



Published in final edited form as:

Mol Cancer Ther. 2018 July ; 17(7): 1540–1553. doi:10.1158/1535-7163.MCT-17-0823.

Targeting AKT with oridonin inhibits growth of esophageal squamous cell carcinoma *in vitro* and patient derived xenografts *in vivo*

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Abstract

Overexpression or activation of AKT is very well known to control cell growth, survival and gene expression in solid tumors. Oridonin, an inflammatory medical and diterpenoid compound isolated from *Rabdosia rubescens*, has exhibited various pharmacological and physiological properties, including anti-tumor, anti-bacterial and anti-inflammatory effects. In this study, we demonstrated that oridonin is an inhibitor of AKT and suppresses proliferation of esophageal squamous cell carcinoma (ESCC) *in vitro* and *in vivo*. The role of AKT in ESCC was studied using immunohistochemical analysis of a tumor microarray, the effect of AKT knockdown on cell growth, and treatment of cells with MK-2206, an AKT inhibitor. Oridonin blocked AKT kinase activity and interacted with the ATP-binding pocket of AKT. It inhibited growth of KYSE70, KYSE410 and

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Disclosure of Potential Conflicts of Interest
The authors declare no conflicts of interest

KYSE450 esophageal cancer cells in a time- and concentration-dependent manner. Oridonin induced arrest of cells in the G2/M cell cycle phase, stimulated apoptosis and increased expression of apoptotic biomarkers, including cleaved PARP, caspase-3, caspase-7 and Bim_s in ESCC cell lines. Mechanistically, we found that oridonin diminished the phosphorylation and activation of AKT signaling. Furthermore, a combination of oridonin and 5-fluorouracil (FU) or cisplatin (clinical chemotherapeutic agents) enhanced the inhibition of ESCC cell growth. The effects of oridonin were verified in patient derived xenograft tumors expressing high levels of AKT. In summary, our results indicate that oridonin acts as an AKT inhibitor to suppress the growth of ESCC by attenuating AKT signaling.

Keywords

oridonin; AKT inhibitor; esophageal squamous cell carcinoma (ESCC)

Introduction

Esophageal cancer is the 6th leading cause of cancer death worldwide and has low survival rates with poor prognosis (1). For men, esophageal cancer is estimated to be the 7th highest cause of cancer-related deaths and, in particular, is the 5th highest cause of cancer death in men aged 40–59 years in the United States (2). Esophageal cancers are classified as esophageal squamous cell carcinoma (ESCC) and esophageal adenocarcinoma (EAC) based on their histopathological subtypes. The incidence of ESCC is estimated to be 398,000 patients worldwide and about 79% of the total ESCC patients are found in Southeastern and Central Asia (3). Although 5-fluorouracil (5-FU) or cisplatin is consistently used as a chemotherapy agent against ESCC, the 5-year overall survival rate is still limited to about 15% (4).

The inappropriate activation of AKT signaling has been implicated in esophageal carcinomas. AKT, also known as protein kinase B (PKB), is a serine-threonine kinase that activates downstream targets such as glycogen synthase kinase (GSK)-3 β , mechanistic target of rapamycin (mTOR), and nuclear factor-kappaB (NF- κ B). These cascades of activated signals are involved in enhancing cancer progression and increasing cell proliferation and promoting evasion from apoptosis (5–8). AKT has been validated as an anticancer target for a variety of cancers, including non-small cell lung cancer, gastric cancer, ovarian cancer, leukemia and esophageal cancer (9–13). Thus, targeting AKT appears to be a rational approach for anticancer drug development.

A number of natural products, especially plant constituents, have been reported to deactivate AKT signaling as mechanisms of their anticancer activities (11). Oridonin is an ent-kaurane diterpene compound found in *Rabdosia rubescens* that is widely grown in China and Japan and has been used in oriental medicine. For example, this compound has antioxidant activities (14) and has been used to treat various disease conditions, such as cancer (15–17), inflammation (18), bacterial infections (19), and also relieves neurodegenerative symptoms (20). The anticancer effects of oridonin involve inhibition of different cellular signaling pathways associated with proliferation, cell cycle and apoptosis (21). The present study

aimed to investigate the effects of oridonin on the proliferation and growth of ESCC and to elucidate its underlying mechanisms of action. We found that oridonin is an inhibitor of AKT and induces cell cycle arrest and apoptosis in ESCC cells and attenuates growth of patient derived xenograft (PDX) tumors *in vivo* by interfering with AKT signaling pathways. Oridonin also potentiated the effects of cisplatin or 5-FU, standard chemotherapy drugs used clinically.

Materials and Methods

Reagents

Oridonin (purity 97%) was purchased from Xi'an Plant Bio-engineering Co., LTD (CAS: 28957-04-2, Xi'an, Shaanxi, China) and was analyzed and authenticated by high-performance liquid chromatography. 5-Fluorouracil (FU) and cisplatin were bought from Sigma-Aldrich (St. Louis, MO). Active AKT1 and AKT2 were purchased from SignalChem (Richmond, BC, Canada) and the GSK fusion protein for kinase assays was from Cell Signaling Technology (Beverly, MA). Antibodies to detect phosphorylated AKT, total AKT, phosphorylated GSK-3 β , total GSK-3 β , phosphorylated mTOR, total mTOR and cyclin B1 were also purchased from Cell Signaling Technology. The antibody to detect Bcl-2 was from Santa Cruz Biotechnology (Santa Cruz, CA) and the β -actin antibody was obtained from ZSGB-Bio Company (Beijing, China).

Cell culture

The human esophageal cancer cell lines (KYSE70, KYSE410 and KYSE450) were purchased from the Type Culture Collection of the Chinese Academy of Sciences (Shanghai, China). Cells were cultured in RPMI-1640 containing penicillin (100 units/mL), streptomycin (100 μ g/mL), and 10% FBS (Biological Industries, Kibbutz Beit-Haemek, Israel). The human immortalized normal esophageal epithelial cell line, SHEE, was donated by Dr. Enmin Li from the Laboratory of Tumor Pathology (Shantou University Medical College, Shantou, Guangdong, China) (22). Cells were maintained at 5% CO₂, 37°C in a humidified atmosphere. All cells were cytogenetically tested and authenticated before being frozen. Each vial of frozen cells was thawed and maintained in culture for a maximum of 8 weeks.

Cell proliferation assay

Cells were seeded (6×10^3 cells/well for KYSE70; 2.5×10^3 cells/well for KYSE410; 2×10^3 cells/well for KYSE450) in 96-well plates and incubated for 24 h and then treated with different amounts of oridonin or vehicle. After incubation for 24, 48 or 72 h, cell proliferation was measured by the MTT assay. For anchorage-independent cell growth assessment, cells (8×10^3 cells/well) suspended in complete medium were added to 0.3% agar with vehicle, 2.5, 5 or 10 μ M oridonin in a top layer over a base layer of 0.5% agar with vehicle, 2.5, 5 or 10 μ M oridonin. The cultures were maintained at 37°C in a 5% CO₂ incubator for 3 weeks and then colonies were visualized under a microscope and counted using the Image-Pro Plus software (v.6.1) program (Media Cybernetics, Rockville, MD).

Cell cycle and apoptosis analyses

Cells (6×10^5 cells for KYSE70; 3×10^5 for KYSE410; 2×10^5 for KYSE450) were seeded in 60-mm plates and treated with 0, 5, 10 or 20 μM oridonin for 48 or 72 h. For cell cycle analysis, cells were then fixed in 70% ethanol and stored at -20°C for 24 h. After staining with annexin-V for apoptosis or propidium iodide for cell cycle assessment, cells were analyzed using a BD FACSCalibur Flow Cytometer (BD Biosciences, San Jose, CA).

Western blot assay

Cell pellets were incubated on ice for 20 min in NP-40 cell lysis buffer (50 mM Tris pH 8.0, 150 mM NaCl, 0.5–1% NP-40, protease inhibitor cocktail, dephosphorylate inhibitor tablets, and 1 mM phenylmethylsulfonyl fluoride [PMSF]). After centrifugation at 14,000 rpm for 20 min, the supernatant fractions were harvested as total cellular protein extracts.

