

# Phosphorylation of CREB and Mechanical Hyperalgesia Is Reversed by Blockade of the cAMP Pathway in a Time-Dependent Manner after Repeated Intramuscular Acid Injections

Marie K. Hoeger-Bement and Kathleen A. Sluka

Graduate Program in Physical Therapy and Rehabilitation Science, Neuroscience Graduate Program, Pain Research Program, University of Iowa, Iowa City, Iowa 52242

Spinal activation of the cAMP pathway produces mechanical hyperalgesia, sensitizes nociceptive spinal neurons, and phosphorylates the transcription factor cAMP-responsive element binding protein (CREB), which initiates gene transcription. This study examined the role of the cAMP pathway in a model of chronic muscle pain by assessing associated behavioral changes and phosphorylation of CREB. Bilateral mechanical hyperalgesia of the paw was induced by administering two injections of acidic saline, 5 d apart, into the gastrocnemius muscle of male Sprague Dawley rats. Interestingly, the increases in immunoreactivity for CREB and phosphorylated CREB (p-CREB) in the spinal dorsal horn occur 24 hr, but not 1 week, after the second injection of acidic saline compared with pH 7.2 intramuscular injections. Spinal blockade of adenylate cyclase prevents the expected increase in p-CREB that occurs after intramuscular acid injection. The reversal of mechanical hyperalgesia by adenylate cyclase or protein kinase A inhibitors spinally follows a similar pattern with reversal at 24 hr, but not 1 week, compared with the vehicle controls. The p-CREB immunoreactivity in the superficial dorsal horn correlates with the mechanical withdrawal threshold such that increases in p-CREB are associated with decreases in threshold. Therefore, activation of the cAMP pathway in the spinal cord phosphorylates CREB and produces mechanical hyperalgesia associated with intramuscular acid injections. The mechanical hyperalgesia and phosphorylation of CREB depend on early activation of the cAMP pathway during the first 24 hr but are independent of the cAMP pathway by 1 week after intramuscular injection of acid.

**Key words:** protein kinase A; adenylate cyclase; muscle; CREB; pain; spinal cord

## Introduction

Chronic pain is an abnormal and nonprotective response. This condition is widespread: an estimated 6 million Americans are affected with fibromyalgia, making it a common pain condition (Bennett, 1995). Chronic pain, including musculoskeletal, is not well understood partially because of a lack of appropriate pain models. Current musculoskeletal pain models typically exhibit short-term hyperalgesia or significant tissue damage, or both (Mense, 1993; Schaible and Grubb, 1993). Our laboratory developed a unique model of chronic muscle hyperalgesia. This model is different from other muscle pain models because there is long-lasting bilateral mechanical hyperalgesia without significant tissue damage and is maintained by changes in the CNS (Sluka et al., 2001; Skyba et al., 2002).

Activation of the cAMP pathway in the spinal cord is implicated in pain processing. Mechanical hyperalgesia is produced by spinal activation of the cAMP pathway (Sluka, 1997, 2002; Dolan

and Nolan, 2001). Spinal activation of adenylate cyclase increases responses of spinothalamic tract neurons to pinch but not brushing, which is prevented by pretreatment with a protein kinase A (PKA) inhibitor (Lin et al., 2002). Mice lacking adenylate cyclases 1 and 8 have no changes in acute pain but have decreases in behavioral responses after administration of formalin or complete Freund's adjuvant (Wei et al., 2002). Additionally, mice that carry a null mutation for the type I regulatory subunit ( $Ri\beta$ ) of PKA demonstrate a significant reduction in capsaicin-evoked plasma extravasation and nocifensive behaviors in the second phase of the formalin test (Malmberg et al., 1997a). Blocking of adenylate cyclase or PKA prevents the mechanical hyperalgesia and allodynia produced by intradermal, intramuscular, or intra-articular injection of capsaicin (Sluka and Willis, 1997; Sluka, 2002).

Once cAMP activates PKA, the catalytic subunit of PKA translocates to the nucleus and phosphorylates cAMP response element-binding protein (CREB), a transcription factor, at Ser 133 (Gonzalez and Montminy, 1989). An increase in phosphorylated CREB (p-CREB) occurs after carrageenan paw inflammation (Messersmith et al., 1998), subcutaneous formalin (Ji and Rupp, 1997; Anderson and Seybold, 2000; Wei et al., 2002), and neuropathic pain (Ma and Quirion, 2001; Miletic et al., 2002).

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Phosphorylated CREB corresponds to the time frame of hyperalgesia in neuropathic (Miletic et al., 2002) and inflammatory pain (Ji and Rupp, 1997). Furthermore, the amount of CREB that is phosphorylated appears to be stimulus dependent. Increasing the volume of formalin injected into the rat hindpaw results in an increase in phosphorylated CREB (Ji and Rupp, 1997).

Earlier research has demonstrated the importance of the cAMP pathway in mechanical hyperalgesia and in phosphorylating the transcription factor CREB. Using a chronic muscle pain model that mimics clinically relevant chronic muscle pain such as fibromyalgia, we tested the hypothesis that inhibition of the cAMP pathway by blocking either adenylate cyclase or PKA will result in a decrease in mechanical hyperalgesia. Furthermore, we hypothesized that p-CREB will increase in the early, but not late, maintenance phase of chronic muscle hyperalgesia.

Portions of these data have been published previously (Hoeger and Sluka, 2001, 2002).

## Materials and Methods

The following experiments were approved by the University of Iowa's Animal Care and Use Committee and followed the policies issued by the National Institutes of Health and the International Association for the Study of Pain on the use of laboratory animals. Male Sprague Dawley rats were used in this study (250–350 gm; Harlan, St. Louis, MO;  $n = 147$ ).

**Chronic muscle hyperalgesia model.** Two injections of pH 4.0 sterile saline (100  $\mu$ l for each injection) were administered 5 d apart into the left gastrocnemius while the animals were anesthetized with vaporized halothane (2–4%). This model produces long-lasting bilateral mechanical hyperalgesia without significant muscle tissue damage or motor deficits (Sluka et al., 2001). In some animals, two intramuscular injections of pH 7.2 (100  $\mu$ l) sterile saline were used for controls.

