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## Metabolic activation-driven mitochondrial hyperpolarization predicts insulin secretion in human pancreatic beta-cells

Akos A Gerencser<sup>1,2</sup>

Akos A Gerencser: agerencser@buckinstitute.org

<sup>1</sup>Buck Institute for Research on Aging, 8001 Redwood Blvd, Novato, CA 94945

<sup>2</sup>Image Analyst Software, 43 Nova Lane, Novato, CA 94945

### Abstract

Mitochondrial metabolism plays a central role in insulin secretion in pancreatic beta-cells. Generation of protonmotive force and ATP synthesis from glucose-originated pyruvate are critical steps in the canonical pathway of glucose-stimulated insulin secretion. Mitochondrial metabolism is intertwined with pathways that are thought to amplify insulin secretion with mechanisms distinct from the canonical pathway, and the relative importance of these two pathways is controversial. Here I show that glucose-induced mitochondrial membrane potential (MMP) hyperpolarization is necessary for, and predicts, the rate of insulin secretion in primary cultured human beta-cells. When glucose concentration is elevated, increased metabolism results in a substantial MMP hyperpolarization, as well as in increased rates of ATP synthesis and turnover marked by faster cell respiration. Using modular kinetic analysis I explored what properties of cellular energy metabolism enable a large glucose-induced change in MMP in human beta-cells. I found that an ATP-dependent pathway activates glucose or substrate oxidation, acting as a positive feedback in energy metabolism. This activation mechanism is essential for concomitant fast respiration and high MMP, and for a high magnitude glucose-induced MMP hyperpolarization and therefore for insulin secretion.

### Keywords

oxidative phosphorylation; mitochondrial membrane potential; cell respiration; metabolic control analysis; glucose-stimulated insulin secretion; diabetes

## 1 Introduction

Mitochondrial energization, more precisely the protonmotive force across the mitochondrial inner membrane, or its readily measurable major component, the mitochondrial membrane potential ( $\psi_M$ ), and the downstream ATP/ADP, play a central signaling role in glucose-stimulated insulin secretion (GSIS) in pancreatic  $\beta$ -cells. When glucose concentration is increased, its metabolism results in substantial hyperpolarization of  $\psi_M$  [1–3]. A concomitant increase in ATP/ADP, or effectively a drop in [ADP] [4,5], closes ATP-sensitive K-channels on the plasma membrane and depolarizes plasma membrane potential ( $\psi_P$ ). The resulting  $\text{Ca}^{2+}$  influx through voltage-dependent  $\text{Ca}^{2+}$  channels triggers exocytosis. This is the triggering or canonical pathway of GSIS [6]. Mitochondrial metabolism has also been

linked to insulin secretion by a set of intermediates, metabolic coupling factors, that are thought to mediate amplification of secretion, possibly in a  $K_{ATP}$ -independent manner [7,8]. However, the roles and contributions of these pathways are controversial [5,9,10].

The ongoing importance of this topic is marked by the pandemic prevalence of type 2 diabetes (T2D) [11]. The first-phase of insulin secretion is impaired in T2D and the pre-diabetic state, indicating  $\beta$ -cell dysfunction [12–18]. Bioenergetic compromise has been demonstrated in type 2 diabetic human pancreatic islets [19–21], in primary cultured human  $\beta$ -cells [2] and also in rodent models of diabetes [22–25].

Glucose-induced  $\psi M$  hyperpolarization [9,26,27], and increase in ATP/ADP [28,29] or in ATP production [20,30] have been highlighted as good predictors of insulin secretion rates in rodent pancreatic  $\beta$ -cells and insulinoma cell lines. In contrast, others reported saturation of the  $\psi M$  response at a lower glucose concentration than for insulin secretion [31,32]. Amplification of insulin secretion by metabolic coupling factors is thought to explain energization-independent actions of glucose [7,8]. Some of these metabolic coupling factors have been indicated to amplify insulin secretion at the level of exocytosis, such as glutamate ([33] but see [34]), monoacylglycerol [35], GSH and NADPH ([36] but see [30]). Others have no known target in the exocytotic machinery but may modulate metabolism, such as malonyl-CoA ([37] but see [38]), and mitochondrial GTP [39,40]. Inhibition of metabolic pathways that produce these factors lowered GSIS, while no effects were detected on glucose-induced  $\psi M$  hyperpolarization and on ATP/ADP [41–43], or ATP levels did not correlate with secretion [39]. The limitations of assay technologies used to reach these conclusions are considered in the *Discussion*. Altogether, there is a generic disagreement not just between the relative importance of the canonical and metabolic coupling pathways, but also whether particular metabolites act as coupling factors [5,9,10]. Here I reevaluate and demonstrate the predictive role of  $\psi M$  in GSIS using current state-of-the-art bioenergetic assay technologies in human primary  $\beta$ -cells.

A major ( $\sim 30$  mV) hyperpolarization of  $\psi M$  [2] and about a doubling of the cytosolic ATP/ADP [28,29] concomitant with increased ATP usage, marked by almost doubled cell respiration [20,21,44–47] during increased availability of a single metabolic substrate has no trivial explanation. This is currently an unexplained paradox of  $\beta$ -cell bioenergetics [5,48]. In contrast to  $\beta$ -cells, many other tissues maintain stable ATP/ADP as workload or nutrient conditions change [49]. This  $\beta$ -cell-specific regulation of metabolism is possibly allowed by  $\beta$ -cell-specific gene expression [50].

Glucose stimulation of the  $\beta$ -cell changes virtually all variables of cellular energy metabolism [48,51,52], making it challenging to define which processes drive observed changes. Metabolic control analysis with appropriate modularization is a powerful method for understanding this through simplification [53–55]. Using control analysis of cellular energy metabolism we have previously described a positive feedback amplification of glucose metabolism in rodent insulinoma cells [56]. Here I show that this feedback mechanism has a particularly strong effect on glucose-stimulated  $\psi M$  hyperpolarization in non-diabetic human  $\beta$ -cells, and works in an ATP-dependent manner. I propose that the

hyperpolarization of  $\psi_M$  during GSIS is a result of activation of glucose oxidation and the observed positive feedback is responsible for this.

## 2 Materials and Methods

### 2.1 Materials

The  $\psi_P$  indicator (PMPI; #R8126 FLIPR Membrane Potential Assay Explorer Kit; red version) was from Molecular Devices (Sunnyvale, CA). AccuMAX was from Innovative Cell Technologies, Inc. (San Diego, CA). A custom RPMI 1640 medium formulated as powder without NaCl, NaHCO<sub>3</sub>, Ca(NO<sub>3</sub>)<sub>2</sub>, glucose, glutamine, biotin, riboflavin, folic acid and phenol red and with Na<sub>2</sub>HPO<sub>4</sub> decreased to 0.91 mM; Geltrex (A1413302), tetramethylrhodamine methyl ester (TMRM) and other fluorescence probes were from Life Technologies (Carlsbad, CA); other fine chemicals were from Cayman Chemical Company (Ann Arbor, MI), Sigma-Aldrich (St. Louis, MO) or Santa Cruz Biotechnology (Dallas, TX), unless otherwise noted. The growth medium for dispersed islet cultures comprised PIM(S) medium (Prodo Laboratories Inc., Irvine, CA) supplemented with human serum (5%, Corning CV35–060CI), glutamine plus glutathione (PIM(G) from Prodo) according to the supplier's recommendations, plus 100 units/ml penicillin and 100 µg/ml streptomycin. The potentiometric medium (PM) was made from a 2× stock (2×PM) of the modified RPMI 1640 containing (as final concentrations) 7.5 nM TMRM, 1:100 PMPI, 1 µM tetraphenylborate, 2.5 CaCl<sub>2</sub>, 3 glucose, 2 glutamine, 5 NaHCO<sub>3</sub>, 20 TES, which was then diluted to final volume using 240 mM NaCl (resulting in PM), 240 mM KCl (resulting in PMK) or 8 % paraformaldehyde (PFA) solution (resulting in PM-PFA, which was further supplemented with 120 mM KCl). All variants of the PM were kept in glass vials to prevent depletion of the probes. The respirometry medium (RM) closely matched the composition of the PM, contained the modified RPMI 1640, and in mM, 120 NaCl, 2.5 CaCl<sub>2</sub>, 3 glucose, 2 glutamine, 5 NaHCO<sub>3</sub>, 20 TES. Both PM and RM were free of serum or BSA unless otherwise noted, were set to pH 7.4 at 37 °C, and were supplemented with 1 µM zosuquidar [56] during assays to mitigate possible pumping of fluorescence probes by multidrug resistance proteins. PM and RM were used at 37°C in air.

### 2.2 Islet dispersion and cell culture

Human islets (3000–4000 islet equivalents; Prodo) were dispersed in a single batch upon receipt after overnight cold shipping, for each donor. Islets were incubated with AccuMAX (1.5 ml, for 10 min at 37°C), then triturated 30× with a 1 ml pipette tip in the presence of serum, and then with a 200 µl tip in growth medium. Dispersed islet cells for microscopy were plated at 5–6×10<sup>3</sup> cells per well in ice-cold growth medium in the presence of 5 v/v % Geltrex into coverglass-bottomed, half-area 96-well microplates (Corning 4580) previously coated overnight with polyethyleneimine (1:15000 w/v %). Plates were spun for 5 min at 500 g to attach cells before warming. Typically about total 100 wells were plated distributed between 5 plates. Culturing was performed at 37°C and 5% CO<sub>2</sub>. Cultures were fed with half replacement of the growth medium every other day.

### 2.3 Cell sorting

About  $1-1.6 \times 10^6$  dispersed islet cells from above were re-suspended in RM containing 0.5 mM  $\text{CaCl}_2$  and 5.6 mM glucose (sorting medium), and stained with 3  $\mu\text{M}$  FluoZin3-AM [57] for 40 min at 37°C on a rocker. Then the cell suspension was incubated in sorting medium with 5% human serum without the dye for 30 min at 37°C. Cells were pelleted and rigorously re-suspended in  $\text{Ca}^{2+}$ -free sorting medium containing 5% human serum. Beta-cells were enriched using a BD FACSAria II cell sorter (BD Biosciences, San Jose CA) with a 130  $\mu\text{m}$  nozzle aperture. Single cells were identified by forward and side scatter, and zinc-dependent fluorescence of FluoZin3 was measured by excitation at 488 nm and using a 530/30 nm band pass filter. Beta-cells were identified as a shoulder population comprising the highest 45% of cells in this channel. Sorted cells were washed 3 times with growth medium and plated into Seahorse XFe96 plates that were coated overnight with polyethyleneimine (1:15,000 w/v %) at  $1.7 \times 10^4$  cells per well in the presence of 5 v/v % Geltrex in ice-cold growth medium. Plates were spun for 5 min at 500 g to attach cells before warming. Typical yields allowed recording from up to 12 wells distributed between two plates.

