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Plasma Cells are Obligate Effectors of Enhanced Myelopoiesis in Aging Bone Marrow

Peter D. Pioli¹, David Casero¹, Encarnacion Montecino-Rodriguez¹, Sherie L. Morrison², Kenneth Dorshkind¹

¹Department of Pathology and Laboratory Medicine, David Geffen School of Medicine at UCLA, Los Angeles, CA 90095

²Department of Microbiology, Immunology and Molecular Genetics, David Geffen School of Medicine at UCLA, Los Angeles, CA 90095

Summary

Aging results in increased myelopoiesis, which is linked to the increased incidence of myeloid leukemias and production of myeloid-derived suppressor cells. Here we examined the contribution of plasma cells (PCs) to age-related increases in myelopoiesis, as PCs exhibit immune regulatory function and sequester in bone marrow (BM). PC number was increased in old BM and they exhibited high expression of genes encoding inflammatory cytokines and pathogen sensors. Antibody-mediated depletion of PCs from old mice reduced the number of myeloid biased hematopoietic stem cells and mature myeloid cells to levels in young animals, but lymphopoiesis was not rejuvenated, indicating that redundant mechanisms inhibit that process. PCs also regulated the production of inflammatory factors from BM stromal cells, and disruption of the PC-stromal cell circuitry with inhibitors of the cytokines IL-1 and TNF-a attenuated myelopoiesis in old mice. Thus, the age-related increase in myelopoiesis is driven by an inflammatory network orchestrated by PCs.

Graphical Abstract

Author Contributions

Lead Contact: Kenneth Dorshkind, kdorshki@mednet.ucla.edu, 310 206-9535.

P.D.P. designed and performed experiments. D.C. performed bioinformatics analysis of RNA-seq data. S.L.M. provided depleting antibodies. P.D.P., E.M.-R. and K.D. wrote the manuscript.

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eTOC Blurb

Pioli et al. demonstrate that bone marrow plasma cells (PCs) increase in number with age and play an obligate role in the increased production of myeloid cells during aging. They further demonstrate that old PCs are a source of myelopoietic cytokines and regulate their production from BM stroma.

Keywords

Hematopoiesis; Lymphopoiesis; Myelopoiesis; Aging; Plasmablast; Plasma Cell; Inflammaging; Inflammation; Interleukin-1; Tumor Necrosis Factor

Introduction

Aging in both mice (Geiger et al., 2013; Montecino-Rodriguez et al., 2013) and humans (Pang et al., 2011; Rundberg Nilsson et al., 2016) results in increased myelopoiesis (Dykstra et al., 2011; Min et al., 2006; Rossi et al., 2005) that includes a significant increase in the frequency and number of hematopoietic stem cells (HSCs) (Dykstra and de Haan, 2008; Geiger and Van Zant, 2002), common myeloid progenitors (CMPs), granulocytemacrophage progenitors (GMPs) and mature myeloid cells (Dykstra et al., 2011; Tang et al., 2013). Enhanced myelopoiesis correlates with an increased incidence of myeloid leukemias (Rossi et al., 2007; Signer et al., 2007) and production of myeloid-derived suppressor cells (Flores et al., 2017). Thus, understanding why age-associated myeloid skewing occurs has translational relevance.

Age-related myeloid bias reflects population shifts within the HSC compartment (Beerman et al., 2010; Benz et al., 2012; Challen et al., 2010; Muller-Sieburg et al., 2004). HSCs include lymphoid biased (Ly-HSCs) and myeloid biased (My-HSCs) subsets, and the ability to resolve them phenotypically (Beerman et al., 2010; Benz et al., 2012; Challen et al., 2010)

led to the realization that the number of My-HSCs increases over time and they become the predominant stem cell population in bone marrow (BM) of old mice (Beerman et al., 2010; Challen et al., 2010). Thus, the myeloid biased pattern of reconstitution in young recipients reconstituted with old total HSCs is due in part to the fact that the majority of transplanted cells are My-HSCs. An understanding of what triggers the increase in the number of My-HSCs in old BM would provide insights into why age-related increases in myelopoiesis occur.

The production of inflammatory cytokines and chemokines increases systemically (Zhang et al., 2004) and locally in the BM (Ergen et al., 2012; Henry et al., 2015; Kennedy and Knight, 2017; Zhang et al., 2004) with age and is referred to as inflammaging (Franceschi et al., 2000). Hematopoietic stem and progenitor cells (HSPCs) express receptors for various inflammatory factors, including interleukin (IL)-1, IL-6 and tumor necrosis factor-alpha (TNF-a) as well as various Toll-like receptors (TLRs) (King and Goodell, 2011; Mirantes et al., 2014; Nagai et al., 2006). The activation of these cytokine or TLR signaling pathways can stimulate myelopoiesis and inhibit lymphopoiesis (Baratono et al., 2015; Nagai et al., 2006; Ueda et al., 2005). The fact that old HSCs express genes indicative of increased proinflammatory signaling is consistent with the conclusion that residence in an inflammatory environment contributes to age-related changes in hematopoiesis (Chambers et al., 2007). Thus, extrinsic events may trigger population shifts within the HSC compartment and in downstream myeloid progenitors. This view is supported by our recent report that Ly-HSCs and My-HSCs exhibit normal developmental potential when removed from the old environment (Montecino-Rodriguez et al., 2019). Consequently, there is considerable interest in identifying the source of inflammation in aging BM.

Numerous non-hematopoietic populations that include osteolineage, perivascular, endothelial, neuronal and mesenchymal stromal cells play a role in the regulation of hematopoiesis (Boulais and Frenette, 2015; Crane et al., 2017; Lo Celso and Scadden, 2011). The effects of aging on these populations are poorly understood compared to the understanding of changes that occur in HSPCs (Geiger et al., 2013; Guidi and Geiger, 2017). Nevertheless, recent studies have demonstrated that aging affects the ability of these microenvironmental elements to support hematopoiesis. For example, old endothelial cells exhibit compromised support of hematopoietic recovery following irradiation (Poulos et al., 2017), stromal cells from old telomerase deficient mice have a decreased ability to support lymphopoiesis (Ju et al., 2007) and the reduced expression of osteopontin by osteoblasts can compromise stem cell function (Guidi et al., 2017). Despite these advances, the major cellular alterations in the aging hematopoietic microenvironment that contribute to myeloid skewing remain to be defined.

In addition to the above non-hematopoietic cells, hematopoietic populations such as megakaryocytes, T cells, NK cells and B cells (Hirata et al., 2018; King et al., 2009; Nakamura-Ishizu et al., 2014; Ratliff et al., 2013) can be considered as components of the hematopoietic microenvironment in view of their ability to regulate blood cell development. A regulatory role for B cells beyond their traditional function as a source of immunoglobulins is a relatively recent concept (Dang et al., 2014; Rauch et al., 2012), and the regulatory B cell pool includes cytokine secreting plasma cells (PCs) (Dang et al., 2014).

PCs produce both pro- and anti-inflammatory cytokines such as IL-10 (Suzuki-Yamazaki et

al., 2017), IL-17 (Bermejo et al., 2013), IL-35 (Shen et al., 2014) and TNF-a. (Fritz et al., 2011) and they can modify immune responses in extramedullary tissues such as the intestine (Fritz et al., 2011; Kim and Kim, 2014). We considered the possibility that PCs contribute to age-related changes in hematopoiesis because, in addition to being a source of myelopoietic cytokines, they sequester in BM following their generation in secondary lymphoid tissues (Chu and Berek, 2013; Fairfax et al., 2008).

Here we examined the contribution of PCs to the increased myelopoiesis associated with aging. We found that the number of PCs significantly increased in aging BM and that PC depletion with CD138 antibodies resulted in a reduction in the numbers of My-HSCs and myeloid progenitors as well as an attenuation of myelopoiesis. Whole transcriptome profiling revealed that old PCs acquired a TLR responsive gene signature that distinguished these cells from their young counterparts and that TLR4 signaling promoted the production of inflammatory cytokines known to stimulate myelopoiesis. In addition, PCs regulated inflammatory cytokine gene expression in BM stroma, indicating the existence of a cross-talk between these two populations. Thus, the accumulation of plasma cells in the BM environment is a major contributor to enhanced myelopoiesis observed during aging.

Results

PCs accumulate in aging BM

Using cell surface expression of CD138, CD45R(B220) and IgD, we quantified the number of CD138^{high} CD45R(B220)⁺ IgDTM short-lived plasmablasts (PBs) and CD138^{high} CD45R(B220)TM IgDTM mature plasma cells (PCs) in the BM of young (2-3 months old), middle-aged (9-10 months old) and old (17-19 months old) mice (Figure 1A) (Chernova et al., 2014). While PBs were unchanged with age, mature PC frequency and number significantly increased in BM of middle-aged and old mice (Figure 1B). The PCs identified in Figure 1A exhibited heterogeneous expression of CD19 (Figure 1C) (Chernova et al., 2014) but not CD11b (Kunisawa et al., 2013) or Gr-1 (Figure 1C). PCs from young and old mice were labeled with anti-IgM, IgG and IgA (Figure 1D). In agreement with previous reports (Pinto et al., 2013), some PCs expressed surface immunoglobulin (Ig) (Figure 1D), and almost all cells expressed Ig following permeabilization (Figure 1D). Both young and old PCs also expressed Blimp-1 (Shapiro-Shelef et al., 2003; Taubenheim et al., 2012) (Figure 1E).

