

Insulysin Hydrolyzes Amyloid β Peptides to Products That Are Neither Neurotoxic Nor Deposit on Amyloid Plaques

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Insulysin (EC 3.4.22.11) has been implicated in the clearance of β amyloid peptides through hydrolytic cleavage. To further study the action of insulysin on β peptides recombinant rat insulysin was used. Cleavage of both $A\beta_{1-40}$ and $A\beta_{1-42}$ by the recombinant enzyme was shown to initially occur at the His¹³-His¹⁴, His¹⁴-Gln¹⁵, and Phe¹⁹-Phe²⁰ bonds. This was followed by a slower cleavage at the Lys²⁸-Gly²⁹, Val¹⁸-Phe¹⁹, and Phe²⁰-Ala²¹ positions. None of the products appeared to be further metabolized by insulysin. Using a rat cortical cell system, the

action of insulysin on $A\beta_{1-40}$ and $A\beta_{1-42}$ was shown to eliminate the neurotoxic effects of these peptides. Insulysin was further shown to prevent the deposition of $A\beta_{1-40}$ onto a synthetic amyloid. Taken together these results suggest that the use of insulysin to hydrolyze β peptides represents an alternative gene therapeutic approach to the treatment of Alzheimer's disease.

Key words: amyloid peptide metabolism; metallopeptidase; insulysin; $A\beta$ neurotoxicity; $A\beta$ deposition; $A\beta$ cleavage

The major pathological feature of Alzheimer's disease is the presence of senile plaques in the brain of affected individuals. Although controversy exists whether the formation of amyloid deposits is the primary cause of Alzheimer's disease, they contribute to its etiology and progression (Selkoe, 1994). These insoluble amyloid deposits contain as a major constituent amyloid β peptides ($A\beta$ peptides) derived by processing of the amyloid precursor protein (Goldgaber et al., 1987) by β and γ secretases (Sinha et al., 1999; Vassar et al., 1999). Considerable effort has been expended in identifying these secretases, the goal being the development of specific inhibitors that would block the formation of amyloid plaques. The recent report of an aspartyl protease that appears to be a true β secretase (Vassar et al., 1999) provides optimism that this approach can soon be tested.

Tseng et al. (1999) showed that amyloid formation involves the deposition of monomeric $A\beta$. Thus, inhibition of monomeric $A\beta$ aggregation or deposition represents an alternative strategy for the treatment of Alzheimer's disease. Compounds that prevent $A\beta$ aggregation have been reported (Soto et al., 1996; Tjernberg et al., 1996; Tomiyama et al., 1996; Wood et al., 1996), and a high throughput screen has been developed (Esler et al., 1997). Another approach is to hydrolyze $A\beta$ peptides before they deposit onto amyloid plaques. Howell et al. (1995) showed that the zinc metallopeptidase neprilysin (neutral endopeptidase, enkephalinase; EC 3.4.24.11) degraded $A\beta_{1-40}$, whereas Iwata et al. (2000) showed that inhibition of neprilysin in rat brain produces an increase in $A\beta_{1-42}$ concentration and the formation of diffuse amyloid plaques. However, it was observed that neprilysin inhibitors were less effective in altering the $A\beta_{1-40}$ concentration, suggesting that $A\beta_{1-40}$ might be cleared by a different mechanism or peptidase (Iwata et al., 2000).

Kurochkin and Goto (1994) showed that another zinc metallopeptidase insulysin (insulin degrading enzyme, insulinase, EC 3.4.22.11) also cleaved $A\beta_{1-40}$, although the products of the reaction were not identified. In a subsequent study McDermott and Gibson (1997) confirmed the degradation of $A\beta_{1-40}$ by insulysin, identified a number of putative reaction products, and showed that $A\beta_{1-40}$ displayed an IC_{50} in the low micromolar range. Because this study used partially purified enzyme, the contribution of contaminating peptidases cannot be ruled out. Qiu et al. (1998) showed that a secreted form of insulysin was produced from microglial cells (BV-2) and provided evidence that primary rat brain cultures and differentiated rat adrenal pheochromocytoma (PC12) cells expressed a cell surface form of insulysin (Vekrellis et al., 2000). Recently Perez et al. (2000) showed that insulysin represents an abundant $A\beta$ degrading activity in human brain soluble extracts.