### 2.4 Mitochondria:cell volume fraction

Mitochondria:cell volume fractions ( $V_F$ ) were determined as described [2,58,59], with modifications. Briefly, dispersed islet cells in coverglass-bottomed 96-well microplates were loaded with MitoTracker Red CMXRos (60 nM) and calcein-AM (0.25  $\mu\text{M}$ ) in RM containing 5.6 mM glucose and imaged on a Zeiss LSM780 laser scanning confocal microscope using a Plan-Apochromat 63 $\times$ /1.4 oil lens, 488 nm and 561 nm lasers and simultaneous detection at 493–556 nm and 566–690 nm. These, together with insulin immunofluorescence (see below) of the same view fields, were analyzed using the “Mitochondria:cell volume fractionator (basic with post-hoc staining)” image analysis pipeline in Image Analyst MKII (Image Analyst Software, Novato, CA) to yield mitochondria:cell volume fractions.

### 2.5 Determination of $\psi_P$ and $\psi_M$

$\psi_P$  and  $\psi_M$  were determined in absolute millivolts as previously described [2,58,59], with modifications. Time-lapse recordings were performed on a Nikon Ti-Eclipse Perfect Focus System fully motorized wide-field fluorescence microscope with Elements 4.2 software (Nikon) using an S-Fluor 10 $\times$  air lens. Experiments were performed at 37 °C in air. Potentiometric experiments were started after 4 h preincubation of dispersed islet cell cultures in microplates in PM with 3 mM glucose. The long preincubation and subsequent washes aimed to equilibrate cells but also to saturate the microplate walls with the probes. 18 wells per plate, with two view fields per well, were recorded with 100 s cycle time. All treatments were performed by part-replacement of PM in the wells with supplemented PM previously loaded in a deep well 96-well reservoir lined with 0.7 ml glass inserts and kept at 37 °C within the environment chamber of the microscope. Using glass reservoirs was a critical innovation to avoid loss of potentiometric probes into the reservoir walls and also to enable the use of low nanomolar concentrations of rotenone and FCCP. Successive additions were pre-mixed with previous additions in a way that kept constant concentrations of

already-added compounds. The PM included 1:5300 DMSO and when DMSO was used as vehicle, 1:4000 final dilution was used for treatments. The calibration of  $\psi_P$  and  $\psi_M$  followed the “Complete with known  $k_P$ ” and “Complete” methods, respectively [59], or in conditions in which  $\psi_M$  was largely depolarized before calibration, the “Complete (known  $k$ )” method was used to calibrate  $\psi_M$ . The corresponding  $k_T$  value (see [58]) was  $0.014 \pm 0.001 \text{ s}^{-1}$  ( $n=4$  individuals) on average. First the mitochondrial depolarization cocktail (MDC) containing in  $1 \mu\text{M}$  valinomycin,  $100 \text{ nM}$  FCCP,  $2 \mu\text{g/ml}$  oligomycin,  $2 \mu\text{M}$  antimycin A and  $2 \mu\text{M}$  myxothiazol and the anti-swelling cocktail [58], containing  $100 \mu\text{M}$  IAA-94,  $10 \mu\text{M}$  DIOA, and  $80 \mu\text{M}$  bumetanide plus  $1 \mu\text{M}$  tetrodotoxin were applied and the decay of TMRM fluorescence intensity was recorded for 30 min. Then PM was part replaced with PMK supplemented with the above cocktails in 3 steps with 3 cycles of recordings for each (required for calibration of  $\psi_P$ ), and finally the assay medium was half replaced with PM-PFA supplemented with  $5 \mu\text{g/ml}$  gramicidin and the recording was carried on for another 30 min to record fluorescence when both potentials are zero. At the end of the potentiometric recording, media were replaced with PBS containing  $100 \mu\text{g/ml}$  dithizone and  $5 \mu\text{g/ml}$  Hoechst 33342, and bright field images at  $510 \text{ nm}$  and the fluorescence of the nuclear marker were recorded in the view fields matching those of the potentiometric recordings. Finally the entire surface area of each well was recorded with tiled imaging for cell counting (see below). Automated image analysis and conversion of fluorescence intensities to millivolt potentials was carried out in Image Analyst MKII with the “Mitochondrial membrane potential measurement (TMRM/PMPI) with post-hoc absorbance classifier” standard pipeline, using dithizone optical density (OD) to distinguish  $\beta$ -cells from other islet cells. Cells in the upper 45 percentile of dithizone ODs were taken as  $\beta$ -cells in each view field. The apparent activity coefficient ratio ( $a_R'$ ) is a parameter required for the calculation of  $\psi_M$  in millivolts [58]. A value of 0.359, previously measured in human  $\beta$ -cells was used, because it did not show donor to donor variations [2]. The mitochondria:cell volume fraction was determined for each donor as described above (Table 1) and the matrix:mitochondrion volume fraction ( $V_{FM}$ ) of 0.63 was from [58].

## 2.6 Insulin secretion

Insulin secretion was measured in samples resulting from part-replacement of PM during potentiometric recordings. Samples were mixed 1:1 with 0.2% casein,  $120 \text{ mM}$  NaCl,  $30 \text{ mM}$  TRIS, pH 7.4 buffer and spun 10 min at  $3220 \text{ g}$  in V-bottom microplates. Insulin content was determined by AlphaLISA using the kit AL350C (PerkinElmer Inc., Waltham, MA) in an Enspire Alpha Plate Reader (PerkinElmer) with  $12 \mu\text{l}$  assay volume in 384-well ProxiPlates. A BSA-free insulin standard was used, because an interaction between BSA and PMPI interfered with the assay. The modified RPMI 1640 used for making the PM did not contain biotin, to allow the use of the AlphaLISA technology. Rates of insulin secretion were normalized to the total cell counts described below.

## 2.7 Respirometry

Cell respirometry was performed after 5 days of  $\beta$ -cell-enriched dispersed islet cell culturing using a Seahorse XFe96 Analyzer (Agilent, Santa Clara, CA). Cultures were preincubated for 4 h in  $3 \text{ mM}$  glucose,  $2 \text{ mM}$  glutamine containing RM. The medium was also supplemented with  $1 \mu\text{M}$  zosuquidar and  $1 \mu\text{M}$  tetraphenylborate to match composition of

the potentiometric recordings, but fluorophores were omitted. Experiments were performed with 160  $\mu$ l starting volume and 20  $\mu$ l port injection volumes, and followed modified (1 min mix, 5 min measure) acquisition cycles to improve sensitivity. Additions were pre-mixed with previous additions as they were during potentiometric recordings to ensure constant concentrations of already-added compounds. All recordings were started at the common 3 mM glucose baseline, and for modular kinetic analysis mitochondrial respiration was expressed as a % of this baseline. To show absolute respiration (Table 1), respiration per well was normalized to total cell counts (see below).

## 2.8 Immunocytochemistry

After volume fraction and cell respirometry measurements, cultures were fixed in 4% PFA and stained for insulin using guinea pig polyclonal anti-insulin primary (AR029–5R 1:5; Biogenex, San Ramon, CA) and anti-guinea pig IgG – Alexa 488 (1:500; Life Technologies) secondary antibodies, and with Hoechst 33342 (2  $\mu$ g/ml) for nuclei.

## 2.9 Cell counting

Total cell numbers in microplate wells for insulin secretion and cell respirometry were obtained by tiled imaging of Hoechst 33342 fluorescence in the entire surface area of the well using the microscope setup described for the potentiometric assay. For respirometry, insulin immunofluorescence was also captured to enable calculation of the purity of cultures. Recorded images were analyzed in an automated fashion with custom pipelines in Image Analyst MKII based on the standard pipeline “Seahorse well cell count with nuclear stain with ICC”.

## 2.10 Statistics

Wherever possible mean $\pm$ SE for n=human individuals are shown, and experimental replicates from repeated microplates were considered as technical replicates. All assays were performed in partial microplate formats and associations between conditions and wells were randomly scrambled for each experiment. Data analysis was performed in Microsoft Excel and Graphpad Prism.

# 3 Results

## 3.1 Properties of human dispersed islet cell cultures were similar between donors and in time

To study the bioenergetic control of GSIS, I used human (Table 1) dispersed islet cell cultures, where detection was gated to  $\beta$ -cells for membrane potential measurements using post-hoc staining (Fig. 1A-B). For cell respirometry, cultures were enriched in  $\beta$ -cells using cell sorting (see below; Fig. 4). These dispersed islet cell cultures were not strictly single-cell cultures as  $\beta$  and other islet cells spontaneously aggregated into “mini islets” during culturing (Fig. 1B, Fig. 4B), thus may retain some aspects of cell-to-cell cooperativity observed in intact islets.

Determinations of  $\psi$ P and  $\psi$ M were performed using the absolute potentiometric fluorescence microscopic technology we have previously developed [58] and optimized for



pancreatic  $\beta$ -cells [59]. For each donor mitochondria:cell volume fractions were determined (Fig. 1A, Table 1), and used to calculate  $\psi_M$ . Millivolt potentials were obtained from calibration of time courses of TMRM and PMPI fluorescence intensities (represented by Fig. 1C-D), and indicate average potentials in the specified time intervals marked over the time courses.