PCs arise in disparate sites and secrete Igs of different classes (Lemke et al., 2016; Reynolds et al., 2015). We examined membrane-bound IgM (mIgM) and IgA (mIgA) expression (Pinto et al., 2013) and identified 1) mIgM⁺ mIgATM single positive (mIgM SP); 2) mIgMTM mIgATM double negative (DN); 3) mIgMTM mIgA⁺ single positive (mIgA SP); and 4) mIgM⁺ mIgA⁺ double positive (DP) (Figure 1F) PCs. Their quantification revealed significant increases in the numbers of IgM and IgA expressing PCs evident by middle-age and maintained in old mice (Figure 1G). This included a subset of IgM and IgA double positive cells absent in young animals but present in middle aged and old mice. IgM⁺ IgA⁺ B cells are present in patients with IgA deficiency (Conley and Cooper, 1981) and may arise due to

defective class switch recombination (Yazdani et al., 2017). It is relevant in this regard that old B cells exhibit impaired class switching (Frasca et al., 2008).

We also analyzed PB and PC populations in the spleen (SPL) of young, middle-aged and old mice (Figures S1A–S1G). In contrast to BM, both SPL PBs and PCs exhibited an age-associated accumulation that was evident by middle-age (Figures S1A and S1B). Similar to BM PCs, SPL PCs displayed variable CD19 expression whereas these cells were negative for both CD11b and Gr-1 staining (Figure S1C). PCs in the SPL expressed intracellular Ig, in particular IgM, and Blimp-1 (Figures S1D–G).

PC depletion in old mice abrogates increased myelopoiesis

We investigated whether PC accumulation had functional relevance by depleting them in old mice with a mouse anti-mouse CD138 antibody (muCD138). This IgG2a heavy chain and κ light chain antibody originates from the 281–2 hybridoma (Jalkanen et al., 1985). Cohorts of old mice were treated in parallel with an isotype matched mouse anti-human CD20 (huCD20) antibody (Figure 2A). After two weeks, the status of lymphopoiesis and myelopoiesis was analyzed. Young, untreated mice were assessed in parallel to provide a reference for any effects seen upon PC depletion. muCD138 treated mice had a significant reduction in the frequency (Figure S2B) and number of PCs (Figure 2B) whereas PC numbers in the huCD20 treated mice were comparable to those in untreated old mice (Figures 1B and 2B).

Total BM cellularity in muCD138, but not huCD20, treated mice was reduced to levels observed in young animals (Figure 2C). This reduction resulted from a significant decline in the numbers of monocytes and granulocytes to levels observed in young mice (Figures 2D–2F). muCD138 treated mice also had a significant reduction in the numbers of My-HSCs (Figure 2G and Figure S3) and CMPs (Figures 2H and 2I) which increase with age (Min et al., 2006; Signer et al., 2007). While the numbers of GMPs and MEPs were also reduced, these changes were not significant (Figures 2J and 2K). These observations demonstrated that PC depletion results in a decrease in My-HSCs and myeloid progenitors and a significant reduction in myelopoiesis in the BM. Despite the fact that the number of myeloid lineage cells was reduced in PC depleted mice, only subtle changes in the frequency of these populations were observed (Figure S2). This is due to the fact that, while myelopoiesis was reduced in muCD138 treated mice, B lymphopoiesis did not rebound.

A reduction in BM lymphopoiesis occurs with age (Alter-Wolf et al., 2009; Miller and Allman, 2003; Min et al., 2006). muCD138 treated old mice exhibited no significant change in the numbers of Ly-HSCs (Figure 2L) while CLPs (Figure 2M) and committed B lymphoid progenitors (Hardy et al., 1991; Hardy and Hayakawa, 1995) (Figures 2N–2Q) remained depressed. Immature B220⁺ IgDTM B lineage cells in the BM express intermediate levels of CD138 (Tung et al., 2006) (Figure 2R), leading to the possibility that B cell development did not rebound in muCD138 treated mice due to their depletion. However, CLPs do not express CD138, and their numbers, which are decreased with age, remained depressed in muCD138 treated mice (Figure 2M). In addition, the muCD138 treatment did not reduce the number of B220⁺ IgDTM CD138^{int} cells below levels observed in huCD20 treated old mice (Figure 2S).

PC depletion in young mice does not alter myelopoiesis

The above data demonstrated that old PCs are key effectors of the age-associated increase in myelopoiesis. However, it is unclear what, if any, regulatory role PCs play in the BM of young mice. To investigate this, we treated young (2 months old) mice with PBS and huCD20 or muCD138 antibodies (Figure 3A) and assessed hematopoiesis as described above. muCD138 treatment of young mice resulted in the depletion of PCs (Figure 3B) but had no other effect on overall BM cellularity (Figure 3C), the number of lymphoid and myeloid progenitors or the number of mature myeloid cells (Figures 3D–3N). These data indicated that the ability of PCs to regulate myelopoiesis is age-dependent and demonstrated that the CD138 antibody does not non-specifically deplete hematopoietic cells.

Old PCs stimulate myelopoiesis and inhibit lymphopoiesis in vitro

An *in vitro* culture system was used to identify the stages of hematopoiesis sensitive to PC derived signals. PCs were purified from young and old mice (Figure S3A) and pre-incubated at a 10:1 ratio with young Ly-HSCs, My-HSCs, LKSTM myeloid progenitors (MyPros) and CLPs for 15 hours before being transferred onto green fluorescent protein (GFP)-expressing OP9 stromal layers (Figures 4A and S3). This PC:progenitor ratio was chosen based on the numbers of PCs (Figure 1) and total HSCs found in young mice.

Consistent with their lymphoid bias, Ly-HSCs predominantly produced CD19 expressing cells after 3 weeks in culture (Figure 4B) and addition of young PCs did not change this (Figures 4C and 4D). In contrast, the addition of old PCs to this system resulted in a reduced frequency of CD19⁺ and an increased proportion of CD11b⁺ cells (Figure 4C). As shown in Figures 4D and S4A, the production of CD11b⁺ cells from Ly-HSCs was stimulated approximately 9-fold. My-HSCs primarily produced CD11b⁺ myeloid cells in this culture system (Figures 4E and 4F), and PCs also enhanced their production but with different kinetics compared to Ly-HSCs. Unlike Ly-HSCs, PCs had little impact on My-HSC-derived cultures at 3 weeks post initiation (Figures 4F, 4G and S4B). However, old PCs increased myeloid output from My-HSCs at 1 week following culture initiation (Figures 4H–J and S4C).

We also investigated the ability of PCs to affect cell production from committed progenitors following 7 days in culture. The vast majority of cells produced by myeloid progenitors (MyPros), which include CMPs and GMPs, were CD11b⁺ (Figures 4K and 4L). CD11b⁺ cell production in old PC containing cultures increased approximately 3-fold, while young PCs did not affect production (Figures 4M and S4D). We cultured PCs with B lineage specified CLPs, which predominantly generate CD19⁺ committed B lineage cells after 1 week of culture (Figures 4N and 4O). The addition of old PCs to the cultures inhibited CD19⁺ cell production by approximately 40% (Figures 4P and S4E). Young PCs stimulated the production of CD19⁺ cells in this system (Figures 4P and S4E).

It was possible that PCs acquired expression of CD11b and expanded in the above cultures (Figures 4B–M), leading to an overestimation of myeloid cell production. To exclude this possibility, co-cultures were initiated with BM PCs, which expressed high levels of CD45 (Figure 4Q), from CD45.2 old mice and stem and progenitor cells were isolated from young

CD45.1 mice. To validate our detection strategy, we also performed co-cultures with young CD45.1⁺ My-HSCs and old CD45.2⁺ My-HSCs. As expected, both congenic markers are readily detectable in co-cultures containing both CD45.1⁺ and CD45.2⁺ My-HSCs (Figure 4R, top panel), and cultures containing only CD45.1⁺ My-HSCs were negative for CD45.2 staining (Figure 4R, middle panel).

The cultures initiated with old CD45.2⁺ PCs and young CD45.1⁺ My-HSCs primarily contained CD45.1⁺ cells and only a few CD45.2⁺ PCs (Figure 4R, bottom panel). That result is in accord with a previous study showing that mature PCs are non-proliferative (Chernova et al., 2014). On average, 33 of the originally 500 seeded PCs were recovered after 1 week of culture on OP9 stroma (Figure 4S), and we observed an approximately 6.4% survival rate (Figure 4T) after 1 week that is consistent with previous studies of *in vitro* PC survival (Minges Wols et al., 2002). Thus, the vast majority of cells recovered in our culture system are derived from the CD45.1⁺ hematopoietic progenitors that were seeded. Furthermore, old PCs maintained their ability to suppress lymphopoiesis and enhance myelopoiesis in these culture conditions (Figures S4F–H).

Old PCs are primed for Toll-like receptor signaling

RNA sequencing (RNA-seq) was performed to identify differences between young and old PCs (>99% pure; Figure S3). We used SaVanT (Lopez et al., 2017) to compare our PC transcriptional signatures against those contained within the Immunological Genome Project (ImmGen) and Haemopedia databases (Figure S5). Our PC-derived transcriptional footprints were most enriched for B cell gene expression signatures from both databases. We also compared our data against already published RNA-seq analyses of *in vitro*-derived PCs as well as FACS purified PCs from the SPL and BM (Lam et al., 2018; Shi et al., 2015) (Figure S5). Again, this comparison demonstrated that our datasets strongly resembled the PC signatures obtained in those studies.