Determination of protein concentration was performed using the BCA Quantification Kit (Solarbio, Beijing, China). The total cellular protein extracts were separated by SDS-PAGE and transferred to polyvinylidene fluoride membranes in transfer buffer. Membranes were blocked with 5% non-fat dry milk in $1 \times$ PBST (phosphate buffered saline containing 0.05% Tween-20) and incubated with antibodies against p-AKT1/2, AKT1/2, p-GSK-3 β , GSK-3 β , p-mTOR, mTOR, cleaved PARP, cleaved caspase-3, cleaved caspase-7, Bax, Bim, cyclin B1 or β -actin. Blots were washed 3 times in $1 \times$ PBST buffer, followed by incubation with the appropriate horseradish peroxidase (HRP)-linked IgG. Protein bands were visualized using the enhanced chemiluminescence (ECL) detection reagent (GE Healthcare Life Science, Little Chalfont, HP, UK).

Ex vivo and in vitro pull-down assay

KYSE450 cell lysates (500 μg) and recombinant human active AKT1 or AKT2 (200 ng) were incubated with oridonin-Sepharose 4B (or Sepharose 4B only as a control) beads (50 μL ; 50% slurry) in reaction buffer (50 mM Tris-HCl pH 7.5, 5 mM EDTA, 150 mM NaCl, 1 mM dithiothreitol, 0.01% NP-40 and 0.2 mM PMSF, 20 \times protease inhibitor [1 tablet each]). After incubation with gentle rocking overnight at 4°C , the beads were washed 3 times with buffer (50 mM Tris-HCl pH 7.5, 5 mM EDTA, 150 mM NaCl, 1 mM dithiothreitol, 0.01% NP-40 and 0.2 mM PMSF) and binding was visualized by Western blotting.

Kinase assay

The AKT kinase assay was performed using the Nonradioactive IP-Kinase Assay Kit (Cell Signaling Technology). Twenty μL of the immobilized antibody bead slurry were mixed with 200 μL of the cell lysate (200 μg) and gently rocked overnight at 4°C . After washing twice on day 2, the pellet was suspended in 50 μL of $1 \times$ kinase buffer supplemented with 1 μL of 10 mM ATP and 1 μg of kinase substrate. Then, the mixture was incubated for 30 min at 30°C and the reaction was terminated with 25 μL of 3 \times SDS sample buffer. Binding was assessed by Western blot analysis. For the AKT kinase assay, we used the ADP-Glo™ Kinase Assay Kit (Promega). Active AKT1 or AKT2 kinase and inactive GSK-3 β as substrate were mixed by 1 \times reaction buffer and then added to a white 96-well plate. Pure ATP provided in the kit was serially diluted obtain a final concentration of 0, 1, 10, 50, and 100 μM . Oridonin was added to reach a final concentration of 2.5, 5, 10 or 20 μM and DMSO was used as a control.

The mixed solution was incubated at room temperature and luciferase activity was measured using the Luminoskan Ascent plate reader (Thermo-Scientific, Swedesboro, NJ).

Computational modeling

The computer modeling of oridonin with AKT1 and AKT2 was performed using the Schrödinger Suite 2015 software programs (23). The AKT1 and AKT2 crystal structures were downloaded from the Protein Data Bank (PDB) (24) and were prepared under the standard procedures of the Protein Preparation Wizard in Schrödinger. Hydrogen atoms were added consistent with a pH of 7 and all water molecules were removed. The ATP-binding site-based receptor grid was generated for docking. Oridonin was prepared for docking by default parameters using the LigPrep program. Then, the docking of oridonin and AKT1 and AKT2 was accomplished with default parameters under the extra precision (XP) mode using the program Glide. Herein, we could get the best-docked representative structures.

Lentiviral infection and transfections

Each viral vector and packaging vectors (*pMD2G*, *psPAX2*, *shAKT1* and *shAKT2*) were transfected using the Simple-Fect Transfection Reagent (Signaling Dawn Biotech, Wuhan, Hubei, China) into 293T cells. The viral particles were harvested by filtration using a 0.22 μm filter and then stored at -20°C . The cultured KYSE70, KYSE410, KYSE450 esophageal cancer cells were infected with virus particles in 8 $\mu\text{g}/\text{ml}$ polybrene (Millipore, Billerica, MA) for 24 h. Then, cells were selected with puromycin for 36 h and the selected cells were used for subsequent experiments. For the overexpression of AKT1/2, we used mock vector, *pUSE-CA-AKT1* and *pUSE-CA-AKT2* plasmids. Each 2.5 μg plasmid and 3-fold Simple-Fect reagent were transfected into 293T cell and the same amount of mock plasmid was transfected at the same time. The medium was changed 12 h after transfection and culture was continued for another 24 h. Subsequent experiments were performed to observe the phenomenon change after AKT1/2 overexpression in 293T cells. For rescue experiments, *AKT1* and *AKT2* genes were knocked down by lentiviral infection as described above for the KYSE450 cell line. Then 1 $\mu\text{g}/\text{ml}$ puromycin was used for selection. At 24 h later, AKT1 or AKT2 was overexpressed in AKT-knock down cells by direct transfection of the *pUSE-CA-Akt1/2* plasmid or mock plasmid and cultured for 12 h. At the same time, additional dishes of cells were maintained in 0.1 $\mu\text{g}/\text{ml}$ puromycin for 12 h and similar experiments were conducted.

Reporter gene activity assay

Transient transfection was conducted using the Simple-Fect Transfection Reagent (Signaling Dawn Biotech), and the luciferase reporter gene activity assays were performed according to the instructions of the manufacturer (Promega, Madison, WI). Briefly, cells (1×10^5) were seeded the day before transfection into 24-well culture plates. Cells were co-transfected with the *NF- κ B-luc* or *pGL-3-luc* firefly reporter plasmid, and the *pRL-SV* control *Renilla* reporter plasmid. Following incubation for 24 h, the cells were treated with vehicle or oridonin for an additional 24 h, and then harvested in lysis buffer. Firefly and *Renilla* luciferase activities were assessed by using the substrates provided in the reporter assay system (Promega). The *Renilla* luciferase activity was used for normalization of transfection

efficiency. Luciferase activity was measured using the Luminoskan Ascent plate reader (Thermo-Scientific, Swedesboro, NJ).

Patient derived xenograft (PDX) mouse model

Six to eight week-old severe combined immunodeficient (SCID) female mice (Vital River Labs, Beijing, China) were used for these experiments. This study was approved by the Ethics Committee of Zhengzhou University (Zhengzhou, Henan, China). The PDX tumor mass was subcutaneously implanted into the back of SCID mice. When tumors reached an average volume of about 100 mm³, mice were divided into 3 treatment groups for further experimentation as follows: (1) vehicle group (n = 10); (2) 40 mg/kg of oridonin (n = 10); (3) 160 mg/kg of oridonin (n = 10). Oridonin was administered by gavage once a day for 52 days. Tumor volume was calculated from measurements of 3 diameters of the individual tumor base using the following formula: tumor volume (mm³) = (length × width × height × 0.52). Mice were monitored until tumors reached 1.0 cm³ total volume, at which time mice were euthanized and tumors extracted.

Immunohistochemical (IHC) analysis

Paraffin-embedded sections (5 μm) were prepared for IHC analysis. After antigen unmasking, the sections were blocked with 5% goat serum and incubated at 4°C overnight with antibodies to detect Ki-67, phosphorylated AKT (Ser473), mTOR (Ser2448) or GSK-3β (Ser9). After incubation with a rabbit secondary antibody, DAB (3,3'-diaminobenzidine) staining was used to visualize the protein targets according to the manufacturer's instructions. Sectioned tissues were counterstained with hematoxylin, dehydrated through a graded series of alcohol into xylene, and mounted under glass coverslips.

Statistical Analysis

The student's *t*-test was used to perform statistical analysis for single comparisons. A value of *p* < 0.05 was used as the criterion for statistical significance and the data are shown as mean values ± standard deviation (S.D.) or standard error (S.E.).