Previously we found that the magnitude of  $\psi_M$  drifted during whole islet culturing [59], therefore here I dispersed all islet cells immediately after cold, overnight transport, without recovery at 37°C. This resulted in stable potentials within the observation window of 3–9 days after dispersion. The baseline  $\psi_M$  and  $\psi_P$  after 4 h incubation in 3 mM glucose, 2 mM glutamine containing modified RPMI 1640 medium (Fig. 1C and D black circles “G 3” and Fig. 1E and F, solid lines) did not change significantly during culturing. This was also the case for their magnitudes following a 30 min elevation of glucose concentration to 16 mM in the same medium (Fig. 1C and D black circles “G 16” and Fig. 1E and F, dashed lines). Cell counts slightly (Fig. 1G), and insulin secretion more substantially, decayed during this period, however insulin secretion was not significantly different during the 6–8 days of cell culturing in which most of the assays were performed (Fig. 1H).

### 3.2 Insulin secretion correlates with $\psi_M$ hyperpolarization

Dispersed islet cell cultures were exposed to a step increase in glucose concentration, from 3 mM to up to 16 mM, and the mean  $\psi_P$ ,  $\psi_M$  and insulin secretion for the following 30 min were determined. The latter was detected by sampling the assay medium in the same experiments (Fig. 2A-C). Half-maximal activations were at  $6.7 \pm 0.5$  mM glucose for secretion,  $7.06 \pm 0.5$  mM for  $\psi_P$  and  $6.8 \pm 0.2$  mM for  $\psi_M$  ( $n=4$ ; no significant differences by ANOVA).  $\psi_P$  depolarization correlated with  $\psi_M$  hyperpolarization (Fig. 2D; black circles) as we have previously reported using single cell analysis [2]. This correlation is the hallmark of  $K_{ATP}$  operation as glibenclamide (1  $\mu$ M; a  $K_{ATP}$  inhibitor) or diazoxide (50  $\mu$ M; a  $K_{ATP}$  activator) in the presence of 3 or 16 mM glucose, respectively, broke the correlation (Fig. 2D; red triangles). This submaximal dose of diazoxide was not expected to have direct mitochondrial effects [60]. Importantly, Fig. 2E and F indicate that GSIS correlated both with  $\psi_M$  and  $\psi_P$ . Glibenclamide and diazoxide broke this observed relationship between insulin secretion and  $\psi_M$  (Fig. 2E), but not between insulin secretion and  $\psi_P$  (Fig. 2F). Thus, insulin secretion correlates with  $\psi_M$ , as long as the downstream canonical pathway is intact.

### 3.3 $\psi_M$ hyperpolarization is required for insulin secretion

First, consider the possibility that insulin secretion is predicted by  $\psi_M$  (or downstream ATP/ADP), and effects of other glycolytic or mitochondrial metabolic coupling factors are small. To test this,  $\psi_M$  was manipulated below, using complex I inhibition by rotenone, which inhibits both metabolic fluxes (indirectly by increasing NADH/NAD<sup>+</sup> in the mitochondrial matrix) and  $\psi_M$ , or uncoupling by FCCP, which speeds up metabolic fluxes while decreasing  $\psi_M$  (see cell respiration data in Fig. 4D below). In the above scenario partially diminishing  $\psi_M$  by respiratory inhibition or by uncoupling at constantly high glucose concentration is expected to have similar effects to decreasing glucose concentration. Conversely, if mitochondrial or glycolytic metabolic coupling factors play a

significant role in the current paradigm, then partial uncoupling is expected to have a smaller effect on GSIS than partial respiratory inhibition at the same  $\psi_M$ .

Dispersed islet cell cultures were treated with rotenone (1–5 nM) for 30 min before glucose stimulation to allow time for the onset of inhibition at the low nanomolar concentrations used (Fig. 3A). FCCP titration (10–100 nM; Fig. 3B) followed the same paradigm as glucose titration in Fig. 2. Both rotenone and FCCP dose-dependently decreased the response of  $\psi_M$ ,  $\psi_P$  and the insulin secretion to 16 mM glucose (Fig. 3C-F). In the presence of 100 nM FCCP or 5 nM rotenone, raising glucose from 3 to 16 mM did not evoke insulin secretion and  $\psi_M$  and  $\psi_P$  were more de- and hyperpolarized, respectively, than at the 3 mM glucose baseline (Fig. 3C-F open symbols). To address whether changing  $\psi_M$  by glucose or inhibitor concentrations results in the same or different insulin secretion, secretion was compared at identical  $\psi_M$  by inter- or extrapolation. When  $\psi_M$  was “depolarized” to the same level as observed at 3 mM glucose (“G 3 DMSO”), but by using rotenone or FCCP in the presence of 16 mM glucose, estimated insulin secretion (Fig. 3C-F red diamonds) was not different from that observed at 3mM glucose. Therefore a  $\psi_M$  hyperpolarization is required for insulin secretion, and the magnitude of  $\psi_M$  predicts insulin secretion. Notably, because 100 nM FCCP or 5 nM rotenone caused substantial mitochondrial depolarization below the 3 mM glucose baseline level, these were excluded from the estimation because these non-permissive ranges of depolarized potentials are not expected to maintain a linear relationship to secretion.

### 3.4 Micro-scale respirometry of human dispersed $\beta$ -cells

I showed above that the glucose-induced  $\psi_M$  hyperpolarization is required and predicts insulin secretion in human  $\beta$ -cells. Here I assess how  $\beta$ -cells achieve  $\psi_M$  hyperpolarization in response to glucose while both supply and demand on  $\psi_M$  increases. The protonmotive force, and therefore the  $\psi_M$ , is generated by proton pumping by three of the respiratory complexes. Proton pumping is propelled by electrons originating from the metabolism of glucose and other substrates, traveling through the respiratory complexes and finally reacting with  $O_2$ . The flow of electrons to react with  $O_2$ , and therefore the flux of substrate oxidation, is conveniently measured as mitochondrial respiration. When  $\beta$ -cells are not momentarily perturbed,  $\psi_M$  and mitochondrial respiration are constant (neglecting oscillations, which were not common). This is a steady state, where electron flow supplying  $\psi_M$  is equivalent to the demand. When glucose concentration is increased from 3 to 16 mM a new steady state develops. The mechanism that establishes that the new steady state develops at a more negative  $\psi_M$  is expected to be critical to GSIS because  $\psi_M$  in turn predicts secretion. To tease apart effects of changing supply and demand I use metabolic control analysis below. In order to do this, cell respirometry was performed in conditions matching those of  $\psi_M$  measurements.

For respirometry, dispersed islet cell cultures were enriched in  $\beta$ -cells using fluorescence-activated cell sorting. This was required because in contrast to the  $\psi_M$  assay where analysis was gated to  $\beta$ -cells, cell respiration is detectable only in cell populations (Fig. 4A-B). Cell sorting was based on the  $Zn^{2+}$  content of insulin granules marked by the  $Zn^{2+}$ -sensitive fluorescence probe FluoZin-3, and increased the  $\beta$ -cell content of cultures (Fig.



4C). Positive selected cultures responded to elevation of glucose from 3 mM to 16 mM by a twofold increase in mitochondrial respiration, slightly greater than previous reports in whole human islets [20,21,46]. In contrast, the complement cell population did not respond significantly to glucose (Fig. 4D-E). Fig. 4D shows a set of respirometry time courses with timing closely matching that of  $\psi$ M determinations (Fig. 1C). The few differences between the two recording modalities were due to technical limitations imposed by differing temporal resolutions, liquid handling and specimen mass requirement. Recordings were started in RM containing 3 mM glucose, 2 mM glutamine. Then, glucose was elevated to 16 mM with or without modulators (Fig. 4D; Fig. 5A). The next two additions were oligomycin (2  $\mu$ g/ml) to inhibit ATP synthesis and low concentrations of FCCP to partially speed up respiration and substrate metabolism. The orders of these additions in different paradigms were designed to allow recording of data points for Fig. 5 below in minimal numbers of microplate wells. Experiments were concluded by addition of antimycin A (2  $\mu$ M) plus myxothiazol (2  $\mu$ M), and the remaining non-mitochondrial respiration was subtracted from all data.

### 3.5 Substantial reserve capacity and small proton leak in human dispersed $\beta$ -cells.

Uncoupling by 300 nM FCCP increased mitochondrial respiration in the presence of 16 mM glucose indicating that glucose oxidation was not running at its maximal capacity, because of submaximal demand (Fig. 4D red squares; see Fig. 5B for comparison of relative changes;  $p < 0.05$  by paired *t*-test;  $n=3$ ). This is consistent with data reported in human islets [20]. Notably, I did not attempt to determine maximal respiratory capacity here, which may be larger than the observed highest value. The leak respiration, measured in the absence of the uncoupler but in the presence of oligomycin, was immeasurably low at 3mM glucose and was only  $19.5 \pm 1.3\%$  ( $n=3$ ) of mitochondrial respiration at 16 mM glucose. This indicates that dispersed human  $\beta$ -cells are very well coupled, in contrast to the well-established observations of high proton leak (~50%) in rodent insulinoma cells [45,56,61,62] and in rodent islets (~40%) [21,47].

### 3.6 Modular kinetic analysis of cellular energy metabolism

To understand how  $\beta$ -cells hyperpolarize  $\psi$ M when glucose concentration is elevated and both supply and demand activities increase, I studied substrate oxidation in isolation in intact cells using modular kinetic analysis. To this end cellular energy metabolism was divided into supply and demand modules connected by  $\psi$ M (Fig. 5A): substrate oxidation (including glycolysis, glutamine and  $\beta$ -oxidation, the TCA cycle and the respiratory chain) and phosphorylation (ATP synthesis and cellular ATP consumption) plus proton leak. The kinetic response of cellular substrate oxidation to  $\psi$ M was determined by observing how the flux changed as a function of the common intermediate  $\psi$ M (Fig. 5B-C), when the activity of the demand module was modulated (Fig. 5A red labels) without interfering with the supply module. Notably, steady state, thus constant  $\psi$ M and respiration developed in minutes after glucose or modulator challenge (including for oligomycin; data not shown) in dispersed  $\beta$ -cell cultures (Fig. 1C and Fig. 4D), in contrast to studies on intact islets [5,21,47]. To work with steady-state values,  $\psi$ M and respiration were evaluated at 15–30 min after glucose stimulation below, as indicated by horizontal bars in Fig. 1C and Fig. 4D.