**Intrathecal injections.** An intrathecal catheter was used to administer drugs to the lumbar spinal cord to inhibit the cAMP pathway (Sakura et al., 1996; Storkson et al., 1996; Pogatski et al., 2000). Rats were anesthetized with vaporized halothane (2–4%). A vertical incision was made in the skin at the L5–L6 vertebral level. A 10 cm 32 ga polyurethane catheter (Recathco, Allison Park, PA) was placed between the L5 and L6 vertebrae and advanced intrathecally to the L5/L6 level. Movement of the tail or hindlimb verified placement. Next, an 8 cm polyethylene 10 catheter was fixed to the remaining portion of the 32 ga catheter and exited through the skin. Rats were allowed to recover 5–7 d before the first injection of pH 4.0 saline, which initiated the chronic muscle hyperalgesia. At the end of the experiments, the catheter placement was verified by injecting lidocaine and methylene blue dye. The catheter was considered appropriately placed if there was (1) loss of pinprick and motor paralysis to lidocaine and (2) dye covering L4–L6 spinal levels.

**Behavioral testing.** Mechanical withdrawal threshold was used as a measure of hyperalgesia to study the effects of spinal blockade of the cAMP pathway. Von Frey filaments (North Coast Medical, Morgan Hill, CA; 1–350 mN bending force) were used to measure the mechanical withdrawal threshold. We measured hyperalgesia outside the intramuscular acid injection in the skin. This is interpreted as secondary hyperalgesia and thought to reflect changes in the CNS (Willis and Coggeshall, 1991). Rats were placed in clear plastic cubicles on an elevated wire mesh and allowed to acclimate for 20–30 min. The filaments were applied to the paw in ascending order starting with the lowest bending force. Two trials per filament were performed. The paw had to lift for two sequential filaments for the force to be recorded. Behavioral tests were performed in a blinded manner in some animals. This type of behavior testing has been demonstrated to be a reliable measurement of mechanical withdrawal threshold (Gopalkrishnan and Sluka, 2001).

**Drugs.** Two drugs were used to inhibit the cAMP pathway at separate locations along the pathway. SQ 22536 (Biomol, Plymouth Meeting, PA), used to block adenylate cyclase, was dissolved in 16% DMSO. The following doses were tested: 0.064, 0.2, and 0.715  $\mu$ mol. DMSO (16%) was used as its control during behavioral testing. Myristoylated protein kinase inhibitor (PKI) (14–22) amide (Biomol) dissolved in saline and

deionized water was used to inhibit PKA. This drug was tested at 2, 20, 60, and 100 nmol doses. Saline was used as its control. We chose to use these drugs because of their specificity. For example, PKI peptides are extremely specific and potent inhibitors of the PKA catalytic subunit (Walsh and Glass, 1991). Specifically, myristoylated PKI (14–22) amide is an effective inhibitor of PKA (Harris et al., 1997) and blocks hyperalgesia produced by spinal administration of 8-bromo-cAMP (Sluka, 2002).

**Immunohistochemical labeling.** Standard immunohistochemical labeling was used to assess the location of cells in which CREB had been phosphorylated after induction of hyperalgesia (Sluka and Westlund, 1993; Messersmith et al., 1998). Rats were anesthetized by sodium pentobarbital (100 mg/kg, i.p.) and perfused through the left ventricle with 100 ml of heparinized saline followed by 1 l of 4% paraformaldehyde in 0.1 M phosphate buffer (PB), pH 7.4, 4°C. Segments L5 and T10 of the spinal cord were removed and placed in 30% sucrose solution overnight.

Tissue was cut on a cryostat at 40  $\mu$ m thickness and placed in PB. These sections underwent a step-wise procedure that included 0.5% H<sub>2</sub>O<sub>2</sub>, 1% Na-borohydride, solution A (avidin), solution B (biotin), and 3% normal goat serum (NGS). Between each step, tissue was rinsed in PBS. Next, sections were incubated overnight in primary antibody in 1% NGS/PBS containing 0.75% Triton X-100 at room temperature as follows: anti-CREB (1:10,000) (Upstate Biotechnology, Lake Placid, NY) and anti-p-CREB (1:5000) (Upstate Biotechnology). The anti-p-CREB recognizes phosphorylation at the PKA site, Ser 133 (Gonzalez and Montminy, 1989). Preliminary dilution series for CREB and p-CREB determined appropriate concentrations for the 1° antibody.

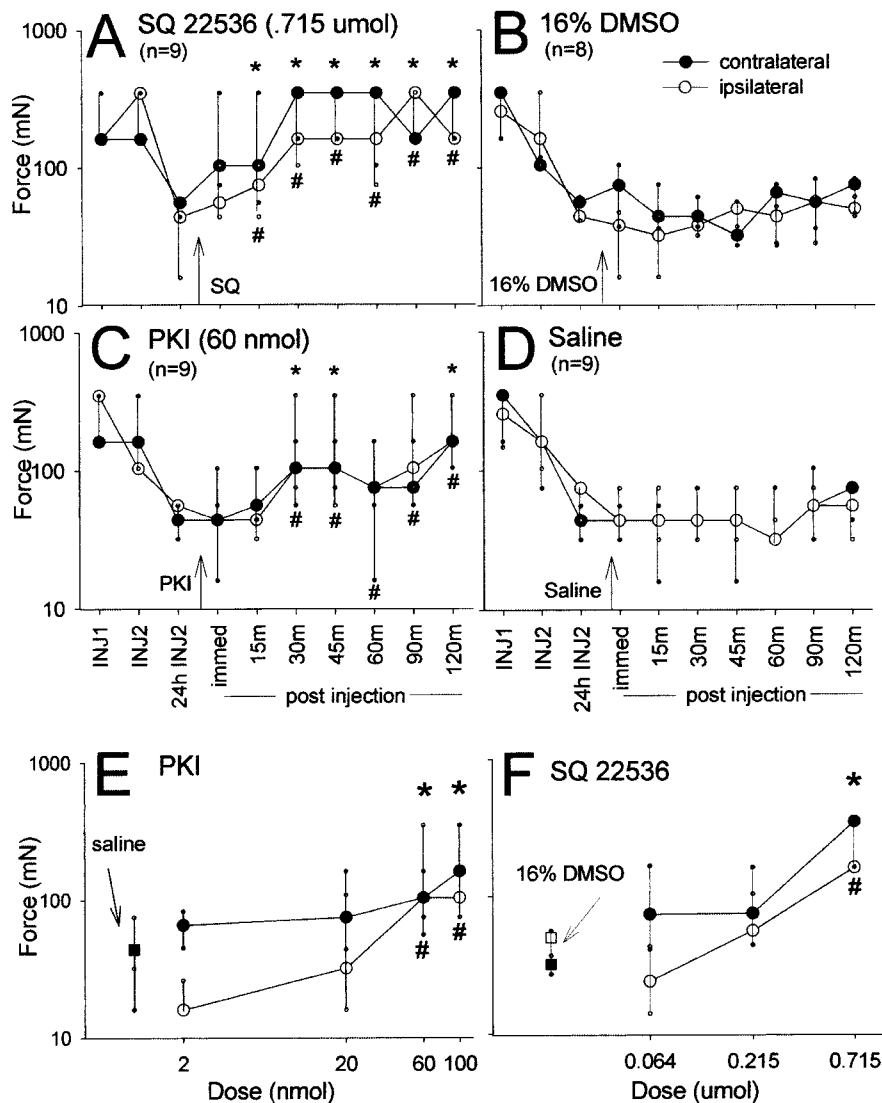
Preabsorption controls for anti-CREB and anti-p-CREB were performed, indicating their specificity to the protein using the exact immunohistochemical protocol except for the addition of the immunizing peptide. Specifically, CREB immunizing peptide (16.7  $\mu$ g/1 ml) (Upstate Biotechnology) was added to CREB primary antibody, and p-CREB immunizing peptide (16.7  $\mu$ g/1 ml) (Upstate Biotechnology) was added to p-CREB primary antibody. After 30 min at room temperature, the appropriate solution was added to tissue sections. Simultaneously, another sample of tissue was immunohistochemically stained with antibodies to CREB and p-CREB to ensure that changes were caused by the addition of the immunizing peptide. No staining was observed in tissue sections incubated with the immunizing peptide (see Fig. 3C,F).

