

HHS Public Access

Author manuscript *Sci Transl Med.* Author manuscript; available in PMC 2019 October 04.

Published in final edited form as:

Sci Transl Med. 2019 August 14; 11(505): . doi:10.1126/scitranslmed.aav6278.

Disrupted hippocampal growth hormone secretagogue receptor 1a interaction with dopamine receptor D1 plays a role in Alzheimer's disease

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Abstract

Hippocampal lesions are a defining pathology of Alzheimer's disease (AD). However, the molecular mechanisms that underlie hippocampal synaptic injury in AD have not been fully elucidated. Current therapeutic efforts for AD treatment are not effective in correcting hippocampal synaptic deficits. Growth hormone secretagogue receptor 1a (GHSR1a) is critical for hippocampal synaptic physiology. Here, we report that GHSR1a interaction with β -amyloid (A β) suppresses GHSR1a activation, leading to compromised GHSR1a regulation of dopamine receptor D1 (DRD1) in the hippocampus from patients with AD. The simultaneous application of the selective GHSR1a agonist MK0677 with the selective DRD1 agonist SKF81297 rescued Ghsr1a function from A β inhibition, mitigating hippocampal synaptic injury and improving spatial memory in an AD mouse model. Our data reveal a mechanism of hippocampal

Data and materials availability: All data associated with this study are in the paper or the Supplementary Materials.

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Author contributions: The following authors carried out experiments and collected the data: J.T. [Figs. 1 (A to J), 2 (C to I), 3 (A, B, and D to I), 4 (A to D), 5 (B and C); 6 (A to I), and 7 (A, B, and D to F) and figs. S1 (A to F), S2, S4, S5, S7, S8 (A to D), S9 (B to E), S11 (A and B), S12 (A and B), S13 (A and B), S14, S16 (A to G), S17 (A to C), and S18], L.G. [Figs. 2 (A and B), 5A, and 7C and figs. S1 (C and D), S3, S6, S7, and S9A], S.S. (fig. S16, A to G), C.D. (Figs. 3C and 4E and figs. S10 and S15), A.P. (Fig. 4, F to H), Q.W. (fig. S16, A and B), and E.G. (Fig. 1, C and D). J.T., L.G., C.D., A.P., E.G., S.K., and H.D. analyzed the results. S.K. supervised the data collection and results analysis from C.D. and A.P. L.G. and J.T. performed the statistical analyses. J.M.Z. provided *Ghsr* null mice. R.H.S. provided postmortem human brain samples. L.G., J.M.Z., R.H.S., and S.K. contributed to the design of experiments and helped with a critical reading of the manuscript. H.D. conceived the project, supervised the experiments, and wrote the manuscript. *These authors contributed equally to this work.

Competing interests: H.D. is an inventor on patent/patent application (USPTO serial no. 62/769,428) held/submitted by the University of Texas at Dallas that covers "Composition and Method for Treatment of Hippocampal Synapse Dysfunction and Cognitive Deficits in Alzheimer's Disease." All other authors declare that they have no competing interests to declare.

vulnerability in AD and suggest that a combined activation of GHSR1a and DRD1 may be a promising approach for treating AD.

INTRODUCTION

Hippocampal lesions are an early and defining pathology of Alzheimer's disease (AD) and underlie decline in cognitive ability (1). Currently, no effective therapy exists to correct these hippocampal synaptic deficits (2), and the precise mechanisms of hippocampal vulnerability in this neurodegenerative disorder are not completely understood. Growth hormone secretagogue receptor 1a (GHSR1a), also known as ghrelin receptor, is a member of the class A G protein-coupled receptor (GPCR) family. Aside from its abundance in the pituitary gland and hypothalamus, GHSR1a is expressed in the hippocampus, both in the dentate gyrus and Ammon's horn (3-5), indicating its relevance to hippocampal function. Several studies have demonstrated specific roles for hippocampal ghrelin/GHSR1a signaling in learning, motivational, and hedonic components of eating (6, 7). Emerging evidence suggests a role for GHSR1a signaling in hippocampal synaptic physiology through regulation of dopamine receptor D1 (DRD1) (8-12). The modulation of DRD1 signaling by GHSR1a is critical for initiating hippocampal synaptic reorganization via the noncanonical Gaq-Ca²⁺ signaling pathway that results in activation of Ca²⁺/calmodulin-dependent protein kinase II (CaMKII) (8, 9). This pivotal role of GHSR1a in hippocampal synaptic function raises the question of whether GHSR1a dysfunction contributes to hippocampal synaptic deficits in AD.

Previous studies revealed inconsistent effects of GHSR1a activation on AD phenotypes in patients (10) and in AD animal and cell models (11). Our own recent study in patients with mild cognitive impairment (MCI) showed a negative correlation between cognitive performance and circulating acylated ghrelin (12). These results suggest that, in AD, hippocampal GHSR1a may become insensitive to activation by exogenous and endogenous ligands. Thus, understanding the functional status of hippocampal GHSR1a in AD-related conditions might provide insights into the molecular mechanisms of AD hippocampal pathology.

Here, we report increased GHSR1a expression and a direct interaction of GHSR1a with β amyloid (A β) in the hippocampus of patients with AD and in a mouse model that mimics AD brain amyloidopathy with hippocampal synaptic injury (5×FAD mice). GHSR1a interaction with A β inhibited its activation and prevented GHSR1a/DRD1 heterodimerization. Loss of Ghsr1a in mice replicated hippocampal synaptic stress and cognitive impairment seen in 5×FAD mice. Furthermore, our results showed that the combined activation of Ghsr1a and Drd1 with their selective agonists MK0677 and SKF81297, respectively, rescued hippocampal synaptic function and cognition in 5×FAD mice.

RESULTS

Aβ physically interacts with GHSR1a.