### 3.7 Kinetic properties of substrate oxidation in 3mM glucose

Fig. 5B shows kinetic curves of substrate oxidation (gray and red curves) compiled from  $\psi_M$  and mitochondrial respiration determinations represented by Fig. 1C and Fig. 4D. Data shown are from 3 human individuals (mean $\pm$ SE for the last 3 donors from Table 1), and to decrease variation all values are expressed relative to an identical baseline condition, 3 mM glucose (see corresponding absolute values in Table 1). In low glucose (Fig. 5B, black circles) starting from the baseline condition (“G 3”)  $\psi_M$  hyperpolarized and respiration decreased as the demand module was largely obliterated by inhibition of ATP synthesis (“G 3 O”). From the “G 3” point respiration increased and  $\psi_M$  depolarized as the demand was increased by increasing concentrations of FCCP (100 nM and 300 nM, marked by “G 3 F 100” and “G 3 F 300”, respectively). Altogether, these four data points in the force-flux space outline the kinetic response of substrate oxidation to  $\psi_M$  at 3 mM glucose (gray curve). Notably, whether the “G 3 O” point is part of the curve, or not, is considered below.

### 3.8 Kinetic properties of substrate oxidation in 16mM glucose

At 16 mM glucose (Fig. 5B red triangles) I utilized two further modulators to outline the substrate oxidation curve (red). Monensin (1  $\mu$ M; Mon), a  $\text{Na}^+/\text{H}^+$  exchanger, induces ATP demand by  $\text{Na}^+/\text{K}^+$ -ATPase [63] as transported  $\text{Na}^+$  is pumped back to the medium. Cycloheximide (35  $\mu$ M; CHX) inhibits protein synthesis, a major contributor to the cellular ATP budget [64], and therefore decreases demand. Notably, monensin almost completely inhibited  $\psi_P$  and insulin secretion responses to glucose, while CHX had no significant effect on them (Fig. 2F). These, together with the oligomycin-inhibited (“G 16 O”) and FCCCP-induced (“G 16 F100 and 200”) demand, outline the kinetic response of substrate oxidation to  $\psi_M$  at 16 mM glucose (red trace).

Comparison of the 16 mM and 3 mM glucose curves indicates a higher flux in high glucose at each  $\psi_M$ , thus glucose oxidation worked against the identical force faster in high glucose. This marks the activation of the supply pathway by glucose. This activation may be a direct kinetic effect of increased glucose availability, or due to other, indirect effects, and this is considered below. The glucose oxidation curve in high glucose had a marked “elbow” around the “G 16” point, which functionally maximizes the  $\psi_M$  that  $\beta$ -cells can achieve when the flux is high. In contrast, currently there are no data on the shape of the low-glucose curve between the “G 3” and “G 3 O” points (dashed gray line in Fig. 5B), preventing precise comparison of the shapes of the two curves.

### 3.9 Substrate oxidation is deactivated when ATP synthesis is inhibited by oligomycin

In classical isolated non- $\beta$ -cell mitochondrial systems, the kinetic response of substrate oxidation to  $\psi_M$  is obtained by uncoupler titration of the non-phosphorylating state (state IV) in the presence of oligomycin, and typically this curve also encompasses the state III, thus uninhibited, phosphorylating state data point [65]. In contrast, substrate oxidation behaved distinctly in  $\beta$ -cells, being suppressed in the non-phosphorylating state. In Fig. 5C the demand was increased starting from the “G 3 O” and “G 16 O” points by uncoupling in the presence of ATP synthase inhibition. The kinetic curve of substrate oxidation, independently of glucose concentration, closely resembled the curve obtained in the

presence of 3 mM glucose without ATP synthase inhibition, and the respiration was lower than measured at 16 mM glucose without ATP synthase inhibition at any  $\psi_M$ .

The activity of substrate oxidation is expressed and compared by looking up its rate that works against a specific force. To this end mitochondrial respiration was calculated for each substrate oxidation curve (Fig. 5B and C) at the  $\psi_M$  corresponding to the 3 mM glucose baseline (0 mV; Fig. 6A). The calculated activities indicate the absence of activation of substrate oxidation when ATP synthesis is inhibited, even though kinetic effects of increased substrate availability will still be present. Notably, because of the observed effects of ATP synthesis inhibition, the “G 3 O” and “G 16 O” points likely underestimate the uninhibited substrate oxidation activity in Fig. 5B. The dashed in the last segments of these curves also expresses this uncertainty.

### 3.10 Activation of substrate oxidation is an ATP-dependent, positive feedback mechanism

In conclusion, data in Fig. 5 and Fig. 6A show that upon elevation of glucose concentration from 3 to 16 mM, substrate oxidation was activated, but not when ATP synthesis was inhibited. Thus, substrate oxidation is activated by, or its activation requires, its downstream product, forming a positive feedback loop. The kinetic curves in Fig. 5B indicate that the observed  $\sim 40$  mV of  $\psi_M$  hyperpolarization is not possible without this activation, even if demand is inhibited to the extent of complete shutdown of ATP turnover (e.g. “3 G O”). Thus inhibition of any mechanism contributing to the activation should decrease glucose-evoked  $\psi_M$  hyperpolarization. Partial opening of  $K_{ATP}$  by diazoxide did not decrease 16 mM glucose-induced  $\psi_M$  hyperpolarization (Fig. 2E; not significant by paired *t-test*,  $n=4$ ). In addition, lowering extracellular  $[Ca^{2+}]$  did not decrease 16 mM glucose-induced  $\psi_M$  hyperpolarization (Fig. 6B), whereas it decreased insulin secretion (Fig. 6C). These data indicate that the feedback is not mediated by effects of ATP downstream of  $K_{ATP}$  or by  $Ca^{2+}$ .

## 4 Discussion

84 million Americans were estimated in 2015 to have prediabetes, and annually 5–10% of them develop type 2 diabetes (T2D) [11,66]. An important factor in the progression from prediabetes to diabetes is the deterioration of insulin secretion in pancreatic  $\beta$ -cells, which is at least partly caused by a functional decline in the  $\beta$ -cells [18,67]. Because  $\beta$ -cell bioenergetics is demonstrably involved in  $\beta$ -cell dysfunction in human T2D [2,19–21], it is prompting to understand the role of bioenergetics in human  $\beta$ -cell function and dysfunction. This work establishes basic relationships between glucose stimulation, mitochondrial energization and insulin secretion in healthy human  $\beta$ -cells.

By assessing bioenergetic prerequisites of GSIS in non-diabetic human  $\beta$ -cells, I found that glucose-evoked  $\psi_M$  hyperpolarization is required for GSIS, and the rate of GSIS is predicted by the magnitude of  $\psi_M$  hyperpolarization. Importantly, the increasing glucose concentration is able to greatly hyperpolarize  $\psi_M$  because of an ATP-dependent activation of glucose oxidation. This activation changes glucose oxidation so mitochondria can respire

and turn ATP over faster at higher  $\psi$ M (Fig. 5B). This can be also conceptualized as an amplification of metabolism by a positive feedback loop in  $\beta$ -cell energy metabolism.

To my knowledge this is the first report using human primary  $\beta$ -cells to indicate a predictive relationship between glucose-induced  $\psi$ M hyperpolarization and insulin secretion.  $\psi$ M or ATP/ADP have been previously shown to correlate with secretion while spanning physiological glucose concentrations in rodents [26–29]. Bioenergetic inhibitor and uncoupler titrations in the presence of high glucose have also been used to confirm these relationships in rodents [68,69]. However, a reevaluation of GSIS using human  $\beta$ -cells is mandated by findings of differing mitochondrial coupling pathways between rodents and humans [70,71].

To obtain data relevant to human health and disease I studied primary dispersed  $\beta$ -cells from non-diabetic human organ donors. Dispersed cell cultures, in contrast to intact islets, offered: 1) reduction of selection bias of individual islets as cells from each batch of ~4000 islets were evenly mixed for all assay points [2]; 2) elimination of cells damaged during isolation and transport by culturing and single cell quality control during data analysis [59]; 3) no diffusion limitation for oxygen, nutrients or acute pharmacologic challenges reaching the  $\beta$ -cells. The latter may explain quicker steady states in our specimens than observed in whole islets [5,21,47]. Our experimental paradigms avoided deenergization of  $\beta$ -cells in pre-stimulation conditions by using growth media-like assay media with amino acids, including glutamine, present. Secretion was observed for 30 min encompassing both first and second phases of insulin secretion.

I did not observe a  $\psi$ M-independent component in GSIS that could be attributed to the effect of metabolic coupling factors. In contrast, about 50% of insulin secretion has been estimated to be due to  $K_{ATP}$ - or  $Ca^{2+}$ -independent metabolic amplification in both phases of secretion in rodents [72]. Importantly, this does not contradict  $\psi$ M predicting GSIS, because ATP/ADP may control amplification of secretion as well [6]. The large contribution of metabolic amplification to GSIS was determined based on saturation of cytosolic  $[Ca^{2+}]$  responses at lower glucose concentration than that of secretion [72], but  $[Ca^{2+}]$  responses have been also shown to saturate at lower glucose concentration than that of the  $\psi$ M response [27]. Nevertheless, in our study the changing insulin secretion with days spent in cell culture and the small number of studied individuals may limit the sensitivity to detect subtle  $\psi$ M-independent contributors to GSIS. During the rotenone and FCCP titrations (Fig. 3C-F) insulin secretion was generally higher than during glucose titrations shown in Fig. 2, but I attribute this to a cell culture age or a vehicle effect.

An argument against mitochondrial energization being a major regulator of GSIS may originate from observations that mitochondrial energization saturates at lower glucose concentration than does secretion [31,32] and from data indicating no effect of interfering with metabolic coupling pathways on glucose-induced  $\psi$ M hyperpolarization [41,42,73]. However, these observations were made with the quench-mode  $\psi$ M probe rhodamine-123, which loses sensitivity at more negative  $\psi$ M. The current study utilized a non-quench mode, absolute calibrated  $\psi$ M assay that does not lose sensitivity with hyperpolarization [58,59]. A similar argument may be made based on ATP or ATP/ADP determinations, as

ATP levels were found not to correlate to GSIS [68,74,75]. Importantly, ATP levels change very little at high ATP/ADP ratios [5,9], therefore total ATP levels are expected to be very insensitive to resolve the range of cellular energization states relevant to GSIS. Furthermore, determinations of  $\beta$ -cell ATP/ADP are blunted by binding to proteins and by the nucleotide pool of insulin granules [49]. Conversely, degranulation of islets resulted in a good correlation between ATP/ADP and secretion [29]. In contrast, measuring  $\psi_M$  is devoid of this compartmentalization problem, and therefore  $\psi_M$  is a more practical indicator of cellular energization than ATP/ADP. The estimated  $\psi_M$  is tightly linked to ATP synthesis and therefore to ATP/ADP, because in  $\beta$ -cells glycolytic ATP production cannot exist independently of oxidative phosphorylation due to the lack of ability to form lactate [76].

