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INVITED REVIEW ARTICLE

Genetic approaches to the treatment of inherited neuromuscular diseases

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Abstract

Inherited neuromuscular diseases are a heterogeneous group of developmental and degenerative disorders that affect motor unit function. Major challenges toward developing therapies for these diseases include heterogeneity with respect to clinical severity, age of onset and the primary cell type that is affected (e.g. motor neurons, skeletal muscle and Schwann cells). Here, we review recent progress toward the establishment of genetic therapies to treat inherited neuromuscular disorders that affect both children and adults with a focus on spinal muscular atrophy, Charcot–Marie–Tooth disease and spinal and bulbar muscular atrophy. We discuss clinical features, causative mutations and emerging approaches that are undergoing testing in preclinical models and in patients or that have received recent approval for clinical use. Many of these efforts employ antisense oligonucleotides to alter pre-mRNA splicing or diminish target gene expression and use viral vectors to replace expression of mutant genes. Finally, we discuss remaining challenges for optimizing the delivery and effectiveness of these approaches. In sum, therapeutic strategies for neuromuscular diseases have shown encouraging results, raising hope that recent strides will translate into significant clinical benefits for patients with these disorders.

Introduction

Remarkable progress during the past several decades has defined causative mutations that drive pathogenesis in a large number of inherited neuromuscular diseases. Mechanistic studies have uncovered diverse consequences of disease-causing mutations, including both loss-of-function and toxic gain-of-function effects that often occur concurrently to contribute to pathogenesis. This complexity reverberates as dysfunction in an unexpectedly large number of pathways. As a result, therapeutically targeting any of one of these

downstream pathways most often leads to incomplete or inadequate clinical responses. To address this challenge, recent therapeutic efforts for inherited neuromuscular diseases have focused on the mutant protein or gene as the proximal mediator of pathogenesis, often using emerging technologies to drug these targets.

We review recent progress in developing genetic therapies for three types of neuromuscular disease. We highlight efforts toward treating disorders that affect children [spinal muscular atrophy (SMA) and some cases of SMA] and adults [Charcot-Marie-Tooth (CMT) disease and spinal and bulbar muscular

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atrophy (SBMA)]. Foundational work on these disorders is aimed at identifying disease-specific clinical outcome measures that are both sensitive and reliable. These quantitative metrics are essential for evaluating efficacy in the clinic. Additional significant challenges are notable for therapy development. For adult onset diseases, a slowly worsening clinical course can make it difficult to measure rescue of disease progression during clinical trials that may last a year or less. Moreover, experiences in model systems suggest that beneficial effects may be most robust when interventions occur early in disease course. However, this can be challenging to achieve, as treatment of asymptomatic adults is not yet standard practice and age of onset is often poorly defined. Limitations of current genetic approaches are also important to consider. Poor uptake of therapeutic oligonucleotides and limited accessibility to or durability of viral vectors in critical target cells raises the likelihood of partial treatment responses. Moreover, gene therapy approaches are presumably irreversible, potentially providing sustained benefits but also raising the specter of long-term untoward

While these issues present notable hurdles to translating approaches to the clinic, there has also been striking progress. We start by reviewing recent successes in the treatment of SMA, as this progress may provide a framework that is applicable to other neuromuscular diseases.

SMA

SMA is an inherited neuromuscular disease characterized by motor neuron degeneration causing progressive muscle atrophy and weakness. SMA occurs in approximately 1 in 10,000 live births and is the leading inherited cause of infant mortality (1). Disease progression is often most rapid at onset and slower at later stages (2,3). Clinical symptoms are highly variable in terms of age of onset and motor milestones reached by patients. Type 0 (congenital) and type I (0-6 months) are the most severe forms with affected individuals failing to reach any major motor milestones and dying by 2 years without intervention (4-6). Although type I SMA is the most common form of SMA, there is vast phenotypic heterogeneity in SMA with type II SMA patients achieving the ability to sit but not stand whereas type III SMA patients are able to stand. Patients with type IV SMA show adult onset (second or third decade of life) and only mild to moderate muscle weakness (4,5). SMA arises from recessive loss-offunction mutations (often large deletions) of the survival motor neuron 1 (SMN1) gene leading to reduced expression of the SMN protein. However, disease severity scales inversely with copy number of the paralogous SMN2 gene (7-9). Although SMN2 is ubiquitously transcribed, a single base change ($C \rightarrow T$) in exon 7 leads to its frequent exclusion from its mature mRNA and the resulting protein is truncated and unstable (Fig. 1A; 10–13). A small proportion (~20%) of SMN2 transcripts retain exon 7 and produce some functional protein. While this is sufficient to prevent the embryonic lethality that results from the complete absence of SMN, it is insufficient to prevent motor neuron degeneration (14). Why motor neurons are particularly vulnerable to SMN protein deficiency remains unknown, but disease pathogeness is a direct result of loss of the SMN protein and early SMN replacement by various methods prevents the SMA phenotype in preclinical models (21, 23, 31–33). The specific genetics of SMA has enabled rapid therapeutic developments aimed at increasing SMN levels by targeting either SMN1 and SMN2 as described below.