Sections were washed in PBS and 3% NGS followed by incubation for 1 hr in the secondary antibody biotinylated-goat anti-rabbit IgG (Vector Laboratories, Burlingame, CA; 1:1000). After they were washed in PBS and 3% NGS, sections were incubated in avidin horseradish peroxidase (1% NGS with 0.75% Triton X-100; 1:1000) for 1 hr. This was followed by 6 min in 0.05% diaminobenzidine (DAB) and 0.01% H<sub>2</sub>O<sub>2</sub>. Sections were washed and mounted on slides, allowed to dry for 24–48 hr before cleaning in ethanol/water and prepping, and coverslipped.

To minimize differences in staining between animals, each group was run simultaneously, i.e., pH 4.0 and pH 7.2 or saline and SQ 22536. Furthermore, between groups the exact staining protocol was used, including incubation in primary and secondary antibodies and DAB.

**Density readings.** Three spinal cord sections (L5) were randomly chosen from each rat. All density readings were performed with the experimenter blinded to group except for initial preliminary data. Images were generated using an Olympus BX-51 microscope. The superficial laminae (I–II) and intermediate and deep dorsal horn (III–VI) were outlined, and the number of pixels occupied by immunoreactive cells was measured using Image J 1.24 software (NIH) (Le Guen et al., 1998; Martin et al., 1999; Wei et al., 2002). Specifically, each tissue section was first converted to eight-bit gray scale, and then each tissue section was calibrated independently using the “uncalibrated OD” function with pixel values ranging from 0 to 255. The density values represent pixels per area. A background reading taken from the white matter of the dorsal column was subtracted from the density reading taken from the gray matter of the same tissue section. This controls for differences in nonspecific staining as a result of the DAB reaction.

**Motor testing.** The PKA inhibitor produced a significant motor deficit in one rat during the behavioral testing protocol. Therefore, the following experimental drugs were tested for motor effects: 100 nmol PKI ( $n =$



**Figure 1.** Line graphs showing the effects of the inhibitors of the cAMP pathway on the median mechanical withdrawal threshold 24 hr after the second intramuscular acid injection. *A, B*, Intrathecal administration of SQ22536 (0.7 μmol) increases mechanical withdrawal threshold bilaterally compared with the 16% DMSO control 15 min after drug administration and remains increased for the next 2 hr. *C, D*, Intrathecal administration of PKI (60 nmol) increases mechanical withdrawal threshold bilaterally compared with the intrathecal saline control. *E, F*, A dose-dependent increase in mechanical withdrawal threshold is observed 45 min after spinal blockade of adenylate cyclase (SQ22536) or protein kinase A (PKI). INJ1, Before first intramuscular injection of pH 4.0 saline; INJ2, before second intramuscular injection of pH 4.0 saline; 24 hr INJ2, 24 hr after second intramuscular injection of pH 4.0 saline. Data are presented as the median with the 25th and 75th percentiles. \*Contralaterally and #ipsilaterally significantly different from vehicle control;  $p \leq 0.05$ .

9), 60 nmol PKI ( $n = 5$ ), and 0.715 μmol SQ22536 ( $n = 4$ ) against a saline control ( $n = 4$ ) using the Rota-Rod treadmill test and placing reflex. The rats were trained on the treadmill (Ugo Basile Rota-Rod, Stoelting, Wood Dale, IL) for 2 d before the testing, which included three sessions of three intervals given daily with an inter-session interval >2 hr and an inter-trial interval >5 min. Motor involvement was tested after intrathecal drug administration in 15 min intervals for the first hour followed by 30 min intervals for the second hour.

**Experimental design.** The following drugs were used to determine the effects of inhibiting the cAMP pathway on chronic muscle hyperalgesia: (1) adenylate cyclase inhibitor, SQ 22536, and (2) PKA inhibitor, myristoylated PKI (14–22) amide. The adenylate cyclase inhibitor was dissolved in 16% DMSO, and behavioral testing was performed at the doses of 0.064, 0.2, and 0.715 μmol. The PKA inhibitor was dissolved in saline and deionized water, and behavioral testing was performed at the doses of 2, 20, 60, and 100 nmol. We demonstrated previously that 60 nmol of

the PKA inhibitor (PKI) reverses the mechanical hyperalgesia produced by spinal administration of 8-bromo-cAMP (Sluka, 2002). The drug dose quantities were determined by preliminary data, previously published data (Sluka 1997), and the dissociation constant for binding of inhibitor to enzyme (reported by the manufacturer, Biomol).

In the first series of experiments, intrathecal catheters were placed in male Sprague Dawley rats. After 5–7 d, the chronic muscle hyperalgesia model was induced, which involves administering two intramuscular injections of pH 4.0 saline 5 d apart. Twenty-four hours after the second intramuscular injection of pH 4.0 saline, the following drugs were administered intrathecally: (1) adenylate cyclase inhibitor, SQ 22536 (0.715 μmol dose,  $n = 9$ ; 0.215 μmol dose,  $n = 5$ ; 0.064 μmol dose,  $n = 4$ ), (2) PKA inhibitor, myristoylated PKI (14–22) amide (100 nmol,  $n = 9$ ; 60 nmol,  $n = 9$ ; 20 nmol,  $n = 7$ ; 2 nmol,  $n = 4$ ), (3) saline control, pH 7.2 ( $n = 9$ ), or (4) 16% DMSO in saline control ( $n = 8$ ). Similarly, 1 week after the second injection, the following drugs were tested: (1) adenylate cyclase inhibitor, SQ 22536 (0.715 μmol dose;  $n = 6$ ), (2) PKA inhibitor, myristoylated PKI (14–22) amide (60 nmol;  $n = 8$ ), (3) saline control, pH 7.2 ( $n = 6$ ), (4) 16% DMSO in saline control ( $n = 6$ ). Mechanical withdrawal threshold was measured (1) before each intramuscular injection of pH 4.0 saline, (2) 24 hr or 1 week after the second intramuscular injection of pH 4.0 saline (before drug administration), and (3) after drug administration in 15 min intervals for the first hour followed by 30 min intervals for the second hour.