1413 protein-coding (non-Ig) genes were differentially expressed between young and old PCs (adjusted p-value < 0.05, Log₂ fold change > |1.0|) (Figures 5A and 5B and Table S1), which represented $\sim 10\%$ of the total number of detectable genes (13,638). Of these, the expression of 939 genes increased with age whereas 474 genes exhibited decreased expression in old PCs (Figures 5A and 5B and Table S1). Metascape analysis (Tripathi et al., 2015) revealed that processes related to pathogen responses were enriched for in genes with increased expression in old PCs (Table S2 and Figure 5C). Within these networks, we found increased expression of transcripts for multiple pathogen sensors that included Naip2, *Naip6*, *Nod2* and Toll-like receptors (TLRs) such as *Tlr4*, *Tlr6* and *Tlr7*(Figure 5D). We also observed that old PCs had enhanced expression of various effector molecules, such as Mapk3 (Erk1), Elk1 and Tbk1, involved in propagating responses to pathogen-associated molecular patterns (PAMPs) and host-derived damage-associated molecular patterns (DAMPs) (Table S1) (Kawai and Akira, 2010; Takeuchi et al., 1999). In addition, expression of the gene encoding IKKa (Chuk) was increased in old PCs (Table S1). IKKa complexes with IKK β and NEMO to induce the degradation of I κ B resulting in NF- κ B activation (Kawai and Akira, 2010). *Tnfaip3* (A20), which prevents excessive TLR signaling and

subsequent inflammation (O'Reilly and Moynagh, 2003) also exhibited reduced expression in old PCs (Table S1).

These data indicated that old PCs have the potential to respond to pathogen components such as bacterial secretion systems (Naip2) (Kofoed and Vance, 2011), flagellin (Naip6) (Kofoed and Vance, 2011), peptidoglycan (Nod2 and Tlr6) (Girardin et al., 2003; Nakao et al., 2005), lipopolysaccharide (LPS) (Tlr4) (Qureshi et al., 1999) and viral single-stranded ribonucleic acid (ssRNA) (*Tlr7*) (Lund et al., 2004). We further analyzed our data set for the presence of a TLR responsive gene signature and focused on TLR4 as LPS, a TLR4 ligand, increases in the circulation with age (Kim et al., 2016; Thevaranjan et al., 2017) and TLR4 was the most highly overexpressed TLR by old PCs. We compared our data to published lists of protein coding genes whose expression is increased and decreased in B cells following 2 hours of LPS stimulation (Fowler et al., 2015). Expression of sixty-four genes, including the chemokines Ccl3 and Cxcl10, was increased in both old PCs and LPSstimulated B cells while expression of 15 genes was decreased in common (Figures 5E and 5F and Table S3). Additionally, we observed increased expression of LPS-inducible genes such as Ccl6 and Hdc (Das et al., 2017) in old PCs that did not overlap with the (Fowler et al., 2015) dataset (Tables S1 and S3). Overall, these data suggested that old PCs are more highly activated than young PCs due to TLR-driven responses.

We assessed expression of genes known to be activated by TLR4 signaling in PCs from both young and old mice following treatment *in vitro* with 1 μ g/mL of LPS for 2 hours in order to provide additional support for the above conclusion. This treatment had no effect on *Tlr4* levels (Figure 5G), but LPS treated old PCs exhibited increased expression of *II1b*, *II6* and *Tnf* (Figures 5H–5J). Additionally, *Ccl3* and *Cxcl10*, identified from the (Fowler et al., 2015) dataset were also LPS-inducible in old PCs (Figures 5K and 5L). Based on *Tlr4* expression levels, we expected young PCs to be less responsive to LPS. This was indeed the case as young PCs only increased *Cxcl10* levels following stimulation with LPS (Figures 5H–5L).

Old PCs regulate pro-inflammatory gene expression by BM stroma

The above data demonstrated that PCs have the potential to produce cytokines that may directly act on HSPCs (King and Goodell, 2011; Mirantes et al., 2014), but they could also alter the function of other BM microenvironmental constituents. We hypothesized that the BM stromal cells were a likely candidate as both HSPCs (Cordeiro Gomes et al., 2016; Sugiyama et al., 2006) and PCs (Minges Wols et al., 2002; Mokhtari et al., 2015; Zehentmeier et al., 2014) localize near stromal cells and are regulated by stromal-derived factors. Additionally, PCs can suppress human B lymphopoiesis *in vitro* via stromal interactions (Tsujimoto et al., 1996).

We repeated our PC depletion experiments (Figure 2A) and FACS purified the Lin[™] CD45[™] CD31[™] stromal compartment from the BM of young, huCD20 and muCD138 treated old mice (Figure 6A). This purification strategy yields a heterogeneous mix of "stroma" inclusive of mesenchymal stem cells and osteoblast-lineage cells (Hu et al., 2016; Schepers et al., 2012). We then determined the transcriptional profiles for various cytokines and chemokines using an 84-gene Mouse Inflammatory Response and Autoimmunity PCR array.

Six genes age-regulated independently of PCs were identified (Figure 6B). In contrast, 22 stromal genes that were PC-regulated were detected (Figure 6C). Hematopoietic regulatory factors whose increased expression required the presence of PCs included *Csf1* (M-CSF) and *II1b*, both of which are known to promote and suppress the development of myeloid and B lymphoid cells, respectively (Dorshkind, 1988a, b; Kennedy and Knight, 2015, 2017; Mossadegh-Keller et al., 2013; Pietras et al., 2016). In addition, we observed PC dependent expression of the inflammatory molecule *Tnfsf14*, or LIGHT (Kim et al., 2011; Shaikh et al., 2001). PCs were also obligate for increased stromal-derived expression of *II23* which regulates PC function (Cocco et al., 2011). Finally, we observed altered expression of *Tirap*, *Ly96* (MD-2), *Tlr4*, *Tlr5* and *Tlr7* by stromal cells upon the removal of PCs suggesting that PCs regulated the capacity of the stroma to respond to pro-inflammatory stimuli (Zhou et al., 2016; Ziegler et al., 2016).

Recent reports suggest that mature myeloid cells such as macrophages (Luo et al., 2018) and granulocytes (Chen et al., 2017; Fang et al., 2018) can act on upstream progenitors. In addition, Ly-6C^{high} inflammatory monocytes increase in number with age and contribute to the enhanced systemic levels of IL-6 and TNF- α (Puchta et al., 2016). We found that Ly-6C^{high} Ly-6GTM inflammatory monocytes and Ly-6C^{int} Ly-6G⁺ granulocytes, which dominated the CD11b⁺ fraction within the BM (Figure 6D), increased with age and were significantly decreased upon the removal of PCs (Figures 6E and 6F). Of the 84 genes in our panel, only 9 were differentially expressed between young and old Ly-6C^{high} Ly-6GTM monocytes and these, 5 were PC regulated (Figures 6G and 6H). Eight genes were differentially expressed in young and old Ly-6C^{int} Ly-6G⁺ granulocytes and the expression of 4 of these was affected by PC depletion (Figures 6I and 6J). Thus, PCs did not regulate inflammatory cytokine gene expression in myeloid cells to the same degree as in the stroma.

Inflammatory cytokines stimulate myelopoiesis

The above results indicate that PCs are at the center of an inflammatory cytokine network and their depletion abrogated the enhanced myelopoiesis observed in old mice (Figure 7A). A basic tenet of this model is that the age-associated enhancement of myelopoiesis is driven by increased inflammation in the environment. In this case, a prediction is that young and old HSCs would exhibit similar myelopoietic capacity when old HSCs are removed from the BM. To test this, we FACS purified My-HSCs from the BM of young and old mice and performed colony assays. As predicted, young and old My-HSCs generated similar numbers of colonies (Figure 7B). We also examined the colony forming potential of young and old CMPs in view of the fact that they are under PC regulation (Figure 2I), and this revealed that old CMPs also did not exhibit enhanced myeloid potential *in vitro* (Figure 7C). In fact, they generated significantly fewer colonies compared to their young counterparts.

If age-associated myeloid skewing is driven by inflammation (Figure 7A), then the addition of inflammatory cytokines to these cultures should enhance myelopoiesis. Low concentrations of IL-1 β (1 ng/mL) and TNF- α (1 ng/mL) alone or in combination were included in order to model the inflammatory milieu present in the bone marrow of old mice (Henry et al., 2015). IL-1 β increased the numbers of colonies generated by young and old My-HSCs, but this did not reach statistical significance (Figure 7B). In contrast, TNF- α

alone or in combination with IL-1 β significantly enhanced colony formation by young and old My-HSCs (Figure 7B). IL-1 β and TNF- α alone or in combination had no effect on colony formation from young CMPs (Figure 7C), but old CMPs were highly responsive to these cytokines (Figure 7C).

Inflammation is known to initiate signaling cascades that affect gene expression in cells (Oduro et al., 2012; Pietras et al., 2016), and this raised the possibility that PC depletion would have such effects in stem and progenitor cells. We tested this by examining how muCD138 treatment of old mice affected expression of 28 genes involved in key stem cell functions such as growth, differentiation and cytokine signaling in My-HSCs and CMPs. Twenty-two of these genes were selected from a list of 148 genes, generated by performing RNA-seq on My-HSCs from young and old mice (Montecino-Rodriguez et al., 2019). These 22 genes exhibit robust differences in levels of expression between young and old My-HSCs. The remaining 6 genes are implicated in the response of HSPCs to inflammation (Baldridge et al., 2011; Oduro et al., 2012). Only 1 gene, Nampt, an essential regulator of stress granulopoiesis (Skokowa et al., 2009), was dependent on the presence of PCs for normal expression in My-HSCs (Figure 7D). The effects of PC depletion on gene expression were more pronounced in CMPs where expression levels of 7 genes (Aldh1a1, Junb, Itgb3, Stat3, Alcam, Clu and Nupr1) were altered (Figure 7E). These included key myeloid transcription factors such as Junb (Rosenbauer and Tenen, 2007) and Stat3 (Panopoulos et al., 2002; Panopoulos et al., 2006) which exhibited decreased expression. Furthermore, expression of Itgb3 and Alcam, which regulate interactions between CMPs and the extracellular matrix, was also reduced (Choi and Harley, 2017).