To determine whether GHSR1a expression is changed in the hippocampus in AD, we performed immunohistochemical and membrane blotting assays in postmortem hippocampal tissues from four subjects with AD and four nondemented healthy donors (nonAD). We observed increased GHSR1a expression in hippocampal tissues from patients with AD (fig. S1, A and B, and table S1), which positively correlated with the amounts of soluble A β 40 and A β 42 in hippocampi (fig. S1, C and D). Increased hippocampal Ghsr1a expression was prominent in 5×FAD mice especially at 9 months old (fig. S1, E and F) when the mice demonstrate heavy brain amyloidopathy with severe hippocampal lesions (13). These results suggest a potential relationship between GHSR1 α expression and A β toxicity. Because A β binds to multiple proteins (14-16), we next explored whether GHSR1a is an A β binding target. To examine the interaction between GHSR1a and A β , we labeled GHSR1a and A β with their specific antibodies and ran Duolink proximity ligation assay (PLA), which is a sensitive method to visualize and quantify direct protein interactions in situ (17), on hippocampal tissues from four subjects with AD and four healthy donors. We observed $A\beta/$ GHSR1a complexes in hippocampi from patients with AD (Fig. 1, A and B). Moreover, 5×FAD mice at 4 and 9 months old exhibited increased hippocampal A β /Ghsr1a complexes in an age-dependent manner (Fig. 1, C and D). To validate the specificity of this interaction, we expressed full-length mouse Ghsr1a or its truncating mutants (figs. S2 and S3) in otherwise non-Ghsr1a-expressing human embryonic kidney (HEK) 293T cells, and the cells exhibited similar expression of FLAG-tagged Ghsr1a and its mutants (Fig. 1G and fig. S4). HEK 293T cells expressing full-length mouse Ghsr1a or its mutants were exposed to 5 µM oligomeric Aβ42 for 24 hours followed by Duolink PLA to detect Aβ/Ghsr1a complexes. In contrast to full-length Ghsr1a and other tested Ghsr1a mutants (Fig. 1, E and F), Ghsr1a mutant devoid of amino acid (aa)42–116 (Ghsr1a aa42–116) showed no interaction with oligomeric Aβ42 (Fig. 1, E and F). The Duolink PLA results were further validated by using coimmuno-precipitation (Co-IP) (Fig. 1, H to J, and fig. S5, A and B). These results confirm the interaction between the two proteins as seen in AD and further suggest that aa42-116 residues on Ghsr1a are critical for A β binding. Together, our findings indicate that A^β physically interacts with GHSR1a in AD.

The interaction with $A\beta$ induces GHSR1a dysfunction

To determine whether A β 's interaction affects the function of Ghsr1a, we examined Ghsr1a activity in A β -enriched environments using fluorescein arsenical hairpin binder (FlAsH)– based fluorescence resonance energy transfer (FRET) assay, which is advantageous for GPCR activity assay because of its minimally perturbing effect on GPCR function (18). FlAsH-based FRET was created by structural dynamics of Ghsr1a with FlAsH in the intercellular loop 3 and enhanced cyan fluorescent protein (ECFP) in the C terminus (Ghsr1a^{FIAsH/ECFP}). Ghsr1a^{FIAsH/ECFP} was expressed in HEK 293T cells, and changes in FRET ratio (F_{FIAsH}/F_{ECFP}) were monitored for the measurement of agonist-induced Ghsr1a activation. No change in FRET ratio was detected in vehicle-treated Ghsr1a^{FIAsH/ECFP}- expressing HEK 293T cells, whereas the administration of MK0677 (50 μ M) induced a decrease in FRET ratio (Fig. 2, A and B). Ghsr1a antagonist JMV2959 (50 μ M) diminished

MK0677-mediated FRET ratio change (Fig. 2A). These results indicate that agonist-induced Ghsr1a activation results in less energy transfer between ECFP and FlAsH (fig. S6). Oligomeric A β 42 at indicated concentrations was applied on Ghsr1a^{FIAsH/ECFP}-expressing HEK 293T cells for 5 min (preincubation) followed by coincubation with vehicle or Ghsr1a agonist MK0677. Although oligomeric A β 42 had no impact on FRET ratio in vehicle-treated cells, agonist-induced Ghsr1a activation was suppressed by oligomeric A β 42 (Fig. 2, A and B), suggesting a Ghsr1a antagonist-like effect of oligomeric A β 42. Therefore, oligomeric A β 42 reduced the response of Ghsr1a to activation (fig. S6) and that this effect was likely to be due, at least partially, to A β /Ghsr1a interaction.

GHSR1a forms complex with DRD1 to regulate DRD1-mediated hippocampal synaptic strength and memory (8). To fully evaluate the influence of A β on GHSR1 α , we next examined whether oligomeric A β 42 affects the heterodimerization of GHSR1a and DRD1 by using HEK 293T cells coexpressing Ghsr1a and Drd1 (Fig. 2C and fig. S2). After an incubation with oligometic A β 42 (5 μ M) for 24 hours, the interaction between Ghsr1a and Drd1 determined by Duolink PLA was suppressed (Fig. 2, D and E), indicating the inhibitory effect of oligometric A β 42 on Ghsr1 α /Drd1 heterodimetrization. To test whether GHSR1a/DRD1 interaction was modulated in a clinical setting, we examined hippocampal tissues from five patients with AD and compared with tissues from five healthy controls. Analysis of Duolink PLA data showed a reduction of GHSR1a/DRD1 complexes in hippocampi from subjects with AD compared with those from control subjects (Fig. 2, F and G), with a negative correlation between GHSR1a/DRD1 complex density and the amounts of hippocampal soluble A β 40 and A β 42 (fig. S7, A and B). Decreased Ghsr1 α /Drd1 heterodimerization also occurred in 5×FAD mice, and this effect was exacerbated with age (Fig. 2, H and I). The preserved expression of DRD1 in hippocampi from subjects with AD (fig. S8, A and B) and 5×FAD mice (fig. S8, C and D) suggests that decreased GHSR1a/ DRD1 interaction in AD-relevant pathological settings is not due to DRD1 loss. FlAsHbased FRET assay was performed to examine the effect of oligometric A β 42 (2 μ M, 5 min preincubation) on agonist (SKF81297, 100 µM)-induced Drd1 activity in HEK 293T cells expressing Drd1 with FlAsH in the intercellular loop 3 and ECFP in the C terminus (Drd1^{FIAsH/ECFP}). Unaltered agonist-induced Drd1 activation examined by FIAsH-based FRET indicates no impact of oligometric A β 42 on Drd1 activation (fig. S9A). Moreover, A β / DRD1 complexes were not observed in hippocampi from patients with AD (fig. S9B) by using Duolink PLA or oligometric A β 42 (5 μ M, 24 hours)-exposed Drd1-expressing HEK 293T cells by using Duolink PLA (fig. S9, C and D) and Co-IP assays (fig. S9E). Therefore, decreased hippocampal GHSR1a/DRD1 interaction in AD-relevant conditions most likely results from A\beta-mediated GHSR1a deregulation.