In the second series of experiments, two injections of pH 4.0 or 7.2 were given into the left gastrocnemius 5 d apart. Twenty-four hours and 1 week after the second injection, immunohistochemistry was performed for CREB and p-CREB. Spinal cord sections from animals injected intramuscularly with pH 4.0 or 7.2 were immunostained simultaneously.

In another group of animals, 24 hr after the second injection into the left gastrocnemius, the adenylate cyclase inhibitor or vehicle control was injected intrathecally. Once the decreased mechanical withdrawal threshold reached its maximum reversal, ~60 min after intrathecal injection, rats were perfused and immunohistochemistry was performed to identify CREB and p-CREB.

**Statistical analysis.** The results from the behavior testing using the von Frey filaments were not normally distributed; therefore, a nonparametric Kruskal–Wallis ANOVA was used. If differences were present, a *post hoc* Wilcoxon signed ranks test was used. Statistical analysis for the density readings was done using a one-way ANOVA. A Pearson product-moment coefficient of correlation was used to determine the relationship between mechanical withdrawal threshold and the density of the p-CREB immunoreactivity 24 hr after the second injection of acidic saline. Statistical significance was determined by  $p < 0.05$ .

## Results

### Behavioral effects of repeated intramuscular acid injections

The animals demonstrated the same pattern of hyperalgesia, as reported previously (Sluka et al., 2001). Specifically, there was a bilateral decrease in mechanical withdrawal threshold 24 hr and 1

week after the second intramuscular injection of acidic saline. The mechanical withdrawal thresholds did not change significantly after spinal administration of saline (PKI control) or 16% DMSO (SQ 22536 control).

### Inhibition of adenylate cyclase

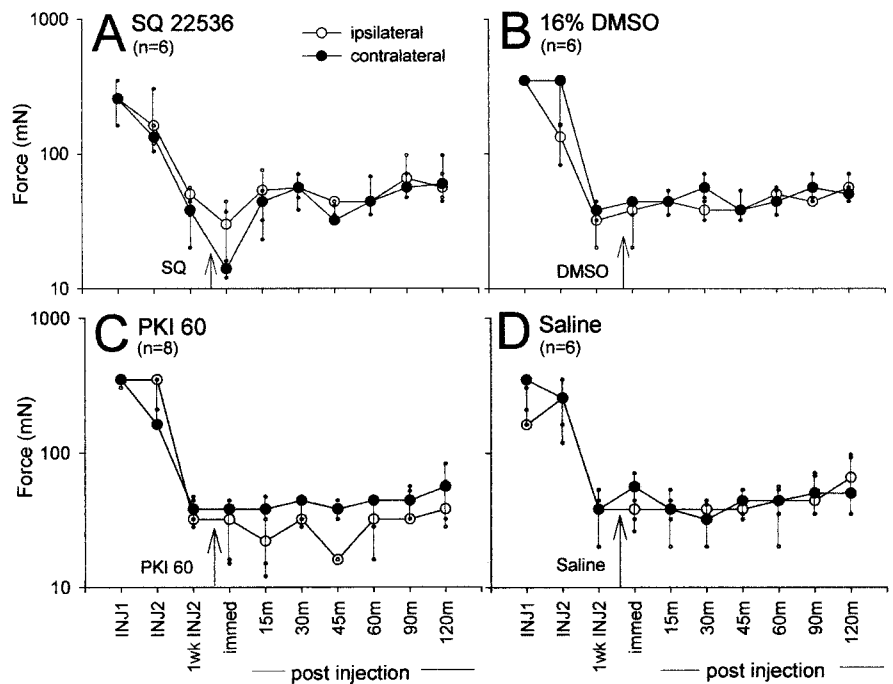
The adenylate cyclase inhibitor, SQ 22536, was injected intrathecally 24 hr or 1 week after the second intramuscular injection of pH 4.0 saline to assess the role of the cAMP pathway in the early and late maintenance phases of chronic muscle hyperalgesia. The highest dose of SQ 22536 administered 24 hr after the second intramuscular injection of pH 4.0 saline increased the mechanical withdrawal threshold bilaterally (Fig. 1A). Significant increases from 16% DMSO control occurred 15 min ( $p = 0.008$ ), 30 min ( $p = 0.0001$ ), 45 min ( $p = 0.0001$ ), 60 min ( $p = 0.002$ ), 90 min ( $p = 0.0001$ ), and 120 min ( $p = 0.001$ ) ipsilaterally, and 15 min ( $p = 0.027$ ), 30 min ( $p = 0.006$ ), 45 min ( $p = 0.008$ ), 60 min ( $p = 0.006$ ), 90 min ( $p = 0.001$ ), and 120 min ( $p = 0.008$ ) contralaterally. The effects of SQ 22536 are dose dependent 45 min after drug administration, with the highest dose showing almost complete reversal of hyperalgesia contralaterally and ipsilaterally (Fig. 1E). The mechanical withdrawal threshold remained unchanged if the SQ 22536 was administered 1 week after the second intramuscular injection of pH 4.0 saline (Fig. 2A).

### Inhibition of protein kinase A

To further demonstrate the role of the cAMP pathway in chronic muscle hyperalgesia, a PKA inhibitor was injected intrathecally 24 hr and 1 week after the second intramuscular injection of pH 4.0 saline. The highest dose of PKI (100 nmol) administered 24 hr after the second intramuscular injection of pH 4.0 saline increased the mechanical withdrawal threshold bilaterally. Significant increases from intrathecally administered saline control occurred 45 min ( $p = 0.031$ ), 60 min ( $p = 0.0001$ ), 90 min ( $p = 0.0001$ ), and 120 min ( $p = 0.014$ ) ipsilaterally, and 30 min ( $p = 0.014$ ), 45 min ( $p = 0.006$ ), 90 min ( $p = 0.05$ ), and 120 min ( $p = 0.003$ ) contralaterally. The second highest dose of PKI (60 nmol) administered 24 hr after the second intramuscular injection of pH 4.0 saline also increased the mechanical withdrawal threshold bilaterally (Fig. 1C). Significant increases from saline control occurred 30 min ( $p = 0.024$ ), 45 min ( $p = 0.05$ ), 60 min ( $p = 0.008$ ), 90 min ( $p = 0.04$ ), and 120 min ( $p = 0.002$ ) ipsilaterally, and 30 min ( $p = 0.04$ ), 45 min ( $p = 0.014$ ), and 120 min ( $p = 0.006$ ) contralaterally. The effects of PKI are dose dependent, with the two highest doses showing reversal of hyperalgesia ipsilaterally and contralaterally (Fig. 1F). The mechanical withdrawal threshold remained unchanged if the PKI was administered 1 week after the second intramuscular injection of pH 4.0 saline (Fig. 2C).

