



# Impact of IVIG vs. SCIG on IgG trough level and infection incidence in primary immunodeficiency diseases: A systematic review and meta-analysis of clinical studies

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## ABSTRACT

**Background:** Monthly intravenous immunoglobulin (IVIG) and weekly subcutaneous immunoglobulin (SCIG) have been regarded as therapeutically equivalent treatments for primary immunodeficiency diseases (PIDD). Immunoglobulin G (IgG) trough level is used as a monitoring measure for infection prevention.

**Objective:** A systematic review and meta-analysis were performed to elucidate the relationship between IgG dosing, trough IgG levels with overall infection incidence in patients with PIDD receiving IVIG and SCIG therapy.

**Methods:** Medline, EMBASE, Cochrane, Central, and Scopus were searched for studies published from Jan 2010–June 2018, fulfilling the inclusion criteria. DerSimonian and Laird random-effects method were used to pool the difference of IgG trough levels. Random-effect meta-regression was used to evaluate infection incidence per 100 mg/dl IgG trough increase though IVIG and SCIG.

**Results:** Out of 24 observational studies included, 11 compared IgG trough levels among SCIG and IVIG (mean difference: 73.4 mg/dl, 95% CI: 31.67–119.19 mg/dl, I<sup>2</sup> = 45%, p = 0.05), favoring weekly SCIG. For every 100 mg/dl increase in the trough, a linear trend of decreased incidence rates of infection was identified in SCIG patients (p = 0.03), but no similar trend was identified in trough levels vs. infection rates for patients receiving IVIG (p = 0.67).

**Conclusion:** In our study, weekly SCIG attained a higher trough level in comparison to monthly IVIG. Higher SCIG troughs were associated with lower infection rates, while IVIG troughs demonstrated no relationship.

**Keywords:** PIDD, Primary immunodeficiency disease, IgG trough, IVIG, SCIG

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## INTRODUCTION

Immunoglobulin G (IgG) replacement therapy is the mainstay of treatment in many primary immunodeficiency diseases (PIDD) associated with humoral immune defects, including common variable immunodeficiency disease (CVID), congenital hypogammaglobulinemia and agammaglobulinemia.<sup>1</sup> While intravenous immunoglobulin (IVIG) was the most common mode of replacement in 1980-1990, subcutaneous IgG (SCIG) administration has become increasingly common in clinical practice since the 1990s.<sup>2</sup> Both IVIG and SCIG have been regarded therapeutically equivalent (have same efficacy for prevention of bacterial infections) in patients with PIDD<sup>3,4</sup> and choice of the use of IVIG vs. SCIG has to take into account the comparative advantages and disadvantages between these for a given patient. For example, advantages of SCIG being fewer systemic adverse events,<sup>4,5</sup> improved quality of life<sup>5,6</sup> and stable IgG levels<sup>6,7</sup> and disadvantages being more local infusion sites reactions accounting for adverse events<sup>8-11</sup> and requirement of frequent infusions (weekly vs. monthly).<sup>4,5</sup>

It is unclear if there are universally accepted threshold IgG levels that correlate with adequate protection from severe infections. Serum IgG concentrations  $\geq 500$  mg/dl following IgG therapy have been recommended for adequate protection from serious infections in PIDDs.<sup>12-14</sup> The serum IgG trough level, defined as concentration preceding the next dose of immunoglobulin (Ig) infusion, has been regarded as an important guide to therapy.<sup>15</sup> Several recent studies have shown higher serum IgG concentrations, resulting from higher intravenous IgG and subcutaneous IgG dosing regimens, associated with infection prevention and decreasing infection-associated morbidity.<sup>13,16,17</sup> Data from earlier studies have endorsed IgG trough level of 500 mg/dl as an appropriate initial minimum target for infection prevention in PIDD.<sup>14,18</sup> However, subsequent clinical evidence has prompted recommendations for higher target levels of  $>800$  mg/dl<sup>19</sup> and 650-1000 mg/dl<sup>20</sup> in recent clinical guidelines. Due to inconsistent trough levels, a recommendation to individualize treatment plans based on symptoms and infections has been proposed.<sup>3</sup> Studies have

also suggested no significant differences in efficacy or adverse reaction rates between subcutaneous and intravenous immunoglobulin treatment.<sup>4</sup>

In this systematic review and meta-analysis, we sought to compare IVIG vs. SCIG in PIDD patients and its effects on IgG trough levels, the overall incidence of infection and serious infections (including pneumonia) to help guide clinicians in appropriate clinical decision making.

## METHODS

The preferred reporting items for systematic reviews and meta-analyses (PRISMA) statement as recommended by the Cochrane Collaboration for reporting systematic reviews<sup>21</sup> was used (Fig. 1). This systematic review included studies published from Jan 1, 2010, to May 30, 2018. A meta-analysis on studies earlier than 2010 was already carried out by Orange et al.;<sup>13</sup> we focused our review on studies after 2010 to cover newer studies since the recent advancements in the treatment of these diseases. Searches of MEDLINE, EMBASE, Cochrane Library, and Scopus databases were carried out to identify eligible studies. A combination of subject headings (MeSH, Emtree) and text words was used for each concept. Search terms and synonyms for "immunologic deficiency" and "immunoglobulins" were combined in the search with "AND" using Boolean logic. Synonyms for immune deficiency included "immunologic deficiency syndromes", "common variable immunodeficiency", "dysgammaglobulinemia", "agammaglobulinemia", "hypogammaglobulinemia" (the text words allowed for both American and British spellings). Synonyms for immunoglobulins included "immunoglobulins", "intravenous", "subcutaneous" abbreviations of IVIG, SQIG, as well as specific brand names such as Carimune, Gammagard, and subject headings which included specific routes of injection such as immunoglobulins/intravenous or immunoglobulins/subcutaneous were included.