In this study we have used homogeneous recombinant rat insulysin to study the reaction of this peptidase with $A\beta_{1-40}$ and $A\beta_{1-42}$. We have identified cleavage sites and studied the cleavage reaction and its effect on the neurotoxic properties of the $A\beta$ peptides and the ability of $A\beta_{1-40}$ to deposit onto preformed synthetic amyloid fibrils. The results of this study suggest that insulysin may represent an alternative therapeutic approach for the treatment of Alzheimer's disease.

MATERIALS AND METHODS

Materials. $A\beta_{1-40}$ and $A\beta_{1-42}$ were obtained from Bachem (Torrance, CA). Solutions were prepared by dissolving the peptide in dimethylsulfoxide (DMSO) to give a stock concentration of 200 μ M. The peptide stock was lyophilized and stored at -80°C until use. The aggregation state of $A\beta$ peptide stock solutions was checked by electron microscopy (Ray et al., 2000) and found to be predominantly, if not exclusively, monomeric. For the *in vitro* reactions with insulysin, a final concentration of 25 μ M $A\beta_{1-40}$ was obtained after bringing the lyophilized peptide into solution with double-distilled water. For cytotoxicity studies $A\beta_{1-40}$ and $A\beta_{1-42}$ peptides were dissolved in sterile N2 medium (Life Technologies, Rockville, MD). Human β -endorphin₁₋₃₁, obtained from the National Institute on Drug Abuse drug supply system, was dissolved in water to give a stock solution of 300 μ M. Trifluoroacetic acid (Sigma, St. Louis, MO) was diluted into water to produce a 5% working solution.

Expression and purification of recombinant insulysin. A rat insulysin cDNA, (pECE-IDE), kindly provided by Dr. Richard Roth of Stanford University (Stanford, CA), was subcloned into the baculovirus-derived vector pFASTBAC (Life Technologies) through *Bam*HI and *Xho*I restriction sites such that a His₆-affinity tag was attached to the N terminus of the protein. Generation of recombinant virus and expression of the recombinant protein in Sf9 cells was performed according to the manufacturer's directions. For the purification of recombinant insulysin, a 1:10 (w/v)

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suspension derived from a 50 ml culture of viral infected Sf9 cells was prepared in 100 mM potassium phosphate buffer, pH 7.2, containing 1 mM dithiothreitol (K-PO₄/DTE buffer). The suspension was sonicated 10 times, each burst for 1 sec, using a Branson sonifier (setting 3 at 30%) and then centrifuged at 75,000 \times g for 30 min to pellet cell debris and membranes. The supernatant containing recombinant rat insulysin was loaded onto a 0.5 ml nickel-nitrilotriacetic acid (Ni-NTA) column (Qiagen, Valencia, CA) that had been equilibrated with the K-PO₄/DTE buffer. After extensive washing of the column with starting buffer, and then with 20 mM Imidazole-HCl, pH 7.2, the enzyme was eluted with 0.1 M Imidazole-HCl, pH 7.2. The enzyme was further purified over a 1 ml Mono-Q anion exchange column (Pharmacia Biotech, Piscataway, NJ) in 20 mM phosphate buffer, pH 7.2. A linear salt gradient of 0–0.6 M KCl, equivalent to 60 column volumes, was applied to the column with the enzyme eluted at 0.28 M KCl. SDS-PAGE of the insulysin was conducted on a 7.5% gel.

Insulysin activity determination. Insulysin activity was assayed by measuring the disappearance of β -endorphin by isocratic reverse-phase HPLC (Safavi et al., 1996). A 100 μ l reaction mixture containing 40 mM potassium phosphate buffer, pH 7.2, 30 μ M β -endorphin, and enzyme was incubated for 15 min at 37°C. The reaction was stopped by the addition of 10 μ l of 5% trifluoroacetic acid to give a final concentration of 0.5%. The reaction mix was loaded onto a C₄ reverse-phase HPLC column (Vydac, Hisperia, CA), and products were resolved isocratically at 32% acetonitrile. The β -endorphin peak was detected by absorbance at 214 nm using a Waters 484 detector. The reaction was quantitated by measuring the decrease in the β -endorphin peak area.