### Motor involvement

The potential effects that the drugs may have on motor impairment were tested for both the SQ 22536 (0.7 mol dose) and PKI (60 and 100 nmol doses) using the Rota-Rod treadmill test. Both



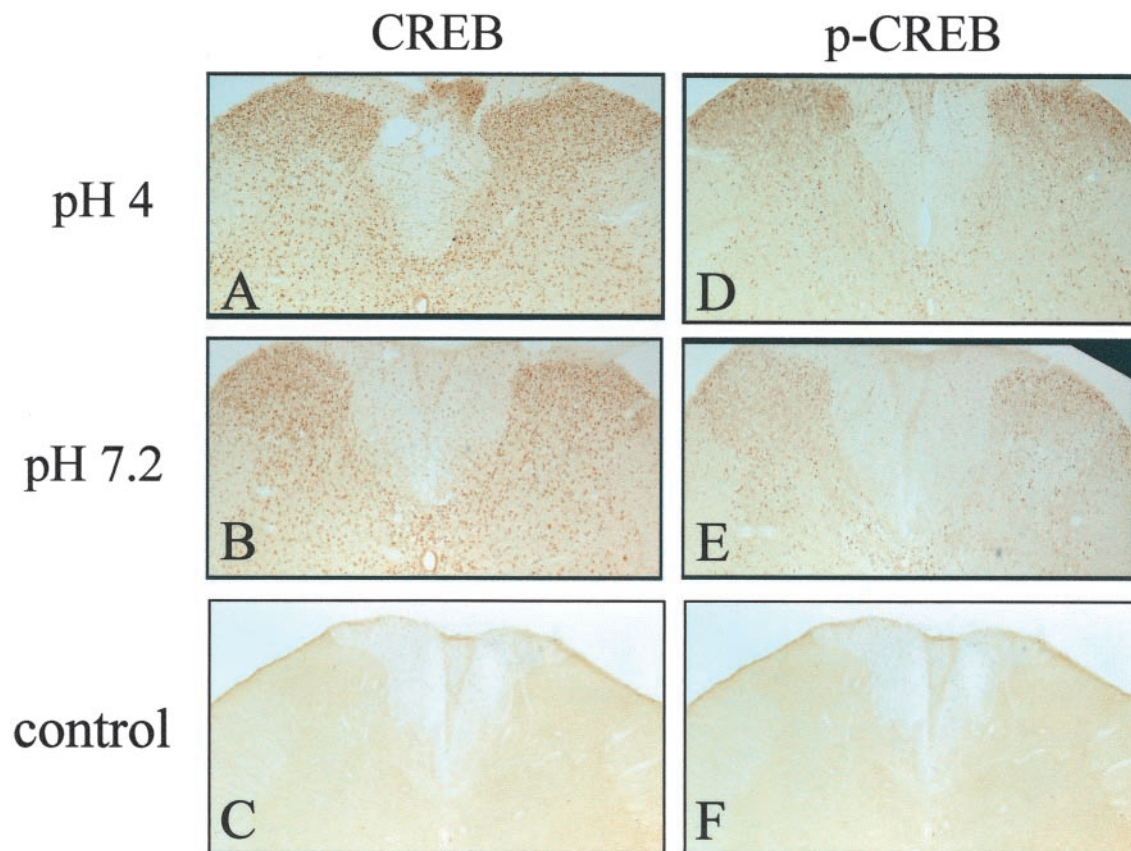
**Figure 2.** Line graphs showing the effects of the inhibitors of the cAMP pathway on the median mechanical withdrawal threshold 1 week after the second intramuscular acid injection. *A, B*, Intrathecal administration of SQ22536 (0.7  $\mu$ mol) has no effect on mechanical withdrawal threshold compared with the 16% DMSO control. *C, D*, Intrathecal administration of PKI (60 nmol) has no effect on mechanical withdrawal threshold compared with the intrathecal saline control. INJ1, Before first intramuscular injection of pH 4.0 saline; INJ2, before second intramuscular injection of pH 4.0 saline; 1wk INJ2, 1 week after second intramuscular injection of pH 4.0 saline. Data are presented as the median with the 25th and 75th percentiles.

drugs were injected intrathecally and monitored for motor function for the same 2 hr duration as the experimental protocol. Rats injected with SQ22536 had no motor involvement compared with the rats injected intrathecally with saline; all of the rats were able to stay on the treadmill for the maximum 150 sec. After intrathecal injection of PKI, three of the nine rats given the 100 nmol dose were excluded from the treadmill testing because of paralysis. Rats injected with PKI that were not paralyzed ( $n = 6$ ) showed no significant difference when compared with the saline control. In previous behavioral experiments, this exclusive procedure was also used. For instance, if any of the rats appeared to have severe motor involvement after intrathecal administration of the drug, the rats were automatically excluded from behavioral testing.

### CREB

There was a bilateral increase in CREB and p-CREB immunoreactivity in L5 24 hr after intramuscular injection of pH 4.0 saline when compared with pH 7.2 (Fig. 3). CREB immunoreactivity increased ipsilaterally in the superficial ( $p = 0.038$ ) and deep ( $p = 0.039$ ) dorsal horn and contralaterally in the superficial ( $p = 0.03$ ) and deep ( $p = 0.029$ ) dorsal horn when compared with rats receiving pH 7.2 intramuscular injections (Fig. 4A,B). p-CREB significantly increases ipsilaterally in the superficial ( $p = 0.04$ ) and deep ( $p = 0.034$ ) dorsal horn and contralaterally in the superficial dorsal horn ( $p = 0.012$ ) when compared with rats receiving pH 7.2 intramuscular injections (Fig. 4A,B). CREB and p-CREB immunoreactivity 1 week after the second intramuscular acid injection were not significantly different from the pH 7.2 controls (Fig. 4C,D).

