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# Atorvastatin Induces Hepatotoxicity in Diabetic Rats via Oxidative Stress, Inflammation, and Anti-Apoptotic Pathway

Authors' Contribution:  
Study Design A  
Data Collection B  
Statistical Analysis C  
Data Interpretation D  
Manuscript Preparation E  
Literature Search F  
Funds Collection G

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**Background:** Patients with diabetes mellitus (DM) commonly receive statins to suppress vulnerability to adverse cardiovascular events. It has been clinically proven that hepatotoxicity is one of the most severe adverse effects of statins.

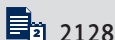
**Material/Methods:** We constructed diabetic rat models by feeding rats with high-fat food and by injection of low-dose STZ. Rats were randomized into 2 groups: a DM group (n=10) and a control (CON) group (n=5). CON rats received a normal diet, whereas DM rats ate high-fat food. Rats in the DM group underwent intraperitoneal STZ (35 mg/kg) injection following 6-week diet restriction. On the seventh day following STZ or blank injection, rats with FBG concentration over 11.1 mM were regarded as successfully established models and were used for further research.

**Results:** We showed that severe liver injury occurred in diabetic rats treated with 20 mg/kg atorvastatin, as evidenced by attenuation of liver enzyme activities, elevation of bilirubin levels, and alterations in the hepatic architecture, including hepatocyte death by necrosis, lymphocyte infiltration, and fibrosis. We also found that atorvastatin increased the secretion of pro-inflammatory factors such as L-1, TNF, IL-6, and IL-18 by enhancing activation of the NF- $\kappa$ B signal pathway in the livers of diabetic rats. Atorvastatin elevated the levels of ROS and reduced the antioxidant enzyme (SOD and CAT) activities. Atorvastatin also increased the expression of anti-apoptotic protein BCL2 and decreased the expression of pro-apoptotic protein BAX in the livers of diabetic rats.

**Conclusion:** Atorvastatin exerts potentially hepatotoxic effects on diabetic rats by modulating oxidative/antioxidative status, pro-inflammatory cytokine production, and apoptosis inhibition.

**MeSH Keywords:** **Metabolic Detoxication, Phase I • Mitochondrial Diseases • Respiratory Burst**

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## Background

Diabetes mellitus (DM) commonly entails hypercholesterolemia, which is thought to accelerate atherosclerotic complication generation [1]. Patients with DM commonly receive statins aimed at suppression of vulnerability to cardiovascular events [2]. Nevertheless, it has been clinically proven that hepatotoxicity is one of the most severe adverse effects of statins [3–6]. Decreased regulation of coenzyme Q10 and selenoprotein activity can contribute to hepatic malfunction related to statins [7]. Previous studies have shown that Akt phosphorylation is an important indicator of vulnerability to statin-triggered toxicity [8].

Statins suppress HMG-CoA reductase (hydroxymethylglutaryl-CoA synthase), the rate-limiting enzyme in the mevalonate pathway of cholesterol generation, and thereby reduce cholesterol concentration [9]. Atorvastatin is the most frequently and widely applied statin [10]. Metabolic transformation from atorvastatin to ortho- as well as para-hydroxy atorvastatin is conducted via CYP3A/CYP3A4 in humans and rats [11]. Atorvastatin is also a substrate of SLCO1B1, which has important roles in hepatic elimination of atorvastatin [12]. The influence of oxidative stress (OS) on hepatotoxicity generation has been proven in animal experiments and clinical trials [13–15]. OS affects cellular constituents, including DNA, proteins, and lipids. Injury of DNA and membrane lipids triggered by OS can bring about apoptosis and tissue injury. On the other hand, hepatic OS increases liver inflammation. Upregulation of the expression of inflammatory mediators, including TNF- $\alpha$ , is another indicator of hepatotoxicity. In fact, enhanced generation of lipid metabolites, reactive oxygen intermediates, and inflammatory mediators, including TNF- $\alpha$ , has been found in some hepatotoxic models [16,17].

Liver injury involves a complex interaction of events that include Kupffer cell activation, neutrophil infiltration, generation of reactive oxygen species, and release of cytokines such as tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) and interleukin-1 $\beta$  (IL-1 $\beta$ ), ultimately followed by endothelial cell and hepatocyte death. The Toll-like receptor (TLR) family, particularly Toll-like receptor 4 (TLR4), is one of the molecular mechanisms mediating the deleterious effects that occur during liver injury. Triggering the TLR pathway leads to activation of nuclear factor kappaB (NF- $\kappa$ B) and subsequently upregulates the expression of inflammatory genes and inflammatory factors (e.g., TNF- $\alpha$ , IL-1 $\beta$ , and IL-6). Drugs inhibiting the activity of the TLR inflammatory system can have beneficial effects for the liver, as do transgenic methods of blocking TLR4/NF- $\kappa$ B-related genes.