Loss of Ghsr1a induces AD-like hippocampal synaptic stress and memory deficits

Because GHSR1a function is critical for hippocampal synaptic physiology (19), we hypothesized that Ghsr1a-deficient mice would display AD-like synaptic loss in the hippocampus and cognitive impairment. To test this hypothesis, we measured synaptic density in hippocampal slices from *Ghsr* null (20), nontransgenic (nonTg), 5×FAD, and *Ghsr* null/5×FAD mice at 4 and 9 months old. *Ghsr* null mice demonstrated reduced synapse density (Fig. 3, A and B) in the hippocampal CA1 region, one of the areas afflicted in AD

with Ghsr1a abundance (5, 21). The effect of the lack of Ghsr signaling on synaptic density is in agreement with a previous report (19). We next examined long-term potentiation (LTP) in the hippocampal CA3-CA1 pathway (15) to determine the effect of Ghsr loss on synaptic strength. We found impairments of stimulus-evoked LTP on hippocampal slices from 9month-old Ghsr null mice demonstrated by decreased field excitatory postsynaptic potential (fEPSP) slope after theta burst stimuli at 40 to 60 min (Fig. 3C) without altering baseline input-output relationships of the evoked responses (fig. S10). Moreover, loss of Ghsr impaired hippocampus-dependent spatial navigation in the Morris water maze test (Fig. 3, D, E, G, and H) without affecting mouse swimming speed (Fig. 3, F and I). These changes in *Ghsr* null mice were in line with phenotypic alterations observed in age- and gendermatched 5×FAD mice (Fig. 3, D to I). Ghsr null/5×FAD showed no major differences in the tested parameters relative to their age- and gender-matched 5×FAD littermates (Fig. 3, A to I) and no differences in hippocampal A β loading (fig. S11) or serum ghrelin (fig. S12). These results suggest that the impairments observed in *Ghsr* null and in 5×FAD mice might be mediated by overlapping mechanisms. The regulation of DRD1 by GHSR1a is pivotal for hippocampal synaptic plasticity, which is modulated through the activation of CaMKII downstream of DRD1 signaling (8). To determine whether impaired CaMKII activation due to Ghsr1a deregulation is involved in hippocampal synaptic deficits in 5×FAD mice, we examined CaMKII phosphorylation at Thr²⁸⁶ (P-CaMKIIa Thr²⁸⁶), an activated form of CaMKII (22), in postsynaptic densities isolated from mouse hippocampus by immunoblotting to reflect CaMKIIa activation at hippocampal postsynapses. Decreased CaMKII phosphorylation at Thr²⁸⁶ was detected in hippocampal postsynaptic densities from 9-month-old Ghsr null, 5×FAD, and Ghsr null/5×FAD mice as compared with their nonTg littermates (fig. S13). Ghsr1a deficiency did not affect the expression of hippocampal Drd1, regardless of AB overexpression (fig. S8, C and D). These results implicate the detrimental effect of Ghsr1a deregulation on Drd1-related CaMKII signaling in 5×FAD mice. Together, our findings support the idea that A β -induced Ghsr1a deregulation underpins hippocampal synaptic deficits and cognitive decline in 5×FAD mice.

Reduced Ghsr1α/Drd1 interaction contributes to Aβ-induced hippocampal synaptic injury

Given the deleterious influence of the GHSR1a deficiency on hippocampal synapses, we asked whether GHSR1a activation could restore synaptic function in Aβ-rich environments. To directly test this, we applied the Ghsr1a agonist MK0677 to oligomeric Aβ42-exposed hippocampal neuron cultures. Our interest in MK0677 derives from the translational potential of MK0677, a nonpeptide ghrelin mimetic compound with higher potency than ghrelin (23). The agonist MK0677 alone at doses greater than 1.5 μ M substantially promoted synaptic formation demonstrated by increased synaptic density (fig. S14A), suggesting that Ghsr1a activity can induce synaptogenesis. However, administration of MK0677 (1.5 μ M) did not mitigate oligomeric Aβ42 (1 μ M, 24 hours)-induced synapse loss in hippocampal neuron cultures (Fig. 4, A and B), which is consistent with our finding that oligomeric Aβ42 blunts MK0677-mediated Ghsr1a activation. Because MK0677 alone was not protective against oligomeric Aβ42-induced synapse loss, we further explored the importance of Ghsr1a/Drd1 interaction. We sought to promote Ghsr1a regulation of Drd1 by increasing Ghsr1a/Drd1 heterodimerization through simultaneously activating Ghsr1a and Drd1 in cultured mouse hippocampal neurons. The optimal dose for the selective Drd1 agonist

SKF81297 (2 μ M) was determined on the basis of its capability in promoting synapse formation in cultured mouse hippocampal neurons (fig. S14B). Same as MK0677, SKF81297 itself increased synaptic density in cultured mouse hippocampal neurons but failed to alleviate oligomeric A β 42 (1 μ M, 24 hours)-induced synapse loss in hippocampal neuron cultures (Fig. 4, A and B). In contrast to MK0677 or SKF81297 alone, the simultaneous stimulation of Ghsr1a and Drd1 using both compounds (1.5 μ M MK0677 and 2 μ M SKF81297) increased synaptic density in oligomeric A β 42 (1 μ M, 24 hours)-treated mouse hippocampal neuron cultures (Fig. 4, A and B). Consistent with this observation, coapplication of MK0677 and SKF81297, but not the agonists alone, preserved Ghsr1a/ Drd1 complex formation from oligomeric A β 42 (1 μ M, 24 hours) (Fig. 4, C and D). These results indicate that interaction of Ghsr1a/Drd1 promotes synaptic formation in hippocampal neurons, which is in agreement with previous reports (8), and they further support the hypothesis that perturbed GHSR1a regulation of DRD1 contributes to synaptic injury in AD.