These changes in immunoreactivity for CREB and p-CREB did not occur in tissue sections from T10. CREB immunoreactiv-



**Figure 3.** Immunohistochemistry of CREB and p-CREB 24 hr after the second intramuscular injection of pH 4.0, pH 7.2 control, or the preabsorption control. Both CREB and p-CREB densities increase 24 hr after the second intramuscular injection of pH 4.0 (*A, D*) compared with the animals that received pH 7.2 saline intramuscular injections (*B, E*). No staining was observed in tissue sections incubated with the immunizing peptide (*C, F*).

ity in rats receiving pH 4.0 intramuscular injections did not significantly differ in the ipsilateral superficial ( $p = 0.41$ ) and deep ( $p = 0.29$ ) dorsal horn and contralaterally in the superficial ( $p = 0.37$ ) and deep ( $p = 0.38$ ) dorsal horn when compared with rats receiving pH 7.2 intramuscular injections. p-CREB immunoreactivity in rats receiving pH 4.0 intramuscular injections did not differ significantly in the ipsilateral superficial ( $p = 0.47$ ) and deep ( $p = 0.43$ ) dorsal horn, and contralaterally in the superficial ( $p = 0.31$ ) and deep ( $p = 0.38$ ) dorsal horn when compared with rats receiving pH 7.2 intramuscular injections.

To test whether the increase in p-CREB is mediated by activation of the cAMP pathway, we administered SQ 22536 intrathecally and measured CREB and p-CREB. Spinal administration of SQ 22536 significantly prevented the increase in p-CREB contralaterally in the superficial ( $p = 0.016$ ) and deep ( $p = 0.048$ ) dorsal horn and ipsilaterally in the superficial dorsal horn ( $p = 0.046$ ) compared with the intrathecal saline control (Fig. 5). Spinal application of SQ 22536 had no effect on CREB (Fig. 5). Thus, it appears that the increase in p-CREB is mediated by activation of the cAMP pathway.

To test for the relationship between p-CREB and mechanical hyperalgesia, the density of staining was tested for correlation with the mechanical withdrawal thresholds. The density of p-CREB immunoreactivity in the superficial dorsal horn 24 hr after the second intramuscular injection of pH 4.0 or 7.2 or after the administration of SQ 22536 or saline is significantly correlated to the mechanical withdrawal threshold on the ipsilateral and contralateral paws (Fig. 6). There was no correlation between the mechanical withdrawal threshold with density readings from

the deep dorsal horn. Thus, a decrease in mechanical withdrawal threshold, indicating an increase in mechanical hyperalgesia, is associated with an increase in p-CREB immunoreactivity in the superficial dorsal horn.

## Discussion

This study shows a time-dependent increase in CREB and the phosphorylation of CREB with significant increases 24 hr, but not 1 week, after the second intramuscular acid injection. The increase in p-CREB depends on activation of the cAMP pathway because blockade of adenylate cyclase or PKA prevents this increase at 24 hr. Changes in p-CREB parallel the cAMP-mediated mechanical hyperalgesia. Furthermore, the staining density for p-CREB in the superficial dorsal horn correlates with the mechanical withdrawal threshold 24 hr after the second intramuscular injection, indicating that behavioral changes at 24 hr are associated with increases in p-CREB. A number of intracellular messengers can phosphorylate CREB at Ser 133, i.e., calcium calmodulin kinase IV, mitogen-activated kinase, extracellular regulated kinase, and PKA (Lonze and Ginty, 2002). This study demonstrates that increases in p-CREB after repeated intramuscular acid injections are reversed by blockade of the cAMP pathway. Thus, these data suggest that phosphorylation of CREB in muscle-induced hyperalgesia is mediated by activation of the cAMP pathway and is time dependent.

## Activation of the cAMP pathway and CREB

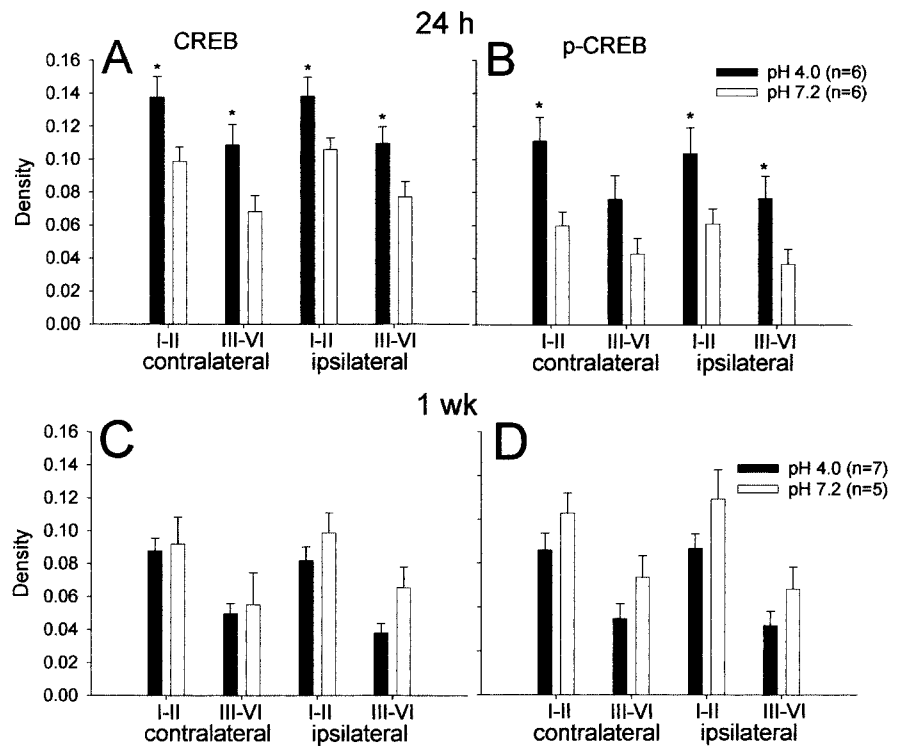
CREB is a nuclear protein that mediates the effects of the activation of the cAMP pathway in the transcriptional regulation of a

large number of peptides and proteins. Specifically, CREB is a transcription factor that binds to the cAMP response element (CRE) promoter site (Shaywitz and Greenberg, 1999). Two types of CREB that have opposing actions may bind to the CRE promoter site. CREB-1 represses gene transcription and CREB-2 activates gene transcription, but only when it is phosphorylated (Bear et al., 2001).