IL-1 and TNF-a regulate myelopoiesis in old BM

The above results showed that old PCs are a source of cytokines known to inhibit lymphopoiesis and stimulate myelopoiesis from HSPCs (Nagai et al., 2006; Ueda et al., 2005). Furthermore, PCs regulated inflammatory cytokine gene expression in BM stroma. As a final test of the model in Figure 7A, we determined how disruption of this circuitry affected patterns of hematopoiesis by treating old mice with Anakinra and Enbrel alone or in combination to inhibit IL-1 and TNF-a, respectively (Figure 7F). While this treatment did not significantly reduce the number of PCs (Figure 7G), mice treated with both drugs had a significant reduction in BM cellularity (Figure 7H). In view of this result, we surveyed myelopoiesis and lymphopoiesis in the Anakinra plus Enbrel treated mice to identify which hematopoietic populations were affected by cytokine neutralization (Figures 7I–7S). We observed significant declines in numbers of granulocytes (Figure 7J) as well as upstream My-HSCs (Figure 7K) and GMPs (Figure 7M). Similar to what was observed upon PC depletion (Figure 2), B lymphocyte development remained suppressed in mice receiving either drug alone or in combination (Figures 7P–7S).

Discussion

We found that PCs accumulated in aged BM and that PC depletion attenuated myelopoiesis. Our findings suggest that PCs are key members of the hematopoietic microenvironment and that their accumulation in the BM is responsible for age-related myeloid skewing. These

results do not exclude the possibility that other cellular changes in the old environment contribute to the stimulation of myelopoiesis. However, we found that PCs played an obligate role in doing so, and that redundant mechanisms that sustain increases in myeloid cell production did not exist in their absence. While some age-related changes in HSC behavior may be cell intrinsic, our data also establish that myeloid skewing primarily results from stem and progenitor cell extrinsic events. Finally, the fact that PC depletion restored myelopoiesis but not lymphopoiesis to levels in young animals indicates that these two major changes during aging hematopoiesis are separable events. In particular, the results discount the possibility that when myelopoiesis expands, declines in lymphocyte production occur because the increased numbers of myeloid progenitors outcompete lymphoid progenitors for access to marrow niches.

PC depletion reduced My-HSC number in old mice. This result, in conjunction with the in vitro colony forming studies showing that inflammatory factors stimulate myelopoiesis, strongly suggests the expansion of My-HSCs, myeloid progenitors and mature myeloid cells in aging BM results from their response to inflammatory cytokines. In contrast, PC depletion in old mice did not rejuvenate lymphopoiesis. This was not due to the fact that longer times are needed for that process to re-establish as we have previously shown (Dorshkind, 1991). However, the in vitro studies showed that PCs may contribute to the inhibition of that process. This result is consistent with a report that PCs can inhibit human pre-B cell survival in short term cultures (Tsujimoto et al., 1996). Thus, in contrast to increases in myelopoiesis, redundant mechanisms that suppress lymphocyte development during aging exist, and rejuvenation of lymphocyte development in old mice may be dependent on addressing each of these. Serial treatment of old mice with a cocktail of antibodies to CD19, CD45R(B220) and CD20 can rejuvenate B cell development (Keren et al., 2011). However, this procedure may deplete PCs (Chernova et al., 2014) as well as other populations such as B220⁺ natural killer cells (King et al., 2009) and age-associated B cells (ABCs) (Hao et al., 2011; Ratliff et al., 2013) that can inhibit B lymphopoiesis.

The effects of PCs in old mice are not simply the result of their increased number, because young PCs did not stimulate myelopoiesis or inhibit lymphopoiesis *in vitro*. Differences between young and old PCs were apparent when their transcriptomes were compared. In this regard, old PCs had acquired a TLR responsive gene signature and heightened responses to TLR ligands *in vitro*, raising the possibility that their activity is influenced by systemic events. Levels of circulating TLR4 and TLR2 ligands such as LPS (Kim et al., 2016) and muramyl dipeptide (MDP) (Thevaranjan et al., 2017), respectively, increase with age as a consequence of breakdown in the regulation of intestinal permeability (Buford, 2017; Qi et al., 2017). Additionally, microbiota derived from old mice enhance levels of systemic TNF-a when transferred into young recipients (Thevaranjan et al., 2017). Thus, age-related events occurring in extramedullary tissues may have significant effects on microenvironmental cells in the BM.

The production of inflammatory cytokines and chemokines increases with age (Ergen et al., 2012; Henry et al., 2015), and these factors can bind to receptors on HSPCs and stimulate myelopoiesis and inhibit lymphopoiesis (Dorshkind, 1988a, b; Kennedy and Knight, 2015, 2017; Maeda et al., 2005; Pietras et al., 2016). Our results demonstrating that PCs express

genes encoding cytokines that include IL-1, IL-6 and TNF-α indicated that they contribute to the process of inflammaging and that PC derived factors may directly promote myelopoiesis as well as inhibit lymphocyte development from HSPCs. However, our *in vitro* systems were dependent on the presence of stromal cells, raising the possibility that indirect effects mediated by other microenvironmental elements also occurred. In support of this, transcriptional analysis of stroma isolated from young, huCD20 and muCD138 treated old mice revealed an age dependent increase in the expression of myeloid promoting cytokines such as *II1b* and *Csf1* that was abolished upon PC depletion. Monocytes and granulocytes are also a source of inflammatory cytokines, but PC depletion had only a minimal effect on inflammatory gene expression in these populations. Thus, while PCs have the potential to regulate various cellular components of the aging BM environment, the degree to which they do so varies significantly according to cell type.

Our data suggest a model in which PCs secrete inflammatory cytokines and regulate their production from stromal cells. We validated aspects of this model by blocking IL-1 and TNF- α in old mice with Anakinra and Enbrel, respectively, and found a significant diminution of myelopoiesis. Not all Anakinra and Enbrel treated mice exhibited changes in hematopoiesis, suggesting that we did not fully disrupt the circuitry presented in Figure 7A. This is not unexpected given the wide array of inflammatory factors that exist such as IL-6 (Kayaba et al., 2018). Nevertheless, neutralization of only two inflammatory cytokines had significant effects on the age-related increase in myelopoiesis. Ultimately, these data provide support for inflammaging in regulating patterns of hematopoiesis, and myelopoiesis in particular, in the aged bone marrow environment (Kovtonyuk et al., 2016).

Studies showing that HSCs from old mice exhibit myeloid skewing and attenuated lymphopoiesis following transplantation into irradiated young recipients have led to the view that HSC intrinsic events underlie age-related changes in hematopoiesis (de Haan and Lazare, 2018). However, we recently reported that old Ly-HSCs exhibit normal lymphoid developmental potential and no myeloid skewing when transplanted into busulfan conditioned mice. The fact that irradiation induces high levels of inflammation while busulfan does not may explain why our results differ from previous studies as discussed (Montecino-Rodriguez et al., 2019). These recent observations indicate that changes in the old environment, rather than intrinsic stem cell defects, are primarily responsible for alterations in patterns of hematopoiesis with age. It is for these reasons that the current study is significant, because it identified a key age-related change in the microenvironment that alters hematopoietic development. Additional studies are needed to define how signals in the old PC inflammatory network, as well as other age-related changes in the hematopoietic microenvironment affect HSC expansion and differentiation. Our data also demonstrated that events acting at the level of lymphoid and myeloid progenitors also contribute to the decline in lymphopoiesis and increased myelopoiesis. Thus, a full understanding of how aging affects hematopoiesis will need to analyze a wide spectrum of HSPCs.

In summary, we found that the accumulation and functional alteration of PCs is a major agerelated change in the hematopoietic microenvironment and that PCs played an obligate role in the stimulation of myelopoiesis and contributed to declines in lymphopoiesis. It will be important to determine if various interventions such as caloric restriction (Tang et al., 2016),

CCL5 blockage (Ergen et al., 2012) and clearance of senescent cells (Chang et al., 2016), which reduce My-HSC number in old mice, act via effects on PC number and/or function. These issues aside, the data herein indicate that targeting extrinsic signals may be a relevant strategy in reversing some of the deleterious effects of aging on hematopoiesis. It is also relevant that genetic alterations in the BM niche can lead to the development of myeloproliferative disorders (Hoggatt et al., 2016; Walkley et al., 2007a; Walkley et al., 2007b). It will be of significant interest to determine if PCs play any role in this process.

STAR Methods

Contact for Reagent and Resource Sharing

Further information and requests for resources and reagents should be directed to and will be fulfilled by the Lead Contact, Kenneth Dorshkind (kdorshki@mednet.ucla.edu).