Determination of sites of cleavage of A β peptides. Purified insulysin was incubated with 25 μ M A β _{1–40} in 40 mM potassium phosphate buffer, pH 7.2, at 37°C for 1 hr. The reaction products were loaded onto a C₄ reverse-phase HPLC column and products resolved using a linear gradient of 5–75% acetonitrile over 65 min. Products were detected by absorbance at 214 nm using a Waters 484 detector, and individual product peaks were collected manually. Product analysis was also conducted on an intact reaction mixture in which products were not resolved by HPLC. Products were identified by matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF-MS). The reaction of insulysin with A β _{1–42} was conducted in a similar manner with products identified by MALDI-TOF-MS directly from reaction mixtures.

A β _{1–40} deposition assay. β amyloid deposition assays were conducted as described by Esler et al. (1999). Briefly, 96 well microtiter plates precoated with aggregated amyloid β _{1–40} (QC/Biosource, Hopkinton, MA) were additionally coated with 200 μ l of a 0.1% bovine serum albumin solution in 50 mM Tris-HCl, pH 7.5, for 20 min to prevent nonspecific binding. For measuring A β _{1–40} deposition in the presence or absence of insulysin, a 150 μ l solution of 0.1 nM [¹²⁵I] labeled A β _{1–40} in 50 mM Tris-HCl, pH 7.5, was added to the precoated well and incubated for 4 hr. When added, insulysin (0.5–500 ng) was placed directly in the well at zero time. The reaction was stopped by washing off excess undeposited radiolabeled A β _{1–40} with 50 mM Tris-HCl, pH 7.5. The radiolabel deposited onto the washed well was counted in a gamma counter. In a variation of this protocol, insulysin was preincubated with 1 nM [¹²⁵I]-A β _{1–40} for 60 min and then added to the deposition assay.

Neuroprotection assays. Neurotoxicity assays were performed as described by Estus et al. (1997) using embryonic day 18 rat fetuses to establish primary rat cortical neuron cultures. Rat brain cortical cells were initially cultured in AM₀ media for 3–5 hr in 16 well chamber slides (Nalge Nunc International, Rochester, NY) precoated with polyethyleneimine at a density of $\sim 1 \times 10^5$ cells per well. The culture was enriched in neurons by replacement of the AM₀ media with DMEM (Life Technologies) containing 100 U/ml penicillin, 100 μ g/ml streptomycin, and 2% B27 serum supplement (Life Technologies).

Cells were treated with A β peptides and then fixed with 4% paraformaldehyde for 15 min at room temperature. After washing the cells with PBS, they were then stained with Hoechst 33258 at 1 μ g/ml for 10 min. Neurons were then visualized by fluorescence microscopy. Those cells with uniformly dispersed chromatin were scored as survivors, whereas those cells containing condensed chromatin were scored as nonsurvivors. Readings were typically taken in triplicate with a minimum of 250 neurons scored from each well. Cells treated as described above were visualized using a Nikon microscope equipped with a Hoffman modulation contrast lens. Statistical analysis was performed on the samples using ANOVA.

Immunofluorescence. The presence of aggregated A β _{1–40} was detected in the neuronal cultures using the monoclonal antibody 10D5 (Walker et al., 1994) at a 1:100 dilution in 5% goat serum in PBS. After an overnight incubation at 4°C with this primary antibody, the wells were rinsed with PBS and incubated with a goat anti-mouse secondary antibody conjugated to Cy3 (Jackson ImmunoResearch, West Grove, PA) at a dilution of 1:250 in 5% goat serum in PBS. The wells were incubated at room temperature for 60 min and then after further washing with PBS, cells were examined under a fluorescence microscope.

