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Author manuscript ACS Appl Mater Interfaces. Author manuscript; available in PMC 2019 August 18.

Published in final edited form as:

ACS Appl Mater Interfaces. 2018 August 01; 10(30): 25819–25829. doi:10.1021/acsami.8b09439.

# Superhydrophobic Photosensitizers: Airborne <sup>1</sup>O<sub>2</sub> Killing of a Invitro Oral Biofilm at the Plastron Interface

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# Abstract

Singlet oxygen is a potent agent for the selective killing of a wide range of harmful cells, however current delivery methods pose significant obstacles to its widespread use as a treatment method. Limitations include: the need for photosensitizer proximity to tissue because of the short  $(3.5 \,\mu s)$ lifetime of singlet oxygen in contact with water; the strong optical absorption of the photosensitizer, which limits penetration depth; and hypoxic environments that restrict the concentration of available oxygen. In this article, we describe a novel superhydrophobic singlet oxygen delivery device for the selective inactivation of bacterial biofilms. The device addresses the current limitations by: immobilizing photosensitizer molecules onto inert silica particles; embedding the photosensitizer containing particles into the plastron (i.e. the fluid-free space within a superhydrophobic surface between the solid substrate and fluid layer); distributing the particles along an optically transparent substrate such that they can be uniformly illuminated; enabling the penetration of oxygen via the contiguous vapor space defined by the plastron; and stabilizing the superhydrophobic state while avoiding direct contact of the sensitizer to biomaterials. In this way, singlet oxygen generated on the sensitizer-containing particles can diffuse across the plastron and kill bacteria even deep within hypoxic periodontal pockets. For the first time, we demonstrate complete biofilm inactivation (>5 log killing) of *Porphyromonas* gingivalis, a bacterium implicated in periodontal disease. The biofilms were cultured on

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The authors declare the following competing financial interest(s): Alexander Greer is co-founder and CTO and Alan Lyons is cofounder and COO of SingletO2 Therapeutics LLC.

Supporting Information. Illustrations of the device, live/dead images of biofilms, optical images and other information of the sensitizer particles.

hydroxyapatite discs and exposed to active and control surfaces to assess killing efficiency as monitored by colony counting and confocal microscopy. Two sensitizer particle types: a silicon phthalocyanine sol-gel (Si-Pc), and a chlorin e6 derivative covalently bound to fluorinated silica, were evaluated; the biofilm killing efficiency was found to correlate with the amount of singlet oxygen detected in separate trapping studies. Finally, we discuss applications for such devices in the treatment of periodontitis.

# **Graphical Abstract**



#### Keywords

superhydrophobic device; singlet oxygen; biofilm eradication; photodynamic therapy; dentistry

# 1. INTRODUCTION

Bacterial inactivation methods commonly suffer from the potential for bacteria to develop resistance to the treatment. For example, antibiotics have been shown to kill bacteria without damaging tissue, but can lose their effectiveness over time. Peroxides and other chemical oxidizing agents are less likely to lose effectiveness, but these aggressive chemicals can lead to tissue inflammation and damage. Instead of a traditional chemical disinfectant, singlet oxygen [excited singlet delta  $\begin{pmatrix} 1 & \\ g \end{pmatrix}$  <sup>1</sup>O<sub>2</sub>] has shown great promise in disinfection due to its short lifetime prior to decaying back to ground state oxygen.<sup>1–5</sup> Delivering singlet oxygen to the point of interest, and the preferential production of singlet oxygen over other types of ROS, remains a barrier to effective treatment methods.<sup>6</sup>

Challenges to developing a singlet oxygen delivery system include: short lifetime of  ${}^{1}O_{2}$ ; the low concentration of  ${}^{3}O_{2}$  in hypoxic environments; the intense optical absorption of the sensitizer at the excitation wavelength; and the potential of sensitizer molecules to stain or exhibit toxicity to tissues. These challenges are especially acute for periodontal pockets that can reach a depth of 10 mm. The lifetime of  ${}^{1}O_{2}$  is only 3.5 µs in aqueous solutions, but ~1 ms in air.<sup>7</sup> Thus the transport length of  ${}^{1}O_{2}$  is limited to ~150 nm in aqueous liquids.<sup>8</sup> The partial pressure of  ${}^{3}O_{2}$  source gas is less than 1300 Pa in human periodontal pockets,<sup>9</sup> which would reduce rates of  ${}^{1}O_{2}$  production without supplemental oxygen. Because sensitizer molecules strongly absorb the excitation radiation ( $\varepsilon = ~0.003-0.20$  cm<sup>-1</sup> µM<sup>-1</sup>), the quantity of light reaching into deeper periodontal pockets is reduced. This, in-turn reduces the concentration of singlet oxygen generated in deep pockets. Although some sensitizers are safe to use, such as Photofrin® and rose bengal<sup>10</sup>, others have not been evaluated for toxicity. Even sensitizers that have been approved for direct contact with humans can cause unintended problems;<sup>11</sup> some compounds can leave a patient photosensitive to sunlight. Because of its safety, methylene blue has been introduced directly into the periodontal

pocket to generate singlet oxygen *in-situ* with an external light source, however this method results in staining.<sup>12,13</sup> New sensitizers have been reported that color match with tooth enamel to avoid staining, but their toxicology is not yet known.<sup>14</sup> Isolation of the sensitizer from direct contact with biofluids and tissue would avoid issues of staining and potential toxicity and so be advantageous. Thus, a new technique for generating <sup>1</sup>O<sub>2</sub> proximate to biofilms situated deep (3–10 mm) within hypoxic pockets could be beneficial for bacterial inactivation and warrants further study.