The present study focused on determining atorvastatin-triggered hepatic damage in diabetic rats and elucidating the relationship between liver toxicity and change in OS and

inflammation. Our research proves that atorvastatin triggers liver toxicity in diabetic rats by stimulation of OS, the apoptosis-counteracting pathway, and inflammation.

## Material and Methods

### Animals

Male Sprague-Dawley rats weighing 100–120 g were from Sino-British Sipper & BK Lab Animals (Shanghai, China) and maintained at 50 $\pm$ 5% relative humidity and 12-h light/dark cycle at 22 $\pm$ 2°C. Rats had free access to feed and water. Animals were treated in conformity with the Guide for the Care and Use of Laboratory Animals and the Animal Ethics Committee of the Third Xiangya Hospital, Central South University.

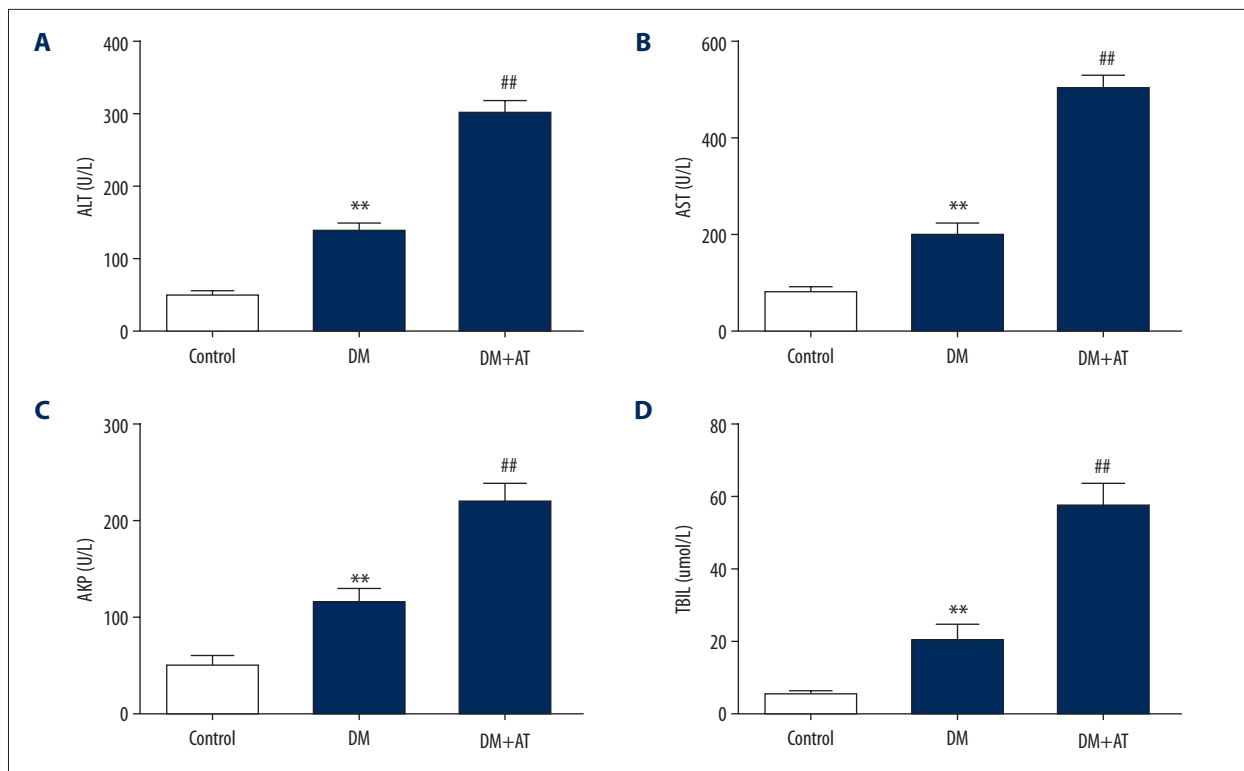
### Diabetic rat models and drug administration

We constructed diabetic rat models by feeding rats a high-fat diet and by injection of low-dose STZ, as described previously, but with slight alterations [18]. Rats were randomized into 2 groups: a DM group (n=10) and a control (CON) group (n=5). CON rats received a normal diet, whereas DM rats ate high-fat food (provided by TROPIC Animal Feed High-tech Co., Nantong, People's Republic of China). Rats in the DM group underwent intraperitoneal STZ (35 mg/kg) injection after 6-week diet restriction. On the seventh day after STZ or blank injection, rats with FBG concentration over 11.1 mM were regarded as successfully established models and were used for further research.

Fifteen DM rats were randomized into 3 groups: the DM group (n=5) did not receive atorvastatin supplementation; the atorvastatin-supplemented (DM-AM) group (n=5) consisted of 5 rats orally administered atorvastatin (20 mg/kg) every day for 10 days; and the DM-AM+NAC group (n=5) were orally administered atorvastatin (20 mg/kg) and NAC (2 mg/kg) every day for 10 days.