The eligibility criteria for this systematic review were (1) human subjects with a diagnosis of PIDD undergoing IgG treatment; (2) reported outcomes comparing IVIG, SCIG, or different dosage/forms

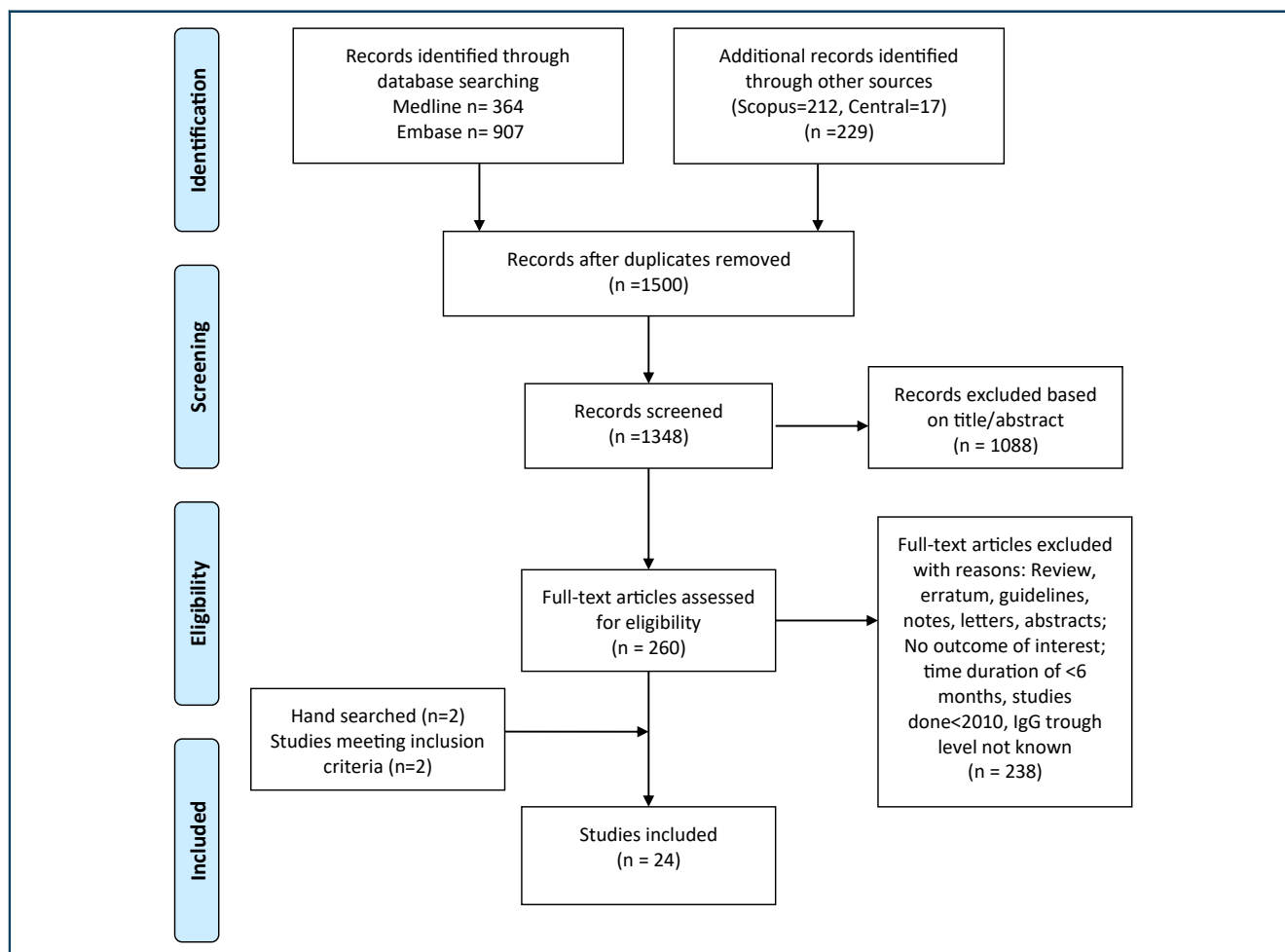


Fig. 1 Flow chart describing systematic research and study selection process

of IVIG/SCIG; (3) Documented IgG trough level; (4) Studies showing an outcome of interest (overall infection, pneumonia/serious infection, or hospitalization rates). Studies without documented therapy studies not reporting any outcome of interest or definitions of those outcomes, and studies without a comparator were excluded from our analysis. Conference extracts were excluded. The language was restricted to English.

Study abstracts were screened by two investigators (PS and AJ), full-text articles were reviewed for those that fulfilled eligibility criteria and irrelevant articles were excluded. Disputes were settled with mutual agreement. To minimize data duplication as a result of multiple reporting, we compared articles from the same investigator. Relevant data were extracted by two investigators (PS and AJ) and checked by another (PK).

From each study, we extracted and tabulated details on the study source, design, patient with PIDD, type of PIDD included, mean age in years, percentage of female patients, percentage of CVID patients, the region of study, the total population of study and duration of the study (Table 1). Furthermore, we extracted the details on treatment, including the type of treatment IgG used, comparison group, dosing protocol, IgG trough level, pneumonia rate, overall infection rate, days of hospitalizations, days missed from school/work and adverse events per patient-year (Table 2).

Study quality was formally evaluated by two investigators (PS and AD) using a modified Newcastle-Ottawa Quality Assessment Scale<sup>22</sup> for observational studies. Any discrepancies were resolved by a third author (PK) (Supplementary File 1).