Previous papers have reported on the external delivery of singlet oxygen. For example, <sup>7</sup>singlet oxygen bubbles were used to inactivate *Escherichia coli* and *Aspergillus fumigatus*, where singlet oxygen diffused from the gas bubble into an aqueous solution to react with the target organism. This system delivered <sup>1</sup>O<sub>2</sub> to the air/water interface of a solution, where the sensitizer was isolated from the solution behind an ultrahigh molecular weight polyethylene membrane.<sup>8</sup> Using a different approach, a superhydrophobic (SH) surface was used to isolate the sensitizer from a solution containing a dissolved trapping agent.<sup>15,16</sup> The sensitizer remained dry, while singlet oxygen was generated on sensitizer particles embedded in the plastron (i.e., air layer beneath the water). Singlet oxygen was transported across the plastron and trapped in the solution. This approach demonstrates the utility of superhydrophobic surfaces and the ability to transport <sup>1</sup>O<sub>2</sub> short distances (~1 mm) while retaining the ability to photooxidize organics in solution. Other airborne <sup>1</sup>O<sub>2</sub> reactions have been useful for reactions at solid surfaces, including the single molecule detection of <sup>1</sup>O<sub>2</sub> at a TiO<sub>2</sub> surface,<sup>17–19</sup> with <sup>1</sup>O<sub>2</sub> in thin films<sup>20</sup> and in conjugated polymers,<sup>21,22</sup> and in <sup>1</sup>O<sub>2</sub> bubbling systems in mass spectrometry.<sup>23,24</sup>

For dental applications, especially those associated with periodontal disease, it is necessary to kill microorganisms within biofilms attached to the cementum deep within hypoxic pockets. Inactivation of biofilms is especially challenging as bacteria within biofilms can be significantly more resistant to oxidizing agents than unattached cells.<sup>25</sup> As a result, a device is needed that can generate singlet oxygen proximate to the biofilm, while precluding sensitizer-tissue contact and while insuring adequate light fluence and oxygen concentration. Such a device could be used in a dental office to treat a patient's incipient infection or for prophylactic cleaning.

In this paper, we provide the first evidence for singlet oxygen inactivation of a periodontal biofilm via  ${}^{1}O_{2}$  delivered from a solid sensitizer surface via the gas phase as shown schematically in Figure 1. The superhydrophobic surface is used to both prevent contact between the sensitizer and the biofilm as well as insure a constant supply of  ${}^{3}O_{2}$ . Two types of photosensitizer particles were studied: a silicon phthalocyanine (Si-Pc) sol-gel; and a chlorin e6 derivative covalently bound to fluorinated silica. The  ${}^{1}O_{2}$  yield from these two particles was quantified in solution by trapping with a dissolved anthracene dipropionate dianion as well as the singlet oxygen specific *trans*-2-methyl-2-pentenoate anion trap. The potential for photobleaching was measured by irradiating the particles before singlet oxygen trapping experiments. For devices fabricated with both types of sensitizers, the tips of the surfaces were capped with inert silica nanoparticles to enhance the stability of the Cassie state, ensure the availability of  ${}^{3}O_{2}$  across the entire surface, and preclude the direct contact of the sensitizer with the target *Porphyromonas gingivalis* biofilms. These biofilms were

cultured on discs of hydroxyapatite, the primary mineral found in teeth. The light fluence threshold dose required for complete biofilm inactivation was determined by CFU counting and LIVE/DEAD staining with confocal imaging. Our results indicate that the superhydrophobic sensitizer surface is capable of delivering  ${}^{1}O_{2}$  and killing bacteria *without* the sensitizer coming in direct contact with the biofilm. Finally, an assessment of implementing the superhydrophobic surface delivery technique for dental applications is presented.

## 2. EXPERIMENTAL SECTION

#### 2.1. Materials and Instrumentation.

Silicon phthalocyanine dichloride (SiPcCl<sub>2</sub>), chlorin e<sub>6</sub>, 3-aminopropyltriethoxysilane (ATPS), 3-glycidyloxypropyl-trimethoxysilane (GPTMS), 3-iodopropyl-trimethoxysilane, 3,3,4,4,5,5,6,6,6-nonafluorohexyltrimethoxysilane, hydrofluoric acid, trans-2-methyl-2pentenoate anion, 9,10-dibromo anthracene, t-butyl acrylate, o-tolylphosphine, potassium formate, Pd(OAc)<sub>2</sub>, triethylamine, trifluoroacetic acid, dimethylformamide, sodium hydroxide, toluene, acetonitrile, dichloromethane, deuterium oxide-d2 were purchased from Sigma Aldrich (Allentown, PA). 9,10-Anthracene dipropionate dianion was synthesized in three steps and 76% yield using the procedure reported by Matsuo et al.<sup>26</sup> Porous Vycor glass (Corning 7930) was purchased from Advanced Glass and Ceramics (Holden, MA) and ground to particles sized 40-150 µm in diameter. Silicone 3140 manufactured by Dow Corning (3140) was purchased from Ellsworth Adhesives. SiO<sub>2</sub> nanoparticles TS530 were obtained from the Cabot Corporation. The materials listed above were used as received without any further purification. UV-vis spectra were collected with Hitachi U-2001 or Shimadzu-1800 spectrophotometers. Irradiance was measured using a visible-light-enhanced silicon photodetector (Newport Corp.), which was calibrated for 400-1100 nm optical power measurements and its maximum measurable power is 2.0 W. The temperature of the particles on the SHS surface was determined using a Testo 845 infrared temperature instrument (Lenzkirch, Germany) positioned above the surface.

## 2.2. Synthesis of Particles Si-Pc and e6 (Figure 2).

**Particle Si-Pc:** The Si-Pc sol-gel particles were prepared using a literature source.<sup>7,8,27</sup> Briefly, SiPcCl2 38.0 mg ( $6.2 \times 10^{-5}$  mol) was added to 5 g of APTS (0.02 mol) and heated with stirring for 50 h at 120 °C under a nitrogen atmosphere. This yielded a *bis*-amino Si-Pc derivative that was added to acidic ethanol and GPTMS 23.6 g (0.1 mol) and heated to 60 °C, before the temperature was lowered to 25 °C for 72 h. The Si-Pc sol-gel was filtered from the ethanol, and dried at 50 °C for 10 h, and then ground and sieved to particles sized 40–150 µm in diameter. Light green particles were obtained. The quantity of Pc present per gram of silica is 4.1 µmol Pc/g silica, which was measured from the weight of the sol-gel (15 g) and the amount of the Pc sensitizer (62 µmol).