EXPERIMENTAL MODEL AND SUBJECT DETAILS

Experimental Animals—All mice were of the C57BL/6J strain and CD45.2 positive unless otherwise noted. Young (2–3 months) and middle-aged (9-10 months) mice were purchased from the Jackson Laboratory or the UCLA Division of Laboratory Animal Medicine (DLAM). Old (17-19 months) mice were provided by the National Institute on Aging aged rodent colony. Young (2-3 months) B6.SJL-*Ptprc^a Pepc^b*/BoyJ (CD45.1) mice were purchased from the Jackson Laboratory. Both males and females were used when possible. Animal care and use were conducted according to the guidelines of the UCLA Institutional Animal Care and Use Committee. All animals were housed and/or bred in the Division of Laboratory Animal Medicine vivarium at UCLA.

METHOD DETAILS

Isolation of Spleen and Bone Marrow Tissue—All tissues were processed and collected in calcium and magnesium-free $1 \times$ phosphate buffered saline (PBS). Spleens were dissected and crushed between the frosted ends of two slides. Bone marrow was isolated from both femurs and tibias by cutting off the end of bones and flushing the marrow from the shaft using a 23-gauge needle. Cell suspensions were centrifuged for 5 minutes at 4 °C and 400g. Red blood cells were lysed by suspending cells in 3 mL of $1 \times$ red blood cell lysis buffer on ice for 3 minutes. Lysis was stopped with the addition of 7 mL of $1 \times$ PBS. Cell suspensions were counted in a hemocytometer and filtered through 70-µm nylon mesh before use.

Immunostaining—All staining procedures were performed in $1 \times PBS$. Samples were labeled with a CD16/32 blocking antibody to eliminate non-specific binding of antibodies to cells via Fc receptors. In those samples in which fluorescence-conjugated CD16/32 antibody was used to resolve myeloid progenitors, total mouse IgG was used as a blocking reagent. All antibodies utilized are listed in the Key Resources Table. For surface staining, cells were incubated on ice for 40 minutes with the appropriate antibodies. Unbound antibodies were washed from cells with PBS and cells were resuspended in an appropriate volume of $1 \times PBS$ for flow cytometric analysis.

For intracellular immunoglobulin staining, cells were stained for surface antigens and then fixed at room temperature for 20 minutes with 4% paraformaldehyde. Subsequently, cells were or were not permeabilized at room temperature for 30 minutes with $1 \times BD$ Perm/Wash Buffer in the presence of a CD16/32 blocking antibody and then stained for intracellular antigens at room temperature for 2 hours. Unbound antibodies were washed from cells with $1 \times BD$ Perm/Wash (2 times) followed by PBS (1 time) and cells were resuspended in an appropriate volume of $1 \times PBS$ for flow cytometric analysis.

For intracellular Blimp-1 staining, cells were stained for surface antigens and then fixed at room temperature for 1 hour with fixative provided in the BioLegend True-Nuclear Transcription Factor Buffer Set. Subsequently, cells were permeabilized at room temperature for 30 minutes with the provided permeabilization buffer in the presence of a CD16/32 blocking antibody and then stained for intracellular antigens at room temperature for 2 hours. Unbound antibodies were washed from cells with 1× PBS and cells were resuspended in an appropriate volume of $1 \times PBS$ for flow cytometric analysis.

Flow Cytometry and FACS-Sorting—Flow cytometry was performed on an LSRII (BD Biosciences) located in the Broad Stem Cell Research Center flow cytometry core at UCLA. Data were analyzed using FlowJo (v10) software. Cell sorting was performed with an Aria I (BD Biosciences) cell sorter located in the Jonsson Comprehensive Cancer Center flow cytometry core at UCLA. Prior to sorting, cells were resuspended at a final concentration of 2×10^7 cells per mL in α MEM supplemented with HEPES (25 mM), Penicillin-Streptomycin (100 U/mL), L-glutamine (2 mM), Gentamicin (50 µg/mL) and EDTA (2 mM). Cells were collected in RPMI 1640 supplemented with heat-inactivated fetal calf serum (10%), 2-ME (50 µM), Penicillin-Streptomycin (100 U/mL), L-glutamine (2 mM), non-essential amino acids (1×) and vitamins (1×) (all from Gibco except for 2-ME which was from Sigma-Aldrich and EDTA which was from EMD Millipore).

Cytospin—FACS-sorted PCs were centrifuged onto glass slides at 350 rpm for 3 minutes using a Shandon Cytospin 3 cytocentrifuge. Slides were subsequently stained using the PROTOCOL Hema 3 manual staining system. Cells were visualized using a Leitz Laborlux D microscope equipped with a $50 \times H_2O$ immersion objective and images were captured using an Olympus DP12 camera.

Liquid Cell Culture—All cell culture was conducted at 37 °C in a 5% CO₂ and air incubator. During passaging, GFP-expressing OP9 (Schmitt and Zuniga-Pflucker, 2002) stromal cells were cultured in α MEM supplemented with heat-inactivated fetal calf serum (5%), Penicillin-Streptomycin (100 U/mL), L-glutamine (2 mM) and Gentamicin (50 µg/mL). All *in vitro* co-culture steps were carried out using RPMI 1640 supplemented with heat-inactivated fetal calf serum (10%), 2-ME (50 µM), Penicillin-Streptomycin (100 U/mL), L-glutamine (2 mM), non-essential amino acids (1×) and vitamins (1×).

For PC:progenitor co-culture experiments, PCs were pre-incubated with 50 stem and/or progenitor cells at a 10:1 ratio for ~15 hours in wells of a 96-well U-bottom plate. Only

freshly harvested PCs were used in these and all other experiments involving these cells. For My-HSCs, Ly-HSCs and myeloid progenitors, this step was performed in the presence of SCF (20 ng/mL, Thermo Fisher Scientific), Flt-3L (10 ng/mL, R&D Biosystems), IL-3 (20 ng/mL, Thermo Fisher Scientific) and TPO (10 ng/mL, Thermo Fisher Scientific). For CLPs, this step was performed in the presence SCF (20 ng/mL), Flt-3L (10 ng/mL), IL-3 (20 ng/mL) and IL-7 (10 ng/mL, Biosource International). Subsequently, the total contents of each well were transferred onto monolayers of OP9 stromal cells in 48-well plates. For long-term HSC cultures, the total contents of wells were transferred to 12-well and 6-well plates at 1 and 2 weeks post-culture initiation, respectively. Cultures initiated with Ly-HSCs were analyzed 3 weeks after initiation and cultures established with My-HSCs, myeloid progenitors and CLPs were assayed after 1 and/or 3 weeks in culture. Cultures were fed at days 2 and 4 of each week with RPMI 1640 (25% of total volume). Fold change was calculated using cell numbers derived from each culture condition (see Figure S4) as follows: (Progenitor + Old PC) / (Progenitor Only) = relative fold change.

For *in vitro* stimulation of PCs, 4×10^3 cells were resuspended at a density of 2×10^4 cells/mL in RPMI 1640 supplemented with PBS or LPS (1 µg/mL, Sigma-Aldrich) for 2 hours at 37 °C. Subsequently, cells were washed with RPMI 1640, centrifuged and cell pellets were flash frozen in liquid nitrogen and stored at -80 °C.

In Vitro Colony Forming Unit Assay—Colony forming potential of My-HSCs and CMPs FACS-purified from the bone marrow of young and old mice was assayed by mixing 100 My-HSCs or 250 CMPs in 1 mL of methylcellulose (MC) medium. MC medium was prepared by supplementing α -MEM with methylcellulose (1%, MethoCult H4100, STEMCELL Technologies), heat-inactivated fetal calf serum (30%), 2-ME (50 μ M), Penicillin-Streptomycin (100 U/mL), L-glutamine (2 mM), Gentamicin (50 μ g/mL), sodium pyruvate (1 mM), non-essential amino acids (1×) and vitamins (1×), SCF (50 ng/mL), IL-3 (30 ng/mL), IL-6 (10 ng/mL), IL-11 (10 ng/mL) and GM-CSF (20 ng/mL). In some instances, IL-1 β (1 ng/mL) and/or TNF- α (1 ng/mL) were included in the MC medium. The mixture was plated in nontissue culture treated 3.5-cm² dishes (Becton Dickinson). Plates were incubated at 37 °C in a 5% CO₂ and air incubator and colonies were counted following 8 days (CMPs) or 10 days (My-HSCs) of culture.

In Vivo Plasma Cell Depletion and Cytokine Blockade—Young and old mice were between 2-3 months and 17-19 months of age, respectively. For plasma cell depletion experiments, mice received a total of 300 µg of antibodies specific for either anti-human CD20 (negative control) or anti-mouse CD138. Administration was split evenly among six total intraperitoneal injections (50 µg per injection) over a two-week span.

For cytokine blockade experiments, animals received intraperitoneal injections of 300 µg of Anakinra (UCLA Pharmacy), Enbrel (UCLA Pharmacy) or Anakinra and Enbrel. An additional cohort of animals received injections of an equal volume of 1× PBS. Mice received twelve injections over the course of one month.

RNA-Seq—PCs were FACS-sorted from 3 pools of 2-4 young (2-3 months, female) and old (17-19 months, male) mice. Each pool consisted of ~5193 and ~10,903 PCs for young

and old mice, respectively. Following isolation, cells were resuspended in 750 μ L TRIzol LS Reagent, flash frozen in liquid N₂ and stored at -80 °C until further processing. RNA isolation, preparation of sequencing libraries and sequencing was performed at the Technology Center for Genomics and Bioinformatics located at UCLA. RNa was isolated using a Qiagen RNeasy Plus Micro Kit and sequencing libraries were prepared with the Clontech SMARTer Stranded Total RNA-seq (Pico) Kit. The library preparation workflow consisted of first-strand cDNA synthesis, template switching, adaptor ligation and cleavage of ribosomal cDNA and PCR amplification. Unique adaptors were utilized for each library to facilitate multiplexing of samples. One hundred fifty base pair paired-end sequencing was performed using 3 lanes on an Illumina Hiseq3000. Data quality was verified with Illumina SAV and de-multiplexing was performed with Illumina bcl2fastq2 v2.17.