Gene targeting therapeutics. Antisense oligonucleotides (ASOs) are short, synthetic single-stranded nucleic acids that bind complementary sense sequences in targeted RNAs in order to either promote RNase-mediated degradation or modify splicing by acting as a steric hindrance to the binding of RNA splicing factors (15). Development of splice-switching oligonucleotide platforms to target SMN2 pre-mRNAs has resulted in the first FDA-approved treatment for SMA—nusinersen/Spinraza [Ionis (Carlsbad, CA)/Biogen (Cambridge, MA); 16-18]. This ASO with a modified nucleotide backbone hybridizes with the intronic splice silencer N1 in SMN2 pre-mRNAs to promote exon 7 inclusion, leading to an increase in full-length SMN protein (Fig. 1B; 19,20). Nusinersen is administered by intrathecal injections as it is unable to cross the blood brain barrier. It has been shown to increase SMN protein levels both in vitro and in pre-clinical models of SMA (21-23). Several clinical trials have been conducted to test the therapeutic potential of nusinersen in type I and type II/III SMA patients (14,24-26).

Another approach to target the SMN2 gene is by using small molecules. Bioavailable small molecules that also function to promote exon 7 inclusion in SMN2 mRNA have the advantage that they can be orally administered and have widespread tissue bioavailability. Two SMN-inducing small molecule therapies, Risdiplam (developed by Roche, Basel, Switzerland) and Branaplam (developed by Novartis, Basel, Switzerland), have proven to be as effective as ASOs and gene replacement in SMA mouse models and are being tested in ongoing clinical trials (27,28).

The third approach that has shown success in treating SMA is gene replacement therapy. In this case, a wild-type copy of the SMN cDNA packaged in adeno-associated virus 9 vector (AAV9) is delivered intravenously (Fig. 1C). AAVs are non-pathogenic, capable of crossing the blood brain barrier, and can efficiently transduce neurons (29,30). Following viral transduction, the SMN cDNA is maintained as a constitutively expressed episome, which offers long-term durable expression in terminally differentiated cells such as neurons after a single dose, but is diluted in mitotically active cells that might limit beneficial effects in non-neuronal tissues (14). The low rate of integration into the host genome reduces risk of oncogenesis. Avexis-101(scAAV9-SMN) (Avexis, Chicago, IL) uses double-stranded, self-complementary recombinant AAV vector (scAAV9) to deliver SMN cDNA leading to a rapid induction of SMN protein. This drug has shown marked improvements of survival and motor function in SMA mice in preclinical studies (31-33) and efficacy in infantile SMA patients (34). The FDA recently granted the approval of Zolgensma (onasemnogene abeparvovec-xioi) to Avexis, Inc (Avexis, Inc, Chicago, IL) for the treatment of SMA patients less than two years of age.

Optimizing SMA therapeutics. Challenges remain for SMNinducing approaches in terms of optimizing drug timing, dosage, delivery route, distribution and uptake in vulnerable neuronal populations. The importance of targeting cells and tissues other than motor neurons remains unclear. In addition, longterm durability and potential toxicities remain to be defined. Table 1 summarizes the key pharmacological features of gene targeting therapeutics in SMA and the challenges that need to be addressed. It is clear that while patients treated very early in disease can show marked improvements, many patients have only modest responses. The institution of neonatal testing for SMA will increase the number of patients who receive therapy soon after birth. In addition, identification of biomarkers of disease progression and methods to quantify SMN levels in target tissues are keys for progress. Studies of combinatorial