### Hepatic histological evaluation

Liver tissues were sectioned into 0.3–0.5 cm blocks and underwent immersion in 10% formalin. Paraffin embedding was applied following dehydration. Slices were cut into sections 4  $\mu$ m thick and stained with hematoxylin-eosin (HE). An inverted microscope (ECLIPSE Ti-S, Nikon, Japan) was used for semi-quantification of every section by an expert who was blind to group assignments. Liver damage severity was evaluated based on the following criteria: (1) vacuolization, (2) infiltration of inflammatory cells, (3) nuclei of pyknotic hepatocytes, and (4) sinusoidal dilatation. They were respectively classified as: 3, severe response; 2, moderate response; 1, mild response;



**Figure 1.** Concentrations of ALT (A), AST (B), AKP (C), and DBIL (D) in control rats (CON), diabetic rats (DM), and DM rats that underwent 10-day atorvastatin supplement (20 mg/kg; DM+AT). Mean  $\pm$  standard deviation (n=5) was used to describe the results, \*\* p<0.01 vs. CON, ## p<0.01 vs. DM.

and 0, no response. The highest score was 12, indicating the most severe liver damage.

### Identification of biochemical and physiological markers

Reagent kits were bought from Jiancheng Bioengineering Institute, Nanjing, China to assess liver toxicity markers – alanine aminotransferase (ALT), total bilirubin (TBIL), alkaline phosphatase (AKP), and aspartate aminotransferase (AST) – as well as circulatory markers linked with OS – catalase (CAT), ROS, malondialdehyde (MDA), and superoxide dismutase (SOD).

### ELISA

ELISA Kits (R&D Systems) were used to evaluate the pro-inflammatory factors IL-1, IL-6, IL-1 $\beta$ , and TNF- $\alpha$ .

### Western blotting (WB) assay

Hepatic lysates underwent homogenization with lyses buffer (Beyotime, China) and protein was quantified via Bradford assay (Bio-Rad, Hercules, CA). Standard SDS-PAGE was used for protein assessment. Enhanced chemiluminescence (ECL) plus detection reagent (Pierce, Rockford, IL) were used to measure immunoreactive bands, which underwent analysis with the

Omega 16ic Chemiluminescence Imaging System (UltraLum, CA). Primary antibodies used in our research were as follows: rabbit anti-Phospho-IKK $\alpha/\beta$  (2697, Cell Signaling Technology, USA),  $\beta$ -actin (1: 1000, Sigma, USA), rabbit anti-Phospho-NF- $\kappa$ B p65 (3033, Cell Signaling Technology, USA), Bcl-2 (1: 1000, CST, 2876, USA), and BAX (1: 1000, CST, 2772S, USA).

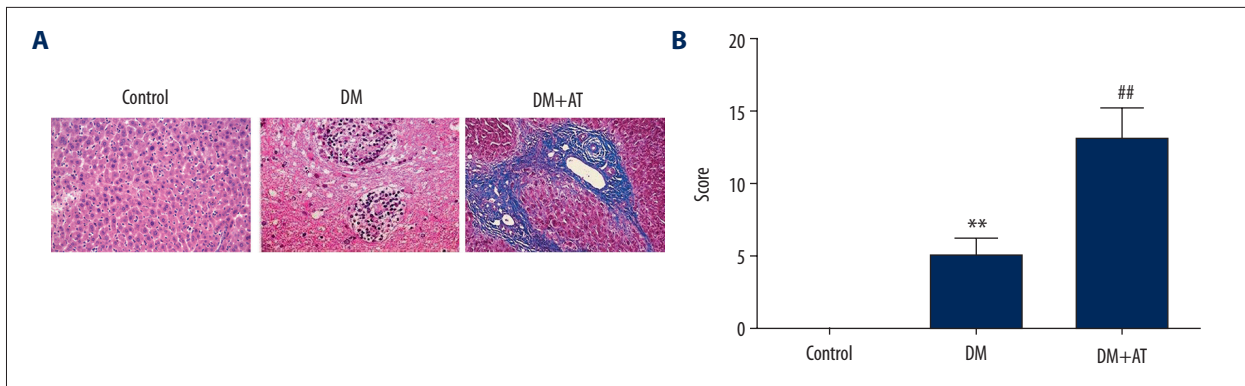
### Statistical analysis

Results are presented as mean  $\pm$  S.D. One-way ANOVA prior to Tukey's post hoc test was used for outcome evaluation. A nonparametric test was applied to assess differences among groups, if needed. The level of significance was set at P<0.05.

