoted as the  $\gamma$ -rotation) from the conformations of the reactant state,  $w^r(\theta)$ , and the product state,  $w^p(\theta)$ , of the freely rotating system were modeled as an elastic deformation as in V-K&M, i.e.,

$$w^r(\theta) = \frac{\kappa}{2}(\theta - \theta_i)^2 \quad \text{and} \quad w^p(\theta) = \frac{\kappa}{2}(\theta - \theta_f)^2, \quad [2]$$

where  $\kappa$  is the effective stiffness constant of the elastic deformation, and  $\theta_i$  and  $\theta_f$  the  $\gamma$ -rotation angles at the ATP binding state and the subsequent catalytic dwell state in the  $F_1$ -ATPase hydrolysis direction, respectively; see also Sielaff et al. (47) and Wächter et al. (49).

Although the V-K&M model explains the rotational angle dependence of the measured ATP/ADP exchange rates and equilibrium constants in the stalled (36) and controlled rotation systems



**Fig. 2.** (A) Thermodynamic cycle connecting the stalled/controlled rotation at the  $\gamma$ -rotation angle  $\theta$  (Upper) and freely rotating systems (Lower) for the  $80^\circ$  rotation step. In the freely rotating system,  $\theta_i$  and  $\theta_f$  refer to the  $\gamma$ -rotation angles at the resting reactant and product states, respectively. (B) FE diagram of the ATP/ADP exchange process for the stalled- and free-rotation systems determined based on the reorganization energy ( $\lambda$ ) and  $\Delta G^o(\theta)$  values with  $\kappa = 16$  pN-nm.  $\Delta G^o(\theta)$  value is a function of  $\Delta G^o(\theta_i)$  and the 2 work functions (see also *SI Appendix*, Fig. S2). For the ATP/ADP exchange process, “-1” denotes the reaction coordinate (RC) value at the reactant state and “1” at the product state, respectively. In the Marcus theory FE diagram (upper surface), the parabola shown in red mesh is the FE surface of the reactant state ( $G_R$ ) and the blue mesh is for the product-state FE surface ( $G_P$ ). The transition state is where the 2 parabolas intersect. In the reactant state, the FE value of  $G_R$  (at RC = -1) increases by the  $w^r(\theta)$  term with the increase of  $\theta$  from  $0^\circ$  to  $80^\circ$ ; the FE also increases similarly for the angle less than  $0^\circ$ . In contrast, the FE of  $G_P$  (at RC = 1) decreases by  $w^p(\theta)$  in the product state as  $\theta$  increases. The free-rotation reaction, i.e., the ATP/ADP exchange process in the freely rotating system (shown in red dashed line), is indicated by following the minimum FE values in the FE surface. In this diagram, the barrier height relative to  $G_R^o(\theta_i)$  (i.e., the FE of the resting reactant state) is relatively insensitive to the change of  $\theta$ , whereas  $\Delta G^\ddagger(\theta)$  [i.e., the barrier relative to  $\Delta G^o(\theta)$ ] decreases as  $\theta$  increases (*SI Appendix*, Fig. S2).

(37), it does not make clear certain important differences in the treatment of the exchange process between the stalled/controlled rotation systems (hereafter, simply stalled rotation) and the freely rotating systems.

First, whereas the  $\gamma$ -stalk rotation was separated out explicitly as the 2 work terms in the stalled rotation system, it was treated as a part of the process in the freely rotating system (Fig. 2A). Consequently, the analysis assumes implicitly that the terms associated with the  $80^\circ$   $\gamma$ -rotation in the freely rotating system are included in the 2-state model, i.e., in the  $\Delta G_0^o$  term in Eq. 1. To obtain a consistent treatment of the  $\gamma$ -rotation in the 2 systems under different conditions, the standard FE of the entire process in the freely rotating system ( $\Delta G_0^o$ ) can be written as a sum of the reaction FE at  $\theta_i$  ( $\Delta G^o(\theta_i)$ ) and the FE of  $\gamma$ -rotation ( $\Delta G_{\gamma\text{-rot}}^o(\theta_i \rightarrow \theta_f)$ ),