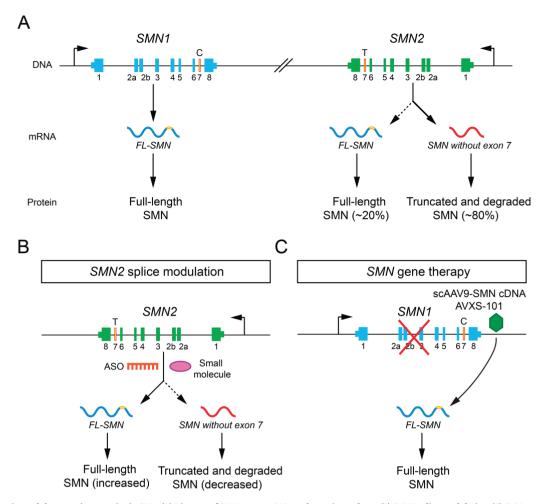


Figure 1. Genetics and therapeutic strategies in SMA. (A) Diagram of SMN genes, mRNA and protein products. (B) SMN2 splice modulation. (C) SMN gene therapy.

treatment that includes more than one SMN-inducing drug as well as SMN induction with SMN-independent strategies such as drugs to improve muscle growth and contractility are ongoing (35). Lessons learned from the success of gene targeting platforms in SMA can be applied to other diseases including CMT disease and SBMA as discussed in the following sections. These therapeutic approaches are summarized in Fig. 2.

CMT disease

Charcot-Marie-Tooth (CMT) disease—named after the three physicians who reported the phenotype in 1886—represents a broad class of inherited peripheral neuropathies. Patients with CMT disease experience muscle weakness in the hands and feet that results in impaired mobility and fine motor function as well as reduced sensation in distal extremities (36). Over the past three decades significant advances have been made in mapping genes responsible for CMT disease. These data now facilitate precise diagnoses. While management strategies have been developed to improve quality of life, no effective molecular therapies are available for CMT disease.

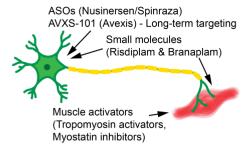
A major challenge in developing therapies for CMT disease is the vast heterogeneity. First, CMT disease is divided into two major subtypes based on the primary site of pathogenesis (37). In CMT1, genetic lesions have a primary effect on the myelinating Schwann cells of the peripheral nerve, in part indicated by reduced motor nerve conduction velocities (MNCVs). In CMT2, the primary effect is on peripheral nerve axons, in part indicated by preserved MNCVs but reduced amplitudes of evoked nerve responses. This 'cellular heterogeneity' poses challenges for the delivery of therapeutics to motor neurons, sensory neurons and Schwann cells. Second, CMT disease exhibits all inheritance patterns. Over 100 loci have been implicated in disease (38), and each locus can be associated with dozens of diseasecausing alleles acting through diverse pathogenic mechanisms (e.g. loss- and gain-of-function), resulting in the need to develop gene-specific and even allele-specific therapeutics. Third, the clinical heterogeneity of CMT disease is such that even patients with molecularly indistinguishable disease-causing variants can display diverse clinical severities. For example, patients with a 1.4 Mb duplication surrounding the peripheral myelin protein 22 locus (PMP22, which encodes an integral myelin transmembrane protein) have wide variability in age of onset (39), which raises questions about the appropriate timing for therapeutic interventions.

While there are currently no effective therapies for patients with CMT disease, much has been learned from pre-clinical studies in animal models (40). Recessive CMT phenotypes are largely due to a loss (or severe reduction) of gene function, suggesting that gene replacement therapies will be effective

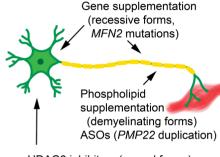
Table 1. Overview of SMN-inducing therapies and their pharmacological characteristics