Results

AKT is a potential target in ESCC

To evaluate the role of AKT in ESCC, we examined the expression of total and phosphorylated AKT in an ESCC tumor microarray that included 20 pairs of cancer tissues and tissues adjacent to cancer tissues and 4 normal tissues (Fig. 1A). Total AKT was significantly overexpressed in cancer or tissues adjacent to cancer tissues compared with normal tissues (Fig. 1A, *left panel*). Phosphorylated AKT was significantly overexpressed in cancer tissues, but not in tissues adjacent to cancer tissues, compared with normal tissues (Fig. 1A, *right panel*). We also evaluated the effects of treatment of ESCC cells with an AKT inhibitor or knock-down of AKT (Fig. 1B–E). The results revealed that treatment with the AKT inhibitor, MK-2206, significantly decreased the growth of KYSE70, KYSE410 or KYSE450 cells (Fig. 1B). Knock-down of AKT was confirmed in KYSE450 cells infected with *shRNA-AKT1/2* compared to cells infected with *shRNA-mock* (Fig. 1C). Depletion of

AKT1/2 decreased growth of KYSE450 cells at 48 or 72 h compared with the mock control (Fig. 1D). Furthermore, knock-down of AKT1/2 reduced the number of colonies observed in the anchorage-independent cell growth assay (Fig. 1E).

AKT is a direct target of oridonin

We next used binding and kinase profiling assays to identify a direct protein target of oridonin (Fig. 2, Supplementary Fig. 1). First, we performed an *in vitro* kinase assay with immunoprecipitated AKT in the presence of 5 or 10 μM oridonin and results indicated that the phosphorylation of GSK-3 α/β (Ser21/9), an AKT substrate, was decreased by treatment with oridonin compared to an untreated control (Fig. 2A–a). The 50% inhibitory concentration (IC_{50}) of oridonin against AKT1 and AKT2 kinase activity was 8.4 ± 1.34 and 8.9 ± 0.92 μM , respectively (Fig. 2A, b–c). Based on this result, we confirmed the binding and interaction by an *ex vivo* or *in vitro* binding assay and a computational docking model between oridonin and AKT1/2 (Fig. 2B–D). Sepharose 4B beads conjugated with oridonin, but not Sepharose 4B beads only, bound with AKT in KYSE450 cell lysates (Fig. 2B). Next, we determined whether the binding is ATP-competitive and results showed that oridonin competed for binding with ATP at the ATP binding pocket of AKT1 or AKT2 (Fig. 2C). To examine how oridonin interacts with AKT1 and AKT2, we docked it *in silico* to the ATP binding pocket of each protein kinase using several protocols in the Schrödinger Suite 2015 (Fig. 2D). The docking model predicted that oridonin formed two hydrogen bonds each at Asp292 or Lys277/Asp293 in the backbone of AKT1 (Fig. 2D, a–b) and AKT2 (Fig. 2D, c–d), respectively. These results indicated that oridonin might be a potential effective inhibitor of AKT1 or AKT2 (images were generated with the UCSF Chimera program) (25).

Oridonin inhibits the proliferation of ESCC cells by targeting AKT1/2

Because an ideal anticancer agent should lack cytotoxicity against normal cells, we first assessed the effect of oridonin on the proliferation of normal human SHEE esophageal cells. Incubation of SHEE cells with oridonin (5, 10, 20 or 40 μM) for 24, 48 or 72 h showed that the compound resulted in approximately 40% toxicity at 40 μM at 72 h (Supplementary Fig. 2). Therefore we selected a maximal nontoxic concentration (20 μM) of oridonin for further experiments. Treatment of KYSE70, KYSE410 and KYSE450 ESCC cells with oridonin (5, 10 or 20 μM) significantly inhibited growth in a time-dependent manner compared to a DMSO control (Fig. 3A). Oridonin also attenuated anchorage-independent growth of these three ESCC cell lines in a concentration-dependent manner compared to an untreated DMSO control (Fig. 3B). Representative images of colonies illustrate the number of colonies (Fig. 3C). We also verified the effects of oridonin on cell proliferation by targeting AKT1/2 (Fig. 4). After knock-down of AKT1 and AKT2 in ESCC cells (Fig. 4A) treatment with oridonin had no effect on anchorage-independent colony growth compared to mock-transfected cells (Fig. 4B). Also the rescue of AKT1 and AKT2 expression in AKT1/2 knock-down cells restored growth of cells as indicated by the MTT and anchorage-independent cell growth assays (Fig. 4C–E). Furthermore, AKT1/2 overexpressing cells showed a greater sensitivity to oridonin compared to mock-transfected cells (Fig. 4F)

Oridonin induces cell cycle G2/M arrest and apoptosis in ESCC cells

Treatment with oridonin affected cell-cycle distribution and induced apoptosis in ESCC cell lines (Fig. 5A, B, Supplementary Fig. 3, 4). Oridonin (10 or 20 μM) caused significant G2/M phase cell cycle arrest in KYSE70, KYSE410 and KYSE450 cells (Fig. 5A, Supplementary Fig. 4). Oridonin at 20 μM also induced apoptosis in these cell lines (Fig. 5B, Supplementary Fig. 3). Based on the effects induced by oridonin, we examined the expression of proteins associated with the G2/M phase of cell cycle and apoptosis. Oridonin reduced the expression of cyclin B1 in esophageal cancer cells compared with DMSO vehicle control (Fig. 5C). Treatment of ESCC cells with oridonin induced expression of cleaved PARP, caspase-3 and caspase-7 as well as Bax and the short form of Bim (Bim_s), and also decreased the expression of anti-apoptotic Bcl-2 compared to DMSO controls (Fig. 5D).

Oridonin inhibits AKT signaling pathways

Because AKT signaling pathways are involved in cell cycle, apoptosis and cancer cell growth (11), we determined the effects of oridonin on the expression of phosphorylated GSK-3 β (Ser9) and phosphorylated mTOR (Ser2448) as well as on the transcriptional activity of NF- κ B (Fig. 6). Treatment of KYSE70, KYSE410 or KYSE450 ESCC cells with oridonin had no effect on the expression of phosphorylated AKT or total AKT but decreased the levels of phosphorylated GSK-3 β (Ser9) and phosphorylated mTOR (Ser2448) compared to untreated controls (Fig. 6A). Total expression of GSK-3 β and mTOR was unchanged compared to untreated controls (Fig. 6A). Furthermore, KYSE70, KYSE410 or KYSE450 ESCC cells transfected with an *NF- κ B-luciferase* plasmid and then treated with oridonin showed significant inhibition of *luciferase reporter* gene activity (Fig. 6B).

A combination of oridonin and cisplatin or 5-FU enhances the suppression of ESCC cell growth

Next, we evaluated whether oridonin could be useful in combination with standard chemotherapy drugs against ESCC. Cells were treated with 1.2 or 1 μM 5-FU or cisplatin, which is the 10% inhibitory concentration (IC₁₀), and vehicle, 5, 10 or 20 μM oridonin for 24, 48 or 72 h (Fig. 7, Supplementary Fig. 5A). The results revealed that growth of KYSE450 and KYSE410 cells was synergistically or additively inhibited by co-treatment with oridonin and 5-FU (Fig. 7A) or cisplatin (Fig. 7B). We calculated the combination index (CI) according to the Chou method (26). The CI values for 1.2 μM 5-FU or 1 μM of cisplatin and oridonin (5–20 μM) were < 0.9 or between 0.9 and 1.1, which was determined to be synergistic or additive between oridonin and 5-FU or cisplatin (Fig. 7A, B, Supplementary Fig. 5B). Colony number formation was also substantially decreased after co-treatment with oridonin and 5-FU (Fig. 7C, E) or cisplatin (Fig. 7D, F).

Oridonin inhibits PDX growth *in vivo* in tumors with high expression of AKT

To explore the antitumor activity of oridonin *in vivo*, we used two PDX models, EG9 and HEG18, which exhibited high expression of AKT (Fig. 8, Supplementary Fig. 6). The PDX tumor mass was implanted into SCID mice and then vehicle or oridonin (40 or 160 mg/kg body weight) was administered by gavage injection, once a day for 40 or 52 days. The

results showed that treatment of mice with 160 mg/kg of oridonin significantly reduced tumor growth compared to vehicle-treated group (Fig. 8A, C) with no effect on body weight (Fig. 8B). Tumor tissues were prepared for IHC analysis and the expression of Ki-67, phosphorylated AKT, GSK-3 β or mTOR was examined (Fig. 8D, E). Results indicated that all of these protein markers were significantly suppressed by treatment with oridonin compared with vehicle-treated controls (Fig. 8D, E). The characteristics of EG9 and HEG18 are shown in Supplementary Fig. 6E.