**Particle e6:** Chlorin-bound fluorinated silica particles were synthesized in three steps. (i) Fluorinated porous Vycor glass (PVG) particles (3.0 g) were added to 11.0 mmol of nonafluorohexyl-trimethoxysilane in 7 mL toluene and heated to reflux for 24 h for partially fluorinated silica and a coverage of 1.6 mmol nonafluorosilane/g PVG.<sup>28</sup> The particles were

placed in a Soxhlet extractor with methanol for 24 h to remove any adsorbed fluorosilane. Approximately 1% of the SiOH groups were preserved for adhering of the sensitizer. (ii) Chlorin  $e_6$  (40 mg, 0.068 mmol) was placed in 10-mL acetonitrile with triethylamine (90- $\mu$ L, 0.64 mmol) and stirred for 15 min. Iodopropyl trimethoxysilane (60  $\mu$ L, 0.3 mmol) was added in a dropwise fashion and the mixture was refluxed for 48 h. Acetonitrile was then evaporated leaving the chlorin trimethoxysilane conjugate. (iii) The chlorin trimethoxysilane conjugate was anchored to the remaining silanol sites of the fluorinated porous Vycor glass particles (2.0 g) by adding them to the mixture and refluxing with toluene at 110 °C for 24 h. Dark green particles were obtained and washed with toluene, dichloromethane, and methanol, and then placed in a Soxhlet extractor with methanol for 24 h. A literature HF stripping treatment procedure<sup>28</sup> was used to determine the loading of the sensitizer onto fluorinated silica to be 1.4 µmol chlorin/g silica.

Images of the two particle types are shown in Supporting Information Figure S1.

#### 2.3. Superhydrophobic (SH) Surfaces Fabricated with Si-Pc or e6 Particles.

The process for printing SH surface posts has been reported previously.<sup>29–31</sup> The surfaces were printed in 1 cm<sup>2</sup> square ( $20 \times 20$ ) arrays with a pitch of 500 µm. Figure S2 shows, schematically, the 3D printing of posts with Si-Pc or e6 particles partially embedded on the SH surface. Briefly, the SH surface posts were printed as posts (1,000 µm tall, 500 µm pitch) forming a primary roughness. Sensitizer particles (Si-Pc or e6) were spread onto the posts immediately after printing and cured at 65 °C creating a secondary roughness. Excess particles were removed by exposing the surface to high flows of compressed air. The SH surface post-end tips were dipped into a thin layer of Corning 3140 silicone and coated with TS530-type SiO<sub>2</sub> nanoparticles. The tip-coated posts were cured at 65 °C in an oven with tips facing down.

#### 2.4. Superhydrophobic Surface for Bacterial Inactivation.

Figure S3 shows the exposure apparatus with the sensitizer SH surface poised on the biofilm substrate. The light source was a CW diode laser ( $P_{max} = 0.7$  W, 669-nm output, Model 7404, Intense Ltd.). The laser optical energy was delivered through an FT-400-EMT optical fiber (numerical aperture 0.39; divergence angle 32°; 0.4 µm core diameter × 3 ft length) with with an SMA 905 connector (Thorlabs, Inc.) that produced a distribution of incident photons upon the top surface of a glass coverslip; the sensitizer embedded superhydrophobic surface was printed on the opposite surface. The distance between the fiber optic ferrule and the glass slide was 8.6 cm. A circular spot (diameter = 1 cm) was illuminated. The irradiance was measured with a visible-light silicon photodetector (Newport Corporation Model #918D-SL-OD3R). This detector is calibrated for 400–1100 nm optical power measurements and its maximum measurable power is 2.0 W. Amount of light dose (fluence) delivered to the surfaces was calculated by multiplying irradiance by the exposure time. The experiments were carried out with static air, i.e. gas was not sparged through the plastron. Because the coverslip and superhydrophobic surface are lightweight, the PDMS posts do not become compressed and so only the silica nanoparticle tips touch the biofilm.

#### 2.5. Bacterial Culture.

*Porphyromonas gingivalis* ATCC 33277 was used in this study. The culture was grown on Trypticase soy agar plates supplemented with 5% sheep blood with additional supplementation of menadione (0.3 ug/mL) and hemin (5 ug/mL). The culture was maintained anaerobically (80% N<sub>2</sub>, 10% H<sub>2</sub>, and 10% CO<sub>2</sub>) at 37 °C.

#### 2.6. Biofilm Preparation and treatment.

Biofilms were formed by inoculating log phase grown *P. gingivalis* suspension (10<sup>7</sup> CFU/mL) to the wells of a sterile petri dish (5 cm diameter) containing saliva-coated hydroxyapatite (HA) discs (0.38" dia x 0.06" thick, Clarkson Chromatography, PA, USA) in pre-reduced fastidious anaerobic broth (Lab M Limited, UK).

Hydroxyapatite is an excellent synthetic substrate that mimics human dental tissues that can be coated with saliva for use as an oral biofilm model.<sup>32,33</sup>

The saliva coated HA discs were prepared as described earlier.<sup>34</sup> The hydroxyapatite discs were incubated anaerobically at 37°C for 72 h. The culture media was changed after 48 h. Following biofilm formation at 72 h, the biofilms were washed three times in PBS. Discs were treated according to the treatment groups stated in the results section. The *P. gingivalis* biofilms were treated with  ${}^{1}O_{2}$  from the SH surfaces with and without sensitizers using various conditions in triplicate.

#### 2.7. Detection of viable bacteria by colony-forming units (CFUs).

The biofilms from each of the treatment groups were tested for total viable bacteria count. Initially, the discs were scraped to dislodge the bacteria attached to the surface and suspended in the pre-reduced media. Tenfold serial dilutions were performed and the samples were plated onto the blood agar plates and incubated anaerobically at 37 °C for 7 days. The viable counts of bacteria were calculated and interpreted in terms of log values of colony forming units (CFU) per biofilm and as % killing. The reduction by 3 logs of the treated sample to the untreated control was considered bactericidal. All the experiments were performed in triplicates. Statistical analysis was carried out with the Student *t*-test to determine significance between individual treatments (p<0.05 denoted significance).