Drug (manufacturer)	Nusinersen (Biogen/Ionis)	scAAV9-SMN (Avexis/Novartis)	Risdiplam (Roche/PTC/SMA Foundation)	Branaplam (Novartis)
Category	ASO	Gene therapy	Small molecule	Small molecule
Mechanism	SMN2 splice switching	Viral-mediated SMN replacement	SMN2 splice switching	SMN2 splice switching
Delivery route	Intrathecal	Intravenous	Oral	Oral
Dosage frequency	Four loading doses over 2 months, followed by single dose every 4 months	Once	Daily	Once weekly
Tissue distribution -Cell targets	CNS	Systemic (lost from mitotically active cells)	Systemic	Systemic
-Topographical distribution	Possibility of high drug levels in caudal and low levels in rostral regions of the spinal cord (humans) (86). CSF flow dynamics could potentially affect drug distribution.	IV and CSF delivery shows transduction of motor neurons in the spinal cord (pre-clinical work in mice and non-human primates) (31,87).	Distributes to a similar extent in the brain, plasma and muscles (pre-clinical study in mice, rats and monkeys) (89)	Not reported
-Neuronal tropism	ASOs are taken up well by neurons compared to other cell types.	Efficient transduction of motor neurons (88)	Likely shows similar uptake levels in all tissue types	Likely shows similar uptake levels in all tissue types
Pharmacokinetics	Median time to max (T _m) in plasma, 1.7–6 h; Mean terminal elimination half-life in CSF, 135–177 days and in plasma, 63–87 days (61)	Not reported	Not reported	Not reported
Pharmacodynamics	Exon 7 inclusion increased by 20–40% across the spinal cord. SMN levels increased in motor neurons (86); SMN induction is likely limited by amount of SMN2 pre-mRNA; Speed of SMN induction and thresholds needed for efficacy are unknown.	Possibly results in a relatively rapid induction of SMN compared to other approaches. How long increased SMN levels are sustained over the long-term is not known.	Likely causes a dose-dependent induction of SMN in CNS and other tissues; SMN induction is likely limited by amount of SMN2 pre-mRNA.	Likely causes a dose-dependent induction of SMN in CNS and other tissues; SMN induction is likely limited by amount of SMN2 pre-mRNA.
Long-term durability	Requires monthly dosing (following the initial four loading doses) to sustain SMN levels	Possible stable long-term expression in terminally differentiated cells with single administration	Requires daily dosing to sustain SMN levels	Requires daily dosing to sustain SMN levels
Potential toxicities	Mild renal toxicity mild thrombocytopenia complications arising from repeated lumbar punctures	Potential inflammatory reaction during administration exclusion of subjects with antibodies for AAV9 in serum insertional genotoxicity leading to oncogenesis	Potential off-target effects possible build-up of toxic byproducts after prolonged daily dosage	Potential off-target effects possible toxic byproduct build-up after prolonged daily dosage
Stage in clinical development	FDA-approved	FDA-approved for SMA patients aged less than 2 years	FDA submission expected	Phase II
Current SMA target patient population(s)	FDA-approved for all types	Type I; trial involving intrathecal injections for Type II SMA is ongoing	Types I-III	Type I

Spinal Muscular Atrophy



Charcot-Marie-Tooth Disease



HDAC6 inhibitors (axonal forms) siRNA (ARS mutations)

Spinal Bulbar Muscular Atrophy

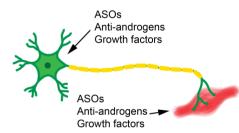


Figure 2. Therapeutic approaches for SMA, CMT disease and SBMA. Diagram of therapeutic approaches and target tissues for SMA, CMT disease and SBMA discussed in this review. Shown is a lower motor neuron (green), myelinated axon (yellow) and skeletal muscle (red).

once timing and cell delivery issues are solved. In contrast, dominant CMT phenotypes often involve a mutant allele that is toxic to the peripheral nerve, suggesting that gene knockdown may be required to alleviate phenotypes. Below, we highlight recent advances in therapeutic strategies aimed at the more common forms of dominant CMT disease.

Dominant, demyelinating CMT disease (CMT1). The majority of genes implicated in CMT1 encode proteins that are critical for peripheral nerve myelination (38). A common phenotypic characteristic is impaired development and progressive thinning of the myelin sheath. In terms of generalized therapeutic strategies for CMT1, improving lipid biosynthesis may be a reasonable approach since lipids are important for myelin formation and maintenance. In support of this notion, RNA sequencing analysis of sciatic nerve from a transgenic rat model of PMP22related neuropathy revealed reduced transcript expression of genes involved in lipid biosynthesis (41). To test the ability of phospholipid therapy to rescue neuropathy in this model, (1) animals received fluorescently labeled phosphatidylcholine in the tail vain during myelination (postnatal day 15) and (2) mothers and weened animals were provided a lipid-rich diet. These studies revealed incorporation of lipids into peripheral nerve myelin and rescue of motor behavioral deficits in mutationpositive animals. Encouragingly, lipid supplementation was also effective at advanced disease stages, suggesting that it may be relevant for symptomatic patients (41). Future studies should assess the relevance of this strategy in other genetic models of CMT1 (e.g. those associated with myelin protein zero gene mutations) and the efficacy of the approach in patients with PMP22-related CMT1