Discussion

Because esophageal cancer is a significant welfare and public health issue worldwide, effective chemotherapy/chemoprevention protocols are extremely important. Oridonin is a major diterpenoid component of leaf extracts from *Rabdosia rubescens* (27) and has been reported to inhibit growth of a variety of cancers, including leukemia, lung, pancreatic, prostate, breast and colon. The compound acts by down-regulating NF- κ B activity, Bcl-2 expression, or up-regulating p53, p21, and p38 protein expression (16,28–32). Although oridonin has been reported to inhibit esophageal cancer cell growth (33–35), the molecular mechanisms of its anticancer effects have been poorly elucidated. In this study, we examined the effects of oridonin as a potential AKT inhibitor on the growth of ESCC cell lines and investigated the underlying molecular mechanisms. Results of a tissue microarray showed that phosphorylated AKT and total AKT are highly expressed in ESCC tissues compared to normal tissue (Fig. 1A), suggesting the importance of AKT. In addition, MK-2006, an AKT inhibitor, or *AKT* gene knock-down inhibited ESCC cell growth (Fig. 1B, D). Nazia Syed, et al reported phosphotyrosine profiling of esophageal cancer cell lines that describes activation status of other kinases including EPHA2, SRC, Src homology 2 domain containing transforming protein 1 (SHC1), mitogen-activated protein kinase 1 (MAPK1), mitogen-activated protein kinase 3 (MAPK3), or cyclin-dependent kinase 5 (CDK5) (36). To identify a direct target for oridonin, we examined the effect of this compound on the kinase activity of AKT, EGFR, Src and FGFR2 by *in vitro* kinase assay (Fig. 2 A, B, Supplementary Fig. 1A–C). Oridonin clearly inhibited AKT kinase activity (Fig. 2B), but had no effect on EGFR, Src, or FGFR2 kinase activity (Supplementary Fig. 1A–C). We used a kinase-profiling assay to examine the kinase activity of several other kinases associated with AKT signaling. These results indicated that oridonin had no effect on the kinase activity of c-Jun-N-terminal kinase-1/2 (JNK1/2), extracellular signal-regulated kinase 1/2 (ERK1/2), mammalian target of rapamycin (mTOR), phosphoinositide-dependent kinase-1 (PDK1) or phosphoinositide 3-kinase (PI3-K; Supplementary Fig. 1D). Oridonin increased Km values from 2.5 to 4.5 in AKT1 enzyme kinetic assay and from 1.5 to 3 in AKT2 kinetic assay (Supplementary Fig. 1E). Lineweaver-Burke plots indicated that oridonin acts as an ATP-competitive inhibitor in AKT1 and AKT2 kinase assay (Supplementary Fig. 1E). These findings agree with previous reports showing the inhibitory effect of oridonin on AKT phosphorylation in cervical carcinoma, osteosarcoma and prostate cancer (37–39). The novelty of our study is the finding that oridonin interacts with AKT1/2 directly and inhibits AKT1/2 kinase activity (Fig. 2). Our MTT and soft agar assay results also revealed that oridonin significantly inhibited growth of KYSE70, KYSE410 and KYSE450 ESCC cell lines (Fig. 3). Pi, *et al.* reported that oridonin induced apoptosis in KYSE150 cells at 30 μ M

(40), whereas, we found that oridonin induced apoptosis and G2/M phase arrest in KYSE70, KYSE410 and KYSE450 ESCC cell lines at 20 μ M (Fig. 5, Supplementary Fig. 3, 4). Notably, these cells express very high levels of AKT. These results suggest that AKT is a prominent target of oridonin to inhibit proliferation and induce apoptosis in ESCC cells. AKT mediates several signaling molecules, including GSK-3 β , mTOR and NF- κ B (8) and oridonin decreased the phosphorylation of GSK-3 β and mTOR and NF- κ B transcriptional activity (Fig. 6). Furthermore, a combination of oridonin and standard chemotherapy drugs, 5-FU or cisplatin, resulted in synergistic or additive effects against ESCC growth (Fig. 7, Supplementary Fig. 5). Finally we confirmed our findings in *in vivo* PDX mouse models, which are a useful preclinical model of human tumor growth (41,42). Our results revealed that oral administration of oridonin significantly decreased the growth PDX tumors expressing high levels of AKT (Fig. 8, Supplementary Fig. 6A, C, E) without toxicity based on no loss in body weight, liver or spleen, and H&E staining analysis compared with vehicle-treated control mice (Supplementary Fig. 6B, E). IHC results indicated that oridonin decreased the expression of Ki-67, pAKT, pGSK-3 β or p-mTOR in both PDX models (Fig. 8D, E, Supplementary Fig. 6D).

Overall, our study suggests that oridonin can inhibit progression of ESCC tumors, *in vitro* and *in vivo* by suppressing AKT signaling through its direct targeting of AKT (Fig. 9). Thus, this study might provide useful information in the clinical application of oridonin for ESCC chemotherapy.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgements

We wish to thank Ran Yang and Shen Yang, China-US (Henan) Hormel Cancer Institute for supporting experiments.

Grant Support

This work was supported by grant funding from National Institutes of Health, USA CA187027, CA 166011, CA 196639 and Key program of Henan Province, China

Grant NO.161100510300 (Z.Dong) and the National Natural Science Foundation of China NSFC81672767 (M.Lee), NSFC81372269, NSFC81572812 (K.Liu) and Henan Provincial Government, China.

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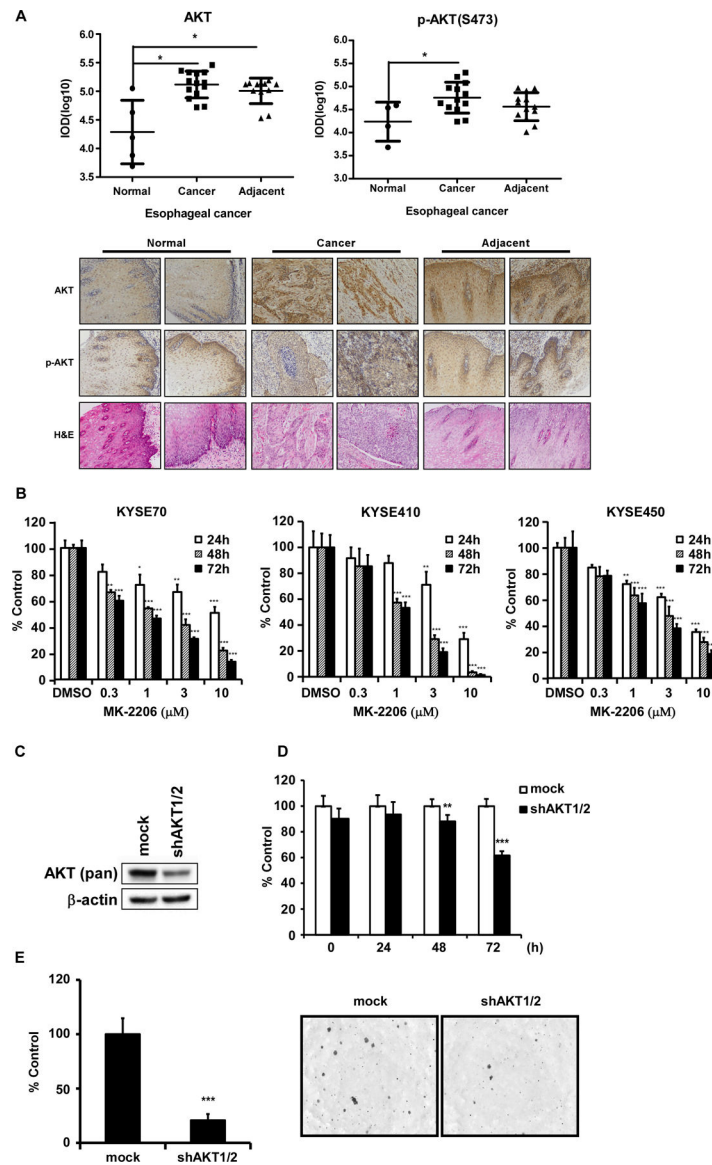
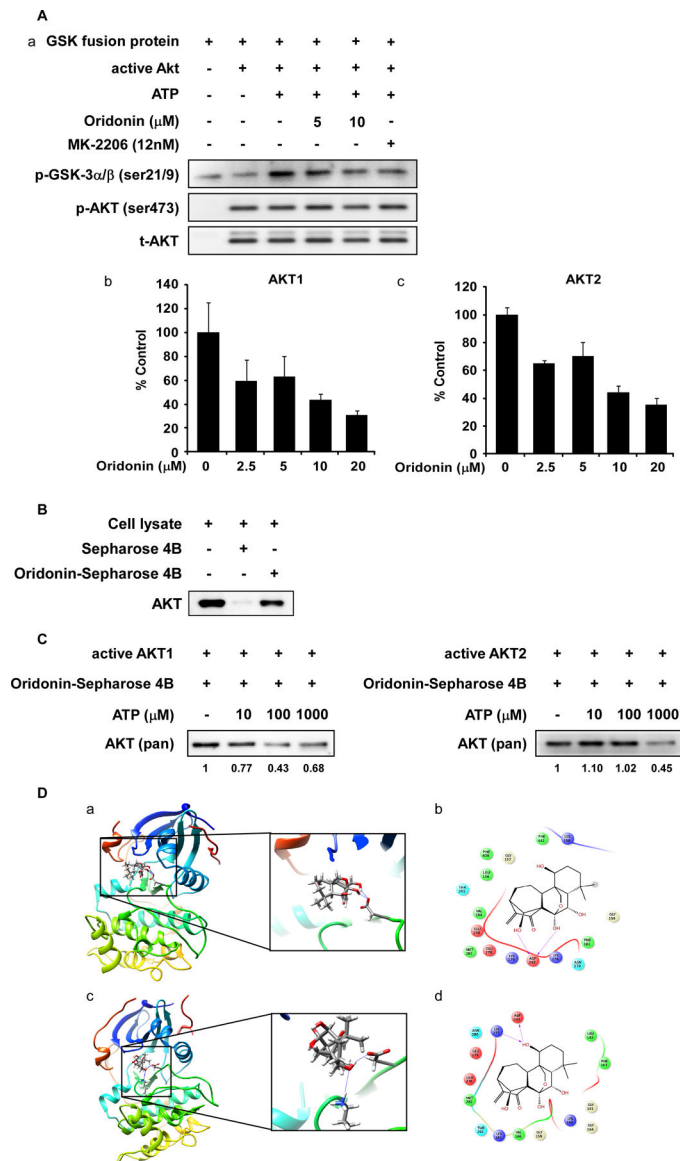