RESULTS

To characterize the reaction of insulysin with the A β peptides, recombinant rat enzyme containing an N-terminal His₆ affinity tag was expressed in baculovirus-infected Sf9 cells. Expression of the

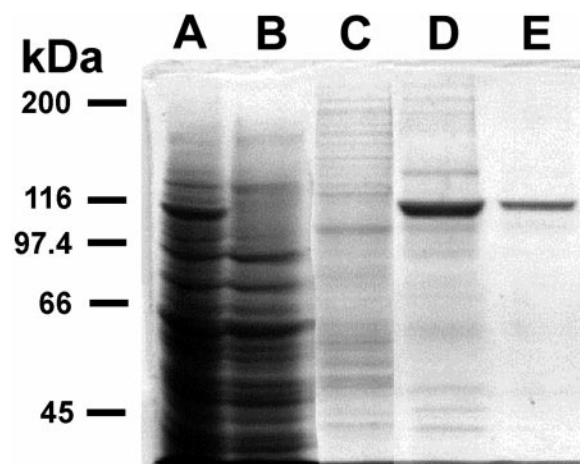


Figure 1. Purification of recombinant rat insulysin. Insulysin was purified as described in Materials and Methods, and 15 μ g aliquots from various stages of purification were analyzed by SDS-PAGE on a 7.5% gel stained with Coomassie Blue. *A*, Sf9 cell extract. *B*, Nonbound proteins from the Ni-NTA-agarose column. *C*, Protein eluted from the Ni-NTA-agarose column with 20 mM imidazole. *D*, Protein eluted from the Ni-NTA-agarose column with 100 mM imidazole. *E*, Protein eluted from the Mono-Q column. The position of molecular weight markers (myosin, 200 kDa; β -galactosidase, 116 kDa; phosphorylase B, 97.4 kDa; bovine serum albumin, 66 kDa; and ovalbumin, 45 kDa) is shown on the left.

Table 1. Identification of products from insulysin cleavage of A β _{1–40}

Peak no.	A β _{1–40} Fragment	Sequence
1	1–14	DAEFRHDSGYEVHH
2	1–13	DAEFRHDSGYEVH
3	1–18	DAEFRHDSGYEVHHQKLV
4	1–19	DAEFRHDSGYEVHHQKLVF
5	1–28	DAEFRHDSGYEVHHQKLVFFAEDVGSNK
6	1–20	DAEFRHDSGYEVHHQKLVFF
7	20–40	FAEDVGSNKGAIIGLMVGGVV
8	29–40	GAIIGLMVGGVV
9	21–40	AEDVGSNKGAIIGLMVGGVV
10	19–40	FFAEDVGSNKGAIIGLMVGGVV
11	15–40	QKLVFFAEDVGSNKGAIIGLMVGGVV

The peaks from the HPLC chromatogram shown in Figure 2 were collected and analyzed by MALDI-TOF. Product peaks are labeled sequentially as derived from HPLC (shown in Fig. 2).

enzyme in this system was high, as evidenced by the ability to see insulysin protein in a crude extract by SDS-PAGE (Fig. 1). Purification of the recombinant enzyme was achieved by chromatography on a Ni-NTA-agarose column producing highly purified enzyme followed by chromatography on a Mono-Q column, which produced homogeneous enzyme (Fig. 1). The specific activity of the recombinant enzyme (2.6 μ mol \cdot min⁻¹ \cdot mg⁻¹) was comparable to enzyme purified from a thymoma cell line, EL-4 (3.3 μ mol \cdot min⁻¹ \cdot mg⁻¹), and thus the presence of the His₆ affinity tag had no discernable effect on enzyme activity.

To delineate the sites of cleavage of the A β _{1–40} peptide by insulysin, the peptide was incubated with varying concentrations of the enzyme for 1 hr at 37°C, and then products were resolved by gradient reverse-phase HPLC. With 50 ng of insulysin, the lowest enzyme concentration used, three major cleavage sites at His¹⁴-Gln¹⁵ (peak 1), His¹³-His¹⁴ (peak 2), and Phe¹⁹-Phe²⁰ (peak 4 and peak 7) were discernible (Table 1, Fig. 2). In addition, minor cleavage sites at Lys²⁸-Gly²⁹ (peak 5) and Phe²⁰-Ala²¹ (peak 6) were observed. When the amount of insulysin was increased to 250 ng, each of the products seen with 50 ng of enzyme increased, and an additional product corresponding to cleavage at Val¹⁸-Phe¹⁹