Because duplication of PMP22 is the most common cause of CMT1 (42), therapeutic development has focused on downregulating PMP22 transcripts. Initial attempts focused on ascorbic acid to reduce cAMP levels in Schwann cells; this was based on the structure of the PMP22 promoter, which harbors a repressor that functions in the absence of cyclic adenosine monophosphate (cAMP) (43). While ascorbic acid was effective at reducing PMP22 expression, increasing myelination and alleviating neuropathy in transgenic mice (44), clinical trials in CMT1 patients were unsuccessful (45,46). Current approaches focus on reducing PMP22 expression via ASO. This strategy was successful in transgenic mice harboring multiple copies of a yeast artificial chromosome spanning human PMP22 (47). The authors designed an ASO to target the 3' untranslated region (UTR) of human PMP22 and administered it via subcutaneous (s.c.) injections in a range of concentrations. They noted a concentration-dependent reduction of both human and mouse PMP22, which was associated with improved motor function, enhanced myelination and a rescue of transcriptional changes. This strategy was similarly successful in PMP22 transgenic rats. Notably, PMP22 haploinsufficiency causes hereditary neuropathy with liability to pressure palsies (48), indicating that translation of this strategy to humans will require careful titration and monitoring.

Dominant, axonal CMT disease (CMT2). In contrast to CMT1, loci associated with CMT2 encode proteins with myriad functions. A potential common, downstream effect of CMT2-associated mutations is impaired axonal transport (49). If therapeutics were developed to improve axonal transport, this might be applicable to multiple forms of CMT disease. Supporting this notion, inhibitors of histone deacetylase 6 (HDAC6) improved axonal transport deficits and rescued associated behavioral phenotypes in two mouse models of CMT2 [heat shock protein B1 and glycyl-tRNA synthetase (Gars); 50,51]. The positive effect was attributed to increased acetylated α -tubulin, which may stabilize axonal microtubules and improve transport. While these findings are promising, the mechanism of action with respect to the gene mutations is controversial (51,52); the approach has not been tested on other models of CMT2, and the safety of HDAC6 inhibitors in humans is undetermined.

Mutations in the gene encoding mitofusin 2 (MFN2) are the most common cause of CMT2 (53). MFN2 is a mitochondrial GTPase required for fusion and axonal transport, which are compromised in models of disease. Interestingly, a separate locus encodes the mitochondrial GTPase MFN1, which complements MFN2 dysfunction (54). While MFN1 and MFN2 are ubiquitously expressed, they are not equally expressed in all tissues and, of note, MFN1 is expressed at lower levels in the nervous system (54). Using a neuron-specific transgenic mouse model of a CMT2associated MFN2 mutation (R94Q), it was recently shown that transgenic expression of MFN1 (and separately MFN2) rescues behavioral and histopathological phenotypes (55). These findings give hope that if appropriate delivery systems can be developed (e.g. modulating endogenous gene expression or employing AAV-mediated delivery as in SMA), increasing the function of MFN1 and/or MFN2 will improve neuropathy.

Aminoacyl-tRNA synthetases (ARSs) are a ubiquitously expressed class of enzymes responsible for charging tRNA molecules with cognate amino acids (56). To date, five loci encoding an ARS have been implicated in CMT2: GARS, YARS, AARS, HARS and WARS (57). The overlapping function of these enzymes suggests that impaired tRNA charging plays a role in disease pathogenesis and that additional ARS loci will be implicated in CMT disease. However, while the majority of CMT2-associated ARS variants reduce or ablate enzyme function (57), it has been established that haploinsufficiency is not the mode of pathogenesis (58). There are currently two reasonable therapeutic designs for ARS-associated CMT2. First, restoring the wild-type enzyme may rescue loss-of-function effects. While over-expression of wild-type Gars did not rescue the phenotype of a spontaneous mouse model (i.e. a mutation that has not been identified in humans; 58,59), this approach should be tested on human pathogenic GARS alleles and on other CMT2-associated ARS loci. Second, regardless of the molecular pathology, it is clear that pathogenic ARS alleles are dominantly toxic to peripheral nerve axons (57). To alleviate the phenotype, it would be appropriate to design allele-specific knockdown, taking care to not dramatically reduce expression of these essential genes, as ARS loci are also associated with more severe recessive phenotypes (57). Promising allele-specific knockdown approaches for ARS-related CMT2 disease using AAV-delivered RNA interference are currently being developed in pre-clinical studies.