Figure 1.

AKT is a potential target in ESCC. (A) The expression of total AKT (pan) and phosphorylated AKT (Ser473) was examined by IHC analysis on an ESCC tumor microarray (100X magnification). The top panels show quantitation of all samples. Representative photographs of immunohistochemistry staining, and hematoxylin and eosin (H&E) on an ESCC tumor microarray are shown. AKT and pAKT expression stain a brown color and the nuclei are stained blue with hematoxylin. Two photographs are shown from each group (100X magnification). (B) The effects of an AKT inhibitor, MK-2206, on ESCC cell growth were assessed by MTT assay. The asterisks (* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$) indicate a significant difference between untreated control and MK-2206-treated cells. (C) The expression of AKT in KYSE450 cells expressing shRNA-mock or shRNA-AKT1/2 was evaluated by Western blotting. (D) Growth was assessed in KYSE450 cells expressing *shRNA-mock* or *shRNA-AKT1/2*. (E) Anchorage-independent growth was

assessed in KYSE450 cells expressing *shRNA-mock* or *shRNA-AKT1/2*. Data are shown as means \pm S.D. of values from triplicate samples. The asterisks (* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$) indicate a significant difference between *shRNA-mock* and *shRNA-AKT1/2*-expressing cells, respectively.

**Figure 2.**

AKT1 and AKT2 are potential targets of oridonin. (A) The effect of oridonin on AKT activity was evaluated in an *in vitro* IP-AKT kinase assay (a), and AKT1 and AKT2 kinase activity assays (b-c). (B) The binding of oridonin to AKT in KYSE450 cell lysates was determined using Sepharose 4B and oridonin-conjugated Sepharose 4B beads. (C) The specificity of the binding of oridonin to active AKT1 or AKT2 in the presence of ATP was evaluated. The values below the respective bands indicate values obtained from densitometry analysis. (D) The interaction between oridonin and AKT1 or AKT2 was predicted using a computational docking model: a) oridonin binding with AKT1; b) ligand interaction diagram of oridonin binding with AKT1; c) oridonin binding with AKT2; d) ligand interaction diagram of oridonin binding with AKT2.

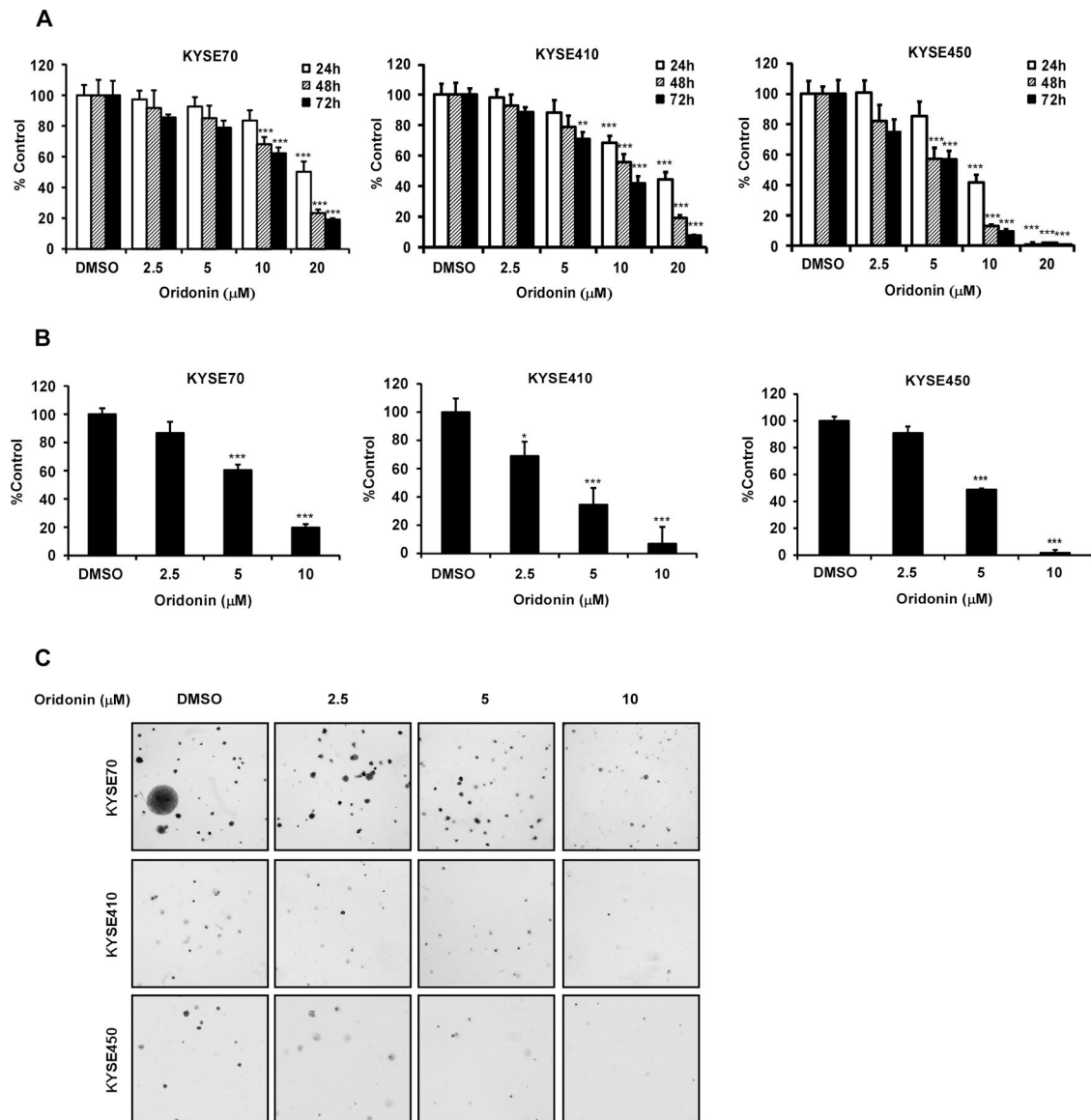


Figure 3. Oridonin inhibits the growth of ESCC cells. (A) Growth effects of oridonin on KYSE70, KYSE410 and KYSE450 ESCC cells were estimated by MTT assay at 24, 48 or 72 h. (B) The effects of oridonin on anchorage-independent growth of ESCC cells were evaluated. (C) Representative photographs of the effects of oridonin on anchorage-independent growth are shown. For A and B, the asterisks (* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$) indicate a significant decrease in proliferation or colony number with oridonin treatment compared with untreated control cells. Data are shown as $\text{means} \pm \text{S.D.}$ of values from triplicate samples and similar results were obtained from 3 independent experiments.