SN	Studies	Study design	Region	Total Population of Study	Study duration	Treatment IgG used (Brand name)	Comparison	No. of patients (n)	Mean age in years (SD/range)	Female gender (n, %)
1	Aydiner 2015 <sup>29</sup>	Prospective, observational	Turkey	16	10 months	SCIG	5-10% IVIG vs. SCIG	16	7.5 (0-33 years)	7 (43.7%)
2	Berger 2010 <sup>30</sup>	Open-label, uncontrolled trial	Germany	51 (adults = 42, children = 9), (3-66 years)	12 months	16% SCIG (Vivaglobin)	Historic IVIG vs. 16% SCIG	51	37.8 ± 19.40	30 (58.8%)
								31	10.4 ± 20.24	18 (58.1%)
3	Ballow 2016 <sup>31</sup>	Phase IV, multi-center, open-label study	USA	24 (2-16 years)	12 months	5% DIF IVIG (Flebogamma)	Historic IVIG vs. 5% DIF IVIG	24	9.0 (2.0-16.0)	5 (20.8%)
4	Bezrodnik 2013 <sup>8</sup>	Observational, prospective/retrospective, open-label multicenter study	Argentina	15 (6-18 years)	36 weeks	16% SCIG (Beriglobina P)	16% SCIG	15	10.6 (3.7)	4 (27%)
5	Bezrodnik 2014 <sup>32</sup>	Observational, descriptive and ambispective study	Argentina	32 (8 months - 40 years)	36 weeks	16% SCIG (Beriglobina P)	Historic IVIG vs. SCIG (15 via pump and 2 via push)	32	11 (8-40)	15 (46.9%)
6	Borte 2017 <sup>9</sup>	Prospective, non-controlled clinical trial	Europe	49 (>2 years)	52 weeks	IVIG 10% (Kiovig)/SCIG 16% (Subcuvia)	IVIG 10%/SCIG 16% (period1) vs. SCIG 20% (period2)	33 (IVIG), 16 (SCIG 16%)	17 (2-67)	19 (38.8%)
								49 (SCIG 20%)		
7	Borte 2017 <sup>10</sup>	Prospective, open-label, non-controlled, non-randomized, multicenter, phase 3 study	USA and Europe	51 (13 children, 12 adolescents, 26 adults)	12 months	IVIG 10% (Panzyga)	3-weekly IVIG then IVIG 10%	21	26.2 ± 21.2	14 (66.7%)
								30	27.2 ± 18.2	19 (63.3%)
8	Borte 2011 <sup>33</sup>	Prospective, open-label, multicenter, single-arm, phase III	Europe	18 (2-11 years) and 5 (12-15 years) and 28 (16-64 years)	12 weeks (wash-in/wash-out period)+28 weeks efficacy period	SCIG 20% (Hizentra)	IVIG vs. 20%SCIG	51	7.2 ± 2.5 (children), 14 ± 1 (adolescents), 34.1 ± 12.7 (adults)	5 (27.8%) children, 0 adolescents, 11 (39.3%) adults
9	Haddad 2012 <sup>5</sup>	Comparative study for Open-label, multi-	USA and Europe	EU = 46	12 weeks wash-in/wash-out period + efficacy	SCIG 20% (Hizentra)	SCIG 20% same dose as historic IVIG	46	21.5 ± 15.6	15 (33%)

		center, single-arm design			period (28 weeks in Europe and 52 weeks in USA)					
				USA = 38			SCIG 20% 1.5 x dose as historic IVIG	38	36.3 ± 19.5	21 (55%)
10	Hagan 2010 <sup>11</sup>	Prospective, open-label, multicenter, single-arm, phase III	USA	49 (5-72 years)	12 weeks wash-in/wash-out period and 12-month efficacy period	SCIG 20% (IgPro20)	IVIG then SCIG 20%	49	36.3 ± 19.52	21 (55.3%)
11	Jolles 2011 <sup>34</sup>	Prospective, open-label, multicenter, single-arm, phase III	Europe	53 (17 < 12 years, 5 < 16 years, 31 ≥ 16 years).	12-week wash-in/wash-out period, 28 weeks efficacy period	SCIG 20% (Hizentra)	Switch from IVIG to SCIG 20%	46 (ITT), 23 (PPK)	21.5 ± 15.6	15 (32.6%)
12	Kanegane 2014 <sup>35</sup>	Prospective, multicenter, open-label, single-arm, phase III	Japan	25 (2-12 years = 11, 12-16 years = 8, 16-65 years = 26),	12-week wash-in/wash-out period with 12-week efficacy period	IgPro20 SCIG (Hizentra)	Switch from IVIG to SCIG 20%	24 (ITT), 21 (PPK)	17.5 (3-58) ITT, 19(3-58) PPK	9 (37.5%) ITT, 7 (33.3%) PPK
13	Krivan 2016 <sup>36</sup>	Open-label, prospective, multicenter, single-arm study	Europe	62 (2-61 years), 36 adults and 26 pediatrics	12 months	IVIG (IqYmune)	Switch from IVIG to IqYmune	62	27.4 (2-61)	19 (30.6%)
14	Melamed 2016 <sup>37</sup>	Open-label, multi-center, non-randomized phase 4 study	USA(7), Chile(1), Israel (1)	25 (3-16 years)	12 months	5% IVIG (Gammalex)	Switch from IVIG to IVIG 5%	14 on 21-day infusion and 11 on 28-day infusion	10.4 ± 3.84	6 (24%)
15	Moy 2010 <sup>38</sup>	Prospective, open-label, multi-center, non-comparative	USA	50 (≥3 years)	12 months	5% IVIG with and 5 g d-sorbitol (Gammalex 5%)	Switch from IVIG to 5% IVIG	22 on 21-day and 28 on 28-day infusion schedule	44 ± 19.10	24 (48%)
16	Patel 2015 <sup>39</sup>	Retrospective chart review	USA	88 (0-<2 years = 34, 2-5 years = 54)	45.5 months	SCIG 20% (Hizentra)	Historic Hizentra use	88	34 months (2-59)	35 (40%)
17	Quinti 2011 <sup>17</sup>	Prospective, multi-center	Italy	302 (CVID + XLA)	3.8 years (CVID) 5.8 years (XLA)	IVIG	IVIG in CVID vs. XLA	302	28.7 ± 18.4 (3-68 years) (CVID)	NA
									4.9 ± 6.2 (16 days-40.9 years) (XLA)	

(continued)