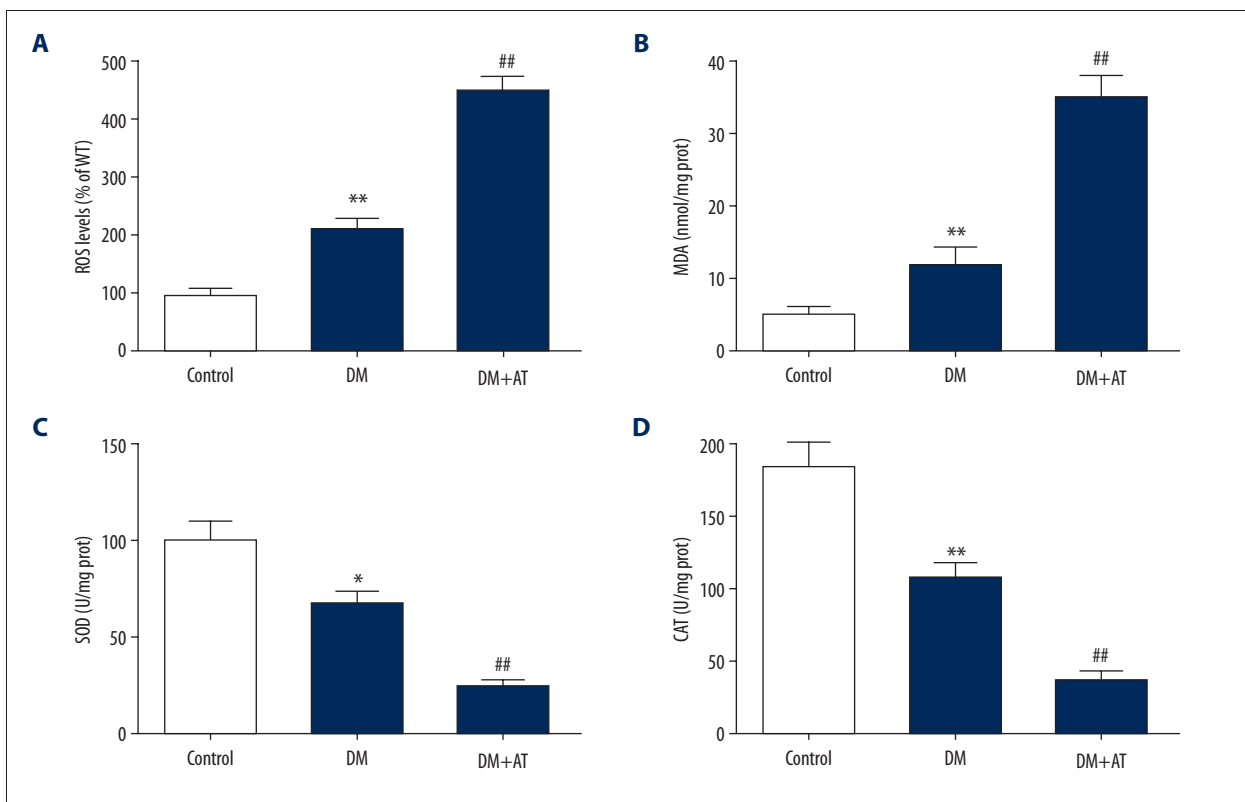
## Results

### Atorvastatin triggered hepatic toxicity in DM rats

DM rats had markedly elevated concentrations of liver toxicity markers, and atorvastatin supplementation excessively promoted the elevation (Figure 1). Concentrations of ALT, AKP, AST, and TBIL were elevated in DM-AM rats in comparison to DM rats. Histopathological evaluation revealed that atorvastatin supplement provoked lipid degradation and vacuolization,



**Figure 2.** Histological assessment of the liver of CON, DM-AM, and DM rats. (A) Every section was subjected to HE staining. (B) Histopathological injury scores for every rat. Mean  $\pm$  standard deviation (n=5) was used to describe the results, \*\* p<0.01 vs. CON, ## p<0.01 vs. DM.