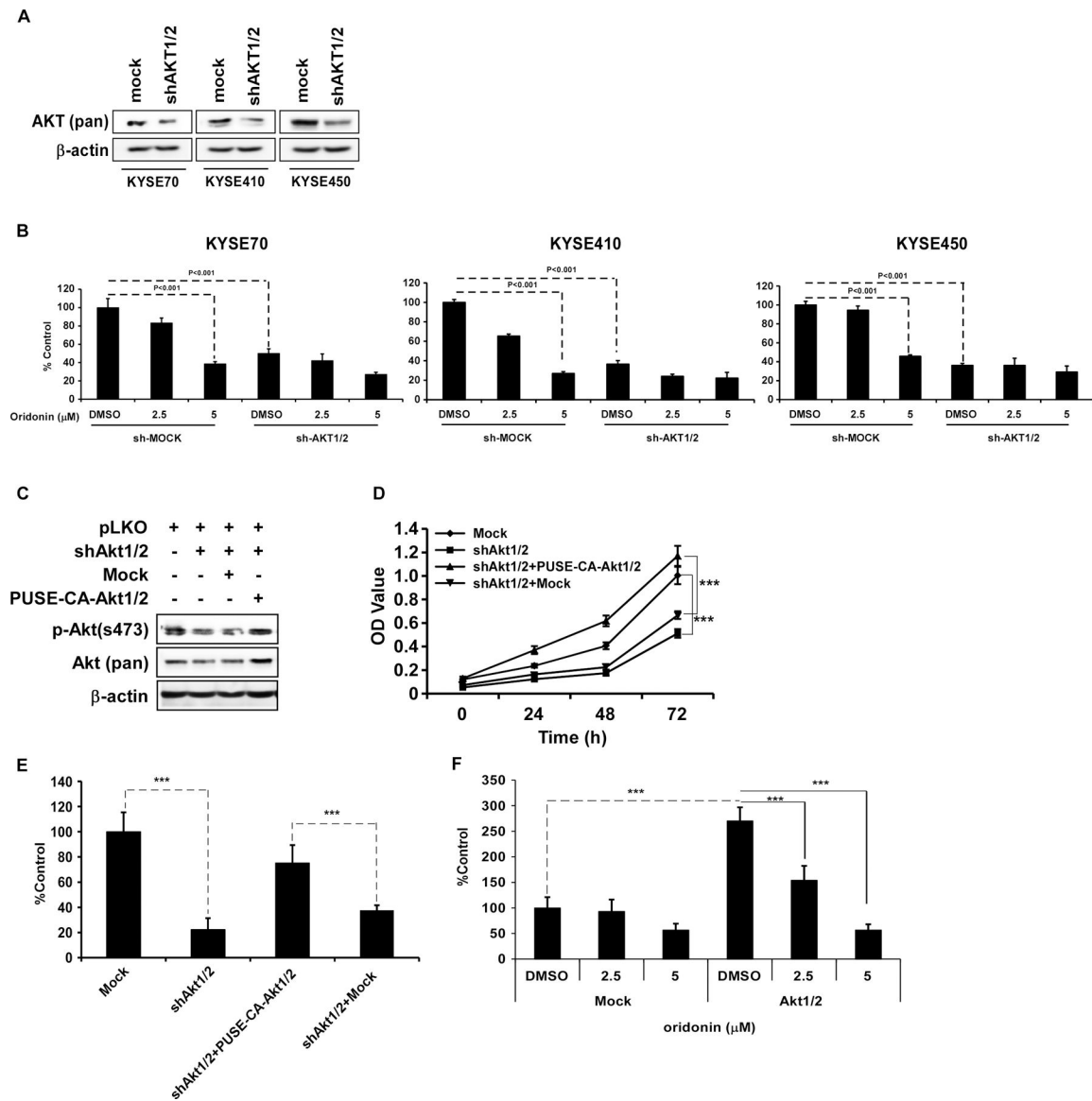


Figure 4.

AKT is a specific target of ESCC cells. (A) Western blot analysis was performed in KYSE70, KYSE410 and KYSE450 cells expressing *shRNA-mock* or *shRNA-AKT1/2*. (B) The effect of oridonin treatment on anchorage-independent growth was assessed in KYSE70, KYSE410 and KYSE450 cells expressing *shRNA-mock* or *shRNA-AKT1/2*. (C) Western blot analysis was used to examine the protein expression level of *shRNA-mock*, *shRNA-AKT1/2* and overexpressed *pUSE-CA-Akt1/2* and corresponding mock control. (D, E) Proliferation of cells expressing *shRNA-mock* or *shRNA-AKT1/2* or overexpressing *pUSE-CA-Akt1/2* and corresponding mock control were examined by MTT assay and anchorage-independent cell growth assay. (F) Anchorage-independent cell proliferation was assessed after treatment with serially diluted doses of oridonin in cells expressing mock or AKT1/2. The asterisks (* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$) indicate a significant decrease in proliferation or colony number compared with corresponding control. Data are

shown as means \pm S.D. of values from triplicate samples and similar results were obtained from 3 independent experiments.

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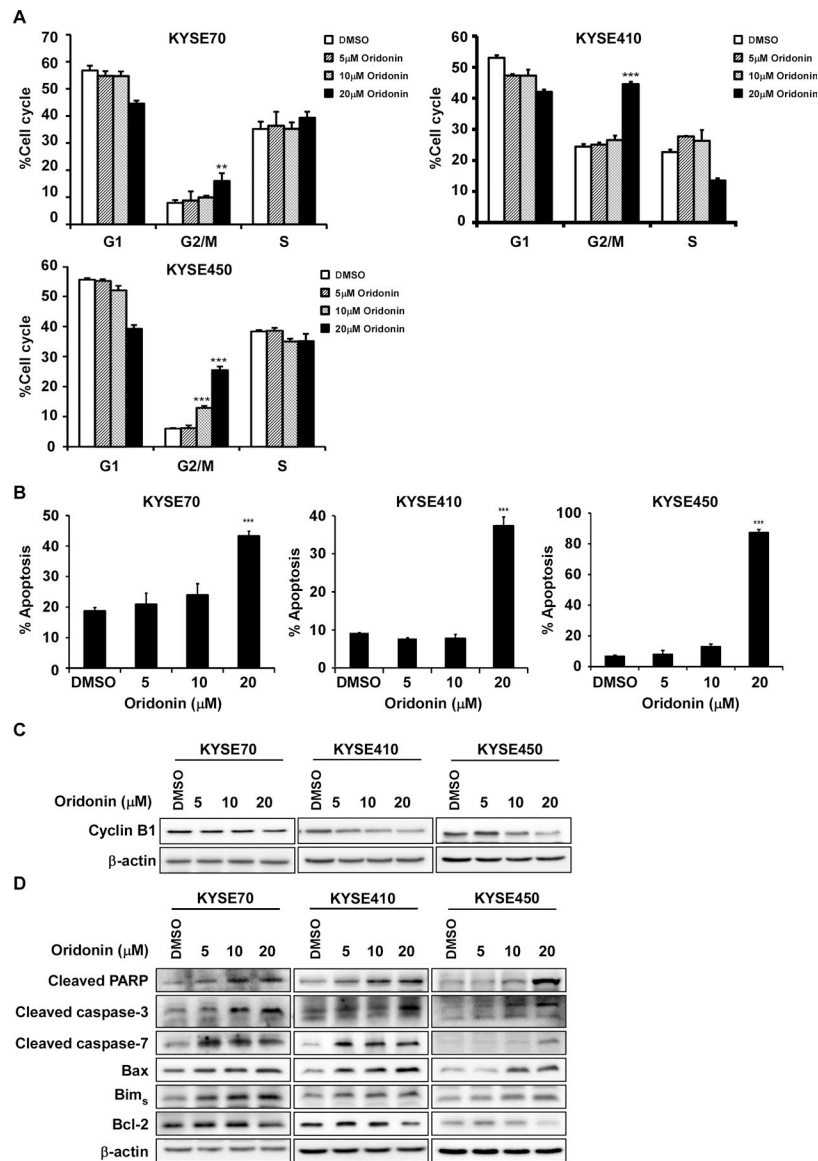