SN	Studies	Study design	Region	Total Population of Study	Study duration	Treatment IgG used (Brand name)	Comparison	No. of patients (n)	Mean age in years (SD/range)	Female gender (n, %)
18	Stein 2016 <sup>40</sup>	Prospective, open-label, single-arm, multicenter, historically controlled, phase III	USA and Canada	40 (2-70 years)-39 in US and 6 in Canada	12 months	10% IVIG (Kedrion)	Historic Hizentra use (mean age of initiation of Hizentra 34 months)	88	34 months (2-59)	35 (40%)
19	Suez 2016 <sup>41</sup>	Prospective, open-label clinical trial	USA and Canada	74 ( $\geq 2$ years)	52 weeks	IVIG 10% and SCIG 20%		74	39.9 $\pm$ 20.7	13 (29%)
20	Viallard 2017 <sup>42</sup>	Prospective, multicenter, non-randomized, open-label	France	22 (18-70 years)	9 months	5% lyophilized IVIG (Tegeline) and IV Ig new generation (ClairYg IGNG)	Period 1-IVIG 10% then SCIG 205 in period 2, 3 and 4	22	36 (3-83)	37 (48.1%)
21	Vultaggio 2015 <sup>43</sup>	Prospective, observational, multicenter	Italy	50 (group A $> 14$ years = 43, Group B $\leq 14$ years = 7)	24 months	SCIG 16% (Vivaglobin)	IVIG/SCIG vs. SCIG 16%	50	41.9 $\pm$ 12.2	8 (36.4%)
22	Wasserman 2012 <sup>44</sup>	Open-label, phase III, efficacy and pharmacokinetic study	USA	63 (6-11 years = 4, 12-17 years = 6, 18-64 years = 44, $> 65$ years = 9)	12 months	IVIG 10% (Biotest)	IVIG vs. SCIG 16%	50	31.7 $\pm$ 15.7	19 (38%)
23	Wasserman 2012 <sup>45</sup>	Prospective, multicenter, open label, phase III	USA and Canada	87 (2-12 years = 14, $\geq 12$ years = 73)	14-18 months	SCIG/IVIG preceded by rHyPH20 [recombinant human hyaluronidase (IGHy)]	IVIG 10% infusion in 21 day vs. 28 day	87	41.2 $\pm$ 19.68	32 (50.8%)
24	Wasserman 2016 <sup>7</sup>	Prospective, open-label, non-controlled, multicenter studies, phase III trial [Extension of earlier study (2012)]	USA and Canada	63 ( $< 18$ years = 15, $\geq 18$ years = 48)	30 months	SCIG preceded by rHyPH20 [recombinant human hyaluronidase (IGHy)]	SCIG/IVIG + rHyPH20 vs. IVIG/SCIG alone	87	35 (4-78)	43 (49.4%)

**Table 1. (Continued)** Baseline Characteristics of clinical studies included in systematic review and meta-analysis. Legend: IgG- Immunoglobulin, n = number, SD- Standard Deviation, IVIG- Intravenous Immunoglobulin, SCIG- Subcutaneous Immunoglobulin, NA-not available, EU = Europe, USA= United States of America, ITT- Intent to treat, PPK- per-protocol pharmacokinetic, CVID= Common variable immunodeficiency disease, XLA = X-linked agammaglobulinemia

SN.	Studies	Type of IgG used	Dosing protocol, Mean(range) mg/Kg/week	IgG trough level (Mean ± SD) mg/dl	Severe infections n (rate/patient/year)	Overall infection (n, CI)-annual rate per patient	Days of hospitalization (n, Mean ± SD)	Days missed from work/school (n, Mean ± SD)	Adverse events/patient/year
1	Aydiner 2015 <sup>29</sup>	IVIg	330-1250 mg/kg/wk	976 ± 564 mg/dl	0	7 events in 4 pts in 10 months	na	na	na
		SCiG	300-430 mg/kg/wk	1025 ± 409 mg/dl					
2	Berger 2010 <sup>30</sup>	IVIg	100-200 mg/kg/wk	914.8 ± 273.37 mg/dl	0.03	3.42	na	4.5/subject/year	27.5
		16% SCiG		878 ± 234.77 mg/dl					
3	Ballou 2016 <sup>31</sup>	IVIg	300-800 mg/kg/wk	800-1000 mg/dl	1 episode	0.051	0.2 ± 1.1	6.2 ± 17.7	20.2
		5% IVIg							
4	Bezrodnik 2013 <sup>8</sup>	IVIg	556 mg/kg/month (420-870)	960.2 mg/dl	3 episodes in IVIg/1 in SCiG	1.4	0	na	na
		16% SCiG	139 mg/kg/wk (105-181)	1317 mg/dl (wk16), 1309.2 mg/dl (wk 24) and 1231.5 mg/dl (wk 36)		0.4	0	na	0.14
5	Bezrodnik 2014 <sup>32</sup>	IVIg (48 weeks)	na	1005.33 ± 419.420 mg/dl	4 episodes	2-7	na	na	0.13
		16% SCiG (9 months)	133 mg/kg/wk (100-192)	1205 ± 457.990 mg/dl	3 episodes	1-2	na	na	0.02
6	Borte 2017 <sup>9</sup>	Period 1-IVIg 10% for 13 wk/SCiG 16% for 12 wks.	125 ± 42 mg/kg/week (20% SCiG)	IVIg 10% = 720 mg/dl SCiG 16% = 897 mg/dl	0 IVIg, 1(0.27) SCiG 16%	6.29 rate (IVIg), 8.92 rate (SCiG 16%), 4.38 (SCiG 20%)	1 (0.12) IVIg, 2 (0.54) SCiG 16%	90 (10.69) IVIg/ 187(50.42) SCiG	0.058
		Period 2-SCiG 20% for 52 wk		SCiG 20% = 827 mg/dl	1(0.022)	200(4.38)	7(0.15)-SCiG	710 (15.55)	
7	Borte 2017 <sup>10</sup>	10% IVIg (/3 weeks)	485 mg/kg/month	1100-1220 mg/dl		3.68 (overall) 4.19 (3 weekly))	na	37 absences (61.95%)	Serious AE 13% (4 weekly) vs. 5% in 4 weekly
		10% IVIg (/4 weeks)		810-870 mg/dl		3.33 (4 weekly)	1 (0.08)	3.64	

(continued)