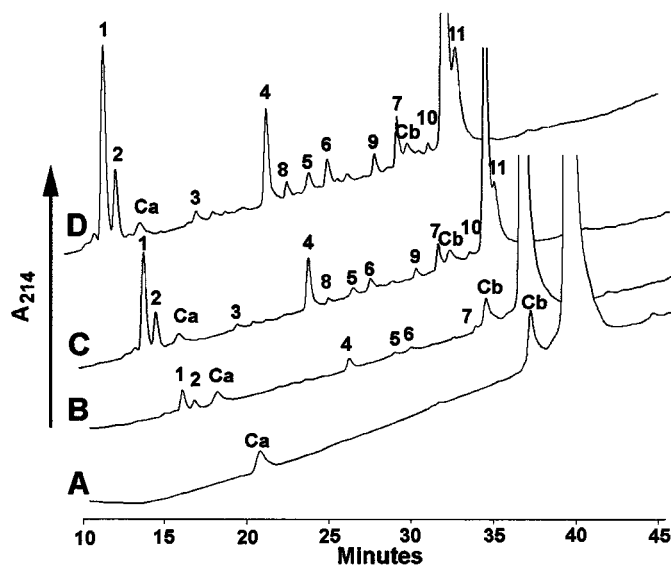


Figure 2. HPLC profile of products generated from the cleavage of A β_{1-40} by insulysin. Varying amounts of recombinant rat insulysin were incubated with 25 μ M A β_{1-40} for 30 min at 37°C. Cleavage products were separated by a 5–75% gradient of acetonitrile on a C₄ reverse-phase HPLC column. Product peaks are numbered according to their order of elution. The peaks designated Ca and Cb refer to contaminants in the A β_{1-40} solution. These are not reacted on by insulysin, as is seen by their invariant peak areas in all the traces. *A*, A β_{1-40} alone. *B*, A β_{1-40} incubated with 50 ng of insulysin, whereas the product corresponding to the C-terminal half of this cleavage, A β_{15-40} , is not seen in the 50 ng reaction, but is observed with the 250 ng of enzyme. This is in part attributed to the hydrophobic nature of the C-terminal peptides and their greater retention times, which produces HPLC peak broadening and decreased sensitivity. The overall cleavage profile is illustrated in Figure 3.

(peak 3) was observed. Further increasing insulysin to 500 ng showed a continued increase in each of the products. The same products were seen when A β_{1-40} was treated with 500 ng of insulysin and analyzed by MALDI-TOF-MS without separation of the reaction products. It is interesting to note that one product peak A β_{14-40} was not observed, whereas other product peaks were not apparent until after substantial metabolism had occurred. For example, A β_{1-14} can be seen in the digest using 50 ng of insulysin, whereas the product corresponding to the C-terminal half of this cleavage, A β_{15-40} , is not seen in the 50 ng reaction, but is observed with the 250 ng of enzyme. This is in part attributed to the hydrophobic nature of the C-terminal peptides and their greater retention times, which produces HPLC peak broadening and decreased sensitivity. The overall cleavage profile is illustrated in Figure 3.

The A β_{1-42} peptide was incubated with insulysin in an identical manner as with A β_{1-40} , and the products were analyzed by MALDI-TOF mass spectrometry without prior separation by HPLC. Product peaks corresponding to cleavage at the His¹³-His¹⁴, His¹⁴-Gln¹⁵, Phe¹⁹-Phe²⁰, and Phe²⁰-Ala²¹ positions were observed. These results indicate that both A β_{1-40} and A β_{1-42} are cleaved at the same sites. The rate of cleavage of 25 μ M A β_{1-40} was measured as 1.2 μ mol \cdot min⁻¹ \cdot mg⁻¹ enzyme, which indicates that the A β peptides are good substrates for insulysin.

The products of the action of insulysin on the A β peptides produces relatively large fragments. Because the peptide A β_{25-35} , which is derived from A β_{1-40} , is neurotoxic, it is possible that the products of insulysin action on the A β peptides could be toxic to neurons. To test this, rat cortical neurons were treated with A β peptides in the presence and absence of insulysin. Preliminary experiments were performed to obtain a suitable A β peptide concentration that would show a significant cytotoxic effect, as there are batch to batch variations in the ability of the A β peptides to mediate cytotoxic effects on cells in culture. These experiments established 30 μ M A β_{1-40} and 25 μ M A β_{1-42} as reasonable peptide concentrations that produce ~70 and 80% loss of cortical neurons, respectively, in 48 hr.