To verify this hypothesis in A β overexpression-mediated model of synaptic injury, we applied MK0677 (1.5 μ M) and SKF81297 (2 μ M), alone or in combination, to hippocampal slices from 4-month-old nonTg and 5×FAD mice and examined LTP to reflect synaptic strength in the hippocampal CA3-CA1 pathway. Previous studies (13) showed that 5×FAD mice present early hippocampal synaptic lesions at 4 months of age. Vehicle-treated 5×FAD hippocampal slices exhibited impairments of stimulus-evoked LTP (Fig. 4E), indicating decreased synaptic strength. The treatment of MK0677 or SKF81297 alone had no effect on hippocampal LTP in 5×FAD hippocampal slices (Fig. 4E). In contrast, simultaneous application of MK0677 and SKF81297 markedly mitigated impairments of stimulus-evoked LTP in 5×FAD hippocampal slices (Fig. 4E). The treatment of MK0677 or SKF81297 alone or in combination had no effect on hippocampal LTP in brain slices from nonTg mice (fig. S15). In view of damaged excitatory synaptic transmission in AD (24), we next examined the effect of the MK0677/SKF81297 mixture on excitatory synaptic transmission in the hippocampus of 5×FAD mice at 4 months old by performing whole-cell recordings of miniature excitatory postsynaptic currents (mEPSCs). Although no genotypic effect on mEPSC frequency was observed (Fig. 4, F and H), CA1 neurons from 5×FAD mice demonstrated a decrease in mEPSC amplitude, which was protected by the MK0677/ SKF81297 mixture (Fig. 4, G and H). Because mEPSC frequency primarily represents the probability of presynaptic release and mEPSC amplitude is largely associated with the conductance of postsynaptic receptors (25), the results suggest improved postsynaptic receptor function in MK0677/SKF81297-treated 5×FAD CA1 neurons. Together, these findings strongly suggest a role for dysfunctional GHSR1a regulation of DRD1 in AD hippocampal synaptic failure and also indicate that combined stimulation of GHSR1a and DRD1 can rescue A\beta-induced hippocampal synaptic deficits.

Ghsr1a/Drd1 coactivation rescues Ghsr1a function from Aß toxicity

To assess whether the protective effects of Ghsr1a and Drd1 coactivation were mediated by Ghsr1a activity, we measured Ghsr1a activity by FlAsH-based FRET on HEK 293T cells either expressing Ghsr1a^{FlAsH/ECFP} alone or coexpressed with Drd1. The cells were exposed to vehicle treatment or the mixture of MK0677 (50 μ M) and SKF81297 (100 μ M)

in the presence or absence of a 5-min pretreatment of 2 μ M oligomeric A β 42. Without oligomeric A β 42, the two types of cells exhibited similar response to the combined treatment (Fig. 5A), indicating that Ghsr1 α was activated by its agonist regardless of Drd1 expression. The inhibitory effect of oligomeric A β 42 on Ghsr1 α activation was diminished in MK0677/SKF81297 mixture-treated Ghsr1 α /Drd1 coexpressing cells (Fig. 5A). These results suggest that coactivation of Ghsr1 α and Drd1 can prevent A β -induced effects on Ghsr1 α . In further support of this hypothesis, the MK0677/SKF81297 mixture, but not MK0677 or SKF81297 alone, alleviated A β /Ghsr1 α complex formation in oligomeric A β 42 (1 μ M, 24 hours)-treated mouse hippocampal neuron cultures (Fig. 5, B and C). Together, these results suggest that Ghsr1 α /Drd1 coactivation preserves Ghsr1 α activity by reducing the interaction between A β and Ghsr1 α .

Ghsr1a/Drd1 coactivation rescues synaptic density and memory in 5×FAD mice

Next, we attempted to replicate our findings in vivo. Because 5×FAD mice begin to exhibit compromised spatial learning and memory at 4 to 5 months old (26-28), we expected that Ghsr1a/Drd1 coactivation would restore hippocampal synaptic function and improve behavior in young 5×FAD mice at 4 to 5 months old when hippocampal lesions are limited and Aß accumulation is low (26-28). Age- and gender-matched nonTg and presymptomatic 5×FAD mice ("presymptomatic" refers to unaffected spatial learning and memory) at 3 months old received daily intraperitoneal injections of the MK0677/SKF81297 combination therapy [MK0677 (1 mg/kg) and SKF81297 (1.5 mg/kg)] for 30 days followed by behavioral experiments at 4 months of age. These treatment regimens were optimized on the basis of preliminary experiments that took into account the influence on body weight (fig. S16, A and C), serum ghrelin (fig. S16, B and D), and behavioral performance (Fig. 6, A to C, and fig.S16, E to G), as well as previous reports (29, 30). Saline-treated 5×FAD mice demonstrated memory defects in the Morris water maze test, which were prevented by treatment with MK0677/SKF81297 (Fig. 6, A to C). Moreover, mice that received MK0677/ SKF81297 treatment maintained body weight (fig. S16A) and serum ghrelin amount (fig. S16B) and showed unaffected cell density in the liver, kidney, and brain (fig. S17). 5×FAD mice treated with MK0677/SKF81297 showed considerably less hippocampal CA1 synapse loss (Fig. 6, D and E), preserved Ghsr1a/Drd1 heterodimerization (Fig. 6, F and G), and fewer A β /Ghsr1a complexes (Fig. 6, H and I) as compared with their vehicle-treated counterparts. In addition, because Ghsr1a activation has been shown to improve hippocampal neurogenesis in 5×FAD mice (31), we examined neurogenesis in the dentate gyrus by performing immunocytochemistry staining of adult brain neurogenesis marker, doublecortin (DCX) (32). Compared with their vehicle-treated counterparts, MK0677/ SKF81297-treated 5×FAD mice exhibited increased DCX-positive neurons in their dentate gyrus (fig. S18).

Ghsr1a/Drd1 coactivation does not affect hippocampal amyloidosis or tau pathology in 5×FAD mice

To determine whether synaptic function and memory improvement in MK0677/SKF81297treated 5×FAD mice were associated with altered A β production and deposition, we examined hippocampal tissues from MK0677/SKF81297- and vehicle-treated 5×FAD mice. Immunoblotting assay using antibody against amyloid precursor protein (APP) was

performed to examine APP expression in hippocampal homogenates (Fig. 7A). Immunohistochemical staining using antibody against A β was performed to detect A β load on hippocampal slices (Fig. 7B). The amounts of soluble $A\beta 40$ and $A\beta 42$ in hippocampal homogenates were measured by enzyme-linked immunosorbent assay (Fig. 7C). Moreover, because 5×FAD mice have intraneuronal A β deposition in addition to extracellular A β plaques mimicking AD brain amyloidosis (13), we further examined intraneuronal A β deposition in hippocampal CA1 neurons demonstrated by the overlapping staining of A β and class III β -tubulin, a specific neuronal marker (Fig. 7D) (33), as well as extracellular amyloid plaques in the hippocampus determined by Congo red-positive staining (Fig. 7E). No difference in these parameters was observed between MK0677/SKF81297- and vehicletreated 5×FAD mice (Fig. 7, A to E). In addition, to determine whether MK0677/SKF81297 treatment affects tau pathology, we analyzed tau phosphorylation by performing immunoblotting on mice hippocampal homogenates. Tau phosphorylation at multiple phosphorylation sites including Ser²⁰²/Thr²⁰⁵, Ser³⁹⁶, and Ser⁴⁰⁴ or total tau in 5×FAD mice were not changed by MK0677/SKF81297 treatment (Fig. 7F). Therefore, the protective effects of MK0677/SKF81297 treatment do not result from modulation on brain amyloidosis or tau pathology.