Mitochondrial ATP synthesis relies on the protonmotive force across the mitochondrial inner membrane. I used  $\psi_M$  as a surrogate for protonmotive force, assuming that  $\psi_M$  is its larger component, and  $\psi_M$  and  $pH$  change proportionally under the conditions studied.

$pH$  has been shown to increase during GSIS with different kinetics compared to  $\psi_M$  in insulinoma cells [77], however the latter was detected with the  $\psi_M$  probe JC-1, which has a quantitatively unpredictable response to potential [65]. If  $pH$  plays a disproportionately stronger role in GSIS than  $\psi_M$  [77,78], then the data shown here underestimates mitochondrial energization. However, this would result in the  $\psi_M$  response saturating at lower glucose concentrations than the  $\psi_P$  and secretion responses, because the latter two are linked to ATP/ADP and therefore to protonmotive force, but no difference in saturation was observed (Fig. 2).

High glucose increases both cell respiration and the magnitude of  $\psi_M$ . Why doesn't the high  $\psi_M$  (or ATP/ADP) inhibit respiration? The control analysis presented here explains this with an activation of glucose oxidation. When glucose concentration increases from 3 to 16 mM, a new steady state forms between the activated supply and the demand. Importantly, the demand is also activated as a result of  $\psi_P$  depolarization and downstream ion cycles. In this top-down aspect, there is a single demand kinetic curve spanning different glucose concentrations (Fig. 5B orange line). This is valid if all effects of glucose on ATP turnover are mediated by ATP/ADP, therefore indirectly by  $\psi_M$ , and I have shown here that this is true for GSIS. Therefore it is safe to assume that this is also true for the GSIS-related ATP turnover. An increase in ATP turnover encompasses the downstream GSIS pathway, an ATP/ADP-dependent activation of secretion-related consumers, such as ion pumping, as well as kinetic effects of higher ATP/ADP on consumers. Critical to GSIS is where the new steady state sets in the force-flux space when glucose concentration is elevated. The observed "elbow" shape in the activated supply kinetics (around the "G 16" point in Fig. 5) results in a new steady state set at a very high  $\psi_M$ . In contrast, with ATP-synthase inhibited in the presence of high glucose, no such "elbow" was observed, and the activity of glucose oxidation (the flux compared at the same force) was less than half of the activity observed without oligomycin (Fig. 5C), suggesting that the activation is not simply a kinetic effect of increased glucose availability. Thus, an activation mechanism dependent on ATP or a related downstream product activates and alters the kinetics of glucose oxidation in high glucose, and this results in a large hyperpolarization of  $\psi_M$ . The causation is implicit to the control analysis. I propose that this observation explains the paradox of  $\beta$ -cell energy metabolism

[5,48], thus an increased ATP/ADP and ATP turnover can coexist during GSIS due to activation of supply.

An important question is whether the observed ATP-dependent activation marks physiological signaling taking place during GSIS or alternatively, is a permissive effect of ATP, which is negated by ATP-synthase inhibition. The physiological role may be supported by the differing shapes of uninhibited and oligomycin-inhibited glucose oxidation kinetic curves in 16 mM glucose (Fig. 5B vs C red curves). The “elbow” around the “G 16” point in Fig. 5B is a unique feature of the activated kinetics, and in contrast the oligomycin-inhibited kinetic curve is straight (Fig. 5C red trace). The “elbow” in contrast to the straight kinetics may indicate that glucose oxidation is activated more at more negative  $\psi_M$  than at depolarized potentials, thus the activation is  $\psi_M$ -dependent (or ATP-dependent as ATP synthase is operational). This argues for a graded, physiological effect. Alternative possibilities are that different supply pathways with differing kinetic response to  $\psi_M$  are operating in low glucose (or high glucose + oligomycin) and high glucose conditions, or the rate control moves to different components of the same pathway. These could indicate either physiological or permissive effects. Notably, the force-flux space in the right side of “G 3” was not explorable with the currently used modulators, because CHX was without effects in 3 mM glucose and oligomycin was not titratable (data not shown).

Conceptually, the “glucose sensor” of  $\beta$ -cells converts the rate of metabolism to the level of one or more intermediates that act as coupling factors controlling secretion. The rate of ATP synthesis, typically measured as oligomycin-sensitive respiration, has been often correlated to the rate of insulin secretion [30,47,79,80]. Because of this conversion process, rates of metabolism and levels of coupling factors are naturally linked, but only the latter controls secretion. Importantly, if  $\psi_M$  and ATP/ADP are major predictors of GSIS, then not the rate of ATP synthesis, but the levels that are determined both by synthesis and utilization are critical to secretion. Conversely, if insulin secretion is governed mostly by metabolic coupling factors, then intermediate levels linked to glucose utilization, rather than oxidation rates, may be of importance as oxidation and utilization fluxes are different [30]. That fluxes and levels are interchangeably used to describe GSIS may originate from a seemingly tight relationship between them as indicated in Fig. 5B (phosphorylation + leak; orange curve) that has been also predicted on a theoretical basis [81]. Even though this relationship exists during normal GSIS, it is not necessarily the case when supply or demand are experimentally disturbed. Therefore it is important to distinguish bioenergetic forces and fluxes when the mechanism of insulin secretion is sought.

Rotenone half-inhibited GSIS between 1 and 2 nM, consistently with observations in rat islets [82], while the  $K_i$  of rotenone for complex I NADH:ubiquinone oxidoreductase activity is 4 nM in bovine heart submitochondrial particles [83]. I found that  $\psi_M$  was less sensitive to rotenone in 3 mM glucose, and markedly sensitive in 16 mM glucose (Fig. 3A). While glucokinase is thought to be the major rate controlling step in  $\beta$ -cell glucose oxidation [84] (although the control analysis that was performed did not account for oxidative phosphorylation), the high rotenone-sensitivity suggests that in 16 mM glucose complex I gains substantial control over glucose oxidation. This supports findings in INS-1 cells with varying glucokinase activity [85], showing that in high glucose glucokinase loses control



over glucose oxidation. A possible explanation for the high rotenone-sensitivity of glucose-induced  $\psi_M$  hyperpolarization and insulin secretion is that complex I inhibition may interfere with the positive feedback amplification leading to a supralinear response.

Reactive oxygen species (ROS), particularly superoxide and  $H_2O_2$ , are controversial coupling factors ([86] but see [87,88]), and their chronic elevation may mediate glucotoxic effects [89]. The magnitude of 16 mM glucose-stimulated  $\psi_M$  was  $-180$  to  $-200$  mV, notably larger than I previously reported in human  $\beta$ -cells ( $-160$  to  $-180$  mV in [2]). The difference may be a result of improved assay accuracy, as previously-experienced probe depletion during the experiment was prevented here using glass containers (see Methods), but culturing conditions were also slightly different. Nevertheless, the high magnitude of  $\psi_M$  raises the possibility of increased formation of superoxide and  $H_2O_2$  in mitochondria during GSIS. Importantly, formation of mitochondrial superoxide and  $H_2O_2$  depends on the reduction state of specific mitochondrial redox centers, which can sometimes be differentially influenced by  $\psi_M$  and pH [90]. While more-reduced redox centers drive hyperpolarization of  $\psi_M$  in general, fluxes through mitochondrial metabolism and the respiratory chain are also greatly increased during GSIS, making predictions of the redox states of actual ROS-forming centers difficult. ROS levels in turn are also defined by their removal, which is known to increase when glucose is present [91].

In conclusion, data presented here explains how a central component of the canonical pathway of GSIS operates in human  $\beta$ -cells.  $\psi_M$  hyperpolarization is not just a simple kinetic response to increased substrate availability, but is strongly amplified by a more complicated feedback process. The activation of glucose oxidation is dependent on ATP or a related intermediate, and is responsible for the high magnitude hyperpolarization of  $\psi_M$  in response to elevation of glucose concentration.  $\psi_M$ , in turn, predicts GSIS at physiologically relevant glucose concentrations. Future studies will need to identify the molecular players of this activation mechanism and their subcellular localization. Data from human T2D  $\beta$ -cells [2] are consistent with the possibility that this activation mechanism is impaired in T2D [56].