SBMA

SBMA is a progressive neuromuscular disorder that affects only men and is characterized by proximal limb and bulbar muscle weakness, atrophy and fasciculations (60). In addition to neuromuscular impairment patients may exhibit sensory involvement, particularly affecting vibration in the distal legs (61). These clinical features correlate with loss of lower motor neurons in the brainstem and spinal cord and with both myopathic and neurogenic changes in skeletal muscle (60,62). More mild loss of myelinated axons in the posterior column of the spinal cord also occurs (62). The causative mutation in SBMA is an expansion of a CAG/polyglutamine (polyQ) repeat in the first exon of the androgen receptor (AR) gene (63). The expanded polyQ tract promotes polyQ AR unfolding and oligomerization, steps that are critical to toxicity (61,64). That this protein aggregation is hormone dependent accounts for the striking sex bias of this disease, a feature that distinguishes SBMA from eight other neurodegenerative disorders similarly caused by CAG repeat expansions in coding regions of unrelated genes. As a group, the polyQ disorders are currently untreatable, with symptom onset typically in midlife and death several decades

Although it was long considered that lower motor neurons are the primary targets of degeneration in SBMA, recent studies have established the importance of peripheral polyQ AR expression in disease, particularly in skeletal muscle. SBMA patients show myopathic features on muscle biopsy as well as serum creatine kinase levels that are higher than those normally found in purely denervating diseases (66-68). SBMA knock-in mice develop both muscle atrophy and myopathy before the occurrence of spinal cord pathology, consistent with the idea that skeletal muscle is an early target of disease (69). Moreover, transgenic mice that over-express either wild-type or polyQ AR only in skeletal muscle show hormone-dependent myopathy and motor axon loss (70,71). Disease severity in SBMA transgenic mice is ameliorated by over-expression of insulin-like growth factor 1 (IGF-1) in skeletal muscle (72). That skeletal muscle contributes to the SBMA phenotype and provides a therapeutic target is further supported by studies showing that peripheral polyQ AR gene suppression by s.c. administration of AR-targeted ASOs or conditional gene deletion in skeletal muscle rescues disease in mice (73,74). The beneficial effects of ASOs are noteworthy, as s.c. administration diminishes peripheral but not central nervous system (CNS) expression of polyQ AR and rescues skeletal muscle weight and fiber size, improves grip strength and extends lifespan in both knock-in and bacterial artificial chromosome transgenic models of SBMA. Based on this body of work, SBMA can be considered a degenerative disorder of the neuromuscular system, with skeletal muscle pathology predominating early and motor neuron loss becoming more significant at late stages of disease (64).

More recent characterization of the phenotype of SBMA patients and mouse models has revealed unexpected metabolic abnormalities. These include the occurrence of dyslipidemia, hyperglycemia, altered skeletal muscle energy metabolism and the development of non-alcoholic steatohepatitis despite normal body mass index (75-80). These findings support the emerging concept that SBMA subjects develop marked peripheral pathologies that are a component of the disease phenotype and are important targets for therapeutic intervention. Studies in SBMA knock-in mice show that diminishing peripheral polyQ AR expression by s.c. administration of ASOs rescues metabolic abnormalities (77) and age-dependent impairment of the ubiquitin-proteasome pathway in skeletal muscle (81), supporting the concept that peripheral polyQ AR is a potent target for therapeutic intervention.

Based on studies in these preclinical models, SBMA is well positioned for the translation of therapeutic approaches to clinical trial. Beneficial effects of peripheral gene targeting are clearly established in mouse models; the extent to which CNS targeting provides added benefits in mice is model system-dependent and may reflect variable transgene expression levels (73,82). Given the disease's slow rate of progression and peripheral manifestations, the possibility of clinical benefit from targeting peripheral polyQ AR is worthy of testing in patients. Challenges of such an approach include obtaining robust targeting of human skeletal muscle by ASOs such that knockdown is sufficient to mediate benefits. Direct targeting of lower motor neurons by ASOs would require intrathecal administration. Alternative therapeutic strategies, including approaches to achieve antiandrogenic effects (83,84) or treatment with IGF-1 mimetics (85), are under active study in SBMA patients and provide complementary approaches to ameliorate toxicity of the polyQ AR. Notably, both ASOs and other strategies that diminish AR signaling face the challenge that loss of AR action in muscle will result in diminished anabolic effects, a factor that may complicate measurements of clinical benefit.

As highlighted here, SMA, CMT disease and SBMA are well positioned for the development of genetic therapies. Patient populations with defined targetable mutations and significant unmet clinical needs characterize these inherited disorders. Natural history studies and experiences from recent clinical trials provide invaluable data for planning future studies. While significant challenges remain, the path forward for drug discovery and development to treat these disorders is remarkably encouraging.

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