SN.	Studies	Type of IgG used	Dosing protocol, Mean(range) mg/Kg/week	IgG trough level (Mean $\pm$ SD) mg/dl	Severe infections n (rate/patient/year)	Overall infection (n, CI)-annual rate per patient	Days of hospitalization (n, Mean $\pm$ SD)	Days missed from work/school (n, Mean $\pm$ SD)	Adverse events/patient/year
8	Borte 2011 <sup>33</sup>	IVIg/SCIG	200-800 mg/kg/wk	694 mg/dl (c), 790 mg/dl (a), 781 mg/dl (ad) g/l	0	4.77/5.18 (a)/5.47 (ad)	8.36(c),0(a),0.63(ad)	1.7 (c), na (a), na (ad)	0.04(c),0.035 (a),0.08(ad)/infusion
		20% SCIG	129.9 mg/kg/wk -children(c), 113.7 mg/kg/wk-adolescents (a) and 114.3 mg/kg/wk- adults (ad)	786 mg/dl (c), 791 mg/dl (a), 831 mg/dl (ad)	0				
9	Haddad 2012 <sup>6</sup>	20% SCIG (1:1) EU	120 mg/kg/wk	810 $\pm$ 144 mg/dl	0	5.18	3.48	8	0.59 events/infusion (1:1)
		20% SCIG (1.5:1) USA	210 mg/kg/wk	1254 $\pm$ 322 mg/dl	0	2.76	0.2	2.06	0.06 in 1:1
10	Hagan 2010 <sup>11</sup>	20% SCIG	179.6-224.3 mg/kg (IgPro20)	1210-1290 mg/dl	0	2.76	0.2	2.06	local AE = 0.592, other than local AE = 0.043
11	Jolles 2011 <sup>34</sup>	IVIg		Pre study = 702 mg/dl	1(wash out) = 0.03 events/patient/year	5.18	3.48	8	0.177/infusion
		20% SCIG	120 $\pm$ 35.72 mg/kg/wk (20% SCIG)	On infusion = 809 mg/dl					
12	Kanegane 2014 <sup>35</sup>	IVIg	77.3 $\pm$ 30.5 mg/kg/month	653 $\pm$ 140 mg/dl (IVIg)	0	2.98	0.55	3.48	0.461/infusion
		20% SCIG	87.8 $\pm$ 35.2 mg/kg/wk SCIG	715 $\pm$ 151 mg/dl (SCIG)					
13	Krivan 2016 <sup>36</sup>	IqYmune	220-970 mg/kg	579 $\pm$ 203 mg/dl	1 (0.017)	3.79	0.89	1.01	0.45/infusion
				773/- 236 mg/dk (IVIg)					
14	Melamed 2016 <sup>37</sup>	IVIg 5% 21-day infusion	300-800 mg/kg/wk	21-day infusion = 987-1083 mg/dl	2 (0.09)	3.08	3.5	1.1	0.39/infusion
		IVIg 5% 28-day infusion		28-day infusion = 822-882 mg/dl					



15	Moy 2010 <sup>38</sup>	IVIG 5%	469.4 mg/kg/month (21-day infusion) 466.2 mg/kg/month (28-day infusion)	21-day infusion = 936-1240 mg/dl	0	3.07	2 days	8.73	1 AE/3 infusions
				28-day infusion = 833-1140 mg/dl					
16	Patel 2015 <sup>39</sup>	SCIG 20%	674 mg/kg/wk (260-2000) 552 mg/kg/month (IVIG)	794 mg/dl (on IVIG) and 943 mg/dl (IGSC 20%)	0.03	0.067 rate	na	na	41 (47%) local AEs
17	Quinti 2011 <sup>17</sup>	IVIG	CVID- 398 ± 167 mg/kg/wk	CVID-667 ± 176 mg/dl	0.06-0.1 episodes patient-year	na	na	na	na
			XLA-608 ± 273 mg/kg/wk	XLA-758 ± 202 mg/dl	0.03-0.11 episodes patient-year				
18	Stein 2016 <sup>40</sup>	10% IVIG	501.7 mg/kg/month	923.9 mg/dl	2 (0.04)	2.9	0.6	2.8	44(98%)- 450 events
19	Suez 2016 <sup>41</sup>	IVIG 10% and SCIG 20%	222 ± 71 mg/kg/wk	1523 mg/dl with IGSC and 1200 mg/dl in IVIG 10% in 3 weeks	0	3.86 in IVIG	0.02	1.16	0.036/infusion
						2.41 in SCIG			
20	Viallard 2017 <sup>42</sup>	Tegeline	442 mg/kg/month (286-608)	Tegeline 805 ± 134 mg/dl	Tegeline-0	Tegeline-4.35 (0-21.8)	Tegeline-0	Tegeline-8.8 (6.4-11.9)	Tegeline-0.09
		ClairYg		ClairYg 917 ± 172 mg/dl	ClairYg-0	ClairYg-4.3(0-15.1)	ClairYg-0	ClairYg-0.3(0.1-0.9)	ClairYg-0.08
21	Vultaggio 2015 <sup>43</sup>	IVIG	Maintenance of total monthly dose of historic IVIG split into four weekly doses of SCIG	Baseline 635 ± 242.8 mg/dl	5 (0.056)	33/39 patients (84.6%)-infection	1.93 ± 4.08 (IVIG)	15.27 ± 23.17 (IVIG)	Local reactions (14/50 = 28%)
		SCIG 16%		671 ± 217.5 mg/dl			0.64 ± 2.94 (SCIG)	2.26 ± 4.45 (SCIG)	
22	Wasserman 2012 <sup>44</sup>	IVIG 10%	500 mg/kg/wk (254-1029)	1076 ± 254 mg/dl (606-1780 mg/dl) in 21-days	2 (0.035)	2.6 (2.3-2.7)	0.21	2.28	937 events
				943 ± 215 mg/dl (487-2250) in 28-days					

(continued)

SN.	Studies	Type of IgG used	Dosing protocol, Mean(range) mg/Kg/week	IgG trough level (Mean ± SD) mg/dl	Severe infections n (rate/ patient/ year)	Overall infection (n, CI)-annual rate per patient	Days of hospitalization (n, Mean ± SD)	Days missed from work/ school (n, Mean ± SD)	Adverse events/ patient/ year
23	Wasserman 2012 <sup>45</sup>	IVIg/ SCIG + IGHy vs. IVIG/SCIG alone	IGHy at 75U/g IgG followed by IgG 10% at 155 mg/kg/wk	<12 yrs = 995 mg/dl, >12 yrs 1070 mg/dl	2(0.025)	2.97 (IGHy) 4.51 (IVIG)	0.02 (IGHy) vs. 0.06 (IVIG)	0.28 (IGHy) vs. 0.23 (IVIG)	local AE = 0.199/ infusion (IGHy) vs. 0.011/ infusion (IVIG)
24	Wasserman 2016 <sup>7</sup>	SCIG + IGHy vs. SCIG	155 ± 53 mg/kg/week	<12 yrs = 963 mg/dl, >12 yrs = 1040 mg/dl 1135 mg/dl (2 week), 1195 mg/dl(3week), 983 mg/dl (4 week)	5 (0.03)	2.99	0.12	5.75	10.68/ subjects' year