$$\Delta G_0^o = G_P^o(\theta_f) - G_R^o(\theta_i) = \Delta G^o(\theta_i) + \Delta G_{\gamma\text{-rot}}^o(\theta_i \rightarrow \theta_f), \quad [3]$$

where  $\Delta G^o(\theta_i)$ ,  $G_R^o(\theta_i)$ , and  $G_P^o(\theta_f)$  correspond to the definitions given in scheme 1 of ref. 33, as represented schematically in Fig. 3.  $\Delta G^o(\theta_i)$  is the FE of the ATP/ADP exchange process and associated conformational change of the  $\alpha_3\beta_3$ -hexamer, including closure of  $\beta_E$  and opening of  $\beta_{HO}$  (Fig. 2A), at  $\theta = \theta_i$  (i.e., at the reactant state). This decomposition is exact in terms of the thermodynamics of the conformational change. However, in terms of the kinetics, it assumes a particular sequence of events; i.e., the  $\gamma$ -rotation follows the ATP/ADP exchange and  $\alpha_3\beta_3$ -conformational change at  $\theta_i$ . In Eq. 3,  $\Delta G_{\gamma\text{-rot}}^o(\theta_i \rightarrow \theta_f)$  refers to the FE change of the  $80^\circ$   $\gamma$ -rotation. It may involve only the rotation of the globular portion of  $\gamma$ , while the changes in the coiled-coil portion of  $\gamma$  may occur with the  $\alpha_3\beta_3$ -conformational change, caused by the contact interactions proposed by Pu and Karplus (16) and others (27, 48, 50).

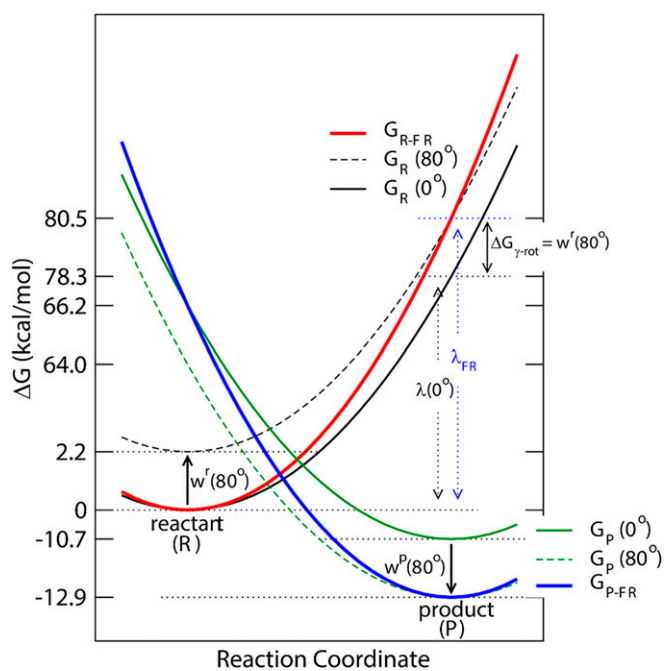
Second, the FE change associated with the ATP/ADP exchange [i.e.,  $\Delta G^o(\theta)$ ] should include the contributions for both the ATP binding and ADP release processes. More specifically, whereas only the ATP binding was considered in the V-K&M

model (33), our analysis suggests that ADP release (equivalently, ADP binding in the reverse direction) should be included in the definition of  $\Delta G^o(\theta)$ ; see the difference between *SI Appendix*, Eq. S1 and equation 10 in ref. 33. A detailed analysis of this modification of the V-K&M model is provided in *SI Appendix*, section SI3, along with the effect of the revision on the values of  $\Delta G^o(\theta)$  and organization energy ( $\lambda$ ).