The STAR ultrafast universal RNA-seq aligner v2.5.2b (Dobin et al., 2013) was used to generate the genome index and perform paired-end alignments. Reads were aligned to a genome index that includes both the genome sequence (GRCm38 primary assembly) and the exon/intron structure of known gene models (Gencode M12 genome annotation). Alignment files were used to generate strand-specific, gene-level count summaries with the built-in gene counter in STAR. Technical replicates showed high reproducibility and were pooled. Only protein-coding genes in the Gencode M12 annotation were considered (85% of total counts on average). Independent filtering was applied as follows: genes with no counts in any sample, count outliers or low mappability were filtered out for downstream analysis (Casero et al., 2015). Counts were normalized per-sample in units of fragments per kilobase of transcript length per million reads (FPKM) after correcting for gene mappable length and sample total counts. Differential expression analysis was performed with DESeq2 (Love et al., 2014). Data are deposited in the NCBI Gene Expression Omnibus (GEO) database under accession number GSE112939. The table of expression estimates (FPKM) was used as input for SaVanT (Lopez et al., 2017) to compute enrichment scores on two different databases of mouse gene expression signatures (ImmGen (http://immgen.org) and Haemopedia (www.haemosphere.org)) as well as previously published RNA-seq analyses of in vitroderived PCs (GSE60927) as well as FACS purified PCs (GSE115858) from the spleen and bone marrow (Lam et al., 2018; Shi et al., 2015). Non-default parameters for SaVanT were "Convert matrix values to ranks" and "Compute null distribution with 10000 iterations".

Volcano plots (all expressed protein-coding genes minus immunoglobulin and Ychromosome genes) and heatmaps (all significantly altered genes) were generated using R Studio. Gene ontology (GO) analysis of differentially expressed genes was performed using Metascape (Tripathi et al., 2015). Cytoscape (Shannon et al., 2003) was used to generate and visualize network interactions. Nodes with the same color are specific ontologies in the same GO generic class and are labeled using a representative member. Node size is proportional to the number of genes per category. Edge thickness is proportional to between-node similarity (Kappa similarity > 0.3, Metascape) and reflects the overlap between the gene sets annotated in both ontology terms.

qPCR—RNA was isolated from $\sim 4 \times 10^3$ PCs using a Qiagen RNeasy Plus Micro Kit. Synthesis of cDNA was performed with the Qiagen RT² First Strand Kit. Reactions were performed according to manufacturer instructions except for the extension step, which was

performed at 42 °C for 1 hour. qPCR was performed according to manufacturer instructions using a TaqMan Universal PCR Mix with no AmpErase UNG (Thermo Fisher Scientific). Details for *Gapdh, Tlr4, Tnf, II1b, II6, Ccl3* and *Cxcl10* TaqMan primers can be found in the Key Resources Table. qPCR reactions were carried out on a Bio-Rad MyiQ Single-Color Real-Time PCR Detection System using iQ5 software. Reactions were run in triplicate in 96-well plates. Each plate was run in duplicate and PCR efficiencies were 95% to 105% as validated by a *Gapdh* standard curve. Data are presented as 2^(GapdhCT – TargetCT).

For transcriptional profiling of bone marrow stroma ($\sim 1 \times 10^6$ cells), Ly-6C^{high} Ly-6GTM inflammatory monocytes ($\sim 1 \times 10^5$ cells), Ly-6C^{int} Ly-6G⁺ granulocytes ($\sim 1 \times 10^6$ cells), My-HSCs ($\sim 2 \times 10^3$ cells) and CMPs ($\sim 4 \times 10^3$ cells), RNA and cDNA was generated as above. Stroma, Ly-6C^{high} Ly-6GTM inflammatory monocytes and Ly-6C^{int} Ly-6G⁺ granulocytes were assayed with a Qiagen RT² Profiler PCR Array for Mouse Inflammatory Response and Autoimmunity (Catalogue #: PAMM-077Z).

My-HSCs and CMPs were assayed with a custom Qiagen RT² Profiler PCR Array that included probes for *Mab2112, Selp, Nuprl, Clu, Aldhlal, Plscrl, Itgb3, Sdpr, Cd74, Alcam, Plk2, Clecla, Cst3, Klhl4, Sultlal, Kctd12, Nampt, Tyk2, Socs3, Gata1, Vwf, Klf1, S100a8, Cd34, Tet1, Cd24a, Junb, Stat3, B2m* (housekeeping) and *Gapdh* (housekeeping). qPCR was performed using iQ SYBR Green Supermix and reactions were carried out on a Bio-Rad MyiQ Single-Color Real-Time PCR Detection System using iQ5 software. Data were analyzed using the Qiagen online data resource center. Two biological replicates were performed per experiment and all data was normalized to *B2m* expression. Genes were considered significantly different if samples from either huCD20 or muCD138 treated old mice had a Log₂ fold change |0.9| relative to samples derived from young mice. Furthermore, genes were considered to be PC-regulated if the Log₂ fold change (huCD20 – muCD138) |0.6|. Only genes that had consistent positive (or negative) signals for all replicates as well as a standard deviation of the CT (*B2m* - gene of interest) < 2 for a particular cell subset were analyzed.

QUANTIFICATION AND STATISTICAL ANALYSIS

The numbers of mice used or replicates performed per experiment are listed in the figure legends. Statistical analyses were performed using GraphPad Prism (v5) software. An unpaired Student's t-Test or Wilcoxon matched-pairs signed rank test when appropriate was used for statistical comparisons between 2 groups. For comparisons among 3 or more groups, a one-way ANOVA with Bonferroni's or Dunnett's correction was utilized. Statistically significant p-values are shown within each figure.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Highlights

- Inflammatory cytokine producing plasma cells (PCs) increase in number in old BM
- Antibody-mediated depletion of PCs from old mice reduces myeloid cell production
- PCs from old mice regulate inflammatory cytokine gene expression in BM stroma
- Treatment of old mice with IL-1 and TNF-a inhibitors reduces myelopoiesis

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Figure 1. PCs Accumulate in old BM

(A) Representative FACS plots depicting immunostaining of PBs and PCs in the bone marrow (BM) of young, middle-aged and old mice. (B) Frequencies and numbers of PBs and PCs in BM of young (n = 25), middle-aged (n = 16) and old (n = 13) mice. Each symbol represents an individual mouse. (C) Representative FACS plots depicting CD19, CD11b and Gr-1 immunostaining of PCs from young and old mice. Young total BM is shown for comparison. (D) Representative FACS plots depicting IgM+IgA+IgG immunostaining of PCs from young and old mice. Young total BM is shown for comparison. (D) Representative FACS plots depicting IgM+IgA+IgG immunostaining of PCs from young and old mice. Unstained samples are shown for comparison. No Perm = unpermeabilized; Perm = permeabilized. (E) Representative FACS plots depicting isotype control and Blimp-1 immunostaining of PCs in BM of young and old mice. (F) Representative FACS plots depicting mIgM and mIgA immunostaining of PCs in BM of young (n = 18), middle-aged (n = 12) and old (n = 13) mice. Bars represent mean \pm SEM. (A, C-E): Vertical dashed lines on histograms depict cut-offs for positive staining. Statistics: One-way ANOVA with Bonferroni's correction. See also Figure S1.



Figure 2. PC Depletion Reverses the Age-associated Enhancement of Myelopoiesis

(A) Schematic of antibody-mediated depletion of PCs in old mice. Arrows indicate days of injection. (B) Number of PCs in young and huCD20 and muCD138 treated old mice. (C) Total BM cellularity in young, huCD20 and muCD138 treated old mice. (D) Representative FACS plot depicting immunostaining of monocytes and granulocytes in young mice. Numbers of (E) monocytes, (F) granulocytes and (G) My-HSCs in young, huCD20 and muCD138 treated old mice. (H) Representative FACS plot from young mice depicting immunostaining of CMPs, GMPs and MEPs. Numbers of (I) CMPs, (J) GMPs and (K)

MEPs in young, huCD20 and muCD138 treated old mice. (L) Numbers of Ly-HSCs and (M) CLPs in young and huCD20 and muCD138 treated old mice. (N) Representative FACS plots from young mice depicting immunostaining of pro-B and pre-B cells. Numbers of (O) Fraction B early pro-B, (P) Fraction C+C' late pro-B/large pre-B and (Q) Fraction D small pre-B cells in young, huCD20 and muCD138 treated old mice. (R) Representative FACS plots from young mice depicting immunostaining of B220⁺ IgDTM CD138^{int} immature B lineage cells. The PC containing gated region is provided as a reference point for CD138 staining intensity. (S) Numbers of B220⁺ IgDTM CD138^{int} immature B lineage cells in young, huCD20 and muCD138 treated old mice. (B, C, E-G, I-M, O-Q, S) Each symbol represents an individual mouse. Animals used: Young = 9; huCD20 = 14; muCD138 = 11. Statistics: One-way ANOVA with Bonferroni's correction.