DISCUSSION

Recent studies highlighted the importance of GHSR1a in hippocampal synaptic physiology (8, 19, 34), but the functional status of GHSR1a in AD remains largely unknown. In this study, we found elevated expression of GHSR1a in the hippocampus from patients with AD and in 5×FAD mice. Our recent observation of an inverse relationship between serum acylated ghrelin amounts and cognitive function in MCI (12), as well as our findings here showing that A β alters the response of Ghsr1a to its agonist and that a strong correlation of GHSR1 α expression with soluble A β amounts in subjects with AD exists, seem to suggest that increased GHSR1a expression in hippocampi from patients with AD might reflect a compensatory response to $A\beta$ toxicity. Our results are in disagreement with a previous report showing decreased GHSR1a mRNA in temporal gyri from patients with AD (35). This difference may result from different mechanisms of regulation of GHSR1a at the pre- and posttranscriptional steps and/or a brain region-specific response to AB toxicity. Because GHSR1a expression is relatively low in the neocortex (5), it is unclear whether the decreased GHSR1a mRNA expression in the neocortical temporal lobe contributes to AD. Furthermore, it should be noted that $GHSR1\beta$, a truncated splice variant of GHSR1a, blocks GHSR1a function (36), and the aforementioned study reported increased GHSR1\beta mRNA in neocortical temporal tissues from subjects with AD (35). Therefore, GHSR1B may also contribute to hippocampal GHSR1a deregulation in AD. Additional studies are needed to address these questions and to understand the contribution of the GHSR/ghrelin system in AD pathogenesis. Here, we show that hippocampal GHSR1a deregulation can be induced through a physical interaction with A β , and we established a link between Ghsr1a. deregulation, hippocampal synaptic injury, and cognitive impairments in mice. The alterations in Ghsr1a in young 5×FAD mice and the abnormal increase of acylated ghrelin in patients with MCI (12) seem to suggest that GHSR1a deregulation may develop in

prodromal or early stages of the disease. Studies of postmortem tissues from preclinical patients with AD could help to address this possibility.

Substantial efforts are currently directed toward the development of new AD treatments, especially toward the development of disease-modifying therapies (37). However, current AD interventions, including acetylcholinesterase inhibitors or N-methyl-D-aspartate receptor blockers, do not target the underlying mechanisms that cause synaptic injury and thus have limited efficacy (2, 38, 39). Moreover, ongoing attempts to remove A β or ameliorate tau pathology have yet to prove effective (40, 41). Our results identify GHSR1a, and particularly its interaction with DRD1, as a target for AD treatment with translational potential. Studies that previously explored GHSR1a agonism for the treatment of AD produced inconsistent results (10, 11). GHSR1a agonists such as MK0677 and LY444711 provided protection in animal and cell models (42-45); however, a clinical trial of MK0677 in patients with AD failed to show clinical benefits (10). Although this trial was originally designed to enhance brain A β clearance by augmenting insulin-like growth factor 1 release (10), its negative outcome discouraged further attempts to target GHSR1a in AD. We speculate here that a potential explanation for this clinical trial's failure may be that GHSR1a becomes insensitive to its agonists in AD. Previous studies found ghrelin (44) or acylated ghrelin (46) is protective against acute A β -induced synaptic dysfunction, cognitive impairments, and neuroinflammation. Discrepancies between these studies and ours may reflect differences in the degree of A β exposure, as A β overexpression in transgenic mouse models of AD exerts a more insidious and sustained deleterious effect than transient AB exposure (47). In contrast to our observation of no effect of the treatment on hippocampal Aβ load in 5×FAD mice, a recent study did report that MK0677 treatment lowered neocortical A β plaques in young 5×FAD mice (43). A higher dose of MK0677 used in that study in comparison to ours may partially explain this discrepancy in the effect of Ghsrla activation on A β load. In addition, a previous study from this group found that systemic ghrelin treatment did not affect hippocampal A β load in 5×FAD mice (31). We cannot rule out that MK0677 may affect Aβ production and/or clearance in a dose-dependent manner. This idea requires further investigation, taking into account the potential systemic effects on body weight and glucose regulation of high doses of this drug because obesity is a risk factor for AD (48).

GHSR1a and DRD1 are abundantly coexpressed in the hippocampus and are believed to serve important roles in hippocampal function (19, 49). Kern and colleagues have determined a mechanism that links GHSR1a and DRD1 in the regulation of hippocampal synaptic function. They found that activated GHSR1a shifts DRD1 from a Gas to a Gaq state via the formation of GHSR1a/DRD1 heterodimers, which allows dopamine to activate hippocampal synaptic activity-related Ca²⁺ signaling (8). This pivotal role of the GHSR1a/ DRD1 heterodimer in hippocampal synaptic physiology reinforces considering coactivation of GHSR1a and DRD1 for restoring synaptic defects. A further relevant finding from our study is that coactivation of Ghsr1a/Drd1 protects Ghsr1a from A β toxicity. We propose that this resistance to A β is conferred through a Ghsr1a conformational change that arises via its interaction with Drd1. This observation provides another potential explanation for why using a GHSR1a agonist in isolation lacked clinical efficacy. In support of this hypothesis, previous studies revealed that simultaneous use of agonists of different GPCR

family members can induce allosteric interactions and alterations in functional properties (50, 51). Moreover, although we did not observe DRD1 alterations in AD hippocampi, we cannot conclude that DRD1 function is intact in AD. In addition to the observation that DRD1 B2 allele is an AD risk factor (52), previous studies showed damage in the locus coeruleus in patients with AD (53). Because tyrosine hydroxylase-expressing neurons in the locus coeruleus project to the hippocampus, which enhances synaptic activity and hippocampus-related memory via D1-type dopamine receptors (54), it is therefore possible that dopaminergic input to the hippocampus is altered in AD. In this regard, the impaired regulation of DRD1 by GHSR1a in AD-related conditions may also result from insufficient supply of dopamine, DRD1's natural ligand, in the hippocampus, which could be mitigated by the supplementation of DRD1 agonist. Last, in this study, we used young 5×FAD mice, which have relatively mild synaptic lesions and no hippocampal neuron loss (13). Whether MK0677/SKF81297 benefits older 5×FAD mice with more pervasive hippocampal lesions remains untested and need further investigation. Nevertheless, this proof-of-concept study shows the potential protective effects of this AD dual GPCR agonist intervention. MK0677 is approved by Food and Drug Administration, and although SKF81297 is not, other DRD1 agonists including levodopa and pergolide are clinically available for clinical use (55).