Using the expression for the 2 work terms (i.e.,  $w^r$  and  $w^p$  given in Eq. 2), the  $\Delta G_{\gamma\text{-rot}}^o(\theta_i \rightarrow \theta_f)$  term in Eq. 3 can be expressed as  $w^r - w^p$  at  $\theta = \theta_i$ . Since  $w^r(\theta_i) = 0$ , we have

$$\Delta G_{\gamma\text{-rot}}^o(\theta_i \rightarrow \theta_f) = -w^p(\theta_i) = -\frac{\kappa}{2}(\theta_i - \theta_f)^2. \quad [4]$$

Since  $\theta_i = 0^\circ$  and  $\theta_f = 80^\circ$ , the FE change associated with the  $80^\circ$   $\gamma$ -rotation is  $-2.2$  kcal/mol with  $\kappa = 16$  pN-nm (33, 34) and  $-2.8$  kcal/mol with  $\kappa = 20$  pN-nm (49); we write the spring constant as pN-nm, following the usual convention, although the actual units are pN-nm-rad $^{-2}$ . The value of  $\kappa = 20$  pN-nm given in ref. 49 was determined with a thermal fluctuation correction to the stiffness value ( $\kappa = 68$  pN-nm) measured by Sielaff et al. (47). In fact, this value is associated with the most compliant region of  $F_0F_1$ -ATP synthase, which consists of the globular portion of  $\gamma$ , subunit  $\epsilon$ , and c-ring of  $F_0$ -ATP synthase. Other regions of the enzyme showed a large variation in their stiffness; e.g.,  $\kappa = 50$  pN-nm for the DELSEED motif of the  $\beta$ -subunits,  $\kappa = 750$  pN-nm for the coiled-coil helix and the C-terminal helix of  $\gamma$  (medium stiffness) and  $\kappa = 1,500$  pN-nm for the  $\alpha_3\beta_3$ -hexamer and the eccentric region of the stator (47); the large  $\kappa$  values result from the eccentric stator and the c-ring of  $F_0F_1$ -ATP synthase. Large variations of the stiffness were also observed in the all-atom molecular dynamics simulations (48). As discussed in the paper by Sielaff et al. (47) and also in *Rotor Stiffness Versus  $\gamma$ -Rotation FE* below, the different compliances suggest a possible sequence of events during ATP synthesis. When the c-ring rotates, it first induces rotation (or twisting) of the globular portion of  $\gamma$  relative to the rest of  $\alpha_3\beta_3$  and the coiled-coil region of  $\gamma$ , during which a restoring energy, similar to the work term in Eq. 2, accumulates.



**Fig. 3.** Schematic FE diagram of the stalled rotation and freely rotating systems based on Fig. 2. For each system, the 2 parabolas represent the FE surfaces of the reactant ( $G_R$ ) and product states ( $G_P$ ), respectively. Two FE surfaces are shown for the stalled rotation system, one at  $0^\circ$  [ $G_R(0^\circ)$  with a black solid line and ( $G_P$ ) with a green solid line] and the other at  $80^\circ$  [ $G_R(80^\circ)$  with a black dashed line and ( $G_P$ ) with a green dashed line]. The shift from one surface to the other is represented by the work terms (i.e.,  $w^r$  and  $w^p$ ). The X axis represents the progress of the reaction, i.e., the ATP/ADP exchange in the stalled rotation system and the ATP/ADP exchange plus  $80^\circ$   $\gamma$ -rotation in the freely rotating system. Red solid line represents the reactant-state FE surface of the freely rotating system ( $G_{R,-FR}$ ) and blue solid line that for the product state ( $G_{P,-FR}$ ). In the freely rotating system, the FE minimum of the reactant state is set equal to that of the  $0^\circ$  reactant state of the stalled rotation system, and the FE value at the product-state RC to that of the  $80^\circ$  rotated reactant state to include the contribution of the  $\gamma$ -subunit rotation to the reactant state, i.e.,  $w^r(80^\circ)$ . Similarly, the FE minimum of the product state is set to that of the  $80^\circ$  rotated product state of the stalled rotation system, and the product-state FE at the reactant-state RC to that of the  $0^\circ$  product state, respectively.