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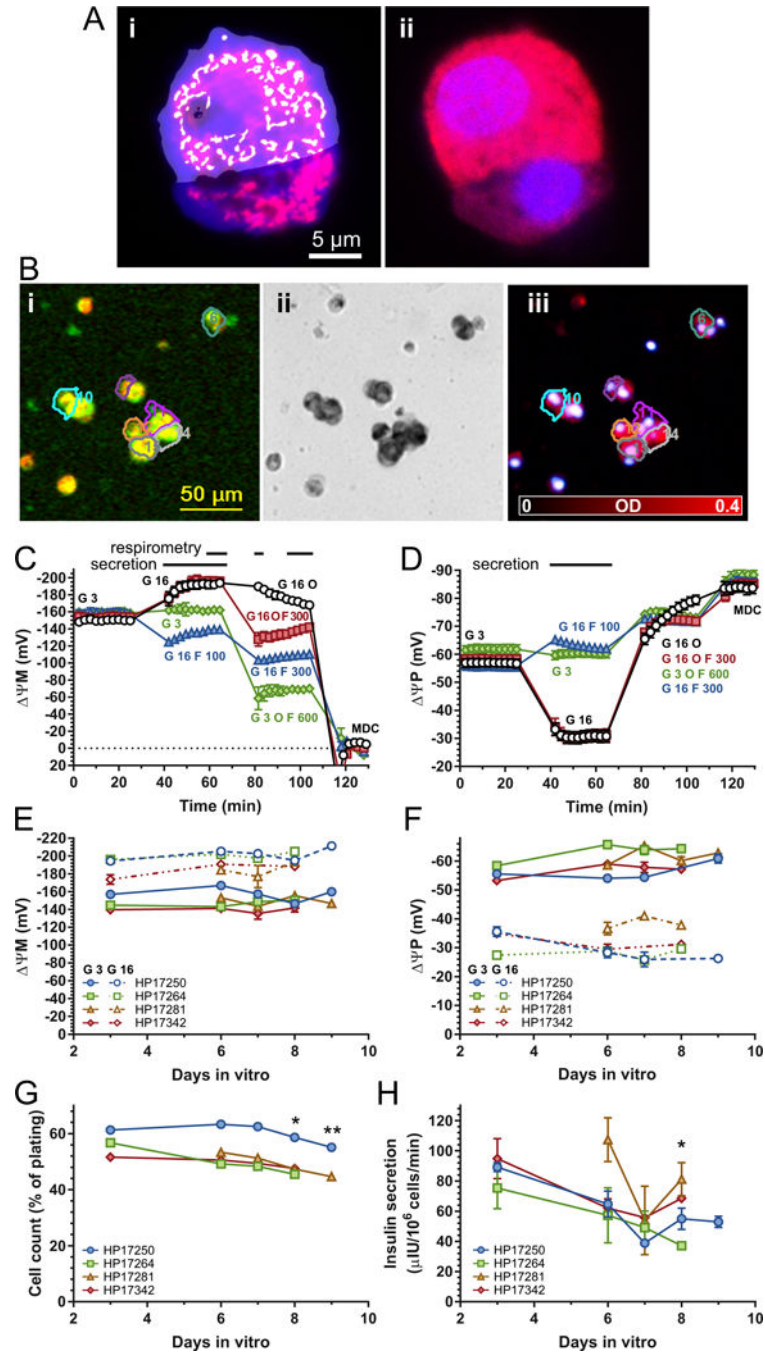
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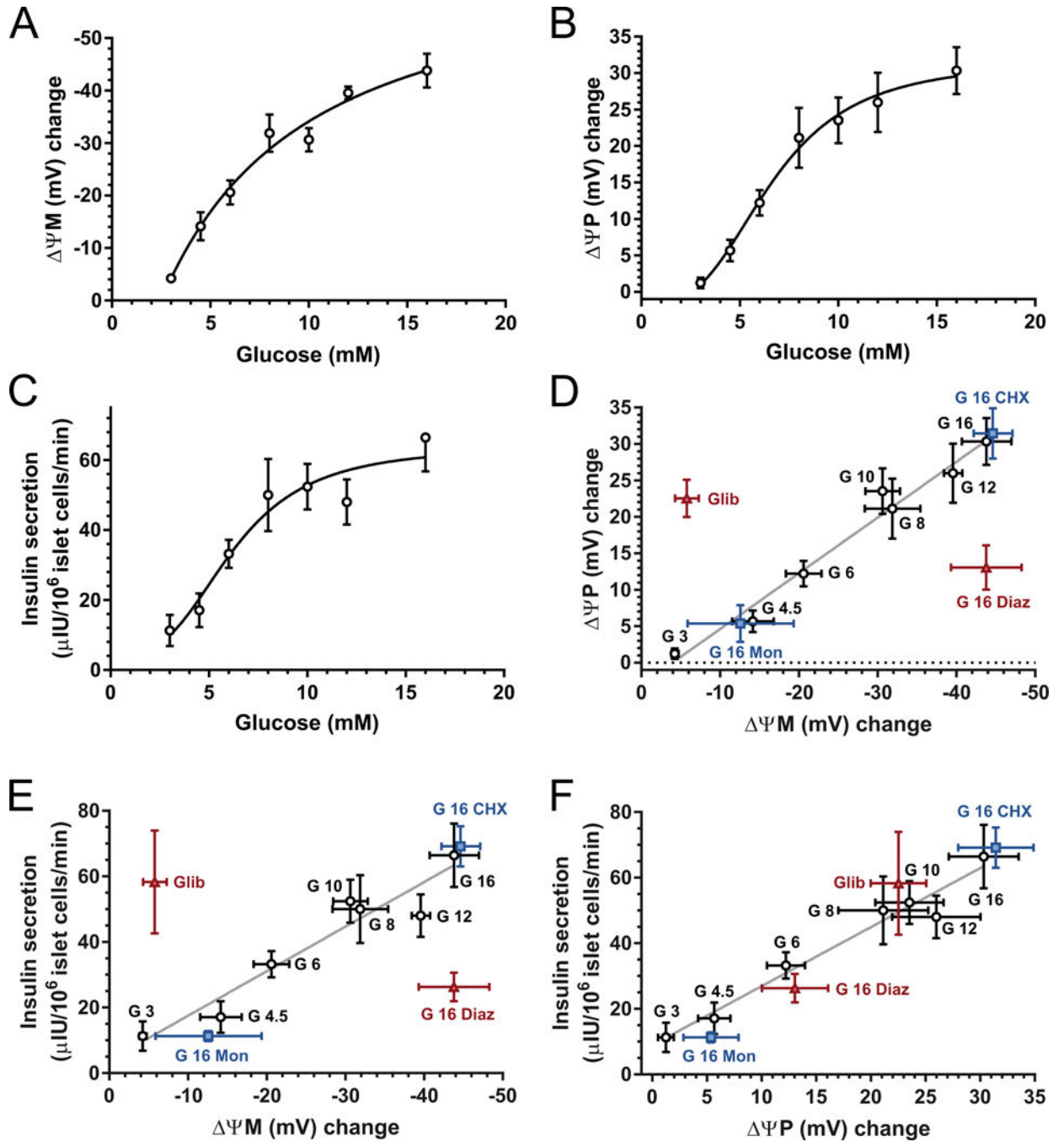


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**Fig. 1.**

Dispersed islet cell cultures from non-diabetic human organ donors. **(A)** Mitochondria:cell volume fraction measurement with confocal microscopy. Representative micrographs of MitoTracker Red (red) and calcein-AM (dark blue) stained dispersed islet cells (Ai). Mitochondrial (white) and cellular profiles (light blue) were computationally determined in images of live cells (Ai) and were manually gated to insulin immunopositivity (Aii red) recorded after fixation and staining of the same cells. **(B)**  $\psi_P$  and  $\psi_M$  measurement with fluorescence time-lapse microscopy. Bi) Cropped view field (~5% of total area) of TMRM

(red) and PMPI (green) fluorescence of dispersed islet cell cultures at 16 mM glucose. At the end of the time-lapse recording, cultures were stained with dithizone (Bii) and captured dithizone images were converted to optical density (OD) images (Biii). Regions of interests mark  $\beta$ -cells detected by the software that also passed QC of the potentiometric calibration. **(C-D)** Time courses of  $\psi$ M and  $\psi$ P. Data were recorded as TMRM and PMPI fluorescence intensities and converted to millivolt values based on the calibration applied at the end of each time course (partly shown; MDC, mitochondrial depolarization cocktail; see Methods). Data points are mean $\pm$ SE of n=4 individuals (except for the “G 3 O F 600” trace where n=2). Horizontal bars on the top indicate the time intervals in which potentials were averaged to match data with respirometry and secretion measurements. The total of additions is marked by labels matching trace colors for each segment of the time course. G, glucose in mM; O, oligomycin (2  $\mu$ g/ml); F, FCCP in nM. **(E-F)** Dependence of  $\psi$ M and  $\psi$ P on the duration of dispersed islet cell culturing. Closed and open symbols mark potentials measured at 3 and 16 mM glucose for each donor. Data are mean $\pm$ SE of technical replicates (wells) for each day. **(G)** Survival of dispersed islet cells during culturing. Cell counts in microplate wells used for potentiometric and insulin secretion assays were expressed as a percent of plating density. \*, p<0.05; \*\*, p<0.01 significance by ANOVA comparing cell counts at indicated time points to cell counts at 3 days with Tukey’s multiple comparison on data additionally normalized to day 6. **(H)** Dependence of 16 mM-glucose stimulated insulin secretion on the duration of dispersed islet cell culturing. \*, p<0.05 significance by ANOVA comparing to secretion at 3 days with Tukey’s multiple comparison on data additionally normalized to day 6.



**Fig. 2.**

Glucose concentration dependence of  $\psi_M$ ,  $\psi_P$  and insulin secretion. (A-C) Average  $\psi_M$ ,  $\psi_P$  and insulin secretion were measured during a 30-min period after elevation of glucose from the basal 3 mM to the indicated level, corresponding to the horizontal bars shown at the top of Fig. 1C-D. Potentials are given as the change compared to the average of the 30-min baseline at 3 mM glucose. Corresponding absolute values are shown in Table 1. Insulin release into the assay medium was measured in the same time period and normalized to the total islet cell count at the end of the time course. (D-F) Pairwise correlation analysis