#### 2.8. Biofilm analysis by confocal laser scanning microscopy (CLSM).

The bacterial biofilms were placed in 6-well plates and stained using live/dead *BacLight* bacterial viability kit (Molecular Probes, Eugene, OR) with SYTO-9 (diluted to 5 mM) and propidium iodide (diluted to 30 mM). These biofilms had a thickness of approximately 63 to 81 µm, and were incubated with the dyes in the dark at room temperature for 20–30 minutes before being imaged by Zeiss LSM710 confocal-multiphoton microscope (Carl Zeiss Inc, NY, USA). All CLSM images were imaged within a window of 40–90 minutes after application of the fluorescent dyes. At least five separate representative locations on the discs covered with biofilm were scanned and the images were analyzed using ImageJ. Fluorescence intensity thresholds were set manually for each of the fluorescent colors. The 2D images were stacked for viewing as a 3D biofilm image. The CLSM software was set to

take z-scans (xyz) of 1  $\mu$ m thickness and the image stacks were analyzed by Imaris software (Bitplane, USA).

## 2.9. Particle/Solution Dispersion System for the Detection of ${}^{1}O_{2}$ In-situ.

Air-saturated solutions of either (a) 9,10-anthracene dipropionate dianion (1, 62  $\mu$ M) in D<sub>2</sub>O (1.0 mL) and 20 mg of sensitizer particles (Si-Pc or e6), or (b) *trans*-2-methyl-2-pentenoate anion (3, 62 mM) in D<sub>2</sub>O (1.0 mL) as shown in Figure 3, and 100 mg of sensitizer particles (Si-Pc or e6) were irradiated with the 669-nm laser diode as shown in Figure S4. The pH of the solution was adjusted with NaOH to pH 10 to maintain the anionic forms of 1 and 3. Some of the sensitizer particles separated to the bottom of the test tube because of their relatively high mass and others remained dispersed in solution. The amount of singlet oxygen produced was estimated *in-situ* by the reduction in the absorbance of the trapping agent 1 at 378 nm. The trapping agent forms endoperoxide 2 upon its reaction with singlet oxygen and the endoperoxide does not absorb light at 378 nm. The amount of singlet oxygen produced was also estimated from the quantity of hydroperoxide 4 formed by monitoring the peaks in the NMR spectrum of  $H_{\rm b}$ ,  $H_{\rm c}$ , and  $H_{\rm d}$  appearing at 4.75, 5.47, and 5.85 ppm, respectively.

# 3. RESULTS AND DISCUSSION

The efficacy of sensitizer particles containing Si-Pc or e6 molecules, for generation of singlet oxygen and inactivation of *P. gingivalis* biofilms, was studied. In the following sections, we describe: 3.1 a photochemical evaluation of the sensitizer particles for  ${}^{1}O_{2}$  output and stability to photobleaching; 3.2 the fabrication of SH surfaces containing sensitizer particles partially embedded into them; 3.3 the inactivation of *P. gingivalis* biofilms with the SH-photosensitizer surfaces; and 3.4 aspects of the SH-photosensitizer technique.

#### 3.1. Sensitizer Particle Activity in Solution.

To determine the relative performance of sensitizer particles,  ${}^{1}O_{2}$  production was quantified by chemical trapping with 9,10-anthracene dipropionate dianion (1) and *trans*-2-methyl-2pentenoate anion (3) in solution. Unlike 1,4-substituted naphthalenes,<sup>35–37</sup> 9,10-substituted anthracenes such as 1 are good  ${}^{1}O_{2}$  trapping agents because they form the stable endoperoxide (2) with  ${}^{1}O_{2}$ ; a reaction that is not readily reversible.<sup>38–41</sup> Figure 4 shows the results from Si-Pc and e6 particles (20 mg) dispersed in 1 mL of D<sub>2</sub>O and illuminated with 669 nm light. The quantity of  ${}^{1}O_{2}$  generated was estimated by the decrease in the absorption band of 9,10-anthracene dipropionate dianion 1 at 378 nm. D<sub>2</sub>O was selected in favor of H<sub>2</sub>O due to the 20-fold longer lifetime of  ${}^{1}O_{2}$  in the deuterated solvent (65 µs compared to 3.5 µs)<sup>42–44</sup> since longer reaction times enhanced yield and thus improved resolution in the spectrophotometer.

The results show that on a per gram basis, the Si-Pc particles generate 2.4-fold higher quantities of  ${}^{1}O_{2}$  than the e6 particles at any given fluence based on the linear regression lines for both in Figure 4. The increased effectiveness of the Si-Pc particles compared to the e6 particles may be explained, primarily, by the relative concentrations of the active

sensitizer molecules bound to the particles. The concentration of sensitizer molecules in/on glass particles is 2.9-fold greater for the Si-Pc particles (4.1 µmol Si-Pc/g) compared to the e6 particles (1.4 µmol e6/g) as shown in supporting information Table S1. However, on a molar basis, the e6 sensitizer molecules produce singlet oxygen more efficiency than Si-Pc  $(0.30 \text{ vs } 0.24 \text{ nmol } {}^{1}\text{O}_{2} \text{ produced per nmol of sensitizer, Table S1})$ . This relatively higher molar efficiency of e6, compared to Si-Pc, is consistent with the relative efficiencies of chlorin vs phthalocyanine sensitizers for singlet oxygen production reported in the literature. <sup>45–56</sup> Determination of the absolute efficiencies of the two sensitizer particles used in this study is complicated by several other factors including: surface coverage (the lower concentration of e6 per gram of particle is due, in part, to the nonafluorosilane coverage of 1.6 mmol/g silica which preserved less than 1% of the SiOH groups for binding of the e6 sensitizer); availability of sensitizer molecules embedded within porous glass; and determination of quantum yields and absorption coefficients of sensitizer molecules chemically bonded to surfaces. See Supporting Information Figure S5 and Table S1 for absorption spectra and absorption coefficients measured at 669 nm, of the two photosensitizers in solution.