Another question related to the protective effects of the treatment merits discussion is the role of neurogenesis. A previous study suggested that ghrelin attenuates hippocampal pathology in 5×FAD mice by potentiating hippocampal neurogenesis (31). Similarly, in our study, we found that coactivation of Ghsr1a and Drd1 promotes neurogenesis in the dentate gyrus of mixture-treated 5×FAD mice. The neurogenic effect of GHSR1a has been linked to its role in hippocampal energy metabolism (56). However, the impact of altered neurogenesis on cognitive impairments in AD and whether neurogenesis can correct synaptic and brain network injury remained unclear (57).

Previous studies directly attributed hippocampal synaptic injury that was observed in AD to AB toxicity and/or tauopathy (58). Although our current study explored Ghsr1a defects in the context of an A\beta-rich environment, potential broader effects of Ghsr1a deregulation on hippocampal metabolic processes and calcium signaling should not be overlooked. It is well documented that alterations in metabolic hormones such as ghrelin, leptin, and insulin can affect feeding behavior and nutrient availability, culminating in alterations of brain energy homeostasis and synapse remodeling (19, 59). Therefore, ghrelin system perturbations could cause brain and systemic metabolic deregulation, which is strongly associated with deficits in synaptic activity and hippocampus-dependent memory in both aging and AD (19). Moreover, the hypothalamus, a target of many metabolic hormones, plays a crucial role in maintaining brain metabolic homeostasis and hippocampal synaptic physiology (60). Hypothalamic pathology occurs in patients with AD (61). Therefore, given GHSR1a's role in hypothalamic function (62), it is possible that GHSR1a deregulation may affect hypothalamic function and indirectly drive hippocampal damage. We cannot rule out the possibility that the treatment-derived neuroprotection in our study may, at least in part, reflect improvements in hippocampal energy metabolism that arises secondary to effects on hypothalamic GHSR1a. Moreover, in view of the influence of GHSR1a on DRD1-mediated Ca²⁺ signaling pathway related to hippocampal synaptic plasticity (8), GHSR1a. deregulation may also represent a mechanism of calcium signaling-associated selective

neuronal vulnerability of AD hippocampi (63). In this context, altered hypothalamichippocampal connectivity and perturbed calcium signaling at synapses that result from GHSR1a dysfunction might act as critical A β -independent metabolic and calcium-related mechanisms of hippocampal synaptic failure in AD.

In summary, we have demonstrated a mechanism of hippocampal pathology through GHSR1a deregulation and showed that restoring Ghsr1a/Drd1 activity prevented ADmediated synaptic abnormalities and behavioral impairments in a mouse model of AD. The most parsimonious interpretation of our findings is that GHSR1a deregulation mediates hippocampal damage and that targeting this pathological mechanism might therefore prove therapeutically useful.

MATERIALS AND METHODS

Study design

The objective of this study was to determine the role of GHSR1a in AD pathology and develop a strategy for preventing AD phenotype in a mouse model. Hippocampal tissues from patients with AD and nonAD controls were analyzed to determine GHSR1a. expression, A β /GHSR1a interaction, and GHSR1a/DRD1 complexes. The transgenic 5×FAD mouse model was used to mimic AD amyloidopathy (27). *Ghsr* null (20) and *Ghsr* null/5×FAD mice were used to explore the role of GHSR1a deficiency in an AD-like environment. To mimic MCI and later stage AD, respectively, the studies were performed using 4- and 9-month-old mice. Both male and female mice were used. The investigators performing the experiments did not allocate the mice.

For all the experiments, sample sizes were determined by our previous data, prior literature, and power calculation to ensure sufficient sample sizes to allow the detection of statistically significant differences. Sample exclusion was not permitted. The number of unique replicates for each experiment is specified in the figure legends. Mice were randomized by genotype and gender during behavioral testing. For the behavioral, electrophysiological, pathological, and Duolink PLAs, experimenters were blinded during data acquisition and unblinded for data analysis. Raw data are provided in table S2 (separate Excel file).

Statistical analysis

Statistical comparisons were performed using GraphPad Prism 5 software. One-way or twoway analysis of variance (ANOVA) followed by Bonferroni post hoc analysis or unpaired two-way Student's *t* test were applied in data analysis. Pearson's correlation coefficient was used for correlation testing. Numbers of replicates and *P* values are stated in each figure legend. All data were expressed as means \pm SEM except for the box plots, which were shown as maximum, median, and minimum. Significance was concluded when the **P* value was less than 0.05. Significance was indicated by **P*< 0.05, ***P*< 0.010, ****P*< 0.001, #*P* < 0.001, and †*P*< 0.001. NS (not significant) denotes *P*> 0.05.

SUPPLEMENTARY MATERIALS

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

Funding: This study was supported by research funding from NIH (R00AG037716, R01AG053588, and R01AG059753 to H.D. and P30 AG035982 to KUMC), Alzheimer's Association (AARG-16-442863 to H.D.), and China Scholarship Council (201606220203 and 201706220265 to S.S. and Q.W).

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Fig. 1. A physically interacts with GHSR1a.