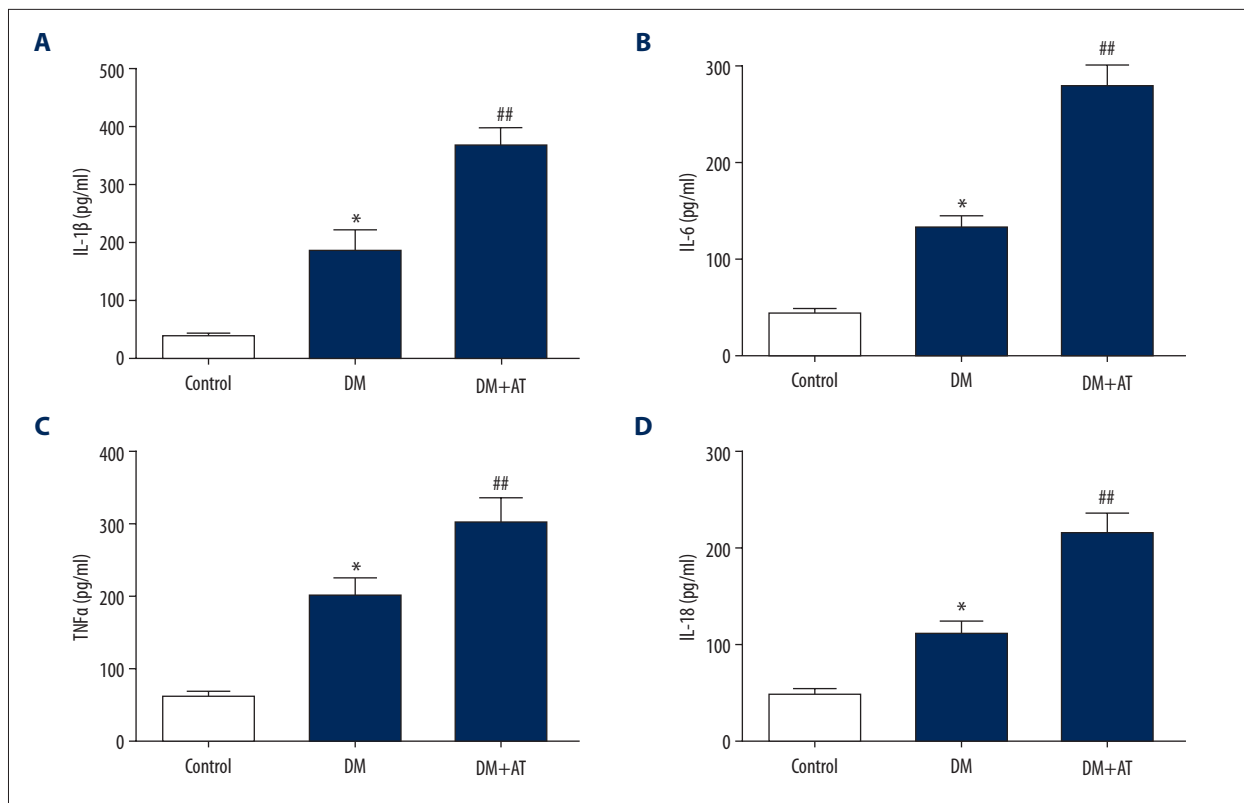


**Figure 3.** Concentrations of ROS (A), MDA (B), SOD (C), and CAT (D) of CON, DM, and DM-AM rats. Mean  $\pm$  standard deviation (n=5) was used to describe the results, \* p<0.05, \*\* p<0.01 vs. CON, ## p<0.01 vs. DM.

apoptosis, infiltration of inflammatory cells, and diffused hemorrhaging (Figure 2). DM-AM rats had elevated injury scores, in conformity with the change in liver toxicity markers. These findings suggest that atorvastatin triggered serious liver damage in diabetic cells.

#### Atorvastatin promoted OS-associated markers in diabetic rats

Markers associated with OS were examined, showing that atorvastatin suppressed CAT and SOD function and promoted hepatic concentrations of MDA and ROS (Figure 3). These findings suggest that OS contributes to atorvastatin-triggered liver toxicity of diabetic rats.



**Figure 4.** Concentrations of IL-1 $\beta$  (A), IL-6 (B), TNF- $\alpha$  (C) and IL-18 (D) of CON, DM, and DM-AM rats. Mean  $\pm$  standard deviation (n=5) was used to describe the results, \* p<0.05 vs. CON, ## p<0.01 vs. DM.

#### Atorvastatin elevated the production of pro-inflammatory factors in diabetic rats

Because inflammation is an essential contributor to hepatic injury, we examined the concentrations of inflammation-promoting factors using ELISA. We discovered that DM-AM rats displayed increased concentrations of IL-18, IL-6, IL-1 $\beta$ , and TNF- $\alpha$  compared to DM rats (Figure 4). These findings indicate that inflammation plays a role in atorvastatin-triggered liver toxicity in diabetic rats.