Further indirect analysis of  ${}^{1}O_{2}$  generation was carried out with the photooxidation of *trans*-2-methyl-2-pentenoate anion **3** which formed the  $\alpha,\beta$ -unsaturated hydroperoxide **4**. The 'ene' reaction leads to hydroperoxide **4** bearing a shift of the double bond relative to **3**, which is a fingerprint for the presence of singlet oxygen.<sup>57,58</sup> In addition to **4**, only one other product was detected by NMR; a secondary alcohol corresponding to deoxygenated hydroperoxide **4**. This degradation product of **4** was observed, as expected. There were no byproducts associated with the oxidation of **3** that could be formed by other types of radical-like reactive oxygen species.

Furthermore, the results of trapping with **3** show that the Si-Pc particles generate 2.3-fold higher quantities of  ${}^{1}O_{2}$  than the e6 particles, which is very similar to the results of trapping with **1** that show that the Si-Pc particles generate 2.4-fold higher quantities of  ${}^{1}O_{2}$  than the e6 particles. Because the oxidation of **3** to **4** is selective for singlet oxygen, we conclude that singlet oxygen is the key oxidant in both trapping reactions.

Photobleaching of sensitizers can degrade singlet oxygen generation<sup>59–62</sup> and has the potential to affect our results. The effect of irradiating particles at 669 nm in air prior to trapping measurements was studied using both types of particles dispersed in solution. Figure 5 shows the trapping by 1 of  ${}^{1}O_{2}$  generated from pristine Si-Pc and e6 particles in D<sub>2</sub>O at 0.25 W/cm<sup>2</sup> for 15 min (left hand columns). When the particles were pre-irradiated at 0.25 W/cm<sup>2</sup> for 45 min in air and then examined for  ${}^{1}O_{2}$  production in D<sub>2</sub>O, the results were found to be the same within experimental error (Figure 5, right hand columns) as the pristine particles. These results demonstrate that photobleaching of the particles does not occur under the experimental conditions used in this study.

## 3.2. Fabrication of SH Sensitizer Surfaces.

Surfaces containing arrays of PDMS posts on glass coverslip substrates were fabricated using a modified 3D printing technique. The conical posts have a circular base (~500  $\mu$ m diameter) and a height of 1,000  $\mu$ m on a 500  $\mu$ m pitch. The 20 × 20 square arrays cover an

area of 1  $\text{cm}^2$ . Surfaces were prepared with both types of sensitizer particles, and capped with hydrophobic silica nanoparticles. Surfaces without sensitizer particles were prepared as controls.

The silica-PDMS caps serve two purposes: they increase the stability of the superhydrophobic (i.e. Cassie) state and they prevent direct contact of sensitizer particles with the biofilm. The silica nanoparticles used for the cap are small, with a primary particle size of <20 nm, resulting in a high surface area ( $225 \text{ m}^2/\text{g}$ ). In addition, the nanoparticles are coated with hexamethyldisilazane, resulting in a low surface energy, similar to the surface energy of the underlying PDMS. This combination of high surface area and low surface energy results in stable superhydrophobic properties. Thus transitions from the superhydrophobic Cassie state to the wetted Wenzel state, which could cause liquids to wet into the plastron and thus contact the sensitizer particles, are unlikely at pressures below 500 kPa.<sup>30</sup> Figure 6 illustrates the enhanced Cassie-state stability of capped sensitizer surfaces. A droplet of water poised on a chlorin e6 SH surface assumes the Cassie state as shown in Figure 6a. A higher magnification view (Figure 6b) shows partial wetting of the hydrophobic chlorin e6 particles. The increased surface area and hydrophobicity of the nanoparticle silica capped Si-Pc SH surface, shown in Figure 6c, results in less infiltration of water into the plastron.

Supporting Information Figure S6a is an optical micrograph of a SH surface with Si-Pc particles partially embedded into the surface immersed in a petri-dish of water, demonstrating how effectively the superhydrophobic surface excludes liquid water from the plastron. Figure S6b illustrates an individual water droplet poised on the SH surface.

#### 3.3. Bacterial Inactivation.

#### 3.3.1. Effect of fluence on biofilm inactivation using Si-Pc SHS.—The

antimicrobial effect of superhydrophobic surfaces with Si-Pc particles (Si-Pc SHS) was evaluated in a light-dose dependent manner on *P. gingivalis* biofilms grown on hydroxyapatite (HA) discs. A SH surface with no sensitizer particles exposed to light (SH+ L+ S-) was used as an internal control. The biofilm itself, without a SH surface and no exposure to light (SH- L- S-), was used as an experimental control; inactivation efficiency of the SH surfaces was quantified relative to this control for all our experiments. Biofilm inactivation was studied by treating the bacterial biofilms with the Si-Pc SHS at irradiance values of 0.1, 0.2, 0.3 or 0.35 W/cm<sup>2</sup>, for either 7.5 or 15 minutes yielding a series of fluence values of: of 45, 90, 180, 270, and 315 J/cm<sup>2</sup> (SH+ L+ S+).

The results, shown in Figure 7a, indicate a clear threshold for inactivation of *P. gingivalis* biofilms. The bactericidal effect on the biofilms was significant (p 0.05), when treated with Si-Pc SHS at a fluence of  $270 \text{ J/cm}^2$  or higher. At this fluence, a marked 6-log reduction in bacterial viability was observed compared to controls. At a higher fluence of  $315 \text{ J/cm}^2$ , the killing efficiency was increased to greater than 6-log reduction with no viable cells observed (bar too small to appear in Figure 7a). In contrast, the viability of bacteria, as measured by the log of CFUs/biofilm, was not significantly altered in the presence of control surfaces exposed to light but without sensitizer particles (SH+ L+ S-) over the range of fluence values from 45 J/cm<sup>2</sup> to 180 J/cm<sup>2</sup>. Biofilms exposed to SH+ L+ S- controls at higher fluence

values (270 and 315 J/cm<sup>2</sup>), showed bacterial viability lowered by one-log, but this reduction was not statistically significant. This suggests that superhydrophobic surfaces were bactericidal in the presence of sensitizer Si-Pc and red light. Li *et al.*<sup>63</sup> showed 3-log and 5-log reduction with cationic Zinc phthalocyanines on the *Escherichia coli* biofilm by photodynamic antimicrobial chemotherapy (PACT).