The current study shows that activation of the cAMP pathway phosphorylates CREB, which is required for CRE-mediated transcription, suggesting that an increase in gene transcription may occur in chronic muscle pain. These data agree with previous studies showing an increase in p-CREB in various animal models of pain (Ji and Rupp, 1997; Messersmith et al., 1998; Anderson and Seybold, 2000; Ji et al., 2000; Ma and Quirion, 2001; Miletic et al., 2002; Wei et al., 2002). In both neuropathic and inflammatory pain, the phosphorylation of CREB parallels hyperalgesia (Ji and Rupp, 1997; Miletic et al., 2002). In contrast, our study shows that the increases in p-CREB occur in a time-dependent manner, are mediated by activation of the cAMP pathway, and that the increases in the superficial dorsal horn correlate with the mechanical withdrawal threshold. Thus, the increases in p-CREB after muscle-induced hyperalgesia appear to contribute to the cAMP-dependent phase of hyperalgesia associated with stimulation of the muscle.

In the current study there was not an area-dependent increase in CREB or p-CREB immunoreactivity as observed after electrical stimulation of the sciatic nerve (White and Helme, 1985; Klein et al., 1990). The changes in CREB and p-CREB are difficult to explain on the basis of activation solely by muscle nociceptors. Types III and IV muscle nociceptors project predominantly to laminae I and V without projections to lamina II (for review, see Mense, 1993; Mense and Prabhakar, 1986). Similarly, changes in substance P and calcitonin gene-related peptide after knee joint inflammation occur throughout laminae I and II (Sluka et al., 1992; Sluka and Westlund, 1993), although joint afferents terminate primarily in laminae I and V (Craig et al., 1988). One speculation is that increases in CREB and p-CREB are mediated by activation of descending facilitatory pathways secondary to activation of muscle nociceptors (Urban et al., 1999; Porreca et al., 2002). Secondary hyperalgesia involves descending facilitation mediated by supraspinal sites, including the rostral ventral medulla and the anterior cingulate cortex (Urban et al., 1999; Calejean et al., 2000; Porreca et al., 2002; Wei et al., 2002). Activation of supraspinal sites may also explain the bilateral changes in CREB, p-CREB, and mechanical hyperalgesia.

The phosphorylation of CREB may contribute to the long-lasting hyperalgesia observed in this model by allowing CREB to bind the CRE promoter. The CRE promoter is found in a number of "pain genes," including *c-fos* (Sassone-Corsi et al., 1988), somatostatin (Gonzales and Montminy, 1989), and neurokinin 1 receptor (Hershey et al., 1991), that are modulated after tissue injury. Furthermore, p-CREB increases in neurokinin-1 receptor



**Figure 4.** Density of CREB and p-CREB immunoreactivity 24 hr and 1 week after the second intramuscular injection of pH 4.0 or 7.2 control. *A, B*, CREB and p-CREB increase in the spinal cord dorsal horn bilaterally 24 hr after the second intramuscular injection of pH 4.0 saline compared with pH 7.2 saline injections. *C, D*, CREB and p-CREB do not significantly differ 1 week after the second intramuscular injection of pH 4.0 compared with pH 7.2 saline injections. I–II, Laminae I and II; III–VI, laminae III–VI; 24 h, 24 hr; 1 wk, 1 week. Data are presented as the average with the SEM. \**p*, significantly different from the pH 7.2 control group; *p* < 0.05.

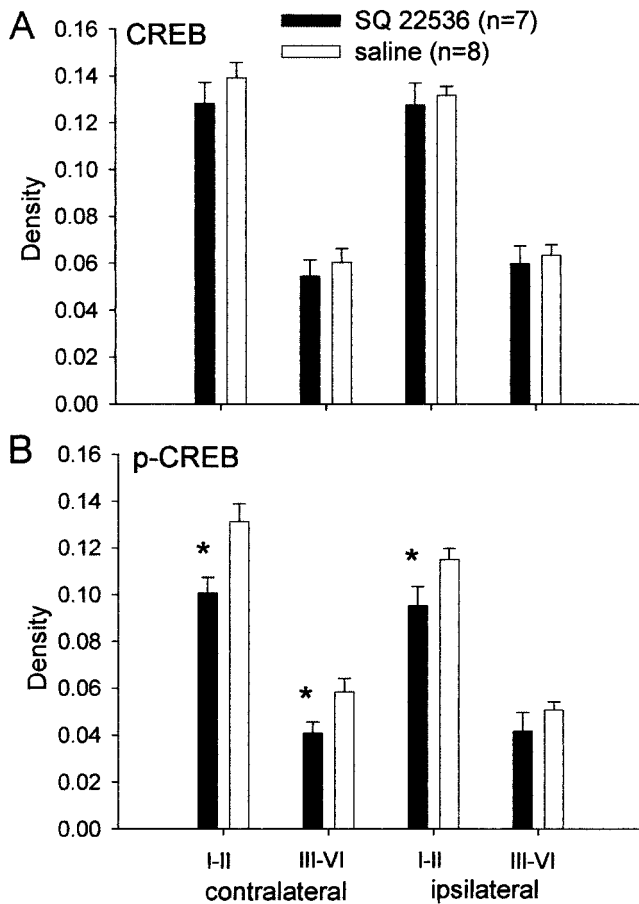
immunoreactive neurons in the spinal cord after formalin injection (Anderson and Seybold, 2000). There may be other CRE promoter sites downstream in which consequences of p-CREB are not identified.

The increase in CREB could represent an upregulation attributable to new synthesis or decreased degradation. Increases in CREB protein, which occur in other systems, would result in a greater pool of protein for phosphorylation. For example, CREB mRNA and CREB immunoreactivity increase in the rat hippocampus after chronic administration of antidepressants as well as phosphodiesterase inhibitors (Nibuya et al., 1996). Therefore, this increase in CREB parallels what is seen in other systems that are mediated by the cAMP pathway.

#### Activation of the cAMP pathway and mechanical hyperalgesia

Activation of adenylate cyclase in neurons can occur through neurotransmitter–receptor interactions or increases in calcium (Xia and Storm, 1997). Adenylate cyclase activation converts ATP to cAMP, which then activates PKA. PKA is involved in neuroplasticity through phosphorylation of various substrates, including ion channels, neurotransmitter receptors, and transcription factors (Gonzalez and Montminy, 1989; Blackstone et al., 1995; Hell et al., 1995). The PKA site on the NR1 subunit of the NMDA receptor is phosphorylated after intradermal capsaicin injection (Zou et al., 2000). The current study provides evidence that PKA can also phosphorylate the transcription factor CREB in an animal model of muscle-induced hyperalgesia.