**Table 2. (Continued)** IgG dose, IgG trough level and outcomes of Primary Immunodeficiency disease patients in included clinical studies. Legend: IgG- Immunoglobulin, n = number, SD- Standard Deviation, wk-week, yrs-years IVIG- Intravenous Immunoglobulin, SCIG- Subcutaneous immunoglobulin, na-not available, EU = Europe, USA= United States of America, ITT- Intent to treat, PPK- per-protocol pharmacokinetic, CVID= Common variable immunodeficiency disease, XLA = X-linked agammaglobulinemia, IGHy-recombinant human hyaluronidase

The outcomes from individual studies were calculated with RevMan, version 5.3 (Cochrane Collaboration, Oxford, United Kingdom). The Inverse-Variance method was used to compare the IVIG and SCIG trough levels. Risk Ratios (RRs) and 95% confidence intervals (CIs) were estimated using a random-effects method to control the heterogeneity as their assumption accounts for the presence of variability among the studies.<sup>23</sup> The  $I^2$  statistic was used to estimate the percentage of heterogeneity among the studies.  $I^2$  values < 30% were considered a low heterogeneity, 30%-60% as moderate, and >60% as high.<sup>24</sup> Peto odds ratio was used when the event rate was <1%. DerSimonian and Laird random-effects method was used to pool the difference of IgG trough levels along with random-effect meta-regression to evaluate infection incidence per 100 mg/dl IgG trough increase through IVIG and SCIG. A p-value of <0.05 was used as a level of significance. Publication bias was assessed by visual assessment of funnel plots (Supplementary File 2).

## RESULTS

Our study included 24 studies that met our eligibility criteria, of which 21 were prospective, 2 were ambispective and 1 was a retrospective study (Table 1). Twelve studies were conducted in the United States, 10 in European countries (2 with the US), 4 in Canada (with the US), 2 in Argentina, 1 in Japan and Turkey each, and a multinational study by the US along with Chile and Israel. Treatment IgG products used and study durations were included. The mean patient age was 23.8 years in 24 studies, with 10 studies including those <18 years and 14 including those >18 years of age. Seven studies had more than 50% females, but males comprised the majority of the patient population overall. Disease types resulting in PIDD by the study are shown in Supplemental Table 2. CVID was the predominant PIDD with 5 studies showing >80% of CVID in the affected patient population, followed by XLA.

IVIG had been used in all the studies as a historical form of IgG administration and was compared with SCIG in 15 studies. IVIG administration frequency was every 3 or 4 weeks,

whereas, SCIG dose was given weekly. Trough levels calculated in studies varied in terms of timing, with most of the levels drawn prior to the next IVIG and SCIG infusion. After reviewing the quality of studies, 11 studies were compared in the meta-analysis for trough levels as depicted in the forest plot (Fig. 2). Inclusion criteria of the studies stipulated documented diagnosis of PIDD requiring IgG therapy with a stable dose and trough level. However, in one study done by Borte et al., patients above 2 years of age with PIDD requiring 0.3-1 g/kg IgG for ≥ 3 months with serum IgG trough 5 g/l only were included. Patients with chronic infections with Hepatitis B, C or HIV, on antibiotics, abnormal liver and renal function tests, severe neutropenia, thrombotic episodes, malignancy, currently receiving immunosuppression, pregnant or nursing were excluded in most studies. Reported details on criteria for pneumonia diagnosis during the course of treatment with IVIG and SCIG therapy were limited, with some studies reporting the diagnosis based on history, chest X-ray, physical exam and need for hospitalization. Pneumonia was also sometimes reported as a "serious infection" separating it from the overall infections diagnosed during the treatment period. However, due to the low number of pneumonia diagnoses reported in the studies, regression analysis was focused on overall infections and serious infections. The annual rate of infection per patient was calculated, when not provided, for statistical analysis. Days of hospitalization, days missed from school and work, adverse events from the IVIG and SCIG therapy were reviewed and included if reported (Table 2).

Among the total 24 studies, 13 with IVIG therapy and 11 with SCIG therapy were reviewed owing to the availability of data required for comparative study and meta-analysis. Eleven studies which compared IVIG and SCIG therapy were included in the initial meta-analysis. Higher mean trough level attainment was evident in the SCIG group as compared to IVIG with a mean difference of 75.43 (CI 31.67-119.19), with moderate heterogeneity ( $I^2 = 45%$ ) (Fig. 2).

Among 6 studies comparing IVIG vs. SCIG in terms of the incidence of infection, the difference in risk of overall infections (Risk difference = 1.58, 95% CI: 0.75-3.33,  $p = 0.23$ ,  $I^2 = 96%$ ) or serious infections was not statistically significant (Peto odds ratio = 1.94, 95% CI: 0.59-6.32, ( $p = 0.59$ ,  $I = 0%$ ), but a clinically relevant difference could not be ruled out (Fig. 3a and b).

Random-effects meta-regression analysis was used to analyze the increase in IgG trough level with a concomitant increase in IVIG and SCIG dose. No notable linear relationship with dose-dependent trough level was seen with either IVIG or SCIG therapy (Fig. 4a and b). However, across the studies included for regression analysis of IVIG and SCIG trough vs. infection incidence (Fig. 5a and b), each additional 100 mg/dl trough attained through SCIG was associated with a reduction in pneumonia incidence rate, as displayed in Fig. 5b. No significant trend was apparent within the IVIG trough range as depicted in Fig. 5a.