Figure 5. Oridonin induces cell cycle arrest and apoptosis of ESCC cells. The effects of oridonin on cell cycle phase (A) or apoptosis (B) were assessed in ESCC cells. Cells were treated with 0, 5, 10 or 20 μM oridonin and then incubated for 48 h for cell cycle analysis or 72 h for the annexin-V staining (i.e., apoptosis) assay. The asterisks (* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$) indicate a significant difference between untreated control and oridonin-treated cells. Data are shown as means \pm S.D. of values from triplicate samples and similar results were obtained from 3 independent experiments. The effects of oridonin on the expression of biomarkers associated with cell cycle (C) and apoptosis (D) are shown. Cells were treated with 0, 5, 10 or 20 μM oridonin and incubated 48 h for examination of cyclin B1 or 72 h for cleaved PARP, caspase-3, and caspase-7, and Bax, Bim_s (short form of Bim) and Bcl-2.

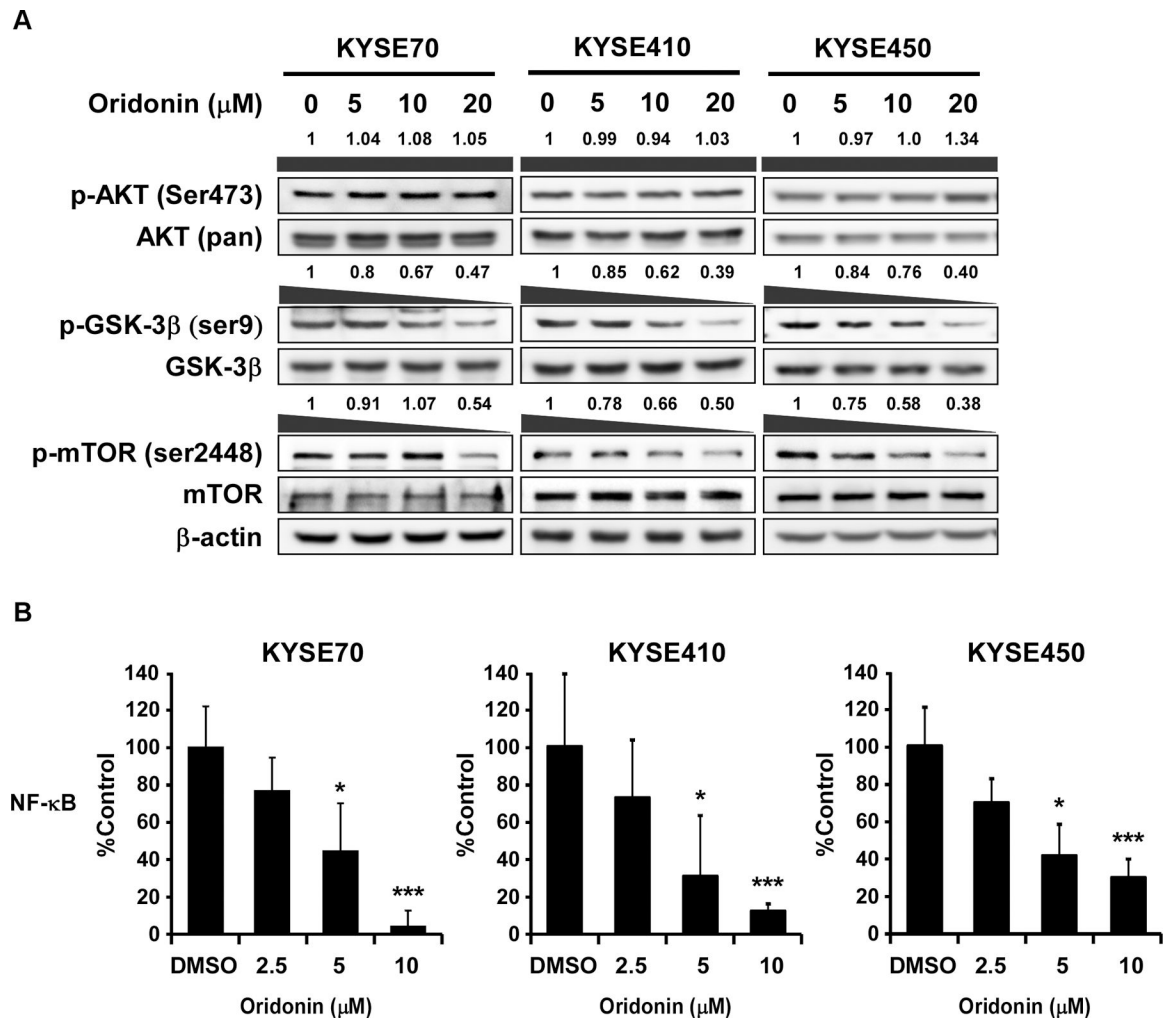


Figure 6. Oridonin attenuates the expression of proteins involved in AKT signaling.

(A) The effects of oridonin on AKT signaling in ESCC cells were assessed by Western blot analysis. Cells were treated with 0, 5, 10 or 20 μM oridonin for 3 h and harvested and then cell lysates were subjected to Western blotting. The values above the bands indicate values obtained from densitometry analysis. (B) The effects of oridonin were evaluated in ESCC cells transfected with an *NF- κ B* luciferase reporter plasmid. Data are shown as means \pm S.D. of values from triplicate samples. The asterisks (* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$) indicate a significant decrease in relative luciferase activity.

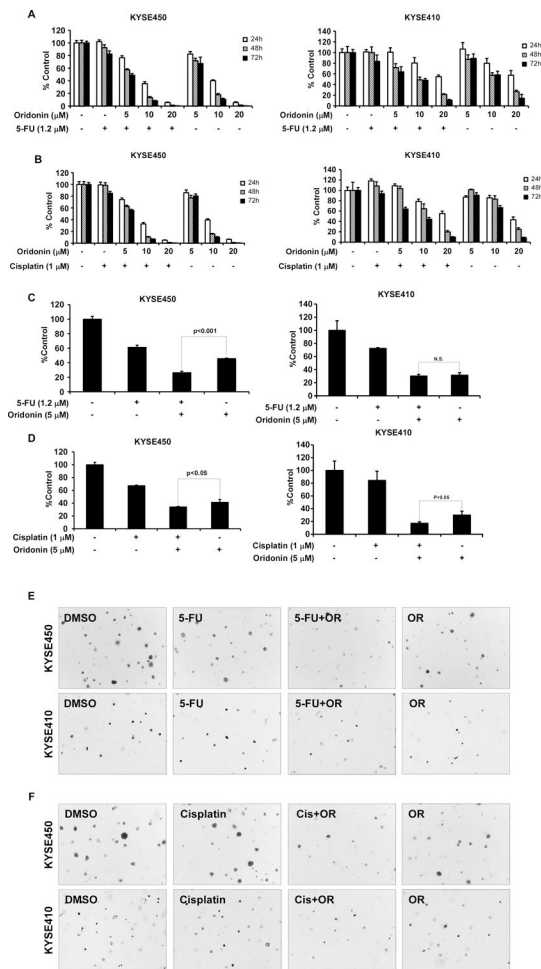


Figure 7.

A combined treatment of oridonin with 5-FU or cisplatin inhibits cell growth. (A, B) The growth of KYSE410 and KYSE450 cells was determined after co-treatment with various concentrations of oridonin and 5-FU (1.2 μM) or cisplatin (1 μM) for 24, 48 or 72 h. The effect on growth was measured by MTT assay. (C-F) The effect of treatment with a combination of oridonin (5 μM) and 5-FU or cisplatin on anchorage-independent growth of KYSE410 and KYSE450 cells was evaluated. The asterisks (* $p < 0.05$, ** $p < 0.001$) indicate a significant decrease in colony number compared to 5 μM oridonin.