This accumulated energy then forces the rotation of the coiled-coil region of  $\gamma$  and concomitant changes in  $\alpha_3\beta_3$ . In this model, the regions with the medium stiffness mediate the transfer of energy from the c-ring to the  $\alpha_3\beta_3$ -hexamer and the eccentric region of the stator (largest stiffness). The V-K&M model is different from this proposal but becomes consistent with it after the revision introduced in *SI Appendix, section S13* and the analysis that follows.

### Rotor Stiffness Versus $\gamma$ -Rotation FE

If the same stiffness constant  $\kappa$ , as for the  $80^\circ$  rotation, is assumed for the stator-rotor complex during the  $40^\circ$  rotation, based on the observation that torque variation is similar for the  $80^\circ$  and  $40^\circ$  rotations (7), Eq. 3 can be used to estimate the total FE of the  $120^\circ$   $\gamma$ -rotation as the sum of the  $40^\circ$ - and  $80^\circ$ -rotation FE values. The resulting value is  $-2.8$  kcal/mol with  $\kappa = 16$  pN-nm and  $-3.5$  kcal/mol with  $\kappa = 20$  pN-nm, in which the  $40^\circ$  rotation contributes  $-0.6$  kcal/mol and  $-0.7$  kcal/mol, respectively. Given  $-11.5$  kcal/mol as the FE of ATP hydrolysis in water under the cellular concentrations of ATP, ADP, and  $P_i$  (i.e.,  $[ATP] = 3$  mM,  $[ADP] = 0.4$  mM and  $[P_i] = 6$  mM, respectively) (14), the  $120^\circ$   $\gamma$ -rotation would account for only 24 ~ 30% of the total FE of ATP hydrolysis.

Clearly, the above estimate of the FE associated with  $120^\circ$   $\gamma$ -rotation is not consistent with experiments showing near-100% energy-conversion efficiency (4, 5). For example, there is a large difference between  $-11.5$  kcal/mol for the FE of ATP hydrolysis and the  $-2.8$  kcal/mol for the  $\gamma$ -rotation contribution determined above with  $\kappa = 16$  pN-nm; with  $\kappa = 20$  pN-nm (49),  $-3.5$  kcal/mol of  $120^\circ$   $\gamma$ -rotation FE. This suggests that the rotor stiffness value of the V-K&M model and the value by Wächter et al. are underestimates. If the  $\kappa$  value of 68 pN-nm measured by Sielaff et al. (47), which is the value before the correction by Wächter et al. (49), is used, the total contribution to the  $\gamma$ -rotation increases to  $-11.9$  kcal/mol and with the value of 30 pN-nm of the ATP binding dwell (47), the rotation FE is  $-5.3$  kcal/mol. Similarly, with the 80-pN-nm effective spring constant, which was estimated on the basis of the torque oscillation of  $F_1$ -ATPase (7), the FE of  $\gamma$ -rotation is  $-14.0$  kcal/mol. These larger values are in much better agreement with the hydrolysis FE of  $-11.5$  kcal/mol.

It is also possible that the stalled/controlled rotations of  $\gamma$  measured in the single-molecule experiments (36, 37) account for only a part of the total  $\gamma$ -rotation in  $F_1$ -ATPase. As noted above,  $F_1$ -ATPase showed different stiffness values for different regions (47, 48). In particular, the region where the coiled-coil of  $\gamma$  interacts with the  $\alpha_3\beta_3$ -hexamer showed a much larger  $\kappa$ -value than the value for the globular portion of  $\gamma$  (47). This suggests that, whereas the globular portion of  $\gamma$  has rotated in the single-molecule experiments of Watanabe et al. (36) and Adachi et al. (37), the rest of  $F_1$ -ATPase, including the coiled-coil and c-terminal region of  $\gamma$  and the  $\alpha_3\beta_3$ -hexamer, has remained in the unrotated ( $0^\circ$ ) conformation before ATP/ADP exchange. Such an interrelation is consistent with the possibility that the stiffness constant (16 pN-nm) estimated by fitting the V-K&M model to the single-molecule experimental rates (33) is an underestimate, as noted above. This analysis is supported by the simulation results of Pu and Karplus (16) in which a steric clash between  $\gamma$  and  $\alpha_3\beta_3$  blocks the rotation of  $\gamma$  without the conformational change in  $\alpha_3\beta_3$ .