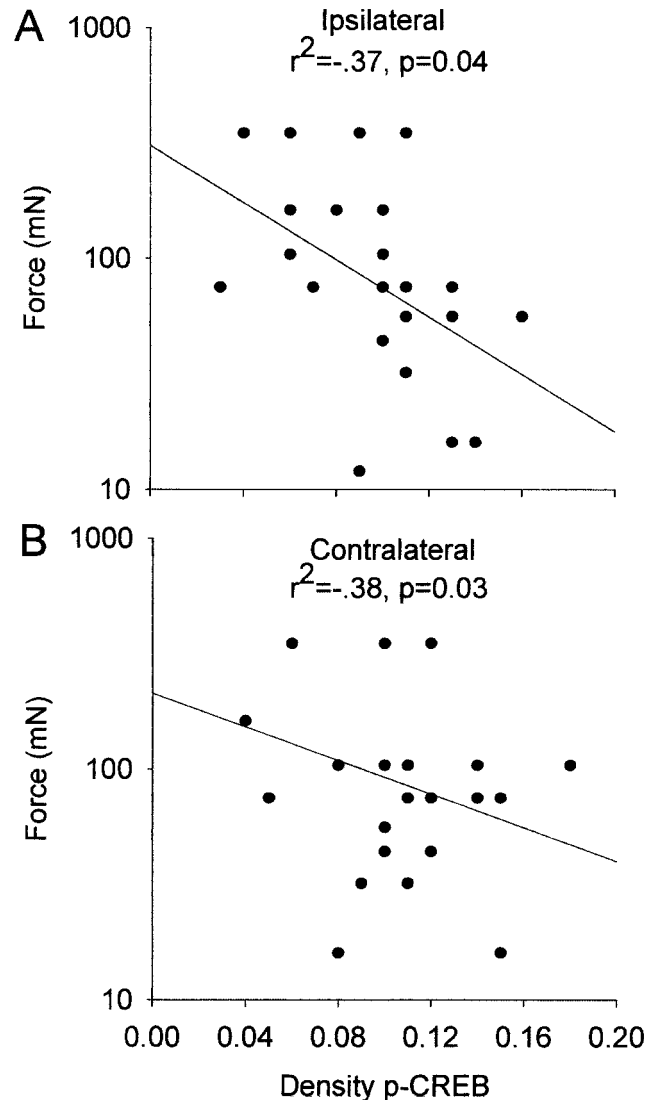
We propose that activation of the cAMP pathway is involved in a time-dependent manner in the early phase of maintenance but not the later phase or the induction of hyperalgesia. Pretreatment with either an adenylate cyclase or PKA inhibitor has no



**Figure 5.** Density of CREB and p-CREB immunoreactivity after intrathecal treatment with the adenylate cyclase inhibitor, SQ 22536, or saline. *A*, CREB remains unchanged after spinal inhibition of adenylate cyclase with SQ22536. *B*, The increase in p-CREB is prevented after spinal inhibition of adenylate cyclase with SQ22536 compared with the intrathecal saline control. I–II, Laminae I and II; III–VI, laminae III–VI. Data are presented as the average with the SEM. \*Significantly different from saline control;  $p \leq 0.05$ .

effect on the hyperalgesia produced by intradermal injection of capsaicin (Sluka, 1997). Treatment with an adenylate cyclase or PKA inhibitor 1 hr after intradermal capsaicin or 24 hr after intra-articular or intramuscular injection of capsaicin reverses secondary mechanical hyperalgesia (Sluka, 1997, 2002). In contrast, treatment 1 week after intra-articular or intramuscular injection of capsaicin has no effect on mechanical hyperalgesia (Sluka, 2002). Our results parallel these previous behavioral studies with a reduction in hyperalgesia at 24 hr, but not 1 week, after repeated intramuscular acid injection. We further these results by showing that phosphorylation of CREB occurs in the same time-dependent manner and that the changes in p-CREB at 24 hr correlate with the mechanical withdrawal threshold, suggesting a role for phosphorylation of CREB in the early maintenance of mechanical hyperalgesia induced by intramuscular acid injection.

The temporal effects of the cAMP pathway activation are seen in other models of neuroplasticity. The early phase of long-term potentiation is dependent on the activation of the cAMP pathway; inhibition of this pathway decreases early long-term potentiation (Blitzer et al., 1995; Otmakhova et al., 2000). In the hippocampus, PKA activity rapidly increases in the initial stages of spatial learning and starts to decrease when protein kinase C (PKC) activity is maximal at later stages (Vazquez et al., 2000).



**Figure 6.** Scatter plots showing the correlation of the mechanical withdrawal threshold ipsilaterally (*A*) and contralaterally (*B*) to the density of p-CREB immunoreactivity of the superficial dorsal horn at 24 hr. All animals at 24 hr were included in the analysis, and each point represents an individual animal.

PKC activation appears to be critical in the later maintenance phase of long-term potentiation and memory (Sweatt, 1999; Vazquez et al., 2000). Thus, the mechanical hyperalgesia observed in the current study and a previous report (Sluka, 2002) show a pattern similar to that observed in long-term potentiation and memory. On the basis of these data, we hypothesize that PKC plays a role in the later phase. In support of this hypothesis, mice lacking PKC  $\gamma$  have no differences in their acute pain responses to heat or mechanical stimuli (Malmberg et al., 1997b). In a more chronic neuropathic pain model, however, both mechanical and heat hyperalgesia were markedly reduced (Malmberg et al., 1997b). Therefore, these results indicate that PKA is involved in the early maintenance of chronic muscle hyperalgesia, but some other molecule, such as PKC, is involved in the later maintenance of hyperalgesia.

The cAMP pathway within the spinal cord plays an integral role in nociceptive processing. Specifically, activation of the cAMP pathway potentiates dorsal horn neurons *in vitro* (Cerne et al., 1992, 1993), sensitizes spinothalamic tract cells to noxious

mechanical stimuli *in vivo* (Lin et al., 2002), and produces mechanical hyperalgesia *in vivo* (Sluka, 1997, 2002; Dolan and Nolan, 2001). Conversely, spinal blockade of the cAMP pathway reverses mechanical hyperalgesia produced by intradermal, intramuscular, or intra-articular injection of capsaicin (Sluka, 1997, 2002) and reverses capsaicin-induced sensitization of spinothalamic tract cells (Sluka et al., 1997). Thus, activation of the cAMP pathway in the dorsal horn, including spinothalamic tract neurons, could sensitize dorsal horn neurons to noxious mechanical input resulting in mechanical hyperalgesia, as observed after repeated intramuscular acid injection.

## Summary

In summary, the phosphorylation of CREB occurs in a time-dependent manner that parallels the cAMP-dependent phase of mechanical hyperalgesia. These increases in p-CREB are reversed by blockade of the cAMP pathway and correlate with the mechanical withdrawal threshold, suggesting that increases in p-CREB may contribute to the mechanical hyperalgesia associated with repeated intramuscular acid injection. Thus, these data provide clinical relevance in that modulation of the cAMP pathway may be beneficial in the early stages of muscle hyperalgesia.

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