The cell-based assay using primary rat cortical neurons was used

Positions of cleavage in A β_{1-40}

Asp-Ala-Glu-Phe-Arg-His-Asp-Ser-Gly-
 Tyr-Glu-Val-His¹³↓His¹⁴↓Gln¹⁵-Lys-
 Leu-Val¹⁸↓Phe¹⁹↓Phe²⁰↓Ala²¹-Glu-
 Asp-Val-Gly-Ser-Asn-Lys²⁸↓Gly²⁹-Ala-
 Ile-Ile-Gly-Leu-Met-Val-Gly-Gly-Val-Val

Positions of cleavage in A β_{1-42}

Asp-Ala-Glu-Phe-Arg-His-Asp-Ser-Gly-
 Tyr-Glu-Val-His¹³↓His¹⁴↓Gln¹⁵-Lys-
 Leu-Val-Phe¹⁹↓Phe²⁰↓Ala²¹-Glu-Asp-
 Val-Gly-Ser-Asn-Lys-Gly-Ala-Ile-Ile-Gly-
 Leu-Met-Val-Gly-Gly-Val-Val-Ile-Ala

Figure 3. Positions of cleavage within the A β_{1-40} and A β_{1-42} sequences. Primary cleavage sites are noted with the thick arrows.

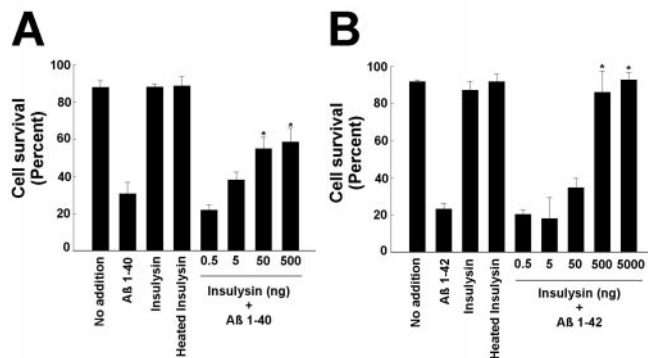


Figure 4. Effect of insulysin on the neurotoxic effects of A β peptides. Purified insulysin was added with A β_{1-40} (30 μ M) or A β_{1-42} (25 μ M) to primary cortical neurons, and incubation continued for an additional 48 hr. The neurotoxic effect of the A β peptides was determined as described in Materials and Methods. The insulysin and heat-inactivated insulysin controls used 5000 ng of enzyme. *A*, Effect of incubation with insulysin on the neurotoxic effects of A β_{1-40} . *B*, Effect of incubation with insulysin on the neurotoxic effects of A β_{1-42} . **p* < 0.01 relative to the A β -treated sample as determined by ANOVA.

to determine whether the insulysin cleavage products of the A β peptides were themselves neurotoxic. Recombinant insulysin at concentrations ranging from 0.5 to 5000 ng was added simultaneously with the A β peptides to the cortical cultures. When added directly to the cultures, as little as 50 ng of insulysin was effective in sparing the neurotoxic effects of A β_{1-40} (Fig. 4*A*), whereas 500 ng of insulysin was effective in sparing the neurotoxic effects of A β_{1-42} (Fig. 4*B*). This effect of insulysin is illustrated in Figure 5 in which cells were either stained with Hoechst 33258 to visualize DNA (*A–D*), with the A β antibody 10D5 to visualize cell-associated A β (*E–H*), or visualized directly by Hoffman modulation microscopy (*I–L*). Using this phase-contrast microscopy, it can be seen that