### Proposed Sequence of Events between ATP Binding and ADP Release in ATP Binding Dwell

In Fig. 1A, we do not specify whether ATP binding and ADP release occur simultaneously or sequentially. However, given the time required for  $\beta_E$ -closure and  $\beta_{HO}$ -opening, we propose that ADP release occurs in a separate step from ATP binding. This is consistent with the angle delay between ATP binding and ADP release observed by Martin et al. (19) as well as with the rotary catalysis model proposed by Suzuki et al. (28). Our results suggest that the  $\gamma$ -rotation (or, better, fluctuation) in the ATP binding dwell is independent of the ATP/ADP exchange. Specifically, ATP binding induces  $\beta_E$ -closure, which triggers the opening of  $\beta_{HO}$  to allow ADP release. During these events, because of the time required for each conformational change, the globular portion of  $\gamma$  fluctuates between  $-40^\circ$  and  $40^\circ$ . Indeed, Adachi et al. (12) showed a similarly large fluctuation of  $\gamma$  in the ATP binding dwell. Once the conformational change of  $\alpha_3\beta_3$  and the release of ADP have taken place,  $\gamma$  completes its rotation to the  $80^\circ$  state, which is thermodynamically favored. The separation of the pre-ATP/ADP exchange  $\gamma$ -fluctuation from the post-exchange rotation (the power stroke) is consistent with Pu and Karplus (16). For example, figure 3b of ref. 16 showed that a torque for  $\gamma$ -rotation was generated in several stages. In the first stage, i.e., at the beginning of the  $80^\circ$   $\gamma$ -rotation, no high torque was generated on  $\gamma$ . With the further rotation of  $\gamma$ ,  $\beta_E$  came into contact with the residues between 20 and 25 of  $\gamma$  and produced a torque on it. Then, when  $\gamma$  reached  $\sim 40^\circ$ ,  $\beta_E$  began to close and generated a high torque on the 232 to 238 residues of  $\gamma$  to complete the  $80^\circ$  rotation [ $85^\circ$  in the Pu and Karplus paper (16)]. Interestingly, this high-torque region corresponded to the angle of the phase 2 power stroke observed by Martin et al. (19). In the stalled rotation experiment, by contrast,  $\gamma$ -rotation was enforced

by magnetic tweezers (36). The delay between ATP binding and ADP release then depends on the rates of the  $\alpha_3\beta_3$ -conformational change and ADP release, which are assumed to be fast and independent of  $\gamma$ -rotation. Thus, when  $\gamma$  is constrained to rotate at a constant speed, the ADP release can appear to occur in concert with the  $\gamma$ -rotation.

### Concluding Remarks

The FE profile constructed for the entire 360° rotation cycle provides a basis for understanding the high energy-conversion efficiency of  $F_1$ -ATPase. It is achieved by elegantly separating fast catalytic events (i.e., hydrolysis of ATP) from slow binding/release of ligands (i.e., ATP, ADP, and  $P_i$ ) and conformational changes. A revision of the model of Volkán-Kacsó and Marcus provides an explanation of the differences in rotor stiffness reported for the different regions of the enzyme, and leads to a deeper understanding of the events that occur during the ATP binding dwell and the underlying chemo-mechanical coupling

mechanism. The V-K&M model, as well as recent experiments, confirms the early prediction that the FE changes linearly along the rotation coordinate. From the viewpoint of the molecule, the ATP/ADP exchange in the ATP binding dwell and the ATP hydrolysis/ $P_i$  release in the catalytic dwell induce the correlated conformational changes in the  $\alpha_3\beta_3$ -hexamer. These conformational changes produce the torques (power strokes) involved in the rotation of  $\gamma$  by 80° and 40°, respectively. From an alternative perspective, the  $\alpha_3\beta_3$ -conformational change and  $\gamma$ -rotation result from the change in the underlying FE surface, which is controlled by the differential binding affinities of ATP and ADP/ $P_i$  in the different  $\beta$ -subunit conformations.