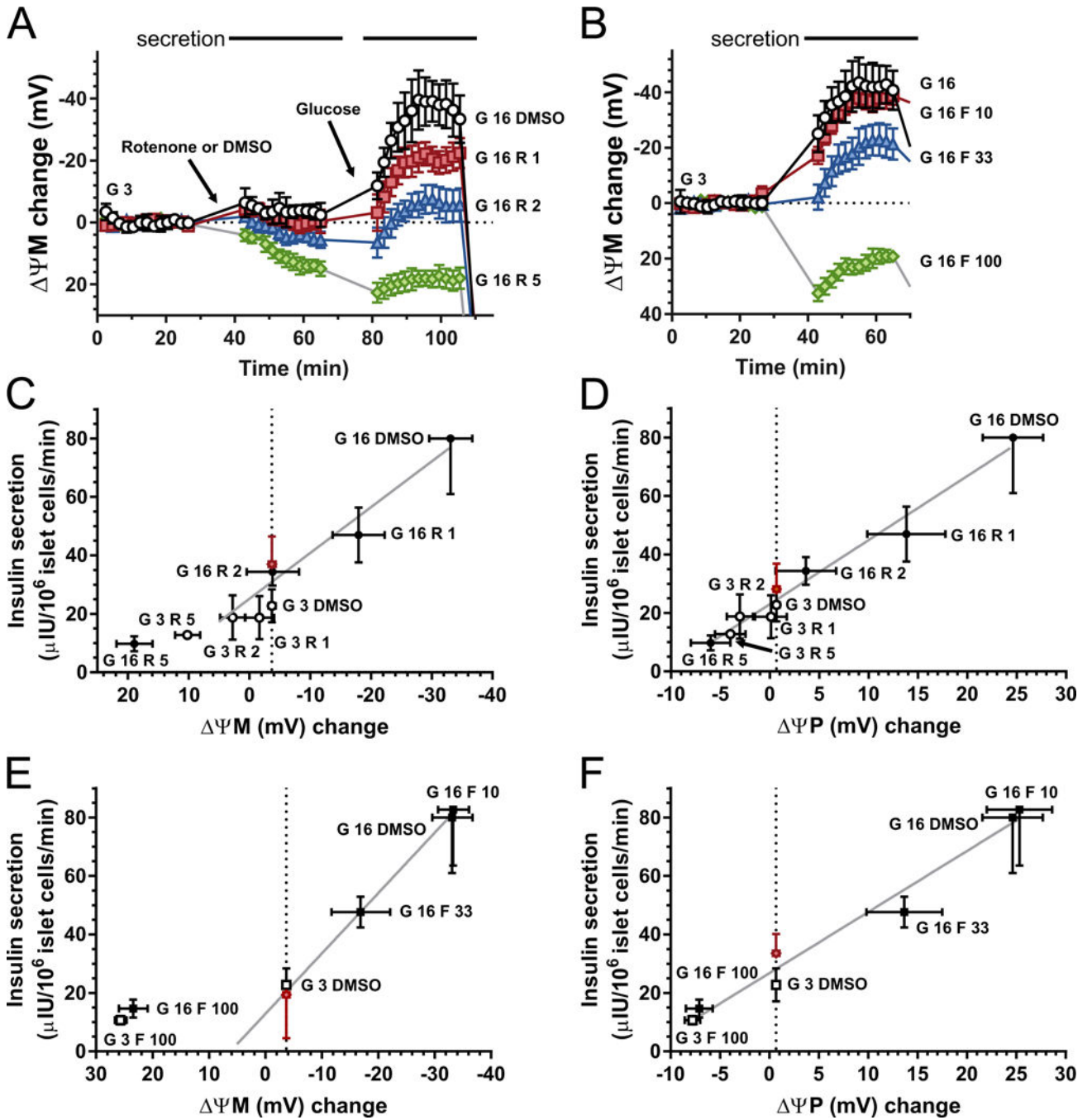
of  $\psi_M$ ,  $\psi_P$  and insulin secretion. Black circles correspond to A-C. Glib, glibenclamide (1  $\mu\text{M}$ ) was given in the presence of 3 mM glucose. Diaz, diazoxide (50  $\mu\text{M}$ ); Mon, monensin (1  $\mu\text{M}$ ); and CHX, cycloheximide (35  $\mu\text{M}$ ) were given with 16 mM glucose. These recordings followed identical timing to the glucose titration. Data are mean $\pm$ SE of n=4 individuals.

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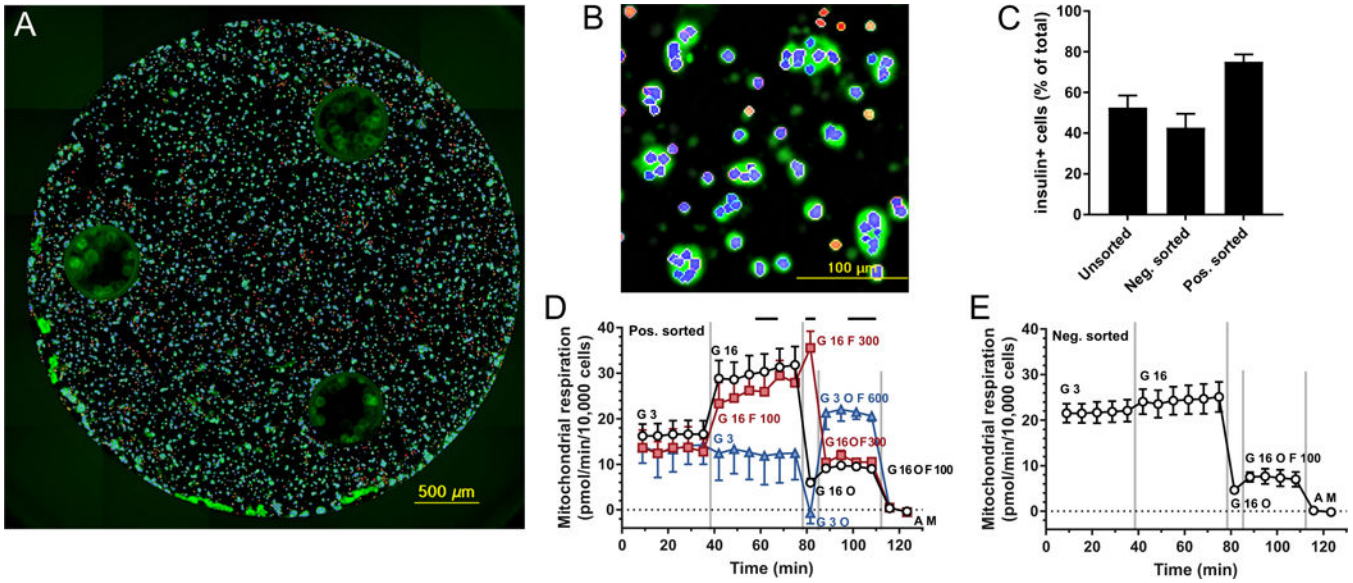
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**Fig. 3.**  $\psi_M$  predicts glucose-stimulated insulin secretion. (**A-B**) Time courses of  $\psi_M$  in  $\beta$ -cells stimulated with glucose (G in mM) in the presence of rotenone (R in nM) or FCCP (F in nM). Horizontal bars on the top indicate the time intervals where potentials were averaged to match data with secretion measurements. See Table 1 for the absolute millivolt values corresponding to the baseline. (**C-D**) Effects of increasing concentrations of rotenone on the relationship of  $\psi_M$  or  $\psi_P$  to insulin secretion, in the presence of 3 mM (open circles) or 16 mM (closed circles) glucose. The red diamond indicates estimated insulin secretion at 16

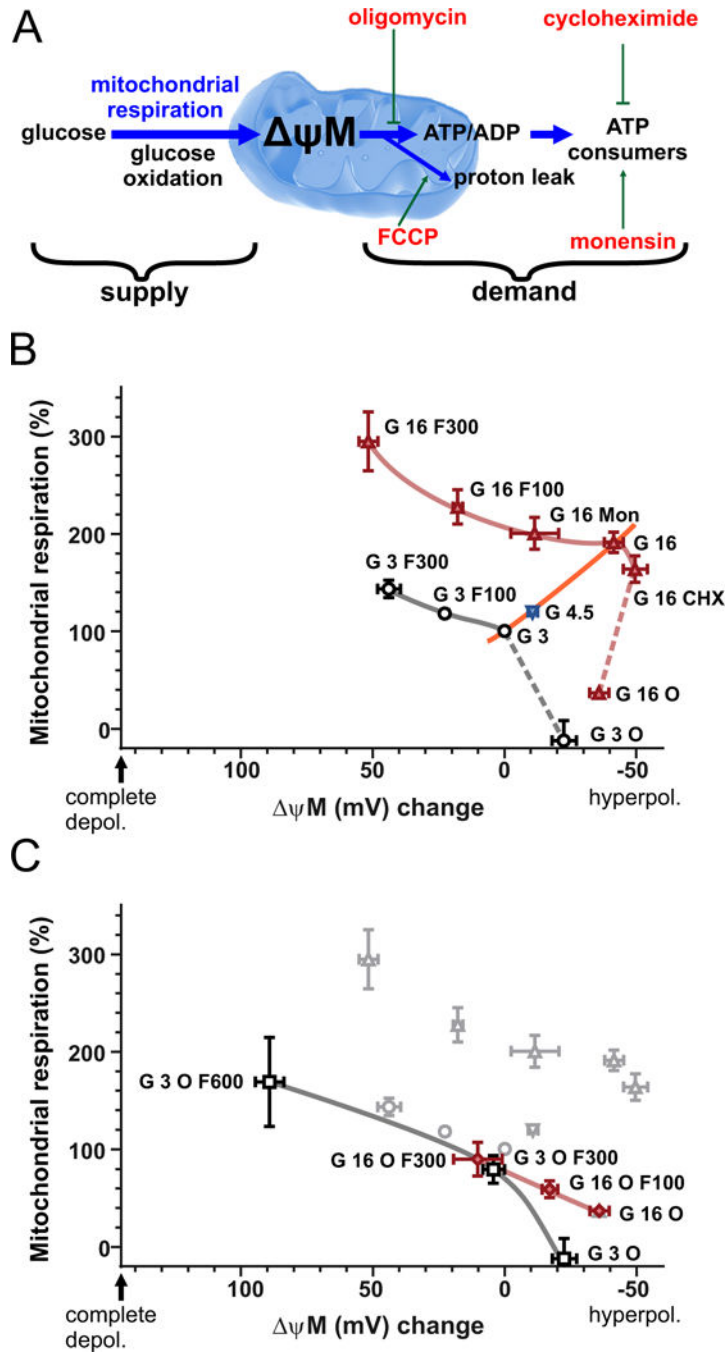


mM glucose plus rotenone at a potential (vertical dotted line) matching that at 3 mM glucose without inhibitor. The estimated secretion was not different from the vehicle-treated control (“G 3 DMSO”) by paired t-test. **E-F**) Effects of increasing concentrations of FCCP on the relationship of  $\psi_M$  or  $\psi_P$  to insulin secretion, in the presence of 3 mM (open squares) or 16 mM (closed squares) glucose. The red diamond indicates estimated insulin secretion at 16 mM glucose plus FCCP at a potential (vertical dotted line) matching that at 3 mM glucose without inhibitor. For  $\psi_M$  the highest inhibitor concentrations, which result in  $\psi_M$  depolarization, were excluded from the estimation. The estimated secretion was not different from the vehicle-treated control (“G 3 DMSO”) by paired t-test. Estimations were performed for each individual and all shown data are mean $\pm$ SE of n=4 individuals. Gray trend lines indicate the relationship of secretion and  $\psi_M$  or  $\psi_P$  at 16-mM glucose and changing inhibitor concentration.