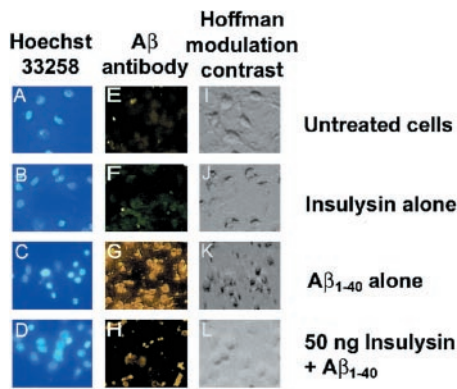


Figure 5. Insulysin protects against A β_{1-40} mediated neurotoxicity. Rat cortical neurons were treated as described in Figure 4 in the presence or absence of 50 ng of insulysin. Cells were stained with Hoechst 33258 (*A–D*) or with the A β antibody 10D5 (*E–H*). Hoffman modulation contrast micrographs are shown in *I–L*. *A*, *E*, and *I* show untreated neurons. *B*, *F*, and *J* show neurons with 50 ng of insulysin added. *C*, *G*, and *K* show neurons treated with 30 μ M A β_{1-40} . *D*, *H*, and *L* show neurons treated with 50 ng of insulysin and 30 μ M A β_{1-40} .

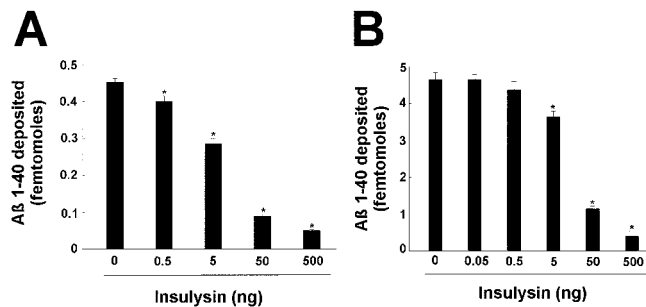


Figure 6. Insulysin inhibits the deposition of A β_{1-40} onto synthetic amyloid plaques. *A*, Effect of incubation with insulysin on the deposition of A β_{1-40} . A β_{1-40} (0.1 nM) was mixed with the indicated amount of purified insulysin and then added to synthaloid in 96 well plates. Deposition was permitted to occur over a 4 hr time period. *B*, Effect of preincubation with insulysin on the deposition of A β_{1-40} . A β_{1-40} (1 nM) was preincubated for 60 min with the indicated amount of purified insulysin. The incubation mixtures were then added to synthaloid in 96 well plates, and deposition was permitted to occur over a 4 hr time period. * $p < 0.01$ as determined by ANOVA.

A β_{1-40} caused the cells to appear shrunken (*K*) as compared to control cells, which appear rounded (*I*). A β_{1-40} induced chromatin condensation, which appears as small rounded nuclei (*C*), and A β cellular accumulation, which appears as a bright layering over the cells (*G*), is not evident in untreated cells (*A*, *E*). Cells to which insulysin was added along with A β_{1-40} more closely resembled untreated cells (*D*, *H*, *L*). Also shown in Figure 5 are controls in which cells were treated with insulysin alone (*B*, *F*, *J*).

During the progression of Alzheimer's disease, monomeric A β peptides are deposited onto senile plaques. To test whether insulysin is able to prevent the deposition of the A β_{1-40} peptide, a model system was used in which the deposition of radiolabeled A β_{1-40} onto a synthetic amyloid plaque (synthaloid) is followed (Esler et al., 1999). As seen in Figure 6*A*, addition of insulysin at 0.5–500 ng with radiolabeled [125 I]A β_{1-40} shows that 50 ng of insulysin is able to prevent the deposition of radiolabeled A β_{1-40} . Figure 6*B* shows that preincubation of insulysin with radiolabeled [125 I]A β_{1-40} for 60 min before adding it to the wells also shows that 50 ng of insulysin is able to prevent the deposition of radiolabeled A β_{1-40} onto the synthetic amyloid. We also conducted an experiment in which [125 I]A β_{1-40} was first deposited onto the synthetic amyloid and then treated with insulysin to see if the enzyme could degrade preaggregated A β_{1-40} . After a 24 hr incubation with 5 μ g of insulysin, no radioactivity was released, indicating that insulysin does not degrade aggregated A β peptides.