**ACKNOWLEDGMENTS.** We acknowledge the financial support from the University of Texas at Arlington (K.N.), Swedish Research Council (VR 2015-04114 to K.N.), and the Chemistry at Harvard Molecular Mechanics (CHARMM) Development Project at Harvard (M.K.).

- W. Junge, ATP synthase and other motor proteins. *Proc. Natl. Acad. Sci. U.S.A.* **96**, 4735–4737 (1999).
- P. D. Boyer, The ATP synthase—A splendid molecular machine. *Annu. Rev. Biochem.* **66**, 717–749 (1997).
- M. Karplus, Y. Q. Gao, Biomolecular motors: The  $F_1$ -ATPase paradigm. *Curr. Opin. Struct. Biol.* **14**, 250–259 (2004).
- W. Junge, H. Sielaff, S. Engelbrecht, Torque generation and elastic power transmission in the rotary  $F_0F_1$ -ATPase. *Nature* **459**, 364–370 (2009).
- S. Toyabe, T. Watanabe-Nakayama, T. Okamoto, S. Kudo, E. Muneyuki, Thermodynamic efficiency and mechanochemical coupling of  $F_1$ -ATPase. *Proc. Natl. Acad. Sci. U.S.A.* **108**, 17951–17956 (2011).
- J. E. Walker, The ATP synthase: The understood, the uncertain and the unknown. *Biochem. Soc. Trans.* **41**, 1–16 (2013).
- E. Saita, T. Suzuki, K. Kinoshita, Jr, M. Yoshida, Simple mechanism whereby the  $F_1$ -ATPase motor rotates with near-perfect chemomechanical energy conversion. *Proc. Natl. Acad. Sci. U.S.A.* **112**, 9626–9631 (2015).
- J. P. Abrahams, A. G. W. Leslie, R. Lutter, J. E. Walker, Structure at 2.8 Å resolution of  $F_1$ -ATPase from bovine heart mitochondria. *Nature* **370**, 621–628 (1994).
- H. Noji, R. Yasuda, M. Yoshida, K. Kinoshita, Jr, Direct observation of the rotation of  $F_1$ -ATPase. *Nature* **386**, 299–302 (1997).
- H. Itoh et al., Mechanically driven ATP synthesis by  $F_1$ -ATPase. *Nature* **427**, 465–468 (2004).
- R. Yasuda, H. Noji, M. Yoshida, K. Kinoshita, Jr, H. Itoh, Resolution of distinct rotational substeps by submillisecond kinetic analysis of  $F_1$ -ATPase. *Nature* **410**, 898–904 (2001).
- K. Adachi et al., Coupling of rotation and catalysis in  $F_1$ -ATPase revealed by single-molecule imaging and manipulation. *Cell* **130**, 309–321 (2007).
- R. Watanabe, R. Iino, H. Noji, Phosphate release in  $F_1$ -ATPase catalytic cycle follows ADP release. *Nat. Chem. Biol.* **6**, 814–820 (2010).
- Y. Q. Gao, W. Yang, R. A. Marcus, M. Karplus, A model for the cooperative free energy transduction and kinetics of ATP hydrolysis by  $F_1$ -ATPase. *Proc. Natl. Acad. Sci. U.S.A.* **100**, 11339–11344 (2003).
- K. Kinoshita, Jr, K. Adachi, H. Itoh, Rotation of  $F_1$ -ATPase: How an ATP-driven molecular machine may work. *Annu. Rev. Biophys. Biomol. Struct.* **33**, 245–268 (2004).
- J. Pu, M. Karplus, How subunit coupling produces the  $\gamma$ -subunit rotary motion in  $F_1$ -ATPase. *Proc. Natl. Acad. Sci. U.S.A.* **105**, 1192–1197 (2008).
- J. L. Martin, R. Ishmukhametov, T. Hornung, Z. Ahmad, W. D. Frasc, Anatomy of  $F_1$ -ATPase powered rotation. *Proc. Natl. Acad. Sci. U.S.A.* **111**, 3715–3720 (2014).