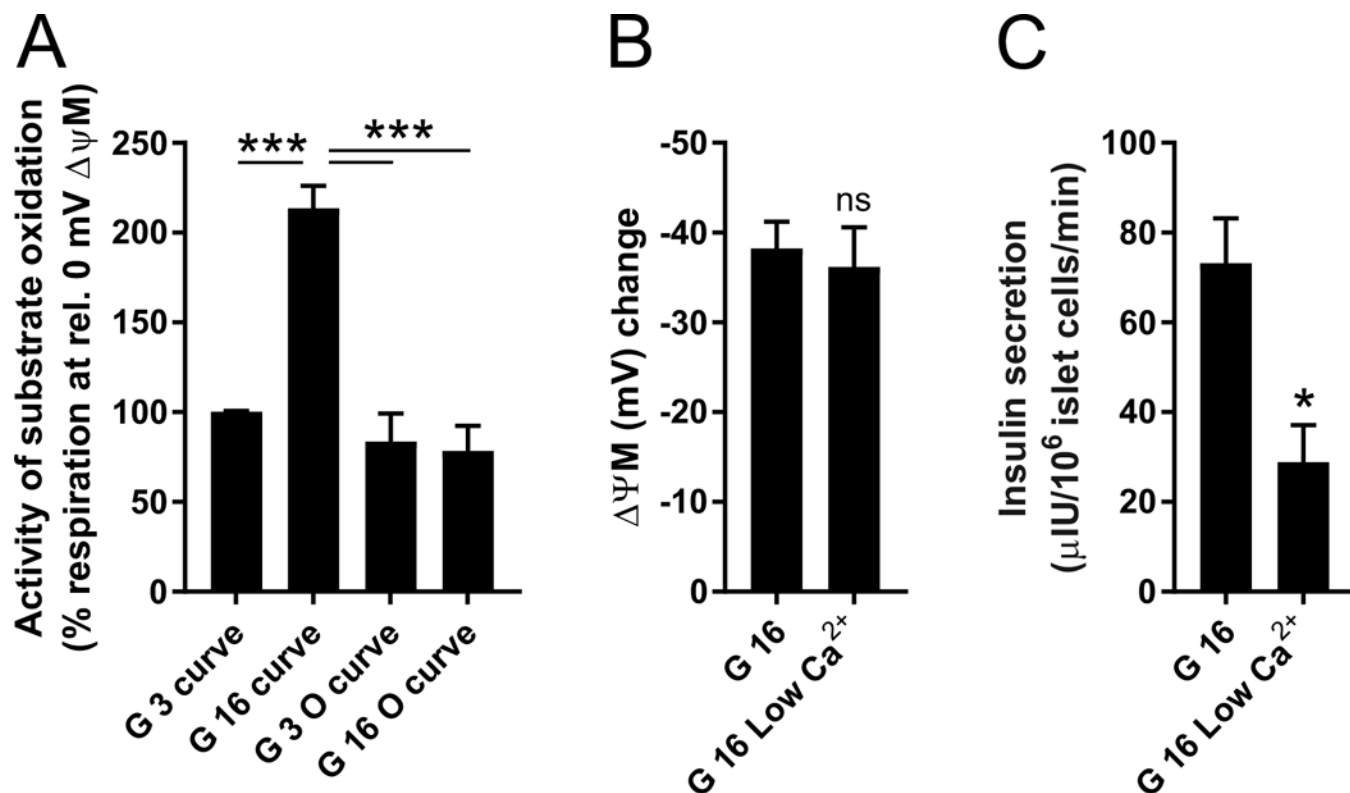
**Fig. 4.**

Cell respirometry in  $\beta$ -cell-enriched cultures. (**A-B**) Low (**A**) and high (**B**) magnification processed image of insulin immunofluorescence (green) in  $\beta$ -cell-enriched islet cell culture in a Seahorse XFe96 well after respirometry. Counted insulin-positive cell nuclei are marked by blue and insulin-negative by red color based on segmentation and classification of nuclear (Hoechst 33342) staining. (**C**) Fraction of insulin-positive cells based on insulin immunostaining and cell counting after respirometry. Data are mean $\pm$ SE,  $n=3$  individuals for positively sorted cultures and  $n=2$  for negatively or unsorted cultures. (**D-E**) Time courses of cell respiration in  $\beta$ -cell enriched islet cultures. Non-mitochondrial respiration was measured after antimycin plus myxothiazol addition (“A M”, 2  $\mu$ M each) and subtracted from all data points. Four additions were performed during the time course marked by the vertical gray lines. Different symbols indicate different paradigms, and the total of additions is marked by matching color labels for each period between the additions. G, glucose in mM; O, oligomycin (2  $\mu$ g/ml); F, FCCP in nM. Data are mean $\pm$ SE,  $n=3$  individuals, except for blue triangles and (**E**) where  $n=2$ .



**Fig. 5.** Modular kinetic analysis of  $\beta$ -cell energy metabolism. **(A)** Modularization of energy metabolism. The supply module comprises all processes from glucose uptake to proton pumping in the respiratory chain. The demand module encompasses all processes that drain  $\psi_M$ : ATP synthesis and utilization, and proton leak. The supply and demand modules are assumed to communicate directly or indirectly by changes of the level of their common intermediate,  $\psi_M$ . Modulators of the demand module used below are indicated by red labels. **(B)** Modular kinetic analysis of  $\beta$ -cell energy metabolism. The kinetic response of

substrate oxidation to  $\psi_M$  is shown at 3 mM glucose (black circles) and 16 mM glucose (red triangles), and illustrated by gray and red curves, respectively. Dashed curves indicate uncertainty. The response of demand is shown by connecting the 3, 4.5 and 16 mM glucose points with no modulators of demand present (orange curve). Data points show mitochondrial respiration from experiments represented by Fig. 4D as a function of  $\psi_M$  from experiments represented by Fig. 1C in matching conditions, indicated by the labels. (C) Modular kinetic analysis of  $\beta$ -cell substrate oxidation with ATP synthesis inhibited by oligomycin, at 3 mM glucose (black squares) and 16 mM glucose (red diamonds). Data from (B) is shown in grey in the background. G, glucose in mM; O, oligomycin (2  $\mu$ g/ml); F, FCCP in nM; Mon, monensin (1  $\mu$ M); CHX, cycloheximide (35  $\mu$ M). Data are mean $\pm$ SE, n=3 individuals, except for the “G 3 O” and “G 3 O F 600” points where n=2.



**Fig. 6.**

Glucose-activation of  $\beta$ -cell energy metabolism is dependent on ATP synthesis, but not on  $Ca^{2+}$ . **(A)** Activity of substrate oxidation was calculated from Fig. 5B and C, by calculating mitochondrial respiration at 0 mV  $\psi_M$  change using linear interpolation of nearby data points on each substrate oxidation kinetic curve. \*\*\*,  $p < 0.001$  significance by ANOVA followed by Tukey's post hoc test ( $n = 3$  individuals). **(B)**  $\psi_M$  hyperpolarization by 16 mM glucose compared to the 3 mM glucose baseline at normal 2.5 mM extracellular  $Ca^{2+}$  and when  $Ca^{2+}$  was lowered to 0.25 mM. ns, not significant by paired  $t$ -test ( $n = 3$  individuals). **(C)** Insulin secretion in 16 mM glucose (30 min) at normal 2.5 mM extracellular  $Ca^{2+}$  and when  $Ca^{2+}$  was lowered to 0.25 mM. \*,  $p < 0.05$  significance by paired  $t$ -test ( $n = 3$  individuals).

Donor Table.

Table 1

Donor code <sup>a</sup>	Age, gender, race <sup>a</sup>	BMI <sup>a</sup>	HbA1c <sup>a</sup> (%)	Cause / mechanism / circumstance of death <sup>a</sup>	Ischemic downtime <sup>a</sup>	Hours between operation and islet isolation <sup>a</sup>	Days between islet isolation and dispersion	Stimulation index in islets <sup>a,b</sup>	Stimulation index in dispersed cultures <sup>c</sup>	Mitochondria:cell volume fraction (%)	basal $\psi$ M (mV)	basal $\psi$ P (mV)	basal respiration (pmol/min/10 <sup>5</sup> cells)
HP17250	32yr, M, C	26.3	4.9	head trauma / GSW / suicide	-	<19	5.0	1.8	6.9±0.9(5)	8.35±0.76 (2)	-157.6±3.3 (5)	-57.7±1.9 (5)	19.2 <sup>d</sup>
HP17264	57yr, F, C	27.5	5.9	anoxia (pulmonary embolism) / CV	5 min	10	5.0	2.3	5.9±0.7(4)	8.20±0.91 (2)	-146.9±1.7 (4)	-63.1±1.6 (4)	16.4 <sup>e</sup>
HP17281	55yr, M, C	30.0	5.6	head trauma / GSW / suicide	-	<20	3.0	2.5	4.2±0.4 (3)	8.22±0.23 (2)	-149.8±2.7 (4)	-61.8±1.5 (4)	18.6±2.8 <sup>e</sup> (2)
HP17342	38yr, M, C	30.0	5.8	head trauma / blunt injury / MVA	2 hr, cold	10	3.6	5.9	3.4±0.3 (4)	7.82±0.20 (2)	-139.6±1.4 (4)	-56.9±1.2 (4)	10.6±0.9 <sup>e</sup> (2)

<sup>a</sup>, Data provided by Prodo Laboratories;<sup>b</sup>, Stimulation index in islets reflects insulin secretion in 28 mM glucose (1 hr) compared to 3 mM glucose, performed by Prodo Laboratories;<sup>c</sup>, Stimulation index in dispersed islet cell cultures reflects insulin secretion in 16 mM glucose (30 min) compared to 3 mM glucose. These and basal bioenergetic parameters were determined in 3 mM glucose, 2 mM glutamine in modified RPMI 1640 medium and data are mean ±SE of (n) experiments performed between days 3 and 9 after dispersion;<sup>d</sup>, Mitochondrial respiration in non-sorted islet cell cultures;<sup>e</sup>, Mitochondrial respiration in  $\beta$ -cell enriched islet cell cultures. Respiration was normalized to total cell count after recording. C, Caucasian; CV, cardiovascular; GSW, gunshot wound; MVA, motor vehicle accident.