(A) Measurement of PLA-positive dots for A β /GHSR1 α complex in hippocampi from subjects with AD. ***P< 0.001, unpaired Student's *t* test. *n* = 4 healthy donors or subjects with AD. (**B**) Representative images of quantification in (A). Arrows indicate A β /GHSR1 α PLA-positive dots. (**C**) Analysis of A β /Ghsr1 α PLA-positive dots in the hippocampal region from 4- and 9-month-old 5×FAD mice. **P< 0.01, unpaired Student's *t* test. *n* = 4 mice per group. (**D**) Representative three-dimensional (3D) reconstructed images. The slices from 9month-old *Ghsr* null mice were used as negative control. (**E** to **G**) Analysis of Ghsr1 α /A β PLA-positive dots in HEK 293T cells expressing different forms of Ghsr1 α treated with vehicle or 5 μ M oligomeric A β 42 for 24 hours. Anti-FLAG antibody was used to detect Ghsr1 α and its mutants. †P< 0.001 versus cells expressing full-length Ghsr1 α without oligomeric A β 42 treatment and #P< 0.001 versus cells expressing Ghsr1 α aa42–116 with oligomeric A β 42 treatment, unpaired Student's *t* test. *n* = 4 to 7. (F) Representative 3D reconstructed images of Ghsr1 α /A β PLA-positive dots in HEK 293T cells expressing different forms of Ghsr1 α treated with vehicle or oligomeric A β 42 (top panels) and (G)

representative 3D reconstructed images of immunofluorescent staining of different forms of Ghsr1a (bottom panels) recognized by anti-FLAG antibody. (**H**) Densitometry of all immunoreactive bands generated from Co-IP on HEK 293T cells expressing different forms of Ghsr1a treated with vehicle or 5 μ M oligomeric A β 42 for 24 hours. ***P< 0.001, one-way ANOVA followed by Bonferroni post hoc analysis. Data were collected from three independent experiments. *n* (from left to right) = 3, 5, 2, 3, and 3. Nonimmune immunoglobulin G (IgG) to replace specific FLAG antibody was used for examining specificity of Co-IP. (**I**) Representative immunoblots showing the interaction of oligomeric A β 42 with Ghsr1a and Ghsr1a aa42–116. (**J**) Representative immunoblots showing the input of Ghsr1a and Ghsr1a aa42–116. DAPI, 4',6-diamidino-2-phenylindole; NS, not significant; IP, immunoprecipitation; WB, Western blot.

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Fig. 2. Interaction with A β disrupts GHSR1a activity.

(A to C) Impact of oligomeric A β 42 (2 μ M, 5-min pretreatment) on Ghsr1 α FIAsH-FRET response in the presence or absence of MK0677 (50 μ M). (A) FRET ratio quantified from data collected from a microplate reader. The effect of Ghsr1 α antagonist JMV2959 (50 μ M) against MK0677-induced Ghsr1 α activation was used as positive control. ***P*< 0.01 compared with other groups, two-way ANOVA followed by Bonferroni post hoc analysis. *n* = 12 per group. (B) Representative confocal microscopy images for FRET pseudo-color ratio (FlAsH^{exECFP/emFIAsH}/ECFP^{exECFP/emECFP}) (top), FlAsH^{exECFP/emFIAsH} (middle, green) and ECFP^{exECFP/emECFP} (bottom, red). (C) Representative 3D reconstructed images for Ghsr1 α and Drd1 expression in Ghsr1 α /Drd1 coexpressing HEK 293T cells. (**D**) Analysis of Ghsr1 α /Drd1 PLA-positive dot intensity in Ghsr1 α /Drd1 coexpressing HEK 293T cells of the group with oligomeric A β 42 treatment (5 μ M, 24 hours). Anti-Ghsr1 α and anti-Drd1 antibodies were used in this experiment. (**E**) Representative 3D reconstructed images for Ghsr1 α /Drd1 PLA-positive dots in Ghsr1 α /Drd1 coexpressing HEK 293T cells. (**F**)

Analysis of GHSR1a/DRD1 PLA-positive dots in hippocampal sections from patients with AD and healthy controls. ***P< 0.001, unpaired Student's *t* test. n = 5 per group. (G) Representative images of GHSR1a/DRD1 PLA dots. Arrows indicate GHSR1a/DRD1 PLA-positive dots. (H) Analysis of Ghsr1a/Drd1 PLA-positive dots in hippocampal CA1 region in 4- and 9-month-old 5×FAD mice. *P< 0.05 and **P< 0.01, unpaired Student's *t* test. n = 3 for each group. (I) Representative 3D reconstructed images of Ghsr1a/Drd1 PLA-positive dots in the hippocampus of 4- and 9-month-old nonTg and 5×FAD mice. *Ghsr* null mice at 9 months old were used as critical negative control.

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Fig. 3. Loss of Ghsr replicates AD-like phenotypes.

(A) Analysis of synaptic density in CA1 regions from 4- and 9-month-old mice. **P < 0.001 and ***P < 0.001 nonTg versus other groups at the same age, one-way ANOVA followed by Bonferroni post hoc analysis. Four-month-old mice: nonTg, n = 4; 5×FAD, n = 7; *Ghsr* null mice, n = 5; and *Ghsr* null/5×FAD, n = 4. Nine-month-old mice: nonTg, n = 4, 5×FAD, n = 4, *Ghsr* null mice, n = 4, and *Ghsr* null/5×FAD, n = 3. (B) Representative 3D reconstructed images of synapse staining. Vesicular glutamate transporter 1 (vGLUT1, blue) and postsynaptic density 95 (PSD95, red) were used to visualize pre- and postsynaptic terminals, respectively. The overlapped staining of vGLUT1 and PSD95 indicates synapses. (C) Time

course of LTP and representative fEPSP responses during the baseline period (black trace) and 30 s after theta burst simulation (red trace) in four groups of mice at 9 months old. **P*< 0.05 and ****P*< 0.001 nonTg versus other groups, one-way ANOVA followed by Bonferroni post hoc analysis. nonTg, n = 5; 5×FAD, n = 4; *Ghsr* null, n = 5; and *Ghsr* null/ 5×FAD, n = 5. (**D** to **I**) Spatial navigation of four groups of mice in the Morris water maze test. (D and G) Spatial learning of four groups of mice at 4 (D) and 9 (G) months old. **P*< 0.05, ***P*< 0.01, and ****P*< 0.001, nonTg versus other groups on the same day, one-way ANOVA followed by Bonferroni post hoc analysis. (**E** and **H**) Spatial reference memory of different groups of mice at 4 (E) and 9 (H) months of age. **P*< 0.05, one-way ANOVA followed by Bonferroni post hoc analysis. (F and I) Swimming speed of four groups of mice at 4 (F) and 9 (I) months old. Four-month-old mice: nonTg, n = 7; 5×FAD, n = 8; 5×FAD, n = 11; *Ghsr* null/5×FAD, n = 6. Nine-month-old mice: nonTg, n = 8; 5×FAD, n = 11; *Ghsr* null mice, n = 5; and *Ghsr* null/5×FAD, n = 8.