- K. Okazaki, G. Hummer, Elasticity, friction, and pathway of  $\gamma$ -subunit rotation in  $F_0F_1$ -ATP synthase. *Proc. Natl. Acad. Sci. U.S.A.* **112**, 10720–10725 (2015).
- J. L. Martin, R. Ishmukhametov, D. Spetzler, T. Hornung, W. D. Frasc, Elastic coupling power stroke mechanism of the  $F_1$ -ATPase molecular motor. *Proc. Natl. Acad. Sci. U.S.A.* **115**, 5750–5755 (2018).
- K. Shimabukuro et al., Catalysis and rotation of  $F_1$  motor: Cleavage of ATP at the catalytic site occurs in 1 ms before 40° substep rotation. *Proc. Natl. Acad. Sci. U.S.A.* **100**, 14731–14736 (2003).
- T. Nishizaka et al., Chemomechanical coupling in  $F_1$ -ATPase revealed by simultaneous observation of nucleotide kinetics and rotation. *Nat. Struct. Mol. Biol.* **11**, 142–148 (2004).
- K. Okazaki, G. Hummer, Phosphate release coupled to rotary motion of  $F_1$ -ATPase. *Proc. Natl. Acad. Sci. U.S.A.* **110**, 16468–16473 (2013).
- K. Nam, J. Pu, M. Karplus, Trapping the ATP binding state leads to a detailed understanding of the  $F_1$ -ATPase mechanism. *Proc. Natl. Acad. Sci. U.S.A.* **111**, 17851–17856 (2014).
- S. Mukherjee, R. P. Bora, A. Warshel, Torque, chemistry and efficiency in molecular motors: A study of the rotary-chemical coupling in  $F_1$ -ATPase. *Q. Rev. Biophys.* **48**, 395–403 (2015).
- T. Mसाike, F. Koyama-Horibe, K. Oiwa, M. Yoshida, T. Nishizaka, Cooperative three-step motions in catalytic subunits of  $F_1$ -ATPase correlate with 80° and 40° substep rotations. *Nat. Struct. Mol. Biol.* **15**, 1326–1333 (2008).
- M. Sugawa et al.,  $F_1$ -ATPase conformational cycle from simultaneous single-molecule FRET and rotation measurements. *Proc. Natl. Acad. Sci. U.S.A.* **113**, E2916–E2924 (2016).
- J. Czub, M. Wiczcór, B. Prokopowicz, H. Grubmüller, Mechanochemical energy transduction during the main rotary step in the synthesis cycle of  $F_1$ -ATPase. *J. Am. Chem. Soc.* **139**, 4025–4034 (2017).
- T. Suzuki, K. Tanaka, C. Wakabayashi, E. Saita, M. Yoshida, Chemomechanical coupling of human mitochondrial  $F_1$ -ATPase motor. *Nat. Chem. Biol.* **10**, 930–936 (2014).
- E. R. Henry, W. A. Eaton, R. M. Hochstrasser, Molecular dynamics simulations of cooling in laser-excited heme proteins. *Proc. Natl. Acad. Sci. U.S.A.* **83**, 8982–8986 (1986).
- J. Weber, A. E. Senior, Catalytic mechanism of  $F_1$ -ATPase. *Biochim. Biophys. Acta* **1319**, 19–58 (1997).
- J. Weber, A. E. Senior, ATP synthase: What we know about ATP hydrolysis and what we do not know about ATP synthesis. *Biochim. Biophys. Acta* **1458**, 300–309 (2000).
- R. K. Nakamoto, C. J. Ketchum, P. H. Kuo, Y. B. Peskova, M. K. Al-Shawi, Molecular mechanisms of rotational catalysis in the  $F_0F_1$  ATP synthase. *Biochim. Biophys. Acta* **1458**, 289–299 (2000).
- S. Volkán-Kacsó, R. A. Marcus, Theory for rates, equilibrium constants, and Brønsted slopes in  $F_1$ -ATPase single molecule imaging experiments. *Proc. Natl. Acad. Sci. U.S.A.* **112**, 14230–14235 (2015).