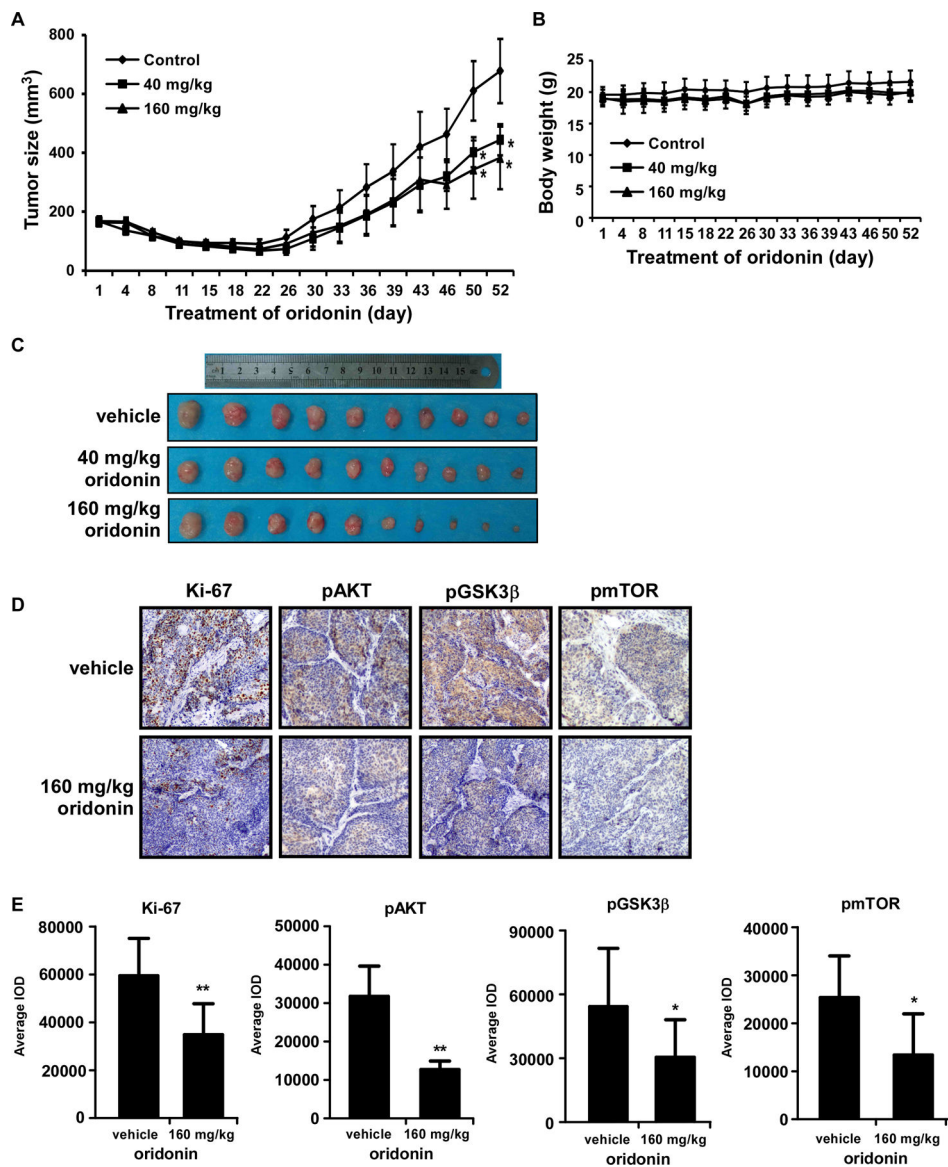


Figure 8. Oridonin attenuates the growth of PDX tumors in mice. (A) The effect of oridonin on the volume of PDX tumors was plotted over 52 days (HEG18). Vehicle or oridonin (40 or 160 mg/kg) was administered by gavage. Tumor volume was measured twice a week. The asterisk (* $p < 0.05$) indicates a significant decrease in volume of tumors from vehicle or oridonin-treated mice. Data are shown as mean values \pm S.E. (B) Body weight of mice was plotted over 52 days. (C) The photographs show tumors from PDX mice treated with vehicle or oridonin (40 mg/kg or 160 mg/kg). (D) The expression of Ki-67, pAKT, pGSK-3 β or p-mTOR was examined by IHC analysis (100X magnification). (E) The expression of Ki-67, pAKT, pGSK-3 β or p-mTOR was quantified from 4 separate areas on each slide and an average of 5 (vehicle) or 6 (oridonin-treated) samples per group. Data are expressed as IOD values \pm S.D. The asterisks (* $p < 0.05$, ** $p < 0.01$) indicate a significant decrease in Ki-67,

pAKT (Ser473), pGSK-3 β (Ser9) or p-mTOR (Ser2448) in treated tissues compared to untreated controls.

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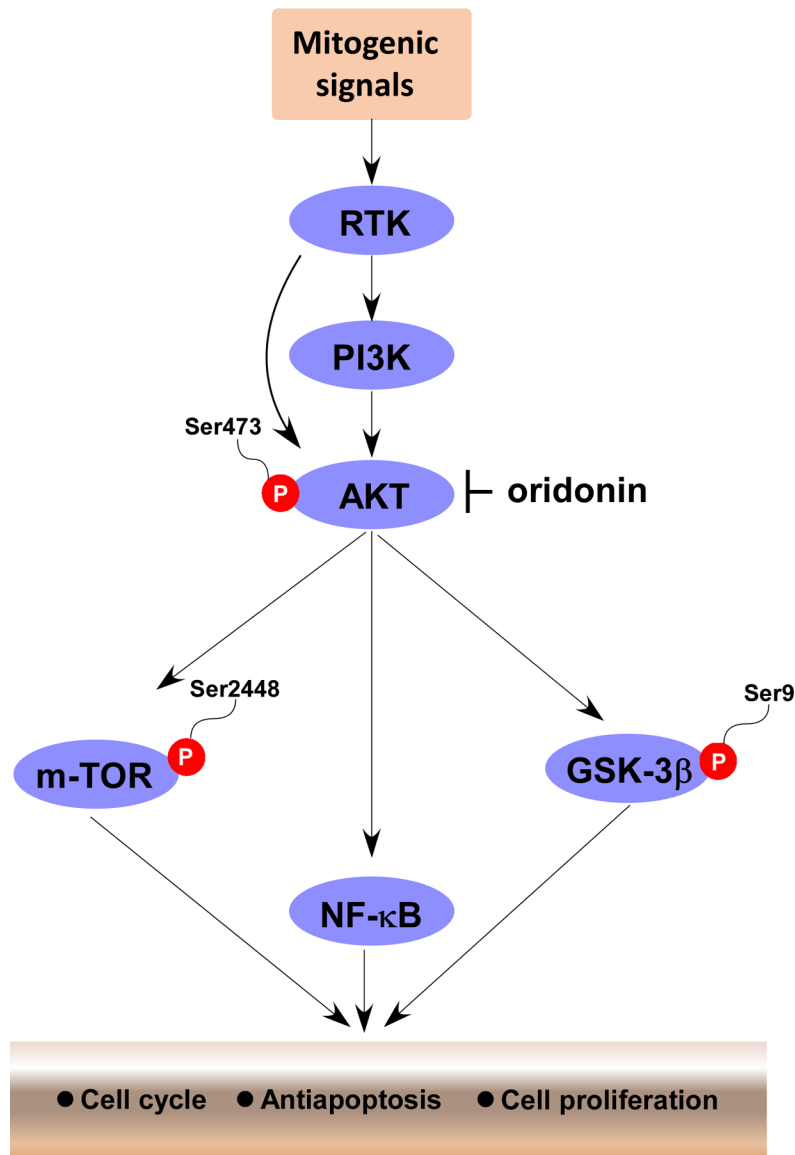


Figure 9.

A proposed scheme illustrating the distinct roles of AKT1/2 in ESCC and their modulation by oridonin. AKT is activated by upstream kinases. Receptor tyrosine kinase (RTK) or phosphatidylinositide 3-kinase (PI3-K) stimulates mTOR, GSK3β or NF-κB thereby promoting cell cycle, preventing apoptosis and increasing cell proliferation. Oridonin targets AKT and blocks the signals of downstream targets, therefore inducing cell cycle arrest and apoptosis as well as inhibiting cell proliferation.