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Fig. 4. Combined Ghsr1a/Drd1 activation rescues hippocampal synapse in vitro.

(A) Effect of different treatments (1.5 μ M MK0677, 2 μ M SKF81297, or in combination) on synaptic density in hippocampal neurons in the presence or absence of oligomeric A β 42 (1 μ M, 24 hours). ***P< 0.001 vehicle-treated versus oligomeric A β 42-treated groups, two-way ANOVA followed by Bonferroni post hoc analysis. Data were collected from three independent experiments. n = 30 to 48 neurites. (B) Representative 3D reconstructed images of synapse staining. vGLUT1 (blue) and PSD95 (red) were used to visualize pre- and postsynaptic terminals, respectively. The dendrites were stained with MAP2 (green). The overlaid staining of vGLUT1/PSD95 identifies synapses. (C) Effect of different treatments (1.5 μ M MK0677, 2 μ M SKF81297, or in combination) on Ghsr1 α /Drd1 complex in hippocampal neurons in the presence or absence of oligomeric A β 42 (1 μ M, 24 hours). **P < 0.01 and ***P< 0.001 vehicle-treated versus oligomeric A β 42-treated groups, two-way ANOVA followed by Bonferroni post hoc analysis. Data were collected from three independent experiments. n = 8 to 10 neurons. (D) Representative images of Ghsr1 α /Drd1

PLA-positive dots. (E) Time course of LTP and representative fEPSP responses during the baseline period (black trace) and 30 s after theta burst simulation (red trace) in five treatment groups at 4 months of age. **P< 0.01 5×FAD MK0677/SKF81297 versus 5×FAD saline, one-way ANOVA followed by Bonferroni post hoc analysis. nonTg saline, n = 9; 5×FAD saline, n = 10; 5×FAD MK0677/SKF81297, n = 7; 5×FAD MK0677, n = 9; and 5×FAD SKF81297, n = 9. (F to H) mEPSC frequency (F) and amplitude (G) in the indicated groups of 4-month-old mice. *P< 0.05 and **P< 0.01, one-way ANOVA followed by Bonferroni post hoc analysis. n = 6. (H) Representative traces of mEPSC recordings.







Fig. 6. Combined Ghsr1a/Drd1 activation protects hippocampal synapse and cognition in vivo. (A to C) Spatial navigation analysis in four groups of mice treated with vehicle (saline) or MK0677/SKF81297 (MK0677, 1 mg/kg and SKF81297, 1.5 mg/kg) performing the Morris water maze test. (A) Spatial learning. **P < 0.01 and ***P < 0.001 5×FAD saline versus other groups, two-way ANOVA followed by Bonferroni post hoc analysis. (B) Spatial reference memory. ***P < 0.001 5×FAD saline versus other groups, two-way ANOVA followed by Bonferroni post hoc analysis. (C) Swimming speed. nonTg saline, n = 8; 5×FAD saline, n = 8; nonTg MK0677/SKF81297, n = 7; and 5×FAD MK0677/SKF81297, n = 5. (D and E) Analysis of synaptic density in the hippocampal CA1 region. **P < 0.01 and ***P < 0.001 5×FAD saline versus other groups, two-way ANOVA

post hoc analysis. nonTg saline, n = 3; 5×FAD saline, n = 4; nonTg MK0677/SKF81297, n = 4; and 5×FAD MK0677/SKF81297, n = 4. (E) Representative 3D reconstructed images of synapse staining in the CA1 region. vGLUT1 (blue) and PSD95 (red) were used to visualize pre- and postsynaptic components, respectively. The overlaid staining of vGLUT1 and PSD95 indicates synapses. (F and G) Analysis of Ghsr1a/Drd1 complex in the CA1 region. ***P < 0.001 5×FAD saline versus other groups, two-way ANOVA followed by Bonferroni post hoc analysis. n = 4 per group. (G) Representative 3D reconstructed images of Ghsr1a/Drd1 PLA-positive dots (red). Nuclei were stained with DAPI. (H and I) Analysis of A β /Ghsr1a PLA-positive dots in CA1 region. ***P < 0.001, unpaired Student's *t* test. n = 4 per group. (I) Representative 3D reconstructed images of A β /Ghsr1a PLA dots (red). Nuclei were stained with DAPI.

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Fig. 7. Hippocampal amyloidosis and tau phosphorylation remain unaltered in treated 5×FAD mice.

(A) Analysis of APP expression level in the hippocampus by using immunoblotting. Unpaired Student's t test. n = 4 per group. The right panel shows representative images of immunoblotting. β -Actin was used as the loading control. (B) A β deposition in the hippocampal region was measured and analyzed by immunostaining using A β antibody. Unpaired Student's *t* test. 5×FAD saline mice, n = 6 and 5×FAD MK0677/SKF81297 mice, n = 5. The right panel shows representative images of A β staining (red). The neurons were identified by the staining of NeuN (green). (C) Soluble $A\beta 40$ and $A\beta 42$ amounts in hippocampal homogenate were detected by ELISA assay. Unpaired Student's t test. 5×FAD saline mice, n = 6 and 5×FAD MK0677/SKF81297 mice, n = 5. (**D**) Analysis of intracellular A β in hippocampal CA1 neurons. Unpaired Student's *t* test. 5×FAD saline mice, n = 8 and 5×FAD MK0677/SKF81297 mice, n = 5. The right panel shows representative images. A β was recognized by anti-AB antibody (red). Neurons were labeled by anti-B-III-tubulin (green). Nuclei were identified by the staining of DAPI (blue color). The overlaid staining of Aβ and β-III-tubulin indicates intraneuronal Aβ. Scale bar, 20 μm. (E) Congo red staining was used to label extracellular parenchymal A β plaques. Unpaired Student's *t* test. 5×FAD saline mice, n = 8 and 5×FAD MK0677/SKF81297 mice, n = 5. The right panel shows

representative images of A β plaque staining. (**F**) Immunoblotting analysis of tau phosphorylation at different motifs and total tau in mouse hippocampal tissues. Unpaired Student's *t* test. *n* = 4 per group. The lower panel shows representative images of immunoblotting. β -Actin was used as the loading control. P-tau stands for phosphorylated tau, and T-tau stands for total tau.