#### Atorvastatin promoted stimulation of the NF- $\kappa$ B pathway in diabetic rats

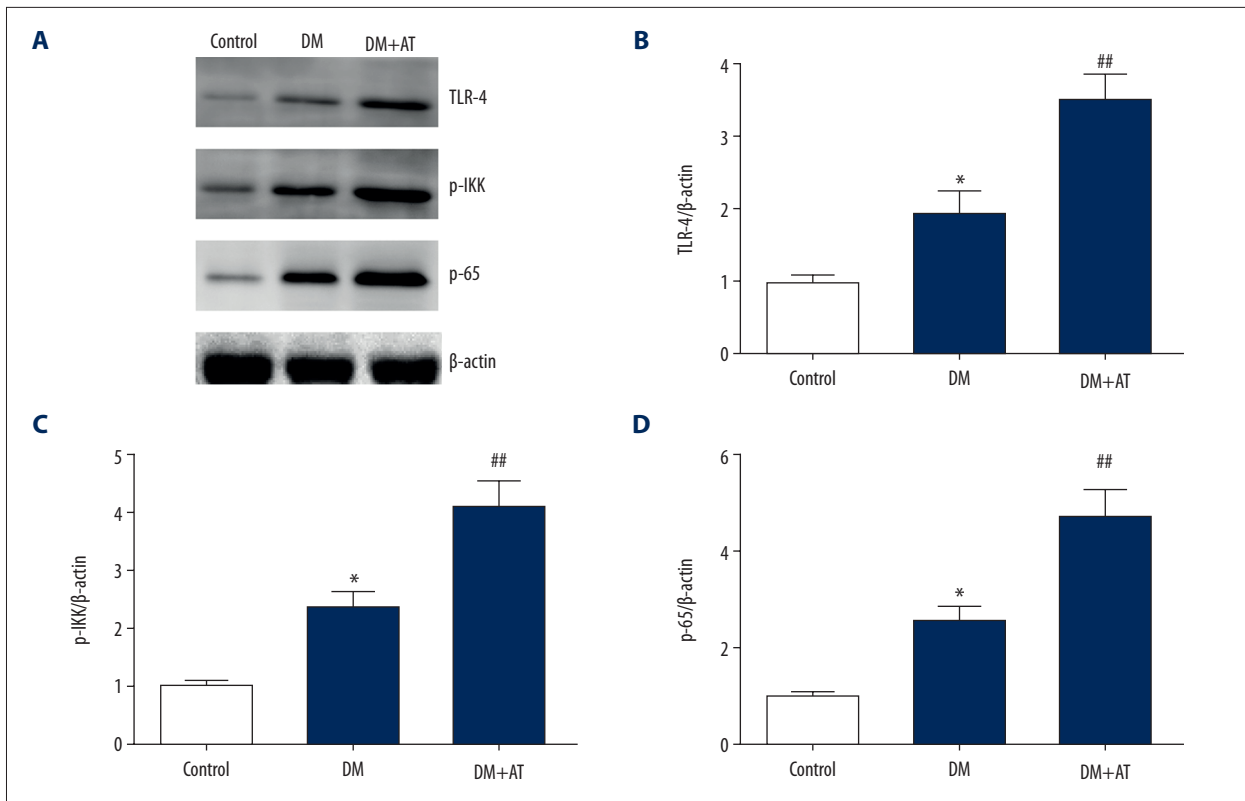
The NF- $\kappa$ B pathway is an essential contributor to generation of inflammation-promoting factors. Our research revealed that atorvastatin remarkably upregulated TLR-4 and promoted phosphorylation of IKK and p65 in rat livers (Figure 5). Our research findings suggest that atorvastatin promoted production of pro-inflammatory factors by enhancing activation of the NF- $\kappa$ B signal pathway in diabetic rats.

#### Atorvastatin inhibited the expression of apoptosis-related proteins in diabetic rats

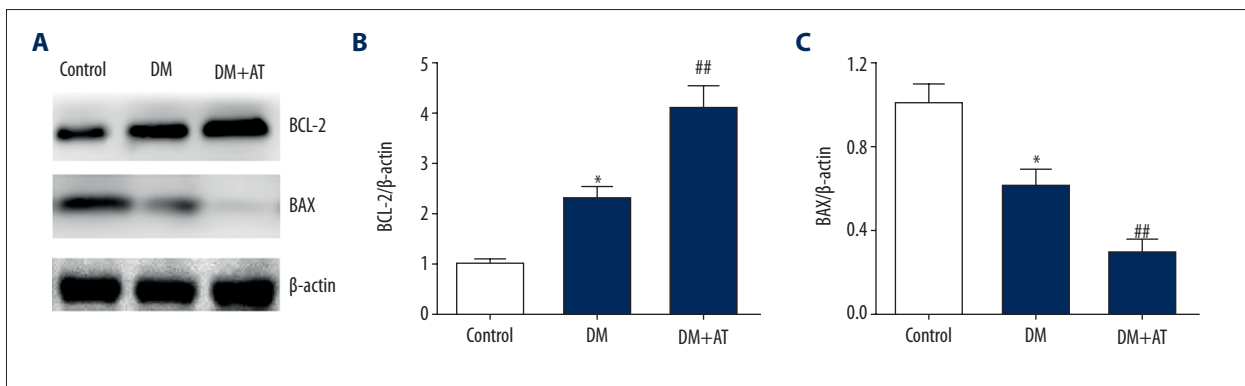
WB analysis was used to evaluate expression of proteins associated with cell death. Apoptosis counteracting BCL-2 was noticeably upregulated, while apoptosis promoting BAX was remarkably downregulated in DM-AM rats compared to diabetic rats (Figure 6). Taken together, these results suggest that cell death suppression plays a role in atorvastatin-triggered liver toxicity in diabetic rats.