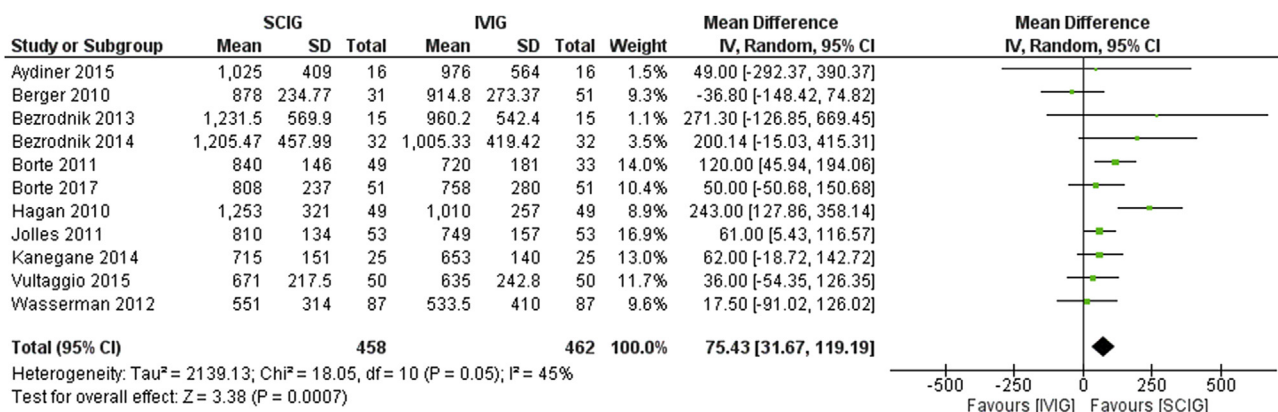


Fig. 2 Trough levels in SCIG vs. IVIG

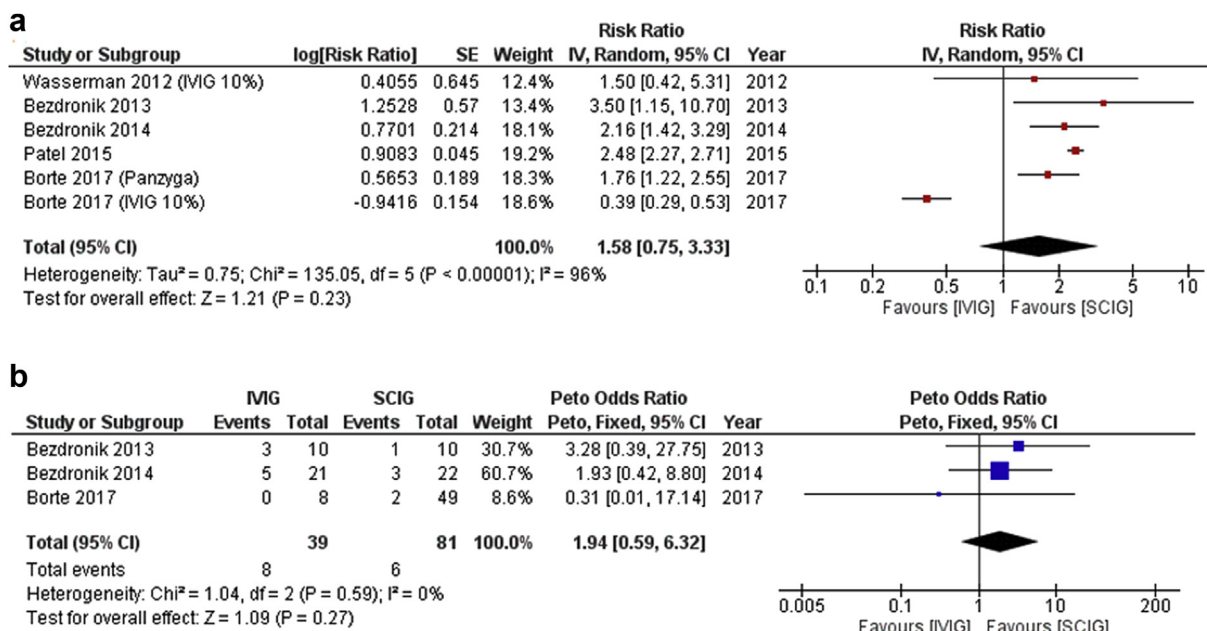


Fig. 3 (a) and (b). Infection rates and serious infection rates in IVIG vs. SCIG

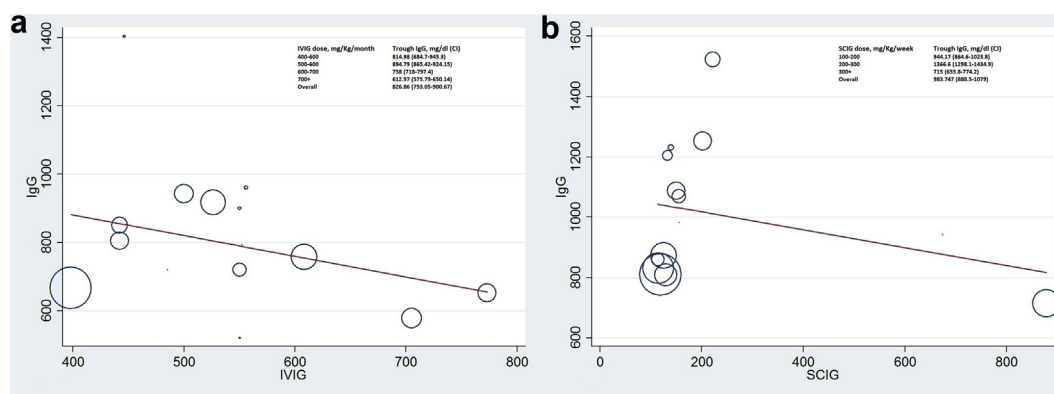


Fig. 4 (a) and (b). Effect of IVIG dose (mg/kg) on trough IgG level (mg/dl) and effect of SCIG dose (mg/kg) on trough IgG level (mg/dl). Each data point corresponds to a single observation period in a patient group of an included study. Abbreviations, C, 95% confidence interval; IVIG, intravenous immunoglobulin; SCIG, subcutaneous immunoglobulin