DISCUSSION

The balance between the anabolic and catabolic pathways in the metabolism of the A β peptides is a delicate one. Although considerable effort has focused on the generation of the A β peptides, until recently considerably less emphasis has been placed on the clearance of these peptides. Removal of extracellular A β peptide appears to proceed through two general mechanisms: cellular internalization and extracellular degradation by neuropeptidases. Apparently neither of these mechanisms is adequate in Alzheimer's disease. Interest in the mechanism of cellular internalization stems from the apparent involvement of apolipoprotein E and α -2-macroglobulin in this process (Narita et al., 1997; Kang et al., 1997; Hughes et al., 1998; Blacker et al., 1998).

A number of neuropeptidases have been suggested to be involved in the extracellular degradation of A β peptides, and these include neprilysin (Howell et al., 1995), insulysin (Kurochkin and Goto, 1994; McDermott and Gibson, 1997; Qiu et al., 1998), and the plasmin system (Tucker et al., 2000). Studies by Iwata et al. (2000) showed that inhibition of neprilysin in rat brain led to increased levels of A β_{1-42} and the formation of diffuse plaques. Interestingly, A β_{1-40} levels did not increase as a consequence of neprilysin inhibition, suggesting that a different peptidase may be responsible for A β_{1-40} metabolism. Previous studies have shown that the zinc metalloprotease insulysin (insulin degrading enzyme) is able to cleave A β_{1-40} (Kurochkin and Goto, 1994; McDermott and Gibson, 1997; Qiu et al., 1998), making this a candidate enzyme for its clearance. Perez et al. (2000) showed that the insulysin activity was decreased in the soluble fraction derived from human Alzheimer brains compared to aged matched controls. They suggested this decrease could contribute to increased A β accumulation in Alzheimer's disease.

The use of neuropeptidases such as neprilysin or insulysin to remove extracellular A β peptides represents a potential treatment for Alzheimer's disease. However, for a peptidase to be useful, it must be established that its action eliminates the amyloidogenic properties of A β peptides. In this study we have shown that insulysin cleaves both A β_{1-40} and A β_{1-42} at the His¹³-His¹⁴, His¹⁴-Gln¹⁵, and Phe¹⁹-Phe²⁰ bonds as initial cleavage sites. Although the exact substrate specificity of insulysin is still unclear, it has been observed that insulysin can cleave at the C terminus of basic and hydrophobic amino acid residues. Thus, the cleavage pattern obtained with A β_{1-40} and A β_{1-42} is consistent with this specificity. Other cleavage sites that appear using higher concentrations of insulysin are at the Lys²⁸-Gly²⁹, Val¹⁸-Phe¹⁹, and Phe²⁰-Ala²¹ positions. These cleavage sites are also consistent with the known substrate specificity of the enzyme.

The cleavage products observed with insulysin indicate distinct cleavage events and not products derived from secondary cleavage of an initial product. That is, no fragment was observed lacking an intact N terminus, the C-terminal fragment corresponding to each N-terminal fragment was seen in all but one case, and products increased with an increasing concentration of insulysin.

Neuronal cell cultures are susceptible to the toxic effects mediated by A β_{1-40} and A β_{1-42} . We have used this neuronal cell culture system to establish that the products of the insulysin-dependent cleavage of A β_{1-40} and A β_{1-42} produces products that are not in themselves neurotoxic. This is an important point if one were to consider the use of insulysin in the treatment of Alzheimer's disease.

Related to cellular toxicity, A β peptides are able to deposit onto an existing matrix of peptides in what is thought to lead to an increase in the size of senile plaques and consequently to the progression of Alzheimer's disease. In a model system, Esler et al. (1997) have shown that the deposition of A β_{1-40} onto a preformed synthaloid matrix mimics the *in vivo* deposition of A β peptides onto the brain cortex. Using this model, we have shown that insulysin cleavage of A β_{1-40} prevents the deposition of the A β peptides onto the synthaloid. This suggests that insulysin may be able to prevent the formation and growth of senile plaques in Alzheimer's disease patients.

In summary we have established that the insulysin-dependent cleavage of the A β peptides leads to the loss of both their neurotoxic properties as well as their ability to contribute to plaque formation and growth. The use of insulysin and other peptidases to degrade extracellular A β peptides represents a new approach toward the treatment of Alzheimer's disease.

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