- S. Volkán-Kacsó, R. A. Marcus, Theory of single-molecule controlled rotation experiments, predictions, tests, and comparison with stalling experiments in  $F_1$ -ATPase. *Proc. Natl. Acad. Sci. U.S.A.* **113**, 12029–12034 (2016).
- R. A. Marcus, N. Sutin, Electron transfers in chemistry and biology. *Biochim. Biophys. Acta* **811**, 265–322 (1985).
- R. Watanabe et al., Mechanical modulation of catalytic power on  $F_1$ -ATPase. *Nat. Chem. Biol.* **8**, 86–92 (2012).
- K. Adachi, K. Oiwa, M. Yoshida, T. Nishizaka, K. Kinoshita, Jr, Controlled rotation of the  $F_1$ -ATPase reveals differential and continuous binding changes for ATP synthesis. *Nat. Commun.* **3**, 1022 (2012).
- Y. Q. Gao, W. Yang, M. Karplus, A structure-based model for the synthesis and hydrolysis of ATP by  $F_1$ -ATPase. *Cell* **123**, 195–205 (2005).
- E. R. Kashket, Stoichiometry of the  $H^+$ -ATPase of growing and resting, aerobic *Escherichia coli*. *Biochemistry* **21**, 5534–5538 (1982).
- K. Okazaki, S. Takada, Structural comparison of  $F_1$ -ATPase: Interplay among enzyme structures, catalysis, and rotations. *Structure* **19**, 588–598 (2011).
- S. Mukherjee, A. Warshel, Electrostatic origin of the mechanochemical rotary mechanism and the catalytic dwell of  $F_1$ -ATPase. *Proc. Natl. Acad. Sci. U.S.A.* **108**, 20550–20555 (2011).
- R. D. Astumian, S. Mukherjee, A. Warshel, The physics and physical chemistry of molecular machines. *ChemPhysChem* **17**, 1719–1741 (2016).
- Y. Hirano-Hara et al., Pause and rotation of  $F_1$ -ATPase during catalysis. *Proc. Natl. Acad. Sci. U.S.A.* **98**, 13649–13654 (2001).
- D. M. Rees, M. G. Montgomery, A. G. W. Leslie, J. E. Walker, Structural evidence of a new catalytic intermediate in the pathway of ATP hydrolysis by  $F_1$ -ATPase from bovine heart mitochondria. *Proc. Natl. Acad. Sci. U.S.A.* **109**, 11139–11143 (2012).
- C. C. O'Neal, P. D. Boyer, Assessment of the rate of bound substrate interconversion and of ATP acceleration of product release during catalysis by mitochondrial adenosine triphosphatase. *J. Biol. Chem.* **259**, 5761–5767 (1984).
- H. Wang, G. Oster, Energy transduction in the  $F_1$  motor of ATP synthase. *Nature* **396**, 279–282 (1998).
- H. Sielaff et al., Domain compliance and elastic power transmission in rotary  $F_0F_1$ -ATPase. *Proc. Natl. Acad. Sci. U.S.A.* **105**, 17760–17765 (2008).
- J. Czub, H. Grubmüller, Torsional elasticity and energetics of  $F_1$ -ATPase. *Proc. Natl. Acad. Sci. U.S.A.* **108**, 7408–7413 (2011).
- A. Wächter et al., Two rotary motors in  $F$ -ATP synthase are elastically coupled by a flexible rotor and a stiff stator stalk. *Proc. Natl. Acad. Sci. U.S.A.* **108**, 3924–3929 (2011).
- R. A. Böckmann, H. Grubmüller, Nanoseconds molecular dynamics simulation of primary mechanical energy transfer steps in  $F_1$ -ATP synthase. *Nat. Struct. Mol. Biol.* **9**, 198–202 (2002).