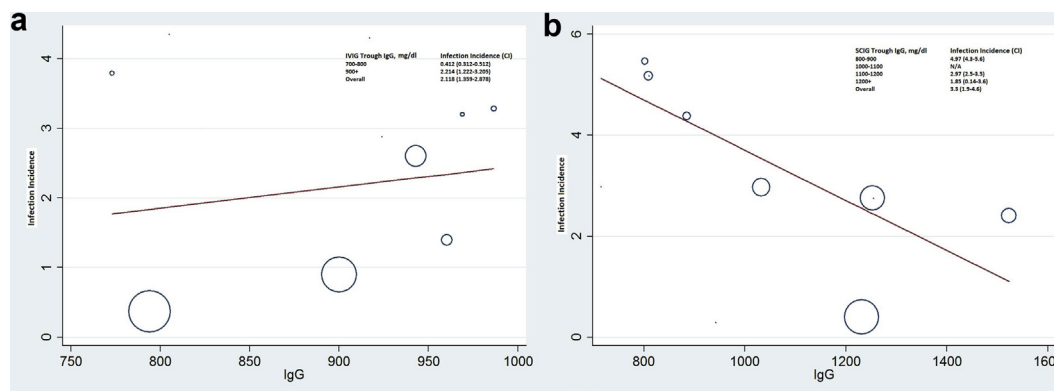


Fig. 5 (a) and (b). Effect of IgG trough level (mg/dl) on infection incidence per patient-year in SCIG and IVIG groups. Each data point corresponds to a single observation period in a patient group of an included study. Abbreviations, C, 95% confidence interval; IVIG, intravenous immunoglobulin; SCIG, subcutaneous immunoglobulin

## DISCUSSION

Our study shows higher IgG trough levels in patients on SCIG vs. IVIG therapy. Among the 11 studies included in our meta-analysis of IVIG vs. SCIG trough level, consistently higher trough levels were observed with SCIG. A study done by Chapel et al. had also reported higher trough level in patients on SCIG therapy compared to IVIG, but doses differing as per infusion centers, differences in route of administration with no statistical evaluation of achieved serum IgG level make the comparison difficult.<sup>4</sup> Similar findings were reported by Bonagura et al. as well.<sup>25</sup> These findings may be due to the fact that pharmacokinetics of IgG tends to differ when smaller doses are given more frequently as compared to large boluses given on a monthly basis. SCIG therapy has been noted to have lower peaks and higher IgG troughs. A total IgG dose divided into three or four equal portions in weekly intervals is expected to have less variation and fluctuations of IgG trough level, approximately 900 mg/dl difference in peak and trough level after IVIG infusion in comparison to 100 mg/dl difference of the same after SCIG infusion.<sup>26</sup> Another study by Radinski advocated that frequent SCIG dosing allows better maintenance of consistent serum IgG levels.<sup>27</sup> Although our study favored higher level of IgG trough on SCIG therapy, increment in the level per dose increase did not have a linear correlation, and a similar finding was observed with IVIG therapy as well. This could have resulted from the variation of timing in measuring trough levels in different studies. Although the measurement of IgG trough level was done prior to infusion in most studies, some did not mention the exact timing of level drawn. Whether trough levels should be used as a guide for treatment remains controversial. Data from earlier studies have endorsed IgG trough level of 500 mg/dl as an appropriate initial minimum target for infection prevention in PIDD.<sup>18</sup> However, subsequent clinical evidence has prompted recommendations for higher target levels of >800 mg/dl<sup>19</sup> and 650-1000 mg/dl<sup>20</sup> in recent clinical guidelines. Due to inconsistent trough levels, preference for individualized treatment plan based on symptoms and infection prevention are considered.<sup>3</sup> More studies are required to ascertain pharmacokinetic

parameters such as maximal concentration in serum ( $C_{max}$ ), the time necessary to reach concentration after complete infusion ( $T_{max}$ ) and volume of distribution.

Similarly, a clear positive association of higher trough levels with lower infection rates was seen with SCIG in our meta-regression. Infection incidence rate with trough 800-900 mg/dl at 4.97 (CI 4.3-5.8) precipitously decreased to 1.85 (CI 0.14-3.6) and with trough level of 1200 + mg/dl which was statistically significant at  $p = 0.03$ . This relation, however, was not seen with IVIG therapy. Although we included 24 studies in our systematic review, we could only include 11 studies in our meta-analysis owing to lack of patient-level data. An earlier meta-analysis done by Orange et al. had also noted a significant reduction in pneumonia incidence (incidence rate ratio - 0.726, CI 0.658-0.801), with a 27% reduction in pneumonia incidence for each 100 mg/dl increment in trough IgG.<sup>13</sup> While this study's analysis was limited to pneumonia incidence, authors did suggest the advantages of higher trough levels benefitting overall infection prevention as well. Comparison of overall or serious infections between IVIG vs. SCIG was not significantly different, however, a clinically significant difference cannot be ruled out due to a low number of patients and wide confidence interval seen.

The primary strength of this study is that it includes a large group of studies to quantify the relationship of infection rate and IgG trough levels in PIDD patients, along with the relationship of dose vs. trough level in IVIG as well as SCIG modes of treatment. Our results may have been confounded by a focused presentation on the efficacy of SCIG product, as most study trials were developed by pharmaceutical companies. Another caveat could be an effect seen by several studies in the past which noted serum IgG levels to rise continuously for months when previously untreated or under-treated patients received SCIG therapy.<sup>26,28</sup> Although the study includes studies done in several countries with large patient data, most studies are cohort studies, which limits the overall strength of evidence.

Our study did not show a significant difference in overall infections or serious infections with IVIG vs. SCIG, but a clinically significant difference

cannot be ruled out. Based on our observation, weekly SCIG attained a higher trough level in comparison to monthly IVIG. Higher SCIG troughs were associated with lower infection rates, while IVIG troughs demonstrated no relationship. More randomized controlled trials are required to look at the effect of dosing with serum IgG trough levels, and more importantly its effect on infection prevention.

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#### Conflict of interest statement

The authors declare no conflicts of interest in preparing this article.

#### Consent for publication

All authors have agreement to publish the work.

#### Ethics approval

This review did not require ethics approval.

#### Availability of data and materials

Additional details regarding the data are available in the supplemental file for the manuscript.

#### Contributors

PS conceived, designed and wrote the initial manuscript. PK, AD and AYJ provided intellectual input and revised the final manuscript. WZ performed statistical analysis. PS is the overall guarantor for the final manuscript.

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#### Appendix A. Supplementary data

Supplementary data to this article can be found online at <http://doi.org/10.1016/j.waojou.2019.100068>.

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