#### Inhibition of ROS reversed the effects of atorvastatin on hepatic toxicity and inflammation in diabetic rats

Oxidative stress (OS) plays an important role in hepatotoxicity and inflammation; therefore, we explored whether atorvastatin induced liver toxicity via oxidative stress. Diabetic rats were pretreated with ROS inhibitor NAC and then treated with atorvastatin. As shown in Figure 7, atorvastatin excessively elevated the levels of ALT and AST in DM rats and this effect was reversed by NAC treatment. In addition, atorvastatin significantly increased IL-1 $\beta$  and TNF- $\alpha$  production in DM rats, but this alternation was prevented by NAC treatment. Taken together, these results demonstrate that atorvastatin triggers liver toxicity in diabetic rats by promoting oxidative stress.



**Figure 5.** Representative immunoblots (A) and quantitative assessment of TLR-4 (B), p-IKK (C), and p-65 (D) of CON, DM, and DM-AM rats. Mean  $\pm$  standard deviation (n=5) was used to describe the results, \* p<0.05 vs. CON, \*\* p<0.01 vs. DM.



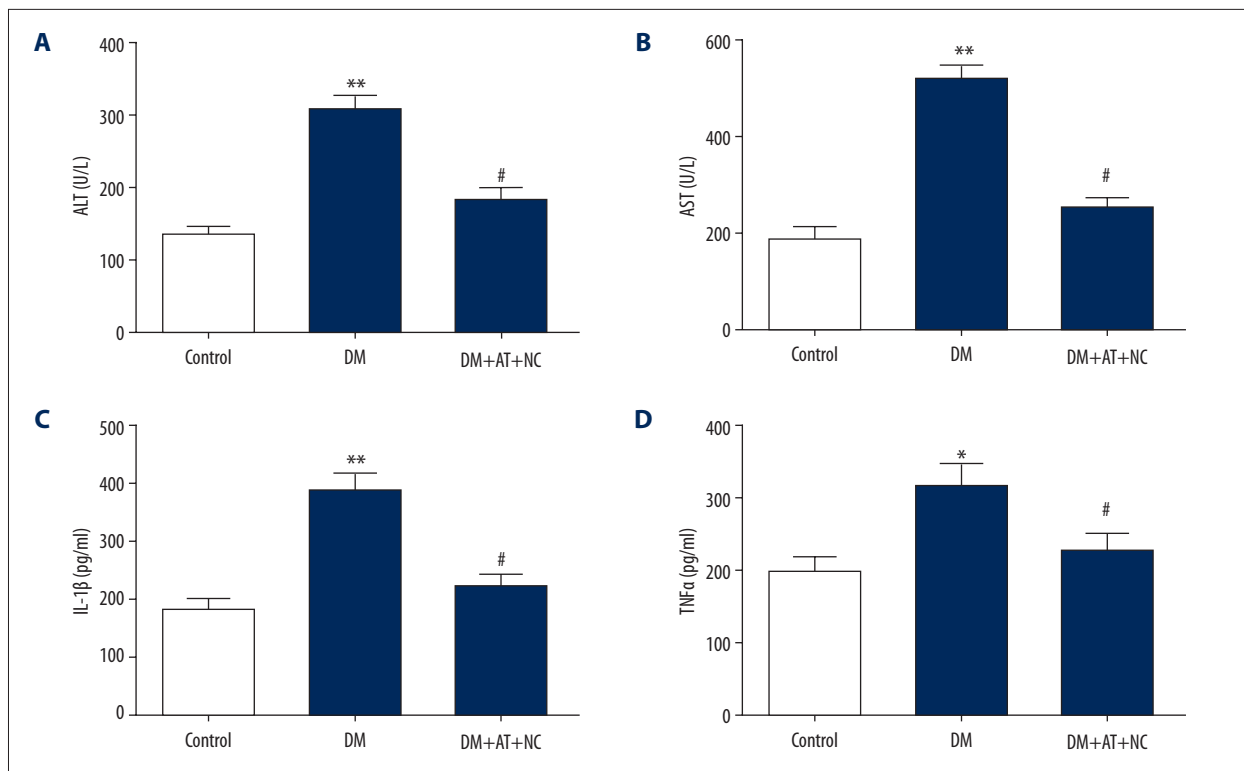
**Figure 6.** Representative immunoblots (A) and quantitative assessment of BCL-2 (B) and BAX (C) of CON, DM, and DM-AM rats. Mean  $\pm$  standard deviation (n=5) was used to describe the results, \* p<0.05 vs. CON, \*\* p<0.01 vs. DM.

## Discussion

Our research mainly revealed that atorvastatin caused serious liver toxicity in diabetic rats, demonstrated by noticeable changes in liver toxicity markers in the circulation. Histological assessment additionally verified the toxicity.