To reaffirm the CFU count results, the viability or inactivation of 72-hr grown *P. gingivalis* biofilms on the saliva-coated hydroxyapatite discs were assessed by CLSM based on the detection of green (live bacteria) and red (dead bacteria) fluorescence. Figure 7b represents a subset of 3D bacterial biofilms at different light fluence values; 45, 90, 180, 270 and 315 J/cm<sup>2</sup> in the presence of Si-Pc SH surfaces (SH+ L+ S+) compared to the biofilm only control (SH- LS-). The results indicate that the viability of the biofilms was not compromised significantly until a fluence of 180 J/cm<sup>2</sup> was reached. Maximum bactericidal activity was observed with the Si-Pc SHS at 270 J/cm<sup>2</sup> and 315 J/cm<sup>2</sup> fluence doses (Figure 7b). Thus the CLSM imaging results confirm the CFU count results and establish a threshold fluence of 270J/cm<sup>2</sup>.

With the fluence thresholds established, we conducted our next experiments with fluence values of  $270 \text{ J/cm}^2$  and  $315 \text{ J/cm}^2$  in order to compare the bacterial inactivation efficiency of the sensitizer particles, Si-Pc and e6.

#### 3.3.2. Effect of sensitizer particle type on biocidal efficiency of SH surfaces.

—To quantify the effect of particle type, deactivation of *P. gingivalis* biofilms with Si-Pc and e6 SH surfaces was studied using an expanded group of controls; the results are shown in Figures 8–10. SH surfaces with sensitizer particles (SH+ L+ S+) were placed onto the hydroxyapatite discs with bacterial biofilms and were irradiated using a fluence of 270 J/cm<sup>2</sup> or 315 J/cm<sup>2</sup> (irradiance of 0.30 W/cm<sup>2</sup> or 0.35 W/cm<sup>2</sup> for 15 min respectively). In addition, four types of controls were included in these trials. The experimental control was the biofilm itself without any exposure to a SH surface (SH- L- S-). To determine how the PDMS SH surface without sensitizer particles affected the biofilm, two internal controls were included with and without exposure to light (SH+ L+ S- and SH+ L- S-). The fourth test control were comprised of SH surfaces with particles (Si-Pc or e6), but without exposure to light (SH+ L+ S+), which were used to determine the effect of SH embedded sensitizers on bacteria in the absence of photoactivation. A table summarizing the control and experimental samples is shown in Supporting Information Table S2.

SH surfaces containing sensitizer particles attained maximum bactericidal effects in the presence of light (Figures 8–10), which indicates high singlet oxygen production at these fluence values. All four controls exhibited low bacterial deactivation values.

**a. Si-Pc SH Surfaces.:** For the Si-Pc SH surfaces, a marked bactericidal effect was observed with 5-log reduction and absolute killing of 99.99%, at irradiances of 270 J/cm<sup>2</sup> (Figure 8a) and 315 J/cm<sup>2</sup> (Figure 8b). These results support our hypothesis that singlet oxygen generated in the plastron of the SH surface reaches the bacteria at a sufficient concentration to achieve effective killing, as only those surfaces having sensitizer particles exposed to light exhibit significant reductions in viability (> 4-log reduction in CFU). Light

with sensitizer-less SH surface (SH+L+S-) showed substantially lower effectiveness (26% -29% killing at 270 J/cm<sup>2</sup> and 315 J/cm<sup>2</sup>), as did the Si-Pc SHS in the absence of light (SH+ L- S+, ~ 33\% reduction). Control experiments with sensitizer-less SH surface without light (SH+ L- S-) showed only ~10 % killing at 270 J/cm<sup>2</sup> and 315 J/cm<sup>2</sup>.

To affirm the CFU count results, the viability of 72-hr grown *P. gingivalis* biofilms on the saliva-coated hydroxyapatite discs were assessed by CLSM based on the detection of green (live bacteria) and red (dead bacteria) fluorescence. Figure 9 represents a subset of the CLSM results; a control Si-Pc SH surface without illumination (top row) is compared with the same Si-Pc SHS illuminated with a fluence of 270 J/cm<sup>2</sup> (bottom row). The control (SHS+ L- S+) contains numerous live bacteria (bright green) with essentially no evidence for the presence of dead bacteria. In contrast, essentially all bacteria in the treated biofilm (SHS+ L+ S+) appear dead (red). CLSM results for all five controls, as well as surfaces illuminated with 270 and 315 J/cm<sup>2</sup>, are shown in Supporting Information Figure S7. All CLSM images confirm the CFU count results.

**b. e6 SH Surfaces.:** Superhydrophobic surfaces with e6 particles also attained a marked reduction in biofilm viability; however the effect was smaller than for Si-Pc particles. e6 SH surfaces achieved ~97% killing with an approximate 1.5-log reduction of CFU when exposed to fluence of 270 J/cm<sup>2</sup> (Figure 10a) and 315 J/cm<sup>2</sup> (Figure 10b) as compared to their corresponding biofilm only controls. Control experiments with sensitizer-less SH surface without light (SH+ L- S-) showed 24% killing at 270 J/cm<sup>2</sup> and 315 J/cm<sup>2</sup>. The addition of light to a SH surface without sensitizer particles (SH+ L+ S-) resulted in a small increase in the percent killing (approximately 31%–33%) relative to the biofilm only. The presence of e6 sensitizer, but without light (SH+ L- S+) displayed 59.13% and 60.84% microbicidal activity at 270 J/cm<sup>2</sup> and 315 J/cm<sup>2</sup> respectively (Figures 10a and 1b). As with the Si-Pc SHS evaluations, CLSM results confirm the CFU count results as shown in Supporting Information Figure S8.