Figure 3. PC Depletion in Young Mice Does Not Alter Hematopoiesis

(A) Schematic of antibody-mediated depletion of PCs in young mice. Arrows indicate days of injection. (B) Numbers of PCs in PBS, huCD20 and muCD138 treated young mice. (C) Total BM cellularity in PBS, huCD20 and muCD138 treated young mice. Numbers of (D) monocytes, (E) granulocytes, (F) My-HSCs, (G) CMPs, (H) GMPs, (I) MEPs, (J) Ly-HSCs, (K) CLPs, (L) Fraction B early pro-B, (M) Fraction C+C' late pro-B/large pre-B and (N) Fraction D small pre-B cells in PBS, huCD20 and muCD138 treated young mice. Each symbol represents an individual mouse. Young = 4; huCD20 = 4; muCD138 = 4. Statistics: One-way ANOVA with Bonferroni's correction.

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Figure 4. Old PCs Enhance Myelopoiesis and Suppress Lymphopoiesis In Vitro

(A) Schematic depicting co-culture experiments utilizing PCs from young or old mice and hematopoietic progenitors from young mice. (B) Representative histograms of CD19 and CD11b expression on cells from 3 week cultures initiated with Ly-HSCs. (C) Frequencies and (D) fold change of CD19⁺ and CD11b⁺ cell production in 3 week cultures initiated with Ly-HSCs. (E) Representative histograms of CD19 and CD11b expression on cells from 3 week cultures initiated with My-HSCs. (F) Frequencies and (G) fold change of CD19⁺ and CD11b⁺ cell production in 3 week cultures initiated with My-HSCs. (F) Frequencies and (G) fold change of CD19⁺ and CD11b⁺ cell production in 3 week cultures initiated with My-HSCs. (H) Representative

FACS histograms of CD11b expression in on cells from 1 week cultures initiated with My-HSCs. (I) Frequency and (J) fold change of CD11b⁺ cell production in 1 week cultures initiated with My-HSCs. (K) Representative FACS histograms of CD11b expression on cells from 1 week cultures initiated with MyPros. (L) Frequency and (M) fold change of CD11b⁺ cell production in 1 week cultures initiated with MyPros. (N) Representative FACS histograms of CD19 expression on cells from 1 week cultures initiated with CLPSs. (O) Frequency and (P) fold change of CD19⁺ cell production in 1 week cultures initiated with CLPs. (Q) Representative FACS contour plot depicting CD45 and CD138 expression in old BM. Gated PCs (black) are overlaid upon total bone marrow (red). (R) Representative FACS plots of CD45.1 and CD45.2 expression on cells harvested from 1 week cultures containing young CD45.1 My-HSCs and old CD45.2 My-HSCs (top panel), young CD45.1 My-HSCs only (middle panel) or young CD45.1 My-HSCs and old CD45.2 PCs (bottom panel). (S) Numbers of PCs remaining after 1 week in the indicated culture conditions. (T) Survival rate of PCs remaining after 1 week in the indicated culture conditions. Survival rate = (number of PCs detected / initial number of PCs seeded) × 100. (B, E, H, K, N) Vertical dashed lines on CD19 and CD11b histograms indicate cut-offs for positive staining. (C, D, F, G, I, J, L, M, O, P) Results are from a minimum of 3 experiments with 3-5 technical replicates per culture. Bars represent mean \pm SEM. Statistics: For 3 groups, one-way ANOVA with Bonferroni's correction. For 2 groups, Wilcoxon matched-pairs signed rank test. (D, G, J, M, P) Fold change was calculated using cell numbers derived from each culture condition (see Figure S4) as follows: (Progenitor + PC) / (Progenitor Only) = relative fold change. (S, T) Resultsare from 2 experiments with 3-4 technical replicates per culture. Bars represent mean \pm SEM.

See also Figures S3 and S4.





(A) Volcano plot depicting RNA-seq data from young and old PCs. All expressed genes are shown and blue dots indicate genes showing significant (adjusted p-value < 0.05, Log₂ fold change > |1.0|) alterations in their expression levels. (B) Heatmap of genes significantly altered between young and old PCs. (C) Cytoscape-generated network diagram summarizing GO analysis performed on genes with increased expression in old PCs using Metascape. Nodes with the same color are specific ontologies in the same GO generic class and are labeled using a representative member. Node size is proportional to the number of genes per

category. Edge thickness is proportional to between-node similarity (Kappa similarity >0.3, Metascape) and reflects the overlap between the gene sets annotated in both ontology terms. (D) Fragments per kilobase of transcript length per million reads (FPKM) for pathogen receptors with significantly increased expression in old PCs. Genes were identified from (C). Bars represent mean \pm SEM derived from RNA-seq data. Venn diagrams illustrating the number of genes with (E) increased or (F) decreased expression in both old PCs and LPS-stimulated B cells from (Fowler et al., 2015). (G-L) qPCR analysis for (G) *Tlr4*, (H) *Il1b* (I) *Il6*, (J) *Tnf*, (K) *Ccl3* and (L) *Cxcl10* expression by young and old PCs treated with PBS or LPS (1 µg/mL) for 2 hours *in vitro*. Results are normalized to *Gapdh* expression. *ND* = not detected. Bars represent mean \pm SEM from 3 independent experiments. See also Tables S1–S2.



Figure 6. Old PCs Regulate Inflammatory Gene Expression in Stromal Cells

(A) Representative FACS plot depicting purification strategy of $\operatorname{Lin}^{TM} \operatorname{CD45}^{TM} \operatorname{CD31}^{TM}$ bone marrow stromal cells. Genes differentially expressed by young and old stroma (B) independent of PCs (PC-Ind) and (C) dependent on PCs (PC-Dep). (D) Strategy for purification of BM Ly-6C^{high} Ly-6GTM inflammatory monocytes and Ly-6C^{int} Ly-6G⁺ granulocytes. Numbers of (E) Ly-6C^{high} Ly-6GTM inflammatory monocytes and (F) Ly-6C^{int} Ly-6G⁺ granulocytes in BM of young, huCD20 and muCD138 treated old mice. Each symbol represents an individual mouse. Animals used: Young = 4; huCD20 = 8; muCD138

= 6. Statistics: One-way ANOVA with Bonferroni's correction. Genes differentially expressed by young and old Ly- $6C^{high}$ Ly- $6G^{TM}$ inflammatory monocytes (G) independent of PCs (PC-Ind) and (H) dependent on PCs (PC-Dep). Genes differentially expressed by young and old Ly- $6C^{int}$ Ly- $6G^+$ granulocytes (I) independent of PCs (PC-Ind) and (J) dependent on PCs (PC-Dep). Bars represent average of 2 independent experiments and show average Log₂ fold changes in gene expression of samples isolated from huCD20 (orange) and muCD138 (black) treated old mice relative to their young counterparts. Sort purities of stromal cells, monocytes and granulocytes were routinely greater than 99%.

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Figure 7. IL-1 and TNF-a Blockade Attenuates Myelopoiesis in Old BM

(A) Model depicting selected cytokines produced by old PCs and stromal cells and their potential hematopoietic regulatory roles. Numbers of colonies generated per (B) 100 young and old My-HSCs following 10 days in culture and (C) 250 young and old CMPs following 8 days in culture. Bars represent mean \pm SEM of colonies counted per individual 3.5-cm² dish. Data are derived from 2 independent experiments with at least 3-6 technical replicates per condition. Statistics: One-way ANOVA with Dunnett's correction for the comparison of 3 or more groups. Unpaired Student's t-Test for the comparison of 2 groups. Gene

expression in (D) My-HSCs and (E) CMPs isolated from pools of 3-5 young, huCD2o and muCD138 treated old mice using a custom Qiagen PCR array. Bars represent average of 2 independent experiments and show average Log_2 fold changes in gene expression of samples isolated from huCD20 (orange) and muCD138 (black) treated old mice relative to their young counterparts. (F) Schematic depicting experimental strategy to block IL-1 and TNF- α in old mice. Numbers of (G) PCs, (H) total BM cells, (I) monocytes, (J) granulocytes, (K) My-HSCs, (L) CMPs, (M) GMPs, (N) MEPs (O) Ly-HSCs, (P) CLPs (Q) Fraction B, (R) Fraction C+C' and (S) Fraction D B lineage cells. Symbols in G-S represent analyses of individual mice. Animals used: PBS = 8; Anakinra = 6; Enbrel = 6; Anakinra + Enbrel = 11. Statistics: One-way ANOVA with Bonferroni's correction.

KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
Purified CD16/32 (Clone: 93)	Thermo Fisher Scientific	Cat#: 14-0161-86
Unlabeled Mouse IgG	Southern Biotech	Cat#: 0107-01
CD138-Biotin (Clone: 281-2)	BD Biosciences	Cat#: 553713
CD135-Biotin (Clone: A2F10)	Thermo Fisher Scientific	Cat#: 13-1351-85
CD11b-Biotin (Clone: M1/70)	Thermo Fisher Scientific	Cat#: 13-0112-85
Ly-51(BP-1)-Biotin (Clone: 6C3)	BD Biosciences	Cat#: 553159
CD48-FITC (Clone: HM48-1)	BioLegend	Cat#: 103404
CD3e-FITC (Clone: 145-2C11)	Thermo Fisher Scientific	Cat#: 11-0031-85
CD8a-FITC (Clone: 53-6.7)	Thermo Fisher Scientific	Cat#: 11-0081-85
TCRβ-FITC (Clone: H57-597)	Thermo Fisher Scientific	Cat#: 11-5961-85
TCRy6-FITC (Clone: UC7-13D5)	Thermo Fisher Scientific	Cat#: 11-5811-85
NK1.1-FITC (Clone: PK136)	Thermo Fisher Scientific	Cat#: 11-5941-85
Gr-1-FITC (Clone: RB6-8C5)	Thermo Fisher Scientific	Cat#: 11-5931-85
Ter-119-FITC (Clone: TER-119)	Thermo Fisher Scientific	Cat#: 11-5921-85
CD45R(B220)-FITC (Clone: RA3-6B2)	Thermo Fisher Scientific	Cat#: 11-0452-85
IgM-FITC (Polyclonal)	Southern Biotech	Cat#: 1020-02
IgA-FITC (Clone: mA-6E1)	Thermo Fisher Scientific	Cat#: 11-4204-83
CD11b-FITC (Clone: M1/70)	Thermo Fisher Scientific	Cat#: 11-0112-85
IgD-FITC (Clone: 11-26)	Southern Biotech	Cat#: 1120-02
CD45-FITC (Clone: 30F-11)	Thermo Fisher Scientific	Cat#: 11-0451-85
Ly-6C-FITC (Clone: AL-21)	BD Biosciences	Cat#: 553104
IgM-PE (Polyclonal)	Southern Biotech	Cat#: 1020-09
IgA-PE (Clone: mA-6E1)	Thermo Fisher Scientific	Cat#: 12-4204-83
Gr-1-PE (Clone: RB6-8C5)	Thermo Fisher Scientific	Cat#: 12-5931-85
CD16/32-PE (Clone: 93)	Thermo Fisher Scientific	Cat#: 12-0161-83
CD150-PE (Clone: TC15-12F12.2)	BioLegend	Cat#: 115904

REAGENT or RESOURCE	SOURCE	IDENTIFIER
CD45R(B220)-PerCP/Cy5.5 (Clone: RA3-6B2)	Thermo Fisher Scientific	Cat#: 45-0452-1631
Sca-1-PerCP/Cy5.5 (Clone: D7)	Thermo Fisher Scientific	Cat#: 45-5981-82
CD19-PE/Cy7 (Clone: eBio1D3)	Thermo Fisher Scientific	Cat#: 25-0193-82
CD24(HAS)-PE/Cy7 (Clone: M1/69)	BD Biosciences	Cat#: 560536
CD127-PE/Cy7 (Clone: eBioSB/199)	Thermo Fisher Scientific	Cat#: 25-1273-82
Ly-6G-PE/Cy7 (Clone: 1A8)	BD Biosciences	Cat#: 560601
CD117(c-Kit)-APC (Clone: ACK2)	Thermo Fisher Scientific	Cat#: 17-1172-83
CD43-APC (Clone: S7)	BD Biosciences	Cat#: 560663
CD45R(B220)-APC (Clone: RA3-6B2)	Thermo Fisher Scientific	Cat#: 17-0452-83
Rat IgG2a, ĸ-APC (Clone: RTK2758)	BioLegend	Cat#: 400511
Blimp-1-APC (Clone: 5E7)	BioLegend	Cat#: 150007
Streptavidin-APC	Thermo Fisher Scientific	Cat#: 17-4317-82
Streptavidin-eFluor 450	Thermo Fisher Scientific	Cat#: 48-4317-82
CD45.2-eFluor 450 (Clone: 104)	Thermo Fisher Scientific	Cat#: 48-0454-80
CD138-Brilliant Violet 421 (Clone: 281-2)	BD Biosciences	Cat#: 562610
CD34-Brilliant Violet 421 (Clone: SA376A4)	BioLegend	Cat#: 152208
CD11b-eVolve 605	Thermo Fisher Scientific	Cat#: 83-0112-42
Streptavidin-Brilliant Violet 605	BioLegend	Cat#: 405229
IgD-Brilliant Violet 605 (Clone: 11-26c.2a)	BioLegend	Cat#: 405727
CD45R(B220)-Alexa Fluor 700 (Clone: RA3-6B2)	BioLegend	Cat#: 103232
CD45.1-APC-eFluor 780 (Clone: A20)	Thermo Fisher Scientific	Cat#: 47-0453-82
Unlabeled anti-mouse CD138	Laboratory of Sherie L Morrison	N/A
Unlabeled anti-human CD20	Laboratory of Sherie L Morrison	N/A
Chemicals, Peptides, and Recombinant Proteins		
Recombinant mouse SCF	Thermo Fisher Scientific	Cat#: PMC2115
Recombinant mouse Flt-3L	R&D Biosystems	Cat#: 427-FL-025/CF
Recombinant mouse IL-3	Thermo Fisher Scientific	Cat#: PMC0035
Recombinant mouse TPO	Thermo Fisher Scientific	Cat#: PMC1144
Recombinant mouse IL-7	Biosource International	N/A

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Recombinant mouse IL-6	Thermo Fisher Scientific	Cat#: PMC0065
Recombinant mouse IL-11	R&D Biosystems	Cat#: 418-ML/CF
Recombinant mouse GM-CSF	R&D Biosystems	Cat#: 415-ML
Recombinant mouse IL-1β	Thermo Fisher Scientific	Cat#: PMC0816
Recombinant mouse TNF-a	R&D Biosystems	Cat#: 410-MT
Anakinra (Kineret)	UCLA Pharmacy	N/A
Enbrel (Etanercept)	UCLA Pharmacy	N/A
MethoCult H4100	STEMCELL Technologies	Cat#: 04100
4% Paraformaldehyde	Alfa Aesar	Cat#: J61899
BD Perm/Wash	BD Biosciences	Cat#: 51-2091KZ
True-Nuclear Transcription Factor Buffer Set	BioLegend	Cat#: 424401
TRIzol LS Reagent	Thermo Fisher Scientific	Cat#: 10296028
LPS from Escherichia coli O55:B5	Sigma-Aldrich	Cat#: L6529-1MG
Critical Commercial Assays		
RNeasy Plus Micro Kit	Qiagen	Cat#: 74034
RNeasy Micro Kit	Qiagen	Cat#: 74004
RT ² First Strand K it	Qiagen	Cat#: 330404
RT ² Profiler PCR Array: Mouse Inflammatory Response and Autoimmunity	Qiagen	Cat#: PAMM-077Z

Immunity. Author manuscript; available in PMC 2020 August 20.

GEO: GSE112769

Montecino-Rodriguez et al., 2019

This paper

GEO: GSE60927

GEO: GSE112939

Cat#: 23-123869

Fisher Scientific

Bio-Rad Clontech

Cat#: 4324018 Cat#: 170-8882

Thermo Fisher Scientific

TaqMan Universal PCR Master Mix, No AmpErase UNG

Custom RT² Profiler PCR Array:

SMARTer Stranded Total RNA-seq (Pico) Kit PROTOCOL Hema 3 manual staining system

iQ SYBR Green Supermix

Qiagen

Cat#: 634411

GEO: GSE115858

Lam et al., 2018

Shi et al., 2015

RNA-Seq of In Vitro and In Vivo Derived B Cell and PC Subsets

Experimental Models: Cell Lines

RNA-Seq of PC Subsets

RNA-Seq of Young and Old My-HSCs

RNA-Seq of Young and Old PCs

Deposited Data

Cat#: CLAM30623

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REAGENT or RESOURCE	SOURCE	IDENTIFIER
GFP-expressing OP9 Stromal Cells	Schmitt and Zuniga-Pflucker, 2002	N/A
Experimental Models: Organisms/Strains		
C57BL/6J Mice (Young and Middle-aged)	UCLA DLAM	N/A
C57BL/6J Mice (Young)	The Jackson Laboratory	JAX: 000664
C57BL/6J Mice (Old)	National Institute on Aging (NIA)	N/A
B6.SJL- <i>Ptprc^a Pepc^b</i> /BoyJ (CD45.1) Mice (Young)	The Jackson Laboratory	JAX: 002014
Oligonucleotides		
<i>Gapdh</i> (Mm99999915_g1)	Thermo Fisher Scientific	Cat#: 4331182
<i>Tlr4</i> (Mm00445273_m1)	Thermo Fisher Scientific	Cat#: 4331182
<i>Tnf</i> (Mm01161290_g1)	Thermo Fisher Scientific	Cat#: 4331182
IIIb (Mm00434228_m1)	Thermo Fisher Scientific	Cat#: 4331182
<i>ll6</i> (Mm00446190_m1)	Thermo Fisher Scientific	Cat#: 4331182
<i>Ccl3</i> (Mm00441259_g1)	Thermo Fisher Scientific	Cat#: 4331182
<i>Cxc110</i> (Mm00445235_m1)	Thermo Fisher Scientific	Cat#: 4331182
Software and Algorithms		
FlowJo (v10)	FlowJo	https:// www.flowjo.com/
Graphpad Prism (v5)	Graphpad	https:// www.graphpad.com/ scientific-software/ prism/
bcl2fastq2 (v2.17)	Illumina	https:// support.illumina.com /downloads/ bcl2fastq-conversion- software-v2-20.html
STAR ultrafast universal RNA-seq aligner v2.5.2b	Dobin et al., 2013	N/A
RStudio	RStudio	https:// www.rstudio.com/
Metascape	Tripathi et al., 2015	http:// metascape.org/gp/ index.html#/main/ step1
Cytoscape	Shannon et al., 2003	http:// www.cvtoscane.org/

Pioli et al.

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SaVanT	Lopez et al., 2017	N/A
Qiagen Data Analysis Center	Online	https:// www.qiagen.com/us/ shop/ genes-and-pathways/ data-analysis- data-analysis- page?atamai- feo=off