The liver is susceptible to various kinds of chronic damage because of its special anatomic location and function [19]. The liver is able to eradicate free radicals produced from metabolism

of multiple drugs and xenobiotics, relying on its cellular antioxidant system. The increased production of free radicals and suppressed antioxidant defense in liver cells accelerates OS development and brings about liver malfunction [20,21]. OS is an essential contributor to the etiology of multiple chronic liver disorders (CLDs). Growing evidence verifies that OS participates in the etiology of CLD triggered by chemicals as well as by drugs [22,23]. Chronic hepatic damage is characterized by cholestasis, cirrhosis, necrosis, and fibrosis. It has previously been proven that long-term treatment with immunosuppressive,



**Figure 7.** Inhibition of ROS reversed the effects of atorvastatin on hepatic toxicity and inflammation in diabetic rats. (A, B) Concentrations of ALT (A) and AST (B) in diabetic rats (DM), in DM rats treated with ten-day atorvastatin (20 mg/kg; DM+AT), and in DM rats treated with 10-day 20 mg/kg atorvastatin and 2 mg/kg NAC (DM+AT+NAC). (C, D) Levels of IL-1 $\beta$  (C) and TNF- $\alpha$  (D) in different groups. Mean  $\pm$  standard deviation (n=5) was used to describe the results, \* p<0.05, \*\* p<0.01 vs. DM, # p<0.05 vs. DM+AT.

anti-tubercular, and anti-retroviral drugs can trigger free-radical production during liver biotransformation [24,25]. Drug-triggered CLD has a wide spectrum of pathological features, such as chronic hepatitis, cholestasis, vascular injury, acute hepatic necrosis, hepatic fibrosis, and generation of malignancies. For example, long-term administration of anti-tubercular drugs in patients with HIV and tuberculosis (TB) co-infection induces OS-triggered liver toxicity [26]. Treatment with anti-tubercular drugs, including isoniazid (INH), pyrazinamide, and rifampicin, leads to OS at therapeutic doses in humans, and at toxic doses in animals [27]. Reactive metabolites are secreted during liver biotransformation of those drugs, thereby disturbing liver cell membranes and inducing OS-triggered necrosis. Atorvastatin increased concentrations of ALT, AKP, TBIL, and AST. Moreover, histopathological assessment revealed that atorvastatin provoked lipid degradation and vacuolization, infiltration of inflammatory cells, necrosis, and diffused hemorrhaging. Additionally, atorvastatin suppressed CAT and SOD function while elevating liver concentrations of MDA and ROS. Inhibition of ROS reversed the effects of atorvastatin on hepatic toxicity and inflammation in diabetic rats. These findings suggest that atorvastatin triggers serious liver damage in diabetic rats by OS stimulation.

Various toxic, inflammatory, and metabolic reactions lead to hepatic damage and disorders. Cell death accounts for physiological elimination of undesired cells, including injured or senescent cells, in mature or developing tissues. In balance with mitosis, cell death is a dominant mechanism for protecting hepatic homeostasis in normal cell alteration, and for regulating hepatic proliferation and reproduction [28,29]. Nevertheless, the crucial influence of cell death in modulating liver size has been proven. First, mice lacking the death receptor Fas/CD95, a dominant modulator of liver cell death, present noticeable liver hyperplasia [30]. Second, remission of liver hyperplasia results from cell death, as proven in various models [31–33]. Furthermore, in 2 biliary epithelial hyperplasia rat models, remission of aberrant proliferation of bile ducts is attributable to biliary epithelial apoptosis [34]. Moreover, cell death can enhance liver renovation by releasing growth signals that trigger proliferation of progenitor cells. Mice lacking caspase 3 or caspase 7, the 2 crucial mediators of cell death, display suppressed liver renovation [35]. Our research demonstrated that BCL-2 was noticeably upregulated and BAX was remarkably downregulated in DM-AM rats compared to DM rats. These findings indicate that cell death suppression could be a factor in atorvastatin-triggered liver toxicity in diabetic rats.

Kupffer cells (KCs) are the resident hepatic macrophages in lymph nodes, the portal tract, and sinusoids [36]. KC stimulation is an essential contributor to hepatic injury etiology and development, as proven in research that reveals KC exhaustion impairs insulin resistance, fibrosis, and inflammatory development [37]. Like other macrophages, KCs can experience multiple types of stimulation, depending on the local environment. PAMPs are dominant stimulators that propel the classic "M1" phenotype of KCs, such as LPS. Additionally, other gut bacteria metabolites bind to TLRs of KCs, leading to generation of inflammation-promoting cytokines and chemokines. This is a crucial stage in stimulating local inflammatory reactions and exacerbating liver cell damage, bringing about DAMP release. DAMPs stimulate KCs through TLR pathways, consequently inducing a malignant inflammation cycle [38,39]. Our research revealed that atorvastatin promoted NF- $\kappa$ B stimulation, TLR-4

expression, p65, and IKK phosphorylation, which contribute to generation of inflammation-promoting factors. These findings indicate that inflammation plays a role in atorvastatin-triggered liver toxicity in diabetic rats.

## Conclusions

In summary, atorvastatin triggers liver toxicity in diabetic rats through stimulation of inflammation, OS, and cell death suppression.

## Conflicts of Interest

The authors declare that they have no competing interests.

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