Both types of surfaces with sensitizer particles: Si-Pc and e6, in presence of light, exhibited significant bactericidal effect on *P. gingivalis* biofilm (p<0.05) (Figures 8–10). However, the Si-Pc SH surfaces are more effective than surfaces prepared with an equal mass of e6 particles. This higher efficiency of the Si-Pc SH surfaces results from the larger number of sensitizer molecules per gram of particle as discussed in section 3.1. No statistically significant differences were observed when comparing the biofilm inactivation efficiency between the biofilm only controls with other internal controls.

#### 3.4. Critical Aspects of the SH Surface Results.

Advantage of a superhydrophobic system.—Plastron-derived  ${}^{1}O_{2}$  provides a unique treatment approach to biofilm inactivation, as shown schematically in Figure 1 and in more detail in Supporting Information Figure S9. The sensitizer in the particle absorbs light and converts  ${}^{3}O_{2}$  to its first singlet state (*Si*), and then the excited triplet state (*T<sub>I</sub>*) via intersystem crossing (ISC). From *T<sub>I</sub>*, energy is transferred to  ${}^{3}O_{2}$ , generating airborne  ${}^{1}O_{2}$ , which travels a relatively short distance (<1 mm) below to the biofilm. Singlet oxygen will oxidize sites on the bacterium and kill the bacteria after a threshold dose is reached.

The SH surface is coated with sensitizer particles except at the tips, which are capped with a layer of SiO<sub>2</sub> nanoparticles. This hierarchical structure of the particle-embedded SH surface insures that the region between PDMS posts (i.e. plastron) is a continuous space that remains filled with air, since the biofilm and associated fluids cannot penetrate this superhydrophobic barrier. As a result, a supply of  ${}^{3}O_{2}$  is readily available to all sensitizer particle surfaces. Diffusion of  ${}^{3}O_{2}$  through a biofluid to reach the sensitizer is not necessary. Thus the overall efficiency of  ${}^{1}O_{2}$  generation is expected to be relatively higher compared to systems where oxygen diffusion through a biofluid or biofilm into a hypoxic pocket is required. Moreover, the entire surface remains fully exposed to the excitation illumination; particle absorption does not affect penetration depth.

It is noted that  ${}^{1}O_{2}$  is highly sensitive to the environment and the  ${}^{1}O_{2}$  lifetime can be quenched through collisions with active species. For example, the lifetime of  ${}^{1}O_{2}$  in air (~1 ms) is long compared to its lifetime in water (3.5 µs). This sensitivity to environment can be exploited since  ${}^{1}O_{2}$  is formed in the plastron, which is a dry environment where the diffusion length is approximately 1 mm. In contrast  ${}^{1}O_{2}$  can only diffuse ~100–200 nm in solution before quenching. The longer ~1 mm diffusion distance of airborne  ${}^{1}O_{2}$  permits this reactive gas, generated in the plastron, to reach and kill the *P. gingivalis* biofilm resting on the tips of the superhydrophobic surface. Moreover, sensitizers are resistant to bleaching processes when located in air, as compared to liquid environments. Thus photobleaching was not observed in our experiments.

The silica capped SH surface provides an additional advantage because the biofilm avoids direct contact with the sensitizer, the potential for staining, inflammation and toxicity are minimized. Ideally, the use of FDA approved sensitizer molecules would be preferable. In this way, inadvertent loss of adhesion at the sensitizer-PDMS interface would pose no chance for harm.

**Particle type and threshold dose.**—We have demonstrated that sensitizer loading in/on the glass particles determines the fluence required for biofilm inactivation. The amount of Si-Pc sensitizer in the sol-gel was 4.1-µmol Pc/g sol-gel, and the amount of chlorin  $e_6$  was 1.4-µmol/g fluorinated silica. The larger number of sensitizer molecules per gram accounts for greater effectiveness of Si-Pc particles when equal sensitizer particle weights are used. The higher absorption of Si-Pc at 669 also contributes to this greater activity. Neither SH surface (Si-Pc and e6) photobleaches after 0.25 W/cm<sup>2</sup> for 45 min (fluence = 675 J/cm<sup>2</sup>) as evidenced by the percent yield of the endoperoxide **2** and hydroperoxide **4** that were maintained whether the particles were pre-irradiated or not (Figure 5). We also know the fluence threshold required to achieve a 5 log reduction of CFUs (~300 J/cm<sup>2</sup>) is higher than thresholds reported in the literature<sup>64</sup> for systems where particles are dispersed in solution and come into direct contact with the trapping agent. This higher threshold may result from singlet oxygen decay that occurs as the reactive oxygen species traverse the distance between sensitizer surface, where they are generated, and the live biofilm.

**Dental Application.**—The amount of time required for complete biofilm deactivation, less than 15 minutes, is consistent with an in-office dental treatment therapy. Miniaturization of the device, so that it can be directly inserted into a periodontal pocket, is underway.

# 4. CONCLUSION

Inactivation of a bacterial biofilm using a superhydrophobic (SH) photodynamic therapy technique that generates  ${}^{1}O_{2}$  has been studied for the first time. Isolation of sensitizer molecules in the plastron of the device was shown to be both effective and advantageous; a constant supply of oxygen is maintained while direct contact of the sensitizer to biomaterials is avoided. An important point to highlight is that heterogeneous sensitizers are (in general) reported to have good photostability, even more so than solvated sensitizers in solution.<sup>65</sup> Therefore, another virtue of the sensitizer being immobilized in a SH surface is its good photostability. Additionally, *P. gingivalis* is an anaerobic organism that is harmed by the presence of oxygen that can be exploited by using a stream of oxygen to kill the bacteria. That the periodontal pocket creates an anaerobic environment means, based on our previous work,<sup>7,8</sup> that singlet oxygen should be more effective when treating bacteria in the mouth.

Future work will focus on: (i) increasing the density of sensitizer triplet-excited states located within the SH surface plastron to further increase  ${}^{1}O_{2}$  output and reduce treatment times; (ii) flowing  ${}^{3}O_{2}$  gas across the SH surface to increase mass transport of singlet oxygen from the plastron to the bacterium; (iii) evaluating the effectiveness of this technique with other bacteria and saliva biofilms; and (iv) fabricating a hand-held PDT device<sup>66</sup> that incorporates a superhydrophobic sensitizer surface, which can be directly inserted into a periodontal pocket. Such a device would be a useful tool for treating peri-implantitis and endodontic infections in a dental office.

#### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## ACKNOWLEDGMENTS.

We acknowledge support from the National Institute of Dental and Craniofacial Research (NIH R41DE026083). A.G. acknowledges support from a Leonard and Claire Tow Professorship at Brooklyn College. We thank Leda Lee for the graphic arts work and Alison Domzalski for the photography work. We also thank Dr. Prabhu Mohapatra for synthesizing the 9,10-anthracene dipropionate dianion, and Dr. Yan Deng from the NYULMC core microscopy facility for the CLSM image processing. A.G. wishes to dedicate this paper to William W. Greer (D.M.D.).

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#### Figure 1.

A schematic of the superhydrophobic device: a red diode laser (669 nm) is coupled to an optical fiber; the output SMA ferrule is mounted such that the light is directed downward. The superhydrophobic (SH) surface, printed on a 130  $\mu$ m thick coverslip, is placed tip-face down on the bacterial biofilm. SiO<sub>2</sub> nanoparticles are used to cap the SH surface. Singlet oxygen traverses the plastron to reach the biofilm, where inactivation then takes place.



# particle Si-Pc

# particle e6

# Figure 2.

Two types of sensitizing particles were examined (particles Si-Pc and e6). Particle Si-Pc has *bis*-amino Si-phthalocyanine incorporated in a sol-gel. Particle e6 has chlorin covalently bound to fluorinated silica.

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#### Figure 3.

Photooxidation of the anthracene **1** and alkene **3** traps in a particle/solution dispersion via 669-nm irradiation of Si-Pc or e6 particles in D<sub>2</sub>O. The particle surface is wetted and solution-phase  ${}^{1}O_{2}$  is generated at the sensitizer particle surface. Evidence for a reaction of  ${}^{1}O_{2}$  with **1** is the formation of endoperoxide **2** (quantified by the disappearance of a peak at 378 nm), and with **3** is the formation of hydroperoxide **4** (quantified by the appearance of the hydroperoxide peaks at  $H_{b}$ ,  $H_{c}$ , and  $H_{d}$  by <sup>1</sup>H NMR).



# Figure 4.

Singlet oxygen production by Si-Pc and e6 particles (20 mg) in  $D_2O$  solution (pre-saturated with  $O_2$ ) plotted as a function of fluence. The singlet oxygen concentrations were estimated from the photooxidation of anthracene **1**. The Si-Pc or e6 particles were irradiated for 6, 12, 18, and 24 min at constant irradiance of 0.25 W/cm<sup>2</sup>





#### Figure 5.

Photobleaching evaluation: Singlet oxygen production based on the formation of endoperoxide **2** by the oxidation of anthracene **1** by Si-Pc and e6 particles dispersed in D<sub>2</sub>O solution at 0.25 W/cm<sup>2</sup> for 15 min (fluence = 270 J/cm<sup>2</sup>). The left hand (solid) columns indicate values using particles without pre-irradiation, whereas the right hand columns (cross-hatched) were from particles pre-irradiated at 0.25 W/cm<sup>2</sup> for 45 min in air (fluence = 675 J/cm<sup>2</sup>), prior to the singlet oxygen trapping measurement.



#### Figure 6.

A water droplet poised on superhydrophobic surfaces **a.** low magnification view of water on a SH surface with chlorin e6 particles without PDMS-silica caps. **b.** a high magnification view showing the water partially wetting the upper chlorin e6 particles. **c.** high magnification view of a Si-Pc SH surface capped with PDMS-silica nanoparticles; water penetration is limited due to the high surface area low surface energy nanoparticle coating.



#### Figure 7.

**a.** *P. gingivalis* inactivation by superhydrophobic surfaces as a function of fluence (J/cm<sup>2</sup>), measured by CFUs after exposure. Biofilm only controls without light (SH- L- S-) were incubated for 7.5 and 15 min. respectively. Sensitizer-less SH surfaces (SH+ L+ S-) and SH surfaces with Si-Pc (SH+ L+ S+) were exposed to fluence values of 45, 90, 180, 270 and 315 J/cm<sup>2</sup>. Data is expressed as Mean  $\pm$  SEM of three independent experiments, *n*=3. \**p*<0.05. The numbers in the parentheses refer to irradiance values of 0, 0.1, 0.2, 0.3 or 0.35 W/cm<sup>2</sup> at either 7.5 or 15 minutes. **b.** Representative 3D images of 72-hr grown *P. gingivalis* biofilms following treatment with a Si-Pc SH surface. The photoinactivation effect on biofilms as rendered by Si-Pc SHS at variable light doses, compared to biofilm only control without light treatment. Green signal represents viable cells (Syto 9), red signal indicates damaged/dead cells (propidium iodide). Panels are of xyz-stacks of biofilm growth.



#### Figure 8.

Inactivation of *P. gingivalis* biofims by Si-Pc SH surfaces and controls at a fluence of **a.** 270 J/cm<sup>2</sup> (\*p<0.006) and **b.** 315 J/cm<sup>2</sup> (\*p<0.003). The inactivation of bacterial biofilms is shown as log viable count and percentage killing. Data is expressed as Mean ± SEM of three independent experiments, n=3.



# Figure 9.

Representative images of *P. gingivalis* biofilms following each treatment group with Si-Pc SHS and controls. Green signal represents viable live cell (Syto 9), red signal indicates damaged/dead cells (propidium iodide). Image panels; Live, Dead, and Merged (Live + Dead) are x-y plane images.

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#### Figure 10.

Inactivation of *P. gingivalis* biofims by e6 SH surfaces and controls at a fluence of **a.** 270 J/cm<sup>2</sup> (\*p<0.0002) and **b.** 315 J/cm<sup>2</sup> (\*p<0.006). The inactivation of bacterial biofilms is shown as log viable count and percentage killing. Data is expressed as Mean ± SEM of three independent experiments, n=3.

